



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle

Win-E-Mac's McKeever honored with State AAA Award



Madison is pictured with Dave Stead who has served as the Executive Director of the Minnesota State High School League since March of 1988.

Win-E-Mac school has a lot of students to be proud of, students who excel in the classroom, on the athletic field, and in the fine arts. One of these students, Madison McKeever shines bright in all three categories. This accomplishment won her the Minnesota State High School League Triple "A" award Saturday morning during a banquet at the Loews Hotel in downtown Minneapolis. Madison was one of 4 students across the state who

received recognition for their achievements during halftime of the Class AA Boys Basketball State Championship game at Target Center, in Minneapolis, and walked off the court with a trophy, just a small symbol of a huge accomplishment. "The Triple "A" Award is one of the most coveted awards presented to students in Minnesota," said Judy Redman, associate director of the Minnesota State High School League. "Since its inception in 1988,



Madison proudly holds her State AAA Award.

over 13,000 students have represented their school in the Triple "A" program." The Triple "A" Award recognizes and rewards high school seniors from across the state for their achievements in the classroom, arts and athletics. To qualify for the award, students must have a "B" or better grade point average and participate in League-sponsored athletic and fine arts activities. League member schools are invited to nominate two students, a boy and a girl, for the award. Award recipients are selected through a multi-level process involving Leagues administrative regions and a committee of athletic, fine arts and educational leaders. Each student receives a four-year \$1,000 scholarship from the Minnesota State High School League. Madison, a Senior at Win-E-Mac, has a long list of notable accomplishments. She has played varsity girls basketball since the 7th grade, and has been starting, on a consistent basis at point guard since the 8th grade. That dedication earned her over 3,000 career points in basketball, one of only 13 girls in Minnesota who have reached 3,000 points during their high school basketball career. Besides sports, Madison in the high school band, playing saxophone, a member of the choir, is student council co-president, participates in National Honor Society, and performed in the high school plays. Madison has signed to play basketball at NCAA Division I University of South Dakota next year. She plans on majoring in elementary education.



New Playground equipment to be put up in Gully

Progress will be happening in Gully this year. There will be new playground equipment installed south of the Community Hall. The Trail Blazers Snowmobile Club has donated \$15,344 to help purchase the new equipment. Included will be a spiral climber, rock climber, glide slide, with roofs over a couple of areas. Colors of the equipment will be teal blue, royal blue and

grey. The Gully City Council looked at the wooden structure that has been used for many years and it is time for new equipment for the children to enjoy. Those on the council include Jim Sundrud, Donna Marshall, Romana Emerson, Jeri Rathbone and Mayor Cathy Bergerson. The order has been placed with Northwest Playground with Scott Winter from Bemidji.

He specializes in playground sales, designs and installation and will be the one in charge of putting up the stuff in Gully. That will include 20% of the cost of the equipment for all the landscaping work that will have to be done. Once the project is complete, they will provide education to ensure maintenance is done properly to preserve the life and safety of the system.

Great weather for the 2nd Annual Spring Shoot-Out Radar Runs

The Knightriders Snowmobile Club from Lengby-Fosston had a beautiful day of drag racing on Pine Lake Saturday, March 12th. 68 sleds made a total of 320 passes on the straightaway radar run.



Macy Lageese on the 120's. Her parents are Jason and Brenna Lageese from Bloomer, Wisconsin. They drove 324 miles to attend the event! Brenna is standing behind Macy. Photo by Dick Richards.



Mark Fjerstad was the voice of the Knightriders announcing the races. Photo by Dick Richards.



Dave Borchert of Super Dave's Racing posted the top speed of 149.5 MPH on the Open Mod 4-Stroke Yamaha 2012 Nitro. Photo by Dick Richards.

Developing a new sport

Brock Dombrovski and a group of friends are advancing a new competitive motorcycle winter sport. Wheelie (one wheel) ice rac-

ing on a 5,000 foot straight ice track, a 300 foot section is set for a radar speed test on just the rear wheel of the motorcycle. Brock accomplishes the feat

with a speed of 134.7 miles per hour in Wisconsin. Racers are modifying equipment to proform as the new sport is evolving.



Brock came to the Spring Shoot-Out Radar Run on Saturday, March 12th at Pine Lake hosted by the Lengby-Fosston Knightriders Snowmobile Club. Photo by Dick Richards.



Brock is shown doing 140 mph on the radar gun at Pine Lake on Saturday, March 12th. Photo submitted.



Brock is preparing to take his run on the track at Pine Lake on Saturday, March 12th. Photo by Dick Richards.



More trap shooting grants available

Minnesota shooting clubs will have another shot at developing or rehabilitating trap-shooting facilities as well as other ranges open to the public through a grants program from the Department of Natural Resources.

The 2014 Minnesota Legislature authorized more than \$2 million for matching grants to recreational shooting clubs for developing or rehabilitating trap shooting sports facilities for public use, with an emphasis on enhancing youth participation opportunities. The 2015 Legislature provided \$800,000 in additional funding for a wider variety of range development and rehabilitation.

"We still have trap range grant funding left that, along with added funding, will allow for the growth or improvement

of skeet shooting venues, as well as rifle and pistol ranges," said Chuck Niska, DNR shooting range program coordinator.

Ranges receiving funds must be open to the public on a reasonable basis, for a reasonable fee.

The first grant type consists of expedited small trap range grants of \$25,000 or less, or large trap range grants of \$25,000 or greater. There is \$650,000 available until funds are exhausted.

The second grant type includes small range grants of \$25,000 or less, or large range grants of \$25,000 or greater. There is \$800,000 available in 2016. These grants provide a wider variety of range development and rehabilitation.

Each grant recipient is required to equally match the

amount of funds the DNR awards them.

Grant application packets are available online at www.dnr.state.mn.us/grants/recreation/rangedev.html.

The application period will be March 15 to April 29. Grantees must have completed any prior DNR shooting range projects, with payments made and contracts closed. Grantees also must provide proof of local government approval, insurance and other information once grant awards are announced in May.

"Our hope is that these grants will allow facilities to add additional trap fields, upgrade equipment or make other improvements that enable more people to participate in the shooting sports," Niska said.

Retired U.S. Air Force Officer Dave Hughes Announces Candidacy for US House of Representatives, 7th Congressional District of Minnesota



Kittson County, MN) Karlstad resident Dave Hughes announced today his candidacy for US House of Representatives, 7th Congressional District of Minnesota, currently held by Representative Collin Peterson. Hughes, a combat veteran, is

currently employed by General Atomics as a UAS Instructor Pilot.

Mr. Hughes, his wife Amanda, and their seven children, moved to Karlstad in 2014, at the conclusion of Hughes' 21-year active duty military service. Miss Amanda is a Stay-at-Home Mom, Homeschooler, and small business owner.

In the course of his career Mr. Hughes flew the KC-135 Stratotanker, C-21 Learjet, MQ-9 Reaper, and served in various leadership positions from unit level to headquarters. Hughes deployed seven times to combat zones participating in Operations NORTHERN WATCH, SOUTHERN WATCH, ALLIED FORCE, and IRAQI FREEDOM.

