



Wed
Snow
H 34 L 14

Thurs
Cloudy
H 25 L 9

Fri
Mostly Sunny
H 27 L 16

Sat
Partly Sunny
H 31 L 19

Sun
Mostly Sunny
H 41 L 28

Wednesday, March 6, 2024

WE'RE ONLINE www.tricocanary.com

Vol. 48 Number 3

In this issue: Fourtown/Grygla Sportman's Club will hold 6th Annual Fun Run.

Girls basketball season ends with record of 8-17



Storm players double team Nevaeh Kotrba during the last game of the season last week in Argyle. GG lost to SAC 30-54. *Photos by Grygla Eagle Newspaper*

#10 Seed Goodridge/Grygla played #7 Seed Stephen/Argyle on Monday, February 26th, in the 2024 Section 8A Girls Basketball Playoffs. The Chargers traveled to Argyle to play the Storm, but their season came to an end after losing 30-54.

Coach Elroy Johnsrud says, "We were one girl down tonight, but the girls played hard. I thought we played hard, rebounded well, and handled the ball. The only thing that hurt us was shoot-

ing 23%. I would like to thank our only senior, Morgan Underdahl, for coming over to Goodridge. She was always trying hard, making people laugh, and very coachable. She will be missed next year."

Leading the Chargers and the Storm for highest points was Grygla Junior Anna Sundberg with 14 points. Morgan Underdahl: 6 points; Ashlyn Nelson: 5 points. Brooklyn Kriel: 3 points. Janessa Torgerson: 2 points.

Charger boys head into playoffs with a 20-6 record



Chargers beat Warroad in Grygla last week, 89-74. *Photos by Grygla Eagle Newspaper*

Congratulations to the Charger boys on being the first boys team with a 20 win season. Their final record was 20-6.

Also, a big congratulations to Lewis Jones and Blake Rychlock on receiving North Star All Conference. Lewis Jones also was named Player of the Year, while Andrew Sundberg was named Coach of the Year. What an honor!

The Section 8A BBB Tournament seeding took place today with our boys earning the 3 seed in the West Subsection. They will play the 6th seeded WAO Ponies on Thursday, March 7th, at 7:45 p.m. at NCTC in Thief River Falls.

If they win that night, the Quarterfinals game will be on Saturday, March 9th. Watch for more information on the date, time, and location.

Charger stats from last Thursday, February 29th, are below. The Chargers hosted Warroad in Grygla and defeated the Warriors 89-74.

Stats - Blake Rychlock (24 pts, 13 reb, 4 asst), Shay Jacobson (4 pts), Spencer Coan (9 pts, 5 reb, 6 asst), Christian Loken (2

pts), Carson Rubischko (5 pts, 5 reb), Landon Nordby (1 pt), Lewis Jones (40 pts, 4 reb, 4 asst, 5 steals), Trustin Wiseth (2 pts), Russell Rian (2 pts, 6 reb), Gavin Aune (3 reb)

Coach Sundberg's comments: "The Chargers wrapped up the regular season with our final home game and Senior Night. This senior class has accomplished a ton and has always represented our communities well. They wrapped up their home careers playing some of our best basketball of the season in the first half. We defended well and shot extremely well in the first half. Lewis made 8 3's, Spencer had a very impressive all-around game, and Blake had a great game on both ends of the floor. We also had some young guys come off the bench and give some nice contributions. It was a great end to the year as both the JH and JV teams finished nice seasons with wins as well!

We now move onto playoff time! We will face the red hot WAO Ponies at Northland Thursday night at 7:45. We hope to see a lot of Charger fans in the stands!



The Chargers wrapped up the regular season last week with their final home game and Senior Night on Thursday. The pepband came out in full force during warm-ups! Students from both Goodridge and Grygla Schools played prior to the game. *Photos by Grygla Eagle Newspaper*



Reminder to set your clocks ahead this Sunday.



