

GRYGLA EAGLE



Wed Cloudy H 37 L 28	Thurs Partly Cloudy H 33 L 26	Fri Sunny H 34 L 24	Sat Cloudy H 23 L 18	Sun Cloudy H 20 L 13



Wednesday, December 27, 2023 WE'RE ONLINE www.tricocanary.com Vol. 47 Number 27

This colored issue is sponsored by Machinewell, Inc.

**HAPPY
NEW
YEAR
2024**

Bladen Nordby

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**HAPPY
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ASB**

AMERICAN STATE BANK & AGENCY
American State Bank will be closed
Monday, January 1st, 2024

**HAPPY
NEW
YEAR**

Conrad Boutain

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School Board approves November Minutes

Grygla School Board Meeting on Thursday, November 16th, 2023, 7:00 p.m. Chairperson of the board Jeremy Rychlock called the meeting to order at 7:00 pm with James Verbout, Tera Nordby, Clinton Brobst, Gretchen Smeby, and acting superintendent Derek Gieseke present. Teacher Andrew Sundberg and students Addison Severts and Owen Larson were also present.

Passed 6-0. Minutes of the October 18th Regular School Board Meeting and November 6th Special Board Meeting are approved as printed. Motion by Andy Oslund, second by Gretchen Smeby to approve payment of the bills check #39957 through check #40028, p-card payments and wire payments. Passed 6-0. Finance Report: General Fund: \$304, 204.42 (Food Service \$10,465.49, Community Service \$211.33, Student Ac-

School Board Mins... Continued on page 2

Grygla Lions deliver Christmas meals

A long-standing Christmas tradition in Grygla is the Lion's Christmas Dinner, though it has changed a bit in recent years. Instead of a sit-down dinner, meals are now prepared at the Grain Bin Cafe and delivered to homes.

Members of the Lion's Club met last Friday at the cafe where they helped dish up, package, and deliver traditional Christmas meals to those in the area. *Photos courtesy of Leann Wikert*



Ronnie Kiesow, who is on the Garden Valley Board of Directors, presents a check to Joni Anderson, who is accepting the \$1,000 donation on behalf of the Grygla/Gatzke Food Shelf. *Photo courtesy of GVT*

GVT donates to local food shelves

Garden Valley Technologies is proud to donate \$10,000 to local food shelves, with \$1,000 of the donation distributed directly to each food shelf in their service areas. The Garden Valley Technologies Board of Directors recently approved donating \$1,000 to 10 local food shelves throughout the GVT service area. This decision reflects GVT's commitment to supporting those in need and giving back to the community that has been an integral part of the cooperative's success. Throughout 2023, GVT will have donated over \$10,900 to local food shelves through this initiative and donation requests. GVT recognizes the vital role that food shelves play in ensuring that everyone in the

Food Shelf donation... Continued on page 2

**HAPPY
NEW YEAR
2024**

Terry & Kim Clevén

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**Fourtown Grygla
Sportsmans Club**

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NEW
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2024**

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• CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Pastor Marilyn Grafstrom
Recorded services will play on Garden Valley channel 36 on Wednesdays 7pm and Sundays 9am & 7pm.
Wednesday, Dec 27
11am Bible Study, 6pm Grace Choir
Sunday, Dec 31
Grace: 9:30am Worship
OS: 8:30am Worship
(Note time change of services)

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith Sunday, Dec 31
11am Joint Worship at Faith

THE CATHOLIC COMMUNITIES OF St. Clement's - Grygla; St. Ann's - Goodridge Fr. Bryan Kujawa
Sundays:

St. Clement's: 10:15am Worship
St. Ann's: 12pm Worship

BETHESDA LUTHERAN CHURCH Skime
Pastor Steve Bliss
Sundays
9:30am Worship

UNITED LUTHERAN PARISH Gatzke
Pastor Tim Lundeen
Sundays
8:30am Worship

CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee
Pastor Jeff Merseeth
Saturday, Dec 30
Mt. Olive Worship 9am
Sunday, Dec 31
St. Petri: 8am Worship
Nazareth: 9:45am Worship
Oak Park: 11am Worship

School Board Mins... Continued from front

tivity \$3,019.95) Total: \$317, 901.19. MDSLAF: \$797,944.26 (Checking \$70,026.27) Total: \$867,970.53

Derek Gieseke presented the financial report. There are 2 larger claims that have not been drawn from ESSER funds to cover the new bus (\$76,000) and plumbing in the girl's locker room (\$15,000). We will be utilizing the rest of the available ESSER funds to cover costs associated with replacing reheat coils that were not included in the heating system put in a year ago.

