

# Leader-Record

CONTINUING THE GONVICK RECORD AND CLEARBROOK LEADER  
Serving the Communities of Clearbrook, Gonvick, Gully, Leonard and Trail



## Pet grooming on the road



When Naomi Shamp started this business, she never expected the influx of interest people would have in it. She is so grateful and for your loyalty and continued support.



Before and after the grooming.



Before and after the grooming.



Getting those paw pads cleaned before and after.



Pet grooming van on the road.

Naomi Shamp, a 2020 graduate of Clearbrook-Gonvick High School during Covid decided she didn't want to pursue college as she did not want to be in her bedroom doing on-line school due to schools being shut down at that time. That is what they did as Seniors but they were able to have an outdoor graduation ceremony. Everyone in their cars in the parking lot of the school."

She loved the idea of being a business owner and being an animal lover, dog grooming seemed fitting.

She decided to work under Lexie Lofgren, the owner of Off the Tracks Grooming at Leonard. She worked for her for about a year and a half. She taught her everything she knows. She planned on being a mobile dog groomer in order to serve her clients in a very accessible and convenient way. That's when her business Tails and Trims Mobile Dog Grooming came to fruition.

Then she started working for a place in Park Rapids and she thought about her plan to go with a mobile unit so that she could benefit her clients. She thought about the elderly or vision impaired who can't drive with the pets to get them groomed. Also people who work 8 to 5 can't get into a groomer in the day time.

Naomi got her first bus in Fargo and just got another new bus from Sauk Centre. Her dad did all the electrical and plumbing work to get it ready to travel from site to site to do the grooming.

Her very first clients were a Border Collie and a Mini Australian Shepherd.

Her biggest reward is after the first time the animals attitude improves each time that they come to her. They are loyal clients and very flexible.

Naomi has a process of grooming. She first clips the nails and cleans out the paw pads. Then she does a rough cut before the bath. She dries the hair with a high velocity dryer and does the final cut. The last is to clean out the ears. She does not do teeth as she refers them to a veterinarian.

Her dad's idea was to put the water tank, water heater, and water pump in an old chest freezer because it is insulated so she can put a space heater in there at night to keep her water from freezing in the winter. Everything in her grooming bus runs off of a generator.

She has a schedule with 6 to 8 weeks in between. She covers a wide area including Clearbrook, Gonvick, Fosston, Bagley, Leonard, Shevlin and Gully.

Her Tails and Trim Mobile Dog Grooming at 218-255-4879. She is fully booked at the moment but does have a wait list.

She could not have opened the business without the help of her parents Tim and Marilyn Shamp. He is there to fix her problems with the van to keep her on the road again and her mother lends moral support and advice.



Bath time with suds still on the top of the head.



Naomi's favorite dog is this Corgi. She will be three in April and she calls her Kahlúa.



Yes you can get gas in Leonard.

The Clearbrook Elevator Cooperative has been maintaining the Leonard Fuel Station since the end of October as a part of the Coop.

New credit card service has been upgraded and gas pumps are available 24 hours a day.

Co-op Manager Ryan Holm is shown at the station in Leonard.



## 2024 Year in Review

**November 6, 2024** - NELL drew a crowd with it's "Life as a Viking Woman" program, presented by Alethea Kenney. Over 50 guests were delighted, educated and wowed by Kenney's knowledge about Viking women. Ed Roepke was honored with Assistant Coach, Distinguished Service Award from the Minnesota State High School Coaches Association. Construction at Red Lake County Central School was completed, where a new library, two new science labs, and a new student commons area. There are new locker rooms as well as the cafeteria becoming three times its former size. The training room along with the new gymnasium, fit with 3 official size courts, should serve the student well.

**We Lost.....** Bob Lee, David Arveson, Rachel Senger

**November 13, 2024** - Five brothers involved in an explosion near Bagley received a huge outreach from the communities after a GoFundMe account was started to help with ongoing medical bills. The explosion was caused by a leaking propane tank in the storage unit the boys and their father were going to retrieve items. The ignition of a cigarette cause the blast. Luckily passerby's gave them immediate aid. Doug Ohman was NELL's presenter to a crowd of 100+, where 60 sixth graders attended "Name that MN Town". After a 30 minute break, he started with "The New Deal in MN", where Ohman shared the legacy footprint remaining from President Roosevelt's Great Depression relief, recovery and reform programs, the WPA, CCC, PWA, NYA, and the VCC.

**We Lost.....** Robert Anderson, Elaine Anderson, William Muldoon

**November 20, 2024** - Veterans Day programs were held all over the great state, and Sam Smith was the special speaker at the Veterans Day program held at the Clearbrook-Gonvick school. Sam served in the United States Navy from 1997-2001, and comes from a long line of Navy veterans. He and his Navy veteran wife Caren, own Off Grid Armory four miles north of Itasca State Park. Region 2 Arts Council awarded Donna Alena Hrabcakova and Tim Nelson it's Art Fellowship. Donna is a painter, and Tim is a renowned sculptor. Deer opener made for a lot of pictures of happy hunters, some their first kill, others shot from wheelchairs at 81 years young.

**November 27, 2024** - Leroy Mostrom celebrated his 95th birthday party, held at the Gonvick Legion on Sunday, November 3. Norwegian Heritage was on display at the



Taste of Norway. Everything from potato klub to rommgrot, Rosemaling to stained glass, were all feasts for the tumies and eyes. The Clearbrook-Gonvick Elementary Student Council had a Thanksgiving themed food drive, bringing in 422 pounds of food donations to the Clearwater County Food Shelf.

**We Lost.....** Patricia Woods, Annette Klade, Virginia Hokkanen, Grace Lunsetter, Beth (Birkeland) Marpe, Joyce Johnson



## Community Calendar

### Elim Mission Friends

Elim Mission Friends will meet on Thursday, March 13th at 2:30 pm at Clearbrook Elim Church.

The Missionary Update will be shared by Roxanne Engbretson. Following the meditation a business meeting will be held. Hostesses are Marilyn Shamp and Ashley Krog.

### Silent Auction Items Coming in for Meatball Dinner/Concert Fundraiser

Mark your calendars for some good food, fun and music! On Sunday, March 23 the Bagley Senior Center will be hosting a Meatball Dinner, Silent Auction and Concert Fundraiser at the Bagley American Legion. All monies raised go towards the much needed "new roof" for the center. Free-will donation.

Meatball Dinner with all the fixings will be served from 11-2pm. Take-out available. The Silent Auction will be from 11-2. The concert will start at 2pm with the "Figuring it Out" Abello Acoustic Band sponsored by the Bagley Area Arts Collaborative.

Come for the food, or the auction, or the concert, or come for all three and help support this great cause! Auction items will be available for pick up after 2pm.