"Our national prosperity is suffering greatly because our federal government is far too large, taxes too much, and exceeds its constitutional limits

continually. Our national security is waning quickly because of inept strategy, poor oversight, delusional unwillingness to name our enemy, total failure to secure our borders and immigration system, and contempt for our Second Amendment rights. Our national integrity is fraying badly because the Ruling Class in Washington, DC, plays by a different set of rules. Cronyism is common, and we acquiesce easily to the murder of our unborn. I'm running for the U.S. House of Representatives, against Collin Peterson, to represent the people and do my part to turn this ship around."

Hughes is a member of the National Rifle Association, the National Right to Life Committee, and a regular contributor to Compassion International, the American Center for Law & Justice, and Judicial Watch.

Enbridge Supports the TRFACT Summer Children's Programs

The Thief River Falls Area Community Theater was the recipient of a \$750 Community Investment Grant from local pipeline company, Enbridge.

Funds donated to the group will support their efforts to support two summer 2016 shows devoted to youth: How to Eat Like a Child and Bye Bye Birdie!

How to Eat Like a Child is a musical for students who will be in 3rd through 5th grade during the 2016-2017 school year. Auditions for this show will take place on April 23 from 9:00 a.m. until noon at the Northland Community and Technical College Theater in Thief River Falls. Performances of How to Eat Like a Child will take place on July

27-29, 2016.

Bye Bye Birdie! is a classic musical for students who will be in 6th through 12th grade during the 2016-2017 school year. Auditions will take place on April 25 at Franklin Middle School in Thief River Falls, and at Lincoln High School on April 27 and 28. In addition, there will be an audition workshop on February 19 at Franklin Middle School for anyone interested. At this workshop, students will receive information on scene readings, songs to sing, and characterization. Performances of Bye Bye Birdie! will be on August 2-4, 2016.

Auditions are open to any youth in the region, not just those who reside in Thief River Falls.

These youth theater offerings are more than producing a play. Students will receive voice lessons, small group and individual acting coaching, stage directions, and dance coaching. Staff to student ratio is small (5 or 6: 1). Rehearsals are held during the weekdays during July and August, culminating in performances of the respective shows.

For more information on the Thief River Falls Area Community Theater children's programs, email executive director Jane Anderson at mjander@mncable.net or visit our website: www.trfact.org. You can also friend us on Facebook or follow us on Twitter.

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Thanks for all the get-well wishes, prayers, calls, visits and food brought to my house after my heart attack and surgery. Very much appreciated.

Yvonne Dahl

Music Jamboree Sunday

There will be a Music Jamboree with Country & Country-Gospel Music on Sunday, March 20th from 1:00-4:30 at Cornerstone Residence (30 Sunset Ave. Nw.) in Bagley. Everyone is welcome!

Brunch in Fosston

"On Bended Knee Mini Concert" brunch will be held on Wednesday, March 16 at 9:30 a.m. the New Journey Church (Fosston Baptist Church) at 505 9th St. NW in Fosston.

Ken and Shantel Dudley will present the music and message.

For reservations call Marie 435-2554, Arlene 563-2085, Barbara 687-3431, Beverly 776-3897, Andrea 694-2753, or Avis 935-5307.

College News

Arneson named to University of Northwestern - St. Paul dean's list

ST. PAUL, Minn. (March 11, 2016) - Brady Arneson of Fosston was named to the fall 2015 semester Dean's List at University of Northwestern - St. Paul. The Dean's List includes full-time students with a grade point average (GPA) during the semester of 3.65 (out of 4.0) or higher. His major is Electronic Media Communication.

SAVE YOUR VISION MONTH

Accident claims life of Kelly Allen Aakre

Wahpeton, N.D. - Wahpeton police on Wednesday identified Kelly Allen Aakre as the 50-year old found dead after five or six doors apparently fell on him.

The Wahpeton man was discovered by his son on Monday in an industrial part of town where construction material is stored, according to Police Chief Scott Thorsteinson.

The body was taken to the medical examiner's office in Grand Forks. Wahpeton police Sgt. Dan Nordick said on Wednesday that an autopsy showed no evidence of foul play and test results are still pending.

EASTER

BAKE SALE

SATURDAY, March 19, 2016
9:00 am - 11:00 pm

Sand Valley Church,
Trail, MN

Homemade Baked Goods
by **Sand Valley Ladies Aid**

Gully Mall Day

VENDORS & CRAFTERS WANTED:
Bring your own table.
Reservations: **\$10**

Questions? Call Tamera at 218-268-4551

MUSIC BY STEVE, LANE & JOSH WATNE

Saturday, Mar. 19, 2016
9:00 am to 2:00 pm

Gully Cafe & Schoolhouse
Grocery will be offering **Specials and Door Prizes.**

For more information about Real Solutions...

- * Home Loans
- * Land Loans
- * Equity Loans

Visit with Anthony Holthusen if you're planning to purchase a new home, land or remodel your home.

Security STATE BANK

Phone 218-796-5157

PO Box 69
Oklee, MN 56742

Zion Lutheran Church Auction

Oklee Community Hall
SALE STARTS 12 NOON

Sunday April 3rd

Setup: Saturday, April 2
10 am to 3 pm

YOU MAY DONATE ITEMS UP TO START OF SALE

Something For Everyone

Lunch served starting at 11

Eric W. Mickelson, Auctioneer
Lic. #63-6, phone 796-5767

- All proceeds to Zion General Fund -

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Great for that special event! Richards Publishing
Gonvick 487-5225

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for only **\$4.99*/mo.**

That's right, a new Smartphone for under five bucks a month...REALLY!

*Certain requirements apply. Promotion applies for 12 months for new lines of service. Offer ends April 30, 2016. Call for details.

Garden Valley Technology Leader

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800-448-8260 | gvtd.com

This offer is available to new or existing subscribers, with activation of Simple Shared Plans, when you sign up for the EXTRA Installment Device Program at \$4.99 per month for 12 months and another 12 months at \$24.99 a month. Ask GV Representative for details.

SCHOOLHOUSE GROCERY

GULLY, MN

NEW STORE HOURS!
Monday - Friday 9am-6pm,
Saturday 9am-5pm
Sunday 9:30am-12:30pm

A WEEK OF SAVINGS AT SCHOOLHOUSE GROCERY!!

Be Sure to Come to Gully Mall Day Saturday March 19th!!!

- DAIRY FRESH - SKIM, 1%, 2% Milk 1 GAL. JUST \$2.99!!!
- CASS CLAY - 1 LB. QTRS. Butter 2 for \$5!!
- ABBY'S BAKERY - 6 CT. Raspberry or Lemon Bismarks \$2.99
- CORNED BEEF Brisket PER LB. \$3.88
- Pringles ALL FLAVORS 3 for \$5
- SUNNYBROOK 100% - 1/2 GAL. Florida Orange Juice ..2 for \$5
- SUNNYBROOK - 56 OZ. ALL FLAVORS Ice Cream 56 OZ. \$2.99
- FRESH Strawberries 1 LB. 2 for \$5
- Navel Oranges PER LB. \$1.88
- COUNTRY HEARTH KIDS CHOICE Bread 1-1/2 LB LOAF 2 for \$5
- HYTOP CANNED Tuna 5 OZ. 2 for \$1

We will have Door Prize Drawings on Saturday March 19th for Gully Mall Day!

Now Open in our shared location

with Fosston Family Dental at

201 Hillestad Ave N in Fosston

FOSSTON Eye Clinic

the best care in sight

- Comprehensive Family Eye Care
- Complete Contact Lens Care
- Ocular Disease Management and Surgery Co-Management

Drs. Forgit and Smith, optometrists, are excited to continue providing quality eye care in Fosston.

