Vol. 136 Number 28 Wednesday, March 5, 2025

McINTOSH Times $1.00

Hub of the Thirteen Townships

Since 1888

McIntosh, Minnesota



The 2025 McIntosh City Council includes Mayor Toby Strom (middle), Mark Simonson, Luke Syverson, Beth Hagen and Adam Strutz. The City Council meets the second Thursday of each month at 5:30 pm at the McIntosh Community Center.

Will daylight saving end?



Winter is winding down as February is behind us, March comes in and spring is in the air. But nothing really welcomes the change of seasons like the day we push the clocks forward for the start of daylight saving time 2025.

Under the current daylight saving period, most Americans will lose an hour on this Sunday March 9th and gain an hour on the first Sunday of November.

Although the annual change in standard time will cause us to lose an hour sleep, the sunny side of this practice is longer and lighter evenings.

Benjamin Franklin gets some credit for the idea of daylight saving time, though his recommendation was a joke. In a letter to the editor of the "Journal of Paris," Franklin jokingly recommended the people get out of bed earlier in the morning to minimize the use of candles and lamp oil. He never mentioned setting clocks back or forth.

In 1895, George Hudson, an entomologist from New Zealand, came up with the modern concept of daylight saving time. He proposed a two-hour time shift so he could have more after-work hours of sunshine to go bug hunting in the summer. Hudson suggested moving clocks ahead two hours in October and then a two-hour shift back in March.

In 1905, William Willett, a British builder, suggested moving clocks ahead 20 minutes every Sunday in April and then setting them back every Sunday in September. That's eight time changes every year.

It was during World War I that daylight saving time was first practically used. In 1916, locations within the German Empire set clocks ahead one hour to use less power for lighting and to save fuel for the war effort. Many other countries soon followed and after the war ended, they all went back to standard time.

In the United States, daylight saving time was first used in 1918, when a bill introduced the idea of a seasonal time shift. It lasted seven months before the bill was repealed.

During World War II, President Franklin Roosevelt reestablished the idea of daylight saving time. It was called "War Time." War Time began in Feb. 1942 and lasted until the end of Sept. 1945.

In 1966, the Uniform Time Act of 1966 established the idea of regulating a yearly time change. Daylight saving time would begin the last Sunday in April and end the last Sunday in October.

During the 1973 oil embargo, the United States Congress ordered a year-round period of daylight saving time to save energy. The period ran from Jan. 1974 to April 1975. The plan did little to save energy and lost popularity. In Oct. 1974, the U.S. switched back to standard time.

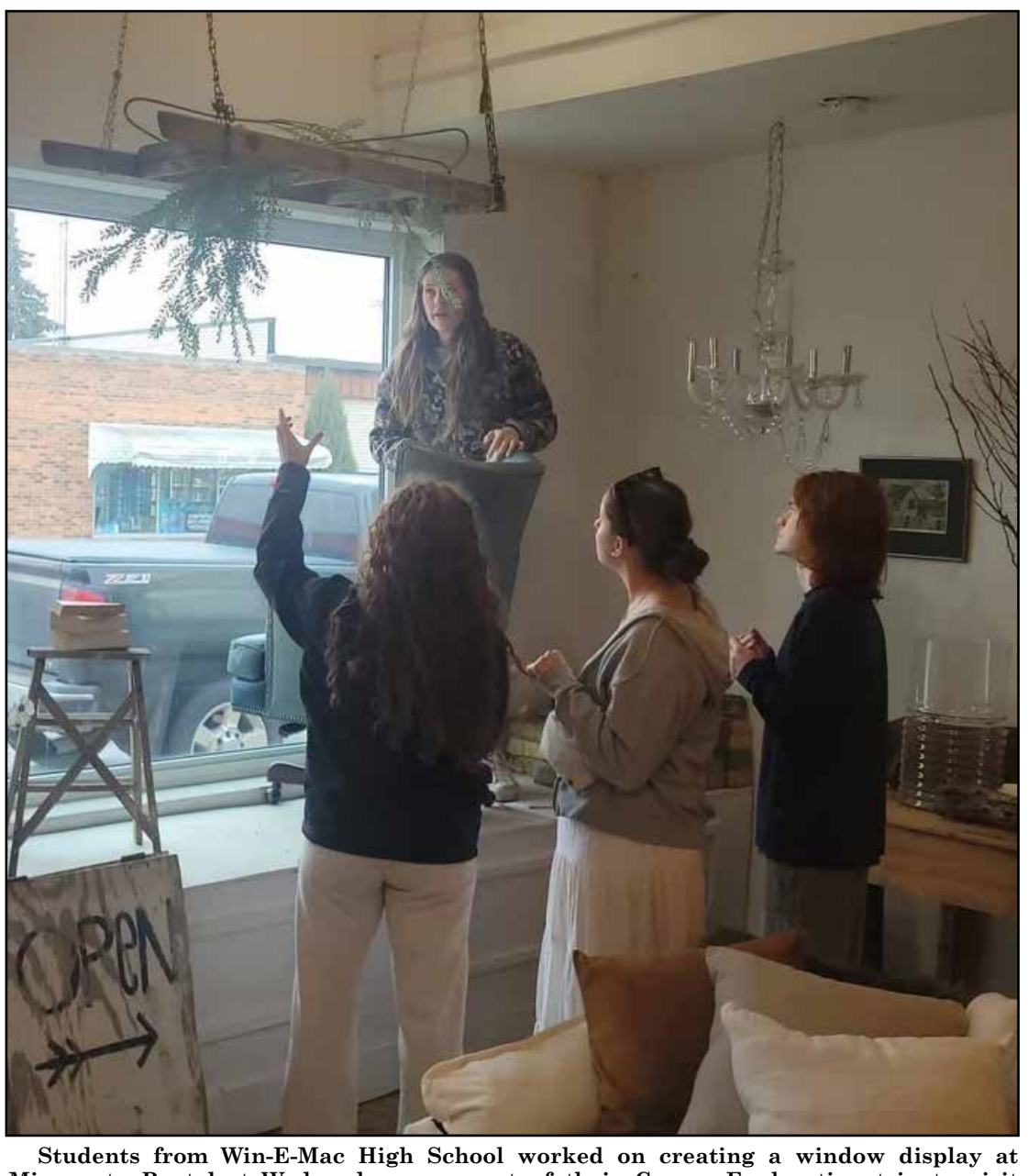
From 1987 through 2006, daylight saving time started the first weekend in April, running through the last weekend in October.

