Vol. 112 Number 38 Wednesday, December 13, 2017

Leader-Record

$1.00

CONTINUING THE GONVICK RECORD AND CLEARBROOK LEADER

Serving the Communities of Clearbrook, Gonvick, Gully, Leonard and Trail

Take part in a First Day Hike at Itasca State Park

22nd Annual Itasca State Park Winter Bird Count

Monday, December 18, 2017

From 8 a.m.-3:30 p.m.

Meet at the Jacob V. Brower Visitor Center Lobby between 7:30 and 8 a.m. for assignment of count areas. Bird count will run from 8 a.m. to 3:30 p.m.

This holiday season take part in the annual winter bird count at Itasca State Park. This year marks the park's 22nd year of participation in the nation-wide Audubon Christmas Bird Count.

Explore Itasca's count area in search of our winter bird residents. Stay a few hours or spend the whole day. Information collected is used to track migration patterns and changes in winter bird species abundance throughout North America. To learn more about this nation-wide bird survey go to: http://birds.audubon.org/christmas-bird-count

NOTES: Entire program is held outdoors. Dress warmly for outdoor winter conditions. Bring your lunch if staying for the entire day. The group will gather at the visitor center at Noon for a lunch break. For questions and further details, call 218-699-7259. If weather is bad, the alternate date will be Tuesday, December 19. Check with the park to confirm

First Day Hike:

A Backcountry Exploration

Monday, January 1, 2018 from 12:30-3:30 p.m.

Meet at the Jacob V. Brower Visitor Center

Get your New Year's resolutions going on the first day of the New Year! Join us for an invigorating snowshoe hike as we explore the area around the Mississippi Headwaters. The hike will go along the Schoolcraft trail and out to Schoolcraft Island (conditions permitting). The first section of the hike will be easy.

Notes: Dress for being outdoors, bring along your snowshoes, water and sunglasses. A limited number of snowshoes are available at the Jacob V. Brower Visitor Center for use during the program and are first-come-first-serve. Please check out the snowshoes before the start of the hike. Route may change based on weather and snow conditions. Trail route will be selected based on snow conditions.



Congratulations to Naomi Shamp! She earned 2nd place individual at the University of Minnesota Crookston General Livestock Judging competition. She is the daughter of Marilyn and Tim Shamp of Clearbrook. She attends Clearbrook-Gonvick High School.

-Photo courtesy University of Minnesota Crookston.

Minnesota Association of Townships Announces Scholarship Program for 2018

The Minnesota Association of Townships (MAT) is proud to announce its 18th annual scholarship program for high school Juniors in the state of Minnesota. Up to six $1,000 scholarships will be awarded. All applications for the awards must be submitted by May 1st, 2018.

To enter the contest, the Juniors must answer an essay question developed to support MAT's 2018 Educational Conference theme, "Powering the Future: Energy to Build on in Your Township." Any Junior currently enrolled and attending a Minnesota public, private, or parochial high school or a home study program is eligible to participate in this scholarship program.

Gary Pedersen, MAT Executive Director, said, "Our townships across the state are proud to offer the MAT Scholarship Program to deserving high school Juniors. It as an opportunity for MAT to educate high school students about township government. Townships embody the values of 'grassroots government,' where local citizens contribute their talents, skills, and ideas to preserve their quality of life, build their communities and deliver important services."

Since its inception in 2001, the MAT Scholarship Program has had over 1750 submissions and 70 winners. "The MAT Scholarship Program has been well-received statewide as it is one of the few scholarships offered to Juniors in Minnesota schools," said Pedersen. "Our goal is to get Minnesota High School Juniors interested in our scholarship program and wanting to learn about township government. Whether the participants are from the largest cities in the state or a small rural area, from the northwest to the southeast and all places in between, we want to encourage as many Minnesota Juniors to enter our contest as possible. It is a real inspiration to know that the MAT scholarship program has made a real

Scholarships..

Continued on page 3

Santa Claus Day in Leonard

Santa Claus Day will be held in the City of Leonard on Saturday, December 16.



Kids can come from 11:00 a.m. to 1:00 p.m. at the Leonard Dudley Community Hall.

High School Students Take Home Awards

Students interested in agriculture and natural resources from high schools, chapters and clubs across the region and state were on the University of Minnesota Crookston campus on Friday, December 1, 2017, to compete in more than 20 agriculture and natural resources related contests. The annual Agriculture and Natural Resources Day competition has been held for more than 30 years on the Crookston campus.

With contests ranging from horticulture and forestry to ag mechanics, livestock and sales, the day brings out the competitive spirit of students culminating in an awards ceremony. The contests are overseen by U of M Crookston Agriculture and Natural Resources Department faculty. The awards ceremony recognizes the top individuals and teams.

Naomi Shamp earned 2nd place individual at the University of Minnesota Crookston General Livestock Judging competition today! First of any Clearbrook-Gonvick FFA members to win this award! Congratulations also to our FFA Creed speakers!!! Bailey Klema earned 6th place and Kayla Ehlers earned 5th place.

An awards ceremony culminated the exciting day. Scholarships, plaques and certificates were awarded to school teams and individuals for each contest. Over $32,000 in scholarships are available to award-winning students. Last year, $750 UMC scholarships were awarded for the high individual in each contest, $600 UMC scholarships were awarded for the second place individual, and $450 UMC scholarships were awarded for the third place individual.



Waiting to do their part in the program at the Clear Waters Life Center in Gonvick on Friday night were: Abby Hathinson, Tavia Johnson, Rocklynn Julie, Presley Westrum and Kailey Klema. They are shown with Karis Nordlund who is with the Clear Waters Life Center Youth program.



Tamara Skinaway was one of the many who helped with the crafts that children were making during Santa Claus Day in Clearbrook. She is a member of the Clearbrook-Gonvick basketball team.



Jim Caccia provided special music on his accordion at the Clear Waters Life Center in Gonvick.



Patti Thorssen accompanied the trio for "Shine In Us."



Trio who sang "Shine In Us" at the Clear Water Life Center Christmas dinner were from left to right: Kris Dahl, Rhonda Erickson and Marlyn Shamp.

Community Calendar

Christmas Story at United Lutheran

United Lutheran Church invites you to attend a retelling of the Christmas Story at United Lutheran Church, Berner on Sunday, December 17th at 5:30pm.

We will be sharing Christmas memories throughout the retelling and there will be a potluck supper with finger foods and Christmas treats following the program.

All are welcome to attend!

Music Jamboree Sunday, December 17

A Music Jamboree of Country & Country-Gospel Music will be held at Cornerstone Residence, 30 Sunset Ave. NW. Bagley on Sunday, Dec. 17th from 1:00-4:30.

Everyone is welcome!

Clearbrook-Leonard Senior Meals

Thurs., Dec. 14 - Meatballs/Gravy, Mashed Potatoes, Beets, Bread, Lemon Sponge Cake and Milk.

Fri., Dec. 15 - Ham Boiled Dinner with Carrots, Cabbage and Potatoes, Peaches, Cornbread, Bar and Milk.

Mon., Dec. 18 - Hamburger Noodle Stroganoff, Corn, Bread, Cookie and Milk.

Tues., Dec. 19 -Tuna Hotdish, Peas, Bread, Fruit, Sauce and Milk

Wed., Dec. 20- Chicken Chow Mein, Rice/Chow Mein Noodles, Oriental Veg., Mandarin Orange, Gelatin, Brownie and Milk.

Thurs., Dec. 21 - ***Christmas Meal*** - Meatballs/Gravy, Mashed Potatoes, Beets, Bread, Lemon Sponge Cake and Milk.

Meals are served daily at 11:30 at the Clearbrook site except for evening meals served at 5 p.m. They are subject to change. Please register for meals at least the day before. Call 776-3154 to sign up.

Clearwater County Food Shelf Holiday Schedule

Dec. 13 Wed. 10 am – 2 pm
Dec. 18 Mon. 10am – 2 pm
Food Shelf is closed until Wed. Jan. 3, 2018

Merry Christmas & Happy New Year
from *Gonvick's Hair Repair & Jan*

STOP IN now through Jan. 5 for a ***drawing to win a woman or man's gift bag***

Is your hair & tan ready for the holidays or maybe that winter get-away?
Make your appointment today by stopping in or call *BOBBIE* or *MARY* ... **487-5501**

We have ***Gift Certificates*** FOR THAT HARD-TO-BUY-FOR PERSON

Thank you to all our customers
You are what makes the door stay open.
Blessings to you all in 2018.

