



McINTOSH Times

Hub of the Thirteen Townships

Since 1888

McIntosh, Minnesota

\$1.00



Adam McCollum of Bejou, Minnesota was the winner of the 6' x 10' Aluma-Lite spear house drawing sponsored by the Minnesota Darkhouse Spearing Association Pine-to-Prairie Chapter during the Spears, Beers and Decoy's show on Saturday, November 18th. The other winners were Tony Shultz of Mentor, Minnesota who won a Belle River Spear and Danny McCollum of Bejou, Minnesota who won an Icesaw.

Holiday baking: traditional and new

As the holiday season approaches, bakers across the state are bringing out their cookbooks in search of traditional favorite recipes and potential new desserts that could delight friends, family and neighbors.

Megan Kocher, curator of the Doris Kirschner Cookbook Collection at University of Minnesota Libraries, answers questions about holiday baking traditions, recipe trends, cookbooks and more.

Q: How have cookbooks and holiday baking changed over the years?

Kocher: One of the main changes is the fat source, which evolved from mostly butter and shortening or lard, through a generation that used margarine because of cost and popularity, to now many recipes returning to butter or using alternatives like coconut oil.

Cookbooks themselves have also evolved, from once being all text to the inclusion of photos in the mid-to-late 1900s of very homemade looking items. Now we are seeing Instagram-perfect photos in most cookbooks, a generational difference perhaps but also something allowed by modern technology.

Something that surprised me earlier in my career was the number of holiday baking pamphlets published by gas and electric companies in the 1950s and 60s. I quickly learned these companies had entire home economics departments charged with developing recipes and teaching people to use their new gas or electric stoves and ovens.

Q: Are there any cookie traditions specific to Minnesota?

Kocher: Our most visible cookie traditions in Minnesota are the contests like the annual Star Tribune Holiday Cookie Contest and the Pillsbury Bake-Off. There are also many immigrant groups in Minnesota that bring traditions to the state. For example, Joulutorttu from Finland; Springerle from Germany; and Potica from Croatia, which is admittedly more of a bread than a cookie, but a holiday staple that fits right in on a cookie tray. I'm excited that we're starting to see cookbooks from more recent immigrant populations like the Somali and Hmong communities.

Q: What cookbooks do you recommend?

Kocher: This changes all the time, but the three I always come back to for holiday baking are:

"Betty Crocker's Cookie Book" (1963 edition). This one

is such a classic that reproductions of this edition are still printed today. I go to this book when I want to make the recipes I used to bake with my grandma.

"The Great Minnesota Cookie Book" (2018). I love this one because every recipe is so unique and creative. I go to this when I need something new and special, and because some of the recipes have now become my classics.

"100 Cookies: The Baking Book for Every Kitchen" (2020). It's only a few years old, but this book has become my go-to for cookies. I rely on it for the best version of any cookie recipe – from standards to extra fancy showstoppers.

Q: What is your favorite cookie recipe from the Doris Kirschner Cookbook Collec-

tion?

Kocher: This is so dependent on context and mood and so many other factors! One of my favorites that is a good pick for someone like me who can't make up their mind is the Neapolitan cookies from "100 Cookies." The mix of chocolate, strawberry and vanilla works really well and they look beautiful. These are also really fun to make with little kids who enjoy pulling off a pinch of each dough color and rolling them up together.

Q: How do the cookbooks and recipes in the U of M's Doris Kirschner Cookbook Collection reflect and document our history?

Baking... Continued on page 2 ...

Celebrate and shop along main street as A Very Merry McIntosh is this Saturday

A Very Merry McIntosh will be held from 4:00 pm to 7:00 pm on Saturday, December 2nd in downtown McIntosh. Join in for a magical, old fashioned small town Christmas evening including shopping, bonfires, hay rides, music, food and drinks.

Santa and Mrs. Claus will be at Neil's starting at 4:00 pm with an opportunity for pictures and treats.

All of the Shoppe's of McIntosh will be open for holiday shopping and there will be a **Winter Light Pole decorating contest** sponsored by The McIntosh Community Club.

