



McINTOSH

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Times

Hub of the Thirteen Townships

McIntosh, Minnesota



Ron Roed celebrated his 70th Birthday with a lot of family and friends outside the First National Bank in McIntosh on Wednesday, July 3rd. In the background is Byron Kaupang who also was celebrating a birthday that day.



Isabelle and Jasmine Burthwick enjoyed many fun rides together at the Polk County Fair last week.



Out and about to enjoy the Polk County Fair was Neil Bursheim.

Lots and lots of bears...oh my!

With the numerous sighting and trail camera pictures of bears in our area this summer, including a recent sighting of a bear in the city limits of McIntosh, the following is information along with some reminders and precautions to take to keep bears away from your yard, animals and family.

Black bears are one of Minnesota iconic species. It is the only bear species that inhabits the state today.

The Minnesota Department of Natural Resources estimates that there are between 12,000 and 15,000 black bears live in Minnesota, but attacks are rare. In all of recorded history, there have been just six bear attacks in Minnesota, and none of them was fatal.

Bears live in forests, swamps and other areas with dense cover but will wander into clearings to feed. They are found mainly in the northern third of Minnesota, but range as far south as the interface between the forest and agricultural zones, where they utilize corn and other crops for subsistence

Conflicts between people and bears have increased as more people build homes and cabins and recreate in northern Minnesota. Conflicts between people and bears arise when bears damage personal property, beehives, livestock and agricultural crops.

Bears are common throughout northern Minnesota. Although bears live primarily in forested areas they sometimes wander into cities and towns.

A bear will take advantage of any foods available and will attempt to eat anything that resembles food in look, smell or taste. When natural foods such as nuts, meat berries, insects and tender vegetation

are scarce, bears search actively for anything to eat. This is when bears most often come in contact with people. When bears find a source of food they will usually return regularly.

To minimize bear problems on your property:

- Reduce garbage odors. Rinse food cans and wrappers before disposal.
- Compost vegetable scraps.
- Keep meat scraps in your freezer until garbage pickup day.
- Wash garbage cans regularly and use lime to cut odors.
- Keep garbage cans in a bear-proof container or in a garage until the morning of pickup.
- Remove bird feeders in the spring. If you persist in feeding birds during the summer, remove seed, suet, and hummingbird feeders at night.
- Keep pet food inside.
- Keep barbecue grills and picnic tables clean.
- Use an energized fence* to keep bears out of beehives, sweet corn, fruit trees and berry patches. Barking dogs, bright lights and noisemakers will sometimes discourage bears from coming into an area.

If a bear comes into your yard:

- Don't panic! Don't shoot! Don't approach it!
- Learn to tolerate bears. Many bears are killed or injured when not causing problems.
- Most bears fear people and will leave when they see you. If a bear woofs, snaps its jaws, slaps the ground or brush, or bluff charges, you are too close!
- Back away slowly.
- Go inside and wait for the bear to leave.

If a bear refuses to leave:

- Make loud noises or throw something to scare it away.
- Always allow the bear an escape route.

If the bear is treed:

- Leave it alone! The bear will usually go away when it feels safe.
- Have people leave the area.
- Remove your dog from the area.

Never feed bears--They will associate people with food and may become a problem.

People share in the responsibility to avoid conflicts with bears. Learning effective measures to prevent bear problems will help both bears and people. The best way to avoid bear problems is to not attract them in the first place.



The Polk County Sheriff's Office is developing a child safety prevention program for children and adults in our community.

The department is looking for donations for education material for all ages. The material will include information for kids to senior citizens.

To help cover the costs, they would like to ask for donations from area businesses and civic leaders. If you would like to donate, please contact the Polk County Sheriff's office at 218-281-0431.



Earl and Dianne Roed and Dale and June Carringer enjoy a cool treat of ice cream at the Polk County fair last weekend in Fertile.



Community Calendar

- Wed. July 17:** McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Thurs. July 18:** Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Fri. July 19:** McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; m
- Mon. July 22:** McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tue. July 23:** Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Wed. July 24:** McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Senior Meals @ Moran's 11:30am to 1:30pm
- Thurs. July 25:** Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Fri. July 26:** McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Mon. July 29:** McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tue. July 30:** Library 4pm to 7pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Wed. July 31:** McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm



McIntosh Senior Living is surveyed by the Minnesota Department of Health and the Minnesota State Fire Marshall every 9-15 months. The staff and facility has again had a deficiency free survey. Congratulations! Pictured is part of the staff at McIntosh Senior Living that were a part of the Annual Family Picnic held each year at the facility.