Triplets were born out on the Brobst farm! Not only that, but on a Leap Year! What are the odds of that!? *Photo courtesy of Katie Brobst*



Taylor McManus made this sign in Mr. Rath's class (at the request of Mr. Mumm) and did a phenomenal job. The sign will hang in the Grygla School, serving as a good reminder of all the things that take no talent. *Photos courtesy of Jeff Mumm*



• CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Marilyn Grafstrom
Recorded services will play on Garden Valley channel 36 on Wednesdays 7pm and Sundays 9am & 7pm.
Wednesday, March 6
High School Release Day; 11am Bible Study, 2:15pm Release Time; 3:30pm FFF Night; 5:30pm Lent Supper; 6pm Grace Choir, 7pm Lent Worship at Grace
Thursday, March 7
9am Grace Quilting
Sunday, March 10
Grace: 9am Worship
OS: 9:30am SS, 10:30am Wor-ship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Wednesday, March 6
6pm Meal with 7pm Lent Wor-ship at Faith
Thursday, March 7
Bethany Ladies meet at 10am
Sunday, March 10
Ekelund: 8am Worship, 9am SS
Faith: 9:30am Worship, 11am SS
Bethany: 10am SS, 11am Worship
Monday, March 11
Faith Quilting 9am-2pm

THE CATHOLIC COMMUNITIES OF

St. Clement's – Grygla; St. Ann's – Goodridge
Fr. Bryan Kujawa
Sundays:
St. Clement's: 11:45am Worship
St. Ann's: 10am Worship

BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sunday, March 10
8am Worship
UNITED LUTHERAN PARISH
Gatzke
Pastor Tim Lundeen
Sundays
8:30am Worship
Monday, March 11
Ladies Aid 1pm
Quilting every Monday through March

CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee
Pastor Jeff Merseth
Wednesday, March 6
Wed. School 5pm; 6pm meal at OP, 7pm OP Lent
Thursday, March 7
St. Petri 6:30pm
Saturday, March 9
Mt. Olive Worship 9am
Sunday, March 10
Nazareth: 9:45am Worship w/ 8:45am SS
Oak Park: 10am SS, 11am Worship.

Community Calendar

Wed | March 6
Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm
Thurs | March 7
Chargers boys at NCTC vs. WAO 7:45pm
Fri | March 8
Senior Meals at Grain Bin Café 11am
Sat | March 9
TBD Quarterfinals Section 8A BBB
Sun | March 10
Daylight Saving Time Begins
Mon | March 11
Senior Meals at Grain Bin Café 11am; Grygla City Council Meeting 7pm

6th Annual Fun Run

The Fourtown/Grygla Sportsman's Club will be hosting their 6th Annual Fun Run on Saturday, March 23rd, at 6pm at Fourtown. \$20/entry fee (includes meal). All proceeds will go towards new playground equipment at Grande Corner.
Game stops include: Goodridge Muni, The Hound, Gravel Pit/Grande Corner, TBD, TBD, and Fourtown.
Rules: Complete 5 stops (all 6 stops gets you an extra card), return to Fourtown by 6pm with game stop pictures, registration open until 6pm and includes meal, start at any location and time. 1st place prize of \$250, 2nd place prize of \$100, 3rd place prize of \$50.

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Kari Sundberg- EDITOR
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Spruce Grove Township Meeting
March 12th at 5pm at Grande Corner

Garden Club Luncheon

Spring is in the air! At least that's what it feels like out there! The Grygla Garden Club is hosting their luncheon on Saturday, March 16th, at The Hound at 10:30am. A light lunch will be served (soup & sandwich) for \$15/person. During the luncheon, Grygla Garden Club members, Lisa Erickson and Joni Anderson, will be giving a presentation. Mark your calendars and bring friends!

