Vol. 126 Number 39 Wednesday, April 8, 2015

$1.00 McINTOSH Times

Hub of the Thirteen Townships

Since 1888

McIntosh, Minnesota



(L-R) Dianne Roed, DeAnna Haagenson and Cheryl Joe were part of the Community Choir who performed on Good Friday for a crowd that gathered to give praise and glory during the Easter weekend.



Andrew Hanson played the piano and sang, "Forever" as part of the special music presentation during the Good Friday performance of "We Remember Calvary" held Friday evening at Win-E-Mac School.



During the Good Friday event held at Win-E-Mac School the evening of April 4th, Pastor Karl Anderson performed "Didn't He" for the gathered crowd.

Swing Into Spring planned for April

McIntosh Heritage and Arts Center will host it's Annual Fundraiser, Swing into Spring on Saturday, April 25, 2015 from 7:00 am to 10:00 am at the McIntosh Community Center.

It will be a great day of events starting off with a free-will pancake and sausage breakfast and continuing with a silent auction.

Volunteers are needed and if you are interested, please come to the Community Center the morning of the 25th or call Judi Lindseth at 563-2205.

All proceeds from this event will go to the general fund for operating expenses for McIntosh Heritage and Arts Center.

Anyone wishing to donate their time, talent or financial support can contact any of these MHAC Board Members: Donna Larson, DeeDee Narum, Bob Burtsheim or Judi LInseth.

There will be a 5K run/walk the morning of Saturday, April 25, 2015 in McIntosh as well, sponsored by the McIntosh Community Club.

See you there!

Mac Senior Living considers purchasing Poplar Meadows

During a public meeting held on Wednesday, April 1, 2015 at the McIntosh Community Center both the McIntosh City Council and the McIntosh Economic Development Authority Board were present to discuss with the citizens of McIntosh the possibility of listing Poplar Meadows Assisted Living for sale with the Real Eastate company, Marcus & Millchap.

Mayor Toby Strom began the meeting by explaining to all present the amounts of money that the residents of McIntosh have been levied for the past 4 years to support Poplar Meadows, along with the extra money that the City has provided for the payments on Poplar Meadows from the General Fund.

MEDA President Eileen Hegg, agreed that there was quite a burden on the City and it's residents, but voiced her concern about the possible sale and purchase of the facility by someone who is not from the area and curent status of the current residents and the staff.

Gary Frisk, a member of MEDA explained the current uprise in revenue of Poplar Meadows thanks to the great management of the facility by Julie Christianson. Yet, it is still not enough of an increase to cover the entire debt payments.

After much discussion with the residents and members of the Council and MEDA Board, Sharlene Knutson, from McIntosh Senior Living voiced that the Board at the Senior Living facility was interested in the purchase of Poplar Meadows. By owning both facilites in McIntosh, there would be the ability to share some services and possibly make Poplar Meadows self-supporting, financially.

The McIntosh Senior Living Board is currently working with the USDA to secure a loan for the purchase.

Mayor Strom then motioned the council to hold off on the listing of Poplar Meadows until MSL was able to research and find if the purchase is possible. Both the McIntosh City Council and the McIntosh EDA Board voted unanimously to reconsider the listing the Facility giving MSL time to secure their financing.



The McIntosh City Council and McIntosh Economic Development Authority met on Wednesday, April 1 at the Community Center to discuss selling Poplar Meadows.



Comedian DonB! at McIntosh Library

Comedian DonB!, presented by Don Bursell, will be appearing at the McIntosh Library on Tuesday, April 14, 2015 at 6:30pm. Everyone is welcome to attend and it will be fun for all ages!

DonB! is a "professional goofball" and two time National Unicycle Champion whose one-man show is entertainment that the whole family will enjoy. Lake Agassiz Regional Library invites everyone to attend the Reading is Fundamental program by DonB!; all of the amazing feats demonstrated in this program are found in books. Attendees will be encouraged to find amazing books related to the program and, on literally every topic in the world!

Performances are open to the public with free admission, sponsored by Lake Agassiz Regional Library and supported in part with money from the Minnesota Arts & Cultural Heritage fund.

Catch Reading is Fun-damental by DonB! on Tuesday, April 14 at 6:30 p.m. at the McIntosh Public Library.

Learn more information about this and other LARL events and services at www.larl.org.

McIntosh 125th Annual Fireman's Ball April 11

The 125th Annual Fireman's Ball will be held on Saturday, April 11, 2015 at The Club Bar & Grill in McIntosh.

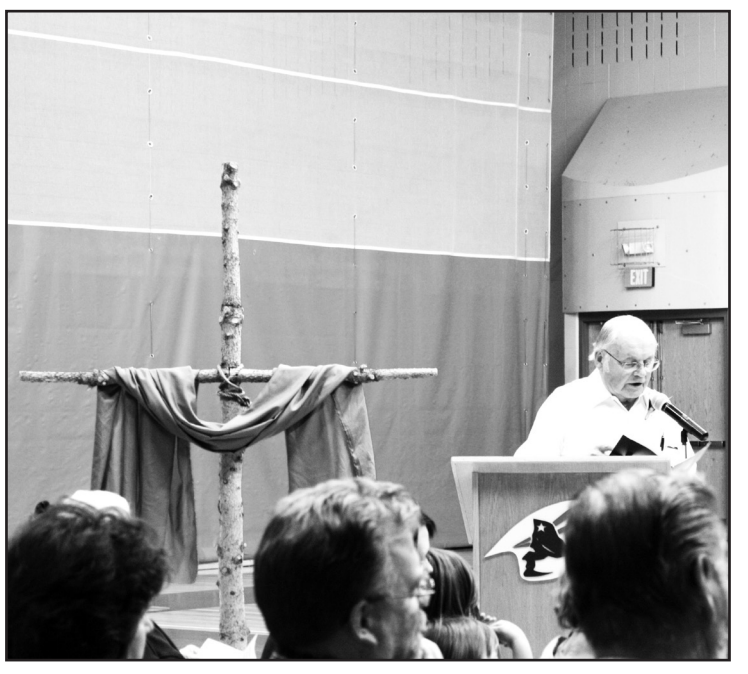
The McIntosh Fire & Rescue Squad would like to extend a grateful invitation to you and your kind support you have provided to the Department in the years past.

The Department is very proud of the service they provide to McIntosh and rural surrounding area's. With support, the Department is able to purchase much needed equipment and supplies, and a donation to the Department also provides members with continued training in fire, rescue and medical response.

Please make plans to attend the Ball with music provided by local Sound Sensations. The fun starts at 9:00 pm this Saturday, April 11th at The Club Bar & Grill.

Tickets are available at the door or by contacting any McIntosh Fireman or woman.

Prizes include a 17 HMR Rifle, Carbon Monoxide Alarm & Smoke Detectors and two, $100 gift certificates to Jered's Grocery donated by Jered Agnes.



