



Tri County Canary

A supplement of the:
• Leader-Record • McIntosh Times • Grygla Eagle
• Red Lake County Herald (Oklee, Plummer - Brooks - Red Lake Falls)

Fran Tarkenton and Super Bowls!

By Eric W Mickelson
Next Sunday, February 11, 2024, will be Super Bowl LVIII. If I can decipher my Roman Numerals that means Super Bowl 58! Fifty-eight!! That is hard to believe to me. There was a time I knew every Super Bowl and every score.....not anymore! I know when I was about 12 years old I had a book, I believe it was called Pro Football Digest. Part of the book was a section on the first 10 or so Super Bowls with pictures, statistics, and a little commentary on the game. I used to pour over those pages and I remember how much fun it was!
The first Super Bowl I really remember watching on the big color cabinet TV was Super Bowl IX (That's 9). I would bet many of you remember this one as well. It featured our Minnesota Vikings and Pittsburgh Steelers. The Steelers got up to a 9-0 lead. But with 11:33 to go in the game Matt Blair blocked a punt and Terry Brown recovered it in the endzone for a Viking touchdown. Fred Cox missed the extra point but now it was 9-6.....we had a chance. You Viking fans know the outcome the final score Pittsburgh 16, Vikings 6! The Vikings has lost the previous Super Bowl to Miami 24-7. The Vikings were back again in 1977, in Super Bowl XI, loosing that one to the Oakland Raiders 32-14. Sorry to dig up bad memories, but their is a reason.... Fran Tarkenton!
Former Vikings quarterback, Fran Tarkenton, was born February 3, 1940, so on the radio a few days ago I heard he had turned 84 years old. I couldn't believe 84 years old, then I thought for a moment and I thought of my age and calculated how old I was when I watched those Super Bowls and yes I guess it does make sense that one of my Viking heroes is now 84!
Most of us Minnesota sports fans know the Vikings played in 4 Super Bowls and unfortunately came out on the short end each time. In the three Super Bowls I mentioned earlier Fran Tarkenton was the Vikings starting quarterback. If you are too young to remember Fran, I know you have at least heard the name, us "old-timers" know that he was a great quarterback for that era. When Fran retired in 1978 he held NFL career records for attempts, completions, rushing yards by a quarterback, and wins. Not too shabby! Since Tarkenton's birthday is near Super Bowl time it is fitting to remember he was the first quarterback to start 3 Super Bowls in a 4 year span. We know he was not able to bring home a victory in any of those games but, there is good reason for that too. The Vikings of that era were a great team. But, in the scope of football history they also played in a time where there were some other dynasty teams playing. Teams who dashed the hopes of Vikings fans of



the same era. The Steelers, Raiders, Cowboys, and Dolphins at that same time were also on the top of their games!
Fran Tarkenton told ESPN decades later he believed the Vikings team of 1975 may have been their best. That, of course, was the memorable year when Roger Staubach threw the "hail-mary" pass to Drew Pearson and Cowboys upset the Vikings 17-14!
Super Bowl LVIII will feature the Kansas City Chiefs and San Francisco 49ers. For many years we have been waiting for another Viking's appearance and I guess we will have to wait another year.....but who knows. Maybe Fran could come out of retirement!
How about a little Vikings and Superbowl trivia!
1)The leading all-time rushing quarterback is Michael Vick. Where does Fran Tarkenton fit on that list?
2) Where does Fran Tarkenton rank on the all-time list of quarterbacks in Attempts/ completions/yards/interceptions/and touchdowns for Minnesota Vikings?
3) What college team did Fran Tarkenton play for?
4) What other professional team, besides the Vikings, did Fran Tarkenton play for?
5) The first Super Bowl the Vikings played in was Super Bowl IV. They lost the game by a score of 23-7 to the Kansas City Chiefs. Who quarterbacked the Vikings in that game?
Answers: 1. 7th 2. 1st 3. Georgia Bulldogs 4. New York Giants 5. Joe Kapp

Local MCCL Chapter Charters Bus to St. Paul March for Life

Citizens from Fertile to Bemidji and many in between who are concerned about the future of life in the womb, traveled by tour bus to St. Paul on Monday, January 22, to attend the annual March for Life. The bus was filled to capacity and made the trip in one day, leaving at 7:30 a.m. from Bemidji and returning at 7:30 p.m..
The weather was cooperative and thousands joined other pro-life citizens of the state to make it larger than last year's gathering. Life size baby models (12,175) representing all stages of fetal development and every color of skin were gathered and placed inside the capitol building on blankets in the Rotunda to represent those babies that were aborted in Minnesota during 2022.

Those who traveled the bus were overwhelmed at the magnitude of emotion they felt when they were confronted visually with the number of babies that were aborted in their home state in 2022. Minnesota joins just 3 other countries in the world where abortion is allowed at any time, for any reason and at any age. The Minnesota Department of Health reported that there was a 20% increase in abortion in Minnesota in 2022.
"Each year in Minnesota, hundreds of babies just like me are aborted," said 15-year-old Abby Hewitt of Pine Island, who shared her story at the March. Diagnosed with three critical congenital heart defects, "They told my parents that I would never get to go

to school, read a book, tell a silly joke, fall in love, or get married... But, I am fearfully and wonderfully made, heart defects and all. It's a great reminder every day that I was created on purpose for a purpose."
According to the very well-spoken Abby, she grew up as a normal child, has been competing in all kinds of sports competition, has witnessed to the Minnesota Legislature about her life story; and her story is included in the Creation Museum in Kentucky. Her story was the most impactful for those who rode the bus.
In 2023 the Minnesota legislature established abortion-up-to-birth in state law and repealed numerous longstanding abortion-related policies,

Accepting Century Farm Applications

St. Paul, Minn. – Minnesota families who have owned their farms for 100 years or more are invited to apply for the 2024 Century Farm Program. Produced by the Minnesota State Fair in conjunction with the Minnesota Farm Bureau Federation, the Century Farm Program was created to promote agriculture and honor historic family farms in the state. More than 11,000 Minnesota farms have been honored since the program began in 1976.
Family farms are recognized as a Century Farm when three requirements are met. The farm must be: 1) at least

100 years old according to authentic land records; 2) in continuous family ownership for at least 100 years (continuous residence on the farm is not required); and 3) at least 50 acres and currently be involved in agricultural production.
A commemorative certificate signed by Governor Tim Walz, the State Fair Board of Managers President Wally Wichmann and Minnesota Farm Bureau Federation President Dan Glessing will be awarded to qualifying families, along with an outdoor sign signifying Century Farm status. Applications are avail-

able online at mnstatefair.org/about-the-fair/awards-and-recognition/; at fbmn.org; by calling the State Fair at 651-288-4417; or at statewide county extension. The submission deadline is Monday, March 4. Recipients will be announced in the spring. Previously recognized families should not reapply.
Information on the Century Farm Program will be available at the Minnesota Farm Bureau exhibit during the 2024 Minnesota State Fair. A Century Farm database is also available at fbmn.org.

Weather Cooperates for the January March for Life in Fosston

Nearly 50 committed pro-lifers gathered in the Hugo's parking lot in Fosston on Saturday morning, January 27, 2024, to protest the liberal abortion policies that were passed late in 2023 by the Minnesota State legislature.
The weather was very pleasant for January, and people of all ages from babies in their parents arms to those in their upper 70s joined the cause. They walked the several blocks from the parking lot at Hugo's through downtown and ended at the New Journey Church in Fosston. Todd Lundell introduced the speaker, Joan Bernston, who is a board member of Northwoods Pregnancy Center in Bemidji. Following her own personal story, Bernston introduced the Northwoods Pregnancy Center and all the opportunities they provide to young moms and dads, and how they can help in many ways.
She explained how the Center has greatly increased its footprint in the area by comparing the numbers from the first year to those in the last year. Many resources are available at the Center in addition to counseling, pregnancy tests and ultrasound. She explained

that the ultrasound is the most influential information young parents receive that may help them decide to follow through with a pregnancy.
She also explained the building purchase they are making to provide a permanent home for them. It is near the Bemidji State campus and is big enough to house not only meeting rooms and education space for their clients, but also office space and rooms for the products they offer to the parents.

Several people who could not make the long Walk, joined the walkers at New Journey Church for the program rally and to listen to the speakers, have lunch and ask questions following the program. The March for Life in Fosston was sponsored by the local Chapter of Minnesota Citizens Concerned for Life. For more information contact Mike Brouse 218-435-1056 or Eileen Hegg 218-563-3152.



Youngsters joined oldsters in the March for Life in Fosston, Saturday, January 27 at Hugo's parking lot and walked to New Journey Church for a program rally and lunch.



Nearly 50 people of all age ranges gathered for the March for Life in Fosston on January 27. The Walk for Life ended at the New Journey Church with a program rally and lunch.

New snowplow winning names

The winning names, in order of vote totals, and their future homes are:
•Taylor Drift – District 2 (Northwest Minnesota)
•Clark W. Blizzwald – District 3 (Central Minnesota)
•Dolly Plowton – District 1 (Northeast Minnesota)
•Waipahinte (Dakota word for "snowplow") – District 8 (Southwest Minnesota)
•Beyonsleigh – District 4 (West Central Minnesota)
•You're Killin' Me Squalls – District 6 (Southeast Minnesota)
•Fast and Flurrious – District 7 (South Central Minnesota)
•Barbie's Dream Plow – Metro District (Twin Cities)
MnDOT invited people to submit creative ideas for snowplow names in December 2023 and received more than 8,000 submissions; most suggestions were submitted multiple times

Snowplow...
Continued on page 2



Citizens from Fertile to Bemidji and towns in between filled a Charter Bus bound for the St. Paul March for Life on January 22. The bus was sponsored by local Chapter 45 of Minnesota Citizens for Life.



