

\$1.00

McINTOSH

Times

Hub of the Thirteen Townships

Since 1888

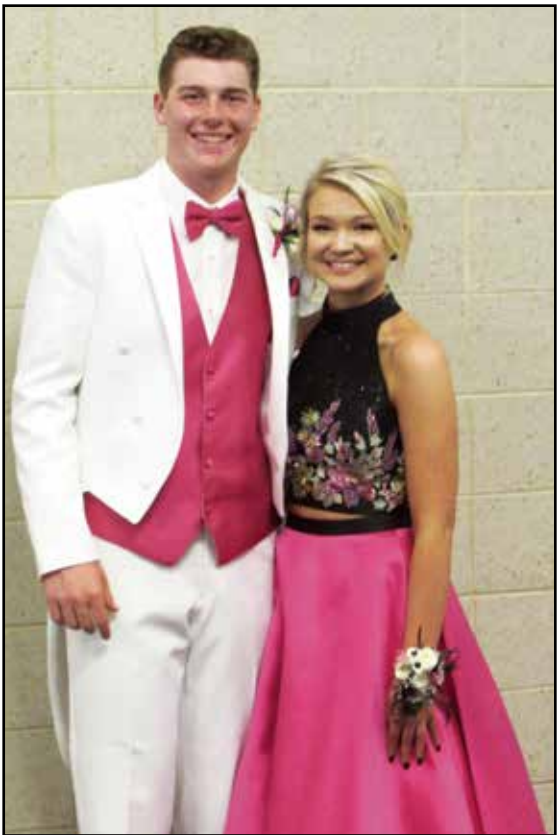
McIntosh, Minnesota



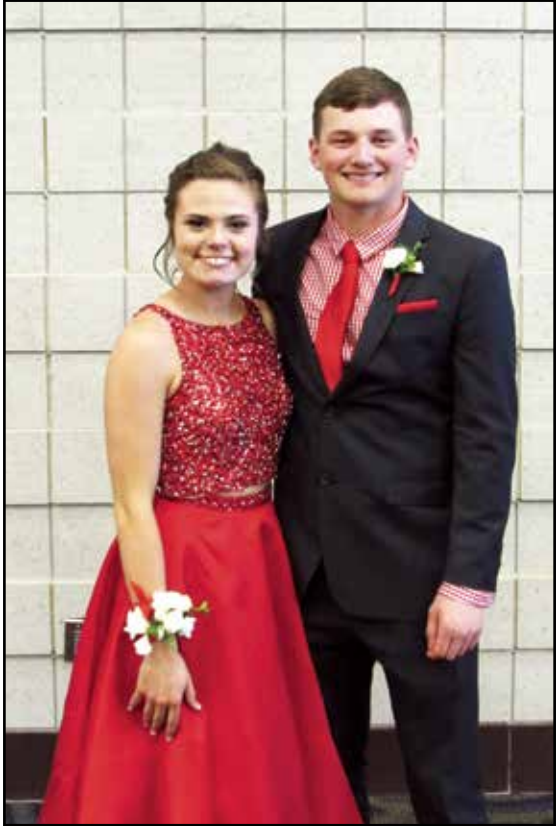
Alayna Espeseth and Cody Bauman



Olivia Simonson and Noah Klinkhammer



Maci Hamre and Hunter Chaput



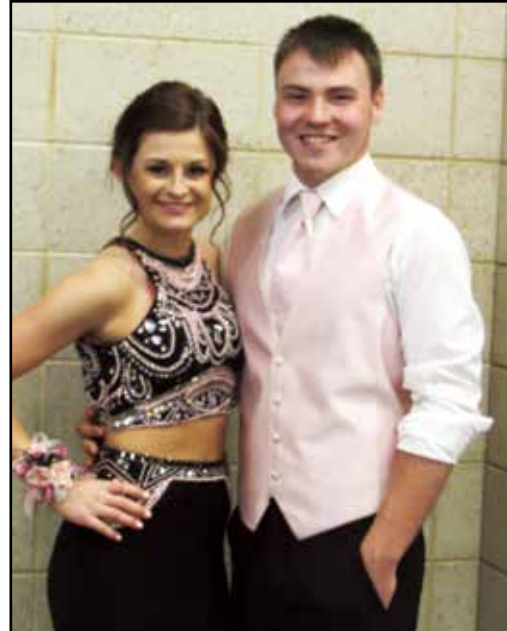
Sydney Tadman and Emelian Kaya



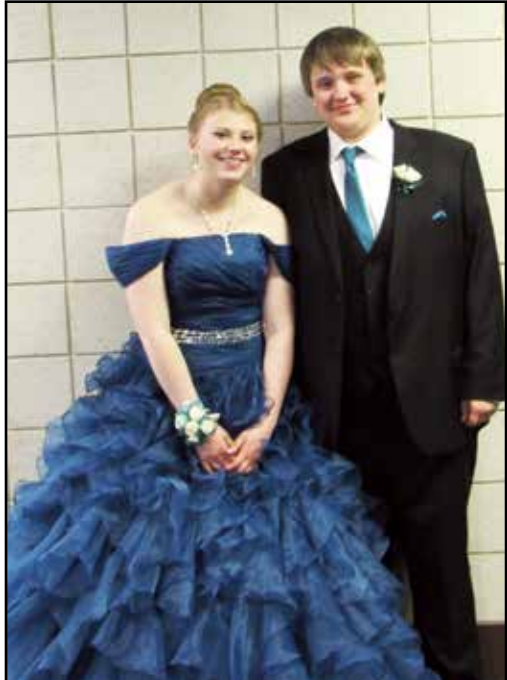
MacKenzie Fuller and Bryce Neubert



Katelyn Sanden and Jarrin Gunderson



Lauren Strom and Nick Olson



Gretchen Finseth and Anthony Smith



Bailee Burcham and Jordan O'Brien

MHAC hosts Spring Fling this weekend

The McIntosh Heritage and Arts Center will host a Spring Fling event in McIntosh this Friday and Saturday, May 12th & 13th. There will be deals around town at local businesses including McIntosh Country Store where the greenhouse will open for the season on Saturday, along with Chick Day. There will be a Craft & Vendor Sale at the McIntosh Community Center this Saturday from 9:00 am to 1:00 pm. Stop in for some coffee and cookies and browse through the many vendors and crafters and see what they have to offer. The MHAC Thrift Store at The Shop will be open for the season starting on Saturday, as well. The hours for the Thrift Store will be 9:00 am to 1:00 pm. The store is also

looking for donations, and if you have anything to donate, please call the MHAC office at 563-2040. There will also be a Mother's Day Shop Hop in McIntosh and Fosston this Friday and Saturday. Minnesota Rust in McIntosh will open for the season. Stop in to the store to find some creative inspiration for your garden this year. You can also check out great spring garden and decorating deals at Rewind Designs, The Red Poppy, Nord's Pharmacy and Gifts and Rosemary's Garden in Fosston while you are out this weekend. This weekend is a great weekend to shop local and start all of your spring projects and get your gardens ready for summer. We will see you this weekend in McIntosh!



What is a Wellhead Protection plan?

