



Today	Thurs	Fri	Sat	Sun
Partly Cloudy	Snow	Partly Cloudy	Partly Cloudy	Snow
H 21 L 4	H 30 L 17	H 30 L 3	H 32 L 19	H 36 L 15

Wednesday, March 29, 2023

WE'RE ONLINE www.tricocanary.com

Vol. 47 Number 40

In this issue ... Goodridge/Grygla High School Release Day is coming up.



Serving the community since 1941

The Grygla Fire & Rescue Department held their annual fundraiser supper last Sunday night at the Community Center. They served a delicious ham & roast beef spread to a packed house! We are very fortunate and appreciative to have this group in our community. They provide education, support, and safety year-round and in a variety of situations. Winners of the prizes were Jack Nelson & Joe Pezter (Carbon Monoxide Detectors); Bill Westman (Smoke Alarm); Garth Berg (Flashlight); Jean Foss (Fire Extinguisher); Ihla Gram (Kid/Toy Fire Truck). Volunteer members, L-R: (Back) Andy Oslund & Geoff Satre. (Standing) Travis Dougherty, Richard Davenport, Dacotah Byklum, Dylan Morey, Carson Saurdiff, Robbie Anderson, Greg Monson, Rodney Hagen, Chris Jelen, Bob Thompson. (Kneeling) Jeff Lund, Paul Nordby, Dave Dunrud, Mark Severts, Lynn Anderson. Not pictured: Brad Monson & Mike Jelle. *Photo by Grygla Eagle Newspaper*



The Grygla Merchants held their appreciation breakfast on Saturday, March 19th, at the Grygla Community Center. It was a small crowd this year, but our local merchants happily served free pancakes, sausage, coffee, milk and juice from 7-10am. L-R: Robbie Anderson (American State Agency), Ron Kiesow (Northland Grain), Eric Dougherty & Bryan Dougherty (Machinewell, Inc.) and Bob Thompson (Farmer's Union Oil & Ag). *Photo courtesy of Tera Nordby*



Archery League comes to an end

Archery League came to an end recently. The group has been meeting once a week since January, tallying scores. The final was decided by 1 point. Congratulations to Steven Olson on taking 1st, Zac Irlbeck on 2nd, and Jeremy Haack 3rd (not pictured).

Coordinator Justin Kiesow commented, "We had a fun year of shooting and hope to see everyone again next year. We are open to everyone and hope to see more new faces next year!" Photos courtesy of Justin Kiesow



Grygla City Council approves February Minutes

The March meeting of the City Council was held at the Grygla Civic Building on Monday, March 13th. Council members approved the February minutes, which are included below. Official minutes are taken by Grygla City Clerk and recapped by Eagle Editor. For the full version, including receipts & disbursements, visit www.grygla.govoffice2.com. The regular meeting on February 13th was called to order at 7pm at the Civic Building by Mayor Ruud with the following council members present: Gavin Nordby (by phone), Dustin Nelson, Dave Dunrud and Karla Byklum. Absent: None. Also present was Rose Aune and Gary Kiesow.

Council approved minutes, along with receipts, disbursements, checking, savings & total balances for that month. The payment of all bills was also approved. Other items included:

MAINTENANCE CONTRACT WITH THEIN WELL

Council approved the preventive maintenance contract with Thein Well.

WATER SHUTOFFS

This summer the water shutoffs should be checked to see which ones need new bolts. Some of them are getting pretty thin.

GAS METERS

Council approved to apply for an OSHA grant for gas meters and tripod for Rocky to use when in storm sewer and the fire department to use.

FIRE HYDRANT BY COOP STORE

Tabled until Spring 2023.

COMMUNITY CENTER

Council voted to purchase a floor scrubber for the CC flooring, if under \$10,000. Concrete Designs has offered to let the city use their scrubber until a new one is purchased. Ruud will be checking on options for fixing the west wall of the main area, next to the kitchen. The bottom of the paneling is warped.

PARK BATHROOMS

There was nothing new to report at this time.

WATER TOWER

There was nothing new to report at this time.

PICKLE BALL COURT

Tabled until this Spring 2023.

WATERWORTH APTS

Marcus Waterworth sent an email stating that Loren Lusignan wants him to purchase his lot next to the apartments. Loren told him that he wouldn't be allowed to run the sewage from the apartments across his property if he didn't. Waterworth is asking the city to help him. Rose has contacted Rokke, Aandal & Associates to help with this matter. City attorney got back to Rose on what to look for to try to help with the situation.

