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$1.00 McINTOSH Times

Since 1888

Hub of the Thirteen Townships McIntosh, Minnesota

(l-r) Clifford Bartz, Craig Burslie and Gordon Oseth were honored on Memorial Day in McIntosh with a Quilt of Valor.

McIntosh Celebrates Veterans with Quilts of Valor

The Bartz family gathered on Memorial Day to watch Clifford be honored for his is Military service in World War II by receiving a Quilt of Valor.

Kalli Roy was a one of the kids who participated in the White Cross Ceremony outside the school in McIntosh on Memorial Day, May 25th.

The McIntosh Memorial Day Program included a White Cross Ceremony with local kids carrying wreaths for those Veterans to be remembered. Pictured: (l-r) Cameron Svlalen and Karlie Schow.

In McIntosh on Monday, May 25th, we marked the beginning of summer as we honored those who protected and served our Country.

The day started early with VFW Post # 6891 Ladies Auxiliary serving breakfast to our Veterans.

The parade down Main Street began with our local Veterans in the lead, followed by the Win-E-Mac Boy Scouts, the Win-E-Mac marching band, and the kids who participated in the White Cross Ceremony.

The band performed outside the community center and then the program inside started with an Invocation by Ben Ramse. The McIntosh Community Choir led the audience in song and Bruce Meltrand spoke to the crowd.

Bruce graduated from Bemidji High School in 1962 and entered the US Army in 1965 where he served in Vietnam in 1966 and 1967 where he was assigned to the 103rd Combat Engineer Support Unit. He served as the Bemidji VFW Post Jr. Vice Commander and Post Commander, where he held the commanders position for 13 years out of the last 16. He went through the District Chairs and was elected the District Commander in 2009. In 2011 he was elected as Judge Advocate and in 2013 he was re-elected as District Commander. Bruce has received many awards during his commandership as well as receiving his white hat for all-state team of post commanders. The past two years he has been recognized by the National Commander-in-Chief with a Special Aide-De-Camp white hat. At present he holds the office of Chief Inspector of the Ninth District, Veterans of Foreign Wars and Commander of the Bemidji VFW. Bruce lives in Laporte with his wife Janie.

This year three local veterans were honored with a Quilt of Valor, made by many local sewers and presented by Connie Strom, Dianne Christopherson and Lois Boehrnsen.

Gordy Oseth's family gathered together on Monday, May 25th as Gordy received a Quilt of Valor for his combat service in the Korean War during the Memorial Day program in McIntosh.

Vietnam Veteran, Craig Burslie was honored with a quilt of Valor on Memorial Day in McIntosh. Here he is with family members who gathered with him.

Quilts of Valor Foundation was created by Catherine Roberts of Seaford, Delaware whose desire to see that returning warriors were welcomed home with love and gratitude they deserved. Quilts of Valor are stitched with love, prayers and healing thoughts and are awarded to those who have served in combat as a tangible token of appreciation that unequivocally says, "Thank you for your service, sacrifice and valor".

This was the first year of awarding quilts and the recipients were:

Clifford F. Bartz: United States Army. April 1943 to February 1946. 87th Division/ Golden Acorn. World War II Veteran- served in combat from October 1944 until May 9, 1945 under General Patton. He was then in occupation field until January 1946. Clifford Fought in the Battle of the Bulge.

Gordon Newman Oseth: United States Army. October 1951 to October 1954. 45th Division/179th Regiment Easy Company. Korean War Veteran-served in combat in the Invasion of Inchon in May of 1952. Gordon was injured in June 1952 and spent one year in Japan at 8162nd Army Hospital until June 1953. Gordon then returned to Japan until October 1954.

Craig Alan Burslie: United States Marines. Vietnam War Veteran-February 1969 to December 1970. Served with the 1st Marine Division as casualty reporter in DaNang, Vietnam.

The Color Guard retired the flag and the crowd proceeded to the lawn of the old school for the White Flag Ceremony, where those who served, and gone were honored as Ben Ramse read the Veterans Remembered Roll, the Color Guard fired a 21 gun salute and Joe Collova played Taps.

Community Calendar

Wed. June 3: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. June 4: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Bingo at The Club Bar & Grill 6:30pm

Fri. June 5: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Erskine's Got Talent 7:00 pm @ Win-E-Mac Gym

Mon. June 8: McIntosh Library 10am to 3pm; Children's Story Time with Dazzling Dave at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm;

Tues. June 9: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Serenity Seekers Al-Anon 7:00pm @ Kingo Church Library, Fosston

Wed. June 10: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. June 11: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Bingo at The Club Bar & Grill 6:30pm

Fri. June 12: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Sat. June 13: Ordell Aanenson Memorial Ride @ Club Bar & Grill

Mon. June 15: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm; McIntosh City Coulncil Meeting @ Community Center 5:30pm

Tues. June 16: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Serenity Seekers Al-Anon 7:00pm @ Kingo Church Library, Fosston

Mac Community Sales & Flea Market

The McIntosh Community Club will host a flea market during the McIntosh Community Garage Sales on Saturday, June 20th. If interested a spot at the Flea Market, please contact Phil at 563-2865.

If you are interested in listing your sale on the city map that will be included in the newspaper the week of the sale, please contact the City Clerk at 563-3043.

Destiny Molstad participated in the White Cross Ceremony in McIntosh on Memorial Day.

Mac Council gets another offer for Poplar Meadows

The McIntosh City Council met in regular session on Thursday, May 12th at the Community Center.

All members of the Council were present, a quorum was met, April Council minutes were approved and the Council moved to old business.

Poplar Meadows was first to be addressed. Ron LeMer and Virgil Lerfald from McIntosh Senior Living were present to decline the purchase of Poplar Meadows at this time. Ron read a letter from the McIntosh Senior Living Board of Directors which stated that based on the preliminary analysis the board chose to decline the opportunity. "However, we are moving forward with a market study and associated financial projection and feasibility study," the letter stated. Based on those results the McIntosh Senior Living Board may have an interest in the future, yet felt the City should move forward with listing the property.