This Thursday, May 11th, the McIntosh City Council will hold a special meeting to discuss the implementation of the City and the Minnesota Department of Health mandated Wellhead Protection Program. What is this and why is it important to you? The Minnesota Department of Health has adopted rules relating to wellhead protection in the State of Minnesota, Chapter 4720. Final adoption of the proposed rules and implementation of the state's wellhead protection program began on November 3, 1997. The rules contain requirements for development of a wellhead protection plan by public water suppliers, including specific and detailed requirements for delineation and management of the Inner Wellhead Management Zone (IWMZ), the Wellhead Protection Area (WHPA) and the Drinking Water Supply Management Area (DWSMA). MN Department of Health, Special Services staff members estimate that it will take approximately two (2) years for a public water supplier to finish the necessary work to develop a complete wellhead protection plan, prior to submittal to the Department for approval. The City of McIntosh is currently listed as Phasing on the state priority list for inclusion in the wellhead protection program. The City of McIntosh has determined that it is in the best interest of the community to proceed with Phase 1, which constitutes delineation and management of the immediate wellhead area, identified as the Inner Wellhead Management Zone (IWMZ). The point of having the plan is to be preventative and proactive in protecting a public water supply. In the 1980s, the United States government mandated all states ensure the safety of all drinking water through the Safe Drinking Water Act. Minnesota passed that responsibility onto cities like McIntosh with the Minnesota Wellhead Protection Act. The wells used by the city of McIntosh are sufficiently deep, well-constructed, and considered to have a low vulnerability to contamination. One of the principal considerations for this determination

is that there is significant natural geologic protection between the ground surface and the depth from which the water is pumped. Available data suggest the low vulnerability observed at the city wells is consistent throughout the DWSMA. At present, water served by the city meets all Safe Drinking Water Act standards. The low vulnerability of the DWSMA means the chief contamination threats to the city of McIntosh's aquifer are other wells that reach or penetrate it. Old and unused wells may provide a conduit for contaminants to short circuit the natural geologic protection and are considered a principal threat to the city's drinking water source. The following recommendations have been generated to inform the next amendment of the city of McIntosh's Wellhead Protection Plan. 1) Well Locating: This delineation is based on very little well data. If wells are constructed within two-miles of the city or one-mile of the DWSMA, their locations should be verified because doing so may increase our understanding of the extent of the city's aquifer and overlying confining units, which can yield a more refined DWSMA in the future. 2) Well Inventory: For the purposes of the potential contaminant source inventory that will be generated in the second part of the city's WHP plan, it will be important to inventory all wells that are completed to depths greater than 175 feet in the DWSMA. These are the most likely to have a potential negative impact on the city's aquifer if they are allowing downward migration of surface contaminants. 3) Water Quality Monitoring: Re-sample Wells 1 and 4 (or whatever primary wells exist at that time) during year six of plan implementation for vulnerability parameters determined in consultation with MDH (likely tritium, chloride, bromide, nitrate and ammonia); contingent on funding assistance from MDH for sampling and analysis. There will be a representative from MDH at the meeting to explain the process and answer any questions.



Community Calendar

Wed. May 10: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; WEM AAA Banquet 6:00pm @ WEM School
Thurs. May 11: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; City of McIntosh Special Meeting @ Community Center 5:00pm; McIntosh City Council Meeting @ Community Center 5:30pm
Fri. May 12: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; MHAC Spring Fling - all day in McIntosh
Sat. May 13: MHAC Spring Fling; Craft Sale @ Community Center 9:00am - 1:00pm; Thrift Store Open 9:00am - 1:00pm; specials at local businesses.
Mon. May 15: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
Tues. May 16: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm
Wed. May 17: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's
Thurs. May 18: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
Fri. May 19: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
Mon. May 22: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
Tues. May 23: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm

Did you know? Ticks spread Lyme disease to people and other animals. The Centers for Disease Control and Prevention says that, in humans, untreated Lyme disease can create an array of symptoms, depending on the stage of infection. Anyone who has spent time outdoors should be aware of the potential symptoms, which can include fever, rash (classic erythema migrans rash, also called 'bull's-eye rash'), facial paralysis, and arthritis. Some people with later stage Lyme disease may have rashes on other areas of their bodies; intermittent pain in tendons, muscles and bones; and experience heart palpitations. LymeDisease.org states that not every person suffering from Lyme disease will develop the same symptoms. The distinctive rash occurs in less than 10 percent of those who contact Lyme. If a tick bite is verified, promptly contact a physician.

Pestle & Vessel

by Alison Opdahl

Love

I feel like "love" is one of the most misused words in society today. People say they "love" chocolate or coffee or shoes or ideas... it's the proverbial crying wolf. Nobody really HEARS it anymore. The church teaches God is love. He is. He loved me enough to create me. He loved me enough to continue seeking relationship with me. He loved me enough to redeem me. But I cannot forget why I needed redeeming. He loved me enough to tell me without Him I am not HOLY.

You see, He doesn't coddle me, pat my arm and tell me to try harder next time. He tells me what is holy and what is not in His WORD. I am not an exception to the rule. No man is an exception to the rule regardless of what the world says. There is a cancer of the spirit in all of us. Every day it is spoken on our collective human lips. Every day it is played out in our human actions and reactions; it is not holding ourselves

accountable. It is not OWNING our own. Someone else or something else is to blame. If we can deflect and distract then we will not be confronted with the stark truth. But accountability cannot be avoided. It will arrive the moment we breathe our last on this mortal plane.

Love isn't an emotion it is an action. Love isn't a thought it is a voice. Love isn't a platitude it is an effort. Love isn't a by-product it is a choice. Love departed the heavenly places, spoke truth, walked among us and with purposeful conviction gave up relationship with the Father for three days to give us a chance for deeper relationship with the Father.

We are all in RELATIONSHIP with the Father what it looks like is up to us. We are either for Him or against Him. Either way, it is still relationship. The difference is whether or not we will be called His kesholim (holy ones). For you see, His love does not tolerate moral darkness. It does not tol-

erate empty promises. It does not tolerate good intentions. It does not tolerate avoidance because it STANDS; irrevocable, implacable, unchanging... WAITING.

Love waits for the son of man to cease the weary cycle of circling around the truth instead of diving deep into the Word of God. Do we dare immerse ourselves in His LOVE? Do we dare allow the purifying process of our motivations and intentions so a vessel refined for His purpose can be revealed? Perhaps the better question is: what happens if we don't? The answer has eternal consequences, not just for us but others as well. This Kingdom war is about each and every one of our souls. Whether we realize it or not, we are all in the battleground of the mind. We can either take ground for the Kingdom or let ground be taken from us. LOVE needs hands and feet. Isn't it ironic that the hands and feet of Jesus held Him to the cross, or is it?

Bridging the gap this Mother's Day

Many modern families are spread out across the country if not the globe. Some people move away from family to further their careers, while others are called upon to care for others. Children may separate from their parents to witness new travel experiences. Military service may call individuals away from home as well.

Distance can make it challenging to spend time together for major holidays and other special occasions - like Mother's Day. But Mother's Day can still be special even if Mom lives hundreds or thousands of miles away.

Embrace technology

Technology helps break

down some of the barriers created by distance. While phone calls were once the way to keep in touch, many people now utilize various forms of digital communication. Someone who lives across different time zones can talk through texting or the various social media avenues available on computers, phones and tablets. Video apps like Skype and FaceTime enable you to video chat with others in real time. Come Mother's Day, connect with mom via such apps so you can watch her open up her gifts.

Reconnect with home

If Mom is the one who ventured from home, help her to reconnect with her hometown

or another place she feels attached to. Ship her some favorite regional foods that can only be bought in town. Make a photo or video montage of places of interest in town. These little touches of home can mean the world to her.

Create a special day

Even if you do not live near your mother, you can still plan a fun day for her in her town. Make reservations for a spa, hair salon or other sources of pampering and surprise her with all the details.

Treat her to the ultimate surprise

If possible, make a surprise visit this Mother's Day. Coordinate the plan with your

The McIntosh Times Office Hours

Wednesday 9:00 am to Noon
Friday 9:00 am to 11:00 am

Call or fax: (218) 563-3585

Ad deadline is Noon on Friday prior to publication

Real Estate Taxes Due

Robert L. Wagner, Polk County Director of Assessment Services, reminds Polk County property owners that the first half of the 2017 Real Estate Taxes are due by Monday, May 15th. Personal Property tax must also be paid in full by May 15th.

Please include the tax statement stub with your payment.

Please make checks payable to: Polk County Administrator.

Thank you.

M7C

Polk County Public Health

Polk County Public Health provides monthly foot care clinics at locations throughout the county. Foot soaks and nail trimming are provided. This is not a diagnostic clinic. Referrals are made to medical doctors when necessary. A fee of \$20 is charged per client participating in the clinic. County residents are encouraged to call Polk County Public Health for further information. All clinics are open to the public. Footcare clinics are available in McIntosh on the first and third Tuesday of each month.

To schedule an appointment at the McIntosh Office of Polk County Public Health, please call 218-563-2010. Please remember, foot bare is by appointment only.

There will be a
Bridal Shower
in honor of
Rylyz Mandt
bride to be of Seth Carlin
on **Sat. May 20, 2017**
at 10:00am at
Mt. Carmel Free Lutheran Church in McIntosh
Everyone is welcome.

