

Leader-Record

\$1.00

CONTINUING THE GONVICK RECORD AND CLEARBROOK LEADER
Serving the Communities of Clearbrook, Gonvick, Gully, Leonard and Trail



Clearbrook-Gonvick girls All-Conference selections from left to right: Carlie Bergerson, Alison Johnson, Hannah Lavin, Liz Bodensteiner, Madison Stenzel, and Rachel Spray.

Clearbrook-Gonvick Bears honored at banquet

The Winter Sports Banquet was held at the Clearbrook-Gonvick School on Monday, April 13. A meal served by the kitchen staff at the school was prepared for parents, grandparents, friends and players.

All-Conference players for the boys team were announced a few weeks ago. Sam Lavin was All-Conference and Hunter Churness was named Honorable Mention All-Conference. They received their awards along with the first time letter winners for the team.

Head Coach Mike Rettinger announced that captains for next year would be Hunter Churness and Sam Lavin who will both be seniors next year. Rettinger stated that the players had to learn a new style, new skills and change old habits with the new coaching staff. He also stated that they did not make their goals but the boys showed the meaning of Bear Pride. He went on to say that summer is a time to condition and practice with intense workouts. Your improvements will help the team. Rettinger

was assisted by Sam Weaver.

Coach Ross Faldet for the girls team introduced the girls and announced the all conference winners for the season

Junior Madison Stenzel was named Northwoods First Team All-Conference. She was a team leader in Defensive Rebounds and Free Throw percentages. She was second on the team in points with 496, she had nine double doubles. Her game high was 31 points scored against Red Lake broke the school record held by Karlie Watne and Heidi Kjolhaug. She also broke her own record when she scored 38 points against Cass Lake. Madison also broke a 10 year old record by Katie Anderson with 16 fields goals scored in the same game. She scored her 1000th point against Nevis on February 10. She was the sixth player and first junior to get that honor for the school.

Sophomore Liz Bodensteiner was also named as Northwood's First Team All-Conference and Northwood's "Playmaker of the Year." She

led the team this year in points with 573. She had a game high 28 points against Sacred Heart on December 2. The same game she made 14 of 15 free throws which went into the State Record Books. She made a school record of 310 rebounds in a season passing the old record set by Madison Stenzel. She broke the record of Brittany Wagner with 14 steals in a game against Laporte. She broke the school record of Heidi Kjolhaug with 226 field goals in a season. She also had 17 double double games.

Junior Rachel Spray was named to the 2nd Team All-Conference. She was the team leader in assists with 144 and blocked shots. She was second in steals and she had a game high of 12 points against Walker in the 8A Sub-section game. She was 3 for 3 from the 3 point line.

Sophomore Hanah Lavin was named to the 2nd Team All-Conference. She was second on the team in assists and had a game high 15 points against Cass Lake December

11. She broke the school record held by Rebecca Gunvalson and Brooke Wraa with 10 of 10 free throws in a game against Kelliher/Northome.

Sophomore Carlie Bergerson was also named to the All-Conference Honorable Mention. She was first on the team with the number of three pointers made. She had a game high 16 points against Red Lake County Central.

Sophomore Alison Johnson was named All-Conference Honorable Mention. She had a game high of 11 points against Blackduck on January 27.

The only Senior on the team, Rachel Gray has been with the program for many years but was not able to play this year received a Senior Award for her work as the statistician for the team.

Other players honored with Varsity letters were Junior Lydia Lindenfesler, Sophomore Sam Mart with a game high 6 points against Walker.

Freshmen included Brynn Hetland who scored her first varsity point against Sacred Heart. She had a game high of 13 points against Blackduck on December 15. Also scoring their first varsity points were Morgan Cornell against Laporte on 2/23; Mikayla Johnson against Cass Lake on 1/26; Tamara Skinaway against Red Lake County Central on 2/24; Madelynn Faldet against Red Lake County Central on 2/17, Cassie Faldet against Stephen Argyle on 12/1. She also was first in 3 point percentage and second in 3's made for the season.

The team won the 8A East Subsection Championship and they were the Northwoods Conference runner-up after Pine River-Backus. They won the All-Academic Team honors with a 3.73 over all Grade Point Average.

The Junior Varsity team won their conference this year.

Clearbrook Fire Department Fish Fry Saturday, April 25

The Clearbrook Volunteer Fire Department is sponsoring a Fish Fry and Fundraiser on Saturday, April 25, 2015 in the Banquet Room at the Clearbrook Community Center. Serving will begin at 5:00 p.m. The Fish Fry will be prepared by the culinary division of the fire department with their fine specialty cooks doing the frying!

Due to the Fire Department's never-ending determination to give the city and townships the very best protection, the money from last year's Fish Fry and Fundrais-

er went towards purchasing an inflatable rescue boat.

The money raised at this year's Fish Fry and Fundraiser will be put towards purchasing a thermal imaging camera. Their goal is to be prepared for whatever emergency needs the community encounters and this addition to the fleet will expand their rescuing abilities. Local financial support also helps to update and maintain equipment, and provide training for the firefighters without having to raise taxes.



Debra Navratil was being assisted by three members United Blood Drive that was held at the Clearbrook Community Center.



Barb Torgerson was very busy filling out the questionnaire that was given all who came to register for the blood drive that was held at the Clearbrook Community Center. The questionnaire can also be filled in online before you get to the center for the donation.



Jim Gunvalson giving two units at the blood drive that was held in Clearbrook. The next one will be in Gonvick at the community center.



The only two seniors on the Clearbrook-Gonvick Bears basketball team this year were Aaron Horn on the left and Austin Horn on the right. They were honored by coaches Mike Rettinger (left) and Sam Weaver (right).