Pastor Gordon Syverson was the narrator on Good Friday when a community choir presented "We Remember Calvary" to many area residents and visitors at the Win-E-Mac School.





An area community choir presented "We Remember Calvary" by Joel Raney to a full house on Good Friday, April 4, 2015 at Win-E-Mac School. There were many members of surrounding communities that made this performance so enlightening. The Director was Charity Salmonson, Pianist, Diane Boucher and Narrator was Pastor Gordon Syverson.

Community Calendar

Wed. April 8: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Kindergarten Round-up 4:00pm-6:00pm @ Win-E-Mac School

Thurs. April 9: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Bingo @ The Club Bar & Grill 6:30 pm; McIntosh City Council Meeting @ Community Center 5:30pm

Fri. April 10: McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Sat. April 11: McIntosh Fireman's Ball 9:00pm @ The Club Bar & Grill, McIntosh

Mon. April 13: NO School at Win-E-Mac; McIntsoh City Office closing at noon; McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Winger City Council Meeting 7:00pm @ Community Center in Winger

Tues. April 14: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Serenity Seekers Al-Anon 7:00pm @ Kingo Church Library, Fosston; DonB Commedian at McIntosh Library 6:30pm

Wed. April 15: McIntosh Library 12pm to 5pm; McIntosh Heritage & Arts Center 10am to 2pm; Computer Class at McIntosh Library 1pm to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Thurs. April 16: McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Bingo @ The Club Bar & Grill 6:30 pm

Fri. April 17: No School at Win-E-Mac; McIntosh Library 12pm to 5pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm

Mon. April 20: Winger Blood Drive @ Depot Foods & Deli; McIntosh Library 10am to 3pm; Children's Story Time at McIntosh Library 10:30am; Winger Senior Meals @ Moran's 11:30am to 1:30pm; ECFE at Win-E-Mac School 5;30pm

Tues. April 21: City of McIntosh office closed; McIntosh Library 5pm to 8pm; McIntosh Heritage & Arts Center 10am to 2pm; Winger Senior Meals @ Moran's 11:30am to 1:30pm; Serenity Seekers Al-Anon 7:00pm @ Kingo Church Library, Fosston; Community Club Meeting @ Community Center 7:00pm

WEM, Prairie Fire present 'Sleeping Beauty'

WEM Community Ed along w/ Children's Prairie Fire Theatre are planning their upcoming production of Sleeping Beauty.

Auditions for students in grades 2-6 were held Monday immediately after school in the commons area. Play practice will be held in the School from 3:15-7:15 p.m. nightly.

Performance times will be Friday, April 10th at 1:30 p.m. (tentative) and again on Saturday, April 11 at 2:00 p.m. Performances will be held at the WEM School commons.

Pestle & Vessel
By Alison Opdahl

The narrow gravel road heads west, away from the morning sun. As I turn off from the paved county road the softening gravel grabs at my tires, pulling them first one way and then another. Spring is finally arriving in northern Minnesota. The escaping ground frost is making the gravel roads quarrelsome.

Up ahead straw hats bob by the side of the road. I slow down. Four boys are hunkered over the edge of the ditch rigging gopher traps. One of them holds a rope tied to their blue heeler. The biggest boy stands, offering me a friendly wave as I pass.

The Yoder driveway jogs north of the country road. Just as it reaches the trees, it curves into the homestead, snaking first to the left and then to the right. A large two-story house fronts a generous yard. A wood pile lays heaped at the edge of the tree line. A huge barn looms farther back.

I park on the edge of the driveway which hasn't had enough sun yet to turn into mud. Even though my SUV is all-terrain, I prefer not to be, pulling on my rubber rain boots before getting out. The ground is spongy beneath my feet, glistening with damp. Picking my way carefully, I take advantage of the temporary plywood sidewalk. On the porch, I slip out of my rain boots before knocking.

As I enter the house, the interior is welcoming and warm; the distinctive heat from the wood stove does not stifle, it embraces. Several windows let in the daylight, giving the main living room a friendly mien. I look around for Uria, waiting to meet his shy, friendly eyes. I've lost count how many times he has given me his bashful greeting. Sometimes he approaches confidently, waiting for my smile and "hi". At other times, it takes him twenty minutes to make his way across the room to where I am.

The spacious living room looks much the same since I was last here. A tall, hand-crafted hutch stands against the farthest wall. A low cupboard sits under a window with clean dishes stacked on top to dry. The expansive, multi-purpose dining table dominates the room. One morning, the long benches were pulled up against it and a quilt was stretched upon it; waiting for the final topstitching. Another time, the ironing kept it company and once, Uria sat at it enjoying a special treat; ice cream. He had been swirling the melting dessert around in his bowl with a spoon until it was creamy, (just the way I like it too). Today the laundry is being sorted, folded and stacked on the table but I don't see Uria hovering, waiting for my greeting.

Usually, Uria's older brothers and sisters are at school or helping with chores, so he's adept at entertaining himself. One day, he showed me his rabbit, soft and downy grey and just as watchful as himself. Another day, he bounced a ball all around the wood floor, as rambunctious as could be. Not too long ago, a rhythmic rapping greeted me as I walked in the front door. It paused before resuming energetically. When the persistent sound finally got the better of my curiosity, I looked around surreptitiously and spotted Uria. He had been watching me from the gap between the steps leading upstairs while pounding on a tread with a toy. He grinned when I greeted him. He had been waiting for my smile as much as I had been looking for his.

Today, when my visit is nearly over the boys return from setting their gopher traps. Uria arrives with two smaller versions of himself in tow. They are wearing straw hats, dark blue jackets and four-buckle overshoes. Suddenly, their chatter dwindles to silence. Curious eyes study me. I greet Uria and he smiles bashfully.

As I make my way to the door the boys shuffle shyly in my wake. I speak to them but they don't have any English yet because they're not old enough for school. They edge out unto the porch behind me, clearly fascinated, but soon more intrigued with my rain boots.

My boots have buckles too but there all similarity between their boots and mine ends. For mine are striped blue, green, yellow and trimmed with bright pink. Soon they'll be trimmed with black Minnesota mud as well, for now the sun has done its work on the frost-laden ground.

I suppose my boots are a bit like Joseph's coat of many colors. The boys stare wide-eyed as I slip into my astonishing boots. I stifle a grin. They range themselves on the half wall of the porch and hang over the edge, peering intently at my departing boots. With their straw hats perched on their heads, the boys wave as I drive out of the yard.

I hear the familiar squish of mud beneath my tires as I negotiate the driveway. Splat-splat-splat, I look down at my boots thoughtfully. I'm going to have plenty of Northern Minnesota mud by the time I reach home.

