

\$1.00

McINTOSH

Since 1888

Times

Hub of the Thirteen Townships

McIntosh, Minnesota



(Left to Right) Anne Schow, Karlie Schow, Nicholas Schow during the WEM Open House.



DeAnna Haagenson owner of Crown Pet Spa in McIntosh with her furry friends Tito (belonging to Pastor Karl and Debbie Anderson) and Easton (belonging to Brice and Andrea Stordahl).

Giving your pets the royal treatment

DeAnna Haagenson is a 1988 graduate of the Twin Cities School of Pet Grooming. She started a pet grooming business in McIntosh in 2003. Serving our local area and beyond, as far as Red Lake, Crookston, Ada, and the Fargo-Moorhead area as well.

Her skills and experience can be seen in each do groom that she does.

She handles the pets with gentle care which causes even the special needs dogs to have trusts in her and, “become some of her best babies,” she says.

DeAnna says she loves serving the community and the pets with grooming and boarding, “I know the importance of having a safe place to care for your dog’s when you are away from home, and the dogs love being here.”

Grooming removes bacteria from skin and coat of the dog and supports new cell regen-

eration, which aids in overall pet health.

Keeping your pets ears clean, glands checks and nails trimmed are also important to pet health. Nails that are too long can force toes to grow crooked or dogs to walk different to compensate for the long nails. This in turn can cause stiff joints and muscles, as well as spinal issues in older pets.

Good nutrition is also extremely important for animals as well as people. A lot of issues can be helped just by a change of diet. “Through my years of experience, I have learned how to evaluate certain diseases such as thyroid issues and allergies from bad pet food ingredients. I have seen many dogs have drastic changes in skin issues and ear and eye infections, when their diet is changed to Life’s Abundance,” said DeAnna.

Andrea and Brice Stordahl

McIntosh Craft & Market Day this Saturday

McIntosh will host the annual Craft, Market & Vendor Day on Saturday, September 19, 2015.

The day will begin around 9:00 am with vendors at the McIntosh Community Center and Fire Hall. There will be some vendors along the streets as well. businesses in town will be having specials as well on Saturday.

Both McIntosh Heritage and Arts Center Thrift Stores will be open from 9:00 am to

3:00 pm. The Store at The Shop offers household items and decor, and the clothing store is at the McIntosh Country Store, where all clothing is \$0.50.

There will be a book sale at the McIntosh Library from 10:00 am to 1:00 pm as well. If you are interested in donating books for the sale, please contact the Library or drop the books off during regular library hours.

There will also be Pie and Coffee Social at the Fire Hall.

There will be pies of all types for whatever your sweet tooth is craving. If anyone is interested in donating a pie for this fundraiser, please call Judi Lindseth at 563-2205.

Check out the rummage sales that will be around town too.

Make sure you get to McIntosh this Saturday to enjoy a day of fun and food.

The event is sponsored by the McIntosh Community Club.



Hannah Rolf of McIntosh won a purple ribbon, the top prize, with her with her winning Holstein 3 year old cow at the Minnesota State Fair. 26 youth from across Polk County attended the State Fair to showcase their projects. See back page for the full story.

WEM ECFE pumpkin patch trip

Join the Win-E-Mac ECFE as they go “over the river and through the woods” to the pumpkin patch!

Children from 0 to 6 years old with their parents, are invited to attend the annual trip to the Voxland pumpkin patch on Tuesday, September 29, 2015 with the bus leaving Win-

E-Mac School at 6:00 pm.

New to the program this year is preregistration and payment is required by all participants. Everyone participating in the trip MUST ride the bus from the school. The ECFE is requesting that no cars follow or meet the group at the pumpkin patch to ensure safety for all the participants.

The cost is \$4.50 per child which covers transportation to the event, all the activities and

each child will get to pick a free pumpkin.

Registration forms can be picked up at the school office, emailed or mailed and returned with payment to the school by Thursday, September 24th.

If you have any questions, please contact Shannon Svalen, ECFE Coordinator at ssvalen@win-e-mac.k12.mn.us or call either 218-687-2236 or 218-688-2170.



Fresh from the farm: 4th graders pick corn for school lunch at Vesledahl’s

The fourth grade class of Win-E-Mac Elementary began to harvest some knowledge this year by visiting a corn field planted by Vesledahl Farms. Steve and Bob Vesledahl planted a few acres of corn around the area this spring specifically for the Win-E-Mac School District.

