

\$1.00

McINTOSH

Since 1888

Times

Hub of the Thirteen Townships

McIntosh, Minnesota



Dominika Kaya and Ian Hanson had their hot chocolate and a blanket to help stay warm during the Win-E-Mac Homecoming Football game last Friday evening.

WEM conferences to be held Oct. 18

Parent-Teacher Conferences will be held at the Win-E-Mac School on Tuesday, October 18, 2016 from 1:00 p.m.-7:30 p.m. Parents of students in grades K-6 should have made appointments to see their respective teachers. Parents of 7th-12th grade students, conferences will be self-led by the students, with their homeroom teachers. Signup sheets will be sent home with students to schedule a time. Also, the buses will run at 12:30 p.m. on Tuesday, October 18, 2016.



The Win-E-Mac elementary students were able to watch the Homecoming Festivities that took place last Friday afternoon. Here are a few of Mrs. Kaupang's 3rd grade class. (Courtney, Lauren, Riley, Cameron, Lily and Peter)



During the Homecoming pepfest on Friday at Win-E-Mac School. Each high school class put on a dance skit, of sorts....the winners are pictured above....the Junior Class!



Saturday, October 1st was the Heritage Hayride in McIntosh. Here, Dee Dee Narum pulls a wagon full of young and old alike who enjoyed a wonderful afternoon full of fun. After the ride everyone could enjoy a cup of cocoa and a cookie.

MN apple harvest in full swing

Fall is in full swing and so is Minnesota's apple season. Early season Minnesota hardy varieties like Honeycrisp, Ze-star®, SweeTango®, Sweet Sixteen and Cortland are now available for picking, while traditional Minnesota favorites like Haralson, Regent, McIntosh and Honeygold will ripen later this month. Apple orchards are now open, with limited hours continuing into the end of November or later. Many local grocery stores will also carry Minnesota grown varieties throughout the fall. Weather conditions throughout the 2016 season resulted in some crop loss for some producers, but most apple orchards are ready for visitors. This year's overall crop is expected to be slightly smaller than average, so visiting a local orchard or market early in the season is recommended. John Jacobson of Pine Tree Apple Orchard in White Bear Lake summarized the spring and summer growing season, with a hopeful outlook for fall harvest. According to Minnesota Grown's Agricultural Marketing Specialist Jessica Miles, a trip to the apple orchard is about more than just picking apples.

Find Your Roots

The McIntosh Heritage and Arts Society will be hosting a free class on Thursday, October 20th at 6:30 PM at the Community Center for anyone interested in researching their family history. Local genealogists Donna Larson and Darlene Dierkes will be providing helpful information on how to begin looking into your heritage and how to find resources available to find your ancestors. They will also provide materials on how to interview a family member to preserve your family's oral history. As time permits, they will also be available for one-on-one research to try to help you find information on your ancestors who lived either in McIntosh or nearly anywhere else in the country/world. You will also be able to get a free printed copy of any historical documents that are found. Coffee and cookies will be provided; no registration is necessary.

Weather conditions can vary drastically throughout Minnesota and orchard owners recommend calling or checking websites in advance to verify hours and check availability of local apple varieties. The Minnesota Department of Agriculture's Minnesota Grown Directory is a free, statewide guide to more than 120 apple orchards. The Directory also includes a comprehensive list of fall raspberry patches, corn mazes, wineries and more.



You can purchase a raffle ticket to win a fireglobe, like the one pictured, during the benefit for Jim Stordahl on Sunday, October 16th at the McIntosh Community Center. See the Tri-County Canary section of the newspaper for more information.



Community Calendar

- Wed. Oct.12:** McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Thurs. Oct.13:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Fri. Oct. 14:** McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Mon. Oct. 17:** McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tues. Oct. 18:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Wed. Oct. 19:** McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's
- Thurs. Oct. 20:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Fri. Oct. 21:** McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Mon. Oct. 24:** McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tues. Oct. 25:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm



Evangelist coming to McIntosh

Trinity Free Lutheran Church of rural McIntosh will hold Special Meetings October 16-19. Pastor Tony Stockman will join us to preach from God's Word on the theme, Living For Jesus.

You are invited to a **Baby Shower** in honor of **Amie Erickson and Josiah**

- on -
Saturday, Oct. 22, 2016
at 3:00pm at
Mt. Carmel Free Lutheran Church
in McIntosh



After over 30 years of serving small rural congregations, Pastor Stockman understands the challenges of Living for Jesus in a community like ours. He brings an enthusiasm for the truths of God's Word and a compassion for people to know and walk with Jesus. Meetings will begin Sunday Morning October 16, 9:30 at Trinity and 11:00 at Mt Carmel.

They will continue at 8:00 each evening Sunday through Wednesday at Trinity Free Lutheran Church, 27262 315th St SE, McIntosh, MN. 5 miles north of McIntosh and then 1/2 mile west on 315th St.

LIVING FOR JESUS
• Sunday Morning Oct. 16th 9:30 at Trinity, 11:00 at Mt Carmel - The Four Dimensions of God's Love
• Sunday Evening Oct. 16th - Living For Christ with a Thankful Heart
• Monday Evening Oct. 17th - Living For Christ with

the Right Attitude

• Tuesday Evening Oct. 18th - Living For Christ in the Assurance of Salvation

• Wednesday Evening Oct. 19th - Living For Christ with Contentment

Trinity Free Lutheran Church is located at 27262 315th St SE, McIntosh, MN. 5 miles north of McIntosh on County 8 and then 1/2 mile west on 315th St.