Dr. Matthew C. Forgit

Dr. Angela S. Smith

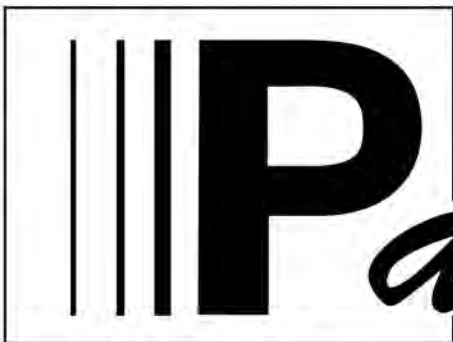
For more information or to schedule an appointment

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R51C

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FREE Pumps Perks Card!
Save On Gas!



FOODS & DELI

Fosston, Minnesota
Double Coupon Sunday
through Wednesday

COLBY JACK, MEDIUM CHEDDAR, MOZZARELLA,
PIZZA BLEND OR SHARP CHEDDAR REG SHRED
**ESSENTIAL EVERYDAY
SHREDDED
CHEESE**
2/\$3
8 OZ

**CASS CLAY
BUTTER**
\$2.99
1 LB QUARTERED

**CASS CLAY
WHIPPING
CREAM**
\$1.99
PINT

REGULAR OR CALCIUM PLUS
**CASS CLAY
ORANGE JUICE**
2/\$4
1/2 GALLON

TRADITIONAL, MEAT, TOMATO BASIL, TOMATO,
GARLIC & ONION, FORTIFIED GARLIC ONION OR
FORTIFIED TOMATO BASIL



**FRANCESCO
RINALDI
PASTA SAUCE**
5/\$6
24 OZ

RONZONI PENNE, ROTINI, GARDEN PASTA OR
SPAGHETTI **3/\$2**

VANTAGE OR SOFT & STRONG



**VIVA
PAPER
TOWELS**
\$5.99
6 ROLL PK

ESSENTIAL EVERYDAY ULTRA STRONG OR ULTRA SOFT
BATH TISSUE 12 PK - DBL ROLL **\$5.99**

**ESSENTIAL EVERYDAY
MACARONI & CHEESE
DINNER**

10/\$5
7.25 OZ BOX

CHICKEN, ALFREDO OR STROGANOFF PASTA;
SPANISH, CHICKEN, CHICKEN BROCCOLI OR
CHEDDAR BROCCOLI RICE

KNORR SIDES
10/\$10
4-5.6 OZ

CREAMY TOMATO, CLASSIC TOMATO OR
CHICKEN WITH MINI NOODLES

**CAMPBELL'S
SOUP-TO-GO**
10/\$10
10.75-11.1 OZ

SMOKY BOURBON, PULLED PORK, APPLEWOOD
SMOKED BACON OR HICKORY BROWN SUGAR

**KC MASTERPIECE
BAKED BEANS**
2/\$3
28 OZ

FAMILY PACK 85% LEAN GROUND BEEF LB \$3.49
JOHN MORRELL CORNEB BEEF BRISKET ... LB \$4.49
ANGUS FARMS BEEF BONELESS CHUCK BLADE ROAST LB \$4.29
ANGUS FARMS BEEF BONELESS CHUCK BLADE STEAK LB \$4.49
ANGUS FARMS BEEF BONELESS TOP SIRLOIN STEAK LB \$4.99
ANGUS BEEF BONELESS NEW YORK STIP STEAK ... LB \$8.99

ONION GARLIC OR ORIGINAL ROAST SEASONED BONELESS HORMEL PORK ROAST .. 1.5 LB \$3.99
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FAMILY PACK BONELESS PORK COUNTRY STYLE RIBS LB \$1.89
FAMILY PACK BONELESS PORK SIRLOIN CHOPS LB \$1.89
BONELESS PORK SIRLOIN ROAST LB \$1.79
SEA CUISINE ASSORTED VARIETY SEASONED OR CRUSTED FISH FILLETS 8.5-10 OZ \$3.99

FAMILY PACK CHICKEN DRUMSTICKS OR THIGHS LB 89¢
GERBER AMSIH FARMS WHOLE CHICKENS LB \$1.59
BONELESS, SKINLESS CHICKEN BREASTS LB \$1.79
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ARCTIC SHORES SALMON FILLETS 16 OZ \$4.99

JOHN MORRELL CUBED OR DICED HAM 8 OZ \$2.29
ORIGINAL, MAPLE OR LOW SODIUM JOHN MORRELL BACON 12 OZ 2/\$6
ORIGINAL OR LIGHT BOLOGNA OR COTTO SALAMI OSCAR MAYER 16 OZ 2/\$4
ASSORTED VARIETY SMOKED BRATS OR SAUSAGE JOHNSONVILLE 14 OZ 2/\$6
FLANAGAN'S SAUERKRAUT 2 LB 2/\$5
JOHN MORRELL FRANKS 12 OZ 5/\$5



WHOLE, 2%, 1% OR SKIM
**CASS CLAY
MILK**
\$2.99
GALLON

WHOLE, 2%, 1% OR SKIM
CASS CLAY MILK... 97OZ **4/\$9.50**

ORIGINAL, CRUNCH BERRIES OR PEANUT
BUTTER CRUNCH
**CAP'N CRUNCH
CEREAL**
2/\$5
12.5-14 OZ

ESSENTIAL EVERYDAY OLD FASHION OR QUICK
OATMEAL 42 OZ **\$2.29**

TOSTITOS BITE SIZE OR SCOOPS (18 OZ); TOSTITOS
RSTO (14.5 OZ); MUNCHIES CHEESE FIX (15.5 OZ);
LAY'S REGULAR OR WAVY REGULAR (15.8 OZ); FRITOS
SCOOPS (18 OZ); CRUNCHY CHEETOS (17.5 OZ); COOL
RANCH OR NACHO DORITOS (15.5 OZ)

FRITO LAY
2/\$7

ASSORTED KETTLE COOKED
LAY'S CHIPS 8 OZ **4/\$10**

DICED, PETITE DICED, DICED WITH BASIL,
GARLIC & OREGANO OR
PETITE DICED WITH GREEN CHILIES
RED GOLD TOMATOES
10/\$10
14.5 OZ

FRENCH'S
YELLOW MUSTARD ... 20 OZ **\$1.39**

GOURMET SUPREME, CLASSIC ROAST OR
FRENCH ROAST
**ESSENTIAL EVERYDAY
COFFEE**
\$5.99
27.8-33.9 OZ

BIG TEX
ORANGE JUICE 46 OZ **\$1.59**

**CASS CLAY
HALF & HALF**
5/\$4.50
PINT

ASSORTED LAND O LAKES
SOUR CREAM 16 OZ **\$1.79**

VANILLA OR NEW YORK VANILLA
**DEAN'S RF
ICE CREAM**
\$4.39
4.5 QT

ESSENTIAL EVERYDAY REGULAR OR LIGHT
WHIPPED TOPPING.... 8 OZ **\$1.19**

ASSORTED REGULAR OR RIP-L
**OLD DUTCH
POTATO CHIPS**
2/\$4.50
9.5-10 OZ

ASSORTED
TOOTSIE FROOTIES 360 CT **\$4.99**

ASSORTED
**NABISCO
SNACK CRACKERS**
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15.5-8.1 OZ

