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McINTOSH

Times

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McIntosh, Minnesota



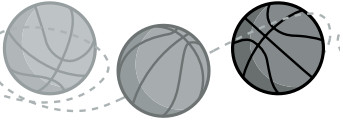
Did you know?

Daylight savings time, when clocks are moved forward one hour ahead in the spring and set back one hour in the fall, was initiated to save energy on artificial lighting and make

better use of daylight. DST was implemented roughly 100 years ago, but conceived much earlier than that. Today DST is in use in more than 70 countries across the globe, affecting about one billion people every year. Despite the well-intentioned purposes behind DST, little evidence exists to support DST as an effective means to saving energy. In 2016, DST will begin at 2:00 am on Sunday, March 13, and end at 2:00 am on Sunday, November 6, in the United States and Canada. However, Hawaii, most of Arizona, most of Saskatchewan, and some regions of British Columbia, Nunavut, Quebec, and Ontario will not observe DST.

Community Club discusses plans for spring and summer

The McIntosh Community Club, which meets the first Tuesday evening of each month at the McIntosh Community Center, met on Tuesday, March 1st and talked about the Club's activities through the spring and summer of this year. There will be an Easter Egg Hunt again this year at Erickson Park on Saturday, March 26th at 2:00 pm. If the weather is bad, there will be activities taking place at the McIntosh Community Center instead. The Club will again sponsor the flower pots and flowers that were placed on the main street last summer. They hope to be able to add more pots, so that any business that would like to have a pot placed in front may do so. Businesses will be responsible for the watering and care of the flowers placed in front of their building.



WEM Staff/Student Basketball Game

The 4th Annual Staff vs. Student basketball game will take place on Friday, March 29th at the Win-E-Mac school. The game will begin at 7:00 pm and there will be a split the pot drawing and a bike drawing for the kids as well. Come a little early for a pizza and salad bar starting at 5:00 pm. The Senior class will be serving and the proceeds will go toward the Senior Class Trip. The game always proves to be a lot of fun and there are always a lot of surprises! Come out and enjoy the evening.

Along with the City of McIntosh, the Community Club is looking to be involved in the City Wide clean-up that will take place in April. Perhaps by volunteering time or equipment. There will also be the Annual Community Wide Rummage Sale on Saturday, June 18th. Along with the community wide rummage sales, there will, again, be a flea market along 1st St, near the Community Center.

Anyone interested in coming to the Community Club monthly meetings is welcome to attend. The next meeting is Tuesday, April 5th at 7:00 pm at the McIntosh Community Center.



Karen Plante celebrated her retirement from the McIntosh Farm Service Agency last Wednesday, March 2nd, with lots of friends, during an all-day Open House. Karen worked at the FSA office for 34 years assisting farmers with different programs and CRP decisions.



These are the guys that warmed up for Blind Joe on Friday night at The Club Bar & Grill in McIntosh. Pictured are: Russ Haugen, Chase Svalen, Alan Erickson, Blind Joe, Jason Svalen and Greg Winter.



Blind Joe, a performer who is from Fargo and has appeared on The Voice television show, performed on Friday, March 4th at The Club Bar & Grill in McIntosh. Here he is pictured with Bob and Deloras Kringle.



Kim Bjerke, owner of The Club Bar & Grill with her granddaughter, Shea, getting ready to enjoy an entertaining night with Blind Joe, who appeared at The Club last Friday.

A great way to spend this Saturday (or Sunday)

The Win-E-Mac Junior High Students will be performing a play, directed by Andrew Hanson on Saturday, March 12th at 7:00 pm and Sunday, March 13th at 3:00 pm at the Win-E-Mac Arts and Event Center.

Here's the synopsis of the play: Bobby's Burger Boutique is a fast food joint with sanitation issues. Susie has tried to keep her family's restaurant in business in spite of horrible food and all kinds of bugs. Just before the health inspector arrives for an inspection, a pest control man accidentally uses lemonade instead of bug spray... and the bugs love it! Added to the chaos are four out of work actors who want to perform excerpts from Shakespeare, a spoiled brat, the owner of an exotic pet store and his two Peruvian gutter rats named Elvis and Priscilla, and a variety of unsuspecting customers. Pandemonium reigns as Shakespeare meets really bad food.

The Junior High students involved with the play (both cast and crew) are: Clavdia Anfilofieff, Paige Breckel, Lily Breckel, Bryce DuChamp, Lindsey Espeseth, Remy Goodwin, Kobe Hamre, Rylee Haugen, Josh Hegre, Katrina Jackson, Doug Jackson, Jordan Jerdee, Grace Kaupang, Abby Lende, Emma Mills, Delvin Morel, Rainesa Nixon, Gabriela Qualey, Aries Qualey, Makenzie Reep, Joey Revier, Carlie Sander, Zach Simonson, Savannah Stennes, Will Tofstad, and Brock Trandem

The students have been practicing diligently and would

love to see their friends, family, neighbors and community members come and enjoy their hard work and dedication.



The Win-E-Mac cast and crew of the Junior High Play which will be performed for the public on Saturday, March 12th at 7:00 pm and Sunday, March 13th at 3:00 pm at the Win-E-Mac Arts and Event Center.



Community Calendar

- Wed. Mar. 9:** McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Thurs. Mar. 10:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; McIntosh City Council Meeting @ Community Center @5:30pm
- Fri. Mar. 11:** McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Mon. Mar. 14 :** McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tues. Mar. 15:** McIntosh St.Patrick's Day Craft Activity 3:00pm to 6:00pm; McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Wed. Mar. 16:** McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Thurs. Mar. 17:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Fri. Mar. 18:** McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Mon. Mar. 21:** McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tues. Mar. 22:** McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm





Traders, Trappers, Adventurers and Travelers.

