



Today	Thurs	Fri	Sat	Sun
Mostly Cloudy	Partly Cloudy	Partly Cloudy	Sunny	Sunny
H 82 L 58	H 83 L 62	H 85 L 57	H 75 L 50	H 78 L 54



In this issue ... June is Great Outdoors Month in Minnesota!



The Section 8A Championship Track Meet was held last Friday, June 2nd, in Roseau. Congratulations to our girls 4x200 relay team! They came from behind to qualify for a trip to State! Prelims will be this Thursday with the finals on Friday! This is the first time any Charger girls have qualified for State! *Photos courtesy of Grygla School*

Chargers girls 4x200 relay team is headed to State



Congratulations and BEST OF LUCK to these four girls as they head to State this week! L-R: Caitlyn Jacobson, Molly Cullen, Brooklynn Kriel and Ashlyn Nelson. There will be a sendoff for them on Wednesday morning at 8am in Goodridge!

Chargers Girl's Track and Field team are sending their 4x200m relay team to the State Championship Track meet on June 8th-9th, 2023! This team will be the first female athletes to go to the State Championship Track Meet in school history! The team consists of Brooklynn Kriel (grade 10), Molly Cullen (grade 11), Ashlyn Nelson (grade 10), and Caitlyn Jacobson (grade 12) and alternate Nevaeh Kotrba (grade 9).

The 2023 season started off with their first race breaking the standing school record (1:54.71) with a new time of 1:53.75. These girls continued to break the school record throughout the season. Watching other teams' times in the section, the girls were consistently in 2nd place behind the Park Rapids team. They were in the perfect position to put in the extra work to secure that spot. Coach Grandstrand told them they needed to lower their time down to 1:50 in order to be in the hunt to qualify for state. Going into the Section Track Meet last week (Friday, June 2nd) their coaches knew the girls needed to streamline their handoffs to get that time. In Roseau last Friday, they did just that coming from behind and closing in on that 2nd place spot on the final 100m stretch. They dropped the school record to 1:50.52, taking 2nd place at the Section 8A Championship

Track Meet and qualifying for the State Championship Track Meet.

The girls will depart on Wednesday, June 7th, with their coaches, Jason Grandstrand, Brady Olson, and Alyssa Nelson. There will be a sendoff from the Goodridge School at 8am on Wednesday morning. Everyone is welcome to attend!

They will practice at SM-A High School Wednesday afternoon, and begin competition on Thursday, June 8th, at the St. Michael-Albertville High School. Class A running begins at 3:30pm. If they qualify as one of the Top 8 Teams in the prelims on June 8th they will compete again on Friday, June 9th, in the finals heat of the 4x200m relay. Congratulations on this achievement and good luck this week!

There were more records broke at the Section 8A Championship Track Meet in Roseau last Friday, June 2nd.

Competing athletes were:
Ashlyn Nelson: 100m hurdles, 4x200m relay, 300m hurdles; Molly Cullen: 4x200m relay, 400m, 200m; Brooklynn Kriel: 4x200m relay; Caitlyn Jacobson: 4x200m relay; Nevaeh Kotrba: 800m; Kehan Nelson: 100m, 4x100m relay; Lewis Jones: 4x100m relay, 400m; Elliot Phillip: 4x100m relay; Shay Jacobson: 4x100m relay



Naveah Kotrba placed 10th in the 800m at Sections. Congratulations!



Congratulations to Ashlyn Nelson who lowered her school record in the 300m hurdles to 52.32! Ashlyn placed 9th at Sections. Ashlyn also placed 8th in the 100m hurdles.



Congratulations to Lewis Jones for breaking the school record in the 400M Dash with a time of 53.56 seconds. Lewis placed 6th at Sections in Roseau.



Congratulations to Molly Cullen on breaking her school record and placing 8th in the 400m run! New record 1:03.66.



Kehan Nelson placed 10th in the 100m dash. And the boys 4x100m relay placed 7th.



• CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Vicar Marilyn Grafstrom
Recorded services will play on Garden Valley channel 36 on Wednesdays 7pm and Sundays 9am & 7pm.
Wednesday, June 7
11am Bible Study
Sunday, June 11
Grace: 9am Worship
OS: 10:30am Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Sunday, June 11
8am Bethany Worship
9:30am Ekelund Worship
11am Faith Worship
Monday, June 12
Parish Council Meeting at Faith 7pm

THE CATHOLIC COMMUNITIES OF St. Clement's – Grygla; St. Ann's – Goodridge Fr. Bryan Kujawa
Sundays:
St. Clement's: 11:45am Worship
St. Ann's: 10am Worship

BETHESDA LUTHERAN CHURCH Skime
Pastor Steve Bliss

Sundays 9:30am Worship
UNITED LUTHERAN PARISH Gatzke
Pastor Tim Lundeen
Sundays
8:30am Worship
UL Council Meeting on Wed, June 14th, 6pm
No Ladies Aid June, July, Aug

CLEARWATER LUTHERAN PARISH
St. Petri – Grygla; Mt. Olive, Nazareth – Trail; Oak Park – Oklee
Pastor Jeff Merseth
Saturday, June 10
Mt. Olive: 9am Worship
Sunday, June 11
St. Petri: 8am Worship
Oak Park: 9:45am Worship
Nazareth: 11am Worship



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G11-14C

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G43C30W

NOTICE OF MINNIE TOWNSHIP BOARD MEETING

Minnie Township Board will meet at the Minnie Town Hall 65964 Fourtown Road NW on June 13th, 2023. Meeting will start at 2:00 PM.

MINNIE TOWNSHIP RAY HENDRICKSON, CLERK

G12C

Lost & Found

All items in the Lost & Found at the Grygla School will be donated to Goodwill at the end of June. If parents would like to stop in the office and look through it, you are welcome to do so.

Community Calendar

Wed | June 7
Accel in Grygla 7am; 16U JO VB in Bemidji; Senior Meals at Grain Bin Café 11am; Grygla Library "Mixed Nuts" Program 1:30pm; Grygla Library open 2-6pm

Thurs | June 8
Accel in Grygla 7am; JO VB Tourney in Goodridge/ Grygla; Sand VB League in Goodridge 6pm

Fri | June 9
JO VB Tourney in Goodridge/ Grygla; Senior Meals at Grain Bin Café 11am

Sat | June 10

Sun | June 11

Mon | June 12
Accel in Grygla 7am; Senior Meals at Grain Bin Café 11am; Summer Steps Dance Camp in Grygla

Tues | June 13
Accel in Grygla 7am; JO VB 16U in KCC; Summer League Basketball in Grygla; Summer Steps Dance Camp in Grygla

The Marshall County Highway Department is currently accepting applications for the following FULL-TIME position:

AG Spray Supervisor/ General Maintenance Worker

This position provides all spraying required by the Weed Management Program during the summer months. The applicant must be able to coordinate and perform the operations necessary for spraying of roadways and ditches within the county for noxious weeds, cattails, and brush by identifying and prioritizing areas to be sprayed and determining the appropriate chemical to use. In the winter months, this employee will help with all general maintenance within the county. A valid Class B Commercial Driver's License is required.

Pay range is \$21.21-\$28.21, depending on experience.

Applications are available at the Marshall County Highway Department website (https://www.co.marshall.mn.us/departments/highway_department/index.php) and at the Highway Department office, 447 S. Main, Warren, MN 56762. This position is open until filled. Marshall County is an Equal Opportunity Employer.

G9-12C

THANK YOU

I really appreciate you celebrating my graduation with me. Thank you so much for your good thoughts and generous gifts.



Sheldin Sundberg | GHS Class of 2023

G12C

GENERAL NOTICE OF ROADSIDE DITCH SPRAYING ALONG COUNTY ROADS

Beltrami County will be performing roadside vegetation control along Beltrami County Highways starting June 5th. We will be spraying for Spotted Knapweed, Thistle, Tansy, Wild Parsnip, and brush. The following roads within Northwood township will be sprayed: Hagen, Whitewolf, Morel and Wapiti. The following roads within Big Grass township will be sprayed: Powderhorn, Phenom and Pine Island. County roads 700, 701, 702, 703, 704, 705, 706, 707, 709 and 710 will be sprayed also. We are putting out this notice because you may have property adjacent to the roadside scheduled for treatment. Selective herbicides will be used that control the brush and noxious weeds but allow the grass to grow. All herbicides have been fully tested and are approved by the U.S. Environmental Protection Agency and the Minnesota Department of Agriculture. If you do not want spraying adjacent to your property you **MUST** place "DO NOT SPRAY" signs at the beginning and end of your segment. If you have any questions or concerns, please call the Beltrami County Highway Department at 218-333-8173.

