



				
Today	Thurs	Fri	Sat	Sun
Mostly Cloudy	Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy
H 2 L -9	H -1 L -17	H 4 L -6	H 9 L -2	H 23 L 14

Wednesday, February 22, 2023

WE'RE ONLINE www.tricocanary.com

Vol. 47 Number 35

In this issue ... Lots of fun outings and events coming up in March and April! See the back page for more information.

It's OK to not be OK



Written by Destiny Brown
Destiny Brown, of Grygla, MN, works for Northern Pines Mental Health Center out of Brainerd. Her professional roles with the company include Suicide Prevention Instructor, North Central MN Suicide Prevention Regional Coordinator, Front Line Care Project Lead.

Below, she shares some personal and professional insight on a topic she feels needs to be more easily discussed: SUICIDE.

"Never give up. There is no such thing as an ending. Just a new beginning." -Anonymous

Since moving to Grygla, I have heard comments like: suicide doesn't affect me, I don't know anyone who has died by suicide, no one I know has a mental illness, or we live in such a small town, this stuff doesn't happen here.

I can assure you that this can and does happen. No one is immune to the struggles of mental health or the loss of someone by suicide. Seven years ago, I was directly impacted by suicide when I lost a family member. I never thought that I would lose anyone to suicide, especially someone within my family who I was very close with. I thought that if they were struggling, they would tell me, and I could help. I was mistaken. Looking back, I actually had no idea where I would have started in helping him.

Since my loss, I have become very passionate in helping others who are struggling. Over three years ago, I accepted a position working with organizations and community members to learn the warning signs of suicide, how to properly ask if someone is thinking about

suicide, how to persuade them to stay alive and accept help, and how to assist them in finding the appropriate help they need. Since accepting my position, I have had many heartfelt conversations with those who have lost a loved one to suicide. I have helped many individuals and organizations to open a line of communication to safely, and appropriately have conversations regarding mental illness and suicide stigma.

Small towns like ours need to have these open and honest conversations about mental health and suicide. We all need to be prepared as best as we can as non-professionals to help if someone is struggling with mental health issues or may be thinking about suicide.

Recently, I saw that a local school held a mental health event directed for students. I think this is a wonderful start. I started to wonder what resources are available for those students who did not attend this event. What about the parents who do not have any information or resources? We are in a very rural area, we lack many resources that are available in larger areas. It is extremely important to know what resources are available, to attend presentations that are available to help identify key factors when our children, neighbors, family members, community members are in need. Sometimes they just need to know that someone cares about them.

Suicide is currently the fifteenth leading cause of death in Minnesota, according to worldlifeexpectancy.com. There are a number of crisis numbers available. You do not necessarily need to be suicidal to contact them. If you find yourself or someone you know is struggling with a mental illness crisis, divorce, bullying, gender identity, relationships, parenting, or suicide, you can call or text: 988 or chat: 988lifeline/chat.

Some ways that you can help someone who has lost a loved one to suicide: be empathetic, accept their feelings, recognize their emotions (they

are not being over dramatic, they are experiencing grief), be sensitive to dates (certain dates may be particularly hard for them), continue to use the loved one's name, be sensitive in the language used. Be aware of you own feelings and reactions when speaking to a loss survivor. Be sure to listen more, than speak.

Some ways that you can learn more about mental health and suicide prevention is to attend a presentation that provides information about these topics. Search the American Foundation for Suicide Prevention, NAMI-MN, Suicide Prevention Resource Center, SAMHSA websites. They can provide a wide variety of information. I also am able and willing to provide the following presentations to community members, businesses, school staff. These presentations are free and open to those within the age limits listed under each presentation.

School & Community Suicide Prevention 988 LifeLine Presentations:
988 Suicide & Crisis Lifeline provides free support at your fingertips, 24/7.

Presentations and resources for 988 Suicide & Crisis Lifeline information available for grades 7-12th, including communities. In-person/virtual.

Make It OK-Stop Mental Illness Stigma:

Make It OK is a community campaign to reduce stigma by increasing understanding and creating caring conversations about mental health illnesses. 18+, 1hr, in-person/virtual.

• *POST Course #10590-0002/1-hour.*

Changing the Narrative on Mental Health & Suicide:

Understanding the importance of language, ability to identify risk and protective factors, review 8-dimensions of wellness, and be empowered to respond to people in distress. 1-3hr, in-person/virtual.

