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McIntosh, Minnesota



The 2023 - 2024 Esports team at Win-E-Mac includes: (row1, l-r) Liam Schow, Vasily Kutsev; (row 2) Stella Davis, Ben Tollefson, Andrew Austin; (row 3) Lillian Shimpa, Ayden Smith, C.J. Brown, Jareth Walk; (row 4) Axel Fuglseth, J.P. Parades, Logan Abrahamson, Bryst English; (Row 5) Owen Fuglseth, Tayyib Tameem, Johnathan Haverkamp, and Samuel Lundy. Head Coach is Andrew Hanson and assistant coach is Dovlyn Moody. Not pictured from the team are Teddy Moritz, Wyatt Davis, Kalin Erofeeff, and Kolton Schow.

WEM's newest activity is Esports and they are heading to the State Tournament

Win-E-Mac School has a new addition to their extra curricular activities for the 2023 - 2024 school year. Esports, short for electronic sports, refers to competitive video gaming. It involves players or teams competing against each other in various video games, often in organized tournaments or leagues. Esports has gained significant popularity in recent years, with millions of viewers and participants worldwide.

In Esports, players typically compete in multiplayer video games across different genres such as first-person shooters (FPS), multiplayer online battle arenas (MOBAs), real-time strategy (RTS), fighting games, sports games, and more.

These games are played on various platforms, including personal computers, gaming consoles, and mobile devices.

The scholastic Esports regulation is through Minnesota Varsity League (MNVL) who have created this opportunity for Minnesota junior high and senior high school students who have an interest in this growing sport.

The games played for this MNVL Esports season have been Valorant, Fortnie, Super Smash Bros., Chess, and Mine-craft.

Esports competitions are held in large venues where spectators can watch the matches live. However, Esports events are also streamed online, allowing viewers to

watch and interact with the gameplay from the comfort of their own homes.

Streaming platforms like Twitch, YouTube Gaming, and others have played a significant role in the growth and popularity of Esports.

Esports has become a global phenomenon, with a dedicated fan base and a thriving industry that encompasses not only players and teams but also event organizers, game developers, sponsors, advertisers, and streaming platforms. It has also gained recognition from traditional sports organizations and institutions, with some establishing their own Esports divisions or investing in Esports teams.

This opportunity is open

to all high school students at Win-E-Mac school. Overall, Esports represents the competitive aspect of video gaming, bringing together passionate players, enthusiastic viewers, and a vibrant community that continues to grow and Win-E-Mac school is keeping up with the times.

There will be five Win-E-Mac students will be participating in the State Tournament: Sam Lundy (Super Smas Bros. Ultimate), Ben Tollefson, Andrew Austin, Tayyib Tameem, and Jareth Walk (Rocket League).

The team is coached by Andrew Hanson with Dovlyn Moody as assistant coach. If you are interested in Esports, please contact Mr. Hanson.



The playing "field" for the Esports team is a high tech setting of monitors, controllers, headphones and players.

Notable moments in women's history

Heroic efforts and milestone moments dot the landscape of women's history. Often forced to fight for equality and inclusion, women have blazed trails and broken down barriers, all the while inspiring millions from their own era as well as future generations.

March is Woman' History Month and there's been no shortage of notable events in women's history. Some of those moments may have fallen off the radar of the general public, even if such events continue to affect the lives of women today. Recognition of notable moments in women's history can provide significant insight into the individuals who made them possible.

Women's rights convention

Elizabeth Cady Stanton and Lucretia Mott played pivotal roles in organizing the first women's rights convention in 1848. The Seneca Falls Convention was held in New York on July 19 and 20, and abolitionist Frederick Douglass was among the noteworthy attendees. According to History.com, the work done at the Seneca Falls Convention, including the signing of the Declaration of Sentiments, sparked women's rights advocacy and ultimately lead to suffrage for women, which was granted with the passage of the Nineteenth Amendment.

A woman earns a medical degree

Within months of the Seneca Falls Convention, England-born Elizabeth Blackwell graduates from the medical school at Geneva College in New York. Blackwell not only earns her medical degree, but

also finishes with the highest marks in her graduating class. Blackwell's trailblazing days did not end with the completion of her degree, as she ultimately became the first woman on the Medical Register of the General Medical Council for the United Kingdom.

"And ain't I a woman?"

School children in the United States undoubtedly are familiar with the name Sojourner Truth, a noted abolitionist and former slave. In 1851, Truth, speaking at the Women's Rights Convention in Akron, Ohio, asked, "And ain't I a woman?" as she advocated for equal rights. The speech has been noted in popular culture over the last 170 years, but Truth's now-famous query first gained considerable attention in 1863 during the American Civil War.

A woman sits on the bench of the Supreme Court

The Supreme Court of the United States was initially established by Congress through the Judiciary Act of 1789. Despite that lengthy history, no woman was sworn in as a Supreme Court Justice until 1981, when Sandra Day O'Connor was sworn in by then-U.S. President Ronald Reagan. Justice O'Connor, who passed away in late 2023 at the age of 93, served on the Supreme Court for roughly a quarter century, retiring in 2006.

These are just a handful of the many notable events in women's history that have shed light on the bravery and invaluable contributions women have made through the years.

Septic system fix-up grant program

Polk County Environmental Services is pleased to announce the availability of a cost-share grant program that is available to property owners in Polk County that have an existing noncompliant septic system. Funds are intended to fix septic systems that are currently failing codes or functionality. These dollars are made possible through a grant received from the Minnesota Clean Water Legacy Act.

There is a limited amount of funding available and preference for funding will be determined based on household income status, condition of existing system, and proximity to priority surface waters. Income restrictions do apply. A major goal within the fix-up program aims to fix "imminent public health threats". Polk County uses HUD/Federal poverty low-income guidelines to group funding grant contributions.

Households must not exceed these income guidelines, must be the landowners homestead not a second dwelling or rental, and applicants will be required to pay any match requirement upfront if approved. No holding tank septic systems can be installed and SSTs for new construction of a dwelling does not qualify for the program. The County will provide a cost share grant contributing 60% and up to 80% of installation cost up to a maximum of \$12,000 grant dollars.

To learn more about this program, please call Polk County Planning and Zoning at (218) 281-5700. Program applications can also be found on our website at www.co.polk.mn.us under the Environmental Services and Planning and Zoning Department page. The deadline to apply for the Septic System Fix-Up Grant Program is June 1, 2024. After this date, remaining funding will be available on a first come first serve basis.



WEM School readiness and Head Start Early Childhood & Preschool screening

The Win-E-Mac school will offer preschool and early childhood screening for a free and simple check of how your child is growing, developing, and learning.

A trained professional will check your child's vision and hearing, height and weight, immunizations, large and small muscle development, thinking, language and communication skills, and social and emotional development.

The screening is open to all children, ages three years old and up, who have not been previously screened. Children must be screened before entering preschool and kindergarten.

The screening will take place at Polk County Public Health located in the Bjella Building (240 Cleveland Avenue SW) in McIntosh.

Contact Heather Earls at Win-E-Mac to set up an appointment time for your child to be screened by emailing her at: hearels@wemschools.org.