Chris and Tricia Hove were present to submit a proposal for the purchase of Poplar Meadows on a Contract for Deed sale for the price of $2.1 Million. The couple is local and Tricia is currently the Director of Nursing at McIntosh Senior Living. The Council will look into the ability to sell the property under a Contract for Deed.

The Council spent time discussing the negotiations involving the sale of Poplar Meadows and chose to create a separate Board including two voting members of the City Council and two voting members of the McIntosh Economic Development Board.

Animal Control was reviewed and tabled, as last meeting there was the possibility of an Animal Control Contractor, but the Contractor would need to purchase liability insurance for the City to proceed with anything.

Building permits were approved for three projects in the City. Teresa and Clay Syverson will be building a new shop area; Beth Hagen will be building a patio and privacy fence; and Lee Narum will be adding a storage shed to the McIntosh Country Store.

The Club Bar & Grill recently purchased by Kim Bjerke was approved for a liquor license.

The Tractor Parade and Pull taking place at the end of August was on the agenda as the VFW Auxiliary will be the sponsor for the events. The Council approved the event with Steve Urness abstaining from the vote.

The Council approved the 2014 City Audit as presented by Colleen Hoffman from Hoffman, Dale And Swenson of Thief River Falls.

The McIntosh Fire Department received a grant from FEMA in the amount of $29,106 for the purchase of 5 SBA's (Self Containing Breathing Apparatus).

Council Member Melissa Finseth reported that the Dog and Cat Clinic held on Saturday, May 2nd went well. There were 50 licenses issued during the Clinic.

Wanda Stordahl informed the council that there are concerns with the properties that need to be cleaned up around the City. She also informed the council that the property off Highway 2 where the 125th Anniversary billboard is located is for sale and wondered in the City would be willing to purchase the land.

Mayor Toby Strom brought concerns with the benches around the City that need repair or replacement.

The Council would like to thank everyone who was involved with making Swing into Spring a success.

The next McIntosh City Council Meeting will be changed to Monday, June 15, 2015 at 5:30pm at the Community Center.

Veteran Charles Svalen carried the Flag during the Memorial Day parade in McIntosh on May 25th.

Home repair loans available through USDA Rural Development

Is your home in need of repairs? USDA Rural Development can help. The USDA Rural Development has ample loan and grant funds available statewide for very-low income homeowners to make basic repairs, install essential features or to remove health and safety hazards. The maximum loan amount is up to $20,000 at a 1% interest rate for a term up to 20 years. The maximum grant is up to $7,5000 for applicants 62 years old or older.

There is a narrow window of opportunity to receive these funds with no waiting period. USDA Rural Development is looking for qualified applicants right now through the end of September to apply for these loans and grants. Call today if you are a very-low income homeowner in need of essential home repairs.

Please call the Thief River Falls office at 218-681-2843, ext. 4, for more information on this program. Information is also available on the web at www.rurdev.usda.gov/mn.

Take a Kid Fishing Weekend is June 5-7

It's Take a Kid Fishing Weekend in Minnesota, June 5-7, according to the Department of Natural Resources.

During this three-day period, Minnesotans age 16 or older do not need a fishing license while taking a child age 15 or younger fishing. More information on how, when and where to fish, at www.mndnr.gov/fishmn.

MSL Hi-Lites

(above and below) Neil Bursheim and Roberta Hanson put on a violin/piano duet at McIntosh Senior Living on May 21, 2015. Our residents love when those from the community come in and share their talents with us! All agreed that these two put on an amazing program!!

McIntosh Senior Living resident Meredith Bursheim with her son and daughter-in-law Neil and Carol Bursheim. Meredith and Carol had front row seats to Neil playing in a violin/piano duet on May 21st.

(l-r) Pearl Johnson and Betty Tangen greet visitors during the McIntosh Memorial Day Program at the Community Center on Monday, May 25th.

Veteran Marv Rolf and Sherman Tranby watch the parade during on Memorial Day in McIntosh.

I feel honored to be one of the "Quilt of Valor" recipients at the Memorial Day Program. A special "thank you" to quilters Connie, Kathryn, Lois, and Dianne.

Gordon Oseth M10C

Letter to the Editor

Deb and Dan Delivered for Northwest MN

To the Editor,

Representatives Dan Fabian and Deb Kiel did an excellent job this session representing the people and priorities of Northwest Minnesota. Working to garner a bipartisan legislative compromise, they voted to invest in our schools, provide stable, long-term nursing home funding, limit state government spending growth and put a stop to a regressive gas tax hike.

First, for education, they voted for $400 million in new money for our schools and also supported additional funding for facilities maintenance which will help local school districts cover costs for necessary fixes like roof repairs or new boilers. They also supported teacher licensure reform which will help address the critical educator shortage in our part of the state.

Additionally, for Minnesota's seniors, they advocated for $138 million in nursing home funding which will help protect the quality of life and quality of care for aging Minnesotans. This reform will offer increased reimbursement rates, long-term financial stability for local care centers and increased wages for the hardworking folks in this field.

Finally, Reps. Fabian and Kiel listened to the overwhelming opposition in Northwest Minnesota and stood strong against a regressive gas tax increase which would have hurt middle class families, seniors on a fixed income and small businesses in our area. Living in Greater Minnesota, we already have to drive farther to get to the grocery store, to church, etc. Ensuring the state doesn't impose a costly new gas tax saved people like me hundreds of dollars each year and protected the taxpayers of our state.

I am proud to have two representatives in our community who fight for the people and priorities of Northwest Minnesota. Thanks for standing up for us in St. Paul!

Sincerely,
Ron Lorenson
Karlstad, MN

Fundraiser for Grace Mission Trip

The 2015 Mission Trip Group from Grace Lutheran Church in Erskine is collecting aluminum cans and old batteries as a fund raiser for their mission trip to Denver this summer. Please call 218-280-3760 if you have any items to donate to the group.

VFW Auxiliary #6891 News

The McIntosh VFW #6891 Auxiliary will hold their June monthly meeting on Monday, June 8, at 6 p.m. at The Club in McIntosh.

Poppy Reports will be presented. Members are encouraged to attend this meeting.