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NOTICE
Notice is hereby given to qualified voters of Steenerson Township that the Annual Town Meeting and Election of Officers will be held Tuesday, March 12th, 2024, at the Steenerson Town Hall 5:00 pm. Voters will Elect a Supervisor (3 yr. term) and Clerk (2 yr. term).
In case of inclement weather the meeting will be held the following Tuesday at the same time and place.
Thank you,
Darlyne Roen, Clerk

Eckvold Township Annual Meeting
Tuesday, March 12, 5:00 p.m.
At the town hall.

Graduation Banners and Posters available
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City of Grygla
Minutes/Agendas avail.

POSITIONS AVAILABLE

The following coaching positions are open for the Goodridge/ Grygla Chargers: Head Volleyball Coach, 2 Junior High Volleyball Coaching Positions, and 1 Junior High Football Coach. Please contact AD Tom Loberg @ 218-378-4134 or AD Jeff Mumm @ 218-294-6155 if you have any questions or to apply. Positions are open until filled.



G50-S1C

Grygla School will be accepting sealed bids on the following items:

25" Northfield No.7 Wood Planer
7.5 Hp 3 phase Motor. Weighs Approximately 3,000 lbs Pictured.



2007 International School Bus
466 Diesel Engine, 248,072 miles
If you have questions call Jake at 218-684-0656

Bids will be accepted up until our March 21st board meeting at 7 pm where they will be opened. The Grygla Board of Education will accept in-person counter bids at the meeting.

G51-S2C

Upcoming community meals

Grygla Merchant's Breakfast
The Grygla Merchant's will be serving their free customer appreciation breakfast on Saturday, March 16th, from 7-10am at the Grygla Community Center. Everyone is invited to go fill up on pancakes and sausage!
Spring Opener
The Goodridge Lion Tamers "Spring Opener" is set for Saturday, March 23rd, at the Lion's Hall. Refreshments and Hors d'oeuvres from 7pm-12am. Tickets are being sold for \$40. Ticket holder must be 21 or over. Need not be present to win. (Wear pink for a bonus chance to win!)
Firemen's Supper
GOOD GRAVY! Literally. Those Grygla Firemen sure know how to do it. Along with

the gravy, you'll get mashed potatoes, roast beef, ham, coleslaw and corn. The annual supper will be on Sunday, April 7, from 4-7pm at the Grygla Community Center. This year's cost has not been set yet – watch for more information to come.
Grygla Lion's Smelt Fry
ALL YOU CAN EAT! The Grygla Lion's Smelt Fry is set for Saturday, April 13, from 4-8pm at the Grygla Community Center. In addition to smelt, your meal ticket also gets you baked potatoes, baked beans, coleslaw and dinner rolls.
Goodridge Lion's Smelt Fry
The 42nd Annual Goodridge Lion's Consignment Auction Sale and Smelt Fry will be held on Saturday, April 20th. More details to come.

MINNIE TOWNSHIP NOTICE OF ELECTION AND ANNUAL MEETING
Minnie Township election of officers will be held at Minnie Town Hall 65964 Fourtown Road NW on March 12th, 2024 between 12:00 PM and 3:00 PM. Annual meeting will follow at 3:00 PM at the same location.
TOWN OFFICES TO BE ELECTED ARE:
SUPERVISOR FOR 3-YEAR TERM
CLERK FOR 2-YEAR TERM
MINNIE TOWNSHIP
RAY HENDRICKSON, CLERK
3/1/2024

G51C

Elementary basketball/ECFE Night

The Grygla School ECFE will be holding their BBQ fundraiser supper on the same night as Elementary Basketball Night on Thursday, March 28th, from 5:30-7pm. Funds raised will go to ECFE, which pays for programming for the

year, as well as funds the area's share of the Dolly Parton's Imagination Library.
In conjunction with the supper, there will be a raffle as well. If anyone would like to donate an item or a basket for the raffle, or make a monetary

donation to the ECFE program, please contact the Grygla School at 294-6155.
Elementary basketball games will be played all evening with a schedule to come. Please come in the gym lobby entrance.