G12-15C

NOW HIRING FULL-TIME

The Marshall County Highway Department is currently accepting applications for the following full-time positions:

Motor Grader Operator/General Maintenance Worker for the **Stephen, MN** shop location

+
Motor Grader Operator/General Maintenance Worker for the **Gatk e, MN** shop location

Applications and a job description are available on the Marshall County website (https://www.co.marshall.mn.us/departments/highway_department/index.php). Pay range is set by the County Board, depending on experience, from \$21.92 to \$28.92 per hour. A CDL is required. This position is open until filled. Marshall County is an Equal Opportunity Employer.

G12-15C

Grygla Library kicks off its Summer Reading Program

Find Your Voice is the theme of the 2023 Grygla Library Summer Reading Program. It kicks off this week, Wednesday, June 7th, at 1:30pm with a "Mixed Nuts" program. Kids can sign up at the library to register for the summer reading program. Each participant will set their own personal reading goal for the summer. Kids can choose a prize from the treasure box each time they visit the library and check out material! Stay tuned for more information on crafts, scavenger hunts and other fun summer activities! The library is open every Wednesday from 2-6pm. Betsy is always ready and willing to help patrons of all ages find the perfect book. She can also sign you up with your free library card!

LSS Financial Counseling helps Minnesotans achieve their goals

Purchasing a home is a big commitment and often the largest financial transaction one will make in their lifetime, and the process can seem overwhelming. June is National Homeownership Month, an

LSS Financial...
Continued on page 3



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G9-18C



June Is Dairy Month

While many of us are still in bed at 4:30 a.m., dairy farmers are already hard at work. Dairy farming requires long workdays, 365 days a year.

June is Dairy Month. **We thank the dairy farmers of our area for their outstanding efforts and their contributions to our local economy.**

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\$45 per year outside of the area

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2

THE GRYGLA EAGLE

Wednesday, June 7, 2023

Only in Minnesota: a weekly feature in the Eagle

Get lost in this beautiful 54-acre peony farm in Minnesota

There's a lovely spring and summer activity that flower lovers will want to make note of! Whether you're a gardener or just enjoy looking at colorful and fragrant flowers, you'll love your trip to this flower farm down south. This 54-acre multihued haven in southern Minnesota specializes in field-grown peonies, which you can see during their Peak Bloom Weekend at the farm this coming weekend, June 9-11!

Stop in to see the beautiful field of thousands of peonies, or even buy a potted peony for yourself.

Hidden Springs Peony Farm is a beautiful 54-acre flower farm in the countryside in Spring Grove, Minnesota. This community is about 150 miles south of the Twin Cities, not far from the Iowa border. The farm is on a lovely stretch of land with many rows of

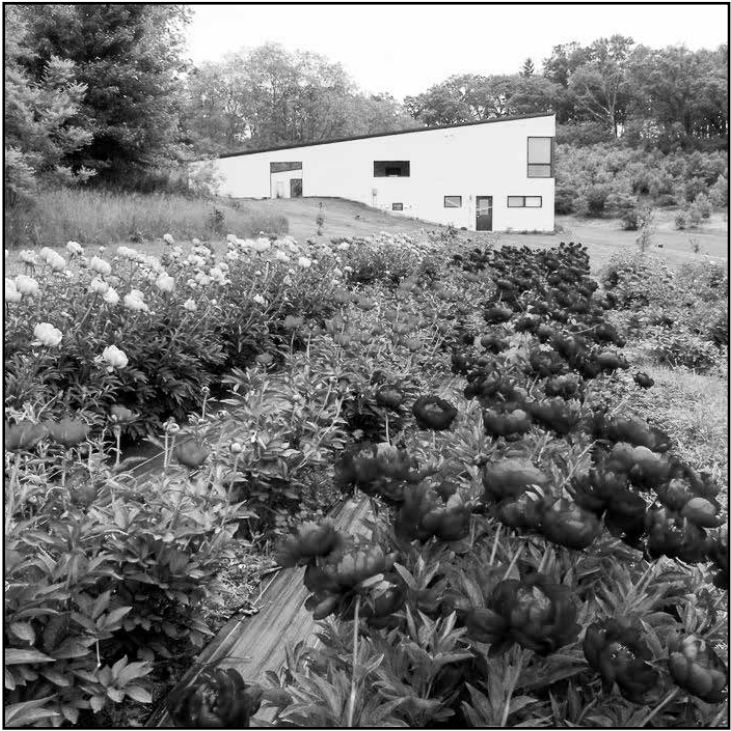
flowers. It is, simply put, beautiful.