The fourth graders were given a quick lesson in which cobs would be the best for picking and then were set loose collecting the best cobs they could harvest.

Students picked and shucked the corn and delivered

it back to the school. The corn was served the next day along with barbecued chicken, baked potatoes, a variety of fresh fruit and pineapple upside-down cake.

The fresh corn was fantastic and enjoyed by everyone at the school. Vesledahls invited the school back for another corn harvest as well as further donating fresh carrots to the school lunch program.

A huge thank you goes out to Vesledahl Farms for their time and effort in feeding our Win-E-Mac students!

Community Calendar

- Wed. Sept. 16:

McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Thurs. Sept. 17:

MHAC Thrift Store Open 10:00am -4:00pm; McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Bingo at The Club Bar & Grill 6:30pm
- Fri. Sept. 18:

MHAC Thrift Store Open 10:00am -4:00pm; McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Sat. Sept. 19:

MHAC Thrift Store Open 9:00am - Noon
- Mon. Sept. 21:

McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tues. Sept. 22

McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Wed. Sept 23:

McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Thurs. Sept. 24:

MHAC Thrift Store Open 10:00am -4:00pm; McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Bingo at The Club Bar & Grill 6:30pm
- Fri. Sept. 25:

MHAC Thrift Store Open 10:00am - 4:00pm; McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Sat. Sept. 26:

MHAC Thrift Store Open 9:00am - Noon
- Mon. Sept. 28:

McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm
- Tues. Sept. 29:

McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm



The Win-E-Mac 4th graders headed out to the Vesledahl farm to pick the corn planted for the Win-E-Mac School students lunch program this spring. Thanks to Steve and Bob Vesledahl.

THE WINGER ENTERPRISE

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Wednesday, September 16, 2015

Winger News

by Linda Pulskamp

Hello again from Winger and the Union Lake areas with another week behind us we are well into the month of September already. Time flies. After a muggy and sticky Labor Day week end our weather sure is feeling more and more like fall, but hopefully we will have a long fall and some Indian summer to go with it.

Bean harvest for some is right around the corner, many fields look like they are about ready to be combined. I do see as I drive that the deer are enjoying the bean fields.

With school in session and all the activities that go along with it, is a busy time for students and parents as well. Will soon have home coming festivities taking place.

On to the news and this has been a week that hasn't brought a lot of news but on to what I have.

Last Monday, Orton and Joyce Stardig of Bemidji visited with Martha Henney at her home in McIntosh. The Stardig's will soon leave for their winter home in Texas.

Chad Carlson visited last week at the Fern and Milton Carlson home and helped Milton with some chores around the house as well.

Manley and Vangy Hillestad of Mahanomen were last Friday visitors with Helmer and Verlys Homme at the Pioneer Home.

Dean Johnson and Kelly Johnson were visitors during the Labor Day week end at the Pulskamp home.

Laura Grant visited on Monday evening with Grandma Martha Henney at Martha's home in McIntosh.

Donna Carlson was a Saturday visitor with Fern and Milton Carlson at the Carlson home.

Carsten and Joanne Zahl were Tuesday evening visitors and coffee guests at the Boyd and Sylvia Bratager home.

Last Saturday James, Roxanne, Jamie, Justin, Jayden and Joslynn Peterson and Justin's friend Nicole of Isanti spent the week here with Fern and Milton Carlson and other family members. They had their camper parked at Judy and Lonnie Gieseke's farm while here. They helped celebrate a belated birthday for Milton, leaving for their home again on Sunday.

Helmer and Verlys Homme visited with Judy and Roy Raben last Sunday at the Raben home at Union Lake.

Tuesday evening Betty Myhrum was a supper guest of Lucy Brtek at the Brtek home.

Until next week and hopefully there will be more to share, may yours be a good one.

In closing, good friends are like stars, you don't always see them but you know they are always there.

From Bun Manor:

Pretty quite week at the manor. Scrap recently got back from a week long bike ride out to Denver with a few of his biker friends to see his cousin Paul Lucken. Paul is the son of Lars. Lars flew out for a few days to cook for the boys. Tami and Bun were glad to have him back. Tami needed her errands taken care of after a week.

