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McINTOSH

Times

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McIntosh, Minnesota

Madison makes it to 3000 points!



Congratulations to Win-E-Mac Senior Madison McKeever who scored her 3000th point on January 21, 2016 in a game played against Lake Park-Audubon. She scored 34 points during that game - all in the first half! Madison is averaging 29.5 points a game. Only 13 girls basketball players in the State of Minnesota have reached 3,000 points! Madison has signed to play basketball at NCAA Division I University of South Dakota.



On Tuesday, February 2nd at the Agassiz Environmental Learning Center in Fertile, MN, 3rd grader Braylon Hamre tried out cross-country skiing with his classmates.



Joe and Ruby Breckel had the help of their dad, Jason, during the Win-E-Mac Family Math night held last Wednesday, February 3rd.



Last Wednesday night, Win-E-Mac Elementary students had some fun with, what else, Math!! They got together to play several different games and more with teachers and parents there to give a hand. There was a great turnout for the event that was both fun and educational! Here Mr. Kaupang helps out Ella Strom, Sydney Svalen and Emily Strom with a fun math challenge.



On Hockey Day in Minnesota (February 6, 2016) Gretchen Finseth and her dad played some hockey on the new ice rink in McIntosh. The new rink is located behind the Bjella Building near the old football field.



Connie Strom and Betty Tangen check over some information during the sew day for Quilts of Valor at the McIntosh Community Center on Saturday, January 30th.

Fun facts about February

February is the shortest month of the year, but many people have no idea why that is. February is the only month to have fewer than 30 days, but there is no scientific reason behind that distinction, though there have been various changes to the calendar throughout the centuries, and eventually February became what it is today.

The Romans developed a 10 month calendar that began with the Spring equinox in March and ended in December. There is belief that what is now February was overlooked when this calendar was created, as winter weather had little to do with the harvest in the northern hemisphere, where Rome is located. Romans essentially considered the winter a period of time with no distinctive

months.

When the second king of Rome, Numa Pompilius, took to the throne in 713 BC, he had plans to make the calendar more accurate by synchronizing it with the actual lunar year, which is roughly 354 days long. Thus, two new months, January and February, were added to the end of the calendar. Both January and February had 28 days.

At the time, even numbers were considered bad luck, and these months were not looked upon favorably by the king. So he decided to make changes once more and added a day to January to make it 29 days long. February was left untouched, remaining an "unlucky" month and one devoted to honoring the dead and performing rites of purification, as the word February comes from februa, which means "to purify." February remained the last month of the year for roughly 200 years until the calendar was reevaluated and February was reassigned as the second month, with January being the start of the new year.

This new 355-day calendar simply could not stay in sync with the seasons because it did not account for the amount of time it takes the Earth to orbit the sun. Therefore, an extra "month" of 27 days was added after February 23 each year to play catch-up. Sometimes this extra month was overlooked or not scheduled in time, continuing the calendar conundrum.

Julius Caesar was responsible for tackling calendar problems further when he was in power. He wished to make the calendar solar-based, like the one Egyptians used, instead of the older lunar-based calendar. This led to the creation of the Julian calendar. Ten days were added to the calendar year in various months, and February was increased every four years (leap year) to 29 days to coordinate the calendar year to the solar cycle of roughly 365.2425 days.

February remains the shortest month of the year. Through the years there has been no



WEM Conferences

Parent-Teacher Conferences will be held at the Win-E-Mac School on Thursday, February 18, 2016 from 1:00 p.m.-7:30 p.m.

Parents of students in grades K-6 should have made appointments to see their respective teachers. Parents of 7th-12th grade students, conferences will be self-led by the students, with their homeroom teachers.

Signup sheets will be sent home with students to schedule a time.

Also, the buses will run at 12:30 p.m. on Thursday, February 18, 2106.



Lois Bohrsen works on quilt to pieces for a quilt that will be given to a Veteran as the Quilts of Valor group met to cut and sew on Saturday, January 30th at the McIntosh Community Center.

Saturday January 30 McIntosh Community Center was a busy place! Women from Erskine, McIntosh, Fosston and Thief River Falls gathered to cut fabric up and make quilt kits for our National Sewing Day for the Quilts of Valor. A total of 10 kits were completed and some ladies have called to let committee know they are unable to attend our sewing day but would love to provide a quilt top! Our goal for the year is to present at least 15 quilts in our surrounding areas! We are well on the way.

March 5th starting at 9 we will be gathering to sew these quilts kits. Also pillowcases will be made to present to veteran also. So if you don't like quilting come sew some pillowcases up. We hope to see you there. -submitted

Exploring the connection between the heart and love

People once thought that the heart was responsible for emotions, including love.

