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McIntosh, Minnesota



What a better way to start off summer vacation than winning a bike? During the Win-E-Mac Elementary School dance Carson Fortman (l) and Ensley Haskett (r) were winners during the drawing for a new bike!



During the Memorial Day program in Winger on Monday, May 30th, Veteran, Lonnie Gieseke was presented with a Quilt of Valor to honor him for serving our Country. Here he is pictured with members of his family and the quilt.

Is your house on the sunny side of the street?

Does your home or business get enough sun to generate solar power? You can now get an answer – quick, easy and free – with a convenient online mapping tool called the Minnesota Solar App.

Simply by typing in your address, you can get an instant analysis of the solar energy potential of your property. The app is available at mn.gov/solarapp and can be used on a computer, tablet or smartphone. “The Minnesota Solar App is a user-friendly tool that can help Minnesotans decide whether a solar power installation is right for them,” said Minnesota Commerce Commissioner Mike Rothman. “Solar is already a bright spot in Minnesota’s energy picture. It will only get bigger and brighter in the coming years.

“This app makes it even easier for more Minnesotans to go solar.”

The typical single family home in Minnesota gets more than enough sunlight to meet its energy needs on a year-round basis.

On average, Minnesota gets more sunlight than Houston,



The building at Roholt Park that, in recent years has been used as storage, was taken down on Friday, June 17th. The building had deteriorated over the years and had become a safety issue.

Texas, or Jacksonville, Florida.

The Commerce Department expects Minnesota’s solar power capacity to increase 15-fold in 2016, with the addition of more than 500 megawatts

Solar... Continued on page 2 ...



During the Win-E-Mac Elementary Spring Program (l-r) Kianna Tannen, Sydney Svalen and Ella Strom performed for friends and family at the Arts & Event Center. See more pictures on the back page.

Journey to Japan: the journey concludes...

Part 3 of 3 On April 16th, the day started with yet another breakfast at Denny’s. Ken and Matthew then met Bob and headed over to the madness known as the Tsukiji Fish Market.

This is the largest fish market in the world and is tough to wrap your head around. Thousands of people buying and selling every type of seafood you can imagine.

People and motorized carts running all over the place, leading to fears of being run over.

It was amazing to see how this market operates but the amount of anxiety that it is able to instill in a person provided the need for a much deserved glass of saki.

Following the madness at the fish market, the group toured the Hama-rikyu Garden, a beautiful park tucked amongst the tall buildings of Tokyo with little to no traffic noise and provided a much needed escape of the hustle and bustle of the fish market.

Later that evening, Ken, Bob, and Matthew, met Brian and his family at the Shabu Zen restaurant, which serves Shabu Shabu beef. Shabu Shabu beef is thinly sliced and boiled and then dipped in sauce which is to die for. Most certainly, a fantastic meal.

On April 17th, the group had breakfast, at you guessed it, Denny’s and then went around the town by way of the subway.

Several areas of Tokyo were visited including an area known as “Kitchen Town”. An entire street with nothing but kitchen wears. Matthew was able to complete his quest of obtaining a set of Japanese

kitchen knives. Later in the evening the group was joined by Brian and enjoyed Yakitori or grilled chicken. Now grilled chicken in Japan goes beyond the standard cuts that we get in the US and included hearts, gizzards, cartilage, as well as an appetizer of raw preparation of chicken. Matthew and Ken had second thoughts about the consumption of raw chicken, but when in rome, I guess.

Matthew, who has showed no signs of a food borne illness, lived to tell the tale of eating raw chicken and notes that was actually not all that bad with the sauce the have for it. He will not be eating raw chicken in the US and would encourage readers to avoid this as well.

The night was topped off with a trip to the karaoke tavern where Garth Brooks and Journey came to life in Japan by an unnamed member of the group.

On April 18th, Ken and Matthew started their quest for home. They were once again upgraded to First Class, which is sure a treat. Travel was a smooth as can be.

The once-in-a-lifetime trip was better than Matthew could have expected. Tokyo never seemed like a big city.

Only two car horns were honked within ear shot throughout the trip. The streets are very clean, and the air quality was good. The Japanese people were incredibly kind and that country has English menus and guides very readily available.

A great time was had by all and many quality memories were made. Oh, and Japanese knives are REAL sharp...