In 2007, the start and end of daylight saving time shifted again. That year, it began on the second Sunday in March and it ended on the first Sunday in November, which has been the case ever since.

In recent years, some have pushed to make daylight saving time last year-round. Several states have passed legislation to make this law.In April 2024, the Oklahoma governor signed a bill to "lock the clock" and permanently use daylight saving time year-round. The bill would still require Congress to allow the time change before taking effect. The efforts to establish standard time year-round failed to pass as they died in committee.

I guess "time" will tell if we see year-round daylight saving time in the future.

Daylight saving time begins at 2:00 a.m. on Sunday, March 9, at which time clocks 'spring forward' and reset to 3:00 a.m.



Students from Win-E-Mac High School worked on creating a window display at Minnesota Rust last Wednesday as a part of their Career Exploration trip to visit businesses in McIntosh.

WEM School Health Office offers student illness reminder

Often an early morning decision that parents have to make is whether their child is well enough to go to school. Not only may the child feel too sick to learn very much on those days, but they are also infecting other students and staff. Below are some guidelines, which will help you decide whether to send them or keep them home.

Fever: If a student has a temperature of 100 degrees or more, parents should keep their children home. If they have 100 degrees or more fever at school, parents will be called to come to pick up their child. They need to be fever-free for 24 hours before returning to school. Tylenol, Ibuprofen, and other similar medications will bring a fever down, but it does not mean that the child is still not sick. They need to be fever free without taking medication for 24 hours.

Often temperature rises during the day. A slight fever in the morning will get much higher by noon. Often with a borderline temperature (99-100), kids might feel quite ill. Use your judgment about sending them when their fever is less than 100.

Vomiting and diarrhea: Keep them home! Vomiting and diarrhea are not considered "normal". Often children will feel better after vomiting, but will quickly become ill again. Keep them home until they are free of symptoms for at least 24 hours after the last episode of vomiting and/or diarrhea.

Antibiotic treatment: If your child is on antibiotics for a communicable disease, such as strep throat, pink eye, etc, keep them home until they have been on the antibiotics for 24 hours. The exception would be for pertussis (whooping cough). They need to stay home for 5 full days of antibiotic treatment before returning to school. If they are going to continue on antibiotic treatment at school, be sure to follow the school's medication policy. Please follow your doctor's orders for antibiotics. Stopping them when the child feels better may cause the child to become sick again. Giving them for the entire time the doctor prescribes will help insure that the infection has been treated.

Chicken pox: Students with chicken pox need to stay home until all of the pox marks have scabbed over-generally 7 days. If the student gets chicken pox from the vaccine, it is usually a mild case. But they still need to stay home until the pox marks are all scabbed over.

Illness.....

Continued on page 4 ...



Win-E-Mac students in grades 9 - 12 had their second Career Exploration trip of the year on Wednesday, February 26. The students were able to explore local businesses in McIntosh, including The Clubhouse Childcare Center, Minnesota Rust and Howard Soap Company. Members of the Sanford Ambulance Serivce from Bagley also came to the school to show the different aspects of their jobs as well.