The farm grows many different types of flowers, shrubs, and trees. They propagate and hybridize most of the plants they sell, so you can get some truly spectacular varieties.

Each May, the farm opens its nursery. Visitors can come and buy annuals, flowering vines, and many specialty plants. If you're looking to amp up your home garden, a visit here can help!

Hidden Springs is most known for its peonies. They are field-grown and full of color and fragrance. During the annual peony festival every summer in June, you can see a field of thousands of them.

For more information about Hidden Springs Flower Farm, including opening dates, hours, flower varieties, and more, visit the company's official website and official Facebook page.



Sample delicious wine while taking in amazing views at Four Daughters Winery in Spring Valley, Minnesota

It's a 2-for-1 this week to highlight Spring Valley, MN! If you read about the Peony Festival above, and you're considering making the weekend trip down south, you better stop in at this unique winery that's also in the area!

If you're a wine enthusiast in Minnesota, you probably already know that our state is filled to the brim with excellent wineries. One favorite of many Minnesotans is a place called Four Daughters Vineyard & Winery. It's in Spring Valley, Minnesota, and it's absolutely beautiful. Next time you're itching to discover your new favorite place, stop in to sip delicious wine while taking in amazing views. Here's what you need to know:

Four Daughters Winery is a popular winery in Spring Valley, Minnesota. It's about 110 miles southeast of the Twin Cities, near the Iowa border. Though it's a bit of a drive from most Minnesotans, it would make an excellent day trip. There are many other places in the area to explore.

The winery is nestled in some of Minnesota's most scenic farmland. You'll be impressed by the wide-open beauty surrounding you on all sides. It's absolutely breathtaking.

There are two places at the winery to enjoy the offerings. The indoor space is perfectly comfortable and a great spot for cold-weather visits. But in the summer, the outdoor patio is the place to be. This sunny spot is the perfect space to enjoy your choice in wine.

The patio looks out over the vineyard fields. You'll be face-to-face with the very land that produced the drinks you're sipping. It's beautiful!

Speaking of drinks, Four Daughters has plenty of great choices on offer. If you're a cider fan, you can try several varieties of Loon Juice, a favorite locally made Minnesota cider. Of course, you can also try some excellent Minnesota wines. Sample a glass or two, and then make a selection to take a bottle home. Four Daughters even has food; a small, rotating menu of tasty entrees will go great with your cider or wine selection.



Sand Volleyball League could have been called Mud Volleyball League last week, but fun was had by all the teams on the wet, muddy courts in Goodridge! Pictured above, Sierra Sundberg tips it over Caitlyn Jacobson. Sierra plays for the Grygla General Store team.

Sand VB takes place every Thursday night beginning at 6pm. Each week, there is a food truck on site with this week's menu being provided by Top Hawg. Photo by Grygla Eagle Newspaper

Word of the Week

...enhancing vocabularies one Grygla Eagle at a time.

Girasol

Jir-uh-sawl

Noun

A sunflower, having edible, tuberous, underground stems or root stocks.

LSS Financial...

Continued from page 2

excellent opportunity to learn about taking financial control and making owning a home a reality.

Is now the time to buy? "This question we hear often, and the answer is not a one size fits all. There are many factors to consider besides one's individual financial situation such as interest rates, inventory, and market type," said Nichole Szczesniak, director of Homeownership Services for LSS Financial Counseling.

LSS housing counselors are certified by the U.S. Department of Housing and Urban Development (HUD) and work with individuals and families to help them get their finances in order before buying a home and provide knowledgeable guidance throughout the process, all for free.