Strategic Farming: Making herbicides work better

On February 7, Dr. Tommy Butts, Extension Weed Scientist with the University of Arkansas, and Tom Hoverstad, Researcher at the University of Minnesota Southern Research and Outreach Center in Waseca, joined UMN Extension Educator-Crops Ryan Miller for a discussion on "Making herbicides work better". Specifically, this session focused on making choices and adjustments to ensure a successful herbicide application.

Of the many pieces that can affect weed control, nozzle selection is critically important as this can drastically influence spray coverage. Nozzles affect droplet size, which is the key factor influencing coverage, but if regulations or drift concerns mandate use of a larger droplet size, you will likely need to increase the gallon per acre (GPA) rate to get the coverage needed.

With a contact herbicide like glufosinate (a.i. in Liberty), droplet size is even more important than spray volume, although both are key in achieving acceptable control. For example, nozzles that produce large droplet sizes are NOT recommended when applying glufosinate due to the droplet size being too large to achieve the needed level of coverage. With systemic herbicides like dicamba or glyphosate (a.i. in Roundup), droplet size has less of an effect, but even here, if droplet size is too big and spray volume is too low, you will not have the coverage needed and control can be reduced.

Time of day, temperature and humidity at the time of application, adjuvants and tank-mix partners can also affect herbicide effectiveness. For example, it is recommended to apply glufosinate during the day, from around 8 or 9 a.m. to no later than 5 p.m. Ammonium sulfate should be added to the tank when applying glufosinate to enhance control. Targeting weeds before they exceed 3 to 4 inches in height is important with any post-emergence application and even more so when applying glufosinate.

Use of a residual herbicide is critical for weed control success, particularly when dealing with weeds resistant to key postemergence herbicides and



for weeds with longer emergence patterns, like waterhemp and Palmer amaranth. Overlapping residuals, where you apply a residual herbicide at planting and then around 30 days after planting, is also useful. It is important to mix up herbicide groups, however, to help delay the development of resistance to these products as well.

Strong residual programs with multiple modes of action preemergence gave the best weed control and best return on investment, in analysis conducted by Dr. Butts. It is imperative farmers use integrated weed management strategies to control weeds and not just herbicides, however,

McIntosh Heritage & Arts Center News

The McIntosh Heritage & Arts Center will be holding their next quarterly meeting on Thursday, March 7 at 6:30pm at the MH&AC in the Ohnstad building. If you are not able to attend in-person, please email McIntoshHAC@gmail.com and we will send you a link to the online meeting.

Please stop by and see our vast collection and learn some history about McIntosh and the 13 Townships. While visiting, please consider becoming a valued member and donor! We are located at 125 NW Broadway in McIntosh. Our hours are Tuesday through Thursday from 10:00am-2:00pm. Please visit us online at McIntosh-HAC.com and follow us on Facebook and Instagram!

Peanuts shine in this stir-fry dish

Peanuts work well in sweet desserts and are commonly found in the form of peanut butter swirled with jelly atop bread for lunchtime sandwiches. However, peanuts can be an ingredient in savory dishes as well.

In fact, peanuts often are included in the popular Thai dish "Pad Thai," which is Thailand's variation on a traditional Chinese stir-fry. It's salty, sweet and often spicy. Try this version, courtesy of "300 Best Stir-Fry Recipes" (Robert Rose) by Nancie McDermott.

Pad Thai
Serves 2 to 4
4 ounces dry rice noodles
1/4 cup chicken stock or water
3 tablespoons fish sauce
2 tablespoons soy sauce
2 tablespoons granulated sugar
1 teaspoon hot pepper flakes
3 tablespoons vegetable oil, divided
1 tablespoon chopped garlic
4 ounces boneless pork (such as loin or tenderloin) or skinless chicken breast or thighs, thinly sliced
8 to 10 medium shrimp, peeled and deveined
1 egg, beaten
1/2 cup chopped garlic chives or green onions
2 cups bean sprouts, divided
1/3 cup chopped roasted salted peanuts
3 tablespoons freshly squeezed lime juice
4 lime wedges
1. Bring a large pot of water to a rolling boil over high heat. Add noodles and remove from heat. Let stand for 5 to 7 minutes, stirring occasionally, until noodles are softened but



still firm. Drain, rinse well in cold water. Drain and set aside.
2. In a small bowl, combine chicken stock, fish sauce, soy sauce, sugar and hot pepper flakes and stir well. Set aside.
3. Heat a wok or a large deep skillet over medium heat. Add 2 tablespoons of the oil and swirl to coat pan. Add garlic and toss well, until fragrant, about 15 seconds.
4. Add pork, spreading into a single layer. Cook, undisturbed, until edges change color, about 1 minute. Toss well. Add shrimp and toss well. Cook, tossing often until shrimp are pink and firm and pork is cooked through, 1 to 2 minutes. Add noodles and cook, tossing often and pulling to separate noodles, for 1 minute.
5. Add chicken stock mixture, pouring in around sides of pan. Cook, tossing often, turning and scraping noodles to heat and soften them, until noodles curl up and are ten-

der and shrimp are cooked through, 1 to 2 minutes more. Add an additional 1 to 2 tablespoons of chicken stock or water as needed to keep noodles from sticking or burning.
6. Push the noodles to one side and add remaining 1 tablespoon of oil. Add egg and swirl to expose to hot pan. Cook, undisturbed, until edges have begun to set, about 15 seconds. Cook, stirring often, until egg is softly scrambled but still very moist, about 1 minute.
7. Add garlic, chives and 1 cup of the bean sprouts and cook, tossing often, until they have begun to wilt, about 1 minute more. Add peanuts and lime juice and toss well. Transfer to a serving platter. Place the remaining bean sprouts and lime wedges on one side. Serve hot or warm, mixing in the raw bean sprouts and squeezing a little lime juice over the noodles just before eating.

due to increasing issues with herbicide-resistant weeds. These practices include strategies like increasing crop canopy development, narrow rows, earlier planting dates, cover crops, strategic tillage, cultivation, cleaning equipment, harvest weed seed control and more.
Finally, make sure you read the label. Herbicide labels provide valuable advice on making effective herbicide applications to give you the best chance of success.
Watch this episode and other recordings at: z.umn.edu/SFrecordings. University of Minnesota's Strategic Farming: Let's talk crops! webinar series, offered Wednesdays through March, features discussions with specialists to provide up-to-date, research-based information to help farmers and ag professionals optimize crop management strategies for 2024. For more information and to register, visit z.umn.edu/strategic-farming.



