

Vol. 129 Number 12

Wednesday, October 11, 2017

McINTOSH

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McIntosh, Minnesota

Hub of the Thirteen Townships

Homecoming at Win-E-Mac



Cameron Bergman and Mr. Roragen during the Elementary Football boys game versus the teachers and staff last Friday at Win-E-Mac School.



Mr. Hanson faces off against some pretty tough elementary football players during a game for part of homecoming last week at Win-E-Mac.

WEM Students enjoy Homecoming week

The students at Win-E-Mac school enjoyed a fun-filled week during the 2017 Homecoming celebration that took place at the school last week.

There were themes for every day starting with Decades Day on Monday and ending with School Spirit Day on Friday.

There were two pep fests held during the week and the kids had fun competing class against class to see who would reign at the school.

Friday afternoon the elementary school football players took on the teachers and staff during a fun game out on the football field with the rest of the elementary school kids cheering on both teams.

Thursday was Volleyball at Home and Friday the Football team defeated WarrenAlvarado Oslo.

Pictured right: Seniors, Emelian Hanson, Blake Glass and Mikah Olson during the pep fest at Win-E-Mac School last Friday afternoon.



More like making a mess than "painting with all the colors of the wind", Mrs. Schulz performs for the upperclassmen during the pep fest last Friday at Win-E-Mac.

Parents, the time is now – it's Let's Talk Month

Research shows kids who talk with parents about sex and relationships are less likely to engage in risky sexual behavior

From "Where do babies come from?" to discussing teenage relationships, talking about sex is an important part of parenting that can make for some pretty interesting stories.

The Minnesota Department of Health wants to turn some of those tales into helpful advice for other parents. The health department is asking parents to share their tips and stories. The effort is part of Let's Talk Month, a chance to "Make a Date" to have open, honest conversation with young people to foster responsible and positive attitudes toward sexuality and healthy relationships. Governor Mark Dayton has proclaimed October Let's Talk Month in Minnesota.

"Parents might not believe it, but research shows kids do listen to them," said Minne-

sota Commissioner of Health Dr. Ed Ehlinger. "These talks throughout a child's life play a powerful role in helping young people make healthy decisions about sex, avoid disease, prevent pregnancy and successfully transition into adulthood. This is one thing all parents can do to help support our kids in making healthy choices that lead to promising futures."

As part of our #MakeADate campaign, parents, guardians and caring adults can go to MDH's Facebook page or "Make a Date" campaign survey page to share their stories about a time when their children asked about the birds and the bees, or when they had a conversation about relationships and sexuality.

Parents who share a story will have a chance to receive a free age-appropriate advice book that will help guide conversations with their children.

Parents can also visit our

Let's Talk Month webpage to get expert resources and guidance for getting started.

Studies show that youth whose parents have open conversations about healthy relationships start having sex later and engage in sexually risky behavior less often than their peers, according to Advocates for Youth.

Young people also consistently say their parents influence their decisions about relationships more than their friends, media, siblings or their boyfriend/girlfriend, according to The National Campaign to Prevent Teen and Unplanned Pregnancy. Also Minnesota teens who say they have an adult they can talk to and who cares about them are less likely to have sex during high school, according to the Minnesota Student Survey.



Jen Howard (right) Highway 2 Cruisers Cruise Director and Treasurer, presents a check to Jodi Thompson (left), representative for Relay for Life.

Hwy. 2 Cruisers makes donation to Relay for Life

At the Highway 2 Cruisers annual car show in August there was a very nice tribute to John Loiland, owner of the Mac Auto Body, who recently passed away from cancer.

A collection was held for the cancer society during the show with intent of matching funds from the club. "After the car show, the money was tallied and was less than what members had hoped for, so we opted to donate more!

A motion was made and carried to donate more than double of what was collected at the show! We truly felt that every single member of the Highway 2 Cruisers had been affected by cancer in one way or another and felt it was a

great cause to give back more to," states Jen Howard, Highway 2 Cruisers Cruise Director and Treasurer.

Highway 2 Cruisers car club current membership is over 100 families and covers a large geographic area along the Highway 2 corridor and then some!