Mark and Sharon Larson Honored at Red River Valley Development Association Banquet

Mark and Sharon Larson from Clearbrook were selected to represent Clearwater County at the 77th Annual Red River Valley Development Association Honor Banquet that was held on March 28 at the University of Minnesota Crookston.

The Larson family includes Dan and daughter-in-law Nicole and grandchildren Dylan and Elsa; Matt and daughter-in-law Melissa and grandchildren Avela and Eric; and son, David.

Mark and Sharon are members of Good Shepherd Lutheran Church. Mark serves as a Supervisor on the Eddy Town Board and as a Director on the Clearwater County Fair Board. Sharon works as a nurse in North Dakota.

The Larsons live on a Century Farm homesteaded by Mark's grandparents in 1896 in the same house that his grandparents built. They operate a purebred beef and small grain farm where they raise alfalfa, corn, soybeans and wheat. On the first Saturday in February the Larsons hold their annual bull and heifer sale at the farm.

Congratulations to Mark and Sharon Larson.



Mark and Sharon Larson honored

Volunteers wanted in Sheriff's office

The Clearwater County Sheriff's Office is currently looking for citizens who would like to volunteer for the Clearwater County Sheriff's Office Reserves. Reserve volunteers assist in such things as search and rescue, natural disasters, missing persons, recreational vehicle safety education, and firearms safety training. Reserve members meet once a

month, usually the first Monday in the evening at the courthouse in Bagley.

Any citizen who is interested may get an application at the sheriff's office, from a current member, or may call Chief Deputy Ryan Solee at 694-6226. All volunteers will have criminal history background done prior to being able to join.

County spraying and road work to begin soon – bids awarded

By Karen Edelmach
Environmental Services Director, Dan Hecht was first on the agenda at the Clearwater County Board of Commissioners meeting on April 14, 2015. He brought motions for both of the contracts associated with roadside spraying, along with the price data from proposals received.

He recommended B & P Weed Control of Bemidji based on price for the roadside in-slope portion of the work. The second motion was for the outside right-of-way work at a price of \$105 per hour which was negotiated directly with the contractor, Roy Abraham, Noxious Weed Control.

Commissioner John Nelson asked Mr. Hecht to explain the different contracts and their purpose. Hecht said that B & P could only reach 15-30' with their equipment, while Roy Abraham is able to reach further for some of the wider roads, thus the need for two separate contracts.

B & P Weed Control will charge \$10,312 for their portion of the project, and Noxious Weed Control's portion is not to exceed a total amount of \$15,000. Both motions passed.

County Engineer, Dan Sauve was on hand for contrac-

tors' bid openings for upcoming work to be done in the county. Bids to be awarded at the April 21 meeting are for milling and painting of rumble stripes; pavement markings; regravels; and rubberized crackseal.

Sauve said the painting of rumble stripes is a Federal Highway Safety Improvement Project.

For the pavement markings project, he said 6,144 gallons of paint will be used for the edge and center lines.

UPDATE: AAA Striping Service Co. from St. Michael, Minn. was awarded the rumble stripes painting contract for their bid of \$379,474, and also the pavement markings contract for their bid of \$74,491. Vogt Dirt Service of Walker, Minn. was awarded the regravels contract for their bid of \$287,542. Northwest Asphalt Maintenance of Thief River Falls was awarded the crackseal contract for their bid of \$179,400. These are all the lowest bidders on the projects.

Payment of the Highway Department bills was approved as presented in the amount of \$19,604.

Kathy Rasch from Soil and Water Conservation District brought the Clearwater SWCD 2014 Financial Statement for

the Board members information. She noted they ended 2014 with a slight balance in their budget. Their statement has been approved by the State.

She said the SWCD prepared the statement, and Commissioner Neal Illies said it was very nice.

Ms. Rasch informed the Commissioners of upcoming law enforcement, volunteer and inspectors training regarding Aquatic Invasive Species (AIS).

She said tree sales have gone very well, and they are sold out of all but red and white pines and spruce trees.

County Auditor-Treasurer Allen Paulson received authorization to pay the submitted invoices of \$155,672 from the County Revenue Fund and \$54,821 from Nursing Service.

Emergency Management: The Commissioners discussed the needs of EM and hours required to accomplish it. Commissioner Nelson said funds have not been efficiently used in the past with not spending all grant money. He said Department Heads should come to the Board for deciding on the

Commissioners...
Continued on page 2

Community Calendar

Meeting notice

The Gully American Legion and Auxiliary will meet on Tuesday, May 5 at 6:00 p.m. at the Gully Community Center. A lunch and cake will be served in honor of the Legion's birthday.

Good Shepherd Brunch

"Celebrating Mothers, Daughters, and Friends," a brunch will be held at Good Shepherd Lutheran, Clearbrook, on Saturday, May 2, at 10:00 a.m. Come and enjoy a style show, music and fellowship. Tickets, at \$5.00, are available at the church service on April 26th or at the church office until April 28th. Guests welcome.

There will be a **Bridal Shower** for **Laura Tollefson** on **Tuesday, April 28th** at 6:30 PM at **Elim Lutheran Church**. Laura is registered at Target. **Everyone is welcome.**

TASTEFULLY SIMPLE est. 1995

Open House Wed., April 29, 2015 11 am - 7 pm

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Birthday dinner was celebrated at the Clearbrook-Leonard Senior Center on Wednesday, April 8. Two of the seven who had a birthday in March were present, Pete Bohn and Beverly Lundmark.

