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McIntosh, Minnesota



Win-E-Mac Patriot Paige Breckel with her parents, Holly and Jason and sister, Mae during Parent's Night for Volleyball last week at the school.



The Kaupang family during Parent's Night. Vance, Grace, Terry, Jackson, Lauren and in front, Emma.



Kylie Geray with her parent's Nick and Shawna for Win-E_Mac Patriots Volleyball Parent's Night.



Win-E-Mac Kindergartner's 3rd graders and 6th graders were visited by members of the Erskine Fire & Rescue Department during Fire Prevention Week last week. Here, Jesse Hickman shows the equipment that Tyler Brekken is wearing with his fire uniform.

Nationwide data breach involves Win-E-Mac school

It has been determined that a nationwide data breach impacting more than 13,000 schools and universities in the United States also affects students in districts served by the Area Special Education Cooperative which includes Ada-Borup, Climax-Shelly, East Grand Forks, Fertile-Beltrami, Fisher, Fosston, Norman County West, Norman County East, Red Lake County Central, Red Lake Falls, Stephen-Argyle Central, Warren- Alvarado-Oslo, and Win-E-Mac.

Fargo, West Fargo, Moorhead, and Bismarck public schools previously reported being affected by the breach in a version of a data management platform called AIMSweb, which is owned by Pearson Clinical Assessment.

The data contained in the file, as provided by Pearson, included student first name, last name and in some instances a school ID number. There were

approximately 2,000 students who had first and last name affected by the breach and of those approximately 165 had the student's school ID number included.

Pearson has indicated there is no evidence any data accessed by the breach has been misused. Pearson Clinical Assessment is offering complimentary credit monitoring from Experian for people affected by the breach.

Parents can find more information on those services by calling 866-883-3309, or by emailing aimsweb1request@pearson.com.

In the email, individuals are asked to provide their name, a statement of the situation and whether they would like the credit monitoring information. They'll then receive an email with links and instructions on signing up. Any family in the affected districts can sign up for monitoring.

Create a fire safety plan

Fire safety protocol gives people the ability to get out of a building promptly and safely in the event of a fire.

Fires are unpredictable and can cause devastating loss of life and property. The U.S. Fire Administration states that, in 2017, there were 1,319,500 reported fires that resulted in 3,400 deaths and 14,670 injuries in the United States.

Travelers Insurance company advises people to develop a comprehensive fire safety plan, which can help save lives when used in concert with functioning smoke and carbon monoxide detectors.

However, the National Fire Protection Association says only about one-quarter of households actually have developed and practiced a fire-escape plan or have taken measures to prevent fires around their homes.

Here are some ways to stay safe.

- **Repair or replace malfunctioning kitchen appliances promptly.** Keep them clean and always use them according to manufacturer's instructions.
- **Do not leave a room while cooking.** The Consumer Product Safety Commission says that most kitchen fires, which can ignite in as little as one minute, start after someone left the room.
- **Keep a fully charged and functioning fire extinguisher on the premises,** preferably one on each floor of a home or business.
- **Do not overload power strips with plugs,** and have a licensed electrician inspect and suggest updates to antiquated wiring systems.
- **Teach children about the dangers of playing with fire.** Keep matches and lighters away from children.
- **Pull together all members of an office or house-**



hold to come up with an effective evacuation plan. Walk through the building and inspect all possible escape routes. Mark two ways out of each room. If a window exit is recommended, have a functioning ladder that can provide safe egress.

• **Choose an outside meeting place** that is far away from the residence or building, but close enough that it can be easily reached by all.

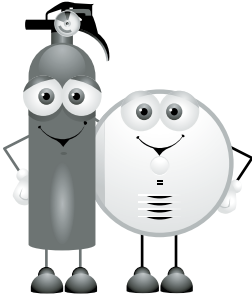
• **Set up a buddy system so that certain members of the family or company** will be responsible for helping elderly,

Fire...
Continued on page 4 ...

No School



There will be no school at Win-E-Mac on Thursday, October 17 and Friday, October 18th due to MEA.



Community Calendar

Wed. Oct. 16: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. Oct. 17: Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Fri Oct. 18: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. Oct. 21: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Tue Oct. 22: Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Wed. Oct. 23: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. Oct. 24: WEM School early release 12:30pm; Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Fri. Oct. 25: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. Oct. 28: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Tue. Oct. 29: Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Pestle & Vessel

by Alison Opdahl

Eternally Minded

Ignorance is not innocence. I was brushing my teeth, running through all the tasks needing to be done before I left the house early on a Saturday morning. And that's what the Ruach said to me, "Ignorance is not innocence." What was I supposed to do with that? After dropping Dinah off, I decided to process and praise on my way to the tutor meeting.