BUILDING OPTIONS

Gary Keisow, Marshall County Commissioner, was present to check on the availability of commercial lots.

SAFETY & LOSS MEETING

Rose and Devin will be attending the Safety and Loss meetings in Bemidji on March 28th.

March campaign for hunger awareness continues

Although the month of March is almost over, the March campaign for hunger awareness continues until April 9th. The Grygla-Gatzke Food Shelf is participating in this event in order to qualify for some matching funds from the state. There is still time to donate non-perishable items or give a monetary donation to treasurer, Lori Thompson, 222 Evelyn Avenue, P.O. Box 105, Grygla, MN, 56727.

Here is a list of what seems to be popular if anyone is willing to donate: coffee, juice (especially orange, grape and apple), ramen noodles, elbow macaroni, spaghetti noodles, spaghetti sauce in a jar, canned hash, stew, and sardines. Also, olive oil and honey go fast.

More suggested donations:
Breakfast: Canned fruit juices, hot and dry cereals, pop tarts, breakfast bars.
Lunches/Dinners: Hearty

soups (chunky type), tuna fish, canned beef or poultry, peanut butter, canned fruit or vegetables, canned or boxed main dishes, rice, macaroni, baked beans, canned chili, stews, potato buds.

Food Staples: Crackers, sugar, flour, coffee, tea, hot chocolate, pancake and biscuit mixes.

Other: Jello or pudding mixes, cookies, or other snack items.

Sundry Basics: Toilet paper, facial tissue, bath soap, shampoo, deodorant, laundry soap, dish soap, bleach, mouthwash, toothpaste, tooth brushes.

Food donations can be left at The General Store in Grygla. As always, monetary donations allow the purchase of food from the North Country Food Bank at a greatly reduced cost, so funding can be stretched further. Next Food shelf day is April 22nd.

Grygla High School holds Spring Fling

It's Spring Fling week at Grygla High School! A variety of activities are planned, including dress-up days, Friday afternoon games, Friday night games (in place of a dance). This year, there will be no coronation or candidates chosen from each grade. There will be a trophy going to whatever class tallies up the most points from the week's activities.

Dress-up days:
Monday - Beach/Hawaiian; Tuesday - Anything but a backpack; Wednesday - Wacky Wednesday; Thursday - Dress as your younger self; Friday - Class Color Day

On Thursday the students will be doing a food drive activity. All items will be donated to the Grygla-Gatzke Food Shelf with the winning grade getting

a prize.

Friday afternoon games include:

Dodgeball, Musical Chairs, Volleyball, Catchphrase, Food Relay Race, School & Staff Trivia.

Friday night, the school will host the 3rd annual game night, which will start at 4pm. It will start with a cornhole tournament for all that want to participate. Once knocked out of the tournament, students can participate in a volleyball game in the small gym or chose to play a different game. There will be a \$5 fee for pizza, provided by student council. After these events conclude, the movie Grown Ups starts at 7pm. The night concludes around 9:30-10pm.

• CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Vicar Marilyn Grafstrom
Recorded services will play on Garden Valley channel 36 on Wednesdays 7pm and Sundays 9am & 7pm.
Wednesday, Mar 29
11am Bible Study, 2:30pm Release Time, 3:30pm FFF Night, 5:30 Lent Supper, 6pm Grace Choir, 7pm Lent Worship at Grace
Thursday, Mar 30
9am Grace Quilting, 7pm OS Lent Worship
Sunday, April 2
Calendar N/A

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Wednesday, Mar 29
Release time 12:20pm
Sunday, April 2
Calendar N/A

THE CATHOLIC COMMUNITIES OF St. Clement's - Grygla; St. Ann's - Goodridge
Fr. Bryan Kujawa
Lenten Opportunities:
Tuesdays: Mass 6pm, Adoration & Confessions 6:30-7pm
March 28: St. Ann's
April 4: St. Francis Xavier
Sundays:
St. Clement's: 11:45am Worship
St. Ann's: 10am Worship

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BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Wednesday, Mar 29
Midweek Service 7pm
Sunday, April 2
9:30am Worship, 11am FB Live Broadcast