• *POST Course #10590-0003/2-hour*

Question, Persuade, Refer (QPR):

Question. Persuade. Refer training to help individu-

als recognize warning signs of someone in crisis or having thoughts of suicide. 16+. 1hr, in-person/virtual

- *Core-Everyone*
- *Emergency Service Professionals *POST Course #10590-0001/1-hour*
- *Rural & Agricultural Communities*
- *Schools-meets teaching licensure requirements*
- *Clergy*
- *Elderly/Elder Care Workers*

safeTALK-Suicide Alertness for Everyone:

safeTALK is a 4-hour alertness training that prepares anyone, regardless of prior experience or training, to become a suicide-alert helper. 15+. 4hr, in-person.

• *POST Course #10590-00004/4-hour*

If you are interested in learning more or scheduling a presentation, please contact me at 218.821.2501 or dbrown@npmh.org. If you find yourself in crisis, please contact 988 Suicide & Crisis LifeLine.

Know that you are not alone! If you're struggling, please reach out to someone.



Destiny Brown lives in Grygla. She works for Northern Pines Mental Health Center out of Brainerd. Her professional roles with the company include Suicide Prevention Instructor, North Central MN Suicide Prevention Regional Coordinator, Front Line Care Project Lead.



Grygla-Gatzke Food Shelf to begin March Campaign

Written by Cheryl Sistad, Chairman

March is almost here and that means it time for the Annual Minnesota Food Share March Campaign for Hunger Awareness. The Grygla-Gatzke Food Shelf is participating by requesting non-perishable food items and monetary donations during the month of March. The campaign actually runs from Monday February 27th through Sunday, April 9th. We are eligible to receive funding from Minnesota Food Share based on the funding raised and the amount of food items donated (number of pounds).

This is our big fundraiser for the year and the ability to generate some matching funds

makes it all the more worthwhile.

The Grygla-Gatzke Food Shelf is run on individual donations and any grants that we may receive. We are able to buy food items through the North Country Food Bank at a greatly reduced rate, but we do buy additional food items locally and therefore support the local economy.

Your support is needed to keep this food program going. We urge you to consider making a donation to the Grygla-Gatzke Food Shelf during the March Campaign. Donations can be sent or given to our Treasurer, Lori Thompson, 222 Evelyn Avenue, PO Box 105, Grygla, MN, 56727.



Kamdyn Brobst took 3rd place at the Hayes Lake Fishing Derby last Saturday. His catch was 32" and weighed 8 lbs., 2.4 oz. Photo courtesy of Matia Brobst

Garden Club Spring Luncheon

Plans are in the works for a Grygla Garden Club Spring Luncheon. Saturday, March 18th, at The Hound Pub & Dining. Registration is at 11:30am with a soup/sandwich lunch to follow at noon. The guest speaker at the event is Heidi Hughes from Agassiz Audubon

in Warren; the topic is Pollinator Gardening. Cost for the luncheon is \$15/person.

The Grygla Garden Club is working at beautifying the city of Grygla. Gardeners of all levels of expertise are welcome to join.



This photo was taken at a recent safeTALK training in Todd County, conducted by Destiny. Photos courtesy of Destiny Brown



The Iron Chargers Drone team hosted a tournament at the Grygla School over the weekend. See page 2 for more information and photos. Photo courtesy of Grygla School

• CHURCH CALENDARS

GRYGLA LUTHERAN PARISH
Grace and Our Savior's, Grygla
Vicar Marilyn Grafstrom
Recorded services will play on Garden Valley channel 36 on Wednesdays 7pm and Sundays 9am & 7pm.
Wednesday, Feb 22
Ash Wednesday
11am Bible Study, 2:30pm Release Time, 3:30pm FFF Night, 7pm Ash Wednesday Worship at Grace
Thursday, Feb 23
9am Grace Quilting, Our Savior's Ash Wednesday Worship 7pm
Sunday, Feb 26
OS: 9am Worship, no SS
Grace: 10:30am Worship

GOODRIDGE AREA LUTHERAN PARISH, ELCA
Bethany, Ekelund, Faith
Wednesday, Feb 22
Release Time 12:20pm, Ash Wednesday Service at Bethany - meal at 6:15, Worship at 7pm
Sunday, Feb 26
Ekelund: 8am Worship, 9am SS
Faith: 9:30am Worship, 10:30am SS
Bethany: 10am SS, 11am Worship
All Councils meet at Bethany 7pm
Monday, Feb 27
Faith Quilting 9am-2pm

THE CATHOLIC COMMUNITIES OF St. Clement's - Grygla; St. Ann's - Goodridge
Fr. Bryan Kujawa
Sundays:
Lent Service info N/A
St. Clement's: 11:45am Worship