McIntosh Senior Living will be open for Trick or Treaters from 5pm-6:30pm on Halloween.



Pictured above: Amanda Swanson and her boys, Henry and Hudson get ready to take off on a hay ride during the MHAC Heritage Hayride event on Saturday, Oct. 1 in McIntosh.

Pictured below: Madison Pries and her mom, Beth Hagen enjoy a hayride.



Bob Bursheim pulled hay wagon full of many community members who attended the 2nd Annual McIntosh Heritage and Arts Center Hayride event held on Saturday, October 1st at Roholt Park in McIntosh.



Winger Township: The City of Winger

The city of Winger is situated on a parcel of land that was once a part of two farms. Much of the land was swamp and scrub brush, and likely to have not been considered desirable for farming for this property was homesteaded four or five years after the adjoining lands were settled.

A portion of Winger south of Dakota Avenue was homesteaded by Falke Nelson in 1888 and sold in 1905 to the Minnesota Land and Trust Company for \$5,880.

Land north of Dakota Avenue was homesteaded in 1889 by Gullek Overland and was also sold to the Minnesota Land and Trust Company, in 1904 for \$9,000.

Winger can trace its beginnings to the year 1904 when the Soo Line Railroad cut its way through the prairie lands of the northern plains. In the same year J.A. Lang came up from the Twin Cities as the first land agent in the territory, with the purpose of starting the townsite. Sidney G. Jones was hired to survey the land and plotted out the village, streets and avenues, with the assistance of some of the locals.

The town started with great vigor as many of the country stores were moved into town and new businesses were started by those moving into the area seeking to start

business ventures in the new village. The Wick Brothers opened the first "general merchandise" store followed by a second general store owned by Ole Mickelson. 1904 saw the opening of the Winger State Bank and 1905 brought in the creamery. Within the first two years of existence Winger also introduced two lumber yards, two hardware stores and three elevators. The next few years saw the addition of service trades such as harness and blacksmith shops and a livery stable. Mr. Brown Knutson from Fertile built a "box-lumber" restaurant, while Oscar Omit built the Jericho restaurant-the first real restaurant in town.

"Although some of these businesses did not flourish, a few survived and more stable enterprises were established a few years later, especially

in the period of from 1910 to 1915.

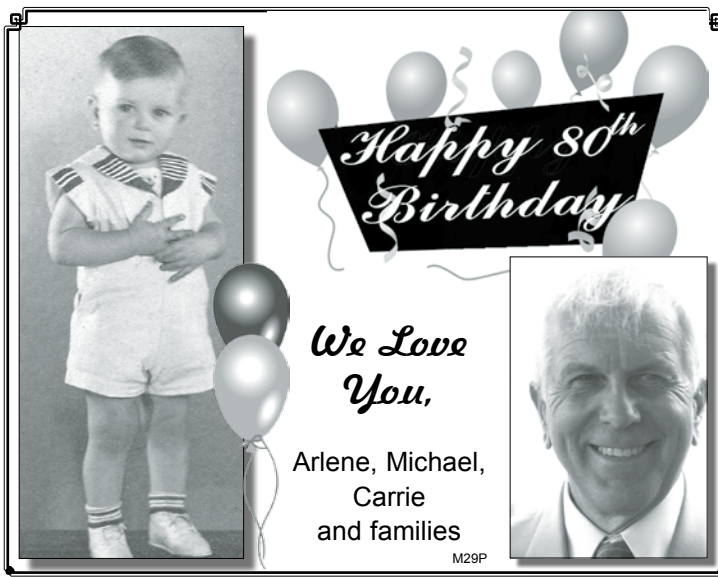
Before its incorporation, the village was governed by the township. Agitation for a separate governing unit began early but it was not until 1921 that articles of incorporation were drawn up and filed."

Winger's first official officers were elected in the year 1921. Those officials included: Halvor Aasen, Mayor; O.M. Westlin, Clerk; H.O. Hatleberg, Treasurer; Tom Haugen, J.T. Johnson, and Peter E. Krogstad, Trustees; and Arne Geldaker and Peter Bakken, Constables.

Source:

• The Saga of the Thirteen Towns

• The Centennial History of the Thirteen Towns



Jim Uotava is turning 90!

Wish him Happy Birthday

Stop in at
The Club Bar & Grill
in McIntosh, MN

October 22, 2016
11:00 AM - 2:00 PM



Polk County Public Health

October Footcare Clinics
Polk County Public Health provides monthly foot care clinics at locations throughout the county. Foot soaks and nail trimming are provided. This is not a diagnostic clinic. Referrals are made to medical doctors when necessary. A fee of \$20 is charged per client participating in the clinic. County residents are encouraged to call Polk County Public Health for further information. All clinics are open to the public. Footcare clinics are available in McIntosh on the first and third Tuesday of each month. This month's 2nd clinic will be Thursday, October 20th starting at 9:00am.

To schedule an appointment at the McIntosh Office of Polk County Public Health, please call 218-563-2010. Please remember, foot bare is by appointment only.

If you have any questions about foot care clinics or other services provided by PCPH, please call any of the offices: Crookston 218-281-3385; East Grand Forks 218-773-2431; or McIntosh 218-563-2010.