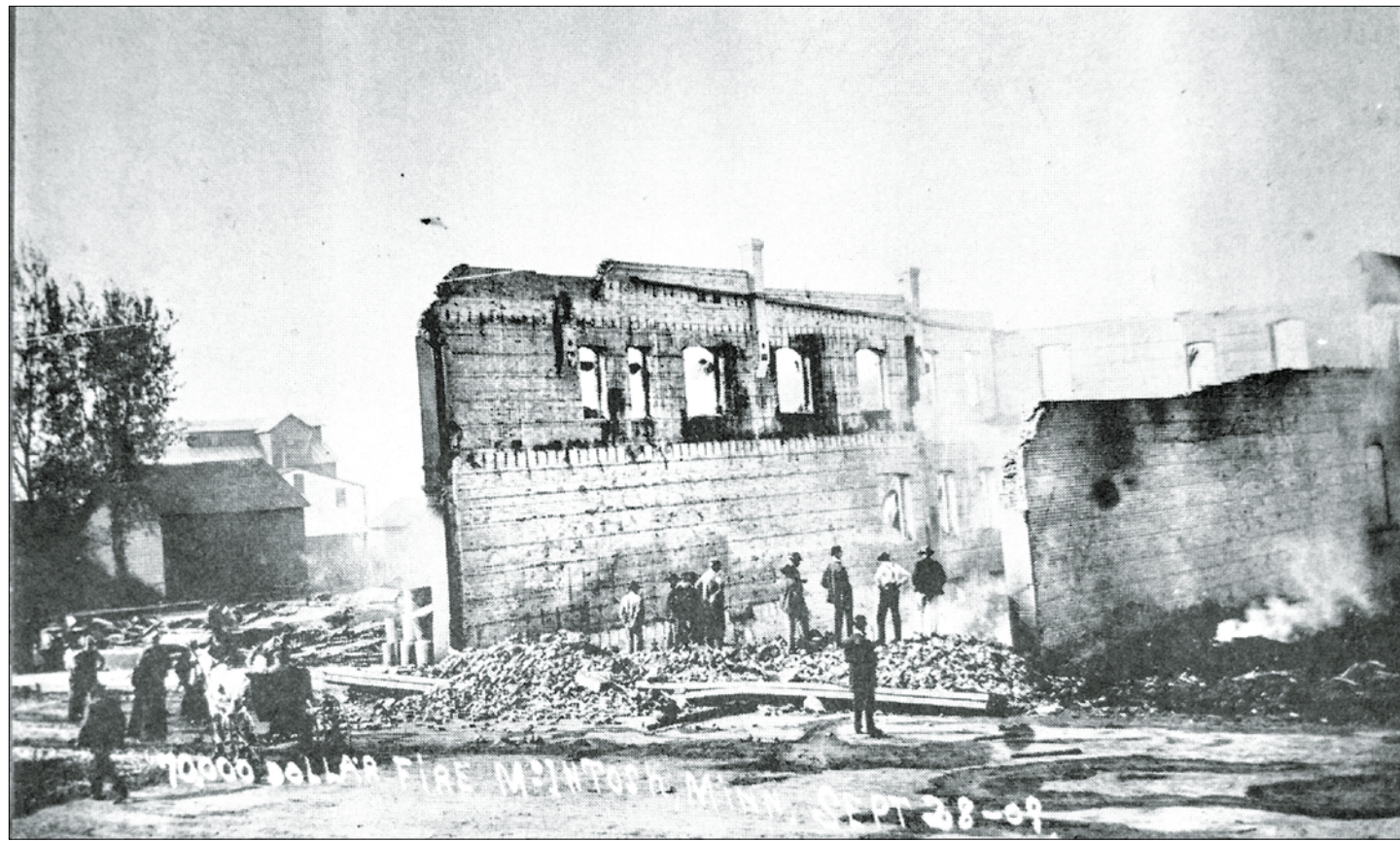
Wandering through antique and thrift stores a person runs into some interesting items. This past weekend I was surprised to come across a post card depicting the \$70, 000 fire of 1909 in our fair little city. In the post card photo, you see the Carpenter and Webster Department store and the adjacent buildings destroyed in the flames.