Hearts and Valentine's Day are forever intertwined. One of the most recognizable symbols of love is the modest heart, and hearts adorn candy boxes and cookies while paper hearts are pinned to doors or windows as a symbol of Valentine's Day. Young valentines may share candy hearts printed with silly sentiments. TF152920

Hearts and Valentine's Day are forever intertwined. One of the most recognizable symbols of love is the modest heart, and hearts adorn candy boxes and cookies while paper hearts are pinned to doors or windows as a symbol of Valentine's Day. Young valentines may share candy hearts printed with silly sentiments.

A symbolic heart bears no resemblance to an anatomical heart, and yet it is used to represent the deepest feelings of affection a person can share. Some may wonder just how the emotions of love became tied up in the shape of a heart, even though it's widely known that the brain, and not the heart, governs affections.

In ancient times, people believed that the heart was the center of all human emotions. Since the heart is prominently located in the center of the chest and the middle of the body, it became the cornerstone of human feelings.

Love is considered to be one of the most profound and strongest human emotions, therefore it was reasoned that

Community Calendar

Wed. Feb. 10: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. Feb. 11: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; McIntosh City Council meeting @ Community Center 5:30pm

Fri. Feb. 12: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. Feb. 15: President's Day; McIntosh City Clerks Office Closed; McIntosh Library closed; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Tues. Feb. 16: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Wed. Feb. 17: McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. Feb. 18: McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Fri. Feb. 19: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. Feb.22: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Tues. Feb. 23: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm



Cupid Suggests...

NESS CAFE

Bring your sweetheart to
Ness Cafe for your
Valentine's celebration
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- Meatballs
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Quilts of Valor Sewing Day fun!

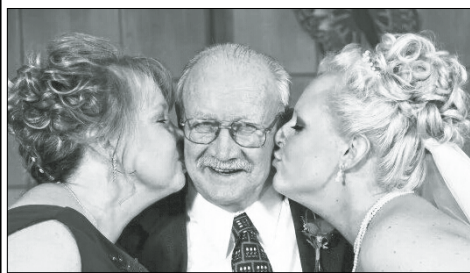


Here, two of the hard working volunteers show off the great work on a quilt top made on Saturday, January 30th during Quilts of Valor Sewing Day in McIntosh.



Many volunteers helped out with sewing and cutting of quilts for our local Quilts of Valor group on Saturday, January 30th at the McIntosh Community Center.

To the BEST Dad, Grandpa and Great-Grandpa around ...



Love ~ Your Family

Perry, Renee, Melanie, Mark, Melissa, Jon and Scarlett

**Happy 80th
Birthday**
to
**Melford
Grundyson**
on
February 10th!

Kiel Invites Parents and Providers to Child Care Hearing

Representative Deb Kiel (R-Crookston) is inviting parents and child care providers to attend a Select Committee on Affordable Child Care hearing on February 15th in Crookston. This newly formed House committee is traveling throughout Greater Minnesota to hear directly from parents and child care providers about the challenges they face in accessing affordable child care.

"Bringing the Select Committee on Affordable Child Care to our community will give folks an opportunity to share their input and ideas on how to improve access to child care in Northwest Minnesota and across the state," said Rep. Kiel. "We have a number of wonderful child care providers in our community, but many families are still facing roadblocks to access that quality care. Our committee will be working on innovative solutions to address these challenges next session, and feedback from local parents and providers will be very helpful to us as we craft legislation."

Here are the details:

Who: Rep. Deb Kiel and members of the Select Committee on Affordable Child Care

What: Select Committee on Affordable Child Care Legislative Hearing

When: Monday, February 15, 2016, from 6:00 PM to 8:00 PM

Where: RBJ's, 1601 University Avenue, Crookston, MN 56716

A New Chapter begins!!

Please join us for a

**Co-Ed Open House
Baby Shower**

honoring

Aubrey Elaine Wang

daughter of

Jarid and Megan Wang

on **February 14**, 1-3 pm
at the **B-B Cafe**, McIntosh.

One Small Request
that won't be too hard
Please bring a signed book
instead of a card.
Your book will be cherished
if it's well-loved or brand new

Each time she reads it
she'll be reminded of you.

The family is registered at
Target and Walmart.

REGULAR COUNCIL MEETING

McINTOSH

Thurs., Feb. 11, 2016,
5:30 PM

— COMMUNITY CENTER —

CALL TO ORDER:

PLEDGE OF ALLEGIANCE:

ROLL CALL:

DETERMINATION OF QUORUM:

AGENDA ADDITIONS:

APPROVAL OF MINUTES:

a. JANUARY 14, 2016 – REGULAR COUNCIL MEETING MINUTES.