Open: Tues.-Sat.
WALK-INS WELCOME

R38-39C

POTATO KLUB
Dee's Leonard Cafe
will be having
POTATO KLUB
Every Thursday
(218) 968-2399
R33-38C



Thank you to the Community Club for the gift of Trade Bucks I won on Santa Claus Day.
Fern Jackson R38P

NOTICE: Greenwood Township

The Greenwood Township year-end meeting will be held December 18, 2017 at 7:00 pm at the home of the clerk.
Sheila Horn, Clerk R38C

– CLIP AND SAVE –

Sinclair Township Winter Meeting Schedule

Tuesday, Dec. 19th at 7:00pm at the Bruce Bjerke residence

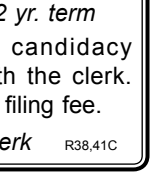
Thursday, Jan. 11th at 7:00pm at the Russell Lembke residence

Tuesday, February 20th at 7:00pm at the Gordon Olson residence

Brooke Pond
Sinclair Town Clerk R38C

Elim Mission Friends meeting

Elim Mission Friends will have their Christmas party at Elim on Thursday Dec.14 at 4PM. There will be a program followed by a potluck meal. We will be packing goodie boxes for our special friends. All are invited to join us.



Thank you to the City of Clearbrook for the Trade Bucks I won on Santa Claus Day.
Violet Hagen R38P

History Center open this weekend

The history center in Shevlin will be open this weekend December 16 and 17. Hours are Saturday 10-2 and Sunday 1-4. Admission is free.

The new exhibit "Creative Clearwater" is now open, featuring the creative talents in our community, past and present. For more information call the history center 218-785-2000

Notice to the Residents of Clover Township

The next regular meeting will be held Fri., Jan. 5, 2018 at 5 pm, at Clover Town Hall. Also filing for township offices opens Jan. 3, 2018 and continues to Jan. 17, 2018, 5 pm. Officers to be elected are:

1 Supervisor for a 3 yr. term
1 Clerk for a 2 yr. term

Affidavits of candidacy may be filed with the clerk. There is a $2.00 filing fee.

Joel Wraa, Clerk R38,41C

Clearwater County Fair Calendar winners

Dec. 2 - Karen Weller, Shevlin, $20.

Dec. 3 - Joann Steindl, Bagley, $20.

Dec. 4 - Jim Gustafson, Leonard, $20.

Dec. 5 - Elnora Paulson, Shevlin, $20.

Dec. 6 - Kathy Edelman, Solway, $20.

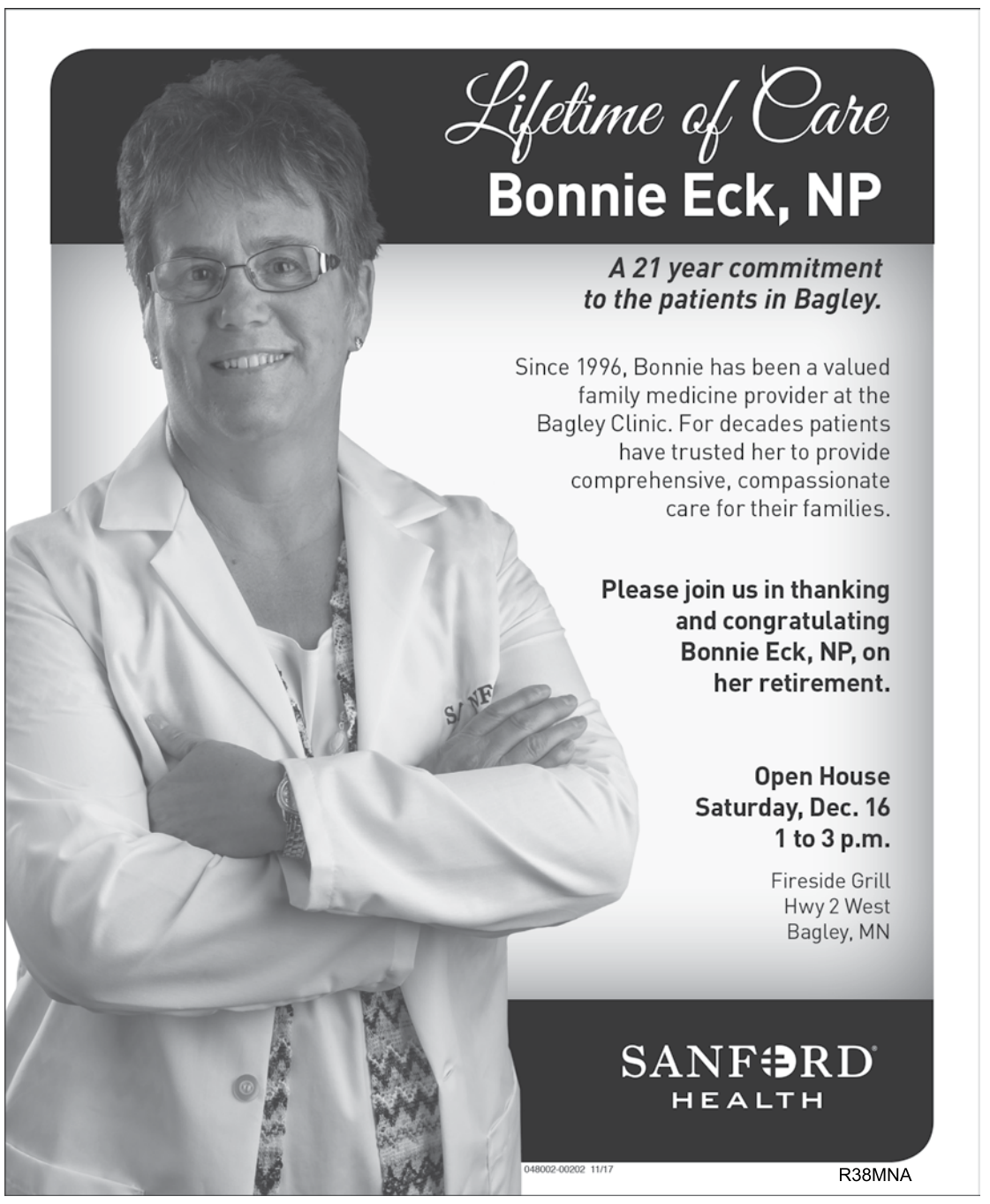
Dec. 7 - Peyton Berg, Clearbrook, $20.

Dec. 8 - Jon and Barb Bergquist, Bemdji, $20.

Eligible for Medicare?
We're here to help!
Open Enrollement
Oct. 15 - Dec. 7, 2017
INSURE FORWARD
At Invest Forward
104 Main Ave N
Bagley, MN
R31-37C
Julie Sundquist 218-694-6900 Angela Crandall

Your Care Is Important to Us!
Due to Good Samaritan in Clearbrook closing, our therapy patients can be assured that they are welcome to come to our BAGLEY location.
We are actively servicing the Clearbrook area while we transition to a new location. Patients, in the meantime, can temporarily utilize the Bagley location along with our in-home service.

Choice Therapy
Physical · Occupational · Speech
118 Central St. W
Bagley, MN 56621
218-694-3030
R35-38C



Pastor Bob

What to Give People who do not want anything from you?


Pastor Robert Kirchman

Many believers beat themselves up over their failures and, in the process, pull away from God because they believe God tallies our defects and hangs His head in disappointment. Most of us believe in God's grace—in theory. But somehow, we can't seem to apply it in our daily lives. We continue to see Him as a small-minded bookkeeper, tallying our failures and successes on a score sheet.

Yet God gives us His grace, willingly, no matter what we've done. And when we sit at His feet, He smiles upon us and delights in us. Yes! You and Me.

The world assigns value to people using measurable standards. People are successful students if they receive A's. People are strong athletes if they run five miles a day. Someone is rich if he or she makes and has lots of money. God values us because God loves us and not because of a list of measurable of attributes, characteristics, accomplishments, and failures. God values us because of who God is not because of who we are.

We see this at Christmas. Even during Christmas, it is easy to overlook the sheer joy of God becoming human. God became human to save us! It might have been easier for God to simply come in all His glory and over-whelm us with greatness. It might have been easier for us to believe if we had all the facts—measurable seeable hearable touchable facts. As it was, Jesus. The Son of God, became human. He acted like God. He casted out demons. He cured people. He raised the dead. He spoke like God. He changed lives with just a simple word or two and even forgave sins. Evidence, perhaps, but not proof. It would be easier if we had ironclad proof. But then again, it could be that if God came in His glory and then left people could dismiss God's coming as just a visit—a short one at that! If Jesus came in all his glory would we really believe that He was a human being? In the early days of Christianity people had a hard time believing that Jesus was human. It was easier for them to believe that he was God than it was for them to believe that He was human. He impressed people so much with his differentness that believing that He was God pretending to be human was easy to believe. Today, we tend to reverse our concerns. We tend to see him as a human but not God. We question all the evidence that He was God. We are amazed at all the things he did as a human being. Our joy and wonder over his humanness gets in the way of our faith in His Godliness.

Christmas celebrates God becoming one of us. Christmas celebrates God coming down to us, not just for a visit, but for all time. Christmas celebrates God saving us by becoming like us, showing us how to be human, showing us that we are saved from the separation between God and ourselves by having God become one of us. Merry Christmas everyone!

Pastor Bob

Love Lights a Tree

Love Lights a Tree recognizes the following loved ones this week:

In memory of Lorraine and Bennie Bestul by Brant and JaNelle Melbo.