If you would like to donate an item or something of value to the silent auction, please call me at 218-401-1651 or email pamelajeanisme63@gmail.com

### Bagley Library to Host Presentation on the Civil War on March 22

MOORHEAD, MINNESOTA - The Bagley Public Library invites the public to experience the American Civil War in a new way. The library will host a program in partnership with the Clearwater County Extension/4H featuring a presentation and display of dioramas and other collectible items belonging to Rich Kalemek.

All programs are offered



free-of-charge with a full calendar available at larl.org/events. The Bagley Public Library is located at 79 Spencer Ave. SW.



Leader-Record papers available at many locations including online  
Clearbrook: Y92 Convenience Store, Bakkens Market,  
Gully: Gully Cornerstore Farm Services  
Leonard: Strands Grocery Store  
Bagley: Ortons, Kubiak's, Galen's, Bagley Co-op, Red Lake: Red Lake Foods

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## CLEARBROOK ELEVATOR ASSOCIATION

# ANNUAL MEETING

will be held at the: BANQUET ROOM

— at the —

## Clearbrook Community Center

.....  
**Friday, Mar. 21<sup>st</sup>, 2025**  
**at 3:00 p.m.**  
.....

THERE WILL BE AN ELECTION OF 2 DIRECTORS

R52-1C



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### Bagley Library offers many activities

A number of entertaining and informative programs are scheduled at the Bagley Public Library, offering community members the opportunity to be entertained and informed.

The library's Book Club will meet on Friday, March 7 at 1 p.m. to discuss The Housemaid by Freida McFadden, a psychological thriller featuring a housemaid to a wealthy family. All are welcome to join this entertaining discussion.

A Gardening Basics workshop will be held on Saturday, March 8 from 10 a.m.-12 p.m. The program will feature local gardeners Connie Nunemaker and Juleigh Prosser presenting on the basics of garden planning, seed starting and how to read a garden catalog. The program will be offered in an open discussion format and attendees are encouraged to bring their questions.

A class on Cybersecurity Basics will be held on Wednesday, March 26 from 11 a.m.-12:30 p.m. Offered in collaboration with the Clearbrook-Leonard Senior Center, this free class is geared to older adults who want to use the Internet safely. The program will feature a member of the Clearwater County Sheriff's office and is made possible through a partnership with the National Council on Aging and AT&T.

All programs are offered free-of-charge with a full calendar available at larl.org/events. The Bagley Public Library is located at 79 Spencer Ave SW.

### Clearbrook-Leonard Senior Meals

Wed. March 12 - Orange Chicken Rice and Dessert.

Thurs. March 13 - Roast Beef, Mashed Potatoes and Gravy, Peas and Carrots, Starburst Cake.

Fri. March 14 - Chicken Strips, Potato Casserole, Cole-slaw, Pudding.

Mon. March 17 - Creamed Chicken over a Biscuit, Garden Salad with Dressing, Fruit Cup.

Tues. March 18 - Swedish Meatballs, Mashed Potato with Gravy, Harvard Beets, Cinnamon Applesauce.

Wed. March 19 - Roast Turkey, Mashed Potato with Gravy; Baked Squash, Jello with Topping.

Meal subject to change.

Call 218-776-3154



### March 2025 Social Events

Bingo Day is Thursday, March 13 at 12:00pm. FREE! Cash or game prize donations are always welcome, so the games can continue to be free for all.

The Nutrition Board will be sponsoring a special "little something extra" in recognition of St. Patrick's Day and Member March birthdays starting at 11:45am on March 18. Join us for friendship, music and laughter!

Live Music with Keith Winger - Tuesday, March 18 starting at noon. Free will donation.

Join us for lunch - Reservation Required! Call 218-776-3154 to RSVP your spot for lunch at the center, call before 9am day of. \$6 for NSI clients, \$9.50 for non-clients.

\*Must be 60+ old to be a NSI client.

### Other Senior Center Activities

•Mar 13 Digital Literacy Lab 1:30- 2:30 pm

•Mar 13 Digital Literacy Workshop "iPhone & iPad Basics" 2pm at the Bagley Legion

•Mar 19 Vitals Check Up 10am- Noon, Walk-in welcome.

•Mar 20 Who to Call When ? with Clearwater County Sheriff Dept. Noon- 1:00pm

•Mar 20 Nail Service 1-3pm. By Appointment Only!

•Mar 20 Digital Literacy Lab 1:00- 2:00 pm

•Mar 25 Medication Management with Pharmacist Noon- 1:00 pm

•Mar 26 Digital Literacy Workshop "Cybersecurity Basics" 11am at the Bagley Library

•Mar 27 Digital Literacy Workshop "iPhone & iPad Basics" Noon at the Senior Center

\*To sign up for Nail Service for our Members, use the sign-up sheet at the center or email clearbrookseniorcenter@gmail.com

## FRIDAY NIGHT MEANT DRIVING DOWN THE SAME STREETS FOR HOURS.



REASONS TO ATTEND  
CLEARBROOK GONVICK

ALL-SCHOOL REUNION JUNE 26-29, 2025.

[HTTPS://WWW.CLEARBROOKGONVICKALLSCHOOLREUNION.COM](https://www.clearbrookgonvickallschoolreunion.com)



## Church News

**BETHEL ASSEMBLY**  
Fosston  
Seth Johnson,  
[www.facebook.com/bethelfosston](https://www.facebook.com/bethelfosston)

**Sundays:** 9:00 a.m. Sunday School. 10:00 a.m. Worship Service.

**ELIM LUTHERAN BRETHREN CHURCH**  
Clearbrook  
Pastor Adam Krog  
Wed. - 7:00 p.m. Bible Study  
Sun. - 9:30 a.m. Sunday School for all ages, 10:30 a.m. Worship Service.

**FIRST BAPTIST CHURCH**  
Clearbrook  
Pastor Randy Reimer  
Every Wednesday, 10 a.m. – 2 p.m. Quilting. 5 PM Adult Bible Study 6:30 PM Awana.  
Call for information. 218-776-3252.

**Every Wednesday - 5 PM**  
Adult Bible Study... 6:30 PM Awana.

**Every Saturday - 7:00 a.m.**  
Men's Fellowship

**Sunday Worship, 9:30 a.m.**  
Sunday School, 10:45 a.m. Morning Worship Service

**UNITED LUTHERAN CHURCH**  
8 miles North of Gonvick on County Road 7  
Wed. March 5 - 7:00 pm Ash Wednesday Service,  
Sun., March 9 - 9:00 a.m. First Sunday in Lent

### Clear Waters Life Center Happenings...

03-12-2025 to 03-18-2025

**Clearbrook Site:**  
256 2nd Ave., SW

Shop at the Top's \$7 Bag Sale will be wrapping up on March 15, so don't miss out on changing up your wardrobe. Come out soon or you might miss out on some great clothing and shoes.