My last six years have been full of spiritually leveling-up. What's that? Well, for me it looks like digging down on assumptions, looking for their roots then realizing their untruths. My perceptions were firmly grounded in isolated experiences, narrow assessments and the big one: fear.

I wanted to claim my identity as the daughter of the King in all the comfortable ways. The traditions and teachings I had grown up with as a pastor's daughter. The familiarity of countless Sunday School, VBS, and Bible Camp experiences. The equipping at Bible School was intense and challenging... yet the greatest challenge arrived twenty-two years later. I had spent the intervening time in ministry, service and healing. Surely my

identity was shored up by my forty-two years of walking the road of faith.

I was ignorant of the higher calling I had been created for; I was—to my chagrin—self-satisfied. I was guilty but not in the way most of us might think of guilt.

I was certainly sinful but that's not where that guilt sprang from. I was guilty of not seeking to level-up. Because leveling-up is a process—it's an attitude. You see, I was ignorant by choice. I let others do the seeking for me. I let others share their conclusions and I did not test them.

I am unique. There will never be another me. I am a promise of potential this world has never seen before and never will again. And in my ignorance, I was throwing it all away. My ignorance was not innocence. I am accountable because I exist. And why do I exist? I am intended to be "worship." The very fact I am made in the image of YHWH is the greatest testament to that immutable fact. My actions and will are to be constrained by the teaching in the Torah. The first five books of the Bible are the bedrock of my understanding of my identity and my

role as woman. As I have been exploring these scriptures in light of Hebrew context, many of my paradigms have been turned upside down.

And now—because you have read this, you don't have the luxury of being ignorant either. And perhaps you aren't. Yet if there is an area in your life which could bear the scrutiny of the Ruach Ha-Kodesh, I urge you to welcome it. Do not strive against it—or worse, ignore it as I did. Be strong enough to be vulnerable with the One Who created you, your Elohim. Trust His provision not just in the worldly sense of food and shelter but in the eternal sense as the Keeper of your soul. For it is our eternity we are investing in now. This life has no lasting value unless we are eternally minded.

And as we level-up may we stand with our feet firmly planted on the ledge—not hanging on the edge with our fingertips. May we greet the challenge of exchanging our ignorance for knowledge and wisdom. "Behold the Keeper of Israel neither slumbers nor sleeps. Adonai is your Keeper. Adonai is your shadow at your right hand." Psalm 121:4-5.



MSL Veteran's Day Program

The annual Veterans Day celebration will be held on Monday, November 11 at the McIntosh Senior Living facility. This is sponsored by McIntosh Friends of Veterans.

A Quilt of Valor will be given to a Veteran and a speaker has been obtained.

More information will be put in the McIntosh Times next week

Did you know?

The term "diabetic eye disease" refers to a group of eye conditions, such as diabetic retinopathy and diabetic macular edema, that can affect people with diabetes.

The National Eye Institute notes that all forms of diabetic eye disease can potentially cause severe vision loss and even blindness.

However, the NEI says that vision loss can be prevented or delayed if diabetes patients take their medications as prescribed, stay physically active and eat a healthy diet.

Seeking timely treatment by consulting a physician the moment they notice changes in

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325 Scots Ave SE
McIntosh, MN 56556
Reserved minimum bid

M30C

NWMAC gallery opens at Tech College in Thief River Falls

The Northwest Minnesota Arts Council (NWMAC) is pleased to announce that our new exhibition space will be located at NCTC in Thief River Falls.

NWMAC will have exhibits in the gallery for much of the year with the Northland Visual Art Department taking over the space at the end of each term. "It's a win-win opportunity for Northland and the Arts Council," explained NWMAC Executive Director Mara Hanel. "We appreciate this space to promote the arts and artists in our region and look forward to connecting with the public in a new venue."

The gallery will be open Monday through Friday from 8:30-5 PM and at other times when events are held at the college. To visit the gallery, enter through Door B near the library. Visitor parking is free in front of the business office.