St. Ann's: 10am Worship
BETHESDA LUTHERAN CHURCH
Skime
Pastor Steve Bliss
Sundays
9:30am Worship
UNITED LUTHERAN PARISH Gatzke
Pastor Tim Lundeen
Wednesday, Feb 22
Ash Wednesday Service at 5pm w/ supper to follow.
United Council Meeting 6pm
Sundays
8:30am Worship
Mondays
Quilting at 9am
CLEARWATER LUTHERAN PARISH
St. Petri - Grygla; Mt. Olive, Nazareth - Trail; Oak Park - Oklee
Pastor Jeff Merseth
Wednesday, Feb 22
Wed. School 5-6pm; Meal at 6pm, Ash Wednesday Service 7pm
Thursday, Feb 23
Mt. Olive Worship 5pm
Saturday, Feb 25
Mt. Olive: 9am Worship
Sunday, Feb 26
St. Petri: 8am Worship, 9:15am SS
Oak Park: 8:45am SS, 9:45am Worship
Nazareth: 10am SS, 11am Worship

Please send your church calendars, including your Lent Service schedules to:
grygla.eagle@gmail.com

Community Calendar

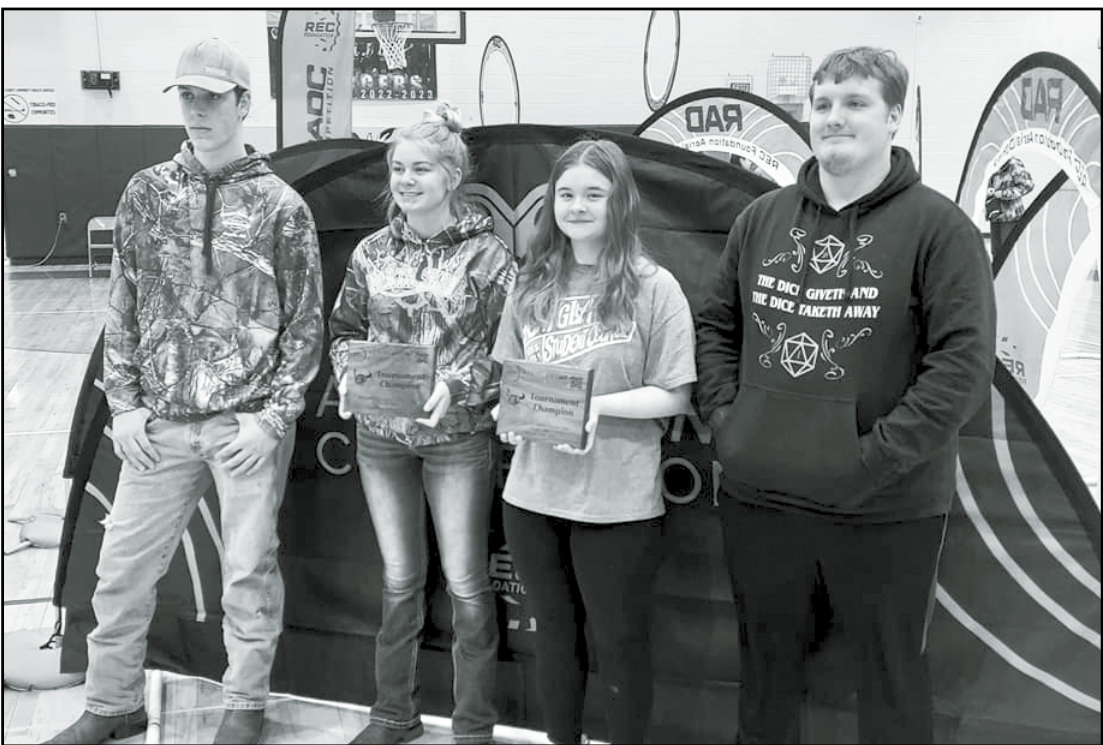
Wed | Feb 22
Senior Meals at Grain Bin Café 11am; Grygla Library open 2-6pm; GBB/BBB practice 4-6pm
Thurs | Feb 23
BBB at Blackduck; GBB in Goodridge vs. RLF
Fri | Feb 24
Senior Meals at Grain Bin Café 11am; GBB in Goodridge vs. WEM; BBB practice in Grygla 4-6:30
Sat | Feb 25
JH BBB/BBB Tourney in TRF; Grygla/Gatzke Food Shelf open 8-10:30am
Sun | Feb 26
JH BBB/BBB Tourney in TRF; Grygla Go-Getters 4H Fun Day 12:30-4pm
Mon | Feb 27
Senior Meals at Grain Bin Café 11am; BBB/BBB practice

Snowmobile Fun Run

Fourtown/Grygla Sportsman's Club is holding their 5th Annual Snowmobile Fun Run on Saturday, March 11th, from 11am-6pm. The day consists of trail riding with five game stops: Goodridge Municipal Liquor Store, Fourtown Store & Tavern, The Hound Pub & Dining, Goodridge Shelter, Dike Shelter, Nelson's Landing (extra card for this stop). Rules: Must complete all stops to qualify for cash prizes. Must return by 6pm with game stop pictures to qualify. Registration open until 6pm at Fourtown. Registration fee of \$20 includes meal. Riders may start at any location. 1st place prize is \$250, 2nd place is \$100, 3rd place is \$50. Registration is \$20 per person, which includes the meal at 6pm at Fourtown Store & Tavern. All proceeds go to the Lourens family. Event sponsors: Stanley Farms, Farmer's Union, American State Bank, Machinewell, Universal Screenprint, Grygla General Store, The Hound.

