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The Win-E-Mac Patriot's football team honored their parent's during the last home football game of the regular season. The team had 3 seniors playing this year. The team is currently 4 - 4 overall for the season. Pictured left is Win-E-Mac Senior Bergan Howard with his dad, Joel.

Fosston takes bold steps to restore local control of healthcare, committing to a stronger, community-centered future

In the wake of an arbitration panel ruling in favor of Essentia Health, the City of Fosston is reaffirming its unwavering commitment to restoring a locally governed healthcare system that puts the community first. Despite the ruling, Fosston's leadership remains resolute in pursuing every opportunity to secure the future of healthcare for its residents.

After fifty-three days, the panel came back with a two-to-one ruling, with the dissenting arbitrator stating that they would have found labor and delivery constitutes a core service under the agreement and that Essentia has discontinued a core service. Although the recent ruling found no complete discontinuation of OB services, the city of Fosston believes there have been other breach-

es of contract by Essentia Health— and other avenues that can, and will, be pursued as part of ongoing efforts to restore local governance.

At its September meeting, the Fosston City Council demonstrated proactive leadership by passing a resolution that empowers City Administrator Cassie Heide to explore other legal avenues to regain local control. This decisive step is a clear signal of the city's dedication to ensuring healthcare services remain strong, adaptable, and closely aligned with the needs of the community.

Working in partnership with financial advisors, including a consulting firm with extensive rural healthcare expertise, the City of Fosston has determined that transitioning the hospital and clinics back

under the administration of the local nonprofit, First Care Medical Services, is a viable path forward. Fosston is committed to utilizing all available resources to realize a healthcare system that genuinely reflects the community's values and aspirations.

Mayor Jim Offerdahl emphasized the city's forward-thinking approach, stating, "While the arbitration outcome was not what we hoped for, our commitment to securing reliable, patient-centered, and community-governed healthcare is stronger than ever. Restoring local governance is a top priority, and we will pursue every viable path to achieve it."

Looking to the future, Fosston envisions a healthcare system that goes beyond meeting

basic needs—one that continuously strives to exceed expectations. Instead of accepting decline, local leaders want to enhance and expand healthcare services, ensuring they evolve alongside the changing needs of the community. This commitment extends to supporting the dedicated healthcare professionals who make quality care possible, reinforcing a shared vision of a healthier, more vibrant Fosston.

The City of Fosston and local leaders are confident in building a future where healthcare governance is firmly rooted in the community. Their proactive efforts reflect a long-term commitment to establishing a resilient healthcare system that prioritizes the well-being of all residents and elevates the quality of life in Fosston.



Patriot Senior Braylon Hamre with his parents, Erik and Tanya.



Pictured is Patriot Senior Hank Earls with his parents Tim and Heather and his sister, Cora.

Svalen family, Duchsherer brothers bring 1919 implements back to life

By LeAnda Staebner

The Svalen family of Braddock, along with help from a pair of brothers, has brought two pieces of history back to life.

At more than 100 years old, a 1919 Yellow Kid threshing machine and a 1919 Rumely tractor, were recently reunited by a touch of fate.

As the story goes, brothers Charles and Clarence Svalen, who then lived in McIntosh, Minnesota, decided to buy the pair of implements brand new in 1919.

The original tractor they purchased was an Avery, which also manufactured the threshing machine, but gave up on that model after three years, due to insufficient power to run the machine.

That's where the 16-30 Rumely comes into the picture, according to Del Svalen, Charles' son.

"The Rumely is 30 horsepower on the belt, Charles and Clarence used the machines together until 1932 when Clarence died and Charles became the sole owner," reads a history provided by Del.

His father used the Rumely and Yellow Kid until 1945 when he could no longer get the tractor's motor to turn over. Being after World War II, scrap metal wasn't worth as much as it had been, so Charles sold the tractor for \$75 to a scrapyard. The threshing machine was kept and used by the family until 1951.

As fate would have it, someone rescued the tractor from

the scrapyard, unbeknownst to the Svalen family, according to Del.

Fast forward 30-plus years to the 1980s. The 1919 Yellow Kid that had belonged to his father was discovered and brought to Braddock by Del Svalen.

"It was used here for the threshing show for several years until it fell into such disrepair due to age and wear, it could no longer be used," Del said.

That's where the Duchsherer brothers come into the picture.

Around 2010, Kevin Duchsherer offered to rebuild the Yellow Kid and recruited his brother, David, to help him with the project. The duo worked on the project, off and on, for about 10 years.

"It turned out better than I thought it would," Kevin said Saturday at the annual South Central Threshing Association threshing bee and antique show in Braddock, where the restored machine was on display and put back to work. "The fact that it runs ... it's just nice that it runs as well as it does."

The brothers showed portions of two of the original pieces of wood that were stamped and numbered by the manufacturer.

"The wood was rotten," Kevin said. "There might be 10 pieces of original wood, the rest is rebuilt."

The labor of love wasn't a particularly easy project for the duo, considering the age



The fully restored 1919 Yellow Kid threshing machine, made by the Avery Company, is pulled by the original tractor with which it was purchased, a 1919 Avery, by brothers Charles and Clarence Svalen. Charles' son, Del, along with his son and grandsons, got the tractor up and running, while brothers David and Kevin Duchsherer spent time over several years refurbishing the threshing machine. The rig is pictured here during the tractor parade Saturday at the annual South Central Threshing Association's threshing bee and antique show in Braddock.

of the machine and the lack of spare parts just lying around.

However, they kind of hit a jackpot of sorts when David was able to locate a similar machine in South Dakota that had been burned, but still had its steel castings.

"Those castings were then used to replace the castings on this machine," Kevin said. "Without all that casting, we'd have been welding everything."

But this isn't quite the end of the story. That original Rumely mentioned previously

offers another unique twist of fate.

"In the summer of 2024, Del's nephew, Gene Haugom was visiting with a friend who said he had a tractor that had belonged to the Svalen family and he offered to sell," reads

the history provided by Del.

The tractor --- the 1919 Rumely that the family thought had been scrapped, but was rescued --- had been sitting in

Svalen...