A reminder to all McIntosh residents to be sure to fly your flag on June 15, Flag Day. A Certificate will be awarded each business that flies the Flag.

Celebrating 100 years!

Lillian Lanman is celebrating her 100th Birthday on Saturday, June 13, 2015 at Ruth Homes in Hastings, MN. Call or email LaRae at 651-438-2876 or hkaupang6@gmail.com.

Cheryl Jore played the piano for the McIntosh Community Choir at the Memorial Day Program on Monday, May 25th

MAC TO FLUSH WATERLINES

The City of McIntosh will be flushing waterlines and hydrants each Thursday throughout the summer.

Residents are encouraged to watch for rusty or dirty water on these days. Fill washing machines to check water before adding clothes.

M5,7,9,11,13,15,17,19C

Maxine and Gary Walter and their Union Lake neighbors held their annual neighborhood auction recently at the Walters' home, raising $2,255 for East Polk County Relay for Life. The Walters are shown donating the funds to Andrew Hanson, team leader of Erskine's Grace Lutheran Church Relay for Life team. The Relay, which benefits the American Cancer Society, will be held Friday, June 26, at Fosston High School. For details, visit the Erskine team's website at http://gracerelay.org.

The McIntosh Times Office Hours

Wednesday 9:00 am to Noon
Friday 9:00 am to 11:00 am

Call or fax: (218) 563-3585

Ad deadline is Noon on Friday prior to publication

Church News

ST. MARY'S CHURCH
Fosston
Rev. Manny Sundaram, Pastor

Wed. June 3: 12:00pm-8:00pm Adoration at St. Mary's, Fosston

Sun. June 7: 8:15am Rosary; 8:30am Holy Mass at St. Mary's, Fosston; 10:30am Holy Mass at St. Joseph's, Bagley

Wed. June 10: 12:00pm - 8:00pm Adoration at St. mary's, Fosston

Fri. June 12: 5:30pm Holy Mass at St. Joseph's, Bagley; 7:00pm Holy Mass at St, Mary's, Fosston

If you have any questions about the schedule please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH
Winger/Bejou
Interm Pastor
Melody Kirkpatrick

Sun. June 7: Calvary worship 10:30am; Immanuel worship 9:00am

Sun. June 14: Calvary worship 10:30am; Immanuel worship 9:00am

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)
McIntosh
Interm Pastor
Melody Kirkpatrick

No worship during the month of June. Worship will resume in July Sunday's at 9:00am

GOSEN LUTHERAN CHURCH
Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Wed. June 3: 1:30pm Bible Studay at The Country Place

Fri. June 5: 10:00am Luther League telecast on Garden Valley Cable TV- Channel 2

Sat. June 6: 8:00pm Prayer Meeting

Sun. June 7: 9:30am Sunday School and Adult Bible Study; 10:45am Worship Service

Tues. June 9: 10:00am: Sunday worship service telecast on GV Cable TV - Channel 2

Wed. June 10: 1:30pm Bible Study at The Country Place

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of HWY 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

IMMANUEL LUTHERAN CHURCH
McIntosh
Rev. Mark Peske, Pastor

Sun. June 7: 9:30am Worship Service

Sun. June 14: 9:30am Worship Service

Service Broadcast, TV Channel 12 Wednesdays at 10am - Holy Communion 1st and 3rd Sundays

DOVRE FREE LUTHERAN
Pastor Don Edlund

Wed. June 3: 7:00pm Inter-Denominational Bible Study on Beth Moore's Revelation Study. Everyone Welcome!

Sun. June 7: 10:30am Worship Service

Wed. June 10: 7:00pm Inter-Denominational Bible Study on Beth Moore's Revelation Study. Everyone Welcome!

Sun. June 14: 10:30am Worship Service

VERNES LUTHERAN CHURCH (LCMC)
McIntosh
Pastor Paul Magelson

Sun. June 7: 8am Worship
Sun. June 14: 8am Worship

MCINTOSH AFLC

McIntosh Trinity / Mount Carmel:
Pastor Karl Anderson
Trinity:

Wed. June 3: 7:30pm Bible Study

Thurs. June 4: 7:00am Men's Breakfast

Sun. June 7: 9:30am Worship Service

Wed. June 10: 7:30pm Bible Study

Mt. Carmel:

Sun. June 7: 11:00am Worship Service

Sun. June 14: 11:00am Worship Service.

Pestle & Vessel
By Alison Opdahl

Abide

"Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, so neither can you, unless you abide in Me. I am the vine, you are the branches; he who abides in Me, and I in him, he bears much fruit; for apart from Me you can do nothing." Matthew 15:4&5

Abiding in Jesus is fraught with challenges, from within and without. It means so much more than resting or waiting. It implies choosing to walk with Him, regardless of the circumstances, whether the outlook is silver-lined or dark with lurking shadows. It is the attitude of the believer which recognizes our complete inability to be the author of our own lives.

The believer cannot truly abide until coming to terms with the concept of being alone. We are born into a world full of people. Yet when it comes down to it, there is no human who can fully share our journey with us. For even in their companionship they are simultaneously on their own journey. We are not to rely on our fellow man for all of our physical, emotional and spiritual needs. This is the role for our Heavenly Father.

We must be watchful of the company we keep, whether it is

Pestle & Vessel...
Continued on page 4

B-B Cafe Menu

Wed. June 3: Potato Klub and Ham or Baked Potato, Carrots, Roll, and Dessert

Thurs. June 4: Taco Salad, Garlic Bread, and Dessert

Fri. June 5: Turkey Dinner, Mashed Potatoes & Gravy, Corn, Roll, and Dessert

Mon. June 8: Ham or Turkey on Corn Roll, Mac Salad, and Dessert

Tues. June 9: BBQ Chicken, Scalloped Potato, Green Beans, Roll, and Dessert

Wed. June 10: Country Steak, Mashed Potatoes & Gravy, Mixed Vegetables, Roll, and Dessert

Thurs. June 11: Cali-Burger, Summer Salad, and Dessert

Fri. June 12: Roast Pork Dinner or Hot Pork, Carrot, Roll, and Dessert

Please contact the McIntosh Times if you move or have a change in your address so we can keep the paper coming to your home on time.