UNITED LUTHERAN PARISH Gatzke
Pastor Tim Lundeen
Wednesday, Mar 29
Lent Service at 5pm w/ supper to follow.
Palm Sunday
8:30am Worship
Mondays
Quilting at 9am

CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee
Park - Oklee
Pastor Jeff Merseth
Wednesday, Mar 29
Wed. School 5-6pm; Nazareth Meal 6pm w/ Lent Service at 7pm
Thursday, Mar 30
Mt. Olive Worship 5pm
Saturday, April 1
Mt. Olive: 9am Worship
Palm Sunday, April 2
Nazareth: 8am Worship, 9:15am SS
Oak Park: 9:15am Worship, 10:30am SS
St. Petri: 11am Worship w/ dinner to follow

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G46TFC

Community Calendar
Wed | Mar 29
Senior Meals at Grain Bin Caf  11am; Grygla Library open 2-6pm
Thurs | Mar 30
Foot Care Clinic at Grygla Community Center 9:30am; Grygla Elementary Basketball Night/ECFE Fundraiser starting at 5:30pm
Fri | Mar 31
Senior Meals at Grain Bin Caf  11am
Sat | Apr 1
Sun | Apr 2
Northern Blast VB Tourney in Breckenridge
Mon | Apr 3
Senior Meals at Grain Bin Caf  11am; Charger Track practice begins; Charger Winter Sports Banquet at Grygla Community Center 6:30pm
Tues | Apr 4
PT Conferences 4-8pm

G46TFC

DITCH MEETING
on
Thursday, March 30
D 11 at 9:30 a.m.
D 21 at 10:00 a.m.
Grain Bin Cafe in Grygla

G46TFC

High School Release Day
Students in grades 7-12 from the Goodridge and Grygla School Districts (and 6th grade in Grygla) are invited to attend a High School Release Day on Wednesday, April 12th. The speaker is Tim Eggebraaten, from Detroit Lakes. Tim is an expert at "working the beat." He's been a correctional officer, police officer and has held many positions along the way, including Chief of Police. His title of "Off Duty Chief" allows him to take his experiences, message, music and talent to the streets.
For this special High School Release Day, students will travel from Grygla to Goodridge to hear the inspirational speaker in the morning and travel to Falls Cinema (in Thief River Falls) in the afternoon to watch the movie Jesus Revolution.
Pizza, popcorn, and a soft drink will be provided to the students all free of charge. The school districts are sending out permission slips in the coming weeks, so a total head count can be taken. If you have any questions, please contact Ruth Anderson. Students will be back at their schools by the end of the school day.

The Marshall County Highway Department is currently accepting applications for the following FULL-TIME position:

AG Spray Supervisor/ General Maintenance Worker

This position provides all spraying required by the Weed Management Program during the summer months. The applicant must be able to coordinate and perform the operations necessary for spraying of roadways and ditches within the county for noxious weeds, cattails, and brush by identifying and prioritiz ng areas to be sprayed and determining the appropriate chemical to use. In the winter months, this employee will help with all general maintenance within the county. A valid Class B Commercial Driver's License is required.
Pay range is \$21.21-\$28.21, depending on experience.
Applications are available at the Marshall County Highway Department website (https://www.co.marshall.mn.us/departments/highway_department/index.php) and at the Highway Department office, 447 S. Main, Warren, MN 56762. This position is open until filled. Marshall County is an Equal Opportunity Employer.

G2-5C

SUMMER HELP NEEDED

The Marshall County Highway Department is currently accepting applications for part-time summer help. The duties will include: roadside and road surface maintenance, surveying and construction assistance, and ditch spraying assistance. Starting wage is \$16.26 per hour.

Applications are available at the Marshall County Highway Department, 447 S. Main, Warren, MN 56762 – and on our county website www.co.marshall.mn.us. Closing date: April 14, 2023. Must be 18 to apply. Marshall County is an Equal Opportunity Employer.

G2-5C

PUBLIC HEARING

5 YEAR HIGHWAY CONSTRUCTION PROGRAM MARSHALL COUNTY

The Marshall County Board of Commissioners will hold a Public Hearing, Thursday, April 13, 2023 at 5:30 P.M. at the Newfolden Community Center, for the purpose of discussing and receiving comments on the proposed 2023-2027 Road and Bridge Construction Program in Marshall County. All interested citizens, public officials and representatives of townships and cities are invited to attend and provide input.