In the mid-1600s, from around 1655 to 1660 may have been the first to adventure through the area of the Red River Valley and Polk County. The where and when of these ventures cannot be ascertained or verified. Two such potential explorers included French adventurers as Radisson and Groseilliers. The two Frenchmen were employed by the Hudson's Bay Company and were in the Lake Superior area, but authorities disagree as to their ventures into the Red River Valley. Radisson left a "journal" describing their experiences in their travels, but the writings are described as "confusing rather than enlightening." History of the Hudson's Bay Company documents that, "They visited the country of the Sioux, the present states of Dakota, and promised to visit the Christinos (or Crees) on their side of a lake evidently either the Lake of the Woods or Lake Winnipeg."

Other French traders and travelers followed including Daniel Greysolon Du Luth in 1679, spending time in northwest Minnesota (below Duluth) and supposedly in Mille Lacs. It has been told that Du Luth and his party came across Father Louis Hennepin (a Belgian Franciscan priest) and two other men who had been held captive in a Sioux village.

Unfortunately it seems that the majority of the earliest explorers and travelers have been prone to fish tails and exaggerations and even downright false statements regarding their adventures and conditions. Statements regarded as preposterous and ridiculous. These exaggerations included Father Hennepin who wrote of a snake that he killed "as big around as a man's thigh." Later explorers such as Pike, Long, Cass Catlin had a tendency to strive for truth and accuracy.

The first party known to reach the Red River Valley under Pierre Gautier de Va-

rennes and Sieur de la Verendrye. Verendrye was a head trader in the fur trade north of Lake Superior, he set out to the west to secure furs and to establish permanent trading post for personal gain as well as advancing the interests of the French Government. The expedition heading west of Lake Superior began in 1731. The line they followed is basically now the boarder of northern Minnesota, building forts at Rainy Lake, Lake of the Woods, and Lake Winnipeg and on the Assiniboine and Saskatchewan Rivers.

Verendrye was anxious to cross the continent and reach the Pacific Ocean and did not take the time to record his geographic locations or the features of the areas he traveled through.

The earliest printed description of the Red River Valley was in 1744, written by a French-Chippewa named Joseph LaFramance. From 1740 to 1742 he has traveled extensively in northern Minnesota and all of Manitoba. He traveled to Rice Lake (north of Itasca) and on the Wild Rice River and also traversing the Red River.

Following the French adventurers Verendrye and La France into northern Minnesota, were the English. The English were fur traders. Exploration for development and civilization were not their first priority, but was a part of their plan.

London born, David Thompson, with the Northwest Fur Company, ventured through the Red River Valley in the spring of 1798, making his way to Red Lake, Turtle Lake and into Beltrami County. Thompson became well-known for maps, plats, and field notes, which are in recorded in 40 large books. Portions of his records, published in 1888, but unfortunately his description of the Red River and its valley was not very extensive.

A man by the name of "younger" Alexander Henry, a fur trader in the Lake Winnipeg and Red River regions from 1799 to 1808 recorded geographic names of northern Minnesota in his journal that was published in 1897. Many of the names given by young Mr. Henry to the lakes and rivers are still used today.

Source: *The Compendium of History and Biography of Polk County.*

JOB OPENING

Marshall County Historical Society is seeking an individual to fill a position as museum director. This is a part time position involves the overall operation of the museum, including events and programs. Preferred skills would be organizing, computer, writing, communication and interest in history. For more information email- mchs@wiktel.com or call 218-416-0694. If interested email or send cover letter and resume to Marshall County Historical Society, P.O. Box 103, Warren, MN 56762 by March 16, 2016.

G50C

Bridal Shower
for
Megan Syverson
(Bride of Nicolai Sveen)

**Saturday,
March 12, 2016**
10:00am

McIntosh
Community Center

Couple is registered
at Target & Bed, Bath &
Beyond

EVERYONE WELCOME!

Open House
Bridal Shower
for
Hunter Hegermen
(Bride to be of Kain Schow)

**Saturday,
March 12, 2016**
1:00pm to 3:00pm

at **Our Saviors
Church in McIntosh**

Couple is registered
at Target and Bed,
Bath & Beyond

CHS Annual Meeting Notice

Annual meeting for patrons of the CHS-Mahnomen, Callaway, Twin Valley, Winger, Fertile & Erskine, will be held at the Shooting Star Casino in Mahnomen, MN on Monday, March 21, 2016. Dinner will be served at 6:00 pm with meeting to follow.

The business meeting will include the presentation of the annual reports, guest speakers and election of three directors. Also, reports from the General Manager and Station Manager. This will be a very informational meeting for your regional cooperative.

Gary Sonstelie, Secretary

M50-51C

Seasonal - Highway Department, Polk County

Polk County Highway Department has various seasonal/summer positions opening in the Maintenance/Construction/Ag/Ditch subdivisions. Eligible applicants must have a high school diploma, be 18 years of age or older as of June 1, 2016, have a valid driver's license and a safe driving record. Wage starts at \$11.79/hour, DOE and work assignment. For a job description and application, interested individuals may contact the Polk County Administrator's Office at 218-281-5408 or go online <http://www.co.polk.mn.us> - Job Opportunities. Applications for this position will be received until 4:30 p.m. on March 25, 2016. All qualified applicants will be considered for employment.