Community Calendar

Wed. June 22: McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran’s

Thurs. June 23: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran’s 11:30am to 1:30pm;

Fri. June 24: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran’s 11:30am to 1:30pm

Mon. June 27: McIntosh Library 10am to 3pm; Children’s Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran’s 11:30am to 1:30pm

Tues. June 28: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran’s 11:30am to 1:30pm

Wed. June 29: McIntosh Library 12pm to 5pm; Library event Wierd Chemistry with Don Carey 10:30am; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran’s 11:30am to 1:30pm

Thurs. June 30: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran’s 11:30am to 1:30pm

Fri. July 1: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran’s 11:30am to 1:30pm

Mon. July 4: Happy Independence Day!! McIntosh City Offices Closed; McIntosh Times Office Closed; McIntosh Library Closed

Tues. July 5: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran’s 11:30am to 1:30pm

McIntosh Times Yard of the Week

The McIntosh Times and McIntosh Community Club will be sponsoring a Yard of the Week award for the summer months.

We are asking for nominations and suggestions. The yards can be rural, or in the towns of McIntosh and Winger.

Please feel free to submit your nominations to: mcintoshtimes@gmail.com; or on our facebook page at www.facebook.com/mcintosh.times/.

We will try to feature as many yards as we can and appreciate your nominations.



The yard of Becky Boehrsen and Scott Grove is colorful with lots of sun and bright flowers. There are lots of fun surprises as you walk through the different garden areas.

Did you know?

Labor costs can account for a substantial amount of the cost of a home improvement project. Estimates regarding the average labor costs of such projects range from 25 to 60 percent. Such a wide range can make it hard for homeowners to determine their budgets, and high labor costs may compel some homeowners to tackle projects on their own. While DIY projects can be rewarding and cost-effective, the potential for costly mistakes is considerable, especially for homeowners with little or no DIY experience.

Labor costs should be included in contractors' estimates, but homeowners can ask around to get an idea of how much they will spend on labor when hiring professional contractors. Various factors, such as geographic location and the level of customization a project requires, influence labor costs. Homeowners can expect to pay a lot for labor on projects that require considerable customization. Though that can be a tough pill to swallow, complex projects may stretch if not exceed homeowners' own abilities, making the

cost of customized labor well worth it. Solicit estimates from numerous contractors before making your final decision, recognizing that the least expensive estimate is not necessarily the best option.

B-B Cafe Menu

- Wed. June 22:** Turkey Club with Summer Salad and Dessert
- Thurs. June 23:** BBQ Ribs, Baked Potato, Mixed Vegetables and Dessert
- Fri. June 24:** Breaded Chicken Sandwich, Cup of Soup and Dessert
- Mon. June 27:** Lasagna, Garlic Toast and Dessert
- Tues. June 28:** Meatballs, Mashed Potatoes & Gravy, Corn, Roll and Dessert
- Wed. June 29:** Cali Burger, Mac Salad and Dessert
- Thurs. June 30:** Country Fried Steak, Mashed Potatoes, Corn, Roll and Dessert
- Fri. July 1:** Fried Chicken, Potato Salad, Roll and Dessert

Auditions for Community Theater

Auditions for the Fosston Community Summer Theatre will be held this Thursday June 23rd and Saturday June 25th at the Fosston Library & Arts Center.

The play is "The Spoon River Project", a play with music. Eleven actors are required (6 male/5 female).

While not a musical, casting priority will be on actors who can sing. The play is directed by Denny Jacobs of Crookston. Musical director is Michelle Landsverk of Fosston.

Auditions will take place on Thursday at 7:00 PM and on Saturday at 10:00 AM.

VFW donates to localChurches

The McIntosh VFW Post 6891 made donations for cemetery funds for the following churches in our area:

- Gosen Lutheran Church
- Trinity Lutheran Church
- Vernes Lutheran Church
- Mount Carmel Lutheran Church
- Our Saviors Lutheran Church
- Salem Lutheran Cemetery Association

A big thank you to the members of the VFW post #6891 for making local donations and serving our community.

Community Birthday and Anniversary Calendar

- Wed. June 22:** Erik Hamre, Kristin Fritz, *Jason & Shannon Svlen, *Stacy & Andy Smith, *Jerry & Bonnie Shaver
- Thurs. June 23:** Vicky Strom, Brady Tucker, Kenny Hansen, Fernando Soto, *Kris & Gwen Rue, *Paul & Sandra Jore
- Fri. June 24:** Karlie Schow, Holly Schlagel, Mark Simonson, *Jim & Bonita Klein, *Steve & Candace Haaven, *Calvin & Annie Schow
- Sun. June 26:** AM-att Thompson, *Terry & Claudette Erholtz
- Mon. June 27:** Debbie Haaven, *Clay & Teresa Syverson
- Tues. June 28:** Judy Webster, *Craig & Jill Lende

Bethel Cemetery Association Meeting

June 30, 2016 at 9:00 am at Bethel Cemetery.