Cemetery Clean-up May 1

The Greenwood Cemetery Clean-up will be Friday, May 1 from 5 to 8 p.m. Bring rake, shovels, wheelbarrow etc. John Sandland, Sexton

The Silver Creek Cemetery Clean-up will be Friday, May 1 from 5 to 8 p.m. Bring rake, shovels, wheelbarrow etc. Tom Anderson, Sexton

The Augustana Cemetery Clean-up will be Friday, May 1 from 5 to 8 p.m. Bring rake, shovels, wheelbarrow etc. Brad Borene, Sexton

The Seljord Cemetery Clean-up will be Friday, May 1 from 5 to 8 p.m. Bring rake, shovels, wheelbarrow etc. Gordon Olson, Sexton



Thanks and appreciation to the following:

The Quilting Ladies for their care and concern after my fall, the Gonvick First Responders, Clearwater Ambulance Crew, Nursing Service for their wonderful care, Pastor Kris Snyder for his visit and prayers, for prayers, flowers, gifts, cards, phone calls and many visitors.

Thank you so much. Special thanks to my loving family for being there for me through surgery and recovery. I am so blessed. God's blessings to everyone.

Jeanette Hetland



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Becky Colebank, left, Clearwater County Food Shelf President, accepts a check for \$329 from Larry Djernes, right, Church Council President of Our Savior's Lutheran of Leonard for the Minnesota FoodShare March Campaign.

Clearbrook-Leonard LSS Senior meals

Wed. April 22 - Cabbage rolls, potatoes, peas, ice cream, bread and milk.

Thurs. April 23 - Lemon pepper fish, baked potato, creamed peas and milk.

Fri. April 24 - Chicken patty on bun, potato salad, mixed veg, fresh fruit and milk.

Mon. April 27 - Sloppy Jo, oven brown potatoes, corn, bun and milk.

Tues. April 28 - Teriyaki beef and rice, Oriental veg, dinner roll and milk.

Call 776-3154 to sign up. May 1 they will begin serving daily meals at 11:30 a.m.

Also the Nutrition Council will be making homemade donuts for sale May 13. Orders are being taken now from council members or call 776-3154. Members are Barb Torgerson, Violet Hagen, Harriet Shelum, Beverly Charles, Joy Parker and Phyllis Engen.



Thank you to all the people who attended my wife's memorial, for all the cards and gifts.

Special thanks to Betty Langseth, my sister-in-law, for all the arrangements she made for the funeral.

Marlin Langseth

Bridal Shower for **Jessie Marie Sattler** bride-to-be of Jared Hoeft

April 25th at 2:00 pm at the **Gully Community Hall** Gully

Everyone welcome

Writing in the Woods

Writer's group searching for creative, enthusiastic writers needing the extra prompt or nudge to make time to write. Willing to commit to a once or twice a month meeting at Farm By The Lake in Bagley.

Write, critic, and network. All ages and abilities welcome.

If interested contact: 218-694-2084

Marty Cobenais and Dawn Loeffler Caretakers
Farm By The Lake
<http://farmbythelake-bagleymn.blogspot.com>

Free Home Repair Assistance

"Teen Serve" is coming to our area! An army of teens and adult leaders from all over the country will be coming to lend a helping hand in our area from June 8-12, 2015. If you have a project that includes exterior or interior painting, Wheel chair ramp, steps or other small home repair projects, call Troy @ 1-800-596-3498. All Labor and materials are free

Clover Cemetery Cleanup May 1

Friday May 1 at 9:00 a.m. they will have a clean-up day at the Clover Cemetery.

The cemetery is in good shape, and will not require much cleaning. They do need men to sign up for mowing this summer. Four men from the seven families that have done the mowing for the past several years are from 76 to 92. It is time for some of the younger guys to step up. If you own a lot or have a family member buried there, please call Ken and Laurie Brein to set up a mow time.

If enough people would help each family would only mow every 2 or 3 years. Please pass the word.

Commissioners...

Continued from front page proposed department plans, not the other way around.

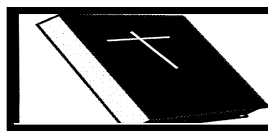
There was discussion on whether of not to accept another grant if they would be in compliance with federal requirements.

Hart Lake: Commissioner Arlen Syverson asked, "How did we end up losing access to Hart Lake?" He said their is no public record. It was stated that the 58.8 acres involved belonged to the State prior to the tribe leasing it in 1995.

Meetings: April 24, 10 a.m. in the Board Room - Prime West Insurance Committee will meet with Clearwater County Commissioners. This meeting is open to the public.

May 27-28: MCIT Human Resources informational meeting in St. Paul. Commissioner Nelson felt more important that some department heads attend than Commissioners.

Commissioners present at the meeting were Daniel Stenseng, Dean Newland, John Nelson, Neal Illies and Arlen Syverson.



Church News

KINGDOM HALL OF JEHOVAH'S WITNESSES
Sand Lake Ave & 5th St. Bagley
Thursday: 7:30 p.m. Bible Study; 8:00 p.m. Theocratic School; 8:30 p.m. Service Meeting.
Sunday: 10:00 a.m. Public Bible Talk; 10:35 a.m. Bible Study.

GONVICK LUTHERAN PARISH
MEMBERS OF NALC
Pastor Kris Snyder
Cell: 218-358-0162
gonvickparish@gmail.com
WED., APRIL 29 7:30 AM Men's Bible Study; 9:30 AM Women's Bible Study; 10:30 AM Crafts & Laughs
SUN., May 3 9:30 AM Sunday School; 10:30 AM Worship Service
UNITED LUTHERAN CHURCH
55070 149th Ave., Gonvick (218) 487-5308
SUN., May 3 9:00 AM Worship Service; 10:00 AM Sunday School

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS
Clearbrook Branch
305 Lake Ave. E.
Sacrament Meeting: 10:00-11:00 a.m.; Sunday School: 11:20 a.m.-12:00 p.m.
Priesthood/Relief Society: 12:10-1:00 p.m.; Young Women's: 12:10-1:00 p.m.; Primary: 11:20 a.m.-1:00 p.m.