McINTOSH Times

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"Serving the Win-E-Mac area"

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Community Birthday and Anniversary Calendar

Wed. June 3: Clayton Bartz, Jeremy Opdahl

Thurs. June 4: *Jeremy & Alison Opdahl

Fri. June 5: Bob Reinbold, Madisyn Norton, *Jim & Tracy Strom

Sat. June 6: Bernice Voxland, Theresa Agnes, Brian Crawford, *Albert & Karen Plante

Sun. June 7: Bob Olson, Carmen Syverson, Sarah Lundquist, Diana Lindseth, Nickie Carlson, *Dennis & Diane Boucher

Mon. June 8: Derik Spaeth, *Jim & Carla Ferden

Tues. June 9: Shelley Thompson, *Ron & Heidi LeMer, *Colleen & Gerald Borud

Business & Professional Guide

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THE WINGER ENTERPRISE

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Wednesday, June 3, 2015

Winger News

by Linda Pulskamp

Hello once again from Winger and the Union Lake areas. Hope you all had a good Memorial Day week end and with that it seems like summer gets into full swing. We are getting some much needed rain again today (Thursday) and again some areas are getting more than others along with some wind and hail too.

Another month behind us and the month of June right around the corner, time marches on.

The Memorial Day ceremony at the Community Center on Monday was very well attended and once again was nice to see so many out for it and many from out of town that return to attend it.

The cemeteries in the area were decorated beautifully by loved ones in memory of their loved once.

Welcome back to "snowbirds" Bob and Jeanine Perreault who are back in their home in Winger after spending the winter in Texas.

Wednesday the 21st Paul Carlson made a pit stop at the Fern and Milton Carlson home on his way to work. Judy Gieseke stopped in at noon that same day for a visit, and more family visiting at Carlson's that day were Kari, Oliviayah and Terry Keller of Bejou, Monte, Kristen, Emma, Tory, Mia and Hadley Erickson of Fertile. They all were helping Fern celebrate her birthday. Along with all the visitors Fern received many phone calls and text messages.

Wyatt Stordahl, son of Jerry and Marilyn Stordahl and the grandson of Carol Stordahl, graduated from Norman County West High School in Halstad. An open house reception was held at the Legion Hall in Halstad on May 23rd. Those attending from the Winger area were Grandma Carol, Deb Matson, Cindy Horvath and Sue Christianson. Wyatt will begin working at Bobcat in Gwinner, ND on June 1st.

Visitors at the Pulskamp home during the Memorial Day week end were Kelly Johnson, Dean Johnson, Donnie Johnson of Maple Lake, MN , Nola Abele of Fosston, Marv Engesether of Plummer, Reha Sanstead and her summer house guest Leonard Taylor of Erskine.

Bob and Jeanine Perreault of Winger were visitors on Sunday at the Pioneer Home with Helmer and Verlys Trandem.

Memorial Day Dean Henney picked up Mom, Martha Henney and brought her to Winger to the Memorial Day program and after the program Mike and Angie (Wang) Aronson of Albany took Martha back to her home in McIntosh.

Week end guests at the Boyd and Sylvia Bratager home were Bruce and Jody Bratager of Rochester and Truman and Darlene Johnson of Dilworth. Jeff, Julie, Tapanga and Tabitha Bratager also visited during the week end at the Bratager home.

Tuesday Lucy Brtek visited with Wilma Wang at her home in Fosston and the two ladies went to the Dairy Queen for treats.

Noel and Sheri Aasen from Reedsport, OR visited with Camilla (Aasen) Pearsall in Minnetonka from May 13th to the 20th. Noel flew to Williamsburg, VA to visit with Jay and Debbie Pearsall and Noel's son Chris from Corvallis, OR who is currently in the VA Air National Guard. There was a dinner at Langley AF Base honoring former and current AF pilots. Jay is a retired AF Colonel. Chris Pearsall is a LT Colonel.

Chris, Sheila, Jade, Vincent, Jasmine and Carlson brought supper to the Fern and Milton Carlson's on Friday the 22nd in honor of Fern's birthday. Paul Carlson joined them for supper.

Monday visitors at the Kelly Johnson home after the Memorial Day program were Angie and Teegan Brtek, Michelle Johnson, Butch and Linda Pulskamp, Dean Johnson, Donnie Johnson of Maple Lake, MN, Nola Abele of Fosston, and Truman and Darlene Johnson of Dilworth.

Sheldon and Rita Trandem were visitors with Helmer and Verlys Homme on Thursday at the Pioneer Home in Erskine.

Audrey Ellingson, Audrey's son Dave and his wife Luanne of Battle Lake and Gail Johnson of Karlstad were visitors on May the 20th with Martha Henney at her home. Audrey is Martha's cousin.

Donna Carlson was a visitor last Saturday at the Fern and Milton Carlson home in observance of Fern's birthday. Lonnie Gieseke also visited on Saturday with Fern bringing a home made planter for Fern and Milton.

Michelle Gagner of Mentor and Samantha O'Beirne of Bemidji were last Saturday visitors at the Lucy Brtek home

Fern and Milton Carlson attended the graduation reception for Marissa Carlson last Sunday at the Chad and Michelle Carlson home in Fosston.

Winger Appreciation Day!! On June 27th, mark your calendars, Winger will bustle with activities most of the day with something for all. There will be a Car Show, and Antique Tractor Show, a farmers/flea market. The Winger Fire Department is celebrating 100 years and that evening there will be the Fireman's Ball.

Also the 31st annual Winger Lions Fish Fry will be held. Events start at noon, come early and stay late. For market entry contact Jerry or Kathy Kaupang at (218) 694-3158 or on Facebook at Fosston Farmers Market. Hope you can all make it.

Until next week may you and yours have a good one.

From the Manor:

Bun called Joyce and asked her if she wanted to meet up for lunch. They decided on the Depot since Joyce had an eye appointment in Mahnomen. They sat with Floyd, Dale and Noah Klinkhammer. This was Noah's first day on the job working with Dale. Bun told Noah to watch himself because Dale can be a hard butt to work for sometimes.