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M50-52C

Library Offers Fine Forgiveness for Food Donations

Local libraries are encouraging customers to take advantage of "Food for Fines", a fine forgiveness program that will be held during the month of March. Customers can watch their overdue balance go down to zero simply by bringing unexpired, non-perishable food items to the library, which will be delivered to local food pantries. For each item donated, two dollars will be waived. Lake Agassiz Regional Library (LARL), headquartered in Moorhead, Minnesota with 22 library service locations in northwest Minnesota, is offering this program at each of its locations.

Customers without fines to clear are also invited to bring food donations to the library. "Food for Fines" is not valid for charges incurred because of missing or replaced items.

Pictured below: Lawrence Torske submitted this wonderful picture from sometime in the 1940's. Pictured with their bikes and a wagon are: (l-r) Lawrence Torske, the late Russel Johnson, the late Glen Torske, and Melford Enevold.



Attending the retirement open house for Karen Plante at the FSA office in McIntosh was Karens' son-in-law, Davin Swanson, Curt Bartz and Dennis Boucher. There were many people who stopped in last Wednesday to wish Karen well.

The McIntosh Times Office Hours

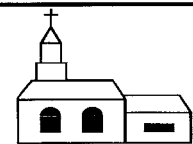
Wednesday 9:00 am to Noon
Friday 9:00 am to 11:00 am

Call or fax: (218) 563-3585

Ad deadline is Noon on Friday prior to publication



Church News



ST. MARY'S CHURCH

**Fosston
Fr. John Suvaeken,
Pastor**

Wed. Mar. 9: 1:00pm Mass at McIntosh Nursing Home; 5:30pm Mass at St. Mary's, Fosston; 6:30pm Stations of the Cross

Fri. Mar. 11: 8:45am Mass at St. Mary's, Fosston

Sun. Mar. 13: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Tues. Mar. 15: 3:30pm Mass at St. Joseph's, Bagley

Wed. Mar. 16: 5:30pm Mass at St. Mary's, Fosston; 6:30pm Stations of the Cross

Fri. Mar. 18: 11:30am Mass at St. Mary's, Fosston

If you have any questions about the schedule please call 435-6484.

CALVARY-IMMANUEL

LUTHERAN PARISH

**Winger/Bejou
Supply Pastor
Gordon Syverson**

Wed. Mar. 9: 7:00pm Lenten Service at Immanuel

Sun. Mar. 13: 8:30am Worship Service at Immanuel; 9:45am Worship Service at Calvary

Wed. Mar. 16: 6:00pm Soup Supper at Calvary; 7:00pm Lenten Service at Calvary; 8:00pm Immanuel Council

Sun. Mar. 20: 8:30am Worship Service at Immanuel; 9:45am Worship Service at Calvary; 6:00pm Father/Son Banquet at Immanuel

OURS SAVIOR'S

LUTHERAN CHURCH

(ELCA)

**McIntosh
Supply Pastor
Gordon Syverson**

Sun. Mar. 13: 10:00am Sunday School; 11:15am Worship Service

Sun. Mar. 20: 10:00am Sunday School; 11:15am Worship Service

GOSEN LUTHERAN

CHURCH

Independent

**Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church**

Wed. Mar. 9: 1:30pm Bible Study at The Country Place

Sat. Mar. 12: 8:00pm Prayer Meeting

Sun. Mar. 13: 9:30am Sunday School and Adult Bible Study; 10:45am Worship Service.

Tues. Mar. 15: 10:00am Sunday Worship service telecast on Garden Valley Cable TV - Channel 2

Wed. Mar. 16: 1:30pm Bible Study at The Country Place

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then 1/2 mile east on County Road 206.

MCINTOSH AFLC

McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson

Trinity:

Wed. Mar. 9: Parables of Holy Week: Pastor Alan Arneson; The Ten Virgins, Matthew 25: 1-13

Sun. Mar. 13: 9:30am Sunday School; 11:00am Worship Service

Mt. Carmel:

Sun. Mar. 13: 9:30am Worship Service; 11:00am Sunday School; 12:30pm Confirmation

Wed. Mar. 16: Parables of Holy Week: Pastor Michael Fleschig, The Unknown Hour, Matthew 24:36-51

DOVRE

FREE LUTHERAN

Pastor Don Edlund

Wed. Mar. 9: 7:00pm Bible Study: Breaking the Apocalypse Code

Sun. Mar. 13: 10:00am Worship Service; 11:00am Sunday School; 7:00pm Lenten Service

Wed. Mar. 16: 7:00pm Bible Study: Breaking the Apocalypse Code

Sun. Mar. 20: 9:30am Worship; 10:45am Sunday School; 7:00pm Lenten Service

IMMANUEL LUTHERAN

CHURCH

McIntosh

**Rev. Linden Wendzel,
Pastor**

Sun. Mar. 13: 8:45am Worship Service; 10:00am Council Meeting; 10:00am Sunday School & Confirmation

Tues. Mar. 15: 6:00pm Lenten Service

Sun. Mar. 20: Palm Sunday; 8:45am Divine Worship with Holy Communion; 10:00am Sunday School & Confirmation

Service Broadcast, TV Channel 12 Wednesdays at 10am - Holy Communion 1st and 3rd Sundays

VERNES LUTHERAN

CHURCH (LCMC)

McIntosh

Pastor Jill Torgerson

Sun. Mar. 13: 9am Worship; 10:15am Sunday School

Sun. Mar. 20: 9am Worship; 10:15am Sunday School

Can and Battery Collection

A trailer will be parked in Our Savior's Church parking lot on March 12 from 8 am - 5 pm for the purpose of collecting aluminum cans and old car batteries.

