



McINTOSH *Times* **\$1.00**
 Since 1888
 Thirteen Townships McIntosh, Minnesota

Hub of the Thirteen Townships

McIntosh, Minnesota



Coming in to town to sing was the Band of Indianians, played by Jhana Saeland, Savannah Svalen, Grace Kaupang and Jayden Gensburger.



Right in the middle of the play, the banker, Rich Coldheart played by Dylan Cabrales, decided to take a census of the townspeople.



Sarsaparilla Sal, played by Sydney Tadman was trying to convince The Lone Stranger to take off his mask, and reveal his true identity.

Give blood this holiday season

United Blood Services will host a blood drive at the McIntosh Community Center on Friday, December 1, 2017 from 11:00 am to 5:00 pm. Donors that donate whole blood are eligible to donate every 56 days, and with the current need at our local hospitals, United Blood Services is in need of all blood types at this time.

United Blood Services is the provider of blood and blood products to patients in 70 area hospitals. Those patients include premies, surgery patients, accident and trauma situations and those battling cancer. Up to 95% of us will either know of someone or be on the receiving end of a blood transfusion ourselves.

There is no substitute for blood, it can only come from someone who has taken the time to roll up their sleeves for it to be there. United Blood Services stands ready. With recent tragedies like those in Texas and Florida (hurricanes) and the shooting in Las Vegas, United Blood Services was able to ship hundreds of units



to help those in need. It's the blood on the shelves that saves lives. If you or someone you know needs blood today, it will come from someone who donated last week or the week before. There is a constant need, since blood doesn't last forever.

Blood has a 42-day shelf life, and more often than not, a patient needs it before it gets to that date. Each blood donation collected needs to go through a testing process (which takes 3 days) before it is available to the local blood bank to send out to the hospitals. So again, it's the blood on the shelves that saves lives when a disaster strikes.

There are many misconceptions out there and here are the top 5: **Medications:** most meds are acceptable, it's more or less the condition you are taking it that may be deferring, **Age:** there is no upper age limit and the youngest is 16 (with minor donor permit

from parent), **Tattoos and piercings:** are acceptable if applied in a licensed establishment (no waiting period), **Diabetics:** are now able to donate as long as it's regulated (even if on insulin), **Cancer History:** even those that have battled cancer in the past are now able to donate (one year after last treatment and no known reoccurrence for most types). Please contact United Blood Services at 1-800-917-4929 with eligible questions or log on to bloodhero.com to set up a time to donate. First time blood donors are always needed and there is no need to know your blood type.

If you are unable to make it to the McIntosh Community Center this Friday to donate blood, you can also mark your calendars for Win-E-Mac High School on Wednesday, November 29, 2017 from 9:00 am to 2:15 pm, and again at the McIntosh Community Center on Wednesday, January 31, 2018 from 11:00 am to 5:30 pm when the Auxiliary group will again host their annual drive.

This is such a crucial time heading into the holiday weeks, and such a great time to donate blood.

Rising Stars Dance Show



• Sunday, December 3rd •
 • at 2:00 P.M. at the Win-E- •
 • Mac Art & Events Center. •
 • Admission: \$1 for Stu- •
 • dents/\$2 for adults. •

life Refuge. The reduction of planted conifer stands is an important Refuge management objective. These areas will eventually be restored to their historic tallgrass prairie habitat.

Donations received for trees go to the FRGRR to further their mission of promoting a better understanding, appreciation, and accessibility of both Glacial Ridge and Rydell National Wildlife Refuges, for people of all ages and abilities.

In case of a winter storm on December 2nd, the tree cutting will be held the following Saturday, December 9, with the same hours. For more information on this event, call 218-687-2229 extension 10.

Annual Tree Cutting at Rydell and Glacial Ridge

The Friends of Rydell and Glacial Ridge Refuge Association (FRGRRA) will host their annual Christmas Tree Cutting Event on Saturday, December 2, from 9:00 am until 4:00 pm, at the south-central portion of Glacial Ridge National Wildlife Refuge (formerly the Lee Nursery) on Highway 32. Signs will be up along the highway, marking the event location.

Participants will need to stop at the Glacial Ridge Project Office, located 3 miles south of U.S. Highway 2 on Highway 32, (5.5 miles west of Mentor) to register and get a map to the tree cutting site.

The FRGRRA will have coffee, hot apple cider, and cookies available for this fun, family event.

Please ensure that children are dressed appropriately for the weather. Volunteers will be available at the site to assist with tree cutting and tie-down, if requested.

A variety of conifers, including long-needled pine and short-needled spruce trees will be available for hand cutting only. Bring a hand saw (no chainsaws allowed) to cut your own tree.

A few hand saws will be available for use, for those who do not have their own. Tree sizes range from small to tall – something for everyone!

This activity is part of an ongoing effort to remove non-native trees from a portion of Glacial Ridge National Wild-



Win-E-Mac High School students presented "How the West was Dun" a play by Christopher Gieschen at the Arts and Events Center on Saturday, November 18th and Sunday, November 19th. The play was a fun and exciting production that kept the audience laughing. The play was directed by Bruce McWilliam.

Pestle & Vessel

by Alison Opdahl

Noise

You already have a PICTURE in your mind, right? Something in your life is LOUD; something at work or like me, someone at home. My four-year-old daughter has spent the last four days backing up a toy dump truck full of alphabet letters. Complete with the beep-beep-beep of a fully equipped loader. Sigh. Sometimes we tune out noise and other times we cannot. Experience and environment have a lot to do with how we handle noise. While some people wear ear protection, others leave the room. Wink.