ASSORTED KEEBLER
CLUB CRACKERS11.7-13.7 OZ **4/\$10**

SEMI-SWEET
**ESSENTIAL EVERYDAY
CHOCOLATE CHIPS**
\$1.89
12 OZ

HUNT'S BUTTERSCOTCH, VANILLA, CHOCOLATE
OR CHOCOLATE VANILLA SNACK PACK
PUDDING 4 PK **5/\$6**

BLUEBERRY, RASPBERRY, HONEY, STRAWBERRY
RHUBARB, PEACH, COCONUT OR PINEAPPLE
**NOOSA
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COTTAGE CHEESE..... 16 OZ **\$1.99**

ASSORTED
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A&W ROOTBEER, DIET CHERRY 7-UP, DIET A&W CREAM
SODA, DIET 7-UP, COUNTRYTIME LEMONADE, CANADA
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12 PK - 12 OZ CANS

ORGANIC GRAPE, APPLE, TROPICAL PUNCH
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CAPRI SUN 10 PK-6 OZ BOXES **\$4.59**

CHOCOLATE CHIP, PEANUT BUTTER CHOCOLATE CHIP,
VARIETY PACK OR 90 CALORIE CHOCOLATE CHUNK

**QUAKER
GRANOLA BARS**
\$1.99
6.7 OZ

APPLE CRANBERRY COCKTAIL
LANGER'S 64 OZ **\$2.39**

**ESSENTIAL EVERYDAY
RECLOSABLE SANDWICH
OR SNACK BAGS**
\$1.59
120 CT

CULLIGAN WATER SOFTENER SALT
CARE CUBES..... 40 LBS **\$4.99**

DAIRY
SUNNY DELIGHT TANGY ORIGINAL
CITRUS BEVERAGE 64 OZ **\$1.19**
BONGARD'S
AMERICAN CHEESE SLICES ... 3 LBS **\$6.99**
BONGARD'S
AMERICAN CHEESE SLICES 16 CT **\$2.39**
ESSENTIAL EVERYDAY
STRING CHEESE..... 24 OZ **\$5.99**
ESSENTIAL EVERYDAY
CREAM CHEESE..... 8 OZ **\$1.29**
STRAWBERRY, VANILLA, KEYLIME OR BLUEBERRY
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REDDI WIP..... 6.5 OZ **\$1.99**
AZTECA HOMESTYLE
FLOUR TORTILLAS 11.6 OZ **\$1.39**
ASSORTED
LAND O LAKES DIPS 16 OZ **\$2.69**
LAND O LAKES
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MID AMERICA FARMS CHIVE & ONION, TACO FIESTA OR
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TINY TWISTS OR CLASSIC TINY TWISTS
ROLD GOLD PRETZELS 10-16 OZ **4/\$10**
OLD DUTCH
KETTLE CORN 7 OZ **\$2.49**
ESSENTIAL EVERYDAY DELUXE
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ESSENTIAL EVERYDAY
WHOLE CASHEWS 8.5 OZ **\$4.99**

FROZEN FOOD
COLE'S
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SHREDDED HASHBROWNS 5 LBS **\$4.99**
ORE IDA SOUTHERN STYLE
HASHBROWNS 5 LBS **\$5.99**
NEW YORK GARLIC
BREADSTICKS 10.5 OZ **\$2.19**
ORE IDA
GOLDEN CRINKLE CUT FRIES. 5 LBS **\$4.99**
ORE IDA
TATER TOTS 5 LBS **\$4.99**
MR. DELL'S REGULAR OR O'BRIEN
SHREDDED HASHBROWNS 24-30 OZ **\$2.59**
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TEXAS TOAST 11.25 OZ **\$2.19**
LASAGNA WITH MEAT SAUCE
STOUFFER'S 90 OZ **\$11.99**
ASSORTED FLAVORS
DEAN'S POPS 6 PK **\$1.29**
CHOCOLATE OR STRAWBERRY
DEAN'S ECLAIR BARS 6 PK **\$1.89**
DEAN'S
ICE CREAM SANDWICHES 6 PK **\$1.79**
ASSORTED
DEAN'S SHERBET QT **\$1.79**
ASSORTED
DEAN'S ICE CREAM PINT **\$1.79**
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TORTILLA CHIPS 11 OZ **\$2.39**
PECAN, HINT OF SEA SALT ALMOND OR
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**FRUITS & VEGETABLES
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GREEN GRAPES
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LB

JUICY
NAVEL ORANGES..... 4 LB BAG **\$2.99**
CRISP
GRANNY SMITH APPLES LB **\$1.29**
FRESH
KIWI 2/\$1
LOCAL
RED POTATOES..... 10 LB BAG **\$2.19**
CRISP
GREEN CABBAGE LB **49¢**
FRESH
CARROTS 2 LB **\$1.29**
CRISP
ROMAINE HEARTS 3 CT **\$1.99**
FRESH
CUCUMBERS EACH **59¢**
PETITE
MUSHROOMS 6 OZ **\$1.29**
ORGANIC RAINBOW PEELED
CARROTS 12 OZ **\$1.99**
**WE HAVE ORGANIC
DAIRY AND PRODUCE**

ESSENTIAL EVERYDAY ORIGINAL
SALTINE CRACKERS 16 OZ **\$1.39**
BUTTERCRISP, ONION OR WHEAT TOASTED
KEEBLER..... 8 OZ **\$2.59**
ASSORTED NABISCO
OREO COOKIES..... 10.1-15.35 OZ **\$3.59**
WHITE FUDGE OR MILK CHOCOLATE
FLIPZ COVERED PRETZELS 5 OZ **\$1.19**
ASSORTED KEEBLER
FUDGE SHOPPE COOKIES6.6-12.5 OZ **\$2.19**
HOMESTYLE MW POPCORN
POPSECRET 6 PK **3/\$10**
ESSENTIAL EVERYDAY
SLICED RIPE OLIVES 2.25 OZ **89¢**
ESSENTIAL EVERYDAY
PASTA RINGS IN TOMATO SAUCE 15 OZ **59¢**
ESSENTIAL EVERYDAY
PURE OLIVE OIL..... 17 OZ **\$3.89**
ESSENTIAL EVERYDAY
RASIN BRAN CEREAL..... 18.7 OZ **\$2.39**
BROWN SUGAR OR CINNAMON OATMEAL SQUARES
QUAKER CEREAL..... 14.5 OZ **\$2.29**
PROGRESSO
PLAIN BREAD CRUMBS 15 OZ **\$1.39**
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TACO SEASONING MIX 1.25 OZ **5/\$2**
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MOTT'S APPLESAUCE..... 48 OZ **\$2.79**
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GARBAGE BAGS..... 96 CT **\$5.39**
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CLASSIFIED ADS!

Early Childhood Positions Available

Do you like working with young children & their families? Are you looking for a flexible schedule? Would you like to work in a family friendly environment?