Dani heard Bun wasn't feel-

ing so well so she was kind enough to bring him some homemade tomato soup and fresh sour scream pie from Ness café on Thursday after work.

Friday night Scrap had to take Bun to the emergency room in Crookston because Bun felt like he might be cashing in all his chips. Turned out he had a bad case of bronchitis. The Dr. told him he was glad he came in because his sodium level was dangerously low. This was because he hadn't eaten in three days and only drank water. You need to have sodium in your blood so your electrolytes don't get messed up. He was released the next day and is feeling much better now.

Sunday after church chief Dale cooked dinner for his mother Joyce out at Sand Hill ranch. He made her ham steak that he got from the 4H club, fresh garden potato's and green beans. They finished the meal off with a tasty Schwan's ice cream sandwich. Joyce told Bun that Dale is a good cook. For you single ladies out there who don't like to cook. Dale is still single

USDA commodity loans available to MN producers

U.S. Department of Agriculture (USDA) Minnesota Farm Service Agency (FSA) Acting Executive Director, Jane Ray reminds producers that USDA offers interim financing at harvest time to help producers meet cash flow needs without having to sell commodities when market prices are at harvest-time lows. The programs, known as Marketing Assistance Loans (MALs) and Loan Deficiency Payments (LDPs), were authorized by the 2014 Farm Bill for the 2014-2018 crop years.

"These are among the many tools offered by Farm Service Agency to help farmers navigate price and market conditions, so as we approach the harvest season, we encourage producers to consider these programs as a helpful option," said Ray.

A producer who is eligible to obtain a marketing loan, but agrees to forgo the loan, may obtain a loan deficiency payment if such a payment is available. The programs provide financing and marketing assistance for wheat, feed grains, soybeans and other oilseeds, pulse crops, rice, peanuts, cotton, wool and honey. For eligibility, producers must control the commodity or a title to the commodity until the loan is repaid.

FSA is now accepting applications for all eligible commodities. For expedited service, interested producers are encouraged to schedule an appointment. Other program restrictions may apply, including limits on total payments or gross income thresholds. Consult your local FSA office for further details. For more information, visit www.fsa.usda.gov/pricesupport. To find your local USDA Service Center, go to <http://offices.usda.gov>.

MALs and LDPs were reauthorized by the 2014 Farm Bill, which builds on historic economic gains in rural America

over the past six years, while achieving meaningful reform and billions of dollars in savings for the taxpayer. Since enactment, USDA has made significant progress to implement each provision of this critical legislation, including providing disaster relief to farmers and ranchers; strengthening risk management tools; expanding access to rural credit; funding critical research; establishing innovative public-private conservation partnerships; developing new markets for rural-made products; and investing in infrastructure, housing and community facilities to help improve quality of life in rural America. For more information, visit www.usda.gov/farm-bill.

MN Wheat Council seeking Board candidates

The Minnesota Wheat Research and Promotion Council is seeking candidates for three positions on its board of directors. Members of the Minnesota Wheat Research and Promotion Council are elected to direct Minnesota wheat check-off dollars to benefit wheat producers.

Board members must be wheat producers willing to serve as leaders and advocates for the Minnesota wheat industry and to work to improve industry profitability and viability.

To be considered, a person must have shared in the profits and risk of loss from producing wheat during the current or preceding marketing year.

Directors are elected to serve three-year terms, and the board meets approximately six times throughout the year. The following positions are open:

Area 1 Representatives: Two (2) Positions open:

Area 1 includes the counties of Beltrami, Clearwater, Kittson, Koochiching, Lake of the Woods, Marshall, Polk, Pennington, Red Lake and Roseau.

Area 2 Representative: One (1) Position open:

Area 2 includes the counties of Douglas, Grant, Otter Tail, Traverse, Wilkin, Aitkin, Becker, Carlton, Cass, Clay, Cook, Crow Wing, Hubbard, Itasca, Kanabec, Lake, Mahanomen, Morrison, Norman, Pine, St. Louis, Todd and Wadena.

Area 3 Representative: No Positions open:

Area 3 includes all counties south of Traverse, Grant, Douglas and Todd counties.

Minnesota wheat producers who are interested in running for a board seat need to indicate their interest prior to December 18, 2015.

To become a candidate you need to fill out a short candidate form. Call Minnesota Wheat Council Office 1-800-242-6118 extension 3, for candidate form.