Continued on page 6...

Big changes coming to Medicare choices for 2025

Minnesotans urged to make sure their plan covers their providers.

New benefits from the Inflation Reduction Act kick-in

With Medicare open enrollment beginning on Tuesday, Oct. 15, big changes are coming for 2025.

Starting in January, some health care providers may no longer be "in-network" for certain Medicare Advantage Plans. New benefits from the Inflation Reduction Act also kick in, such as a new maximum \$2,000 dollar cap on prescription drugs and a new payment plan option to make paying for prescriptions more manageable.

Changes in Medicare Advantage plans mean an estimated 60,000 Minnesotans currently have providers, clinics and hospitals that will no longer be in-network. Some beneficiaries will have to change doctors or change their Medicare Advantage Plan during open enrollment to get their health care coverage back in sync.

"Each year, we urge Minnesotans to review their Medicare options to make sure their coverage will fit their needs for the coming year," said Maureen Schneider, chair of the Minnesota Board on Aging. "This year, it's even more important to make sure that your doctors and clinics are still covered and that your coverage is affordable and meets your personal needs."

Open enrollment, which runs through Dec. 7, is the time each year when beneficiaries can make adjustments to their Medicare plans.

Also coming in 2025 is a new \$2,000 maximum out-of-pocket limit on Medicare Part D prescription drugs. Once beneficiaries reach this amount, they don't have to pay for their covered prescriptions for the rest of the year. Best of all, enrollment is automatic, so people don't have to do anything to receive this benefit.



Also new in the coming year is the Medicare Prescription Drug Payment Plan, or MPPP. It helps people manage out-of-pocket costs for covered drugs by spreading costs across the calendar year. Instead of paying at the pharmacy, people pay a monthly amount to their health plan or drug plan. The MPPP is optional, so beneficiaries must contact their Medicare health or drug plan to

enroll.

If you need help with Medicare, you have options:

Online: Visit www.Medicare.gov to create an account, compare plans and enroll.

Phone: Call 1-800-MEDICARE, available 24/7.

Senior LinkAge Line: Call 800-333-2433 for free help with Medicare in Minnesota, open from 8 a.m. to 4:30 p.m. Monday through Friday.

Celiac-safe food choices

Gluten intolerance has gained greater recognition in recent years, as many people have transformed their diets to include fewer foods that contain gluten. Although many avoid gluten as a personal choice, people with Celiac disease must avoid gluten to stay healthy.

According to the Celiac Disease Foundation, gluten is a general name for the proteins found in various grains. Gluten helps various foods maintain their shape, essentially serving as a glue that holds foods together. While gluten is largely in foods that one expects, including certain pastas and bread products, it also can be hidden in less obvious types of foods.

For those with Celiac disease, eating gluten triggers an immune response to the gluten protein in the small intestine, says the Mayo Clinic. Over time, this reaction damages the lining of the small intestine



and prevents it from absorbing nutrients. Gluten also may cause inflammation in other parts of the body.

The current approach to treating Celiac disease is to avoid any foods that contain gluten, and that list is long. Grains that contain gluten include wheat, barley, rye, triticale, farina, spelt, kamut, wheat berries, farro, and cous-



Trick-or-Treating at MSL

Please join in the fun on Halloween evening Thursday, October 31st for Trick or Treating from 5:00 pm - 6:30 pm in the front lobby at McIntosh Senior Living. The residents are waiting to see all the little trick or treaters and hand out candy.

Pumpkin carving contest at Louie's Mercantile

Louie's Mercantile on Main Street in McIntosh will host their annual pumpkin carving contest.

All ages are welcome to participate in this fun event. Be creative with your pumpkins by decorating with paint, stickers, glitter, carving or however you want to design a winning entry!

Entries are due to Louie's

Mercantile (140 SW Cleveland Ave) by Sunday, October 27th. You can message via social media or email louiesmercantile@gmail.com your pumpkin. Winners will be announced on Halloween with a prize from the store!

Winger Halloween Party

Calling all monsters to join in the fun at the Spooktacular Halloween Party with games, bingo, cupcake walk, pumpkin painting and a haunted stage tour. The party is on Sunday, October 27th from 1:00 pm - 4:00 pm at the Winger Community Center. There will be pizza and candy at every stop! Bingo will begin at 3:00 pm. This event is sponsored by the Winger Lions and a group of local women. Free will donations will go towards the new playground coming to Winger in the spring.



ST. MARY'S CHURCH Fosston Fr. John Suvakeen, Pastor

Wed. Oct. 23: 11:30am Mass at St. Mary's, Fosston

Fri. Oct. 25: 11:30am Mass at St. Mary's, Fosston

Wed. Oct. 30: 11:30am Mass at St. Mary's, Fosston

Fri. Nov. 1: 11:30am Mass at St. Mary's, Fosston

Sun. Nov. 3: Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Fri. Nov. 8: 11:30am Mass at St. Mary's, Fosston

Sun. Nov. 10: 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

OURS SAVIOR'S LUTHERAN CHURCH (ELCA) McIntosh

Pastor Rene Mehlgberg
Synodical Authorized
Minister Katie DeMarais

Sun. Oct. 27: 10:00am Coffee Hour; 10:30am Worship Services

Sun. Nov. 3: 10:00am Coffee Hour; 10:30am Worship Services

Our Savior's Lutheran Church, McIntosh will run church services on Channel 30 on Garden Valley Channel 30. They will also be available on YouTube on channel One in Spirit - The Journey. Our Saviors service will be available by 8:30 am each Sunday until further notice.

MCINTOSH AFLC McIntosh Trinity / Mount Carmel: Pastor: Jerry Moan

Trinity: (27262 315th St. SE, McIntosh) Sunday Worship: 9:30am

Mt. Carmel: (305 State St. NE, McIntosh) Sunday Worship: 11:00am

Lutheran Parish YouTube Channel

GOSEN LUTHERAN CHURCH Independent Gary Johnson, Pastor www.gosen-church.com Face Book: Gosen Church

Sun. Oct. 20: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service (also on Facebook and gosenchurch.com); 7:00pm Luther League Concert with The Overtones Men's Quartet (see article elsewhere in the paper)

Tues. Oct. 29: 10:00am. Sunday worship service telecast on GVTV--30

Wed. Oct. 30: 6:30pm Bible Study at Sharon Ramberg's home

Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.