Student Report: Addison Severts and Owen Larson presented. It was anti-bullying week. Each day had various themes and events. Robotics had their first event on Saturday. Students are getting ready for Winter sports.

Teacher Report: Andrew Sundberg gave the report. Gene Lunsetter reported that several kids were selected for Honor Choir, which was held in Mahanomen. November 30th will be the Senior High Concert. The choir will be singing at Digi-Key on Dec. 7th. The elementary program is December 15th. 2nd grade is working on their "How to Cook a Turkey" letter, which will be put on KTRF Radio. Tina Taus reported that she had 20 cast members for the play "Murder in the House of Horrors."

Principal Report: Speaker Terrance Talley, a motivational speaker, came to the school again and presented to two groups of students. His message was about not giving up, no matter what. There are seven new members in Minnesota Honor Society: Callie Loken, Molly Cullen, Emily Johnson, Anna Sunberg, Allie Sundberg, Addison Severts, and Lakylie Brobst.

Superintendent Report: Athletic Update: The football team lost to Fertile-Beltrami in the State Quarter-Final game. GBB practice started Nov 13, 2023. BBB will start on the 20th. There was a GBB Jam-boree on Saturday, November 18th, which was the same day as the Greg Olson benefit; there were 10 teams that came. Bus Log: One bus was getting an alignment in Karlstad and another will be getting a set of steer tires. We may need to look at bus routes again as stops are added or subtracted. We went from 5 routes last year to 4 this year, so we'll just have to keep an open mind as things adjust. Other: Three people have applied for the part-time business manager position. We will be interviewing those people soon



Charger girls played in Warren last week where they lost to the Ponies. (No stats provided.) Pictured above is the Varsity team during a time out. Photo by Grygla Eagle Newspaper

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Food Shelf donation... Continued from front

community has access to nutritious meals, especially during the holiday season. This donation is a small gesture of their appreciation for the tireless efforts of food shelf organizations and their dedicated volunteers. GVT is deeply rooted in the communities they serve, and they are honored to be able to support the well-being of their neighbors.

The local food shelves supported by the cooperative include: Clearwater County Food Shelf in Bagley, Grace Lutheran Food Shelf in Erskine, Loaves & Fishes Food Shelf in Fosston, Fertile-Beltrami Food Shelf in Fertile, Red Lak Falls Community Food Shelf in Red Lake Falls, Inter-County Community Food Shelf in Oklee, Grygla-Gatzke Food Shelf in Grygla, Thief River Falls Food Shelf in Thief River Falls, Warren Area Food Shelf in Warren, Helping Hands Food Shelf in Mahanomen.

Skating rink update

Just an update on the arena in Grygla - the skating rink is not ready yet. Mayor Ruud said some ice is down, but it's just been too warm to build up enough. However, next week looks to be a little cooler weather, so that should help to speed up the process to get it ready.

U.S.P.S. No. 002330
Grygla Eagle

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Sportsman's Club holiday party

The Fourtown/Grygla Sportsman's Club will be holding their Annual Holiday Party & Membership Supper on Saturday, January 6th, at the Grygla Community Center. Social hour begins at 5pm with dinner at 6pm. To follow, there will be door prize drawings at 7pm and a DJ beginning at 8pm. The meal that night is garlic roast beef, potatoes, salad, and a roll. The cost is \$15/plate. Membership in the club is \$25/single, \$35 family.

Local students invited to Science Fair at BSU

Bemidji State University seeks submissions from students in grades 6-12 for the Northern Minnesota Regional Science Fair, hosted at BSU on February 23, 2024. Particularly for students who attend schools that no longer host local fairs, the fair allows students to register and compete directly in a regional competition and potentially advance to a state-level fair in March.