REGULAR COUNCIL MEETING

McINTOSH
Thurs., Oct. 13, 2016,
5:30 PM

— COMMUNITY CENTER —

CALL TO ORDER:

PLEDGE OF ALLEGIANCE:

ROLL CALL:

DETERMINATION OF QUORUM:

AGENDA ADDITIONS:

APPROVAL OF MINUTES:

a. SEPTEMBER 8TH, 2016

REGULAR COUNCIL MINUTES

b. SEPTEMBER 26TH, 2016 FINAL

BUDGET MEETING

PUBLIC CONCERNS:

OLD BUSINESS:

a. POPLAR MEADOWS FIRST

RESPONDERS

b. GLENDENNING PROPERTY

c. CARPET FOR COMMUNITY

CENTER

d. LEAKY VENT IN COMMUNITY

CENTER KITCHEN

NEW BUSINESS:

a. BUILDING PERMIT - LANCE

ERICKSON

b. BUILDING PERMIT - MARY

MELGREN

c. CITY PRE-PAID CREDIT CARD

d. DIRCECT DEPOSIT - PAYROLL

e. WALK BEHIND SNOWBLOWER

f. DOLLY CART FOR CITY SHED

g. WATER FOUNTAIN

h. RATE REVIEW

i. SOUTH END PARK DITCH

APPROVAL OF MONTHLY BILLS:

COUNCIL & STAFF REPORTS:

NOTICES & CORRESPONDENCE:

ADJOURNMENT:



Community Birthday and Anniversary Calendar

Wed. Oct. 12: Kyle Mandt, Brady Finseth

Thurs. Oct. 13: Louis Ott, Brandon Tucker, Darren Kringle, *Bob & Geri Hulst

Sat. Oct. 15: *Bob & Laurie Bursheim, *Ray & Felly Catahan

Sun. Oct. 16: April Ostenaar, Connie Strom, Calvin Schow, Brook Johnson, Bonnie Klein

Mon. Oct. 17: Adam Jore, Melissa Detschman

Tues. Oct. 18: Steve Carlson, *Mark & Joan Lee

Wed. Oct. 19: Steve Carlson, *Mark & Joan Lee

Thurs. Oct. 20: Steve Carlson, *Mark & Joan Lee

Fri. Oct. 21: Steve Carlson, *Mark & Joan Lee

Sat. Oct. 22: Steve Carlson, *Mark & Joan Lee

Sun. Oct. 23: Steve Carlson, *Mark & Joan Lee

Mon. Oct. 24: Steve Carlson, *Mark & Joan Lee

Tues. Oct. 25: Steve Carlson, *Mark & Joan Lee

Wed. Oct. 26: Steve Carlson, *Mark & Joan Lee

Thurs. Oct. 27: Steve Carlson, *Mark & Joan Lee

Fri. Oct. 28: Steve Carlson, *Mark & Joan Lee

Sat. Oct. 29: Steve Carlson, *Mark & Joan Lee

Sun. Oct. 30: Steve Carlson, *Mark & Joan Lee

Mon. Oct. 31: Steve Carlson, *Mark & Joan Lee

Tues. Nov. 1: Steve Carlson, *Mark & Joan Lee

Wed. Nov. 2: Steve Carlson, *Mark & Joan Lee

Thurs. Nov. 3: Steve Carlson, *Mark & Joan Lee

Fri. Nov. 4: Steve Carlson, *Mark & Joan Lee

Sat. Nov. 5: Steve Carlson, *Mark & Joan Lee

Sun. Nov. 6: Steve Carlson, *Mark & Joan Lee

Mon. Nov. 7: Steve Carlson, *Mark & Joan Lee

Tues. Nov. 8: Steve Carlson, *Mark & Joan Lee

Wed. Nov. 9: Steve Carlson, *Mark & Joan Lee

Thurs. Nov. 10: Steve Carlson, *Mark & Joan Lee



ST. MARY'S CHURCH FOSSTON

Fr. John Suvakeen, Pastor

Fri. Oct. 14: 8:30am Mass at St. Mary's, Fosston

Sun. Oct. 16: 8:00am Confession; 8:10am Rosaryl 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Tues. Oct. 18: 3:30pm Mass at Cornerstone, Bagley

Wed. Oct. 19: 11:30am Mass at St. Mary's, Fosston

Fri. Oct. 21: 8:30am Mass at St. Mary's, Fosston

Sun. Oct. 23: 8:00am Confession; 8:10am Rosaryl 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

If you have any questions about the schedule please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH

Winger/Bejou Supply Pastor

Gordon Syverson

Sun. Oct. 16: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

Sun. Oct. 23: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)

McIntosh

Supply Pastor

Gordon Syverson

Sun. Oct. 16: 11:15am Worship Service

Sun. Oct. 23: 11:15am Worship Service

GOSEN LUTHERAN CHURCH

Independent

Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Wed. Oct. 12: 1:30pm Bible Study at The Country Place.

Sat. Oct. 15: 8:00pm Prayer Meeting

Sun. Oct. 16: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service

Tues. Oct. 17: 10:00am Sunday Worship service telecast on Garden Valley Cable TV - Channel 2

Wed. Oct. 18: 1:30pm Bible Study at The Country Place

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

McIntosh AFLC
McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson
Mt. Carmel:

Wed. Oct. 12: 7:30pm Bible Study

Thurs. Oct. 13: 7:00am Men's Breakfast

Sun. Oct. 16: 9:30am Worship Service; 11:00am Sunday School

Trinity:
Sun. Oct. 16: 9:30am Worship Service; 11:00am Sunday School

VERNES LUTHERAN CHURCH (LCMC)
McIntosh

Pastor Jill Torgerson
Sun. Oct. 16: 9am Worship

Sun. Oct. 23: 9am Worship

DOVRE
FREE LUTHERAN
Pastor Don Edlund

Wed. Oct. 12: 7:15pm Bible Study; Old Testament Tabernacles

Sun. Oct. 16: 10:00am Worship Service

Wed. Oct. 19: 7:00pm Bible Study; Old Testament Tabernacles

Sun. Oct. 23: 10:00am Worship Service

IMMANUEL LUTHERAN CHURCH
McIntosh

Rev. John Anderson, Pastor

Wed. Oct. 12: 6:00pm Confirmation

Sun. Oct. 16: 9:00am Divine Worship w/ Holy Communion; 10:00am Sunday School

Wed. Oct. 19: 6:00pm Confirmation

Sun. Oct. 23: 9:00am Worship Service, 10:00am Quarterly Council Meeting; 10:00am Sunday School

Holy Communion 1st and 3rd Sundays

Story to Share?
If you have a story or photos you want to share, please send to: mcintoshtimes@gmail.com

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Richards Publishing Co.

