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McIntosh, Minnesota



Grandpa Ron Roed attended the Junior High Student Council Halloween Party at Win-E-Mac School Sunday with 4 of his granddaughters, Heidee, Clara, Grace and Brileigh.



Divinity, Destiny and Dakota Hedlund were all dressed up and ready for a fun afternoon on Sunday at the Halloween Party held at Win-E-Mac School.



Along with their mom, Amanda, Hudson and Henry Swanson played games and had lots of fun during the Halloween Party last Sunday at Win-E-Mac School.



On Wednesday, October 18th, 2017, the Win-E-Mac Student Achievement Committee hosted the Students of the Quarter Breakfast for First Quarter at Win-E-Mac School in the FACS room. The students were selected by various departments in the secondary school for overall performance and leadership in the classroom. Following a wonderful pancake and fruit breakfast, the students were introduced by nominating staff members and received certificates and gifts for their great work! The students selected for the first quarter are: (L to R) Grace Spry, Claudia Anfiliou, Katelyn Sanden, Gretchen Finseth, Noah Ostenna, Dylan Roy, Kendra Thompson. Congratulations!"

Mac Council votes in mail ballot voting

The McIntosh City Council met in regular session on Tuesday, October 17, 2017 at the McIntosh Community Center. Mayor Toby Strom called the meeting to order. All members of the Council were present. At the September meeting, the Council heard from Polk County Director or Property

Daylight Saving Time ENDS November 5th

Records, Michelle Cote who discussed mail ballots for elections She informed the Council that more of the area townships and cities are making the switch from in-person voting to mail ballot voting. The City of McIntosh budgets \$1,700.00 per election year for in-person voting. Mail ballots would reduce the cost to roughly \$1,200.00 per election year. In the 2016 election, McIntosh had 317 registered voters and according to Cote, we can expect a higher voter turnout with mail ballots. The Council held back voting until this month when they voted unanimously to accept mail voting for the City. This will begin in the 2018 election year.

The Council will meet in November on the third Thursday of the month, November 16, 2017, instead of the regular second Thursday meeting.

The meeting will be held, as usual, at 5:30 pm at the McIntosh Community Center.



Veteran's Day program at WEM School

The Win-E-Mac School in conjunction with area Veteran' organizations will be holding a Veteran's Day program at the Win-E-Mac Arts and Events Center on Friday, November 10, 2017 at 9:00 am.

The staff and students are inviting all veteran's and community members to attend this very special program.

Veteran's Day gives all of us a chance to honor and thank those who have served and sacrificed in order to preserve our freedom.

Higher deer harvest predicted and hunter expectations are up

According to the Department of Natural Resources, mild winters and conservative hunting regulations, have resulted in rebounding deer populations not only in the Northwest section of the state but across all of Minnesota.

When Minnesota's deer season ends Sunday, Dec. 31, it is quite likely the harvest will be in the 200,000 range.

This Minnesota Department of Natural Resources projection is above last year's harvest of 173,213, below the 2003 record harvest of 290,525 and similar to the most recent 20-year average of 205,959. Prior to 2000, deer harvests in excess of 200,000 occurred only four times.

Deer harvest totals typically relate to the size of the deer population and to a lesser degree to weather conditions immediately before and during the hunting season.

On the 2017 season

This should be a good deer season barring any unforeseen unusual weather. Deer numbers are up following three years of conservative harvest regulations designed to rebuild the population, coupled with three relatively mild winters. As a result, more antlerless permits are available this year, and hunters in many parts of the state will have additional opportunities to harvest more deer because of other more liberal season framework changes. Unfavorable weather, like heavy snowfall immediately before or during the hunting season, is the main factor that would prevent a harvest



increase.

On putting 2017 in context

The highest deer harvests occurred during the early to mid-1990s and from 2000-2008. During this latter period, the harvest topped 200,000 each year. The high harvests in the early 2000s occurred at a time when the over-riding harvest strategy was to reduce the deer population so it wouldn't grow out of control, as had happened in certain eastern states, and to address certain environmental, economic and social concerns. Deer harvests in excess of 225,000 occurred only once in the 1990s. Going further back, the harvests in the 1970s never topped 100,000. The harvests in the 1980s were under 150,000. Today, there's growing discussion in the hunting community as to what's a reasonable harvest target, and that's a good conversation to have.

Northwest deer report by John Williams, northwest region wildlife manager

More deer on the landscape in the northwest region should

help hunters better enjoy the season and have good prospects for a successful hunt.