According to Northland TRF Academic Dean Mike Curfman, "It is great for Northland and the Thief River Falls Community that the Northwest Minnesota Arts Council is going to be using the Northland Art Gallery as their new home for shows and exhibitions. We believe it is a great venue to showcase the many talents that people in our region have and look forward to this collaboration with the NWMAC."

their vision, however insignificant those changes may seem, is another way for diabetes patients to protect themselves against vision loss.

It's especially important that diabetes patients heed that advice, as the NEI notes that vision lost to diabetic eye disease is sometimes irreversible.

It's also important that diabetes patients know that help could be on the way, as the NEI is conducting and supporting research to find better ways to detect, treat and prevent vision loss in people with diabetes



ST. MARY'S CHURCH Fosston Fr. John Suvakeen, Pastor

Sun. Oct. 20: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
Sun. Oct. 27: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
If you have any questions please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH Winger/Bejou Supply Pastor Gordon Syverson

Sun. Oct. 20: 8:30am Worship at Immanuel; 9:45am Worship at Calvary
Sun. Oct. 27: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA) McIntosh Supply Pastor Gordon Syverson

Sun. Oct. 20: 11:15am Worship Service.
Sun. Oct. 28: 11:15am Worship Service.

GOSEN LUTHERAN CHURCH Independent Gary Johnson, Pastor www.gosen-church.com Face Book: Gosen Church

Sun. Oct. 20: 9:30 a.m. Sunday School and Adult Bible Study; 11:00 a.m. Worship Service

Tues. Oct. 22 : 10:00 a.m. Sunday worship service telecast on GVT7V-30; 1:30 p.m. Bible Study at Pioneer Memorial Care Center

Wed. Oct. 23: 7:00pm Bible Study at Sharon Ramberg's

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson
Wed. Oct. 16: 7:30pm Bible Study at Mt. Carmel
Thurs. Oct. 17: 7:00am Men's Breakfast at Mt. Carmel
Sun. Oct. 20: 9:30 Mt. Carmel Worship; 9:45 Trinity Sunday School for all ages; 10:45 Mt. Carmel Sunday School for all ages; 11:00 Trinity Worship

VERNES LUTHERAN CHURCH (LCMC) McIntosh

Pastor Jill Torgerson
Sun. Oct. 20: 9am Worship; fellowship coffee following worship
Sun. Oct. 27: 9am Worship; fellowship coffee following worship

DOVRE FREE LUTHERAN Pastor Don Edlunds

Wed. Oct. 16: 7:00pm Bible Study on Ezra and Nehemiah Everyone Welcome
Sun. Oct. 20: 10:00am Worship Service and Children's Sunday School
Wed. Oct. 13: 7:00pm Bible Study on R Ezra and Nehemiah. Everyone Welcome
Sun. Oct. 27: 10:00am Worship Service, Adult and Children's Sunday School

IMMANUEL LUTHERAN CHURCH McIntosh

Pastor Bruce Blocker,
Sun. Oct. 20: 9:00am Worship; 10:00 Fellowship Hour; 10:15am Sunday School
Sun. Oct. 27: 9:00am Worship; 10:00 Fellowship Hour; 10:15am Sunday School

GRACE LUTHERAN CHURCH NALC Erskine, Minnesota

Pr. Scott Baker, interim
Sun. Oct. 20: 9:00am Adult Bible Study; 9:15am Sunday School; 10:30am Worship
Sun. Oct. 27: 9:00am Adult Bible Study; 9:15am Sunday School; 10:30am Worship

RODNES LUTHERAN CHURCH Erskine

Pastor Joel Smeby
Wed. Oct. 16: 10:00am Bible Study at Crossroads; 7:00pm Bible Study at Rodnes
Sat. Oct. 19: 8:00am Men's Prayer Group
Sun. Oct. 20: 10:00am Worship
Wed. Oct. 23: 10:00am Bible Study at Crossroads; 7:00pm Bible Study at Rodnes
Sat. Oct. 26: 8:00am Men's Prayer Group
Sun. Oct. 27: 10:00am Worship

Special meetings at Mt Carmel

Mt. Carmel Free Lutheran Church in McIntosh will host Special Meetings with Pastor Brian Ricke speaking about Forgiveness: The Intersection of Faith and Family.

Meetings will take place Sunday through Wednesday evenings October 20-23 at 7:30pm. There will be coffee fellowship following the meetings on Sunday and Wednesday evenings. Pastor Ricke will also preach for the morning services at both Mt. Carmel and Trinity Free Lutheran Churches on Sunday October 20.