Earn money while making a difference. Join our team of Senior Services drivers and get paid to drive seniors to appointments, events, and shopping trips. Call (218) 776-2789 to learn more or get started today.

PrimeWest Health members, take advantage of free weight training led by Jay Jones in the Weight Room on Monday - Wednesday, March 17 - 19, from 6:30am - 7:15am.

Make a difference in the lives of young people! Volunteer with Youth Connection and help provide enrichment for 3rd-5th or 6th-12th graders. If you or someone you know likes working with youth, contact Charis Nordlund at (218) 776-2789 for more details.

Don't forget to check out all of the awesome new furniture we get on a regular basis at Restore It! Furniture Shop.

We are seeking to employ dedicated men to serve in supervising roles (house parent, crew boss) for Mustard Seed residents. This role requires a responsible, firm, and compassionate mentor to provide structure and stability. If you're ready to make a meaningful impact, contact Treven Quade at [treven@clearwaterslife.org](mailto:treven@clearwaterslife.org) for more information.

**Gonvick Site:**  
226 Elm Street

Create It! Art Studio has prepared a lot of exciting creative opportunities for the community.

Every Wednesday in March you can explore MS Painting from 12:30pm - 2:00pm.

You can also register online for yearlong club memberships. Sign up today at [clearwaterslife.org/art-experiences](http://clearwaterslife.org/art-experiences) and enjoy access to on-site mentors and supplies every Monday from 10:00am - 3:00pm ready to guide your projects or simply cheer on your creativity.

Stay active and have fun with Pickleball in the gym. Join us for open play on Mondays 9:30am - 7:30pm, Wednesdays 9:00am - 3:00pm, Thursdays 9:00am - 6:00pm, and Fridays 9:00am - 3:00pm. Play for just \$5 per day, \$20 per month, or enjoy unlimited access with a year-long membership for \$200.

For more information on our programs & services, visit our website: [www.clearwaterslife.org](http://www.clearwaterslife.org). Like and follow us on Facebook and Instagram.

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**GULLY-TRAIL PARISH**  
Bethany \* Lund  
Sand Valley  
Dawn Hanson, Lay Minister  
Wed, Mar. 12: Sand Valley: Lenten - 6 p.m. Soup N Sandwich, 7 p.m. Service.

Sun, Mar. 16: 9:00 a.m. Worship at Lund; 10:30 a.m. Worship at Bethany. 2 p.m. Confirmation.  
Wed, Mar. 19: Bethany: Lenten - 6 p.m. Soup N Sandwich, 7 p.m. Service.

**SAMHOLD LUTHERAN CHURCH - LCMC, Gonvick**  
Pastor Will Anderson  
Week of March 3- 9, 2025  
Tuesday: 8:30 AM Men's Prayer Breakfast  
Wednesday: 9:30 AM Women's Bible Study; 10:30 AM Quilting; 3:00 PM Prayer Shawl Ministry; 6:00 Ash Wednesday Service.

Sunday: 9:30 AM Sunday School; 9:30 AM Bible Study; 10:30 AM Worship Service

**CLEARWATER LUTHERAN PARISH**  
Mt. Olive - Nazareth  
Oak Park - St. Petri  
Pastor Jeffrey Merseeth  
Wed, Mar. 12: 5:00 p.m. Wednesday School. 7:00 p.m. Vespers at Nazareth.  
Sat, Mar. 15: 9:00 a.m. Mt. Olive service.

Sun, Mar. 16: St. Petri: 9:45 a.m. Worship. Oak Park: 8:45 a.m. Sunday School. 9:45 a.m. Livestream. Ladies Aid meeting after services. Nazareth: 9:45 a.m. Livestream

Wed, Mar. 19: 5:00 p.m. Wednesday School. 7:00 p.m. Vespers at Oak Park.

**GOOD SHEPHERD LUTHERAN CHURCH, CLEARBROOK**  
March 12th -19th  
Pastor Michael Wright  
Good Shepherd  
Wed., March 12th - 5:30pm

WOW "Sunday" School for elementary students; 5:45pm Lenten Service with free-will donation supper by the youth to follow

Sun., March 16th - 9:00am Worship & Communion; 10:00am Coffee Hour

Tues., March 18th - 5:30pm Bible Study

Wed., March 19th - 5:30pm WOW "Sunday" School for elementary students; 5:45pm Lenten Service with free-will donation supper by the youth to follow; Handbell practice 6:40-7:30pm.

**OUR SAVIOR'S LEONARD**

Wed., March 12th - 5:45pm Lenten Service at Good Shepherd with free-will donation supper by the youth to follow

Sun., March 16th-10:00am Coffee Hour; 11:00am Worship & Communion

Wed., March 19th - 5:45pm Lenten Service at Good Shepherd with free-will donation supper by the youth to follow

**COUNTRY FAITH CHURCH**  
1 mile south of Clearbrook, 2 miles west on Cty. Rd. 6

Senior Pastor - Brad Binder  
Assoc. Pastor Nathan Nordlund

Children's Ministry Lead Kari Godin

[www.countryfaith.org](http://www.countryfaith.org)  
218-776-3367

[office@countryfaith.org](mailto:office@countryfaith.org)  
Sunday Morning Worship 9:30 a.m. Fellowship Time, 10:00 a.m.

Worship Service (Nursery & Jr. Church during sermon time) 6:00 p.m. Youth Night (Most Sundays)

Every Tuesday at 6:30 a.m. Men's Prayer

Check the website or Facebook for up-to-date information.

**NEW JOURNEY CHURCH**  
Jarred LeBon, Pastor

Tyler Stynsberg, Assoc. Pastor

[www.newjourneyfosston.com](http://www.newjourneyfosston.com)