PUBLIC CONCERNS:

OLD BUSINESS:

a. ADMINISTRATIVE FEES
b. POPULAR MEADOWS UPDATE
c. SCHEDULE ANNUAL TOWN-SHIP/FIRE DEPARTMENT MEETING

NEW BUSINESS:

a. RESOLUTION – DESIGNATED ENFORCING OFFICER FOR ANIMALS
b. GRAVEL BIDS
c. EQUIPMENT BIDS
d. PLOWING/GRADING BIDS
e. SNOW HAULING BIDS
f. RENEWAL OF MOSQUITO SPRAYING CONTRACT
g. TRACTOR DAYS 2016
h. CLEAN UP DAY
i. TREES/SHRUBS
j. BACKFLOW MAINTENANCE
k. STORAGE OF MINUTES

APPROVAL OF MONTHLY BILLS:

COUNCIL & STAFF REPORTS:

NOTICES & CORRESPONDENCE:

ADJOURNMENT

February...

Continued from page 1 ...

widespread attempt to reorganize the calendar once more to even out the months and give extra time to February. As a result of the shorter number of days, February has some unique attributes. In common years, February can pass without a single full moon. The next time this will happen is in 2188. Once every six years, February is the only month that has four, full seven-day weeks.

February starts on the same day of the week as March and November in common years, and on the same day of the week as August on leap years. February ends on the same day of the week as October every year. In leap years, it is the only month that begins and ends on the same weekday.

People born on a leap year technically celebrate their birthday only once every four years, but most observe it on the 28th. Celebrities born on February 29 include Tony Robbins, Antonio Sabato, Jr., Mervyn Warren, and Dennis Farina.

Despite its status as the shortest month, February is packed with many events, including Valentine's Day and Groundhog's Day. Americans celebrate the birth of two presidents in February, as well as Black History Month. Mexicans celebrate Flag Day in February, while residents of St. Lucia celebrate their Independence Day. February is also a time for families, especially in Canada, where Family Day is celebrated on the third Monday of the month in many provinces.

February is also an important month for sports fans, as two teams will face each other in the Super Bowl on the first Sunday of February.

No one really knows for certain why February was relegated to the shortest month. However, with so much trivia and special events surrounding the month, it is still a special time of year.

The McIntosh Times Office Hours

Wednesday 9:00 am to Noon

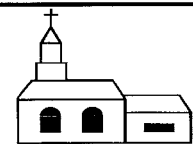
Friday 9:00 am to 11:00 am

Call or fax: (218) 563-3585

Ad deadline is Noon on Friday prior to publication



Church News



ST. MARY'S CHURCH

Fosston
Fr. John Suvakeen,
Pastor

Wed. Feb. 10: Ash Wednesday; 5:00pm Mass at St. Joseph's, Bagley; 7:00pm Mass at St. Mary's, Fosston

Fri. Feb. 12: 8:45am Mass at St. Mary's, Fosston

Sun. Feb. 14: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Wed. Feb. 17: 5:30pm Mass at St. Mary's Fosston, Stations of the Cross during Mass

If you have any questions about the schedule please call 435-6484.

CALVARY-IMMANUEL

LUTHERAN PARISH

Winger/Bejou

Supply Pastor

Gordon Syverson

Sun. Feb. 14: 8:30am Worship Service at Immanuel; 9:45am Worship Service at Calvary

Wed. Feb. 17: 4:30pm-6:00pm WELCA Supper at Immanuel; 7:00pm Lenten Service at Immanuel

Sun. Feb. 21: 8:30am Worship Service at Immanuel; 9:45am Worship Service at Calvary

OURS SAVIOR'S

LUTHERAN CHURCH

(ELCA)

McIntosh

Supply Pastor

Gordon Syverson

Wed. Feb. 10: 7:00pm Ash Wednesday Service

Sun. Feb. 14: 10:00am Sunday School; 11:15am Worship Service

Sun. Feb. 21: 10:00am Sunday School; 11:15am Worship Service

GOSEN LUTHERAN

CHURCH

Independent

Gary Johnson, Pastor

www.gosen-church.com

Face Book: Gosen Church

Sat. Feb. 13: 8:00pm Prayer Meeting

Sun. Feb. 14: 9:30am Sunday School and Adult Bible Study; 10:45am Worship Service

Tues. Feb. 16: 10:00am Sunday Worship service telecast on Garden Valley Cable TV - Channel 2

Wed. Feb. 17: 1:30pm Bible Study at The Country Place

Thurs. Feb. 18: 10:30am Ladies Aid program at the Pioneer Memorial Care Center

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC

McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson

Trinity:

Sun. Feb. 14: 9:30am Sunday School; 11:00am Worship Service

Sun. Feb. 21: 9:30am Sunday School; 11:00am Worship Service

Mt. Carmel:

Wed. Feb. 10: 7:30pm Ash Wednesday Service

Thurs. Feb. 11: 7:00am Men's Breakfast

Sun. Jan. 31: 9:30am Worship Service; 11:00am Sunday School; 12:30pm Confirmation

Sun. Feb. 14: 9:30am Worship Service; 11:00am Sunday School; 12:30pm Confirmation; 3:00pm District Youth Retreat in Bemidji

McINTOSH Times

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"Serving the Win-E-Mac area"

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President's Day

Grover Cleveland was born March 18, 1837 in Caldwell, New Jersey. He went on to be elected the 22nd and 24th President of the United States.