Communities where members reside include Red Lake Falls, Wauban, Bagley, Clearbrook, Gonvick, McIntosh, Mahnomen, Winger, Bejou, Erskine, Mentor, Fosston, Lengby, Fertile, Crookston and Oklee. If you would like to join the club, please email highway2cruisers@gvtel.com or call Rich Johnson at 218-435-1600.

No School

On October 19th and 20th there will be NO SCHOOL at Win-E-Mac due to MEA.



The Freshmen boys during their performance at the Win-E-Mac Homecoming pep fest last Friday afternoon.



A group of Win-E-Mac Seniors are ready for a fun afternoon last Friday during the Pep Fest for their last Homecoming week.

Community Calendar

Wed. Oct. 11: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. Oct. 12: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Fri. Oct. 13: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. Oct. 16: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Tues. Oct. 17: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; McIntosh City Council Meeting @ Community Center 5:30pm

Wed. Oct. 18: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. Oct. 19: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Fri. Oct. 20: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. Oct. 23: McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Tues. Oct. 24: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm

QOV is looking for new members

There will be a reorganizational meeting of the East Polk County Quilts of Valor on Oct. 25, 2017 at 7:00pm at the McIntosh Community Center. We encourage anyone interested in sewing for veterans to attend.

You don't need to know how to sew. We also need people to cut and press.

Please consider being a part of this. very rewarding project. We are concerned that this very important local organization can not continue without more members.

Any questions please contact Connie Strom, Ilene Reiersen, or Lois Boehrnsen.

RiverView invites area women to fun events in recognition of Breast Cancer Awareness Month

You may already know that October is National Breast Cancer Awareness Month, but did you know that one in eight women born today in the United States will get breast cancer at some point? The good news is that many women can survive breast cancer if it's found and treated early.

In honor of National Breast Cancer Awareness Month, RiverView Health's Diagnostic Imaging Department invites women 21 years of age and older to "WINEd Down Wednesdays", two fun events to raise awareness of a serious disease.

"WINEd Down Wednesdays" will be held at 6:30 pm Oct. 11th and 18th in RiverView's Diagnostic Imaging Department, Crookston. Both evenings will include appetizers, wine and painting fun with instructor Joanne Ryan.

The Oct. 11th theme will be a fall canvas. Wine glasses (pink, of course) will be the Oct 18th theme. The events are free. Registration must be done in advance, as seating is limited, by calling 218-281-9745.

Breast Cancer Statistics

According to the Centers for Disease Control and Prevention, not counting some kinds of skin cancer, breast cancer in the United States is:

- The most common cancer in women, no matter your race or ethnicity.
- The most common cause of death from cancer among Hispanic women.
- The second most common cause of death from cancer among white, black, Asian/Pacific Islander and American Indian/Alaska Native women.

In 2014 (the most recent year numbers are available) 236,968 women and 2,141 men in the United States were diagnosed with breast cancer. Of those, 41,211 women and 465 men died from breast cancer.

The main factors that influence your breast cancer risk are being a woman and getting older. In the United States, the average age when women are diagnosed with breast cancer is 61. Other risk factors include:

- Changes in breast cancer-related genes (BRCA1 or BRCA2).
- Having your first menstrual period before age 12.
- Never giving birth, or being older when your first child is born.
- Starting menopause after age 55.
- Taking hormones to replace missing estrogen and progesterone in menopause for more than five years.
- Taking oral contraceptives (birth control pills).
- A personal history of breast cancer, dense breasts, or some other breast problems.
- A family history of breast cancer (parent, sibling, or child).

1 in 8 women will be diagnosed with breast cancer in their lifetime.

- Getting radiation therapy to the breast or chest.
- Being overweight, especially after menopause.

Breast Cancer Screenings

A breast cancer screening means checking a woman's breasts for cancer before she has any symptoms. A mammogram – an X-ray picture of the breast – is the best way to find breast cancer early, when it is easier to treat and before it is big enough to feel or cause symptoms.

According to the American Cancer Society and American College of Radiology,

- Women in their 20s and 30s should have a clinical breast exam (CBE) as part of a regular health exam every 3 years. Starting at age 40, women should have a CBE every year.

- Women age 40 and older should have a mammogram every year and should continue to do so for as long as they are in good health.