Become a Senior Companion volunteer

90% of volunteers say their service changed their lives

(February 24, 2025) — Lutheran Social Service of Minnesota is seeking volunteers for its Senior Companion Service, in partnership with AmeriCorps Seniors, a national service agency, to offer friendship and support to older adults in the community.

LSS recently expanded the Senior Companion service to counties in Northwestern Minnesota with additional funding from AmeriCorps Seniors. The new counties served include: Kittson, Lake of the Woods, Mahnomen, Marshall, Norman, Pennington, Polk, Red Lake and Roseau. With these new counties, the LSS Senior Companion service is now offered statewide.

Senior Companion volunteers are age 55 and older and visit older adults weekly offering encouragement, sharing their time and talents, assisting with errands, grocery shopping and transportation to appointments to assist older adults in remaining healthy and independent.

"I wanted to volunteer and pay it forward because I have been in need, and others have offered their help and support," shared Kay Kraulik, a new Senior Companion volunteer. "I like to be around people and make them happy. It gives me the opportunity to help others and make a difference in their lives."

And, the rewards go both ways, enriching the lives of Senior Companion volunteers as well. In a recent survey, Lutheran Social Service learned that over 90% of volunteers either agree or strongly agree that their volunteer experience at LSS has changed their life in a positive way. Almost 85% say that they feel more socially connected because of their service as a volunteer. More than 76% say that they feel healthier because of their service as an LSS volunteer.

"I am a happier person because I volunteer, and it motivates me and gives me something to look forward to," Kraulik said. "It brightens my day."

"Volunteering is a great way to give back to those in your community," said Carolyn Scherer, program director for Lutheran Social Service. "I hope many others will join us in this important service to our neighbors who are so grateful for the support."

The Senior Companion Service is currently seeking volunteers who are age 55 years or older and can commit to at least 10 hours per week. Volunteers receive an hourly stipend, a chance to stay connected and a meaningful opportunity to make a difference in the lives of older adults. No prior volunteer experience is needed, and training is provided.

Lutheran Social Service of Minnesota conducts background checks to ensure safety. Lutheran Social Service of Minnesota welcomes volunteers from various cultures, backgrounds, traditions and stages in life to inquire. If you are interested in becoming a Senior Companion volunteer, call 888.205.3770, email americorpsseniors@lssmn.org or visit lssmn.org/volunteer/seniorcompanion.

Grace Community Food Shelf

Grace Community Food Shelf will be open Thursdays March 13th and March 20th. We are on the east side of Grace Church in double garage. We welcome all of our communities for your needs.

Contact: foodshelf@gracechurcherskine.org or 218-687-2250. Leave name and number. We are also on Facebook.

Winger Lions Benefit is March 16

The Winger Lions will hold a benefit for Jesse Hickman on Sunday, March 16, 2025 from 9:00 am to 12:30 pm at the Winger Community Center. There will be a pancake breakfast with pancakes, sausage, strawberries, whipped cream and a beverage for a free will offering.

All are welcome and encouraged to attend this benefit to help our community member and friend.

Notice Election and Annual Meeting Hill River Township

The annual election and meeting of the Township of Hill River, County of Polk, State of Minnesota will be held on Tuesday, March 11, 2025 at the Hill River Town Hall.

The polls will be open from 5:00-7:00 p.m. to elect:

One (1) Supervisor for a term of three years

The annual meeting will start immediately following the election to conduct any business that comes up and to increase levy for 2026. In case of inclement weather, the meeting will be held one week later.

Scot Thompson, Clerk/Treasurer
Hill River Township

M50-51C

MN begins screening newborns for two additional disorders

Early intervention can slow progression of symptoms and extend lives

The Newborn Screening Program at the Minnesota Department of Health (MDH) has begun screening newborns for Duchenne muscular dystrophy (DMD) and guanidinoacetate methyltransferase (GAMT) deficiency. Early identification and treatment of these disorders is key to slowing the progression of symptoms as well as extending and improving the quality of children's lives.

DMD is a disorder that causes muscle breakdown. It affects legs and arms first, eventually leading to loss of mobility and weakness of internal muscles needed for breathing. If not identified in newborns, symptoms of DMD can go unrecognized for years. DMD often goes undiagnosed until children are 5 years old, at which point their muscles may already be severely damaged.

Based on the birth rate in Minnesota, as many as nine newborns are expected to need DMD treatment each year. Screening for DMD among newborns allows families and medical specialists to tailor care, such as physical therapy, based on approved treatments available for children at certain ages. Treatments do not cure DMD, but symptoms and muscle breakdown are less severe.