ELIM LUTHERAN BRETHREN CHURCH
Clearbrook
Pastor Adam Krog
Wed. April 22 - 5:30 p.m. Confirmation; 6:30 p.m. Youth Group; 7:30 p.m. Bible Study and Prayer.
Thurs. April 23 - 9:30 a.m. Bible Study and Prayer at Summerfield Apts.
Sun. April 26 - 9:30 a.m. Sunday School; 10:30 a.m. Worship Service, (Mission Sunday); 11:30 a.m. Quarterly Business meeting; 7:00 p.m. Evening of Music and Testimony sponsored by the Mission Friends. Refreshments served following the service.

FIRST BAPTIST CHURCH
Pastor Verlyn Strenge
Assoc. Pastor Jim Galloway
Clearbrook
Wed. April 22 - 6:30 p.m. Awana
Thurs. April 23 - 7:00 p.m. Bible Study and Prayer meeting at church
Sat., April 25: 7:00 am Men's prayer breakfast.
Sun., April 26: 9:30 am Sunday School; 10:45 morning worship. Potluck meal after the service followed by quarterly business meeting. 5:00 p.m. Sunday night Fellowship
Upcoming events:
April 29 - Awana awards night

Clearwater County Fair Raffle winners

Sat. April 11: Ben Kromid-ko, Bagley, \$20
Sun. April 12: Adeline Woolcraft, Bagley \$20
Mon. April 13: Lloyd Engen, Clearbrook \$20
Tues. April 14: Ken Martin, Bagley \$20
Wed. April 15: Margie Fitzgerald \$20
Thurs. April 16: Jason Hubbard, Mankato \$20.
Fri. April 17: Blake Peterson, Bagley \$20

Clear Waters Life Center Happenings...

CLEARBROOK OFFICE HOURS:
8:00 AM-12:00, Tuesday-Friday
Be sure check our web site: www.clearwaterslife.org or Facebook pages for more information on any of our events.

Gonvick Location:
226 Elm St., 218-487-5290
Grow It! Greenhouse & Garden Center: M-W-F, 9-4 & Sat., 9-12

Potato & onion sets; bare-root asparagus & strawberries, sweet potato starts & Farmer's Seed vegetables seed.

Create It! Community Art Studios: Miniature Garden Class, session 3, Monday, Apr 27, 6:30-9PM. \$5 class fee. Call to register, Ext. 2. Drop-ins welcome.

Mother's Day Fundraiser & Kitchen Open House: Sunday, May 10, 11:30 AM to 2:00 PM. Call to reserve your space.

Restore It! Furniture Shop: Open M- W-F, 9 to 4, & Sat., 9 to 12. Donations accepted during business hours. Use north entrance.

Clearbrook Location:
256 2nd Ave. SW, 218-776-2789

Youth Connection: 7th-12th grade: Fri., 3:30-5:00 PM. Tues., 5th-8th grade, 3:15-5:00 PM. Last day, until fall, is Friday, May 8.

Shop-at-the-Top: Open Mon.-Fri., 10:00 - 4:00, & Sat., 10:00 - 3:00. Lots of spring & summer clothes for everyone.

This ad is sponsored by:



ST. JOSEPH'S CATHOLIC CHURCH
Bagley 218-694-6416
Pastor: Fr. Manny Sundaram
Pastoral Associate: Sr. Debra Berry, SMP
Sunday Mass: 10:30 a.m. Call for weekday Mass times.

FAITH BIBLE CHAPEL OF CLOVER
Leonard, MN
Sunday: 10:00 a.m. Worship Service.

GOOD SHEPHERD LUTHERAN CHURCH
CLEARBROOK & OUR SAVIOR'S LUTHERAN CHURCH LEONARD
Good Shepherd

Wed. April 22nd & April 29th 6:30pm Choir Practice, 7:30pm Handbell Practice

Sun. April 26th 9:00am Worship/Communion; 10:00am Sunday School/Coffee Hour, Service Group 3 meets after church in fireside room.

Fri. May 1st 5:00-8:00pm - Augustana, Greenwood, Seljord, and Silver Creek Cemetery Clean-up. All members with an interest or a plot in these respective cemeteries are encouraged to participate. Please bring rakes, shovels, and if possible a wheel barrow.

Sat. May 2nd 10:00 am Good Shepherd WELCA is sponsoring a brunch "Celebrating Mothers, Daughters, and Friends."

Joint Activities
Wed. April 22nd & April 29th 6:00pm Confirmation

Our Savior's
Wed. April 22nd & April 29th 6:00pm Confirmation

Our Savior's
Sun. April 26th 9:45am Sunday School; 10:30am Coffee Hour; 11:00am Worship/Communion

CLEARWATER LUTHERAN PARISH
Mt. Olive - Nazareth Oak Park - St. Petri
Pastor Joseph Abrahamson
Wed. Apr. 22: 5:00 p.m. Wednesday School.

Sat. Apr. 25: 8:30 a.m. Mt. Olive. 10:30 a.m. St. Petri.

Sun. Apr. 26: 5:30 p.m. Oak Park. 7:00 p.m. Nazareth.

Wed. Apr. 29: 5:00 p.m. Wednesday School.

NEW JOURNEY CHURCH
Josiah Hoagland, Pastor
Tyler Stynberg, Youth Pastor
www.newjourneyfosston.com

Wed. Apr. 22: 6:30 p.m. Men's Bible Study. 6:30 p.m. AWANA. 6:30 p.m. Youth Group.

Thu. Apr. 23: 12:00 p.m. Rotary meeting.

Fri. Apr. 24: 8:30 a.m. Friday School.

Sun. Apr. 26: 9:30 a.m. Worship. 10:50 a.m. Sunday School.

Tue. Apr. 28: 9:30 a.m. Ladies Bible Study. 10:30 a.m. Quilting.

Wed. Apr. 29: 6:30 p.m. AWANA Award night. 6:30 p.m. Youth Group.