Bun cruised over to Bergeson's nursery after lunch and hooked up with Scrappy. He saw Donna Larson and Helmar Homme there picking out flowers to plant.

Fish Benbo also showed up to get some pumpkins to plant for his nieces to use at Halloween time.

Dale was talking to Bun on the phone and told him his dad Floyd bought him lunch on Thursday. Bun was surprised to hear this, but here is the kicker. He also bought Ole his lunch. Seems like Ole gets in on all the freebies.

Friday evening Joyce, Dale, Travis, Dave, Shawnn, Grant and Everett Balstad along with aunt Karen and uncle Dick Hagen went out to Lakeview on Maple Lake to enjoy a meal on Dave.

Bun was bored on Saturday at noon so he called Ole and invited him out to lunch. Ole got in on another free meal. They saw Art and Darlene Fergeson dining. They just got back home Friday evening after spending the winter in Texas. Bun thought he saw Floyd drive by in his mini cooper but figured it must not have been him since the car was dirty with dust and dirt. Later on Bun found out it was a confirmed sighting of Floyd.

Saturday afternoon, Joyce along with some other ladies attended the bridal shower for Kjersti Haugen at Calvary church in Winger. Kjersti is getting married to Dakota Poissant in Fertile on August 15th.

Following the shower. Joyce, Dick and Karen checked out some cemeteries and headed over to the club in Mac for the grand opening. Kim Bjerke is taking over the reigns. Good luck Kim in your new adventure.

Steve and Lorri came back home to Winger on Sunday evening after spending the weekend in the Alexandria area. They went to two relatives graduations.

Steve mentioned that Evan, Nikki and their grandpuppy Pepper were doing fine in the Houston area. Some of his co workers couldn't get to work because of the flooding so Evan has had to do some O.T.

Brother Andy came up to spend sometime at the manor. He caught one walleye that was 28 inches long. That was the only fish he caught.

Low-Interest loans can help start or expand farms

Agricultural Producers in Minnesota Still Have Time to Apply for Direct Farm Ownership Loan Program

The U.S. Department of Agriculture (USDA) Minnesota Farm Service Agency (FSA) Executive Director, Deb Crusoe, today announced that farmers and ranchers still have time to apply for low interest loans available through the FSA direct farm ownership program. Applications must be approved by Sept. 30, 2015, to take advantage of the funding available.

Eligible farmers and ranchers can borrow up to $300,000 to buy farmland, construct or repair buildings, pay closing costs, or promote soil and water conservation. The interest rate can be as low as 1.5 percent with up to 40 years to repay.

"If you are thinking about purchasing or expanding your farm or ranch, our affordable loans can help," said Crusoe. "There are no backlogs or waiting for funds, so give us a call today.

New farmers and ranchers, military veterans, and underserved farmers and ranchers also are encouraged to apply. Each year Congress targets 80 percent of available loan funds to beginning and targeted underserved farmers and ranchers. Targeted underserved groups include American Indians or Alaskan Natives, Asians, Blacks or African Americans, Native Hawaiians, or other Pacific Islanders, Hispanics and women.

For more information about farm loan, visit www.fsa.usda.gov/farmloans, or contact your local FSA office. To find your local FSA county office, visit http://offices.usda.gov.

USDA Funding for Distance Learning and Telemedicine

Agriculture Secretary Tom Vilsack recently announced that the U.S. Department of Agriculture (USDA) is accepting applications for its Distance Learning and Telemedicine (DLT) grant program, which provides increased access to education, training and health care resources in rural areas.

"This program provides people who live and work in rural areas with better access to a variety of educational and health care services," Vilsack said. "For example, because of the DLT program, students in rural areas can take advanced placement classes, residents can have access to specialized medical services not typically available, and many other benefits for rural communities."

USDA's Rural Utilities Service, a Rural Development agency is making $19 million available for fiscal year 2015. The Distance Learning and Telemedicine Program finances telecommunications equipment, computer networks and advanced technologies for use by students, teachers, medical professionals and rural residents. Minimum grant amounts are $50,000; maximum amounts are $500,000 for fiscal year 2015.

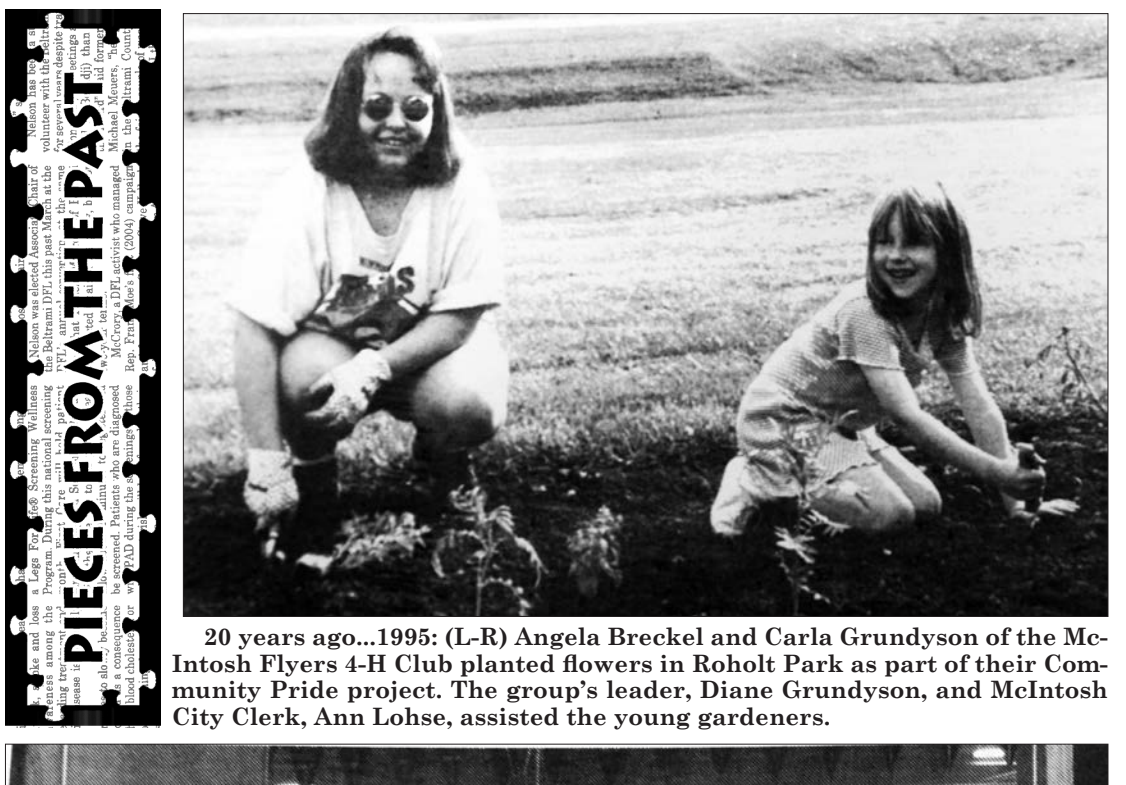
Since 2009, USDA has provided more than $182 million to expand access to learning at nearly 4,700 rural educational facilities and to improve delivery of medical care at more than 2,500 rural health facilities.