In memory of friends and family from Lila Ricke.

In memory of Dick Muckala from Janet Schafer.

In memory of friends and family from S.A. Ortendahl.

In memory of Jamie Beth Mercier from mom Lois and stepdad Bill Pahlen, son Riley John, daughter Sadie Beth and daughter Shelbie Nora.

Patient Navigator Program (Personal cancer guide)

The American Cancer Society Patient Navigator Program connects you with a patient navigator at a cancer treatment center. You can talk one-on-one with a patient navigator about your situation. This person will listen in your time of need. Call us at 1-800-227-2345, and we can tell you more about this program.

Donations should be made to the American Cancer Society and sent to: Kim LaVine
18802 County 39
Bagley, Mn 56621

100% of donations will be sent to the American Cancer Society.

Church News

KINGDOM HALL OF JEHOVAH'S WITNESSES
Sand Lake Ave & 5th St. Bagley
Thursday: 7:30 p.m. Bible Study; 8:00 p.m. Theocratic School; 8:30 p.m. Service Meeting.
Sunday: 10:00 a.m. Public Bible Talk; 10:35 a.m. Bible Study.

FAITH BIBLE CHAPEL OF CLOVER
Leonard, MN
Sunday: 10:00 a.m. Worship Service.

ELIM LUTHERAN BRETHREN CHURCH
Clearbrook
Pastor Adam Krog
Wed., Dec., 13 - 5:30 p.m. Confirmation; 6:30 p.m. Youth Group, 7:30 p.m. Bible Study.
Thurs., Dec. 14 - 9:30 a.m. Bible Study, 4:00 p.m. Mission Friends Christmas Party (Potluck).
Sat., Dec. 16 - 3:00 p.m. Caroling in Bagley and Clearbrook. Potluck supper to follow.
Sun., Dec. 17 - 9:30 a.m. Sunday School, 10:30 a.m. Worship Service.

ST. JOSEPH'S CATHOLIC CHURCH
Bagley 218-694-6416
Pastor:
Fr. John Melkies Suvakeen
Terri D, Parish sec.
Sunday Mass: 10:30 AM
Call for weekday Mass times.

GRACE FREE LUTHERAN CHURCH
BAGLEY
Pastor Wayne Hjermstad
9 a.m. Sunday School
10 a.m.Sunday Worship
September - May
Every Thursday: 10 a.m. Bible Study.
Communion First Sunday of the Month.

GOOD SHEPHERD LUTHERAN CHURCH CLEARBROOK & OUR SAVIOR'S LUTHERAN CHURCH LEONARD
Pastor Robert Kirchman
Good Shepherd
Sunday, Dec 17: 9:00am Worship Service/Communion; Services Group 5 meets after worship; 10:00 a.m. Sunday School/Coffee Hour..
Wed. Dec. 120 - 6:30pm Choir Practice; 7:30pm Handbell Practice.
Joint
Wed. Dec. 20 - 6:00 p.m. supper/confirmation/ 6th-7th Grade Bible Study.
Our Savior's
Sun., Dec 17: 9:30 a.m. Sunday School; 10:30am Coffee Hour; 11:00am Worship Service/Communion, Sunday School Christmas Program.
Thurs. Dec. 21 - 2:00 p.m. WELCA, 6:00 p.m. Church Council.

FIRST BAPTIST CHURCH
Clearbrook
Pastor Verlyn Strenge
Assoc. Pastor Jim Galloway
Wed. Dec. 13 - 6:30 p.m. AWANA
Thurs. Dec. 14 - 7:00 p.m. Bible Study
Sat. Dec. 17 - 7 a.m. Men's Breakfast & Bible Study.
Sun. Dec. 18 - 9: 30 a.m. Sunday School, 10:45 a.m. Morning Worship Service.

Clear Waters Life Center Happenings...

As a nonprofit, tax-exempt organization, CWLC is able to provide a variety of free or low cost services to our area thanks to generous financial donors. We would love to have you as part of our team: "Building lives, Growing relationships, Imparting hope". All donations to CWLC are tax-deductible.

GONVICK SITE:
Restore It! Furniture Shop:
M-W-F, 10-4; Sat., 9-12. Great prices; great selection.
Senior Connection Adult Day Services: Openings available. Open 10:00 AM to 3:00 PM, M-W-F, except Nov. 24. Call 218-487-5290, Ext., 1 for enrollment & transportation assistance.
CLEARBROOK SITE:
Anger Management Class: Jan. 8-Feb.12, 2018, Mondays, 6:30-8:30 PM. Registration required. Deadline Jan. 3. Forms on-line at www.clearwaterslife.org or at our sites.
Celebrate Recovery Support Group: 7:00 PM, Thursday, 2nd floor of CWLC-Clearbrook. Help for any hurt, habit, or hang-up. Confidential.
Youth Connection, Tuesdays: After-school, 3:30-5, 5th-9th grade.
Need a gift idea for someone on your list? Gift certificates are available for each of our businesses.
CWLC-**Gonvick**, 226 Elm St, open: M-W-F, 10-4 & Sat., 9-12. CWLC-**Clearbrook,** 256 2nd Ave., SW. Open 10-4, M-F, & 10-12 on Saturday.
For programs and services, visit: www.clearwaterslife.org, www.mustardseedhomes.org, or www.adultdayservicesgonvick.org and our Facebook pages.
CWLC is a 501(c)3 nonprofit organization providing a variety of free and low-cost programming and services to northern Clearwater County and surrounding area.

This ad is sponsored by:
Home at Heart Care
Personal Care & Homemaking

COUNTRY FAITH CHURCH
1 mile south of Clearbrook, 2 miles west on Cty. Rd. 6
Senior Pastor Larry Dorman
Associate Pastor Jim Binder
Youth Pastor Brad Binder
Children's Minister Nicky Ubert
www.countryfaith.org
218-776-3367
cfchurch@gvtel.com
Sunday: 9:00 a.m. Sunday School (Sept.-May)10:00 a.m. Worship Service, 10:00 a.m. Kids Worship (most Sundays) Jr. Church follows, 7:00 p.m. Youth Night (most Sundays).
Every Tuesday: 6:30 a.m. Men's Prayer

REDEEMER EV. LUTHERAN CHURCH - LCMS
Church Location:
Corner of Hwy. 2 & Red Lake Ave. SW Bagley, MN
Pastor Gerold Goetz
Sunday Divine Service: 9:30 a.m.
Sunday School / Adult Bible Study: 10:45 a.m.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS - Clearbrook Branch
305 Lake Ave. E.
Sacrament Meeting: 10:00-11:00 a.m.; Sunday School: 11:20 a.m.-12:00 p.m.
Priesthood/Relief Society: 12:10-1:00 p.m.; Young Women's: 12:10-1:00 p.m.; Primary: 11:20 a.m.–1:00 p.m.

GONVICK LUTHERAN PARISH
MEMBERS OF NALC
Pastor Kris Snyder
SAMHOLD LUTHERAN CHURCH
Wed., Dec. 13: 8:00 AM Men's Bible Study; 9:30 AM Women's Bible Study. No confirmation!
Sun. Dec. 17 No Sunday School; 10:30 AM Worship Service/ Holy Communion.
UNITED LUTHERAN CHURCH
Wed., Dec. 13: 7:00 pm Joint Council Meeting.
Sun., Dec. 17: 9:00 AM Worship Service/Holy Communion, 5:30 p.m. United Christmas Lessons and Carols followed by Potluck Finger foods..

CLEARWATER LUTHERAN PARISH
Mt. Olive – Nazareth
Oak Park – St. Petri
Pastor Jeff Merseth
Sat, Dec. 16: 9:00 a.m. Mt. Olive, Oak Park Sunday school practice 9:00-12:00, Nazareth Sunday school practice 9:00 a.m.
Sun, Dec. 17: Oak Park Sunday School program 3:30 p.m. meal to follow. Nazareth/Mt. Olive/St. Petri Sunday School program 5:30 p.m.
Wed, Dec. 20: 5:00 p.m. Wednesday School. Semester exam.

NEW JOURNEY CHURCH
Josiah Hoagland, Pastor
Tyler Stynberg, Youth Pastor
www.newjourneyfosston.com
Thu, Dec. 14: 12:00 p.m. Rotary.
Fri, Dec. 15: 8:30 a.m. Friday school-Jr. High, 8:40 a.m. Friday School-Elem., 9:30 a.m. Friday School Sen. High, 2:00 p.m. Nursing Home Service, 6:00 p.m. Holy Yoga.
Sat, Dec. 16: 9:00 a.m. Holy Yoga.
Sun, Dec. 17: 9:30 a.m. Worship. 10:40 p.m. Sunday -+school.
Tue, Dec. 19: 9:30a.m. Ladies Bible study. 10:00 a.m. Quilting. 11:00 a.m. Church Staff meeting, 5:00 p.m. Pickle Ball, 6:30p.m. Bible Study.
Wed. Dec. 20: Community Caroling, 12:30p.m.-3:00p.m. Food Shelf, 6:00p.m. Alpha. 6:30 p.m. Awana.