Pancake feed

A Pancake feed, meat raffle & silent auction will be held at the Grygla School on Sunday, March 5th, from 9:30am-2pm. All proceeds will go to Carrie Loken who is battling Esophageal Cancer.



The Iron Chargers Drone team hosted a tournament in Grygla last Saturday for a last chance for area teams to attend the championship events located in either Michigan, West Virginia, Mississippi, and Texas. (Teams pick which event/location they want to attend.) The tournament ran smoothly with both teams, 4149F and 4149D, doing very well. 4149F finished in 1st after qualifications and selected 4149D, who was 2nd, to move into eliminations. Flying together, they were able to win the tournament and keep some cool looking plaques made by Grygla's shop class. 4149D also finished 2nd in Autonomous skills. Unfortunately, the tournament didn't have enough teams entered to make it a qualifying event. However, they are still awaiting official word if they will receive an invite to an out-of-state championship event. *Photos courtesy of Grygla School*



- HELP WANTED -

Mental Health Social Worker needed at Marshall County Social Services. A Degree from an accredited four-year college with major in Social work, Sociology or Psychology, or a closely related field is required. Minnesota Merit System certification is necessary. Starting salary is \$27.04 to \$37.07 depending on level of experience. If interested please send your resume and references to 208 Colvin Avenue, Warren, MN 56762 and complete an application on line at <http://agency.governmentjobs.com/mnmeritsystem/default.cfm>. If you have any questions, please contact Lisa at Marshall County Social Services in Warren, MN at 218-745-5124. Marshall County is an Equal Opportunity Employer. Deadline to apply is 3/3/23.

NOTICE TO CONTRACTORS

Sealed quotes will be received until 4:30 p.m. on March 3rd, 2023 by the Marshall County Highway Engineer, Warren, Minnesota, on behalf of the Marshall County Board of Commissioners for the rental of heavy equipment to be used for road and ditch repair work within Marshall County. Proposals shall be obtained from the Office of the County Highway Engineer or on our county website: www.co.marshall.mn.us, under Highway Department. All quotes must be submitted in a sealed envelope marked "Quotes for Equipment Rental 2023" and addressed to: County Engineer, 447 S. Main, Warren, MN 56762. Marshall County reserves the right to accept or reject any or all quotes and to waive irregularities therein.

SNOWSHOE EXCURSION
EXPLORE THE HISTORY OF THE FUR TRADE & THE NORTHWEST PASSAGE WITH A SNOWSHOE EXCURSION ON THE RIVER
February 25, 2023
Veteran Park/Gazebo • Roseau, MN
Start with exploring the history of snowshoeing and winter in the fur trade by following the story of Dr. John Rae and the Franklin expedition. We will also examine the different styles and designs of snowshoes used by native peoples and followed by a half-mile guided snowshoe tour.
Snowshoes provided for ages 6 and up.
This program is entirely outdoors. Dress for the weather (layers recommended), approximately 1 hour long tour.
Tours start at the top of every hour, 10 a.m. to 4 p.m. Up to 30 per tour on a first come basis.
Free to the public. Questions: 218-463-1918. Hosted by the Roseau County Museum.



Playing It Safe

In recent years, some "new" investments have found their way into the marketplace. Many of these "new" investments promise a high rate of return, but are not insured, and as a result involve a high degree of risk. When you have money to invest, we recommend playing it safe with insured investments from our bank. Each depositor is insured to at least \$250,000 by the FDIC.

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FAX (218) 294-6239
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Farmers Union Oil Company
Serving You
ENERGY • AG • SERVICES
Since 1940
OFFICE HELP WANTED
Full time office help wanted at the Farmers Union Oil Co. of Grygla. Accounting and computer skills required, Word and Excel. Benefits include 401k, health insurance, vacation and sick time.
Stop by office for application or call 218-294-6117 and ask for Brenda or Bob Thompson.
AG DEPARTMENT EMPLOYEE NEEDED
Farmers Union Oil Co. is looking for a self-motivated full time employee to work in the Ag Dept.
Candidate must have CDL license or be able to obtain, be able to operate equipment, do some maintenance work, have some computer knowledge, good PR and communication skills.
Benefits include 401K, health insurance, vacation, and sick time.
Stop by office for an application or call 218-294-6117 or 294-6153 and talk to Bob Thompson.