McIntosh and Meier wed

Lauren McIntosh and Andrew Meier were married November 18, 2023, at St. Anne Church in Bismarck, ND. The bride is the daughter of Peter and Tracy Imle of Gonvick, MN. The groom is the son of Dale and Brenda Meier of Mott, ND. Following a reception at Sixteen03 in Bismarck, the couple left for a relaxing week in Florida. They have made their home in Mott, ND.

The bride is a graduate of the Clearbrook-Gonvick School, North Dakota State University, and earned her DPT at the University of North Dakota. She owns True Treatment Physical Therapy in Mott. The groom is a graduate of Mott High School and North Dakota State University. He is an agronomist at Wilbur – Ellis and farms in Mott.

Coffee, Cover Crops & Soil Health

Come have a coffee with us and your neighbors to chat about soil health.

Starting February 6th at the Rydeen Farms, 47499 199th Ave, Clearbrook from 10:00 a.m. to noon the Clearwater Soil and Water Conservation District will be hosting a series of meetings. They will be discussing soil health in the area. Please bring any questions you may have regarding cover crops, no-till, soil health, or SWCD programs that are available. Come join us for a chat! Coffee and refreshments will be provided.

Other meetings planned will be Wednesday, February 14 at the D&R Cafe in Bagley from 11 am to 1 pm.

Wednesday, February 21 at Countryside Cafe, Bemidji from 9 am to 11 am.

Wednesday, February 28 at

the MJ Cafe in Fosston from 9 am to 11 am.

Tuesday, March 19 at the Morse Town Hall at Deer River from 10 am to noon.

Polk County Sheriff

Truck Falls through Ice

On 02/04/2024 at approximately 1555 hours, the Polk County Sheriff's Office was dispatched to Union Lake for a report of a Ford F250 that went through the ice. The two occupants of the vehicle were able to get out of the truck and there were no reported injuries.

The vehicle went through the ice in the area known as the narrows where there was approximately 5 inches of ice. The vehicle is currently still in the lake, completely submerged.

Polk County Sheriff

Abuction

UPDATE 1-31-24:

The Polk County Sheriff's Office has thoroughly investigated the report of the abduction of a 17 year old female in rural East Grand Forks. With new information gathered, the report is determined to be unfounded.

UPDATE:

After further investigation into this incident the Polk County Sheriff's Office reports that there is no known threat to the public at this time. The investigation is ongoing and further information will be released when available.

On 1/29/24 at approximately 1630 hours, the Polk County Sheriff's Office received the report of a female that was tied up and was located on the side of the roadway by a local resident, along 410th Ave SW in Bygland Township.

Polk County Deputies responded and located a 17 year old female who reported being abducted and brought to the above location. The female was checked and medically cleared by Altru Ambulance.

Polk County Deputies are actively investigating this incident. The Polk County Sheriff's Office is working to determine if there is a current threat to the public or if this is an isolated incident. Further information will be released as it becomes available.

Assisting Agencies were the Minnesota State Patrol and Altru Ambulance.

If anyone observed anything suspicious while driving south of East Grand Forks along Hwy 220 in the area between Hwy 2 and the Thompson bridge or has any other information pertaining to this case, please contact the Polk County Sheriff's Office at 218-281-0431.

R47C

Winter CD Specials

Sparkling Winter Savings

12 Month CD
4.90%
(APY) Annual Percentage Yield

9 Month CD
5.00%
(APY) Annual Percentage Yield



Ultima Bank
MINNESOTA

\$1,000 minimum deposit to open. \$1,000 minimum balance required to earn APY.

No institutional deposits. Fees may reduce earnings. A penalty may be imposed for early withdrawal. Expires 2/9/2024.

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Winger • Fosston • Plummer • Bemidji • East Grand Forks • Gary

Member
FDIC

LIVE Music

JAKE BASTYR BAND

Every Thursday
4:00 p.m.-8:00 p.m.

A variety of music for everyone!

At: Old Trails End Bar Trail MN

Featuring their Pork Chop Dinner Special

Trails End Bar & Grill

108 Main St, Trail, MN
(218) 268-4481

Snowplow...

Continued from front page

by multiple people. Agency staff narrowed the list to 49 finalists for the public to vote on. This is the fourth year that MnDOT has hosted the Name a Snowplow contest.

Statewide, MnDOT now has 35 named snowplows, including Plowly McPlowFace, Betty Whiteout, and Plow Bunyan. In addition to the 32 named snowplows selected through the Name a Snowplow contests, MnDOT staff have also helped to name three additional snowplows: Giiwedin-The North Wind; Goonodaabaan-Snow Vehicle (both Ojibwe); and Icamna-Blizzard (Dakota) in acknowledgement of the highways the state plows adjacent to tribal lands.

Pine Lake Drone Service
(218) 533-6048

Call to Reserve Your Photo Shoot

DINING & entertainment

WALLEYE FISH FRY

Saturday, Feb. 10th, 2024

Serving 5:00–7:00 pm

Walleye pike the way you like them!!

We will deliver to Gonvick City residents.
Call 487-5214

GONVICK AMERICAN LEGION

WHAT'S HAPPENING AT LITTLE BOBBY'S

295 Cleveland Ave, McIntosh, MN • 218-563-3008

You are Invited to Celebrate
Valentines Day

Wednesday, Feb. 14th, with a selection of special meals at Little Bobby's from 4:00 p.m. to 8:00 p.m.

- Burger Basket...\$10
- Pork Loin with Cheesy Potatoes...\$15
- Prime Rib & Shrimp with choice of potatoes...\$25

All meals come with a complimentary glass of sparkling grape juice and a dessert.

Valentine's Day is not just for couples.
Invite a friend to share a meal and enjoy the evening.

BINGO Starting at 56#s Progressive Blackout 6pm, Saturday, Feb. 10th, 2024

WING NIGHT WEDNESDAY

Fri. & Sat., Feb. 9th & 10th, 2024 - Meatballs

SHORTY'S PLACE, 268-4199

CAROL'S COZY BAR & GRILL
Brooks, MN • 218-698-4608

Find us on facebook. **UNDER CAROL'S COZY**

Call in OR Check Facebook for specials!

COMING EVENTS

- ★Friday, Feb. 9th
Music by Josh 7 to 11 p.m.
- ★Saturday, Feb. 17th
Live Music by Troubadours 6:00 to 10:00 p.m.
- ★Sunday, Feb. 25th
Old Time Music with Jake Bastyr Band 3 to 7 p.m.

New selection of hoodies for sale!

Football Party! Sunday, February 11th, 2024
Free Hors d'oeuvres & Grilled Pork Chops during the game.
Drink specials. 4 Big Screen TV's to watch the game!

Kitchen Hours 8am-9pm Mon.-Sat. & 11am-9pm SUN.

BAR BINGO! AND PADDLE WHEEL

TUESDAY, FEBRUARY 13TH, 2024 - 6:30 PM

51#S AT \$1,000 UP TO \$1,000 MAXIMUM

SPONSORED BY:
The Mentor Firefighters Relief Association
Lawful gambling license #05817-003

CAROL'S COZY BAR & GRILL
Brooks, MN • 218-698-4608

Advertise Your Dining Specials Here!
218-487-5225

POLK COUNTY LEGAL NOTICES

POLK COUNTY EQUIPMENT RENTAL

BIDS CLOSE February 23, 2024
Polk County, Crookston, Minnesota

NOTICE TO CONTRACTORS

Sealed proposals will be RECEIVED until 11:00 am, February 23, 2024 by Sam Melbye, Polk County Director of Property Records, at 612 North Broadway, Suite 207, Crookston, Minnesota 56716 on behalf of the Board of Commissioners of Polk County for establishing equipment rental rates. Proposals will be OPENED and READ publicly at 11:00 am by the Board of County Commissioners or their representative at the Polk County Government Center. Proposals received after 11:00 am will not be considered.

Proposals may be examined and obtained at the office of the County Highway Engineer in the Polk County Highway Department, 820 Old Highway 75 South, Crookston, Minnesota 56716.

The right is reserved to reject any or all bids and to waive any irregularities or defects therein.

Richard Sanders
Polk County Engineer
Polk County, Minnesota M45,46,47C

County Highway Project
BIDS CLOSE: February 23, 2024 at 11:00 AM CST

Polk County, Minnesota

NOTICE TO CONTRACTORS- Sealed proposals will be received until 11:00 AM on Friday, February 23, 2024, by Sam Melbye, Polk County Director of Property Records at 612 North Broadway, Suite 207, Crookston, MN 56716 on behalf of the Board of County Commissioners of Polk County for the construction of the County Project listed below. Proposals will be OPENED and READ publicly at 11:00 AM, by the Board of County Commissioners at the County Government Center in Crookston, MN. Proposals received after 11:00AM will not be considered.