G2-4C

Winter Sports Banquet this Monday

Winter Sport Athletes, Student Managers, Coaches, Athletic Directors, Parents, Families: The Chargers Winter Sports Banquet is scheduled for Monday, April 3rd, at 6:30 PM, at the Grygla Community Center. The banquet is being catered by the Grygla Lions Club. The dinner will consist of pork loin, cheesy hash brown potatoes, buttered corn, buns with butter patties, dessert, coffee, and milk. There is no dinner charge for the athletes, student managers, coaches and athletic directors. Cost of the banquet for all others in attendance will be \$10/plate for adults and \$5/plate for all school age kids, kids under 5 are free.
Athletes and their families are encouraged to attend and be recognized for their hard work!

SEALED BIDS

The City of Grygla is accepting Sealed Bids for 46.57 tillable acres on the North & South side of US Hwy 89, on the west side of city limits. This is for 2024-2026 crop season. (Note this is not for this summer's crop season!) The sealed bids are due by the 7:00 PM City Council meeting on Monday, April 10th. Anyone that turns in a sealed bid prior to the meeting will be allowed to bid higher at the meeting. The City Council has the right to refuse any and all bids.

G2-3C

Foot Care Clinic in Grygla

North Valley Public Health will hold Foot Care and Blood Pressure Clinics on the following dates:

Grygla Community Center: Thursday, March 30th, 2023, at 9:30 a.m. Contact: North Valley Public Health at 218-745-5154.

Please call to cancel if you feel ill.

Please call the person listed above to sign up. We require sign-up sheets so that we can

staff accordingly. If you are not able to keep your appointment, please call to cancel.

- Please arrive 15 minutes prior to your scheduled appointment time.
- The North Valley Public Health staff will soak feet and trim nails. The fee for this foot care service is \$20 per person.
- The North Valley Public Health staff will do free blood pressure checks upon request.

ATV Safety Training

ATV Safety Training will be held on April 15th from 10am-12pm at the Grygla Bus Garage. Must be 11 years of age or older. Sign-up in advance. Bring a helmet if you have one. Online class must be completed prior to April 15th at ATV-course.com

Sponsored by the Fourtown/ Grygla Sportsman's Club. Contact Nick Harris at 688-0037 or Kyle Haack at 686-5583.

G46TFC

Grygla Smelt Fry

ALL YOU CAN EAT! The Grygla Lion's Smelt Fry is set for Saturday, April 15th, from 4-8pm at the Grygla Communi-

ty Center. In addition to smelt, your meal ticket also gets you baked potatoes, baked beans, coleslaw and dinner rolls.

U.S.P.S. No. 002330

Grygla Eagle

Serving Eastern Marshall & Northern Beltrami Counties

Richard D. Richards - PUBLISHER
Kari Sundberg- EDITOR
Phone 294-6220

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\$45 per year outside of the area

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LENDER

A FULL SERVICE BANK

G2C

Elementary basketball/ECFE fundraiser night this Thurs.

The Grygla School ECFE will once again be holding their BBQ fundraiser supper on the same night as Elementary Basketball Night which is set for Thursday, March 30th, at 5:30-7pm. The ECFE Fundraiser supper allows them to pay for their programming for the year, as well as fund our area's share of the Dolly Parton's

Imagination Library, which provides age-appropriate books for our youngest Chargers at no cost to families.
In conjunction with the supper, there will be a raffle as well; tickets will be \$1/each. If your business or organization, family or any individuals would like to donate an item or a basket for the raffle, or make

a monetary donation to the ECFE program, please contact the Grygla School at 294-6155.
The basketball schedule for the night is also included:
6:00 ECFE Activity; 6:10 Kindergarten/1st grade; 6:30 2nd/3rd grade; 6:55 4th-6th grade girls game; 7:20 4th-6th grade boys game.

