

Church news

OKLEE LUTHERAN PARISH
Zion and Salem
Pastor Margaret Jacobus
Wed, Jan. 6: 6:30 p.m. Confirmation.
Sun, Jan. 10: 9:00 a.m. Zion. 9:00 a.m. SS at Salem. 10:15 a.m. SS at Zion. 10:30 a.m. Salem.
Tue, Jan. 12: 7:00 p.m. Parish Board meeting.
Wed, Jan. 13: 4:00 p.m. First Communion class. 6:30 p.m. Confirmation.

IMMANUEL-EBENEZER LUTHERAN PARISH ELCA
Pastor Jonathan Dodson
Wed, Jan. 6: 6:30 p.m. Confirmation at Immanuel.
Sun, Jan. 10: 9:00 a.m. Worship at Ebenezer. 9:00 a.m. Sunday School Immanuel. 10:30 a.m. Worship at Immanuel.
Wed, Jan. 13: 6:30 p.m. Confirmation at Immanuel. 7:00 p.m. Ebenezer WELCA.

GOODRIDGE AREA LUTHERAN PARISH ELCA
Bethany-Ekelund-Faith Robert W. Dahlen, Pastor
Sun, Jan. 10: 8:30 a.m. Ekelund; 9:45 a.m. SS. 9:45 a.m. Faith; 11:00 a.m. SS. 11:00 a.m. Bethany; 9:45 a.m. SS.
Mon, Jan. 11: 9:30 a.m. Faith Quilting.
Tue, Jan. 13: Release Time.

CLEARWATER LUTHERAN PARISH Mt. Olive – Nazareth Oak Park – St. Petri Pastor Jeff Merseeth
Wed, Jan. 6: 5:00 p.m. Wednesday School/Confirmation.
Sat, Jan. 9: 9:00 a.m. Mt. Olive. 10:15 a.m. SS/Confirmation.
Sun, Jan. 10: 8:00 a.m. St. Petri. 9:45 a.m. St. Petri SS. 8:30 a.m. Nazareth SS. 9:45 p.m. Nazareth. 9:45 a.m. Oak Park SS, 11:00 a.m. Oak Park.
Wed, Jan. 13: 5:00 p.m. Wednesday School/Confirmation. 7:00 p.m. LYS meeting.

NEW JOURNEY CHURCH Josiah Hoagland, Pastor Tyler Stynberg, Youth Pastor
www.newjourneyfosston.com
Wed, Jan. 6: 6:30 p.m. AWANA. 6:30 p.m. Youth Group.
Thu, Jan. 7: 12:00 p.m. Rotary meeting.
Fri, Jan. 8: 8:00 a.m. Friday School.
Sun, Jan. 10: 9:30 a.m. Worship. 10:45 a.m. Sunday School.

Tue, Jan. 12: 9:30 a.m. Ladies Bible Study. 10:30 a.m. Quilting.
Wed, Jan. 13: 6:30 p.m. AWANA. 6:30 p.m. Youth Group. 8:00 p.m. AWANA Staff meeting.

GULLY-TRAIL PARISH Bethany * Lund Sand Valley Dawn Hanson, Lay Minister
Sun, Jan. 10: 9:00 a.m. Lund. 10:30 a.m. Sand Valley.
Sun, Jan. 17: 10:30 a.m. Lund Annual meeting.
Sun, Jan. 24: 10:30 a.m. Sand Valley Annual meeting.
Sun, Jan. 31: 10:30 a.m. Bethany Annual meeting.

BETHEL ASSEMBLY Fosston Jon Marx, Lead Pastor Seth Johnson, Assist. Pastor
Sun, Jan. 10: 9:30 a.m. Sunday School 10:30 a.m. Worship.

ST. FRANCIS XAVIER PARISH OKLEE Fr. Adam Hammess
Sun, Jan. 6: 7:30 a.m. Confessions 8:00 a.m. Mass.

BROOKS – RED LAKE FALLS CATHOLIC PARISH Fr. Bill DeCrans
Sat, Jan. 9: 5:30 p.m. Mass at St. Joseph - RLF
Sun, Jan. 10: 8:00 a.m. Mass at St. Joseph – Brooks. 10:00 a.m. Mass at St. Joseph - RLF.

Tri-Valley Public Transportation

To reserve a seat, please call by 3:00 p.m. the day before - 1-800-951-9363. All routes will arrive approximately between 10 and 11 a.m. at the destination. All routes need at least five persons signed up.
Thu, Jan. 7: *Fargo/Moorhead* –Thief River Falls, St. Hilaire.
Mon, Jan. 11: *Grand Forks* – Fosston, McIntosh, Erskine, Mentor, Crookston.
Tue, Jan. 12: *7-Clans Casino/Thief River Falls* – Crookston, Fertile, Winger, Erskine, Brooks.

Monthly Craft day is January 16th at Oklee

Quilting Supply beginning at 9am in their new sewing/craft room. Crafters of all types are encouraged to bring their own project to work on, excellent environment to finish up projects already in the works or start a new project. Potluck lunch. Questions, call Toni 796-5151.



Stacey Hofstad donated \$500 to the Oklee Fire Department. Stacey works for the Bell State Bank, Fargo, ND.

A Big Thank You from all connected with the Oklee Fire Department, it will go to good use.

Oklee Volunteer Fire Department 041C

Oklee Music Jam

There will be no Oklee Music Jam on January 9th, 2016. Watch for February updates on this event.

Oklee Senior Site Dining

January 11 - 15
Call 796-5666 to order a meal.