**Sundays:** 9:00 a.m. Sunday School. 10:00 a.m. Worship.

**Tuesdays:** 9:30 a.m. Ladies Devotions.

**Wednesdays:** 6:30 p.m. Youth Group.

### The Leader Record

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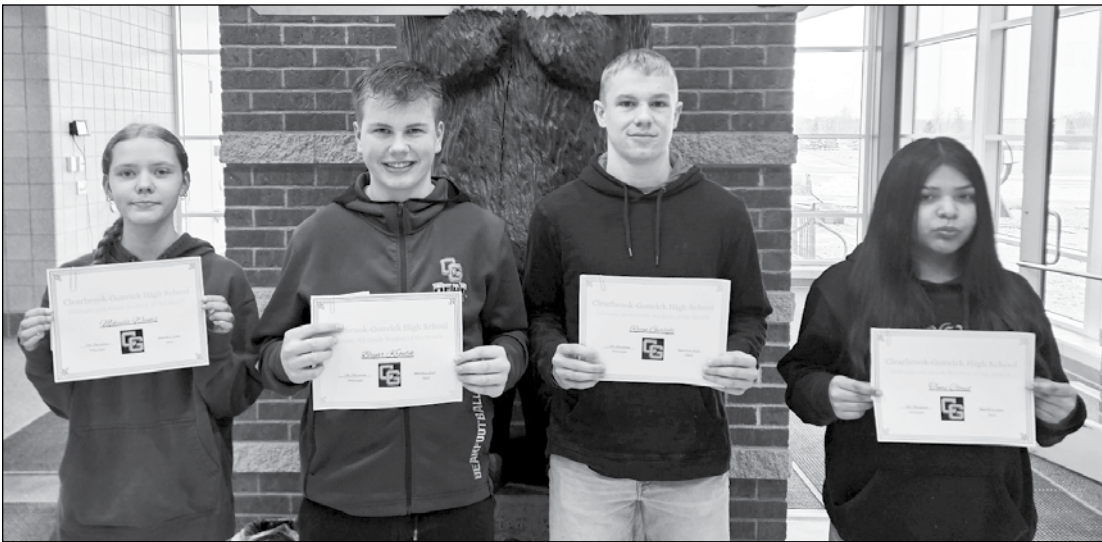
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Wednesday, March 12, 2025

# BEAR TRACKS

With articles submitted by the staff, administration and students at the Clearbrook-Gonvick Junior and Senior High Schools



Congratulations to our February High School Student of the Month Winners: Mikaela Weems, Bryar Kroulik, Ryan Gerlofs, and Tomi Cloud. Not pictured: Allie Olson and Kami Defoe.



Congratulations to our February Student of the Month winners! Charlotte Palmero, Arthur Eck, Kyra Horn, and Elsa Larson.



Congratulations to our February Student of the Month winners! Steven Thompson, Ada Lundmark, Zoe Haugen, Jaxton Bjerke, Belle Beaulieu, and Walter Coombs (not pictured).



Congratulations to our February Student of the Month Winners! Anika Abel, Delainey Kingbird, Mick Supan, and Melissa Defoe (not pictured).

## Donuts with Dad held March 7th at Clearbrook-Gonvick School



Tom Lewis with his daughters Harper and Harlee at the Donuts with Dad event at the Clearbrook-Gonvick School, held on March 7th. Photos submitted by Robin Proffitt. More pictures in coming issues of the Leader-Record.



Jeff Westrum and his son Oliver enjoying Donuts with Dad held on March 7th at the Clearbrook-Gonvick School.



Joy Walberg with her son Dan Conner and Dan's son Cliff.



Noel Erickson and his son Hendrick.

Clearbrook-Gonvick School Menu

Wed. March 12 - Sloppy Tots, Breadstick, Cookie, Fresh Fruit and Vegetable Choices and Milk. **Snack** - Pop Tart

Thurs. March 13 - Soft Shell Chicken Taco, Black Bean Salsa, Fresh Fruit and Vegetable Choices. **Snack** - Rice Krispy Bar

Fri. March 14- **Muffins with Mom** - Bosco Sticks, Dip-

ping Sauce, Fresh Fruit and Vegetable Choices. **Snack** - Cheez It Crackers

Mon. March 17 - Chicken Nuggets, Mashed Potatoes & Gravy, Roll, Fresh Fruit and Vegetable Choices. **Snack** - Tiger Bites

Tues. March 18- Pork Fritter, Scalloped Potatoes, Roll, Fresh Fruit and Vegetable Choices. **Snack** - Cereal Bar

Wed. March 19 - Chili Cheese Fritos, Cornbread, Fresh Fruit and Vegetable Choices and Milk. **Snack** -Cheddar Chex

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Mon. March 17 - Chicken Nuggets, Mashed Potatoes & Gravy, Roll, Fresh Fruit and Vegetable Choices. **Snack** - Tiger Bites

Tues. March 18- Pork Fritter, Scalloped Potatoes, Roll, Fresh Fruit and Vegetable Choices. **Snack** - Cereal Bar

Wed. March 19 - Chili Cheese Fritos, Cornbread, Fresh Fruit and Vegetable Choices and Milk. **Snack** -Cheddar Chex

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Jaxton Bjerke with his dad Clint at Donuts with Dad held on March 7th at the Clearbrook-Gonvick School.

**2025 CLEARBROOK-GONVICK ALL SCHOOL REUNION SUNDAY FUNDAY!**

**Jigsaw Puzzle Contest Fundraiser**  
Sunday, March 16<sup>th</sup> 1:00pm – 3:00 pm  
Clearbrook Community Center Legion Room  
Entry Fee: \$40.00 per team

Teams of 2-4 people compete to finish a 500-piece puzzle in the shortest amount of time. Open to all Ages!! 500-Piece Puzzle is provided and participants get to keep the puzzle. The event is limited to **16 teams**.  
**Please register by Thursday, March 13<sup>th</sup>**  
Prizes to be determined by number of entries.  
Contact Darci Hagen @ 218-280-5866 or PM Darci on FB to sign up at team or for more information

**And then join us for FAMILY BINGO**

**Sunday, March 16<sup>th</sup> at 3:00pm**  
**Clearbrook Community Center Melody Room**  
**\$20 per Bingo Card Pack**  
**9 Regular games & 1 Blackout Game**  
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[clearbrookgonvickallschoolreunion.com](http://clearbrookgonvickallschoolreunion.com)

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**The Clearbrook-Gonvick All School Reunion 2025 & A True Story Share**

Sharing and telling stories of past school days will be part of the programming during this coming June's All School Reunion in Clearbrook. Stories from past alumni during the reunion will be collected, details to come later. It's never too early to start remembering your school days and thinking of some stories you might like to share when the time comes. I became a professional Performance Storyteller in the 1990's. The following story is true and dates from those early days when I was intent on learning and bettering my storytelling skills.

**My Roommate and the Naked Truth** by Ann Marie Newman, 2025

Think Motel 6 with every room containing two, twin beds, a small table between them, a long shelf clinging to a wall, a tiny, stall shower bathroom, but no phone or TV. This was at a Baptist retreat with a main building featuring a large dining hall, concert hall, and classrooms of different sizes. On this weekend, it was the location for the Florida Storytellers Association's annual three-day intensive camp. We who loved the ancient art of oral storytelling had paid a reasonable fee to become better at the crafting and telling of stories. For funzies, I'd agreed to share a room with a total stranger. A female storyteller like me. It was a roll of the dice to see who it would be.

