

\$1.00

McINTOSH

Since 1888

Times

Hub of the Thirteen Townships

McIntosh, Minnesota

~~Saturday~~ was a great day for a parade in Mac!
Sunday



Mary Pulford was the Leader of the Pack as the ladies of McIntosh took center stage and stole the show on Sunday during the Tractor Day parade.



Driving a 1935 F-12 Farmall from the Ostenaa "Boys" is Kay Roth. This tractor originally belonged to Kay's grandfather, Einer Enerson, who bought it new, then in 1943 it was bought by Gunnie Oscar Ostenaa.



The rumor is that Jane Aakhus is a big tractor lover! She took the opportunity to make her way through town on a 1949 Super C Farmall owned by Roy Ostenaa.



Connie Strom says, "Jobs not wanted," but she and her granddaughter, Mya, seem to be having fun on this 1948 Allis Chalmers.



No stranger to the tractor seat, MN. Rep. Deb Kiel stopped in town for the parade and drove this 1948 C Farmall with the rest of the ladies.



What can't Vicki Strom do? Straight shooting but she spent her share of time in the fields too!



Tractor 101...listen to Carey. With the help of his lovely wife, Elaine, they announced the tractors and drivers and made sure everyone had a good time during the McIntosh Antique Tractor parade on Sunday, August 28th.



Driving a 1949 A Farmall was Devra Carlson, who despite what they say really doesn't drive it to work everyday.



Darlene "Johnson Girl" Durkiss on a 1966 Farmall 1206 Turbo. This was her dad's tractor, and he would have been 90 years old last week. She is driving it to honor him, and special thanks to Phillip Quam for loaning it to her!



Driving a 1976 Farmall 506 Diesel International is Janna Syverson. The tractor belongs to Bud Kiecker who bought it when he started farming in 1972. He says it was the biggest tractor in the neighborhood at that time.

Nikki Carlson, driving a 1938 John Deere B with a trailer for the kids, this past Sunday afternoon during the Antique Tractor Parade in McIntosh.



For the first time since Roy Ostenaa, Mary Pulford and Steve Urness have been putting on the Tractor Parade in McIntosh, it was rained out.

First delayed on Saturday, August 27th, thinking the rain would pass, the drivers of the tractors huddled under the picnic shelter at Erickson Park and the parade onlookers cruised the streets, sat under awnings and watched the rain continue to fall.

The 3 coordinators decided to postpone the events. Even the only indoor event, the quilt show at the Community Center was quiet without anyone stopping, due to the rain storm.

The antique tractor parade was rescheduled for the following day, Sunday, August 28th. With the sun shining and the streets crowded with onlookers, the tractors, about 90 of them, made their way through the streets of McIntosh.

The quilt show was also a success on Sunday when the doors reopened for everyone to visit and appreciate the hard work and creativity of our local quilters.

The Kiddie Pedal pull, sponsored by the Polar Beach Snowmobile Club will take place during Craft and Market Day in McIntosh on Saturday, September 17th. The event will still take place in front of the Fire Hall.

The Tractor Day coordinators are still planning a Tractor Pull that was also cancelled on Saturday due to the rain. They say possibly in late September.

Stay tuned to the McIntosh Times as more details will follow.

School Supplies Lists
The Win-E-Mac School list of supplies needed for each grade can be found on the website www.win-e-mac.k12.mn.us and can be picked up in the school office as well.

The McIntosh Times

will be

CLOSED

Monday, Sept. 5

in observance of

LABOR DAY

Community Calendar

- Wed. August 31:** McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Open House at Win-E-Mac School 5:00 pm to 7:00pm
- Thurs. September 1:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Fri. September 2:** McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Mon. September 5: Labor Day**
- Tues. September 6:** First Day of School at Win-E-Mac; McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; McIntosh Community Club 7:00pm @ Community Center
- Wed. September 7:** McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Thurs. September 8:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Fri. September 9:** McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Mon. September 12:** McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tues. September 13:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm



Ellen Burslie was one of the many local quilters who had their handiwork on display during the quilt show on Sunday, August 28th at the McIntosh Community Center. The quilt show was part of Tractor Day.

More to Come!
.....there will be more Tractor Parade pictures in next week's McIntosh Times!



The Olson Family came to town on Sunday afternoon to enjoy the great weather and the Annual Tractor Parade held in McIntosh.



Kathryn Carver displayed one of her vintage quilts made by Charlotte Benson (Kathryn's Grandma Lottie) in the 1930's. Kathryn said it was fun to get the quilt that her grandma made, as she thought she just made moonshine.

Avoid injury and ailments this summer

The following are some of the more common ailments and how to avoid them.

Lawn and garden injuries: Lawn and garden injuries may not be common, but men, women and children should exercise caution when using lawn and garden equipment. Wear protective shoes and gloves and safety goggles. Remember to turn off any motorized tools before attempting to repair or unclog the blades.

Swimmer's ear: Water that remains in the ear canal after swimming can make the ear a breeding ground for swimmer's ear, which is a bacterial infection. If water remains in your ear for more than one night, visit an ear, nose and throat specialist.