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Richard D. Richards - PUBLISHER
Karl Sundberg - EDITOR
Phone 294-6220
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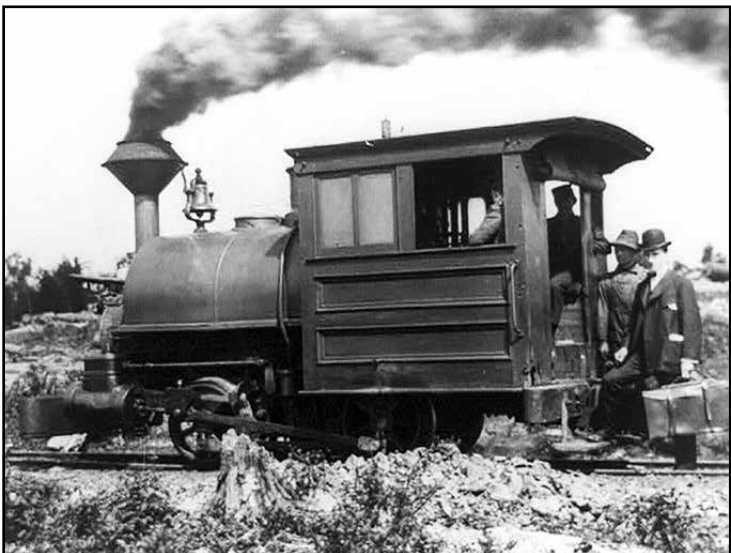
STATE OF MINNESOTA DISTRICT COURT COUNTY OF MARSHALL NINTH JUDICIAL DISTRICT
Case Type: 14 Other Civil Court File No.45-CV-23-18
SUMMONS
United Valley Bank,
Plaintiff,
vs.
Erin T. VanCamp a/k/a Erin T. Knutson, Derek Knutson, Chad Gary Cater, and John Doe and Mary Roe,
Defendants.
THIS SUMMONS IS DIRECTED TO DEFENDANT ERIN T. VANCAMP A/K/A ERIN T. KNUXTON, DEREK KNUXTON, CHAD GARY CATER, AND TO ANY PERSON IN POSSESSION.
1. YOU ARE BEING SUED. The Plaintiff has started a lawsuit against you. The Plaintiff's Complaint against you is attached to this summons. Do not throw these papers away. They are official papers that affect your rights. You must respond to this lawsuit even though it may not yet be filed with the Court and there may be no court file number on this summons.
2. YOU MUST REPLY WITHIN 20 DAYS TO PROTECT YOUR RIGHTS. You must give or mail to the person who signed this summons a written response called an Answer within 20 days of the date on which you received this Summons. You must send a copy of your Answer to the person who signed this summons located at: ABIGAYLE M. LINDGREN or JOHN D. SCHROEDER, Zimney Foster P.C., 3100 S. Columbia Road, Ste 200, Grand Forks, ND 58201, alindgren@northdakotalaw.net or jschroeder@northdakotalaw.net
3. YOU MUST RESPOND TO EACH CLAIM. The Answer is your written response to the Plaintiff's Complaint. In your Answer you must state whether you agree or disagree with each paragraph of the Complaint. If you believe the Plaintiff should not be given everything asked for in the Complaint, you must say so in your Answer.
4. YOU WILL LOSE YOUR CASE IF YOU DO NOT SEND A WRITTEN RESPONSE TO THE COMPLAINT TO THE PERSON WHO SIGNED THIS SUMMONS. If you do not Answer within 20 days, you will lose this case. You will not get to tell your side of the story, and the Court may decide against you and award the Plaintiff everything asked for in the complaint. If you do not want to contest the claims stated in the complaint, you do not need to respond. A default judgment can then be entered against you for the relief requested in the complaint.
5. LEGAL ASSISTANCE. You may wish to get legal help from a lawyer. If you do not have a lawyer, the Court Administrator may have information about places where you can get legal assistance. Even if you cannot get legal help, you must still provide a written Answer to protect your rights or you may lose the case.
6. ALTERNATIVE DISPUTE RESOLUTION. The parties may agree to or be ordered to participate in an alternative dispute resolution process under Rule 114 of the Minnesota General Rules of Practice. You must still send your written response to the Complaint even if you expect to use alternative means of resolving this dispute.
7. THIS LAWSUIT MAY AFFECT OR BRING INTO QUESTION TITLE TO REAL PROPERTY located in the County of Marshall, State of Minnesota:
Lots Nine (9) and Ten (10), in Block Seventeen (17), Culbertson's Addition to the City of Argyle, Marshall County, Minnesota
Together with all the then existing or subsequently acquired improvements, buildings, structures, fixtures, goods, easements, licenses, tenements, hereditaments, and appurtenances belonging or in any way appertaining or relating to this real estate.
The object of this action includes the foreclosure of the following Mortgage held by Plaintiff pursuant to federal and Minnesota law:
Mortgage bearing the date of October 8, 2014, executed by Defendant Erin VanCamp as Mortgagor, to United Valley Bank as Mortgagee, and which Mortgage was filed for record in the Office of the County Recorder of Marshall County, Minnesota on October 17, 2014, at 10:00 a.m. as Document No. 321989. Said Mortgage was thereafter modified by a Modification of Mortgage given by Defendant Erin T. Knutson FKA Erin T. VanCamp and Derek L. Knutson, spouse of Erin T. Knutson dated December 5, 2019 and recorded on December 9, 2019 at 10:00 am as Document No. 334475.
Dated: January 18, 2023
JOHN D. SCHROEDER (MN ID #0395932) /s/ Abigayle M. Lindgren ABIGAYLE M. LINDGREN (MN ID #0402304) jschroeder@northdakotalaw.net alindgren@northdakotalaw.net Zimney Foster P.C. 3100 S. Columbia Road, Ste 200 Grand Forks, ND 58201 Phone: (701) 772-8111 Attorneys for United Valley Bank