Inter-County Community Council is accepting applications for openings in our Head Start program:

EHS Home Based Educator: 30 hours a week, 50 week position working with families with children birth to 3 yrs, early childhood education or experience preferred, but willing to train

Health Coordinator: full time, year round position as a member of our management team focusing on the areas of health, mental health, nutrition and safety, seeking a candidate with a background in health/nursing and early childhood education

Application and position specific information, including job duties, salary and educational requirements are available on our website at www.intercountyycc.org. Send completed application and resume to D'Anne Johnson, ICCC Head Start Director, PO Box 189, Oklee, MN 56742 or djohnson@intercountyycc.org. Applications must be received by 4 pm on March 24, 2016. Call 218-796-5144 x. 28 for more information.

ICCC is an equal opportunity employer.

R51-52C

HELP WANTED

Truck driver/elelevator employee

We are looking for a full time employee to work in our grain department and drive truck.

Duties include: grain handling, general maintenance, house-keeping, pickup and delivery feed, grain, and fertilizer.

Job requirements include Class A commercial driver's license, semi truck experience.

We offer a benefit program including, health, 401K, vacation & sick leave, profit sharing.

For more information contact Russ at: Gully Tri Coop Assn., 268-4188.

Or send resume or job application to: Attention: Russ, Gully Tri Coop Assn., PO Box 29, Gully, MN 56646.

R48-51C

GROUND SUPERVISOR TWIN PINES GOLF COURSE

Twin Pines Golf Course is now hiring a ground supervisor for the 2016 season. Duties will include, but not limited to:

- Supervise grounds crew (mostly youths)
- Maintain equipment
- Develop work schedules and oversee golf course maintenance.

This position is for 20 to 25 hours per week. Pay is dependant upon qualifications. For details or to apply contact Jamie Grover 281-743-1277 or email: jgrover@slb.com

R48-52C

NOW HIRING!



Personnel & Administrative Manager

Primary duties will include, but are not limited to, the following: department head responsibility for all aspects of human resources; administration of employee benefits programs; coordinate hiring practices and new employee orientation; oversee implementation of union contract provisions; and oversee employee and member newsletters.

Call Garden Valley Telephone Company at 218-687-2400 for complete job requirements and qualifications. Qualified persons who are interested in applying for this position should submit written resumes, stating their qualifications, including educational background, training, work-related experience and salary requirements.

Resumes will be received by the Company until noon on Friday, March 25, 2016. Resumes may be submitted by email to tim.brinkman@gvtel.net or by mail to the following address:

General Manager
Garden Valley Telephone Company
201 Ross Ave / PO Box 259
Erskine MN 56535

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R50-51C

POSITION ANNOUNCEMENT EAST POLK SOIL AND WATER CONSERVATION DISTRICT

Job Title: District Technician
Location: 240 Cleveland Ave., P.O. Box 57, McIntosh, MN 56556
Classification: Regular Full Time (40 hours per week)
Salary Range: \$16.00 - \$19.00/hour, dependent upon qualifications and experience
Benefits: Health Benefit, Paid Time Off, Holidays, Retirement Benefits
Closing Date: March 25, 2016 at 4:30 p.m.

The East Polk Soil and Water Conservation District is accepting applications for a District Technician. This position will be under the general supervision of the District Manager, and will promote conservation efforts, execute the buffer, tree, and County Feedlot Programs, coordinate the Minnesota Ag Water Quality Certification Program, as well as other duties. The position requires working with landowners and community groups as well as local, state, and federal government to build partnerships and implement conservation programs.

Minimum Qualifications:

- Two year post-secondary education in the natural resources, environmental education or related field; or two years of experience in the field of resource management.
- Demonstrated experience coordinating projects with multiple stakeholders.
- Understanding of conservation and agricultural practices.
- Excellent communication, writing and organizational skills; good sense of humor, self-motivated, outgoing, and ability to work independently as well as a team.
- Experience with computers and Microsoft Office programs.
- Physical ability to work effectively in various field conditions, as well as lift up to 60 lbs.
- Willingness to travel for training, and possibly attend evening/weekend events.
- Must possess a valid driver's license.

Desired Qualifications:

- Bachelor's Degree in natural resources, environmental education or other related field.
- Familiar with ESRI's ArcGIS software.
- Experience mapping with GPS.
- Understanding feedlot rules and regulations, buffer statute, and other state statutes and local ordinances.
- Experience with native and noxious/invasive plant identification.

Conditions of Announcement:

The East Polk SWCD reserves the right to extend or make changes to the content of this position announcement without notification and may at any time withdraw the announcement.

The job description can be obtained at the East Polk SWCD office or on the website: www.eastpolkswcd.org. Please mail cover letter and resume to: East Polk SWCD, P.O. Box 57, McIntosh, MN 56556 or email to lisa.newton@mn.nacdn.net. East Polk SWCD is an equal opportunity employer.

R51-52C

Job Opportunity ASSISTANT ACCOUNTANT

Greater Minnesota Management is a growing company, seeking to hire an Assistant Accountant to work with Accounts Receivable and Accounts Payable working from the Management office in Mentor. This a full time position with good benefits.

Minimum requirements are a Degree in Accounting or Business Administration and/or five years of related experience, preferably with a background in property management. Also required are strong skills working with software, preferably Yardi.

Interested applicants should email for a Job Description and Application. Completed Application and Resume should be submitted to:

Miriam Buchanan, CEO
Greater Minnesota Management
Email: miriam.buchanan@gmmco.org

R50-51C

Clerk Typist Cashier III – Polk County License Center

Polk County License Center has an opening for a fulltime Clerk Typist Cashier III position. Applicants must have a high school or equivalent (GED) with experience in basic office/clerical procedures. This position requires good judgment, attention to detail and courtesy in serving the public. A valid driver's license is required. A full position description and application can be obtained by contacting the Polk County Administrator's Office at 218-281-5408 or online at <http://www.co.polk.mn.us>. Wage range for this position is \$14.35 - \$18.24/hour; DOE and qualifications. Applications for this position will be received until 4:30 p.m. on March 18, 2016.

M50-51C

Teller Needed

First State Bank of Clearbrook has an excellent opportunity for a full-time Teller. The work schedule for the position is M-F, and some Sat. mornings. The teller is responsible for servicing customers' needs by performing teller and personal banking duties efficiently, professionally and accurately.

The successful candidate will:

Be an excellent team player with a strong work ethic and customer service skills.

Have strong written, verbal and listening skills.

Be able to maintain a high degree of accuracy with attention to detail.

Be able to maintain strict confidentiality at all times.

Prior financial institution experience and a high level of computer skills is preferred but not required. We offer competitive wages and benefits. Qualified candidates should submit their resume to: First State Bank of Clearbrook, P.O. Box 27, 123 Main St. S., Clearbrook MN 56634, Attention: Kathryn Klasen. Or alternatively, you may obtain an application, complete & submit to the above.

"First State Bank of Clearbrook is an Equal Opportunity Employer of women, minorities, protected veterans and individuals with disabilities."

R51-52C

Help Wanted

NORTHWOOD COTTAGE,
a group home,
1 mile No. of Bagley.

Looking for someone to cook,
clean and care for others.

Call JANET at **694-4000**
or **218-230-9566**

R51C

Help Wanted

Part time at the Gully Tri-Coop fertilizer division and Clearbrook division. To drive tender truck, floater, and help with other activities at the fertilizer plant.

Call Lloyd at (218) 268-4185,
Russ at (218) 268-4188,
or stop in and talk
with us.

R51-2C

Help Wanted

HELP WANTED: Carpentry/concrete helpers. Call Faldet Construction, Ben or Dave, 218-280-0661, 218-280-1689.