Insect bites and stings: Insects return when tempera-

tures rise. Mosquitoes may be the biggest nuisance, but biting flies and wasps also make formidable foes. Use insect repellent to keep the bugs away. Wear long pants and check for ticks after hiking.

Dehydration: The body needs extra water on hot days, especially when spending ample time outdoors. Dehydration can cause dizziness and dry mouth and may make you feel faint.

Always drink plenty of water and avoid alcoholic beverages and soft drinks, which can contribute to dehydration when consumed in excess

Care & Share for Sept. 8th Recovery Event

RiverView Recovery Center - in collaboration with the Glenmore Foundation and

Care and Share Center of Crookston - will hold a presentation of hope, strength and experience in recovery Thursday, Sept. 8th, 7 pm at the Care and Share Center, 220 E 3rd St., Crookston. The public is welcome.

Lyle Prouse, the Northwest Airlines captain who was the first pilot in American commercial aviation to be arrested for flying a commercial airliner under the influence, will speak about his conviction, sentence, time in federal prison and the treatment he sought for alcoholism. Prouse eventually received a Presidential Pardon from Bill Clinton, 11 years after his arrest, and has now been sober for over 26 years.

The event is part of National Recovery Month which is held each September. The month-long recognition is



DeeDee Narum and her crazy quilt which she displayed during the Quilt Show that was part of Tractor Day in McIntosh.



Above: Lois Boehrnsen was one of the quilters who displayed her quilts during the Quilt Show over the weekend at the Community Center.

Bible Study at Dovre Lutheran Church

A study of: The Old Testament Tabernacle. Written by Beth Moore. Led by Debbie Gunderson

Men and Women from all denominations are invited to attend.

Location: Dovre Free Lutheran Church, Winger, MN

Beginning September 7th at 7:15 P.M.

For More Details, call Debbie at 218-945-6288

MAC TO FLUSH WATERLINES

The City of McIntosh will be flushing waterlines and hydrants each Thursday throughout the summer.

Residents are encouraged to watch for rusty or dirty water on these days. Fill washing machines to check water before adding clothes. M52-27C

Community Birthday and Anniversary Calendar

Wed. August 31:
*Gordy & Cindy Ostenaa
Thurs. September 1:
Hudson Swanson, *Pete & Jenny Howard; *Lee & DeeDee Narum
Sat. September 3: Joel Strom, Kayla Kringlen Hannah Sylstad
Mon. September 5:
Ben Tofstad, *Cameron & Christy Burslie, *Dan & Darlene Derkes
Tues. September 6:
Bob Theis, Leo Herem, John Wertish, *Coby & Gayle Burslie, *Mike & Sheree Breckel

CHURCH DIRECTORY

ST. MARY'S CHURCH Fosston Fr. John Suvakeen, Pastor

Sun. Sept. 4: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Sun. Sept. 11: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

If you have any questions about the schedule please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH Winger/Bejou Supply Pastor Gordon Syverson

Sun. Sept. 4: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

Sun. Sept. 11: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA) McIntosh Supply Pastor Gordon Syverson

Sun. Sept. 4: 11:15am Worship Service

Sun. Sept. 11: 11:15am Worship Service

GOSEN LUTHERAN CHURCH Independent Gary Johnson, Pastor www.gosen-church.com Face Book: Gosen Church

Wed. August 31: 1:30pm Bible Study at The Country Place.

Fri. Sept. 2: Telecast of the Luther League program on Garden Valley Cable TV - Channel 2

Sat. Sept. 3: 8:00pm Prayer Meeting

Sun. Sept. 4: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service

Tues. Sept 6: 10:00am Sunday Worship service telecast on Garden Valley Cable TV - Channel 2

Wed. Sept. 7: 1:30pm Bible Study at The Country Place

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson
Trinity:

Wed. August 31: 7:30pm Bible Study and Prayer

Sun. Sept 4: 9:30am Worship Service

Wed. Sept 7: 7:30pm Bible Study and Prayer

Sun. Sept. 11: 9:30am Worship Service

Wed. Sept. 14: 7:30pm Bible Study and Prayer

Mt. Carmel:

Thurs. Sept 1: 7:00am Men's Breakfast

Sun. Sept 4: 11:00am Worship Service

Thurs. Sept. 8: 7:00am Men's Breakfast

Sun. Sept. 11: 11:00am Worship Service

Thurs. Sept. 15: 7:00am Men's Breakfast

VERNES LUTHERAN CHURCH (LCMC) McIntosh

Pastor Jill Torgerson
Sun. Sept. 4: 9am Worship
Sun. Sept. 11: 9am Worship

DOVRE FREE LUTHERAN Pastor Don Edlund

Wed. Sept. 1: 7:15pm Bible Study: Breaking the Apocalypse Code

Sun. Sept. 4: 10:00am Worship Service

Wed. Sept 7: 7:00pm Bible Study: Breaking the Apocalypse Code

Sun. Sept. 11: 10:00am Worship Service

IMMANUEL LUTHERAN CHURCH McIntosh Rev. John Anderson, Pastor

Sun. Sept 4: 10:45am Divine Worship Service with Holy Communion

Sun. Sept. 11: 10:45am Worship Service

Service Broadcast, TV Channel 12 Wednesdays at 10am - Holy Communion 1st and 3rd Sundays

Story to Share?