VERNES LUTHERAN CHURCH (LCMC) McIntosh Pastor Lee Laaveg

Sun. Oct. 27: 9:00am Worship

Sun. Nov. 3: 9:00am Worship

IMMANUEL LUTHERAN CHURCH McIntosh Pastor Bruce Blocker,

Sundays: 9:00am Worship; 10:00am Fellowship Hour; 10:15am Sunday School

CALVARY LUTHERAN CHURCH Winger

Sundays: 10:30am Coffee Fellowship; 11:00am Worship

GRACE LUTHERAN CHURCH- NALC Erskine Rev. Pam Thorson

Sundays: 9:15am Sunday School; 10:30am Worship

Come early and enjoy fellowship and a good cup of coffee. It will also be available at the same time on Garden Valley Channel 30, Facebook and YouTube.

Thriving Life Church Erskine, MN

Sunday service at 10:00 am
Call or visit us at: 22722 350th Street; 218-687-2343

Please contact the McIntosh Times if you move or have a change in your address so we can keep the paper coming to your home on time.



The Gosen Luther League meets on Sunday evening, October 27th, at 7 o'clock. The Overtones Men's Quartet will be in concert. They have been singing together for over 30 years. Their harmonies and blend have been compared to The Statler Brothers and The Oak Ridge Boys. Their musical style includes Country Gospel and Southern/Northern Gospel. The group is made up of Keith Sandland, baritone; Randy Holwell, lead; Neil Vagle, tenor; and Dale Billberg, bass. Come and enjoy some good easy listening and inspirational music. Refreshments will be served following the program. Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 791-0797 or 280-0821.

For a stronger, thriving Minnesota.

Steve GANDER

for State Representative

VOTE NOV. 5

SteveGander.com

PREPARED AND PAID FOR BY STEVE GANDER FOR MINNESOTA COMMITTEE
2223 8TH ST SE, EAST GRAND FORKS, MN 56721

PRINCIPLED. COMMON SENSE. LEADER.

LEGAL NOTICE

State of Minnesota
Clay County
District Court
Seventh Judicial District
Court File Number:
14-CV-24-1052

Case Type: Civil Other/Misc.
West Central Regional Water District, Petitioner

Notice of Hearing
In Re: to the Proceedings for the Establishment of Public Water System, Clay County Board, Norman County Board, Polk County Board, On behalf of the West Central Regional Water District

You are receiving this notice pursuant to Minnesota Statutes Chapter 116A.08 because you have been identified as an owner of the lands and properties, and/or corporations, public or private, likely to be affected by the proposed public water system for the West Central Regional Water District ("WCRWD"), a multi-county water district formed by Clay, Norman, and Polk Counties. **PLEASE TAKE NOTICE** that a hearing has been scheduled in this matter as follows:

Date: **November 6, 2024**

Time: **1:30 PM**

Location:

Clay County Courthouse

Judicial Officer:

Judge Jade Rosenfeldt

Street Address:

807 11th Street North

City: **Moorhead, MN**

You are not legally required to attend the above hearing, but this proposed project may impact your property and other legal rights in the future. At the hearing, the WCRWD and the appointed Engineer will supply information on the proposed public water system, and you may appear at the hearing to learn about the project and be heard. For more information about the project and process please review the enclosed information and visit this website: wcrwd-ae2s.hub.arcgis.com.

Dated: **September 16, 2024**

Signature:

Jade Rosenfeldt,

Judge of District Court

Filed in District Court

State of Minnesota

09/16/2024



Wed. Oct. 23:
Tony Haugen

Thurs. Oct. 24:
Sydney Walk, Kate-
lynn Cavalier, *Todd
& Lorene Tranby,
*Christopher & Amy
Bartz

Fri. Oct. 25: Lu-
kas Gensburger,
Barb Oseth

Sat. Oct. 26:
Mark Krossen, Mary
Schow, Arlene Gus-
tafson, Charissa Lar-
son

Sun. Oct. 27:
Mark Sylstad

Mon. Oct. 28:
Shelby andt, Col-
ten Mandt, Leah
Mahlen, Bob Lee

Tues. Oct. 29:
Brenda Ugalde, Bob
Bursheim, Crois
Haaven

McINTOSH Times

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OCTOBER 1, 2024
BOARD MINUTES

Pursuant to motion of adjournment, the Polk County Board of Commissioners met in regular session at 8:00 o'clock a.m., October 1, 2024. Members present: Commissioner Paul Reese, Commissioner Warren Strandell, Commissioner Gary Willhite, Commissioner Joan Lee, and Charles S. Whiting, County Administrator, Clerk of the Board. Others present: Samuel Melbye, Deputy Clerk of the Board. Members absent: Commissioner Mark Holey

AGENDA

A motion was made by Commissioner Lee seconded by Commissioner Strandell and adopted by unanimous vote of the Board to approve the October 1, 2024, agenda.

CONSENT ITEMS

A motion was made by Commissioner Reese seconded by Commissioner Strandell and adopted by unanimous vote of the Board to approve the October 1, 2024, consent items:

1. Approve the September 24, 2024, Board minutes.
2. Approve Auditor Warrants.
3. Approve for payment Lost Warrant No. 583911 dated September 20, 2024, issued to Amanda Maygra in the amount of \$146.66.

COUNTY BOARD MEMBER
ISSUE FORUM

1. Commissioner Reese brought forth that he attended the following meetings:
a. No meetings.
2. Commissioner Strandell brought forth that he attended the following meetings:
a. Highway 75 Roundabout Project ribbon cutting.
b. Tri-County Corrections.
c. West Central Regional Water District meeting.
3. Commissioner Willhite brought forth that he attended the following meetings:
a. Highway 75 Roundabout Project ribbon cutting.
b. Planning & Zoning Advisory Board meeting.
c. Union negotiations.
4. Commissioner Lee brought forth that she attended the following meetings:
a. State Community Health Services Advisory Committee (SCHSAC) CCC meeting.
b. SCHSAC Development meeting.
c. East Polk Development Achievement Center Board meeting.
d. Union negotiations.
e. Highway 75 Roundabout Project ribbon cutting.