She arrived before I did. My mystery roommate wasn't in the room when I walked in, but I saw she'd brought in a huge cooler. A bag of groceries sat beside it. Though we were being fed three meals a day, we were encouraged to bring snacks. (Interpret here the food was only so-so.) No booze allowed; this



Photo taken of Ann Marie Newman at the recording studio of the Dallas Museum of Art. She was recording retellings she had written of ancient myths for an exhibition.

was a Baptist owned business you understand. I also noticed she'd brought and put her own bedding on one of the twin beds. Lovely, cozy bedding. I'd traveled light. I had some candy with me for non-nutritious snacking, and exactly three outfits for three days, but bedding? My bed was obviously the twin with the tragically ugly, worn-out bedspread on it. Our spartan room was clean, that's ALL it had going for it. This was my first storytelling camp, first experience sharing a room with a stranger, first three-day weekend away from my husband and young daughter. I hadn't known how to prepare. I stared with envy at her nice bedspread. Anxiously worried about the dining hall food.

We finally met after a passable meal in the dining hall, and opening story program. I'd returned to find her in the room near her opened cooler taking out snacks, which she happily shared with me.

We're going to let the lady be anonymous. I won't tell you her name, but I will say she was some ten years my senior. Had a feminine, pleasantly plump build. A wavy, brunette bob cut. A pleasant, open face to match her outgoing personality. I liked her immediately.

She was a cultural anthropologist who had lived with indigenous people in South America. She'd collected their stories and been accepted as part of their community for a significant time. She told me stories of her time living with them. I captivatedly listened to them. She'd even done a root thingy that had altered her consciousness and gone on a spiritual journey. Wowzers!

At some point, we realized it was super late. I shower in the morning, but she's a pre-bedtime bather. My roommate preceded to disrobe to complete nudity while walking around chatting with me. She then showered and walked around nude some more while preparing for bed still chatting animatedly. Me? I'm a super modest person. I had a hard time concentrating on our conversation while trying not to show my shock. My mind raced on where I to focus my gaze. Nonchalantly at her, my ugly bedspread, the wall? She explained she found the indigenous people wise and completely at ease with nudity. At any rate, relief flooded me when a pretty nightgown went over her head. We ended up talking ALL night long. No sleep. We were tired the next day and did a better job falling asleep at a reasonable hour the next night.

These many years later, she remains one of the most fascinating people I've had the pleasure to meet. A stranger, who never felt like one. Except, when she walked around unselfconsciously naked in front of me! Actually - I admired that about her, I really did. That's the truth, although it didn't influence me towards taking up such a practice myself.

**WHO DAT?**



Finding a quiet resting spot to visit at the Clearwater County Fair. Answer in Corrine's Corner.

There's a better way to move that old furniture...



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**Clearwater County Sheriff**

Weekly activity by Darin Halverson

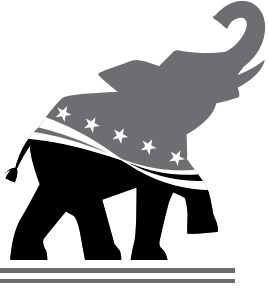
**City of Bagley Total: 13**  
03/02/25 09:15:56 Transport CW City of Bagley  
03/02/25 19:52:35 Transport CW City of Bagley  
03/04/25 09:41:31 Crimes Against Family CW City of Bagley  
03/04/25 10:24:07 Harassment CW City of Bagley  
03/05/25 12:05:39 Harassment CW City of Bagley  
03/06/25 13:44:09 Suspicious Activity CW City of Bagley  
03/06/25 14:16:22 Alarm CW City of Bagley  
03/06/25 16:17:32 Predatory Offender CW City of Bagley  
03/06/25 21:26:36 Medical CW City of Bagley  
03/07/25 17:44:18 TEST CW City of Bagley  
03/07/25 20:10:17 Traffic Stop CW City of Bagley  
03/08/25 16:40:55 Welfare Check CW City of Bagley  
03/08/25 23:22:18 Traffic Stop CW City of Bagley  
**City Clearbrook Total: 7**  
03/04/25 08:02:05 Court Order Violation CW City of Clearbrook  
03/04/25 12:44:44 Welfare Check CW City of Clearbrook  
03/06/25 12:10:18 Civil Complaint CW City of Clearbrook  
03/06/25 16:22:12 911 Hang Up CW City of Clearbrook  
03/07/25 09:59:29 Crimes Against Family CW City of

Clearbrook  
03/08/25 08:05:40 Medical CW City of Clearbrook  
03/08/25 17:41:57 Vehicle Lock Out CW City of Clearbrook  
**City of Gonvick Total: 3**  
03/02/25 08:20:59 Vehicle Off Road CW City of Gonvick  
03/03/25 01:46:32 Welfare Check CW City of Gonvick  
03/06/25 12:25:52 Traffic Complaint CW City of Gonvick  
**City of Leonard Total: 3**  
03/03/25 13:43:20 Noise Complaint CW City of Leonard  
03/05/25 12:17:44 Predatory Offender CW City of Leonard  
03/08/25 01:39:01 Extra Patrol CW City of Leonard  
**Clover Total: 2**  
03/02/25 01:52:02 Medical CW Clover  
03/04/25 02:58:31 Suspicious Activity CW Clover  
**CW Copley Total: 3**  
03/02/25 14:43:26 Fire CW Copley  
03/07/25 18:27:57 Traffic Stop CW Copley  
03/08/25 23:13:09 Traffic Stop CW Copley  
**Dudley Total: 1**  
03/04/25 08:38:50 Medical CW Dudley  
**Eddy Total: 2**  
03/07/25 10:10:50 Information Only CW Eddy  
03/07/25 13:09:36 911 Hang Up CW Eddy  
**Greenwood Total: 1**

# Clearwater County Republican Party Convention

## Saturday, March 15

Registration at 8:30 a.m.  
Convention at 9 a.m.  
Third Floor of the  
Clearwater County Courthouse



**Be there to have your voice heard!**  
**All are welcome!**

R52C

**LEGAL NOTICE**

**NOTICE OF MORTGAGE FORECLOSURE SALE**

**THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.**

NOTICE IS HEREBY GIVEN, that default has occurred in conditions of the following described mortgage:

DATE OF MORTGAGE: November 6, 2023  
MORTGAGOR: Kevin G. Morrison, single man.

MORTGAGEE: Mortgage Electronic Registration Systems, Inc., as mortgagee, as nominee for American Pacific Mortgage Corporation its successors and assigns.

DATE AND PLACE OF RECORDING: Recorded November 13, 2023 Clearwater County Recorder, Document No. A183156.

ASSIGNMENTS OF MORTGAGE: Assigned to: Pennymac Loan Services, LLC. Dated February 14, 2025 Recorded February 14, 2025, as Document No. A185558.

TRANSACTION AGENT: Mortgage Electronic Registration Systems, Inc.