GULLY-TRAIL PARISH
Bethany * Lund
Sand Valley
Dawn Hanson, Lay Minister
Thu. Dec. 14: Bethany WELCA 6:30 Christmas Party/ Potluck.
Sat, Dec. 16: Sand Valley Bake Sale 9:00- 11:00 a.m.
Sun, Dec. 17: 9:00 a.m. Lund. 10:30 a.m. Bethany.
Wed, Dec. 20: 2:00 p.m. Lund WELCA Christmas Party/ Potluck, Advent Service Sand Valley 6:30 p.m.

BETHEL ASSEMBLY
Fosston
Seth Johnson, Interim Pastor
Sun, Dec. 17: 9:30 a.m. Sunday School. 10:30 a.m. Worship.

DISCIPLES OF MESSIAH--YAHUSHA
who obey Yahusha's teachings (John 8:31) are meeting each Sabbath in homes. (218) 766-8176 Homeless Shelter - Scriptural Counseling & Encouragement.

The Leader Record
Published by Richards Publishing Co. Subscription rates $25.00 per year in Clearwater County and East Polk County cities of Fosston, Gully and Trail and $30.00 per year outside the county. Continuing by consolidation the Olberg Journal, established in 1901, The Clearbrook Leader, and the Gonvick Record.
PUBLISHER'S LIABILITY FOR ERROR: The Publisher shall not be liable for slight changes or typographical errors that do not lessen the value of an advertisement. The Publisher's liability for other errors or omissions in connection with an advertisement is strictly limited to publication of the advertisement in any subsequent issue or the refund of any monies paid for the advertisement.
(USPS 307 630) POSTMASTER: Please send address changes, Form 3579, to The Leader-Record, PO Box 159, Gonvick, MN 56644.
(218) 487-5225
Corrine Richards, Editor
Richard Richards, Publisher
Editorial office Gonvick, MN 56644
email: richards@gvtel.com
MEMBER MNA AND NNA
Periodical Postage Paid in Gonvick, MN 56644
PRINTED WITH SOY INK

BEAR TRACKS

With articles submitted by the staff, administration and students at the Clearbrook-Gonvick Junior and Senior High Schools

Scholarships..

Continued from front page

difference for our recipients in furthering their education," stated Pedersen.

The MAT Scholarship Program's eligibility requirements are set out in the information below. "The program allows high school Juniors to research the given topic and become better informed about township government. It is a win-win for MAT and the scholarship recipients." Pedersen concluded.

ELIGIBILTY:

All students currently enrolled in the 11th grade and attending a Minnesota public, private, or parochial high school or a home study program and who plan to further their education at a college, university, or vocational school are eligible for this program. They cannot be the child, stepchild, grandchild or step-grandchild, brother, stepbrother, sister or stepsister of a MAT director or staff member.

REQUIREMENTS:

Applicants must complete an application form and submit it along with a written essay answering the following question:

New energy developments are everywhere. Wind and solar farms dot the landscape. Transmission lines and pipelines traverse the countryside. Township officials are on the front line needing to respond to residents' concerns of placement of energy projects and possible adverse health and safety issues. How can townships balance the required needs of residents for safe, reliable energy sources while responding to the health, safety, economic, and environmental concerns of their community?

* Essays must be between 450 and 500 words, and must be typed with double spacing.

* Applicants should not name themselves, their school, their town or city, or their local officials in the essay.

* See the application for research tips (application can be found on our website www.mntownships.org).

Along with the completed application and written essay, students must submit:

* current high school transcript

* letter of recommendation from a high school teacher or counselor.

* All items must be submitted in one envelope and mailed to: Minnesota Association of Townships Scholarship Program, P.O. Box 267, St. Michael, MN 55376, postmarked by May 1, 2018.

* Incomplete applications or applications postmarked after May 1 will not be accepted.

Clearbrook-Gonvick School Menu

Wed. Dec. 13 - Turkey Subs w'fixings, Sun Chips, Fresh Fruit and Vegetable Choices and Milk

Thurs. Dec. 14 - Shredded Beef Gravy, Mashed Potatoes & Gravy, Green Beans, WG Dinner Roll, WG Cookie (9-12), Fresh Fruit and Vegetable Choices and Milk.

Fri. Dec. 15 - Lasagna, WG Garlic Breadstick, Fresh Fruit and Vegetable Choices and Milk.

Mon. Dec. 18 - Hot Ham and Cheese, Sweet Potato Puffs, Fresh Fruit and Vegetable Choices and Milk.

Tues. Dec. 19 - Spaghetti with WG Garlic Bread Stick, Fresh Fruit and Vegetable Choices and Milk.

Wed. Dec. 20 - Walking Taco, Refried Beans, WG Cookie, Fresh Fruit and Vegetable Choices and Milk.

School News

Thur, Dec 14: A GBB tournament at Northland at TBD

Thur, Dec 14: JH BBB vs RLC at 4:30 at HS gym. 7th at 4:30, 8th at 5:30.

Thur, Dec 14: JH GBB vs WEM at 4:30 at CCC. 7th at 4:30, 8th at 5:30.

Thur, Dec 14: A,B, BBB at Bagley at 6:00. B at 6:00, Var at 7:30. Leave 4:45

Fri, Dec 15: A GBB tournament at Northland at TBD

Fri, Dec 22: A,B, GBB vs Blackduck at 6:00. B at 6:00, Var at 7:30 (makeup game from Dec 4)

Add the following: Tue, Feb 20: A,B BBB at Nevis at 6:00. Var @ 6:00, JV at 7:30. Leave 3:45.

Have we got everybody?

If you recently had a baby, adopted a child or moved to the Clearbrook-Gonvick District: NOTIFY us at 218-776-3112 ext. 223. Help plan for your child's future ~ receive mailings, early childhood screening information and other district news!

CAMPBELLS LABELS FOR EDUCATION IS ENDING IN DECEMBER. If you have any upc's that say "Labels for Education", please get these turned in by December 15 so we can send them in. Thanks to everyone that has supported this program over the years. We have received a lot of school equipment and gift cards thanks to you!

We will continue to save BoxTops and Loaves for Learning upc's from Country Hearth and Village Hearth breads so you can continue to support us through those programs.

Music programs coming up soon!! The K-3 music program will be held on Tuesday, December 12 and the High School program will be on Tuesday, December 19. Both programs will begin at 6:30 and be held in the high school gym.

JOB POSTINGS:

Help Wanted: The Clearbrook-Gonvick School has an opening for a Native American Education Coordinator and Native American Education Support Professional. One position is running an after-school program that goes until 5:30. The positions are open until filled. Please contact Jeff Burgess for more information. 218-776-3112 ext. 103

CLEARBROOK-GONVICK SCHOOLS, Independent School District 2311 16770 Clearbrook Lake Road Clearbrook, MN 56634 Email: jburgess@clearbrook-gonvick.k12.mn.us or Telephone: 218-776-3112 Position Opening Para

Address Letter of Interest: Jeff Burgess, Principal Application Submission: Please send or e-mail your letter of application to Jeff Burgess. Application Deadline: ASAP or until filled. Hours: Either 11-6 or 11-1

COUNSELORS CORNER:

The Free Application for Federal Student Aid (FAFSA) can be submitted any time after October 1st for the school year starting the fall of the next year (October 1, 2017, for the 2018-2019) school year)

Get up to date information over the school year including scholarships, financial aid, tips, college representatives, career fairs, articles, and some fun stuff by following me on:

Instagram: counselormegang Twitter: @CounselorMeganG

SPOTLIGHT

December Staff Feature

Michelle DeVries, High School English



December Teacher Feature: Michelle DeVries, High School English.

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." ~Maya Angelou

Michelle DeVries is in her fifth year of teaching at Clearbrook-Gonvick School. Michelle grew up in Madison, MN. It is a small town located on the prairie near the "bump" on the western side of Minnesota. She graduated from Lac qui Parle Valley High School. Michelle earned her teaching degree from Bemidji State University and her Master of Arts in Education from Saint Mary's University. It was during her time at Bemidji State that she fell in love with the area and knew that one day she would move back!

She lives in the area with her husband, John; her son, John, who is an eighth grader; and her daughter, Hadley, who is in third grade.