M7-8C

**Ad deadline:
Noon Friday**

Notice of Public Hearing

NOTICE

The City of McIntosh has developed a Wellhead Protection Plan in accordance with Minnesota Wellhead Protection Rule, Minnesota Rules, Parts 4720.5100 to 4720.5590.

There will be a Public Hearing on Thursday, May 11, 2017 at 5:00 pm at the following location:

McIntosh Community Center.
115 Broadway NW
McIntosh, MN 56556

The purpose of the meeting gives an opportunity for residents of the City to learn more about why this plan was developed and what this plan means to you and the protection of your drinking water.

M6-7C

REGULAR COUNCIL MEETING

McINTOSH

Thursday, May 11, 2017,
5:30 PM

— COMMUNITY CENTER —

CALL TO ORDER:

PLEDGE OF ALLEGIANCE:

ROLL CALL:

DETERMINATION OF QUORUM:

AGENDA ADDITIONS:

APPROVAL OF MINUTES:

a. APRIL 13th REGULAR COUNCIL MINUTES

PUBLIC CONCERNS:

OLD BUSINESS:

a. WELL HEAD PROTECTION PLAN, PART 1 UPDATE

b. REFINANCING POPLAR MEADOWS

c. CLEAN-UP WEEK

d. NUISANCE PROPERTIES

e. 2016 AUDIT

NEW BUSINESS:

a. BUILDING PERMIT — JOEL SVALEN

b. BUILDING PERMIT — JOHN BURTHWICK

c. BRUSH MOWER

APPROVAL OF MONTHLY BILLS:

COUNCIL & STAFF REPORTS:

NOTICES & CORRESPONDENCE:

ADJOURNMENT:

M7C

MAC TO FLUSH WATERLINES

The City of McIntosh will be flushing waterlines and hydrants each Thursday throughout the summer.

Residents are encouraged to watch for rusty or dirty water on these days. Fill washing machines to check water before adding clothes.

M6-25C

Community Birthday and Anniversary Calendar

Wed. May 10: Kayla Jore, Clara Roed, *Nick & Amber Olson
Thurs. May 11: Joseph Breckel

Fri. May 12: Gina Gensburger, Elaina Kundert

Sat. May 13: Jerry Shaer, Cameo Herem

Sun. May 14: Sharon Krossen, *Bruce & Debbie Haaven

Mon. May 15: Grace Klemer, Paul Lindseth, Arlene Bly, *Justin & Amanda Shultz

Tues. May 16: William Shimpa, Jon Lecy



ST. MARY'S CHURCH Fosston

Fr. John Suvakeen, Pastor

Sun. May 14: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Sun. May 21: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

If you have any questions please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH Winger/Bejou Supply Pastor

Gordon Syverson

Sun. May 14: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

Sun. May 21: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA) McIntosh

Supply Pastor

Gordon Syverson

Sun. May 14: 11:15am Worship Service.

Sun. May 21: 11:15am Worship Service.

GOSEN LUTHERAN CHURCH Independent

Gary Johnson, Pastor

www.gosen-church.com

Face Book: Gosen Church

Wed. May 10: 1:30pm Bible Study at The Country Place; 7:00pm Bible Study at Don & Sharon Ramberg's

Sat. May 13: 8:00pm Prayer Meeting

Sun. May 14: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service

Tues. May 16: 10:00am Sunday Worship service telecast on Garden Valley Cable TV - Channel 2

Wed. May 17: 1:30pm Bible Study at The Country Place; 7:00pm Bible Study at Don & Sharon Ramberg's

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC

McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson

Wed. May 10: 6:30pm Youth Group at Mt. Carmel; 7:30pm Bible Study at Mt. Carmel

Thurs. May 11: 7:00am Men's Breakfast at Mt. Carmel

Sun. May 14: 9:30am Worship at Trinity; 11:00am Worship at Mt. Carmel

Wed. May 17: 6:30pm Youth Group at Mt. Carmel; 7:30pm Bible Study at Mt. Carmel

Thurs. May 18: 7:00am Men's Breakfast at Mt. Carmel

Sun. May 21: :30am Worship at Trinity; 11:00am Worship at Mt. Carmel

VERNES LUTHERAN CHURCH (LCMC) McIntosh

Pastor Jill Torgerson

Sun. May 14: 9am Worship

Sun. May 21: 9am Worship

DOVRE

FREE LUTHERAN

Pastor Don Edlund

Wed. May 10: 7:00pm Bible Study

Sun. May 14: 10:00am Worship Service; Sunday School to follow worship service

Wed. May 17: 7:00pm Bible Study

Sun. May 21: 10:00am Worship Service; Sunday School to follow worship service

IMMANUEL LUTHERAN CHURCH McIntosh

Rev. John Anderson, Pastor

Tues. May 9: 2:00pm Ladies Aid

Sun. May 14: 8:45am Divine Worship Service - Mother's Day; 10:00am Council Meeting

Sunday May 21: 8:45am diving Worship with Holy Communion and Confirmation

Sunday, May 28: 10:45am Divine Worship Service (please note time change)

Holy Communion 1st and 3rd Sundays

Do you have a story to share?

If you have a story, a story idea or any photos you want to share, please send to: mcintoshtimes@gmail.com

Sunday, May 14th

Mother's Day BUFFET

at **Ness Cafe**

BBQ Ribs, Chicken Kiev, Meatballs, Deep Fried Shrimp, Mashed Potatoes & Gravy, Au Gratin Potatoes, Glazed Carrots, Green Beans, Salad Bar & Dessert

Mother's Day Buffet 10 am- 2 pm

\$15.95 ADULTS \$9.95 KIDS 12 & UNDER

RESERVATIONS STRONGLY SUGGESTED

Call 687-2101 Erskine, MN

Open 7 days a week! Monday thru Friday 7:00am-3:00pm Saturday and Sunday 7:00am-2:00pm

Breakfast Buffet served from 8 am-1 pm \$8.99

REGULAR MENU IS ALSO AVAILABLE! BREAKFAST SERVED ALL DAY EVERY DAY AT NESS CAFE!



This week's picture is of Reverend Kristofer Dalager who served at St. John's Norwegian Lutheran Church in McIntosh, Vernes Lutheran Church in Hill River, Grace Lutheran Church in Erskine, and Trinity Lutheran Church in Lessor Township. He served from 1984 to 1903. Reverend Kristofer Dalager was born in 1867, ordained in 1892 at Augsburg Seminary and died in 1945. McIntosh Heritage and Arts Center is looking for help with research on local church history, if anyone has anything to share, please contact the Center at 563-2040.



BUSINESS & PROFESSIONAL GUIDE

This space for rent at \$127.40 for 6 months.

CALL 218-563-3585



Carlin FAMILY FUNERAL SERVICE

"Caring service for three generations"

(218) 435-1144

Funeral Home ~ Cremation Service ~ Granite Memorials



ANDERSON FAMILY FUNERAL HOME & CREMATION SERVICE

719 N. Main 644 Main St. Mahanomen, MN Winger, MN

*Paige Ennen *Kelly Woltjer

*Tim & Denise Anderson
*Licensed Funeral Director

218-935-9000

Toll free: **866-935-9009**



Is There A Wedding In Your Future?

We have the latest designs for wedding accessories - or, if you choose, we can assist with a design of your own.

LET US HELP MAKE YOUR WEDDING DAY MEMORABLE.

487-5225 **Gonvick, MN**

Richards Publishing Co.

Winger News

Linda Pulskamp

Greetings again from Winger and the Union Lake areas where we are experiencing some very beautiful spring after having woke up last week to snow on the ground again. Fortunately when we get it this time of the year it goes away right away.

Farmers are back in the fields again and busy planting. Gardens are being worked and planted, is a busy time of the year.

Welcome to May and it will be a busy month with all the activities in the area schools as the school year comes to an end.

Remember the Mother/Daughter banquet that will be held at Calvary Church in Winger on the 16th.

The old saying goes that no news is good news, but that is not so as I try to collect the news for the paper, has been a challenge to collect the news and certainly would not like to see it end but, need input.