But what if my NOISE is coming from within? What if it is a voice inside of my head that tears down my potential or character? What if the silent noise is borne of grief or fear? Or both? What if the loudest noise in my life comes from the echoing cavern of my self-identity? A place, that even though I have filled it with family, client relationships, social media and numerous commitments, that is still EMPTY? While all of these need to be priorities at certain times of my day, they have a way of preempting what is most needful. They have this in common: they tell me who I am... to THOSE people. But they don't tell me who I am in the FATHER'S eyes.

I am an image-bearer of the MOST HIGH. I'm a living, breathing representation of His desire for relationship. And as a human I make choices every day which COUNTERFEIT that relationship. Service can look like servanthood. Work can look like responsibility. Friendliness can look like connection. Knowledge can look like wisdom... I could go on and on. But if I am not connected to the Father in a way that allows the simple fact of my existence to be His purpose for my life, I am nothing but a resounding gong or clanging cymbal. Remember the Andy Griffith episode where Barney is so desperate to be part of the Mayberry Band that he buys cymbals? Throughout the whole show he uses them to punctuate what he is trying to communicate. It's hilarious but it's also a good picture of the way the message gets disrupted because of the means used to deliver it.

Our lives are loud every day. We contribute to it! We have choices about noise every day, although I'm going to say as a toddler Momma I sometimes feel like mine are limited! But what if my noise FILTER looked like this? Embracing the noise of YHWH's creation and shutting out the noise that isn't? (Even the beep-beep-beep of my daughter at play!) What if I focused on tuning into things that remind me how I am His image-bearer through reading the Word, prayer and worshiping? The noise that would tear at me, destroy me from within, the uncertainty,

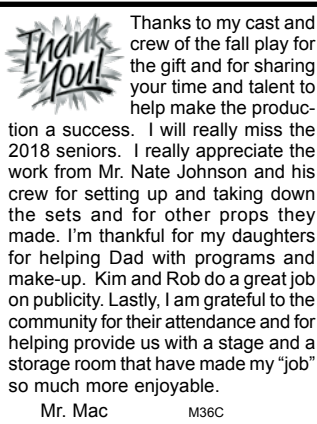
the fear, the despair would retreat in the face of YHWH's creation making a joyful noise. My joyful noise will not always be because I'm gloriously stress free or no longer afraid but because I am standing in the authority of being a child of the King. My mere existence as His child makes me His noise-maker. Even if I am crying out in pain or anger, my noise is welcome to Him because it is relationship. And because of my choice to communicate with Him, I step into relationship and find my IDENTITY.

I woke with Psalm 100 in my head. Some of you can probably sing the tune as you read the words. "Make a joyful noise unto the LORD, all ye lands. Serve the LORD with gladness: come before His presence with singing. Know ye that the LORD He is God: it is He that hath made us, and not we ourselves; we are the people and the sheep of His pasture. Enter into His gates with thanksgiving, and into His courts with praise; be thankful unto Him, and bless His name. For the LORD is good; His mercy is everlasting; and His truth endureth to all generations." Psalm 100 KJV

I believe there is a misconception about the word JOY. I am learning joy doesn't mean I should feel happiness all the time but it does mean I can feel at peace in the midst of the storm, in the middle of an awful, terrible, unbelievable day... and I have been there. Peace is found in the moments we take a breath and press into the Father no matter our circumstances. He is never too far away. A JOYFUL NOISE can be the scream of our hearts from the depths of our pain. Our Elohim can take it and He will give us something beautiful in return. Join me image-bearers, what will be your NOISE today?



The winner of the Thanksgiving Basket from Neil's Meat & More in McIntosh is Katy Krogstad of the Fertile area.



Santa Claus is coming to town

On Saturday, December 9, 2017 the McIntosh Community Club will host Santa Claus Day in McIntosh.

The event will take place from 9:00 am to noon at the McIntosh Community Center.

Christmas music will be with Susan Lee and there will be Christmas Stories as well.

There will be arts and crafts along with a Santa Station where kids can write their letters to Santa and put them in a box for special express delivery.

Santa will arrive in McIntosh at 10:00 am, so make plans to stop by to see him.

If the weather permits there will be hay rides, so make sure you bring some warm clothes along.

This event is sponsored by the McIntosh Community Club and the funds to make this a fun event for our area kids is provided by membership dues, donations and local events that the Community Club has throughout the year.



Annual Wreath Making Class

Hosted by Farm By The Lake held on Saturday, December 2, 2017. This class is open to the public. There will be 2 class times: 8:00 am & 10:00 am. Cost \$25 each wreath. All material and equipment provided.

Call to Register: 218-694-2084. Classes fill fast so call early. Location: 412 Geary Ave. Bagley, MN 56621 (in Heated Shop).

The Bone Builders 'Mall for Kids' in Mac moves to a new location

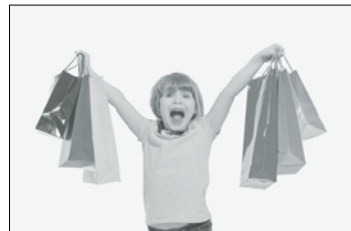
Each year the Bone Builders group hosts a Chirstmas Shopping event for kids.

'A Mall for Kids' will be held on Saturday, December 9, 2017, in conjunction with Santa Claus Day.

The mall hours will be 11:00 am to 2:00 pm and will be located at the McIntosh Community Center. The mall entrance will be the doors located on the south side of the building, or off of 1st Street NW.

Kids in the 6th grade or younger are invited to come and shop for presents for their family members.

Parents will be asked to wait outside the door while the kids shop, so that your present



can be a surprise too.

There will be members of the Bone Builders available to help the children shop as well as wrap there gifts.

Again, all items at the sale will be 25 cents.

This event is sponsored by the McIntosh Bone Builders and all proceeds will go to Poplar Meadows Senior Living.