Students who live in one of 18 northern Minnesota counties — Aitkin, Beltrami, Benton, Cass, Clearwater, Crow Wing, Hubbard, Itasca, Kittson, Koochiching, Lake of the Woods, Marshall, Mille Lacs, Morrison, Pennington, Red Lake, Roseau or Wadena — are eligible to submit projects. Students must register projects before February 7, 2024.

Organizers describe the fair as "a celebration of scientific exploration and innovation," allowing participating students to earn awards in their respective categories. Special prizes will also be awarded for projects demonstrating innovation and potential for real-world impact. Top projects will be promoted to compete at the 86th Annual Minnesota Science and Engineering Fair, March 22, 2024, at the State Fair Grounds in St. Paul, Minnesota.

For those seeking guidance on completing a science fair project and navigating the paperwork, comprehensive tutorials are available on our website, www.bemidjistate.edu/conferences/science-fair/.

"These resources are designed to support students in every step of their scientific journey, from conceptualization to presentation," said Dr. Kjerstin Owens, professor of biology and one of the fair's co-ordinators.

For questions about the fair or to register projects, contact the fair organizers at NorthernMNScienceFair@bemidjistate.edu.

NYE party with pancakes

United Lutheran Church in downtown Gatzke is having their annual New Year's Eve party on Sunday, December 31st. The ever-popular pancake supper will be from 5-7pm, followed by Bingo and fabulous prizes. Everything is a one-time, free-will donation. Come one, come all!



Pictured above is Goodridge Junior, Ashlyn Nelson. Photo by Grygla Eagle Newspaper



Mylee Sjulestad at the free throw line for the Chargers. GG played WAO last week on Tuesday, Dec. 19. Photo by Grygla Eagle Newspaper

Steenerson Township Filing for Township Election Notice

Steenerson Township Filing for Township Election Notice is hereby given to qualified voters of Steenerson Township, Beltrami County, MN, that filing for township officers will be held for a two week period beginning Tuesday, January 2, 2024, and closing Tuesday, January 16th, 2024, at 5 p.m. Filing fee is \$2.00. Affidavits of Candidacy shall be filed with the Town Clerk. Call 218-294-6505 to make an appointment. Offices to be filled at the March 12th, 2024, town meeting are:

Supervisor 3 yr. term
Clerk 2 yr. term

Thank you,
Darlyne Roen, Town Clerk

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	7						
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	4	7				9	2
3			1	7			
							5
	2		7	4		8	9
					8		3

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.
Results shared on page 3.

Eagle one day late

The Grygla Eagle, along with Richard's Publishing, will be closed on Christmas Day, December 25th. We will also

be closed January 1st for New Year's. This means the paper will be one day late this week and next.

Christmas art ads

Grygla High School students have been busy creating Christmas and New Year's ads in art class. Grygla businesses are supporting the local students and the newspaper by purchasing ads that ran last

wee, along with this week.

The December 20th color issue was courtesy of the TRF Times. This December 27th colored issue is courtesy of Machinewell, Inc. of Grygla.

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Only in Minnesota: a weekly feature in the Eagle

2024 may be the best year to see the Northern Lights in Minnesota in over a decade

According to experts, 2024 may be one of the best years to see displays of northern lights in Minnesota in over a decade. And if it comes to pass, it will all be courtesy of our friendly neighborhood Sun.

Auroral displays - the aurora borealis in the northern hemisphere and aurora australis in the southern hemisphere - occur when bursts of solar radiation interact with the earth's magnetic fields. The brilliance of the aurora can usually be predicted by the strength of a geomagnetic storm launched from the sun. The stronger the storm, the brighter and farther reaching (i.e., visible at lower latitudes) the auroral display may be.

The sun is currently in an 11-year solar cycle that began in 2019. At the outset, scientists predicted this solar cycle would be relatively weak like the previous cycle. In the fall of 2023, however, forecasters revised their predictions. The cycle is now expected

to reach peak solar activity - with much more and much stronger activity than originally forecast - in 2024.