Last Sunday Mark and Betty Syverson were visitors with Helmer and Verlys Homme at the Pioneer Home at Erskine and enjoyed the afternoon visiting and playing rook.

Lots of wildlife in the area has come to life now that the weather is warming up. Judy Gieseke spotted a bear this past week on the highway close to their mail box. Milton says that not only have they spotted moose out by Carlson's but also some wild turkeys.

Wednesday afternoon the 26th Chad Carlson was an afternoon visitor with Milton Carlson at his home, and later in the day Shiela, Vincent, Jasmine and Cason Benesh were visitors with Milton.

Last Sunday Richard Brtek spent the day with his Mother Lucy Brtek, he was busy helping her do yard work and the two enjoyed a cook out for supper.

On Monday May 1st May dayers at the Milton Carlson home were Sheila, Jade, Jasmine and Carson Benesh. Later in the day Kari Keller stopped in at Milton's bringing him banana bread and other treats. That evening after work Paul Carlson stopped by Milton's. Also bringing Milton May Day treats were Kristen, Emma, Mia and Hadley Erickson.

Bob and Vonnice Lofstrand of Fosston were Tuesday visitors at the Pioneer Home with Helmer and Verlys Homme.

Craig Helgaas of Glenwood arrived on Thursday at the Pulskamp home to spend a couple days. The guys are again doing some projects around the Pulskamp's while Bev is spending

time with here sister Cindy Johnson at Gully.

I apologize for the lack of news, but need your help!

Until next week , may yours be a good one

From Bun Manor:

Not much news from the manor this week. Everybody is busy doing yard work or working in the fields. Following the rain and small hail delay early last week. The farmers are giving it all they got while the weather cooperates.

Buns brother Andy and his wife Linda came up for a long weekend. They went to Crookston on Thursday to do something at the court house and following that they stopped by and had a nice visit at the Jimmy Hagen home.

Friday they went to see Lance and Trent Balstad play baseball in Fosston. Win-E-Mac were their opponents and Fosston lost to a dominating eighth grade Win-E-Mac team.

Saturday, found them laying low at the lake enjoying the day. Roy Broske graced them with a stop by visit. There was one brave soul out on the lake waterskiing.

Joyce Balstad watched a cinnamon bear wander her yard for about a half hour on Saturday morning. It didn't destroy anything and eventually went back in the woods where he had came from originally.

Area towns had prom last Sat. and as far as Bun knows there were no accidents or reports of injuries of any kind. Bun thinks that after scholl prom partys help cut down on these situations.

Grayson Sonstlie celebrated his 2nd. birthday on Sunday. That is all the news Bun has this week.



Winger Marching Cadets will meet all the Mondays in May – (1, 8, 15 and 22). Cadets will be a special part of the Winger Memorial Program on May 29th. Children can ride the bus to the Gopher Den in Winger after school. Our practice is 4:00-5:00 p.m. Snack will be served. Children must be picked up at 5:00. Children K-6th grade are invited. Hope to see you there.



The Win-E-Mac Quilter's group spent time together in April making figet blankets for area nursing homes.

The County Line

By Warren Strandell
Polk County Commissioner, Dist. 2

The County Board has June 27 on its calendar. That is the day when a decision is to be made on the Polk County Wheelage Tax issue.

Should the county either end or continue the \$10 tax that is currently being collected for each vehicle as a part of the tab fee registration process. Or, should the tax be increased to \$20. Another option is for the county to collect a one-half-cent sales tax on all purchases.

It is no secret that taxes of any kind are unpopular. But taxes have a purpose, too.

In Polk County, the use of the \$10 wheelage tax, which generates about \$300,000 a year, funds construction projects solely on the County Road (CR) system.

Some background: Polk County has two road systems, the County State Aid Highway (CSAH) system and the County Road (CR) system.

CSAH roads are built and maintained by the state gas tax, motor vehicle sales tax (collected when you purchase a vehicle) and the registration tab fees (excluding the wheelage tax). CSAH roads are identified by two-digit numbers on the highway signs... 1, 6, 10, 11, 17, 34, 58, etc.

County Roads are maintained strictly by local levy dollars (your property taxes) and have no other funding source. County Roads are identified by

three-digit numbers in the 200 series — 210, 214, 222, 232, etc. — on the highway signs that mark them.

Prior to 1997, the county was spending about \$700,000 a year in local property tax dollars to construct roads on the County Road system. Since then, the county has not levied enough tax dollars to continue constructing these roads.

Tax started in 2014

Monies accumulated from the wheelage tax, which started in 2014, allowed Polk County to begin constructing roads on the County Roads system again. Projects that have been completed with those funds include the overlays of CR 206 (\$150,000) and CR 214 (\$545,000) last summer. Another \$90,750 is to be spent this year to overlay CR 210.

In County Engineer Richard Sanders' energetic 5-year plan, which is based on an increase to a \$20 per vehicle wheelage tax, funding would be available in 2018 for the grading and surfacing of CRs 281 and 221 (a \$1 million project) and to overlay CR 238. No work is projected in 2019 to allow funds to accumulate to do a pair of \$600,000 grading jobs in 2020 (CRs 202 and 203).

Because of what he feels is a need to do these projects, Sanders is lobbying for the \$20 tab fee that would start on Jan. 1, 2018.

He'd like the half-cent local option sales tax, too, and envisions a number of projects going forward. His goal involves overlaying the already "hard-surfaced" County Roads now in place, along with the needed grading of others. He'd also like to hard-surface some other County Roads that have qualifying traffic volumes.

The fairness of the wheelage tax has been questioned by some, including those who have vehicles that are used only during short time periods... farm trucks, in particular.

But the fairness can also be questioned by car-owners, who drive many more miles but do less road damage than a legally-loaded 5-axle semi-trailer truck since one truck is the equivalent of 9,000 cars.

In the end, commissioners will have to decide how to proceed, whether to keep or end the \$10 wheelage tax, bump that tax up to \$20, or even approve the half-cent local option sales tax.

We look forward hearing from you either positive or negative so that we can make an educated decision. We'll be listening.

Thoughts for the day:

The best cure for sea sickness is to sit under a tree — Anonymous

I predict future happiness for Americans if they can prevent the government from wasting the labors of the people under the pretense of taking care of them. — Thomas Jefferson

Disclaimer: Thoughts expressed in this column are those of the author and are not necessarily a reflection of the opinions of the other members of the Polk County Board of Commissioners



Alison Mellgren Opdahl

New story collection by local author

'Journey' is a charming short story collection based on the experiences of author, Alison Mellgren Opdahl, with the Amish Community around her hometown of McIntosh.

Take a journey with Alison as she takes us down country roads of Polk County, Minnesota to places where it seems as though time has stood still.

Alison Mellgren Opdahl, who makes her living as a professional massage therapist in McIntosh, writes as her hobby. She debuted her first fiction novel, 'Awakening' in 2015 and is currently working on the second installment. She is a weekly contributor to local newspapers with her weekly column, 'Pestle and Vessel' and has authored the Grief Road Series which can be found on griefroad.net.

You can purchase her new collection of short stories locally at The McIntosh Country Store and Palubicki's. You can also find it on Amazon.



Problems that can lead to lawn damage

A beautiful lawn is a goal for many homeowners. Some homeowners may find that lovely lawns may last momentarily, only to disappear when damage - be it pest-, weather- or child-related - sets in.

While well-established turf can be resilient, even the most well-maintained lawns can be vulnerable. Preventing lawn damage first involves getting to the root of the problem.

Lack of sunlight: All plants need the proper ratio of sunlight to grow. Too much sunlight and plant blades can scorch. Too little sunlight and grass may turn brown and die. Although there are shade-tolerant varieties of grass, homeowners also can explore alternative landscapes. Work in a garden bed or create a design that utilizes gravel or mulch. Avoid aggressively pruning back trees to give the lawn more sunlight in that area, as this may just damage the trees.

Chemical spills: Gasoline and fertilizer spills and pesticide applications in high concentrations can cause the lawn to yellow or brown in spots. Carefully fill lawn gas tanks and fertilizer spreaders on the sidewalk or driveway to avoid overflow onto the lawn. If spills occur, flood the area promptly with water to dilute.