- Women who are at high risk for breast cancer based on certain factors, including family history of breast or ovarian cancer, should talk with their provider about how often they should have a mammogram.

3D Mammography at RiverView Health

In 2016, RiverView Health was one of the first in the area to offer 3D mammography. This new technology allows for pictures to be taken as thin slices of the breast from different angles and computer software reconstructs the image. Breast tissue can then be examined layer by layer instead of only a flat image.

The new technology is proven to detect 41 percent more invasive breast cancers and reduce false positive results by up to 40 percent.

This amounts to reduced imaging call backs and additional tests; earlier detection of small breast cancers; greater accuracy in pinpointing size, shape and location of abnormalities; and greater likelihood of detecting multiple breast tumors, which occur in 15 percent of breast cancer patients.

Early detection is the best defense against breast cancer. Successful treatment and survival rates for breast cancer patients are dramatically affected by early detection of breast cancers.

If breast cancer is found early, before it has spread to lymph nodes, the five-year

survival rate is almost 100 percent.

For more information on breast health or to make an appointment for a mammogram, call RiverView's Digital Imaging Department at 218-281-9428.

Did you know?

While certain breast cancer risk factors, including gender and age, are beyond women's control, the American Cancer Society notes that certain factors are related to personal behaviors.

Alcohol consumption is one such lifestyle-related risk factor for breast cancer. Compared with nondrinkers, women who consume between two and five alcoholic drinks per day have about a 1.5 times greater risk of developing breast cancer than women who abstain from alcohol. A woman's risk of developing breast cancer increases only slightly compared to nondrinkers if she has just one alcoholic beverage per day.

Weight is another breast cancer risk factor that wom-

en can control. Women who are overweight or obese have a greater risk of developing breast cancer than those who are not. Prior to menopause, women's ovaries make most of their estrogen, with fat tissue making just a small amount. But women's ovaries stop making estrogen when they enter menopause, at which time fat tissue produces most of their estrogen.

Having excessive fat tissue can increase estrogen levels and raise a woman's risk for breast cancer. If or when a woman decides to have children can also affect her risk for breast cancer.

According to the ACS, women who have not had children or who had their first child after turning 30 have a slightly higher risk of being diagnosed with breast cancer than women who had many pregnancies and became pregnant at an early age.

Harold Smeby Benefit

A benefit will be held for Harold Smeby of Fosston on Saturday, October 21 from 4-8 p.m. at Ventures in Fosston. Harold had quadruple bypass surgery and has had several strokes since then. He will not be able to work.

A spaghetti feed will be held for all that attend. A Silent Auction will be held and donations from businesses and individuals for this Auction will be appreciated. Contact Joyce Quick (218-435-1526) or Darlene Skoglund (218-435-6302) if you have any questions about the Silent Auction.

This Benefit is sponsored by the United Methodist Church Women.



Celebrating their 50th Wedding Anniversary is Dave & Dandy Salvhus. Everyone is welcome to join in the celebration on Sunday, October 22nd at Mt. Carmel Church from 1:00 pm to 2:30 pm for coffee and cake. No gifts, please.

Property Taxes Due

Michelle Cote, Polk County Director of Property Records, reminds Polk County property owners that the second half of the 2017 Real Estate Tax, except Real Estate classified as Agricultural, is due by Monday, October 16, 2017.

Please include the tax statement stub with your payment. Checks should be made payable to Polk County or Polk County Administrator. Thank you.

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Ad deadline: Noon Friday

Polk County Sheriff's Report

Please be advised the new Polk County Sheriff's Office East Sub-Station is now located at 223 N. Omland Ave. Suite A, Fosston, MN.

Contact phone number for Polk County Dispatch will still be 218-435-6611. This office will be utilized by Patrol, Investigations and Administration throughout the day and night.

The Fosston contract Deputies will still be working their day shifts out of the Fosston City Hall Sheriff's Office.

At the new office located at 223 N. Omland Ave. Suite A, there will be a phone in the front lobby to call directly to Polk County Dispatch. If you have an emergency call 911.