This means that Minnesotans may be treated to even more frequent northern lights displays. Not only will they be more frequent, there is a good likelihood they will be more intense, as well. This means that instead of a dim glow on the horizon, we may be able to see dancing shafts of colorful light directly overhead, filling the sky, across more of Minnesota.

Of course, the northern part of the state will still get the best shows, but the fact that the northern lights will be more visible and brighter across more of the state is still pretty cool. Keep an eye on NOAA's Space Weather Prediction Center. When the planetary K index is at 5 or above, the likelihood of a visible aurora in Minnesota is decent. If the index is 7 or above, then make sure to find a dark place with an unobstructed northern view, like the south shore of a lake. The best northern lights viewing tends to happen in during the colder, darker months.



FFF holds their Christmas program and dinner



The Faith, Food, and Family (FFF) group held their Christmas program and dinner last Wednesday. FFF is a successful after-school program held every Wednesday at Grace Lutheran Church in Grygla. It's open to all students Kindergarten or older, not just members of Grace. Photo courtesy of Ruth Anderson



At FFF night, kids K-6, along with their parents can attend. The group does music, led by Vicar Marilyn (pictured above right), then they split up into age groups for that week's Bible lesson. Kids can then have some free time to play games, do puzzles, read books, or do homework with their peers. Supper is served at 5pm. At this time, anyone can come and eat with the kids from the community - not just family members. Photos courtesy of Ruth Anderson

Here we come a-caroling...



Confirmation students from Grace recently went Christmas caroling. Photo courtesy of Ruth Anderson

Word of the Week

...enhancing vocabularies one Grygla Eagle at a time.

Zeitgeist

Zaht-gahyst

Noun

The spirit of the time.

8	1	4	3	9	7	5	6	2
9	6	3	5	8	2	4	1	7
2	7	5	6	1	4	3	8	9
1	8	9	4	2	6	7	3	5
6	4	7	8	3	5	9	2	1
3	5	2	1	7	9	6	4	8
7	3	8	9	6	1	2	5	4
5	2	1	7	4	3	8	9	6
4	9	6	2	5	8	1	7	3

Results from the page 2 Sudoku puzzle.

SIMPLY DELICIOUS

By Kari Sundberg, Eagle Editor

Slow Cooker Chicken Burrito Bowl

Mexican-inspired slow cooker chicken bowl combined with rice, black beans, corn, avocado, cilantro, cheese, and drizzled with a creamy and zesty Cilantro Lime Dressing. Easy and delicious crockpot meal and meal prep.

The Cilantro Lime Dressing is the brand "Briannas" - it has yummy flavors of jalapeño, cilantro and lime in it, and it takes the flavors of the slow cooker chicken to the next level.

Ingredients

- Slow Cooker Mexican Chicken
- 2-2.5 lbs skinless boneless chicken breast
- 16 oz chunky salsa
- 1/3 cup BRIANNAS Cilantro Lime Dressing + more as drizzle
- 1/2 cup chicken broth
- 1/2 tsp chili powder
- 1/2 tsp cumin
- 1/2 tsp smoked paprika
- Other ingredients for the bowl
- 4 cups cooked rice
- 2 cups frozen sweet corn
- 1 16oz canned black beans, low sodium
- 3 small avocados
- 1/4 cup chopped cilantro

Instructions

Add all "Slow Cooker Mexican Chicken" ingredients to slow cooker. Set on high and cook for 4 hours.

Shred chicken (it should come apart really easily!) and let it cook/sit for 10 more minutes.

Prepare the other ingredients - cook rice, heat up frozen corn and black beans in the microwave, chop cilantro, dice avocados, cut lime into wedges.

Assemble rice bowls by adding rice, chicken, corn, black beans, and diced avocados to each bowl. Garnish with cilantro and lime wedges. Drizzle with BRIANNAS Cilantro Lime Dressing.



Join people across the country for a First Day Hike at a Minnesota State Park

First Day Hikes will take place at 12 Minnesota State Parks on Monday, Jan. 1, 2024, as part of a nationwide effort to connect people with the outdoors.