There will be a
Baby Shower
in honor of
Sylvie Lynn Strom
daughter of Bobby & Greta Strom
on Saturday,
April 11, 2015
at 2:00pm at
Mt. Carmel Church
in McIntosh
Everyone Welcome!
M1-2C

Please join us for an
OPEN HOUSE
Bridal Shower
for Nichole Marcott
bride-to be of Jason Venem
– at the –
McIntosh Community Center
on **April 12** from 2:00-4:00
Jason and Nichole are registered at Sears, Target, Bed Bath and Beyond and Menards.
Everyone Welcome!
M1-2C

VFW Auxiliary #6891 News

The April meeting of the VFW Auxiliary #6891 will be held on Monday, April 13, at 6 p.m. at The Club in McIntosh. Election of officers will be held. All members are really encouraged to attend so that the Auxiliary can be a good working Auxiliary.

NOTICE:

Organizational meeting of the Salem Cemetery Association at Salem Church in McIntosh on April 8, 2015 at 7:00pm, Interested members and non-members please attend. M52-2C

Regular Council Meeting
McINTOSH
Thurs., Apr. 9, 2015, 5:30 PM
— COMMUNITY CENTER —

CALL TO ORDER:
PLEDGE OF ALLEGIANCE:
ROLL CALL:
DETERMINATION OF QUORUM:
AGENDA ADDITIONS:
APPROVAL OF MINUTES:
a. REGULAR COUNCIL MEETING – MARCH 12, 2015
b. SPECIAL MEETING – APRIL 1, 2015
PUBLIC CONCERNS:
OLD BUSINESS:
a. POPLAR MEADOWS
b. P.A. SYSTEM FOR COMMUNITY CENTER
c. JANITORIAL CONTRACT
NEW BUSINESS:
a. RESOLUTION – LEAGUE OF MN INSURANCE RENEWAL
b. RESOLUTION – LEAGUE OF MN LIABILITY POLICY
c. LEAGUE OF MN INSURANCE LIABILITY WAIVER FORM
d. DORSEY & WHITNEY, LLP ENGAGEMENT LETTER
e. PERSONNEL POLICY REVIEW
f. LOCK BOLTS FOR COMMUNITY CENTER
g. SIDEWALK MAINTENANCE REVIEW
h. ANIMAL CONTROL
i. WATER METERS
j. WINGER LIONS BENEFIT
APPROVAL OF MONTHLY BILLS:
COUNCIL & STAFF REPORTS:
NOTICES & CORRESPONDENCE:
ADJOURNMENT: M2C

NOTICE
HILL RIVER ASSESSMENT NOTICE

Notice is hereby given, that the Board of appeal and Equalization of the township of Hill River in Polk County, Minnesota, will meet at 9:30 a.m. in said township, at the Town Hall, on Monday the 27th day of April for the year 2015. The purpose of this meeting is to determine whether taxable property in the jurisdiction has been properly valued and classified by the assessor, and to determine whether corrections need to be made.

If you believe the value or classification of your property is incorrect, please contact your assessor's office to discuss your concerns. If you are still not satisfied with the valuation or classification after discussing it with your assessor, you may appear before the local board of appeal and equalization. The board shall review the valuation, classification, or both if necessary, and shall correct it as needed. Generally, an appearance before your local board of appeal and equalization is required by law before an appeal can be taken to the county board of appeal and equalization.

Given under my hand this 1st day of April, 2015.

Raymond 0. Sundrud
Clerk/Treasurer of
Hill River Township M2-3C

LAKE AGASSIZ REGIONAL LIBRARY
UPCOMING EVENT
FREE ADMISSION
& OPEN TO THE PUBLIC
READING IS FUN-DAMENTAL WITH
"PROFESSIONAL GOOFBALL" DONB!
Join two-time National Unicycle Champion DonB! as he demonstrates some amazing feats and celebrates reading and libraries! Fun for families and for all ages.
TUESDAY, APRIL 14 • 6:30 PM
@ MCINTOSH PUBLIC LIBRARY
PROGRAMMING IS SUPPORTED IN PART OR IN WHOLE WITH MONEY FROM THE MINNESOTA ARTS & CULTURAL HERITAGE FUND.
LAKE AGASSIZ REGIONAL LIBRARY WWW.LARL.ORG/LEGACY
M52-2C

Legal Notice

NOTICE OF MORTGAGE FORECLOSURE SALE

THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.

NOTICE IS HEREBY GIVEN, that default has occurred in conditions of the following described mortgage:

DATE OF MORTGAGE: October 11, 2001

MORTGAGOR: Curtis W. Johnson and Krista M. Johnson, husband and wife.

MORTGAGEE: Advanced Family Mortgage.

DATE AND PLACE OF RECORDING: Recorded October 17, 2001 Polk County Recorder, Document No. 587536.

ASSIGNMENTS OF MORTGAGE: Assigned to: National City Mortgage Co. dba Accubanc Mortgage. Dated October 11, 2001 Recorded October 17, 2001, as Document No. 587537. And thereafter assigned to: PNC Bank, National Association. Dated February 19, 2015 Recorded March 4, 2015, as Document No. A000694906.

TRANSACTION AGENT: NONE

TRANSACTION AGENT'S MORTGAGE IDENTIFICATION NUMBER ON MORTGAGE: NONE

LENDER OR BROKER AND MORTGAGE ORIGINATOR STATED ON MORTGAGE: Advanced Family Mortgage

RESIDENTIAL MORTGAGE SERVICER: PNC Bank, National Association

MORTGAGED PROPERTY ADDRESS: 625 Jensen Avenue Southwest, McIntosh, MN 56556

TAX PARCEL I.D. #: 90.00297.00

LEGAL DESCRIPTION OF PROPERTY:

Lots 3 and 4, in Block 1, of King's Addition to the city of McIntosh

COUNTY IN WHICH PROPERTY IS LOCATED: Polk

ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: $50,400.00

AMOUNT DUE AND CLAIMED TO BE DUE AS OF DATE OF NOTICE, INCLUDING TAXES, IF ANY, PAID BY MORTGAGEE: $42,157.23

That prior to the commencement of this mortgage foreclosure proceeding Mortgagee/Assignee of Mortgagee complied with all notice requirements as required by statute; That no action or proceeding has been instituted at law or otherwise to recover the debt secured by said mortgage, or any part thereof;

PURSUANT to the power of sale contained in said mortgage, the above described property will be sold by the Sheriff of said county as follows:

DATE AND TIME OF SALE: June 4, 2015 at 10:00 AM

PLACE OF SALE: Sheriff's Office, Law Enforcement Center, 600 Bruce Street, Crookston, MN

to pay the debt then secured by said Mortgage, and taxes, if any, on said premises, and the costs and disbursements, including attorneys' fees allowed by law subject to redemption within six (6) months from the date of said sale by the mortgagor(s), their personal representatives or assigns unless reduced to Five (5) weeks under MN Stat. §580.07.