Community Birthday and Anniversary Calendar

Wed. October 11: Annabelle Shultz, Sandra Jore, Ambrose Anderson, Shawn Ostenaar

Thurs. October 12: Brady Finseth, Kyle Mandt
Fri. October 13: Darren Kringlen, Paisley Roed, Louis Ott

Sun. October 15: *Bob & Laurie Bursheim, *Ray *Felly Catahan

Mon. October 16: Connie Strom, Calvin Schow, Bonnie Klein, April Ostenaar

Tues. October 17: Adam Jore

McINTOSH Times
McINTOSH Times

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ST. MARY'S CHURCH
Fosston
Fr. John Suvakeen, Pastor

Wed. Oct. 11: 1:00pm Mass at McIntosh Nursing Home
Fri. Oct. 13: 8:45am Mass at St. Mary's, Fosston

Sun. Oct. 15: 8:00am Confession; 8:10am Rosary; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

Wed. Oct. 18: 11:30am Mass at St. Mary's, Fosston

Fri. Oct. 20: 8:30am Mass at St. Mary's, Fosston

Sun. Oct. 22: 8:00am Confession; 8:10am Rosary; 8:30am Mass at St. Mary's, Fosston; 10:30am Mass at St. Joseph's, Bagley

If you have any questions please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH
Winger/Bejou
Supply Pastor
Gordon Syverson

Sun. Oct. 15: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

Sun. Oct. 22: 8:30am Worship at Immanuel; 9:45am Worship at Calvary

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)
McIntosh
Supply Pastor
Gordon Syverson

Sun. Oct. 15: 11:15am Worship Service.

Sun. Oct. 22: 11:15am Worship Service.

GOSEN LUTHERAN CHURCH
Independent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Wed. Oct. 11: 1:30pm Bible Study at The Country Place; 7:00pm Bible Study at Don & Sharon Ramberg's

Sun. Oct. 15: 9:30am Sunday School and Adult Bible Study; 11:00am Worship Service

Mon. Oct. 16: 1:30pm Bible Study at The Country Place

Tues. Oct. 17: 10:00 a.m. Sunday worship service telecast on Garden Valley Cable TV--Channel 2

Wed. Oct. 18: 7:00pm Bible Study at Don & Sharon Ramberg's

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of Hwy. 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

MCINTOSH AFLC
McIntosh Trinity / Mount Carmel:
Pastor Karl Anderson

Thurs. Oct. 12: 7:00am Men's Breakfast at Mt. Carmel

Sun. Oct. 15: 9:30am Worship at Mt. Carmel; 11:00am Worship at Trinity, potluck Dinner following service

Oct. 15-18: 7:30pm each evening The Essece, Sailing Three Ships of the Christian Life

Thurs. Oct. 19: 7:00am Men's Breakfast at Mt. Carmel

Sun. Oct. 22: 9:30am Worship at Mt. Carmel 11:00am Worship at Trinity

Thurs. Oct. 26: 7:00am Men's Breakfast at Mt. Carmel

VERNES LUTHERAN CHURCH (LCMC)
McIntosh
Pastor Jill Torgerson

Sun. Oct. 15: 9am Worship

Sun. Oct. 22: 9am Worship

DOVRE FREE LUTHERAN
Pastor Don Edlund

Wed. Oct. 11: 7:00pm Bible Study

Sun. Oct. 15: 10:00am Worship Service

Wed. Oct. 18: 7:00pm Bible Study

Sun. Oct. 22: 10:00am Worship Service

Wed. Oct. 25: 7:00pm Bible Study

IMMANUEL LUTHERAN CHURCH
McIntosh
Rev. John Anderson, Pastor

Wed. Oct. 11: 3:30pm Confirmation

Thurs. Oct. 12: Bible Study - Poplar Lake

Sun. Oct. 15: 8:45am Worship Service; 10:00am Fellowship Hour

Wed. Oct. 18: 3:30pm Confirmation

Thurs. Oct. 19: Bible Study - Poplar Lake

Sun. Oct. 22: 8:45am Divine Worship with Holy Communion; 10:00am Fellowship Hour

Holy Communion 1st and 3rd Sundays



Influential people of the Thirteen Townships from the Early Years

The advancement of Polk County and the Thirteen Towns could not have happened without those early pioneers that defied the wilderness, hardships, struggles and odds to become successful and influential. With determination and grit these people endured leaving their indelible mark on our local

history.