C.P. 124-35-1423 and C.P. 124-235-1428

LOCATION: CSAH 35 and CR 235

TYPE OF WORK: Stabilized Aggregate Base

LENGTH: 12.2 miles and 2.0 miles

Major Items:

STABILIZED AGGREGATE BASE CLASS 1 40,000 TON

Proposal, plans, and specifications are available at: Polk County Highway Department, 820 Old Highway 75 S,

Crookston, MN 56716.

Cost - \$50.00 (non-refundable incl. tax)

Bids must be sealed, identified on the envelope and accompanied by a Bidder's Bond or Certified Check in an amount equal to at least 5% of the total bid made payable to the Treasurer of Polk County.

The County reserves the right to reject any or all bids and to waive any irregularities thereof.

Richard C. Sanders
Polk County
County Engineer M45,46,47C

County Highway Project
BIDS CLOSE: February 23, 2024 at 11:00 AM CST

Polk County, Minnesota

NOTICE TO CONTRACTORS- Sealed proposals will be received until 11:00 AM on Friday, February 23, 2024, by Sam Melbye, Polk County Director of Property Records at 612 North Broadway, Suite 207, Crookston, MN 56716 on behalf of the Board of County Commissioners of Polk County for the construction of the County Project listed below. Proposals will be OPENED and READ publicly at 11:00 AM, by the Board of County Commissioners at the County Government Center in Crookston, MN. Proposals received after 11:00AM will not be considered.

C.P. 124-03-1429, C.P. 124-36-1430, C.P. 124-41-1431, C.P. 124-42-1432, and C.P. 124-206-1433

LOCATION: CSAH 3, CSAH 36, CSAH 41, CSAH 42, and CR 206

TYPE OF WORK: Bituminous Rout and Seal

LENGTH: 12.3 miles, 3.4 miles, 5.1 miles, 3.0 miles, and 1.4 miles

Major Items:

ROUT & SEAL BITUMINOUS PAVEMENT CRACKS 85,000 LB

Proposals, plans, and specifications are available at: Polk County Highway Department, 820 Old Highway 75 S, Crookston, MN 56716.

Cost - \$50.00 (non-refundable incl. tax)

Bids must be sealed, identified on the envelope and accompanied by a Bidder's Bond or Certified Check in an amount equal to at least 5% of the total bid made payable to the Treasurer of Polk County.

The County reserves the right to reject any or all bids and to waive any irregularities thereof.

Richard C. Sanders
Polk County
County Engineer M45,46,47C

County Highway Project
BIDS CLOSE: February 23, 2024 at 10:00 AM CST

Polk County, Minnesota

ADVERTISEMENT FOR BIDS- NOTICE is hereby given that SEALED ELECTRONIC BIDS will be received at until 10:00 AM on Friday, February 23, 2024, by Sam Melbye, Polk County Director of Property Records at Crookston, MN, on behalf of the Board of County Commissioners of Polk County for the construction of the County Project listed below. Sealed electronic bids will be OPENED and READ publicly at 10:00 AM, at the Polk County Highway Department in Crookston, MN. Bids received after 10:00 AM will not be considered. Bids must be submitted electronically through BidVAULT.

STATE AID PROJECT NO. SAP 060-614-023 SAP 060-645-025

LOCATION: On CSAH 14 from CSAH 45 to TH 75, 1.0 mile South of Crookston, MN

On CSAH 45 from TH 220 to TH 75 at Eldred, MN

TYPE OF WORK: Milling, Bituminous Overlay and Aggregate Shoudering

Major Items: Type SP 9.5 Wearing Course Mix 23,600 TON Mill Bituminous Surfacing 55,500 SQUARE YARD Aggregate Base / Surfacing 9,000 TON

To obtain plans and proposal and to submit an electronic bid (including electronic bid form) go to the Polk County egram website: <https://egram.co.polk.mn.us>

All bidders will be required to submit an electronic bid and provide payment of \$100.00 to the Polk County Highway Department.

Proposals, plans, and specifications are also available at: Polk County Highway Department, 820 Old Highway 75 S, Crookston, MN 56716.

Cost - \$100.00 (non-refundable incl. tax)

Electronic bids must be accompanied by a certified check or corporate surety bond in favor of the Treasurer of Polk County for at least 5% of the total amount bid.

The right is reserved to reject any or all bids and to waive any informalities or technicalities therein.

Richard C. Sanders
Polk County
County Engineer M45,46,47C

CLASSIFIED ADS

★ OKLEE QUILTING ★ FULL TIME OFFICE/CUSTOMER SUPPORT POSITION AVAILABLE

Basic bookkeeping - no payroll - in the Quickbooks program. Taking orders, creating invoices, processing payments, processing shipping, Online and in store customer sales and service. Some experience required. Contact Oklee Quilting - 205 Main Street - Oklee, MN 56742 or 218-796-5151 for more information. O47C

EARLY CHILDHOOD POSITIONS OPEN



Would you like an opportunity to work with our youngest learners? Are you passionate about making a difference in your community? Would you like to work in a family friendly environment? Are you looking for a career with great benefits?

Inter-County Community Council is accepting applications for openings in our Head Start program.

Home Visitor: Position works with one-on-one with families of children (primarily ages birth to 3 years), providing in home child & parent education visits on a weekly basis. Office location Thief River Falls or Oklee. Open until filled

For much more information on the position duties, qualifications and benefits visit our website at www.intercountycouncil.org/careers/. Application is available on the website. Send completed application and resume to Inter-County Community Council, attn.: Human Resources, PO Box 189, Oklee, MN 56742 or hr@intercountycouncil.org. Call 218-796-5144 x1028 for more information about the positions and information on salary. ICC is an equal opportunity employer and program provider. R47-48C

CUSTODIAL HELP WANTED

The Clearbrook-Gonvick School has openings for 2 full-time custodial cleaners or part-time custodial cleaners. Job requirements include the ability to thoroughly clean while paying attention to detail with some lifting and bending required.

These are 12 month positions which include the following benefits: PERA retirement plan, paid holidays, sick time, personal time, and vacation time after 1 year. Wage range is \$15.27-\$17.36 per hour dependent on years of previous experience. Must be able to pass a background check. Applications can be found on our school website or call Melissa Weems at 218-776-3112 Ext. 105 with any questions or to have an application emailed to you.



Please submit application, resume, and letter of interest to:
Melissa Weems, HR
16770 Clearwater Lake Rd
Clearbrook, MN 56634
mweems@clearbrook-gonvick.k12.mn.us R45-49C

Polk County Full-Time Employment Opportunities:

**Registered Nurse
(Assessment Care Coordination) Public Health:**
\$31.83 - \$34.75/hr. Position Closes on February 16, 2024

Deputy Patrol:
\$30.03 - \$38.04/hr. Position Closes February 14, 2024

Assistant County Attorney I:
\$40.18 - \$50.90/hr. Position Is Open Until Filled

Custodian I:
\$19.20 - \$24.33/hr. Position Is Open Until Filled

**Campground Host - Cross Lake -
Tilberg Park/NE of Fosston:**
\$1,948.84/month. Position Is Open Until Filled

Loader Operator I/Fosston:
\$24.02 - \$27.85/hr. Position Is Open Until Filled

Mechanical Maintenance Technician I/Fosston:
\$26.49 - \$32.55/hr. Position Is Open Until Filled

Sort Line Operator I or II/Fosston:
\$19.99 - \$24.33/hr. Position Is Open Until Filled

For a full job description, application, and general job openings information go to www.co.polk.mn.us and click on "Careers" or call 218-281-5408 Polk County Administrator's Office. EOE R46-50C

Full & Part Time Local & Regional Positions

2, 3, and 4 day schedules or Full Time positions available from our Terminal in St Cloud, MN.

Come join our team at Warnert Logistics, we will have 2 FT driving positions available March 1st. We offer Full Time Benefits (Health Insurance, 401k, PTO) Home weekends and some evenings, Late Model trucks and Dry Van trailers, excellent maintenance program and onsite mechanic, percentage based pay program.



Requirements:
• Class A - Clean Driving Record
• 2 Years minimum experience

Contact Jesse at 320-257-9100 or recruiting@warnert.com



MCAN

For more information on MCAN ads call:
218-487-5225

Minnesota Classified Advertising Network



EMPLOYMENT

**MDA HIRING FOREST PEST
(SPONGY MOTH) SURVEYORS**
The Spongy Moth Department of Agriculture is hiring temp/intermittent Surveyors for the 2024 Spongy Moth Trapping Survey season. Start at \$17.14/hr, then \$20.21/hr starting 7/1/2024! View job post (Job ID: 73150) & apply online through February 28th: <https://mn.gov/mmb/careers>. MDA is an equal opportunity employer & provider. Questions 651/201-6692 or natasha.northrop@state.mn.us

KMS PUBLIC SCHOOLS
has FT Choir position available August 2024. Qualifications: MN Education Licensure. Apply: www.kms.k12.mn.us. Attach letter of interest, resume, transcripts, copy of license, three letters of recommendation.

7TH GRADE SCIENCE TEACHER
Long Term Sub. New London-Spicer Schools. MN licensure required. For more information, see www.nls.k12.mn.us/employment

MISCELLANEOUS

ALASKA, EUROPE, HAWAII
plus dozens of other popular trips! Starting at \$1649 per person (double occupancy required.) YMT Vacations plans everything, leaving you to relax and enjoy. Call 866/577-6646 for more details. Use promo code YMT2024 for \$250 off. Limited time only.