What consumers can do after a data breach

As the summer of 2017 drew to a close, news broke of a data breach at the credit monitoring agency Equifax. Reports suggested the breach might have compromised the sensitive personal information of as many as 143 million Americans, or roughly half the adult population of the United States.

In the digital age, consumers are more vulnerable to such breaches than ever before. Data stolen as part of the Equifax breach included names, social security numbers and birthdates, among other personal information. Consumers concerned about data breaches can take certain steps to determine if they have been compromised while also taking measures to safeguard themselves against future breaches.

When breaches happen

News of the Equifax breach understandably inspired panic among consumers, and future data breaches will be no different. Hackers who gain access to consumers' personal information can steal identities, file false tax returns, take out loans in unsuspecting consumers' names, and commit a host of other crimes that can negatively affect consumers' credit ratings and compromise their ability to secure loans in the future. When a breach happens, consumers should do the following.

Contact the agency that was affected. After acknowledging it had been breached, Equifax set up a website (<https://trustedidpremier.com/eligibility/eligibility.html>) where consumers could find out if their information had been compromised by the breach. When using such websites, consumers should make sure they are using secure connections, as they will be asked to enter personal information.

Examine credit reports. Even if individuals' personal information was not compromised, they can monitor their credit reports for suspicious activity. Many credit card companies now provide monthly credit report updates to cardholders. Individuals should monitor these to see if any new accounts have been opened without their knowledge. If ratings suddenly plummet despite relative inactivity from consumers, they should contact one of the major reporting agencies for a thorough report. Such reports are typically free once per year.

Future breaches

Breaches are seemingly inevitable in the digital age. Concerned consumers can take steps to protect themselves against future breaches.

Continue monitoring credit reports. Individuals should take advantage of the monthly credit rating reports offered by their credit card companies even if no breaches have been reported. Hackers may sell consumers' information, which thieves can then sit on for years before ultimately using to commit financial fraud. Routine monitoring can help consumers instantly address any suspicious activity before things spiral out of control.

Place a fraud alert on all accounts. Fraud alerts

warn creditors that individuals may have been compromised by past data breaches, forcing them to verify that credit or loan applicants are legitimate before they can open any new accounts or take out any loans.

File taxes as early as possible. Criminals with access to consumers' personal information can file false tax returns and steal their refunds before consumers even realize they have been victimized. File early, before thieves have had a chance to file false returns.

Consumer data breaches can affect every facet of consumers' lives. Knowing what to do when such breaches occur and how to reduce their risk of being victimized can help consumers when the next breach occurs.

Hill River Township 2017 One Fund Drive Results

Multiple Sclerosis \$129
Salvation Army \$159
Diabetic Research \$153.66
Heart Fund \$184
Cancer Fund \$525.67
Red Cross \$25.67
DAC \$99
Leukemia Society \$29
MN Medical Foundation \$20
Northland Rescue Mission \$100
Samaritan's Purse \$50
Ronald McDonald House \$15
Essentia Health Hospice \$20
REM Northstar Inc. \$20
Total \$1,530
Solicitors: Tim Disrud, Scot Thompson, Davin Swanson.
Chairperson: Betty Syver-son
Raymond O. Sundrid, Clerk/
Treasurer
Hill River Township

Tuba Christmas Concert Sunday

Over 100 Tuba players at Central Presbyterian Church 500 Cedar Street, St. Paul, MN. Everyone is welcome to attend this free concert on December 3, 2017 at 4:00 pm. Submitted by Marlin Kiecker.

Community Birthday and Anniversary Calendar

Thurs. November 30: Dan Salvhus, Harriet Rolf, Adeline Frisk
Fri. Dec. 1: Lindsie Burslie, Linda Jorgenson
Sat. Dec. 2: Judy Bemish, Jessica Panek
Sun. Dec. 3: Carole Burslie, Wesley Brekke
Mon. Dec. 4: Kaysee Mandt
Tues. Dec. 5: Elizabeth Burslie, Cody Bartz, Tyler Roed



ST. MARY'S CHURCH

Fosston

Fr. John Suvakeen, Pastor

Wed. Nov. 29: 11:30am Mass at St. Mary's, Fosston
Sun. Dec. 3: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
Sun. Dec. 10: 8:00am Confession; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley
If you have any questions please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH

Winger/Bejou

Supply Pastor

Gordon Syverson

Sun. Dec. 3: 8:30am Worship at Immanuel; 9:45am Worship at Calvary
Sun. Dec. 10: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)

McIntosh

Supply Pastor

Gordon Syverson

Sun. Dec. 3: 11:15am Worship Service.
Sun. Dec. 10: 11:15am Worship Service.

GOSEN LUTHERAN CHURCH

Independent

Gary Johnson, Pastor
www.gosen-church.com

Face Book: Gosen Church

Wed. Nov. 29: 7:00pm Bible Study at Don & Sharon Ramberg's
Fri. Dec. 1: 10:00 a.m. Telecast of the Luther League program on Garden Valley Cable TV--Channel

Sun. Dec. 3: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service; 7:00pm Luther League (see article elsewhere in paper)

Tues. Dec. 5: 10:00 a.m. Sunday worship service telecast on Garden Valley Cable TV--Channel 2; 1:30pm Bible Study at The Country Place

Wed. Dec. 6: 7:00pm Bible Study at Don & Sharon Ramberg's

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC

McIntosh Trinity / Mount

Carmel:

Pastor Karl Anderson

Thurs. Nov. 30: 7:00am Men's Breakfast at Mt. Carmel
Sun. Dec. 3: 9:30am Worship at Mt. Carmel; 11:00am Worship at Trinity.