NOTICE ELECTION AND ANNUAL MEETING VERNES CEMETERY ASSOCIATION

The annual election and meeting of the Vernes Cemetery Association will be held on Monday, July 11, 2016 at the Vernes Lutheran Church. The meeting shall start at 7:00 p.m. and all association members are invited to attend. Association members are all members of Vernes Lutheran Church and anyone else who has relatives or friends buried in the cemetery. Again, all members are encouraged to attend.

Gordon Syverson Secretary/Treasurer Vernes Cemetery Association

Public Notification of Intent to File Application

The City of Winger has filed an application for financial assistance with USDA, Rural Development. The specific purpose of this application is to apply for predevelopment planning grant funds to assist with the predevelopment costs associated with the proposed water system improvements.

Any written comments regarding this application should be provided within (15) days of this publication to **USDA, Rural Development, Attn: Megan Gernentz, 1424 East College Drive, Suite 500, Marshall, MN 56258.** Requests to receive a copy of this application should be directed to this office.

MAC TO FLUSH WATERLINES

The City of McIntosh will be flushing waterlines and hydrants each Thursday throughout the summer. Residents are encouraged to watch for rusty or dirty water on these days. Fill washing machines to check water before adding clothes.

Solar...

Continued from page 1..... (MW) compared to a total of 35 MW at the end of 2015. (One megawatt equals 1 million watts, enough to power about 125 houses in Minnesota.) The Minnesota Solar App was originally developed at the University of Minnesota and is now managed by the Commerce Department, which has added new and improved features. The agency is responsible for state energy programs, including the promotion of high-efficiency and renewable

energy technologies. The app is able to measure the solar energy received at virtually any location in the state by using high-resolution imaging data from Lidar, a satellite-based remote sensing technology. The tool can also analyze the daytime shading patterns that affect a location's suitability for a solar installation. An analysis that once required an onsite visit with an installer climbing on a rooftop to take

City of McIntosh

2015 Drinking Water Report

PWSID: 1600011

The City of McIntosh is issuing the results of monitoring done on its drinking water for the period from January 1 to December 31, 2015. The purpose of this report is to advance consumers' understanding of drinking water and heighten awareness of the need to protect precious water resources.

Source of Water

The City of McIntosh provides drinking water to its residents from a groundwater source: two wells ranging from 206 to 210 feet deep, that draws water from the Quaternary Buried Artesian aquifer.

The Minnesota Department of Health has made a determination as to how vulnerable our systems' source(s) of water may be to future contamination incidents. If you wish to obtain the entire source water assessment regarding your drinking water, please call 651-201-4700 or 1-800-818-9318 (and press 5) during normal business hours. Also, you can view it online at www.health.state.mn.us/divs/eh/water/swp/swa.

Call Larry Hedlund, Maintenance Supervisor, 218.563.3747 if you have questions about the City of McIntosh drinking water or would like information about opportunities for public participation in decisions that may affect the quality of the water.

Results of Monitoring

No contaminants were detected at levels that violated federal drinking water standards. However, some contaminants were detected in trace amounts that were below legal limits. The table that follows shows the contaminants that were detected in trace amounts last year. (Some contaminants are sampled less frequently than once a year; as a result, not all contaminants were sampled for in 2015. If any of these contaminants were detected the last time they were sampled for, they are included in the table along with the date that the detection occurred.)

Key to abbreviations:

- MCLG—Maximum Contaminant Level Goal: The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
- MCL—Maximum Contaminant Level: The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
- MRDL—Maximum Residual Disinfectant Level.
- MRDLG—Maximum Residual Disinfectant Level Goal.
- AL—Action Level: The concentration of a contaminant which, if exceeded, triggers treatment or other requirement which a water system must follow.
- 90th Percentile Level—This is the value obtained after disregarding 10 percent of the samples taken that had the highest levels. (For example, in a situation in which 10 samples were taken, the 90th percentile level is determined by disregarding the highest result, which represents 10 percent of the samples.) Note: In situations in which only 5 samples are taken, the average of the two with the highest levels is taken to determine the 90th percentile level.
- ppm—Parts per million, which can also be expressed as milligrams per liter (mg/l).
- ppb—Parts per billion, which can also be expressed as micrograms per liter (ug/l).
- N/A—Not Applicable (does not apply).