For example, in 2014, Essentia Health in Minnesota received a DLT grant award of $213,564 to expand Essentia's existing telemedicine network to 21 clinics and two hospitals. This expansion project is expected to benefit more than 300,000 people across Minnesota, North Dakota, and Wisconsin.

"Delivering these programs to rural communities that often do not have access to quality, affordable medical and educational services has tremendous economic and social benefits," said USDA Rural Development State Director for Minnesota, Colleen Landkamer. "This expansion project in particular will allow people who live and work in these rural communities to decrease travel time and distance for specialized health care services."

Details of the DLT funding are on Page 29602 of the May 22 Federal Register. The application deadline is July 6, 2015.

30 years ago...1985: Clad in their old-fashioned Sunday best, Roy Quam, Bruce Grundyson, Phillip Quam, Pastor Beaman and Ingmar Grundyson provided kitchen help at the May 19th picnic at Trinity Church.



20 years ago...1995: (L-R) Angela Breckel and Carla Grundyson of the McIntosh Flyers 4-H Club planted flowers in Roholt Park as part of their Community Pride project. The group's leader, Diane Grundyson, and McIntosh City Clerk, Ann Lohse, assisted the young gardeners.

10 years ago...2005: Greeters, Audrey Erofeeff, Sahara Dennis, Jessica Kasprzak and Willie Meine, dressed in their Hawaiian outfits, welcomed family and friends to the Win-E-Mac First Grade Program.

Regional Ag News

Jim Stordahl, Extension Educator

Rhubarb and Frost Damage

Over the past two weeks, I have received numerous calls regarding the danger of eating frosted rhubarb. Rhubarb is one of the first plants in the garden to green-up and tolerates mild frosts nearly every year; frost on rhubarb is very common.

Rhubarb is a hardy perennial that grows from underground rhizomes. It produces distinctive large leaves on long edible leaf stalks. The leaf stalks are similar in size to celery but have a distinctive tart taste. Typically, the stalks are consumed in many forms with ample amounts of sugar. Although we consider is an ingredient for dessert, it's been widely used for centuries in Chinese medicine as a laxative. Maybe this is one reason Minnesotans love their rhubarb.

The recent flurry of concern was generated from a news release in Illinois, after receiving unseasonably cold temperatures.

In her article, Martha A. Smith, Extension Educator, said, "Rhubarb should not be harvested when the leaves are wilted and limp after a hard freeze. After a hard frost, oxalic acid may move from the leaves into the leafstalk. When consumed the oxalic acid can crystallize in the kidneys and cause permanent damage to the organs. In addition to the potential toxicity, the rhubarb leaf stalks will be of poor texture and flavor."

Rhubarb is quite hardy and tolerates typical mild spring frosts and can be eaten provided the stalks are still firm and upright. Leaves with obvious frost damage (brown or black after a few days) that have leaf stalks that are soft or mushy are best removed and composted; do not eat them. It is looks damaged, tastes bad, don't eat it. And of course, never eat the leaves, which reportedly taste terrible anyway. As with most things in life, let common sense be your guide.

Rhubarb can be harvested through the end of June, picking as many stalks as desired. After this time period, rhubarb can still be harvested however the plant will need to maintain a good portion of leaves to photosynthesize. Another reason to decrease the amount harvested is because late season stalks become tougher than spring season harvest and simply don't have the desired taste.

Rhubarb seems to do best in well-drained soils, but is not picky about the pH of the soil. The best growing environment for rhubarb also is a sunny area with rich composted or fertilized soil. Water the plant thoroughly to a depth of one inch a week for good production. It is good practice to annually amend the soil with a balanced fertilizer or rich compost. Make note of the plant's reaction and adjust accordingly. Soil testing can also be done to determine a more specific current state and application.

No matter the time of year, remove the seed stalks that emerge. This returns the plant's energy to the edible stalks or the plant's reserves for next year. Occasionally, seed stalks will appear early in the season and should be removed by twisting and pulling just like other stalks being harvested. Rhubarb can be transplanted or divided very early in the season. As soon as new growth starts use a clean, sharp shovel and split the plant, or dig the entire plant up and divide it with a sharp knife or saw.

For more information, contact me at 800-450-2465 or stordahl@umn.edu. Sources: Beth Berlin, University of Minnesota Extension and Martha A. Smith, University of Illinois Extension.