PLANNING & ZONING

Jacob Snyder, Assistant Environmental Services Administrator, came before the Board with matters pertaining to his department:

1. Preliminary Plat Approval – “Kongsvinger Cemetery”

The applicant proposes to plat a cemetery on a 2.5-acre portion of land on parcel #18.00006.05, located in Section 2 of Esther Township. The cemetery would create 208 grave sites, many of which already exist. A motion was made by Commissioner Strandell seconded by Commissioner Reese and adopted by unanimous vote of the Board to approve the Preliminary Plat for “Kongsvinger Cemetery” with conditions.

2. Resolution (2024-69) Conditional Use Permit for Chris Mills for Hooking Up a New Septic System to an Existing Accessory Structure

Resolution (2024-69) was offered by Commissioner Reese seconded by Commissioner Strandell and adopted upon the following vote: YEAS: Commissioner Lee, Commissioner Willhite, Commissioner Strandell, Commissioner Reese. NAYS: None. (See Resolution (2024-69) on file in the Administrator's Office)

3. Resolution (2024-70) Conditional Use Permit for Dennis Schneider for Hooking a New Proposed Shed into an Existing Septic System

Resolution (2024-70) was offered by Commissioner Reese seconded by Commissioner Strandell and adopted upon the following vote: YEAS: Commissioner Lee, Commissioner Willhite, Commissioner Strandell, Commissioner Reese. NAYS: None. (See Resolution (2024-70) on file in the Administrator's Office)

4. 2024 Polk County Haulers License – Northstar Sanitation, LLC

A new waste hauler, Matt Homme, operates the Northstar Sanitation waste collection business and roll-off business out of Grygla in Marshall County and is seeking accounts throughout Polk County due to the recent closing of Regional Sanitation in Crookston. Action today would allow the business to operate as a local waste hauler to use Polk County facilities. A motion was made by Commissioner Lee seconded by Commissioner Strandell and adopted by unanimous vote of the Board to approve Matt Homme with Northstar Sanitation to obtain a CY2024 Polk County Haulers License.

FACILITIES

Richard Langlois, Facilities Director, came before the Board with matters pertaining to his department:

1. Custodian I Position

The Lead Custodian position was recently filled by an internal Custodian I person. Approval is requested to fill the now open Custodian I position. A motion was made by Commissioner Strandell seconded by Commissioner Reese and adopted by unanimous vote of the Board to approve moving forward with filling the vacant Custodian I position in the Facilities Department.

ADMINISTRATION

Chuck Whiting, Polk County Administrator, came before the Board with matters pertaining to his department:

1. 2025 Budget

Discussion was held with the Board regarding the 2025 budget.

AUDITOR WARRANTS

A motion was made by Commissioner Reese seconded by Commissioner Strandell and adopted by unanimous vote of the Board that the following Auditor Warrants were approved:

AUDITOR WARRANTS 09/03/2024

Vendor Name	Amount
Chiller Systems Inc	2,856.19
Gladen Construction Inc	666,917.35
Information Systems Corp	20,817.00
Knife River Materials	926,613.13
Kronos SaaShr Inc	3,463.60
Liberty Business Systems Inc	6,355.18
Main Street Station	8,323.24
Olson & Sons Excavating	9,500.00
8 Payments less than 2000	1,247.66
Final Total:	1,646,093.35

AUDITOR WARRANTS 09/09/2024

Vendor Name	Amount
1 Payments less than 2000	15.00
Final Total:	15.00

AUDITOR WARRANTS 09/10/2024

Vendor Name	Amount
AT&T Mobility	3,066.58
BELTRAMI COUNTY SOLID WASTE	6,408.59
BELTRAMI COUNTY SOLID WASTE	5,332.21
EGF Water & Light Dept	2,269.65
ENTERPRISE FM TRUST	8,425.72
Fertile Oil Company	20,831.34
Lepier Oil Company Inc	8,748.16
Marshall County Coop	5,219.00
Northdale Oil Inc	13,072.41
One Stop Student Services	6,377.43
RJ Zavoral & Sons Inc	501,728.24
US Bank Voyager Fleet Sys	4,422.05
20 Payments less than 2000	8,150.85
Final Total:	594,052.23

AUDITOR WARRANTS 09/16/2024

Vendor Name	Amount
1 Payments less than 2000	15.00
Final Total:	15.00

AUDITOR WARRANTS 09/17/2024

Vendor Name	Amount
Altru Health System	2,653.00
ENTERPRISE FM TRUST	48,437.37
Gladen Construction Inc	263,842.41
Great Plains Natural Gas Co	3,346.02
Johnson Controls Fire Protection LP	2,640.00
Kronos SaaShr Inc	3,404.80
Ottertail Power Co	33,179.18
Polk County	94,375.70
Polk County Highway Department	10,349.16
Sandhill Snowcruisers	13,795.54
Verizon Wireless	3,667.05
Wagners Landscaping Inc	2,325.25
24 Payments less than 2000	13,093.04
Final Total:	495,108.52

AUDITOR WARRANTS 09/24/2024

Vendor Name	Amount
Baker Tilly Municipal Advisors, LLC	30,075.00
BELTRAMI COUNTY SOLID WASTE	4,736.06
Dorsey & Whitney	14,000.00
Erickson Northstar, LLC	14,025.00
Fosston Municipal Utilities	48,196.12
Gladen Construction Inc	428,988.05
Kustom Kollision LLC	9,918.72
Northdale Oil Inc	19,654.68
Olson & Sons Excavating	11,500.00
Pitney Bowes Bank Inc.	10,000.00
Tri County Community Corr	33,276.40
Wild Rice Elec Co- Op Inc	3,228.07
23 Payments less than 2000	14,272.17
Final Total:	641,870.27