Contaminant (units)	MCLG	MCL	Level Found		Typical Source of Contaminant
			Range (2015)	Average /Result*	
Arsenic (ppb)	0	10	N/A	5.02	Erosion of natural deposits; Runoff from orchards; Runoff from glass and electronics production wastes.
Barium (ppm) (12/09/2014)	2	2	N/A	.09	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits.
Fluoride (ppm)	4	4	.73-1.9	1.24	State of Minnesota requires all municipal water systems to add fluoride to the drinking water to promote strong teeth; Erosion of natural deposits; Discharge from fertilizer and aluminum factories.
Haloacetic Acids (HAA5) (ppb)	0	60	N/A	2.1	By-product of drinking water disinfection.
TTHM (Total trihalo-methanes) (ppb)	0	80	N/A	.7	By-product of drinking water disinfection.

*This is the value used to determine compliance with federal standards. It sometimes is the highest value detected and sometimes is an average of all the detected values. If it is an average, it may contain sampling results from the previous year.

Contaminant (units)	MRDLG	MRDL	****	*****	Typical Source of Contaminant
Chlorine (ppm)	4	4	1.4-1.5	1.48	Water additive used to control microbes.

****Highest and Lowest Monthly Average. *****Highest Quarterly Average.

Contaminant (units)	MCLG	AL	90% Level	# sites over AL	Typical Source of Contaminant
Copper (ppm) (08/27/2014)	1.3	1.3	.4	0 out of 10	Corrosion of household plumbing systems; Erosion of natural deposits.
Lead (ppb) (08/27/2014)	0	15	1.3	0 out of 10	Corrosion of household plumbing systems; Erosion of natural deposits.

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. City of McIntosh is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>.

Monitoring may have been done for additional contaminants that do not have MCLs established for them and are not required to be monitored under the Safe Drinking Water Act. Results may be available by calling 651-201-4700 or 1-800-818-9318 during normal business hours.

Compliance with National Primary Drinking Water Regulations

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include:

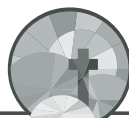
- Microbial contaminants*, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.
- Inorganic contaminants*, such as salts and metals, which can be naturally-occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.
- Pesticides and herbicides*, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses.
- Organic chemical contaminants*, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff, and septic systems.
- Radioactive contaminants*, which can be naturally-occurring or be the result of oil and gas production and mining activities.

In order to ensure that tap water is safe to drink, the U. S. Environmental Protection Agency (EPA) prescribes regulations which limit the amount of certain contaminants in water provided by public water systems. Food and Drug Administration regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline at 1-800-426-4791.

Some people may be more vulnerable to contaminants in drinking water than the general population.

Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline at 1-800-426-4791.



CHURCH DIRECTORY

ST. MARY'S CHURCH Fosston

Fr. John Suvakeen, Pastor
Wed. June 22: 11:30am Mass at St. Mary's, Fosston; 12:00pm Adoration at St. Mary's, Fosston
Fri. June 24: 11:30am Mass at St. Mary's, Fosston
Sun. June 26: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
Wed. June 29: 11:30am Mass at St. Mary's, Fosston; 12:00pm - 8:00pm Adoration at St. Mary's, Fosston

If you have any questions about the schedule please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH

Winger/Bejou Supply Pastor Gordon Syverson
Sun. June 26: 8:30am Worship at Immanuel; 9:45am Worship at Calvary
Sun. July 3: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)

McIntosh Supply Pastor Gordon Syverson
Sun. June 26: 11:15am Worship Service
Sun. July 3: 11:15am Worship Service

GOSEN LUTHERAN CHURCH Independent

Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church
Wed. June 22: 1:30pm Bible Study at The Country Place
Sat. June 25: 8:00pm Prayer Meeting
Sun. June 26: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service

Tues. June 28: 10:00am Sunday Worship service telecast on Garden Valley Cable TV - Channel 2
Wed. June 29: 1:30pm Bible Study at The Country Place
For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson
Trinity:
Wed. June 22 7:30pm Bible Study and Prayer
Sun. June 26: 9:30am Worship Service
Wed. June 29: 7:30pm Bible Study and Prayer
Sun. July 3: 9:30am Worship Service
Mt. Carmel:
Thurs. June 23: 7:00am Men's Breakfast
Sun. June 26: 11:00am Worship Service
Thurs. June 30: 7:00am Men's Breakfast
Sun. July 3: 11:00am Worship Service

VERNES LUTHERAN CHURCH (LCMC)

McIntosh Pastor Jill Torgerson
Sun. June 26: 9am Worship
Sun. July 3: 9am Worship

DOVRE

FREE LUTHERAN Pastor Don Edlund
Wed. June 22: 7:00pm Bible Study: Breaking the Apocalypse Code
Sun. June 26: 10:00am Worship Service
Wed. June 29: 7:00pm Bible Study: Breaking the Apocalypse Code
Sun. July 3: 10:00am Worship Service

IMMANUEL LUTHERAN CHURCH

McIntosh Rev. Linden Wendzel, Pastor
Sun. June 26: Worship Service
Tues. June 28: 10:30am Devotions at McIntosh Senior Living
Service Broadcast, TV Channel 12 Wednesdays at 10am - Holy Communion 1st and 3rd Sundays

Story to Share?