Winger News

Linda Pulskamp

Hello again from Winger and the Union Lake areas and welcome to the month of October which brings us pumpkins, corn shocks, ghosts, goblins and witches. Halloween is on it's way.

OOPS, it was not Win E Mac that had home coming this week it was Fosston. Sorry for the mistake.

The area is buzzing with beet harvest going on, although they had to shut down for a few days due to the warm weather, and beans are being harvested too. Gardens are being cleaned out and the produce being canned, frozen, or being preserved for the winter.

Sounds like there is a frost in the forecast that could be the killing frost. Hopefully that will take care of the mosquitoes once and for all. Since bean harvest started the Asian beetles have surfaced and hopefully that will take care of them too but they are like the flies, as soon as it warms up the surface again.

The demolition of the grocery store is complete and the lot is being leveled and filled. Next the old feed store on main street will be demolished and that lot leveled off and filled. Changes seem to be continual but along with that memories of years gone by.

Last Sunday Mark and Betty Syverson visited with Helmer and Verlyns Homme at the Pioneer Home at Erskine, the afternoon was spent visiting and playing rook.

Laura Grant visited this past week with Grandma Martha Henney at the Pioneer Home at Erskine.

Last Friday Marv Engesether of Plummer and Reha Sanstead of Erskine were visitors at the Pulskamp home.

Snow birds Bob and Jeanine Perreault and Art and Darlene Ferguson left the area for their winter recluse in Texas.

Martha Henney had a good visit by phone this week with her daughter Carol Wang of Billings, MT. All was well out there although Carol was dealing with a case of the flu.

Milton Carlson spends most of his days with Fern in Fosston as she continues her rehab there. She is fortunate to have frequent visitors from her children and grandchildren as well as many other family and friends who stop in to see her.

Last Monday Martha Henney received a phone call from Margaret (Dahlgren) Johnson of Riverside, CA. The two ladies had a most pleasant visit reminiscing about days gone by. Margaret's Father was a pastor at Salem Church in McIntosh many years ago, not only that he confirmed Martha and also married Martha and Myren, adding to the story Margaret was Martha and Myren's flower girl.

Last Saturday Donnie Johnson of Maple Lake, MN

and Nola Abele were visitors at the Dean Johnson home and also at the Pulskamp home.

Lucy Brtek had lunch this past week in Fosston with her son, Richard Brtek and friend Scott LaVoi.

This is another week of "happenings" in this little corner of the world, hopefully next week will bring more. Until then may you all have a good week.

From Bun Manor:

Sunday morning Bun attended the baptism of Kotah Nash-Odell Hillstad at Grace Lutheran church in Erskine. Kotah is the son of Tanicka Lucken and John Hillstad of Winger. Sponsors were Lori Lucken, Auntie Kelly LaPlanche, Abby Burcham and Andrew Hillstad. Bun will say that Kotah is a good boy. He never cried or made any noise during the service. May God's blessings be with Kotah the rest of his life.

Bun talked briefly to Vivian Hanson of Erskine and her sister LaVerne Benson of McIntosh after church. They told him they enjoy reading the Winger news.

Later that afternoon Lori and her son Noah came out to the manor and brought a plate of food that was leftover from dinner.

Sunday after church, Orrie and Sue Flermon, Floyd and Gerri Balstad, Blanchard and Doris Krogstad, Pam Wang and Elmyrna Kaupang attended the Immanuel Church in Bejou for their annual fall bake sale and potluck dinner. They also had a cake walk, fish pond for the kids and a silent auction.

Sympathy goes out to Milton Carlson and his family on the loss of his wife Fern. Fern was a wonderful kind person that loved her family and never said any thing mean about other people. God bless her soul.

Linda is going to have a harder time finding news so you readers are needed to contribute or we may lose the Winger news. Think about it?

USDA to assist flood impacted farmers with assistance

Farm Service Agency Stands Ready to Assist Agricultural Producers Slammed by Recent Heavy Rains

U.S. Department of Agriculture (USDA) Minnesota Farm Service Agency (FSA) Executive Director, Grant Herfindahl, reminds farmers and ranchers of federal farm program benefits that may be available to help eligible producers recover from recent heavy rains and flooding.

"These significant rain and flood events in Minnesota have left extensive damage in their wake," Herfindahl said. "As such, many farmers and

ranchers are experiencing crop loss and forage loss, displaced and deceased livestock and property damage."

FSA offers disaster assistance and low-interest loan programs to assist agricultural producers in their recovery efforts following floods or similar qualifying natural disasters. Available programs and loans include:

Non-Insured Crop Disaster Assistance Program (NAP) - provides financial assistance to producers of non-insurable crops when low yields, loss of inventory, or prevented planting occur due to natural disasters (includes native grass for grazing). Eligible producers must have purchased NAP coverage for 2015 crops.