McIntosh Heritage and Arts Center will cover a series of those individuals taken straight from the pages of the History & Biography of Polk County Minnesota 1916.

A.J. Heath

A. J. Heath, editor and proprietor of the McIntosh Times, one of the popular newspapers of the county, was born near Portland Maine, and came west in his childhood.

In his youth he devoted his ambitions and energy to securing an education and with determined effort and steady application to his purpose, after receiving an academic training in the night schools at Minneapolis, pursued his stud-

ies through collegiate course. Since his early activities in the commercial world, he has been identified with the printing business and was employed for some time as a pressman and later as a reporter on a metropolitan daily.

Subsequently he spent three years in southern Minnesota, where his work supplied a thorough mechanical and literary training for the newspaper business, his duties ranging from job room and type setting to the editorial chair.

Since August 1914, he has been the proprietor of the McIntosh Times, where his able management has not only advanced the popularity of the sheet and the prosperity of the

business but has attested to his intelligent understanding of his profession and his efficiency and natural ability as a newspaper man.

The McIntosh times was established in 1887 and is Democratic in its editorial policy.

The plant is fully equipped for competent operation, with a good four-page press and linotype machine and commands a successful trade in job work. The paper is a weekly publication and is a clean, progressive sheet of eight pages and is all home print, with a circulation of one thousand subscribers.

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Winger News

Linda Pulskamp

Hello again from Winger and the Union Lake areas and welcome to October! The time certainly does fly by, won't be long until we will be into a new year again.

Well, the rain finally went away and I think most of us are glad of that, certainly was a cold wet spell we had but the rain was very much needed. It put the bean and beet harvest on hold for a few days but they are back at it again.

Sympathy to the Stordahl families on the sudden and unexpected passing of their Mother Carol! Carol was a very special person and will be missed by many.

Last Tuesday after work Paul and Donna Carlson were coffee guests and visitors with Milton Carlson at the Carlson home.

Monday Butch and Linda Pulskamp visited in Hillsboro, ND with Butch's Uncle Joe Pulskamp and with his Aunt Clare Scholand at their respective homes.

Judy Gieseke was a coffee guest and visitor with Milton Carlson and Dick and Wanda Donavan at the Carlson home last Wednesday the 27th. Later that afternoon Dick and Wanda and "Pepper" left for their home in St. Francis.

Mark and Betty Syverson visited with and played rook last Sunday afternoon at the Pioneer Home at Erskine with Helmer and Verlys Homme.

Last Sunday Lucy Brtek attended a birthday party for her Grandson Justus Brtek in Bagley. Tony and Justus came to Winger to the Danny Brtek home that night.

Last Friday the 29th Emma, Tory, Mia and Hadley Erickson and Dusty Wayne Carlson walked from the Paul and Donna Carlson home to the Milton Carlson home to visit with Grandpa Milton.

Tuesday Butch and Linda Pulskamp visited with Harold and Phyllis Smeby at the Smeby home in Fosston. Harold is recovering from heart by pass surgery after which he suffered a stroke but is improving slowly.

Lucy Brtek attended a foot ball game in Fertile last Saturday where her Grandson Tony was playing.

Chad, Michelle and Marissa Carlson were last Saturday the 30th visitors in the morning at the Milton Carlson home. While there they picked some of Milton's apples. Later in

the day Brent, Jennifer, Josh and Dominic also visited with Grandpa Milton and picked apples.

Truman and Darlene Johnson of Dilworth visited at the Boyd and Sylvia Bratager home last Tuesday.

Michelle Gagner and Lucy Brtek had dinner together last Friday at the Ness Café in Erskine. They ran into Lucy's niece Angie (Rolandson) Augustine, Trevor and their kids. They were attending a reception at the Ness Café for Jennifer Carlson formerly of McIntosh.

Sunday the 1st of October Paul Carlson was a visitor and a coffee guest with Milton Carlson at the Carlson home.

Last Sunday Betty Lou Myhrum visited with Kjeslie Haugen and Steven Cullen at their home in Oslo where they had recently moved. This was Betty's first visit with them in Oslo. Kjerstie and Dakota Poissant of Newfolden were also visitors with them on Sunday.