"We help people assess their current financial situation which includes income stability, debt to income ratios, credit scores and savings. We discuss whether they are ready to buy, what they can afford, any barriers they may face

and what resources are available to them," said Szczesniak. "Sometimes, there are special financing or down payment assistance programs they may not be aware of, and we discuss whether they qualify for those and their options."

LSS Financial Counseling Homeownership Service provides one-to-one education and counseling for potential homebuyers, with the homebuyer's best interest in mind. This service is free and available to all Minnesotans. For an appointment, call 888.577.2227 or visit lssfinancialcounseling.org/homeownership.

LSS Financial Counseling offers confidential, nonjudgmental support through financial counseling and education — equipping people to reach their goals and achieve financial wellness. Services include budget and debt counseling, debt management plans, free credit report reviews, student loan counseling, homebuyer services, foreclosure prevention and more. To schedule an appointment, call 888.577.2227 or visit lssfinancialcounseling.org.

• SIMPLY DELICIOUS

By Kari Sundberg, Eagle Editor

Banana Chocolate Chip Muffins

These Banana Chocolate Chip Muffins are melt-in-your-mouth delicious. Chocolate, walnuts, bananas, & butter make these sweet treats so yummy.

Ingredients
3/4 cup butter, melted
1/4 cup sugar
1/2 cup brown sugar
2 eggs
1 tsp vanilla extract
4 ripe bananas
1 3/4 cup all-purpose flour
1 tsp baking soda
1/2 tsp salt
1 cup semisweet chocolate chips
1 cup walnuts, chopped

Instructions

In a large mixing bowl, add 1/4 cup sugar, 1/2 cup brown sugar and 3/4 cup of melted butter. Use an electric hand mixer to combine everything together for about 1 minute on medium-low speed.

Then add 1 teaspoon vanilla extract along with 2 large eggs and mix them in on medium speed.

Now in a separate bowl, mash up 4 ripe bananas (medium-sized). Then add them to the muffin batter.

Then sift the dry ingredients in this order: 1 3/4 cups all-purpose flour, 1 teaspoon baking soda, and 1/2 teaspoon salt. Now mix the dry ingredients into the banana muffin batter.

Lastly, add 1 cup of chopped walnuts and 1 cup of semisweet chocolate chips. Fold them in with a spatula.

Line a muffin tin with cupcake liners and fill each muffin full. You should get about 12-13 full muffins out of this recipe.

Now top the muffins with extra chocolate chips and bake at 350 degrees Fahrenheit for 20-24 minutes.



Strategic Farming: Field Notes addressed cover

Phyllis Bongard, UMN Extension Educational Content Development

With herbicide resistance increasing, a diversified management strategy is needed to control problematic weeds. Using cover crops to manage waterhemp is one strategy that researchers at both the University of Minnesota and North Dakota State University are evaluating.

For several years, Midwestern states have been struggling with herbicide-resistant weeds. A recent Minnesota survey found that waterhemp resistant to multiple herbicides is prevalent in the state, with some populations showing resistance to four, five or even six sites of action. North Dakota also struggles with multiple herbicide-resistant weeds, including both kochia and waterhemp, according to Dr. Joe Ikley, North Dakota State University (NDSU) Extension weed specialist.

With herbicide options becoming more limited, the key to managing problematic weeds is to integrate other tactics into corn and soybean production. Expanding the crop rotation, diversifying herbicide sites of action, and even mechanically destroying weed seeds are viable strategies.

What about cover crops as a weed management tool? While they provide many benefits — including soil protection — cover crop adoption lags in Minnesota. The biggest challenge is our unique environmental conditions, according to Dr. Debalin Sarangi, University of Minnesota Extension weed scientist. Planting windows for both the fall cover crops and spring cash crops are narrow.

Despite the challenges, Sarangi and Ikley see value in assessing cereal rye as a cover crop for weed management.

For the past two years, NDSU has evaluated waterhemp control using different

cereal rye termination times with and without a preemergence (PRE) herbicide. When both a cereal rye cover crop and a PRE were included, they complemented each other and waterhemp was controlled. In contrast, when there was no cereal rye or no was PRE applied, waterhemp control decreased.