If you have a story or photos you want to share, please send to: mcintoshtimes@gmail.com

Labor Day

"No man needs sympathy because he has to work ... Far and away the best prize that life offers is the chance to work hard at work worth doing."
—President Theodore Roosevelt

In 1894, President Cleveland designated Labor Day as a national holiday.

We hope you have a safe and relaxing Labor Day weekend.

First National Bank of McIntosh will be CLOSED on Monday, September 5th in observance of Labor Day.

first national bank of McIntosh

260 Cleveland Ave. SW
PO Box 129
McIntosh, MN 56556
www.fnbmcintosh.com

Phone
(218) 563-2865

McIntosh Heritage & Arts Center

Toni Epema is the daughter of Sam & Elsie Epema. Toni's parents moved to Lessor Township in 1949. Toni's mom grew up in the southern part of Minnesota with her folks Wenzel & Monica Hron and fourteen brothers and sisters.

According to family lore, Grandma Hron received this recipe from a Native woman. Toni found the recipe after her mother passed away. She says, "It's is a very good recipe. Give it a try!"

INDIAN RELISH:
12 large ripe tomatoes
12 large apples
9 small onions
Cook in 1 pint vinegar for ½ hour then add:
¼ cup salt
2 ½ cups sugar
1 tsp cinnamon
1 tsp ginger
1 tsp pepper
½ tsp red pepper
1 tsp cloves
1 tsp mustard dry
Cook till thick enough



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McINTOSH Times

PUBLISHED WEEKLY IN THE HUB OF THE THIRTEEN TOWNSHIPS BY RICHARDS PUBLISHING CO., INC.

RICHARD D. RICHARDS, PUBLISHER
KIM HEDLUND, EDITOR

McIntosh • (218) 563-3585

"McIntosh Times" (USPS 336-020) is published weekly for \$25.00 per year (in county) and \$30.00 per year (out of county) by Richards Publishing Co., Inc., 1st & Main Ave., Gonvick, MN 56644. Periodicals postage paid at McIntosh, MN.
POSTMASTER: Send address changes to:
McIntosh Times, PO Box 9, McIntosh, MN 56556.
mcintoshtimes@gmail.com

"Serving the Win-E-Mac area"

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Winger News

by Linda Pulskamp

Hello to everyone from Winger and the Union Lake areas where we have another week behind us and by next week at this time another month, as we move into the month of September many different activities take place, first being the start of school in all the area schools along with all the sports and different activities that are involved with that. Along with that is the fall harvest with both crops and gardens. Soon after will be the fall dinners and sales that we all look forward to. Hunters look forward to bird hunting and from there it moves on into the big game hunting.

Labor Day weekend is just around the corner and with that brings many lake cabins to be closed down for the winter, which means that it is ok for families to get back to some sort of a schedule and a slower pace of life if there is such a thing.

Sheldon and Rita Trandem were visitors at the Pioneer Home at Erskine last week with Helmer and Verlys Homme. They always seem to enjoy playing rook when they get together.

Bob and Jeanine Perreault spent last week end in Duluth visiting and took in the parade of ships in the Duluth Harbor.

Carol and Lindsay Wang of Billings, MT who have spent some time in the area visiting friends and family visited with Martha Henney at the Pioneer Home at Erskine.

Speedy recovery goes out to Fern Carlson who is in Rehab in Fosston and working hard to get back home again. Milton along with all the children and grandchildren are on board and working with her to get her back home again.

Darlene Sollie of Lengby was a visitor with Lucy Brtek this past week as she was out and about checking real estate properties.

Sunday afternoon August 21st friends and tenants at Parkview Apartments met in the dining room to wish Ellen Roux a safe journey to her new home in Norfolk, VA where her daughter and other relatives live. Those who enjoyed angel food cake with strawberries and cool whip along with coffee and orange drink were the guest of honor Ellen, Lois Plante, Betty Lou Myhrum, Deb Matson, Becky Stordahl and Carol Stordahl.

House guests last week end at the Pulskamp home were Craig Johnson of Monticello, MN, Terry Johnson and Sharon Griffith of Newport, MN, Beth, Jackson and Easton Bagwill of Cottage Grove, MN, Jeremy, Cassie, Ethan and Addy Johnson of North Branch, MN, Brent, Jessie, Sidnie, Skyli and Brylie Pulskamp of Wahpeton and Shelby Johnson of Monticello. Joining them on Saturday night for a pot luck supper and cook out were Dean Johnson, Kelly Johnson and granddaughter Lily,

Danny, Angie, Teegan and Moran Brtek, Donnie Johnson of Maple Lake, MN, Nola Abele of Fosston, Michelle Johnson and friend Brenden Casavan, Marv Engesether of Plummer and Reha Sanstead of Erskine, Josh Brevik was also a visitor during the weekend.