AUDITOR WARRANTS 09/24/2024

Vendor Name	Amount
1 Payments less than 2000	152.23
Final Total:	152.23

MANUAL WARRANTS 09/13/2024

Vendor Name	Amount
Internal Revenue Service	195,821.90
Minnesota Revenue	34,119.72
Final Total:	229,941.62

MANUAL WARRANTS 09/20/2024

U.S. Bank Corporate Payment Systems	111,105.36
Final Total:	111,105.36

MANUAL WARRANTS 09/20/2024

U.S. Bank Corporate Payment Systems	1,471.58
Final Total:	1,471.58

MANUAL WARRANTS 09/20/2024

Vendor Name	Amount
1 Payments less than 2000	1,064.00
Final Total:	1,064.00

MANUAL WARRANTS 09/20/2024

Vendor Name	Amount
Minnesota Revenue	4,636.00
Mn Dept Of Rev Tax Division	85,678.96
3 Payments less than 2000	2,419.28
Final Total:	92,734.24

MANUAL WARRANTS 09/27/2024

Vendor Name	Amount
Internal Revenue Service	200,464.61
Minnesota Revenue	34,840.60
Final Total:	235,305.21

With no further business, the Board adjourned to reconvene at 9:30 o'clock a.m., October 15, 2024.

Gary Willhite, Chair

ATTEST:

Charles S. Whiting, County Administrator
Clerk of the Board

M32C



Austin Langseth with parents, Brittany Kerssen and Mat Sandberg.



Carter Fortman with parents, Jason and Lori.



Hayden Johnson with parents, Nate and Erin.



Jayden Haugen with parents, Jason and Jenny and grandpa Russ.

Many transformations occur during the month of October. Leaves begin to turn various shades of orange and red, while the weather gets decidedly cooler. In the meantime, neighborhoods across the country begin to look quite different, with many homes decked out in the garish garb of Halloween.

The National Retail Federation together with Prosper Insights & Analytics reports that decorating one's home for Halloween is the second most popular way to celebrate the holiday. Only purchasing and sharing candy beats out home decor. Individuals spend billions collectively on Halloween each year, and one of the ways they can have some frightening fun is by transforming a regular, unassuming home into a haunted house. There are certain necessities to turn a an otherwise typical home into a suddenly spooky abode.

· **Scene setter:** Start with a scene setter if you would like to decorate both inside and out. Scene setters are plastic or paper backdrops that can be tacked up on walls to make a house look completely different, particularly under low light. A scene setter is an investment of time and money, but it can be reused each year and really make a room take on a new look quickly.

· **Lawn graveyard:** Visitors to the home who have to step through a graveyard will know there are more scares ahead. It's relatively easy to make your own grave markers from wood or foam. If you're



not handy, you can purchase them from a Halloween supply store. Disturb the earth by the markers to make visitors believe each grave is fresh. A bony hand sticking out of the dirt or some wilted flowers placed by the graves also can set the scene.

· **Floating candles:** Simulate the look of levitating candles with an easy craft. Take toilet paper or paper towel cardboard tubes and use hot glue on the top to make it look like beads of dripping wax. Paint the tubes with white chalk paint, as this type of paint is thick and covers easily. Glue a battery-powered tea light to the top for the wick. Poke a hole through both sides of the tube and thread some fishing line through. Use your mounting device of choice to attach the fishing line to the ceiling indoors or outside to hang each candle. When the lights are dim, it's very difficult to see the fishing line and the candles will appear to be floating.

· **Haunted archway:** Make an arch using PVC pipes, and thread jack-o'-lanterns or papier mâché heads or masks through to create an ominous arch that greets visitors.

· **Handprints:** Use window-safe paint to create bloody handprints on the inside of windows. This is a design touch that will enhance both the interior and exterior of the windows.

· **Fog machine:** Use a fog machine to spread a creepy mist where you need it, whether on a front porch or indoors. Haunted houses come together with various design touches that are easy to execute.



The Minnesota Hospital Association (MHA) recently recognized RiverView Health for excellence in innovation, advocacy, and leadership. RiverView team members attended MHA's Annual Meeting, where they received the Quality and Safety Improvement Award, which recognizes Minnesota hospitals or health systems that have taken extraordinary and innovative steps to prioritize patient safety. Specifically, RiverView was recognized for efforts related to infection prevention and control, which resulted in several initiatives aimed at hand hygiene, MHA Healthcare-associated infection road map adherence, patient and family education, and a notable reduction of catheter utilization. "There is amazing work being done every day to provide the highest quality care to our patients", said Dr. Rahul Koranne, president and CEO of MHA. "It is not only incredibly important to honor the teams and individuals doing this work, but also valuable to convene these frontline leaders to share and learn from each other." Left to right: RiverView representatives Carrie Michalski, president/CEO, Jennifer Bruggeman, Infection Prevention/Employee Health/Emergency Preparedness coordinator, and Heather Bergeron, Risk Management coordinator, attended the Minnesota Hospital Association's awards ceremony.

Anna Peterson empowered by recovery and resilience in NW MN

By Emily Haeg Nguyen
October is Energy Awareness Month in Minnesota and across the county! Right now, there are state and federal incentives empowering Minnesotans to make energy-efficient upgrades that lower their bills and enhance comfort. The Clean Energy Resource Teams (CERTs) want to support northwest Minnesota residents in doing the same! CERTs is a nonpartisan partnership dedicated to promoting clean energy solutions across Minnesota. Anna Peterson, your local clean energy specialist, is ready to guide the region through practical, money-saving, clean energy solutions that benefit homes, schools, and communities.

For Peterson, community is everything. She's the proud wife of a farmer and member of the northwest Minnesota farming community. Peterson's husband, Mark, raises wheat and soybeans on 500 acres of family land in Crookston. Beyond her local roots, Peterson has cultivated a considerable connection within the University of Minnesota, both as an alumna and a U of M Extension staff member. For over a decade, she served as support staff for the Regional Sustainable Development Partnerships (RSDP). More recently she took on the role of Northwest Minnesota Regional Coordinator for CERTs.