Pastor Brian Ricke became the lead pastor of Hope Lutheran Church in March of 2017. Prior to that, Brian pastored Living Hope Church in St. Michael, Minnesota and Calvary Free Lutheran Church in Arlington, SD.

Brian has a passion for preaching the Gospel of Jesus Christ and equipping all ages with the tools needed to live a life dedicated to the Father empowered by the Holy Spirit. He serves as a shepherd to feed, nurture, care for, and "grow" God's flock.

Early in his career, Brian had no aspirations to serve as a pastor. His perceived gifting was technology, and he was content to remain behind the scenes crafting an environment conducive to corporate worship. As his career progressed, Brian began teaching



Pastor Brian Ricke



Al Bauer (middle row, 2nd from left) celebrated his 75th Birthday with a party at the Deuce Bar & Grill in Erskine. Here he is with many of his family members who attended the celebration along with many friends and neighbors.

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Community Birthday and Anniversary Calendar

Wed. Oct. 16: Connie Strom, Calvin Schow, April Ostenaa, Brook Simonson
Thurs. Oct. 17: Adam Jore
Fri. Oct. 18: Steve Carlson, *Mark & Joan Lee
Sat. Oct. 19: Craig Espeseth
Sun. Oct. 20: Marilyn Graff, Holly Breckel, Jerry Weber, David Salvhus, Todd Enger, *Brady & Karol Langemo
Mon. Oct. 21: Kobe Hamre, Wanda Stordahl, *David & Sandy Salvhus
Tues. Oct. 22: Chris Bartz

McIntosh Times

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RiverView Health donates to Pirate Circuit Program

Area athletes are getting stronger thanks to a strength-training program started this summer, made possible, in part, with a donation for a weight machine from RiverView Health.

Nate Lubarski, who volunteered his time to get the program, called Pirate Circuit, started, describes the new machine as a seven-station universal weight machine that allows the weight to be changed quickly with the use of a pin. The workout the athletes get using the machine is based on time; therefore, the machine is beneficial because the weight can be changed in a matter of seconds.

Lubarski describes Pirate Circuit as ideal for beginners who are just starting to lift weight, as well as athletes all the way through high school. At the younger age, especially, the focus is on form and performing the lifts correctly. Lubarski said the beauty of this strength-training program is that it keeps moving quickly, with each session completed in 36 minutes, helping to keep the kids' attention. Because of the program's short time commitment, the athletes are able to work it into their practice time and maintain the training all year long, whether they are currently in a sport or are training for the upcoming season.

Pirate Circuit ran three days a week all summer. Currently, the seventh and eighth grade football team incorporates the program into its practices, the girls' soccer team uses the program two times a week, and Tim Moe, Crookston teacher/girls' hockey coach, supervises the program three days a week after school for those not cur-



Pictured above: Area athletes with Darcey Larsen, RiverView dietitian (center, back row), Nate Lubarski, and Tony Kuchan, RiverView physical therapist (far right).

rently in a sport but who want to continue training.

"I wanted to see this available in Crookston because I have seen the results first hand and know this program works," Lubarski shared of the program his father, Conrad, ran for many years in his hometown of Argyle.

Donations for Pirate Circuit came from RiverView, Crookston Youth Basketball, Hot Stove Hockey, Dee Incorporated, Crookston United Insurance and Biermaier Chiropractic. The City of Crookston donated space to use in the Crookston Sports Center and allowed changes to be made to the weight room in order to fit the machine and program in that space.

Lubarski thanks volunteers

who donated their time and knowledge to help the kids get stronger both mentally and physically.

He credits RiverView's Crystal Maruska, director of Rehab Services, and Tony Kuchan, physical therapist, with donating their time to help develop the program, coach and cheer the kids on; Darcey Larsen, dietitian, for teaching the athletes about the importance of a healthy diet and taking care of themselves; and Stacey Bruggeman, director of Marketing, for the idea of creating a commitment schedule with awards for goals met.

"The project would not have happened without RiverView," Lubarski reported. "I am so thankful first for the monetary donation towards the ma-

chine, but probably even more amazing was the commitment they made to the program itself. The time and talented people they made available to our kids was priceless. I can't tell you what a boost it is to a program when you have professional people willing to set your stretching routine for you and give kids needed and quality information on how to lift and take care of their bodies. A huge thank you to Carrie Michalski (RiverView President/CEO) for allowing her wonderful staff the time to be with us and share all their knowledge. It has been a heartwarming team effort from RiverView and I cannot tell you what a difference it is and will continue to make in the confidence and strength of our youth."