Foot traffic: Lawns can

take a pounding from foot traffic, leading to compaction and spots of dead lawn. Try to redirect the traffic elsewhere to give worn down areas a break. Aeration can relieve soil compaction. If a certain area has become the de facto pathway, install a paver, gravel or concrete walkway in that spot.

Debris: Leaving a tool, kids' toys, piece of wood, or any debris on the lawn can quickly suffocate the grass beneath and cause the lawn to die quickly. Make sure that no items are left on the lawn for an extended period of time.

Mowing patterns: Running the mower in the same pattern over and over can cause ruts in the grass that lead to damage, so avoid mowing in the same direction on consecutive cuts. Avoid mowing on very hot days or when the lawn is soggy. Both can cause tracks to form in the lawn.

Mowers: Dull lawn mower blades can damage lawns, as can mowing too fast. Grass blades can be torn, snapped and more, resulting in brown spots.

Wildlife: Animals and insects can destroy turf roots. Animals or insects may feed on the grass from underneath its surface, compromising the lawn's ability to procure nutrients and water. Animals like moles or raccoons may feed on grubs in the lawn, and treating for grubs can alleviate torn-up turf.

Lawns can be hearty, but they're also highly susceptible to damage. Even seemingly harmless things can compromise the integrity of a lawn. Understanding the causes of lawn damage can help homeowners.

Did you know?

One of the ways homeowners can keep their lawns looking lush and green is to aerate the turf when the need arises. Aerators perforate the soil with small holes.

These holes allow air, nutrients and water to penetrate all the way to the roots, helping them grow deep and strong. Deep, strong roots are essential to healthy, lush lawns. While aeration can help many lawns, not every lawn will necessarily need to be aerated. Lawns that get heavy use, such as those that are often played on by children or pets, will likely benefit from periodic aeration.

Feeling the lawn also can help homeowners determine if it needs to be aerated. Lawns that dry out quickly or feel spongy may be overcome with thatch, which can prevent lawns from getting the air, water and nutrients they need to thrive. Lawn care professionals recommend aerating lawns that contain thatch that is more than one-half inch. Thatch also can foster grub infestations, providing another benefit to removing it and aerating a lawn.

When to aerate depends on the type of grass. Homeowners should consult with a lawn care professional about the best time to aerate their particular lawns, but it's generally recommended that cool-season grasses be aerated in early spring or fall, while it's best to aerate warm season grasses in late spring.

Regional Ag News

Ed Gindele,
Extension Educator

How rainfall timing affects fall N availability

Many farmers who fall-applied nitrogen have the same question this time of year: how much of the nitrogen (N) I applied can I count on being there now? The answer depends on the nitrogen cycle and the weather conditions at application time.

This past fall was warm and wet throughout much of Minnesota, with soils staying above freezing into December and above-average precipitation into November. At the University of Minnesota's Research and Outreach Centers in Waseca and Morris, soil temperatures were not consistently below 50° until the 9th of November, which is several weeks after the typical.

Why is this important?

Because if nitrogen fertilizer is applied when soil temperatures are below 50°, the conversion of ammonium to nitrate happens slowly- the microorganisms responsible for nitrification are not very active when soils are cold.

Spring rainfall is more likely to leach nitrogen than late fall rains, so if little fertilizer N converts to nitrate form, then little fertilizer N will be likely leached the following spring. Very little loss of nitrogen from fall fertilizer is likely to occur if soil temperatures are cold at application time. The challenge lies in getting fall fertilizer applied and incorporated in the time between when soils

fall below 50° and when they freeze.

In order for fertilizer N to be lost to leaching, large amounts of rain need to fall at certain times of year. Think about a situation where you had a soaking rain that dropped 2 inches of rainfall over 3 days. How much of that rainfall moves down through the soil, and how much nitrate it takes with it, depends heavily on the time of year and the crop growth stage.

Spring

As the soil warms up in the spring after corn planting, most of the fertilizer N has already converted to nitrate, and the corn crop is not removing much water or nitrate from the soil. Minnesota soils typically hold a lot of water left over from late fall rains and snowmelt during the spring, and cannot absorb much rain without it leaching. In a normal or wet spring, most of the 2 inch rainfall will move down through the soil below the root zone or to a tile drain, and there will be high concentrations of nitrate in the soil to move with it.

Summer

If the rainfall event comes during midsummer when corn is at tasselling, the crop is able to pull a lot of water out of the soil, and there will be much lower concentrations of nitrate in the soil. This is a situation with much lower potential for water movement to ground-water or tile drains, and much

lower potential for nitrogen loss, than the spring rainfall event.

Fall

Lastly, if that rainfall comes in early November, after the corn has matured and been harvested, you have a different situation. If the soil is fairly dry, as is typically the case by harvest, it will be able to absorb most of the rainfall, without much of it leaching. In a wetter year, like the fall of 2016, most of this rainfall is likely to leach. However, as long as the corn crop was not over-fertilized, there are usually fairly low nitrate concentrations in the soil in the fall, so that leaching water might not take much nitrate with it. This is a situation where the timing of fall nitrogen fertilizer or manure is critical. If the nitrogen source was applied early in the fall, when soil temperatures were still warm, a lot of that nitrogen would be converted to the nitrate form and large losses of nitrate could result. However, if that nitrogen source was applied in late October or early November when soil temperatures were cooler, there would be very little conversion to nitrate, with low risk of loss from that fertilizer nitrogen. Potential for loss depends on the interaction between soil temperature and soil water movement.

Source: Greg Klinger and Anne Struffert, Extension Educators

WEM will hold AAA Banquet

The annual Academic, Athletic and Fine Arts Banquet will be held on Wednesday, May 10th.

All students in grades 10-12 are invited to be guests of WEM at this banquet.

Following the banquet,

scholarships as well as valedictorian, salutatorian, knowledge bowl, one act play, music, art and athletic awards will be presented. Students who have been on the honor roll at least one quarter will also be recognized.

Use Your Head To Fight Cancer!

On Thursday May 11, 2017 the WEM Honor Society is organizing a fund raising activity for all WEM Students to participate in. Donate \$1.00 or more to fight Cancer and earn the privilege of wearing a hat for the day at school. Funds will be given to the local Relay For Life Team. Honor Society members will be in classrooms first hour to collect funds for those participating! We invite any local business to participate as well. Call 219-563-2900 ext. 110 to join us in raising funds to fight cancer



Jayden Gensburger of McIntosh won 1st place for her age group and will now perform on the Kickin Up Kountry stage in Karlstad on June 8th. Congratulations Jayden!

WEM School Announcements

Lace Em Up Basketball Camp – June 5-9, 2017 in Red Lake Falls. Open to anyone in grades K-11. Cost of the camp is \$60 with a max of \$100/per family. If you register before May 20th, you will receive a camp T-shirt. After May 25th, registration will be \$70 and the family max will be \$120. Registration forms can be picked up in the office.

Water Carnival Volley Ball Tourney: There are only two weeks left to sign up for the annual Volleyball Tournament that is being held during the Erskine Water Carnival on June 3rd from 11 AM till 3 PM at the Win E Mac School. Hurry to sign up your team!

This year no last minute or at the door registrations and payments will be accepted. All the forms and payments must be received in the mail BY May 20th. If your team is not signed up by May 20th you will not play. Fee this year is \$30 per 6 person team. Forms will be available at Ness Café, Fuel & Things, Groceries Plus, and American State Bank.

Flyers are up around town, plus there are frequent updates on the Facebook page. If you have any questions you can call 218-687-2157.



The last day of school for Win-E-Mac students will be Friday, May 26, 2017. Graduation ceremonies will take place on Saturday, May 27, 2017 at 2:00 pm.

RSVP Awareness & Training Program

The Grace Community Food Shelf will be hosting an RSVP (Retired and Senior Volunteer Program) awareness and training program on Thursday, May 18th at 9:00 AM. The program will be held at the Grace Lutheran Church, 332 Vance Ave, Erskine, Minnesota.