President Cleveland was known for his honesty and common sense.

Each February, on Presidents Day, we pay tribute to all U.S. Presidents.

HOMETOWN BANKING



First National Bank of McIntosh will be **CLOSED** on Monday, February 15th in observance of President's Day.



first national bank of McIntosh



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Community Birthday and Anniversary Calendar

Wed. Feb. 10: Nicole Grande, Ashleigh Bartz, Melford Grundyson

Thurs. Feb. 11: Pat Woods, Jesse Marlow, Clay Syverson, Julie Sultvedt

Fri. Feb. 12: Jan Langemo, Janis Wikstrand

Sat. Feb. 13: Clellie Kiecker

Sun. Feb. 14: Veronica Rolf, *Mark & Tracy Juve

Mon. Feb. 15: Bryce Stordahl, Parker (Haaen) Wirth, *Mike & Jane Aakhus

Tues. Feb. 16: David Rolf, Kim Mandt, Adella Thompson

Winger News

by Linda Pulskamp

Hello again from Winger and the Union Lake areas, and welcome to February. So it is that the ground hog is predicting an early spring, we will see about that.

We have had some very mild temps again for the past several days along with some early morning frost which makes for some beautiful scenery with the frost on the trees.

We are pretty fortunate again as the storm that brewed in the Rockies and headed our way was to the far south of us with southern Minnesota being dumped on. I am sure our turn is coming and we are looking March in the face and it could prove to be our nasty month, we will see.

Once again news is very scarce, but on to what I have gathered. Hopefully Bunny has some to add.

Friday the 29th Dick and Wanda Donavon of St. Francis arrived at the Fern and Milton Carlson home to spend the week end.

Last Tuesday Sheldon and Rita Trandem were visitors with Helmer and Verlys Homme at the Pioneer Home.

Butch and Linda Pulskamp visited last Saturday with Nola Abele and Donnie Johnson of Maple Lake at the Abele home in Fosston.

Judy and Lonnie Gieseke were visitors last Saturday at the Fern and Milton Carlson home.

Mark and Betty Syverson were Saturday visitors with Helmer and Verlys Homme at the Pioneer Home at Erskine.

Lucy Brtek, her son Richard Brtek and Scott LaVoi all enjoyed visiting and having lunch together on Tuesday the 2nd.

Sunday visitors at the Pulskamp home were Kelly Johnson and granddaughter Lily, Dean Johnson, Reha Stanstead of Erskine and Marv Engesether of Plummer.

Sunday January the 31st Dick and Wanda Donavon returned to their home in St. Francis after spending the week end at the Fern and Milton Carlson home.

Tuesday the 2nd Gary and Maxine Walters were visitors with Helmer and Verlys Homme at the Pioneer Home. Helmer mentions that during these visits with their friends they all enjoy playing rook which Verlys looks forward to and is also very therapeutic for her.

Sunday afternoon Paul and Donna Carlson were visitors at the Fern and Milton Carlson home.

Until next week and maybe then we will have some super bowl gatherings to report and if not by the time you receive your papers, it will be close to Valentine's day, so Happy Valentine's day to you all.

From Bun Manor:

Bun received a phone call last week from a youth representing the Grace youth group from Erskine wondering if he would like to donate money again this year to help them get to Louisville, Ky. Their experience will be a memorable

eye opening for them as they help the homeless with their shelter, fill food pantries, visit nursing homes, youth centers and many more community activities. If anyone is interested in helping out with their mission work send a check made out to the Grace youth group and send it to Grace Lutheran Church P.O. Box 204. Erskine, MN. 56535.

Brother Andy came up to spend a few days with Bun. While here they went gaming one day and he went fishing crappies with Scrappy and Tahlor Ose. Bun had bought some tartar sauce in town hoping on getting in on a fresh shore lunch dinner. Unfortunately there was no fish to be fried. He had to settle for Schwan's frozen blue hake.

Matthew Massmann met Bun in Erskine for lunch. He brought a Minnesota Wild hockey hat back for Bun.

Andy went back home on Thursday. Before he left town he stopped at the depot for one more dice game with the locals. He had lost coffee twice before and managed to get into the finals again and prevail against Norm. He probably won't be back for awhile as two cups of coffee cost him thirty six dollars.

Bun took Chewie back to Shelly in Fertile and they went out to the smoke house for lunch. He ran into Matthew having lunch with a big shot Dr.

He stopped to see Fish west of Winger. Fish was showing a visitor from Mora how to sharpen his ice saws so people can send their saws to him instead of Fish to get sharpened. This interferes Fish when he is trying to make saws for sale.