Livestock Indemnity Program (LIP) - offers payments to eligible producers for livestock death losses in excess of normal mortality due to adverse weather. Eligible losses may include those determined by FSA to have been caused by hurricanes, floods, blizzards, wildfires, tropical storms, tornados, lightning, extreme heat, and extreme cold. Producers will be required to provide verifiable documentation of death losses resulting from an eligible adverse weather event and must submit a notice of loss to their local FSA office within 30 calendar days of when the loss of livestock is apparent.

Tree Assistance Program (TAP) - provides assistance to eligible orchardists and nursery tree growers for qualifying tree, shrub and vine losses due to natural disaster.

Emergency Assistance for Livestock, Honeybees, and Farm-Raised Fish Program (ELAP) - provides emergency relief for losses due to feed or water shortages, disease, adverse weather, or other conditions, which are not adequately addressed by other disaster programs. ELAP covers physically damaged or destroyed livestock feed that was purchased or mechanically harvested forage or feedstuffs intended for use as feed for the producer's eligible livestock. In order to be considered eligible, harvested forage must be baled; forage that is only cut, raked or windrowed is not eligible. Producers must submit a notice of loss to their local FSA office within 30 calendar days of when the loss is apparent.

ELAP also covers up to 150 lost grazing days in instances when a producer has been forced to remove livestock from a grazing pasture due to floodwaters.

For beekeepers, ELAP covers beehive losses (the physical structure) in instances where the hive has been destroyed by a natural disaster including flooding, high winds and tornadoes.

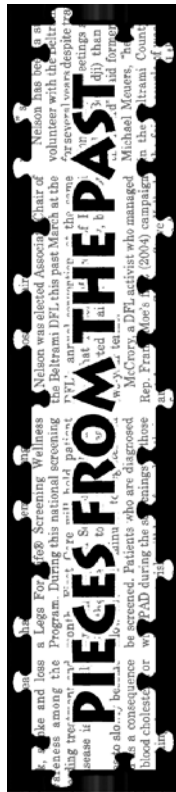
Emergency Loan Program - Available to producers with agriculture operations located

USDA...

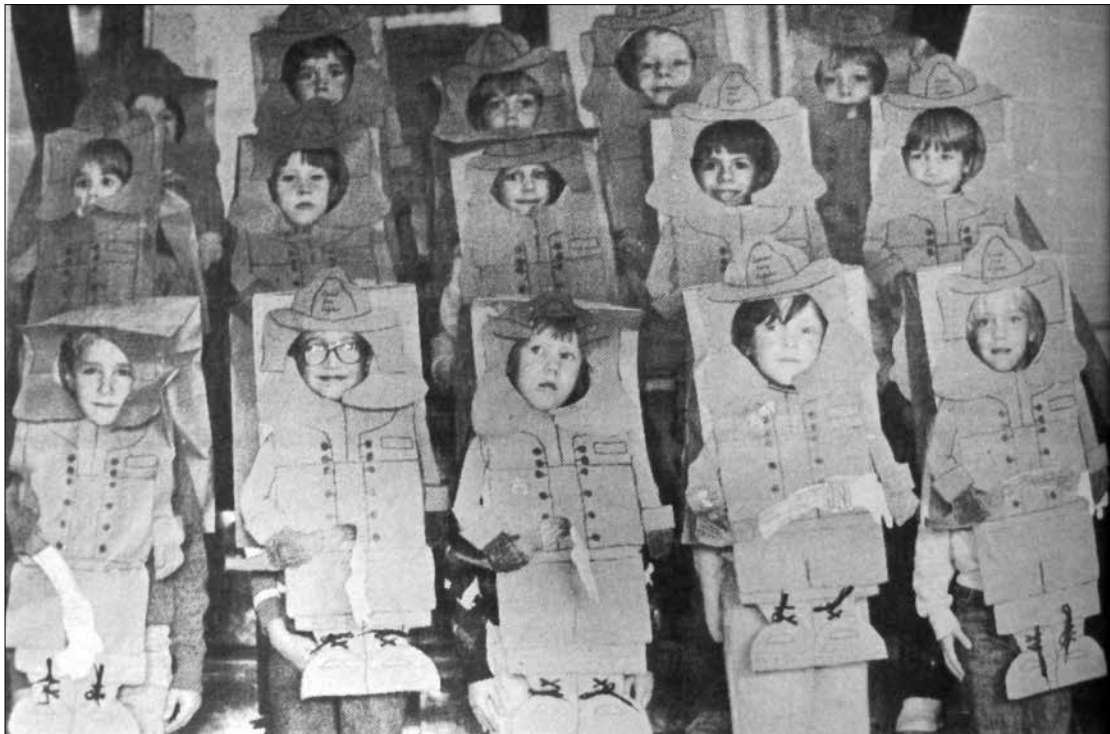
Continued on page 4...



50 years ago...1966: Here rehearsing their three act comedy are the lead players in "Brother Goose", which will be presented Friday evening this week. Left to right are Milton Hendrickson, at sewing machine is James Hagen, Lynn Hanson and Mrs. Messelt director. On the right is Susan Rost who appears to have a lot of un-playing her tomboy role.



40 years ago...1976: Winonah Frisk has been sorting mail and "working the window" at the McIntosh Post Office for 20 years. Rural carrier, Jim Votava, has delivered mail in the area since 1949.



30 years ago...1986: The McIntosh-Winger first graders made firemen suits and they proudly display them. Mrs. Olson's class, front row: Adam Bergman, Nick Olson, Heidi Carlson, Jessica Renna, and Jessica Wang. Middle Row: Stacy Kringle, Even Evenson, Laura Quam, Josh Lewandowski, Tim Stordahl, and Stephanie Tofstad, Back row: Sarah Ihrke, Ray Vasend, Danny Senn, Carl Berg, and Bryan Landsverk.