GAMT deficiency is a lifelong metabolic disorder causing a toxic buildup that, if left untreated, results in learning and behavioral challenges as well as serious brain and muscle problems. GAMT deficiency symptoms include late sitting, walking, speaking and growth. These symptoms typically begin before children reach their first birthday and as late as age 3. Based on Minnesota's birth rate, and the rareness of the disorder, MDH expects to identify GAMT deficiency in no more than one child a year.

Since 1964, when Minnesota started screening for PKU (phenylketonuria), blood samples from all Minnesota newborns have been sent to MDH's Public Health Lab for screening unless their parents opt out. As technology and treatments have improved in recent decades, Minnesota has expanded its newborn screening panel to help detect more disorders. In collaboration with hospitals, labs, midwives and medical professionals across Minnesota, newborns are screened soon after birth for more than 60 serious conditions.

The Minnesota Department of Health continues to be a national leader in newborn screening. In 2023, the MDH lab screened more than 60,400 newborns from across the state and recommended early intervention and treatment for conditions detected in about 400 of them. When a condition is detected, MDH contacts the child's health care provider to discuss the result, educate them about the condition and review the recommended follow-up.

Get ready to savor this epic Baja fish taco

Crispy, seasoned fish is topped with a creamy dressing and fresh pico de gallo, creating a burst of flavor in every bite.

You can choose either corn or flour tortillas for this taco recipe. If you're looking for a gluten-free option, corn is your best bet. I recommend the small street taco-size. They're easy to fill, hold and eat

Baja fish tacos

8 tacos

1 lb. cod fillets
2 Tbsp. Extra virgin olive oil
1 teaspoon smoked paprika
1 teaspoon garlic powder
½ teaspoon sea salt
½ teaspoon black pepper
½ teaspoon cumin
Pinch of chili powder
8 corn or flour tortillas
Pico de gallo, fresh from the produce section cabbage slaw, can be made with pre-packaged shredded mix
Your fave creamy dressing (I like vegan ranch or cilantro lime dressing are good choices)

To make cod filets:

Preheat the oven to 400 degrees Fahrenheit and line a baking sheet with parchment followed by a wire rack. Spray the tops of wire rack to prevent sticking.

In a bowl, add together the smoked paprika, garlic powder, salt, black pepper, cumin, and chili powder, stirring everything to combine.

Drizzle with olive oil and season both sides of the cod fillets and line them onto the prepared baking sheet with the wire rack. Bake for 10-15 minutes. NOTE: To know when cod fillets are done: opaque white, flakes easily, and has a golden brown top.

Remove from oven and let cool before chopping them into medium chunks.

Char or warm tortillas:

To lightly toast taco tortillas, preheat oven on 350 degrees Fahrenheit and place tortillas directly on rack. Turn off oven once heated and let tortillas warm for 2 minutes. Remove from oven. For char on a stove top, pop one of the tortillas onto a gas burner until you begin to see a little smoke. Remove tortilla to rotate it onto opposite side until it's lightly charred. Repeat until all tortillas are charred.

Assembly:

To assemble tacos, add a few spoonfuls of chopped cod fillets atop a charred tortilla followed by: cabbage slaw, pico de gallo, and ranch dressing or cilantro lime dressing. Repeat until desired amount of tacos are made. Garnish with chopped fresh cilantro or parsley, if desired.

Notice of Elections Lessor Township

Notice is hereby given to the qualified voters of Lessor Township, County of Polk, State of Minnesota, that the Annual Election of Town Officers and Annual Township Meeting will be held on Tuesday, March 11, 2025. In case of inclement weather, the meeting and election may be postponed until the third Tuesday in March.

The Election Poll Hours will be open from 5:00 p.m. to 7:00 p.m., at which time the voters will elect:

Supervisor, 3 year term
Clerk, 2 year term

The Annual Meeting will commence at 7:00 p.m. to conduct all necessary business prescribed by law. The Annual Election and Meeting will be held at Trinity Lutheran Church, 27262 315th St. SE, rural McIntosh.

Matt Voxland
Lessor Township Clerk

M50-51C

Be part of the DNR weather team

Volunteer to be a rainfall monitor

▪ Do you have an interest in the weather?

Are you looking for a way to do something for the environment from your location?

▪ Or how about a great classroom or family activity that provides an easy way for kids to get involved with science?

Volunteer as a rainfall monitor for the Community Collaborative Rain, Hail and Snow Network (CoCoRaHS) coordinated through the state climatology office in the Minnesota Department of Natural Resources.

For the past five years, Minnesota has won the "CoCoRaHS Cup" for recruiting the most new volunteers of any state during the month of March. Thank you to the 573 Minnesotans who joined us last year and helped win the cup again. But we still need more rainfall monitors and YOU could be one of them!