If you are over the age of 60 and would like to eat with other seniors at the Senior Site, please call the Café at 796-5666 to reserve your meal. A \$4.00 per meal donation is suggested.
Monday: Chicken Kiev, boiled potatoes, vegetable, dessert, and milk.
Tuesday: BBQ ribs, hash browns, vegetables, dessert and milk.
Wednesday: Cold ham & cheese sandwich, beef vegetable soup, dessert and milk.
Thursday: Pork roast, mashed potatoes, gravy, vegetable, dessert and milk.
Friday: Hamburger on bun, chili, dessert and milk.

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ADDRESS CHANGES

CONTACT THE OKLEE HERALD AT 218-796-5181 OR EMAIL: OKLEEHERALD@GMAIL.COM

City of Oklee Minutes

City of Oklee Regular Council Meeting Monday 9th November 2015

6:00 p.m. Oklee Café
Meeting was called to order at 6:00 p.m.

Roll Call: George Burthwick, Kent Bergerson, Lori Melby, Kaye Munt, and Alex Halle. Also present, Gayle Schmitz, Derek Cross, Darrell Tougas, Leo Olson, Matt Genova, Grove, and Meg Morley (Enbridge).
Motion to accept October meeting minutes by Melby and seconded by Munt, motion carried.
Motion to accept financial report by Melby, seconded by Halle, motion carried.

Bills, on condition Garden Valley check is corrected, motion to accept the bills by Bergerson, seconded by Munt, motion carried.

Meg Morley from Enbridge introduced herself to the council, and gave an overview of the several grants available. Several different

grants programs are available with access to them through the Enbridge Website, Meg Morely will be our point of contact in the application of the grants. The Safe Community Grant, would be used for the replacement firetruck application. She advised us to get as much info as possible at application, also the grant applications will not go to committee until the first quarter of 2016. Community investment grant could possibly cover things such as new playground, campsite with also the possibility of an elevator for the Historical Museum on the second floor of the municipal building. Enbridge Grant committee: Derek Cross, Kent Bergerson, and Darrell Tougas with the Fire Chief, also.

Maintenance Report:

Tougas reported that some tree trimming had been completed and that there was still a lot to do. Trucks getting ready for winter. Paperwork and payment for the MN Dept. of Health regarding the water tower renovation, has been completed

Red Lake County Commissioners Minutes

RED LAKE COUNTY Regular Meeting Held December 10, 2015

Pursuant to adjournment of its regular meeting the Red Lake County Board of Commissioners duly met in regular session at the courthouse in Red Lake Falls, MN on December 10, 2015 at 4:30 p.m. Chairman Weiss called the meeting to order. All commissioners were present. The Pledge of Allegiance was recited.

Tanya Hanson, SWCD District Manager met with the board. Hanson presented a request from Enbridge Energy for a shoreland permit to complete pipeline maintenance work in section 9 of Emardville Township. Commissioner Lerohl moved, seconded by Flage and carried unanimously to approve the permit as presented. Hanson then presented the 2016/2017 County Feedlot/Delegation Agreement Work Plan for approval. Commissioner Sorensen moved, seconded by Simpson and carried unanimously to approve the document as presented.

Auditor Schmitz presented the names of three individuals interested in being appointed as a county representative to the Red Lake Watershed District Board of Managers. The term of current representative Orville Knott ends in January 2016 and he is not interested in being re-appointed. The individuals submitting their names for consideration are: Alex Hinrichs, Alan Page, and Dave Vattthauer, all of Red Lake Falls, MN. Commissioner Lerohl moved, seconded by Sorensen and carried to appoint Alan Page as Red Lake County's representative to the RLWD Board of Managers for a three (3) year term commencing January 10, 2016. Voting aye: Commissioners Simpson, Flage, Sorensen, and Lerohl. Abstain: Commissioner Weiss.

Casavan presented a list of proposed legal ditch assessments for payable 2016. Commissioner Lerohl moved, seconded by Simpson and unanimously carried to approve the payable 2016 legal ditch assessments and to authorize the County Auditor to levy such assessments for ditch maintenance purposes against the benefitted property owners in the following amounts:

Environmental Officer Kurt Casavan was present and requested that the board approve the re-newel of Sanitary Service's garbage hauler license for next year. Casavan reported that all insurance documents and paperwork have been received in his office. Commissioner Sorensen moved, seconded by Lerohl

and unanimously carried to renew the Annual Garbage Haulers License for Sanitary Service for 2016.

Casavan reported that the re-cycling contract with Les's Sanitation in Thief River Falls will expire on February 29, 2016. Also present were Kent Hudson of Les's Sanitation and Steve Nordhagen. Casavan stated that he inquired with another firm in Red Lake Falls about providing the service but the firm is not interested. Hudson informed that Les's is willing to continue with same contractual terms at \$39,500.00 per year for a 5-year contract. Commissioner Sorensen moved, seconded by Lerohl and carried unanimously to re-new the agreement with Les's Sanitation for another 5 years at the rate of \$39,500.00 per year to provide re-cycling services to Red Lake County. The Board Chairman and County Auditor are authorized to sign the agreement. A complete document is on file at the Auditor's office.

Social Service Director Kristi Nelson was present to request approval of a resolution authorizing Nelson as the designated county representative for the Title IV-D contract for child support services with the state. Commissioner Simpson moved, seconded by Lerohl and carried by unanimous vote to approve Resolution No. 12-01-15 "Red Lake County Title IV-D Representative". Chairman Weiss signed the agreement on the county's behalf. A complete document is available at the County Auditor's office or County Social Services office.