TIME AND DATE TO VACATE PROPERTY: If the real estate is an owner-occupied, single-family dwelling, unless otherwise provided by law, the date on or before which the mortgagor(s) must vacate the property if the mortgage is not reinstated under section 580.30 or the property is not redeemed under section 580.23 is 11:59 p.m. on December 4, 2015 unless that date falls on a weekend or legal holiday, in which case it is the next weekday, and unless the redemption period is reduced to 5 weeks under MN Stat. Secs. 580.07 or 582.032.

MORTGAGOR(S) RELEASED FROM FINANCIAL OBLIGATION ON MORTGAGE: None

"THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES, SECTION 582.032, DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED."

Dated: April 1, 2015

PNC Bank, National Association
Mortgagee/Assignee of Mortgagee

USSET, WEINGARDEN AND LIEBO, P.L.L.P.
Attorneys for Mortgagee/Assignee of Mortgagee
4500 Park Glen Road #300
Minneapolis, MN 55416
(952) 925-6888
4 - 14-008267 FC

THIS IS A COMMUNICATION FROM A DEBT COLLECTOR. R2-7C

The McIntosh Times Office Hours

Wednesday	9:00 am to Noon
Friday	9:00 am to 11:00 am

Call or fax: (218) 563-3585
Ad deadline is Noon on Friday prior to publication

Church News

ST. MARY'S CHURCH
Fosston
Rev. Manny Sundaram, Pastor

Sun. April 12: 8:15am Confession; 8:45am Holy Mass St. Mary's, Fosston; 10:30am Holy Mass St. Joseph's, Bagley; 6:00pm Penance Service at St. Mary's, Fosston

If you have any questions about the schedule please call 435-6484.

CALVARY-IMMANUEL LUTHERAN PARISH
Winger/Bejou
Interm Pastor
Melody Kirkpatrick

Sun. April 12: Calvary worship 10:00am; Immanuel worship 8:30am; 1:00pm Confirmation Class at Immanuel

Tues. April 14: 2:00pm WELCA at Calvary; 8:00pm Calvary Council

Wed. April 15: 4:30pm WELCA Supper at Immanual; 7:00pm Immanual Council

Sun. April 19: Calvary worship 10:00am; Immanuel worship 8:30am; 1:00pm Confirmation Class at Immanuel

OURS SAVIOR'S LUTHERAN CHURCH (ELCA)
McIntosh
Interm Pastor
Melody Kirkpatrick

Sun. April 12: 10:00am Suday School; 11:15am Worship

Tues. April 14: 9:00am Hannah circle at Mavis Finseth's

Sun. April 19: 10:00am Suday School; 11:15am Worship

GOSEN LUTHERAN CHURCH
10:30amIndependent
Gary Johnson, Pastor
www.gosen-church.com
Face Book: Gosen Church

Wed. April 8: 1:30pm Bible Study at The Country Place

Sat. April 11: 8:00pm Prayer Meeting

Sun. April 12: 9:30am Sunday School and Adult Bible Study; 10:45am Worship Service

Tues. April 14: 10:00am: Sunday worship service telecast on GV Cable TW - Channel 2

Wed. April 15: 1:30pm Bible Study at The Country Place

For information on free rides to any of the above activities call 218-268-4242 or 218-687-3461 Gosen Church is located 4 miles south of the junctions of HWY 2 & 59 or 4 miles north of Winger; then ½ mile east on County Road 206.

IMMANUEL LUTHERAN CHURCH
McIntosh
Rev. Mark Peske, Pastor

Wed. April 8: 7:00pm Ladies Aid

Sun. April 12: 9:30m Worship Service; 11:00am Sun. School & Confirmation; 11:00am Council Meeting

Service Broadcast, TV Channel 12 Wednesdays at 10am - Holy Communion 1st and 3rd Sundays

DOVRE FREE LUTHERAN
Pastor Don Edlund

Wed. April 8: 7:00pm Bible Study

Sun. April 12: 9:15am Sunday School; 10:30am Worship Service

Wed. April 15: 7:00pm Bible Study

VERNES LUTHERAN CHURCH (LCMC)
McIntosh
Pastor Paul Magelson

Sun. April 12: 8am Worship
Sun. April 19: 8am Worship

MCINTOSH AFLC
McIntosh Trinity / Mount Carmel:
Pastor Karl Anderson
Trinity:

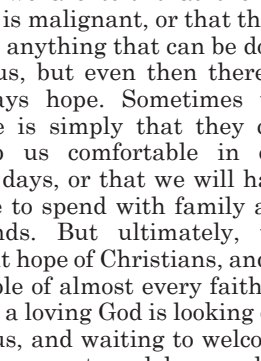
Sun. April 12: 9:30am Worship Service; 10:45am Sunday School

Sun. April 19: 9:30am Worship Service; 10:45am Sunday School

Mt. Carmel:

Sun. April 12: 9:45am Sunday School; 11:00am Worship Service.

Sun. April 19: 9:45am Sunday School; 11:00am Worship Service.



Spiritually Speaking

It Can Always Be Worse

On the day I was receiving the news that this would indeed be my last day of employment my next-door neighbor was getting the news that she had a brain tumor. I did not know about her very serious diagnosis until the next day. In fact, I was doing my best to keep my spirits up, calling friends and family, and frankly feeling a bit sorry for myself when I ran into her out front of my house. When she told me the news, and she was incredibly positive about it, I realized immediately that being out of work is of very little concern in comparison to a serious health issue. The good news for her was that the tumor is not malignant and that surgery is an option, and apparently a pretty good option in her case. Sometimes the news is really bad, and we are told that the tumor is malignant, or that there isn't anything that can be done for us, but even then there is always hope. Sometimes the hope is simply that they can keep us comfortable in our last days, or that we will have time to spend with family and friends. But ultimately, the great hope of Christians, and of people of almost every faith, is that a loving God is looking out for us, and waiting to welcome us to our eternal home when our sojourn here on earth is done.