(Right) 40 years ago...1979: Ruby Ostenaa poses for one of the last times in front of the Felix Cafe which has been in the family about 15 years. The Cafe building and all its fixtures will be auctioned off.



50 years ago...1969: The royal court, Melanie Sorvig was crowned homecoming queen at McIntosh on Thursday evening. Her escort is Jim Benson. On the left are attendants Sandy Vaa and Rick Carlson. and on the right, Karen Salvesson and John Berg.



Farmers considering FSA Marketing Assistance Commodity Loans

Challenging markets have generated increased producer interest in use of farm-stored Marketing Assistance Loans (MAL), administered by USDA's Farm Service Agency (FSA). Farm-stored grain loans provide interim financing for producers to help meet cash flow needs without having to sell commodities when markets are at harvest lows. The MAL term is up to nine months and allows producers marketing flexibility until more favorable market conditions emerge.

Commodity Credit Corporation (CCC) interest rates for commodity loans disbursed in October is at 2.75 percent. The East Polk County FSA crop loan rates for 2019 are as follows: Wheat (HRS) \$4.09, Wheat (HRW) \$2.71, Soybeans \$5.87, Corn \$2.04, Barley \$2.37, Canola \$9.96/cwt., and Sunflowers \$10.42/cwt.

A producer may settle a non-recourse MAL prior to loan maturity through repayment or by forfeiture to CCC following loan maturity. Producers with grain under loan that will be sold prior to maturity can request a marketing authorization from FSA which gives them approval to deliver the mortgaged collateral to a designated buyer before the loan is repaid.

When a marketing authorization is issued and grain is delivered to market under the authorization, repayment is required from the elevator. Mortgaged grain should not be moved without prior approval from the FSA county office. Delivery of farm-stored commodi-



ties for forfeiture to CCC can only be made to an approved warehouse under UGRSA following loan maturity. FSA will work with producers to coordinate deliveries to warehouses at customary delivery points. CCC will determine the loan settlement value based upon the quantity and quality of grain delivered. CCC established premiums and discounts will be applied to grain forfeited for settlement. Should there be a deficiency on loan settlement due to quality or quantity repayment is required based upon the difference between the loan rate and determined settlement value. Interest would apply on all settlement deficiencies calculated from loan disbursement through the repayment date.

"Producers are encouraged to plan ahead when filing for a commodity loan as loan dis-

persal takes a few days to process and disburse," said CED Nathan Johnson, County Executive Director in East Polk county.

To initiate a loan application, producers must certify stored quantities of commodities for which MALs are being requested, including storage location, bin number, bin circumference, height of grain, test weight, moisture, and any quality concerns. The quality of the commodity in farm storage must be maintained throughout the term of the loan. Producers are responsible for both the quantity and quality of the loan collateral while it is under loan.

For more information regarding Marketing Assistance Loans and FSA programs, contact the East Polk county FSA office at (218.563.3615) or visit fsa.usda.gov/pricesupport.



30 years ago...1989: 4-H Consumer Choices Judging Team representing East Polk County at the Minnesota State Fair were: (l-r) Patricia Swanson, Woodside 4-H; Anita Skeie, Footlake 4-H; Tanya Wilson, Woodside 4-H; Sarah Krueger, Independent 4-H; and Lynette Swanson, Woodside 4-H.



10 years ago...2009: The annual "Mac Girls Get Together" was held at Myrna's house on Cotton Lake. Pictured from left to right: Becky (Grundyson) Vesledahl, Myrna (Pearson) Schmidt, Eileen (Hegg) Tommervik, Jackie (Knudson) Lindeen, Linda (Grundyson) Smith, and Pam (Bjella) Dillie.



Erskine Fire Department members, Tyler Brekken and Jesse Hickman demonstrate some of the fire fighters equipment to the 3rd graders at Win-E-Mac School.

WEM Student's of the Month

Win-E-Mac Student's of the month for October. The character trait: Leadership – The ability to provide vision, character, and solve problems.