**TIMESHARE
CANCELLATION EXPERTS**
Wesley Financial Group, LLC. Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews. Call 855/534-9138

SAFE STEP
North America's #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 OFF for a limited time! Call today! Financing available. Call Safe Step 833/966-3882

Wanted: Part-time Cabin Cleaner for the 2024 Season

I am looking for someone to clean 2 cabins on and off throughout the 2024 season. Rentals are used for Airbnb stays, workers and fall hunting seasons. Main months for cleaning are May through November and a few times over the winter months.

Job Duties: Dust, sweep, mop, general cleaning, organizing and laundry from cabins.

Must have reliable transportation, attention to detail, be able to work without supervision and to be reliable.

Cabins are located a couple miles from Clearbrook. For more details and pay rate, call Chad at 218-533-1180. R46-50P



JUNIOR HIGH BASEBALL COACH

The Clearbrook-Gonvick School District is seeking a junior high boys baseball coach for the 2023-2024 season. Experience coaching and/or playing is preferred. Duties will include but are not limited to: Building a thriving baseball and softball program, teaching young players the fundamentals of baseball and softball, being present at all games and practices, and being a positive role model to young student athletes. Must be able to pass a background check.

Applicants should submit a letter of interest and resume to:

Melissa Weems, HR
16770 Clearwater Lk Rd.
Clearbrook, MN 56634
218-776-3112 Ext. 105
Email: mweems@clearbrook-gonvick.k12.mn.us R46-49C

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*Interested applicants should send a resume, letter of interest, three letters of recommendation and a copy of college transcripts to Nichole M. Ekre at 202 Bagley Ave. NW, Bagley, MN 56621 or nekre@bagley.k12.mn.us. Successful candidates must pass a criminal background check. Positions will remain open until filled. *

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A meatless meal to enjoy during Lent

The forty days and nights of Lent are a time for reflection and anticipation of Easter's arrival. Fasting, which for many Christians includes skipping meat and animal products each Friday, also is part of the preparation. Individuals who are unaccustomed to going meat-free may need to expand their culinary repertoire to ensure Friday meals continue to be filling and tasty.

This recipe for "Herby Rice and Black Bean Salsa Burrito Bowl" from Niki Webster's "Rainbow Bowls" (Sourcebooks) is full of protein-rich beans, flavorful herbed rice and satisfying avocado. It can be enjoyed as a quick and easy, meatless lunch or dinner.

Herby Rice and Black Bean Salsa Burrito Bowl

Serves 2

Splash of olive oil
100 grams sugar snap peas
1 avocado, flesh sliced

For the rice:

2 tablespoons extra virgin olive oil
250 grams cooked basmati rice
Juice of 1/2 lime
1 teaspoon maple syrup

40 grams fresh herbs, such as coriander, flat-leaf parsley, mint and/or dill, chopped
Sea salt and black pepper

For the black bean salsa:

240 grams canned black beans, drained and rinsed
2 tablespoons sun-dried tomato paste
100 grams cherry tomatoes, chopped
Juice of 1/2 lime
4 tablespoons fresh mint, shredded
1/2 teaspoon sea salt flakes
Pinch of chili flakes

To make the rice, add 1 tablespoon of the oil to a frying pan with the cooked rice, lime juice and maple syrup. Fry for 1 to 2 minutes on a medium heat, then add the fresh herbs. Add the remaining tablespoon of oil and season with salt and pepper. Set aside and keep warm.

Set a small frying pan or griddle pan on a medium heat. Add a splash of olive oil and the sugar snaps and fry for 2 to 3 minutes until a little charred.

To make the black bean salsa, add all the ingredients to a bowl and stir to combine. To serve, load two bowls with the rice mixture, black bean salsa, sugar snaps, and sliced avocado.

A Lenten meal the kids will love

Crunchy fish sticks are a meal the entire family can enjoy, especially during Lent.

Religious Christians make the commitment to avoid meat in their Friday meals for the duration of Lent, signifying a sacrifice for their faith that recalls the ultimate sacrifice Jesus Christ made during the crucifixion.

Vegetables and pasta dishes are a staple of the Lenten season, and seafood also serves as a popular substitute for meats and poultry. As parents of picky eaters can attest, encouraging children, particularly toddlers or early grade-schoolers, to dig into a seafood meal can be a struggle. However, fish sticks can make a fish dinner more attractive to youngsters. You don't need to buy the frozen variety at the store. This recipe for "Fish Sticks with Fries and Tartar Sauce" from "Danielle Walker's Eat What You Love" (Ten Speed Press) is a crunchy, homemade alternative.

Fish Sticks with Fries and Tartar Sauce

Makes 12

Tartar Sauce

1/2 cup mayonnaise
1 tablespoon minced cornichons (gherkin pickles)
1 tablespoon chopped capers
1 teaspoon champagne vinegar
1 teaspoon freshly squeezed lemon juice
1 teaspoon coarse-grain mustard
1 teaspoon chopped fresh flat-leaf parsley
1/8 teaspoon freshly ground black pepper

Fries

1 large parsnip, peeled
1 white-fleshed sweet potato (such as Hannah), scrubbed but unpeeled
3 tablespoons avocado oil
Kosher salt

Fish sticks

1 pound haddock or cod filets

4 ounces plantain chips
Fine sea salt and freshly ground black pepper
2 egg whites, beaten until frothy
2 teaspoons Dijon mustard

Preheat the oven to 450 F. To make the tartar sauce, in a small bowl, mix together the mayonnaise, cornichons, capers, vinegar, lemon juice, mustard, parsley, and pepper. Place in the refrigerator to chill while you make the fries and fish sticks, or up to three days.

To make the fries, cut the parsnip and sweet potato into matchstick fries. In a bowl, toss the vegetables with the oil. Spread in a single layer - not touching - on a large rimmed baking sheet. Bake for 20 minutes, turning once during baking, until browned.

To make the fish sticks, meanwhile, cut the haddock into 3-by-1/2-inch strips. Place a wire rack on top of a clean kitchen towel and brush the rack lightly with avocado oil.

In a food processor, or using a mortar and pestle, pulse the plantain chips a few times until they resemble coarse sand. Pour the ground chips into a



Crunchy fish sticks are a meal the entire family can enjoy, especially during Lent.

shallow bowl and combine with 1/2 teaspoon salt and 1/4 teaspoon pepper. In a separate bowl, whisk together the egg whites and mustard.

Pat the fish dry with paper towels and season generously with 3/4 teaspoon sea salt and 1/4 teaspoon pepper. One at a time, dip the fish strips into the egg mixture and shake gently, allowing any excess to drip back into the bowl, then dip the fish into the plantain chip mixture, turning to coat each strip and shaking off any

excess. Place the fish strips on the prepared wire rack.

Remove the baking sheet from the oven and scoop the fries over to one side. Position the rack with the fish sticks on the baking sheet and return to the oven. Bake the fish and fries together for 10 to 12 minutes, until the fish is crisp and cooked through. Season the fries generously with the kosher salt. Serve the fish sticks and fries immediately with the tartar sauce on the side.

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Wine and dessert pairings

Love is in the air come February, when plenty of sweethearts enjoy romantic evenings together. When the Valentine's Day meal is through, it is prime time for something sweet. Often individuals feel they have to put away the wine from dinner and switch over to coffee or tea at this point in the meal. However, with a little knowledge of how to pair wine with dessert, Valentine's revelers can continue the celebration through this final course.

According to Wine Folly, when pairing wine with dessert or other foods, the secret is to think of wine as an ingredient that will add a new flavor profile. Generally speaking, when it comes to choosing the best wines for desserts, a sweet wine is preferable as the sweetness in the wine will match the sugar in the dessert, suggests the wine resource Vin Yang. Here are some additional pairing pointers.

· A darker dessert usually requires a darker wine, as the wine should have a similar intensity to the dessert.

· The wine should be sweeter than the food in most cases.

· The flavors in the wine should match the flavors in the food.

· Chocolate and caramel are best paired with a sweet or fruity red wine, as dry wines may taste too bitter against chocolate due to the tannins found in both the wine and chocolate. Port, Sherry, Marsala, and Zinfandel are good options.

· Mild, buttery or sweet vanilla desserts work best with white wines, including sparkling wines. Muscat, off-dry Rieslings, and Prosecco are some ideas.

· Keep in mind that very sweet desserts or those with fruits, like cobblers or shortcakes, may benefit from a burst of acidity. A drier Riesling may work or a Vouvray Brut.

Those who may be unsure of how to pair their desserts with wine can always speak with a wine retailer or a trusted restaurant sommelier for suggestions on wines for an extra-special Valentine's Day.

Wednesday, February 7, 2024

Memorable moments in NCAA Women's Tournament history

College basketball fans have it made each March. Each March, scores of college hoops fans anxiously anticipate the tipoff to March Madness, which is a widely used nickname for the wildly popular NCAA Tournament, a single-elimination battle featuring 68 teams competing over seven rounds. Each team aspires to win the championship, but only one can walk away with the elusive trophy. That reality ups the ante with each game, and many a nail-biter and memorable moment has taken center stage during the tournament over the years.

As this year's round of madness prepares to tip off, fans can look back at these memorable moments from tournaments past and ponder the many others that have made March such a fun, if frenzied, month.