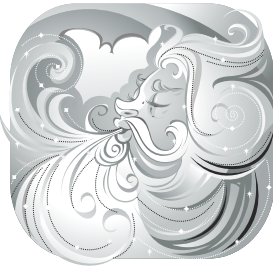
Another mild winter on top of the previous two mild winters has largely enabled deer populations to be at or near goal levels in most permit areas. Fawn production was also good this year; another indication of does coming through the winter in good health.

Recent rains have filled basins that were previously dry due to drought-like conditions in late summer, and water levels are up on many of the marshes and lakes in the region. Hunters should be prepared to deal with wetter than average conditions if they are hunting in or need to cross low-land areas.

In general, hunters will be able to harvest more deer. In several permit areas the designations changed to allow more overall harvest. Some permit areas moved from a designation of lottery, which requires hunters to apply in advance to shoot an antlerless deer, to a hunters choice designation that allows a hunter to use one license to shoot either a buck or antlerless deer.

Other permit areas changed designations from hunters choice to managed. In permit areas designated as managed, hunters can harvest two deer through use of a regular license and a bonus antlerless permit.

Permit areas that did stay in the lottery designation this year may have more permits available than in previous years.



Community Calendar

Wed. Nov. 1: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. Nov. 2: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Fri. Nov. 3: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. Nov. 6: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Solo Contest at Win-E-Mac School 12:30pm - 4:30pm; Early dismissal at WEM school 12:45pm

Tues. Nov. 7: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm

Wed. Nov. 8: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. Nov. 9: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Fri. Nov. 10: Veteran's Day Veteran's Day program at Win-E-Mac School Arts & Event Center 9:00am; McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. Nov. 13: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Tues. Nov. 14: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; McIntosh Community Club @ Community Center 7:00pm



One of the many Junior High students who helped make the Student Council Halloween Party a huge success was Savannah Savlen.

Third Physician hired at RiverView Health through Community Recruiter Program



RiverView Health Recruiter Incentive Program pays the recruiter \$10,000 when a physician makes a minimum of 3 year commitment to RiverView Health.

If there was ever any doubt that RiverView Health's Community Physician Recruiter Incentive Program would bring in quality physicians it should be squashed as Sherine Talaat, MD, PhD, recently became the third physician hired through the program.

Dr. Talaat recently began her internal medicine practice at RiverView Clinics in Crookston and East Grand Forks. She was referred to RiverView Health by Dr. Christina Harmon.

The two women worked together in residency at the University of North Dakota. Dr. Harmon was familiar with RiverView's Community Recruiter Program through her sister, Kalie Crayton, activities director at RiverView Care Center.

The Community Recruiter Program was launched in 2016 to engage the community in the effort to connect with and successfully recruit physicians to RiverView's great community and hospital for a rewarding career in medicine. In return, anyone responsible for igniting the spark that eventually brings a qualified physician to full-time employment at RiverView is justly rewarded financially.

"The success of the Community Recruiter Program has had an overwhelming impact on RiverView Health and the communities we serve," shared

Carrie Michalski, RiverView Health president and CEO. "Not only are we recruiting physicians for critical roles on our care delivery team, but we are recruiting the highest caliber physicians to our team."

One, Two and Three

Dr. Brett Vibeto was the first physician hired through the Community Recruiter Program after Crookston resident Dallas Aune introduced the idea of joining RiverView to Dr. Vibeto, who Aune knew through mutual friends. The rest, as they say, is history and Dr. Vibeto started his general surgery practice at RiverView in February.

Along with Dr. Vibeto, fellow general surgeon Dr. Loran Divald also joined RiverView in February. Dr. Divald went on to recruit Dr. Kyoung Ho Lee to RiverView through the Community Recruiter Program. Drs. Divald and Lee had been colleagues in New Mexico. Dr. Lee began as an emergency physician at RiverView in August.

The addition of Dr. Talaat makes three for the popular recruiter program, but there is still room for more recruiting. Currently, RiverView has physician opportunities in Urology and Family Practice, with OB.

Getting Ahead of the Trend

The Community Recruiter Program is an effort to get out

On behalf of our family, we would like to thank the McIntosh Community and surrounding areas for all of the love and support you have given us after the loss of our daughter and sister Penny Magne. We would like to thank the McIntosh First Responders, Pastor Gordon Syverson, Our Savior's Lutheran Church and Carlin Funeral Home. A special thanks to Carole Burslie for all of the support during this difficult time. Thank you to the many people who brought food, sent flowers, memorials and shared a kind word. The support and generosity you have shown our family has been greatly appreciated and has touched our hearts. Penny will be greatly missed.

Our Sincerest Thanks,
Janis and Marvin Wikstrand
Pam and Steve Hopperstad
Webb and Tami Fullmer
Wendy and Thomas Reitmeyer

Thank You to everyone for attending our 50th Anniversary celebration at Mt. Carmel Free Church.