Only in Minnesota: a weekly feature in the Eagle

This is what Minnesota looked like 100 years ago
What do you think Minnesota may have looked like 100 years ago? It's amazing to look back at the history of Minnesota and see how much has changed, and in some cases what has stood the test of time. Looking back nearly a century ago, it's interesting to see the same places we know and love today in a new (or rather, old) light. From spectacular buildings to the old mining areas, here's a little glimpse into the past of the land of 10,000 lakes.



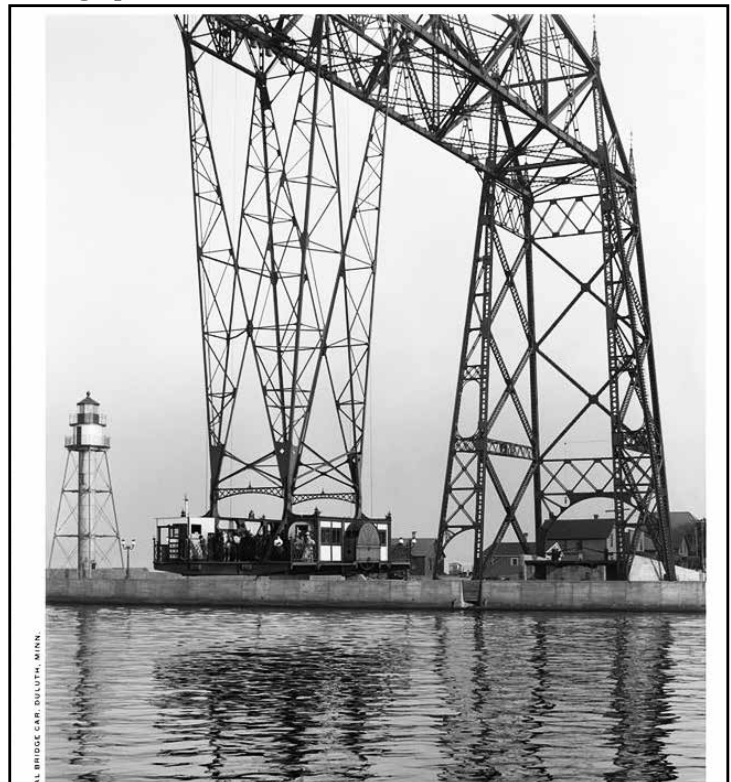
October 13, 1919 – Minneapolis: A parade of soldiers re- turning from World War I through downtown.



1903 - Mesabi Range: Locomotive on the Mesabi Range. The range spans 110 miles and is known for its iron ore mining operations.



1906 – Hibbing: More mining in the range.



1908 – Duluth: Aerial Bridge, Duluth. Before the up- grades, here's what the aerial bridge looked like. It was the first of its kind in the US.



Then - The MN Senate in 1901.



Now - The MN Senate Chamber looks spectacular.