Council elections will be held at multiple polling locations throughout Minnesota. These locations will be in conjunction with the Small Grains Update meetings the week of January 18-22, 2016. Alternatively eligible producers can request an absentee ballot by December 29, 2015.

Request a ballot by calling the MWRPC office or emailing Ruth White, Minnesota, Department of Agriculture, at ruth.white@state.mn.us. Absentee ballots need to be returned with a postmark of January 15, 2016.

Apple fast facts

Autumn is a time of year when homes get dressed up with scarecrows and jack-o-lanterns as kids plan their perfect Halloween costumes and seemingly every recipe has a touch of cinnamon and nutmeg added in for good measure. Apples also experience a surge in visibility come the fall.

Apples are one of the most widely-grown tree fruits and become available for picking in early fall. They can be put to use in all different types of food applications - from desserts to sauces to beverages. As a stand-alone snack, apples are a healthy source of antioxidants and fiber. Apples have many other qualities and an interesting history. Consider these facts about apples.

· The term "apple" comes from the Olde English word, "aepel."

· Apples are believed to have originated somewhere between the Caspian and Black Seas, but now they are grown all over the world.

· The main producers of apples in the United States include the states of Washington, New York, Michigan, Pennsylvania, California, and Virginia.

· There are thousands of different apple varieties.

· Apples were taken to North America by European settlers.

· Honeybees are a popular pollinator of apple trees.

· Apple seeds contain a small amount of cyanide compound. They're not harmful if eaten in small quantities.

· Many apple harvests are still picked by hand.

· Fifteen types of apples account for 90 percent of total production. Red Delicious, Gala, Golden Delicious, Granny Smith, and Fuji lead the way.

· A bushel of apples weighs 42 pounds while a peck weighs approximately 10.5 pounds.

· The crabapple is the only apple native to North America.

· Apple trees won't bear their first fruits until they have matured four to five years.

· The largest apple picked weighed three pounds.

· Apples are good Halloween bounty to receive in lieu of candy. The nutritional benefits of apples spurred the saying, "An apple a day keeps the doctor away."

· It's fun to go apple-picking, and many people flock to orchards in September and October to pick their own apples.

Sources: University of Illinois Extension, Eat This!, Love to Know Corp., and Science Kids®.



Recipe Corner

The end of the summer means that it is time to put your garden to bed for the winter. Here are a few ideas for some of your end of the season vegetables that are left over from your harvest.

Red Wine Vinegar Heirloom Green Tomato Pickles

2 1/4 cups water
2/3 cup red wine vinegar
3-4 1 inch long fresh ginger, sliced length wise into half
4 fresh fennel sprigs
2 tablespoons sea salt
2 teaspoons coriander seeds

1 1/2 teaspoons whole black peppercorns
1 teaspoon fennel seeds
1 teaspoon yellow mustard seeds
1/2 teaspoon cloves
1/2 teaspoon juniper berries
1 bay leaf
1 jalapeno, halved lengthwise (with seeds)
1 pound halved small heirloom green tomatoes
1/2 large red onion, thinly sliced

Bring all ingredients, except tomatoes, onion, jalapeno and fennel sprigs, to boil in large saucepan, stirring until salt dissolves. Arrange tomatoes, onion, fennel sprigs and jalapeno in



30 years ago...1985: Paulette Kringlen and Bruce Grun-dyson collide during the Donkey Basketball Game played last Saturday in McIntosh.



20 years ago...1995: Many varieties of pies were donated for the Pie and Coffee Social at Market and Craft Day in McIntosh. (L-R) Pat Zolondek, Ruth Carlson, Barb Ingman, and Alice Hanson displayed the pumpkin, apple, lemon cream, strawberry, and walnut pie portions to make difficult decisions for each customer.



10 years ago...2005: Kristen Hartel and Lisa Buchholz spent the morning browsing garage sales and were sporting their treasured finds as they shopped Main Street at Craft and Market Days. Pictured here with their newly found hats and taking a break to eat a bakery roll.

Regional Ag News

Jim Stordahl,
Extension Educator

True Potato Seed

As gardeners harvest potatoes this fall, you may notice something that resembles green cherry tomatoes at the top of the plants. These are not actually small tomatoes, but rather, they are potato fruit containing seeds.