A scoreboard is lit up in the inaugural tournament, 1982: More than 40 years ago, few college hoops fans might have realized just how much history they were seeing as they watched the first Division I women's championship tournament unfold. Though the inaugural status made the tournament memorable in its own right, Drake's Lorri Bauman added to the history by scoring 50 points in the West Regional final. Though Bauman's efforts were not enough to overcome Maryland, her prodigious of-

fensive output remains a tournament record.

Cheryl Miller cements her legacy, 1984: Few might object if a basketball fan declared the Miller Family American basketball royalty. Though Reggie Miller, a 2012 Naismith Memorial Basketball Hall of Fame inductee, may be more of a household name, his older sister, Cheryl, a fellow Naismith Hall of Fame member, earned glory on the hardwoods long before her younger brother. Miller led the way as USC won its second consecutive national championship in 1984, winning the NCAA Tournament Most Valuable Player award for the second year in a row.

A summit is reached for the first time, 1987: The late Pat Summitt is a legendary figure in the game of basketball. Summitt won eight NCAA Tournament championships as head coach at the University of Tennessee before retiring in 2012, and her first came in 1987. Though Summitt's Lady Vols would establish the program as one of the most dominant men's or women's college basketball programs throughout her run in Knoxville, the legend had not yet been written in 1987, when Tennessee finally got the better of a Louisiana Tech team that, prior to the 1987 national title game, had won 11 of the previous 12 meetings between the schools. Summitt's squad left no doubt



among fans, as the team cruised to a 67-44 victory and, in a scenario that would unfold many more times over the ensuing decades, celebrated as national champions.

A thrilling title game and a legendary performance crowns a new champion, 1993: A generation of basketball fans may never forget the name Sheryl Swoopes, and the Texas Tech star's performance in the memorable 1993 national championship game undoubtedly has much to do with her enduring reputation. On the back of Swoopes' title game record 47 points, the Red Raiders earned the school's first national championship, defeating Ohio State 84-82 in a game many consider among the most memorable in the history of the

sport.

Brittney Griner denies entry, 2010: Blocked shots rarely garner much glory, but when they come as often as they did in one second-round affair in 2010, they make for one of the more memorable individual performances in tournament history. Legendary Baylor star Brittney Griner found herself in foul trouble in the first half of her team's second round game against Georgetown. A noted shot blocker, the 6-foot-9 Griner blocked just one shot in that foul-plagued first half. But she more than made up for that in the second half, blocking 13 shots after halftime to shatter the previous record for blockers in a single game as the Bears held the Hoyas to just 17 percent shooting on the night.

Fall in love with these romantic films

Stories of romance are as old as love itself. That makes Valentine's Day an ideal time to indulge in a romantic comedy or classic love story.

Plenty of films can be enjoyed while snuggled up with a sweetheart on Valentine's Day. The following can serve as a romantic starting point for couples looking to cozy up with a good film, not to mention one another, this February.

"Casablanca" (1942): Who hasn't heard the line "Here's looking at you, kid"? Set during World War II and starring Humphrey Bogart, Ingrid Bergman and Paul Henreid, the film focuses on an American expatriate who must choose between love or help-

ing a Czech resistance leader escape to fight the Germans.

"Roman Holiday" (1953): Gregory Peck and Audrey Hepburn win audiences over in this romantic classic about a European princess who meets an American reporter one night in Rome. He's looking for a scoop, but ends up getting a much better reward.

"Ghost" (1990): While a certain dance-heavy Patrick Swayze vehicle is renowned for its romantic elements, "Ghost" shows that love can continue even beyond the grave. And one especially memorable scene might just inspire couples to take up pottery.

"Love and Basketball" (2000): Omar Epps and Sa-

naa Lathan star in this story of two neighborhood kids who aspire to be basketball stars. As they grow up, their skills develop and their relationship grows. However, when one's stardom really skyrockets, it puts a strain on their love.

"Bridget Jones's Diary" (2001): In this modern telling of "Pride and Prejudice," Renée Zellweger stars as Bridget, who is hopeless at love and falls for Hugh Grant's lothario Daniel Cleaver. This unfolds as Colin Firth's Mark Darcy is hiding his affections for Jones behind seeming indifference.

"Love Actually" (2003): Featuring an ensemble cast, this movie tells the tales of eight very different couples

who are providing glimpses into their love lives. The tales are loosely intermingled during the month leading up to Christmas in London.

"The Fault in Our Stars" (2014): Ansel Elgort and Shailene Woodley star as two youngsters who meet in a cancer support group and fall for one another. A film about true love and heartbreak, this one is sure to require keeping a box of tissues on hand.

"A Star is Born" (2018): Bradley Cooper and Lady Gaga star in this remake of the classic film. Jackson, an alcoholic rock star, falls in love with an aspiring singer, Ally. As her fame begins to eclipse his, Jackson's demons come resurface.

How to recognize when it's time to replace your windows

Windows are a major component of a home. Window installation professionals will tell homeowners that the average life span of residential windows is between 15 and 30 years. Most well-maintained products can last 20 years, so homeowners who have windows approaching that age may want to schedule a window assessment and possible replacement.

Replacing windows is a job that requires advanced skill, and this is not a do-it-yourself project. There are many qualified professional window installation companies that will work with homeowners to measure, order and install windows that will fit with the style of a home and local weather, all while providing features the homeowner desires.

For those wondering when to replace windows, Pella and Renewal by Andersen, two of the premiere window manufacturers, offer these guidelines.

Difficulty opening and closing windows. A window that does not operate as it should can aggravate homeowners. If windows are stick-

ing shut or cannot be securely closed, it's probably time for something new.

There's apparent window damage. Accidents happen, and if a rock is kicked up from a lawnmower and cracks a window or if spring baseball practice has gone awry with an errant throw, windows may require replacement.

Drafts in the window are common. If heating and cooling systems are working overtime, drafty, poorly insulated windows could be to blame. Various agencies can perform energy efficiency tests in a home. Windows that are determined to be the weak spots should be replaced.

Dated windows are present in the home. Older windows may pose safety hazards, especially those in older homes. A larger window may be needed to comply with fire safety codes allowing for window egress. Dated windows also may simply look "old" and compromise the aesthetics of a home.

Outdoor noises are noticed quite readily. Newer windows can help reduce noise



transmission. So those leaf blowers, airplanes, barking dogs, and kids playing basketball up the street won't disturb homeowners as they try to enjoy some peace and quiet indoors.

Fading indoors is noted. Windows that do not feature low-emissivity (Low-E) glass coatings will not block UV rays. Those rays can cause fading to wood floors and furniture or pretty much anything the sunlight touches. Replacing existing windows with

Low-E coating alternatives can safeguard belongings and improve window efficiency.

Window replacement may be necessary when existing windows are showing signs of aging or damage.

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Theology in the Trenches

By Kathleen Kjolhaug

An Apple a Day

I like apples—for the most part. For the most part, I like them dipped in caramel and nuts. Other apples may be found around the house that are not edible—like the one on my phone and iPad. Every so often, these items become outdated and need to be switched out. In order to do that, a place of business which carries them is searched for. As change is hard and trust even harder, one day I was feeling brave and decided to go for it. In the town I was visiting, there were several places advertising the product I was looking for—and thus—I began my search.

Store #1 didn't feel quite right so I was in and out within minutes.

Store #2 sold the same device but as I walked in, the sales person looked annoyed. I left.

Store #3 was a winner. The service team actually smiled while making conversation. Within the hour, I had my phone, the information was transferred, and an acceptable price point agreed upon. Did I mention it had three cameras lenses on it? I was happy.

I was happy, that is, until I made my way home shortly after the purchase. You see, the purchase had taken place in state far from home and while driving home I noticed that the 65 miles to the next destination on my GPS was still reading 65 miles long after the arrival time had been driven. By the time I realized it was not working properly, the nine hour journey home turned into 12—need I say more. (Evidently, the problem was not strictly the phone's and of that I am well aware.)

Once home, I began trying to figure out the problem with

my new phone and in order to do anything with this “personally” owned device, it asked me one simple question. It asked for my password. As I had record of it, I punched it in—again and again and again. In fact, I was so certain I was correct that by the time I punched it in for the tenth time, the big apple blocked me from my very own “personal” account!

I will spare you the details but if you think the nine hour journey which turned into twelve was bad, it paled in comparison of trying to retrieve my account. For over a week I worked with representatives far and wide who tried to help me figure out the problem. Every single person came up with the exact same answer no matter how far up the rung they were in the company. Suffice it to say, not one representative had the authorization to override the computer system. Not one. I had to follow directions just like everyone else in the world and wait it out until my account could be restored after X number of days. In fact, if any shortcut was taken, grandma here was bounced back to square one—lying in wait for the X amount of days to begin all over again.

As I mentioned earlier, change is hard and trust even harder at times. Here's a favorite verse of mine and perhaps it's one of yours, too. Prov. 3:5-6 “Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.”

Eventually I made my way home by following the signs along the path rather than my GPS device. My account was recovered not in my timing—but His. Now that all appears to be on track, I continually

check and recheck by asking the following. Am I on track? Am I leaning into His understanding or am I relying on my own understanding? Am I acknowledging Him in all my ways?

There's yet another form of apple we all are privy to and that is in knowing we are truly the apple of His eye. It says so in Psalm 17:8. “Keep me as the apple of your eye; hide me in the shadow of your wings.”