Proceeds from the recycling of these items will be used by the 2016 Grace Lutheran Mission Trip Group to help with the expenses of their mission trip to Kentucky later this year.

Please call 218-280-3760 if you have any questions.

Come one! Come all!

Our Savior's Lutheran Church, McIntosh invites you to their new member Sunday scheduled for Sunday, April 10, 2016 at 11:15 am. Come and join our worship service with Pastor Gordon Syverson.

If you are interested in becoming a member or have a question please call the church office at 563-3495 on Monday, Tuesday, Thursday or Friday 10:00 am - 3:00 pm, or by email: oursaviors@gvtel.com.

If you are unable to make it please contact Pastor Ernie Christensen, visitation Pastor at 218-689-7247 or by email, ekfarm@gvtel.com.

Pastor Ernie is fond of saying, "Each person who enters the church is the most important person." Please come and join us for new member Sunday.

VFW Auxiliary #6891 News

The McIntosh VFW Auxiliary #6891 will hold their March meeting on Monday, March 14, at 5 p.m. at The Club in McIntosh. Annual reports will need to be completed for 2015-2016. Patriot Arts Contest will also be reviewed and winners will be chosen. Auxiliary members are encouraged to attend this meeting.

Community Birthday and Anniversary Calendar

Wed. March 9: Dennis Boucher, Tanya Olson

Thurs. March 10: Lori Roed, Anna Toftad, David Hagen, *Scott & Emily Carlson

Fri. March 11: Karen Thompson, Albert Plante, Mary Ricketts

Sat. March 12: Cindy Lecy, Rachel Carlson, Rebecca Schommer

Sun. March 13: Sylvie Strom, Henry Swanson, Christian Widman

Mon. March 14: Barbara Rolf

Tues. March 15: Ashlee Lee, Ray Cattham, *Justin & Amanda Schulz

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McINTOSH Times

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"Serving the Win-E-Mac area"

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THE WINGER ENTERPRISE

3

Wednesday, March 9, 2016

Winger News

by Linda Pulskamp

Hello again from Winger and the Union Lake areas as we have once again turned the calendar to another month, the month of March and I would have to say March came in like a lamb, so we will see if it goes out like a lion, and if it does nothing to worry about because April showers will bring May flowers.

As I write this for the week I referred to March coming in like a lamb, which it is, but it is also the 50th anniversary of the 1966 blizzard that lasted for several days. Personally I will take this March to that one.

And again speaking of the weather and what goes with the changes in the weather I can only think that spring is right around the corner as the fields are black, with very little snow anywhere other than where it drifted and built snow banks. I have seen several skunks laying dead along the road, along with a couple raccoons. Last week end saw geese flying and by Sunday I bet they wondered why they were this far north, but they will survive.

Judy Gieseke was a dinner guest on Wednesday the 24th at the Fern and Milton Carlson home.

Sheldon and Rita Trandem were visitor with Helmer and Verlys Homme at the Pioneer Home on Tuesday the 1st of March.

Martha Henney had a very enjoyable visit by phone with Gene Dahlgren of California on Thursday the 3rd of March. Gene's father who was a pastor years ago in McIntosh married Martha and Myren, but not only that, Genes sister was Martha and Myren's flower girl.

Camilla Aasen Pearsall of Minnetonka spent two weeks in February visiting in Reedsport, OR with brother Noel and Sheri Aasen and sister Janet and David Grundyson. She also visited with Jennifer and Keith Tymchuk, Lynn Aasen's daughter and her husband. A wonderful time with family, great weather, and beautiful ocean

Last Saturday afternoon Donna Carlson was a visitor with Fern and Milton Carlson at the Carlson home.

Mark and Betty Syverson were visitors last Sunday afternoon visitors with Helmer an Verlys Homme at the Pioneer Home at Erskine.

Last Saturday afternoon John and Carol Fjelstul of Walker, Geraldine Ingdahl of Florida, Betty Lou Myhrum, Darlene Sollie an Lucy Brtek all gathered together at the Dairy Queen in Fosston for a enjoyable visit.

Leap Year Monday brought Judy Gieseke bringing Chili for dinner to the Fern and Milton

Carlson's and enjoying visiting with them.

Manley an Vangie Hillestad of Mahnomen visited on Saturday with Helmer and Verlys Homme at the Pioneer Home at Erskine. Verlys and Helmer and their company always enjoy playing a game of Rook.

Among the visits Martha Henney enjoyed this week and all by phone were from Marlene Henney from Florida where Marlene and Bill are spending the winter months, her son Dean who called from Texas and daughter Gail Johnson of Karlstad in our own state of Minnesota.

Last Sunday Tyler, Alex, Justis and Tony Brtek of Bagley were visitors with Grandma Lucy at Lucy's home

WINGER MADE THE NEWS THIS WEEK!

For those of you who missed seeing the news on KVRN TV this week. Our own little town of Winger was made "town of the week" according to Rob Kupec. For those who took the time to vote and gave a bit of history for the article, thanks!

Once again this is it for the week, keep the news coming.

Think about this, if life was easy it wouldn't be difficult.

Till next week.

From Bun Manor:

Some of the Titan employees from Winger and their families spent a weekend down near Alexandria enjoying the ammenities at the retreat and receiving awards for jobs well done.

Pam Wang recently returned back home after spending sometime with her sister Idonna in California. She stated that she enjoys leaving home but it is always nice to get back home.

B.J. Anderson (Michele's son) and his wife Dazi stopped by the manor with some altered pants that a lady in Fertile fixed for Bun. They're expecting their first child this summer.