Bun went to Winger and found out the Depot Café has closed its doors for business. No word if it is going to open up later this spring. It is hard to keep a business going in a small town.

Saturday afternoon Bun found himself in Mac at the Club having lunch with Laura Grant. They caught up on what each other had been doing. Laura and Beth Hagen were heading to Fosston in the evening to attend the Tango and cash fundraiser event at the civic center for Essentia Health.

Bun headed over to see Joyce at the living place. Judy Hagen and Lois Ostenaar were there visiting also. Judy and Joyce showed me some pictures of them and their sisters in dresses when they were young and pretty. They are still pretty but it is hard to believe they were young at one time.

Biggy from Moran's in Winger called Bun on Sunday afternoon and told him the football party was cancelled due to the blizzard conditions. Not one soul showed up for Dinner.

On January 29th, Matthew and Brian Massmann shot down to the Twin Cities and spent the night with Uncle Kenny "Press" Massmann before attending the North Star



Dani Winter and Josie Johnson played and had fun during Family Math Night at Win-E-Mac School on Wednesday, February 3rd.



Jayden Haugen had some help with the Math puzzles last Wednesday during Family Math Night at Win-E-Mac.



Melanie Nelson looked over the math work from Becca Arme last Wednesday at Win-E-Mac during Family Math Night.

Hockey Tournament. Saturday, the crew was met by Dale B. and Scott Sandberg. There was also a slug of people from Erskine and Bemidji in attendance. Although the Bemidji Beavers came in second it is very safe to say that everyone in attendance certainly had their fair share of fun. Plus the Gophers came in forth so what is not to love. Matthew was also on the road Tuesday and Wednesday where he spent time testing for the PA program in Grand Forks and visiting with Brian and Elizabeth in Crookston. Saturday, was also a special day as Matthew was in Bemidji to celebrate the Baptism of his second Godchild Brylee Bjerknes, daughter of Brandon and Angela Bjerknes. He was able to get back to Detroit Lakes before the Super Bowl Blizzard hit which interfered with the gang get together planned in Winger.

heart & love...

Continued from page 1 ...

bright red hue. Many other theories have been offered regarding the symbolic heart and its representation of love.

While there's no definitive correlation between love and hearts, the heart has become an accepted symbol of the emotion and the season of romance.

Giving Hearts Day at RiverView

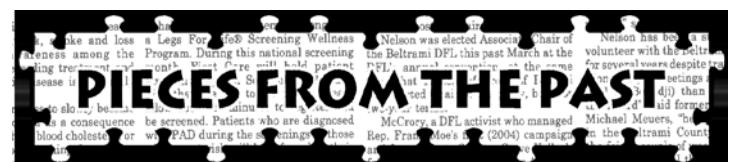
The RiverView Foundation is gearing up for one of the organization's biggest events - Giving Hearts Day, Feb. 11th. Giving Hearts Day is a 24-hour, on-line give-a-thon for RiverView and other non-profits through the Dakota Medical Foundation (DMF).

In 2015 the Foundation raised nearly \$100,000 in the 24-hour timeframe pushing the Foundation to a total of more than \$519,000 raised in eight years of the event; or more specifically eight, 24 hour days.

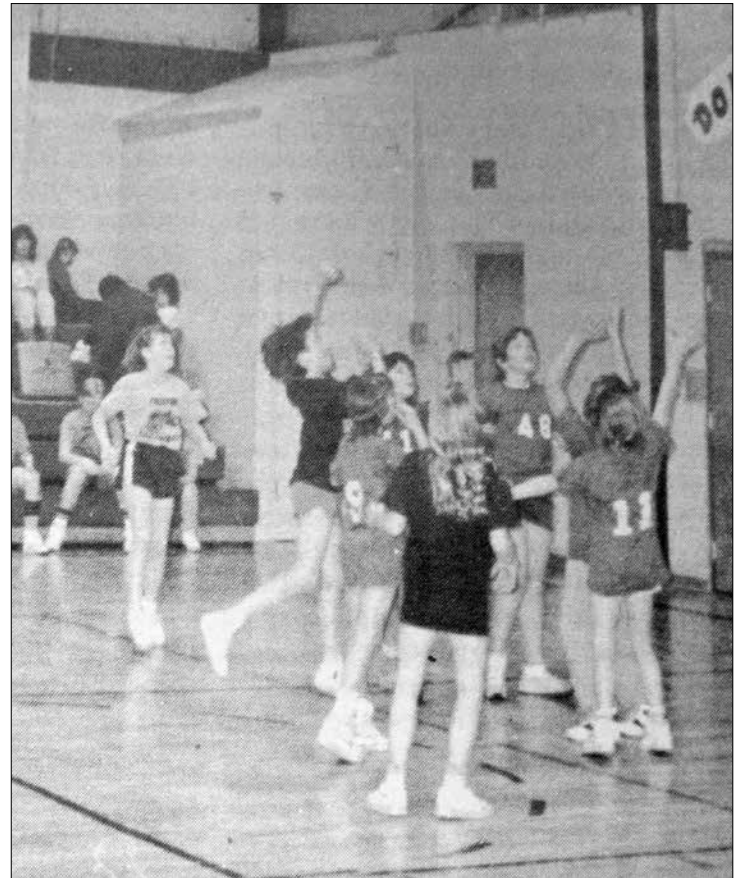
This year marks the ninth annual DMF Giving Hearts Day match program. DMF and other generous donors will match, dollar for dollar, online contributions to the RiverView Foundation of \$10 or more up to \$15,000. The match funding through the Giving Hearts Day program is only available on Thursday, Feb. 11th (12:00 a.m. - 11:59 p.m.). Donations must be made online at impactgiveback.org. Links will also be provided on the RiverView homepage at riverviewhealth.org and the KROX website at kroxam.com.