GULLY-TRAIL PARISH
Bethany * Lund
Sand Valley
Dawn Hanson, Lay Minister
Sun. Apr. 26: 9:00 a.m. Lund. 10:30 a.m. Bethany.

BETHEL ASSEMBLY FOSSTON
Jon Marx, Lead Pastor
Seth Johnson, Assist. Pastor
Sun. Apr. 26: 9:30 a.m. Sunday School. 10:30 a.m. Worship

REDEEMER EV. LUTHERAN CHURCH - LCMS
Church Location: Corner of Hwy. 2 & Red Lake Ave. SW Bagley, MN
Pastor Linden B. Wendzel
Sunday Divine Service: 9:30 a.m.

Sunday School / Adult Bible Study: 10:45 a.m.

COUNTRY FAITH CHURCH
1 mile south of Clearbrook, 2 miles west on Cty. Rd. 6
Senior Pastor Larry Dorman
Associate Pastor Jim Binder
Youth Pastor Troy Churness
Children's Minister Nikki Ubert
www.countryfaith.org
218-776-3367

Sunday: 9:00 a.m. Sunday School (Sept 7-May 17) 10:00 a.m. Worship Service

7:00 p.m. Youth Night (check church website for dates)

Every Tuesday: 6:30 a.m. Men's Prayer

*Wednesdays: Care groups in various homes

The Leader Record

Published by Richards Publishing Co. Subscription rates \$25.00 per year in Clearwater County and East Polk County cities of Fosston, Gully and Trail and \$30.00 per year outside the county. Continuing by consolidation the Olberg Journal, established in 1901, The Clearbrook Leader, and the Gonvick Record.

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(USPS 307 630) POSTMASTER: Please send address changes, Form 3579, to The Leader-Record, PO Box 159, Gonvick, MN 56644.

(218) 487-5225

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Editorial office Gonvick, MN 56644

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MEMBER MNA AND NNA

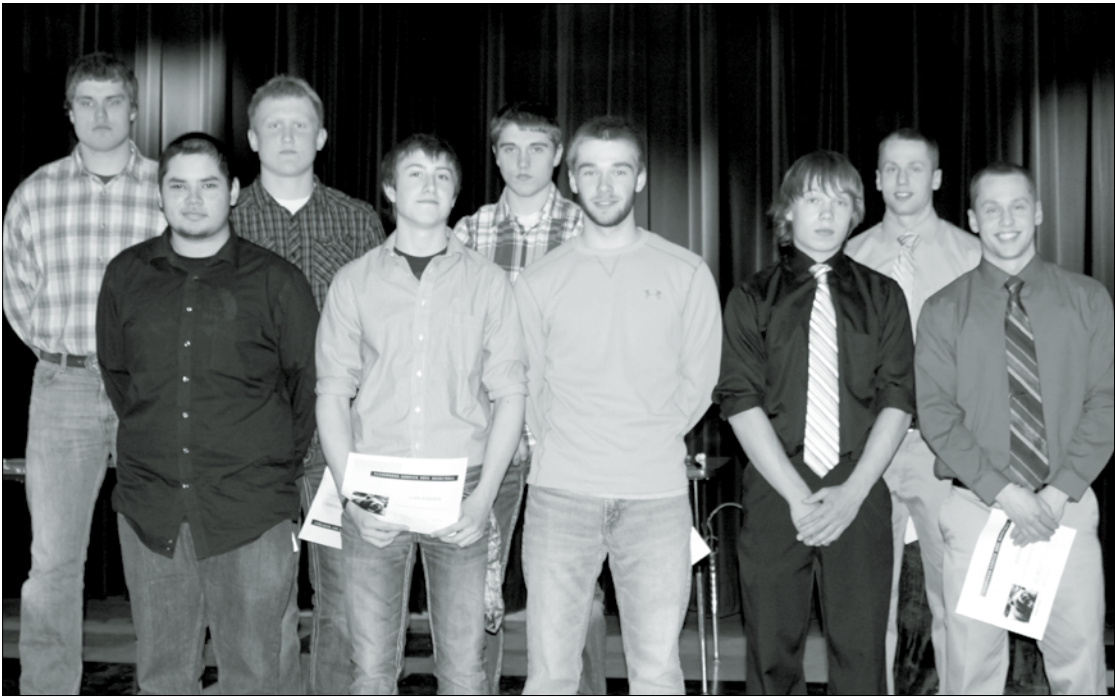
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Wednesday, April 22, 2015

BEAR TRACKS

With articles submitted by the staff, administration and students at the Clearbrook-Gonvick Junior and Senior High Schools



Clearbrook-Gonvick boys basketball team was honored at the Winter Sports Banquet that was held on Monday, April 13. Letter winners for the team are front row: Andrew Barrett, Luke Burgess,

Sam Lavin, Seth Bakke and Austin Horn. Back row left to right: Nathanael Dahl, Hunter Churness, Tristan Bakke, and Aaron Horn. All conference team members include: Sam Lavin All-Conference

and Hunter Churness as Honorable Mention. They were coached by Mike Rettinger and Assistant Coach Sam Weaver.

Lunch Menu

Clearbrook-Gonvick School Lunch menu
Thurs. April 23: Lasagna, garlic toast, fresh fruit and vegetable choices and milk.
Fri. April 24: Hot ham and cheese, potato smiles, fresh fruit and vegetable choices and milk.
Mon. April 27: Hot dog on a bun, baked beans, tri tater, fresh fruit and vegetable choices and milk.
Tues. April 28: Turkey Stromboli, fresh fruit and vegetable choices and milk.
Wed. April 29: Chicken Gorditas, fruit and vegetables choices and milk.