-Christopher Simon

Remember this:

For I know the plans I have for you, "declares the Lord," plans to prosper you and not to harm you, plans to give you hope and a future. –Jeremiah 29:11

B-B Cafe Menu

Wed. April 8: Chicken Cordon Bleu, Scalloped Potatoes, Carrots, Roll, and Dessert

Thurs. April 9: Ham or Turkey Hoagie with Potato Salad or Soup, and Dessert

Fri. April 10: Fish Dinner, Baked Potato, Green Beans, Roll, and Dessert

Mon. April 13: Meatballs, Mashed Potatoes & Gravy, Carrots, Roll, and Dessert

Tues. April 14: Grilled Chicken Sandwich with a Cup of Soup or Slaw and Dessert

Wed. April 15: Country Steak, Mashed Potatoes & Gravy, Corn, Roll, and Dessert

Thurs. April 16: BBQ Ribs, Baked Potato, Mixed Vegetables, Roll, and Dessert

Fri. April 17: Hot Turkey, and Dessert

Community Birthday and Anniversary Calendar

Wed. April 8: Ethan Shimpa, Charles Lindseth

Thurs. April 9: Dylan Roy

Fri. April 10: Bobby Strom

Sat. April 12: Don Sultvedt

Mon. April 13: Deb Mjelde, Neil Bursheim, Charlotte Rolf, Eileen Votava, Liam Kringlen, Brooklyn Ostenaa

Tues. April 14: Kevin Mandt, Benjamin Roue, Curtis W. Johnson, *David & Beth Martin

McINTOSH Times
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"Serving the Win-E-Mac area"
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Business & Professional Guide

This space for rent at $127.40 for 6 months.
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THE WINGER ENTERPRISE

3

Wednesday, April 8, 2015

Winger News

by Linda Pulskamp

Greetings from our frigid areas of Winger and Union Lake, where yesterday (Wednesday) we had close to 70 degrees and today Thursday there were snow flurries coming down, only in Minnesota. Wind seems to blow either one way or the other every day too.

Farmers are anxious to get started with their field work and in listening to some of them I don't think it is very far off. Had a client in our office today (Thursday) who had just come back from Fargo and he said he did see some farmers in the field.

Stay well, the flu along with colds and pneumonia are still getting many people down.

Been watching the ice on area lakes and some of the smaller bodies of water and it won't be long before the ice will be gone. Should make the ducks and geese happy. Did see my first robin yesterday.

On to the news which is pretty scant again.

Donna Carlson was a Monday the 30th visitor at the Fern and Milton Carlson home.

Mark and Betty Syverson were visitors at the Pioneer Home last Saturday with Helmer and Verlys Homme.

Tyler and Tony Brtek of Bagley spent last Sunday with Grandma Lucy Brtek.

Brian and Marilyn Bratager of Greenleafton were last week end guests at the Sylvia and Boyd Bratager home and Truman and Darlene Johnson of Dilworth were Sunday visitors at Bratagers. They were among many family and friends that honored Tabitha Bratager following her first communion.

Judy Gieseke was a visitor with Fern and Milton Carlson on Tuesday.

Helmer and Verlys Homme were guests last Sunday at the Dellas Paradis home to help Charlie Paradis celebrate his 5th birthday. Charlie is the son of Lonnie and Kenya Paradis.

Heidi Bergquist of Breckenridge was a house guest last week end at the Pulskamp home.

This is the little bit of happenings I was able to come up with, hopefully next week will be more with Easter on Sunday.

Till then think SPRING!

From the Manor:

Bun, Vern and Michele headed to the Paridso resturant in Grand Forks last week to attend the birthday party for Michele's mother Elaine Bertils.

Elaine celebrated her 75th birthday. There were around eighteen family members present.

Bun and his buddy Bert had lunch at the newly reopened Depot café in Winger. They talked to the new owner Jen. When you're in Winger stop by and check it out.

Bun headed over to Grace church in Erskine for Easter services. Calvary in Winger had no Easter service. This is the first year in the history of the church that there hasn't been a service. Bun can remember way back when they had two services. Times are a changing.

Ole missed church in McIntosh on Easter because he overslept. However he did make it to his sister Julie and her husband Paul Schow's for ham dinner.

Steve and Lorri Massmann hosted Easter weekend for some of Steve's family from the Osakis area. They visited and played cards on Sat. and Sunday Steve cooked them a ham he had gotten from the Hutterites. His Mother, Father and siblings left for home later in the day.

Joyce Balstad is back home again after spending sometime with her sister Karen and her husband Dick. She is happy to be home and her cats are also happy she is back.

2015 Polk Public Health Champions

Polk County Public Health (PCPH) will be celebrating National Public Health Week (NPHW) from April 6th to April 12th. Every April, we come together to celebrate public health and renew our commitment to promoting healthier communities, schools and workplaces.

People often do not understand what public health is, much less how it impacts their daily lives. Public health affects all of us on a daily basis as we are only as healthy as the communities and world we live in.

Today, our zip code says too much about our health. Within the United States, there are unacceptable disparities in health by race and ethnic group, state by state and even county by county.

Think about the starting line of a race track as an "opportunity for health" and then consider that some people right here in Polk County don't have the same "opportunity" -or starting line- in order to attain the highest level of health possible, in part due to social and economic reasons.

In order to improve and promote population health we must use innovative solutions that advance collaboration among many local partners. Polk County Public Health is grateful to have many individuals who volunteer their time, skills, and abilities to promote healthy communities. These individuals advocate for improvement and expansion of public health in their families, schools, workplaces and communities. As part of NPHW, Polk County Public Health would like to take the time to acknowledge our 2015 Public Health Champions.

Our first Polk County Public Health Champion is Healthier Fosston. Healthier Fosston, a Statewide Health Improvement Program (SHIP) community partner has been following the SHIP model by working to make the healthy choice easier where we live, work, play, and seek health care. Collaborative community partners from government, businesses, healthcare, and community members are coming together with the common goal of a cultural system change where policies support environmental change impacting healthier choices and accessibility. Monthly meetings include vibrant discussion around population health and visioning how individual partner decisions support the community's long-term healthier outcomes. From the small changes of donuts at a meeting to offering donuts AND grapes to supporting the multipurpose Fosston Inspirational Trail and Essentia Health's sugar sweetened beverage policy; Healthier Fosston is moving towards supporting and sustaining the health of the community. Thank you Healthier Fosston for paving the way and being true Public Health Champions!

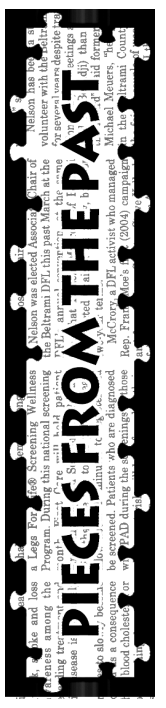
Mike Hedlund, Police Chief, East Grand Forks, is our next Public Health Champion. Hedlund has played an active role on the Polk County Wellness Coalition over the past few years. More specifically, he has demonstrated his strong support in advocating for the Social Host Ordinance and has assisted on a variety of grant applications. His presence and voice is highly valued on the Towards Zero Death (TZD) committee. His collaboration with community partners prevents traffic fatalities and serious injuries on the road. Mike continued to show his passion for Polk County wellness through his recent participation in the Community Health Improvement Plan. Thank You Chief Hedlund for being a courageous leader and Champion in Polk County!