Commissioner Simpson moved, seconded by Flage and unanimously carried to approve expenditures for the period as follows:

Vendor Name	Amount
Les's Sanitation	\$19,750.00
O'Day Equipment Inc.	16,817.00
Plummer Co-op Creamery	2,974.89
Powerplan	3,793.91
48 Payments less than \$2,000.	14,022.76
Final Total	\$57,358.56

The motion includes the following added bills: \$700.00 to AMC; \$550.00 to Avenet, LLC; \$900.00 to Office of Enterprise Technology; \$1,765.00 to Regents of University of MN; \$34,007.50 to Triple D Construction; \$117.87 expenses and \$490.00 per diem to Chuck Flage; \$566.48 expenses and \$210.00 per diem to John Lerohl; \$522.01 expenses and \$280.00 per diem to Dave Sorensen.

Commissioner Sorensen moved, seconded by Flage and carried by unanimous vote to approve minutes from the regular board meeting

and sent in, so hopefully this is now complete.

Garage Door Bids, Woodmen bid accepted. Motion by Halle, seconded by Bergerson, motion carried.

Discussion on road condition in front of D & R Grocery and Rick Sherman's concerns, tabled until next year.

Personnel Policy, Time on Emergency calls during working hours to be paid, not to exceed 40 hrs. during the working week. Banked hours down to 120 hours. Motion by Munt, seconded by Halle, motion carried.

Burthwick asked Halle regarding the sale of his home and Halle said he will let us know as soon as he knows something, as the sale is pending.

A resident expressed his views on certain aspects of the running of the city, it got rowdy and it was decided to adjourn the meeting. Motion to adjourn the meeting by Halle and seconded by Melby, motion carried. Meeting closed at 7:15 p.m.

Mayor George Burthwick
City Clerk/Administrator Derek Cross 041C

held on November 24, 2015 as presented.

The following Commissioner/Committee reports were shared:

Commissioner Simpson	Meeting/Report None.
Flage	County Extension Committee.

Sorensen Department Heads meeting on salaries; AMC Conference attending MRCC annual meeting with topics on broadband, sales tax for transportation funding, CPA resolution, Corrections, ACA presentation, and oil transportation issues.

Lerohl NW Regional Development in Warren and MN Board of Aging; AMC Conference attending the MCIT Annual meeting and State Extension session.

Weiss NW Regional Development and Department Head meeting on salaries.

HR Director Lundeen reported that she and the Local 49 representative met at the Highway Department with Local 49 employees to address concerns on health insurance premiums for the union.

Lundeen mentioned Casey Roisland has been hired as a full-time deputy/dispatcher, and that full-time dispatcher Shad Cooper has resigned effective as of December 10, 2015.

Lundeen inquired if she should solicit quotes to clean the carpet throughout the courthouse. The board concurred.

The meeting was recessed to conduct the County Truth-in-Taxation hearing at 6:00 p.m. The regular board meeting was re-opened at 6:20 p.m.

A committee meeting was scheduled for December 16th at 1:00 p.m. to discuss/review salaries for elected officials and some department heads, and to make a recommendation at the next board meeting. The board appointed Commissioners Sorensen and Weiss, and HR Director Lundeen to the committee.

The board acknowledged correspondence from Minnesota Revenue regarding a litigation update on Enbridge Energy and Otter Tail Power Company's appeals of property valuations.

There being no further business, the meeting adjourned until Tuesday, December 22, 2015 at 10:00 a.m.

Attest:
Bob Schmitz, County Auditor

Ron Weiss, Chair,
Board of Commissioners
041C

City of Oklee

Emergency Numbers
City Clerk 218-277-0131
Maintenance 218-684-0124

(U.S.P.S. 407-240)

Oklee Herald

Corner 2nd Ave. & Main
218-796-5181
ESTABLISHED IN 1914

Published by Richards Publishing Co.
Bonny Cote,
Editor & Office Manager
okleeherald@gmail.com

\$25 subscription in Local Trade Area
\$30 subscription Out of Trade Area

MEMBER MNA & NNA
PUBLICATION NUMBER 407240

****Winner of National Editorial Ass'n. first prize for Best News Story, 1959.**
****Winner of Honorable Mention for General Excellence, Minnesota Newspaper Ass'n., 1962.**
****Winner 1st place Typography Excellence, Minnesota Newspaper Association, 1971.**
****Winner 1st place Best Feature Story, Minnesota Newspaper Association, 1981.**
****Winner 1st place Best Single News or Feature Story, Minnesota Medical Association, 1992.**

"The Oklee Herald" is published weekly by Richards Publishing Co., Inc., Box 159, Gonvick, MN 56644-0159. Periodical postage paid at Oklee, MN 56742-0009.

POSTMASTER: Send address changes to: Oklee Herald, PO Box 9, Oklee, MN 56742-0009.

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Red Lake Falls Library News

The library is open on Monday from 10:00 am until 5:00 pm, Wednesday from Noon to 8:00 pm, Friday from 10:00 am to 5:00 pm, and Saturdays from 10:00 a.m. to 3:00 p.m.

Happy New Year to all patrons of Northwest Regional Library, and especially of the Red Lake Falls branch! January kicks off the adult reading program, "Hot Reads for Cold Nights" with prizes and programs just for adults. Stop by to pick up your reading or viewing materials, have a hot beverage from the Keurig machine, and register to win a ceramic "Hot Reads" mug.

The first adult program of the year, provided by Lega-

cy funding, will be held on Wednesday, January 20 at 1:00 pm in the library when jazz/folk musicians Sam and Matthew Miltich will be here to present a free concert. The brothers grew up in northern Minnesota, and play guitar and cello, individually and as a duo, as well as with the Clearwater Hot Club and the Big Dipper Jazz Band. Their interests include gypsy swing and traditional jazz, Brazilian choro, French musette, Eastern European tamburitza, and other forms of traditional folk music. For more information about Sam & Matthew Miltich visit their website at www.sammiltich.com.