Potatoes belong to a small family, the Nightshade or Solanaceous family. The other members include tomatoes, peppers and eggplants. Potatoes resemble tomatoes more than the other family members.

Potatoes and tomatoes can share diseases like late blight. Occasionally, you will see ads in garden magazines for a grafted tomato-potato mix up that produces tomatoes on the top and potatoes in the soil. This grafted plant does not produce a great number of either, but is more of a novelty to impress your fellow gardeners.

It's uncommon for potatoes to produce seed, but it does occur when weather conditions

favor their development. Potato flowers look very much like tomato flowers except instead of being yellow, the potato flowers can be white or lavender or pink.

It depends on the type of potato as to the flower color. Most years, July and the beginning of August are hot and sometimes dry months.

Those cute little flowers fall off the plants and never have the opportunity to go from flower to fruit. The cool weather with adequate rain allowed the flowers to remain, pollinate and grow into small potato fruit. These look suspiciously like small, round or oblong cherry tomatoes.

Potato fruit is not edible. More precisely, they are poisonous. They contain high amounts of solanine that can make the eater very ill. Solanine is also found in potatoes that are dug, left in the sun and the skin turns green. Besides being very bitter, eating plant parts containing solanine

can lead to headache, abdominal pain, shock and diarrhea. If little kids are around, the fruit should be removed so the children are not tempted to eat them.

If you saved the ripe seeds inside the potato fruit, you would not get the same kind of potatoes as the parent plant. It would take several years to even grow these to a size that you could harvest. The only people saving and planting potato seeds are growers and breeders who are hoping to produce a new variety of potato.

So marvel at the fruit of your potatoes - this is not going to be a yearly event. It is not an evil omen or bad luck. Your potatoes below the soil will be just fine. Just blame it on the weather.

For more information, contact me at 800-450-2465 or stordahl@umn.edu. This information was provided by Michigan State University Extension.

Random Things and Stuff



National Hispanic History Month

By: Emily L. Ferden

During National Hispanic Heritage Month (September 15 to October 15) we recognize the contributions made and the important presence of Hispanic and Latino Americans to the United States and celebrate their heritage and culture. Hispanics have had a profound and positive influence on our country through their strong commitment to family, faith, hard work, and service. They have enhanced and shaped our national character with centuries-old traditions that reflect the multiethnic and multicultural customs of their community. Hispanic



Alayna Espeseth

Team Alayna benefit at WEM School

The Win-E-Mac Varsity Volleyball parents will host a Team Alayna Benefit at Win-E-Mac school on Thursday, September 24, 2015 from 5:00 pm to 7:00 pm. There will be a free-will donation supper of spaghetti, salad, dessert and a beverage.

The benefit is to raise money for the Espeseth family to aid in covering medical and travel expenses for Alayna's treatments.

Alayna Espeseth is a Win-E-Mac student and a Patriot athlete. She is the daughter of Dan and Karen Espeseth.

Following the benefit supper, there will be a varsity volleyball game versus Bagley.

Please plan on joining the Espeseth family and the Win-E-Mac family for a great community evening.

WEM School Menu

Wed. Sept. 16: *Breakfast:* Assorted Cereal, Mini Pancakes, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Mashed Potato Bowl, Popcorn Chicken, Gravy, Corn, Apple Crisp, Fresh Vegetables, Fruit Choice, Milk Choice

Thur. Sept. 17: *Breakfast:* Assorted Cereal, Breakfast Pizza, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Tator Tot Hotdish, Green Beans Dinner Roll, Brownie, Fruit Choice, Milk Choice

Fri. Sept. 18: *Breakfast:* Assorted Cereal, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Sub Sandwich, Baked Chips, Tomato Slices, Cucumbers, Pickles, Cookie, Fruit Choice, Milk Choice

Mon. Sept. 21: *Breakfast:* Assorted Cereal, Breakfast Bites, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Chicken Patty on Bun, French Fries, Broccoli Slaw, Cookie, Fruit Choice, Milk Choice

Tues. Sept. 22: *Breakfast:* Assorted Cereal, Breakfast Sandwich, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Taco in a Bag (lettuce, tomato, sour cream, cheese, salsa, black olives), Refried Beans, Fresh Vegetables, Whole Wheat Bread, Fruit Choice, Milk Choice