I recall when my 8th grade teacher tried to teach Algebra to a whole pile of us who weren't quite getting it. Her words: “You can't add apples with apples and get oranges! You can't add apples with apples and get bananas!” It was her tone of frustration with the lot of us that I remember—more than how to figure out the problem we were trying to solve.

Perhaps, after all these years, I finally understand what my 8th grade teacher was trying to get across. She must have meant that one must look at the reality of what is in front of us. When I let Him direct—the outcome will be His. Trying to make sense of this world on the highways and byways of life by continuing on the same round-about over and over and over—will not produce answers we are looking for. If we allow Him to direct our paths, He will because we are already the apple of His eye. Amen.

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Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

Q u e s t i o n : Why are the builders and developers allowed to place their advertising signs on the shoulders of the state highways and ramps on the weekends? This happens every weekend throughout the state, especially in the Twin Cities Metro Area. This also involves having their vehicles, often hauling trailers, stopping on the road-sides to put the signs out and picking them up again.

A n s w e r : To answer your question, they are not allowed

to do this. Objects along roadways pose hazards for drivers and maintenance crews. Minnesota statutes prohibit people from painting, printing, placing or affixing any object within the limits of any state highway.

Every such prohibited sign, signal or marking is not allowed, and law enforcement or maintenance crews are allowed to remove such items.

Local municipalities also have their own regulations, which may differ from city to city and county to county.

The temporary placement by auctioneers with time limi-

tations on or adjacent to the right-of-way of a highway with no more than four signs directing motorists to the location of an auction is allowed.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).

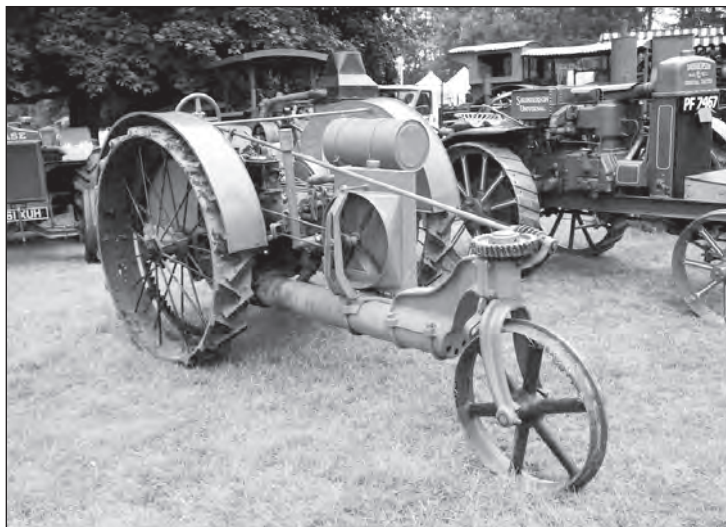


I am a Happy Farmer
By Auctioneer Eric W. Mickelson



This week I was reminiscing. You see I grew up on a farm seven miles down the road from where I live now. When I was growing up mom was an elementary teacher (and farmer), and dad was a dairy farmer (and later a bus driver). To say I grew up happy would be an understatement. I doubt any kid grew up any happier than I did. I loved being on the farm with mom, dad, and later my sister Angel, and brother Cole. Thanks to dad I grew up very fond of tractors and cattle. When school was not in session in Oklee, where I attended, I would go visit mom's classroom in Red Lake Falls. Now let's look at this, dad was a farmer and bus driver, and mom was an elementary teacher..... hmmm, maybe that is why I grew up to be an elementary school teacher, farmer, and bus driver. So you see I was heavily influenced by mom and dad. Today I would tell you I am a Happy Farmer!!

That leads me to my research this week. Yes, I researched a tractor called the Happy Farmer. The Happy Farmer Tractor Company was organized in 1915. It used a three wheel design made by a man named William Hartsough. Hartsough also did designing for the Lion Tractor, one of the Bull Tractors, and also the Big Four. The first 500 Happy Farmers were built by Wilcox Motor Co. and the next 1,500 by Sta-Rite Engine Co. in LaCrosse, Wisconsin. A year later, Sta-Rite and Happy Farmer merged and a new firm, the LaCross Tractor Co., was incorporated in LaCrosse, although they retained the Happy Farmer name for their products.



Picture of a Happy Farmer Tractor.

Between 1916 and 1918, Happy Farmer offered the 8-16 Model A and the 12-24 Model B, each with a LaCrosse horizontal two-cylinder engine.

As with many tractors of this time period, by 1920 the agricultural depression struck. Sales of the Happy Farmer tractor began to decline, like most other tractor companies. By 1922 the company was no more. It was advertised as the King of the Field and the Tractor you can Afford! Nevertheless another seemingly durable and marketable tractor company came to a sad demise. I sure would like to see one sometime and maybe buy one, well, you know it is only fitting since.....I am a Happy Farmer.

How about a little tractor trivia?

The first 500 Happy Farmer Tractors were manufactured at the Wilcox Motor Company.

- Where was the Wilcox Motor Company located?
A) Lacrosse, WI B) Minneapolis, MN C) Baraboo, WI D) Mankato, MN
- The 8-16 Model A originally sold for _____?
A) \$635 B) \$735 C) \$785 D) \$885
- The 12-24 Model B originally sold for _____?
A) \$635 B) \$735 C) \$785 D) \$835
- By 1918 the price of the Model B climbed to \$1075. Why?
- Though organized in Minneapolis in 1915 the company moved where in 1916?

Answers: 1. B. Minneapolis 2. A. \$585 3. B. \$735 4. Difficulty getting steel during WW 1 5. Lacrosse, Wisconsin



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E A H F I D B I N N N O S G I I L S L Y
V W R R F T S E D P E A R A U I A A V N
O P G T F D S D V P O O H B C O E O R S
C G L K U E M I L A S E L A S L R T B P
I T D O M H T S A O T K N M I Y E H Y F
N S N G I C A U C D E D U D B A C C K D
I C C G O A N I F U M H S I L G N E L
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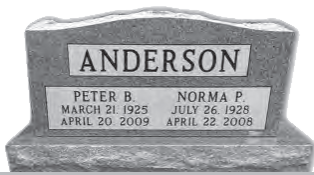
HOT BREAKFAST WORD SEARCH Answers on page 7

BAGEL	CREPES	GRAVY	PANCAKES
BISCUITS	CROISSANT	GRITS	POACHED
BREAKFAST	EGGS	HASH	POTATOES
BRUNCH	ENGLISH MUFFIN	MORNING	SCRAMBLED
BUTTER	FRENCH TOAST	MUFFINS	TOAST
CEREAL	FRIED	OATMEAL	WAFFLES

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OBITUARIES



Obituary for Gordon Hogenson

Gordon Hogenson was born March 17, 1932, near Winger, MN, the son of Theodore and Agnes (Mykleby) Hogenson. He grew up on the family farm near Winger, attended a one-room schoolhouse for his early education and later graduated from high school in McIntosh, MN, in 1950. Following high school, Gordon worked as a mechanic at Hoffard's Garage and discovered his lifelong talent for auto body repair.

Gordon married Sonja Vesledahl on June 11, 1955, beginning their lifelong journey of 68 years together. In 1969, they moved to the Halstad, MN, area, where Gordon owned and operated Halstad Body Shop, until his retirement in the late 1990's. After retirement, he worked

part-time at the Cenex Store in Halstad for a few years.

Throughout his retirement, Gordon found joy in crafting beautiful woodworking projects. These intricate pieces became cherished gifts for Sonja, his children and grandchildren.

Gordon is survived by his wife, Sonja and their children, James (Joy) Hogenson, White Bear Lake, MN, Mark (Theresa) Hogenson, Loveland, CO, Daniel (Jennifer) Hogenson, Hillsboro, ND, Kathy (Jon) Bayman, Fargo, ND, and Philip (Karmell) Hogenson, Moorhead, MN; eleven grandchildren and seventeen great-grandchildren; brother, Karsten (Ellen) Hogenson, Silver Bay, MN; brother-in-law, Raymond Vesledahl, Minneapolis, MN; sister-in-law, Carolyn Vesledahl Martinsburg, VA; and many nieces and nephews.

Gordon was preceded in death by his parents; daughter, Connie Hogenson; father-in-law and mother-in-law, Martin and Beatrice Vesledahl; sister-in-law and brother-in-law, LuElla and Al Jirik; brother-in-law, Manfred Vesledahl.

A Funeral Service was held at 2:00 PM on Friday, February 2, 2024, with a visitation one hour prior at Korsmo Funeral and Cremation Service, Moorhead, MN.

Burial will take place in the Landstad Cemetery, rural Perley, MN, at a later date.



Obituary for Wayne Strom

Wayne Strom, age 75, of McIntosh, MN, passed away on Monday, January 29th, at Cornerstone Nursing Home in Bagley, MN. A funeral service will be held at 11:00 a.m. on Saturday, February 10th, at Mount Carmel Free Lutheran Church in McIntosh with the Rev. Timothy Lundeen officiating. Interment will be in Asphult Cemetery, rural McIntosh. Visitation will be held from 5:00 p.m. to 7:00 p.m. with a 7:00 p.m. prayer service on Friday, February 9th, at the McIntosh Community Center. There will also be reviewal for one hour prior to the service on Saturday (10th) at the church. Arrangements are with Carlin Family Funeral Service of McIntosh and messages of condolence may be shared at www.carlinfuneral.com.