When cover crops are used, herbicide interception is a concern. A national study has determined that while up to roughly half of the PRE can be intercepted, most does make it to the soil surface, and there was always a net benefit to using a PRE within a cover crop compared to either no PRE, or no cover crop..

In southern Minnesota, researchers started looking at termination timings, seeding rates and seeding dates in 2021 to find the best cereal rye recipes. An early May planting date produced a modest amount of cereal rye biomass and some weed control benefits. Biomass increased four-fold and weed control dramatically increased with a late May planting date. However, potential yield penalties for the cash crop should be balanced against cover crop benefits when planting is delayed.

NDSU has seen about 4,000 pounds biomass per acre the past couple of years when termination was delayed until early June, which translated to roughly 50% waterhemp control. Other states recommend twice as much biomass for complete weed control. Consequently, cereal rye should not be treated as a standalone weed management treatment or as a replacement for herbicides.

Sarangi also looked at different termination options for the cereal rye. Chemical options are the fastest and most

Strategic Farming...

Continued on back

economical way to terminate a cover crop. Of the herbicides, glyphosate (Roundup, etc.) was the most efficient option. The cereal rye was controlled within 10 days and the field was ready to plant.

“Start clean and stay clean,” Sarangi stresses. If PRE applications were missed this spring, he recommends coming back with a postemergence application as soon as possible and before the weeds reach three inches tall. For water-hemp control, tank mixing a POST herbicide with a residual will help. However, “certain

PREs cannot be applied once soybeans are emerging, due to injury risks,” reminded Ikley. “Crops are emerging quickly now in the warm weather, so check both the fields and the herbicide labels.”

Thanks to the Minnesota Corn Growers Research and Promotion Council and the Minnesota Soybean Research and Promotion Council for their generous support of this program!

For more news from U of M Extension, visit <https://www.extension.umn.edu/news> or contact Extension Communications at extdigest@umn.edu. University of Minnesota Extension is an equal opportunity educator and employer.

CROSSWORD

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StatePoint Crossword
Theme: At the movies

- ACROSS
1. Mother Earth, to Ancient Greeks
 5. Barrel, unit
 8. Foot the bill
 11. Quiet time
 12. Nemo's forgetful friend
 13. Horace's poem
 15. One thing on a list
 16. Ophthalmologist's check-up, e.g.
 17. Range of hills in England, pl.
 18. *Ticket booth (2 words)
 20. "Odyssey," e.g.
 21. Biased perspective
 22. Azog or Bolg in Tolkien's Moria
 23. *Siskel or Ebert
 26. To the degree
 30. Brick and mortar carrier
 31. Governing authority
 34. Key component of a loan
 35. Highly skilled
 37. E in CE or BCE
 38. "_____ a high note"
 39. End of the line
 40. Like certain yellowish hair color
 42. Compass bearing
 43. Ambled
 45. Warhol or Samberg, formally
 47. Churchill's sign
 48. Anna Wintour's magazine
 50. "Heat of the Moment" band
 52. *Like some seats
 56. More slippery
 57. Initial bet in poker
 58. Popular dunking cookie
 59. "Little _____ fact"
 60. Simon and Gurfunkel, e.g.
 61. *Sentimental movie, or _____jerker
 62. Literary "even"
 63. *Shooting location
 64. ESPN award

- DOWN
1. Not intellectually deep
 2. _____pilot
 3. Holly family
 4. *Kate Hudson's "____ Famous" (2000)
 5. Put someone in a bind (2 words)
 6. Modified leaf
 7. Tick-born disease
 8. Ralph Lauren's inspiration
 9. Puts two and two together
 10. "Owner of a Lonely Heart" band
 12. Vandalize
 13. Pitchers
 14. *Tub contents
 19. Behave like a coquette
 22. Comes before first Mississippi
 23. Bracelet add-on
 24. Barrel racing meet
 25. Think tank output, pl.
 26. *Widescreen cinematography abbreviation
 27. Dimmer, e.g.
 28. Do penance
 29. Re-establish
 32. Neuter
 33. Investment option acronym
 36. *Movie ad
 38. Boredom
 40. *Upcharge for an online ticket purchase, e.g.
 41. Aerie baby
 44. Pine
 46. Indicate
 48. *Movie theater, e.g.
 49. Set of eight
 50. Teenager's breakout
 51. Land of Israel
 52. X-ray units
 53. Wraths
 54. Type of tide
 55. *Like a bloody horror movie
 56. Short of Isaac