Mark and Betty Syver-son have been visitors several times during the past two weeks with Helmer and Verlys Homme at the Pioneer Home at Erskine. (I missed Helmer last week, so catching up this week with him and his news).

Last Saturday evening Carol and Lindsay Wang of Billings, MT, Miles and Renee Henney of St. Hilaire, Dean Henney who was here visiting from Texas, Bill and Marlene Henney of Fosston and Martha Henney all enjoyed supper together t Moran's.

Alex Brtek of Bagley visited with Grandma Lucy Brtek last Friday at Lucy's home.

Doug and Annette Svedberg of Lakeville were overnight guests last week at the Helmer Homme home.

Last Sunday Dean Henney took Mom, Martha Henney to Battle Lake, MN where they visited with Martha's cousin Audrey Ellingson. The Henney's were treated to a delicious dinner of fresh fish.

The Win E Mac Class of 1951 (I believe this is Helmer Homme's class) met last Saturday night at Moran's for supper and a get together, there were 9 former classmates, spouses and friends in attendance.

In closing, only at Lucy's ponderosa can things like this happen, so the door bell rings and like any of us would do we look out the window to see who is in our yard, but she doesn't see any car so upon further investigation by being quiet and checking things out, she sees a big fat fox squirrel that was on her deck railing and it possibly in it's adventure and in climbing set off Lucy's doorbell!

May you all have a good week and I look forward to more news next week, you all help to make this column continue on so let's continue on.

From Bun Manor:

Dave and Marilyn Natwick recently returned from a trip to Alaska. They flew up there to visit their son, Aaron and his family. They had a nice trip and a good time, which included a helicopter flight up to see the glaciers. Also, a floatplane flight out to the "Taku Lodge" for a delicious salmon dinner. Dave said "The scenery was Breathtaking."

Sisters Judy Schulz and Linda Hegrenes recently returned home from a ten day bus tour of the Canadian Rockies. They enjoyed the people and the gorgeous scenery of the rivers, mountains and glaciers. Judy mentioned the two of them may have been gone a little too long. Linda only jokingly told her one time that

she was going to kill her.

Monday afternoon, Bun headed up to the Pioneer home to see if they were planning on coming out to the lake this year for a picnic. He got a chance to talk to Martha Henny and Karen Lecy.

Wednesday afternoon, Bun stopped by Mark and Shelly Broden's place in Fertile and Mark grilled him a steak with fresh corn on the cob. He went back to his place and Pastor Ernie stopped out for a visit. He helps out Pastor Gordon with parishioners from Immanuel in Bejou, Calvary in Winger and Our Saviors in Mac. They had a nice visit.

Bun met Stue, Lars and his son Kyle for lunch at the Ness café. Kyle is up from Atlanta visiting a few days with family and friends. Bun gave Diane a fish made out of wood for her new décor that she has on the walls.

Scrap had a gathering of friends over to his place for a crappie fry with deep fried cauliflower and green tomatoes. Good stuff!

Friday evening, Scrap got the pontoon running and took Tami, her daughter Jordyn, son Tahlor, Jeff Ose and his sister Connie and her husband Mark and their daughter Leslie for a putt around the lake. Mark, Connie and Leslie from Billings were up for a few days visiting family and friends

Sunday afternoon Bun finally got to go for a cruise around the lake. Ole, Panz, Mark Broden, Eric Ellegaard and his friend Ted from Ca. joined him. Yes Stue! This will be the last time Bun mentions his pontoon woes.

A storm came through the area on Sunday evening. Bun hadn't seen a light show like that for years. It lasted over four hours. Erskine and Fertile had hail and the town of Gary had some structures damaged. Gary had that terrible storm back in 1978 that almost destroyed the town and left at least two people dead. Non one was hurt this time.

Special Sunday School day in Winger Sept. 4th

Kids & Moms & Dads: You are invited to an "Old Fashioned Sunday School day" at the Gossen School in the Winger Lions park, September 4th at 9:30AM.

This special day is open to all kids and parents from 2 years old to High School.

This will be an opportunity to experience the Sunday School of the past. All churches and faiths are welcome. If you have questions please call 218-563-2197.

Sletten Township Notice

Sletten Township will be holding their monthly meetings the second Wednesday of each month at 5:00pm, at the clerk's home. The next meeting will be held on Wednesday, September 14.

Terri Kaupang

M23-24C

Regional Ag News

Ray Bisek,
Extension Educator

Resistance Does Not Equal Immunity

Recently I was talking with an individual about tomatoes, with some varieties having a resistance to tomato blight and how it doesn't imply that the plants won't get the disease. Below is an article from Michelle Grabowski, U of M Extension on the subject of apple scab resistance. The information can be applied to the entire biological world and might explain an earlier call I had in Clearwater Co. with leaves dropping on a crab apple in mid-July.