R51-2C

PART-TIME HELP WANTED at Schoolhouse Grocery in Gully. Stop in for an application or call Tamera, 218-268-4551, for more information.

R51-52C



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R48-52C

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R51C



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HAY FOR SALE: Medium square alfalfa/orchard grass 1st, 2nd & 3rd crop, stored inside, starting at \$35.00 per bale, volume discounts. Also medium square wheat straw, rotary combined, stored inside, \$20.00 per bale. David Olson, Gully, 218-766-9575.

R42C

WANTED: Large round bales of hay, new and old crop. Call 218-280-4149.

R49-1C

Recreation

FOR SALE: '83 Chevy motorhome, 23', \$3800. Call evenings, 218-487-5260.

R71C-NC

FOR SALE: 14' Lund boat, 30 hrs., Honda trailer, like new. Call evenings, 218-487-5260.

R12-11CNC

FOR SALE: '97 Arctic Cat Panther. Long track, 2 upseats, elec. start with reverse. Comes with cover. Call 218-776-3381.

R50-51C

NEW QUEEN MATTRESS SETS \$199. Full \$179. Twins \$149, King \$379. Many Styles and All Sizes Available. For Pick Up/Delivery Today. Family Ran Furniture Warehouse Since 2012. Call 218-766-0064.

R49-52C

Rummage Sale

RUMMAGE SALE: Embassy basement, 3rd/Eaton, Fosston. Friday, March 18th (most items 50¢); Saturday, March 19th (\$2 bag day). 9am-noon both days.

R51C

Farm Equip.

WANTED TO BUY: 10-1/2' Tandem Disc with hydraulics, in good working condition. 218-556-1231.

R51-4C

Household

FLOORING SALE: In-stock as low as 67¢ sq. ft.; In-stock vinyls as low as 78¢ sq. ft.; In-stock laminates as low as \$1.69 sq. ft. FREE estimates. Installation available. Mireault's Home Furnishings, Fosston, MN, 218-435-6171 or 800-545-6171.

M31C-C

FOR SALE: Sectional couch. Tan. Call 218-556-6944.

R451C-NC

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R12-11C

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R28TFC



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M28-51C

**For more information on MCAN ads call:
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MCAN

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Used Trucks

Small Trucks

58045b	2001 Chevy S10 Crew Cab LS 4x4, 144K, Green.....	\$ 6,500
59077a	2004 Chev Colorado Crew Cab Z71 4x4, 147K, Silver	\$ 6,800
57047A	2007 Chev Colorado Ext Cab LS 4x2, 85K, Silver.....	\$ 7,500

Regular Cab

58202A	2008 Chev 1500 LT 4x4, 63K, Immaculate Condition, Victory Red	\$17,500
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Extended Cab

Stock	Vehicle	Price
49059B	2007 Chev 1500 LT 4x4, 99K, White	\$15,900
58191b	2007 Chev 1500 LT 4x4, Matching Topper, 104K, Silver	\$16,800
58125A	2009 Chev 1500 LT 4x4, 31K, Blue Granite.....	\$23,800
58122a	2009 Chev 1500 LT 4x4, 57K, Black.....	\$22,200
59064C	2011 Chev 1500 LT 4x4, 62K, Blue Granite.....	\$23,800
48135a	2011 GMC 1500 SLE 4x4, 27K, White	\$26,500

Crew Cab

Stock	Vehicle	Price
59005b	2004 Chev 1500 Z71 4x4, 176K, Red	\$ 9,900
48154b	2005 Chev 1500 Z71 4x4, 145K, Blue.....	\$13,000
57057C	2005 Chev 1500 Z71 4x4, 163K, Silver.....	\$12,900
48065A	2008 Chev 1500 LT 4x4, 92K, Blue Granite	\$19,800
59028a	2008 Chev 1500 LT 4x4, 131K, Blue Granite.....	\$17,350
38187a	2009 GMC 1500 SLE 4x4, 117K, Red	\$18,800
48055A	2009 Chev 1500 LT 4x4, 72K, Maroon	\$21,900
28142A	2009 Chev 1500 LT 4x4, 47K, Blue Granite.....	\$25,200
59031B	2009 GMC 1500 SLE 4x4, 119K, Black.....	\$19,300
58132C	2010 Chev 1500 LT 4x4, 111K, Silver.....	\$18,800
38235a	2010 Chev 1500 LT 4x4, 90K, Silver	\$21,300
59007A	2010 Chev 1500 LTZ 4x4, 50K, White Diamond.....	\$28,600
58175A	2011 Chev 1500 LT 4x4, 90K, Gray.....	\$24,800
58067a	2011 Chev 1500 LT 4x4, 76K, Black.....	\$25,000
59035a	2011 Chev 1500 LT 4x4, 76K, Gray.....	\$19,800
59058a	2011 Chev 1500 LT 4x4, 43K, Silver	\$27,000
38101a	2011 Chev 1500 LT 4x4, 59K, Steel Green.....	\$25,500
38151a	2011 Chev 1500 LT 4x4, 34K, Silver Green.....	\$27,600
59020A	2011 Chev 1500 LT 4x4, 65K, White Diamond	\$25,800
48095a	2012 Chev 1500 LT 4x4, 49K, White Diamond	\$28,900
58121A	2013 Chev 1500 LT 4x4, 67K, Matching Topper, Deep Ruby.....	\$26,800
48187a	2013 Chev 1500 LT 4x4, 46K, Mocha.....	\$28,900
69003A	2014 Chev 1500 High Country, 26K, Loaded, Matching Topper, White Diamond.....	\$39,500

Heavy Duty Trucks

Stock	Vehicle	Price
58075a	2001 Chev 3500 Ext Cab, 4x4, Duramax Diesel, Dually, 176K, Green..	\$10,900
59045B	2004 GMC 2500 Crew Cab SLT 4x4, Duramax Diesel, 185K, Blue	\$16,000
58076B	2009 Chev 2500 Crew Cab LT 4x4, 113K, Blue.....	\$22,500
58203A	2011 Ford F350 Crew Cab Lariat 4x4, 6.7 Diesel 58K, Gray	\$36,500
58144a	2012 Chev 3500 Crew Cab LT 4x4, Matching Topper, Immaculate, 29K, Victory Red.....	\$32,900

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R30C

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Keeping a Healthy Smile

Written by Karin Haugrud

A healthy smile is a bonus at any age. Too often older people—especially those who wear dentures—feel they no longer need dental checkups. If you haven't learned the basics of oral health care, it is never too late to start. And even if you have, it's a good time to review.

Good dental health is important for everyone. Dental problems are a leading cause of discomfort, and impaired quality of life. Oral health is a barometer for general health problems in the elderly. A healthy mouth plays an important role in how you speak, chew your food, and your overall body health. If your teeth are decaying and falling out most likely you will not be able to eat properly, speak clearly and may be embarrassed to socialize with others. For these reasons, it is important to perform daily dental care.

An important part of good oral health is knowing how to brush and floss correctly. Thorough brushing each day removes plaque. Gently brush the teeth on all sides with a soft-bristle brush, using fluoride toothpaste. Circular and short back and forth strokes work best. In addition to brushing, using dental floss is necessary to keep the gums healthy. Proper flossing is important because it removes plaque and leftover food that a toothbrush cannot reach.