Area businesses, clubs or residents can adopt and decorate a light pole to beautify Main Street in McIntosh for the Holiday season. The decorating needs to be completed by December 1, 2023 and "Peoples Choice" voting will be held during A Very Merry McIntosh on

Saturday, December 2nd. Prizes to the top 2 light poles. The light pole adoption fee is \$20 and proceeds will be donated to the Win-E-Mac Christmas Giving Tree. Help spread some holiday joy to area children in need this Christmas. If you are interested in adopting a light pole, contact Megan Rock at (218) 280-9663 or meganrudbeck@yahoo.com to register. Adoption fees can be dropped off at First National Bank in McIntosh with Phil Lee. A limited number of light poles are available, so make plans early.

Neil's Quality Meats & More will host a **sausage cooking contest** during A Very Merry McIntosh on Saturday, December 2nd. Stop at Neil's to sign up and get your choice of one free package of sausage to cook with. Make anything you like including soup, hotdish and it can be sweet or savory. The choice is yours.

On Saturday, December 2nd, contestants will bring 4 servings of your dish in a disposable container to the building on the north side of Neil's Quality Meats & More at 4:00 pm for judging. There will be 2 prizes. One for the best taste and another for most creative. Winners will be announced at Neil's shortly after 4:00 pm. Need not be present to win.

There will be a **Very Merry Porch Pot Class** with The Red Poppy at the Ginger Junker at 4:00 pm. You can build a fabulous, one of a kind outdoor pine pot for your entryway. There is a cost and you can sign up by contacting the Ginger Junker or Win-E-Mac Community Education.

Come out and enjoy the evening and start or finish up your holiday shopping. It is the perfect way to kick off the holiday season with your family and friends.



Frannie Langemo, Suzanne Weik, and Kelsi Gunufson, staff at Win-E-Mac School, had the concession stand at the Spears, Beers and Decoy show held in Bejou on Saturday, November 18th. The money raised was donated to the Win-E-Mac BoxTops for Education.



Over the weekend of November 17th - 18th, the McIntosh Community Center was buzzing with activity. Friday, November 17th, the ladies from East Polk County Quilters and guests were kept busy making quilt kits to sew the next day and throughout the year. The ladies cut and created 17 kits throughout the long day. If interested in sewing a quilt top for this group feel free to contact any one of these ladies and they will get you a kit. Pictured: Val Brekke, Ilene Reiersen, Kathy Finstad, Irene Harmon, Lois Boehrnsen, Connie Strom and Judy Tadman.



The Strom family hunting group for the 2023 rifle season in Northwest Minnesota. The group (missing Brady and Dean) hunts together each year north of McIntosh.

Bake up a sweet holiday treat

Dessert is no stranger to the season, with office break rooms, dining tables and buffet stations brimming with sweet treats to tempt celebrants' palates.

Everyone should have a go-to dessert to bring along to a holiday party or to offer guests when hosting their own fêtes. Cookies are a standard due to their versatility and portability.

Festive "Sour Cream Cookies" provide all of the holiday feels and can be customized in color to reflect celebrations of Christmas, Chanukah, Kwanzaa, or New Year's. Bake up a batch, courtesy of "Live Well Bake Cookies" (Rock Point) by Danielle Rye.

Sour Cream Cookies
Makes 22 cookies
1 1/2 cups all-purpose flour, spooned and leveled
1 teaspoon baking powder
1/4 teaspoon salt
1/2 cup (1 stick) unsalted butter, softened
3/4 cup granulated sugar
1 large egg, at room temperature
1 1/2 teaspoons pure vanilla extract
1/2 cup sour cream, at room temperature
Vanilla Buttercream Frosting
1/2 cup (1 stick) unsalted butter, softened
1 1/2 cups powdered sugar
1 tablespoon heavy whipping cream or milk
1 teaspoon pure vanilla extract
Gel food coloring (optional)
To make the cookies: Preheat the oven to 350 F. Line two large baking sheets with parchment paper or silicone baking mats and set aside.
In a large mixing bowl, whisk together the flour, bak-

ing powder and salt until well combined. Set aside.