As a mother of four, an active volunteer in her church, and a member of numerous other groups, Peterson can't help but be proud of her rich, wide-reaching community. Yet, it was in the aftermath of a traumatic accident where Peterson says she truly understood the depths of that community.

A lost moment
When reflecting on that January evening in 2019, Peterson says her memory is spotty. "I just remember being face down in the snow," she explains. "Someone was talking to me and telling me that they had called an ambulance." Only a few hours earlier, Peterson and her husband had made plans to join their local snowmobiling club for an evening on the trails.

"The kids went to grandma's and we told them we'd be back in a couple of hours," she recalls. "Then we got out onto a main highway. It was a groomed trail. One that we had ridden literally hundreds of times."

What started as an ordinary ride took a turn for the worse when Peterson encountered an unexpected change in the familiar route.

"It was a straight-away, so I had been going fast. And I just didn't see it. It caught us all off guard."

At a high rate of speed, Peterson hit a drainage ditch. It was a spot in the trail that was usually filled with snow. This time, it wasn't. The exact details of the incident are unclear, but it's believed that the impact launched Peterson into the air. Upon landing, she was partially crushed. Later her sled would be found an estimated 120 yards away from

the crash site. "The next thing I knew I was on the ground. I had one arm pinned underneath me, and the other arm was straight up beside me. Someone was talking to me and telling me that I was going to be okay." Peterson soon found out that she was not ok. After being airlifted to a Fargo hospital, doctors determined she had broken multiple ribs, a wrist, and an arm. Most devastatingly, she sustained five broken vertebrae, one of which had shattered into her spinal cord.

Peterson says her memories from that night consist of excruciating pain. It was her 42nd birthday.

Healing in community
Five years later, Peterson's eyes still well up when recalling her snowmobile accident. But she insists it's gratitude that's filling her heart and spilling out.

Following the crash, Peterson spent two months in the hospital. With her husband holding down the home front in Crookston, she focused on recovery and intensive physical therapy. As she fought to find her way forward, her community stood beside her.

"I literally had to learn how to walk again," she shares. "It was truly awful. But we weren't alone. The community just came out in droves! We were overwhelmed by the support."

The Petersons' farming community in northwest Minnesota heard about Anna's accident and rallied to help. Friends and strangers alike donated money toward her recovery and gas cards to help Mark with driving back and forth from Fargo.

Meanwhile at work, Peterson's U of M Extension family also came to her aid. Countless staff members from across the state donated hundreds of vacation hours to support her recovery time.

"As a busy mom, I didn't have a lot of time off saved up. But I had enough hours donated that when I finally returned to work that spring, I was able to work part time for over a year."

In addition to a statewide support network cheering her on, Peterson says it was an Extension colleague and close friend who made it possible for her to keep going.

"My husband was trying to farm, we had a crop to get in the field. My mom had been living with us for a time but she eventually had to move home," she recalls. "So Mark would get me to work in the mornings, then my friend Megan Hruby in Extension's Family, Health, and Wellbeing Department, would bring me home in the afternoon. She would help me into bed and get me all tucked in. Then I'd be good until Mark got home. That's a best friend."

Today Anna still deals with complications from the accident. She's permanently lost most feeling in her lower extremities and often uses mobility aids. Yet, she remains determined to move forward. She's energized by pride in her community, her religious faith,

and faith in herself.

"It's been a long road. I've learned to live a very different life than a 'normal' life. But overcoming these obstacles has made me a more resilient person."

A labor of love
In 2023, after a decade serving in her old role, Peterson joined CERTs, an RSDP core partner. In her new position as Northwest CERT Regional Coordinator, she leads CERTs' work to help connect the region with clean energy opportunities. This means attending local events, coordinating with local energy utilities, working with local businesses, and spreading clean energy information in her community, sometimes even in her own home.

"It's been exciting to teach Mark about the possibilities on the farm! We've been talking about geothermal, solar, and the rebates that might be accessible to him," she says. "He

even helps me think about how I can get in front of other local farmers!"

More broadly, Peterson is spearheading CERTs' work in a new initiative called Empower Crookston. The up-and-coming program's mission is to improve the quality of life for people in Crookston by tapping into state and federal funds. The multi-organization effort focuses on tactics like improving existing residents' homes through energy efficiency projects, revitalizing the historic downtown district, and supporting the local economy.

As a founding member of Empower Crookston, Peterson has focused her summer on running CERTs' Business Blitzes! She spent time reaching out to local businesses to talk about their energy concerns, discuss how clean energy could serve them, plus provide information on how to apply for grants to bring the vi-

sion to life.

"I have had a warm reception from people eager to learn more on how they can improve their energy efficiency and even add solar!" says Peterson. "It's exciting because I know it's something that a lot of people up here don't know about. I want to help people get to whatever level of clean energy they need in their lives!"

At the end of the day, Peterson says all of these efforts add up to one thing, a chance to serve the community that has given her so much.

"Since the accident, my outlook has completely changed. You learn very fast what's important to you. That's why my work with CERTs and Empower Crookston is so exciting! It's my opportunity to give back," she says. "I love this community. You just can't replace it."

To keep up to date on Peterson's work in northwest Minnesota and across the state,

sign up to receive the CERTs Energy Stories digital newsletter. To follow along with community grants, rebates, and money-saving tips when it comes to energy, check out the CERTs Community Ambassadors program.

Both are available at: cleanenergyresourceteams.org

Do you have a story to share?