Why did you choose to work at this school? *Early in our marriage, my husband and I decided we would like to live in northern Minnesota. John also graduated from Bemidji State University and has family in the area. It only took us eleven years, but there was finally an opening at Clearbrook-Gonvick School in the spring of 2013. Though I admit that I did not know much about the area of Clearbrook-Gonvick at the time of my interview and when I accepted the position, it allowed us to achieve our dream of moving to the area. So we both quit our jobs, sold our house, packed up the kids, and headed north!*

What did you do before coming to Clearbrook-Gonvick? *I started my teaching career in Minneota, MN, where I taught students grade 7-9 for four years. I then taught at grades 9-12 at Cathedral High School in Saint Cloud for twelve years.*

What is the best part of your job at Clearbrook-Gonvick? *Even though people think that I spend my days imparting knowledge on the students at Clearbrook-Gonvick School, I find that many days I am the one who learns the most. The best part of being a teacher is learning from my students and colleagues. From my students, I have learned many interesting lessons. I have learned what a gooseneck trailer is! I have learned how to make sweater mittens! I have learned about new authors and exciting books to read! I have learned to step back into my teenage years and put myself in their shoes. I have learned to be flexible--sometimes what I think may be the most engaging piece of literature has to wait, because for some students there are bigger issues that need a listening ear or pile of Kleenex. From my colleagues, I have learned how to navigate the challenges of teaching. I have learned that everyone needs a break, and that I don't have to work through my lunch. I have learned that I have a family here at school who cares and will go the extra mile for me. I have learned that my own children become their children, as they help guide them through their years of learning and activities.*

What is the biggest challenge of your job? *Well, I know that many teachers have replied, "Time." I think the biggest challenge for me is to find that perfect balance between work and family. I find that if I give one hundred percent at home, I fall behind at school. If I correct and lesson plan all weekend, then laundry piles up, the house is a mess, there is no food in the refrigerator, and I regret not spending time with my family. Finding that delicate balance is important and something for which I continue to strive.*

If you could have any job in the world - what would it be? Why? *This is a tough question. I have many interests that I think would make fun and exciting careers. I love to create anything! I would love to be an artist-- maybe a metal jewelry artist or a nature photographer. Another career I think would be fascinating is to be a botanist and work with plants in a botanical garden or an arboretum.*

What do you do when you are not working at the school? *When I am not in school, I spend much of my time outdoors. You can find me in the woods hiking, snowshoeing, and taking pictures of all things nature; in the summer we like to spend a lot of time at the lake swimming or fishing, at the beach collecting rocks, or at one of our many state parks camping and exploring trails. (My bucket list includes a visit to every state park in Minnesota--25 down, 41 to go!) I also love to cook, bake, read, play cards or board games with my family, and make "stuff"...I'll try any craft or project at least once!*

Who is your favorite character from a book and why? *I think one of my all-time favorite characters is Captain Augustus "Gus" McCrae from "Lonesome Dove" by Larry McMurtry. If you want to know why, you have to read the book! A close second favorite character is Scout Finch from "To Kill a Mockingbird" by Harper Lee. I love her feisty behavior, her analysis of the world around her, her acceptance of those different than she is, and her relationship with her older brother.*

What are your favorite aspects of the Clearbrook-Gonvick community? *After four years at the school, I am finally getting to know more families. People are very friendly, and employees at the area businesses go out of their way to help. I enjoy being away from the rush of the big city. I grew up in a small town where everyone knows everyone, and my kids are in awe when I go home and people know my name, greet me, and are genuinely concerned about how I am doing and what I am up to. I hope that they can one day know that feeling of coming home to a small town that opens her arms to embrace them and welcome them home.*

And now a word or two about Mrs. DeVries from her students...

What do you think Mrs. DeVries was like when she was in high school? "She was a rebel." "A rebel." "She was the outgoing type." "My guess is she was the rebel." "Certainly not a bookworm! Ha!" "She was a very outgoing person in her class that signed up for almost every activity." "Rebellion when she could get away with it, otherwise very well-behaved." "Borderline rebellious"

What do you think Mrs. DeVries does when she is not here at school? " Corrects papers and goes to Book-Club." "Disciplines her kids." "She listens to classic jazz, also known as 'old people music'" "Finds plants and the like around her property to eat, cook, or can." "She is either playing board games or going out to do things in Bemidji with her family." "Takes care of her children until they go to bed then eats ice cream and watches TV." "Sneaks her cats inside when no one is looking especially when they look cold."

What job do you think Mrs. DeVries would have



The Clearbrook-Gonvick Morning School Readiness had a special visit from Lexie Lofgren, owner of Off The Tracks Grooming in Leonard. The class learned what it means to be a groomer and the different kinds of animals she works with. Her son, Cooper is in the Morning School Readiness group and he enjoyed showing them his dog Trula.

Business & Professional Guide

THRIFTY WHITE PHARMACY
Clearbrook
Open 9:00-5:00, Mon.-Fri.
776-3111
Thrifty White Drug
Bagley, MN
Complete Prescription Service
Home, Health & Convenience Services
Phone 694-6210
PHARMACY HOURS:
9:00-5:30 M-F • Sat. 9:00-noon
OPEN 9:00-5:30 M-F • Sat. 9:00-noon

Town & Country Car Wash
-State of the art touchless car wash
-Oversized self-serve bay: perfect for your vehicles, trailers, buses, RVs and more!
-Open 24 Hours
Gift Certificates available
Call 218-368-4279
LOCATED ON HWY. 92 IN CLEARBROOK

North Country Overhead Door
RESIDENTIAL & COMMERCIAL
*Sales *Installation *Service
*Loading Dock Equipment
*All Major Door Brands
AUTHORIZED DEALER
OPERATORS • REMODELING • REPAIR
~ FREE ESTIMATES ~
218-556-2213 or 888-393-9070

Hours: M-W, 8-4; Thurs. by appt
CLEARBROOK DENTAL CLINIC
RANDY C. BEARD, D.D.S.
Main St., Box 314
Clearbrook, MN 56634
Telephone: 776-3558

Joy Eck
"Your Realtor"
Here to Serve You!
Eck-cellent Service!
Eck-spect More!
(218) 791-9605
jeck@century21dickinson.com
Century 21 Dickinson Realtors
www.century21dickinson.com

Solid Bottom
Septic Pumping
Satellite Toilet Rentals
218-785-2652
Bagley, MN 56621

We print everything but money!
Richards Publishing Co.
— 218-487-5225 —

Phone 694-6600
For Three Generations of professional service
CEASE
FAMILY FUNERAL HOMES
Bagley

E. H. RASMUSSEN
Lawyer
Box Q • Bagley, MN 56621
694-6565
Fax 218-694-3502

R3-28C

To the Editor

The Minnesota Buffer Law

Dennis McCullough

As an old man, nearly 80 years old, I have seen considerable "government creep" during my lifetime, however; I believe the most blatant trampling of individual property rights by government is demonstrated by the passage of the Minnesota Buffer Law. The law was advanced by proponents as a mode to clean water and erosion control; laudable goals by anyone's standards; but buffer opponents disagree saying that decomposed buffer grasses, cattails and other flora may actually decrease the quality of our drinking water by creating tannins in the water, which may cause discoloration, odors and taste issues.

While the jury is still out on the effectiveness of blanket statewide buffers, our state lawmakers have passed a law which requires all landowners along lakes, rivers and streams to establish a 50 foot buffer by November 1, 2017 and a 16.5 foot buffer alongside judicial ditch systems by November 1, 2018. Landowners are required to take this land out of conventional crop production, plant it to grasses or initiate alternative practices, maintain the control of noxious weeds and still pay the real estate taxes assessed on it.

While we all recognize and respect that government has the right of eminent domain when deemed for the public good, it also has the responsibility of "just compensation" for the taking of private property. Lawmakers have not included payment provisions for the taking of the above described acreage and rationalize that landowners are allowed to hay and/or graze buffers and hence they are not entitled to "just compensation". Such a response only magnifies the lack of understanding of farm practices by those making the law as, what landowners would build over 2 miles of fence around a one mile 16.5 foot buffer to be grazed or, run down planted crops with large machinery to harvest a 16.5 foot buffer strip of hay.

Another contradiction is allowing cattle to graze on buffers next to waterways which creates a greater likelihood of animal wastes finding their way into and contaminating our water supply. Seems strange that the federal government has been promoting programs for years to keep cattle out of and away from waterways and now the state seems to be encouraging the opposite.

Proponents of the buffer law see the application of commercial fertilizers on farmers fields as the primary offender of clean water. Since fertilizer is one of a farmer's biggest expense in raising a crop, farmers that I know use fertilizer very judiciously. New precision agriculture technology allows growers to place variable amounts of fertilizer in the same field according to its needs as determined by soil sampling, thus reducing over application. Slow-release fertilizer such as N-Serve and other products have been used for years to stabilize and dissolve more slowly to prevent rapid fertilizer run-off.

It has been said that urban dwellers use far more fertilizer, herbicides and insecticides per square foot on their lawns and, urbanites are not required to have the same application and certification requirements. Fertilizer run-off in cities and towns is much more likely to end up in our drinking water supply as excess run-off drains to hard-surface streets, to street drains and into lakes, rivers and streams. Water run-off from landowners fields can be naturally filtered by the soil for long distances before reaching our drinking water supply. Doesn't this suggest a bit of a double-standard by the Minnesota Buffer Law?

While it is true that water and wind erosion of our precious top soil should be a concern of all; those who count on its productivity for their livelihood are especially in tune to the protection and health of their top soil. This is demonstrated by the increase in the adopted farming practices of no-till, minimum-till, strip-till, cover crops, directional tillage, shelter belts, outlet rip-rap and others. Since most landowners and farmers recognize that abusing their top soil is analogous to "killing the goose that laid the golden egg", they zealously protect it for themselves and their posterity.