INCOME GUIDELINES		
October 1, 2022 – May 31, 2023		
Household Size	Annual Gross Income	3 Month Gross Income
1	\$36,687	\$9,171
2	\$47,975	\$11,993
3	\$59,263	\$14,815
4	\$70,552	\$17,638
5	\$81,840	\$20,460
6	\$93,128	\$23,282

Get your shots

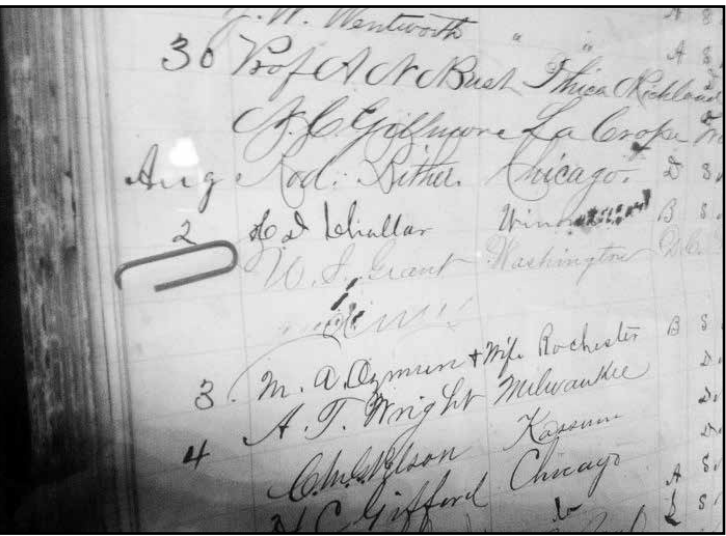
(Submitted by NVPH) North Valley Public Health will be offering a monthly vaccine clinic with evening hours. Please call 218-745-5154 for more information or to register. Whether you are behind and need to catch up or if you are currently due for any vaccines, we can help. April 12th from 4:30-6:30pm at North Valley Public Health Office in Warren. Ages 0-18. All vaccines including Covid boosters and starter series.

Only in Minnesota: a weekly feature in the Eagle

This is the oldest place you can possibly go in Minnesota Minnesota became a state on May 11, 1858, so it goes without saying that the Land of 10,000 Lakes is home to some pretty incredible history! Did you know that Minnesota’s history began even before 1858? Next time you’re near Mantorville, be sure to stop in to the Hubbell House for a fun — and tasty! — history lesson.

Located in Mantorville, Minnesota, the Hubbell House is a historic landmark. You’ll find it right in town, at 502 North Main Street. Originally built in 1854, John Hubbell constructed the first Hubbell House, four years before Minnesota was admitted as the 32nd state. Just a few years later, it was rebuilt as the three-story building that still stands today.

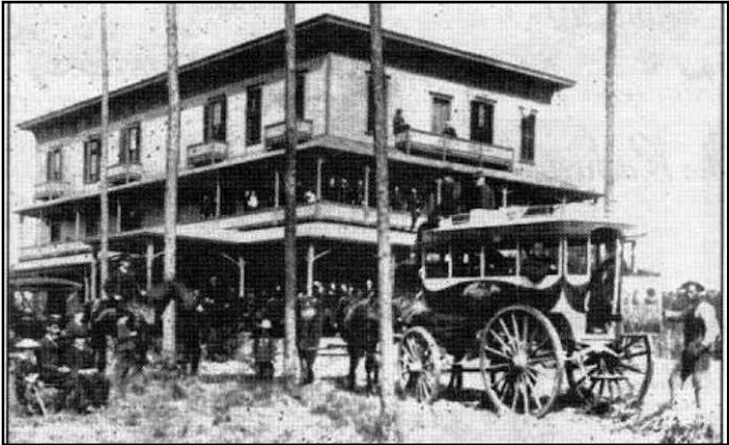
In its early days, the Hubbell House was known by mail carriers and wagon travelers as a rest stop along their path from east



to west. The historic building is made out of local limestone, giving it the distinctive light brick facade.

The historic touches continue into the inside, too. A comfortable dining room will bring you back to the Civil War era. Everything from the architecture to the decor will bring you back to another time, when Mantorville was a thriving crossroads on the journey west. You’ll even find evidence of past guests! Notable visitors over the years include Ulysses S. Grant, Mickey Mantle, and the Minnesota Vikings! Before you leave, don’t forget to check out the old bar, too. It’s absolutely gorgeous. While you’re visiting this historic landmark, you might as well grab a bite to eat! The Hubbell House is known for its delicious onion rings.

All in all, the Hubbell House is one of the oldest restaurants you can visit in all of Minnesota. Its delicious food mixes with endless historic charm to create an amazing experience for all.



Grygla School Board approves February Minutes

Detailed Agenda
Grygla School Board Meeting
Wednesday, February 15th, 2023, 5:30 p.m.
Chairperson of the board Jeremy Rychlock called the meeting to order at 7:00 pm with James Verbout, Tera Nordby, Luke Nordvick, Gretchen Smeby, Principal Gieseke and Superintendent Jamie Lunsetter present. Andrew Oslund absent.

