

\$1.00

McINTOSH

Since 1888

Times

Hub of the Thirteen Townships

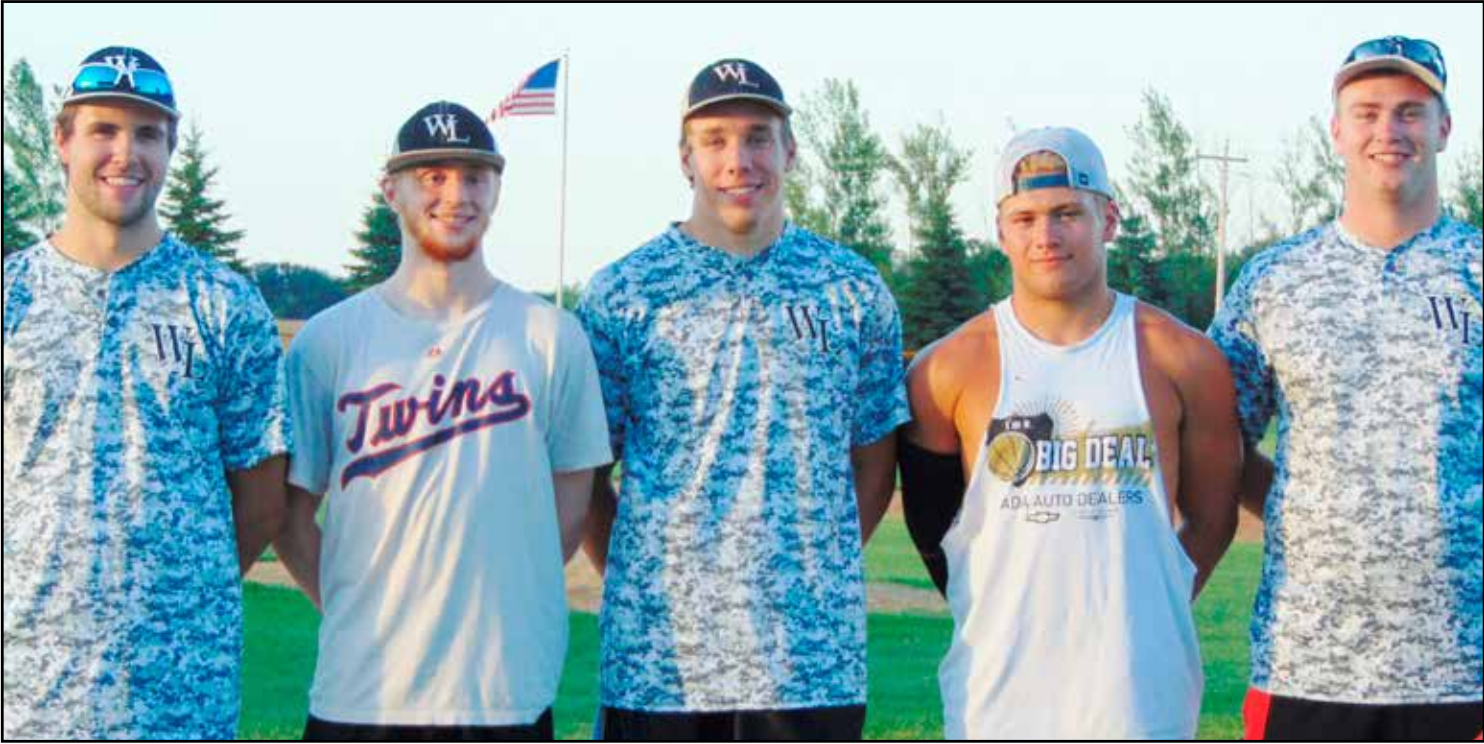
McIntosh, Minnesota



Deacon and Grayson Schwartz were two of many kids who showed up on Monday, July 11th to listen to the fun songs performed by Philip and Sue Lee at part of the McIntosh Library Summer Reading Program.



Mom and Son, Philip and Sue Lee performed for quite a crowd of kids and adults who came to the McIntosh Library to hear them sing.



Following the last Legion baseball game played on WEM field on July 19th these boys celebrated with families and fans with a hot dog feed. Pictured: Austin Tadman, Chase Svalen, Travis Kaster, Zac Tradewell, Zach Plante.

Calling all ladies for the 2016 Mac Tractor Parade

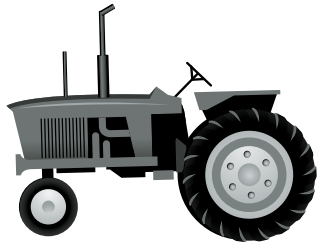
This year, August 27th is the date of this years McIntosh Vintage Tractor Parade. The parade always had a great turnout of me, which the parade coordinators are very grateful for, but this year they are asking for as many women drivers as possible to drive together, as a group, at the end of the line.

Those who have already said they want to participate thought it would be fun to dress up, wear hats, etc..., or just come as you are and the ladies can strut their stuff!!

Now, we know that the ladies may need to do a little practice (or maybe a lot of practice) before the big day, but get out there and make it happen. The coordinators are looking for a great showing of the community ladies that know a thing or two about this too!

Having fun and showing that ladies can do as well, or better then the men is what will make the good time!

If you are interested, hoping



there are many out there who will want to join in, please call Mary at 218-563-4675 or 218-431-1108.

Following the parade, there will be lots of other activities taking place, a quilt show at the Community Center from 11:00 am to 2:00 pm, the kiddie pull, sponsored by the Polar Beach Snowmobile Club will be in front of the fire hall immediately following the parade, and the tractor pull will start at 2:00 pm on the old football field behind the Bjella Building.