Wayne Robert Strom was born on April 24, 1948, in Fosston, Minnesota to parents Stanley "Bobby" and Phyllis (nee, Reichenbach) Strom (Jordet). He grew up in Hill River Township and attended McIntosh High School with the Class of 1967. He worked on the Iron Range until the passing of his father and his brother, David, both at young ages, in 1966 and 1968. After David passed away, Wayne returned home to take over the family farm.

Wayne was united in marriage to Vicki Fjerstad on March 28, 1968. Four children were born to this union, Chad, Cindy, Mark, and Marshall. He farmed for over 40 years. In addition to farming, he started his own trucking business, known as Strom Trucking, which he operated for 16 years. For the most part, he hauled cattle and grain to the Twin Cities.

Wayne and Vicki moved into McIntosh in 2008 and Wayne retired in 2010. Shortly after his retirement, he was diagnosed with Parkinson's, a disease he battled for the remainder of his life.

Wayne was a jack-of-all-trades. He was a carpenter, farmer, truck driver, construction worker, pipeline worker, road construction, and mowed road ditches. The kids remember that their dad made them always "Walk the Line", like the Johnny Cash song.

He liked hunting, fishing, snowmobiling and wood-working.

Wayne was a member of Mount Carmel Church where he had been on the council. He was a on the Asphult Cemetery Board, the Hill River Township Board, and was proud member of the Local 49er's Union. In his retirement years, he kept busy with part-time work, wood-working and liked to travel to the south during the winter months. He also authored a book about his life, entitled "Before My Words Are Gone". Most of all, he enjoyed his grandchildren, great grandchildren, and family time. He will be dearly missed.

Wayne passed away peacefully on Monday, January 29, 2024, with his family by his side, at Cornerstone Nursing Home in Bagley at the age of 75 years.

Survivors include his wife of 56 years, Vicki, of McIntosh; four children, Chad of Fosston, MN, Cindy (Jeremy) Holmvik of Ramsey, MN, Mark (Danette) of McIntosh, and Marshall of Detroit Lakes, MN; grandchildren, Chassidy (Casey), Kayla, Cortney, Chris (Samantha), Camille (Miles), Corey, Candice (Sam), Chase, Makenzie, Madisyn, Lauren (Dalton), Bryer, Kenyon, Mariyah, and Lucas; and 16 great grandchildren.

Also surviving are six siblings, Julie (Mike) Paquin of Oklee, Joel (Connie) Strom of McIntosh, Dean (Gail) of McIntosh, Mary (Mark) Schmidt of Crookston, Beth (Tim) Fortin of Golden Valley, MN, and Terry (Heide) Strom of Erskine, MN. Numerous nieces, nephews and cousins also survive.

He was preceded in death by his parents; stepfather, Chester Jordet; brother, David; and niece, Natasha Strom.



Obituary for Dellas Disrud

Dellas Disrud, age 85, of rural Fosston, MN, passed away on Friday, February 2nd, at Essentia First Care Living Center in Fosston. Funeral services will be held at 11:00 a.m. on Thursday, February 8th, at Vernes Lutheran Church, rural Trail, MN with the Rev. Lee Laaveg officiating. Interment will be in Vernes Lutheran Cemetery. Visitation will be held from 5:00 p.m. to 7:00 p.m. with a 7:00 p.m. prayer service on Wednesday, February 7th, at the Carlin Funeral Home in Fosston. There will also be reviewal for one hour prior to the service on Thursday at the church. Military honors will be provided by the Army National Guard Honors Team. Arrangements are with Carlin Family Funeral Service of Fosston and messages of condolence may be shared at www.carlinfuneral.com.

Dellas Dale Disrud was born on August 7, 1938, in Hill River Township to parents Melvin and Alice (Miller) Disrud at his grandparents' home, the third of six children. When his older sister, Marge, started school, Dellas (age 4) was determined to go too. He packed his lunch and followed them every day across the field to the country school until the teacher said he could just as well start first grade being he was there every day anyway. So, at age 16, he graduated from Fosston High School in 1956.

After high school, he worked in Montana and Duluth and then started work at John Deere in Fosston where he worked for several years.

Dellas was united in marriage to Violet Magnell in 1961 at McIntosh, Minnesota. To this union, two sons were born, Dale and Jeffrey. In 1966, they went into the chicken business with layer hens. Starting with 6,000 hens and later 66,000. Dellas employed neighbors and high

school students to haul new hens in and older ones out of the chicken houses. Neighborhood ladies were hired to help gather eggs. Tragedy struck in 1984 when the bigger of the barns burned. After this, he went back to his love of full-time farming the land.

Dellas entered the United States Army in October of 1961 and served in Fort Lee, Virginia. He received his honorable discharge in October of 1963 and continued to serve in the Reserves until 1967.

Dellas was an active member of Vernes Lutheran Church where he served in numerous positions. He was on the church board at the time the new church was built. He was on the Hill River Township Board for 18 years, 16 as Chairman. He also served with East Polk ASCS, Director with the Fosston Co-op Elevator for 9 years, and the Fosston Jaycees. He also was a member of the Fosston American Legion. In 1987, he was a charter member and the first president of the Vernes Cemetery Association.

He enjoyed hunting, fishing, bowling, playing cards, and farming (especially with his John Deeres). Dellas and Vi spent several winters in Arizona. He will be dearly missed.

Survivors include his wife of 62 years, Violet, of Fosston; two sons, Dale (fiancé, Jean Peck) of Fosston, and Jeffrey (Amy) of Dallas, GA; grandson, Logan; step granddaughters, Kim (Steve) Hagen and Sharee Schnoebelen; step great grandchildren, MackInez, Ajla, Penelope, Mason, Tristan, Brooks, and Kycler.

Also surviving is one brother, Timothy (Denise) of Fosston; sister, Donna (John) Peterson of McIntosh; sisters-in-law, Shirley (Darrow) Lundeen of Oklee, and Shirley Disrud of Blaine; and brother-in-law Ronald (Mary Ann) Juve of Erskine. Numerous nieces, nephews and cousins also survive.

He was preceded in death by his parents, Melvin and Alice; in-laws, Otto and Sylvia Magnell; granddaughter, Jade Disrud; brother, Gordon; sister, Marge (Don) Bolme; sister, Janice Juve; sister-in-law, Muriel (Lyle) Mandt; brother-in-law, Charles (Corlan) Magnell; nephews, Brian Peterson, Jason Magnell, Lance Mandt, and Loren Juve; step grandsons, Brian Williamson and Garret Hal-laud.

ried James McNally on Feb. 29, 1992 in King of Prussia, PA. Donna was active in the American Legion Auxiliary in Philadelphia. She moved to Bemidji to be close to family and rest in her native state and was active in the Bemidji Lion's Club.

Dixie enjoyed scrap booking, seamstress/sewing, being a G-ma and Great Grandma, Face Timing, coffee ice cream, nature lover, playing cards, photography, softball, volleyball, traveling, taking cruises, camping, downhill skiing and spending time at seasonal campgrounds in her RV.

Dixie is survived by her daughter Jolie Golphene of Hoquiam, WA

3 Grandchildren Alexis Golphene of Tumwater, WA,

Shane Golphene of Hoquiam, WA,

Maddison McConnell of Schwenksville, PA,

3 Great grandchildren Kohen, Weslin, Rylan,

Stepchildren Laura and Kevin McNally of Lancaster, PA,

Brothers Dale and Kay Gram,

Sisters Bev Hough, Lois Anderson, Pat Thompson.

Donna was preceded in death by her parents, husband Jim, brother Duane Gram and sister Polly Englund.

Feel free to wear red or teal. In lieu of flowers, the family prefers memorials or potted plants.

Condolences may be left at ceasefuneralhome.com.

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Northwest Minnesota Foundation pushes more than \$2.1m into the Region in Second Quarter of FY24

February 5, 2024 (Bemidji, MN) – More than \$2.1 million was loaned or granted out into the region from October through December through the Northwest Minnesota Foundation. This three-month time-frame comprises the second quarter of NMF's fiscal year.

Dollars released by NMF included more than \$989,000 in grants to businesses and organizations, nearly \$830,000 awarded by local funds within NMF's family of funds, and \$296,000 through loans to small business owners.

Additionally, the Northwest Small Business Development Center, for which NMF serves as host, provided 710 hours of no-cost business consulting hours to 145 clients throughout the region.

The Northwest Minnesota region served by NMF includes two tribal nations (Red Lake Nation and White Earth Nation) and 12 counties (Beltrami, Clearwater, Hubbard, Kittson, Lake of the Woods, Mahnomen, Marshall, Norman, Pennington, Polk, Red Lake, and Roseau).

MAIN STREET ECONOMIC REVITALIZATION PROGRAM

More than \$989,000 in grants was released to businesses and organizations along the Highway 59 corridor and in specific boundaries of East Grand Forks and Bemidji.

These Main Street Economic Revitalization Program grants were funded by the Minnesota Department of Employment and Economic Development to support revitalization projects in the three corridors.

Funding released in this quarter was as follows:

- 11 businesses and organizations in Bemidji
- 11 businesses and organizations in East Grand Forks
- 7 businesses in Mahnomen, Callaway, and Waubun along the Highway 59 corridor

FAMILY OF FUNDS

Through 153 grants approved by local funds, nearly \$830,000 was dispersed into Northwest Minnesota. NMF maintains more than 430 funds within its family of funds, including community funds, donor-advised funds, education funds, scholarship funds, and others. Each fund has its own purpose.