School News

The 4th Annual Bear Share & Science Fair will be held on Thursday, April 23 from 5:00-7:00. Science Fair displays, other displays, demonstrations, etc can be seen in the gym, commons and hallways by the classrooms. Book Fair in the Conference Room! Everyone welcome to come and see the amazing things our students do!!! Spaghetti Feed Football Fundraiser will be held from 5:00-6:30 for a Free Will Donation! See poster below.
There will be a one day BOGO (Buy one get one free) Scholastic Book Fair on Thursday, April 23rd. The book fair will be open from 8:30 am until 7 p.m. (to coincide with the Bear Share Fair

See a specialist here at home



At Sanford Health we believe that quality care should be delivered close to home. Sanford Health specialists provide health and healing where it's convenient to you. Where you feel at home, in Bagley.

Sanford Bagley Specialists

Dietitian	Brittany Crawford, RD, LD, CDE
Family Medicine	Bonnie Eck, NP Esther Potti, MD Stacy Smith, PA-C
Internal Medicine	Andre Spence, MD
Orthopedics	J. Adam Hamilton, MD
Surgery	Ben Roy, MD
Sleep Medicine	Laurie Straw, FNP
Pediatrics	Giridhar Guntreddi, MD
Podiatry	Adam R. Johnson, DPM
Psychiatry	Jagan Jakkula, MD
Psychology	Trent Barstad, PhD

Esther Potti, MD
Family Medicine

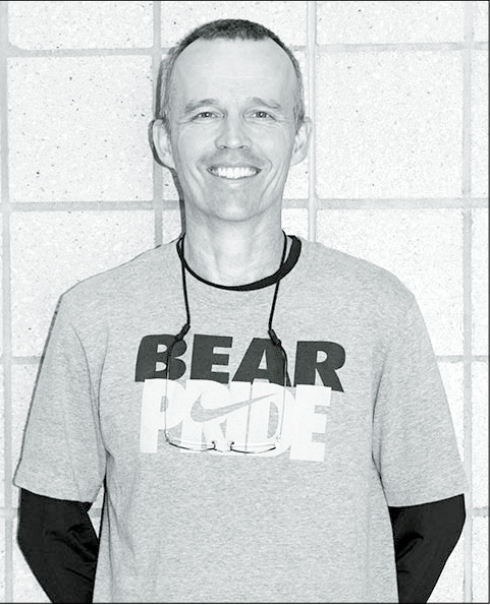
To schedule an appointment, call (218) 694-2384 or (844) 772-3136.

sanfordhealth.org

SANFORD
Bagley



April Teacher Feature: John Lavin, Mathematics Teacher, Assistant Track Coach



John Lavin is in his second year of teaching seventh through tenth grade math at Clearbrook-Gonvick High School. He is married to Joanne and they have three children, Josh (8th grade), Jennifer (6th grade), and Julie (4th grade). John was born in New Jersey, graduated from Bagley High School, received a Mathematics Degree at Moorhead State University and a Masters in Youth Ministry at Denver Seminary.

Why did you choose to be a teacher? I have always enjoyed working with students.

What did you do before coming to Clearbrook-Gonvick? I was a youth pastor for 10 years in Denver and Iowa. Then we moved to Clearbrook and I owned and ran a furniture making business called Uniquely Wood, Inc.

How would you describe yourself as a teacher? I try to be fair and yet firm while making my class a place that kids look forward to coming to because it is not boring. I also work hard on trying to make the difficult concepts of math easier to understand. I try to get kids who hate math to not hate it so much and those who like it to enjoy it even more.

What is the biggest challenge of your job? Getting students to bring a pencil and paper to class. Part of each class is just spent on getting students ready to learn.

If you had \$1000 to spend in your classroom, what would you do with it? Buy tons of paper and pencils. A classroom set of Ipads would really be great so kids could have all their textbooks online all the time and not have to lug around those heavy textbooks.

If you could have any job in the world - what would it be? Why? Statistician for a sports team. I have always loved numbers and how they connect to the sports world.

If you could take students on a class trip anywhere in the world, where would you take them? To a third world country where kids have no opportunity for an education to see what life is like for them. Hopefully this would help them see the great opportunity that they have to get a free education here in America and that they should take advantage of it.

What do you do when you are not at school? Spend time with my family - we love to go camping in the summer. Go on walks with my wife. Watch movies. Read books unrelated to teaching. Train for triathlons and running races.

What are your favorite aspects of the Clearbrook-Gonvick community? Just the closeness that you feel when you go anywhere in town and you know a friendly face.

And now a word or two about Mr. Lavin from the students...

Why do you think Mr. Lavin decided to teach?

"He likes math." "Because he needed a fun job." "He needed something to do and wanted to make extra money." "To help people." "We needed a math teacher and he likes to educate young adults." "He is really good at math." "I think that he just decided that he would like to do it." "I think Mr. Lavin decided to teach because he really loves math and he really loves teaching it." "He is really good at math."

What do you think Mr. Lavin does when he is not teaching here at school?

"He is running." "Run." "I think he runs and helps his kids with their homework." "Spends time with his family." "Running, reading, and spending time with his family." "Runs like Forrest Gump." "Runs and spends time with his family." "I think Mr. Lavin is running when he is not teaching because he is crazy good at it." "Running for exercise."

What do you think Mr. Lavin was like in High School? "A nerd." "He was maybe smart in math and bad in everything else." "He probably had a mullet and was in a rock band." "Super great athlete; excelled at school work." "A nerdy jock."

"I think he was quiet, shy, and very smart." "I think Mr. Lavin was very shy in high school and very good at school, too." "A track athlete that loved math." "Really liked Math."

What is the best thing about Mr. Lavin? "He's funny." "He is funny and a great track coach." "He gives people Jolly Ranchers." "He is a laid back teacher, but makes sure we get our work done and willingly finds a different way of teaching when we don't understand the material." "Humorous Math jokes." "He is always respectful." "The best thing about Mr. Lavin is that he is really funny and has really good comebacks." "He is funny." "He is really funny."