This will be a great day full of fun and memories so be sure to mark your calendars and we will see you at Tractor Day in McIntosh!

Becky Boehrnsen offers freelance paralegal service and real estate services

Earlier this year, Becky Boehrnsen took ahold of an opportunity to start her own outsourcing business. She created Rebecca Boehrnsen, Outsourcing Solutions, and took her 18 years of Paralegal experience and put into motion her now successful business. Becky has worked for attorneys, accountants, real estate agents and businesses that require document preparation. Her areas of experience include commercial, family law and insurance litigation; appellate briefs, bankruptcy (for both debtor and creditor); probate, trust administration, guardianship and conservatorship; real estate, title insurance, residential and commercial closings; estate planning and general accounting.

Recently she also became a real estate agent for Juve Real Estate in Fosston. She started with the company in the spring as the Office Administrative Assistant and now she has added to the Juve team as a Realtor. Becky has seen both sides



of real estate, all looking at 'closing' the deal, so she will be a great agent for both sellers and buyers who want someone dedicated and with knowledge of real estate processes as well as our communities.

Becky is a 1988 Win-E-Mac graduate, she grew up in McIntosh and still lives there. She and Scott Grove have 4 children, Tara, Brooke, Zach and Brady. Her parents, who also live in McIntosh area, are

Don and Lois Boehrnsen. She enjoys spending time with her family, as well as quilting and gardening.

If you are interested in knowing more about what Becky can help you with, please contact her at 218-280-8477 or becky1870@outlook.com.

Summer Fun at Mac Library

Join Librarian Julie on Monday, July 25th at 10:30 am at the McIntosh Library, for a fun morning of art.

Kids can create a canvas wall decoration for their bedroom or to give as a gift. It will be fun for kids of all ages.

MHAC fills your Saturday with a Garden Tour and an Art Show

The McIntosh Heritage and Arts Center will host two events this Saturday, July 23 in and around McIntosh.

First will be the 2nd Annual Heritage Garden Tour. The event is co-sponsored by the East Polk County Heritage Center along with MHAC. The Tour will take place at gardens around McIntosh and Fosston. There will be an opportunity to visit 9 different gardens around the area.

Tickets are available in advance at McIntosh Country Store and Minnesota Rust in McIntosh and in Fosston you can pick up tickets at Theo Rose and The Red Poppy. The cost of each ticket is \$8.

The inspiration from the tour came from MHAC President, DeeDee Narum, who loves going to other communities to participate in garden tours and she felt there were so

many amazing gardens in our area that a garden tour would be a great way to showcase them.

The tour can be started from anywhere on the tour, and you can visit all or as many gardens as you wish.

The event is a fundraiser to benefit both McIntosh Heritage Center and East Polk County Heritage Center.

In the evening of Saturday, July 23rd, everyone is welcome to the McIntosh Community Center for the First Annual MHAC Art Show.

The Show will take place from 6:00 pm to 8:00 pm and will have a variety of art forms on display, as well as the artist on hand to talk about the pieces.

The local artists that will have their art on display include, Dianne Christopherson, Melissa Finseth, Lynnette



Local art will be on display at the first MHAC Art Show. Here is a troll crafted by local artist, Melissa Finseth

Ross, Larry Finseth, DeeDee Narum and Kate Johnson along with a few surprises as well.

There will be coffee, cookies and popcorn and this is a free-will donation event.

This event is a fundraiser to the McIntosh Heritage and Arts Center.

What is this you ask? We now have a **QR Code!** You will need a **QR Reader App** for your phone. It's easy! Just do a Google Search for **QR Reader**. It's free! Click Download, open App and scan the code. This will bring you to tricanary.com.



Community Calendar

- Wed. July 20:** McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's
- Thurs. July 21:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm;
- Fri. July 22:** McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Sat. July 23:** McIntosh Heritage & Arts Center Garden Tour; MHAC Art Show @ Community Center 6:00pm - 8:00pm
- Mon. July 25:** McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tues. July 26:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Wed. July 27:** McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Thurs. July 28:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Fri. July 29:** McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Sat. July 30:** Winger Fireman's Ball featuring The Bad Campers
- Mon. August 1:** McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tues. August 2:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm



This weeks City of McIntosh Yard of the Week belongs to Ruth Carlson. Congratulations Ruth!

McINTOSH TRACTOR DAY

Calling all
Antique Tractor Owners...

“ANTIQUE TRACTOR PARADE”

AUGUST 27, 2016

11:00 am ... **TRACTOR PARADE**

PARADE LINEUP will be at **Erickson Park** in McIntosh
Organizers will be there to line up the tractors and parade leaves promptly at 11 am

ANTIQUE TRACTOR PULL

starts at 2:00 pm

Those not pulling can park at Erickson Park or someplace else but **NOT** at the old football field. Those who will be pulling will need to go to the old football field to get registered and to pay their fees.

ONLY THOSE WHO WILL BE INVOLVED WITH PULLING AND SPECTATORS WILL BE ALLOWED IN THE PULLING AREA. THERE IS NOT ENOUGH ROOM FOR VEHICLES.

KIDS PEDAL PULL

immediately following the parade in **FRONT OF THE FIREHALL.**

★ AGES 4-12 ★

Registration will be held prior to the event.

CLASSES ARE BASED ON WEIGHT.

QUILT SHOW

at **McIntosh Community Center**

11:00 – 2:00 pm

Come see the beautiful quilts done by our local quilters.

Everyone is welcome!

FOOD, WATER AND POP WILL BE AVAILABLE FOR SALE at the OLD FOOTBALL FIELD.