RSVP of the Red River Valley serves seven counties in North Western Minnesota, providing several programs to help out those in need. Their signature programs are SAIL (Stay Active and Independent for Life, Handyman Program, Groceries-to-Go Program and Reading Buddies. Volunteers with RSVP put their skills, talents, and life experiences into motion for others – and benefit our Minnesota Communities in the process. RSVP volunteers serve in programs such as Home Delivered Meals, Transportation, disaster Service, Wellness Ambassador, Food Shelves (like the Grace Community Food Shelf) and as Exercise Instructors to name a few areas.

Stay Healthy by volunteering! To find out more about RSVP you can attend the awareness and training program on May 18th at Grace Lutheran Church. If you already volunteer, learn how the hours you so freely donate can go further in helping others. For more information please call (218) 281-8289 or visit www.uncrookston.edu/rsvp.



Women's Fest May 16th at RiverView Health

It's never too early or late to work toward being your healthiest you!

To help area women on their health journeys, RiverView Health will once again hold its annual Women's Fest event Tuesday, May 16th.

This is the tenth year for the free event held in Heritage Hallway on RiverView's Crookston campus.

The event will be held from 3:30-6 pm and will include information on 3D mammography and other women's health topics, presentations, healthy food, and door prizes.

Free screenings will be offered for blood pressure and A1C. The event is open to all women in the RiverView community.

Women's Fest is held in recognition of National Women's Health Week, which kicks off on Mother's Day, May 14th, and is celebrated through May 20th.



Sophomores from Win-E-Mac that attended the 2017 Prom held last Saturday, May 6th.

Random Things and Stuff



Practical Graduation Gifts

By: Emily Lynne
Graduation season is coming up very fast! Both

high school and college graduations are important milestones in a person's life. Do you have a special graduate you want to give a gift to? Here are some great ideas for gifts for graduates:

- 1. Cash:** the absolute go-to if you are unsure what the graduate wants/needs. This way, they can use cash for gas, rent, bills, or just for fun.
- 2. Gas Card:** everyone with a vehicle could use gas money. This can help them get to point A to point B.
- 3. Bike:** biking is a great way to be outdoors, exercise and get to places relatively quickly. For high school graduates, it is nice to get around the campus and off-campus trips.
- 4. Music or TV Streaming Service:** giving a graduate a monthly subscription to services like Netflix, Hulu, Spotify, or Tidal is a gift that they can use a lot.
- 5. Laptop or iPad:** computers and tablets are not cheap, but almost a necessity nowadays for college. Not only used for personal items, these can be used for homework assignments, notes and job seeking.
- 6.Noise-Cancelling Headphones:** these are ideal for studying, on the way to work or class, or working out at the gym.
- 7. Luggage:** a small suitcase or overnight bag can come in handy for getaways.
- 8. Board Games:** these may seem a little old-fashioned, but they can be the perfect activity for friends on a rainy day or night in.
- 9. Gift Cards:** research what is around where the graduate is going to be, or what stores and restaurants they like.
- 10. An Experience:** give a gift of an experience, like a spa day or tickets.

Essentia Health encourages vaccination for measles

Measles is an extremely contagious respiratory disease caused by a virus. While no longer common in the United States, Minnesota is experiencing an increase in cases with 32 children under age 5 having measles as of April. The Minnesota Department of Health states that a majority of these children were not vaccinated.

The best way to prevent measles is to be fully vaccinated. Minnesota Department of Health recommends vaccinations for:

- children age 12 months and older who have not received a MMR (measles, mumps, rubella) vaccine. The first dose of the MMR vaccine is at 12-15 months old and the second dose is usually given between 4 and 6 years of age, but may be given as soon as one month after the first dose.
- adults who have not had measles or a measles vaccination should also receive the MMR vaccine.

Immunization records are a part of your electronic medical record. If you are uncertain of your vaccination history, Essentia Health patients can check your MyHealth account by logging into EssentiaMyHealth.org or call your clinic. The state has an information system called the Minnesota Immunization Information Connection (MIIC) that can provide immunization records as well.

Measles spreads in the air through coughing and sneezing and can live for up to two hours on surfaces or in an air-space where an infected person has coughed or sneezed. Measles is a very serious illness. For that reason, please seek medical care right away if your child has these symptoms:

- A mild to moderate fever along with a cough, runny nose or watery/mattering eyes.
- Tiny red spots with bluish-white centers inside the mouth on the cheek linings
- High fever and a red, blotchy rash that starts on the face and spreads down the body.

If you suspect someone in

your family has been exposed to measles be sure to stay home and avoid having visitors until you have talked with your doctor or clinic. Your doctor or clinic will tell you if you should come in for a visit. If you have not been vaccinated, getting an MMR shot within three days of being exposed may prevent you from getting measles.

Recommended immunizations for adults

Memories of childhood days when every visit to the pediatrician seemed to culminate in a needle in the arm may drum up an accelerated heartbeat each time you walk into the doctor's office as an adult. But the chances you'll be given a shot are slim, right? Not necessarily. Despite what many think, immunizations do not always cease once you've reached a certain age. There are certain recommended inoculations that adults can receive to protect themselves from illness.

Although many people receive the brunt of their vaccines early on in life, you're never too old to give up on immunizations entirely.

The Immunization Action Coalition, in conjunction with the Centers for Disease Control and Prevention, list certain vaccines that are recommended for adults. If you are planning on traveling overseas, there may be more vaccines you need to prevent illness or injury.

By the time you reach 65 years of age, it is advisable to have checked off this list of immunizations and work with your doctor to create a vaccination schedule.

Influenza: This vaccine is recommended annually in the fall or winter.

Pneumococcal polysaccharide (PPSV): Individuals between the ages of 19 to 64 should check with their healthcare provider to see if they require this vaccine. Smokers may need one to two doses. Individuals 65 and older are recommended to get this vaccine

if they have never before been vaccinated.

Tetanus, diphtheria, pertussis (Tdap): This is an adult version of the combined whooping cough vaccine. If you are an adult and frequently come into contact with infants, it is advisable for the infants' safety to have received a whooping cough vaccine. Tetanus is required every 10 years.

Hepatitis B: If you have a specific risk for Hep B, you may need to take this vaccine. It is given in three doses.

Hepatitis A: Again, risk factors will signify if you need this immunization. This is a two-dose vaccine.

Human papillomavirus (HPV): HPV is responsible for many cases of cervical cancer. It is advisable for women age 26 or younger or men age 21 or younger to receive the HPV vaccine. This vaccine is given in three doses over six months.

Measles, mumps, rubella: Measles has slowly been making a comeback despite have nearly been eliminated in the United States. Adults should have at least one dose of MMR in their lifetime. Check with a doctor if you require a second dose.

Varicella: If you've never experienced chickenpox, or only received one dose of this vaccine when younger, you may require another dose. Chickenpox outbreaks can be more severe in adults.

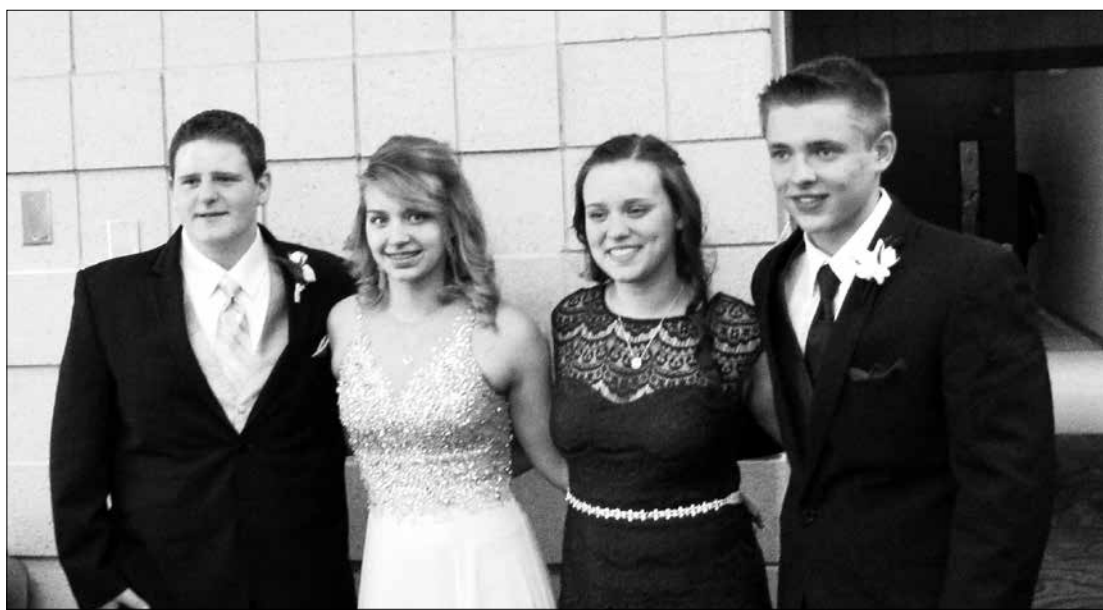
Meningococcal: This vaccine is recommended for individuals ages 19 to 21 who live in a residence hall or close contact with others. Meningococcal is best known as a cause of meningitis and sepsis. It can be transmitted through saliva and occasionally through close, prolonged general contact with an infected person.