Dean Johnson, Kelly Johnson and Granddaughter Lilly Brtek and Reha Sanstead of Erskine were visitors last Saturday at the Pulskamp home.

Sheila Benesh stopped in after work last Monday at the Milton Carlson home for a visit with Milton.

Once again this is the news for the week, can always use more!!!

The best way to find happiness is to stop looking for it.

From Bun Manor:

Bun has had little help with news this week from his readers so it will be short.

Six women from the McIntosh class of 1958 got together last week for lunch and gossiping at Moran's in Winger. They were Joyce Balstad, Judy Hagen, Lucy Brtek, Judy Kirby, Faith Hanson and Carole Halverson. Joyce mentioned to Bun that Lucy was unusually quite. This is not the Lucy Bun knows. He hopes all is well with her.

Joyce had a little blunder last week when she went to Fertile to attend the last home football game for her grandson Everett.

When she got there she was told that the game had been already played.

Bun had a nice visit with Jessica and her baby boy Regor. She was in town for Carol's funeral and also to visit with Grandma Pammy.



Ruth Carlstrom posed with her first grade class on the first day of school in 1962. l-r: Craig Helgaas; Steven (Andy) Nelson; Beverly Tangen; Mona Stardig; Annette Carlson; Gwen Vesledahl. Picture submitted by Annette Swedberg. Thanks Annette!

The County Line

By Warren Strandell
Polk County Commissioner, Dist. 2

This is an important time of the year for the Polk County commissioners. It is time when they (with a lot of help from the administrator) really get into the process of determining the budget for the next year... how and what services will be provided, what needs to be done to keep the county's infrastructure in shape and geared for the future, and how paying for everything is going to affect the property tax bill.

As a part of this budgeting process, the board conducts meetings with department heads over two days in September. At these meetings, the department heads talk about their needs and issues and how they can be accomplished.

That "accomplishment" always amounts to increasing the budget. Department heads always want to do more things and do them better. That's good but it always requires more money because those needs and requirements grow. Equipment and buildings wear out, new technology is needed, and there are new state and federal requirements that have to be met, etc., etc., etc. Nothing gets cheaper. It never ends.

A factor, too, is that employees are in line for and deserve some additional salary, not only to keep up with inflation but also to keep the county competitive in the wage market. Good employees are needed to make things work

and Polk County has them. Replacing the ones who leave for greener pastures is very expensive both in the dollars involved in the employment process but also in replacing the abilities and experience that goes pit the door.

That's some of what the budgeting process involves. And then there are some "other" issues.

Enbridge appeal

Also currently on the minds of commissioners is the Enbridge valuation appeal that has now started in the courts. And as early as next summer there is the possibility that counties in northwestern Minnesota could be scene of a major pipeline protest event.

The worst-case scenario in the Enbridge Tax Court case would be a judgment that the pipeline company is entitled to a refund of the full \$2,537,278 that the company is asking over five years of the dispute. Of that amount, Polk County could be responsible for \$869,332. The State of Minnesota could be liable for \$944,717. School districts in the county that have the pipeline going through them could be on the hook for \$490,964. Applicable townships and special taxing districts make up the rest of the \$2.5 million total.

That is the worst-case scenario. The Minnesota Department of Revenue, which calculated the valuations that are in dispute in 13 counties across northern Minnesota and which the counties were required to use in determining property tax bills, is defending those valuations in the court case.

While the DOR is standing behind the valuations, judgments rendered in other appeal cases have not been very encouraging. The legislature is well aware of the issue and, if a refund judgment is made, it will likely have a role in any repayments that are required. After all, it was the Department of Revenue that determined the valuations, not the counties.

The Line 3 pipeline

About the pipeline protest possibility, indigenous rights activist Winona LaDuke of the Honor the Earth organization has vowed that the Line 3 project will be the next Dakota Access Pipeline (DAPL) fight. Other environmental groups spearheaded by the Sierra Club, are gearing up for a protest, too.

There has been word, too, that certain campsites that would serve as a base of operations for protestors have already been secured and that other preparations are in the works. If protestors come from all over the country and are well financed as was the case in the DAPL fight, all of the earmarks of becoming a disaster would be there.