Beat the butter and granulated sugar together for 1 to 2 minutes, or until well combined. Mix in the egg and vanilla extract until fully combined, making sure to stop and scrape down the sides of the bowl as needed.

Mix in the dry ingredients in two additions, alternating with the sour cream. Make sure to mix in each addition until just combined, and be careful not to overmix the batter.

Using a 1 1/2-tablespoon cookie scoop, scoop the cookie dough onto the prepared baking sheets, making sure to leave a little room between each one.

Bake for 14 to 16 minutes, or until the tops of the cookies are set and spring back when touched lightly. Remove from the oven, and allow to cool on the baking sheets for 10 minutes, then carefully transfer the cookies to a wire rack to cool completely.

To make the vanilla buttercream frosting: Beat the butter for 1 to 2 minutes, or until smooth. Add the powdered sugar, 1/2 cup at a time, mixing in each addition until well combined. Add the heavy whipping cream, vanilla extract, and gel food coloring (if using), and continue mixing until fully combined.

Once the cookies have cooled completely, spread the frosting on top of the cookies.

Children need caring foster and adoptive families; November is National Adoption Month

There's an urgent need for child foster families, and adoptive homes as well. In 2022, 11,235 children in Minnesota experienced out-of-home care. For children who left out-of-home placement, 20 percent were adopted by families, according to the Minnesota Department of Human Services.

Keatha and Dan McLeod, who knew of the great need to provide a safe, healing home for children, served as foster parents for 20 years.

"This is an incredibly powerful way to impact a child's life as they come into your home as a scared child, not knowing what's going to happen to them, you can provide a safe space that they will remember for the rest of their lives," Keatha said.

The McLeods, who have three biological children, also adopted five children with special needs from foster care. "Our kids give us as much or



more than what we can give them," Keatha said. "They have taught us and continue to teach us even as into adulthood. It's a journey we have taken that we have never regretted."

If you've ever wondered about fostering children or adopting children from foster care, here's what the McLeods want you to know:

♥ All kids deserve to be part of a safe, loving family. Children grow and learn when they feel secure.

♥ Be ready to care for children with special needs. While children may have mental health, developmental or physical challenges, a wealth of resources are available to support families and help children



Join us for a
90th Birthday Party and Celebration for
Carole Burslie
Saturday, December 2nd
Time: 2:00-4:00 p.m.
Our Saviors Lutheran Church, McIntosh
Coffee and cake served.
NO GIFTS PLEASE!

succeed.

♥ It takes more than love. Children come from a space of hurt. Time, patience, and intention are needed to understand a child's unique situation and provide support they need to thrive.

♥ Openness with biological family members, when that's possible, provides opportunities for children to connect with their roots and enrich their lives.

♥ Financial assistance is available to care for foster youth and support children after adoption. There is also free access to college for Minnesota young adults who spent time in care.

Lutheran Social Service of Minnesota and its partner organization, Children's Home Society of Minnesota, have been working with families for over a century to equip them with the education and support they need to welcome

children into their homes and lives through foster care and adoption.

For families who want to provide permanence for children in foster care, there is little-to-no cost for adoption and there is support available before, during and after placement.

To learn more, please visit chlss.org.



Community Birthday and Anniversary Calendar

Thurs. Nov. 30: Dan Salvhus, Harriet Rolf, Adeline Frisk
Fri. Dec. 1: Lindsie Biggerstaff, Linda Jorgenson
Sat. Dec. 2: Judy Bemish, Jessica Panek, Tom Perkerwicz
Sun. Dec. 3: Carole Burslie, Wesley Brekke
Mon. Dec. 4: Kaysee Mandt
Tues. Dec. 5: Cody Bartz, Tyler Roed, Lyle Austad