WITH...
OKLEE INN FITNESS
it's easier than ever to keep your New Year's Resolution to keep fit.



—this—
Open House Thursday & Friday, January 7th & 8th
Come check it out from 5:00 to 8:00 p.m.

Look at what our new Oklee Inn Fitness Center has to offer and sign up for memberships.

041C

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MUSTANG STAMPED

RLCC Menus

January 11 - 15

Oklee

Mon: Breakfast: Ham and cheese croissant, cereal, fruit, juice & milk. **Lunch:** Taco in a bag or soft shell taco, refried beans, seasoned potatoes, fruit, and milk.

Tue: Breakfast: French toast sticks, cereal, fruit, juice & milk. **Lunch:** Ham patty, tots, vegetables, fruit, and milk.

Wed: Breakfast: Cereal, toast, fruit, juice & milk. **Lunch:** Meatballs, mashed potatoes, gravy, dinner roll, vegetables, fruit, and milk.

Thu: Breakfast: Smores, cereal, fruit, juice & milk. **Lunch:** Chicken strips, scalloped potatoes, vegetables, fruit, and milk.

Fri: Breakfast: Cinnamon rolls, cereal, fruit, juice & milk. **Lunch:** Chili w/cheese, corn muffins, corn chips, carrots & celery, fruit, and milk.

Plummer

Mon: Breakfast: Scrambled eggs, cereal, fruit, juice & milk. **Lunch:** Toastie dog, hash browns, broccoli Normandy, fruit, and milk.

Tue: Breakfast: Jelly roll, cereal, fruit, juice & milk. **Lunch:** Hamburger on bun, cheese, pickles, pretzels, green beans, fruit, and milk.

Wed: Breakfast: Pancakes, muffins, cereal, fruit, juice & milk. **Lunch:** Chicken strips, baby bakes, baked beans, dinner roll, fruit, and milk.

Thu: Breakfast: Cinnamon roll, cereal, fruit, juice & milk. **Lunch:** Salisbury steak patty, mashed potatoes, gravy, seasoned carrots, buttered bread and milk.

Fri: Breakfast: Breakfast scramble pizza, cereal, fruit, juice & milk. **Lunch:** Tacos (hamburger, lettuce, tomatoes, cheese, refried beans), mini carrots w/ranch, PB sandwich, fruit, and milk.

Sports Schedules

RLC Rebels

Boy Basketball

Fri, Jan. 8: Climax Fisher at Fisher 5:00 p.m.

Mon, Jan. 11: Sacred Heart at Sacred Heart 5:00 p.m.

Tue, Jan. 12: WEM at Oklee 5:00 p.m.

Fri, Jan. 15: Warren Alvarado Oslo at RLF 5:00 p.m.

Tue, Jan. 19: BGMR at RLF 5:00 p.m.

Thu, Jan. 21: Fosston at Fosston 6:00 p.m.

Tue, Jan. 26: Roseau at Roseau 6:00 p.m.

RLCC Mustang

Wrestling

Fri, Jan. 8: Mahnomen/Waubun team at Mahnomen 4:00 p.m.

Tue, Jan. 12: Mahnomen/LPA Tri at Lake Park 5:00 p.m.

Fri, Jan. 15: Park Rapids/Prairie Valley at Oklee 2:00 p.m.

Sat, Jan. 16: TRF Tournament at TRF 9:30 a.m.

Thu, Jan. 21: WHAN at Oklee 6:30 p.m.

Tue, Jan. 26: BGMR Tri at Greenbush TBD

Girls Basketball

Thu, Jan. 7: Red Lake at Oklee 6:00 p.m.

Tue, Jan. 12: Red Lake Falls at RLF 6:00 p.m.

Fri, Jan. 15: Fosston at Plummer 6:00 p.m.

Thu, Jan. 21: Laporte at Laporte 6:00 p.m.

Fri, Jan. 22: WAO at Plummer 6:00 p.m.

Health Points

Public Health Points

January 2016

January is National Radon Action Month: What is radon? Radon is a colorless, odorless radioactive gas that seeps up from the earth. When inhaled, it gives off radioactive particles that can damage the cells that line the lung.

Long term exposure to radon can lead to lung cancer. In fact, over 21,000 lung cancer deaths in the US each year are from radon, making it a serious health concern for all Minnesotans.

Where does radon come from? The soil. Radon is produced from the natural decay of uranium that is found in nearly all soils. Uranium breaks down to radium. As radium disintegrates it turns into radioactive gas...radon. As a gas, radon moves up through the soil and into the air you breathe.

How dangerous is radon? Radon is the number one cause of lung cancer in non-smokers and the second leading cause of lung cancer (after tobacco) in smokers. Thankfully, this risk should be entirely preventable through awareness and testing.

Where is your greatest exposure to radon? While radon is present everywhere, and there is no known, safe level, your greatest exposure is where it can concentrate indoors. And where you spend most time-at home. Your home can have radon whether it be old or new, well-sealed or drafty, and with or without a basement.

How serious a problem is radon in Minnesota?

In Minnesota, 2 in 5 homes have radon levels that pose a significant health risk, and nearly 80% of counties are rated high radon zones. Some factors that further contribute to Minnesota's high radon levels include:

Minnesota's geology produces an ongoing supply of radon.

Minnesota's climate affects how our homes are built and operate.

How does radon enter a home? Since radon is produced from soil, it is present nearly everywhere. Because soil is porous radon gas is able to move up through the dirt and rocks and into the air we breathe. If allowed to accumulate, radon becomes a health concern.