Thurs. Dec. 7: 7:00am Men's Breakfast at Mt. Carmel

Sun. Dec. 10: 9:30am Worship at Mt. Carmel 11:00am Worship at Trinity

Thurs. Dec. 14: 7:00am Men's Breakfast at Mt. Carmel

VERNES LUTHERAN CHURCH (LCMC)

McIntosh

Pastor Jill Torgerson

Sun. Dec. 3: 9am Worship
Sun. Dec. 10: 9am Worship

DOVRE

FREE LUTHERAN

Pastor Don Edlund

Wed. Nov. 29: 7:00pm Bible Study

Sun. Dec. 3: 10:00am Worship Service; Sunday School following

Wed. Dec. 6: 7:00pm Bible Study

Sun. Dec. 10: 10:00am Worship Service; Sunday School following

Wed. Dec. 13: 7:00pm Bible Study

IMMANUEL LUTHERAN CHURCH

McIntosh

Rev. Bruce Blocker,

Pastor

Sun. Dec. 3: 9:00am Divine Worship with Holy Communion

Tues. Dec. 5: 6:00pm Advent Service

Sun. Dec. 10: 9:00am Divine Worship Service

Tues. Dec. 12: 6:00pm Advent Service

Sun. Dec. 17: 10:00am Divine Worship with Holy Communion; 11:15am Congregational Dinner

Sun. Dec. 24: 5:30pm Christmas Eve Candlelight Service
Holy Communion 1st and 3rd Sundays



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Announcements • Photos • Community Updates

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Winger News

Linda Pulskamp

Hello once again from Winger and the Union Lake areas where we have had a week of up and down temperatures and windy one day and still the next. It did warm up enough to melt most of the snow that was on the ground but over all for this time of the year the weather could be much worse and we could have lots of snow on the ground. Should be nice for those who are traveling for the Thanksgiving Holiday. By the time you read this Thanksgiving will have been celebrated and also Black Friday, hope all you Black Friday shoppers found the sales you were looking for. So now things will gear up for the Christmas Holiday although I must say stores have been decorated for Christmas since Halloween.

With the weather being as it is, it is giving the farmers a chance yet to harvest their corn and many of them are doing so.

My apologies to Helmer and Verlys Homme for leaving them out of the article from last week, they were along with the Schow and Paradis families helping Tyler Schow to celebrate his birthday.

Last Friday the 17th Paul Carlson was a morning coffee guest and visitor with Milton Carlson at Milton's home. Later Milton and Judy Gieseke attended the Thanksgiving meal that was served at the Senior Meal Site in Erskine. Much good food and visiting.

Butch and Linda Pulskamp were house guests from last Thursday until Sunday at the Donnie Johnson home in Maple Lake, MN.

Roy and Judy Raben visited several times last week with Helmer and Verlys Homme at the Pioneer Home at Erskine. Roy is currently a resident at the home where he is undergoing rehab.

Donnie Johnson and Nola Abele hosted an early Thanksgiving celebration at the Johnson home in Maple Lake, MN last Saturday. Guests included Tim Yager and Wendy Lochmeier of Howard Lake, Butch and Linda Pulskamp, Jim, Austin and Abbie Johnson

of Montrose, Mark and Judy Boeckers of Buffalo and Jordan Boeckers who was home from college on Thanksgiving break, Craig Johnson of Monticello, Shelby Johnson of Monticello, Cassie and Jessica Johnson of North Branch and Steve Johnson of Coon Rapids.

Milton Carlson along with a large group of the Carlson families gathered at the Paul and Donna Carlson home last Sunday where they had their Thanksgiving celebration together. There was an abundance of food and family both.

David Myhrum and Betty Myhrum were to Thief River Falls last Tuesday and while in town they stopped out at Petro Pumper for a brief visit with Susan Eischens as she was working.

Lucy Brtek took in the Thanksgiving Dinner held at the Calvary Church last Sunday that was served by the Sunday School and coached by Devra Carlson, There was turkey and all the trimmings served with a whole lot of good food and fellowship enjoyed by the many that attended. From there she took in the benefit at the Community Center for Shannon Burcham sponsored by the Lion's which also was attended by many that enjoyed the good food served and the visiting.

Last Saturday Mark and Betty Syverson visited at the Pioneer Home with Helmer and Verlys Homme.

Judy Gieseke was a coffee guest and visitor with Milton Carlson at his home last Monday afternoon.

While in the cities last weekend Butch and Linda Pulskamp met up with Sharon Johnson, Linda Stafford and Bette and Eddie Martin on Friday noon for a visit and lunch together.

Until next week, don't do for your children what they can do for themselves.

From Bun Manon:

Ole enjoyed Thanksgiving at Moran's with his sister Julie, her husband Paul Schow, Jimmy Wertish, Marilyn Graf and her brother David Sannes.

Ole told Bun there was a good crowd there eating dinner.

Chris Wang from Gillette,WY came home to visit his Mother Lois and Byron Kaupang. They went to the Lutheran church in Mahnomen for Thanksgiving. He returned home again on Sunday.

Bun had his Thanksgiving at the Manor while the rest of his clan were at his nephew Tommy's place in Milaca.

Guests included Bob's parents Donnie and Sylvia Dale,sister Lori and her husband Wade and brother Jim and his son Levi.

Bun had his nephew Doug for family. Jay Bob cooked up a turkey and all the fixings while his sister helped get everything prepared. They even had lutefisk and fresh homemade Lefsa that Ma Dale had made on Tues. Yummy!

Elmyrna took her sister Hazel out to the Lunch Box in Winger on Sat. for lunch. She also had Thanksgiving dinner at her son Wesley's place. Elmyrna told Bun Wes had his mower out in the yard bagging leaves. There isn't too many years you can do yard work in the end of Nov.