We would like to recognize Francine Olson, Crookston as another Public Health Champion. If children are involved, Olson likely coordinated it! She is an ECFE Educator and the Teen Parent Educator in Crookston. She has served on the Early Childhood Initiative (ECI), the C.A.L.L Committee, Parents Helping Parents (PHP), and is involved with the WIC (Women Infants & Children) program at PCPH. Each spring, Olson coordinates the Celebrate the Young Child (CYC) events with deep commitment and enthusiasm. These events successfully connect our community as the attendance sky-rockets every year. Her passion to promote happier and healthier children and families inspires us all! Thank you Francine for your dedication to children's health and for being a Public Health Champion!

MaryAnn Simmons, News Director, KROX Radio is our

Champions...

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30 years ago...1985: The McIntosh new gym was the site for the 7th Annual Easter Cantata. A Large crowd was transported into the Easter season as the Good Friday concert set the stage with a strong performance in song of Jesus' last days on earth and the glorious exuberant feelings of an Easter morning. A talented group of community singers under the direction of Garnet Aanenson gave of themselves and of their time to prepare for this year's cantata - this was the "Glory of Easter".



20 years ago...1995: This group of Win-E-Mac Sixth Grade Students assisted with the serving line at the annual McIntosh Manor Nursing Home Easter dinner. The early celebration and delicious dinner was held on Sunday, April 9 for Mac Manor residents and their families.



10 years ago...2005: It was a good weekend to be outdoors and many McIntosh residents and children took to the outdoors for some fun in the sun. (L-R) Calie Maruska and Michelle Bjerke went for a Sunday bike ride.

Regional Ag News

Jim Stordahl, Extension Educator

Preventing Internal Parasites in Small Ruminants

If not controlled, internal parasites can cause illness in animals. Symptoms of parasitism include weight loss, loss of appetite, depression, weakness, lagging behind or separating from the flock, and possibly anemia, bottle jaw, or diarrhea.

Livestock producers want to raise healthy animals, and so they may treat the sick animals with dewormers. But that is a temporary fix at best, because unless there is a management change, animals will soon be reinfected.

Also, most dewormers are no longer working because the internal parasites have developed resistance to the chemicals.

A better approach than relying on dewormers is to prevent illness in the first place. A strong immune system will help an animal resist or tolerate parasites; this strong immune system stems from the following:

Genetics

Some breeds and some individuals are better able to fight parasites.

Age

Young animals have no immunity; with time and exposure, sheep will build immunity around 4 to 9 months of age.

Good nutrition

A properly nourished animal will be better able to fight internal parasites. The minerals copper and zinc are important for the immune system, and extra protein also helps battle parasites.

Low stress

Clean, calm environments reduce animals' stress.

In addition to having a strong immune system, livestock need to be protected from consuming too many internal parasites. This is accomplished through sanitation (clean water tanks and feed troughs) and through pasture management.

Good pasture management can help animals stay healthy in two ways: by reducing exposure to internal parasite larvae and by supporting animal health.

Numerous strategies can reduce exposure:

- Maintain proper forage height; don't graze shorter than four inches.
- Maintain proper stocking rate.
- Rest contaminated areas for at least 60 days if possible; longer is better.
- Give access to browse and tall-growing forbs.
- Use resistant animals and alternate grazers (cattle and equines can alternate with sheep or goats).
- Provide clean pastures for young and other susceptible stock, such as lactating animals.
- Graze animals on regrowth from silage or hay crops.
- Use annual forage crops, such as cereal grains, ryegrass or turnips.
- Rotate animals away from larvae before they are infective, which means within four days during optimum parasite conditions, such as during a humid summer.
- Keep animals out of wet areas.

Several strategies provide support:

- Provide excellent nutrition, especially energy, protein, and minerals, to susceptible classes and during stressful times.
- Allow limited exposure to parasite larvae to maintain immune response.
- Provide diverse forages, such as browse, tannin-containing forages such as birdsfoot trefoil and a wide variety of plants to encourage animals to eat more and give some medicinal benefits.

In summary, three simple actions will help prevent illness:

- Encouraging a strong immune system
- Using good sanitation
- Rotating pastures

This information is provided by Margo Hale & Linda Coffey at NCAT-ATTRA. Check out www.attra.ncat.org for a full discussion of pasture management and the interaction between animals and internal parasites. For local information contact me at 800-450-2465 or stordahl@umn.edu.

Recipe Corner

Is your belly full of jelly beans and chocolate bunnies and your fridge full of hard boiled Easter eggs? If so, here are a few recipes to try out with your excess eggs. They are quick and easy to prepare and may be a welcome break from those jelly beans and chocolate bunnies!

Deluxe Egg Salad

2 Tablespoons butter, room temperature
3 oz cream cheese, room temperature
2 Tablespoons celery, minced
1 Tablespoon Mayo (or more if desired)
1 teaspoon onion, grated
1 teaspoon sugar
1/2 teaspoon lemon juice
1/4 teaspoon salt
1/8 teaspoon pepper
6 hard boiled eggs, finely chopped or squished with a fork.
Croissants or Bread
Paprika (optional)
Dill Pickle Relish (optional)
Bacon (optional)

In a medium bowl, cream together butter and cream cheese until smooth.

Stir in celery, mayo, onion, sugar, lemon juice, salt and pepper until well blended.

Add eggs and mix well.

Cover and chill for 1 hour or longer.

Serve on bread or croissants

-Sprinkle with paprika or add dill pickle relish or bacon if desired.

Bacon Jalapeno Deviled Eggs

12 large eggs, hard boiled and peeled
1 cup mayonnaise
1½ tsp rice vinegar
¾ tsp ground mustard
½ tsp sugar
2 jalapenos, seeded and chopped
6 pieces bacon, cooked, crisp, and crumbled
paprika

Slice the hard boiled eggs in half, lengthwise.

Remove the yolks and put them in a mixing bowl.

Mash the egg yolks with a fork.

Add the mayonnaise, rice vinegar, ground mustard, and sugar to the mashed egg yolks and stir until well combined.

Mix in the jalapenos and bacon.

Put the mixture in a zip-loc bag and cut a small hole in the corner of the bag. Fill each egg hole with the mixture.

Sprinkle with paprika and chill until ready to serve.

Random Things and Stuff



Unusual Jobs

By: Emily L. Ferden

When you ask high school students what they would like to be when they grow up, it is usually something you have heard of right? Such as a teacher, nurse, doctor, banker, electrician, etc. These are common jobs that a lot of people have. Did you know that there are actually a lot of jobs out there that really aren't well-known? Here is a list of the 10 most bizarre professions you didn't know existed from oddee.com:

1. Professional Mattress Jumper: The man who gets paid to jump on mattresses says you can stop laughing now. There is nothing funny about jumping on mattresses day after day. Mattress after mattress. People refuse to understand. 'It's work,' said professional mattress jumper Reuben Reynoso. 'It's not for everybody. There is a right way and a wrong way to do it.' Reynoso, who jumps on three mattresses a day, does it the right way. He doesn't try for height. He doesn't go 'boing' or turn a somersault. His 10 toes are not little piggies going to market. They are trained members of the team. It's not a trampoline, for goodness sakes, it's a $2,750 mattress. 'This is not a game,' said Reynoso, bouncing up and down. 'Not to me'.