PUBLISHED WEEKLY IN THE HUB OF THE THIRTEEN TOWNSHIPS BY RICHARDS PUBLISHING CO., INC.
RICHARD D. RICHARDS, PUBLISHER
KIM HEDLUND, EDITOR
McIntosh (218) 563-3585
Cell: (218) 280-1684
Gonvick (218) 487-5225
"McIntosh Times" (USPS 336-020) is published weekly for \$35.00 per year (in county) and \$45.00 per year (out of county) by Richards Publishing Co., Inc., 1st & Main Ave., Gonvick, MN 56644. Periodicals postage paid at McIntosh, MN.
POSTMASTER: Send address changes to: McIntosh Times, PO Box 9, McIntosh, MN 56556.
mcintoshtimes@gmail.com
"Serving the Win-E-Mac area"
PUBLISHER'S LIABILITY FOR ERROR: The Publisher shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The Publisher's liability for other errors or omissions in connection with an advertisement is strictly limited to publication of the advertisement in any subsequent issue or the refund of any monies paid for the advertisement.



CHURCH DIRECTORY

ST. MARY'S CHURCH
Fosston
Fr. John Suvakeen,
Pastor

Sun. Dec. 3: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
Sun. Dec. 10: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)
McIntosh
Pastor Rene Mehlberg
Synodical Authorized Minister Katie DeMarais

Sun. Dec. 3: 10:00am Coffee Hour; 10:30am Worship Services

Sun. Dec. 10: 10:00am Coffee Hour; 10:30am Worship Services

Our Saviors Lutheran Church, McIntosh will run church services on Channel 30 on Garden Valley Channel 30. They will also be available on YouTube on channel One in Spirit - The Journey. Our Saviors service will be available by 8:30 am each Sunday until further notice.

MCINTOSH AFLC
McIntosh Trinity / Mount Carmel:
Interim Pastor: Nathan Dalager

Trinity: (27262 315th St. SE, McIntosh) Sunday Worship: 11:00am; Sunday School: 9:45am

Mt. Carmel: (305 State St. NE, McIntosh) Sunday Worship: 9:30am; Sunday School: 10:45am

Lutheran Parish YouTube Channel

GOSEN LUTHERAN CHURCH
Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Friday, Dec. 1: 10:00am Telecast of The Jessi Concert on GVTV--30

Sun, Dec. 3: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service (also on Facebook and gosenchurch.com); Holiday Dinner followed by the Ladies Aid Annual Meeting

Tues, Dec. 5: 10:00am. Sunday worship service telecast on GVTV--30

Wed, Dec. 6: 6:30pm Bible Study at Sharon Ramberg's home

Gosen Church is located 4 miles south of the junctions of Highways 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206. For information call 268-4242 or 687-3461.

VERNES LUTHERAN CHURCH (LCMC)
McIntosh
Pastor Lee Laaveg

Sun. Dec. 3: 9:00am Worship

Sun, Dec. 10: 9:00am Worship

IMMANUEL LUTHERAN CHURCH
McIntosh
Pastor Bruce Blocker,

Sundays: 9:00am Worship; 10:00am Fellowship Hour; 10:15am Sunday School

CALVARY LUTHERAN CHURCH
Winger

Sundays: 10:30am Coffee Fellowship; 11:00am Worship

GRACE LUTHERAN CHURCH-NALC
Erskine
Rev. Pam Thorson

Sundays: 9:00am Worship
Come early and enjoy fellowship and a good cup of coffee. It will also be available at the same time on Garden Valley Channel 30, Facebook and YouTube.



Holiday baking pamphlets published by gas and electric companies from the Doris Kirschner Cookbook Collection. Photo courtesy of Megan Kocher.

BUSINESS & PROFESSIONAL GUIDE

This space
for rent at
**\$127.40 for
6 months.**

CALL
218-563-3585



Caring service for three generations"
(218) 435-1144
Funeral Home ~ Cremation Service ~ Granite Memorials



719 N. Main 644 Main St.
Mahnomon, MN Winger, MN
*Paige Ennen *Kelly Waltjer
*Tim & Denise Anderson
*Licensed Funeral Director
218-935-9000
Toll free: **866-935-9009**



Is There A Wedding In Your Future?
We have the latest designs for wedding accessories - or, if you choose, we can assist with a design of your own.
LET US HELP MAKE YOUR WEDDING DAY MEMORABLE.
487-5225 Gonvick, MN
Richards Publishing Co.