Random Things and Stuff

By: Emily L. Ferden

I have now been in Puerto Rico for a whole week! It really has gone by fast! The flight in was good, all on time with no delays! I really enjoyed looking out the window at all of the clouds, the ocean, and the island as we got closer. When I arrived at the airport I was very nervous; all I was told was that someone would be waiting for me by the baggage claim. I got my bags and waited by the baggage claim and did not see anyone! The security guard told me to check outside, where I did find the guy. We then went to the dorms, which are privately owned, not by the college. The security is very very strict and good here too! I am very lucky to be in a suite with a friend from BSU! We are at the Rio Piedras campus, which is very nice! Our professors are also great, and have really shown they not only care about us academically, but personally too! It has been kinda difficult for me in the Spanish courses, since our professor really only speaks in Spanish. We have four people in our class who are in advanced levels, and two of us (myself included) are in lower levels. I am hoping by the end of this experience I can speak and understand Spanish a lot better. I came here to learn, and that I am sure I will! So far, we have had the opportunity to explore most of Rio Piedras, El Yunque National Park, Monserrate Beach, the Bioluminescent Bay, and Isla Verde. El Yunque was really cool, and had a lot of plants, frogs, lizards, and birds. They do not have any other animals there, which I found pretty weird. We went and saw the information center, the tower, and hiked 1.4 miles to the waterfall. The waterfall was pretty cool, some of our group went swimming in it. I did not, since I am not that coordinated to navigate in the slippery rocks, and I am accident prone! We then went to the Monserrate beach, which was gorgeous and right next to a strip of restaurants where I tried mofongo. Mofongo is a traditional dish made out of plantains and spices, and was delicious! We then went to the Bioluminescent Bay when it was dark and kayaked to the bay! It was a little intimidating kayaking in the dark with all the low branches, curves in the channel, and traffic coming both ways, but it was worth it. Seeing the bioluminescent plankton and other microbes glow in the water when you move your hand was the coolest thing ever! On Sunday, which was our free day, we went to Isla Verde and went to the beach! This was a lot of fun walking along the beach collecting shells and swimming in the ocean. Overall, this trip has started out and been amazing. I am so grateful for this opportunity and to come and have this immersion experience! I am looking forward to everything this trip has to offer and cannot wait for more trips around this beautiful island!

WEM School Announcements

Community Ed Trip

There will be a Community Ed bus trip to Minneapolis on July 10 - 11 for youth going into grades 8 - 12. The bus will leave Erskine on July 10 and participants will see a Twins baseball game that evening. After staying over night, everyone will go to Valley Fair the next day, returning in the evening of July 11. Registration deadline is June 15. Cost is $100. Please call 218-280-3760 to register

Win-E-Mac T-Ball

Come out for a fun experience with your children as they learn the fundamentals of baseball and softball. No prior registration is needed, just show up and play!

Please plan on being present with your child, do not plan on dropping your child off and returning to pick up.

T-ball will take place a the Win-E-Mac softball field on Monday nights starting June 1st through July 27th. Anyone ages 2 to Summer Rec age and their parents are welcome to join in the free fun starting at 6:00pm until 7:30pm.

Bring your baseball/softball glove, rubber spikes if you want, and all other material will be provided.

If you have any questions, contact Aaron Cook at 218-687-2148.

Cadet Baseball

First practice will be June 5th from 9-10:30 at the Win-E-Mac softball field.

All those signed up for cadets should report to this practice. We will split the teams up then and hand out the practice schedules.

Summer swimming lessons forms are now available in the office – first session is from June 8-25th and second session is June 29-July 16th. Lessons are from 3:45-5:30 Monday-Thursday and cost is $45 per child.

WEM Basketball camp June 23-26 (Tuesday-Friday), ½ day sessions, for grades 4-11 (school year 2015-2016), boys and girls – 8:30-12:30 p.m. Coach Johnson and Coach Galovich will be hosting a basketball camp at WEM. Please pick up forms in the office – cost of the camp is $50 (which includes a camp T-shirt).

Zach Plante part of the Win-E-Mac Marching Band during the Memorial Day Parade in McIntosh on Monday, May 25th.

Directing the band during the McIntosh Memorial Day Parade is Win-E-Mac Band Director Amanda Schultz.

Pestle & Vessel...

Continued from page 2

family, friends or acquaintances. Choices we make impact our immediate present and our—as yet—unknown future. We must acknowledge the fallible nature of man. Those most trusted by us can, at times, be our enemies. There will be situations when their old nature—just as ours—will point not to the cross but to the depravity of man. There will be times when we fall prey to expectations or assumptions apart from Christ and because they seem to come from a Christian, we will be distracted from the Lord's will for us.

An important part of abiding is seeking the fellowship of other believers. Yet the most important part is seeking the will of God in His Word. Not only when we reach a crisis but every day. Abiding in Christ allows us the opportunity to experience the heart of God in all life's circumstances. As we seek His truth in the Word we are compelled to acknowledge the sinfulness of man and the unlimited grace God offers in return for our repentance.

Abiding also speaks of a promise yet unfulfilled, a renewal of our perfect communion with Him: the Lord's return. Abide when we are weary. Abide when we are ecstatic. Abide when we are struggling. Abide when we are soaring. It is an attitude the child of God should strive for as life happens around us. It is the idea of finding a refuge in the storm or of raising our hands to the sky in exultation.

It is the quiet knowing that being is all that is required. The doing is God's—if we will let Him. We must let Him deal with our old nature which persists in striving against His work in our lives. It is the comfort of knowing—even as we face life as adults—we can still be child-like when we come to our Heavenly Father. We do not have to know all the answers. We do not have to understand everything happening to us. The strong shoulder does not have to be ours.

Abiding is the result of following. It is the result of trusting. It is the result of walking with the Lord and it does not come naturally. In fact, it is so unnatural, as to be impossible without the prompting of the Holy Spirit. To abide means allowing the Lord to work in our hearts peace and contentment which only He can grant amid the storms of life. It is the result of hardship and patience. It is the fruit of toil and turmoil. It is the outcome of continually sacrificing the old nature for the new.

Abiding means we will not always understand our circumstances. We may never know the ultimate outcome of our situations. We were created to glorify God but He did not say we would always know how it would be accomplished. At times we are so amazed He should even look our way. We talk and preach about our unworthiness but do we really feel it?

If we bore the continual burden of the knowledge of our absolute depravity, it would crush us. To know this, to fully understand it, would cause us to despair. In our despair we would fail to look up and see the Savior; one who bowed His head as He bore the weight of our sin. His death paid our debt and bought us the freedom to give us the opportunity to abide.