Data provided by volunteers:

▪ Verifies high rainfall totals after big events

▪ Provides critical information during flooding events

▪ Monitors drought conditions

▪ Provides needed guidance on Minnesota's changing climate

The network includes more than 20,000 volunteers nationwide who measure rainfall in their backyards using a standard 4-inch diameter rain gauge and submit their reports online. The program also collects snowfall and reports hail among other weather observations. The data is used by the National Weather Service, researchers, cities, and a wide range of industries.

To become a rainfall monitor, you must:

▪Have internet access to submit reports by computer or using the CoCoRaHS Observer weather app on your smartphone

▪ Provide or purchase a standard 4-inch rain gauge (discounts are available through CoCoRaHS)

▪ Complete online training on how to observe weather trends and how to submit precipitation and weather event reports online

▪ Commit to submitting reports for at least one season

Volunteers are particularly needed in Greater Minnesota outside the Twin Cities metro area. Some areas have very few reporting stations so the more we have across the state, the better information we have to work with.

To sign up:

Complete the CoCoRaHS.org application OR

Contact Luigi Romolo, State Climatologist, at luigi.romolo@state.mn.us

McIntosh Heritage & Arts Center News

The McIntosh Heritage & Arts Center will hold their quarterly meeting at 125 NW Broadway in McIntosh at 6:30 p.m. on Thursday, March 6th. If you are interested in attending virtually, please email us to request a Zoom link: mcintoshhac@gmail.com.

Just a reminder, we are open from 10:00 to 2:00 on Tuesdays, Wednesdays and Thursdays. Also, we are actively looking for members and volunteers who share our passion for preserving our community's history and bringing ideas and skills to the table - especially anyone with IT experience!

We hope to see you at the meeting.

Freedom Christian Academy

Meat Bingo
Date: March 7th
Time: 6:30 PM
Location: Erskine Community Center

14 regular games and 1 blackout game. One pack with 15 games is $30, with the opportunity to purchase additional games during the evening.

NELL announces lineup for spring

Northern Exposure to Lifelong Learning (NELL) is very excited to announce the Spring 2025 program lineup. NELL serves Clearwater and East Polk County.

Everyone is invited to attend the programs. The programs are on Wednesdays starting at 9:30 to approximately 11:00am There is no charge to attend NELL programs. You can find out more about the programs on the NELL Facebook page.

On April 30, 2025, "The Lives of a Frontier Women in Minnesota" with award winning Author Candace Simar at the McIntosh Community Room, McIntosh Minnesota.



Community Birthday and Anniversary Calendar

Wed. Mar. 5: Chad Burslie, Rick Grove, Sam Finseth, Patrick Paskvan
Fri. Mar. 7: Jarrid Graff, Hannah Smeby, Joe Shimpa, Felly Catahan
Sat. Mar. 8: Tanner Graff, Michael Sylstad, Tara Burthwick, Wade Hedlund
Sun, Mar. 9: Dennis Boucher
Mon Mar. 10: Lori Roed
Tues. Mar. 11: Albert Plante, Karen Thompson

McINTOSH Times

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"Serving the Win-E-Mac area"

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CHURCH DIRECTORY

ST. MARY'S CHURCH
Fosston
Fr. John Suvakeen, Pastor

Wed. Mar. 5 : 11:30am Mass at St. Mary's, Fosston
Sun. Mar. 7: 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
Wed. Mar. 12: 11:30am Mass at St. Mary's, Fosston
Sun. Mar. 16: 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)
McIntosh
Pastor Rene Mehlberg
Synodical Authorized Rachel Roggenbuck, SAM

Sun. Mar. 9: 10:00am Coffee Hour; 10:30am Worship Services
Sun. Mar. 16: 10:00am Coffee Hour; 10:30am Worship Services
Our Savior's Lutheran Church, McIntosh will run church services on Channel 30 on Garden Valley Channel 30. They will also be available on YouTube on channel One in Spirit - The Journey. Our Saviors service will be available by 8:30 am each Sunday until further notice.

MCINTOSH FREE LUTHERAN AFLC
McIntosh Trinity / Mount Carmel:
Pastor:
Jerry Moan

Trinity: (27262 315th St. SE, McIntosh) Sunday Worship: 9:30am; 10:45am Sunday School
Mt. Carmel: (305 State St. NE, McIntosh) 9:45am Sunday School; Sunday Worship: 11:00am
Wednesdays: 6:30pm Confirmation; 7:15pm Free Lutheran Youth meets at Pastor Moan's home

GOSEN LUTHERAN CHURCH
Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Sun, Mar. 9: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service (also on Facebook and gosenchurch.com)
Tues, Mar. 11: 10:00am. Sunday worship service telecast on GVTV--30
Wed, Mar. 12: 6:30pm Bible Study at Connie Parr's
Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.