Sponsored by the Polar Beach Snowmobile Club

Looking for Candidates

The City of McIntosh is looking for candidates to fill two City Council positions this election cycle. If you live within the City limits and are interested, please contact the City Clerk by July 29, 2016 at 563-3043.

M17C

USDA Awards Funds to Boost Renewable Energy

USDA Rural Development State Director Colleen Landkammer today announced funding for 28 projects throughout Minnesota that will help rural small businesses and agricultural producers reduce energy usage and costs in their operations. The funding is available through the Rural Energy for America Program (REAP) and will be used to make energy efficiency improvements and install renewable energy systems.

“These investments in clean energy support the broader rural economy by encouraging the production of renewable energy sources and infrastructure of energy efficiency measures,” Landkammer said. “The Rural Energy for America Program helps businesses create jobs, helps farmers and rural businesses reduce their carbon footprint, and helps the country move closer to energy independence.”

USDA is providing \$43.2 million in loan guarantees and \$11.6 million in grants through REAP for projects in every state, as well as in the Virgin Islands, the Western Pacific and the Commonwealth of Puerto Rico. \$395,350 in grants will go towards 28 rural small businesses and agricultural producers in Minnesota alone.

Ardolf Enterprises Inc., a certified cleaning agency in Faribault, Minn., has been selected to receive a \$10,912 REAP grant to purchase and install a 14.625 kW photovoltaic (PV) solar array. The system is expected to replace all electrical usage – generating more than 16,000 kWh of energy – and will save the business over \$2,000 per year. The project also supports USDA’s dedication to underserved populations by investing in a high-poverty area.

Staple Food Corp, a family-owned grocery store providing full-service goods including fresh produce, meats, and cheese, is receiving a \$19,693 REAP grant to replace its fluorescent lighting system with a light-emitting diode (LED) system. Multi-deck open refrigeration cases will also be replaced with enclosed, energy efficient cases. The new system is expected to save the Staples, Minn., business \$10,123 annually and reduce energy usage by 218,734 kWh annually. That is enough energy to power over 21 homes.

In addition to grants, USDA also guarantees loans for a minimum of \$5,000 and maximum of \$25 million. Applicants are

The McIntosh Times Office Hours

Wednesday 9:00 am to Noon
Friday 9:00 am to 11:00 am

Call or fax: (218) 563-3585

Ad deadline is Noon on Friday prior to publication

Funds available through USDA

Rural Development

USDA Rural Development currently has funds available for very-low and low-income residents of rural Minnesota that are interested in purchasing a home or for current homeowners in need of essential repairs.

Interested in purchasing a home? Rural Development’s single-family housing Section 502 program offers subsidized loans with affordable monthly payments in rural areas. Home loans may be used to purchase a new home, existing home or build a new home. To qualify, applicants must meet Rural Development’s income limits, have adequate and dependable income, have an acceptable credit history, be unable to obtain sufficient credit from other sources, and show repayment ability.

Is your home in need of repairs? Rural Development’s single-family housing Section 504 program assists local homeowner’s complete essential repairs and removes health or safety hazards from their home. To qualify, applicants must own and occupy the home; applicants must meet Rural Development’s income limits.

For loan eligibility, applicants must also have an acceptable credit history, show repayment ability, be unable to afford a conventional loan and live in a community with a population of 20,000 or less. The maximum loan is \$20,000, repayable over 20 years with a 1% interest rate.

Grants are limited to elderly homeowners over the age of 62, and grant funds can only be used to remove health or safety hazards or remodel dwellings to make them accessible to household members with disabilities. The maximum grant is \$7,500.

For more information, contact the local Rural Development office in Thief River Falls at (218) 681-2843, ext. 4.

More information is also available at www.rurdev.usda.gov/mn.

**Ad deadline:
Noon Friday**

Community Birthday and Anniversary Calendar

Wed. July 20: Darlene Solie, *Marvin & Janis Wikstrand

Thurs. July 21: Lukas Lindseth, Patrick Rolf, *Sam & Amber Finseth

Fri. July 22: Madchen Mero, *Jerome & Bernice Voxland

Sat. July 23: Nicolai Sveen, Mary Kroening, Brady Langemo, Charley Carlson, Shannon Svalen, *Harald & Adella Thompson

Sun. July 24: *Jon & Elizabeth Klemer

Mon. July 25: Angela Olson, Easton Vetteson

Tues. July 26: Liam Schow, Parker Graff, Wayne Brekke, Kimberly Carlson

B-B Cafe Menu

Wed. July 20: BBQ Meatloaf, Baked Potato, Corn, Roll and Dessert

Thurs. July 21: Grilled Ham & Cheese, Tomato Soup and Dessert

Fri. July 22: Baked Chicken, Mashed Potatoes & Mushroom Gravy, Broccoli, Roll and Dessert

Mon. July 25: Rueben Sandwich, Coleslaw and Dessert

Tues. July 26: Roast Pork, Mashed Potatoes & Gravy, Mixed Vegetables, Roll and Dessert

Wed. July 27: Crispy Chicken Salad, Breadstick and Dessert

Thurs. July 28: Country Fried Steak, Mashed Potatoes & Gravy, Green Beans, Roll and Dessert

Fri. July 29: Cali Burger, Summer Salad, Corn, Roll and Dessert

MAC TO FLUSH WATERLINES

The City of McIntosh will be flushing waterlines and hydrants each Thursday throughout the summer.

Residents are encouraged to watch for rusty or dirty water on these days. Fill washing machines to check water before adding clothes.