Pledge of Allegiance
Motion by Tera Nordby, second by James Verbout to approve the agenda as presented/amended. Passed 5-0. Minutes of the 1/18/23 regular school board meeting are approved as printed/amended. Approve payment of bills: Motion by Gretchen Smeby, second by Jeremy Rychlock to approve payment of the bills check #39433 through check #39518, p-card payments and wire payments. Passed 5-0.

Finance Report: General Fund: \$244,985.57 + Food Service \$4538.99; Community

Service \$915.55; Building Construction \$200.00; Debt Service \$106,138.75; Trust \$7,150.00; Scholarship \$500.00; Student Activity \$7,787.32. Total: \$372,216.18.

MSDLAF/Checking: \$1,246,966.30
Student Report: No Student Report.

Teacher Report: Given by Mr. Rath. The Bull Pen has sold 105 Gatzke, Grygla and Goodridge mugs. The 6th grade has been working on the itinerary for their class trip, as well as working on their passion project about what career they would like to pursue. Mrs. Saurdiff has been working with Mrs. Severts in teaching students pottery. Mrs. Nelson administered the spelling bee, with Krystal Neuschwander taking first place, and Alayla Blanco taking second. The 4th grade is enjoying reading Hank the Cowdog books. The shop class has been working on the High Mileage car.

Principal Report: Mr. Gieseke discussed the Stop It app to help catch kids that may be in a state of crisis. Mrs. Larson is working on a crisis response guideline. Tim Denney will be delivering a presentation to 6-12 grade students in regards to mental health and suicide awareness.

Superintendent Report: Athletic Update-Boys and Girls basketball tournaments in a couple of weeks. Bus Log #10 is back up and running. Building Project-This is nearly complete. The thermostats need to be wired correctly.

Motion by Tera Nordby, second by James Verbout to approve the resignation of Audrya Nelson, paraprofessional. Passed 5-0. Motion by Gretchen Smeby, second by Luke Nordvick to approve the hire of Head Custodian, Devin Ruud.. Passed 5-0. Motion by Jeremy Rychlock, second by James Verbout to approve the hire of Allison Kangas, full time paraprofessional, and other duties as assigned.. Passed 5-0. Motion by Tera Nordby, second by Gretchen Smeby to approve hire of Brittney Sparby, part time kitchen help, and other duties as assigned. Passed 5-0. Motion by Gretchen Smeby, second by Luke Nordvick to approve appointment of Katelyn Larson and Brenna Dallager as Student Council advisors. Passed 5-0.

Motion by Tera Nordby, second by Gretchen Smeby to approve the Essential Contract for 2023-24 through 2024-25 School Years. Passed 5-0. Motion by James Verbout, second by Luke Nordbick to approve Senior Class Trip. Passed 5-0. Review 6th Grade Trip Information - this will be approved at the March meeting.

Trustee Reports: The school will be hosting a benefit for Carrie Loken on March 5th. Adjourn: Meeting Adjourned at 6:00. Next Meeting is 4/20/23, 7:00 p.m.

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Roseau County 4H team won Grand Champion at the General Livestock Project Bowl at Regionals in Bemidji on Saturday, March 18th. Two Grygla Go-Getter members were part of the team, Katelyn Larson and Walter Jones. Also pictured are Ivan Erickson and Nathan Waage. The team will compete at the State General Livestock Project Bowl in April in Sauk Rapids. Photo courtesy of Dawn Larson



Goodridge Lion Tamers held their Spring Opener last Saturday, March 25 at the Lion’s Hall. Refreshments and Hors d’oeuvres were served from 7pm-12am with the following prizes drawn: Remington 100-243 BDL Bolt: Jason Homme; \$1,000 cash: Lisa Pittman; Tikka T3X Hunter 300 WinMag Bolt: Jim Johnsrud; \$750 cash: Alan Newton

Lion Tamers hosting the event are pictured from L-R: Jennifer Kotrba, Bridget Paulson, Miranda Irlbeck, Colleen Hoffman, Karyl Mayernik, Crystelle Philipp, Sue Philipp, Twyla Race, Tracy Johnson, and Faye Wold. Missing from the picture was Ruth Sanders, Sarah Kotrba, Tara Nelson, Marie Adams, Sadie Miller, and Kember Anderson. Photo courtesy of Crystelle Philipp

Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

MacédoineMas-i-dwahn

Noun

A mixture of fruits or vegetables, often served as a salad.