Michele returned home from Aruba after spending a much needed two week vacation from Bun. Scrappy was happy to see her back after doing some hard time.

Joyce was released from the McIntosh Senior Living residence and is under house arrest at Dale's. She will be doing time there resting and rehabilitating before she is released to go back to her home.

Ole attended the benefit in Fosston at the fire station for Dean (Sue) Defrang on Saturday. He is doing treatment for cancer. There was a good turnout and there were many silent auction items that were bid on. Good luck and God bless you Dean.

The Win-E- Mac girls bas-

ketball team lost another heartbreaker in O.T. to Fosston in the tournament held in T.R.F. on Saturday. Bummer for the fans and team but they had a fun season and should be proud of their accomplishments.

Sat. evening Bun met Dale, Steve, Lorri and Matthew Massmann at Moran's for supper. Bun was really surprised to see Jon Aasen at the table. Jon is rarely seen unless he is at the Sioux filling station in Winger.

Stue came out on Sunday to see Bun. He brought a jar of pickeled northern that he had made from the fish he caught this winter from Sarah and Union Lake. They enjoyed spending time on the deck with the temps being above average. The sun has some power these days as the lake had water on top of the ice.

Steve Massmann and Shawn Patrick Ryan went fishing up at the Lake of the Woods. They both got their limit. Best fishing Steve has had this season. He also had some luck Sunday



Ron LeMer and Gary Schommer visited during the retirement open house for Karen Plante at the FSA in McIntosh last Wednesday.

The County Line

By Warren Strandell
Polk County Commissioner, Dist. 2

Maybe this would be a good time to give your local law enforcement officer a hug. Well, it doesn't have to be a hug but just let him or her know that you appreciate what they do. So, simply make it a thank you or just give them a nod. They will understand and will be appreciative of any showing of your support.

Being a law enforcement officer in today's world isn't easy. With all of things, bad things that are going on, the job has entered a trying time. That's not just because of the tragedy that occurred in Fargo but because of all the bad things that are happening more often than ever before all around the country, some right in our backyards.

While most of us consider this a safe place to live, that thought is slipping away.

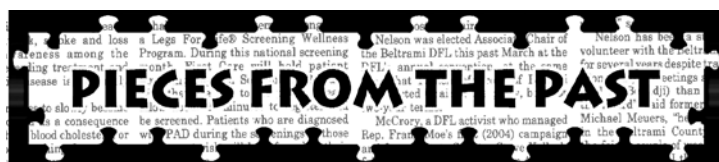
Why? Drugs and mental illness are at the top of the list of reasons that things have deteriorated. A lot of the people who turn out to be offenders do those things when they under the influence of something

afternoon on Sarah catching crappies and sunnies. He isn't like Stue sharing his bounty with Bun.

Gary Sonstlie took his wife Jill to the 50th state for her 50th birthday to watch the 50th super bowl among other activities.

They visited Waikiki Beach, Pearl Harbor, Punch Bowl National Memorial Cemetery of the Pacific, a Buddhist Temple and the Dole Plantation on the isle of Oahu.

The next stop was the big isle of Hawaii where Gary took an airplane and piloted it over the coast line and volcano. They toured the Volcano National Park and hiked thru a lava tube. They also took a tour of the Kona Brewery, saw the black sand beach, visited the birthplace of King Kamehameha and ended the night attending a Luau. They had a wonderful time and would like to visit the islands again sometime soon



50 years ago...1966: Cut Through No. 2: This is a view of the cut through a snowdrift on Highway 2 east of McIntosh. Rotary plows opened the highway Sunday morning. Many motorists were stranded during the storm. All towns along the highway route report motel and hotel facilities full.



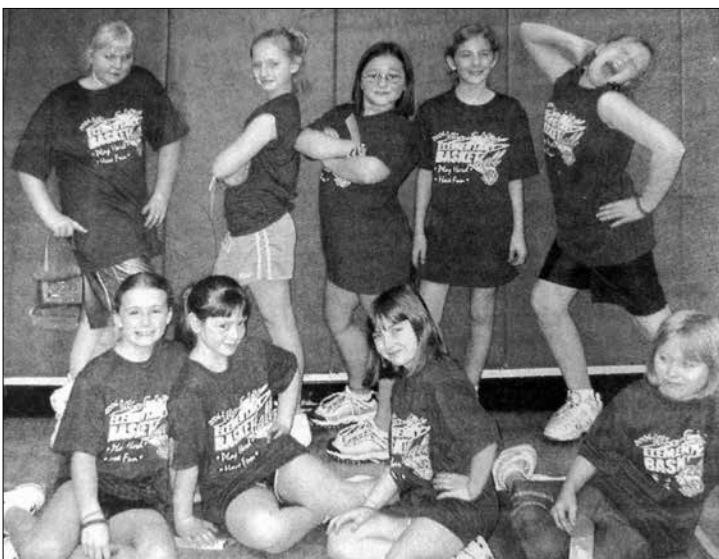
40 years ago...1976: Glenn Ness turns over the Winger Co-op Oil Company keys to his successor, 23 year old Bob Nelson, who is the former CENEX manager at Farmer's Union in Oklee.



30 years ago...1986: Cathy Votava and Paula Erdman enjoy a pancake supper put on by the 6th graders at the McIntosh-Winger School.



20 years ago...1996: Josh Kerssen, son of Jim and Pam Kerssen of McIntosh, has been having a great winter of snow sledding with his partner and pal, Spock, the family's 1-1/2 year old Lab/Blue Heeler.