M52-27C



ST. MARY'S CHURCH Fosston

Fr. John Suvakeen, Pastor

Wed. July 13: 1:00pm Mass at McIntosh Nursing Home

Fri. July 15: 8:30am Mass at St. Mary's, Fosston

Sun. July 17: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Wed. July 20: 6:00pm Mass at Lengby Lake Pavilion

Fri. July 22: 8:30am Mass at St. Mary's, Fosston

Sun. July 24: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

If you have any questions about the schedule please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH

Winger/Bejou

Supply Pastor

Gordon Syverson

Sun. July 24: 8:30am Worship at Immanuel; 9:45am

Worship at Calvary

Sun. July 31: 8:30am Worship at Immanuel; 9:45am

Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)

McIntosh

Supply Pastor

Gordon Syverson

Sun. July 24: 11:15am Worship Service

Sun. July 31: 11:15am Worship Service

GOSEN LUTHERAN CHURCH

Independent

Gary Johnson, Pastor

www.gosen-church.com

Face Book: Gosen Church

Wed. July 20: 1:30pm Bible Study at The Country Place

Sat. July 23: 8:00pm Prayer Meeting

Sun. July 24: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service

Tues. July 26: 10:00am Sunday Worship service telecast on Garden Valley Cable TV - Channel 2

Wed. July 27: 1:30pm Bible Study at The Country Place

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461

Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC

McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson

Trinity:

Wed. July 20 7:30pm Bible Study and Prayer

Sun. July 17: 9:30am Worship Service24

Wed. July 27: 7:30pm Bible Study and Prayer

Sun. July 31: 9:30am Worship Service

Wed. Aug. 3: 7:30pm Bible Study and Prayer

Mt. Carmel:

Thurs. July 21: 7:00am Men's Breakfast

Sun. July 24: 11:00am Worship Service

Thurs. July 28: 7:00am Men's Breakfast

Sun. July 31: 11:00am Worship Service

Thurs. Aug. 4: 7:00am Men's Breakfast

VERNES LUTHERAN CHURCH (LCMC)

McIntosh

Pastor Jill Torgerson

Sun. July 24: 9am Worship

Sun. July 31: 9am Worship

DOVRE

FREE LUTHERAN

Pastor Don Edlund

Wed. July 20: 7:00pm Bible Study: Breaking the Apocalypse Code

Sun. July 24: 10:00am Worship Service

Wed. July 27: 7:00pm Bible Study: Breaking the Apocalypse Code

Sun. July 31: 10:00am Worship Service

Wed. August 3: 7:00pm Bible Study: Breaking the Apocalypse Code

IMMANUEL LUTHERAN CHURCH

McIntosh

Rev. Linden Wendzel, Pastor

Thurs. July 21: 10:00am Devotions at Pioneer Care Center

Sun. July 24: 10:45am Worship Service

Sun. July 31: 10:45am Divine Worship Service with Holy Communion

Service Broadcast, TV Channel 12 Wednesdays at 10am - Holy Communion 1st and 3rd Sundays

Notice of Filings

The following positions are to be filled for the City of Winger at the General Election, on November 8, 2016.

Mayor – 2 year term

Two (2) council members – 4 year terms

Candidates may file between August 2, 2016 and August 16, 2016 at the city clerk's office between the hours of 9:00 a.m. to 4:30 p.m. on Monday, Tuesday and Wednesday or 9:00 a.m. to 1 p.m. on Thursday. The city clerk's office will be open until 5:00 p.m. on Tuesday, August 16, 2016.

Filing fee is \$2.00.

For more information, contact the city clerk's office at 938-4150.

Jennifer Frohrip,

City Clerk/Treasurer, City of Winger

M17-18C

Who took the Pink Lady Slipper?

By: Norris Syverson

Last year, I put a picture in the McIntosh Times and Fosston paper of a pink lady slipper plant that had about 40 flowers on it. I went and checked this same plant a few weeks ago, but the flowers had not come out yet.

One day last week, I went to check again, to see how many flowers were on this plant. I got to where this plant was, and my heart almost sank to the ground.

Some thoughtless person had dug this beautiful pink lady slipper up and took it.

As well as the large plant, there was also a smaller plant next to it, and they dug that up as well. Now who would be, you might say, so low down that they would steal these beautiful plants.

The pink lady slipper is our State flower and it is unlawful to remove this plant. Did the one who took this plant think they were the only ones that knew about it?

I have watched this pink

lady slipper plant for many years. This plant had only 6 or 8 flowers when I first saw it, every year, it seemed like it got more and more flowers.

The plant was on the County Road ditch limit that goes past my place. If anybody sees a big pink lady slipper in someone's yard, I would appreciate it if you would let me know.

Emergency notifications with Polk County CoderED

Polk County a web based system which will allow Emergency Management the ability to reach a large number of citizens in a very short period of time, by geographically based delivery of phone and text messaging. The system is very easy to use. In addition, it allows County residents the ability to create their own account.

To sign up for the CoderED, emergency notification system for Polk County, please visit CoderED at <https://public.coderedweb.com>.



The McIntosh Times Yard of the Week this week is Stordahl Tax. The company was nominated by a community member who felt that the yard was well maintained and kept up quite nicely. Congratulations Dave! If you have a Yard of the week suggestion, in McIntosh, Winger or the surrounding rural community, please let us know!

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487-5225 **Gonvick, MN**

Richards Publishing Co.

Winger News

by Linda Pulskamp

Hello again from Winger and the Union Lake areas where we are stuck in some gloomy and rainy weather for most of the past week. Have had some storms move through the area but are very fortunate to have just gotten the rain. Areas all around us have not been so fortunate as the storms have moved through.

The Fertile Fair in spite of the rain seemed to have huge attendances every day with people coming from near and far to take in the activities, always fun to run into people that one probably sees only during the fair. Sunday's parade was an excellent one and very well attended.