If you have a story or photos you want to share, please send to: mcintoshtimes@gmail.com

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McINTOSH Times

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"Serving the Win-E-Mac area"

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Winger News

by Linda Pulskamp

Greetings again from Winger and the Union Lake areas where we have had a week of mixed weather, some warm days and some cool, damp and windy days.

We are well on our way into the month of June which means that the 4th of July is right around the corner and with that it seems like summer is on its way out. But first we must get summer which we haven't had much of, hopefully soon.

Fertile Fair is in the near future and hopefully then we will have some nice days and nights for all involved.

Welcome back to our winter snow birds Bob and Jeanine Perreault who are back in their home in Winger and from the looks of their yard one would think that they have been here all spring.

Wednesday the 8th Judy Gieseke was morning visitor at the Fern and Milton Carlson home, and after work that evening Donna Carlson visited at Carlson's.

Visitors last week end at the Pulskamp home were Kelly Johnson, Dean Johnson and Reha Sanstead of Erskine.

Paul and Donna Carlson and Jasmine and Carson Ben-

esh were visitors with Fern and Milton Carlson at the Carlson home last Saturday.

Tuesday afternoon Lucy Brtek picked up Joyce Balstad and both ladies attended Ladies Aid at Calvary.

Sheldon and Rita Trandem were visitors last Wednesday at the Pioneer Home with Helmer and Verlys Homme.

Last Sunday the 12th Paul and Donna Carlson brought supper and were visitors with Fern and Milton Carlson at the Carlson home. Also visiting at the Carlson home that evening were Sheila, Chris, Jasmine and Carson Benesh.

Last Monday Orton and Joyce Stardig of Bemidji visited with Martha Henney at the Pioneer Home at Erskine. Martha recently moved to the Pioneer Home and is busy getting settled in and acquainted there.

Last Saturday afternoon Donnie Johnson of Maple Lake, Mn and Nola Abele of Fosston were visitors at the Pulskamp home.

Helmer Homme along with several others from the area attended a Twins Game in Minneapolis last Saturday.

Monday the 13th Judy Gieseke was a morning visitor and

coffee guest at the Fern and Milton Carlson home, that evening Donna Carlson visited at Carlson's after work.

Mark and Betty Syverson were visitors last Sunday with Helmer and Verlys Homme at the Pioneer Home at Erskine.

On Tuesday Laura Grant picked up Grandma Martha Henney at the Pioneer Home at Erskine and brought Martha to the blood drive in Erskine. Needless to say Martha has donated at more blood drives than most. Bless you Martha.

A belated Happy Fathers Day to all you Fathers and Grandfathers out there hope you have a very special day, and also to those special fathers Happy Fathers Day.

Remember the Sue and Orrie Flermoen Auction Sale that is being held on June 25th and from there migrate into Winger and take in the Lion's Fish Fry being held that evening.

Until next week, keep up the good work "Bun".

From Bun Manor:

Brian Massmann went west this weekend to meet with his old college roommate Mike S. in Bismarck. They competed in the 2016 Medieval Rush (5k, mud type run) on Saturday. Their times may have not been great but they did complete it and had fun.

Sunday morning, after Church, Jerri and Floyd picked up Carsten and Joanne and went to Gary for the Lions Pan-

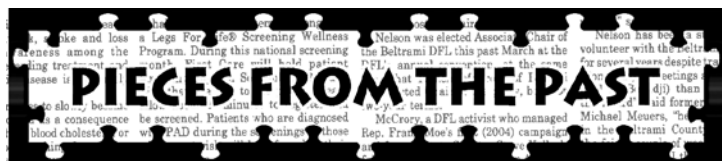
cake Breakfast. On the way home, just west of Bergeson Nursery, a black bear crossed the highway in front of them.

Bun called his nephew Doug Schulz on the 16th. to wish him a happy 50th birthday. Doesn't seem like 50 years ago when his parents and him got a phone call telling them of his birth. Doug is the son of Judy and Lloyd.

Matthew Massmann joined his buddy Brandon and his wife Angela this weekend for a fun filled trip to Walker for the Moondance Jammin' Country Fest. They enjoyed listening to the various artists on Friday and Saturday evening. It was noted that they have sure slowed down from when they started hitting up the music festivals over ten years ago. On Sunday, Matthew drove to Winger on his way from Bemidji to see Chief and wish him a Happy Father's Day. Matthew and Steve were able to enjoy the balmy weather on the golf course, where Matthew came out victorious. Following golf, Lorri, Brian and Elizabeth joined them for supper at the Smokehouse. The boys split supper so Steve and Lorri were treated for the occasion.