NOTICE ELECTION AND ANNUAL MEETING HILL RIVER TOWNSHIP

The annual election and meeting of the Township of Hill River, County of Polk, State of Minnesota, will be held on Tuesday, March 12, 2024 at the Hill River Town Hall. The Polls will be open from 5:00 p.m. to 8:00 p.m. to elect two (2) Supervisors for a term of three (3) and two (2) years and one (1) Clerk/Treasurer for a period of two years.
The annual meeting will start as soon as possible after the polls close to conduct all and any business that comes up at the meeting. If necessary, the storm date shall be one week later. Notice will then be given over the Fosston Radio Station.
Raymond O. Sundrud, Clerk/Treasurer
Hill River Township
M50-51C

NOTICE OF ELECTIONS LESSOR TOWNSHIP

Notice is hereby given to the qualified voters of Lessor Township, County of Polk, State of Minnesota, that the Annual Election of Town Officers and Annual Township Meeting will be held on Tuesday, March 12, 2024. In case of inclement weather, the meeting and election may be postponed until the third Tuesday in March.
The Election Poll Hours will be open from 4:00 p.m. to 7:00 p.m., at which time the voters will elect:
Town Board Supervisor, three year term
Town Board Treasurer, three year term
The Annual Meeting will commence at 7:00 p.m. to conduct all necessary business prescribed by law. The Annual Election and Meeting will be held at Trinity Lutheran Church, rural McIntosh.
Matt Voxland
Lessor Township Clerk
M45-50C

WEM School Announcements

Driver's Ed Classroom will begin on Monday, March 4th. Classes will be each day after school through March 15th. Students are required to complete 30 hours of classroom time. If a student misses a session, they will have to make up the time. March 18th is scheduled to be the free make up day for missed sessions. If additional days are needed for make-up, the student will have to pay \$50 for each make-up session. Students need to be 15 years old by June 1st to enroll in the class. The class is limited to the first 20 students to sign up. If you have a summer birthday you will need to talk to Mr. Hanson before signing up for the class. Registration is \$120 for Win-E-Mac students.



Wed. Feb. 28:
Bud Kiecker, Eli Kringlen, Thomas Reitmeier, Todd Goodwin, Hudson Christianson, Austin Simonson
Thurs. Feb. 29:
Amanda Swanson
Fri. March 1:
Isaac Salvhus
Sat. March 2:
Nicki Carlson, Bryer Strom, Josh Roed, Koen Grettum, Janet Hamre, *Alex & Brenda Ugalde
Sun. March 3:
Mason Halstad, Kristi (Schow) Gretum, Shawn Rominski, *Steve & Barb Urenss
Mon. March 4:
Ryan Krossen, Emberly Strom
Tues. March 5:
Chad Burslie, Rick Grove, Sam Finseth, Patrick Paskvan

NOTICE TO SLETTEN TOWNSHIP

Sletten Township will hold its township election on March 12 from 5-8:00 at the town hall. We will vote for one supervisor and one clerk. The annual meeting will follow the election.
M49-50C



ST. MARY'S CHURCH
Fosston
Fr. John Suvakeen,
Pastor

Wed. Feb. 28: 5:30am Mass; Adoration 12:00-5:00pm
Sun. March 3 : 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
Wed. March 6: 5:30am Mass; 6:30pm Stations of the Cross
Fri. March 8: 11:30am Mass at St. Mary's, Fosston
Sun. March 10: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)
McIntosh
Pastor Rene Mehlberg
Synodical Authorized Minister Katie DeMarais

Sun. March 3: 10:00am Coffee Hour; 10:30am Worship Services
Sun. March 10: 10:00am Coffee Hour; 10:30am Worship Services
Our Saviors Lutheran Church, McIntosh will run church services on Channel 30 on Garden Valley Channel 30. They will also be available on YouTube on channel One in Spirit - The Journey. Our Saviors service will be available by 8:30 am each Sunday until further notice.

MCINTOSH AFLC
McIntosh Trinity / Mount Carmel:
Interim Pastor: Nathan Dalager

Trinity: (27262 315th St. SE, McIntosh) Sunday Worship: 11:00am; Sunday School: 9:45am
Mt. Carmel: (305 State St. NE, McIntosh) Sunday Worship: 9:30am; Sunday School: 10:45am
Lutheran Parish YouTube Channel

GOSEN LUTHERAN CHURCH
Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Sun, March 3: 9:30am Sunday School and Adult Bible Study
Tues, March 5: 10:00am. Sunday worship service telecast on GVTV--30
Wed, March 6: 6:30pm Bible Study at Sharon Ramberg's home
Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.

VERNES LUTHERAN CHURCH (LCMC)
McIntosh
PastorLee Laaveg

Sun. March 3: 9:00am Worship
Sun. March 10: 9:00am Worship

IMMANUEL LUTHERAN CHURCH
McIntosh
Pastor Bruce Blocker,

Sundays: 9:00am Worship; 10:00am Fellowship Hour; 10:15am Sunday School

CALVARY LUTHERAN CHURCH
Winger

Sundays: 10:30am Coffee Fellowship; 11:00am Worship

GRACE LUTHERAN CHURCH- NALC
Erskine
Rev. Pam Thorson

Sundays: 9:15am Sunday School; 10:30am Worship
Come early and enjoy fellowship and a good cup of coffee. It will also be available at the same time on Garden Valley Channel 30, Facebook and YouTube.

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POLK COUNTY BOARD MINUTES

FEBRUARY 6, 2024
BOARD MINUTES

Pursuant to motion of adjournment the Polk County Board of Commissioners met in regular session at 8:00 o'clock a.m., February 6, 2024, in the Commissioners Room, Government Center, Crookston, MN. Members present: Commissioner Paul Reese (virtual) Commissioner Warren Strandell, Commissioner Gary Willhite, Commissioner Joan Lee, Commissioner Mark Holy and Charles S. Whiting, County Administrator, Clerk of the Board. Others present Valerie Bjerk, Deputy Clerk of the Board.

REVISED AGENDA
A motion was made by Commissioner Lee seconded by Commissioner Holy and adopted by unanimous vote of the Board to approve the revised February 6, 2024, agenda adding Taxpayer Brent Wagner.

CONSENT ITEMS
A motion was made by Commissioner Strandell seconded by Commissioner Reese and adopted by unanimous vote of the Board to approve the February 6, 2024, consent items:
1.Approve Auditor Warrants.
2.Approve the January 23, 2024, Board minutes.
3.Approve payment to Crookston Drift Busters, Crookston, MN in the amount of \$9,823.19 for State Grant/Benchmark BMI FY24.

**COUNTY BOARD MEMBERS
ISSUE FORUM.**
1.Commissioner Reese brought forth that he attended the following meetings:
a. No meetings.
2. Commissioner Strandell brought forth that he attended the following meetings:
a. No meetings.
3.Commissioner Lee brought that she attended the following meetings:
a.Public Works Committee meeting.
b. DAC meeting.
c.Public Health meeting.
d.Farm Bureau District meeting.
4.Commissioner Holy brought forth that he attended the following meetings:
a.Public Works Committee meeting.
5.Commissioner Willhite brought forth that he attended the following meetings:
a. KROX Radio.
b.Health Board meeting.

TAXPAYER
*Brent Wagner, Polk County Taxpayer came before the Board with matters pertaining to his property:
1. **Property Discussion**
Discussion along with pictures and an invoice was presented to the Board regarding an issue with rocks in his field that was created by the Burlington Northern Railroad and requesting Polk County pay him for removal of these rocks. Pictures and invoice were given to Richard Sanders, Polk County Highway Engineer for his review. (Pictures and invoice on file in the Administrator's Office)

**NORTHWEST REGIONAL
DEVELOPMENT COMMISSION**
Daria Waldner, NWRDC Executive Director along with Tim Finseth came before the Board with matters pertaining to the NWRDC:
1. **Annual Report & Program Updates**
Discussion along with the NWRDC Annual Report (January 1, 2023 – December 31, 2023) was presented to the Board. (Report on file in the Administrator's Office)

FINANCE
Ron Denison, Finance Director came before the Board with matters pertaining to his department:
1. **MAGIC Fund (MN Association of Governments Investing for Counties) Fund Presentation**
Handouts were presented to the Board along with discussion from Brian Johnson, PFM Asset Management LLC Representative (virtual) regarding the MAGIC Fund. (Handouts on file in the Administrator's Office)

2. **Accounting Clerk III Replacement Request**
A motion was made by Commissioner Lee seconded by Commissioner Holy and adopted by unanimous vote of the Board to approve filling the Accounting Clerk III position in the Finance Department and any internal subsequent position vacancies occurring because of this action.