TRANSACTION AGENT'S MORTGAGE IDENTIFICATION NUMBER ON MORTGAGE: 1002793-0006947673-3

LENDER OR BROKER AND MORTGAGE ORIGINATOR STATED ON MORTGAGE: American Pacific Mortgage Corporation

RESIDENTIAL MORTGAGE SERVICER: PennyMac Loan Services, LLC

MORTGAGED PROPERTY ADDRESS: 40395 201st Avenue, Bagley, MN 56621

TAX PARCEL I.D. #: 09.033.0900  
LEGAL DESCRIPTION OF PROPERTY:

The East 250 feet of the North 400 feet of the North Half of the Northeast Quarter of the Southeast Quarter (N¼ of NE¼ of SE¼), Section Thirty-three (33), Township One Hundred Forty-eight (148) North, Range Thirty-seven (37) West.

Clearwater County, Minnesota  
COUNTY IN WHICH PROPERTY IS LOCATED: Clearwater

ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: \$250,871.00  
AMOUNT DUE AND CLAIMED TO BE DUE AS OF DATE OF NOTICE, INCLUDING TAXES, IF ANY, PAID BY MORTGAGEE: \$258,696.04

That prior to the commencement of this mortgage foreclosure proceeding Mortgagee/Assignee of Mortgagee complied with all notice requirements as required by statute; That no action or proceeding has been instituted at law or otherwise to recover the debt secured by said mortgage, or any

part thereof;  
PURSUANT to the power of sale contained in said mortgage, the above described property will be sold by the Sheriff of said county as follows:

DATE AND TIME OF SALE: April 23, 2025 at 10:00 AM

PLACE OF SALE: Sheriff's Office, 213 North Main Avenue, Bagley, MN to pay the debt then secured by said Mortgage, and taxes, if any, on said premises, and the costs and disbursements, including attorneys' fees allowed by law subject to redemption within six (6) months from the date of said sale by the mortgagor(s), their personal representatives or assigns unless reduced to Five (5) weeks under MN Stat. §580.07.

TIME AND DATE TO VACATE PROPERTY: If the real estate is an owner-occupied, single-family dwelling, unless otherwise provided by law, the date on or before which the mortgagor(s) must vacate the property if the mortgage is not reinstated under section 580.30 or the property is not redeemed under section 580.23 is 11:59 p.m. on October 23, 2025, unless that date falls on a weekend or legal holiday, in which case it is the next weekday, and unless the redemption period is reduced to 5 weeks under MN Stat. Secs. 580.07 or 582.032.

MORTGAGOR(S) RELEASED FROM FINANCIAL OBLIGATION ON MORTGAGE: None

"THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES, SECTION 582.032, DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED."

Dated: February 20, 2025

PennyMac Loan Services, LLC  
Mortgagee/Assignee of Mortgagee

LIEBO, WEINGARDEN, DOBIE & BARBEE, P.L.L.P.  
Attorneys for Mortgagee/Assignee of Mortgagee  
4500 Park Glen Road #300  
Minneapolis, MN 55416  
(952) 925-6888  
131 - 25-001809 FC

**IN THE EVENT REQUIRED BY FEDERAL LAW: THIS IS A COMMUNICATION FROM A DEBT COLLECTOR.**

03/05/25 12:28:39 Suspicious Activity CW Greenwood  
**Holst Total: 1**  
03/04/25 09:35:38 Animal Related CW Holst  
**Itasca Total: 2**  
03/06/25 08:48:21 Fraud CW Itasca  
03/08/25 11:18:34 Traffic Stop CW Itasca  
**LaPraire Total: 3**  
03/03/25 20:18:41 Medical CW LaPraire  
03/04/25 14:30:21 Welfare Check CW LaPraire  
03/05/25 14:05:57 Assist Other Agency CW LaPraire  
**LaPraire N Total: 6**  
03/02/25 02:26:24 Domestic CW LaPraire N  
03/03/25 10:22:01 Assault CW LaPraire N  
03/04/25 05:02:49 Suspicious Activity CW LaPraire N  
03/04/25 09:14:01 Animal Related CW LaPraire N  
03/05/25 16:12:24 Traffic Stop CW LaPraire N  
03/08/25 06:34:04 Traffic Stop CW LaPraire N  
**Leon Total: 6**  
03/03/25 11:56:37 Welfare Check CW Leon  
03/04/25 11:06:14 Traffic Stop CW Leon  
03/04/25 18:29:23 Traffic Stop CW Leon  
03/06/25 07:04:24 Juvenile Misc CW Leon  
03/07/25 09:49:35 Suspicious Activity CW Leon  
03/08/25 20:56:17 Motorist Assist CW Leon  
**Minerva Total: 2**  
03/03/25 14:32:34 Traffic Stop CW Minerva  
03/06/25 14:00:59 CIVIL PROCESS CW Minerva  
**Moose Creek Total: 2**  
03/02/25 16:18:44 Traffic Stop CW Moose Creek  
03/04/25 12:38:52 Traffic Stop CW Moose Creek  
**Nora Total: 6**  
03/02/25 13:36:50 Traffic Stop CW Nora  
03/03/25 07:03:41 Traffic Stop CW Nora  
03/03/25 09:41:19 Juvenile Misc CW Nora  
03/05/25 11:50:32 Welfare Check CW Nora  
03/06/25 06:20:02 Traffic Stop CW Nora  
03/07/25 22:21:30 Information Only CW Nora  
**Out of Jurisdiction Total: 3**  
03/02/25 04:45:30 Medical CW Out of Jurisdiction

03/03/25 14:57:22 Transport CW Out of Jurisdiction  
03/07/25 08:38:33 911 Hang Up CW Out of Jurisdiction  
**Pine Lake Total: 3**  
03/04/25 06:02:25 Alarm CW Pine Lake  
03/06/25 13:14:27 Threats CW Pine Lake  
03/06/25 18:29:54 Suspicious Activity CW Pine Lake  
**Popples Total: 3**  
03/04/25 15:15:44 Medical CW Popples  
03/06/25 16:05:47 Welfare Check CW Popples  
03/06/25 16:38:10 Traffic Stop CW Popples  
**Rice Total: 4**  
03/02/25 10:49:46 Suspicious Activity CW Rice  
03/03/25 03:22:20 Motor Vehicle Crash CW Rice  
03/04/25 08:23:03 Alarm CW Rice  
03/08/25 10:55:36 Traffic Stop CW Rice  
**Shevlin Total: 10**  
03/03/25 17:42:44 Traffic Stop CW Shevlin  
03/04/25 21:05:43 911 Hang Up CW Shevlin  
03/05/25 06:38:16 Medical CW Shevlin  
03/06/25 05:26:23 Extra Patrol CW Shevlin  
03/06/25 16:33:46 Traffic Stop CW Shevlin  
03/06/25 16:43:19 Animal Related CW Shevlin  
03/06/25 18:26:23 Traffic Stop CW Shevlin  
03/08/25 20:50:24 Traffic Stop CW Shevlin  
03/08/25 21:11:05 Traffic Complaint CW Shevlin  
03/08/25 23:46:21 Traffic Stop CW Shevlin  
**Total Records: 86**

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**SINCLAIR TOWNSHIP REGULAR MEETING NOTICE**

The Sinclair Township Regular Meeting will be held in the Legion Room of the Clearbrook Community Center, located at 200 Elm St, until further notice. Regular monthly meetings will be held on the third Tuesday of each month at 7:00 p.m.