Thank you for all the cards, gifts, food, cakes, flowers and wonderful decorations. Thank you to all our relatives, son and grandchildren for the great job. We enjoyed it immensely. God bless you all.

Dave and Sandy
Salvhus

ST. MARY'S CHURCH

Fosston
Fr. John Suvakeen, Pastor

Tues. Nov. 1: 6:30pm All Saints Day Mass, St. Mary's, Fosston

Sun. Nov. 5: 8:00am Confession; 8:10am Rosary; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Sun. Nov. 12: 8:00am Confession; 8:10am Rosary; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

If you have any questions please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH

Winger/Bejou Supply Pastor
Gordon Syverson

Sun. Nov. 5: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

Sun. Nov. 12: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)

McIntosh Supply Pastor
Gordon Syverson

Sun. Nov. 5: 11:15am Worship Service.

Sun. Nov. 12: 11:15am Worship Service.

GOSEN LUTHERAN CHURCH

Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Wed. Nov. 1: 1:30pm Bible Study at The Country Place

Sun. Nov. 5: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service

Tues. Nov. 7: 10:00 a.m. Sunday worship service telecast on Garden Valley Cable TV--Channel 2; 1:00pm Bible Study at The Country Place

Wed. Nov. 8: 7:00pm Bible Study at Don & Sharon Ramberg's

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC

McIntosh Trinity / Mount Carmel:
Pastor Karl Anderson

Thurs. Nov. 2: 7:00am Men's Breakfast at Mt. Carmel

Sun. Nov. 5: 9:30am Worship at Mt. Carmel; 11:00am Worship at Trinity.

Thurs. Nov. 9: 7:00am Men's Breakfast at Mt. Carmel

Sun. Nov. 12: 9:30am Worship at Mt. Carmel 11:00am Worship at Trinity

Thurs. Nov. 16: 7:00am Men's Breakfast at Mt. Carmel

VERNES LUTHERAN CHURCH (LCMC)

McIntosh
Pastor Jill Torgerson

Sun. Nov. 5: 9am Worship

Sun. Nov. 12: 9am Worship

DOVRE

FREE LUTHERAN
Pastor Don Edlund

Wed. Nov. 1: 7:00pm Bible Study

Sun. Nov. 5: 10:00am Worship Service; Sunday School following

Wed. Nov. 8: 7:00pm Bible Study

Sun. Nov. 12: 10:00am Worship Service; Sunday School following

Wed. Nov. 15: 7:00pm Bible Study

IMMANUEL LUTHERAN CHURCH

McIntosh
Rev. Bruce Blocker, Pastor

Sun. Nov. 5: 9:00am Divine Worship with Holy Communion

Sun. Nov. 12: 9:00am Divine Worship Service; 10:00am Council Meeting

Tues. Nov. 14: 2:00pm Ladies Aid

Sun. Nov. 19: 9:00am Divine Worship with Holy Communion

Sun. Nov. 26: 9:00am Divine Worship Service

Holy Communion 1st and 3rd Sundays

Do you have a story to share?

If you have a story, a story idea or any photos you want to share, please send to: mcintoshtimes@gmail.com

Attention Deer Hunters!

Ness Cafe will be open
Sat. & Sun., Nov. 4th & 5th at 6am & Nov. 11th & 12th at 6:30am

Breakfast Buffet

Saturday's & Sunday's starting at 7 am

SATURDAY SPECIAL BOTH HUNTING WEEKENDS!
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Greet overnight guests with the freshly baked bread

The aroma of homemade bread baking in the oven is enough to compel many people to get in the kitchen and bake. That aroma is even more welcoming when hosting friends and family overnight, as there's nothing quite like waking up to the smell of freshly baked bread coming from the kitchen. Hosts who want to treat their guests to such aromatic mornings can try the following recipe for "Banana and Coconut Loaf" from Linda Collister's "Quick Breads" (Ryland, Peters & Small).

Banana and Coconut Loaf
Makes 1 medium loaf
3/4 cup unsweetened shredded coconut
7 tablespoons unsalted butter, softened
1/2 cup packed light brown sugar
Grated peel of 1 unwaxed lime
2 extra-large eggs, beaten
3 medium bananas, very ripe (about 1 cup peeled)
3 tablespoons plain yogurt (not fat-free)
2 cups unbleached all-purpose flour
1 teaspoon baking powder
1/2 teaspoon baking soda
A good pinch of sea salt
1 - 8 x 4 x 2 1/2-inch loaf pan, greased and base-lined with parchment paper
Preheat the oven to 350 F.
Put the coconut in an ovenproof dish and toast in the heated oven for about 3 minutes until a light gold color. Let cool until needed.
Put the butter into a large bowl, add the sugar and the grated lime peel. Beat well with a wooden spoon or electric mixer. Gradually beat in the eggs.
Using a fork, mash the bananas fairly roughly so they keep a bit of texture. Add to the bowl together with the coconut. Halve the lime and squeeze out the juice, then add 1 tablespoon of the juice to the bowl with the yogurt. Mix in gently.
Set a strainer over the bowl and sift the flour, baking powder, baking soda, and salt onto the mixture. Mix in well, then scrape the mixture into the prepared pan and smooth the surface.
Bake for about 1 hour until golden and a skewer inserted into the center of the loaf comes