HIGHWAY
Richard Sanders, Polk County Highway Engineer came before the Board with matters pertaining to his department:
1. **Replace Engineering Technician IV Position**
Due to a resignation a motion was made by Commissioner Strandell seconded by Commissioner Holy and adopted by unanimous vote of the Board to allow the Polk County Highway Department to fill the Engineering Technician IV position and any other position that goes vacant due to an internal promotion.
2. **RTVision GovAp Software**
The Polk County Highway requests to purchase RTVision GovAp Software to help manage its accounting/invoicing system. This software will help save time and money when it comes to paying invoices by doing it electronically vs manually on paper. A motion was made by Commissioner Willhite seconded by Commissioner Reese and adopted by unanimous vote of the Board to approve the quote/purchase of the RTVision GovAp Software in the amount of \$15,000.00 for year 1 and \$12,500.00 for years 2 and 3. (Quote on file in the Administrator's Office)
3.**Purchase Gravel**
Polk County Highway needs gravel for the central part of Polk County for shouldering along paved roadways. A motion was made by

Commissioner Strandell seconded by Commissioner Lee and adopted by unanimous vote of the Board to allow the Polk County Highway to purchase 10,000 tons of gravel per quote from Davidson Construction and Redi-Mix, Holt, MN in the amount of \$6.00 per ton for a total amount of \$60,000.00. (Quote on file in the Administrator's Office)
4. **Snowplow Equipment for (2) Tandem Trucks 2025 Delivery**
Polk County has purchased 2 Tandem Trucks for 2025 delivery. The Polk County Highway Department has received two quotes for the snowplow equipment to put on these 2 tandem trucks. A motion was made by Commissioner Reese seconded by Commissioner Holy and adopted by unanimous vote of the Board to award the quote to Bert's Truck Equipment, Moorhead, MN in the amount of \$164,275.00 per truck. (Quotes on file in the Administrator's Office)

5. **2024 Dumpster Rental Tilberg Park**
A motion was made by Commissioner Holy seconded by Commissioner Lee and adopted by unanimous vote of the Board to award the quote to Alternative Sanitation, LLC, Erskine, MN in the amount of \$221.13 per month for a 6-yard dumpster.
6. **2024 Dumpster Rental Maple Lake Park**
A motion was made by Commissioner Holy seconded by Commissioner Lee and adopted by unanimous vote of the Board to award the quote to Alternative Sanitation, LLC, Erskine, MN in the amount of \$522.11 for a 6-yard dumpster per month for Polk County Campground and \$61.43 for a 6-yard dumpster per month for East Shore.
7. **2024 – 2026 Toilet Rental Maple Lake Park**
A motion was made by Commissioner Strandell seconded by Commissioner Reese and adopted by unanimous vote of the Board to award the quote to Solid Bottom Septic, LLC, Bagley, MN in the amount of \$960.00 per year for toilets at Cross Lake Tilberg Campground.

REVISED AGENDA
A motion was made by Commissioner Lee seconded by Commissioner Holy and adopted by unanimous vote of the Board to revise the agenda adding #9 under Highway.
9.**Road Restriction Map
The road restriction map was discussed and presented to the Board. A motion was made by Commissioner Lee seconded by Commissioner Holy and adopted by unanimous vote of the Board to approve the updated Tri-County Community Corrections Correctional Health Agreement as presented to the Board. (Agreement on file in the Administrator's Office)
2. **HESI Service Agreement**
A motion was made by Commissioner Holy seconded by Commissioner Willhite and adopted by unanimous vote of the Board to approve and continue the HESI Service Agreement for Bio Medical Waste Disposal as presented to the Board. (Agreement on file in the Administrator's Office)

PUBLIC HEALTH
Sarah Reese, Public Health Director came before the Board with matters pertaining to her department:
1. **Correctional Health Agreement**
A motion was made by Commissioner Lee seconded by Commissioner Holy and adopted by unanimous vote of the Board to approve the updated Tri-County Community Corrections Correctional Health Agreement as presented to the Board. (Agreement on file in the Administrator's Office)
2. **HESI Service Agreement**
A motion was made by Commissioner Holy seconded by Commissioner Willhite and adopted by unanimous vote of the Board to approve and continue the HESI Service Agreement for Bio Medical Waste Disposal as presented to the Board. (Agreement on file in the Administrator's Office)

SOCIAL SERVICES
Karen Warmack, Social Services Director came before the Board with matters pertaining to her department:
1. **Social Worker -CPS Replacement Request**
A motion was made by Commissioner Holy seconded by Commissioner Strandell and adopted by unanimous vote of the Board to fill a Social Worker-CPS position and to fill any internal subsequent position vacancies occurring because of this action.

PLANNING AND ZONING
Jacob Snyder, Environmental Specialist/Planning & Zoning Administrator came before the Board with matters pertaining to Planning & Zoning:
1. **Satisfaction of Loan Repayment – SSTS Loan Program – Amy Marie Erickson**
A motion was made by Commissioner Holy seconded by Commissioner Strandell and adopted by unanimous vote of the Board to accept the satisfaction of the lien for Amy Maire Erickson, 34494 160th Avenue SW, Crookston, MN.
2. **Satisfaction of Loan Repayment – SSTS Loan Program – Lenny & Jessica Chappuis**
A motion was made by Commissioner Holy seconded by Commissioner Lee and adopted by unanimous vote of the Board to accept the satisfaction of the lien for Lenny & Jessica Chappuis, 25816 185th Avenue SW, Crookston, MN.
3. **1W1P Sand Hill Watershed Implementation Agreement**
A motion was made by Commissioner Lee seconded by Commissioner Strandell and adopted by unanimous vote of the Board to approve the Sand Hill Watershed Comprehensive Watershed Management Plan Implementation Agreements as presented to the Board. (Agreement on file in the Administrator's Office)
4. **Environmental Technician –**

Permission to fill Job Vacancy
Due to a resignation a motion was made by Commissioner Strandell seconded by Commissioner Willhite and adopted by unanimous vote of the Board to approve filling the vacant Environmental Technician position in Environmental Services.

NORTH COUNTRY FOOD BANK
Susie Novak-Boelter, North Country Food Bank Executive Director came before the Board with matters pertaining to the Food Bank:
1. **North Country Food Bank Update**
An update was given to the Board regarding the North Country Food Bank.