Brooke Pond  
Sinclair Town Clerk

R39\_1mo

**LEGAL NOTICE**

**NOTICE OF MORTGAGE FORECLOSURE SALE**

**THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.**

NOTICE IS HEREBY GIVEN, that default has occurred in conditions of the following described mortgage:

DATE OF MORTGAGE: June 22, 2022

MORTGAGOR: Erick A. Thoresen, a married man who acquired title as an unmarried man, joined by his spouse, Stacy Thoresen.

MORTGAGEE: Mortgage Electronic Registration Systems, Inc., as mortgagee, as nominee for AmeriSave Mortgage Corporation its successors and assigns.

DATE AND PLACE OF RECORDING: Recorded June 29, 2022 Clearwater County Recorder, Document No. A180898.

ASSIGNMENTS OF MORTGAGE: Assigned to: AmeriSave Mortgage Corporation. Dated February 6, 2025 Recorded February 11, 2025, as Document No. A185540.

TRANSACTION AGENT: Mortgage Electronic Registration Systems, Inc.

TRANSACTION AGENT'S MORTGAGE IDENTIFICATION NUMBER ON MORTGAGE: 100277210184888823

LENDER OR BROKER AND MORTGAGE ORIGINATOR STATED ON MORTGAGE: AmeriSave Mortgage Corporation

RESIDENTIAL MORTGAGE SERVICER: AmeriSave Mortgage Corporation

MORTGAGED PROPERTY ADDRESS: 40264 141st Avenue, Bagley, MN 56621

TAX PARCEL I.D. #: 050340810  
LEGAL DESCRIPTION OF PROPERTY:

The land hereinafter referred to is situated in the City of Bagley, County of Clearwater, State of MN, and is described as follows: The South 330 feet of the Northwest Quarter of the Southwest Quarter, Section 34, Township 148, Range 38.

COUNTY IN WHICH PROPERTY IS LOCATED: Clearwater

ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: \$241,750.00  
AMOUNT DUE AND CLAIMED TO BE DUE AS OF DATE OF NOTICE, INCLUDING TAXES, IF ANY, PAID BY MORTGAGEE: \$258,295.27

That prior to the commencement of this mortgage foreclosure proceeding Mortgagee/Assignee of Mortgagee complied with all notice requirements as required by statute; That no action

or proceeding has been instituted at law or otherwise to recover the debt secured by said mortgage, or any part thereof;

PURSUANT to the power of sale contained in said mortgage, the above described property will be sold by the Sheriff of said county as follows:

DATE AND TIME OF SALE: April 23, 2025 at 10:00 AM

PLACE OF SALE: Sheriff's Office, 213 North Main Avenue, Bagley, MN to pay the debt then secured by said Mortgage, and taxes, if any, on said premises, and the costs and disbursements, including attorneys' fees allowed by law subject to redemption within six (6) months from the date of said sale by the mortgagor(s), their personal representatives or assigns unless reduced to Five (5) weeks under MN Stat. §580.07.

TIME AND DATE TO VACATE PROPERTY: If the real estate is an owner-occupied, single-family dwelling, unless otherwise provided by law, the date on or before which the mortgagor(s) must vacate the property if the mortgage is not reinstated under section 580.30 or the property is not redeemed under section 580.23 is 11:59 p.m. on October 23, 2025, unless that date falls on a weekend or legal holiday, in which case it is the next weekday, and unless the redemption period is reduced to 5 weeks under MN Stat. Secs. 580.07 or 582.032.

MORTGAGOR(S) RELEASED FROM FINANCIAL OBLIGATION ON MORTGAGE: None

"THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES, SECTION 582.032, DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED."

Dated: February 14, 2025  
Amerisave Mortgage Corporation  
Mortgagee/Assignee of Mortgagee

LIEBO, WEINGARDEN, DOBIE & BARBEE, P.L.L.P.  
Attorneys for Mortgagee/Assignee of Mortgagee  
4500 Park Glen Road #300  
Minneapolis, MN 55416  
(952) 925-6888  
9 - 25-001186 FC

**IN THE EVENT REQUIRED BY FEDERAL LAW: THIS IS A COMMUNICATION FROM A DEBT COLLECTOR.**

# The MN Food Share March Campaign



The BHS Student Council recently held a fundraiser for the Clearwater County Food Shelf. First period classes donated both \$566.65 and 570 pounds of non-perishable food items. Mr. Ole Anderson's first period class won the pizza party by donating \$23.16 per student. Pictured (left to right): Student Council members Jackson Moen and Charlie Capshaw, Clearwater County Food Shelf Representative Tammy Kortan, and Student Council members Brett Schwegel and Hannah Woods.

The Clearwater County Food Shelf announces that the annual MN Food Share March Campaign runs March 1st through April 6th. We are asking for your financial support during this period. All food and monetary donations collected during this time period are proportionally matched by the Greater Minneapolis Council of

Churches.

2024 Hunger Facts state that over half a million Minnesotans were faced with food insecurity last year. The amount of food distributed by Minnesota Food shelves increased ten percent last year. Food insecurity is present in all 87 counties in Minnesota and the food shelves continue to run at capacity.

The USDA estimates the cost of food increased 2.3% last year and we can expect another increase of about 2% in 2025.

In 2024, the Clearwater County Food Shelf distributed 152,858 pounds of emergency food to 2492 families who experienced food insecurity. 512 unique families visited the food shelf for the first time. That is

an 11% increase over 2023. We are thankful to have recently received many individual and corporate donations!! Monetary donations can be sent to the Clearwater County Food Shelf, PO BX 578, Bagley, Mn 56621. All food and monetary donations can be dropped off on Wednesdays from 10 am to 2 pm.