There is considerable suspicion of the role of the Department of National Resources (DNR) in the advancement of the Minnesota Buffer Law. They were involved in identifying and mapping the affected waterways and will likely be involved in the supervision of compliance of the law. They stand to gain some control over thousands of acres of wildlife habitat on buffers throughout the State of Minnesota at the expense of the landowners.

Some sportspersons groups also seem to have left their fingerprints on the support of this bill. Since most hunting area is on privately owned property and, that most wildlife seem to prefer to forage on agricultural land, sportspersons need to work in harmony with those who own the land.

Many landowners also see the unyielding position of Governor Dayton on this contentious issue as self-serving. As the son of a wealthy businessman who has served as a career politician, with a lack-luster record, they believe that as a lame duck governor he is attempting to create a personal legacy. Through the news media he has been "puffing" about the percentage of farmers and landowners who have conceded to participate. He failed to mention however, that those who choose not to participate may be subject to criminal prosecution and/or steep financial penalties of up to $500.00 per day for each parcel deemed to be in noncompliance. The thought of potential jail time for a criminal offense plus penalties of thousands of dollars per day for landowners with multiple parcels is quite a stimulus to participate!

As we age, and recognize that our days of working the land will soon be over, we must make decisions as to what the future for our land holds. If we decide to sell, the value of our property will likely be diminished by the Minnesota Buffer Law. Having been a licensed real estate broker in the State of Minnesota for many years, it is generally recognized by real estate professionals that encumbrances on properties that restrict the intended use of that property decreases its value; and, buffers will certainly be an encumbrance on the property.

In conclusion, I would like to suggest three things we need to do as farmers, landowners and others affected by this law.

1.Check the voting record of your state senator and representative to see how they voted on the Minnesota Buffer Law.If they voted to approve the trampling of your property rights by voting for this bill, and, are up for reelection, turn them out to pasture and elect someone who will protect your property rights.

2.Post all of your privately owned land with "no hunting or trespassing without permission" signage and allow only those who respect your property rights to share your land.

3.All men and women in farm organization groups, commodity groups, ancillary agrarian groups, landowners, farmers and any other interested individuals, band together and challenge the constitutionality of the Minnesota Buffer Law by bringing a class-action law suit through our court systems.

Dennis McCullough

REWARD

For information leading to a conviction for the improper use of the County's solid waste-canister sites

Up to $100

Being offered by Clearwater County Environmental Services

(218) 694-6183

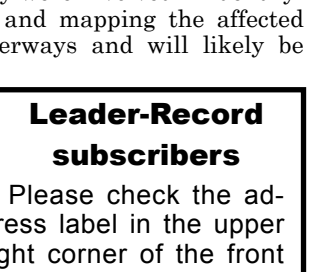
R32C(1/mo) (41)

Leader-Record subscribers

Please check the address label in the upper right corner of the front page. Be sure all the information is correct.

If not, call the Leader-Record offices at 218-487-5225 or 216-776-3665 as soon as possible. You need to contact with a change of address or corrections. Just giving the Post Office a change of address, ***DOES NOT*** change your paper address. If you do not let us know we have to pay 58 cents for each one that is returned. Thank You.

FOR THOSE HARD-TO-BUY-FOR PEOPLE ON YOUR LIST...



...give Santa a hand and send a subscription.

The gift that keeps on giving all year!

$25.00 (year) in county
$30.00 (year) out of county
$15.00 (6 months) in county
$17.00 (6 months) out of county
$28.00 Snowbirds

You now thave the option to view the news online or in print or both! Subscribe online or give us a call today!

Check us out at ...
www.TriCoCanary.com

The Leader Record ... 487-5225

☐ **YES**, I would like to order a subscription.

Name _____

Address _____

City _____ State____ Zip_____

START DATE_____ *Please check appropriate box:*

☐ 1 yr. in-county ☐ 1 yr. out-of-county

☐ 6 mo. in-county ☐ 6 mo. out-of-county ☐ Snowbirds

R36NC

involved in the supervision of compliance of the law. They stand to gain some control over thousands of acres of wildlife habitat on buffers throughout the State of Minnesota at the expense of the landowners.

Some sportspersons groups also seem to have left their fingerprints on the support of this bill. Since most hunting area is on privately owned property and, that most wildlife seem to prefer to forage on agricultural land, sportspersons need to work in harmony with those who own the land.

Many landowners also see the unyielding position of Governor Dayton on this contentious issue as self-serving. As the son of a wealthy businessman who has served as a career politician, with a lack-luster record, they believe that as a lame duck governor he is attempting to create a personal legacy. Through the news media he has been "puffing" about the percentage of farmers and landowners who have conceded to participate. He failed to mention however, that those who choose not to participate may be subject to criminal prosecution and/or steep financial penalties of up to $500.00 per day for each parcel deemed to be in noncompliance. The thought of potential jail time for a criminal offense plus penalties of thousands of dollars per day for landowners with multiple parcels is quite a stimulus to participate!

As we age, and recognize that our days of working the land will soon be over, we must make decisions as to what the future for our land holds. If we decide to sell, the value of our property will likely be diminished by the Minnesota Buffer Law. Having been a licensed real estate broker in the State of Minnesota for many years, it is generally recognized by real estate professionals that encumbrances on properties that restrict the intended use of that property decreases its value; and, buffers will certainly be an encumbrance on the property.

In conclusion, I would like to suggest three things we need to do as farmers, landowners and others affected by this law.

1.Check the voting record of your state senator and representative to see how they voted on the Minnesota Buffer Law.If they voted to approve the trampling of your property rights by voting for this bill, and, are up for reelection, turn them out to pasture and elect someone who will protect your property rights.

2.Post all of your privately owned land with "no hunting or trespassing without permission" signage and allow only those who respect your property rights to share your land.

3.All men and women in farm organization groups, commodity groups, ancillary agrarian groups, landowners, farmers and any other interested individuals, band together and challenge the constitutionality of the Minnesota Buffer Law by bringing a class-action law suit through our court systems.

Dennis McCullough

Final Environmental Impact Statement for Line 3 Replacement Project Determined Inadequate for Three Items

The Public Utilities Commission (PUC) found the Final Environmental Impact Statement (FEIS) inadequate for three very narrow items. We thank the Department of Commerce and the supporting agencies for their considerable work to date and administering the process in a professional manner. We look forward to their refining the existing information as directed by the Commission so that it more clearly conveys those limited environment impacts associated with the project.

Also today, the PUC indicated that a Traditional Cultural Resource Survey currently underway for the Army Corps of Engineers by the Fond du Lac Tribe must be complete before construction begins in Minnesota.

We will be taking some time to review the commission's decision and the three narrow items being revised. Our focus will continue to be on following the process, ensuring adequate public input and, in turn, we believe that the state will adhere to a reliable timeline.

This decision does confirm that the FEIS addresses the potentially significant issues and alternatives raised in scoping and provides responses to the substantive comments received. We also believe this decision confirms the November 1st recommendation of Administrative Law Judge in which he recommended that the FEIS be determined adequate. Judge Lipman thoroughly examined the important environmental aspects of this project, the potential alternatives and, importantly, concluded that, from an environmental perspective, replacing Line 3 is superior to maintaining the existing line.

Replacing Line 3 is part of Enbridge's safety driven maintenance program and we continue to work cooperatively with regulatory and permitting authorities, government agencies, elected officials, Tribal leadership and the public as we proceed with the regulatory process in Minnesota.

Shannon Gustafson

Communications Supervisor, U.S. Liquids Pipelines & Projects

Jobs for Minnesotans Statement on Line 3 Replacement Project FEIS Inadequate Determination

St. Paul, Minn. (Dec. 7, 2017) – Jobs for Minnesotans released the following statement in response to the Minnesota Public Utilities Commission (PUC) determining the Line 3 Replacement Project's Final Environmental Impact Statement (FEIS) inadequate.

"Jobs for Minnesotans is disappointed with the Minnesota PUC's decision to deem the Line 3 Replacement Project's environmental review inadequate. The review and analysis were accomplished in a lengthy, thoughtful and deliberate process involving a wide range of stakeholders, resulting in a comprehensive and thorough document. The Administrative Law Judge and PUC staff recommended that the FEIS be deemed adequate. The PUC's decision to deem the FEIS inadequate is concerning and ignores the socio-economic benefits to hardworking Northern Minnesotans, delaying putting them to work on this important infrastructure replacement project.

We continue to support Enbridge as they prepare to make the largest private investment in our state – more than $2 billion in total economic impact. Investing in integrity-driven projects like the Line 3 Replacement Project has long-term returns for Minnesota and our residents. Above and beyond creating a pipeline that will serve our safe energy transportation needs well into the future, Minnesota stands to gain an additional $19.5 million per year in property taxes from Enbridge. We stand by our assessment that the Line 3 Replacement Project is in the best public interest."