10 years ago...2006: Fourth grade girls basketball during Family Fun Day: Back row: L-R: Chelsey Haugen, Korbyn Ross, Brooke Christenson, Korinna Morrison, Shelby Kaster. Front row: L-R: Jordyn Ose, Paige Gieseke, Ashley Glass, Chloe Cherf.

Regional Ag News

Jim Stordahl,
Extension Educator

Starting Garden Seeds

It is time for the annual reminder for gardeners to begin planting garden seeds indoors. Starting garden flower and vegetable plants in the home can provide the home gardener with enjoyment as well as some definite advantages. One of the greatest of these advantages is that it allows the gardener to start varieties of vegetable and flowers that are not readily available from local bedding plant sources. Most communities have a local hardware or farm store or garden center that can provide a wide variety of garden seeds that can be used to start your own transplants.

Before deciding to start seeds at home, it is necessary to look at the conditions necessary to grow healthy transplants. To grow good transplants, you must be able to provide proper levels of light, temperature and humidity. The greatest problem encountered is the lack of sufficient light. Unless you are fortunate enough to own a greenhouse, you will need to use supplemental light. The least expensive way to supply light is by using fluorescent lights. An inexpensive shop light set-up with 40 watt cool white tubes will do nicely. The light source should be movable so that it can be kept at about 4" above the seedlings and should be left on 12-14 hours per day, using a simple timer.

It is wise to have a plan on what seeds you will be pur-

chasing and planting to avoid impulse purchases later! It is important to select good quality seed because the cost of seed is small in comparison to the investment of land, labor and time during the growing season. Look for seeds with disease resistance, and consider days to harvest as we have a relatively short growing season in Minnesota. Try something new each year, but grow your old standbys so you can make some performance comparisons.

The starting medium should be loose, well-aerated, well-drained and sterile. Consider using one of the many soilless products available on the market, these mixtures are sterile and drain well. If you prefer to make your own starting medium, a good soil mixture can be prepared by using a 1-1-1 mixture of good garden loam, peat moss and sand.

Select a container in which to start seedlings that is clean, sturdy, fits into the space available, and holds sufficient starting medium for good root development. Pots, trays and flats from previous years can be reused if they are thoroughly cleaned and then sterilized with a solution of nine parts water and one-part household bleach.

When planting the seeds, fill the container with the starting medium and then use a small block of wood or other flat surface to push the medium down so that it is about one-half inch below the rim. Broadcast the

seeds thinly on the surface or plant them in rows. Cover the seed by sifting a layer of the planting medium, finely milled peat moss or vermiculite on the surface. A rule of thumb is to cover the seeds to a depth of three times their diameter. Some very small seeds, like petunias and impatiens, should not be covered at all, but pressed into the medium. Read the instructions on the packet carefully, as some seeds have different requirements.

After sowing the seeds, bottom water the container or spray with a very fine mist. Cover the container with a plastic dome or sheet of polyethylene plastic and place it in a warm location with a constant temperature of 60-75 degrees F. Providing a consistent heat source from underneath can also be beneficial to seedlings. Seeds will germinate sooner and produce healthier roots if the soil temperature is warm.

As soon as you see emerging plants, loosen the plastic cover and place the containers in bright light. Keep the soil moist as the seedlings must not dry out, but use care so that the planting medium does not become waterlogged. When the second pair of leaves appear, transplant the seedlings into peat pots or other individual containers. Seedlings do not need fertilizer until they have several sets of true leaves. Fertilize with a diluted fertilizer solution only once a week.

Do not start your seeds too

early! Best results are obtained when the transplants are relatively small, stocky plants that have five to seven leaves.

Refer to the seed packet for starting dates for vegetables and flowering annuals. Recommended seeds to start in early March include broccoli, cabbage, cauliflower, petunias, snapdragons, and ageratum. Peppers can be started in mid-March along with cleome, annual phlox, strawflower and sweet alyssum. Tomatoes can be started in the first week of April along with amaranthus, bachelor buttons, and morning glory. Mid-April is the time to start cosmos, sweet peas, and zinnias. Early-mid-May is the time needed to harden off seedlings. The time required to grow a transplant is usually given on the seed packet in weeks from the date to plant them outdoors, which for warm season plants is Memorial Day in central Minnesota.

Select your seeds, gather the needed materials, and when the time is right, gather the children and begin having fun starting seeds indoors. For more suggestions on starting seeds indoors, please visit the University of Minnesota Extension website at www.extension.umn.edu and search "Starting Seeds Indoors."

For more information, contact me at 800-450-2465 or stordahl@umn.edu.

This article was provided by Janelle Daberkow, University of Minnesota Extension

Random Things and Stuff



Spring Break

By: Emily L. Ferden

It's that time of year again, where college students are just at the point of being so overwhelmed they don't know what to do with themselves, but spring break is right around the corner. To get ready for this time of year, most students are booking trips to get out of the area and to relax for a week. For me, I am staying home and catching up on sleep; even though I would love to go to the beach. Here is a list from US News Travel on the top places for college students to go on spring break:

1. Miami Beach, Florida- Why go: Although a Florida vacation can be pricey, this Miami mainstay is surprisingly accessible. Clubs and bars line the streets, encouraging night owls to stay out until the wee hours. And by day, the city's beaches make a pleasant place to perfect your tan.

2. South Padre Island, Texas- Why go: During the rest of the year, South Padre Island (located at the tip of Texas) ushers in families to its luxury resort hotels and beautiful beaches. But when springtime rolls around, SPT's sands and affordable accommodations fill with temporary revelers. Loud, all-night parties fill the streets throughout the entire month of March.