Wed. Sept. 23: *Breakfast:* Assorted Cereal, French Toast Sticks, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Mini Corn Dogs, Macaroni & Cheese, Green Beans, Fresh Vegetables, Chocolate Chip Bar, Fruit Choice, Milk Choice

Thur. Sept. 24: *Breakfast:* Assorted Cereal, Breakfast Pizza, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Spaghetti, Lettuce Salad w/dressing, Fresh Vegetables, Garlic Toast, Fruit Bar, Fruit Choice, Milk Choice

Fri. Sept. 25: *Breakfast:* Assorted Cereal, Sweet Roll, Yogurt Cup, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Pizza, Corn, Carrots & Celery, Sherbet, Fruit Choice, Milk Choice

Heritage Month, whose roots go back to 1968, begins each year on September 15, the anniversary of independence of five Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. Mexico, Chile and Belize also celebrate their independence days during this period and Columbus Day (Día de la Raza) is October 12. The term Hispanic or Latino, refers to Puerto Rican, South or Central American, or other Spanish culture or origin regardless of race. On the 2010 Census form, people of Spanish, Hispanic and/or Latino origin could identify themselves as Mexican, Mexican American, Chicano, Puerto Rican, Cuban, or "another Hispanic, Latino, or Spanish origin." According to this Census, 50.5 million people or 16% of the population are of Hispanic or Latino origin. This represents a significant increase from 2000, which registered the Hispanic population at 35.3 million or

13% of the total U.S. population. (All sources found on hispanicheritagemonth.org)

As of last year, I started to pursue a minor in Spanish. I have really enjoyed learning both the language and the culture. As most of you know, I also got the opportunity to go to Puerto Rico for a study abroad experience. This really opened my eyes to the diverse culture they live in. I am also Spanish Club President at Bemidji State. I really enjoy learning the language and culture because it is something so diverse and different from the culture I grew up in. Each Hispanic country has new and unique things to offer everyone. I really encourage you, especially in this month, to read up on some Hispanic culture, listen to some Latin music, or watch a Hispanic film. You may be surprised at what you can learn when you broaden your horizons. From me to you: Tienen un gran mes! (Have a great month!)

WEM Literacy Committee kicks off the new school year with a sundae bar

The Win-E-Mac Literacy Committee is a volunteer committee at the school who raise funds and put on events for literacy awareness.

The Committee started off the school year with a Sundae bar at the School Open House on September 2nd. The ice cream was donated by Palubickis and the sundae toppings were donated by the Mentor Dairy Queen.

Anyone at the open house could have a delicious sundae for a free will donation.

The funds raised from this fundraiser go to help make many literacy activities possible.

Like, Donuts for Dads, Muffins for Moms, Bingo for Books, Dolly Parton Imagination Library Program and Accelerated Reading Incentives.

The Committee will offer sundae bars at other events throughout the school year, so make sure you stop by for a treat and to help raise funds for many fun school events.

WEM ECFE

September ECFE Friday Playdates and Storytime is from 10:00 am -11:30 am. Come out to explore our themed centers, meet new friends, listen to stories and sing songs!

Themes include: Friday, September 18: The Wheels On The Bus

Friday, September 25: Apple Picking

ECFE is for children 0-6yrs old and parents. Pre-registration is not required unless noted. Contact Shannon Svalen, ECFE Coordinator at 218-687-2236, ssvalen@win-e-mac.k12.mn.us or Facebook: WEM Early Childhood Family Education.

Team Alayna Benefit

to aid in covering medical and travel expenses for Win-E-Mac Patriot student and athlete

Alayna Espeseth



Daughter of Dan & Karen Espeseth

Thursday, Sept. 24 5:00 pm - 7:00 pm

Win-E-Mac vs. Bagley Volleyball Game

Win-E-Mac School Commons

Menu: Spaghetti, salad, dessert and beverage

~ Free Will Donation ~

TEAM ALAYNA T-shirts will be available for purchase. All proceeds from the T-shirt sales and benefit will be donated to the Espeseth family.

SPONSORED BY THE WEM VARSITY VOLLEYBALL PARENTS.



After a quick lesson in how to pick the best ears of corn by Steve and Bob Vesledahl, the kids were set loose to pick corn for the next day's school lunch.



The Win-E-Mac 4th graders spent the afternoon picking and shucking corn at the Vesledahl farm last Wednesday that was part of lunch the following day at school.