The Foundation Board has determined that undesignated 2016 Giving Hearts Day contributions will go to the SimPad System and CPR mannequins for "Life Saving" training, a Whirlpool tub for the Care Center, and an Audiometer for Rehab Services - Speech Therapy.

For more information about the Giving Hearts Day program, contact RiverView Foundation Director Kent Bruun at kbruun@riverviewhealth.org or by calling 218-281-9249. Or, if you would like assistance with your online donation, stop by Bruun's office, located near the RiverView Cafeteria, and he will take your information in a secure, confidential setting and input the information for you.



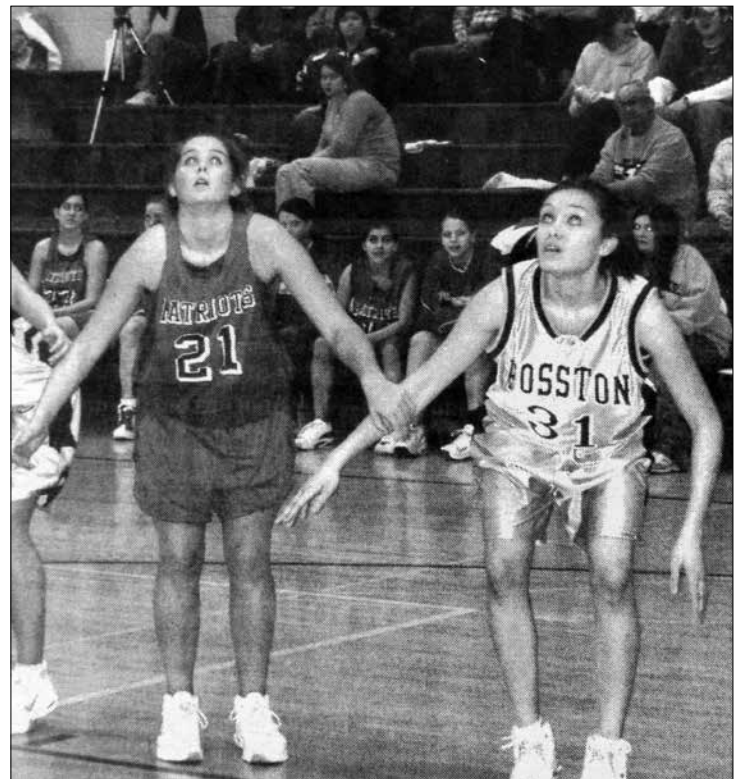
40 years ago...1976: Receiving the Teacher of the Year Award from PTA President, Vernon Rolf, at the Bicentennial President's Day program at the McIntosh School on Monday night, was Mrs. Harold Thompson, who is the 4th grade teacher.



30 years ago...1986: Elementary basketball every Saturday has a number of participants. Included are: Leah Sonstelie (48), Amy Middleton (11), Shooting is Robyn Jones, Liberty Lucken (9), and Jessica Pearce (41).



20 years ago...1996: Win-E-Mac Junior High Students chosen for Minnesota Art Awards were, L-R Back: Scott Brumwell, Brent Pulskamp, Kim Nelson and Tina Bursheim. Front: Holly Hamer and Tracy Howe. Not pictured: Stacy Kringleen.



Kelsi Kiecker (21) Prepared for a possible rebound as teammate Ashley Paquin attempts her last of two free throws in the Monday, February 6th match up with the Fosston Greyhounds. The Patriots lost to the Greyhounds in a hard fought game 56-66.

Regional Ag News

Jim Stordahl,
Extension Educator

Upcoming Events for Local Food Enthusiasts Farm to Institution Networking

Getting Minnesota apples, tomatoes, and other locally grown foods on the menus of schools and other institutions such as hospitals, long term care facilities and childcare centers requires cross-sector partnerships, community support and relationship building. The Northwest is one of four regional Farm to Institution Networking events taking place across the state between February and April.