MIS & DISPATCH
Levi Webster, MIS Director along with Nancy Shafter, Dispatch Supervisor came before the Board with matters pertaining the MIS Department and Dispatch:
1. **Request to Purchase Splunk & Hardware for the MIS Department**
In addition to helping with FBI/BCA compliance, Splunk will give Polk County the ability to monitor, search, index, and correlate data from various sources to provide alerts, reports, and visualizations, this will help improve the security posture. A motion was made by Commissioner Strandell seconded by Commissioner

AUDITOR WARRANTS 01/02/2024	
Vendor Name	Amount
Hardwick P.C./Brian T	2,487.40
Mn County Attorneys Assoc	5,539.00
Mn State Treasury	7,208.50
Polk Co Historical Society	10,000.00
Powerphone Inc	72,596.00
RDO Equipment Company	78,138.00
SeaChange Printing & Marketing	6,375.00
University Of North Dakota	6,377.40
6 Payments less than 2000	3,859.71
Final Total:	192,581.01

AUDITOR WARRANTS 01/09/2024	
Vendor Name	Amount
Bert's Truck Equip Of Moorhead	148,520.00
Caterpillar Financial Services	38,200.00
Crookston Water Department	2,194.27
ENTERPRISE FM TRUST	6,034.96
Fjerstad/Doug	6,069.00
Ironhide Equipment Inc	16,800.00
Lenes Sand & Gravel Inc	53,140.61
Lepier Oil Company Inc	6,088.60
Liberty Business Systems Inc	6,415.18
Main Street Station	2,239.07
Marshall County Coop	5,590.75
Middle- Snake- Tamarac Rivers Wtrshd Di	5,518.00
MN Counties Intergov'l Trust	692,409.00
Mn State Treasury	6,326.00
Northdale Oil Inc	8,182.85
Red Lake Watershed District	5,850.50
Reserve Account	10,000.00
RJ Zavoral & Sons Inc	170,876.50
Sand Hill River W S District	4,116.50
Sandhill Snowcruisers	24,831.98
Tri County Community Corr	1,542,559.00
US Bank Voyager Fleet Sys	3,873.09
19 Payments less than 2000	8,974.21
Final Total:	2,774,810.07

AUDITOR WARRANTS 01/16/2024	
Vendor Name	Amount
AMP Robotics Corporation	6,949.05
AT&T Mobility	2,694.04
City of McIntosh	5,486.10
ENTERPRISE FM TRUST	72,723.55
Fosston Municipal Utilities	47,929.82
Fosston Municipal Utilities	2,504.88
H & S Mfg Inc	9,550.00
Lenes Sand & Gravel Inc	52,850.06
Lenes Sand & Gravel Inc	12,341.73
Liberty Business Systems	2,875.50
Office of MN.IT Services	6,960.10
Ottertail Power Co	7,686.05
RDO Equipment Company	227,379.00
Verizon Wireless	3,027.44
26 Payments less than 2000	17,061.26
Final Total:	478,018.58

AUDITOR WARRANTS 01/23/2024	
Vendor Name	Amount
Alternative Sanitation	2,040.66
Altru Health System	2,653.00
Century Link	944.82
East Grand Forks City	1,828.25
Fischer/James	260.00
Garden Valley Technologies	307.76
Gladen Construction Inc	11,527.59
Great Plains Natural Gas Co	12,009.08
Joseph Donald Construction	3,417.50
MacQueen	227,379.00
Matthew Bender & Co, Inc	2,096.28
McIntosh City	1,562.00
Mn UI Fund	2,210.72
Morris Electronics Inc	21,377.50
Motor Vehicle	722.50
Motorola Solutions Inc	22,226.19
North Valley Health Center EMS	416.67
Office of MN.IT Services	662.26
Ottertail Power Co	21,582.71
Polk County	880.34
Polk County	706,214.77
Polk County Highway Department	9,102.78
Polk County License Center	281.50
Thomson Reuters - West	1,277.92
Verizon Wireless	585.26
Widseth Smith Nolting & Assoc	200.00
Wild Rice Elec Co- Op Inc	1,376.53
5 Payments less than 200	673.36
Final Total:	1,055,816.95

AUDITOR WARRANTS 01/25/2024	
Vendor Name	Amount
Crookston City	24,107.38
School District 593 Treas	5,595.65
2 Payments less than 2000	1,455.31
Final Total:	31,158.34

AUDITOR WARRANTS 01/25/2024	
Vendor Name	Amount
Crookston City	24,107.38
School District 593 Treas	5,595.65
2 Payments less than 2000	1,455.31
Final Total:	31,158.34

The McIntosh Times

Reese and adopted by unanimous vote of the Board to approve purchasing Splunk (\$24,900.00) and the hardware (\$10,855.00) for a total cost of \$35,755.00. (Budgeted for 2024)
2. **Request to Purchase Server Hardware for Dispatch**
A motion was made by Commissioner Strandell seconded by Commissioner Holy and adopted by unanimous vote of the Board to approve the purchase from Morris Electronics in the amount of \$11,443.75 for server hardware to store CJIS data to comply with BCA regulations.
3. **Replace and Upgrade the Microwave Link Between the County and the State for Dispatch**
No action was taken for the microwave link between the County and State for the Dispatch area. To be revisited at the February 20, 2024, Board meeting.

AUDITOR WARRANTS
A motion was made by Commissioner Strandell seconded by Commissioner Reese and adopted by unanimous vote of the Board to approve the following Auditor Warrants for payment:

AUDITOR WARRANTS 01/25/2024	
Vendor Name	Amount
Belgium Township Treasurer	2,136.77
Brandt Township Treasurer	2,275.42
Bremer Bank Na	65,242.03
Bremer Bank Na	56,737.61
Bremer Bank Na	27,266.55
Climax City Treasurer	5,429.54
Columbia Township Treasurer	2,203.69
County Emergency Medical Serv.	7,865.04
Crookston Area Ambulance Inc	4,079.82
Crookston City	46,203.71
Erskine City Clerk- Treasurer	6,150.66
Fairfax Township Treasurer	2,676.45
Fertile City	3,929.36
First Care Medical Services	5,404.29
Fisher City	2,081.46
Fisher Township Treasurer	3,737.35
Fosston City	12,013.01
Garden Township Treasurer	2,871.48
Godfrey Township Treasurer	2,145.20
Grand Forks Township Treasurer	2,088.94
Hammond Township Treasurer	2,749.47
Huntsville Township Treasurer	2,618.94
Liberty Township Treasurer	3,494.86
McIntosh City	7,665.53
Mentor City	2,487.67
Middle- Snake- Tamarac Rivers Wtrshd Di	11,293.63
Nesbit Township Treasurer	2,994.09
Northland Township Treasurer	2,129.24
NW Regional Development Comm	2,246.17
NWMN HRA	5,648.76
Queen Township Treasurer	3,492.21
Red Lake Watershed District	31,729.41
Sand Hill River W S District	17,198.98
Sandsville Township Treasurer	2,955.93
Scandia Township Treasurer	2,034.97
School District 2176 Treas	8,356.59
School District 2311 Treas	2,791.45
School District 2609 Treas	33,738.09
School District 592 Treas	8,106.55
School District 593 Treas	49,797.37
School District 600 Treas	23,677.89
School District 601 Treas	34,977.69
Vineland Township Treasurer	2,694.25
Winger City Clerk Treasurer	2,155.99
Winger Township Treasurer	3,016.58
Woodside Township Treasurer	6,757.14
52 Payments less than 2000	50,702.33
Final Total:	590,050.16