Calma Hoffard, a young schoolgirl in 1909, vividly recalled the details of the day the Carpenter and Webster store burned in The Centennial History of the Thirteen Towns of 1983. These are her words:

"There were no fire sirens in those days, but a fire bell which filled us with dread as it rang furiously. The bell meant fire and fires were big fears of my childhood. The worst one was the October fire of 1909 which destroyed a general merchandise and hardware store.

There were no school lunches served then; an hour at noon gave us time to go home to eat. This noon, the fire bell started ringing as I was on my way to school. I started running; the other kids did the same. Fire was only a block away, so we could see the flames!

I turned back toward school because I did not want to be tardy. Very few came back to school that afternoon so there were no classes. We just stood by



the window watching the fire.

No children were allowed to leave the school until their parents called for them. The mothers came, the fathers were fighting the fire. When my mother came, I sobbed like a child – I was frightened.

Exploding shells from the hardware store were shooting sparks all over town and starting other smaller fires. Two fires started near our home; one on the top of the Congregational Church (later known as Salem) and one in a pile of straw in the alley. Both fires were noticed at once and put out. (As a child, Calma lived in the house that was later the Mt. Carmel parsonage.)

We had a deep well outside our kitchen door which for some time supplied water to

the whole neighborhood. An antique system of 'running' water. The Lillesve's were one of our neighbors.

That afternoon Harry and his sister, Mabel, came to our well with pails and even a tub to be filled with water. They hauled this home; Harry climbed up on the roof and Mabel followed on a step ladder, handing him pails of water to wet the roof. No sparks were going to land there and start fire!

As I watched, a lumber wagon drawn by two frisky horses came into town. The wagon was full of men. We heard later that they were farmers who had left their work to come into town to help fight the fire.

About this time, orders were

given to all people who lived on main street to move out. As they left, they carried their most valuable possessions and deposited them in yards a block to the east. That is where we lived. My mother started carrying out furniture and clothing and on one chair hung my very best dress. It had been made by Harald Thompson's grandmother, who was a very good seamstress and did a lot of dressmaking.

The Abrahamsons (Rosetta's parents, Gilbert and Gunhild) had just moved into the house where the Richard Keller's lived. When their garage was destroyed, the Abrahamsons decided they would have to try to save the household goods. Friends helped them bring their belongings to the middle

of the street. On the table was a bowl and in the bowl was \$13.00. Only honest people saw that money because it was not stolen.

The north and south walls of the former Abrahamson Hardware Store (now Joan's Junk Connection) are the original walls of the store destroyed so many years ago the whole town could have been destroyed if it had not been for valiant, courageous, hard working firemen. Let us appreciate our heritage by celebrating with enthusiasm and gratitude the 100th anniversary of our fair and friendly area."

Source: *The Centennial History of the Thirteen Towns 1983.*

Essentia Health issues risk notification

Notification of protected health information breach.

Essentia Health is notifying more than 1,000 patients that their protected health information may have been at risk when a former vendor of Essentia Health's fell victim to a phishing incident.

Essentia Health is not aware of any actual or attempted misuse of this information, but as a trusted health care provider, it is important to us that our patients are made aware of this disclosure so they can take steps to protect themselves.

Essentia Health previously worked with a third-party vendor, Nemadji Research Corporation (aka "Nemadji"), to assist with billing services. To ensure prompt and appropriate delivery of these services, Essentia Health provided Nemadji with information about some of our patients.

Respecting its contractual obligations to Essentia and the strict federal privacy requirements imposed on third party vendors, Nemadji recently notified Essentia Health that

patient information may have been compromised during an email phishing incident.

Steps are being taken to thoroughly investigate the incident and ensure that the privacy of patient information is maintained.

Essentia values the trust that our patients place in us. "Please be assured that Essentia Health is taking this incident very seriously," says Julene Brown, Essentia Health Chief Compliance Officer. "Patient privacy is crucially important to us and we apply significant time and resources to safeguard all patient-related information. We apologize for any inconvenience this may cause our patients."

All patients affected are being offered free credit monitoring services. While letters were mailed to all patients who were impacted by this incident, questions from patients and the community about this incident can be directed to 218-786-6404, Monday through Friday, 8:00 a.m.-4:30 p.m.

Sarah Sibley/Ice Cream Social

A figure from Minnesota's history will come to life at the Museum in Crookston. On Sunday, July 21, 2 to 4 p.m., Connie Hannesson will give a historical portrayal of the life of Sarah Sibley, the wife of Minnesota's first governor.

Hannesson received a grant from the NW Minnesota Arts Council for an "authentic" costume, complete with a bonnet. She has given presentations at schools and other venues throughout the Red River Valley.