VERNES LUTHERAN CHURCH (LCMC)
McIntosh
Pastor Lee Laaveg

Sun. Mar. 2: 9:00am Worship
Sun. Mar. 9: 9:00am Worship

IMMANUEL LUTHERAN CHURCH
McIntosh
Pastor Bruce Blocker

Sundays: 9:00am Worship; 10:00am Fellowship Hour; 10:15am Sunday School

DOVRE LUTHERAN CHURCH
Winger, MN

Sundays: 9:00am Adult and Children's Sunday School; 10:00am Worship Service
Wednesdays: 7:00pm Bible Study

CALVARY LUTHERAN CHURCH
Winger

Sundays: 10:30am Coffee Fellowship; 11:00am Worship
Early intervention can slow progression of symptoms and extend lives
Sundays: 9:15am Sunday School; 10:30am Worship
Come early and enjoy fellowship and a good cup of coffee. It will also be available at the same time on Garden Valley Channel 30, Facebook and YouTube.

THRIVING LIFE CHURCH
Erskine, MN

Sunday service at 10:00 am
Call or visit us at: 22722 350th Street; 218-687-2343

BUSINESS & PROFESSIONAL GUIDE

This space for rent at $127.40 for 6 months.
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M3-28C



Jessa Jerome with parents Dustin Vedbraaten and Lisa Walters at the recent Boy's Basketball Parent's Night held at Win-E-Mac school.



Owen Strom with parents Matt and Sarah at Parent's Night for the Win-E-Mac Boy's Basketball team.



Jayden Close with parents Josh and Ashley Thomas at the Win-E-Mac Boy's Basketball Parent's Night.



Cooper Gieseke with parents Loren and Mary at the recent Parent's Night held for the Win-E-Mac Boy's Basketball team.

MDA offers mini-grant for produce growers

Reimbursement available for water testing, harvest totes, and other expenses.

The Minnesota Department of Agriculture (MDA) is now accepting applications for the 2025 Produce Safety Mini-Grant. This funding opportunity helps reimburse produce growers for expenses that improve on-farm food safety systems.

The MDA anticipates awarding approximately $42,400. Awardees will receive reimbursement up to $800 per farm. No matching funds are required.

To be eligible, applicants must farm in Minnesota and have grown and sold one or more of the following crops in 2024: leafy greens, apples, berries, carrots, cucumbers, garlic, green beans, herbs, melons, microgreens, mushrooms, onions, peppers, sprouts, summer squash/zucchini, or tomatoes. In addition, applicants must have completed the Minnesota Department of Agriculture Produce Safety Grower Questionnaire, or otherwise verified their farm's Produce Safety Rule status with the MDA, at least once between 2022-2025.

Expenses must occur on or after November 1, 2023 or be planned to take place before June 30, 2025. Eligible expense categories include:

- Harvest totes
- Waxed boxes
- Market containers
- Carts and pull wagons
- Water testing for generic E. coli
- Sanitizer used for wash water and food contact surfaces
- Supplies to build or purchase a portable handwashing station
- Supplies to build or purchase a portable produce washing station

Applications will be accepted through 11:59 p.m. on March 22, 2025.

Additional information and the online application are available on the MDA website. Farmers can contact the MDA Produce Safety Program at 651-539-3648 to request a paper copy.

Funding for the Produce Safety Mini-Grant was made possible by a cooperative agreement from the U.S. Department of Agriculture (USDA) Agricultural Marketing Service.

Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the USDA.

Women in Ag Day at the Capitol March 24

Women from the breadth of Minnesota's agriculture community are invited to share their stories with legislators and key leaders at the Minnesota State Capitol for Women in Ag Day on Monday, March 24.

Organizers seek to celebrate the role of women in agriculture and raise awareness of issues and challenges they face in their work. All involved with agriculture are encouraged to attend.

"We want to work with legislators and other leaders to help inspire more women to pursue dreams of farming and other ag-related work," said Susanne Hinrichs, University of Minnesota Extension ag business educator. Hinrichs also notes, "Hearing stories directly from farmers of their day-to-day lives helps our lawmakers understand agriculture and farming that much better."

The March 24 Day at the Capitol will welcome people from all over Minnesota to the State Capitol for a welcome session with legislators and speakers, to view legislative floor sessions and committee hearings, to experience a Capitol tour, schedule an appointment with your legislators, an end-of-day reception, and network with other agricultural participants. For more information, go to this website: https://z.umn.edu/WIADAC2025.

Participants are encouraged to schedule appointments with their legislators during the day.

Further information can be gained at the website above. This event is free, but registration is requested, and is open to all regardless of gender identity or expression.

For more information, contact Susanne Hinrichs at susanneh@umn.edu or visit the Women in Ag Day site at: https://z.umn.edu/WIADAC2025.