Grants dispersed through these funds included:

- 41 grants, totaling nearly \$234,891, through education funds
- 4 grants, \$160,950, through economic development funds
- 25 grants, \$125,088, through health care funds
- 19 grants, \$97,875, from donor-advised funds, benefiting nonprofits that fit the donors' interests
- 4 grants, \$65,000, through environmental and recreation funds
- 22 grants, \$62,700, through community service funds (benefiting local efforts such as senior living, animal shelters, service organizations, churches, and homeless shelters)
- 32 grants, \$38,278, through community funds
- 4 scholarships, totaling \$35,575
- 2 grants, totaling \$9,000, from cultural funds, supporting local music, theater, and arts projects

BUSINESS LOANS

NMF approved 11 loans to nine businesses, totaling \$296,000.

These loans included:

- 5 microloans to businesses in Beltrami, Hubbard and Kittson counties within funding through the Small Business Administration
- 4 forgivable child care loans to businesses in Polk and Pennington counties
- 2 loans to businesses in Beltrami and Clearwater counties

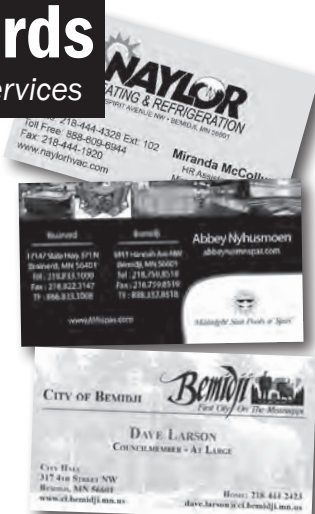
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Word Search Answers for this week

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E A H F I D B L I N N N S G I I L S L Y
V W R R F T S E D P E A R A U I A A V N
O P G T F D S D V P O O H B C O E O R S
C G L K U E M I L A S E L A S L R T B P
I T D O M H T S A O T K N M I Y E H Y F
N S N G I C A U C D E D U D B A C C K D
I C C G O A N I F F U M H S I L G N E L
M I T R E O K A S M E F O P E H O E A M
T I E D A P C E S L E W O T G V H S T M M I
H S R O L M K D T B T F S M E N P F Y K R
A M A D S A B E V M G E H Y S A U C K N
S B F F C E S L E W O T G V H S T M M I
H A R N K L P A E T A U I A Y S H S Y N
T P A U I A L E A D T F P R Y I D T C G
R P D K N V E T R K R H F G O O G A W E
U A C B F C O R B C T V C L T R N R G R
V L Y Y L P H O B B A N K P E C D G R D
S F W B U B I G D R E T T U B S S B I K

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Heartland 200 Race Cancelled

It is with great sorrow to have to pass this information along, but it unfortunately will come as no surprise, Heartland 200 that was rescheduled for Feb 10-11 has been cancelled.

We have been working with the Park Rapids community and Heartland 200 race committee for almost a year on this event, the logistics it takes to plan both a 100+ mile terrain race AND a lake race as a back-up takes a lot of hard work and dedication. As a group we had to make the tough call after the Christmas storms to switch to being a lake race for this season and then as we worked on those logistics mother nature again did not get the message and record warm temperatures just did not work in our favor.

Things were progressing last week and report on Friday showed we would be good to go as long as we could make it

through the warm spell. Today when the group went to Fish Hook Lake they were surprised to see that we lost the ice at the access and now would be unable to get any equipment or people out on the ice safely for the event.

As an organization we have to put safety as number one priority for our racers, crew, volunteers, EMS / Law enforcement, and fans.

The Heartland 200 group wants to express to everyone that we all did everything we could to pull the event off safely, as much as it disappoints us we have to make a decision to be the best stewards of our community and cancel the event for this year.

With that the committee has committed to the 2025 season not to just bring the series back for the Heartland 200 but as it always is first and foremost a

TERRAIN race! The Heartland 200 will return January 25-26, 2025 as a terrain race which has for a number of season been voted Venue of the Year. The lake race is Plan B and will only be a backup option if snow conditions don't allow.

Please contact your lodging for Park Rapids just to confirm canceling your reservations.

All race entries will be carried over to the next event, if you would like to cancel your registration and receive a refund in full, please email Todd at Todd@CorPowerSports.com and we will process that immediately.

We appreciate everyone's support as we work through these logistics for the race schedule, we are working closely with Walker, Naytahwaush, and Ironwood for their events.

Memorable moments in NCAA Men's Tournament history

College basketball fans have it made each March. Come March, scores of college hoops fans anxiously anticipate the tipoff to March Madness, which is a widely used nickname for the wildly popular NCAA Tournament, a single-elimination battle featuring 68 teams competing over seven rounds. Each team aspires to win the championship, but only one can walk away with the elusive trophy. That reality ups the ante with each game, and many a nail-biter and memorable moment has taken center stage during the tournament over the years.

As this year's round of madness prepares to tip off, fans can look back at these memorable moments from tournaments past and ponder the many others that have made March such a fun, if frenzied, month.

Princeton knocks off UCLA, March 14, 1996: Bruins fans may not find this moment all that memorable, but the thirteenth-seeded Tigers' improbable upset of the defending national champions is among the most notable moments in NCAA Tournament history. Princeton's 43-41 win marked the final victory of legendary coach Pete Carril's career, and perhaps no news-

paper better summarized the upset than Princeton's student newspaper, The Daily Princetonian, which featured the memorable headline "David 43, Goliath 41" the morning after the game.

"The Shot," March 13, 1998: March Madness fans who eagerly fill out their brackets each March know the matchups featuring a 13 seed are always unpredictable (see above), and that certainly held true in 1998. Down two points with just 2.5 seconds left, Valparaiso shocked the world and sent the University of Mississippi home when guard Bryce Drew, the son of head coach Homer Drew, sank a 23-foot three-pointer as time expired.

A 16 finally beats a 1, March 16, 2018: Few likely imagined the sixteenth-seeded University of Maryland, Baltimore County defeating the tournament's top overall seed, the University of Virginia, in the opening round, much less doing so in convincing fashion. But that's precisely what the Retrievers did, outscoring the Cavaliers by 20 points in the second half as they cruised to a 74-54 victory and made history as the first 16 seed to defeat a number one seed.

A halfcourt heave stuns the defending champs, March 14, 1981: There's something about March Madness that compels hoopsters to save their

most memorable moments for a game's final seconds, and that's precisely what happened when Arkansas's U.S. Reed stunned the defending champion Louisville Cardinals in the second round. Down a point with six seconds remaining after leading for most of the game, Arkansas was facing dim prospects for advancement. A swarming Louisville press made it unlikely Arkansas was going to get a good shot, and that played out. Reed was forced to heave a 49-footer from a stride or two behind the half court line. The shot improbably went in and the Razorbacks advanced.

The Heels' hopes are lifted, and then sank, April 4, 2016: Much like UCLA fans would not fondly recall their upset loss to Princeton in 1996, fans of the storied program at the University of North Carolina at Chapel Hill might find it hard to characterize their 77-74 title game defeat at the hands of the Villanova Wildcats as a night to remember. But few title games have featured closing moments as dramatic as this one. After the Tar Heels' Marcus Paige double-clutched and sank a game-tying three pointer with 4.7 seconds left, the Wildcats' Kris Jenkins answered with a buzzer-beating three-pointer of his own, securing Villanova's first national championship since 1985.

How to prevent eye injuries while playing basketball

School is back in session for many students. As families adjust to all-virtual instruction, a return to the classroom and hybrid arrangements, that adjustment period may be made easier by extracurricular sports programs - many of which are returning, albeit on altered schedules.

Basketball is a popular sport played in high schools and colleges each winter. The High School Athletics Participation Survey from the National Federation of State High School Associations points out that basketball is the most widely played sport on high school campuses.

And basketball thrives off campus as well. The sports information site Sports Rec says that more than 300 million people worldwide enjoy basketball.

Like all sports, basketball can pose certain safety risks. According to Prevent Blindness America, more eye injuries occur while playing basketball than any other sport. An estimated 4,597 basketball-related eye injuries occurred in 2019, with the vast majority affecting players ages 15 and older. Eye injuries on the basketball court usually result from being hit with fingers or elbows. Adequate eye protection can safeguard athletes from such injuries. Sports safety goggles and glasses can protect the eyes when scrambling for loose balls or when fighting for a rebound in the paint.

Basketball players should receive guidance about eye protection from their coaches and athletic directors. Athletes also can speak to an eye professional about which options are available.

More information about sports eye health is available at www.preventblindness.org.

**AD DEADLINE
FRIDAYS
AT NOON**



Clearbrook-Gonvick Bears hosted the Red Lake County Rebels last Thursday evening. Junior ball handler for the Rebels #24 Connor Duden looking for an opening around #10 Cooper Wishard for the Bears. Photos by Jalina Gerlofs.



#15 Ben Goudge with the rebound getting on a fast break for the Clearbrook-Gonvick Bears. Owen Chervestad #11 with his hand trying to get the ball away from Goudge.



It was a rough game as Clearbrook-Gonvick hosted the Red Lake County Rebels in white. The Rebels went home with the victory.



Ryan Bodensteiner #32 for the Bears guarding against #24 Connor Duden for the Rebels.