The presentation will be held in conjunction with an ice cream social. Ice cream, lem-

Did you know?.....

The Mediterranean diet has been associated with a reduced risk for various diseases, including heart disease, cancer, Parkinson's, and Alzheimer's diseases.

According to the Mayo Clinic, the Mediterranean diet emphasizes eating primarily plant-based foods, such as fruits and vegetables, whole grains, legumes, and nuts. The



onade, coffee and bars/cookies will be served.

Both events are free and open to the public. Free will donations will be accepted for the Polk County Historical Society.

For more information, contact Twylla Altepeter at 218-945-6120 or 281-6582, Sandy Kegler at 218-281-5204 or Anne Muir at 218-277-9639.

Mediterranean diet also emphasizes replacing butter with healthy fats, such as olive oil and canola oil, and using herbs and spices instead of salt to add flavor to foods. Consumption of red meat is limited to no more than a few times per month when following the Mediterranean diet, while eating fish and poultry at least twice a week is encouraged.



Harald Thompson and Milford Grundyson enjoyed a fine afternoon on Wednesday, July 3rd as they helped Ron Roed celebrate his 70th Birthday outside the bank in McIntosh.

Medicaid 101 class offered

Looking for Unbiased Information on Medicare?

Medicare 101 Class will Provide the Foundation.

When: Wednesday, August 7th, 2019

Where: Embassy Community Center, 603 3rd St NE, Fosston, MN 56542

Time: 4:00 pm-6:00 pm

There is no fee for this informational Medicare class and useful reference materials. Registration is not required.

Senior LinkAge Line® will provide a complete overview of Medicare, including what is covered under Parts A & B, enrollment guidelines, Minnesota options, Advantage plans (Part C), and Medicare prescription drug coverage (Part D).

Additional information is provided for eligibility, how and when to enroll, drug plan costs, choosing a drug plan, prescription assistance programs, and fighting Medicare fraud.

Senior LinkAge Line® is the State Health Insurance Assistance (SHIP) for Minnesota as designated by the Centers for Medicare Services.

For more information, please contact the Senior LinkAge Line® at (800) 333-2433.

Please join as we celebrate 130 years with a service on the Cemetery grounds

Sunday, July 28, 2019
at 2:00 pm
Asphult Cemetery grounds
in Rural McIntosh/Fosston

Bring a lawn chair or a blanket to sit on

From McIntosh, go 3.5 miles north on County Rd 8 to County Rd 25 (350th St SE), turn right (east) and go 5.5 miles. Cemetery is on left side.

From Fosston, go north on County Rd 6 about 8 miles, turn on County Rd 35 (west) and go about 2 miles. Cemetery is on the right.

If you have questions contact Wayne at (218)280-0730 or Larry at (218)431-1454.

M17-18C

MAC TO FLUSH WATERLINES

The City of McIntosh will be flushing waterlines and hydrants each Thursday throughout the summer. Residents are encouraged to watch for rusty or dirty water on these days. Fill washing machines to check water before adding clothes.

M11-27C



Community Birthday and Anniversary Calendar

Wed. July 17: Marvie Johnson, Nick Olson, Amy Carlson, *Nathan & Stephanie Frisk

Thurs. July 18: Larry Finseth, *Bret & Jill Schulz

Fri. July 19: Justin Schultz, Joshua Andres, Jake Juve, Sarah Schlaegel-Lundquist, *Randy & Julie Christianson

Sat. July 20: Darlene Solie, *Marvin & Janis Wickstrand

Sun. July 21: Patrick Rolf, Lukas Lindseth, *Sam & Amber Finseth

Mon. July 22: Madchen (Mae) Mero

Tues. July 23: Charley Carlson, Nicolai Sveen, Brady Langemo, Mary Kroening, Shannon Svalen, *Harald & Adella Thompson

Story to Share?

If you have a story or photos you want to share, please send to: mcintoshtimes@gmail.com

McINTOSH Times

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ST. MARY'S CHURCH Fosston Fr. John Suvakeen, Pastor

Sun. July 21: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Sun. July 28: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

If you have any questions please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH Winger/Bejou Supply Pastor Gordon Syverson

Sun. July 21: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

Sun. July 28: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA) McIntosh Supply Pastor Gordon Syverson

Sun. July 21: 11:15am Worship Service.

Sun. July 28: 11:15am Worship Service.