Regional Ag News

Ray Bisek,
Extension Educator

Below are a couple of articles from our U of M Extension Horse Newsletter, Sept. 2016 issue. I'd encourage those families with horses to subscribe to the newsletter via email. The newsletter provides useful information on forage and pasture management, along with feeding, and health related concerns. The newsletter is available at <http://www.extension.umn.edu/agriculture/horse/newsletter/>

Interval Conditioning for Horses

Interval conditioning, commonly used in human athletes, alternates periods of work and rest to allow a greater range of fitness training and shorter recovery time. The objective of this study, conducted at the University of Georgia, was to determine if interval conditioning would yield better results than traditional continuous conditioning when working with nine unconditioned horses.

Horses underwent a conditioning program consisting of free lunging in a round pen at increasing workloads 3 times a week for 8 weeks. Horses were filmed in hand at the trot using a high-speed camera before beginning and at the end of the 8-week training program. An incremental standardized

exercise test was conducted before and after training to establish fitness levels for comparison.

After 8 weeks of training, horses conditioned with both methods showed better fitness levels. However, the interval conditioning horses appeared to exert less effort for the same workload, as evidenced by bloodwork results and better propulsion at the trot. This study suggests that interval conditioning may yield better results than continuous conditioning by improved physiological response to exercise as well as improved muscular propulsion.

For more information on this research, go to the Journal of Equine Veterinary Science, May 2015 issue, available on their website at <http://www.j-evs.com/>.

Source: Abby Hansen, University of Minnesota

Fall

Pasture Management

Fall provides an ideal time of year to improve horse pastures. August 1st to September 15th is an ideal time of year to seed or over-seed pastures and rid pastures of perennial weeds. Fall is the best time to seed or re-seed pastures due to the usually adequate moisture, less weed competition and

cooler weather conditions. Fall is also best for perennial weed control since perennial plants are storing carbohydrates in their roots allowing the herbicide to be translocated into the root for effective control.

Make sure to check fences; especially posts. Fix broken posts before they are frozen into the ground. Finally, make sure the pasture grasses have 3 to 4 inches of regrowth going into winter. This will help with winter survival and a quicker spring growth. Keeping horses on pastures over winter causes damage to plants and offers the horse little nutrition. Keeping the horses in a sacrifice paddock (dry lot) with access to hay, water and shelter is recommended.

Horse owners should use caution when grazing after the first killing frost of the fall. Frost damaged pasture forages can have higher concentrations of non-structural carbohydrates following the first killing frost of the season. This can lead to an increase in the potential for laminitis and colic, especially in obese horses or horses diagnosed with laminitis and equine metabolic syndrome. To reduce the chance of adverse health effects, it is recommended that horse owners wait one week before turning

all horses, including healthy horses, back onto a pasture after the first killing frost.

Source: Krishona Martinson, PhD, University of Minnesota

Did you know?

According to the National Restaurant Association, seven in 10 consumers say their favorite restaurant foods provide flavors they cannot easily duplicate at home.

Perhaps that's one reason why nine in 10 consumers say they enjoy going out to restaurants. While few would likely be shocked to learn that so many people enjoy dining, the types of restaurants consumers prefer reflects a trend that might not have been so important as recently as a decade ago.

The National Restaurant Association notes that 68 percent of consumers surveyed for the organization's 2016 Pocket Factbook are more likely to visit a restaurant that offers locally produced food items. Locally produced foods not only support the local economy, but also tend to be more eco-friendly, as fewer natural resources must be used up to get them from the farm to the dinner table. That preference for eco-friendly food might also explain why 60 per-



20 years ago...1996: Win-E-Mac Senior cheerleaders, and volleyball and football coronation ceremonies. (L-R) Kevin Mandt, Alissa O'Neil, John Holen, Alyssa Gaalswyk and Tom Bernard. Not present for photo: Jessica Derosier.



10 years ago...2006: There is some serious conversation between these gentlemen regarding the levy issue coming in the general election. Men are Kevin McKeever, Mark Thompson, Virgil Lorfald, and Harold Thompson.

cent of consumers are more likely to choose restaurants that offer eco-friendly foods than establishments that provide no such offerings



Random Things and Stuff



Getting Colder

By: Emily L. Ferden-Melott

Just this past week, we have been getting the beginnings of colder weather here in Minnesota.

The leaves have changed, are starting to fall, and the weather is becoming cooler and cooler. One week we are at 60 degrees Fahrenheit, the next we are down in the 30s.

Just to get ourselves mentally prepared for what is to come, here is a history of famous winter storms in Minnesota:

Nov 10, 1835, Severe storms caused 19 shipwrecks on Great Lakes, 254 sailors died

Feb 13-15, 1866, arguably one of the worst blizzards in Minnesota history, lasted 3 days, drifts to 20 ft buried barns in western counties, struck at night so deaths were reduced.

Nov 8, 1870, first winter storm warning was issued by the U.S. Army Signal Corps

Mar 14-16, 1870, blizzard struck northern Iowa and SW Minnesota with up to 16 inches of snowfall. First use of the term "blizzard" (from boxing, meaning volley of punches) by the Esterville, IA Vindicator newspaper. The term blizzard was not used by the U.S. Signal Corps Weather Service until 1876.

Jan 7-10, 1873, started as a mild day, people active outside, then blizzard struck, drastic temperature drop, 70 deaths, hundreds of cattle lost, trains stuck for days in high drifts.