MN adds impairments
to 2024 impaired waters list,
fewest addition in recent years

The Minnesota Pollution Control Agency (MPCA) today released its proposed impaired waters list for 2024, adding 199 impairments over 54 water bodies. The number of water bodies added are a significant decrease compared to the 2022 list, which illustrates progress in restoring and protecting water — though challenges remain throughout the state, particularly related to difficult to manage pollutants such as “forever chemicals” and sulfate.

The list is required by the federal Clean Water Act. It includes waters that no longer meet water quality standards, as well as water bodies that have improved and are proposed to be taken off the list. This year's list assessed and reviewed waters in the Big Fork and Crow Wing River watersheds, among others throughout the state. The list underscores Minnesota's progress in restoring and protecting waters, while highlighting the need for long-term solutions.

Common impairments in these watersheds throughout Northern Minnesota include conditions stressing fish and bug populations. These impairments have led to studies and plans to restore the waters to meet standards. Positively, results from the St. Louis River Basin reflect more than a 10% decrease in impairments for aquatic recreation. In contrast, two water bodies in Duluth, Sargent Creek and Miller Creek, are included on this year's list, due to data that reflects elevated levels of PFOS in fish.

“Minnesota's 2024 impaired waters list reflects our continued work to safeguard our state's water resources,” said MPCA Commissioner Katrina Kessler. “While progress is evident in the decrease in water body listings and impairments, the challenges we face, particularly in addressing sulfate levels and PFAS contamination, remind us that our mission of water restoration and protection is critical for Minnesota's future.”

Highlights from the overall 2024 impaired waters list include:

Adding 199 impairments over 54 water bodies, bringing the total amount of listings from all years to 2,798 water bodies with 6,349 impairments.

Removing 27 listings for improved water quality.

This year's list demonstrates a significant decrease from 2022, which proposed 417 new impairments over 305 water bodies.

This indicates an 82% decrease in water body listings and a 52% decrease in impairments.

Lake trend data also indicates 31% of monitored lakes are improving in clarity and 9% are declining.

Continued challenges to water quality

Per- and polyfluoroalkyl substances (PFAS), commonly known as the “forever chemicals” used in industrial settings and found in numerous consumer products, continue to be found in water bodies throughout the state. One type

of PFAS, Perfluorooctane sulfonic acid (PFOS), can accumulate in fish and is transferred to humans when consumed, potentially causing adverse health effects. Aside from the two Duluth waters, the MPCA proposes adding Crystal Lake in Robbinsdale due to high levels of PFOS in fish. This brings the total number of water bodies impaired for PFOS on the list to 26.

The MPCA is working collaboratively with other state agencies to identify and address water bodies impaired because of PFOS in fish tissue. This work is guided by the statewide PFAS blueprint, which outlines strategies to prevent, manage, and clean up PFAS contamination in the environment.

The 2024 list also includes 20 new water bodies that are impaired for sulfate — a naturally occurring nutrient that can also be found in discharges from mining operations, wastewater treatment plants, and industrial facilities. Sulfate negatively impacts the growth of wild rice, which is an important part of the biological community in many Minnesota lakes, streams, and wetlands and a cultural and economic resource to many, particularly tribal nations.

Of the 20 new waters impaired for sulfate, 13 are wild rice lakes and 7 are streams. The MPCA has identified approximately 2,400 waters used for the production of wild rice, and this list is open for public comment for the first time, included among documents related to the 2024 impaired waters list.

A milestone achieved: monitoring and assessment of all 80

watersheds

The MPCA has completed the first round of monitoring and assessment of all 80 watersheds in Minnesota, which it began in 2010. This comprehensive data is gathered in conjunction with partners throughout the state and drives the development of the impaired waters list. It also informs strategies designed to improve water quality, called, watershed restoration and protection strategy (WRAPS) reports. Moving forward, the agency's goal is to monitor and assess each of the 80 watersheds every 10 years to track changes in water quality and progress in restoration efforts. This work is funded by the Clean Water, Land, and Legacy Amendment.