The aim is attract buyers and growers from across the Northwest region to community host Thief River Falls, thanks to support from a number of organizations behind Thief River Falls' Growing Forward project.

The workshops are designed to meet the needs of the region and strengthen connections to advance partnerships between local farmers and community institutions. Farm to Institution builds strong communities, healthy people and resilient local farms, creating a

"win-win" for all parties.

Ample time for farmers + buyers to learn & connect

Educational introductions to Local Food Purchasing Regulations & Food Safety/GAPs

Community partners leverage shared goals.

REGISTER TODAY for the February 16th Northwest MN Event in Thief River Falls by contacting Grace Brogan - grace@rtinfo.org - 612-520-1675.

This event has been made possible by the Specialty Crop Block Grant Program (SCBGP) of the USDA, the Minnesota Department of Agriculture, the NW Regional Sustainable Development Partnerships, U of M Extension, TRF Growing Forward, Quin County Community Health Services - SHIP, the Minnesota Department of Health, and many local partners.

Local Foods College

Local Foods College is a series of eight sessions, meeting at 6 PM on Tuesdays from January 12 to March 1, 2016. This is the fifth year for this series, and the 2016 series will

provide many options for participants to interact with one another.

The webinar format is handy for many participants to access from home or office locations. There are also public sites that offer opportunity to network with your neighbors. <http://localfoods.umn.edu/college>

Remaining Schedule of Sessions

February 9, 2016 ~ Food Business Regulations

February 16, 2016 ~ Animals on Your Homestead

February 23, 2016 ~ Scaling up for Markets - Benchmarking, Engaging Economic Development

March 1, 2016 ~ Farming in a Controlled Environment

Local Foods College is free, but registration is required to provide you access to the Moodle classroom.

Please register online, or use the printable brochure, both available on this website: <http://localfoods.umn.edu/college>.

For more information, contact me at 800-450-2465 or stordahl@umn.edu

Random Things and Stuff



Woodcarving
By: Emily L. Ferden

Woodcarving has to be one of the oldest traditions in our human history. It could have very well been started way back to the time of Adam and Eve. This remarkable art had, at one time, been highly common to run across. Nowadays, you don't hear about it as much as maybe 100 years or so ago. I for one, knew what woodcarving was, but didn't know all the hard work and detailed skill that went into it until meeting my fiancé.

My fiancé has been carving since he was 7 years old. In his family, there is a long line of woodcarvers. Cory was blessed to be able to watch his grandfather carve and turn ordinary blocks of wood into remarkable pieces of art. He was fortunate enough to have his grandfather by his side showing him the tricks of the trade, and Cory picked up the art very fast. His grandfather and him would sit and carve fish de-

coys as well as other animals. The Bethel family has a long line of carvers that have been mentioned in various carving places across the state.

After his grandfather passed away, fishdecoys.net said this about him "Another great era carver is now gone". Since his passing, Cory has continued to carve, but with the business of life, hasn't done as much as he would like. In our home, we display his carvings as great works of art that took a lot of time and patience to complete. If you go onto fishdecoys.net, you will be able to see the full stories of the Bethel decoys.

This is one art that hasn't been as common as it used to be, but there are still areas that recognize woodcarvers. You can find different carving shows online or checking the local papers as to when they are occurring. It is a pretty fun experience to see the time and talent it takes to carve.

Cory is just one of the carvers in his family. His uncle and cousin are also carving decoys and going to shows. Besides woodcarving, this family is also very talented in painting, quilting, and photography. Sometimes we are more focused on the latest television

show or party going on, that we don't take the time to notice art any more. I encourage you to visit a local art museum, or even just to sit down and color. Let the imagination flow!



Win-E-Mac Book Fair February 16th - 19th

Win-E-Mac will host a Scholastic Book Fair Tuesday, February 16th through Friday, February 19th, from 8:00 am to 3:00 pm. Funds raised will help purchase books for the media center and classroom libraries. Families, faculty, and the community are invited to attend this fun reading event that helps inspire children to become lifelong readers.

The Book Fair will feature a special open house the evening of parent teacher conferences with door prizes and crafts on Thursday, February 18th, from 1:00 pm to 7:30 pm.

When:

The Book Fair will be open daily from 8:00 am to 3:00 pm, Tuesday, February 16th through Friday, February 19th.

Where:

Win-E-Mac Media Center
The Book Fair offers specially priced books and educational products, including popular series, award-winning titles, new releases, adult bestsellers, and other great reads from dozens of publishers.

Right: Tyra Wilson plays a good defense during the Win-E-Mac vs. Ada Borup Girls Basketball game at Win-E-Mac School on Monday, February 1st.