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CROSSWORD

1	2	3	4	5	6	7	8	9	10	11	12
13					14			15			
16					17			18			
19				20		21	22				
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64											
65						66	67		68		
69						70			71		
72						73			74		

StatePoint Crossword Theme: March Madness

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ACROSS
1. Window addition?
6. Huge software company
9. Spill the beans
13. Watcher
14. Acronym, abbr.
15. Words to live by
16. Ocean-dwelling ____ ray
17. Polynesian necklace
18. "Once upon a midnight dreary" bird
19. *Fill-in-the-blanks, March Madness style
21. *"One ____ Moment"
23. Like jalapeño
24. Give off
25. Bean counter?

28. *Dominate opponent, slangily
30. ____-elimination tournament
35. Bricklayers' carrier
37. Wood sorrels
39. Jeweler's unit
40. Alight, past tense
41. Swings around
43. Spice Girl
44. Bubonic plague carriers
46. Away from wind
47. D'Artagnan's sword
48. *Elite Eight, or the ____ round of tournament
50. Bono's bandmate, with The
52. Make a mistake
53. Landlord's due
55. Small lump
57. *State Farm Stadium state

61. *Not pro
65. Chocolate substitute
66. Hot temper
68. Derived from oats
69. Cuckoo
70. Sir George Ivan Morrison's stage name
71. Baby at a recital
72. Have supper
73. Young newt
74. Many affirmatives

DOWN
1. Brush alternative
2. Culture-growing turf
3. Long forearm bone
4. Satyr
5. City in Poland
6. *Delta Center location: ____ Lake City
7. Hole-in-one
8. Type of polyhedron
9. Raisin's breakfast companion
10. Denim innovator
11. Port in Yemen
12. Token's pipe
15. Professional reviewer
20. Not pathos
22. Not hers
24. Shoulder rank display
25. Winnowing leftovers
26. Chicken in Mexico
27. Farewell in Paris
29. *School with most NCAA basketball titles
31. Back of the neck
32. Search blindly
33. Lightsaber beam
34. Olden days anesthetic
36. * ____ player
38. Garden starter
42. D.S., in sheet music
45. Dance club light
49. Female chicken
51. Speech at a funeral
54. Lacking guile
56. What speakers do
57. LSD, e.g.
58. Indian princess
59. Turkmenistan's neighbor
60. *Type of defense
61. One tenth of a dime
62. Airline postings, acr.
63. Type of pool
64. What means justify
67. Churchill's "so few"

RESULTS ON PAGE 3

Only in Minnesota: a weekly feature in the Eagle

You won't want to miss the most eye-popping Lady's Slipper bloom in Minnesota this spring

Spring tends to come a little later in Minnesota than in many other places, but by April, we start to see some lovely wildflowers popping in the southern part of the state. However, if you wait just a bit longer – toward the end of May and into June, when spring starts thinking about putting on its summer clothes – you'll be treated to a favorite wildflower bloom in the Land of

10,000 Lakes. It's this time of year when we start to see Lady's Slippers in Minnesota, and there's one spot, in particular, where they're not only spectacular, they're incredibly accessible. Head on over to the Lady Slipper Scenic Byway and see for yourself!

The Lady Slipper Scenic Byway runs between Blackduck and U.S. Route 2 on the east side of Cass Lake. Starting in late May and running through June, keep your eyes peeled and scan the roadsides for Lady's Slippers, which are orchids

that are native in Minnesota. In fact, the Showy Lady's Slipper is our state flower.