AUDITOR WARRANTS 01/29/2024	
Vendor Name	Amount
Chester Township Treasurer	27,483.77
Gentilly Township Treasurer	13,741.89
Grove Park Tilden Township	10,306.42
Hill River Township Treasurer	3,435.47
Lessor Township Treasurer	3,435.47
Liberty Township Treasurer	6,870.95
Onstad Township Treasurer	3,435.47
Queen Township Treasurer	3,435.47
Woodside Township Treasurer	3,435.47
Final Total:	75,580.38

AUDITOR WARRANTS 01/30/2024	
Vendor Name	Amount
Fertile Oil Company	18,611.73
Lake Agassiz Regional Library	74,830.00
Norman County Public Health	37,163.72
Ottertail Power Co	3,066.89
Polk County Public Health	91,342.41
6 Payments less than 2000	2,903.73
Final Total:	227,918.48

AUDITOR WARRANTS 01/30/2024	
Vendor Name	Amount
Andover Township Treasurer	28,306.50
Angus Township Treasurer	25,693.12
Badger Township	25,029.51
Belgium Township Treasurer	18,689.88
Brandsvold Township Treasurer	35,316.52
Brandt Township Treasurer	16,782.53
Brislet Township Treasurer	18,335.56
Bygland Township	29,513.04
Chester Township Treasurer	15,613.07
Columbia Township Treasurer	48,922.45
Crookston Township Treasurer	48,090.21
Eden Township Treasurer	31,084.92
Esther Township Treasurer	19,715.09
Euclid Township Treasurer	30,576.70
Fairfax Township Treasurer	28,512.66
Fanny Township Treasurer	26,113.38
Farley Township Treasurer	16,974.43
Fisher Township Treasurer	26,179.63
Garden Township Treasurer	36,259.18
Garfield Township Treasurer	56,345.22
Gentilly Township Treasurer	30,987.44
Godfrey Township Treasurer	36,355.42
Grand Forks Township Treasurer	19,450.28
Grove Park Tilden Township	38,691.80
Gully Township Treasurer	22,752.36
Hammond Township Treasurer	28,210.27
Helgeland Township Treasurer	14,998.04
Higdem Township	18,970.49
Hill River Township Treasurer	32,132.34
Hubbard Township Treasurer	26,107.16
Huntsville Township Treasurer	48,035.90
Johnson Township Treasurer	18,660.66
Kertsonville Township Treas	14,186.50
Keystone Township Treasurer	22,606.97
King Township Treasurer	30,521.40
Knute Township Treasurer	59,854.73
Lessor Township Treasurer	25,262.53
Liberty Township Treasurer	21,695.35
Lowell Township Treasurer	35,800.42
Nesbit Township Treasurer	20,638.10
Northland Township Treasurer	29,762.05
Onstad Township Treasurer	16,445.81
Parnell Township Treasurer	22,157.23
Queen Township Treasurer	28,871.64
Reis Township Treasurer	17,215.48
Rhinehart Township Treasurer	12,112.63
Roome Township Treasurer	31,050.77
Rosebud Township Treasurer	34,792.31
Russia Township Treasurer	21,911.26
Sandsville Township Treasurer	13,494.16
Scandia Township Treasurer	19,090.49
Sletten Township Treasurer	32,048.55
Sullivan Township Treasurer	30,031.29

Miracle on Ice Team USA Hockey
bobbleheads unveiled to celebrate anniversary

To celebrate the anniversary of the “Miracle on Ice” Game, the National Bobblehead Hall of Fame and Museum unveiled three officially licensed bobbleheads. The first bobbleheads feature of Herb Brooks and Jack O’Callahan, the head coach and key player of the gold-medal winning 1980 Winter Olympics U.S. hockey team that is famously known for its upset victory over the Soviet Union in the “Miracle on Ice” game on February 22, 1980. The third bobblehead features a generic Team USA player in the 1980 USA hockey jersey with a sticker pack that lets fans customize the jersey name and number as well as the logo on the top of the base. The special edition bobbleheads are being produced by the National Bobblehead Hall of Fame and Museum in collaboration with Official Herb Brooks and Jack O’Callahan licensee, LowSport.

Standing on a red, white, and blue base bearing his name in gold, the Herb Brooks bobblehead is wearing a plaid blazer with a brown tie, pants, and shoes.

The backing of the bobblehead includes Brooks’ famous speech he delivered to his team prior to the “Miracle on Ice” game against the Soviet Union: “Great moments are born from great opportunity. And that’s what you have here tonight, boys. That’s what you’ve earned here tonight. ... One game, if we played ‘em 10 times, they might win nine. But not this game. Not tonight. Tonight, we skate with ‘em. Tonight, we stay with ‘em, and we shut them down because we can! Tonight, we are the greatest hockey team in the world. ... You were born to be players, every one of you. You were meant to be here tonight. This is your time. Their time is done; it’s over. I’m sick and tired of hearing about what a great hockey team the Soviets have. Screw ‘em. This is your time! Now go out there and take it!” The bottom of the speech includes the coach’s signature, along with logos of USA Hockey and the Herb Brooks Foundation.

Positioned on a circular ice-like base bearing his name, the Jack O’Callahan bobblehead

is on his knees with his arms raised in triumph. He is wearing a blue helmet and a white No. 17 USA sweater with his name on the back. This marks the first bobblehead of O’Callahan. The third bobblehead features a generic Team USA player in the 1980 USA hockey jersey with a sticker pack that lets fans customize the jersey name and number as well as the logo on the top of the base.

The bobbleheads, which are individually numbered to 1,980, are available through the National Bobblehead Hall of Fame and Museum’s Online Store. The bobbleheads are expected to ship in July and are \$40 each plus a flat-rate shipping charge of \$8 per order.

Inducted into the United States Hockey Hall of Fame in 1990 and the IIHF Hall of Fame in 1999, Brooks will forever be known as the head coach of the gold medal-winning U.S. Olympic team at Lake Placid. Brooks, who died in a car accident in 2003, was honored posthumously with the Wayne Gretzky International Award in 2004 and inducted into the Hockey Hall of Fame in 2006. The Minnesota native coached the Minnesota Golden Gophers to three national championships before being hired to coach the 1980 Olympic team. Brooks also coached multiple NHL teams (New York Rangers, Minnesota North Stars, New Jersey Devils, and Pittsburgh Penguins), as well as the French team at the 1998 Winter Olympics. He ultimately returned to coach the U.S. men’s team to a silver medal at the 2002 Winter Olympics in Salt Lake City. Proceeds from the sales of the Herb Brooks bobblehead benefit the Herb Brooks Foundation.

Born in Charlestown, Massachusetts, O’Callahan was a decorated defenseman at Boston University and selected to represent the U.S. in the 1980 Winter Olympics after graduating. Three days before the Olympics, in an exhibition match against the Soviet Union, O’Callahan injured his left knee, forcing him out of the opening game against Sweden at the Olympics. He returned

for the famous “Miracle on Ice” game against the Soviet Union, a 4-3 victory, in the first game of the medal round. O’Callahan went on to play in 389 games for the Chicago Blackhawks and New Jersey Devils in the NHL. O’Callahan returned to Chicago after his retirement and went into the financial services business on the Chicago Mercantile Exchange. He later co-founded Beanpot Financial Services with former NHL player Jack Hughes. O’Callahan then worked on behalf of the Blackhawk Alumni Association.