Polk County's only official position has been that it favors pipelines over other methods of transportation. It hasn't taken any formal position on the Line 3 project. Even though Line 3 only goes through a small portion of the northeast part of the county, Polk County could still have a significant role in the area of public safety.

Assuming that it gets the necessary authority to proceed from the State of Minnesota, Enbridge would like to begin construction on replacement sometime next summer or fall.



40 years ago...1977: Mac-Winger Industrial Arts students visited Richard's Publishing House in Gonvick, on printing day during Newspaper Week. Their Instructor, Mr. Hamilton is writing out a picture caption for the McIntosh Times while his enthusiasts look over his shoulder.



30 years ago...1987: The kindergarten through the second grade class went to the McIntosh Fire Hall Friday afternoon for Fire Prevention Week. Nathan Johnson, Michael Friedley and Nathan Bly from the kindergarten class sit in an older fire truck.



20 years ago...1997: (L-R) John Rakowski, Clifton Burslie and Charles Svalen participated in the October 4th Memory Walk sponsored by the McIntosh Manor Nursing Home. They represented the McIntosh VFW Post #6891. The local veteran's post donated funds to the McIntosh walk benefiting the Alzheimer's Assorication.

That would make the subject even more political because it would come at the same time that candidates would be campaigning for election to seats in the Minnesota State Legislature and to be the next governor.

In preparation for any protest activities, Polk and other counties are planning for crowd control training. That function, which is new to our part of the country, will require the acquisition of riot control equipment and adoption of mutual aid agreements between the counties and cities in northern Minnesota.

On their minds

This is a bit of what Polk County commissioners have on their minds. There's more to the budget process than trying to hold levy increases to anything close to the amount of inflation... or about 3%.

In view of all of issues on the table, holding the levy increase to that 3% amount would be a major accomplishment. Add in the other issues that need tending to and everything be-

comes quite a bit more complicated.

Thoughts for the day:

A study done by scientists at Rensselaer Polytechnic Institute a few years ago found that when just 10% of the population holds an unshakeable belief, that belief will always end up being adopted by the majority of society. — Science Daily website

Socialism only works in two places: Heaven where they don't need it and hell where they already have it. — Ronald Reagan

Disclaimer: Thoughts expressed in this column are those of the author and are not necessarily a reflection of the opinions of the other members of the Polk County Board of Commissioners.



Farm Service Agency Update

Mike Philipp,
CED, East Polk/Red Lake Counties

Office Activity Update- County FSA offices have been busy with farm program payments as explained below, and it's been quiet as farmers have been trying to take advantage of any of the recent sunny days, a big change from July and August when it was hard to get any rain. We want to remind farmers that commodity loans are available at your FSA office if you have your 2017 grain in the bin but are not ready to sell it yet. The loans are for up to nine months and the October interest rate is 2 ¼ percent. Processing takes about one week so please plan ahead.

We remind farmers who are within listening range of KKCQ radio in Fosston (FM 96.7) that we have a Thursday morning FSA update at 6:56 a.m. where I or another local FSA representative will provide a short summary of current topics.

ARCPLC and CRP Payments- County FSA offices are currently busy with the October cycle of 2017 CRP annual payments and 2016 ARCPLC payments. Under the ARCPLC annual production programs, the 2016 marketing year has now ended for all of the major crops grown in our area. In general, both East Polk and Red Lake County participants with wheat base will receive 2016 safety-net payments under either the ARC-County or PLC options because of the extremely low market prices during the 2016 marketing year for wheat (June 2016 to May 2017). There will also be some small payments generated for producers who saved their oats base, but nothing for soybeans or corn mainly due to the high yields in 2016. Producers will

eventually receive a disbursement statement from Kansas City which spells out how much they received, per crop, for each farm but the money will likely be in your bank account before that. If you have any questions please feel free to contact your local FSA office for more details.