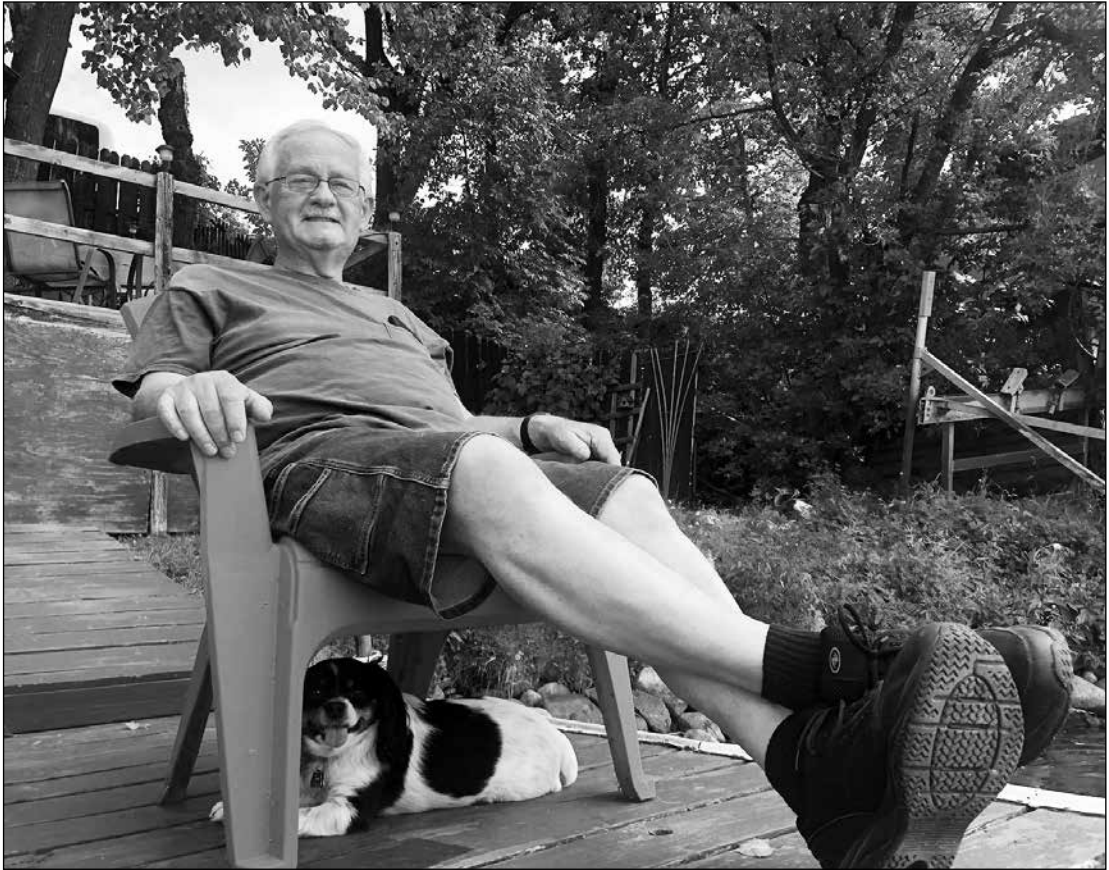


Roger Bachmann, Chairman of the Bemidji Co-op Association presents the Clearwater County Food Shelf with two checks. The first is a \$1,000 donation from the Bemidji Co-op and the second is a \$500 donation from Land O' Lakes. Food Shelf Managers Tammy Kortan and JoAnn Paulson are happy to accept these donations from Roger. Thank you Bemidji Co-op and Land O' Lakes!!



The Enbridge team in Clearbrook recently sent old materials and equipment to be scrapped. The funds received from the scrap iron was divided between local fire departments and the Clearwater County Food Shelf. Jake Hood presented the \$5,105 check to CCFS managers JoAnn Paulson and Tammy Kortan. Thank you, Enbridge!!

## Beating the odds: Vergas man grateful for lifesaving care at Essentia



Arden Shulstad with his dog Charlie.

Up until Aug. 15, 2023, Arden Shulstad had never been hospitalized.

Outside of mild arthritis and taking blood pressure pills, the 67-year-old Vergas, Minnesota, resident felt like he was "the healthiest guy in the world."

But Shulstad began to experience a new and unusual symptom — constipation for almost a week straight. It prompted him to meet with his primary care provider, Garrett Penton, a certified physician assistant practicing family medicine at the Essentia Health St. Mary's-Detroit Lakes Clinic.

"Garrett was sharp enough to run some blood work which showed that my white blood count was down," explained Shulstad.

A computed tomography (CT) scan showed that Shulstad had developed an abdominal

aortic aneurysm (AAA).

An aortic aneurysm is an enlargement and weakening in the wall of the aorta, the body's largest artery. An artery carries blood from your heart. If an aneurysm goes undetected, it may burst, causing serious complications, including stroke and often fatal bleeding.

A normal aorta is about three centimeters in diameter. Shulstad's was nine centimeters near his kidneys, and it had ruptured.

"It was like a pin hole, and blood was squirting out of it," said Shulstad. "It would have gotten worse if I hadn't gone in or done anything about it. They said blood was accumulating in my chest cavity, which my body was trying to absorb. This could possibly explain why I was constipated for so long."

Shulstad was quickly

prepped for surgery before being airlifted via helicopter from Essentia Health St. Mary's-Detroit Lakes to Essentia Health-Fargo.

"Only one in five people survive a ruptured AAA," explained Dr. Adam DeFoe, an interventional radiologist at Essentia. "We were able to quickly treat Arden with an endovascular aortic repair. This involved exposing his groin arteries through small incisions, and placing an endograft—a flexible fabric-covered tube—into his aorta to seal up the aneurysm from the inside."

Shulstad recalls waking up three days later with family all around him.

"My first thought was, 'Wow, I'm alive,'" he admits. "I believe the fast action and teamwork of the Detroit Lakes and Fargo teams saved my life."

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Shulstad has since fully recovered and is back to walking his dog, Charlie, a mile a day. He's also made it a priority to stay on top of yearly recommended screenings and encourages others to do the same.

**When to seek care**

Aneurysms usually grow slowly without any symptoms and can impact any artery in the body. This is why it's so important to talk with your primary care physician about your risk and any recommended screenings.

People with an AAA may experience back pain, a pulse felt around the belly button or a dull ache or pain in the belly or side of belly.

A ruptured aneurysm requires immediate medical attention. Symptoms can include sudden pain in your lower back, abdomen or legs; fast heart rate; low blood pressure; nausea and vomiting; and clammy skin.

**Risk Factors**

While both men and women can have AAA, it's more common in men. General risk factors include smoking history; family history; older age (65 and up); having other aneurysms; high blood pressure or cholesterol; and heart or vascular disease. Caucasians are more susceptible to AAAs.

Cardiovascular diseases are the leading cause of death globally, including among both men and women in the United States. February was American Heart Month and there is no time like the present to check in on your heart health, schedule an appropriate screening and consider lifestyle changes to reduce your risk for cardiovascular disease.

## FROM THE PAST - 2010



Clearwater Counties newest Emerging Leaders were Don and Valerie Evje.

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