If you wear dentures, keep them clean and free from food that can may cause stains, bad breath, and gum irritation. Once a day, brush all surfaces of the dentures with a denture-care product. Remove your dentures from your mouth and place them in water or a denture-cleansing liquid while you sleep. Each morning before dentures are placed in the patient's mouth, it is im-

portant that gums, tongue and roof of mouth be brushed with toothpaste to remove plaque, stimulate gums and freshen breath. Partial dentures should be cared for in the same way as full dentures.

It is important even for a full denture wearer to visit the dentist on a regular basis to get an evaluation of the palate, tongue and surrounding tissue for any problems. Sore spots should not be ignored. See the dentist if you think adjustments are needed.

While people commonly associate cavities with children, tooth decay can occur at any age. Bacteria stick to the teeth and form a sticky, colorless film called plaque. In children, cavities affect the crown of the tooth. In older adults, decay occurs more often at the root surface. Root cavities tend to grow quickly in older adults with receded gum lines, a condition that occurs with advancing age. Regular brushing and flossing can protect against tooth decay.

For denture-wearers, the buildup of plaque can irritate the tissues under the dentures. It is important to clean your dentures thoroughly every day. Also see a dentist at least once a year to be sure dentures fit properly and that gum tissues are disease free.

Good oral hygiene and regular dental care are important throughout your life, whatever your age.

This article is made possible with Older Americans Act dollars from the Land of the Dancing Sky Area Agency on Aging. Call the Senior LinkAge® at 800-333-2433 to speak with an information specialist, or check out our website at Minnesota-Help.info. The site includes more than 12,000 agencies and 44,000 services across the state of Minnesota.

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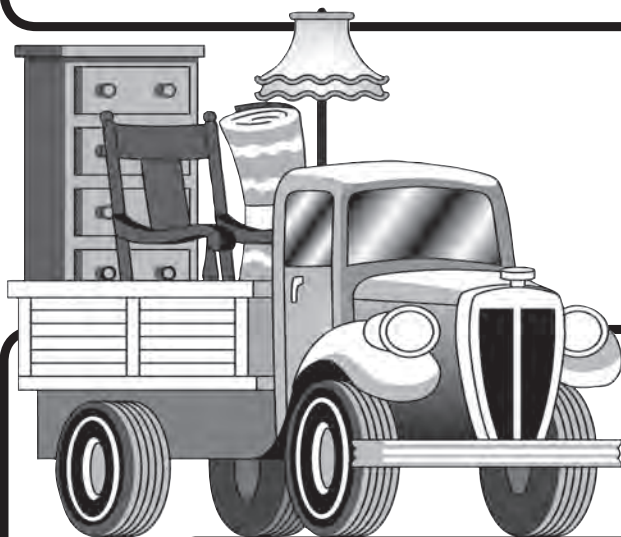
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Sat., March 19th Mark your calendars!
Tickets still available for the **Lions Tamers Spring Opener**

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J.I. Case

By Auctioneer, Eric Mickelson
J.I. Case was born in New York, in 1819. His father Caleb was a farmer. His mother, Deborah Jackson(Case), belonged to the same family tree as President Andrew Jackson. J. I. became interested in farm equipment at a young age. He and his father attended a demonstration for the Groundhog thresher. Both J.I. and his father were impressed. His father purchased a thresher and J.I. worked for him doing custom threshing. At this time in history many "easterners" were moving to the "midwest."

J.I. purchased 6 Groundhog threshers. When he arrived in Chicago(after traveling the Great Lakes), J.I. demonstrated the threshers to well off farmers in the region. He ended up in Racine, Wisconsin, in 1843. J.I. now had an idea for his own new and improved threshing machine. Including a fanning system to separate the seed from the straw the Case thresher was a huge success. By 1847 Case was the largest employer in Racine. This was the start of another great American agricultural manufacturer. In 1869, in addition to threshing machines Case added the steam engine to his product line up. After the American Civil War(1861-1865), Case adopted the eagle as its trademark. The logo is based on a real eagle. The bird was raised by a Chippewa Indian. Then it was traded to a man named McCann. He kept the eagle caged and fed it mice and rabbits, or whatever he could find. In 1861, the eagle was sold to Company C of the Eighth Wisconsin Regiment. It became the companies mascot. J.I. had seen the eagle when the Eighth Wisconsin had been drilling and was impressed by the eagles antics. He decided to make the eagle the symbol of his company. The original design showed the eagle on a branch,

but eventually evolved into an eagle perched atop a globe. This powerful symbol represented a powerful company for many years.

How About a Little Tractor Trivia

1. What does J.I. stand for in J.I. Case?
A. Jacob Inquest B. Jerome Increase C. John Isaac
2. Andrew Jackson was the _____ President of the United States.
A. 6th B. 7th C. 8th
3. What did Company C of the Eighth Regiment name their eagle mascot?
A. Case B. Liberty C. Old Abe
4. True or False. Case built an expensive line of cars from 1912-1926.
5. True or False. Case built a 150 hp steam tractor.

Answers. 1. B-Jerome Increase 2. B-7th 3. C-Old Abe, after President Abraham Lincoln. 4. True 5. True-But it was not successful because the drive line had trouble handling the 150 HP

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Theology in the Trenches

By Kathleen Kjolhaug

Pleasures



Ten years? Has it been ten years since Theology in the Trenches was birthed? How many words, articles, themes, and thoughts have been penned? My heart has tried to be astute...listening to remnants of relevant whispers. Encouragement brought was the goal. Inward thoughts drawing common ground was the desire. Sharing connected yearnings where struggles find laughter and other times sheer pain... all taking on a form of its own.

Today, I read one, an article that is. It was not mine. Only one of this author's writings have I read because there are not many. As best I know, there is only one, and it touched. From the plains of Africa the words were penned, in a land far away. What has been lived was written for His glory and it touches. Deep within the crevices of the heart I hear whispers, whispers of truth. Her words encourage, her words unite, and her words empower because they are from Him. Her words edify... although the story told is about personal experiences...it is ultimately about Him. She writes:

"Early in the morning, quietly, and sacredly, already 35 years ago, a son was born. We named him Benjamin Paul. Benjamin: son of my right hand. Ben Paul: son of Paul. Unlike Rachel's Benjamin, son of Rachel, son of Jacob and of Isaac and of Abraham, this was our first born."

"God's pleasure--what a gripping daily prayer! That God might find pleasure in me, with all my weakness and, so often, faithlessness. Amazing. I know that he was pleased with every child he gave. And with every child came a greater sense of responsibility to him. These children of his in our care. They had a purpose and he had a plan. By grace, Paul and I are only the keepers of these treasures."

The author, Teresa S., shares that she and her husband went on to be entrusted with twelve children while serving in the heart of heat and dust. Then,

in the midst of her writing, come some of the most beautiful thoughts ever penned. They wash over like fresh rain.

"As one by one our children have left home, there have been crucial times in each of their lives when we felt intensely absent.

Whether it was a surgery, a near-death accident, a grandchild born lifeless, or simply behavior resulting from the sin which we passed on to them, we grieved from a distance while longing to be present."