out clean. Carefully remove from the pan and let cool on a wire rack. Serve thickly sliced. Best eaten within 3 days. Can be frozen for up to 1 month.

On behalf of the McIntosh Community Club, we would like to thank Garden Valley Telephone Company for their generous \$200 donation toward the purchase of a projector for community events. It is because of local businesses like Garden Valley dedicated to their communities that make our area a great place to live! Please support them and all our area businesses.

Community Birthday and Anniversary Calendar

Wed. November 1: Jim Votava, Kain Schow

Thurs. November 2: Bridgette Burslie, Robert Christianson, Bernie Marshall, *Ron & Elaine Rood

Fri. November 3: Ethan Ekeberg, Sharon Hegland, Bob Quinlan

Sat. November 4: Greta Strom, Cameron Svalen

Sun. November 5: Avery Ostenaar

Mon. November 6: Judy Bartz, Carolyn Lundquist, Jessica Goodwin, Ben Faldet

Tues. November 7: Phillip Carlson

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Announcements • Photos • Community Updates

McINTOSH Times

PUBLISHED WEEKLY IN THE HUB OF THE THIRTEEN TOWNSHIPS BY RICHARDS PUBLISHING CO., INC.

RICHARD D. RICHARDS, PUBLISHER
KIM HEDLUND, EDITOR

McIntosh • (218) 563-3585

"McIntosh Times" (USPS 336-020) is published weekly for \$25.00 per year (in county) and \$30.00 per year (out of county) by Richards Publishing Co., Inc., 1st & Main Ave., Gonvick, MN 56644. Periodicals postage paid at McIntosh, MN.

POSTMASTER: Send address changes to:
McIntosh Times, PO Box 9, McIntosh, MN 56556.
mcintoshtimes@gmail.com

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Winger News

Linda Pulskamp

Hello again from Winger and the Union Lake areas and welcome to winter.

Today (Thursday) hopefully is just a bump in the road but it sure has been a nasty windy and snowy day. Not only has it been windy today but it has been windy for the past many days though some of them have been sunny and warm. Maybe now after this system passes we will have a few more nice fall days.

Good luck and safe hunting to all the deer hunters as they get ready for the big hunt once again. I hope you all get your trophy buck.

So where has the year gone, seems hard to comprehend but it is on it's way out and the holiday season creeping up on us. With the month of October almost behind us by this time next week we will be into the month of November already.

The Calvary Ladies Aid sale has come and gone and was again another success with good attendance with all those being there entertained by Auctioneer Andy (Greg) Anderson's auctioneering along with his singing The Auctioneer Song.

Besides those mentioned by Bunny in last weeks news, others from Winger attending the Harold Smeby benefit last Saturday evening held in Fosston were Butch and Linda Pulskamp, Kelly Johnson and Brandon Omang. It was a very enjoyable evening of visiting and reminiscing.

On to the news and so very glad to hear that Milton Carlson is back home again after a stay in the hospital with pneumonia. A reminder to all get your flu shots.

On Saturday the 14th Paul Carlson stopped for a visit with Milton Carlson at Milton's home and while there he took out the air conditioners for Milton.

Last Sunday Helmer and Verlys Homme and Gary and Maxine Walters enjoyed dining out for supper after which Helmer and Verlys were visitors at the Walters home.

Tuesday the 17th Judy picked up Milton Carlson and took him to the Clinic in Fosston for a Doctor appointment, this was the beginning of Milton's bout with pneumonia.

Last Sunday Butch and Linda Pulskamp spent the day at the Brent and Jessie Pulskamp home in Wahpeton. They brought to their Granddaughters some pretty huge pumpkins from Wayne Benbo's pumpkin patch. While there they picked apples to bring home and Brent and Grandpa

took the girls to a corn field to pick corn stocks and all worked together to make a corn stalks.

Last Thursday Judy Gieseke brought Milton Carlson home from the hospital in Fosston where he was discharged after spending a couple days.

Last Saturday evening Betty Myhrum attended a house warming in Oslo for Chelsey Haugen and Steven Cullen. That evening Betty was an overnight guest at the home of Kjerstie and Dakota Poissant in Newfolden.