We need your news readers or Linda and Bun may retire. That would be bad.

Don't forget the Winger Lion's are having their fish fry this coming Saturday at the Community Center.



40 years ago...1976: Familiar scenes during the Bicentennial celebration are ladies in their long dresses. Styling their Bicentennial costumes at the Winger Day Bicentennial activites are Cora Christenson and Belinda Evenson, in the Winger Park.



30 years ago...1986: Local students who recently attended a basketball clinic sponsored by the University of Minnesota - Crookston (UMC) were front row, from left: Dave Kiecker and Kerry Mandt. Back row, from left: Mic Schimanski, Mike Theis, Mike Balstad.



20 years ago...1996: (L-R) Marvie Johnson served the baked beans and Bob Hulst had the barbecues ready to go in the serving line during the Customer Appreciation Picnic hosted by the First National Bank on Friday, June 14.



10 years ago...2006: Stacy Lucken of Lucken's Collectables in Fertile and formerly of Winger had several copies of The Winger Enterprise for sale at her booth at the Flea market during Saturday's Winger Appreciation Day celebration. The copy that she is holding is from April 15, 1937.



The City of McIntosh Yard of the Week belongs to Brooke Johnson and Mark Simonson. The two have done lots of work since moving into this house, including a new roof, which is in progress. Congratulations Brooke and Mark, your yard looks wonderful!

Regional Ag News
Jim Stordahl, Extension Educator

Laundering Clothes after Pesticide Applications

The spraying season is upon us and for the next several weeks, many farmers and pesticide applicators will be exposed to various toxic pesticides. The simple act of washing the applicators clothing can have an effect on the well being of others in the household. The following information is adapted from Montana State University Extension.

The use of pesticides may pose a direct risk to the applicator, but also may pose an indirect risk to his or her family. During pesticide application, clothing can pick up pesticide residues through spills and drift. Tossing contaminated garments into the washer or laundry basket with other clothes can transfer the residue to the other garments and unwittingly to other family members.

Ordinary laundry procedures won't rid the clothes of highly toxic and concentrated pesticide residues. Because pesticide absorption through the skin-not through the respiratory system-is the major risk for agricultural workers, textile researchers continue to study pesticide removal from clothing. Fabrics studied include those typically used by farm workers-heavyweight 100% cotton and 50/50% polyester-cotton blends. Research to date shows that fiber content makes no significant difference in the amount of pesticide removed. However, shirts and pants of 100% polyester allow more penetration of pesticides, and should not be worn during pesticide application.

Applicators can first lower the risk to their families by taking some precautions:

- Spray clothing should be changed and washed daily.
- Before entering the house,

discard clothing saturated with highly toxic, undiluted pesticides, and discard any contaminated leather apparel. The pesticide can't be completely removed from these items.

· Pre-rinse other garments twice in a pail of hot water. Empty the prerinse water into the septic system, or use the water in following pesticide applications.

· If the clothing can be laundered, inform the person doing the wash about the pesticide-contaminated clothes and tell whether the pesticide was in a liquid or powder form.

Agricultural pesticides vary in toxicity so it's important to know which chemicals were used. Key words on all pesticide labels, called "Signal Words" identify the toxicity of the product. For example: Poison Danger signifies a highly toxic or highly concentrated product; Warning, moderately toxic; and Caution, slightly toxic.

Other factors which influence ease of removal are the formulation and concentration of the pesticide. Commonly used formulations are emulsifiable concentrates (EC), granulars (G), and wettable powders (WP). Water soluble formulations are easier to remove in laundering than oil based emulsifiable concentrates. Check pesticide label for formulation information.

Hazards are less pronounced in handling clothing exposed to low toxicity pesticides. The ease of pesticide removal through laundering does not depend on toxicity level; however, it depends on chemical class, solubility, and formulation of the pesticide. For example, 2,4-D amine is easily removed through laundering because it is soluble in water; 2,4-D ester is much more dif-

ficult to remove through laundering.

Clothing contaminated with highly toxic and concentrated pesticides must be handled most carefully, as these pesticides can be absorbed through the skin, and/or cause serious skin injury. In general, as the concentration of active ingredients (a.i.) in the pesticide increases, the removal of pesticide residue by laundering decreases.