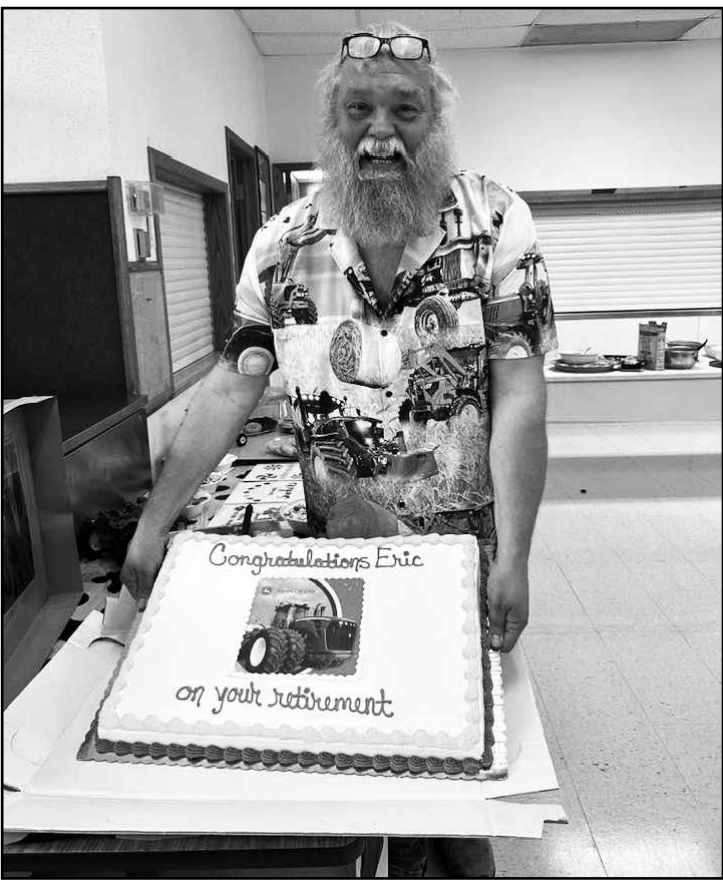
Stand Up for Petey

A Fundraiser & Spaghetti Feed is being planned for Ryan Petersburgh, called Stand Up for Petey. Funds are being raised to purchase a Permobil stand-up wheelchair for Ryan (Petey) that will aid in relieving pressure points. The benefit will be held on Friday, June 16th, from 4-8pm at the Grygla Community Center. A live auction will take place at 6:30pm, which includes many, many great donations, included below for your reference. Meat raffles and hunting supply raffles will also take place. Fourtown will also have an on-site bar set up that evening.

The primary organizers are Randy Larson (218.689.8477) & Russ Iverson (218.686.4910). Please get in touch with either if you'd like to make a donation or have any questions. Local groups are also helping with the event – Grygla Lion's Club, Fourtown/Grygla Sportsman's Club, and Grygla Fire Department, to name a few. Many organizations, businesses and individuals have rallied their troops to help the event go smoothly! A benefit account has been set up at Citizen's State Bank at 118 Main Avenue South, Roseau, MN 56751.

Just a few of the fundraiser donations for auction are:

- \$800 Blackstone Grille – Ron Danielson
- \$3000 Bear Hunt on 50/50 basis – Magnum Outfitters Grygla
- Weekend Stay at the Light-house Resort (Includes Round-Trip Pontoon Ride & Boat Trip to Fort St. Charles) – Joe Laurin
- 6x6 Buck Palace Deer Blind (\$3600 retail) – Danny Johnston
- 10' Pelican Sweep Kayak (\$300 retail) – Machinewell
- Polaris Duraclutch System (\$1799 retail) – Mitchell Johnson
- 2 Axis Rifles – Randy Larson & Russ Iverson True Value Discount Roseau
- 2 Beef Packages – Didrikson Farms
- Sliced Bacon for Meat Raffle plus \$50 Gift Certificate – SuperOne Roseau
- Trail Cam, Deer Decoy, Ground Blind w/ Chairs, Deer Plot Seed, Gas Card – Grygla FUO
- Hamburger for Spaghetti Feed – Grygla Fire Department
- Hams for Meat Raffle – Grygla General Store