Public comments encouraged through Jan. 12, 2024

Minnesota's draft impaired waters list, assessment manual, and revisions to appendix a of the statewide mercury TMDL will be on public notice through 11:59 p.m., Jan. 12, 2024. The MPCA invites Minnesotans to submit comments on whether additional waters should be placed on the list or be removed, and to attend one of several public meetings about the list. For the list, more information about impairments, upcoming public meetings, and how to comment, please visit the MPCA website.

As required by the federal Clean Water Act, Minnesota develops a list of impaired waters every two years. The draft 2024 list is due on April 1, 2024, to the U.S. Environmental Protection Agency, which will make the final decision on approving the list.



Hay corral for the new herd of cattle; corral donated by Mike Lavoi, Lengby MN. The Veterans Ranch is committed to meeting the needs of veterans and finding solutions to any issue that may arise. Along with the services currently offered, veteran food insecurity is one of them. To begin to meet that need, a herd of cattle will be added to the 40 acre Veterans Ranch located 7 miles south of Bagley, MN. Everything is in place to accept them. The plan is modeled off of our partners at “Save the Cowboy” Ministry in Kiowa, CO. We will raise high quality beef and ensure our veterans ALWAYS have food. Currently, there are 5 freezers of meat that we are providing to veterans in need. The big picture is to make sure those freezers are topped off and food goes out every time and any day of the year that a Veteran is in need. If you have beef, alive or packaged, and want to donate to a very worthy cause, donate the DTOM Veterans Ranch. The DTOM Veterans Ranch is a 501(c)3 entity. Call (605) 252-2042 if you have question or to arrange delivery. #HonortheOath



Show sponsor, Jordan Gunufson owner of Icesaw.com with guest auctioneer, Andrew Jossund of Hendrum, Minnesota during the 2023 Spears, Beers and Decoy's Show.



Retired Icesaw.com founder, Wayne Benbo and featured carver, Ryan Gast of Tradewell Decoy's during the Spears, Beers and Decoy's show held in Bejou on Saturday, November 18th.



Terry Strom (center) owner of Smart Teasers, along with a couple from his testing and research team, Mark Votava (left) and Lance Erickson (right), during the 2023 Spears, Beers and Decoy's Show.

How to tell if it's a cold, the flu, COVID-19 or RSV

There's much to look forward to at the start of winter. The holiday season starts winter off with a bang, while outdoor enthusiasts know their chances to hit the slopes and ski and snowboard are just beginning. Sports fans know January marks the return of the National Football League playoffs, while travelers who need a little winter warmth often designate February as a month to soak up some sun in a faraway locale.

With so much to do each winter, it's especially problematic when you come down with a cold. However, winter tends to be cold and flu season in many areas, as viruses tend to spread more easily when people spend more time indoors. This winter, people may wonder if their sniffles indicate they have a cold, the flu or a sign of something more serious, such as COVID-19 or respiratory syncytial virus (RSV). Anyone unsure of what's behind a cold-like illness is urged to speak with their physician. In addition, the National Foundation for Infectious Diseases notes that the common cold, the flu, COVID-19, and RSV present some similar symptoms, but also some unique ones. Though each illness is complex, the frequency with which some symptoms present may indicate which issue a person is dealing with. Knowledge of those symptoms and their frequency can help people determine if the culprit behind their winter illness is a cold, the flu, COVID-19, or RSV.

Cold: Aches: *Sometimes*; Difficulty breathing: *Rarely*; Fatigue: *Sometimes*; Fever: *Rarely*; Loss of taste or smell: *Rarely*; Sore throat: *Often*; Wheezing: *Rarely*.

Flu: Aches: *Often*; Difficulty breathing: *Rarely*; Fatigue: *Often*; Fever: *Often*; Loss of taste or smell: *Rarely*; Sore throat: *Sometimes*; Wheezing: *Rarely*.