Dale Balstad once again hosted Thanksgiving dinner at his place. Family included his mother Joyce and his brother David,his wife Shawnn and kids Everett and Grant. There were plenty leftovers for everyone to take home.

Bun would like to thank Ole for bringing out his old green van to the manor while his other van is in the shop and for driving him to the Moran's Thanksgiving social last Fri. Bun gives Ole a lot of grief but he really is a good boy and a good friend.

Steve and Lorri Massmann spent Thanksgiving Day at Lorri's sisters Jodi's house. The traditional Thanksgiving meal served and enjoyed by everyone. Later in the day Steve and Lorri visited with Steve's parents and family. Luckily Steve's family did not force anymore food onto them as there was still no room. On Friday Steve went to his brothers house for the annual after Thanksgiving Venison sausage making party. Every year the day after TG has been the day when all the hunters

in the group gets together to grind, season, stuff and smoke the sausage. Saturday Steve and Lorri returned to Winger where the rest of the weekend was spent decorating for the next holiday.

Did you know?

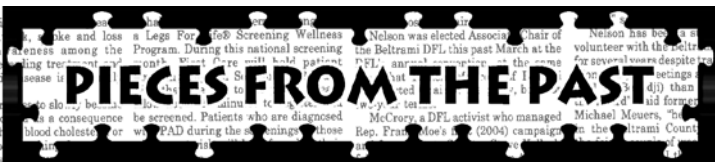
Pizza continues to remain a popular comfort food and go-to staple for quick, family-friendly meals.

Statistics Brain reports that 93 percent of Americans eat at least one piece of pizza per month.

Five billion pizzas are sold worldwide each year, and the United States accounts for three billion of those pizzas. The average person will eat 46 slices of pizza each year.

The world can thank Raffaele Esposito for creating the first pizza that resembled the pizza the world knows today. Esposito created the pizza for Italy's Queen Margherita when she visited Naples in 1889.

The crust was garnished with tomatoes, mozzarella and basil to represent the national colors of Italy: red, white and green.



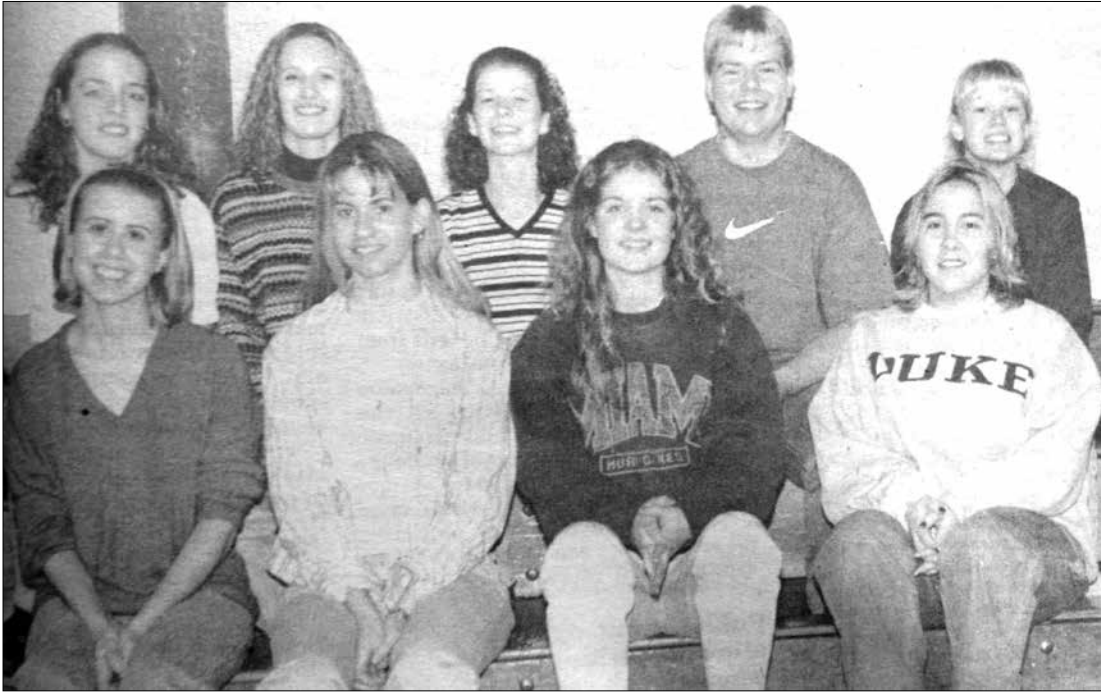
50 years ago...Time out for a nap? Mark Schmanski wasn't down on the deck for a nap in Saturday night's game though it might look like it here. He just lost control, and was about to lose the ball as it is being pursued by Dan Grundvald and Keith Johnson of Fertile, Number 52 in the white is Steve Haaven.



40 years ago...1977: "Maranatha" singers from Calvary Church in Winger who shared Christmas music at the East Polk County Homemakers Christmas Festival in Winger School Monday eve were as follows: Pam Wang, Faye Horne, Lila Lucken, Jeanine Jones, Carol Evenson, Donna Rae Carlson and Deanna Melby.



30 years ago...1987: Family members who planned a celebration for Irene and Orrison Carver on their 50th Wedding Anniversary, recently, were Donna Larson, Duane and Gloria Carver, Randy and Allen Carver (all standing), and Maida Johnson, Sadi Fjerstad and the honored couple, Irene and Orrison Carver (seated).



20 years ago...Win-E-Mac is blessed with many outstanding accompanists who play piano for soloists during concerts and solo contests Those who accompanied soloists for the music sub-section contest in Waubun were Heather Hoffmann, Cameo Boucher, Kara Evenson, Casey Bartz, Tmi Erickson, Stacy Kringlen Kim Nelson, Tessa Johnson and Amanda Langemo. Not pictured but also an accompanist was Diane Boucher.