Now hear this...

by Harry Hutchens, Clearwater County Veterans Service Officer

VETERAN ID CARD: CVSO NOTE: Veterans who already have a VA Health Care ID Card (VHIC), or a DOD Retiree Card have no need to apply for this VIC. It's target group are veterans NOT enrolled in VA Health Care, or who are NOT DOD Retirees.

WASHINGTON — November 29, 2017. Today the U.S. Department of Veterans Affairs (VA) announced that the application process for the national Veterans Identification Card (VIC) is now available for Veterans — yet another action honoring their service.

This has been mandated through legislation since 2015 to honor Veterans, and today's rollout of the ID card fulfills that overdue promise. Only those Veterans with honorable service will be able to apply for the ID card, which will provide proof of military service, and may be accepted by retailers in lieu of the standard DD-214 form to obtain promotional discounts and other services where offered to Veterans. "The new Veterans Identification Card provides a safer and more convenient and efficient way for most Veterans to show proof of service," said VA Secretary Dr. David J. Shulkin. "With the card, Veterans with honorable service to our nation will no longer need to carry around their paper DD-214s to obtain Veteran discounts and other services." The VIC provides a portable and secure alternative for those who served the minimum obligated time in service, including the reserve components, and who have a discharge of honorable or general (under honorable conditions) can request a VIC. To request a VIC, Veterans must visit vets.gov, click on "Apply for Printed Veteran ID Card" on the bottom left of the page and sign in or create an account. Veterans who apply for a card should receive it within 60 days and can check delivery status of their cards at vets.gov. A digital version of the VIC will be available online by mid-December.

BEMIDJI CBOC: The VA Community Based Outpatient Clinic (CBOC) new 10,000 square-foot space, located at 1217 Anne St., Bemidji, MN, is expected to be ready for occupancy by February of 2018.



In New York City.... These three were part of the group who spent last week in the big city. From left to right: Judi Engebretson, Cindy Johnson and Linda Nordlund.



Corrine's Corner

By Corrine Richards

What can we say about the weather in December. Last Monday it was raining and thundering and then it was snowing and blowing. One does not know if you should have your umbrella out or not. At least we don't live in California where they have all those fires and so many people are losing their homes.

Pine Lake race has been rescheduled to December 30th and 31st. Only 7-10" of ice in nearly 30 locations around the lake. The forecast for cold weather earlier never happened, unfortunately. They will be having Raffle tickets for the Arctic Cat 120 from Christian Brothers Racing, $500.00 merchandise/parts certificates from Ski-doo, Polaris and Arctic Cat, as well as a Ruger American .17 HMR from Bagley Motorsports

There will be an Open House for Bonnie Eck, NP who will be retiring from Sanford Health. For the last 21 years she has been working with patients as a family medical provider. Stop at the Fireside Grill, Hwy 2 West Bagley on Saturday, December 16 from 1 pm to 3 pm for the event.

The Sand Valley Church of Trail has set their annual Christmas Bake Sale on Saturday, December 16 starting at 9:00 a.m. Always some goodies for you to select.

You want Lutefisk and meatballs. The Clearbrook American Legion and Auxiliary is serving it again on Saturday, December 16 starting at 4:00 p.m. Until it is gone.

The local banks are planning their Christmas Teas. The First State Bank of Clearbrook will be having their tea on Friday, December 15.

The Good Samaritan Society dropped off photo albums and framed pictures at the Sr. Center. The community is welcome to come in to look at the pictures and take what they would like.

Ottertail Power Company will sponsor the holiday lighting contest again in Gonvick. They will donate $200 again for the winners. Judging will be done the week of Christmas. Be sure to have your Christmas lights on during that week.

Obituaries in the Canary are also put on our website for you to see. Go online at tricocanary.com. They are free and updated as they come into our office.

We collect used eye glasses in our office in Gonvick and at the Clearbrook-Leonard Senior Center. We do this for the Gonvick Lions Club and they are put to very good use.

Joke time...

Ole left work one Friday evening.

But it was payday, so instead of going home, he stayed out the entire weekend partying with his mates and spending his entire wages.

When he finally appeared at home on Sunday night, he was confronted by his angry wife and was barraged for nearly two hours with a tirade befitting his actions. Finally his wife stopped the nagging and said to him, "How would you like it if you didn't see me for two or three days?"

He replied, "That would be fine with me."

Monday went by and he didn't see his wife.

Tuesday and Wednesday came and went with the same results.

But on Thursday, the swelling went down just enough where he could see her a little out of the corner of his left eye.

Thank You!

Thank you to the Gonvick Lions Club for the bag of goodies.

Loveon Henke R38C

Who Dat?



The two ladies who always liked Christmas teas greeted those who attended the Northern State Bank Christmas tea in Gonvick. They were Betty Birkeland and Joann Birkeland, wives of Arlen and Ordean Birkeland from the bank staff.

STORY TO SHARE!

If you have a story or photos you want to share, please send to: richards@gvtel.com



Darien Northrup welcomed those who attended the Clear Waters Life Center Christmas special and introduced the narrator Janie Walker Jordahl at the event.



Mother and daughters Renee and Cheryl Hutchens singing "Silver Bells" at the Christmas program held at Clear Waters Life Center

News and Views

Eli Gindele - U of M Extension Educator - Red Lake, Polk and Clearwater Counties
egindele@umn.edu Cell 218-280-1129 - McIntosh office: 218-563-2465
Red Lake Falls office: 218-253-2897 - Bagley office: 218-694-6151



Ways to Manage Your Stresses

Sean Brotherson, Ph.D., Family Science Specialist, NDSU Extension Service

Working in agriculture is accompanied by managing a variety of stresses on a regular basis. Learning to control events, attitudes and responses day in and day out will help you manage those hectic, stressful times.

Control Events

To reduce the pileup of too many stressful events at one time, farmers and ranchers can control some situations.

•Plan ahead. Don't procrastinate. Replace worn machinery parts during the off season.

•Before key seasons (harvest, etc.), discuss who can be available to run for parts, care for livestock, etc.

•Set priorities and plan your time. Decide what has to be done today and what can wait until tomorrow.

•Say no to extra commitments that you do not have time to do.

•Simplify your life. If possible, reduce your financial dependence on others.

•Schedule stressful events within your control, **such as elective surgery.**

Control Attitudes

How those in farming or ranching view situations is a key factor in creating or eliminating unwanted stress.

•See the big picture: "I'm glad that tire blew out here rather than on that next hill."

•List all the stresses you have. Identify those you can change; accept the ones you cannot change.

•Shift your focus from worrying to problem solving.

•Think about how to turn your challenges into opportunities.

•Notice what you have accomplished rather than what you failed to do.

•Set realistic goals and expectations daily. Give up trying to be perfect.

Control Responses

•Focus on relaxing your body and mind. Whether you are walking, driving or phoning, do it slowly and relax.

•Tune in to your body. Notice any early signs of stress and let them go.

•Take care of your body. Exercise regularly and eat well-balanced meals.

•Limit your intake of stimulants such as coffee, sodas and tea.

•Avoid smoking cigarettes, using alcohol or other drugs, or using tranquilizers or sleeping pills.

•Tense and then relax each part of your body from toes to head, one part at a time.

•Take a break. Climb down from your tractor and do a favorite exercise.

•Take three deep breaths slowly, easily. Let go of unnecessary stress.

•Stop to reflect or daydream for 10 minutes. Close your eyes and take a short mental vacation to a place you really enjoy.

•Think positive thoughts: "I can and will succeed."

•Look for the humor in things that you do.

•Balance your work and play. Give time and energy to both of them.

•Find someone with whom you can talk about your worries and frustrations.

•Seek help when you need it. All of us have times when we can benefit from professional help or support.

•Unwind before bedtime. Do stretching exercises, listen to soothing music, practice rewinding deeply and be thankful for any blessings you received today.

•Get sufficient and restful sleep.

Farmers, ranchers, and their family members and employees can learn to manage their stresses well, even during planting, harvesting or times of difficulty. The key is to be flexible and maintain a balanced lifestyle. Make time daily to take care of yourself because your work is vital to all of us.

Resources

The stress in farming has always existed, but levels can soar during times of high costs and low returns. University of Minnesota Extension recommends some programs that can help farmers and their family members, as well as those who work closely with them:

•Down on the Farm: Supporting Farmers in Stressful Times is a new Minnesota Department of Agriculture program for professionals who interact with farmers, including agency staff, Extension educators, veterinarians, bankers, farm consultants, health care workers, clergy and more. Three-hour workshops teach ways to recognize and respond when a farmer or farm family member may need help. The generously sponsored program is available at no cost to participants. Register for workshops at www.mdadownonthefarm.eventbrite.com.

•Extension offers free, confidential one-to-one counseling for farmers experiencing financial stress. To set up a confidential appointment with an Extension farm financial analyst, call the Farm Information Line at 1-800-232-9077.