COVID-19: Aches: *Sometimes*; Difficulty breathing: *Often*; Fatigue: *Often*; Fever: *Sometimes*; Loss of taste or smell: *Sometimes*; Sore throat:

Often; Wheezing: *Rarely*.

RSV: Aches: *Rarely*; Difficulty breathing: *Sometimes*; Fatigue: *Rarely*; Fever: *Sometimes*; Loss of taste or smell: *Rarely*; Sore throat: *Rarely*; Wheezing: *Often*.

Individuals who are concerned by the presence of cold-

or flu-like symptoms are urged to speak with their physicians. Though many instances of cold, flu, COVID-19, and RSV will go away without medical intervention, each condition can pose a significant health risk in certain situations.



FOR THOSE
HARD-TO-BUY-FOR
PEOPLE ON
YOUR LIST...
...Send a Gift
Subscription!

to the **McIntosh Times**

\$35 (yr.)
in trade area -
East Polk County
\$45 (yr.)
out of trade area
\$25 (6 months)
in trade area
\$29 (6 months)
out of trade area
\$40 (yr.) for
snowbirds - chg. of
address

Mail us a check to:
MCINTOSH TIMES
PO Box 9
McIntosh, MN 56556
or call: 218-563-3585

*Note: If you just want an
online subscription you can
register and pay online or
call 218-487-5225. Cost for
online is ONLY \$25!*

www.TriCoCanary.com

☐ YES, I would like to order a subscription.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Please check appropriate box: START DATE

☐ 1 yr. in-county ☐ 1 yr. out-of-county _____

☐ 6 mo. in-county ☐ 6 mo. out-of-county _____

☐ I would also like the online subscription for free with my purchase of the McIntosh Times.

Email address: _____



Congratulations goes out to Win-E-Mac Patriots, Jaime Stuhr, Emily Strom, Ava Howard, Kyra Stuhau, Luella Strom, and Kianna Tadman for being named Academic All-State for volleyball.

WEM School Announcements

Open gym is each Sunday from 3:00pm to 6:00pm.

The BIOGirls 2024 season is quickly approaching. This program is open to girls in grades 2-6 but we are also seeking 2 junior mentors who are in the junior high or high school. If you are interested in knowing more about the program or what being a junior mentor looks like, please plan to attend a meeting in Mrs. Langemo's room on Tuesday, November 21st. Junior High will meet at 11:15, Senior High will meet at 12:00. Feel free to bring your lunch with you.

Yearbook Pre-sale. Order a Yearbook, Get a Donut at Delivery in May! Cost is \$40.00 now and until December 20th. Cost increases to \$50.00 after December 20th.

Yearbooks can be purchased in the office or from Mrs. Winter (room 51) before or after

school or during students' noon hours. Complete the form below and return it with your payment.

Pet Supplies Drive at Win-E-Mac School sponsored by the Senior High Student Council. All donations will benefit Smileys Rescues located in Fertile, MN. Smileys Rescues is a nonprofit and 100% volunteer-run organization. Drop off boxes will be located in Mc. Svalen's and Mrs. Anderson's classrooms. Donate new cat and dog toys, food, treats, paper towels, pet carriers, hand sanitizer or disinfectant spray and wipes now through December 15th. Every donation is appreciated.

Parents, are you ready to support your student's gaming passion? Our esports program is launching this year, offering students the chance to compete, strategize, and triumph over opponents from other schools. Embrace the spirit of healthy competition and be part of their journey towards the state tournament! Encourage your student(s) to join the eSports Google Classroom (link in an email from Mr. Hanson, sent to all High School students) to learn more.

The Win-E-Mac Annual Giving Tree

The Win-E-Mac School will once again be having their annual Giving Tree.

We will be sharing the "stars" virtually again this year. We will anonymously post "stars" for the Win-E-Mac School District that may have a need this holiday season for clothes, winter clothing, toys, or other items.

Their wish list will be linked to their Star number. If you are interested in taking a Star or donating items, please follow the link posted on the school website (wemschools.org) or school Facebook page.