There was a retirement party held for Eric Mickelson on May 30th. Eric taught one year in Oklee, 3 years at Viking Elementary, then went to the Goodridge School in the fall of 1992 where he spent the last 31 years teaching! He taught 5th grade for 29 years, 2 years of music, along with coaching football for 20 years and basketball for 18. Congratulations and best wishes to Mr. Mick on his retirement! *Photos courtesy of Eric Mickelson*



Sundberg selected for Astronaut Scholarship



NDSU Senior Jacob Sundberg received the prestigious Astronaut Scholarship for the 2023-24 academic year. Sundberg is a mechanical engineering student from East Grand Forks, Minnesota. He is the son of David Sundberg and grandson of Steve & Susan Sundberg, of Grygla.

The following article is courtesy of NDSU News, 5/26/2023

NDSU senior Jacob Sundberg has been awarded the prestigious Astronaut Scholarship for the 2023-24 academic year. Sundberg, who is from East Grand Forks, Minnesota, is majoring in mechanical engineering.

"I am honored to be the recipient of such an award," Sundberg said. "I greatly appreciate the privilege to have the work I have completed so far as an engineering student recognized by this prestigious society. I am also very excited to have the privilege to work with other scholars during the Innovators Week and Gala in Orlando, Florida."

The Astronaut Scholarship Foundation was created to ensure that the United States maintains its leadership in science and technology by supporting some of the best science, technology, engineering and mathematics college stu-

dents.

The foundation awarded its first seven scholarships in 1986 when each founding Mercury 7 astronaut sponsored a \$1,000 scholarship. The foundation now awards more than 60 scholarships valued up to \$15,000 to each selected scholar. A total of 68 students from 45 different universities across the United States received awards this year.

"Jake has been performing very well in our mechanical engineering program at NDSU," said Chad Ulven, professor and mechanical engineering chair. "In addition to his studies, he sought me out to perform research in my lab as an undergraduate. That speaks to his ambition and wanting to get involved in activities to expand his skills outside of the classroom."

During the past three years, Sundberg has contributed to important research and development projects. He assisted in research geared toward the development of high performing composite material 3D printers and worked with compression molding composite manufacturing and robotic coding. Ulven is Sundberg's research advisor.

"The projects I've been involved with will prepare me for success as they have given me hands on experience for what it takes to be constantly working towards success in the de-

velopment of new technologies that will better serve us in the future," Sundberg said. "I will implement the experience I've gained to help pave the way to a successful career."

"I really enjoy the wide range of subjects that this major allows me to learn. It allows me to have flexibility in my work and requires a variety of perspectives to solve problems."

Sundberg said after graduation he hopes to participate in research and development projects during his career as an engineer.

My experience at NDSU has been overwhelmingly positive," Sundberg said. "The College of Engineering has pushed me to always do my best work. The opportunity to get involved with related research with the university further enhanced my experience by giving me a hands on, self-driven way of learning outside of the class environment. It also gave me work experience needed to establish a strong start to my career as an engineer."

As a student-focused, land-grant, research university, we serve our citizens.

In total, almost 800 students have received Astronaut Scholarships through the years, with more than \$8.3 million being awarded.

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JO Volleyball season has begun! All levels have entered a tournament in Bemidji, with the 11U & 12U playing last weekend, making it to the Gold Division with Coach Kate Larson. The group is pictured above.

The 14U, 16U and 18U teams will play in Bemidji this week, then on Thursday and Friday, GG hosts a tournament for all levels with games being played between Goodridge and Grygla. Concessions will be on site at both schools. *Photo courtesy of Kate Larson*

JO Volleyball Raffle Winners: 2 kayaks with paddles - Cynthia Jensen; RTIC Cooler – Jeff Stengrim; Paddle Boards – Jon Hruby; 6-Person Tube – Kelsey Stanley; Zero Gravity Chairs – Missy Saurdiff; \$100 – Sadie Miller, Lori Haas, Jacki Grindahl; \$50 – Donna Lian, Gwen Blaine