Paul Carlson was a visitor at the Milton Carlson home on Friday the 20th and while he was there helped Milton with some fall cleanup.

Last Saturday Manley and Vangie Hillestad of Mahnomen visited with Helmer and Verlys Homme at the Pioneer Home at Erskine.

Last Saturday Lonnie Gieseke visited with Milton Carlson at Milton's home bringing with him fresh eggs and also getting Milton's mail for him.

Lucy Brtek was a visitor at the home of her Daughter Michelle Gagner at the Gagner home at Mentor where she got to see her Granddaughter Samantha O'Bierne and also her Great Grandson Gideon. Such a fun time to see the young kids.

Sunday Paul and Donna Carlson were visitors and brought supper with them to the Milton Carlson home, needless to say the visit and supper were enjoyed by all.

Craig and Bev Helgaas of Glenwood were Wednesday visitors and overnight guests at the Pulskamp home. Needless to say there were projects going on with all participating.

Monday the 23rd Judy Gieseke took Milton Carlson to Fosston to the Clinic for a check up after his hospitalization where he received a good report that his lungs were all clear. Later that same day Sheila and Jade Benesh were visitors with Milton at his home.

Lucy Brtek stopped in at Cornerstone last Wednesday where she checked in on Wilma Wang and also stopped by to visit with Sheldon Lee.

Tuesday the 24th Paul Carlson stopped in to top off his morning coffee on his way to work and visited with Milton Carlson. Later in the day Lonnie Gieseke stopped by Milton's for a visit and after her work day Donna Carlson stopped in for a visit with Milton bringing him supper.

Last Friday Lucy Brtek attended the Celebration of Life Service at Roy Lake for Debbie

Malmo. Inspite of the sadness of the service Lucy stated she had a pleasant time of visiting with family and friends that she hadn't seen in awhile.

So this is another week of whatever has happened in our little nook, please jot down your news and pass it on, it is needed. In closing, keep smiling, it makes people wonder what you are up to.

From Bun Manor:

Wednesday afternoon, brother Andy and his wife Linda came up north to attend the Calvary women's fall bazaar. Andy did a nice job being the auctioneer. He has a little problem hearing which can be a little disruptive for the bidders. Joyce outbid Bun for the homemade Krumkaka. She was busy bidding and spending money. This isn't the Joyce that Bun is used to. Bun apologizes to Bruce on telling him the sale started at Seven and not seven-thirty. On the bright side Bruce did get a choice seat. Attendance was a little weak but they made pretty good money. Bun sure misses all the men who used to sit at the back and bid on items. God bless them all.

Following the sale, Bun, Linda and Andy met Lori Balsstad up at Moran's to help Kara Sonstlie celebrate her 21st birthday. Andy got out his guitar and everybody sang Happy Birthday. Bun got a chance to visit a bit with her great aunt Karen (Sonstlie) and her husband Luther Jacobson.

We got our first snow of the season on Thursday. Strong north winds accompanied the snow. The roads got icy but by Friday afternoon the roads had melted. Luckily Scrap got the dock out the day before when it was still nice out.

Condolences to the Jeff Ose family of Erskine on his passing. Bun attended the prayer service in Erskine on Friday. Jeff used to work with Danny Ness doing auto body work in Erskine. God rest his soul.

The Hwy #2 Cruisers car club held a Halloween costume party last Saturday night at the Erskine community center. The Ness café catered a rib dinner with side dishes and cheese cake for dessert. Elmyrna, Lynn and Sara Lucken and Orrie and Sue Flermoen from Winger attended the event.

Bun would like to wish Bob Lee a happy belated birthday. Brian and Mary Espeseth took him and Lorraine out to Joe DiMaggio's in Erskine on Sunday for big Bob burgers.

Ad deadline:
Noon Friday

Random Things and Stuff

Fall Fragrances

By: Emily

Lynne



One of my favorite things about the season changing is all of the new Fall scents that come out. There is something about the scents of Fall that comfort me. This is the time of year I especially like to stock up on candles, air fresheners, and lotions that have these scents! My favorite place to get these fragrances are from Bath & Body Works. These are my top 10 favorite Fall scents from Bath & Body Works:

- 1.Spiced Pumpkin Cider
- 2.Peppered Plum
- 3.Champagne Apple & Honey
- 4.Marshmallow Pumpkin Latte
- 5.Bright Autumn Blooms
- 6.Autumn Apricot
- 7.Wicked Apple
- 8.Salted Caramel Apricot
- 9.Salted Honey & Vanilla
10. White Pumpkin Pepper-corn



40 years ago...1977: Mrs. Louise Ferden is exhibiting one of her lovely birthday cakes brought to her home on Sunday, October 23rd, in honor of her 90th birthday cakes brought to her home on Sunday, October 23rd, in honor of her 90th birthday. Seated with her is her great granddaughter, Janet Olson, daughter of Mr. and Mrs. David Olson of McIntosh, who is also celebrating her 5th birthday with her great grandmother. Mrs. Ferden lives alone in her home in Fosston on Larson Street. Her former residence was on the Ferden farm near McIntosh.