GOSEN LUTHERAN CHURCH Independent Gary Johnson, Pastor www.gosen-church.com Face Book: Gosen Church

Sun. July 21: 9:30 a.m. Sunday School and Adult Bible Study; 11:00 a.m. Worship Service

Tues. July 23: 10:00 a.m. Sunday worship service telecast on GVTN--30; 1:30 p.m. Bible Study at Pioneer Memorial Care Center

Wed. July 24: 7:00pm Bible Study at Sharon Ramberg's

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC McIntosh Trinity / Mount Carmel:

Pastor Karl Anderson
Wed. July 17: 7:30pm Bible Study at Mt. Carmel

Thurs. July 18: 7:00am Men's Breakfast at Mt. Carmel

Sun. July 21: 9:30am Worship at Trinity; 11:00am Worship at Mt. Carmel

Wed. July 24: 7:30pm Bible Study at Mt. Carmel

Thurs. July 25: 7:00am Men's Breakfast at Mt. Carmel
Sun. July 28: 9:30am Worship at Mt. Carmel 11:00am Worship at Trinity

VERNES LUTHERAN CHURCH (LCMC) McIntosh

Pastor Jill Torgerson
Sun. July 21: 9am Worship
Sun. July 28: 9am Worship

DOVRE FREE LUTHERAN Pastor Don Edlunds

Wed. July 17: 7:00pm Bible Study on Romans Everyone Welcome

Sun. July 21: 10:00am Worship Service and Children's Sunday School

Wed. July 24: 7:00pm Bible Study on Romans Everyone Welcome

Sun. July 28: 10:00am Worship Service, Adult and Children's Sunday School

IMMANUEL LUTHERAN CHURCH McIntosh

Pastor Bruce Blocker,
Sun. July 21: 9:00am Worship; 10:00 Fellowship Hour; 10:15am Sunday School
Sun. July 28: 9:00am Worship; 10:00 Fellowship Hour; 10:15am Sunday School

GRACE LUTHERAN CHURCH NALC Erskine, Minnesota Pr. Scott Baker, interim

Sun. July 21: 9:00am Worship

RODNES LUTHERAN CHURCH Erskine

Pastor Joel Smeby
Wed. July 17: 10:00am Bible Study at Crossroads; 7:00pm Bible Study at Rodnes

Sat. July 20: 8:00am Men's Prayer Group

Sun. July 21: 10:00am Worship

Wed. July 24: 10:00am Bible Study at Crossroads; 7:00pm Bible Study at Rodnes

Sat. July 27: 8:00am Men's Prayer Group

Sun. July 28: 10:00am Worship

Holy Communion 1st Sunday of every month. Visit us on Facebook at RodnesLutheran.

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Winger News

by Linda Pulskamp

Hello again Winger and the surrounding community, another week is behind us and we are already well into the month of July, guess the old saying time flies when you are having fun must have some meaning to it.

For those who have allergies, Saturday was certainly a miserable day for them with the heavy haze of smoke that was in the area, Sunday wasn't quite so bad but was glad when it cleared out. Then came Monday which was hot and windy and the storms that moved through on Monday night, was a hard wind and some rain but nothing too bad here, Fosston was hit hard with trees, branches and other damage that was done. The Theater had damage so they are closed until repairs can be made. All in all the area was fortunate. The rain we had was welcome, other areas are very saturated.

Fertile Fair started yesterday in Fertile, hope the rain is behind us so they can have a good run of weather for all the activities going on over in Fertile for the next few days.

Remember to mark your calendars as the Antique Tractor parade will be held in McIntosh on August 24 with the parade to commence at 11:00AM and following that there will be a tractor pull and there will be activities for the kids and food vendors on hand, so come out and enjoy the parade and all the activities planned for that day.

Milton Carlson's Corner

On Wednesday the 3rd Milton Carlson went into Fosston to pick up some groceries and while there he visited with Jessica and Cora Carlson, Cora being the 5th generation of the Carlson family.

Thursday the 4th of July Lonnie and , Judy Gieseke picked up Milton and they went to the Roy, Lisa and Ryan Schaumburg home for dinner, Mike, Kari, Terry and Olivayah Keller also joined the family for dinner.

Donna Carlson visited with Milton and while there mowed his lawn for him on Saturday the 6th, later in the day Paul Carlson visited and while there took out Milton's garbage.

Sunday the 7th Milton met Kari Keller and they attended church services together, after church Milton was a dinner guest of Mike, Kari, Terry and Olivayah Keller at the Keller home where they had a fun day together. Later that afternoon Donna Carlson picked up Milton with her golf cart and they went back to Paul and Donna's to see their garden. Milton commented that it is a very beautiful garden.