Two components that affect how much radon will accumulate in a home are pathways and air pressure. These components will differ from home to home.

Pathways are routes the gas uses to enter your home and found anywhere there is an opening between the home and the soil.

Air pressure between your home's interior and the exterior soil is what helps to draw radon gas into the home via pathways.

Three ways to protect you and your family:

1) Test your home - obtain a test kit

2) Reduce your exposure - reduce radon gas by taking action to reduce radon entry into your home

3) Protect your loved ones - tell your family and friends to test so they are not exposed to a deadly gas in their homes.

www.health.state.mn.us/divs/eh/indoorair/radon/index.html

January is National Birth Defects Prevention Month

Birth defects are common, costly, and critical. In the United States, a baby is born with a birth defect every 4 ½ minutes. All women can make a PACT for birth defects prevention by Planning ahead, Avoiding harmful substances, Choosing a healthy lifestyle and Talking to your healthcare provider. Learn more: www.nbdpn.org/bdpm2016.php.

Tobacco Treatment Free for Minnesotans on Medical Assistance Starting 2016

Keeping that New Year's resolution to quit smoking may be easier in 2016, since tobacco treatment medication

for Minnesotans on Medical Assistance and MinnesotaCare will be completely free starting Jan. 1, 2016.

Changes passed during the 2015 state legislative session waive copays for preventive services that are "A or B" rated by the U.S. Preventive Services Task Force, such as tobacco treatment counseling as well as FDA-approved smoking cessation medications. This means Minnesotans insured by Medical Assistance and MinnesotaCare will have no copays for quit-smoking treatments in 2016.

Smoking is still the leading cause of preventable death and disease. In Minnesota, nearly 5,900 people die every year due to smoking, and it causes nearly \$2.5 billion annually in medical costs. This change removes significant barriers for more Minnesotans who want to quit smoking and is expected to save state taxpayers money in the long run by reducing the number of people who smoke – and experience the negative health impacts associated with the habit.

"Expanding access to tobacco treatment medication will further support our state's efforts to reduce tobacco use," said Minnesota Department of Human Services Commissioner Emily Johnson Piper. "By ensuring more Minnesotans can afford these medicines, we can work to increase the success rate for quitting smoking in Minnesota."

Despite declines in the overall number of Minnesotans who smoke, many communities still smoke at disproportionately higher rates. Low-income Minnesotans enrolled in Medicaid smoke at approximately twice the rate of the general population, and health care costs for smokers are 34 percent higher than for nonsmokers. According to Minnesota Department of Health Commissioner Dr. Edward Ehlinger, making it easier for people to quit smoking is good news all around.

"Quitting smoking is one of the best things people can do to improve their health," said Ehlinger. "To help all Minnesotans realize the benefit of being smoke-free, we need to remove barriers, especially financial barriers, to quitting. This is particularly important for people with low incomes who may not have the resources to pay for essential tobacco use cessation programs."

The good news is most Minnesotans want to quit, and behavioral interventions, such as in-person or telephone counseling and medications, including nicotine replacement therapies, can greatly improve the chances that a person will be successful in their quit attempt.

To learn more visit: quitplan.com or call 1-888-354-PLAN Source: mn.gov/dhs/media/news/news-detail.jsp?id=252-176818

Parenting Tips

Latch Key

Winter Safety Tips Arriving Home

Require your children to take the same route to and from school each day.

Counsel them to come directly home.

If possible, have them walk with friends.

Establish a check-in routine so a responsible adult knows of their arrival.

If your child checks in with you at work, develop a back-up system in case you are unavailable.

Sit down and talk with your children about how they would handle different situations.

Have children practice what they should do if:

They lose their key

A sibling gets injured or feels sick

Discuss and practice as many "what ifs?" as your family can think of.

Source: www.lccountymt.gov/sheriff/community-outreach/latchkey-kids-safety.html.



Audrey Bergerson, Annabelle Chervestad and Muriel Mandt were invited to come to Greenleaf to enjoying the musical concert furnished by the Gloria Rustan family.



Loretta Syrtveit, Sharon Larson were invited to join Gloria Rustan in participating in the sing-a-longs of Christmas favorites including Jingle Bells, Joy to the World, Rudolph, the Red-Nosed Reindeer, We Wish You a Merry Christmas and Auld Lang Syne to finish off the concert at Greenleaf Assisted Living.

Red Lake County Extension Educator

Curtis W. Nyegaard - 218-253-2895

Minimize Herbicide Resistant Weeds

The following strategies should be effective in reducing problems with herbicide weeds; but no single strategy is likely to be totally effective. Weed resistance in weeds "CANNOT" be prevented, but can be delayed. Herbicide rotations, management, and tillage will only delay resistance by the length of the time of the selection pressure for a given herbicide is removed by an alternative control method.

Resistance may occur in fields where repeated use of a single mode of action herbicide is used in a growing season or across several growing seasons. The gene pool does not revert back in the absence of the original selection, except when the resistant plants are poorly fit. Fitness has not been greatly different for resistant and susceptible bio types and should not be relied upon for resistance management.

Integrated weed management uses multiple strategies to manage weed populations including the following:

* Scouting, proper weed identification, and weed mapping.

* Use crop canopy/competition to improve weed control

* Use weaknesses in the biology of weed species which include traits, life cycles, and ecology.

* Judicious use of and multiple approaches with herbicides.

* Use mechanical weed control as appropriate.

* Regular evaluation and adjustments of weed management strategies.

SCOUT FIELDS before and soon after herbicide application. Correctly identify weeds. Use effective herbicides, hand weeding, cultivation/tillage, and other methods to control weeds that escape or germinate after chemical application. Scout fields at the end of the season and draw field maps to denote locations weed species, weed density, and weed escapes. Save maps as a field record.