Therefore, multiple washings are necessary if pesticide used is highly toxic or concentrated. In fact, discard clothing completely saturated with most concentrated, highly toxic pesticides. Use disposal directions on the side of the pesticide container label. Clothing contaminated with moderate or low-toxicity pesticides do not warrant such drastic measures.

Launder clothing after each day's use to maximize removal of chemicals. Accumulated residues are harder to remove. And, wearing clothing that already contains a pesticide puts the wearer at additional risk. In addition, do not allow children to play in or near the contaminated clothing. Do not dry-clean pesticide-contaminated clothing.

Follow these steps to properly launder pesticide-contaminated clothing. Keep contaminated clothing separate from other garments. Use a disposable plastic bag placed in a plastic box to hold them rather than a cloth bag or laundry basket. Wear rubber gloves when putting contaminated garments into the bag, and again when placing garments in the washer. If pesticide has left a stain, apply a prewash soil and stain remover or rub in a heavy duty liquid detergent.

Pre-rinse contaminated

clothing by hosing down outdoors, soaking in a separate tub or pail, or agitating in the washing machine. If rinsing outdoors, rinse and dispose of water away from ground water sources and away from areas where children play or animals are kept.

Ideally, a separate washer should be purchased and used to wash pesticide contaminated clothing but always wash contaminated clothing separately from the family wash. Research shows that pesticide residues are transferred from contaminated clothing to other clothing when they are laundered together.

Wash only a few contaminated garments at a time. Wash garments contaminated by the same pesticides together.

Use as hot a water temperature as possible-the hotter the better. Cold water washing may save energy, but it will not remove the pesticide effectively.

Set washer water level for extra large or large load to flush fabrics thoroughly. Use regular cycle (at least 12 minutes) and normal wash speed settings. A double rinse is recommended.

Use the recommended amount of heavy duty liquid laundry detergent-don't skimp. Research shows that heavy duty liquid detergents, known for their oil removing ability, are more effective in removing emulsifiable concentrate (EC) pesticide formulations, which are oil based. Either the heavy duty liquid, or heavy duty powder detergents under soft water conditions, effectively remove non-oil based pesticide residues.

Laundry additives such as

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Continued on page 4 ...



Nevaeh Simpson and Ruby Breckel perform during the Win-E-Mac Elementary Spring Program.



Playing the Conga drums, as the 4th through 6th grade Elementary Choir performed "Zum Gali Gali", are Jadon Kangas and Chase Shear.



The 2nd graders performed for their friends and family during the Win-E-Mac Elementary Spring program. Pictured here are (l-r) Karlie Schow, Courtney Lecy, and Cameron Svalen.

Win-E-Mac Names Honor Roll Students for 4th Quarter

The following Win-E-Mac Senior High School and Junior High School students have attained either an "A" or "B" average in academic subjects for the fourth quarter of the 2015-2016 school year. Congratulations! To be eligible for the "A" Honor Roll you need to have attained a 3.76 – 4.00 GPA and to be eligible for the "B" Honor Roll you need to have attained a 3.00 – 3.75 GPA.

Seniors

"A": Andrew Bryant, Megan Espeseth, Shayley Espeseth, Jessica Kasprzak, Kelsey Knutson, Madison McKeever, Indianan Nornes, Mikayla Vesledahl; "B": Nathan Brekke, Justin Carlson, Caitlyn Ek, Kinlee Faldet, Amanda Farrell, Suzanna Martushev, Rachel Morberg, Aaryk Neubert, Hunter Parenteau, Cecilia Peterson, Michael Revier, Joshua Young.

Juniors

"A": Breanna Carroll, Hunter Chaput, Alayna Espeseth, Alaina Juve, Alec Kiecker, Noah Klinkhammer, Olivia Simonson, Jessica Thompson; "B": Bastian Benson, LaTanya Bring, Bailee Burcham, Jorey Carlson, Adreanna LaCoursiere, Anthony Smith.

Sophomores

"A": Mackenzie Fuller, Blake Glass, Jarrin Gunderson, Maci Hamre, Emelian

Kaya, Bryce Neubert, Joseph Parenteau, Patience Reep, Grace Spry, Lauren Strom, Kylie Stuhau, Sydney Tadmman, Kendra Thompson, Tyra Wilson; "B": Mackenzie Best, Jordin Gunderson, Cole Shaver.

9th Grade

"A": Lily Breckel, Brekken Lindberg, Mariah McKeever, Clarissa Neste, Aries Qualley, Hannah Smeby, Mason Spry; "B": Tapanga Bratager, Kylie Brekke, Garret Erickson, Seara Gerber, Karter Jaeger, Madyson Plante, Joseph Revier.