Shingles: The zoster vaccine is administered to keep shingles at bay. Shingles comes from the same virus that causes chickenpox, and individuals who have had chickenpox are at a higher risk for experiencing shingles, which can be very painful, later in life. The vaccine is recommended for those ages 65 and up.

Vaccines are not only for the young. Certain immunizations can keep you healthy and are recommended throughout life.



On Friday, May 5 the entire 4-6 Grade Win-E-Mac Elementary Choir went to McIntosh Senior Living and Poplar Meadows to perform their Spring Program songs for the residents there. With over 90 enthusiastic kids in the choir, it was quite the performance! The choir is also planning on going to Pioneer Care Center on Monday, May 8 to perform for them, as well



MaKenzie Reep and Landon Shaver & Patience Reep and Jordin Gunderson

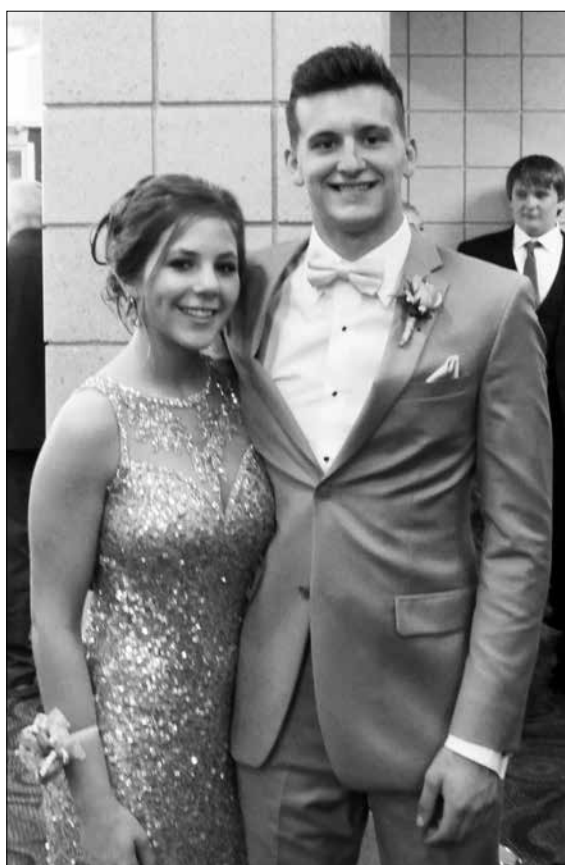
2017 Win-E-Mac



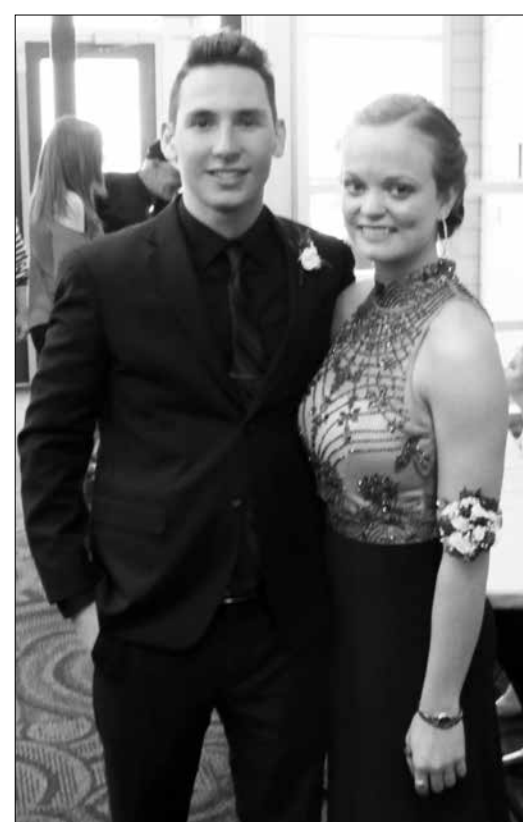
Alaina Juve and Jay Parenteau



Breanna Carroll and Michael Stein



Grace Spry and Alec Keicker