DIVERSIFIED CROP SEQUENCES with different life cycles e.g. winter annual crops(winter wheat), perennial crops(alfalfa) and summer annual crops(spring wheat),

corn or beans) results in different planting and harvest times, more herbicide options and decreased risk of resistant weeds.

WEED BIOLOGY AND ECOLOGY; Use tillage, crop sequence, soil fertility, planting date, crop competition, weed seed longevity, and response to herbicides to herbicides to increase successful weed management.

"DON'T FORGET THE PRE". Apply effective PRE herbicides at full rates and include multiple mechanisms of action. PRE herbicides will reduce weed emergence and allow flexibility in POST herbicide timing. Residual PRE herbicides applied to soil and early POST (if labeled) will suppress weed emergence through canopy closure, particularly those with long germination pattern(water hemp). Use PRE herbicides that will effectively control problem weeds.

Apply effective POST herbicides. Apply herbicides that include multiple mechanisms of action in tank mix or in sequential applications. Two or more herbicides in mixture must have activity against potentially resistant weeds to be effective. Herbicides in most commercial mixtures do not target the same weed species. Effective tank mixtures on weeds will reduce selection of resistant bio types more successfully than rotating herbicide modes of action. Antagonism may occur with some mixtures, especially between contact and systemic herbicides.

USE HIGH RATES and EFFECTIVE ADJUVANTS. Full rates kill weeds with low level resistance and dead plants cannot produce resistant seed. Reduced rates allow plants with low level resistance to survive, hybridize, and produce seed with elevated resistance. Hybrid plants express a higher level of resistance and require even higher rates to kill the plant. Dead weeds means zero tolerance (no seed production, zero resistant seeds), and is effective resistance resistance weed management.

WEEDS. Generally, small weeds(<3 inches) are more

susceptible to herbicides than large weeds. Even weeds with a low level resistance are more susceptible at 1 inch than at larger growth stages.

PRACTICE ZERO TOLERANCE. Scout fields after row closure and kill uncontrolled weeds. Seed from escaped weeds will contribute to the weed seed bank and will require diversified weed management strategies of mowing, cultivation/tillage, and hand weeding to achieve near 100% control. Timely cultivation can improve weed control and hand pulling is effective for single plants or small patches.

CONTROL WEEDS IN FIELD EDGES AND NON CROP AREAS. Weeds surviving a partial herbicide dose on field borders can be a repository for the introduction of resistant weeds into a field. Control weeds in all areas of the field where crop is not growing including field edges, etc., where crop has either not been planted or has been destroyed.

ROTATE HERBICIDES WITH DIFFERENT MODES OF ACTIONS IN CONSECUTIVE YEARS. Diverse crop rotations can introduce herbicides with different mechanisms of action to delay herbicide resistance. A mix of dead plants, unaffected plants, and plants showing intermediate response indicate herbicide resistance has occurred.

CLEAN FIELD EQUIPMENT to ensure weed seed will not be transported between fields. This is especially important in crops that are harvested with a platform header equipped combine.

EVALUATE WEED MANAGEMENT at the end of each season and revise to improve weed control the next year.

For more information you can go to web sites such as <http://wssa.net/weed/resistance/>, or <http://takeactiononweeds.com/>, or contact Richard Zollinger, NDSU Extension Weed Scientist, at r.zollinger@ndsu.edu.

Source: Richard Zollinger, NDSU Extension Weed Scientist.

Need banners or very large pictures printed???

Can go 2 feet wide by 98 feet long... Yes! 98 feet!!

Call for information
Gonvick

218-487-5225

Oklee Herald Early Files

Seventy Years Ago December 27, 1945

Carl and Arthur Lerhol, sons of Reverend and Mrs. J.K. Lerohl, returned to their home here last Saturday having been given discharges from the service.

School closed here last Friday for the Christmas holidays, and the various teachers are spending their vacations at their respective homes.

Pfc. Josepha S. Boucher, son of Mr. and Mrs. Joseph Boucher arrived here on Friday, having received his discharge from the Army.

Pvt. Lloyd Cyr, who has been attending the University of Minnesota, in Minneapolis, arrived here Monday to spend a furlough with his parents, Mr. and Mrs. Louis Cyr.

Sixty Years Ago December 29, 1955

Edmund Hemley was named by appointment as a member of the Plummer village council at a meeting held at the home of the village clerk. Mr. Hemley succeeds Jim Jackson, who resigned although is term does not expire until the end of 1956.

The FFA boys under the leadership of Lowell Gunderson entertained the high school students at a skating party Thursday evening at the local rink.

Korydon Chervestad, Pat Radniecki, Keith Radniecki, and Gerald Tasa went to Chester Hill Monday, where they went skiing.

Fifty Years Ago December 30, 1965

The Oklee Volunteer Fire Department was called to the Tomine Moen home east of the village on Tuesday evening where a chimney fire was quickly checked. There was no fire damage.

Mr. and Mrs. Ronald Fore were Monday visitors at the Arlie Brekke home.

Christmas Day guests at the Lloyd Watne home were Mr. and Mrs. Howard Hanson and girls.

Forty Years Ago December 25, 1975

Three persons from the Oklee area completed requirements for graduation fall quarter at the University of Minnesota. The three are Mark E. Larson of Brooks, Howard Person and Gerri Radniecki, both of Oklee. It is sometimes said that

a team's best offense is it's defense. Such was the case Friday night as Plummer defeated Sacred Heart 51-45 at the Sacred Heart gym. Plummer is now 4-0 for the year.