8th Grade

"A": Lindsey Espeseth, Rylee Haugen, Abby Lende, Elliana Lindberg, Natasha Salsbery; "B": Alina Basargin, Katelynn Cavalier, Nathan Fortman, Lydia Kutsev, Dustin Osland, Noah Roragen, Carlisle Sander, Adeline Spry

7th Grade

"A": Paige Breckel, Nikon Erofeeff, Gavin Haskett, Alex Jacobson, Reed Neubert, Dylan Roy, Bryer Strom, Mia Thompson; "B": Felicity Andress, Bryce DuChamp, Remy Goodwin, Zachariah Gummering, Kobe Hamre, Serendipity Holmes, Brianna Johnson, Grace Kaupang, Jordan Lemke Berzins, Adam Mills, Noah Ostenaar, Jhana Saeland, Brock Trandem, Gavin Walker.

ferent weather occasions. Also, you never know, if you will get one outfit dirty during the day or if it becomes uncomfortable, bring enough that you have options. A tip for packing for a longer trip would also be to bring clothes that can be mixed and matched with multiple clothing items. This will help ensure you have enough room in your suitcase.

2. **Bring a laundry bag.** Whether it is a mesh bag (which I brought), or just a garbage bag or other empty suitcase, it is always nice to have a space to put dirty laundry in. This will keep your clean clothes from being surrounded by a bunch of dirty clothes. Also, it will make sorting through your clean and dirty clothes much easier when you get back home.

3. **Bring your own cooler and snacks.** Bringing your own cooler and snacks eliminates having to make multiple stops, besides restroom stops, and having extra costs. It cuts costs if you buy your snacks and drinks in bulk at the store,



The 4th - 6th grade Elementary Choir sang and performed during the Win-E-Mac Elementary Spring Program held in the Arts and Event Center at the school.



(Pictured above): The Win-E-Mac 2nd grade class performed for the crowd during the 2016 Elementary Spring Program held at the School Arts and Event Center on May 24th.

Stordahl...

Continued from page 3 ...

chlorine bleach or ammonia do not improve removal of pesticide residues. Never use ammonia and chlorine bleach in the same wash load. Irritating fumes will result!

Multiple washings are needed if clothing was worn when using highly toxic or concentrated pesticides. Clothing worn while using low toxicity products may be laundered effectively in one machine washing. Check the pesticide label for keywords indicating toxicity levels. Remember to discard clothing heavily soiled with full-strength or concentrated liquid pesticides.

Line dry the garments. This prevents the possibility of residues collecting in the dryer.

Remove any leftover pesticides from the washer by running an "empty load" through the complete cycle, using hot water, full or normal water level, detergent, and normal or regular machine settings and cycles.

Choose a phosphate (powdered) detergent or a heavy-duty liquid detergent. Heavy-duty liquid detergents are particularly effective in removing oily emulsifiable concentrate (EC) formulations, and are insensitive to water hardness. Phosphate-powdered detergents are particularly effective in removing particulate soils (wetttable powder formulations), but are sensitive to hard water.

For more information, contact me at 800-450-2465 or stordahl@umn.edu. Source: Montana State University Extension.

verses buying it individually at the gas stations.

4. **Know your route ahead of time.** It is always smart to look at your route before you head out on the road. It is also a good idea to look and see if there is any construction areas or toll booth areas to be aware of. We found that the Google Maps app was the most helpful on our trip. It would give us the fastest route, as well as letting us know when there was construction or even a congestion of traffic.

5. **Allow some extra time.** You never know if there will be traffic, construction, or simply somewhere you would like to spend a little more time at on your trip. Allow for a little extra time when going on your trip so you do not have to rush through everything. It is a good idea to look on Trip Advisor and see what different attractions are on the way to where you are going, and if any of them are things you would want to stop at. This will help you be able to manage your time better, as well as knowing when to start looking for the attraction.

"Sometimes the most scenic roads in life are the detours you didn't mean to take."

— Angela N. Blount, Once Upon an Ever After

WEM Elementary Spring Program



During the Win-E-Mac Elementary Spring Program the 3rd Grade sang songs and even played some instruments during their performance for friends and family.



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Random Things and Stuff

Road Trip Tips

By: Emily L. Melott

Recently, I just got back from a week long road trip to TN and back to MN. This was not my first road trip, but it was my first one without my parents along. My husband and I went on our honeymoon, and instead of flying, chose to have a road trip. Of course, I went and looked up a lot of different people's advice on what to bring and what to do on road trips, but here are my tips from firsthand experience:

1. **Pack for all occasions.** You can check the weather a hundred times, but that doesn't always mean it is going to stay the way the weather person depicts it. Pack enough for the days you will be gone, along with some extras for dif-