LEGAL NOTICE

Notice of Intent to Amend Polk County Land Use/Zoning Ordinance

Pursuant to MN Statute §375.51 and §394.26, notice of intention to adopt amendments to the Polk County Zoning Ordinance is hereby given. Polk County Board of Commissioners will hold a public hearing for input on the following date: Tuesday, March 18, 2025 at 10:30 a.m. in County Board Room at the Polk County Government Center, 612 N. Broadway, Crookston, MN 56716.

Section 26 to be established to address cannabis businesses in unincorporated (outside city limits) within Polk County Jurisdiction for the purposes listed below: (The ordinance is multiple pages long, for a complete version of the proposed ordinance please see instructions below.)

PURPOSE:

The purpose of this ordinance is to implement the provisions of Minnesota Statutes, Chapter 342, which authorizes Polk County (County) to protect the public health, safety, and welfare of County residents by regulating cannabis businesses within the legal boundaries of the County.

The County finds and concludes that the proposed provisions are appropriate and lawful land use regulations for the County, that the proposed amendments will promote the community's interest in reasonable stability for now and in the future, and the proposed provisions are in the public interest and for the public good.

LIMITATIONS:

Limitations of Registrations: Polk County shall limit the number of cannabis retail businesses to no fewer than one registration for every 12,500 residents within Polk County. If Polk County has one active cannabis retail businesses registration for every 12,500 residents, Polk County, and any City or Township which has delegated registration authority to Polk County, shall not be required to register additional state-licensed cannabis retail businesses.

DEFINITIONS: Cannabis Definitions are consistent with MN Statute 342.01, which are adopted by reference.

Copies of the referenced draft ordinance may be viewed during regular business hours M-F 8am-5pm at Polk County Environmental Services, 320 Ingersoll Ave, Crookston, MN 56716, or on the Polk County Website: www.co.polk.mn.us. To submit written comments, ask questions, or to request more information please contact Jacob Snyder at Polk County Environmental Services at (218) 281-5700 or (800) 482-6804. M51C

NOTICE ELECTION AND ANNUAL MEETING SLETTEN TOWNSHIP

Sletten Township will hold its township election on March 11, 2025 from 5-8:00 at the town hall. We will vote for:

ONE SUPERVISOR AND ONE TREASURER

The annual meeting will follow the election.

The next regular meeting will be March 19 at 5:00 at the clerk's home. M50-51C

LEGAL NOTICE

NOTICE OF MORTGAGE FORECLOSURE SALE

THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.

NOTICE IS HEREBY GIVEN:

That default has occurred in the conditions of the following described mortgage:

DATE OF MORTGAGE: November 22, 2021

MORTGAGOR: Mitchell D. Marquis and Qihua Lyu, married to each other

MORTGAGEE: Affinity Plus Federal Credit Union, a credit union organized under the laws of the United States of America

DATE AND PLACE OF RECORDING: Recorded November 30, 2021, in the office of the County Recorder, as Document No. A000738134, Polk County, Minnesota.

MORTGAGED PROPERTY ADDRESS: 34219 310th St, Fosston, MN 56542

TAX PARCEL I.D. NOS. 38.00131.02

LEGAL DESCRIPTION OF PROPERTY: That part of the Northwest Quarter of the Northwest Quarter (NW 1/4 NW 1/4), Section Twenty-three (23), Township One Hundred Forty-nine (149) North of Range Forty (40) West of the Fifth Principal Meridian, described as follows: Commencing at a point on the North line of the Northwest Quarter 620 feet West of the Northeast corner of the Northwest Quarter of the Northwest Quarter; thence West along said North line 700 feet to the West corner of the Northwest Quarter of the Northwest Quarter; thence South along the West line of Northwest Quarter of the Northwest Quarter, distance 320 feet; thence East on a line parallel with the North line 700 feet; thence North 0 degrees 320 feet to the point of beginning, Polk County, Minnesota.

COUNTY IN WHICH PROPERTY IS LOCATED: Polk

ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: $132,465.00

AMOUNT DUE AND CLAIMED TO BE DUE AS OF DATE OF NOTICE, INCLUDING TAXES, IF ANY, PAID BY MORTGAGEE: $108,167.94

INTEREST RATE AND PER DIEM: Current interest rate is 1.875%, with a daily per diem of $5.42.

The person holding the Mortgage is not a transaction agent, as defined by Minn. Stat. 58.02, Subd. 30. The name of the residential mortgage servicer and lender or broker, as defined in Minn. Stat. 58.02 is: Affinity Plus Federal Credit Union.

That prior to commencement of this mortgage foreclosure proceeding Mortgagee complied with all notice requirements by statute; That no action or proceeding has been instituted at law or otherwise to recover the debt secured by said mortgage or any part thereof;

PURSUANT to the power of sale contained in said mortgage, the above described property will be sold by the Sheriff of said county as follows:

DATE AND TIME OF SALE: March 27, 2025, at 10:00 am.