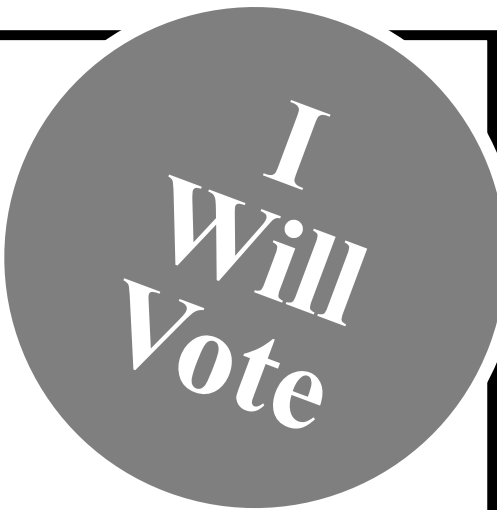
If you have a story, a story idea or any photos you want to share, please send to: mcintoshtimes@gmail.com

NOTICE OF GENERAL ELECTION			
ELECTION NOTICE			
Pursuant to Minnesota Statute 204C.05, a State General Election will be held on Tuesday November 5, 2024 in the State of Minnesota, the County of Polk			
County of Polk for the purpose of nomination the following officer's to wit:			
State General Election voters must be registered to vote pursuant to Minesota Statute 201.054, subdv. 1.			
NOTICE IS GIVEN that Polk County polling locations and voting hours for the 2024 General Election held on November 5, 2024 are listed as follows:			
Brandsvold	BRANDSVOLD TOWN HALL	34315 370th St SE, Fosston, MN 56542	10:00am - 8:00pm
Bygland	BYGLAND TOWN HALL	40966 235th St SW, Fisher, MN 56723	10:00am - 8:00pm
Columbia	LENGBY COMMUNITY HALL	104 Main Ave N, Lengby, MN 56651	7:00am - 8:00pm
Crookston Ward 1	ST. PAULS LUTHERAN CHURCH	1214 University Ave., Crookston, MN 56716	7:00am - 8:00pm
Crookston Ward 2	ST. PAULS LUTHERAN CHURCH	1214 University Ave., Crookston, MN 56716	7:00am - 8:00pm
Crookston Ward 3	FIRST PRESBYTERIAN CHURCH	510 Broadway ST N, Crookston, MN 56716	7:00am - 8:00pm
Crookston Ward 4	FIRST PRESBYTERIAN CHURCH	510 Broadway ST N, Crookston, MN 56716	7:00am - 8:00pm
Crookston Ward 5	FIRST PRESBYTERIAN CHURCH	510 Broadway ST N, Crookston, MN 56716	7:00am - 8:00pm
Crookston Ward 6	ST. PAULS LUTHERAN CHURCH	1214 University Ave., Crookston, MN 56716	7:00am - 8:00pm
East Grand Forks Ward 1	EAST GRAND FORKS SENIOR CENTER	538 Rhinehart Dr. SE, East Grand Forks, MN 56721	7:00am - 8:00pm
East Grand Forks Ward 2	EAST GRAND FORKS CITY HALL	600 DeMers Ave NW, East Grand Forks, MN 56721	7:00am - 8:00pm
East Grand Forks Ward 3	EAST GRAND FORKS SENIOR HIGH SCHOOL	1420 4th Ave NW, East Grand Forks, MN 56721	7:00am - 8:00pm
East Grand Forks Ward 4	EAST GRAND FORKS SENIOR HIGH SCHOOL	1420 4th Ave NW, East Grand Forks, MN 56721	7:00am - 8:00pm
East Grand Forks Ward 5	EAST GRAND FORKS SENIOR HIGH SCHOOL	1420 4th Ave NW, East Grand Forks, MN 56721	7:00am - 8:00pm
Fertile City	FERTILE COMMUNITY CENTER	101 Mill St S, Fertile, MN 56540	7:00am - 8:00pm
Fosston City	FOSSTON EMBASSY COMMUNITY CENTER	603 3rd St NE, Fosston, MN 56542	7:00am - 8:00pm
Garfield	GARFIELD TOWN HALL	502 Elm St. SW, Fertile, MN 56542	7:00am - 8:00pm
Hill River	HILL RIVER TOWN HALL	32526 345th Ave SE, Fosston, MN 56542	10:00am - 8:00pm
Huntsville	MALLORY TOWN HALL	20047 400th Ave SW, East Grand Forks, MN 56721	7:00am - 8:00pm
King	MCINTOSH COMMUNITY CENTER	115 Broadway NW, McIntosh, MN 56556	7:00am - 8:00pm
Lengby City	LENGBY COMMUNITY HALL	104 Main Ave N, Lengby, MN 56651	7:00am - 8:00pm
McIntosh City	MCINTOSH COMMUNITY CENTER	115 Broadway NW, McIntosh, MN 56556	7:00am - 8:00pm
Queen	QUEEN TOWN HALL	36481 400th Ave SE, Fosston, MN 56542	10:00am - 8:00pm
Sletten	SLETTEN TOWN HALL	28488 430th St SE, Fosston, MN 56542	10:00am - 8:00pm
Sullivan	SULLIVAN TOWN HALL	11542 430th Ave SW, East Grand Forks, MN 56721	10:00am - 8:00pm
Woodside	WOODSIDE TOWN HALL	37258 160th Ave SE, Erskine, MN 56535	7:00am - 8:00pm
NOTICE IS FURTHER GIVEN that the voters in the following precincts will be receiving ballots and voting by mail as requested by the respective township/city boards:			
Andover Township	Fairfax Township	Higdem Township	Parnell Township
Angus Township	Fanny Township	Hubbard Township	Reis Township
Badger Township	Farley Township	Johnson Township	Rhinehart Township
Belgium Township	Fisher City	Kertonville Township	Roome Township
Beltrami City	Fisher Towship	Keystone Township	Rosebud Township
Brandt Township	Garden Township	Knute Township	Russia Township
Brislet Township	Gentilly Township	Lessor Township	Sandsville Township
Chester Township	Godfrey Township	Liberty Township	Scandia Township
Climax City	Grand Forks Township	Lowell Township	Tabor Township
Crookston Township	Grove Park-Tilden Township	Mentor City	Trail City
Eden Township	Gully City	Nesbit Township	Tynsid Township
Erskine City	Gully Township	Nielsville City	Vineland Township
Esther Township	Hammond Township	Northland Township	Winger City
Euclid Township	Helgeland Township	Onstad Township	Winger Township
Eligible voters that live in a mail ballot precinct who did not receive a ballot in the mail may vote by absentee ballot at the office of the Taxpayer Service Center at the Polk County Government Center, 612 N. Broadway, Ste 207, Crookston, MN 56716 until 8:00 p.m. on Election Day. Mail Ballots and Absentee Ballots will be tabulated at the Polk County Government Center at the close of polls on November 5, 2024 at 8:00 p.m.			
M32C		/s/ Samuel W. Melbye Samuel W. Melbye	
Dated: October 7, 2024		Polk County Director of Property Records/Election Administrator	

Notice to Voters

November 5, 2024

General Election



Review the information below to learn about upcoming elections.