Planting disease resistant plants is a great way to reduce disease problems in the garden without pesticides or the added time and labor needed for many cultural control practices. A disease resistant plant is able to defend itself against a plant pathogen. In some cases, a resistant plant is very successful in its defense and the gardener will not see any visible symptoms of disease. In other cases the plant may develop low levels of disease but is able to slow the pathogen and prevent severe damage from disease. These plants may be marketed

as disease tolerant, moderately resistant, or resistant.

This year, weather conditions have been highly favorable for apple scab, a fungal disease of apple and crabapple trees. The apple scab fungus infects both leaves and fruit. Leaves have olive gray to black spots with a feathery undefined margin. Severely infected leaves turn yellow and fall off mid-summer. This year, due to weather conditions favorable for apple scab, many susceptible varieties of apple and crabapple have thin see through canopies with small piles infected leaf debris collecting on the ground below.

For a list of apple scab resistant crabapple varieties and more information about management of apple scab go to the U of M Garden home page and read the Extension publication on apple scab. <http://www.extension.umn.edu/garden/yard-garden/fruit/apple-pest-management/apple-scab/>

Soil compaction management at harvest

Compaction is often thought of as a spring problem. However, in seven of the past 10 years, parts of Minnesota have

had wet soil conditions during harvest. What should a producer do when the soil is wet and harvest needs to be completed? Should producers risk significant compaction and harvest the crop or just stay off of the field? The answer is easy: harvest the crop.

Minimizing compaction under wet conditions

There are three major ways to minimize the extent of compaction at harvest. These include managing axle loads, properly inflating field equipment tires, and controlling field traffic.

Manage axle loads: Heavy axle loads and wet soil conditions will increase the depth of compaction in the soil profile. As loads increase beyond 10 tons per axle, the potential to compact the soil past the tillage layer also increases. Large 500 hp tractors, full combines, slurry tankers and grain carts can weigh between 18 and 40 tons per axle and whether equipped with tracks or tires, can create compaction down to 2 to 3 feet. Tracks and duals

Bisek...

Continued on page 4 ...



Butch Pulskamp on a John Deere B during the Tractor Day parade that was held on Sunday, August 28th in McIntosh.



Driving a John Deere A during the Tractor Parade in McIntosh last Sunday is Don Johnson.



Dean Johnson on one of his many John Deere tractors during the parade in McIntosh.



Dustin Carlson on a 1946 John Deere B tractor.



Irvin Morberg and his granddaughters on his homemade tractor he calls the "Long, Lean, Green Machine" during the tractor parade in McIntosh last Sunday afternoon.

Bisek... Continued from page 3

have better flotation than single tires. If combines or grain carts can be equipped with either of these choices, flotation would increase and allow the combine a few extra passes before getting stuck.

To minimize compaction due to the weight of the combine, combines should be unloaded on the headlands or unloaded more frequently.

Properly inflate tires: Before using any equipment in the field, it is important to check tire pressure. Not only does the proper inflation help reduce soil compaction, it also improves tractor efficiency. Studies have shown that given the same axle load, tire inflation (psi) will determine the depth and severity of compaction. Producers should check with their tire manufacturer or search the web for proper tire size and inflation rate for the carrying capacity of their equipment.

Controlled traffic: The theory behind controlled traffic is that 80 percent of the compaction occurs on the first pass through the field. Producers can use this to their advantage. While it may take awhile to replace equipment that will use the same wheel tracks, there is one piece of equipment that should receive special attention: the grain cart. The grain cart has the greatest poten-

tial to compact the soil due its large carrying capacity (>1,500 bushels) and a single axle on which to carry that weight.

Follow these tips when using a grain cart to minimize compaction:

1. Try to use the same paths across the field.

2. Use the combine's previous wheel tracks when unloading the combine.

3. After loading the grain cart, follow those tracks down the field and take the headlands back to the semi or field entrance.

4. Never diagonally cross the field. This will create multiple wheel track patterns at 80 percent compaction.

5. If semis cannot be parked on the adjoining road, they should be kept on the headlands. Semis and gravity wagons may have a lower axle load, but the tire inflation is quite high.

Managing ruts after harvest

Inevitably, fall harvest will leave some ruts in the field. How should these be managed? First, wait as long as possible to start tillage operations, so the soil can dry out as much as possible.

Second, consider tillage depth. Tilling as deep as possible to shatter smeared soil or compacted layers may seem like a logical approach. How-

ever, deeper tillage and more aggressive operations are likely to damage soil structure, ultimately leaving soil susceptible to further compaction. The soil's best natural defense against soil compaction is good soil structure.

What tillage depth is recommended for managing ruts? On sandier soils, tillage should be 6 to 8 inches deep to fill in the ruts. On heavier soils, tillage should be as shallow as possible. Even with the best management, U of M research has shown that yield losses can occur up to 3 years after ruts were created.

Summary

Soil is one of the most important factors for growing a healthy crop. Preventing soil compaction or decreasing the affected depth will enhance water infiltration and storage capacity, timeliness of field operations while decreasing plant root stress and disease potential.

For more detailed discussions on soil compaction, go to the University of Minnesota Extension Tillage home page and pull up the topics: "Compaction: Causes, effects and control" and "Tires, traction, and compaction".