Ava Howard (Science)

The science department selects Ava Howard as a LEADER. Ava has a take-charge, no-nonsense attitude in science class. She sets an excellent example of how hard work and determination create success. Ava LEADS her group discussions and activities with ease and open-mindedness. Her classmates seek her out for assistance due to her ambitious attitude toward learning. Ava is a great student and LEADER. Way to go, Ava!



Nathan Fortmann (Mathematics)

The Mathematics Department would like to recognize Nathan Fortmann for his work in Mathematics and his leadership within our school. Nathan shows a great perseverance and determination in his problem solving and studying. He sees an assignment as an opportunity to learn, not just a chore to get done, asking questions until he is confident he understands it. Nathan has a subtle but effective leadership. He leads by example with his attitude and actions. He is genuinely kind and considerate of others and speaks up when others need to be reminded to do what is right. He works through challenges without excuses or complaints. As a role model that can be admired and respected, he is a great student and athlete to have walking through our halls.



Felicity Andress (English)

Felicity Andress is the student selected by the English Department for exhibiting the quality of LEADERSHIP. Felicity is a positive, active and friendly influence in the classroom, halls and on the court at Win-E-Mac. She does quality school work while being helpful to those around her. She participates in discussion, is involved in many extracurricular activities and is very active-

ly helping her class and school fundraiser for the 2020 Prom. She is overall a busy person who makes her class and school a better place. Thank you, Felicity!



Remy Goodwin (Industrial Arts)

Remy is a student that shows great leadership because he has the ability to relate well with others and make them feel important. He also shows others a great example of work ethic, cooperation and the ability to bring people together to accomplish tasks. In Building Trades Remy has a can-do attitude that is contagious to others. He leads by example and shows others how to accomplish our goals with a positive attitude.



Mia Thompson (FACS)

Family Consumer Science Department recognizes Mia Thompson for her leadership demonstrated through her actions and attitudes among classmates.

Mia takes initiative rather than waiting for something to happen. She is aware of what needs to be done, makes a plan to implement it and sees it through to completion.

As a leader she fosters support and safety amongst classmates; she is quick to assist others tactfully and leads by example. I observe her ability to stimulate and motivate learning with her creative thinking as she adds to group discussions and projects.

Respect for others, honesty and confidence is evident whether she is collaborating with a team or working towards a personal goal.

Carry on Mia...being a leader!



Sydney Svalen (Fine Arts)

Leadership: An effective leader must exhibit certain qualities to positively lead others. Effective leadership need

not be loud or outspoken. It also does not involve the delegation of duties to others. Sydney Svalen leads by always setting a good example. She is quiet and unassuming, yet demonstrates leadership by her actions, such as the work ethic she displays in the classroom. Her commitment to hard work is contagious! Sydney is also a willing listener, and when she communicates with her peers they listen because of the respect they have for her. She shows genuine concern and compassion for others.

Sydney demonstrates leadership by being a good role model to not only her peers but younger students as well. She inspires others to be themselves and be their best! Thank you Sydney for demonstrating outstanding leadership traits!

"What you do has far greater impact than what you say?"
-Stephen Covey



Lindsey Espeseth (Social Studies)

Lindsey is a leader among classmates and in the student body in so many vital respects.

Effort – She regularly takes the lead in discussions and debate and whenever the situation requires someone to step up and get something done. She is also one of the first to admit when something doesn't work, and work to fix it. Thus, she is the perfect team player.

Passion – Nothing invigorates a teacher like having a student that “explodes” emotionally at times. Who gets fired up about injustice, beauty, and loyalty. Lindsey is one who isn't afraid to let her emotions erupt at times, waking up the sleeping masses, including myself.

Attitude – She cares about people and causes and family. She isn't grumping around the place, strewing dark vibes wherever she goes. She picks me up and makes each new day a joy for me to come to work.

Thanks for the type of person you are!!

WEM School Announcements

Drivers Education Classroom instruction will begin on October 21, 2019 from 3:15-6:15 p.m. Instruction will be held on the following dates: October 21, 22, 23, 24, 25, 28, 29, 30, 31, November 1 and November 4th as a makeup day.

Students are expected to complete 30 hours of required instruction. The cost per student for this class is \$60 and should be sent in with this registration from by Wednesday, October 16th.

Students who enroll in Drivers Education Classroom need to be 15 years old by June 1. This class and the written driving exam need to be completed before Behind the Wheel Instruction can take place.

The class size will be limited to 20 students. The oldest will be given the first chance and the remaining openings will be filled on a first come first serve basis.