Hopefully now we will get some sun shine as the crops and we people too could use a little sun, at least I would be happy to have some sunny days.

Sympathy to the families of Les Goodwin of McIntosh who passed away after a short illness. Les was the Veteran's Service Officer and was very appreciated by so many and will be missed by his clients and many more.

Carol and Lindsay Wang of Billings, MT were visitors and coffee guests at the Byron and LJ Kaupang home while they were visiting in the area.

Donna Carlson stopped in at the Fern and Milton Carlson home on Wednesday the 6th on her way to work, and Judy Gieseke was a dinner guest of Fern and Milton's that same day.

Mark and Betty Syverson were visitors last Saturday with Helmer and Verlys Homme last Saturday afternoon at the Pioneer Home.

Instead of my usual call to Martha Henney for her news this week, I stopped by the Pioneer Home to visit with her and get her news. We had a very enjoyable visit reminiscing and looking at old pictures. Martha is adjusting very well to her home there.

Lori Lutch and Shelly Feighten both of Wisconsin, one from Reedsberg and the other from Lavelle were visitors at the LJ and Byron Kaupang home. The ladies are LJ's nieces and had been to Montana stopping on their way to Montana and again on their way back.

Fern and Milton Carlson were to the Fertile Fair last Sunday and were so proud to see that their granddaughters had excelled in the showing of both their beef animals and pigs and also in the dresses the girls had there.

Monday the 11th Bill and Marlene Henney of Fosston and their daughters Pam and

Leanne who are visiting her from Florida were visitors with Martha Henney at the Pioneer Home.

Butch and Linda Pulskamp attended the wedding of Marcia Locke and Elroy Maygra at the St. Peter's Catholic Church at Gentilly.

Lucy Brtek visited with Becky Johnson at the Nursing Home in Fosston this past week.

Chris Wang of Gillette, WY was a guest of his mother LJ and Byron at the Kaupang home. Chris has been spending some time here visiting with family and friends.

Donna Carlson was a Monday evening visitor at the Fern and Milton Carlson home.

Miles Henney of St. Hilaire was a visitor with his mother Martha Henney at the Pioneer Home this past week.

A week ago LJ entertained the Kaupang family and the Wang famiy at the Kaupang home to honor Byron on his birthday.

Last Sunday visitors at the Pulskamp home were Dean Johnson, Kelly Johnson, Marv Engesether of Plummer, Reha Sanstead and her house guest Leonard Taylor of Erskine.

Laura Wang and her neice Hope Aronson of Albany were visitors with Martha Henney at the Pioneer Home at Erskine. Hope is spending a few days with her aunt Laura.

Helmer and Verlys Homme were visitors last Sunday afternoon at the Roy and Judy Raben lake home.

Lucy Brtek, Sara Lucken and Sara's granddaughter Ivy took in the Fertile Fair last weekend. Ivy enjoyed many of the rides on the midway and they all enjoyed some of the good food while they were there.

Gene Haugom of McIntosh was a Wednesday morning visitor with Martha Henney at the Pioneer Home at Erskine.

Once again this is the "happenings" from our neck of the woods. Can always use more.

Until next week may you all have a good one.

From Bun Manor:

Friday evening Tim's sister Judy met him at the manor and they went to Mac to have something to eat at the Coop. Orrie and Sue Flermoen joined them and they had a nice visit and good food. They attend the Les Goodwin visitation at the community center after eating. Judy wanted to go because Les was her first boyfriend and he took her to the prom. Tim also got to see his old high school girlfriend Teresa. She still looks good even if she is over



The McIntosh - Winger Class of 1977. (Left to right, Girls maiden names.) Rae Ann Edwards Paul (Oscar) Schow, Cindy Stordahl, Bob Finkle, Tami Youmans, Terry Lucken, Stephanie Sorvig, Pam Hopperstad, Mike Dietrich, Mary Stenmoen Gail Helgaas, Carey Burslie, Mary Strom and Tim Anderson in center front.

fifty. Les was a highly decorated Air Force career man and a very kind man who did a lot for the area vets. Sincere sympathy to his wife Mary, daughter Robin, son Todd and his five sisters. He will be missed by all those who knew him.

Saturday, Bun hosted the 1977 McIntosh - Winger high school reunion at the manor. Fourteen of the twenty four remaining classmates made it. They had a pre 39th reunion so they could plan next year for the big 40. Everyone brought something for the potluck dinner they ate and Scrappy cooked brats and burgers. There was plenty of food. The old girls know how to cook. Guests included Julie Schow, Steve Hopperstad and Elaine Burslie. Special guest Faye Horn stopped in to say hi to the gang. She was over next door visiting with Shawn Horn and family.

Steve and Lorri headed to Mac on Saturday evening to attend the wedding reception of Kelsay and her husband Travis at the Club. Kelsay is the daughter of Mark and Karen Thompson of Mac.

Sunday afternoon Elmyrna took a ride to Crookston to visit with her grand daughter Jill, her husband Brett and their children Katelynn and Taylor Schulz. Everyone is doing fine at this time.

Sunday they headed down to North twin lake to visit Mike and Kathy Gieseke at their trailer park. Other guests included Mark and Teresa Klinkhammer and Joann and Dan Hertwig all from Winger.