Source: Jodi DeJong-Hughes, U of M Extension Educator - Crops

NCTC students to see more tuition savings this 2016 school year

Thanks to the state budget supported by Representative Dan Fabian (R-Roseau) and Representative Deb Kiel (R-Crookston), students starting at Minnesota State Colleges and Universities (MnSCU) this fall, including Northland Community and Technical College (NCTC), will save on average more than \$600.

For the 2016-17 school year, the legislature froze tuition at all four-year MnSCU campuses and lowered tuition at two-year MnSCU campuses.

In total, that budget provided \$52 million in savings for Minnesota college students over the biennium at MnSCU campuses.

"Supporting students at

NCTC in East Grand Forks and Thief River Falls was a priority this session, and I am pleased we were able to provide significant tuition relief to help save folks money while they achieve a higher education, further their careers and contribute to our local communities and economy," said Rep. Kiel.

In addition to passing tuition relief for college students across the state, Representatives Fabian and Kiel also supported a first-in-the-nation tax credit totaling \$110 million for Minnesotans with student loan debt, a refundable tax credit of up to \$1,000. What's more, they also supported \$49 million in tax relief for families

who contribute to 529 Plans to save for their children's college costs. Both initiatives, which were part of a larger, bipartisan tax bill, were vetoed by Governor Mark Dayton.

"Providing meaningful tuition relief for students at NCTC is important, and we also wanted to couple that with meaningful tax relief for college graduates and families," said Rep. Fabian. "Unfortunately, the governor chose to veto significant tax relief for folks in Northwest Minnesota this year, blocking bipartisan efforts to ease the cost of higher education for students and families in our state."



with their children. If your schedule does not allow you to attend, then schedule a private tour with the middle school principal or a faculty member. Middle school guidance counselors or guest speakers also may make the rounds, visiting elementary schools directly. Be sure your student attends such information sessions so he or she can get an idea of what to expect during middle school.

· Dispel any myths your youngster might have heard about middle school. Youngsters hear lots of things about middle schools, and much of what kids hear might be untrue. Ask kids what they have heard about the schools they will be moving on to, and then do your best to dispel any myths.

· Find a middle school buddy. Ask an older sibling or invite someone who is currently enrolled in the school to speak with your child and answer any questions he or she may have. Hearing directly from a fellow student may make your child feel more comfortable about what to expect.

· Talk about any other fears. Engage in an open dialogue with your son or daughter about any additional fears he or she may have. If students are worried about academics, spend some time over the summer going over the curriculum. If the potential for peer pressure is a cause for concern, reinforce advice on how to react to peer pressure.

Parents and their children can take several steps to make students' transitions to middle school as smooth as possible



2017 Minnesota Organic Conference

The Minnesota Department of Agriculture (MDA) today announced that the 2017 Minnesota Organic Conference will take place Thursday, January 12 and Friday, January 13. The farmer-oriented educational event and trade show will be held in St. Cloud and is expected to attract 500-600 attendees.

The MDA is now accepting sponsorships and applications

WEM School Announcements

Elementary and Junior High football practice schedule

August 29, 30 and 31 elementary and junior high practice from 4-6pm

September 1 and 2 no practice

September 5th 7-8 grade only practice from 4-6pm

September 6th 7-8 grade game away

When school starts elementary will practice only on Wednesdays from 330 to 530. The first elementary game is September 10 in Clearbrook. There is no bus for elementary games parents are responsible to bring their kids to and from the games.

Attention All Fitness Center Membership Holders:

If you had a membership to the fitness center for this past school year, the fee you paid is only good until August 31,

Should schools reinforce cursive writing skills?

Cursive writing lessons were once mandatory in schools. Many adults can remember cursive writing lessons on lined paper and time spent practicing this aesthetically appealing style of writing.

But thanks to technology and a growing reliance on computers to complete school assignments, handwriting skills are no longer stressed as much as they once were.

In fact, some children never receive cursive writing instruction.

The absence of cursive writing lessons has led to a heated debate. Some people feel cursive writing is archaic and a waste of time, while others believe it is a relevant skill. Here is a look at both sides of the debate.

The pros of cursive writing

Various experts and educators have weighed in on the lasting benefits of cursive handwriting. Here are just a few of the benefits proponents of cursive writing point to.

· Cursive writing stimulates the brain. "Cursive writing helps train the brain to integrate visual and tactile information, and fine motor dexterity," Dr. William Klemm said in an article in Psychology Today. The skills developed from learning cursive writing cannot be replaced by using a keyboard. In addition, MRIs have revealed an interesting relationship between handwriting and the brain. The brains of people with good handwriting are more active in areas associated with cognition, language and executive function than the brains of those with poor handwriting.

· Cursive writing may promote focus. Writing things down by hand forces a person to slow down and formulate his or her thought. Handwritten notes may hold the advantage over computer-typed notes in



to exhibit at the Minnesota Organic Conference trade show.

"I encourage people to purchase their space early," said Cassie Dahl, Sponsorship and Trade Show Coordinator. "We can fit about 80 booths into our trade show and have sold out the past few years because the event is so popular."