In a narrow win over the Ada-Borup Cougars (55-54), Alayna Espeseth works at keeping the Cougars from scoring.



Kelsey Knutson keeps her eye on the ball during the Win-E-Mac vs. Ada-Borup game February 1st.

Superintendents Notes

By Randy Bruer

lighting and sound, which have been rebid with a lower cost. To date, all items on the list have been installed and completed. We are now doing light and sound commissioning to insure that everything works properly.

Read 180

Read 180 is a new researched based reading program that Win-E-Mac started this year in an effort to improve student reading lexile. At the February school board meeting several staff members who have been trained in Read 180 presented an update of the program performance and what a difference it has made for students with low reading skills. It is a program designed to bring students reading and comprehension levels to their grade level. We have seen significant gains from many students and fewer discipline problems because of their deficiency in reading and comprehension. Students like the program and are more encouraged to read. We have many teachers who have been trained to assist with reading



and the use of the Read 180 Curriculum.

Employment

The school needs your help as a sub in the school. Custodial, Para and teacher subs are needed. If you have the desire to work in any of these positions, please call the District Office and speak to the Superintendent. If you would like to drive a bus full time, half time or as a sub, please call. We need to begin the process early to get the bus driver license.



Wed. Feb. 10: Breakfast: Assorted Cereal, Cheese Omelet, Toasted English Muffin, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk
Lunch: Fish Sticks, Macaroni & Cheese, Buttered Peas Fresh Vegetables, Fruit Choice, Milk Choice

Thur. Feb. 11: Breakfast: Assorted Cereal, Breakfast Sandwich, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk
Lunch: Lasagna, Corn, Lettuce Salad w/dressing, Garlic Bread Sticks, Jell-o Poke Cake, Fruit Choice, Milk Choice

Fri. Feb. 12: Breakfast: Assorted Cereal, Yogurt Parfait, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk
Lunch: Choice of Soup, Choice of Sandwich, Ice Cream Treat, Fresh Vegetables, Fruit Choice, Milk Choice

Mon. Feb. 15: No School

Tues. Feb. 16: Breakfast: Assorted Cereal, Mini Pancakes, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk
Lunch: Taco & Tator Bowl (lettuce, Cheese, Bl. Olives, Tomatoes, Salsa & Sour Cream), Refried Beans Fruit Choice, Milk Choice

Wed. Feb. 17: Breakfast: Assorted Cereal, Breakfast Sandwich, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk
Lunch: Chicken Ala King, Buttermilk Biscuit, Cole-slaw, Green Beans, Brownie, Fruit Choice, Milk Choice

Thur. Feb. 18: Breakfast: Assorted Cereal, Breakfast Pizza, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk
Lunch: Sub Sandwich w/ all the fixings, Baked Chips, Cookie, Fresh Vegetables, Fruit Choice, Milk Choice

Fri. Feb. 19: Breakfast: Assorted Cereal, Sweet Roll, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk
Lunch: Pizza, Corn, Lettuce Salad w/dressing, Granola Bar, Fresh Vegetables, Fruit Choice, Milk Choice

WEM School Menu

WEM ECCE

Fun Friday Playdates! Fridays 10-11:30am WEM Prek Room Ages 0-5yrs old

Join us in our classroom for themed learning stations, stories, songs and snacks!

2/12 Valentines!

2/19 Brush Brush! Dental Health Month!

ECCE is for children 0-5 yrs old and families. Classes and Events are FREE unless noted. Pre-registration is not required. Contact Shannon Svalen, Early Childhood Director at 218-687-2236, Like us on Facebook "WEM Early Childhood Family Education", or email: ssvalen@win-e-mac.k12.mn.us

WEM School Announcements

FYI -

The 2nd quarter report cards are now available on Student/ParentVue for your viewing.

Prom sign-up forms are available in Mrs. Winter's room.

All couples must sign-up ahead of time.

WEM seniors and juniors are invited to attend the prom with a guest who is a sophomore or older in our out of school but no older than 20 years of age.

Prom will be held May 7th.

There is a baseball camp opportunity at University of Minnesota Crookston - hitting, defense, strength and conditioning camp - February 21 - 2:00-6:00 p.m. and pitching and catching camp - February 21st - 10:00 a.m.-1:30 p.m. See Mr. Breibach for more details.

College representatives coming to WEM - sign up in Mrs. Jore's room to visit with them - 12:30 p.m. - February 19th - Northland College and at 12:15 p.m. February, 26 - Moorhead State University Moorhead will be in the Media Center.



The WEM 3rd grade classes spent Tuesday, February 2nd at the Agassiz Environmental Learning Center in Fertile, MN. While there they learned the art of cross country skiing to explore the winter trails of the Fertile Sand Hills. Students also spent time learning winter survival skills as well as animal survival skills and winter habitats. A special thank you to the Erskine American Legion for the monetary donation that made this experience possible.