Access Your Sample Ballot	Find Your Polling Place	Additional Election Information
☐ Your official ballot will have the names of all candidates for your precinct. ☐ To see a list of the names of candidates and questions that will be on the ballot for your precinct visit: mnvotes.gov/myballot ☐ You may also be able to view your sample ballot online by scanning:  ☐ You may request to have a free copy of your sample ballot mailed to you.	☐ Election Day is Tuesday, November 5. ☐ You can find your Election Day Polling Place by visiting: mnvotes.gov/pollfinder Voting Before Election Day ☐ You can vote early with an absentee ballot starting Friday, September 20. ☐ You can vote early by mail, in person, or from the military or abroad. ☐ Learn more by scanning: 	☐ Most Election Day Polling Places are open 7am to 8pm. ☐ You may live in a precinct where a ballot is mailed to you as a mail ballot voter. ☐ If voting by mail, return your ballot no later than 8pm on Election Day. ☐ Election results will be available starting after 8pm on Election Day at: www.mnvotes.org ☐ Check to see if you are pre-registered to vote by scanning: 

Contact Your Local Election Official

Your county election official:

- Can mail you a sample ballot for free
- Keeps your voter registration record
- Handles other parts of the voting process

Polk County Elections
612 N Broadway Ste 207
Crookston MN 56716
218-281-2554
<https://www.co.polk.mn.us/elections@co.polk.mn.us>

Notice to Voters

Safe trick-or-treating tips

Halloween is enjoyed by people of all ages, but few get a bigger kick out of the holiday than children.

There are costumes to be worn, time spent with friends and the opportunity to collect free candy and other treats.

Although Halloween can be a fun time, the Children's Safety Network warns that it's also a time when accidents can happen.

According to the CSN, the most dangerous day for child

pedestrians is Halloween, with two times as many child pedestrians dying on Halloween compared to other days.

It is essential to prioritize safety on Halloween, and following these guidelines can help.

- **Make sure costumes are short.** Costumes that drag on the floor are tripping hazards, which can lead to injury. Be sure that costumes do not cover the feet or drag on the ground.
- **Trick-or-treat in groups.**

Children are safer in numbers due to the increased visibility of a crowd and because, if something happens, others can call for help. Parents can use their discretion on what age they feel is mature enough to let children go out alone. Until then, children should be accompanied by adults.

- **Improve visibility.** It's important to be seen while trick-or-treating, and that can be achieved by making sure costumes and trick-or-treat

bags feature reflective tape. Trick-or-treaters also can carry flashlights or glow sticks to improve visibility, and stick to areas with streetlights if going out after dark.

- **Stay on sidewalks.** Whenever possible, trick-or-treaters should stick to the sidewalks and avoid walking on the roads. This may not always be possible in neighborhoods without sidewalks, where parents and youngsters must be especially careful.
- **Eat before trick-or-treating.** A meal or snack

before trick-or-treating can reduce the tendency to fill up on candy while out and about. All candy and other treats should be inspected by an adult before it is eaten.

- **Keep pets locked away.** Animals can become skittish when there are many people loitering outside of homes or ringing doorbells. Keep pets in a quiet room away from the action to prevent them from getting loose, injured or scared enough to bite or scratch someone.
- **Avoid masks that ob-**

struct vision. It can be hard to see peripherally with a mask on, so avoid costumes with masks that compromise vision.

- **Test out makeup beforehand.** All makeup used for costumes should be tested for allergic reactions prior to use. Heed the warnings on packaging and avoid putting makeup too close to the eyes or lips.

These are some safety strategies designed to keep Halloween fun and incident-free this year.



Adrian Ryan with parents, Shaun and Amanda.



Rian Bergh with parents Pete Bergh and Danielle Fladhammer.



Hunter Westcott with parents, Tyler Westcott and Michelle Brinkman.



Kolten Schow with parents, Matt and Ashley.



Peter Kolden with parents, Travis and Amy.



Nathanial Spry with parents, Ron and Nancy.



From left, Shane, Ryan, Luke, Del and Brady Svalen, along with David and Kevin Duchsherer, are pictured in front of the 1919 Yellow Kid threshing machine that was originally purchased by Del's father and uncle, Charles and Clarence Svalen, more than 100 years ago. The Duchsherer brothers spent time over a period of about eight years refurbishing the machine, which was on full display and operational at Saturday's South Central Threshing Association's annual threshing bee and antique show in Braddock.

Svalen..
Continued from page 1...

Del's son Ryan along with his sons Shane, Lucas and Brady and their friend Tanner Bernt, worked on the tractor and were able to get it up and running again since, by some stroke of luck, the engine was not stuck.

"That's how the tractor and machine got back together," the history reads.

Now that that tractor and threshing machine are back together, Kevin Duchsherer has another plan in mind. In addition to the Yellow Kid, the Avery company manufactured a Yellow Baby and a Yellow Fellow threshing machine.

Through his research and rebuilding of the Yellow Kid, he was able to get the bases of the other two models and has plans to bring those back to life also.

"It would be nice to get them all three together," Duchsherer said.

The impressiveness of bringing the two 1919 machines back to life wasn't lost on Don Ostenson of Minneapolis, Minnesota. He was on hand at Saturday's threshing bee and antique show, primarily to see the Rumely in action.

"It's terrific," he said of the overall bee and show. "I wanted to see the Rumely running since it hadn't been for 74 years. Every time I come to one of these (shows) I find things I didn't know about."