Suppliers of inputs like seed and fertilizer, brokers, buyers, consultants, organic certification agencies, public agencies, and nonprofit organizations who have products or services of interest to organic farmers are encouraged to attend.

As domestic and international consumer interest in organic agriculture continues to grow, MDA staff anticipate another well-attended show. Additionally, Minnesota is home to over 800 organic farms, suggesting the event will be popular among producers statewide.

The MDA has coordinated the Minnesota Organic Conference for nearly 15 years and anticipates a wide variety of attendees.

Other opportunities include underwriting the conference with financial sponsorship and advertising in the conference program. All application materials for trade show, sponsorships, and advertising are available online at <http://www.mda.state.mn.us/food/organic/conference.aspx> or by contacting Cassie Dahl at 651-201-6012.

2016. A \$20 fee for this year is due before that date or your card will be deactivated until payment has been received.

If you did not purchase a membership last year and would like to this year, you will need to come into the office to fill out a membership form and pay the fee. At that point you will be issued an access card as well.

If anyone has any questions please feel free to contact Aaron Cook at 218 563 2900 or 218 687 2236. acook@win-e-mac.k12.mn.us.

ECFE Football Buddies Night!

When: Wed, Sept 7th 6-7pm

Where: WEM Football Field

Who: Children ages 2-8 yrs old

Come out to stretch, run, kick, and throw with your very own Win-E-Mac Football Team.



Random Things and Stuff



I Cannot Imagine Life Without...

Sunsets

By: Emily L. Ferden

To continue my theme of things that I cannot imagine life without, this next one is sunsets. Just think if there was no such thing as either a sunrise or sunset; that the sun could be turned on and off like a light switch. This would eliminate the wonderful views we get to see when the sun both rises and sets. Just watching the sun rise on a new day gives me the feeling of positivity; that this is a whole new day filled with adventures to be had. Then when the sun sets on the day, it is so calming to just watch the colors fill the sky. I could not imagine a night where I couldn't watch the sun slowing set and see all the colors the sky can bring. This is why I really could not imagine life without sunsets.



lunch from school or bring lunch from home, there are ways to guarantee a more diverse offering and better nutrition. Here are some guidelines to follow.

***Offer nutrient-dense foods.** Foods should contribute to the daily recommended amounts of protein, iron, calcium, vitamin A, and vitamin C. Provide a selection of foods, such as lean protein, whole grains, fruits, and vegetables, that will give children the nutrients they need. Nutrient-dense foods also help kids feel fuller, longer.

***Limit fat intake.** Avoid foods that do not get their fat from polyunsaturated and monounsaturated fats. Saturated fats can lead to obesity and clogged arteries. The American Heart Association recommends kids get no more than 25 to 35 percent of their calories from fat. Fish, nuts and olives are healthy fat sources.

***Let kids choose some of their food.** Allow kids to pick some of the healthy foods they will be eating. Giving kids a say in their diets will make them more likely to enjoy their lunches and cut back on snack foods. Eating meals regularly will keep energy levels up during school and make kids less likely to reach for unhealthy snacks to fill hunger gaps.

***Make small changes that add up.** Switching from white bread to whole grain breads, and opting for low-fat dairy products instead of full-fat dairy products can make a world of difference. Kids may not notice a change in texture or flavor, and many of kids' favorite foods, such as chicken nuggets, pizza and macaroni and cheese, can be made with healthier ingredients.

***Remember, beverages count, too.** Giving children a healthy lunch and then packing a sugar-filled, high-calorie drink negates your efforts. Calories from beverages can quickly add up. Water is always the best option for a healthy drink. Low-fat milk and real fruit juice consumed in moderation also make healthy alternatives to sugary beverages.

Offering healthy school lunches is an important step to raising healthy kids. New guidelines and offerings make it easier for kids to get the nutrition they need for their growing bodies.

Emergency Notifications with Polk County CodeRED

Polk County a web based system which will allow Emergency Management the ability to reach a large number of citizens in a very short period of time, by geographically based delivery of phone and text messaging.

The system uses the latest in mass notification technology making the system very easy to use. In addition, it allows County residents the ability to create their own account

To sign up for the CodeRED. emergency notification system for Polk County, please visit CodeRED at <https://public.codedredweb.com>.





In honor of Lee Hartel, his brothers, Mark, Kenny, Buff, Dean and Roger all were in McIntosh on Sunday during the Tractor Parade to drive some of Lee's favorite tractors. Along with his brothers, was his dear friend Noel Thompson.



Noel Thompson drove his 1936 Ar John Deere.



Driving his 1948 G John Deere is Jered Agnes.



Joey Svalen and his daughter Savannah are on a 1953 John Deere 50.



Clifford Bartz, was the oldest person driving a tractor in the parade this year. At 94 years young, Clifford is driving his 1050 Farmall H that he bought new, on this day (August 28th) in 1950!



One of the coordinators of this fabulous day is Steve Urness. Here he is driving his John Deere 720. Thanks to Steve for the great day!!



On a 1949 McCormick WD6, which was his dad, Ansel's tractor is Gene Haugom.