3. Cancun, Mexico- Why go: Cancun has long held its reputation as a popular spring break destination in North America. And with affordable lodging, long stretches of sand and a rollicking night scene, it's easy to see why.

4. Puerto Vallarta- Why go: By day, Puerto Vallarta is tailor-made for outdoorsy types, with its sands and hidden coves. And once the sun sets, abundant happy hour specials cater to those on a tight budget. Plus, night owls can let loose in Puerto Vallarta's vibrant bars, clubs and beach parties.

5. Bahamas- Why go: The white sands of the Bahamas lure hordes of sun-seekers year after year. But even those who aren't avid sunbathers can

soak up the scenery and Caribbean culture. Plus, cheap lodging makes it easy for budget travelers to enjoy all the Bahamas has to offer.

6. Jamaica- Why go: Jamaica has been a go-to spring break getaway for years. The resort-laden Caribbean island boasts aquatic activities by day and plenty of low-key venues for partying at night. Montego Bay and Negril are particularly popular spots, but no matter where you stay, be sure to keep your wits about you.

7. Puerto Rico- Why go: During the day, Puerto Rico's pretty beaches beckon to swimmers and windsurfers. By night, music spills out of bars and clubs across the island. It may not have a stereotypical spring break reputation, but Puerto Rico offers visitors a taste of the Caribbean on U.S. soil.

8. San Diego- Why go: Mild temperatures, a 3-mile boardwalk and sandy Mission Beach make San Diego a popular choice for spring breakers before the crowds descend in the summer months. Plus, the various bars and nightclubs keep the party going after the sun goes down.

9. Cabo San Lucas- Why go: Though hotels tend to charge steep rates, Cabo San Lucas stands as the party capital of southern Baja. Beautiful beaches like Playa Medano appeal to students in need of some R&R. Meanwhile, nightlife hotspots crank up the party scene through the wee hours.

10. Daytona- Why go: Once the spring break destination of Florida, the NASCAR capital still attracts thousands of students annually. With beaches you can drive on, Daytona makes for an excellent road trip. What's more, many bargain-friendly hotels are just minutes away from the beach.

WEM ECFE

Fun Friday Playdates! Fridays 10-11:30am WEM Prek Room Ages 0-5yrs old

Fri 3/11 No ECFE class

Tues 3/15 Special St. Patrick's Day Fun with ECFE and Head Start @ the McIntosh Public Library 6-7pm

Fri 3/18 Move to the Music! 10-11:30am

Fri 3/25 Good Friday-No School

Join us in our classroom for themed learning stations, stories, songs and snacks!

ECFE is for children 0-5 yrs old and families. Classes and Events are FREE unless noted. Pre-registration is not required.

WEM School Announcements

Early Childhood

Screening Win-E-Mac

What: Win-E-Mac Spring Early Childhood Screening!

FREE vision, hearing, health, and developmental screening for 3-5yrs old! This screening is a requirement to start preschool or kindergarten in Minnesota. Meet our teachers and register for fall preschool 2016!

When: April 2016

Who: Children who are or will be 4 yrs old by Sept. 1st, 2015 can register for Win-E-Mac preschool! Information about home-based programs for 3yrs olds will also be available!

Contact: Win-E-Mac Early Childhood Family Education via Facebook, email Shannon Svalen, ECFE Coordinator: ssvalen@win-e-mac.k12.mn.us or call: 218-688-2170 to register your child today!



The front row is: Amelia Landsverk, Olivia Landsverk, Courtney Vatsnedal, Olivia Rosendahl, Emma Erickson; Middle row is: Trinity Erickson, Faith Balstad, Kendra Eckman, Carly Sander, Grace Rue, Catie Erickson; Back: Karis Peterson, Trent Balstad, Lance Balstad, and McKinsey Rosendahl. Not pictured is Haley Sander.

Polk County 4-H'ers learn to lead at 4-H BLU

More than 500 youth learn leadership skills at the 2016 4-H Building Leadership & Understanding conferences.

In February, more than 500 youth from across Minnesota gathered to participate in the annual 4-H Building Leadership and Understanding (BLU) youth leadership conferences. The five regional BLU leadership events were filled with exciting and fun activities that help youth learn and practice valuable leadership skills that they will be able to take back with them to their counties and communities, and use throughout their lives.

This year's conference theme was, "Find your Element," which taught participants about their intelligences and challenged them to think about how to apply them to future careers and community work. The topic was selected by the 4-H state ambassadors based on a survey from youth at previous events. There was also plenty of time dedicated to meeting new friends and having fun, with skits, singing, dancing and games designed and facilitated by the ambassadors to help youth participants get to know one another and have a good time.

"As 4-H members, we want our young people to understand their potential for leadership in their homes, schools, communities, and world. BLU is just one of the many opportunities youth have through 4-H to do that," said Jacquie Lonning, Extension Youth Development Citizenship & Leadership state program director.

Using a youth-teaching-youth model, the 4-H BLU leadership conferences are developed and led by 4-H State Ambassadors, Minnesota 4-H youth who have been selected to serve as spokespeople for 4-H, and to educate youth and adults about the importance of youth development, leadership, citizenship, service, teamwork, and other invaluable life skills.

"I get to see 4-H at its best through consistent learning and leading in real time," said Joshua Kukowski, Extension Educator and one of the State Ambassador advisors based out of Moorhead. Additionally, at their evening reflection meeting, one state ambassador mentioned "I get so much energy out of this {BLU} that I wish this year wouldn't end, I know we are making a difference in the lives of the participants."