“We’re excited to unveil these bobbleheads of USA Hockey legends Herb Brooks and Jack O’Callahan as well as a Team USA Hockey bobblehead that fans can customize,” National Bobblehead Hall of Fame and Museum co-founder and CEO Phil Sklar said. “Both men were instrumental in one of the greatest moments in sports history and these bobbleheads will be must-haves for sports fans!”

POLK COUNTY SOCIAL SERVICES

Name of County Polk County, Minnesota	
Date of Meeting January 16, 2024, Convened at 8:00 A.M. - Adjourned at 9:28 A.M.	
Board Members Present Gary Willhite - Chair, Joan Lee - Commissioner, Warren Strandell - Commissioner, Paul Reese-Commissioner, Paula Waters - Secretary Cathy Gutterud - Board Member	
Board Members Absence Mark Holy - Vice Chair	
Staff Present Karen Warmack, Director Betty Solie, Support Services Supervisor Molly Paulsrud, Social Services Supervisor Jon Street, Financial Assistance Supervisor I, LeAnn Holte, Financial Assistance Supervisor II, Alicia Caputo, Social Worker, Erin Dimich, Social Worker, Jerami Sullivan, Case Aide	
Others Present Chuck Whiting,	

Admin	
Medicare Part B	\$6,803.50
Employee & Board Administration	\$907.82
	\$265,626.18
Non-Public	
Special Run 01/19/24	\$ 5,568.00
MA Insurance	\$ 635.98
POS 12-28-23	\$349,385.64
POS 2 12-28-23	\$58,145.00
POS 12-29-23	\$1,567.62
Payroll Pay Date 1-5-24	\$ 397,429.46
1 st of the Month	\$116,748.38
POS ACH 1-19-24	\$2,115.65
POS 1-19-24	\$126,800.16
MS Insurance	\$10,367.99
Medical Transportation	\$ 5,990.97

Warrants for Publication	
Warrants Approved on 01/16/2024 for Payment 01/05/2024	
Vendor Name	Amount
Assoc of MN Counties	\$ 3,235.00
Next Chapter Technology	\$ 113,360.00
1 Payment less than 2000	\$ 153.38
Final Total:	\$ 116,748.38

Warrants for Publication	
Warrants Approved on 01/16/2024 for Payment 01/19/2024	
Vendor Name	Amount
18 Payment less than 2000	\$ 907.82
Final Total:	\$ 907.82

Warrants for Publication	
Warrants Approved on 01/16/2024 for Payment 01/19/2024	
Vendor Name	Amount
Cease Family Funeral Home	\$2,950.00
DHS Swift	\$211,848.11
Enterprise FM Trust	\$4,064.64
Estes Funeral Chapel	\$2,050.00
MNCCC MI 33	\$ 9,619.56
Verizon Wireless	\$4,992.25
21 Payments less than 2000	\$ 9,885.48
Final Total:	\$ 265,626.18

Warrants for Publication	
Warrants To Be Approved on 02/20/2024 for Payment 01/19/2024	
Vendor Name	Amount
Polk County, MN	\$ 5,538.00
2 Payments less than 2000	\$ 30.00
Final Total:	\$ 5,568.00

Personnel	Burial Expense Report - December 2023.
The Director informed the Board regarding the Resignation of Dylan Robinson, Social Worker CPS, effective February 9, 2024. Request for replacement was referred to County Board on January 16, 2024.	Adult Mental Health Placement Costs for State Operated Services Report - December 2023.
The Director informed the Board regarding the Status Change of Angela Thompson, Social Worker Team Leader, effective January 8, 2024. Request for replacement was referred to County Board on January 16, 2024.	Adult Mental Health Commitments Report- December 2024.
The Director informed the Board regarding the End of Employment of Randy Beggs, Fiscal Supervisor I, effective December 29, 2023. Request for replacement was referred to County Board on January 16, 2024.	County Board Information The Director informed the Board regarding the 2024 Personal Money Management contract. This contract was referred to the County Board on January 16, 2024.
The Director informed the Board regarding the End of Probationary period of Tanner Hendrickson, Social Worker CPS, effective January 9, 2024.	The Director informed the Board regarding the 2024 contract with Tri Valley Opportunity Council to provide Transportation Services and Senior Companion program. This contract was referred to the County Board on January 16, 2024.
The Director informed the Board regarding the Temporary Appointment of Douglas Axtell, Fiscal Supervisor II, effective January 17, 2024.	Program Information Molly Paulsrud, Social Services Supervisor, Alicia Caputo, Social Worker, Jerami Sullivan, Case Aide, and Etin Dimich, Social Worker, spoke to the Board regarding program updates.
The Director reviewed with the Board the Personnel Organizational Chart dated January 16, 2024.	MA Recoveries/Estate Recoveries Rep011 - December 2023.
Budget The Director reviewed with the Board the following Budget Reports: Social Services Budget Report - December 2023.	Income Maintenance Report - December 2023.
Social Services Budget Review - December 2023.	LeAnn Holte, Financial Assistance Supervisor II, and Jon Street, Financial Assistance Supervisor I, spoke to the Board regarding Income Maintenance legislative changes that will be implemented throughout 2024.
Social Services Month End Fund Balance Summary - 2000 through December 2023.	Karen Warmack, Director Polk County Social Service Center
Out-of-Home Placement Cost Expenditures Report - 2021 through December 2023.	Gary Willhite Chairman, County Social Service Board
Out of Home Placement Report - December 2023.	Attest: Paula Waters Secretary County Social Service Board

Polk County Minutes February 6.... Continued from last page	
Tabor Township Treasurer	24,663.55
Tynsid Township Treasurer	8,859.39
Vineland Township Treasurer	31,905.23
Winger Township Treasurer	30,347.85
Woodside Township Treasurer	56,550.55
Final Total:	1,609,282.00

MANUAL WARRANTS 01/05/2024	
Vendor Name	Amount
Minnesota Revenue	65.93
Final Total:	65.93

MANUAL WARRANTS 01/05/2024	
Vendor Name	Amount
Internal Revenue Service	184,554.52
Minnesota Revenue	31,539.10
Final Total:	216,093.62

MANUAL WARRANTS 01/12/2024	
Vendor Name	Amount
PFM FINANCIAL ADVISORS LLC	500,000.00
Final Total:	500,000.00

MANUAL WARRANTS 01/19/2024	
Vendor Name	Amount
U.S. Bank Corporate Payment Systems	63,988.71
Final Total:	63,988.71

MANUAL WARRANTS 01/19/2024	
Vendor Name	Amount
U.S. Bank Corporate Payment Systems	95.52
Final Total:	95.52

MANUAL WARRANTS 01/19/2024	
Vendor Name	Amount
Internal Revenue Service	196,192.45
Minnesota Revenue	34,431.99
Final Total:	230,624.44

MANUAL WARRANTS 01/19/2024	
Vendor Name	Amount
Mn Dept Of Revenue	983.00
Final Total:	983.00

MANUAL WARRANTS 01/25/2024	
Vendor Name	Amount
Mn Dept Of Rev Tax Division	20,353.45
Final Total:	20,353.45

MANUAL WARRANTS 01/26/2024	
Vendor Name	Amount
U S Bank	272,625.00
Final Total:	272,625.00

MANUAL WARRANTS 01/30/2024	
Vendor Name	Amount
U S Bank	557,673.75
Final Total:	557,673.75

MANUAL WARRANTS 01/31/2024	
Vendor Name	Amount
U S Bank	2,973,472.50
Final Total:	2,973,472.50

With no further business the Board adjourned to reconvene at 9:30 o'clock a.m., February 20, 2024.	
Gary Willhite, Chair	
ATTEST	
Charles S. Whiting, County Administrator	
Clerk of the Board	M50C

Tips to educate young
adults to be smart about credit

Credit is a necessary component of doing business in the modern world. The credit reporting agency Experian defines credit as the ability to borrow money or access goods or services with the understanding that a person will pay later. Various creditors grant credit based on their confidence that a borrower will repay what is owed.