Dick and Karen Hagen came up for the weekend to

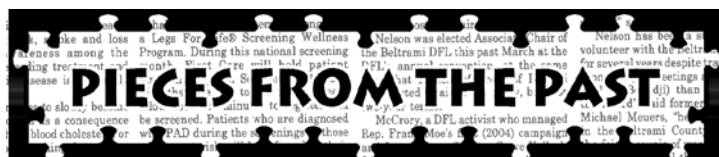
attend the Les Goodwin funeral. Joyce and them headed out to see Robert and Sharon Hegland. Robert just had triple bypass heart surgery and is doing just fine. Keep it up Robert we want you around for some more years.

Dale, Dick, Karen and Joyce went to supper at Morans Sunday evening. Dick said "Morans has the best food in the whole state of Minnesota." If you don't believe him go check it out for yourself.

Grant Balstad won grand champion at the Fertile fair for his mosaic that he made and will be entering it at the state fair. Good job Grant!

Brian and Elizabeth Massmann traveled west to meet up with Elizabeth's family for a reunion in Custer, South Dakota. They had a few days before they had to meet everyone so they took the scenic route to the Black Hills. On that route they made a few stops along the way including beautiful Medora, ND, a visit to the Beaver Creek Brewery in Wibaux, MT, and Miles City, MT to take in the 4th of July festivities. The next day they headed south toward Wyoming where they saw Devil's Tower and stayed in the big city of Hulett (population 383). The last leg brought them back east to South Dakota where they met with Elizabeth's family. During the days in SD they hiked Harney Peak, saw Mount Rushmore, experienced Cosmos, and enjoyed the scenery before meeting for the family reunion. Lots of fun was had before making the long trek home to Minnesota.

(Right) 40 years ago...1976: Renae Zahl of Winger poses with her riding horse, "Ginger" and young colt, 2 month old, at the Fertile Fair where she won a blue ribbon in Showmanship and Halter. Renae is a member of the Winger 4-H Club and the daughter of Mr. and Mrs. Marvin Zahl.



50 years ago...1966: Lion Installed. Lions Club officers were installed at a picnic supper served Wednesday evening last week. The group was photographed next to the Lion Statue in the Public Park. Left to right are: B.B. Nornes, Chaplin; Caryl Bovee, second vice president; Harvey Gustafson, first vice president; Lloyd Carlson, Secretary-Treasurer; and Don Johnson, president. In the back row are Ken Mosser tail tamer, and Luther Rodvik, director. Hilmer Carlson is Tail twister and Kenneth Jore a director were not present for the picture.



Regional Ag News

Ray Bisek,
Extension Educator

Below is an article from U of M Extension Small Grains Agronomist, Jochum Wiersma, on the value of straw. Sometimes it's hard to put an economic perspective on the removal, but cash flow is a real issue that producers need to act on. Straw sales can help, especially if good diligences in marketing and sales agreements are followed through on. A few years back in reviewing research into this topic, I remember reading a journal article dealing with the potassium component of straw. Basically it discussed how small grains can be a luxury consumer when potassium nutrient levels are high in the soil nutrient profile, thus increasing the level at harvest in the straw significantly. It also discussed how a good rainstorm could wash much of those nutrients back into the soil. It might make economic sense to test the nutrient values of the straw before any sales!

The Value of Straw

As harvest is approaching quickly and margins continue to be thin you may be contemplating whether it is worthwhile to bail straw. To put a value on something, we generally look at the marketplace and let supply and demand determine the value of the goods in question. To determine the value of straw, we can look at some local or regional hay auctions like the Central Minnesota Area Hay Auction in Sauke Centre to get some idea what livestock producers are will-

ing to pay. However, we could also look at it from a different angle. Opportunity costs are defined as the costs of using a resource based on what it could have earned if used for the next best alternative.

One way to determine the value of straw left in the field is to look at the nutrients that are available in the straw. There are several online tools available to estimate the amounts of N, P, and K that will be removed if straw is bailed. For every bushel of wheat, you can assume that you will produce somewhere between 70 to 85 lbs. of straw. This estimate will be closer to the lower end of the range with shorter varieties and/or when grain yields are high and closer to the upper end of the range with taller varieties and/or when grain yields are low.

The amount of N, P, and K removed in straw is approximately 14 lbs/ton of Nitrogen, 3.3 lbs/ton of P2O5, and 24 lbs/ton of K2O. For a 50 bushels wheat crop, you will remove just about 2 ton of straw. This is equal to 28 lbs. of N, 6.6 lbs. of P2O5, and 48 lbs. of K2O. Removing straw does not necessarily mean that you will mine your soils. Only if of the amount of nutrient removed is greater than the amount of nutrients applied, will you mine the soil. You can estimate how much you are mining by subtracting the total amount of nutrients removed in the grains and straw from the amount of fertilizer applied.

Quantifying the value of Soil Organic Matter (SOM) is more difficult than the calculations for soil organic matter. Higher SOM levels mean better soil aggregation, improved water infiltration, less compactability, less erodibility, and a generally higher level of productivity due to more available water and nutrients.

Each percent decrease in SOM equates to about 1 inch decrease in water holding capacity, about a loss of 1,000 lbs. of N, and decreases in availability of P and S. Removing straw doesn't immediately result in loss of SOM as you will never remove all organic matter when you bale. Reduced tillage helps maintain the SOM over moldboard plowing.

You can read more on this topic by following Jochum on his blog on the U of M Extension "Minnesota Crop News" website.

ORGANIC DAIRY DAY AT MORRIS - Tuesday August 9, 2016 from 10 a.m. to noon. This will be held at the U of M West Central Research Center, near the intersection of US Hwy 59 and MN Hwy 28. The Dairy Day will showcase the latest advancements in organic dairy research, including integrating livestock and cropping systems and organic corn silage variety plots, along with speaker Guy Jodarski from Organic Valley Dairy. Please Pre-Register by contacting Brad Heins at 320-589-1711 or hein0106@umn.edu.