30 years ago...1987: The WAC's were in costume at the Halloween Party they planned for the children in McIntosh. Front, (seated left to right): Marilyn Graff, Cathy Carlson, Mary Schow, Karen Olson; (back row, standing) Orlett Hedlund, Connie Strom, Joan Lee and Carolyn Lundquist. WAC's who are not pictured are Paulette Kringlen, Mary Salvhus and Sue Ostenson.



20 years ago...1997: These little Halloween party-goers enjoyed the games and treats at the McIntosh Community Party. (L-R) Pooh Bear - Caitlyn Espeseth, Batman - Tyler Schow and Pirate - Garrett Espeseth.

Did you know?

According to the Food Network, thawing a frozen turkey takes several days.

The popular food-based television channel says it can take roughly four to five days for a frozen 20-pound turkey to fully defrost.

Thanksgiving hosts who plan to cook turkeys that weight more than 20 lbs. should afford their turkeys even more time to fully defrost.

The Food Network also recommends that cooks who want their turkeys to have crisp skin leave the bird uncovered in the refrigerator overnight. The

time it takes to cook a turkey depends on whether or not the bird was purchased fresh.

The Food Network advises cooking fresh turkeys for 10 to 15 minutes per pound in a 350 F oven, while frozen turkeys need roughly 20 minutes per pound at 350 F.

And while stuffing is a Thanksgiving Day staple, the Food Network recommends going easy with the stuffing. Turkeys that are not densely stuffed will cook more evenly than turkeys whose cavities are overflowing with stuffing

Regional Ag News

Eli Gindele,
Extension Educator

Five tips for getting the most out of fall soil sampling

Dan Kaiser, Soil Fertility Specialist

1. Sample at the correct depth

We calibrate soil test results to a specific sampling depth, so it's important to get this right. Immobile plant nutrients tend to accumulate near the soil surface, so shallow sample depths can inflate results. For immobile nutrients and soil pH, sample at zero to six inches. For fall nitrate, sample at zero to 24 inches.

2. Choose the right sampling strategy for your field

There is no one-size-fits-all soil sampling strategy which works across all fields.

The decision to grid or zone sample fields depends on how variable soil tests are within a field. If soil tests are very high then a single composite soil sample may be enough within a field.

When sampling in the same field for many years, try to collect individual cores for a composite sample from as close to the same spots as possible. With banded immobile nutrients, collect two to three cores outside the fertilizer band for each core collected from the fertilizer band to ensure your soil test values represent the true fertility of the field.

3. Sample before fertilizer is applied

Fertilizer granules are highly water soluble and can contaminate a sample and inflate the results. Allow time

for the fertilizer to react with the soil before taking a sample. Don't sample too soon after application, wait a few months after fertilizer application.

If soil test values are inflated due to recent fertilizer application, it can result in an overestimation in available nutrients.

4. Don't sample too soon after harvest

The time of sampling after harvest matters for a small number of nutrients. Phosphorus and soil pH are relatively stable over time so the time of sampling is not as important. Soil test potassium values exhibit more seasonal variability, caused by dry soil conditions, crop uptake and the release of potassium from residue in the fall.

Soil nitrate values can also change in the fall depending on environmental factors in various regions of Minnesota. Due to time constraints, we understand that samples will get taken soon after the combine goes through the field.

It is important to try to sample fields at the same time of year so your test values are comparable when looking at long term trends within a field.

5. Use data to decide where you can get the most from your fertilizer dollars

The power of having soil test data is the knowledge of where fertilizer will make the most sense economically in a field.

With variable rate fertilizer applications, you can achieve greater profitability by ensur-

ing that low-testing areas are not under-fertilized and high testing areas are not over-fertilized.

In high or very high testing soils, the probability of fertilizer increasing yield drops dramatically. Applying fertilizer based on current crop removal can also be expensive in these situations.

For the latest nutrient management information, like UMN Extension Nutrient Management on Facebook, follow us on Twitter or visit our website.

Support for this project was provided in part by the Agricultural Fertilizer Research & Education Council (AFREC).

What is a Fair Farm Rental Agreement?

By David Bau, Extension Educator

Landlords, Farmers, Agribusiness Professionals should make plans to attend one of the informative meetings being held across Central and Southern Minnesota.