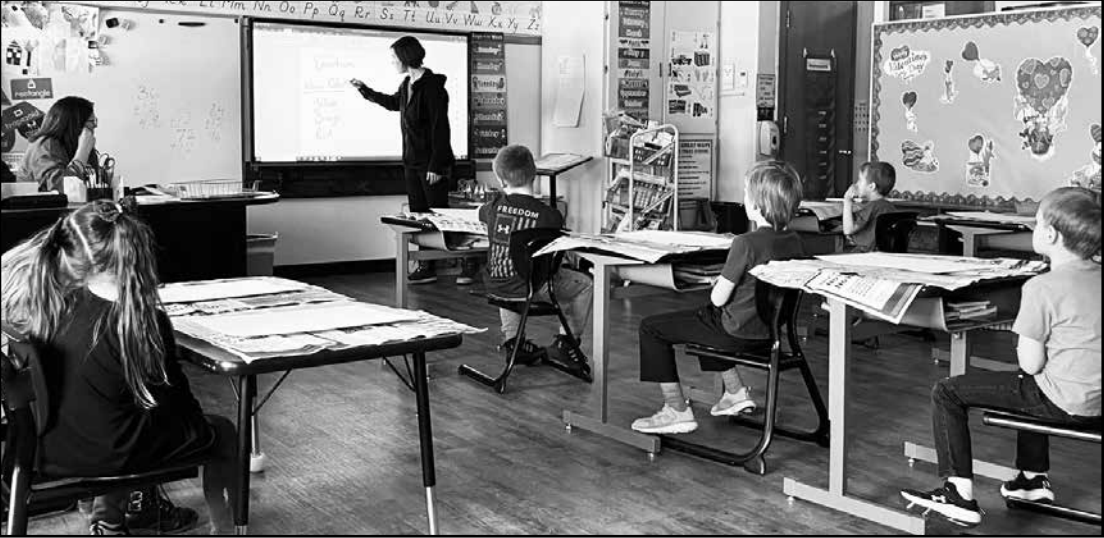
As you reach Pennington township, just north of where the byway crosses the still-tiny Mississippi River, you'll find a rest area. It's more than just a rest area, though. There's also a boardwalk trail into the boggy woods where you can see them up close for yourself. During the late spring, orchids bloom all along the boardwalk. In late May and early June, you'll start to see pink Lady's Slippers. Yellow Lady's Slip-

pers - both large and small - start to arrive around then, as well. Later in the season, in mid-June, start looking for the stars of the show: Showy Lady's Slippers. It's always wonderful to hit that mid-June sweet spot when you'll find all of the varieties in bloom at the same time!

Plan to make a trip to the Lady Slipper Scenic Byway this spring. With its location right on the edge of the Chippewa National Forest, this part of the state is simply gorgeous – and it's perfect for a weekend getaway.



What's new at the Grygla School



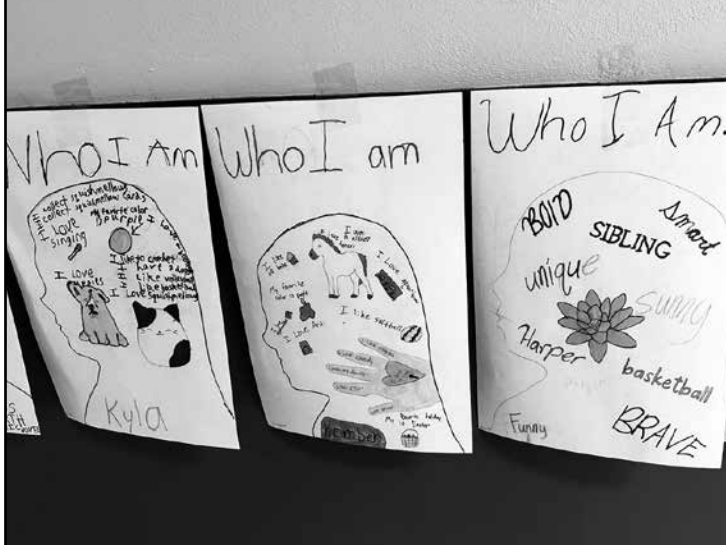
Students enjoy “Art with Alyssa” at the Grygla School.



Congratulations to the Grygla Band for achieving “Excellent” ratings at the large group contests in Roseau on February 21st.