Many adults learn about credit through trial and error. Financial literacy is not taught in many schools, although lots of people feel it merits space alongside literature, math, science, and other subjects. A recent NextGen study found only one in six high school students are required to take a personal finance class in the United States. In addition, a survey conducted in 2018 by Chase bank found only one-third of Americans were taught what a credit score is by their parents. It is essential that guard-

ians share information about credit with young adults to help them be financially solvent and successful later in life. Here are some ways to help young adults learn about credit.

Start with credit basics

Speak generally about credit and how it is used. Then explain credit scores, credit bureaus and credit reports. A credit history and credit score is important information for young adults to have early on and check frequently, as having good credit improves the chances they will qualify for loans and earn acceptable terms in the future.

Help them build credit

Having one or more credit accounts can help a person establish and build credit by making payments on time. Credit card companies often advertise student and secured credit card accounts that come with small or managed credit limits. Making purchases on the cards and paying them in full every month is the best way to improve a credit score or maintain a good one, says the Consumer Financial Protection Bureau. Another way teens can build credit is through their student loans. Making small payments on the principal while in school can help establish a strong credit history.

Check their credit reports

The Federal Trade Commission recommends checking a child's credit score around the age of 16 or 17. This will help families figure out if there are any anomalies that may indi-



cate identity theft or inaccurate credit issues.

Know the formula for good credit

Forbes says there are five categories that add up to good credit:

1. Payment history (35 percent): Always pay bills on time.
2. Amounts owed (30 percent): Borrow a low amount compared to the total lines of credit. This also is known as credit utilization.
3. Length of credit history (15 percent): Keeping accounts open for a long time is a win.
4. New credit (10 percent): Do not apply for too much new credit too often.
5. Credit mix (10 percent): Having a balance of different types of credit, such as car loans, credit cards and other types of debt, is advantageous.

Share your own experiences

Sometimes the best way to teach about credit is to be honest about what a parent or another adult did wrong with his or her finances, and use that as a "what not to do" scenario.

It is important for young adults to learn about credit so they can make smart choices that will positively affect their future. Although talking finances may be uncomfortable, it is vital for families to have these discussions.

LEGAL NOTICE

Notice of Intent to Amend Polk County Land Use/Zoning Ordinance

Pursuant to MN Statute §375.51 and §394.26, notice of intention to adopt amendments to the Polk County Zoning Ordinance is hereby given. Polk County Board of Commissioners will hold a public hearing for input on the following date: Tuesday, March 19, 2024 at 10:10 a.m. in County Board Room at the Polk County Government Center, 612 N. Broadway, Crookston, MN 56716.

A brief summary of the draft ordinance amendments are as follows:

- Section 13 – General Agricultural District: The proposed ordinance amendment is to remove the square footage limitations on non- agricultural use accessory structures for all parcels 1.5 acres and larger. Parcels less than 1.5 acres shall be regulated as such, the maximum size shall be 1,200 sq. ft. Two or more accessory structures having a combined total of 1200 sq.ft. are permitted. Additions to existing accessory structures will be permitted only in cases where the total square footage after the addition will not exceed 1,200 sq. ft. Maximum sidewall height shall be 12 feet. Maximum total height from average grade shall be 17 feet.
- Section 18-Shoreland Overlay District: The proposed ordinance amendment is to add that “the square footage of the non-riparian parcel or located a distance of 300 feet or more from the Ordinary High Water mark on a riparian parcel will determine the maximum square footage or combined square footage of accessory structure(s). See chart below for maximum accessory structure square footage per parcel square footage.”

Parcel size in sq. ft.	Max accessory structure (sq.ft.)	Max combined (sq.ft.)
0 – 80,000	2,400 Permitted Use	3,200
80,001 – 240,000	3,200 Permitted Use	4,000
240,001 – 326,700	4,000 Conditional Use	4,800
326,701 – 435,600	4,800 Conditional Use	5,600
435,601 and over	6,000 Conditional Use	6,800

Copies of the referenced ordinance amendments may be viewed during regular business hours at Polk County Environmental Services, 320 Ingersoll Ave, Crookston, MN 56716, or on the Polk County Website: www.co.polk.mn.us. To submit written comments, ask questions, or to request more information please contact Jacob Snyder at Polk County Environmental Services at (218) 281-5700 or (800) 482-6804. M50C

MN begins screening
newborns for Krabbe disease

Minnesota’s Newborn Screening Program began universal screening today for Krabbe disease. As technology and treatments have improved in recent decades, Minnesota has expanded its newborn screening panel to help detect more disorders.

“Minnesota has one of the most comprehensive newborn screening programs in the country,” said Minnesota Commissioner of Health Dr. Brooke Cunningham. “Adding Krabbe disease to the long list of conditions the lab already screens for will help identify more children earlier, slow the progression of their symptoms and even increase their lifespan.”

Krabbe disease is a rare, genetic condition in which the newborn cannot fully break down certain fats. These fats build up in the body and can lead to damage to the nerves affecting a person’s ability to eat, walk and speak. In the most severe form, infantile Krabbe disease, symptoms can progress to death within the first two years of life.

There is no cure for Krabbe disease, but treatment can help manage symptoms and improve quality of life. Currently, the only treatment is a stem cell transplant, which is ideally performed before a baby identified with infantile Krabbe disease is 30 days old. Due to the importance of early treatment, the process from screening to diagnostic exams and treatment must move quickly.

Identifying infantile Krabbe disease in newborns allows families to receive early diagnosis and monitoring, education and appropriate medical

care. When newborn screening identifies a baby at risk for infantile Krabbe disease, the family is referred by their doctor to metabolic specialists at M Health Fairview, which is currently the only center in the region equipped to perform stem cell transplants in newborns.

In August 2023, Commissioner Cunningham approved the Newborn Screening Advisory Committee’s recommendation to add Krabbe disease to the list of conditions for which Minnesota newborns are routinely screened. Since then, the Minnesota Department of Health (MDH) Newborn Screening Program has been working diligently to prepare for screening by validating a testing method, working with partners across the state.

Since 1964 when Minnesota started screening for PKU (phenylketonuria), blood samples from all Minnesota newborns have been sent to MDH’s Public Health Lab for screening unless their parents opt out. The lab now screens all babies born in Minnesota for more than 60 conditions.

In 2023, the lab screened more than 60,400 newborns from across the state and recommended early intervention and treatment for conditions detected in about 400 of them. When a condition is detected, MDH contacts the child’s health care provider to discuss the result, educate them about the condition and review the recommended follow-up.

More information about newborn screening is available on the MDH website at Newborn Screening Program.