Thirty Years Ago December 25, 1985

Douglas Melby and Mitchell Rystad were two of many children who visited with Mr. and Mrs. Santa Claus at the annual Santa Day sponsored by the Oklee Community Club.

There will be a farewell reception for Rev. and Mrs. Gunderson on Sunday, December 19th at the Oklee School. Rev. and Mrs. Gunderson will be leaving the Oklee area after serving for over 20 years and will leaving on January 7th.

Brenda Plante, a student in the Cosmetology program at Thief River Falls, has won a scholarship. She is the daughter of David and Lola Plante of the Erskine/Brooks area.

Twenty Years Ago December 27, 1995

The Red Lake County Central Mustang Cheerleaders received the Spirit Award at

the Cass Lake Tournament on Friday, December 15th.

The RLCC Mustang Wrestlers brought home the first place trophy from the Cass Lake Tournament on December 15th.

For the fourth year in a row, the RLCC Mustang Boys Basketball team brought home the winning trophy from the 5th annual Northland Community and Technical College High School Boys Basketball Tournament held December 14-16th.

Ten Years Ago December 29, 2005

The Plummer City Council discussed new lots and the Sheriff reported that things had been quiet.

There is a new business in town, CB Kustom Collision owned by Cole Bernier.

David Bourque picked up his mother, Eunice Bourque and her friend Rose Boucher, for church and then all went out to dinner.

There will be a post rate increase on postage stamps beginning on January 8 2006. A regular stamp will to go .39 cents and each additional ounce will be .24 cents.

Senior Site News and Other Things

By Volunteer Iona Berry

I hope everyone has a wonderful 2016. It is beginning with beautiful weather so hope it continues. The winter will seem a lot shorter with the first week of January proving to be above normal temperatures.

This week we will be having our first evening meal of 2016. It will be nice to settle down to everything normal again. It seems like the time before Christmas is very hectic with so many things to do.

I notice most of the homes that were decorated for Christmas have their

decorations removed. It is good to be able to remove the tree lights when the weather cooperates.

DATES TO REMEMBER

Jan. 15 - Birthday Meal
Jan. 19 - Pot Luck Meal
Jan. 21 - Site Council Meets 10:00 a.m. Everyone welcome.

WORDS OF WISDOM

Carry a photo of your family in your wallet.

Life is sometimes unfair but you don't have to be.

JOKE TIME

After years of regular church attendance, a 105 year old man stopped attending. When the minister happened to see him in the street, he asked why, after decades of never missing a Sunday service, he had given up going to church. The old man whispered: "When I go to 90, I expected God to take me any day. But then I go to be 95, 100, and 105. So I thought God is obviously very busy and must have forgotten about me, and I don't really want to remind him."

Brooks - Terrebonne News

By Barb Novak 218-698-4296 novakbl@gvtel.com

The weather has been really nice. So many things are going on, and many people are out and about taking advantage of how nice it is. More people are more than happy to get out and roam around to their various interests. All I can do is be grateful that it is so very nice. Next week though it promises to be below zero according to the forecasts I have seen. The tundra type weather is promising to drop down into the midsection of the country. That will bring the snuggles out.

This past week the passing of Lorraine Moran was noted. Our sympathy goes out to Joyce

Morinville and Nancy Seeger and their families. Many local people came to the funeral to express their sympathy. Our prayers and condolences go out to the family of Lorraine.

Jerome and Barb Novak went to meet his aunt Elvern Vanyo at the Casino in TRF on Wednesday. They spent the afternoon visiting and enjoying each other's company.

On Thursday Jerome and Barb Novak went to Warroad to help Phillip Ellenson celebrate his birthday. He turned 14 on New Year's Eve. His friends and siblings had lots of fun playing board games all afternoon. They went to church

in Warroad and then returned home. Happy Birthday Phillip.

On Saturday Barb Novak went to the funeral of Lorraine Moran.

On Saturday afternoon Barb and Jerome Novak hosted a visit from Rev. Duane Pribula. The afternoon was spent catching up and visiting. Rev. Pribula though retired, is the spiritual advisor at Riverview Nursing home in Fargo.

The person of the week is Butch Berberich who is faithful in putting up the nativity scene at the church in Brooks. Thanks Butch for making a big difference for all of us in our town.

Plummer News

By Alice Jobe 218-465-4402

Cathy and Kevin Samuelson and Brady of Sables, ND were Saturday visitors after Christmas at Bunny DuChamps.

Christmas weekend guests at Mike and Sandy Greenwald's were Adam & Sheena Buckhouse, and family, Cheryl & Jeremy Schiele and family of Jamestown, ND, Patti and Dave Glennon and family of Casselton, ND. Also Byron Baune and Rich, Bob Baune, Kelly and Jayden, Jolayne, Mindy and Tracy.

Gary and Joan Carpenter and Russ were Christmas Eve guests of Jean Carpenter. On Chrusmas Day, Judy, Russ, Gary and Joan and Jean went to Nancy's in Thief River Falls. Also Kim and Minette Carpenter and Nick, of Halley came.

Weekend company at Emilie Skjerven's were Bob and Melanie Parisse, Joey, Ryan and Alyssa of Shoreview, also Mike Skjerven, Karen and Tim, Kaylee and Emmy, Cayden and Rylee. Emilie got a dog for Christmas from son Jerry, She named it Mika. It's a pretty dog!

Sonja Kolstoe of Moorhead, visited Inga Linder on Wednesday.

On Wednesday, Ann Traxler, Karen Tvedt, Renae Fallon, Jeanine Pahlen, Alice Jobe, Loretta Hesse, Bunny DuChamp, Anna DeHate, Connie Hughes, Wilma Arlt and Emilie Skjerven, all enjoyed going to the Cozy in Brooks for dinner. The food was good and they did a lot of visiting.