Left: The Grygla Jr. High Knowledge Bowl Team recently traveled to Roseau and earned a fifth place ribbon. Right: Aria Saurdiff won the District Spelling Bee and represented Grygla in the Regional Spelling Bee that was held in Thief River Falls on February 7th.



Katelyn Larson, Grygla School Social Worker, has been busy working with student groups the last few weeks. K-3rd grade social/emotional learning groups are now equipped with coping skills to use for many different emotions. 4th-5th grade learned about what makes them who they are. They also learned about the importance of speaking kindly about themselves and positive affirmations.

Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

Pawky

Adjective
Cunning; sly.

Paw-kee

C	A	U	L	K		S	A	P		B	L	A	B
O	G	L	E	R		A	C	R		C	R	E	D
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D	I	N	E			E	F	T		Y	E	S	E

Results from the StatePoint Crossword puzzle on page 2.

SIMPLY DELICIOUS

By Kari Sundberg, Eagle Editor

Breakfast Rolls

These breakfast rolls are filled with scrambled eggs, bacon, sausage, and cheese then rolled in homemade dough and baked to perfection.

Ingredients

- 1 cup warm water
- 1 TBSP yeast
- 1 TBSP sugar
- 1 TBSP oil
- 1 tsp salt
- 2 1/2- 3 cups flour
- 2 TBSP melted butter
- 2 cups shredded Cheddar Jack cheese
- 12-15 cooked sliced of thin bacon chopped
- 6 cooked breakfast sausages chopped
- 4 large eggs scrambled

Instructions

Combine warm water, yeast and sugar in a mixing bowl and let sit for about 3-4 minutes, until yeast is bubbling up. Add in oil, salt and flour. Start with 2 1/2 cups of flour, then add more until the dough cleans the sides of the mixing bowl. I use a mixer for this part as it makes it just so much easier. Continue mixing for an additional 3-4 minutes, then cover

with plastic wrap and let sit in a warm place for 15 minutes.

Preheat oven to 400 degrees F. Spray counter-top with non-stick cooking spray and roll dough out into a large rectangle. Brush dough with melted butter, then spread with scrambled eggs. Sprinkle the shredded cheese on top (reserving about 1/2 cup for later), then spread bacon and sausage.

Starting with one of the long sides of the rectangle, roll dough up tightly, working from one end to the other end horizontally, then back again. Pinch the seams closed at the end. Cut 1 1/2" sections of dough from the large roll. This will result in about 15 rolls.

Set rolls on a large, greased baking sheet. Bake for 12-14 minutes. Remove from oven and top rolls with remaining 1/2 cup cheese. Return to oven for an additional 1-2 minutes, until cheese is melted, and rolls are just beginning to turn golden brown.

Brush with melted butter again, if desired. Serve warm. Store leftovers in the fridge in an airtight container.



Strategic Farming: Let's talk crops

Thirsty cover crops

Cover crops are thirsty, but they also protect the soil surface and provide other benefits. How does this push-pull relationship play out in a drought year?

Dan Smith, nutrient and pest management outreach specialist at the University of Wisconsin, dug into their 2023 cropping systems study for some answers in June. Corn plants from the full tillage treatment were taller, but the roots and soil were powder dry. Some soil moisture was retained in no-till, but it was still very dry. "What surprised me the most," stated Smith, "was that there was soil moisture and good soil structure in the top 2-inches of the planting green treatment." In this treatment, corn was planted into 12-inch-tall cereal rye. Rather than stealing all of the moisture, the rye helped retain more soil moisture instead.

Deciding when to terminate a cover crop is challenging. If the goal is to maximize biomass, competition could compromise both the cash crop and soil moisture in a dry year. Wisconsin studies looked at three rye termination times in both corn and soybeans: 2 weeks before, at planting, and 2 weeks after planting. Corn grain and silage yields were reduced when rye was terminated at and after planting. However, when rye was terminated two weeks before planting, yields were equal with those in conventional tillage and no-till. As a result, Smith recommends terminating the rye before planting to avoid competition in a dry year.