Brent Carlson was a Mon-

USDA helps ag producers cut energy costs

Rural Development State Director for Minnesota Brad Finstad today announced that the USDA is awarding six grants through the Rural Energy for America Program (REAP) for projects throughout Minnesota to reduce energy costs for farmers, ag producers and rural-based businesses and institutions.

"By reducing energy costs, renewable energy helps to open up opportunities for improvement elsewhere, like creating jobs," Finstad said. "USDA is committed to increasing economic development for rural small businesses, ag producers, and entrepreneurs through a multitude of programs and with the help of strong, strategic partnerships throughout the state."

Recipients can use REAP funding for energy audits and renewable energy systems such as biomass, geothermal, hydropower and solar or to make energy efficiency improvements to heating, ventilation and cooling systems; insulation; and lighting and refrigeration, for example.

Congress appropriated \$50 million for REAP grants and loan guarantees in fiscal year 2019. Under these announcements, USDA is investing \$1 million in renewable energy projects. USDA will make ad-

ditional funding announcements in coming weeks.

day the 8th visitor and coffee guest of Milton's at his home. Tuesday the 9th Lonnie Gieseke was a morning visitor and coffee guest of Milton's and also brought Milton's mail to him.

Last Friday Helmer and Verlys Homme traveled to Cass Lake where they spent the day visiting with three of Helmer's nieces and their families who were vacationing there.

Butch and Linda Pulskamp, Kelly Johnson and Reha Sanstead took in the 4th of July parade in Plummer. It was a very nice parade with the town filled with spectators that come from near and far to watch it. After the parade Butch and Linda Pulskamp, Kelly Johnson, Danny and Angie Brtek and family, Marv Engesether of Plummer and Brenden and Kylie Casavan and Michelle Johnson gathered in the Sanstead's backyard where they enjoyed a pot luck meal with Butch doing the grilling.

Helmer and Verlys were among the many that attended the 50th Wedding Anniversary open house in honor of Tom and Eileen Hegg in McIntosh last Saturday afternoon.

Reha Sanstead of Erskine and Marv Engesether of Plummer were Sunday afternoon visitors at the Pulskamp home.

On the 4th of July Betty Myhrum and David Myhrum were guests at the Chris and Susan Eischens home in Newfolden for a pot luck dinner with Chris doing the grilling. Later in the day they all went into Thief River Falls where they did some mini golf and rode the go carts, joining them there were Brandon and Alex Eischens, and Dakota and Kjerstie Poissant. Betty stated that all the family did the go carts but she opted out and just observed the fun.

Wednesday the 10th Reha Sanstead and Linda Pulskamp traveled to Wahpeton and from there accompanied Jessie, Sidnie, Skyline and Brylie Pulskamp to Hankinson, ND where they took in Skyline's softball tournament. Joining them were Dan and Sharon Bogenrief of Big Stone, SD.

That evening Skyline and Brylie Pulskamp accompanied Grandma home where they will spend a few days.

Mark and Betty Syverson were visitors last Sunday with Helmer and Verlys Homme at the Pioneer Home at Erskine.

So it is another week behind us and until next week may yours be a good one filled with sunshine, happiness and good friends.

Pictured right: 20 years ago...1999: The "fan gallery" plays an important role at any baseball park. This group of energetic spirited fans are cheering for the Win-E-Mac Cadet baseball team. Each of the fans have an assigned duty to perform as they follow the field play. (L-R) Connie Strom is a rules specialist, Beth Bruggeman tallies the runs, Nancy Jensen is a spiritual advisor, Denise Stark totals the outs, Nic Stark and Jarin Bjerke snag foul balls. Not present, but usually in the gallery: Helen Johnson, Susan and Jim Lee, Patty Morrison, and Paulette Kringle.



USDA extends deadline to report spring-seeded crops in MN

Producers in States Impacted by Floods and Heavy Moisture Must Report by July 22.

The U.S. Department of Agriculture (USDA) is extending the deadline to file crop acreage reports for agricultural producers in Minnesota impacted by flooding and heavy moisture.

The new July 22 deadline applies to reporting spring-seeded crops to USDA's Farm Service Agency (FSA) county offices and federal crop insurance agents.

"Agriculture operations throughout the state have been hit hard by heavy rains and flooding that have affected their operations," said Joe Martin, FSA State Executive Director in Minnesota. "The deadline extension provides more flexibility for producers who experienced planting and field work delays."