I can't believe how fast December went. Christmas got here quickly, that's for sure. I called my distant cousin

Bonny's Bits...

okleeherald@gmail.com

Christmas has come and gone and it now on to the New Year. There were many places offering delicious New Year's Eve specials and I'm sure many of you took advantage of them. I know the Oklee Café was serving Prime Rib and Carol's Cozy in Brooks was serving Shrimp & Ribeye specials.

The trees are getting undecorated and put away or thrown. The Christmas decorations will start to disappear from windows and lawns.

But that is ok. We have passed the winter solstice and the days are getting longer every day. Since we live in the Northern Hemisphere, the solstice on December 21-23 is the shortest day of the year, but if we lived in the southern hemisphere, it is their summer solstice and the longest day of the year. Tomorrow will be 43 seconds longer than today. It's amazing how those seconds/minutes add up and give us the long summer evenings.

This is the first week back after the holidays and January and February are usually pretty quiet time of year. It gives us all a chance to recharge our batteries and relax after all the shopping, eating and traveling we have been doing during the Christmas season. I hope you had a great Christmas.

Who's Dat?



Who's Dat

Last week's photo is of Vincent Dessellier at his First Communion at St. Francis Xavier Catholic Church in Oklee. He was in second grade.

The Klasen children in the week before were: Danny, Johnny, Barbara Arveson and Betty Sjulstad. I had misplaced the names, so had just listed the last name.

I will start up with a new photo next week. If you have a photo you would like to share with readers, please stop by so I scan it into the computer.

Statepoint Crossword Theme: Everything Gothic

ACROSS

1. Raise a barn, e.g.
6. Cribbage piece
9. Tear violently
13. Specialty
14. Luau welcome
15. Japanese-American
16. Junk yard stuff
17. Make mistakes
18. *Gothic novel "The Asylum" by ____ Mitchell
19. Archimedes' exclamation
21. *"Just Like Heaven" creator
23. Bathroom label
24. Swank
25. Sis' sibling
28. Cap and gown accessory
30. Put down
35. Plural of lira
37. Whoopi Goldberg's opinion, e.g.
39. Artillery burst
40. Between ports
41. Type of poetic stanza
43. "Hurry up and ____"

44. Burns to charcoal

46. State of Israel
47. *SS Gothic, ocean liner owned by White ____ Line
48. Ransom precursor
50. Made in Vegas
52. Compass point between E and NE
53. Deadly sin?
55. Debt acknowledgement
57. *Stoker novel
61. *Goth, literally
64. Finger or toe
65. Boiling blood
67. Goodbye to amiga
69. Popular gemstone
70. Teresa of Calcutta, e.g.
71. Ma Bell, e.g.
72. Ready and eager
73. Dynamite
74. Illegal firing

DOWN

1. Lt.'s inferior, in the Navy
2. *The Vampire Chronicles author

3. Beige

4. It carries good luck?
5. Conical dwellings
6. Type of bargain
7. Poetic "always"
8. Fat Albert's problem
9. Reduced Instruction Set Computer
10. Biblical twin
11. Getting warm
12. Needed for craps
15. Brother's daughters
20. Between 10 and Queen
22. Concealed oneself
24. Breed of sheep
25. *Prominent Goth color
26. Hindu sage
27. Mountain nymph
29. Seven of these are considered deadly
31. Traps, as in mouths
32. Fill with optimism
33. Like Bird flu
34. * ____ Dame
36. Garner wages
38. *"American Gothic" painter
42. Mumbai country
45. "Yes, Sir!" gesture
49. Afghan monetary unit
51. Beethoven's "Moonlight ____"

54. *First Gothic church, Basilica of ____ Denis
56. Dairy gland
57. Famous military landing
58. Capital of Latvia
59. Lab culture
60. Give a quote
61. Heater outlet
62. Pains
63. "Insane" in Spain
66. Seek a seat
68. George W., to George Herbert Walker

Solution: Finish the Lyrics

PECAN	LAC	ATOM
LAURA	AGO	ASIDE
ACTUP	RAM	SETON
THEBAND	MYHAIR	
ALE	BAIL	
WIN	MADE	PATENT
ONUS	PUCE	RADIO
RUBE	SMART	PITY
TRIES	BUSH	AFRO
HEARTH	STEW	YOU
RISE	SEW	
ARRIVE	DETROIT	
SLAIN	WOO	BOMBE
AGING	EDO	ATEIN
TALK	REM	RENDS



Trebor with the help of his mother also did a musical number at the Sharing The Joy of the Christmas concert put on the the children, grand children and great grandchildren of Gloria Rustan On January 2nd.



Red Lake County Homeowners!

Does your home need some TLC?

If you own your primary residence in Red Lake County, you could be eligible for a low interest rehab loan through the Community Revitalization Fund Program.

HOW CAN I QUALIFY?

- The home must be located in Red Lake County
- The home must be your primary residence
- Loan contingent upon approval of the advisory committee
- It must be on a permanent foundation
- The home must meet local building codes
- Household income cannot exceed 115% of the State Median Income, or \$89,000 for 2015.

WHAT DO WE DO?

- Contact the HRA to determine if you meet the guidelines and to request an application.
- A \$100 non-refundable application fee is required with the loan application to NW MN Multi-Co. HRA

Contact John or Ken at NW MN Multi-County HRA at 218-637-2435 to determine if you meet the requirements of the program and to receive an application or visit our website at www.nwmnhra.org for more information.

041C

November 2015

Wednesday, January 6, 2016