• SIMPLY DELICIOUS

By Kari Sundberg, Eagle Editor
Philly Cheesesteak Stuffed Rolls

There are rolls and then there are rolls stuffed with the cheesy, beefy, caramelized onion deliciousness of a Philly cheesesteak. I’m including the link here so you can check out the video on this recipe; it’s the video that did it for me, so have at it. Please.

<https://www.tastemade.com/videos/philly-cheesesteak-stuffed-rolls/>

Ingredients:
3 tablespoons olive oil
1 red bell pepper, sliced
1 yellow bell pepper, sliced
1 onion, sliced
2 cloves garlic, minced
Salt, to taste
Pepper, to taste
1/2 pound thinly sliced rib-eye steak
2 (6-ounce) cans refrigerated dinner roll dough
1/2 pound provolone cheese, shredded
1/4 cup butter, melted
1 teaspoon minced garlic
3 tablespoons chopped parsley

Instructions:
Preheat oven to 375 degrees and grease a 10-inch cast-iron skillet with butter. Heat a griddle pan over medium-high heat. Add olive oil and cook peppers and onion, stirring often, for about 8 minutes, until slightly caramelized. Add gar-

lic and season with salt and pepper. Cook for another minute then push to the cooler side of the griddle.

Place steak slices on griddle in one layer, and cook for about 2 minutes, flipping the meat while it cooks until it is no longer pink.

Roll out one piece of dinner roll dough to flatten.



CROSSWORD

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ACROSS

1. Partner of pains

6. "Raiders of the Lost ____"

9. Opposite of flows

13. Flesh of fish

14. Grazing area

15. Soft palate hanger

16. Boatload

17. Wood-shaping tool

18. Old episode

19. *Alice of "Color Purple"

21. *Fruit and color

23. Long reef dweller

24. Sound of pain

25. Math class total

28. Excessively abundant

30. *"Royal" color

35. Arrival times, acr.

37. *Color quality

39. Shininess

40. White House "sub"

41. Sritelike

43. Cupid's counterpart

44. Serengeti grazer

46. *Feeling blue

47. Hokkaido native

48. *Color wheel inventor

50. Walk with a hitch

52. "Malcolm X" (1992) movie director

53. Stare open-mouthed

55. Napoleon of "Animal Farm," e.g.

57. *Between blue and violet

60. *____phobia, intense fear of colors

63. Opposite of cathode

64. North American country

66. Run ____ of the law

68. Geography class book

69. Local area network

70. It's firma

71. Has divine power

72. Banned insecticide, acr.

73. German surrealist Max

DOWN

1. "General Hospital" network

2. Crop of a bird

3. Zeus' sister and wife

4. Two under par on a golf hole

5. Meat-cooking contraption

6. Winglike

7. *Predominant color of Mars

8. Type of membranophone

9. Like never-losing Steven

10. Town

11. *Primary color

12. ____ Juan, Puerto Rico

15. 7th planet from the sun

20. Chosen few

22. Nicki Minaj's genre

24. Not womenfolk

25. *Number of colors in a rainbow

26. Of service

27. Colorful parrot

29. *The Lumière brothers' colorful creation

31. "Cheers" actress Perlman

32. Jeopardy

33. Sergio of Spaghetti Westerns fame

34. Follow as a consequence

36. Email folder

38. Cone-shaped quarters

42. Naiad or maenad

45. Motherless calves

49. Old horse

51. Long John Silver, e.g.

54. Modified "will"

56. Bottom-ranking employee

57. Opposite of "out of"

58. Hall of Fame Steelers' coach

59. June 6, 1944

60. "____ Buy Me Love"

61. Between dawn and noon

62. Yours and mine

63. Expression of pleasure

65. Melancholy

67. Latissimus dorsi, for short

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Wednesday, March 29, 2023

Elementary Intramural playoffs



The Grygla Elementary School held their Intramural playoffs last week. The kids in grades 4-6 played every Friday from January-March. 1st place went to the Red Eye Tigers, coached by Reece Sundberg. *Photos courtesy of Brady Olson*