Regional Ag News

Eli Gindele, Extension Educator

Weeds Commonly Found in Drylots

Laminitis (or founder) is a devastating, painful condition for horses leading to losses in performance, increased veterinary costs, and even death. Diets high in nonstructural carbohydrates are a known trigger for laminitis. Horses that are easy keepers, or overweight, are also at a greater risk of developing laminitis and tend to be classified as having equine metabolic syndrome. Some of the most effective management tools for horses prone to laminitis are to limit their nonstructural carbohydrate intake by testing forage for nonstructural carbohydrate content, restricting amounts of feed to encourage weight loss, and confining to dry lots (i.e. dirt paddocks) in order to avoid access to pasture grasses that are commonly high in nonstructural carbohydrates and digestible energy (i.e. calories).

Researchers have recommended a total diet (i.e. hay, grain, supplements, treats) of less than 12% nonstructural carbohydrates for horses diagnosed with laminitis or equine metabolic syndrome.

However, recent reports from horse owners indicate horses housed on dry lots are still experiencing recurring bouts of laminitis, despite being fed a low nonstructural carbohydrate diet. Weeds that commonly grow in dry lots may be both palatable to horses and high in nonstructural carbohydrates; therefore, capable of triggering a laminitis episode.

The objective of this research, conducted at the Univ. of Minn., was to determine nonstructural carbohydrate content of weeds commonly found in dry lots housing horses or ponies with a history of laminitis.

During the summer of 2013, 10 farms in Minnesota and Wisconsin were visited three times (spring, summer

and fall), and up to four weeds growing in dry lots housing laminitic horses or ponies were collected. Samples were sent to a forage testing laboratory and analyzed.

Twenty-seven different weed species were collected. The 6 most common weed species included prostrate knotweed, plantain, redroot pigweed, common ragweed, cinquefoil, and purslane.

The average nonstructural carbohydrate content of the weed species varied with plantain have the highest and prostrate knotweed the lowest. There were no differences in nonstructural carbohydrate content within weed species across farms; however, nonstructural carbohydrate content was higher during the fall.

It is common for plants to have higher nonstructural carbohydrate contents in the fall due to weather conditions. Most plants continually produce nonstructural carbohydrates during the day and utilize them at night.

However, plants essential shut down during cool nights and therefore do not utilize nonstructural carbohydrates which contribute to higher levels commonly observed in the fall.

The average nonstructural carbohydrate content of plan-

tain, cinquefoil and ragweed was greater than the maximum 12% total diet recommendation for horses diagnosed with laminitis or equine metabolic syndrome. However, the maximum amount of nonstructural carbohydrate content exceeded this recommendation for all weed species.

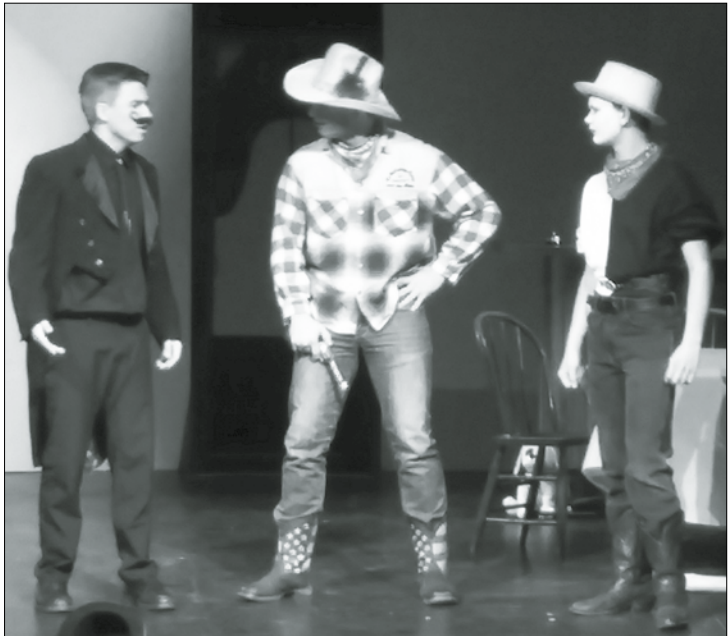
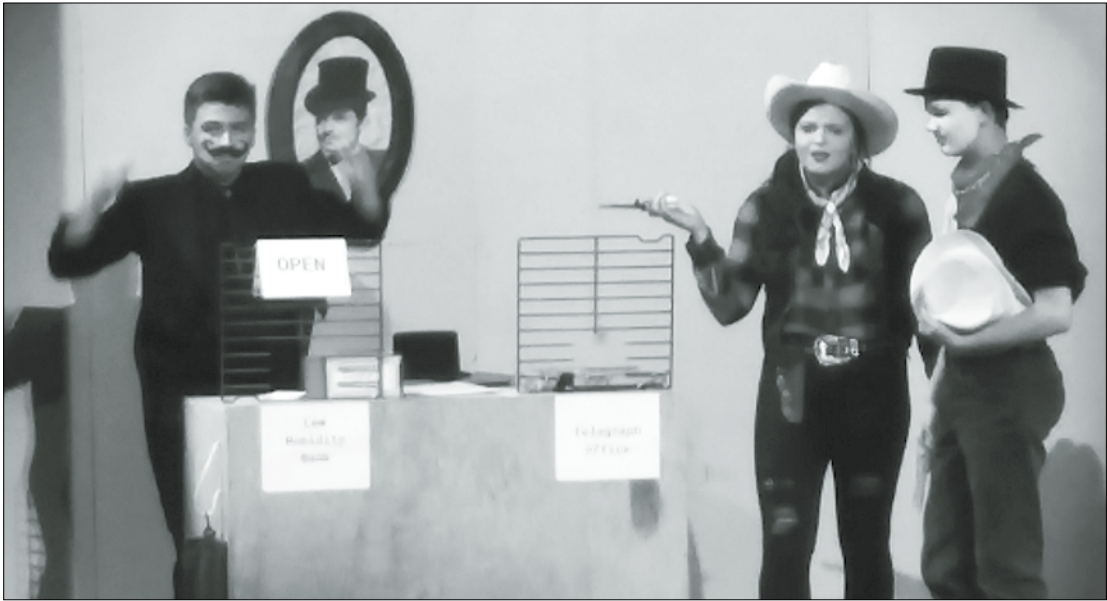
Nutritive analysis of other components indicated the weeds would be palatable to most horses, especially ones housed in a dry lot on a restricted diet (i.e. horses who might feel hungry).