4-H youth exhibit their best at 2015 Minnesota State Fair

Polk County 4-H'ers demonstrate their knowledge and skills

Minnesota 4-H'ers from 86 counties brought over 2,600 exhibits, delivered over 200 demonstrations and participated in any of several performances at the 2015 Minnesota State Fair.

These 4-H'ers all placed high at their county fairs with their projects or presentations, thereby earning them the top honor of participating at the State Fair this year.

4-H youth are encouraged to select project areas that reflect their personal interests which leads to participation in self-directed and volunteer-led learning opportunities.

In addition to growing in their knowledge and skills in specific project areas, 4-H youth have opportunities to develop 21st Century skills such as communicating, problem solving, collaboration and decision making.

The wide array of 4-H projects exhibited reflects the diverse interests of this year's 4-H state fair participants. Exhibitors demonstrated outstanding craftsmanship, deep technical knowledge, powerful communication skills and fascinating creativity.

General projects and demonstrations were judged in the 4-H Building between Aug. 30 - Sept. 7.

Polk County had 23 participant's exhibiting in the following areas: Andringa, Lukas, BLUE, Photography Elements-

Gr. 9+; Balstad, Faith, BLUE, Self-Determined-Gr. 6-8; Balstad, Lance, RED, Self-Determined-Gr. 6-8; Bradford, Bailey, BLUE, Veterinary Science-Gr. 9+; Bradford, Bailey, BLUE, Performing Arts-Gr. 9+; Brekken, Karlie, BLUE, Needle Arts-Gr. 9+; Chapman, Elliot, BLUE, Clothes you Make-Gr. 6-8; Eidenschink, Alyssa, BLUE, Foods And Nutrition-Gr. 9+; Fagerlund, Brita, BLUE, Fine Arts-Gr. 9+; French, Linnea, BLUE, Performing Arts-Gr. 6-8; Grove, Annika, RED, Foods And Nutrition-Gr. 9+; Huck, Anna, BLUE, Bicycle-Gr. 6-8; Larson, Jacob, RED, Shop - Primarily Metal-Gr. 6-8; Lessard, Brylee, BLUE, Non Garment Clothing Exh-Gr. 6-8; Lessard, Jordan, BLUE, Self-Determined-Gr.9+; Meyer, Eliza, BLUE, Global Connections-Gr. 6-8; Rosendahl, McKinsey, BLUE, Home Environment-Gr. 6-8; Rue, Grace, RED, Photography Elements-Gr. 6-8; Sander, Carlie, RED, Photography Elements-Gr. 6-8; Schwede, Alyssa, PURPLE, Vegetable Gardening-Gr. 6-8; Theis, Gretchen, BLUE, Veterinary Science-Gr. 6-8; Theis, Jared, RED, Electric-Gr. 9+; Vatnsdal, Cole, BLUE, Small Gr & Legumes-Gr. 6-8; Vatnsdal, Courtney, RED, Foods And Nutrition-Gr. 6-8; Willing Workers, RED, Club Banner.

In addition to General Proj-

ect areas, 3 youth from Polk County 4-H attended the livestock encampment with their dairy animals. There was a total of 468 dairy cattle shown at the 2015 Minnesota 4-H Dairy Shows. The 4-H Dairy shows were held on the third day of the Minnesota State Fair, Aug. 29, 2015. In addition to quality animals, 4-H youth must demonstrate their knowledge about the dairy industry. 4-H'ers learn important development and leadership skills throughout their involvement with their projects and communities.

Results from livestock encampment:

Dairy Herdsmanship, 5th place Division 2;

Kindem, Austin, BLUE, Holstein-Grade-4 Yr Old Cow; Gunderson, Paige, RED, Holstein-Registered-Wtr Sr Yrlg

Rolf, Hannah, PURPLE, Holstein-Registered-3 Yr Old Cow

Congratulations to all the youth from Polk County who participated in 4-H at the 2015 Minnesota State Fair!

The 4-H program is funded through a partnership of federal, state, county and private resources and is part of the University of Minnesota Extension. More Minnesota State Fair results and photos can be found at www.4-H.umn.edu/fair-results



During the Open House fundraiser for the Win-E-Mac Literacy Committee there were lots of people who enjoyed the ice cream sundae bar. (Left to Right) Mary Lewis-Ash, Brittany Lewis-Ash, Rebekah Lewis-Ash, Skye Lewis-Ash.



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