2nd place: Ball Stars, coached by Molly Cullen and Lewis Jones



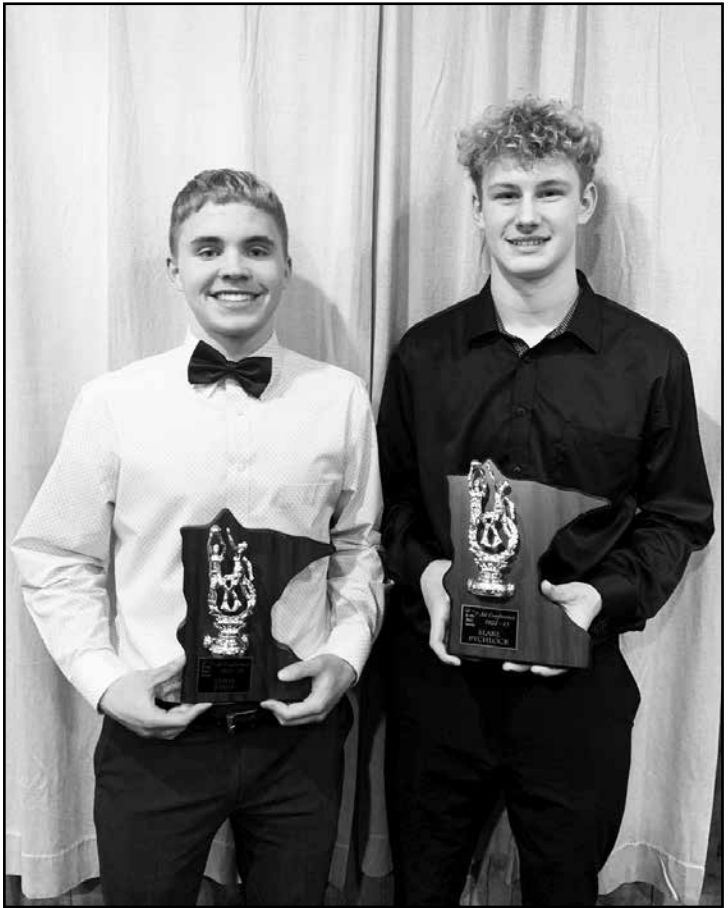
3rd place: Swish Kabobs, coached by Blake Rychlock and Kaylor Torgerson



4th place: Big Blue, coached by Christian Loken



The Goodridge/Grygla Senior Boys Basketball Players got to play in their last game of their high school careers at the annual North Border Senior game in Roseau recently. L-R: Coach Andrew Sundberg, Kaylor Torgerson, Reece Sundberg, Matt Busse and Elliot Philipp. Also that same night, Lewis Jones and Blake Rychlock were recognized for their All-Conference honors. The two Grygla Juniors also attended the North Star Conference Boys Basketball Banquet where they recieved their awards. (Pictured above right.) *Photos courtesy of Grygla School*



Winter load increases end and spring load restrictions start March 29

The Minnesota Department of Transportation will end winter load increases – and start spring load restrictions – in the NORTH-CENTRAL and NORTH zones Wednesday, March 29, 2023 at 12:01 a.m.

Spring load restrictions are already in effect in the other zones.

Seasonal load limit zones and restricted routes can be found on the MnDOT load limits map. Start and end dates and other load limit information are shown at mndot.gov/

loadlimits.

Overweight permits for more than 80,000 pound gross vehicle weight will continue and new permits will be issued if all axle and group weights are legal.

Full-summer overweight permits can be issued, during the spring load restriction period, for travel on the interstate system only.

Middle-range overweight permits become available within each zone when spring load restrictions are lifted. Full-

summer overweight permits become available two to three weeks after spring load restrictions are lifted.

Ending dates for spring load restrictions are variable and based on how weather is affecting roadway strength.

MnDOT will report start and end dates on its 24-hour automated message center at 1-800-723-6543 for the U.S. and Canada.

For questions about legal axle weight during SLR; Gross Vehicle Weight Schedule, call:

Minnesota Department of Public Safety State Patrol – Commercial Vehicle Enforcement

651-350-2000.

For questions about oversize/overweight loads/permitting call: Minnesota Department of Transportation Freight and Commercial Vehicle Operations – Oversize/Overweight Permits 651-296-6000 or email ofcvopermits.dot@state.mn.us

All changes are made with a minimum three calendar-day notice.