30 years ago...1986: The seven charter members of the McIntosh V.F.W. Auxiliary present included (L-R) Bernice Smith, Margaret Eklund, Mary Ann Simonson, Alice Bartz, Ellen Burslie and Edna Neibauer (Absent: Myrtle Lillesve).



20 years ago...1996: Princess and Queen of the Fashion Review were crowned on Tuesday evening, July 16 by Bob Quinlan. Princess of the younger division was Cassandra Boucher of the McIntosh Flyers and Queen of the senior division was Elizabeth Anderson of Gully. Elizabeth is an independent 4-Her and she entered in both the Clothes You Make and Clothes You Buy projects.

Random Things and Stuff



Broken Glass

By: Emily L. Melott

I am sure there are a few of us out there that have broken something made of glass. Whether it was a cup, plate, or figurine made of glass, each one when broken is sharp. These sharp pieces of glass can cause a lot of bodily harm to a person when it is not picked up correctly. According to thekitchn.com, these are the four easiest ways to clean up broken glass:

- 1. Potato - Grab a raw spud or really any other larger root vegetable, cut it in half, and then press the cut halves into the glass.
- 2. Slice of bread - Glass pieces will stick right into a soft slice of bread, plus it has a nice, wide surface area to cover a lot of ground.
- 3. Tape - This one is no surprise, but tape will pick those little glass pieces right up. Use the thickest, widest tape you can find to avoid cutting yourself — packing and duct tape work really well.
- 4. Damp paper towel - Fold a paper towel a few times, then dampen before pressing into the glass shards. Make sure it's folded thick enough that the pieces won't go through the paper.



Travis Kaster

Youth Fishing Day is July 23 at Rydell NWR

Rydell National Wildlife Refuge (NWR) and the Friends of Rydell and Glacial Ridge Refuges Association will be hosting a Youth Fishing Day at Rydell NWR on Saturday, July 23rd, from 9:00am – 1:00pm. This free event is targeted towards youth age 15 or younger. Anglers age 16 and over must possess a valid Minnesota DNR fishing license to fish on the Refuge. A limited amount of fishing tackle (rods and reels) will be available, or youth anglers are welcome to bring their own. Bait will be provided, free of charge.

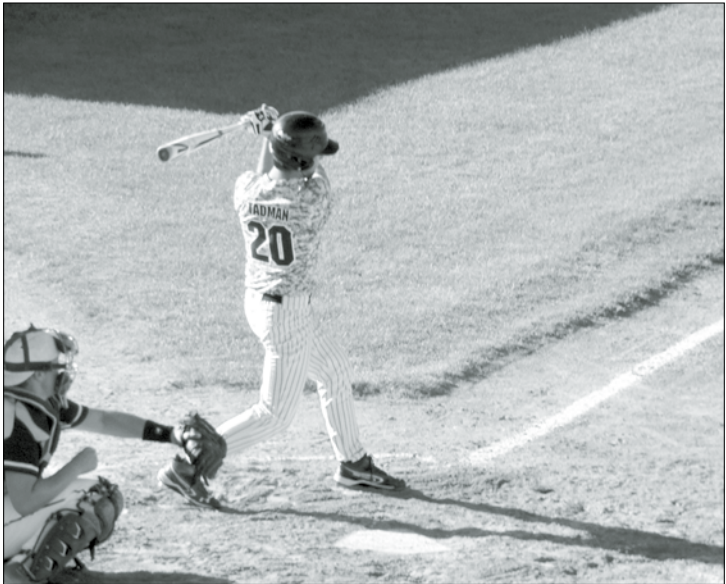
The event will include lunch and a casting seminar and contest. Certificates will be given to participants who catch their first fish, as well as for the biggest fish of each species and the winner of the casting contest. Other surprise prizes will be awarded to participants as well!

Fishing within Rydell NWR is only allowed from shore on Tamarac Lake. Shuttles will transport participants from the Refuge Visitor Center to Tamarac Lake and back. All participants should check in at the Refuge Visitor Center.

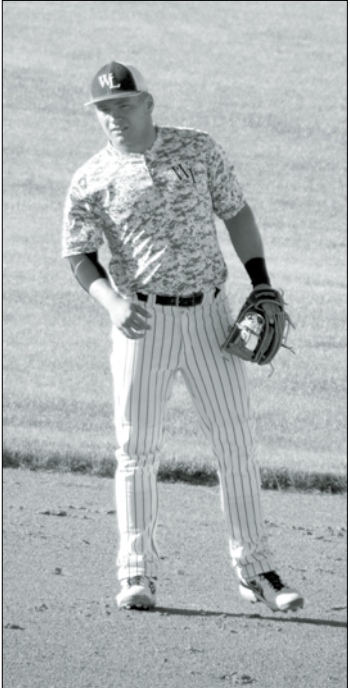
Rydell NWR is located 3 miles south of Highway 2, between Mentor and Erskine, at 17788 349th St SE.



Having fun running about and listening to the fun songs from Philip and Sue Lee last Monday at the Community Center in McIntosh was Dawson Gunufson.



Austin Tadman up to bat for the Win-E-Mac Legion team during their last game of the season held at Win-E-Mac school on July 10th.



Zac Tradewell



Chase Svalen

Reducing the odds of getting swimmer's itch

What is Swimmer's Itch?

Swimmer's itch is a temporary skin rash that is caused by an allergic reaction to microscopic parasites that are carried by waterfowl, semi-aquatic mammals, and snails. As a part of their life cycle, these parasites are released by infected snails into the water, where they may come in contact with people and burrow into their skin.