Believer, we can scurry about in a flurry of activity. We can keep ourselves busy with obligations, commitments and responsibilities all in the name of Christian service. Yet amidst sorrow or happiness, we may miss out on the enduring joy which is ours in Christ if we do not seek Him above all else and learn to abide.

City of McIntosh

2014 Drinking Water Report

PWSID: 1600011

The City of McIntosh is issuing the results of monitoring done on its drinking water for the period from January 1 to December 31, 2014. The purpose of this report is to advance consumers' understanding of drinking water and heighten awareness of the need to protect precious water resources.

Source of Water

The City of McIntosh provides drinking water to its residents from a groundwater source: two wells ranging from 206 to 210 feet deep, that draws water from the Quaternary Buried Artesian aquifer.

The Minnesota Department of Health has made a determination as to how vulnerable our systems' source(s) of water may be to future contamination incidents. If you wish to obtain the entire source water assessment regarding your drinking water, please call 651-201-4700 or 1-800-818-9318 (and press 5) during normal business hours. Also, you can view it online at www.health.state.mn.us/divs/eh/water/swp/swa.

Call Larry Hedlund, Maintenance Supervisor, 218.563.3747 if you have questions about the City of McIntosh drinking water or would like information about opportunities for public participation in decisions that may affect the quality of the water.

Results of Monitoring

No contaminants were detected at levels that violated federal drinking water standards. However, some contaminants were detected in trace amounts that were below legal limits. The table that follows shows the contaminants that were detected in trace amounts last year.

Key to abbreviations:

MCLG—Maximum Contaminant Level Goal: The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.

MCL—Maximum Contaminant Level: The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.

MRDL–Maximum Residual Disinfectant Level.

MRDLG–Maximum Residual Disinfectant Level Goal.

AL—Action Level: The concentration of a contaminant which, if exceeded, triggers treatment or other requirement which a water system must follow.

90th Percentile Level—This is the value obtained after disregarding 10 percent of the samples taken that had the highest levels. (For example, in a situation in which 10 samples were taken, the 90th percentile level is determined by disregarding the highest result, which represents 10 percent of the samples.) Note: In situations in which only 5 samples are taken, the average of the two with the highest levels is taken to determine the 90th percentile level.

ppm—Parts per million, which can also be expressed as milligrams per liter (mg/l).

ppb—Parts per billion, which can also be expressed as micrograms per liter (ug/l).

N/A—Not Applicable (does not apply).

Contaminant (units)	MCLG	MCL	Level Found		Typical Source of Contaminant
			Range (2014)	Average /Result*	
Arsenic (ppb)	0	10	5.02-6.13	6.13	Erosion of natural deposits; Runoff from orchards; Runoff from glass and electronics production wastes.
Barium (ppm)	2	2	N/A	.09	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits.
Fluoride (ppm)	4	4	1.1-1.2	1.33	State of Minnesota requires all municipal water systems to add fluoride to the drinking water to promote strong teeth; Erosion of natural deposits; Discharge from fertilizer and aluminum factories.
Haloacetic Acids (HAA5) (ppb)	0	60	N/A	2.3	By-product of drinking water disinfection.
TTHM (Total trihalomethanes) (ppb)	0	80	N/A	.9	By-product of drinking water disinfection.

*This is the value used to determine compliance with federal standards. It sometimes is the highest value detected and sometimes is an average of all the detected values. If it is an average, it may contain sampling results from the previous year.

While your drinking water meets EPA's standard for arsenic, it does contain low levels of arsenic. EPA's standard balances the current understanding of arsenic's possible health effects against the costs of removing arsenic from drinking water. EPA continues to research the health effects of low levels of arsenic, which is a mineral known to cause cancer in humans at high concentrations and is linked to other health effects such as skin damage and circulatory problems.

Contaminant (units)	MRDLG	MRDL	****	*****	Typical Source of Contaminant
Chlorine (ppm)	4	4	1.4-1.5	1.5	Water additive used to control microbes.

****Highest and Lowest Monthly Average. *****Highest Quarterly Average.

Contaminant (units)	MCLG	AL	90% Level	# sites over AL	Typical Source of Contaminant
Copper (ppm)	1.3	1.3	.4	0 out of 10	Corrosion of household plumbing systems; Erosion of natural deposits.
Lead (ppb)	0	15	1.3	0 out of 10	Corrosion of household plumbing systems; Erosion of natural deposits.

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. City of McIntosh is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at http://www.epa.gov/safewater/lead.

Monitoring may have been done for additional contaminants that do not have MCLs established for them and are not required to be monitored under the Safe Drinking Water Act. Results may be available by calling 651-201-4700 or 1-800-818-9318 during normal business hours.

Compliance with National Primary Drinking Water Regulations

The sources of drinking water (both tap water and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs, and wells. As water travels over the surface of the land or through the ground, it dissolves naturallyoccurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include:

Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.

Inorganic contaminants, such as salts and metals, which can be naturally-occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.

Pesticides and herbicides, which may come from a variety of sources such as agriculture, urban stormwater runoff, and residential uses.

Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff, and septic systems.

Radioactive contaminants, which can be naturally-occurring or be the result of oil and gas production and mining activities.

In order to ensure that tap water is safe to drink, the U. S. Environmental Protection Agency (EPA) prescribes regulations which limit the amount of certain contaminants in water provided by public water systems. Food and Drug Administration regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline at 1-800-426-4791.

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline at 1-800-426-4791. M10C

Win-E-Mac Students of the Quarter

On Wednesday, May 13th, the Win-E-Mac Student Achievement Committee hosted the Students of the Quarter Breakfast for Fourth Quarter at Win-E-Mac School in the FACS room. The Students were selected by various departments in the secondary school for overall performance in the classroom. Following a wonderful pancake and fruit breakfast, the students were introduced by nominating staff members and received certificates and gifts for their great work! The students selected for the fourth quarter were: (L to R) Abby Lende, Bailee Burcham, Sydney Tadman, Jessica Kasprzak, Indiana Nornes, Madison Stuhaug, and Zach Plante. Congratulations!?