There will be a supplemental parental course for the primary driving supervisor. The course will be 90 minutes and cover GDL information, safety risks for teen drivers, potential adult influence on teen driving behavior and additional resources.

The parent class will be Tuesday, October 15th from 6-7:30 p.m. in Mr. Hanson's classroom. Please pick up forms in the office.

Student Council will host their first blood drive on Wednesday, October 30th. Please sign up using the following link-



Fire prevention being taught to the Kindergartners at Win-E-Mac School by Firemen Jesse Hickman and Tyler Brekken.



A visit to school by Erskine Firemen during Fire Prevention Week.



The firefighters visited the 6th graders at Win-E-Mac school.

<https://www.bloodhero.com/index.cfm?group=op&step=2&opid=857192&opidh=79AD461C42941BA57D2825AE41F74704&idt=43727.5006481> or see a Student Council member to sign up.

WEM ECFE

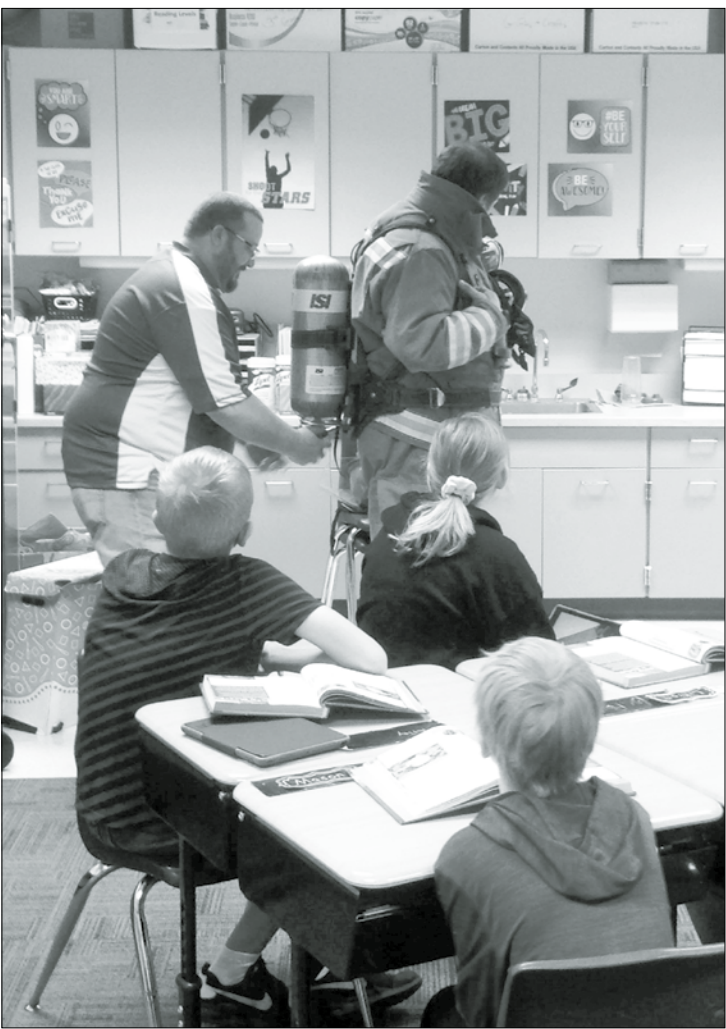
WEM ECFE
Join for fun, games and learning. WEM Early Childhood Family Education will meet on Mondays at 6:00 pm in the WEM preschool room. Follow WEM ECFE on Facebook for updates and class schedule information. ECFE is for parents and their children birth to preschool age. ECFE will have its first meeting on September 9, 2019.

ECFE is based on the idea that parents provide their child's first and most significant learning environment and parents are children's first and most enduring teachers. ECFE works to support you as a parent/caregiver and to strengthen and empower families.

The goal is to enhance the ability of all parents and other family members to provide the best possible environments for their child's learning and development.

Do you have a story to share?

If you have a story, a story idea or any photos you want to share, please send to: mcintoshtimes@gmail.com



The 6th grade class learns about the equipment used by fire fighters.

Fire... Continued from page 1 ...

young or disabled people exit the premises. Practice identifying escape routes, and institute regular evacuation plans so that everyone can function

quickly should a fire occur. Fires can spread quickly and easily claim lives. By addressing fire risks and implementing safety plans, people can save lives.