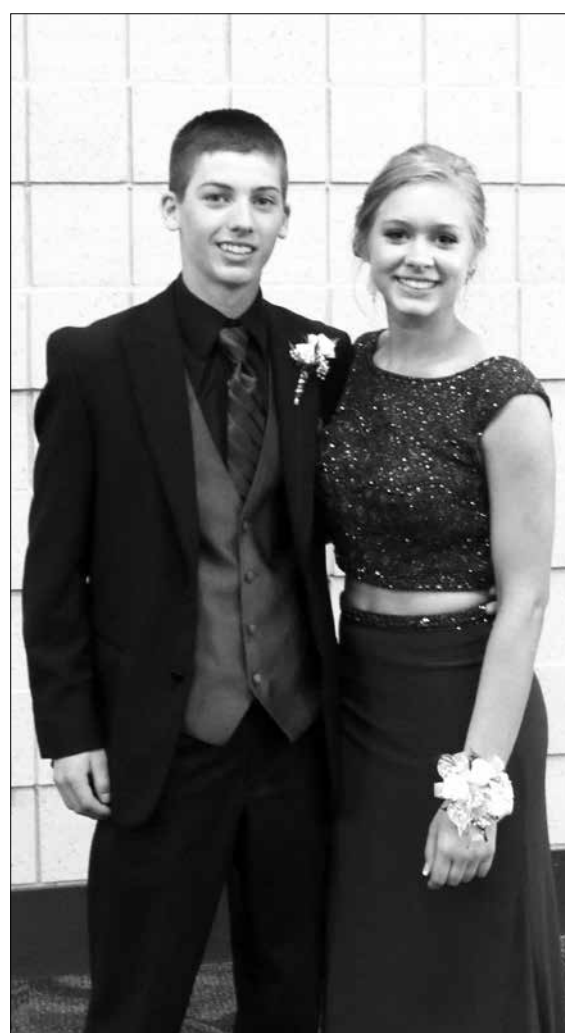
Jessica Thompson and Tyler Shaver



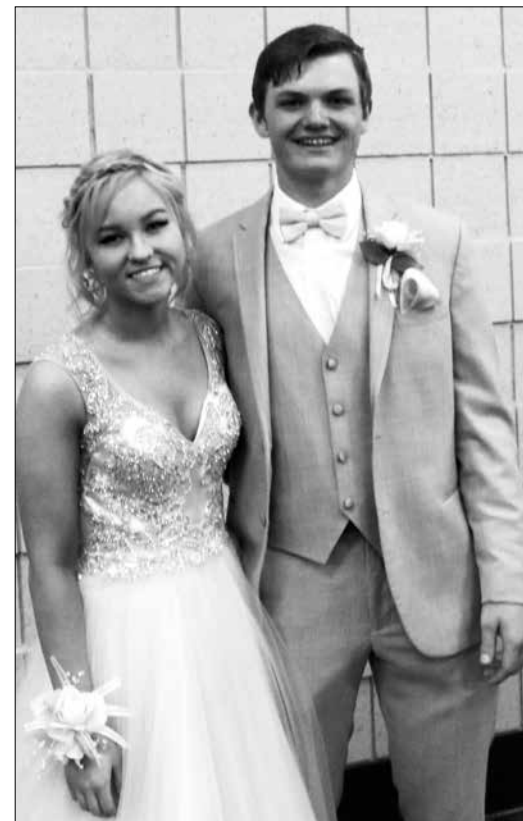
Tyra Wilson and Benjamin Thoma



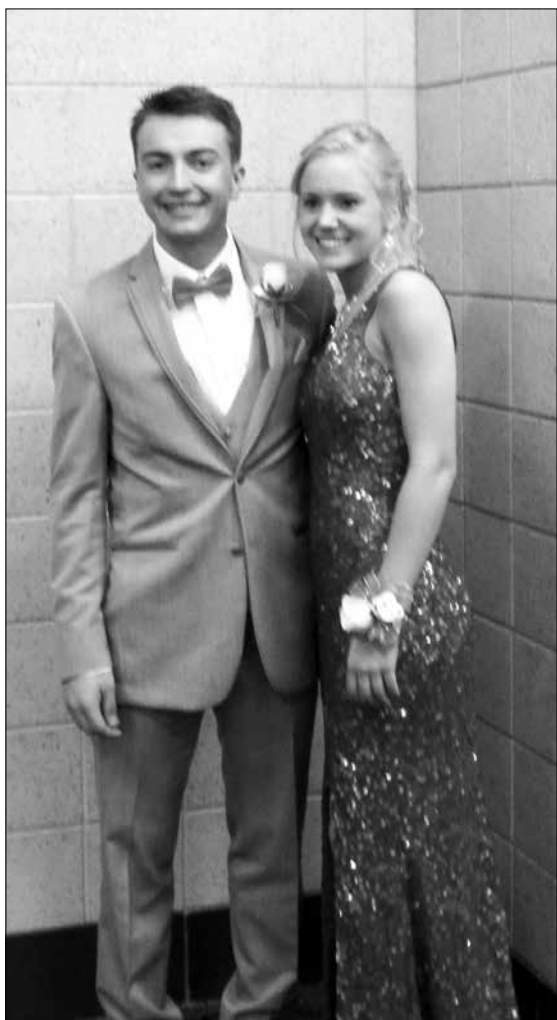
Kendra Thompson and Gunnar Berhow



Kylie Brekke and Blake Glass



Kalli Olson and Noah Bergman



Tanya Bring and Kolton Stuhau



Vassa Mametieff and Sivirian Boinoff



Rimma Basargin and Eoina Kulikov



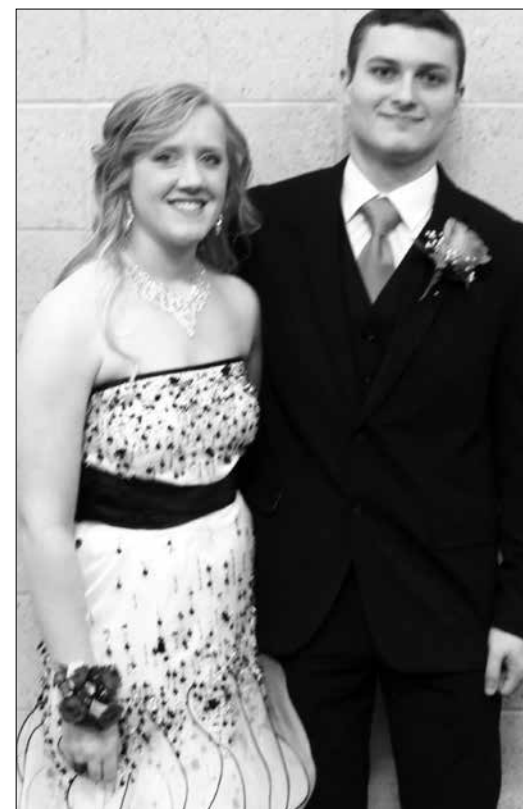
MacKenzie Tadych and Connor Drewry



Elena Snegirev and Arseny Anfiloff



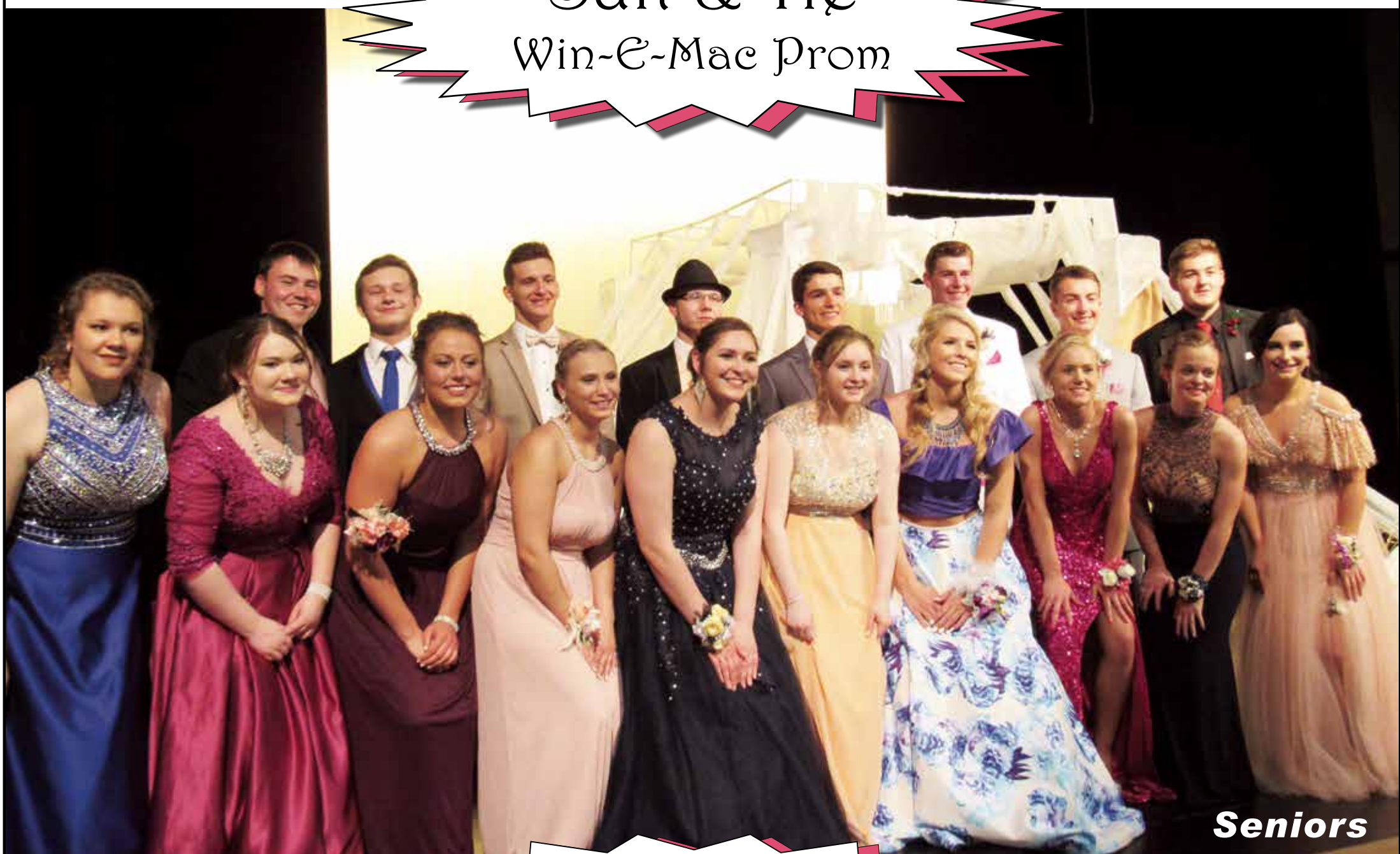
Vara Kutsev and Chris Kuznetsov



Searra Gerber and Cole Shaver



Suit & Tie Win-E-Mac Prom



Seniors

Saturday, May 6, 2017



Juniors

SPONSORS

McIntosh Times
City of McIntosh
Poplar Meadows
Senior Living
Ron's Barber
Shop
CB Auto

Lucken Trucks
and Parts
Fosston Tri-Coop
Dan's Standard
Service
FarmChek
Services

Neil's Quality
Meats & More
North County
Lumber/Jason &
Chad's Plumbing
King Town
Insurance

Jered's Grocery
First National
Bank & Agency
Rick's Repair
McIntosh Senior
Living