•Farmer-Lender Mediation (FLM) is an Extension program that provides trained, neutral mediators work to find solution to financial and legal issues between farmers and their lenders. The mediation is confidential and costs less than court litigation. More details on FLM are available by calling 218-935-5785.

Other resources are available to Minnesota farmers through organizations like Farmers Legal Action Group, Minnesota Farm Advocates, Minnesota State Colleges and Universities Farm Business Management, Crisis Connection and personal counseling.

Stress in farming will never go away, but there is assistance available to those working through difficult times on the farm.

National Suicide Hopeline Network: 800-SUICIDE

National Suicide Prevention Hotline: 800-273-TALK

New northern pike fishing regulations coming in spring 2018

Anglers and spearers pursuing northern pike this winter can prepare for new pike regulations that will be in effect for the spring fishing opener on Minnesota's inland waters.

"Pike regulations remain the same this winter, with major changes coming this spring," said Chris Kavanaugh, northeast region fisheries manager. "As anglers continue fishing for pike, we encourage them to get used to measuring their catches and even consider keeping some of the smaller ones in the north-central part of the state."

The new regulations on inland waters will be in effect starting March 1; however, fishing for northern pike is not allowed on these waters until the fishing opener on Saturday, May 12.

Spearing season opened Nov. 15 and pike fishing remains open until Feb. 25, 2018. Current statewide regulations including the daily and possession limit of three northern pike is still in effect. So, too, are special and experimental regulations listed for specific waters in the 2017 Minnesota Fishing Regulations.

The new fishing regulations beginning in the spring take a cue from hunting regulations and will set up three distinct zones to address the different characteristics of pike populations in Minnesota.

"Anglers and spearers have an opportunity to use this winter as a transition period and become accustomed to measuring their catch before the new rules take effect," Kavanaugh said. "We know many anglers already do measure fish, and spearers judge fish size, but we want to highlight the importance of those practices when it comes to northern pike."

Pike zones begin this spring

When the new regulations take effect this spring, the majority of the state will be in the north-central zone where the issue is overpopulation of small pike. Anglers here will be able to keep 10 northern pike, but not more than two pike longer than 26 inches, and all from 22 to 26 inches must be released. Northern pike taken by spearing follow the same rules except one pike may be between 22 and 26 inches and one longer than 26 inches.

In the northeast zone, the new regulation will maintain harvest opportunity and protect large fish already present and anglers here will be able to keep two pike and must release all from 30 to 40 inches, with only one over 40 inches allowed in possession. Spearers also will be able to take two pike but only one may be longer than 26 inches.

In the southern zone, the regulation will intend to increase pike abundance and improve the size of fish harvested. Anglers and spearers will be able to keep two fish, with a minimum size of 24 inches.

For more information on the new zone regulations visit mndnr.gov/pike or contact a local area fisheries office. Contact information can be found at mndnr.gov/areas/fisheries or in the printed fishing regulations booklet.



The line went around the old school gym waiting to get a picture with Santa Claus. Below: Leah Watne is shown with her three daughters.





Visting at the Clearbrook-Leonard Senior Center during Santa Claus Day were Barb Torgerson, "Speedy" Braaten and Pat Taflin. The center had a free meal that was prepared for those who came to the center.



ATTORNEY
Elliot Olsen
R38MNA
SA10396
ATTENTION
If you or a loved one contracted Salmonella after eating at BURGER KING, you might be entitled to FINANCIAL COMPENSATION.
FREE CONSULTATION
1-612-337-6126
WWW.SIEGELBRILL.COM



Leader-Record papers available at many locations including online

Clearbrook: Y92 Convenience Store, Bakkens Market, Thrifty White Drug

Gully: Gully Co-op, School House Grocery

Leonard: Strands Grocery Store

Bagley: Ortons, Kubiak's, Galen's, Bagley Co-op, Thrifty White

Red Lake: Red Lake Foods

Gonvick: Northern Bait and Convenience, Leader-Record office Richards Publishing

And Online! Go to www.Tri-CoCanary.com



EXPERTS IN WOMEN'S HEALTH
JoLyn Seitz, MD, and Emily Stromquist, MD, offer expert women's health services in Bagley. They are ready to care for you no matter your age or where you are in life.
Services include:
• Obstetrics and Gynecology
• Women's preventive health
• Birth control
• Heavy bleeding care
• Urinary incontinence care
• Fertility/preconception care
• Sexual health
To schedule an appointment with Dr. Seitz or Dr. Stromquist at the Sanford Bagley Clinic, call (218) 694-2384.
sanfordhealth.org
JoLyn Seitz, MD
Obstetrics & Gynecology
Bagley Clinic
Emily Stromquist, MD
Obstetrics & Gynecology
Bagley Clinic
M39MNA
048002-00190 9/17
BE STRONG. BE HEALTHY. BE YOU.
SANFORD WOMEN'S



LARGE PIZZA FOR MEDIUM PRICE

GOOD FOR THE REST OF 2017

GIFT CARD SPECIAL

Buy a $25 CARD for $20
Or a $50 CARD for $40
(NOW THROUGH 12/23/17)

DaRoo's Pizza
"Great pizza at a sensible price"

CLOSED Christmas Eve, Christmas Day & New Years Day.
OPEN New Years Eve.

TAKE-OUT or EAT-IN

Clearbrook
776-3225

R38C

Thank You to our customers & employees for another great year!



Dear Santa, I am 4 years old and have been a good girl this year. I would like a scooter and a book and teddy bear. My brother Abel has been a good boy but he pulls hair. He might like a book, pillow,or stuffed animal. Shay Bjerklie

Dear Santa, My name is Leah Pahlen. I am 7 year old. I live in the great town of Plummer. This year I've been really nice and it would be super cool if you could bring me money, candy, or million cats.

Dear Santa, This year I have tried to be nice. I want some all camo clothes, a gillie suit, a sll white camo outfit for snow hunting, money, a lot of nurf guns, and ABA 2K18. Your friend, Gerald Melin 13 years old

Dear Santa Claus, My name is Clowie Magnell. I am 12 years old! I live in the great town of Oklee. This year I've been really nice and it would be super cool if you could bring me new shoes for gym, clothes, and money. Thank you! You're the best Santa ever. P .S. Please tell Mrs. Clause and the elves I wish I could meet them, for me.

Dear Santa, I want a brown bear for Cristmas. Guess who?

Dear Santa, Thanks for the Candy. I want camo gloves and a lang RC track.
Love, Ashton

Dear Santa, Hi Santa. I would like a truck for Christmas.
Thank you, Love, Connor

Dear Santa, I've been a good girl all year. Please bring me lots of stuff!
Thank you Santa from Caedyn Krogstad

Dear Santa. I'm going to write down what you can get me. A football tee, Seahawks jersey R Sherman and Vikings shirt for my mom. and Chicago Bears hat.
Love, Carter

Dear Santa, I want a Mine craft story mode, Mine craft set or Call of Duty Black Ops III.
Brandon

Dear Santa, Is Rudoph real? I know he pulls your sleigh, ut I haven't seen it.
I hope you bring me lots of presents - by that I mean a Robo Horse and Robo-Unicorn.
For gunga (Grandma) I'd want something big.
I'll leave you cookies and milk.
Love you, Maci

Dear Santa, Thanks for my present. Hey Santa, can you bring me a Crate Creature for Christmas? I'd also like a bubble ball, too. I can do whatever I want with it cuz it doesn't "Pop".
I will leave you cookies an milk like we always do.
Be careful around our porch.
Love, Preston
Dear Santa, I have been really good. Please bring me some toy horses and doll clothes. My horses (real) would like some company besides me.
Love, Maddy

Dear Santa, All I want for Christmas is my mom and monkeys.
Love, Kiara

Dear Santa, I want for Christmas is a toy horse and toy puppy.
From Molly Nelson

Dear Santa, For Christmas I would like a race car set.
Thank you, Robert

Hi Santa, I've been really good! For Christmas, I want toothless the Dragon. For mom, can you bring a real horse? Sehe can learn to ride it, (Maybe).
My brother (9 months old) wants a puppy. Don't bring a big one. Just a little one. We've already got a big one.
So long, Love, Cyla

Dear Santa, I've been really good. For Christmas I'd really like a nerf gun - it will shoot nerf bullets out of the gun. I promise not to shot my sister.
Can you bring a candle box for Grandma and Grandpa?
Thanks for the pop and toys I won at your party.
Love, Wyatt



Ella Engen was helping three girls make Christmas tree chains for the holidays. From left to right: Brin Rude, Erica Rude, Mila Mathison and Ella.



Sarah Goudge with two of her sons making Christmas ornaments during the Santa Claus Day activities in Clearbrook. Assisting at the table was Denae Stenzel, one the many Clearbrook-Gonvick basketball team members who helped that day.



Faith and Grace Gunning working on Christmas projects during Santa Claus Day.

Christmas elfs, Linda Holm and Judi Engebretson had silent auctions going on at the Craft Fair that was held in Clearbrook. Proceeds for the auction was going to the Clearwater County Chapter of Hospice.