In an initiative spearheaded by the America's State Parks organization, hikers in all 50 states will take guided walks on New Year's Day. These hikes welcome people to spend time during the first day of the new year outdoors exercising and connecting with nature. For many people, it has become a tradition.

First Day Hikes will be held at Afton, Blue Mounds, Forestville Mystery Cave, Fort Snelling, Frontenac, Lake Bemidji (State Park closest to Grygla area), Mille Lacs Kathio, Minneopa, Nerstrand-Big Woods, Tettegouche, Whitewater and Wild River state parks.

These events are free to participate in, but some require advance registration. In addition, vehicle permits (\$7 per day or \$35 for a year-round per-

mit) are required at Minnesota state parks. Visitors can save time and purchase permits in advance on the state park vehicle permits webpage (mndnr.gov/permit), or buy a permit in person during open hours at park offices.

For many of these events, if there is sufficient snow, the event will be held on snowshoes. Participants can bring their own snowshoes or borrow a set at no charge. Check the event's online listing to learn if snowshoe reservations are available and if there is enough snow for snowshoeing at that location.

Hikers are advised to wear boots and dress in layers so clothing can be adjusted as needed.

The DNR encourages anyone unable to attend a guided hike to get out with friends and family on New Year's Day for their own self-guided hike. Trails can be found on the DNR's Hiking in Minnesota webpage (mndnr.gov/hiking).



Wednesday, December 27, 2023

Cheers to the NEW YEAR

Colbie McManus

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Happy New Year!

Emily Johnson

Thank you to our customers for their continued support!

Happy New Year!

Grygla Fire & Rescue

happy New Year

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Happy New Year

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Chargers over Bears

BBB vs. Clearbrook/Gonvick on Tuesday, December 19, in Goodridge
GG 75, CG 62

Stats: Blake Rychlock (41 pts, 8 reb), Sawyer Jacobson (4 asst), Spencer Coan (7 pts, 6 reb, 6 asst), Owen Larson (4 pts), Chase Manderud (3 pts), Carson Rubischko (2 pts, 6 reb, 3 asst), Lewis Jones (16 pts, 6 reb, 6 asst), Russell Rian (2 pts, 7 reb)

Coach's comments: "The Chargers continued their

homestand against the Bears in a conference matchup. The game was pretty even for most of the first half and we took a 6 point lead at the break. In the second half it became a battle between Blake and the Bears extremely talented point guard Hassani Bruton. Blake had an incredible game and finished with 41 points, 1 short of the program record! He got a bucket every time we needed it. Spencer also had a great all-around game."



Action shots from the Varsity game against SAC last Friday morning in Grygla. Photos by Grygla Eagle Newspaper



Lucas Stanley toes the line to shoot two free throws. This was during last week's 8th grade game in Goodridge vs. Clearbrook/Gonvick. Photo by Grygla Eagle Newspaper



Chargers JV team against the Storm last Friday in Grygla. Above: Ryelin Stanley and Landon Nordby for the Chargers. Below: Landon Nordby hits Evan Rubischko in the lane. Photos by Grygla Eagle Newspaper



Chargers defeat SAC Storm

BBB s. SAC on Friday, December 22, in Grygla
Chargers 63, Storm 59

Stats: Blake Rychlock (18 pts, 10 reb), Sawyer Jacobson (3 pts), Spencer Coan (4 pts, 3 reb), Carson Rubischko (7 pts, 5 reb, 3 asst), Lewis Jones (27 pts, 5 reb, 5 asst), Russell Rian (4 pts, 4 reb)

Coach's comments: "We continued our new tradition of playing the Storm during the school day on the last day of school before Christmas Break. There was a great crowd, and it was a fun atmosphere. It was a very competitive and fun game. Lewis had a great first half, getting 20 points and leading us to a 6-point halftime lead. The young and athletic Storm team wouldn't go away though and tied the game up with 2 minutes left. We got a big bucket from Blake and 2 pressure free throws from Spencer to ice the game. I was especially pleased with our second half defense and how we took care of the basketball, as we had only 10 turnovers in the game."



Spencer Coan during the Varsity game against SAC Storm last week. Photo by Grygla Eagle Newspaper