The Goodridge Lutheran Parish organized a ski trip to Buena Vista last Sunday. The trip was open to all youth in grades 7-12. It was a beautiful day to hit the slopes and a great group of kids (and chaperones!) enjoyed their time on the hills. The church deserves a special shout-out for covering over half the cost of each kid in attendance, in addition to bringing a bunch of snacks for all the kids. *Photo courtesy of Deanna Coan*



KC Pro West held a mini race series in Goodridge over the GG-500 weekend. Peter Miller (above and right) got 4th place on Saturday and 2nd place on Sunday in his class. *Photos courtesy of Aaron Miller*

Word of the Week
...enhancing vocabularies
one Grygla Eagle at a time.

Nonpartisan
Non-pahr-tuh-zuhn
Adjective
Not supporting or controlled by a political party, special interest group, or the like.

• SIMPLY DELICIOUS

By Kari Sundberg, Eagle Editor
Sweet and Spicy Baked Cauliflower

This easy cauliflower recipe is full of flavor and the perfect combination of sweet and spicy. Makes an amazing appetizer recipe or a side dish option.
Ingredients
1 Large Head Cauliflower cut into bite-sized florets
Cooking Oil Spray
1 Tsp Garlic Salt
Salt and pepper, to taste
1 Tbsp Green Onions sliced
1 Tbsp Sesame Seeds
For the Sweet and Spicy Sticky Sauce:

¼ Cup Honey
2 Garlic Cloves minced
¼ Cup Low sodium soy sauce or coconut amino
1 Tbsp Sriracha
1 Tbsp Hoisin Sauce
1 Tsp Gluten-free flour or cornstarch
Instructions
Preheat oven to 400 degrees F and line a baking tray with parchment paper. Arrange the cauliflower florets in a single layer onto the prepared baking tray and spray with cooking oil. Sprinkle with garlic salt, and pepper, and using your hands toss well to coat.

Bake in the preheated oven for 15-20 minutes, until it starts to brown on the edges. While cauliflower is cooking, combine all the sauce ingredi- ents into a small saucepan and whisk until well incorporated.
Place the saucepan over me- dium heat and stir frequently, until sauce thickens about 4-5 minutes. Once the cauliflower has finished baking, remove from the oven and allow to cool for a few minutes. Pour the sauce over and toss until fully coated. Top with green onions and sesame seeds and enjoy!



Outdoor area fun



Last Saturday night, Itasca State Park hosted a lantern- lit snowshoe/ski event from 5:30-8pm. The event was open to anyone wanting to ski or snowshoe by the light of the stars and kerosene lanterns along the trail, which was a 3.5 mile loop. (Go at your own pace!) There was a bonfire set up along the trail. The fireplaces were also lit in the Jacob V. Brower Visitor Center with live acoustic music.
Make sure to check out the MN DNR website for upcom- ing events similar to this that are held at Lake Bemidji State Park, Hayes Lake State Park and Itasca. It's great to get out and enjoy some outdoor fun around the area!
Pictured is Deanna Coan, who hit the trails in Itasca last Saturday with Kari Sundberg. *Photo by Grygla Eagle Newspaper*



Congratulations to Charger Chloe Kuznia ('21) on a suc- cessful Pioneer Basketball Career. She had her last home game as a Lady Pioneer at Northland Community & Tech- nical College in TRF. Her coaches thanked her for her leadership, dedication and hard work the last two years. NCTC Women's Basketball placed 1st in the Northern Con- ference. Good luck to them at Regionals! *Photo courtesy of Grygla School*



Charger stats from last week

BBB on Tuesday, February 14th, in Oklee
RLC Rebels 84, Chargers 61
Stats: Blake Rychlock (8 pts), Matt Busse (5 pts), Spencer Coan (4 pts), Carson Rubischko (13 pts, 6 reb, 3 asst), Lewis Jones (21 pts, 6 reb), Elliot Philipp (3 pts), Russell Rian (5 pts, 9 reb), Reece Sundberg (2 pts, 4 reb)
Coach's comments: We started an extremely challenging week by playing Red Lake County. We had a tough night against the Rebels in Oklee. They shot the ball extremely well, led by Gerald Melin's 42 points. We couldn't get enough stops to make a game of it. It was a dominating performance by the Rebels.
GBB on Tuesday, February 14th in Grygla vs. BGMR
GG 33, BGMR 61
Ashlyn Nelson- 2 points; Brooklynn Kriel- 2 points; Chesney Salo- 10 points; Caitlyn Jacobson- 16 points, 9 assists; Anna Sundberg- 3 points
Coach's comments: We had our second matchup with BGMR tonight. I thought the first half went well. We shot well and got some stops on defense. The second half BGMR came out firing. They doubled us up on rebounds, they had some nice backside passes, and we missed too many layups. BGMR showed why they are #1 in our section.
BBB on Thursday, February 16th, in Fosston
Fosston 61, Chargers 41