If Mr. Lavin was not a teacher, what job do you think he would have? Why? "A long distance running coach." "He would be a track coach because he runs a lot." "Carpenter - he did that before he taught." "Track Coach. He loves to run and he's good at teaching people."

Continued on page 4



The Clearbrook-Gonvick Girls Basketball team was honored at the Winter Sports banquet on Monday, April 13. Shown in the front row: Mikayla Johnson, Sam Mart, Alison Johnson, Rachel Gray, Cami Johnson, Cassie Faldet, and Madelynne Faldet. Back row from left to right: BrynnHetland, Tamara Skinaway, Carlie Bergerson, Hannah Lavin, Liz Bodensteiner, Lydia Lindenfelser, Madison Stenzel and Rachel Spray. See information on the front page.

Business & Professional Guide

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Corrine's Corner

By Corrine Richards

The Clearbrook American Legion along with the Veterans Memorial Committee will be sponsoring a "Night at the Races" April 25. See ad on page 2 for more information.

The boys basketball team this year at Clearbrook-Gonvick had an assistant coach with a familiar name. Sam Weaver, is the son of Jeff Weaver who used to be the

band instructor at the Gonvick-Trail School.

Spring Cleanup Week in Gonvick is April 20 to 26. Have your items by the curb for pick-up. A reminder that the following items will not be picked up: paint, chemicals, hazardous waste, pesticides, yard waste, tires, computer monitors, fluorescent bulbs and TVs.

Important Information Regarding Assessment and Classification of Property

This may affect your 2016 property tax payments.

Notice is hereby given that the Board of Appeal and Equalization of Gully Township shall meet on April 27th, 2015, 1:00 pm, at the Town hall. The purpose of this meeting is to determine whether taxable property in the jurisdiction has been properly valued and classified by the assessor, and to determine whether corrections need to be made.

If you believe the value or classification of your property is incorrect, please contact your assessor's office to discuss your concerns. If you are still not satisfied with the valuation or classification after discussing it with your assessor, you may appear before the local board of appeal and equalization. The board shall review the valuation, classification, or both if necessary, and shall correct it as needed. Generally, an appearance before your local board of appeal and equalization is required by law before an appeal can be taken to the county board of appeal and equalization.

Given under my hand this 10th of February, 2015.
Carole J. Tharldson, Clerk of the township of Gully

R4C

Legal Notice

SOLICITATION FOR QUOTES

Judicial Ditch 72 Grade Stabilization
Red Lake Watershed District/
Clearwater SWCD
Red Lake Watershed District
Project 4 1

The Board of Managers of the Red Lake Watershed District will receive sealed quotes until **10:00 a.m. local time on the 14th day of May, 2015**, at the office of the Red Lake Watershed District, 1000 Pennington Avenue South, Thief River Falls, MN, 56701 at which time the quotes will be publicly opened and read, for the supplying of all labor and materials necessary for the Judicial Ditch 72 Grade Stabilization located in:

Section 19; Township 150 North;
Range 38 West
Clearwater County, Minnesota.

The scope of work consists of furnishing and installing the approximate quantities which are shown in the "Contract Documents" which may be examined at the following locations:

Red Lake Watershed District, 1000 Pennington Ave. South, Thief River Falls, MN 56701
Clearwater County SWCD, 312 Main Ave Suite 3, Bagley, MN 56621

A summary of the major quantities for the project is shown below:

Common Excavation 3800 Cu Yds
60" CS Pipe Culvert 89 Lin Ft
Random Rip Rap CL II 12 Cu Yds
Random Rip Rap CL IV 130 Cu Yds
Seeding 2 Acres
Sediment Control Log Straw 2700 Lin Ft

Erosion Control Blanket Cat 3 6500 Sq Yds

Complete digital project bidding documents are available at www.questcdn.com. You may download the digital plan documents for \$10.00 by inputting **Quest project# 3854238** on the website's Project Search page. Please contact QuestCDN.com at 952-233-1632 or info@questcdn.com

R4C

Items they will pick up are various metals such as: bikes, trikes, swing-sets, mattresses and box springs, carpet, appliances, furniture.

The brush dump behind the sewer plant will be open to accept yard waste only. If you have a questions on what can be placed call the City Clerk at 487-5243.

Friday, May 1 is the 8th Annual Light up Lake Lomond fundraiser. Food, wine, beer and spirit tasting at the Fireside Grill and Patio from 4:30 to 7:30 p.m. The fundraiser supports Bagley July 4th Fireworks fun and other events. It is sponsored by the Tuesday Study Club and all proceeds stay in Clearwater County. Live music by "Bad Bacon" and samples of foods, wine and beer from local businesses and vendors. There are other community raffle tables with fun stuff for a silent auction.

Kandi's Kitchen in Gonvick is open early for breakfast in the morning. They also have Senior meal day on Monday as well as on Wednesday. Part of the price of the meal is paid for from the Gonvick Diamond Jubilee. Seniors only pay part of the cost of the meal. Good deal.

Joke time..

I won't pick on the Norwegians this week. An immigrant from Poland who was married to an American barged into the police station out of breath. "My wife, she's trying to kill me!" he stammered. "Are you absolutely sure?" questioned the police officer. "Of course I'm sure," he countered. "You think I look dumb? Look what I found in her purse!" he said, pulling a bottle out of his pocket that read POLISH REMOVER.

From my email...

In Champlin, Minnesota, lives an unassuming mild mannered man, that has spent a good portion of his 82 years writing, recording, and performing vintage country music songs. Red Johnson was recently notified he would be having one of his songs used in one of televisions most popular series, the national CBS show "NCIS" a well written drama about the Navy Criminal Investigative Service. The song popped up in the Tuesday night (April 7th) show, entitled "No Good Deed," which of course aired nationwide.