October 16, 1880, earliest blizzard in Minnesota, struck SW and WC counties. Huge drifts exceeding 20 ft in the Canby area last until the next spring

Jan 12-13, 1888, started as a mild day, children in school, people working outside. Abrupt cold wave struck with blinding snow, temperature fell to -37 degrees F. Children sent home early from school, but many died. Deaths totaled 200 in perhaps Minnesota's worst blizzard. Predated one of the east coast's worst blizzards which struck two months later in March.

Mar 8-9, 1892, one of Duluth's worst blizzards. 70 mph winds, blinding snow piled drifts over 20 ft high, blocking second story windows in some buildings.

Jan 31, 1893, blizzard at Park Rapids, MN temperature drop of 40 degrees F in less than 5 hours.

Nov 26, 1896, famous Thanksgiving Day storm, rain and thunderstorms in southern Minnesota, snow and blizzard in ND and central and northern MN counties. People caught traveling for the holiday. Severe cold wave as Pokegama Dam went down to -45 degree F.

Nov 27-28, 1905, another blizzard at Duluth with 60 mph winds. Sank ships in Lake Superior.

Nov 9-11, 1913, one of the worst November storms ever on the Great Lakes. Blizzard in northern MN, 62 mph winds at Duluth, three ships lost on Lake Superior.

Oct 19-20, 1916, one of the earliest blizzards, with up to 15 inches of snow in western counties, and a 50 degrees F temperature drop.

Jan 16, 1921, blizzard conditions in northern counties with 59 mph winds and blowing soil in southern Minnesota counties.

Feb 21-23, 1922, an ice storm followed by a blizzard.

Feb 12-14, 1923, Black dust blizzard occurred blowing in dirty snow from ND

Nov 11-12, 1933, dust storm in southern and central counties, visibility near zero, blizzard in NW counties.

Nov 11, 1940, Armistice Day Blizzard, mild day to start, hunting season in full swing, 17 inches of snow MSP, 27 inches at Collegeville, duck hunters unprepared and exposed on Mississippi River islands, 49 deaths, plus 59 sailors lost on Great Lakes. Slow moving system which intensified.

Mar 14-15, 1941, terrible blizzard in western counties, 85 mph winds at Grand Forks, 75 mph winds at Duluth, 32 deaths (footnote: terrible blizzards of the winter of 40-41 prompted the Weather Service to refine the forecast regional responsibilities; Minnesota formerly under the jurisdiction of Chicago office acquired responsibilities to dictate own forecast and procedures.)

Dec 5-8, 1950, blizzard in northern MN delivered 25.2 inches of snow to Duluth.

Nov 17-18, 1958, blizzard with 60 mph winds, 33 men died with the sinking of the Carl D. Bradley on Lake Michigan.

Nov 28, 1960, severe storm and blizzard, dubbed a no-eastern hammered the Lake Superior shoreline, producing 20 to 40 ft waves which destroyed shoreline property. Three feet of water flood the

streets of Grand Marais, MN. Winds gusted to 73 mph and Duluth recorded over 1 ft of snowfall. Thousands of chords of pulpwood washed into Lake Superior.

Mar 1-4, 1966, smaller scale blizzard with 37 inches of snow near International Falls.

Jan 16, 1967, a shortlived, fast-moving blizzard resulted in 7 deaths statewide, some from snow shoveling.

Dec/Jan 1968-69, one of the stormiest winters with six separate blizzard warnings in the state and total snowfalls ranging from 30 to 50 inches in northern counties from the six storms.

Jan 24, 1972, fierce blizzard in SW, MN with 72 mph winds at Worthington, up to 10 inches of snow, schools closed but buses stranded, many sought shelter in farm homes.

Dec 31, 1972, New Year's Eve blizzard halted many celebrations and activities.

Jan 10-12, 1975, perhaps one of the worst blizzards and strongest storms. Closed most roads in the state, some for 11 days, 20 ft drifts. One to two feet of snow, train stuck at Willmar, 15,000 head of livestock lost. Many low barometric pressure records set (28.55 at Duluth), winds to 80 mph, storm intensified over the state, 14 people died in blizzard, and 21 more from heart attacks.

Mar 23-24, and Mar 26-29, 1975 blizzards in northern MN. 100 mph winds, 20 ft waves on Lake Superior damaged shoreline properties, zero visibility near Duluth, which received 1 ft of snow from each storm.

Nov 10-11, 1975, a severe winter storm with 71 mph winds created 12 to 15 ft waves on Lake Superior, sank the Edmund Fitzgerald. Storm intensified as it moved over the area.

Nov 19, 1981, heavy snow with near blizzard conditions. Over a foot of wet snow caused the inflated fabric of the Metrodome to collapse and rip.

Feb 4, 1984, blizzard in southern MN with severe wind to 80 mph caused a wall of white, even though snowfall totals were only a few inches. Severe windchills. Many stranded in vehicles or fish houses, sixteen died.

Mar 3-4, 1985, blizzard with 6 to 24 inches of snowfall. Duluth reported winds to 90 mph, and huge multi-story drifts. Schools in International Falls closed.

Nov 16, 1988, near blizzard conditions in northern counties with 11 inches of snow in International Falls. Nov 26, 1988 blizzard struck again over most of the state this time. Winds reached 63 mph at Windom, snow drifts up to 7 ft high. Snowfalls up to 14 inches in east central MN.

Jan 6-8, 1989, one of the worst ever blizzards in the Red River Valley delivered up to 26 inches of snow. Roads closed, 50 mph winds. Set up flooding.

Oct 31-Nov 3, 1991, Halloween Blizzard. Over 28 inches at MSP, nearly 37 inches at Duluth. Nasty windchill conditions, deep snow drifts harsh on wildlife, many roads closed for days. Perhaps one of the largest and longest lasting blizzards in state history.