Stats: Matt Busse (6 pts), Spencer Coan (4 pts), Carson Rubischko (6 pts, 4 reb), Lewis Jones (15 pts, 5 reb), Elliot Philipp (4 pts), Russell Rian (2 pts), Reece Sundberg (4 pts, 8 reb)
Coach's comments: The Chargers took on the 22-3 Greyhounds in Goodridge. We played extremely well to start the game and lead 24-14 with about 5 minutes left in the first half. Fosston made a run to end the half and tied it up at 27. In the second half we just went cold shooting and the Greyhounds disciplined, patient offense got good shots. I was proud of our effort against a very good team.
BBB on Friday, February 17th, in Goodridge vs. WAO
WAO 66, Chargers 41
Stats: Matt Busse (5 pts), Spencer Coan (9 pts), Carson Rubischko (2 pts, 5 reb), Lewis Jones (18 pts, 5 reb), Elliot Philipp (2 pts), Russell Rian (3 pts), Reece Sundberg (2 pts, 8 reb, 3 asst)
Coach's comments: It didn't get any easier as we faced the Ponies, who are 21-3 on the season. They are tough matchup for us with their length and athleticism. We struggled again offensively as we shot poorly and couldn't find many easy looks against them. They shot 14-26 on 3 pointers and pulled away to an easy win. We will hopefully get everyone healthy and get the team together for another challenging week ahead, as we travel to Sacred Heart and Blackduck.

S	P	A	S		P	A	S			A	B	E	T		
L	E	G	O		T	A	L	E		S	C	A	L	A	
U	S	E	R		U	R	G	E		C	H	I	M	P	
B	O	S	T	O	N	I	A	N		R	I	T	S		
				O	B	E	S	E		S	A	L			
L	O	A	F	E	R				F	I	G	L	E	A	F
A	R	M		A	S	K	F	O	R		E	Z	R	A	
S	L	O	S	H		I	L	O		O	S	I	E	R	
S	O	R	T		C	L	U	T	C	H		N	A	M	
O	N	T	A	R	I	O				O	B	S	E	S	S
				N	O	D			B	A	Y	O	U		
	T	O	D	O			H	A	P	P	Y	F	E	E	T
D	A	V	I	S			E	S	A	U		F	I	D	O
A	R	E	N	T			A	I	R	S		E	R	G	O
B	E	R	G				T	N	T			R	E	E	L

Results from last week's StatePoint Crossword puzzle.

Events for your calendar

Grygla Merchant Breakfast
The Grygla Merchants will be serving their free customer appreciation breakfast on Saturday, March 18th, from 7-10am at the Grygla Community Center. Everyone invited to go fill up on pancakes and sausage!
Spring Opener
Goodridge Lion Tamers "Spring Opener" is set for Saturday, March 25th, at the Lion's Hall. Refreshments and Hors d'oeuvres from 7pm-12am. Prizes include a Remington Model 100-243 BDL Bolt, Tikka T3X Hunter 300 Win-Mag Bolt, \$1000 cash and \$750 cash. Tickets are being sold for \$40. Ticket holder must be 21 or over. Need not be present to win.
Grygla Firemen's Supper
GOOD GRAVY! Literally. Those Grygla Firemen sure know how to do it. Along with the gravy, you'll get mashed potatoes, roast beef, ham, coleslaw and corn. The annual supper will be on Sunday, March 26th, at the Grygla Community Center from 4-7pm. Door prizes will be drawn at 7pm.
Goodridge Area Fire & Rescue Open House & Fundraiser
The Goodridge Area Fire & Rescue Open House & Fundraiser is a popular event each year. Mark your calendars for Saturday, April 15th, from 4-7:30pm at the Goodridge Fire Hall. Plenty of food, drinks, raffles and prizes to go around! A full bar set-up by the Goodridge Liquor Store will be on site also.
Grygla Smelt Fry
ALL YOU CAN EAT! The Grygla Lion's Smelt Fry is set for Saturday, April 15th, from 4-8pm at the Grygla Community Center. In addition to smelt, your meal ticket also gets you baked potatoes, baked beans, coleslaw and dinner rolls.



Lewis Jones, above, and Reece Sundberg, right, for the GG Chargers, who lost against WAO 41-66.



Enjoy the action shots from last week's GBB game vs. BGMR in Grygla, along with the BBB game vs. WAO in Goodridge last Friday night. Photos by Grygla Eagle Newspaper



#12 Chesney Salo for the Chargers against the Gators in Grygla on February 14th. Photos by Grygla Eagle Newspaper



Matt Busse & Carson Rubischko battle for the ball against WAO. Photos by Grygla Eagle Newspaper



Kylie Delage hands the ball off to #4 Brooklynn Kriel. Photos by Grygla Eagle Newspaper