2. Professional Ethical Hacker: Can you be a hacker and also be a good person? As a matter of fact you can, and that's a desk job that pays especially well: an ethical hacker earns more than $170,000 per year ($92,000 on average), according to PayScale.com. Ethical hackers help companies find glitches and weaknesses in their computer systems.

3. Professional Pencil Sharpener: You could sharpen your own pencils, but who would want to go to all the effort? Send them to David Rees of Artisanal Pencil Sharpening, and he'll whittle them to perfection and return them to you with the shavings and a certificate of authenticity: This is how Rees' artisanal pencil sharpening works: You might send him your favorite pencil, but Rees more often selects and sharpens a classic No. 2 pencil for his clients "carefully and lovingly," he promises. He slides the finished pencil's very sharp tip into a specially-sized segment of plastic tubing, then puts the whole pencil in a larger, firmer tube that looks like it belongs in a science experiment. Throw it at a wall, he says, and it won't break. The cost? $15.

4. Professional Snuggler: Meet Jackie Samuel. She's a professional snuggler. According to her website thesnuggery.org, Samuel charges $60 an hour for "private snuggling sessions" at her home in Rochester, New York. No sex, just cuddles. "This is not about sex and I'm really straight forward about that," said the 29-year-old. Samuel's mission, according to her website, is to "make the world a gentler place, one snuggle at a time. It also helps pay for her studies and provide for her young son. Also, clearly there are a lot of people in need of a cuddle. Samuel makes as much as $260 a day and cuddles with up to 30 men a week. Samuel, who started her business earlier this year, has strict rules. She only snuggles in her house and clients are not allowed to touch "any parts of her body which are covered by underwear, which she wears under her pyjamas." So, who pays for cuddles? Samuel said pensioners, war veterans and people "between relationships" are among her clients.

5. Professional Cheese Sculptor: Sarah Kaufmann is one of only three people in the United States who make their living carving cheese. That's right, the "Cheese Lady" is a professional cheese sculptor. Why cheese? Well, Michelangelo used marble. Sarah Kaufmann uses cheese. What drew this sculptor to her material? A strong affinity for tangy cheddar or the fact that she hails from the proudest cheese state in the nation, Wisconsin? No, as Kaufmann says, "The cheese found me." What's more, she says, "It's much more delightful than working with wood or stone. You can snack while you work."

6. Professional Urine Farmers: Hunters often use deer urine to attract their prey. Specifically, they use the come-hither-smelling urine of does in heat. So where do hunters get this urine? From professional urine farmers like Judi Collora. The key to success as a urine farmer, she says, is understanding that different seasons bring a fluctuating urine supply. "It all depends on how thirsty the deer are," she says. "In the summer when it's hot, they drink way more than in the winter when it's cold." The less they drink, the less they pee, and the less profit a urine farmer makes. The one question they get asked most often, Mrs. Collora says, is how they know the best time to harvest estrus urine. "Hey, it ain't rocket science," she laughs. "You put a buck in there. When he starts riding the doe, and she lets him, they're in heat. When they're done, you collect their urine. That's our whole business model."

7. Professional Presidential Poison Taster: You might have known that the ancient Egyptians and the Romans employed them, but were you aware that poison tasting is still a potential career option today? Vladimir Putin is reported to engage the services of 'food tasters' who travel with him and, um, taste his food. He has every dish inspected by a medically-qualified professional sampler, who makes sure that it is completely safe to eat. George Bush apparently also had two former FBI agents taste every one of his dishes during a trip to London.

8. Professional Golf Ball Divers: What if you could spend all of your workdayson golf courses—diving? When golfers hit a ball into a water trap, most of them look at the offending obstacle, say something nasty and settle in to launch another little white ball. Ok, so the water's neither clear like the Caribbean nor colorful like a coral wall off the Great Barrier Reef. It's a cold, nasty, dirty job, but someone's got to do it. For golf ball divers, a bad day of golf is a good day of work. Golf ball divers dive about four days a week and on an average day collect approximately 4,000 golf balls. Also, golf ball divers have made up to $100,000 annually. Now I got your attention, right?

9. Professional Cat Catcher: Her service costs $80, but the skills of a professional cat catcher -- probably the only one in New York City -- are worth it. Jordana Serebrenik has a talent for safely capturing household cats. She's good enough at it that people hire her to come into their homes and get their unwilling felines into pet carriers.

10. Professional Sorority Rushing Coach: If you want to succeed in life, then you'd better get into the right sorority. Make it your primary focus for the first few months of college, because that's when you have to impress girls three years older than yourself. Their opinions of your body, intellect, personality and values matter. Make the best impression with the help of professionals who coach young ladies through the process of rushing a sorority. Naming themselves the Rushbiddies, they opened shop in 2009 after hearing about the rush misfortunes of their daughters' friends. About 50 mothers and their "chicks," as the Biddies affectionately call them, attended one of their two-day workshops in April ($100 a couple), complete with mock rush party, wardrobe hints and paperwork prep. There is a mound of it.

The smart rushee, the Biddies advise, will have a résumé stressing community service, leadership, academics and teamwork, letters of recommendation from alumni of each chapter, preferably on the campus in question, and reference letters. With the help of Ms. Foster and Ms. Grant, who wears a pink feather boa during workshops, Mrs. King asked alumni of about 10 chapters, several from UVA, to write her daughter's recommendations. To guide their plaudits, she sent them packets with a professional photograph, transcript and résumé. To thank them, she dropped off a bottle of rosé in their mailboxes.



During a recent sewing class that was taught at the McIntosh Community Center by Connie Strom, she shows her students about pinning before starting to sew. Pictured (l-r) Olivia Paradis, Connie Strom, Ella Strom and Bret DeChamp.

Champions...

Continued from page 3

next Public Health Champion. The media plays an essential role to effectively communicate and promote the efforts of Public Health. KROX is a community-focused radio station that successfully connects residents and followers near and far due to the hard work and dedication of individuals such as Simmons. She consistently is present at everything from Public Health events and Emergency Preparedness meetings to City Council and Polk County Board of Commissioner meetings. She is inquisitive and genuinely concerned about Public Health efforts and strives to accurately communicate the work and mission of Public Health to the public. Our success is strengthened because of her humble efforts! Thank you MaryAnn for your daily devotion to connecting the community and being a Public Health Champion!

Last but certainly not least, our final Public Health Champion is Lisa Liden, City Administrator, Fertile. For many years, Liden has been actively involved in the Agassiz Environmental Learning Center. Located one mile West of Fertile, this self-guided nature area includes ten miles of hiking trails along the Sand Hill River and highlights the unique sand dune formations, oak savanna and native prairie of remnant glacial Lake Agassiz that will take your breath away.