These free meetings are being provided by the University of Minnesota Extension. Farmer profits are low or negative and farm land rental rates declined slightly while commodity prices have decreased significantly.

Determining a fair profitable farm rental agreement is a challenge in today's economy with recent record corn and soybean prices and record farm land values as recently as 2012 but commodity prices continued to decline since then.

Negotiating a fair rental agreement that satisfies the

land owner and the farmer is a challenge. David Bau and Nathan Hulinsky, Extension Educators in Ag Business Management, will provide several ways; by examples, factsheets and worksheets to determine a fair farm land rental rate for both parties.

Topics covered at the meetings will include local historic and projected farmland rental rate trends, current farm land values and sales, a worksheet that will help determine a fair rental agreement. Input costs for 2018 will be presented along with current 2018 corn and soybean prices.

Worksheets will examine 2018 costs and what is affordable rent that a farmer will be able to pay in 2018, the rate of return to the landlord at current market values and examine flexible rental agreements.

Make plans to attend one of these forty-two meetings now. Attendees will receive several informative worksheets and factsheets that will help to determine what is a fair 2018 farm land rental rate is.

November 30, 2017: Grygla – Grygla Community Center - 127 N Main Avenue, Grygla, MN @ 9:30 AM; **Red Lake Falls** – City Hall - 08 2nd St. SW Red Lake Falls, MN 56750 @ 1:30 PM.

December 7, 2017: Crookston - VFW Post #1902 - 121 North Main St. Crookston, MN 56716 @ 9:30 AM; **Clearbrook** - Clearbrook Community Center - 200 Elm street Clearbrook, MN 56634 @ 1:30 PM.

The County Line

By Warren Strandell
Polk County Commissioner, Dist. 2

There are times when being a county commissioner is anything but encouraging and uplifting. Such was the case a couple of times recently... first at a meeting of the Pine to Prairie Drug Task Force executive committee and a few days later when the Polk County Social Services Board met.

At the Pine to Prairie meeting, East Grand Forks Police Chief Michael Hedlund, who as chair of the 8-county drug task force reported on the Violent Crimes Coordinating Council training event conducted by the Minnesota Bureau of Criminal Apprehension that he had attended.

This is some of what he said:

- Law enforcement is now dealing with 21 variations of fentanyl and that number is rising. The medical community knows very little about most of the variations since they are primarily analogs not used in the medical world.

- Of the people entering drug treatment, meth is now the No. 1 reason. Marijuana had been No. 1 for years but that has now changed to meth.

- Statewide, task force seizures of meth were up 483% from 2009 to 2016.

- Most of the meth is coming from Mexico. There are few local labs. The cost of meth has decreased significantly.

- Marijuana use is increasing with most of it coming from Colorado via mail and delivery services or by personal transport. This is not marijuana that was legally grown; it is black market marijuana.

- Heroin seizures in Minnesota last year (totaling 17,000 grams) were double the number of the previous year.

- Prescription drug overdoses have become the No. 1 cause of death in 17 states, surpass-

ing car crashes. More people are dying from drug overdoses each year than died from homicide in the peak years of homicide death. The United States has 4.6% percent of the world population yet uses 80% of prescription opioids.

- In 2016, the Pine to prairie Drug Task Force was able to make 271 arrests in the eight northwestern Minnesota counties that it serves. That number of arrests was already exceeded in the first 9 months of 2017.

Child Protection unit

Facts below are from a report by Molly Paulsrud, supervisor of the Child Protection Unit of Polk County Social Services. She started her presentation by noting that the days of dealing with messy homes and simple supervision reports for members of her unit are now LONG gone.

- There has been a significant increase of mental health issues in parents. This has led to a corresponding increase in abuse and neglect of children.

- Since Jan. 1, 29 reports of sexual abuse have been investigated. This includes an increase of children being the perpetrator of sexual abuse toward younger children.

- Mentally ill and drug abusing parents are often unstable and unpredictable. Recently, when in the process of a child removal, a child protection service (CPS) worker was pushed against a wall by a parent. This occurred even when a law enforcement officer was present.

- CPS and Family Based Service workers often enter homes alone. When they feel unsafe, they are to have a law enforcement or another worker with them. Workers have been targeted by clients and have

had their properties damaged (tire slashing, car keyed).

- After hours responses are made as needed 24/7/365. Since January, CPS workers have been called after hours by law enforcement 13 times. Seven of those calls were handled appropriately by a phone call/consultation. The other six required workers to respond in person to make safety plans with families, child placements or arrange for and attend forensic interviews for child sexual abuse victims.