Lee Narum drove a 1965 Oliver 1850, which he is still using in his farming operation.



David Olson on a 1943 B Allis Chalmers bought new by his father.



Chris Bartz drove a 1953 Farmall H last Sunday afternoon during the Tractor Parade.



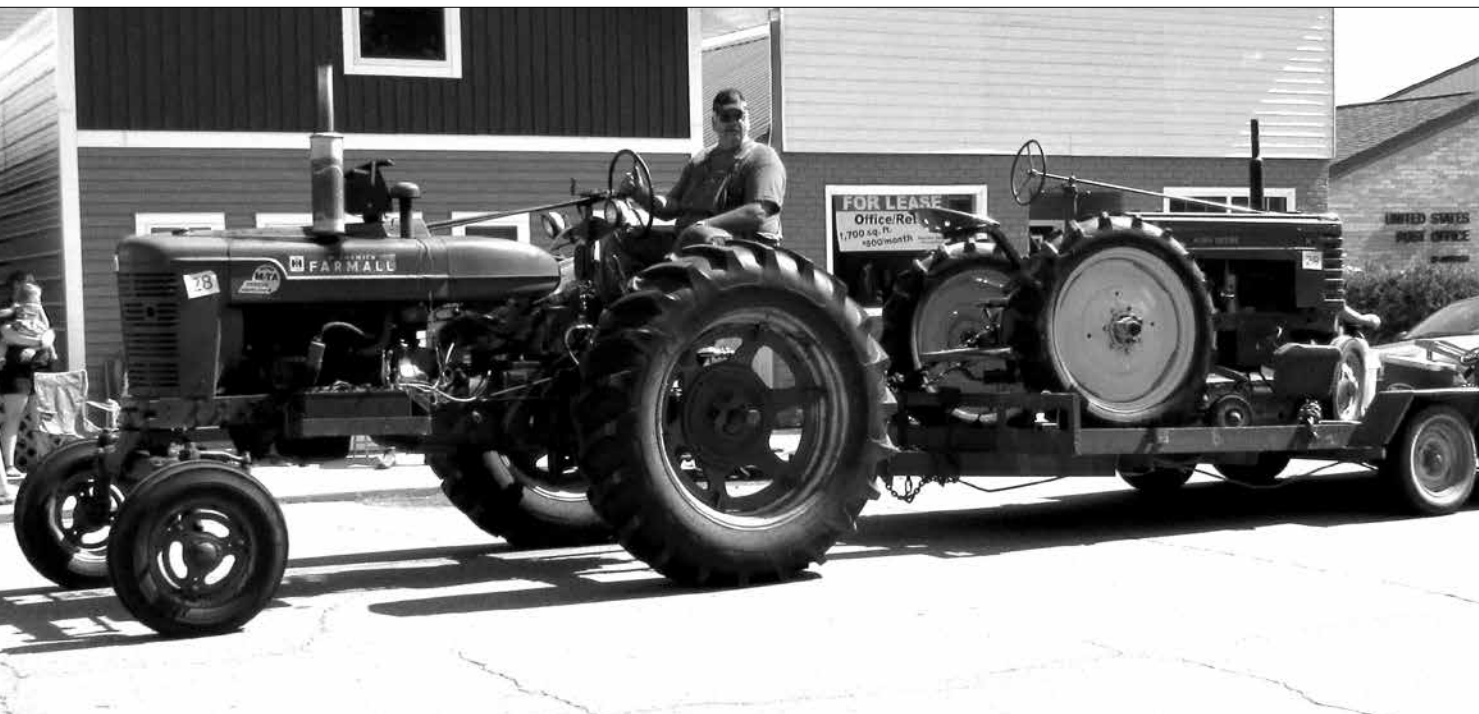
Driving his grandpa Ron's 1964 Ford 2000 tractor, Hudson Smeby, with some help throwing candy from Paige Gieseke, had lots of fun during the Tractor Day Parade in McIntosh. This particular tractor was the old City of McIntosh tractor.



On a Ford 5000 is Matt Strom.



Taking part in the Annual Parade is Wayne Brekke.



Curtis Bartz is driving 1954 Farmall Super M-TA originally owned by Lloyd Rolsted, Curt fixed it up and Lloyd was able to see it before he passed away. On the trailer is a 1941 John Deere H that was originally owned by Curtis Berg and has some nostalgia for Curtis Bartz.

Great weather, great friends and lots of tractors for the 2016 McIntosh Tractor Day Parade



Taking the IH McCormick for a drive was Matt Thompson during the Tractor Day Parade in McIntosh last Sunday.



Davin Swanson drove his dad's 1953 Farmall Super MD for the parade.



The Sunday afternoon weather brought Calvin Schow and his kids, Karlie and Nick to town to take part in the Annual Tractor Parade.



Here is is, one of the coordinators of the event and an all around tractor guy, Roy Ostenaar. Roy is driving his "Moon Room" 1943 Farmall H...all the way from Bejou.



Dean Strom drove a 1944 Massey Harris during the parade on Sunday afternoon.