Filing a timely crop acreage report is important to maintaining eligibility for USDA conservation, disaster assistance, safety net, crop insurance and farm loan programs.

A crop acreage report documents all crops and their intended uses and is an important part of record-keeping for your farm or ranch.

Producers filing reports with FSA county offices are encouraged to set up an appointment before visiting the office.

Acreage reports from producers in Minnesota who set up appointments before the July 22 deadline are considered timely filed, even if the appointment occurs after the deadline.

The following exceptions apply to acreage reporting:

- If the crop has not been planted by the reporting date, the acreage must be reported no later than 15 calendar days after planting is completed.
- If a producer acquires additional acreage after the above acreage reporting date, the acreage must be reported no later than 30 calendar days after purchasing or acquiring the lease. Appropriate documentation must be provided to the county office.

"Even though the deadline has been extended, I encourage producers to contact their local FSA office today to schedule an appointment to report acreage," Martin said.

Other USDA Efforts to Help Producers

USDA is taking additional steps to help producers across the country, including:

- Updating the haying and grazing date for producers who have planted cover crops on prevented plant acres;
- Offering special sign-ups through the Environmental Quality Incentives Program for assistance to plant cover crops; and
- Extending the deadline to report prevented plant acres in certain places.

For more information, visit our Prevented or Delayed Planting webpage.

More Information

To learn more, contact your FSA county office or visit fsa.usda.gov or farmers.gov/prevented-planting.

Pictured right: 30 years ago...1989: Junior Scouts, Cathy Votava and Dena Sandahl, show a project that the Junior Girl Scouts have on display in the Reese-Hoilmen windows. They gathered old photos of people and buildings from the McIntosh area and made a Centennial exhibit that can be enjoyed by residents and visitors.



10 years ago...2009: The VFW members rode a trailer as "Grand Marshalls" behind a 1943 Farmall H driven by Roy Ostenaar. The riders are Roger Rolf, Ervin Mandt, Raynold Benson, Bob Vandervold, Ron Strom and Charles Svalen.



50 years ago...1969: Reserve Jersey breed champion of the twentieth annual Northwest Dairy Day 4-H and FFA Cattle Show held in Thief River Falls was this 2 year old shown by Mark Lee. Mark is the son of Mr. and Mrs. Marvin Lee of McIntosh.



40 years ago...1979: McIntosh Mayor, Ruby Ostenaar, poses with her brother, Sid Thompson who have purchased the Highlander Restaurant and have changed the name to "Flapjack County U.S.A.". A full menu of family meals will be offered in a newly redecorated atmosphere to satisfy the eating needs of people from off the four-lane highway and in all walks of life.





Ron Roed with daughter-in-law Katie Roed, wife Elaine, and granddaughter Heidee Smeby during his 70th Birthday celebration on Wednesday, July 3rd.



Ron's sisters were on hand to celebrate with their brother, Ollie Ferden and Donna Bruce (on the left), and friends Vicki Strom and Julie Paquin (on the right).



Surprising and celebrating with Ronnie were Roxanne Stordahl, Wayne Strom and Dianne Roed enjoying the beautiful weather.



Mark Lee, Bud Kiecker, Donnie Vaa, and Jim Lee came out to celebrate Ron Roed's 70th birthday. What do you suppose these four were talking about?

Student selected as a NASA High School Aerospace Scholar

Caitlin Sannes, a junior at Calallen High School in Corpus Christi, TX was selected to travel to NASA's Johnson Space Center (JSC) this summer to participate in the High School Aerospace Scholars (HAS) program.

Nominated by her state legislator, Caitlin was selected as one of 270 high school juniors from across Texas to be part of this unique NASA program.

During the school year, selected students completed a 16-week interactive, online curriculum including four distance-learning modules each containing four web-based assignments.

The onsite experience at NASA included working in teams, briefings and interacting with NASA experts, including top engineers and physicists to plan and design a mission to Mars. They also received in depth tours of NASA



facilities and research labs led by NASA scientists and engineers, some who even worked on the Apollo missions.

Caitlin's onsite experience concluded with a presentation of her teams proposal of their mission to Mars to attending parents, members of the Texas Legislature, Houston Livestock Show and Rodeo, Rotary National Award for

Space Achievement, and JSC senior management. The students then received their certificates as graduates of the Class of 2019 NASA High School Aerospace Scholars Program.