Tip of the iceberg

The above is a sampling of how drug abuse is affecting lives. The impact of meth addictions, especially, has made people crazy. Morals have been trashed. The numbers and problems mentioned above represent only the tip of the iceberg. Drug use is at the base of virtually all criminal and social service issues.

Thoughts for the day:

The nearest thing to eternal life we will ever see on this Earth is a government program. — Ronald Reagan
It's Back to Standard Time on Sunday, Nov. 5.

The clock struck two and up I flew

To set it back an hour.

How nice, I thought, to do this thing

And finally catch up from last spring.

Disclaimer: Thoughts expressed in this column are those of the author and are not necessarily a reflection of the opinions of the other members of the Polk County Board of Commissioners.

WEM Yearbook ordering

The Win-E-Mac Yearbook staff is taking pre-orders for this year's book. Cost is \$35.00 now and until December 20th and will cost \$40.00 after December 20th. Yearbooks can be purchased during students' noon hours or from Mrs. Winter before or after school. Order forms are available in the office. Complete the form below and return it with your payment. Be sure to make your order so you are guaranteed a yearbook!

WEM ECFE

Fall Leaves Fall! Nov 14 6pm Join us at the McIntosh Library for fall stories, activities and snacks! (Ages 0-6yrs old and families)

Win-E-Mac Basketball Buddies Event! (Date to be Announced!) (Ages 2-12 yrs old and families) Watch local papers and WEM Early Childhood Family Education on Facebook for date!

Turkey Lurkey Play-date! Nov 21 6pm WEM ECFE Room. Supper provided! Make an easy keepsake turkey, explore our learning centers, sing a silly "Gobble Gobble" song and listen to stories! (Ages 0-6 yrs old and families)

December ECFE Fun Family Nights!

Annual Grandparents Night! Dec 7 6pm WEM ECFE Room. Bring along grandma

and grandpa for this fun annual event! Make easy ornaments, sing holiday songs and enjoy yummy treats! (Ages 0-6yr old and families)

Winter Solstice Celebration! Dec 14 6pm WEM ECFE Room. Create an easy, winter luminary, make a delicious treat for your winter animal friends, enjoy warm cocoa & popcorn, and listen beautiful music and stories!

Win-E-Mac Early Childhood Family Education Classes are for children 0-6yrs old and families. Registration is not required unless noted. **FREE!** For upcoming events follow us on Facebook: WEM Early Childhood Family Education. Contact Shannon Svalen, ECFE Coordinator at ssva-len@win-e-mac.k12.mn.us for more information or questions.

Postsecondary Enrollment Options

Postsecondary Enrollment Options (PSEO) is a program that allows 10th-, 11th- and 12th-grade students to earn both high school and college credit while still in high school, through enrollment in and successful completion of college-level, nonsectarian courses at eligible participating postsecondary institutions. Most PSEO courses are offered on the campus of the postsecondary institution; some courses are offered on-line. Each participating college or university sets its own requirements for enrollment into the PSEO courses. Eleventh and 12th-grade students may take PSEO courses on a full- or part-time basis; 10th graders may take one career/technical PSEO course. If they earn at least a grade C in that class, they may take addition-

al PSEO courses.

There is no charge to PSEO students for tuition, books or fees for items that are required to participate in a course. Students must meet the PSEO residency and eligibility requirements and abide by participation limits specified in Minnesota Statutes, section 124D.09. If a school district determines a pupil is not on track to graduate, she/he may continue to participate in PSEO. Funds are available to help pay transportation expenses for qualifying students to participate in PSEO courses on college campuses. Schools must provide information to all students in grades 8-11 and their families by March 1, every year. Students must notify their school by May 30 if they want to participate in PSEO for the following year.



Ella Strom, part of the Win-E-Mac Junior High Student Council was minding the duck pond during the Halloween Party that was hosted by the Junior High Student Council on Sunday afternoon. Doing the duck picking was Lukas Gensburger.



With a perfect toss at the ball throw during the Halloween Party was Ashton Anderson.



Annabelle Schulz was a perfect princess during the WEM Halloween Party.



Trying her hand at the pumpkin toss game during the WEM Halloween Party on Sunday was Breeleyn Hegre.



Kalli Roy dressed up like Harley Quinn for a fun Halloween party on Sunday at Win-E-Mac School.



The "Haunted Hallway" was a scare for most who dared to enter during Sunday at Win-E-Mac's Halloween Party sponsored and hosted by the Junior High Student Council.



Having lots of fun during the Junior High Win-E-Mac Halloween Party on Sunday was Ashley Schow and her boys.



Hudson Smeby does some duck hunting at the Duck Pond during the Win-E-Mac Halloween Party on Sunday afternoon.



Down to the last chair as Erich Gensburger plays some Musical Chairs during the Halloween Party at Win-E-Mac School on Sunday.