In 2014, Liden recognized a community need and took the initiative to act upon it. In conjunction with the City Council, Liden worked with the North Country Food Bank to start a local Food Shelf in the Fertile Community Center.

Liden is organized, committed and passionate about the success of Fertile and the surrounding area. Thank You Lisa for your passion in serving the needs of Fertile residents and being a Champion in Polk County!

Story to Share?

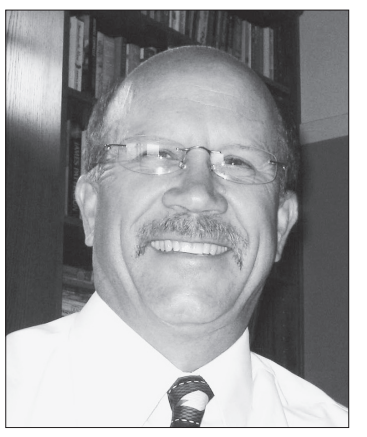
If you have a story or photos you want to share, please send to: mcintoshtimes@gmail.com



Week 4: Modeling the new pajama pants that the girls made at their final sewing class at the McIntosh Community Center in March are Olivia Paradis, Bret DeChamp and Ella Strom.

Superindents Notes

By Randy Bruer



Win-E-Mac School Project

Here is a brief update on our school building project. The cement floors are complete with HVAC, electrical and masonry in the completion schedule. Roughing the lighting and heat pipes along with pumps have been a major install on the second floor of the addition near the multi-purpose room. A major demolition of the rear gym wall will happen next week. This will allow more space for activities and seating in the small gym area. The roofing contractors are installing the flashing around the top edge of the building and will be done in May. Painting will begin soon with flooring ordered to be installed in May and June. There will be a few organizations using the school this summer and those days will be reserved with no construction.

Carol White Grant at the Win-E-Mac Schools

This will be the last year of the Carol White (PEP) grant. The grant has provided training, workshops, equipment and benefits to study and teach proper nutrition and physical health to students. We are one of 22 other districts in Northwest Minnesota working with this grant. Since January 1st, 2013, we have taken BMI (Body Mass Index) baseline samplings of students in grades 5 – 12 and did a statistical analysis of this data to find out our kids need to eat more fruit and vegetables while exercising more. It shows a real need to educate students on nutrition and proper exercise habits. This affects all of us when we speak of increasing health care premiums. The State and National averages for overweight and/or obese are 33%. Our local percentage is higher than the average and we are measuring some gains in nutrition and exercise of students since the beginning in 2013. If you would like more information on this topic please visit the following web sites: *Overweight an Obesity Prevention:* www.health.state.mn.us/obesity. *Nutrition:* www.health.state.mn.us/nutrition *Physical Activity:* www.health.state.mn.us/physicalactivity

School Lunch Room Equipment Grant

Recently, our school wrote a grant totaling $47,000 to replace much needed kitchen equipment. When the schools joined together in 1998, the used kitchen equipment was taken from each of the district schools and is still being used today. Our stove, ovens and warmers will need to be replaced soon due to both the age of the equipment and repairs needed to keep it working. Grants up to $50,000 from the Dept. of Agriculture will be awarded this summer to select schools who are eligible and have a high free and reduced lunch count. This is another reason why we need your application. We will hear later this summer if we receive the grant.

Important: Free and reduced applications:

These forms are very important to access funding for our school. If you are the parent of a child and know you may meet the eligibility requirements of the program, please fill out the applications and return them to the school. They are confidential and it does not mean you need to take advantage of what the form has to offer, but we still ask you to fill it out. If you have any questions please visit with the Superintendent. It does affect our compensatory funding for our school, free or reduced meal money for kids, 0% interest on QZAB loans, reduced phone and internet bills for our school, Title 1 funding, Federal funding, computer, technology and equipment grants, and learning materials. Next year or anytime during this year, we ask parents or custodial parents to fill out the free and reduced request forms.

Bus Drivers

If you would like to earn some extra income during the school year we need sub bus drivers. This is open for both male and females who have the interest in driving bus for our District. We will provide training and will assist you in getting the license. Please call the school at 218-563-2900 and speak with the Superintendent for more information.

WEM School Menu

Mon. April 13: *No School*

Tues. April 14: *Breakfast:* Assorted Cereal,Cook's Choice, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Chili, Corn, Fresh Carrots, Breadstick, Cookie (9-12 only), Fruit Choice, Milk Choice

Wed. April 15: *Breakfast:* Assorted Cereal, Breakfast Sandwich, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Pork Riblett on Bun, Seasoned Fried, Baked Beans, Ice Cream Bar (9-12 only), Fruit Choice, Milk Choice

Thur. April 16: *Breakfast:* Assorted Cereal, Breakfast Pizza, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Mashed Potato Bowl, Popcorn Chicken, Gravy, Corn, Applesause, Bread (9-12 only), Fruit Choice, Milk Choice

Fri. April 17: *Breakfast:* Assorted Cereal, Sweet Roll, Fruit Choice, Apple, Grape or Orange Juice, Skim or 1% Milk *Lunch:* Sub Sandwich, Baked Chips (9-12 only), Broccoli/Cauliflower, Cookie (9-12 only), Fruit Choice, Milk Choice

WEM School Announcements

Caulfield's will be here on Thursday, April 9th to take spring sports pictures. Softball will plan to take pictures in Fosston.

FYI -

The 3rd Quarter report cards are now available on Synergy.

Lace 'Em Up Basketball Camp – June 1-5, 2015. Camp is open to any boys or girls who are currently in grades K-11. Camp is set up to run from 8:00-11:30 for grades 6-11 each morning, and from 12:00-3:30 p.m. for grades K-5. Cost of camp is $60. Forms are available in the office

Short-Call Sub's Needed in NW MN

Do you have a four year college degree and interested in being a substitute teacher?

The Northern Coalition Education Center is offering a two day training for a Two Year Limited, Short-Call Substitute Teachers License on Tuesday-Wednesday, July 22 & 23, 2015, at the NW Service Cooperative in Thief River Falls.

For more information, please contact: Bev Thompson, NCEC Coordinator, NW Service Cooperative, 114 First Street West, Thief River Falls, MN 56701 - 218-681-0900 x 110



Week 1: At a recent Community Sewing Class at the Community Center in McIntosh, students spent 4 weeks learning to sew fun projects like this table runner. Pictured (l-r) Olivia Paradis and Ella Strom.



Week 2: The girls were taught how to make a pillowcase by their teacher Connie Strom, who taught them a fun way to sew the cases. Pictured (l-r) Olivia Paradis, Ella Strom and Bret Dechamp with teacher, Connie Strom in the back.



Week 3: (l-r) Olivia Paradis, Bret DuChamp and Ella Strom spent their third sewing class making a baby blanket at the McIntosh Community Center.