The state of Texas, in partnership with Johnson Space Center and the Texas educational community, developed HAS in 1999 to encourage more students to pursue studies and careers in science, technology, engineering and mathematics (STEM). The program has impacted more than 10,000 students from across Texas since its inception 20 years ago.

Caitlin Sannes is the daughter of Mark and Annette Sannes from Corpus Christi, TX and the granddaughter of Leslie and Mavis Finseth of McIntosh and Keith and Joanne Sannes of Erskine.



Sometimes even the moms have to have fun! Here, Leah Quam and Bridget Peterson enjoy a ride at the Polk County Fair in Fertile.



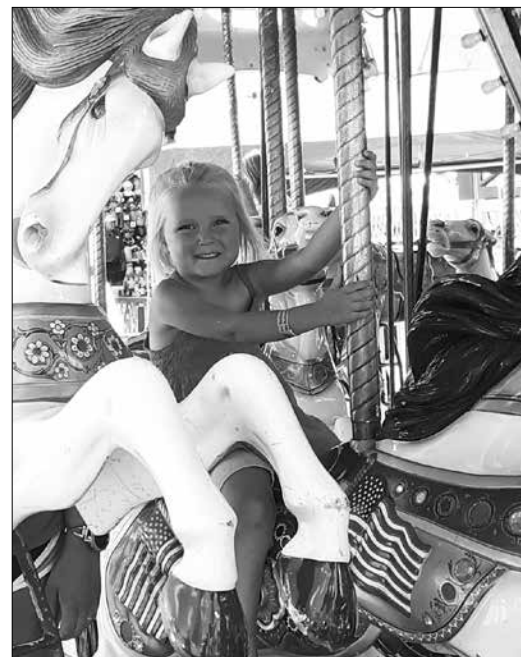
Sisters, Kaylen and Brynlee Bedard enjoy a ride on the Carousel at the Polk County Fair.



Auntie Brooke Clark takes Hazel Burthwick on the Carousel during the Polk County Fair last weekend.



Making friends with a camel at the Polk County Fair petting zoo is Kelsey Hedlund.



During the fair, Amelia Herberg enjoys a ride on the carousel.

Skewered chicken goes great on the grill

Grilling chicken is an easy way to transform this versatile food into something even more delicious. Various cultures serve chicken in kebab form after grilling it over an open flame, and taste is a big reason this particular method of cooking chicken is so beloved.

While you might not expect to see kebabs on the menu at your favorite Italian restaurant, "spiedini" is Italian for "little skewers," proving that Italian chefs recognize how delicious chicken can be when served in kebab form. In this recipe for "Spiedini of Chicken and Zucchini with Almond Salsa Verde" from "Cooking Light: Dinner's Ready" (Oxmoor House) by The Cooking Light Editors, skewers are paired with a zesty salsa full of nuts, herbs and citrus, which makes for the perfect complement to the smoky grilled flavor.

Spiedini of Chicken and Zucchini with Almond Salsa Verde

Makes 6 servings

Salsa:

1 cup chopped flat parsley



2 tablespoons chopped almonds, toasted
2 tablespoons chopped fresh chives
3 tablespoons capers, chopped
1/2 teaspoon grated lemon rind
3 tablespoons fresh lemon juice
1 tablespoon extra-virgin olive oil
1/2 teaspoon chopped fresh thyme
1/2 teaspoon chopped fresh oregano
1/4 teaspoon kosher salt
1/8 teaspoon freshly ground black pepper
1 garlic clove, minced
Spiedini:

11/2 pounds skinless, boneless chicken breast, cut into 1-inch pieces

6 small zucchini, cut into 1-inch slices (about 11/4 pounds)

Cooking spray
1/4 teaspoon kosher salt
1/8 teaspoon freshly ground black pepper

Soak 12 (10-inch) wooden skewers in water for 30 minutes to prevent burning.

Bring the grill to medium-high heat

To prepare the salsa, combine the first 12 ingredients; set aside.

To prepare the spiedini, thread the chicken and zucchini alternately on each of the 12 skewers. Coat the spiedini with cooking spray; sprinkle evenly with 1/4 teaspoon salt and 1/8 teaspoon pepper. Place on a grill rack; grill 6 minutes or until done, turning once. Serve with salsa.

Tip: Prepare the salsa up to a day ahead, and assemble the skewers earlier in the day. Coat with the seasonings just before grilling.



Suprising and celebrating with Ron were Geri Hulst, Ginny Frisk, and Andrea Stordahl.