Many of Red's friends and fans were watching, and listening, intently, and there it was in the first fifteen minutes of the program. It happened while investigators were interrogating a gas station attendant. Plainly in the background, fading in and out behind the interrogation, Red Johnson was singing a song he wrote about a stripper, entitled "Mrs. Johnson."

He wrote that song in the late 60's and recorded it in 1973 in Nashville, Tennessee, with some excellent players, Johnny Gimble played fiddle on that session.

Regional Ag News

Jim Stordahl, Extension Educator

Options for Winter killed Alfalfa

After a mostly open winter, some areas of Minnesota are reporting winter damaged alfalfa stands, leaving farmers wondering about their forage options.

Interseeding back with alfalfa is risky due to a variety of factors, but mostly the risk of auto-toxicity. The level of auto-toxicity is greater in older stands (3+ years) than in younger stands. While interseeding has been successful on rare occasions, it is generally not a practice we recommend.

According to Dan Under-sander, University of Wisconsin Forage Agronomist, a small grain-field pea mixture may be the best choice for those needing forage in early/mid summer. The primary benefit of peas mixed with small grains is to improve quality; yield effects are variable ranging from 0 to 0.5 t/a. increase. Peas may be mixed with oats, triticale, or barley. Barley tends to be ready to harvest earlier than the other two species.

There does not appear to be a best species - the top yielding varieties of each species perform better than the poorer yielding varieties of all other small grain species. Small grain-pea mixtures have a wider harvest window. The recommended seeding rate for optimum yield and quality are for 10-15 oat seeds/ft² (60 lb/a) and 4 pea seeds/ft² (50 lb/a) of Trapper peas. Size of pea seed varies greatly among varieties and poundage rate should be increased as pea size increases to keep the same seeding rate (4 seeds/sq ft).

Whether the small grain is planted alone or mixed with peas, the forage should be harvested based on the maturity stage of the small grain. These mixtures should be harvested at the late boot (few heads showing) for lactating dairy cows and soft dough stage for heifers and beef cattle.

Italian Ryegrass may be another option to thicken an existing stand. However, this may work best if you have access to a no-till drill. The downside of IRG is that it's difficult to harvest as dry hay; it is best harvested by a grazing animal, baleage or haylage. If planted into moisture, it should be ready to harvest about 50 to 60 days after seeding. With adequate moisture, you should be able to harvest two to three crops before winter. IRG will stay green long into the fall and can be grazed as stockpiled forage.

Corn silage is another good choice because of high yield, good quality, and familiarity. Two other choices are sorghum-sudangrass hybrids (for hay or silage) and sudangrass (for hay or grazing). These crops do well in drought. They need high temperatures to produced good yield and will yield little in cool years. The sorghum-sudangrasses and sudangrasses should be seeded at 20 to 30 lbs/acre. They can be cut whenever they reach

about 30 inches height for high quality or 36 inches height for heifers and beef cattle. Plants should be cut at 6 inch height if expecting regrowth. Foxtail or pearl millets are another choice provided that seed is available.

Forage sorghums are normally drilled at 12 to 15 lbs/a into 20 to 30 inches rows and harvested as corn silage would be. When planted late, forage sorghums will likely need to be killed by frost to dry sufficiently for ensiling. Do not harvest within 1 week of a kill-

ing frost to reduce potential for prussic acid poisoning. Forage sorghums may not be the best choice if the year is average to cool in temperature. Turnips can be planted anytime during the season and harvested about 45 days later by grazing. This forage is generally not harvested for hay or silage due to the low yield. After 1 or 2 grazings, the turnips can be dug (with a disc) and they can be grazed. Turnips are high in copper and may be detrimental to sheep.

For more information, contact me at 800-450-2465 or stordahl@umn.edu. Source: University of Wisconsin.

Crop	Maturity Date	Crude		
		Yield (t/a)	Protein (%)	RFV
Forage needed in early July				
Oats & peas late June		2.5-3.0	16-20	120-135
Spring triticale & peas mid-July		2.5-3.0	16-20	120-135
Barley & peas mid-June		2.5-3.0	16-20	120-135
Oats late June		2.5-3.0	13-16	100-120
Spring triticale mid-July		2.5-3.0	13-16	100-120
Barley mid-June		2.5-3.0	13-16	100-120
Total-season forage				
Alfalfa w/ cover crop late June		4.0-6.0	16-22	120-150
Corn silage mid-Sept.		5.0-8.0	9.0-10.0	95-105

PLEASE JOIN US on...

Thursday, April 30th

for an

Open House

in honor of Sheryll Petterson's retirement after 26 years of service at Northern State Bank, Gonvick.

Cake & coffee will be served from 9:00 am-3:00 pm.



Roberta Braaten prepares to have her blood drawn at the Clearbrook Community Center.

Don't throw away valuable resources!

A study by the Minnesota Pollution Control Agency (MPCA) shows that in Minnesota we are:

- Throwing away 3.6 million pounds of aluminum cans daily;
- Discarding over 1 billion pounds of recyclable paper per year;
- Wasting 41 million pounds of PETE beverage container plastic in a year.

Don't waste opportunity along with your recyclables!

We are literally throwing away valuable resources that fuel jobs and economic activity; we're burying opportunity in landfills and burning it in incinerators.

Approximately 37,000 jobs in Minnesota are directly and indirectly supported by the recycling industry.

In 2010, Minnesota recycling programs collected about 2.5 million tons of material worth \$690 million.

It cost Minnesota over \$200 million to throw away 1 million tons of recyclable material. This could have been recycled instead for an additional estimated value of \$217 million.

Do Your Part and Utilize Clearwater County's Recycling Bins! They are conveniently located by the Fairgrounds (south end by Highway Dept. Building) and in Clearbrook by the Highway Dept. Building.

Thank You for Helping Our Environment and Economy

Call us for answers to your recycling questions
Clearwater County Environmental Services
218-694-6183

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