Soybeans yielded only slightly less at high levels of biomass. Soybeans seem to be impacted less by cover crops and soil moisture concerns than corn is.

In a similar planting green study in soybean in Minnesota, yields were significantly reduced with late rye termination. However, Dr. Anna Cates, state soil health specialist, suspects it was due to planting and other issues rather than the biomass itself since little had been produced. In five of six study sites, pre-plant termination protected soybean yield.

In heavy residue systems, planter issues can follow, particularly in a dry year when planting at the right depth is challenging. However, unless a planter is severely worn out, Smith doesn't recommend buying a new one for cover crops. Instead, he suggests making planter adjustments, such as upgrading the double disc openers and closing wheels. Other tools, like hydraulic down pressure, air down pressure, variable air ride and row cleaning wheels may also be helpful.

Because the gauge wheels ride on top of the residue, the planter seeding depth may need adjustment. To make sure it is operating correctly, and rows are getting closed, tie up the closing wheels, run the planter for 10 to 15 feet, then examine the row for proper seed spacing and two-inch corn seeding depth.

Let's talk crops... Continued on back

Let's talk crops...
Continued from page 3

Cereal rye should be planted by mid-September in Minnesota for optimal seeding success and biomass production. Once into October, successful establishment and biomass production declines.

Seeding rate studies are ongoing. In Wisconsin, Smith seeds a bushel of rye to maximize biomass, but if the goal is to simply protect soil, 20 pounds of rye per acre after crop harvest may be adequate. Minnesota studies suggest that seeding rates above 60 pounds per acre are not needed.

Why cereal rye? "It's reliable for both establishment and getting decent growth in the short corn-soybean rotation window," explains Cates. It's also relatively inexpensive and usually readily available.

More diverse mixes are more appropriate with a longer window, such as after corn silage or small grains, or when interseeding into corn. A mix with a brassica, oats or a legume has the added advantage of not needing to terminate a grass in the spring.

Develop a strong plan to manage soil structure, soil fertility, crop pests and variety selection to increase long-term resilience under dry conditions. Consider incorporating cover crops, reducing soil disturbance and adding other crops into the rotation to build soil health and resilience.

If 2024 remains dry, Smith recommends terminating cover crops 10 to 14 days before planting to reduce competition with the crop. Cates agrees, "If you're going to err, it might be wise to err on the early side."

For more information from University of Minnesota Extension, visit extension.umn.edu/crop-production.

Thanks to the Soybean Research and Promotion Council and the Corn Research and Promotion Council for their generous support of this program.

For more news from U of M Extension, visit <https://www.extension.umn.edu/news> or contact Extension Communications at extdigest@umn.edu. University of Minnesota Extension is an equal opportunity educator and employer.



Shay Jacobson during the JV game against Warroad. Photo by Grygla Eagle



This shot pulled on the heart strings. Grygla Senior Christian Loken has been out with a knee injury, unable to play this season. During last week's Senior Night and last home game, Grygla and Warroad arranged for Christian to start the game, play for a few seconds, get the ball right away, and score his last points as a Charger basketball player. Photo by Grygla Eagle

Grygla Elementary Intramurals



Grygla Elementary Intramurals came to an end last week. Above left: Wranglers took 1st place. Above right: Vipers placed 2nd. Pictured below are the Blue Flames who took 3rd (left) and the Yellowjackets who took 4th (right). Photos courtesy of Brady Olson



Oliver Smeby (above left) at the free throw line during Elementary Intramurals. Action shots courtesy of Gretchen Smeby



The 7th grade Charger girls took 1st place in the Universal Screen Print basketball tournament that was held in Thief River Falls recently. Photo courtesy of Lolit Neuschwander



L-R: Ashlyn Nelson hands the ball off to Brooklyn Kriel. Landon Nordby on Chargers offense. #25 Anna Sundberg with the rebound.