There you will find prompts that allow you to choose a child by age and it will display their wish list. Not all items on the wish lists need to be purchased, but we suggest getting clothing items and at least 1 toy or fun item. Donations of items are also accepted, we use those items to fill the wish lists for children on the Giving Tree.

All gifts will need to be dropped off at Win-E-Mac school, unwrapped, no later



than December 15th so they can be distributed to the families.

If you need some assistance or you know of a child or family that may be in need this holiday season, please contact Cassie Subbert or Emily Stoner, at the school 563-2900 or 687-2236.

The Giving Tree also accepts monetary donations. The donations go toward food gift cards for families to use over the holidays.

If you are interested or have questions about donating, please contact one of the people stated above.

Grant training for Organizations on Feb. 13th

Applications are open for arts grants to nonprofit arts organizations, communities, schools, and other nonprofit organizations. Applications are being accepted from our seven county Minnesota service area including Kittson, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau counties.

Nonprofit arts organizations can apply for general operating funds. Applications are open now. The eligible grant amount is based on total expenses within the previous two completed years and the organization's history of arts programming. These organizations will be able to add to this grant, as the year progresses, if they need additional funding. Funding sources for these grants come from Clean Water, Land and Legacy funds and general allocation funds from the State of Minnesota.

Individual Artist Grants have a November 15 deadline for \$1,500. Quick turnaround grants for \$500 will be available on an ongoing deadline starting in January. These grants are awarded to performing artists, visual artists, media artists, and creative writing artists from our seven county Minnesota service area including Kittson, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau counties.

Individuals must be out of high school and at least 18 years of age to be eligible. College tuition is not an eligible expense. This is the main category that individuals use to support their artistic business or advance their technical skills. This category is for non-hobby artists who make substantial yearly income from their art. Grants are awarded annually with \$1,500 going to four individuals and \$5,000 going to four individuals. Support for this program comes from The McKnight Foundation.

Individuals absolutely must reside in our region (for one year prior) and remain living in our region during your entire grant year (2024). In the case of college students, your school or your home mailing address must be in our region. You will have to show proof of residency, usually your driver's license.

All other nonprofits and government organizations can apply for one arts project at a time. Upcoming grants dead-

line for these is February 29. Grants are between \$500 and \$10,000. Funding sources for these grants are Clean Water, Land and Legacy funds and general allocation funds from the State of Minnesota.

Organizational arts activities funded through these two very important grant opportunities include festivals, community theatre projects, folk music entertainment, sponsorship of visual demonstrations, creative writing workshops and many other activities that improve the quality of life of people in our communities.

Schools in our seven-county region can also apply now for an Artist Residency grant of \$2,600 plus an additional \$400 if the residency needs supplies. Our teaching artist roster is a great resource to view artists available to teach in our area and is available on our website at www.NorthwestMinnesotaArtsCouncil.org under the artists tab. Another resource to view artists available to enhance curriculum is COMPAS.

Schools can initially apply for one residency. Then based on remaining funding, can request up to three additional residencies into spring and summer. Funding for residency activities comes from the Clean Water, Land and Legacy Amendment in Minnesota.

Read more here about our grants and how to apply.

We offer grant training workshops via Zoom or in person at the NWMAC office in Warren. You must RSVP to attend. Email director@nwartsCouncil.org to RSVP or with questions. Don't let your questions about the grant process keep you from applying! We are here to help.

Upcoming trainings will be: February 13 for Non-Profit Organizations and Gov't Entities

To learn more about grant programs and start an application visit www.NorthwestMinnesotaArtsCouncil.org. The grant application process is completely online and NWMAC's Director Mara Hanel can help walk you through the process of using the grants portal to get accustomed to it. Please contact her at director@NWArtsCouncil.org or call 218-745-8886.



Win-E-Mac Senior High School choir performed "In Flanders Fields" (arr. By Roger Emerson) during the Veteran's Day program held at the school on Friday, November 10th.



The Elementary Choir sang "Veterans, We're So Proud of You" (by Karl Hitzemann) at the Win-E-Mac school Veteran's Day program.