All weed species were relatively low in structural carbohydrate components and high in crude protein. Combined, these results have proven to increase palatability; therefore, it is not surprising the horses consumed the weeds.

Although this research did not directly link the ingestion of weeds to laminitis, the wide range of nonstructural carbohydrate content within the weed species suggests horse owners should control weeds in dry lots, especially if used to house laminitic horses and ponies.

This project was sponsored by a grant from the Minnesota Horse Council. Authors: D. Gunder and K. Martinson, PhD, Univ. of Minn. and J. Wilson, DVM, MN Board of Vet Med.

	Nonstructural Carbohydrate		
	Avg.	Max.	Min.
Weed Species	% Dry Matter		
Plantain	16	30	4
Cinquefoil	14	21	11
Ragweed	12	16	4
Purslane	11	14	7
Redroot Pigweed	11	15	8
Prostrate Knotweed	9	20	4



Rich Coldheart (Dylan Cabrales) tried to explain to Deputy Dudley Doowrong (Micah Olson) that the other guy (Jaydon Kangas) is a bad guy.



Widow Cracker played by Aries Qualey and Polly Wanda Cracker (Maci Hamre) worry about losing their homestead to the evil banker.



The outlaws meet to make the decision to go on strike and not break the law until they get some respect.



Pictured below: Kid Kid played by Cameron Svalen lets Polly Wanda Cracker played by Maci Hamre, know he is here to kill the Sheriff.

WEM ECFE

Fall Leaves Fall! Nov 14 6pm Join us at the McIntosh Library for fall stories, activities and snacks! (Ages 0-6yrs old and families)

Win-E-Mac Basketball Buddies Event! (Date to be Announced!) (Ages 2-12 yrs old and families) Watch local papers and WEM Early Childhood Family Education on Facebook for date!

December ECCE Fun Family Nights!

Annual Grandparents Night! Dec 7 6pm WEM ECCE Room. Bring along grandma and grandpa for this fun annual event! Make easy ornaments, sing holiday songs and enjoy yummy treats! (Ages

0-6yr old and families)

Winter Solstice Celebration! Dec 14 6pm WEM ECCE Room. Create an easy, winter luminary, make a delicious treat for your winter animal friends, enjoy warm cocoa & popcorn, and listen beautiful music and stories!

Win-E-Mac Early Childhood Family Education Classes are for children 0-6yrs old and families. Registration is not required unless noted. FREE! For upcoming events follow us on Facebook: WEM Early Childhood Family Education. Contact Shannon Svalen, ECCE Coordinator at ssva-len@win-e-mac.k12.mn.us for more information or questions.

WEM School Announcements

The Win-E-Mac Yearbook staff is taking pre-orders for this year's book. Cost is \$35.00 now and until December 20th and will cost \$40.00 after December 20th. Yearbooks can be purchased during students' noon hours or from Mrs. Winter before or after school. Order forms are available in the office. Be sure to make your order so you are guaranteed a yearbook!

The 2018 After Prom Party will be hosting a Community Bingo Fundraiser on Sunday, January 28th, from 1:00-5:00 p.m. in the Commons.

There will be \$2000 in prizes including last game black-out for \$500, plus there will be silent auction and baked goods for sale. Tickets are \$20 - if you are interested in purchasing a ticket - please contact one of the juniors.



Win-E-Mac presents winter concerts and holiday programs

Junior High Band and Choir Fall/Winter Concert
The Win-E-Mac Music Department is pleased to announce the Jr. High Band & Choir in concert on Monday, December 11, 2017. The concert will begin at 7:30 and will take place in the Win-E-Mac School Arts & Events Center! The concert will feature the Jr. High Band & Choir performing several selections, including some holiday music!

Please come out and enjoy an evening of music!

Win-E-Mac Elementary Holiday Program

Win-E-Mac students in grades Kindergarten through Sixth Grade will be presenting their annual holiday program on Monday, December 18, 2017. The program will take place in the Win-E-Mac School Arts & Events Center and will begin at 7:00 P.M. The program will begin with students in Grades Kindergarten



– Third Grade, under the direction of Amanda Shultz, performing many holiday songs for your enjoyment.

This will be followed by all students in Grades 4-6 performing the musical “Holly Jolly Jukebox” which will feature many acting and speaking solos.

What a great way to kick off the holiday season! Hope to see you there!

Senior High Band and Choir Fall/Winter Concert

The Win-E-Mac Music Department is pleased to announce the Sr. High Band and Choir will be presenting their annual Fall/Winter concert on Thursday, December 14, 2017 beginning at 7:30 P.M. The concert will take place in the Win-E-Mac School Arts & Events Center. This concert will feature the Sr. High Band and Sr. High Choir performing a wide variety of music for your listening enjoyment!