The good news is the organism that causes swimmer's itch cannot complete its life history in the human body. Your body's immune system detects it as a foreign protein, then attacks and kills it shortly after it penetrates your skin. The itching and welts are not caused by the organism living under your skin, but by an allergic reaction.

Not everyone is sensitive to swimmer's itch. Some people show no symptoms of swimmer's itch even though others swimming at the same time and place break out severely. Much like poison ivy, however, your sensitivity to swimmer's itch will increase with each exposure. There are several over the counter remedies your pharmacist can recommend to help relieve the discomfort, but see your physician for a definitive diagnosis.

Where does it come from?

The organism that causes swimmer's itch has a complicated life history. It starts out as a worm (parasite) in the intestinal lining of aquatic birds and mammals (host). The worms lay eggs inside the host animal. The eggs are eliminated by the host and drop to the bottom of the lake. Then the eggs hatch into miracidia that swim around in the water until they find a snail. Once they find a snail, they live inside them and develop into cercariae. The snails then release

the cercariae back into the water where they look for another host - aquatic birds, mammals or humans. When the cercariae find a potential host, they burrow into the host's skin. If the host is suitable, the life cycle starts all over again. Humans are not a suitable host and the cercariae die after penetrating the skin.

Swimmer's itch is not spread from person to person.

Symptoms of swimmer's itch may include tingling, burning, or itching of the skin; small reddish pimples; and small blisters

Within minutes to days after swimming in contaminated water, you may experience tingling, burning, or itching of the skin. Small reddish pimples appear within twelve hours. Pimples may develop into small blisters. Scratching the areas may result in secondary bacterial infections. Itching may last up to a week or more, but will gradually go away.

Because swimmer's itch is caused by an allergic reaction to infection, the more often you swim or wade in contaminated water, the more likely you are to develop more serious symptoms. The greater the number of exposures to contaminated water, the more intense and immediate symptoms of swimmer's itch will be.

Be aware that swimmer's itch is not the only rash that may occur after swimming in fresh or salt water.

Anyone who swims or wades in infested water may be at risk. Larvae are more likely to be present in shallow water by the shoreline. Children are most often affected because they tend to swim, wade, and play in the shallow water more than adults. Also, they are less likely to towel dry themselves when leaving the water.



Dancing to the music with Sue and Philip Lee was Cora Earls last Monday during the McIntosh Library summer program.

Take It To The Rim Basketball Camp

Location: Win-E-Mac School
Dates: July 25-28 (Monday-Thursday) ½ day sessions For Grades 4-11(School year 2016-17) Boys and Girls 8:30-12:30

About the Camp: Crosby-Ironton Coach Dave Galovich, a 2007 member of the Minnesota Basketball Coaches Hall of Fame, will be camp director.

Coach Galovich brings 40 years of coaching experience. He was named the 2008 Class AA Coach of the Year, had several teams appear in the state tournament, included 2 runner up finishes, and with over 600 wins, is currently in the top ten in the history of boys' basketball with career wins.

Win-E-Mac Coach Vern Johnson a 2013 Member of the MN Basketball Coaches' Hall of Fame, will assist Coach Galovich. Coach Johnson received 5 Section 8A Coach of the Year honors, with teams finishing 4 times as section runner up.

The camp will include many different individual and team drills for offense and defense. Individual skills will include ball handling, shooting, passing and full court drills. The

camp will also include games and contests.

FUN-damental Volleyball Camp
Where: Win-E-Mac High School

Dates: August 7-9
Grades 3-6 \$30
August 7 2-3:30 pm
August 8 8-9:30 am
August 9 8-9:30 am
Grades 7-12 \$70
August 7 2-5 pm
August 8 8-noon
August 9 8-noon

For registration information contact Woody at 218-779-8894 or lrwoody2@yahoo.com

Win-E-Mac Volleyball will be starting the fall season on August 15th for girls entering grades 7-12. Make sure to have an updated sports physical before the season starts, watch the papers for local discounts and/or incentives for sports physicals. There will be a fall sports meeting for players and parents details will be posted at a later date.

Practices times for the week of August 15th will start at 5pm, ending time for the junior high will be 7pm. Practice for the 22nd of August will be at 5pm, however the rest of

the week 23rd- 28th will start at 7am and end around 9am. Practice on the 29th of August and the 1st of September will be 5pm-8. August 31st practice will be after Win-E-Mac's open house at 7pm. Friday September 2nd there will be morning practice from 7am to 9. Our first match will be the 30th of August at Clearbrook/Govick. Please make arrangements with work and plan other appointments to ensure that your daughter attends all practices. If you have questions please call 218-563-2866 Coach Kaster. It's gonna be a great year to be a Patriot!

Do you have a story to share?

If you have a story, a story idea or any photos you want to share, please send to: mcintoshtimes@gmail.com



10 years ago...2006: Win-E-Mac Legion Baseball is winding down their summer schedule. Pictured here are: (back row) Coach Lee Tradewell, Caleb Benbo, Aaron Cook, John Morrison, Ben Theis, Brendan Morrison and Nate Stark; (front row) Nick Stark, Jarrin Bjerke, Justin Paquin, Casey Hansen, Matt Burke and Cory Sonsteli. Not present for the picture were: Coach Bill Solhiem, Carl Hedlund, Logan Cook, Evan Massmann, Jarriid Wand, Joey Gieseke and Andrew Giannonatti.



Chase Svalen, Travis Kaster, and Zach Plante during the National Anthem at the last Win-E-Mac Legion Baseball game of 2016, played July 10th at Win-E-Mac field.



Christie Johnson brought her daughter to hear Philip and Sue Lee perform at the McIntosh Library last Monday, July 11th.