PLACE OF SALE: Polk County Sheriff's Office, Polk County Law Enforcement Center, 600 Bruce Street, Crookston, Minnesota 56716, to pay the debt then secured by said Mortgage, taxes, if any, on said premises, and the costs and disbursements, including attorneys' fees allowed by law subject to redemption within six (6) months from the date of said sale by the mortgagor(s), their personal representatives or assigns.

DATE AND TIME MORTGAGOR **MUST VACATE THE PREMISES:** September 27, 2025, at 11:59 p.m.

"THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE (5) WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES, SECTION 582.032, DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED."

Dated: January 31, 2025
AVISEN LEGAL P.A.
By: /s/ Creig Andreasen
Creig Andreasen (#334832)
901 Marquette Avenue South,
Suite 1675
Minneapolis, MN 55402
612-416-2199
Attorney in Fact for
Affinity Plus Federal Credit Union

IMPORTANT NOTICE

This communication is from a debt collector and is an attempt to collect a debt. Any information obtained will be used for that purpose. M48-1C





Above, left: The students in grades 9 - 12 at Win-E-Mac School were able to visit and learn from Andrea Stordahl at Minnesota Rust in McIntosh last Wednesday. The students had their second career exploration day and visited the business to learn what it takes to be a successful entreprenuer. Andrea even helped them with creating sales displays.

Below, left: One of the businesses that the students from Win-E-Mac visited last week was Howard Soap Company in McIntosh. Where owner, Katherine Howard explained the creation of her products, how to manage a business and how to sell your products.

Do you have a story to share?

If you have a story, a story idea or any photos you want to share, please send to:
mcintoshtimes@gmail.com



Pictured left: Win-E-Mac High School students were able to get a feel for early childhood education as they spent some time at The Clubhouse Childcare Center in McIntosh.





Pictured left: Students from Win-E-Mac High School were at The Clubhouse Childcare Center last week to learn more about the career or childhood education and starting a successful business of your own. They made art projects with some of the kids.

Pictured above: Sanford Ambulance Service from Bagley visited students at the Win-E-Mac High School to show them aspects of their job and what is involved with being an Emergency Medical Person.

WEM early childhood/preschool screening

Preschool/early childhood screening is a free and simple check of how your child is growing, developing, and learning. Win-E-Mac school readiness and Head Start will offer screening on Monday, April 7, 2025.

A trained professional will check: Vision and hearing; Height and weight; Immunizations; Large and small muscles; Thinking, language and communication skills; Social and emotional development.

Preschool/early childhood screening is open to all children, ages three years old and up, who have not been screened previously.

Children must be screened before entering preschool and kindergarten. The screening takes place on Monday, April 7 at the Polk County Public Health office in at Bjella Building on Main Street in McIntosh.

Contact Heather Earls at Win-E-Mac to set up an appointment for your child to be screened. e-mail: hearls@wem-schools.org.

WEM kindergarten

Looking ahead to next fall, if your child turns 5 years old by September 1, 2025, they are eligible to enroll in kindergarten. Please contact the district office at 218 - 687 - 2236 to enroll your child.

Please do so by May 1, 2025 so your child can be included with our kindergarten and preschool transition activities. If your child attends pre-school at Win-E-Mac, they are already enrolled.

Illness...

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Pink eye: Students could have either viral or bacterial pink eye. Bacterial pink eye needs to be treated with antibiotics-usually eye drops-for 24 hours before returning to school. No exclusion is necessary for viral pink eye, but only a doctor can diagnosis whether it is viral or bacterial.

Head lice: Once children with head lice have been treated and had the nits carefully removed from their heads, they can return to school. When they return, parents are to bring them to the health office to have their heads checked before going to class. They will be examined again at intervals to make sure no head lice were missed.

Head lice are very treatable. Everyone in the family and close contacts should be checked for head lice and treated if found. Many different treatment methods are available. Pamphlets on treatment are available in the school health offices or contact the district school nurse.

Head lice are a bother, but in the scheme of things, temporary. Anyone can get head lice, although head lice do not jump from one person to another. Encourage your children not to share combs, brushes, hats, headbands, or other hair clips.

Keeping healthy: During the season of flu and colds, it is important to try to remain as healthy as possible. Adequate sleep and nutrition will help. Keeping sick children home when they are ill, will prevent others from becoming ill. Vital is encouraging good, frequent hand washing.

Sending an ill child to school exposes other children to your child's illness. Children easily pass germs through their play and close contact with each other. Please send your child back to school when they are fully recovered. Then everyone will have the opportunity to experience the best from the school day.

Please call the school when your child is staying home due to illness. If your child is not well enough to attend school but well enough to do school work at home, you may request homework according to your school's homework policy.