Our Men's and Women's groups have also been working up some special holiday numbers to perform for you! Something new this year will be a pop choir performing “Santa Baby” with choreography by Vondria Winter. As traditional, the concert will conclude with the singing of “Peace, Peace” by candlelight.

Come and enjoy an evening of musical entertainment!

Random Things and Stuff



Countdown to Christmas: Songs
By: Emily Lynne
Now that Thanksgiving is over, it is time to break out the Christmas songs!

Just like I did for Thanksgiving, I am going to do different Christmas themed articles the rest of the month. For this first one, I chose Christmas songs. The reason I started with songs is because the first thing I do after Thanksgiving is break out the Christmas playlist. This year, there is already a list out for the top Christmas songs of 2017. This list includes:

- 1.“Away in a Manger”-Pentatonix
 - 2.“Santa’s Coming for Us”- Sia
 - 3.“The Star”-Mariah Carey
 - 4.“Say All You Want for Christmas”-Shania Twain & Nick Jonas
 - 5.“Can You See”-Fifth Harmony
 - 6.“Carol of the Bells”-Lindsey Sterling
 - 7.“You Make It Feel Like Christmas”-Gwen Stefani & Blake Shelton
 - 8.“Season of Love”-98 Degrees
 - 9.“Finally It’s Christmas”- Hanson
 - 10.“How Great Are Thou”- Pentatonix & Jennifer Hudson
- Found on: <https://www.fuse.tv/2017/10/best-new-christmas-holiday-songs-2017#10>

Essentia Fosston celebrates the season

With some extra cheer in the air and a wanting to give, the holiday season is truly special for many in our community. Essentia Health-Fosston wants to bring even more tidings of joy with its 16th annual Hospice Tree Walk.

Sunday, Dec. 3 at the Magelssen Elementary north gym at 701 1st St. E. in Fosston, you can join in the holiday spirit while helping your friends and neighbors in need of end of life care. You can help by sponsoring a tree, donating a wreath to the silent auction or sponsoring an angel in the Celebration of Life Angels.

The tree you sponsor will be auctioned off with all proceeds benefiting Fosston's Hospice Care. This gives you or maybe a group at work, church, or in the family a chance to dress up a tree Charlie Brown would be proud of.

There will also be a pancake breakfast from 10 a.m.-1 p.m. along with games for the kids from 10 a.m.-3 p.m. The silent auction goes from 10 a.m.-2:15 p.m.

At noon, Jolly Old St. Nicholas will take a break from his workshop and deliver some early Christmas gifts, so you better watch out and better not cry.

After a visit from Santa, the Celebration of Life ceremony will start at 1:30 p.m. People can purchase angels in memory of a loved one that has passed and the angel will then be placed on a tree at the event.

For more information or to donate to the Essentia Health-Fosston Hospice, you can call 218-435-7670 or mail donations to 900 Hillgoss Blvd. SE, Fosston, MN 56542.

Do you have a story to share?

If you have a story, a story idea or any photos you want to share, please send to: mcintoshtimes@gmail.com

Win-E-Mac Giving Tree

Win-E-Mac School will once again be having their annual Giving Tree.

We will anonymously display “ornaments” for children in the Win-E-Mac School District that may have a need this holiday season for clothes, toys, or other items.

Their wish list will be printed on the “ornament.” The Giving Tree will be in the Win-E-Mac Commons from the end of November through December, if you would like to donate gifts.

Please choose an “ornament” and write your name on the one you choose. All gifts will need to be delivered, unwrapped, to the school no later than December 15th so they can be distributed to the families.

If you need some assistance or you know of a child or family that may be in need this holiday season, please contact Amy Bartz, Cassie Subbert, or Alyssa Hickman at the school, 563-2900 or 687-2236. The Giving Tree also accepts monetary donations. If you are interested or have questions about donating, please contact one of the people stated above.



Make worship an integral part of the holiday season

The hustle and bustle of the often hectic holiday season can make it easy to overlook religion during this special time of year.

Come the holidays, adherents of Judaism celebrate Chanukah while many Christians celebrate Christmas. Though different, the two holidays share some similarities.

In celebration of Chanukah, families gather for an eight-day commemoration to honor the rededication of the Second Temple of Jerusalem and a miracle in which a small amount of oil illuminated a menorah for eight days. Perhaps because it falls during the holiday season, Chanukah has become one of the most well-known Jewish celebrations, even for those who do not adhere to the Jewish faith.

For devout Christians, Christmas isn't about eggnog and Santa Claus. Christmas (Christ's Mass) is a celebration of the birth of Jesus Christ, who Christians believe is the son of God. Christmas is a day of great joy in the Christian faith because it marks the beginning of Jesus' time on earth.

Both Chanukah and Christmas, while joyous celebrations, are laced with solemnity. The Second Jewish Temple was desecrated by Greek-Syrians,

who had erected an altar to Zeus and sacrificed pigs within its sacred walls. At this point in time, Jews had to practice their faith in secret, reading the Torah underground and using dreidels to simulate games and confuse Greek soldiers. However, the Jews, led by a small group of rebels known as the Maccabees, persevered, marking the joy of Chanukah for years to come.

The period leading up to Christmas known as Advent is a time for repentance and preparation for the grace and miracle of Jesus' birth. According to Christianity.com, the word "advent" is derived from the Latin word "adventus," meaning "coming." Advent is a time to both reflect on the past and look forward to the future. Much like Lent, Advent is intended to be a season of fasting, prayer and reaching out to God.

During the holiday season, houses of worship customarily host prayer sessions and special holiday-related events. The faithful are encouraged to participate in these events in celebration of their faith.

Prayer can help remove distractions during the holiday season, helping individuals reconnect with the true meaning of the holiday season