"At the County level, I see



Jessica Kasprzak takes control of the ball during the Win-E-Mac Patriots game in Thief River Falls on Saturday.



The Win-E-Mac pep band traveled to Thief River Falls to play for our Patriot Girls Basketball team during the Section playoffs. Here the band is being directed by Amanda Schulz.

County Line...

Continued from page 3...

for the rest of us must now be undergoing some second thoughts. After all, not many in these times — those wonderful men and women in our country's military certainly excluded — are willing to risk life and limb for such a noble undertaking as a career in law enforcement. Without citing the tragedies that have occurred in recent times, it has become a reality that risking life for the job has become more and more of a possibility.

During a recent visit with a Polk County deputy, who chose a career in law enforcement for all of the right reasons and has always performed admirably, he noted that he is hoping to steer his children into some field other than law enforcement. It is a sad situation when the personal safety and wellbeing of the officer along with the fears of his/her spouse and children are factors with every shift.

On top of the exposure to dangers that are faced on the job each day, law officers often also experience a social separation from the rest of us. Rather than regard them as people whose main purpose in life is to watch out for and protect us, too many of us seem to scatter when they come around. Too many times, it seems, we think of them as a threat to our wellbeing, not a protector of it.

Going 5 miles over the speed limit on a regular basis might be partly to blame for how we act. That's silly. Officers aren't there just to catch us doing some little thing wrong, yet too many of us seem to keep a little separation in place. This is probably why officers seem to spend much of their off the job, social times with other officers.

Law enforcement is a family. Officers stick together. That is evidenced by the tremendous outpouring of support shown by colleagues if and when another officer goes down. The turnout in Fargo was more than impressive. Made me feel really good about the men and women in law enforcement and what they are doing for all of us.

So my message to officers everywhere, is this: I salute you. Thanks for all that you do.

Thoughts for the day:

No man is a leader until his appointment is ratified in the minds and hearts of his men. — The Infantry Journal

No man can climb out beyond the limitations of his own character. — John Morley, British statesman

Disclaimer: Thoughts expressed in this column are those of the author and are not necessarily a reflection of the opinions of the other members of the Polk County Board of Commissioners

How to Celebrate Pi Day

Pi is a mathematical constant that is the ratio of a circle's circumference to its diameter, and it is also one of the most revered mathematical constants in the known world. Pi Day was first officially celebrated on a large scale in 1988 at the San Francisco Exploratorium.

The holiday is celebrated on 14th March, since 3, 1, and 4 are the three most significant digits in the decimal form of pi. If you'd like to learn how to celebrate pi in due fashion, read on and it will be as easy as pi.

Eat pi foods. Eating pi foods may be the easiest and the most fun way to celebrate pi. Make a pie day pie in honor of the special day. Pi foods don't have to be limited to desserts. Eat shepherd's pie or chicken pot pie.

Convert things into pi. Simply use 3.14 as a unit of measure. Instead of being 31 years old, you are 9 pi years

old. With this same approach, you can find out your next pi birthday (don't forget to celebrate it when it comes!).

Play pi games. Pi games will not only be fun, but they will improve your understanding of pi and will make everyone around you have a deeper appreciation of pi. •There are plenty of traditional games that are appropriate on Pi Day, like a piñata, a pie-eating contest, or a pie-in-the-face fundraiser.

Answer math questions.

Have a pi memorization or recitation contest. As soon as someone loses, you can hit him in the face with a pie. If you want to really show your dedication on Pi Day, learn to memorize pi in advance by studying as many of the digits of pi as you can.

Help the tradition continue. Don't let this be a one-time thing — you owe it to pi to celebrate again and again.

WEM School Menu

Wed. March 9: *Breakfast:* Assorted Cereal, Breakfast Pizza, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Chicken Patty on a Bun, French Fries, Broccoli Slaw, Fresh Vegetables, Fruit Choice, Milk Choice

Thurs. March 10: *Breakfast:* Assorted Cereal, Breakfast Sandwich, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* BBQ Meatballs, Baked Potato w/ sour cream, Baked Beans, Bread, Cookie, Fruit Choice, Milk Choice

Fri. March 11: *Breakfast:* Assorted Cereal, Yogurt Parfait, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Tomato Soup, Garlic Cheese Bread, Lettuce Salad w/dressing, Rice Krispie Treat, Fruit Choice, Milk Choice

Mon. March 14: *Breakfast:* Assorted Cereal, French Toast Sticks, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Cheeseburger, Smiley Fries, Baked Beans, Carrot Coins, Assorted Pie, Fruit Choice, Milk Choice

Tues. March 15: *Breakfast:* Assorted Cereal, Sausage Gravy over Biscuit, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Enchilada Bake (lettuce, tomato, sour cream, cheese, Black olives), Red Peppers, celery & carrots, Fruit Choice, Milk Choice

Wed. March 16: *Breakfast:* Assorted Cereal, Breakfast Sandwich, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Chicken Chow Mein or Sweet and Sour Chicken over Rice, Egg Roll, Oriental Vegetables, Pineapple Upside Down Cake, Fruit Choice, Milk Choice

Thur. March 17: *Breakfast:* Assorted Cereal, Breakfast Pizza, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Crispy Chicken Wrap, Assorted Sun Chips, Pasta Salad, Cookie, Fresh Vegetables, Fruit Choice, Milk Choice

Fri. March 18: *Breakfast:* Assorted Cereal, Sweet Rolls, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Pepperoni or Cheese Pizza, Lettuce Salad w/dressing, Fresh Vegetables, Sherbet Cup, Fruit Choice, Milk Choice