Feb 28-Mar 2, 2007, blizzard brings over 20 inches of snow and winds exceeding 50 mph to the Duluth area. The blizzard came on the heels of another major winter storm that plodded through the Upper Midwest and dropped over two feet of snow on southeastern Minnesota from February 23 through February 26. The Duluth area received over 12 inches of snow in this first event.

(Information found on: http://www.dnr.state.mn.us/climate/summaries_and_publications/winter_storms.html).

Pictured below: The Win-E-Mac Cheerleaders performed during the Homecoming pepfest that was held on Friday afternoon at the school. The cheerleaders include: Lily Breckel, Tanya Kulikov, Julianna Kutsev, Gretchen Finseth, Katelyn Sanden, and MacKenzie Tadych.



Maci Hamre, Lindsay Espeseth and Kylie Stuhaug watch the ball closely as the Patriots won over the Fertile Falcons last Tuesday evening at Win-E-Mac School.



Noah Klinkhammer during the Win-E-Mac vs. Norman County West football game last Friday evening during the week's Homecoming events.

USDA...

Continued from page 3...

saster designation. These low interest loans help producers recover from production and physical losses due to drought, flooding.

Emergency Conservation Program (ECP) - provides emergency funding for farmers and ranchers to rehabilitate land severely damaged by natural disasters; includes fence loss.

HayNet - is an Internet-based Hay and Grazing Net Ad Service allowing farmers and ranchers to share 'Need Hay' ads and 'Have Hay' ads

online. Farmers also can use another feature to post advertisements for grazing land, specifically ads announcing the availability of grazing land or ads requesting a need for land to graze. www.fsa.usda.gov/haynet.

To establish or retain FSA program eligibility, farmers and ranchers must report prevented planting and failed acres (crops and grasses). Prevented planting acreage must be reported on form FSA-576, Notice of Loss, no later than 15 calendar days after the final planting date as established by FSA and Risk Management

Agency (RMA).

"Thankfully, the 2014 Farm Bill reinstated these safety-net programs for farmers and ranchers suffering the devastating impacts of natural disasters such as this epic flood," said Herfindahl. "Because of the Farm Bill, we, as an Agency, can quickly respond to the recovery needs of our producers."

For more information on disaster assistance programs and loans visit www.fsa.usda.gov or contact your local FSA Office. To find your local FSA county office, visit <http://office.usda.gov>.

WEM School Announcements

Attention: Sophomores and seniors – Josten's will be here Monday, October 24th to discuss class rings and senior information – sophomores will meet from 2:20-2:40 and senior will meet from 2:40-3:07. Room to be determined. Jostens will be back on October 27th to take orders during lunch hour.

Win-E-Mac Community Ed will offer Drivers Education Classroom instruction beginning October 24, 2016 from 3:15-6:15 P.M. The classes will be held at the Win-E-Mac School in room 45 – Mr. Hendrickson's math room. Instruction will be held on the following dates: October 24, 25, 26, November 1, 2, 3, 7, 8, 9, 10, 11 Please note that November 10 will be test day and November 11 will be a make-up day. This class will complete the 30 required hours of instruction. The cost per student for this class is \$40.00 and should be sent in with this registration form by October 19th, 2016.

Troy Reynolds is the instructor for this class. Students who enroll in Drivers Education Classroom need to be 15 years old by June 1, 2017. This class needs to be completed and the written Driving Exam passed prior to the Behind the Wheel Instruction. The class size will be limited to 25. The oldest will be given first chance and the remaining openings will be filled on a first come first serve basis. There will be another class offered in the spring. A bill passed by the 2014 legislature will require all driver education programs to offer a supplemental parental course for the primary driving supervisor. The course must be at least 90 minutes and cover GDL information, safety risks for teen drivers, potential adult influence on teen driving behavior, and additional resources. If the primary driving supervisor chooses to not complete the parent supplemental course, the primary driving supervisor must verify on the driving log that the teen has driven at

least 50 hours, with 15 hours at night. This 90 minute course will be offered Monday, October 17, 2016 from 5:30-7:00 p.m.

Ping Pong pictures will be Wednesday, October 19, 2016 starting at 8:30 a.m. (PLEASE NOTE CHANGE OF DATE!)

WEM Patriot Decals (\$5) are being sold by the Student Council. You can put them on your car, coffee mug, water bottle, folder, notebook and more. See a student council member, Mrs. Strom, or buy them at a game.

FYI – School will be dismissed at 12:30 p.m. on Friday, October 14th due to a staff development workshop. Also, Parent Teacher Conferences will be held on Tuesday, October 18th from 1:00-7:00 p.m. School will be dismissed at 12:30 that day.

Midterm Report cards are now available on StudentVue/ParentVue.

WEM Book Fair

Win-E-Mac will host a Scholastic Book Fair on October 17th – 26th from 8:00 a.m. to 3:00 p.m. Funds raised will help purchase books for literacy events and classroom libraries.

Families, faculty, and the community are invited to attend this fun reading event that helps inspire children to become lifelong readers.

The Book Fair will feature a special open house with crafts and door prizes on Tuesday, October 18th from 1:00 p.m. – 7:00 p.m.

The Book Fair will be open daily from 8:00 a.m. to 3:00 p.m. October 17th to the 26th. There will be extended hours during parent teacher conferences on October 18th in the Win-E-Mac School Media Center.

The Book Fair offers specially priced books and educational products, including popular series, award-winning titles, new releases, adult best-sellers, and other great reads from dozens of publishers.