Fall Acreage Reporting of Forage and Other Fall Crops — our next big deadline coming up at local FSA offices is the reporting of 2018 fall crops, including forage (hay), pasture, and other fall seeded crops, prior to the November 15th deadline. Many producers were able to take care of this requirement last summer while reporting their 2017 spring planted crops as long as there has been no changes this fall. Please check with the office if in doubt. Any such crops that are reported after the deadline, including next summer when you are reporting 2018 spring-seeded crops, will be charged a late fee of approximately \$46 per farm. This fairly new extra crop reporting requirement typically affects most livestock producers.

Farm Record & Other Changes: Producers who are buying, selling, or renting different land need to notify the County Office as soon as possible after the transaction. Or, if you will be renting new land for 2018 the FSA office will need a copy of the lease before we can add you to the farm and/or give you any information about the farm such as base acres, maps, and/or program election(s), etc.

Producers who may have transferred their land into a trust also need to report this ownership change to the FSA County Office. To record an

ownership change with FSA, the new owner or the seller will need to provide a copy of the warranty deed or contract for deed, etc. that has been recorded with the County Recorder's Office. Ownership changes involving land enrolled in CRP needs to be reported to FSA once the deed is recorded. Failure to timely report an ownership change (including land being transferred from an individual to a trust, etc.) for land enrolled in CRP can result in termination of the contract and may require a refund of all the payments received.

Landowners are also asked to inform the office of any operator changes on their farm.

Producers who have switched banks and/or bank accounts also need to notify FSA of these changes in order to avoid any delays when processing payments.

Do you
have a
story to
share?

If you have a story, a story idea or any photos you want to share, please send to: mcintoshtimes@gmail.com

Random Things and Stuff



Mental Health Awareness

By: Emily Lynne

Every day should be Mental Health Awareness Day, however, we generally spend more time focused on it in October. Particularly, the first week in October. It is crazy to see that this year during the Mental Health Awareness Week, there is a huge tragedy. I can almost guarantee that there was some sort of mental health issue with the perpetrator.

Did you know that according to mentalhealth.gov, 1 in 5 American adults have experienced a mental health issue? Also, 1 in 10 young people have experienced a period of major depression.

If you still feel alone, 1 in 25 Americans live with a serious mental illness, such as schizophrenia, bipolar disorder, or major depression. With how many people are affected by mental health issues, why is there still a stigma?

People are genuinely more open to talking about a physical illness, such as a broken arm or cancer, than talk about mental health issues.

There is an old saying that you tell someone you broke your arm, they flock to see if you are ok and to sign your cast. You tell someone you have depression, and they walk the other way or tell you to just be happy. It doesn't work that

way. People who have a mental illness would love to get rid of it, but it isn't as easy as just wishing it away. Mental illness is no different than a physical illness.

Especially with the weather changing and more people being susceptible to seasonal affective disorder (a type of depression that happens when the weather changes into winter), it is important to remember the signs of mental illness. Don't be afraid to ask if someone is okay. According to mentalhealth.gov, there are a few common myths out there related to mental illness. These include:

1. Children don't experience mental health problems

a. FALSE! Even young children can show early warning signs of mental health concerns.

2. People with mental health problems are violent and unpredictable.

a. FALSE! A majority of people with mental illness are no more likely to be violent than anyone else.

3. People with mental health needs, even those who are managing their mental illness, cannot tolerate the stress of holding down a job.

a. FALSE! People with mental health problems are just as productive as other employees.

4. I can't do anything for a person with mental health problems.

a. FALSE! Friends and family can make a big difference, they can help someone get the treatment and services they need.

"Your illness does not define you. Your strength and courage does."

WEM School Announcements

Parent-Teacher Conferences

Parent-Teacher Conferences will be held at the Win-E-Mac School on Thursday, October 12, 2017 from 1:00 p.m.-7:30 p.m. Parents of students in grades K-6 should have made appointments to see their respective teachers. Parents of 7th-12th grade students, conferences will be self-led by the students, with their homeroom teachers. Signup sheets will be sent home with students to schedule a time. Also, the buses will run at 12:45 p.m. on Thursday, October 12th, 2017.

Pictured right: The Junior Class Patriot Peach Fuzz Volleyball team from last weeks Homecoming games at Win-E-Mac School.



The Win-E-Mac Junior Class Powderpuff Football team for the 2017 Homecoming festivities.

Win-E-Mac Homecoming 2017