And there you have it. When sharing about that which plagues all of mankind, she does not finger wag. No disillusionment from behavior that disheartens...only love and shouldering of responsibility as those whom we love have inherited the sin problem from us. Original sin passed on. God equips and brings all through passage points that He alone must bring...for His glory. Her words bring peace. Her words tenderly stroke and bless. She chooses love, and it is evident. Evidence lived out...a living faith breathed.

"Thou art worthy, O Lord, to receive glory and honor and power; for Thou hast created all things, and for Thy pleasure they are and were created" (Revelation 4:11, KJV). Amen.

(To read the full article by Teresa, please visit <http://www.clba.org/category/clb-blog>.)

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Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

Question: I just purchased a kayak and had it delivered to my house. I did not think ahead about the length of it for transporting it. I was wondering if a kayak extender is legal in Minnesota?

Answer: A kayak extender could be legal if you meet the following requirements. Here is some information on extended or projecting loads according to Minnesota State Statutes (M.S.S.)

M.S.S. 169.52 Rear: "When the load upon any vehicle extends to the rear four feet or more beyond the bed or body of such vehicle there shall be displayed at the extreme rear end of the load, at the times when lighted lamps on vehicles are required in this chapter (night or reduced visibility,) a red light or lantern plainly visible from a distance of at least 500 feet to the sides and rear. The light or lantern required under this section shall be in addition to the rear light required upon every vehicle. At any time when no lights are required there shall be displayed at the extreme rear end of such load a red, yellow or orange flag or cloth not less than 16 inches square."

M.S.S. 169.81 Front: "The load upon any vehicle oper-

ated alone, or the load upon the front vehicle of a combination of vehicles, shall not extend more than three feet beyond the front wheels of such vehicle or the front bumper of such vehicle if it is equipped with such a bumper."

M.S.S. 169.80 Sides: "No passenger-type vehicle shall be operated on any highway with any load carried thereon extending beyond the line of the fenders on the left side of such vehicle nor extending more than six inches beyond the line of the fenders on the right side thereof."

It is extremely important to properly secure a load at all times. Unsecured loads are very dangerous and in the past have caused injuries or even death to motorists. If it becomes detached for any reason, the driver is responsible.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow - Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).

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OBITUARIES

Over the years, Maxine held a number of interesting jobs, including working as a dispatcher and correction officer for Clearwater County Sheriff's Office. Maxine and Vern also started a chain of video stores together.

Maxine loved to travel, sing, dance and play cards. She and Vern cherished their vacations with their children and grandchildren.

Maxine is survived by her children Dick, Danny (Shelly) and Vern Jr. (Kari); her grandchildren Leah, Cole, Cameron, Connor, Peyton, and great-grandson Hudson; brothers and sisters Alinor (Robert) Olson of Horace ND, Carol (Sid) Haug of Richfield MN, Mary (Tom) Stark of Turtle Lake WI, Richard Dean (Cindi) Stadem of Apple Valley MN, Sara (Jim) Heim of St. Cloud MN, Steve (Teresa) Stadem of Eden Prairie MN, and Mark (Patti) Stadem of Bloomington MN. She is preceded in death by her husband, Vern Wittenberg; her parents Margaret and Peter Gordon Stadem; her brother Robert Stadem (formerly of Chaska MN) and her daughter-in-law Deb Wittenberg (formerly of St. Hilaire, MN).

A memorial service will be held in Maxine's honor later this summer, with her Eternal Resting Place to be at the Wittenberg Farm by her husband's side.

Services for Maxine Wittenberg

Maxine Marie Wittenberg (Stadem), 73, of Gonvick, MN, passed away at Pioneer Memorial Care Center in Erskine, MN on Sunday, March 6th, 2016 from a long battle with Dementia/Alzheimer's.

Born July 3, 1942 in Murdo, SD, Maxine grew up in a large family. She graduated high school in 1960 from Shakopee High School. Maxine met her husband, Vern, while she was working at "The Tri-Y" Drive In. She and Vern were married on May 14th, 1960.

In November of 1960, Maxine and Vern had their first of three sons, Dick. Followed by Danny in October of 1962, and Vern Jr. in June of 1981.

They moved to a farm near Hankinson, ND and together raised three children, Matthew, Nicholas, and Nathan.

Kelly was a very skilled painter and welder. He had his own shop in St. Hilaire, MN and later in Mooreton, ND. He also worked for Berger Body Shop, Wil-Rich, Tri-State Trucking, and most recently at Meide and Sons in Wahpeton. When Kelly was young he helped on the family farm and trapped with his father. He enjoyed restoring cars, hunting, fishing, bowling, and having livestock on his farm. The people he held dear to his heart were his children and grandchildren, whether it was backyard barbeques, shooting baskets, or baking with the grandkids, he would always look forward to those times he shared with them.

Kelly is survived by his parents, Harlan and Shirley Aakre, Clearbrook, MN; his wife, Julie Aakre, Hankinson, ND; his sons, Matthew Aakre, Mandan, ND, Nicholas Aakre and Nathan Aakre, both of Wahpeton, ND; his grandchildren, Mia, Elianah, Bentley, Brodie, James, and Kayden; his brother, James (Doreen) Aakre, Clearbrook, MN; his sister, Judy (Darryl) Bjerke, Bemidji, MN; and six nieces and nephews, Devin Aakre, Katelynn (Reed) Sanders, Laura Aakre, Alissa Bjerke, Trevor Bjerke, and Logan Bjerke.

He was preceded by his paternal grandparents, Ingvald and Ida Aakre, and maternal grandparents, Roy and Gladys Bjerke.

Services held for Kelly Allan Aakre

Kelly Allan Aakre, 50, Hankinson, ND, passed away on Monday, March 7, 2016 in Wahpeton, ND. Funeral services were on Friday, March 11, at 11 AM at St. John's Catholic Church, Wahpeton, ND with Rev. Dale Lagodinski officiating. Interment at St. Anthony's Catholic Cemetery, Mooreton, ND. Arrangements with Vertin-Munson Funeral Home, Wahpeton, ND.

Kelly was born on November 4, 1965 in Bagley, MN to Harlan and Shirley (Bjerke) Aakre. He was baptized and confirmed at the Good Shepherd Lutheran Church in Clearbrook, MN. He attended school in Clearbrook and graduated in 1984. He then moved to Thief River Falls, MN and attended AVTI Technical College for Auto Body Technician.

He met his future wife, Julie Breuer, while he was going to college. They were united in marriage on November 23, 1985 at St. Anthony's Catholic Church in Mooreton, ND.

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Death notice for Gene Melander

Gene Melander, 86, of Gonvick, MN, died on Sunday, March 13, 2016 at the Good Samaritan Center in Clearbrook, MN.

Arrangements are pending with the Cease Family Funeral Home of Bagley.

Messages of condolence may be sent to ceasefuneral-home.com.

Full obituary will be posted on www.tricocanary.com this week and in next week's Canary.

Reading: The Antidote to Loneliness

They don't ask for much - just a good story now and then. Sometimes, a lot of the time, they may not be able to ask, but you can see it in their eyes. Tired eyes that are saying "I can't make out the words anymore." Proud eyes that hate to say, "I've had a stroke. I can't hold a book in my hands." Quiet eyes that are asking, "Could you take a minute and read me a story?"

Usually a love story that might take them back to a time when they were young and in love as only the young can love.

Helen closes her eyes when I read, perhaps to keep me from reading something in them that is for her eyes only. But she cannot hide the smile that dances across her face. She can not hide the way her hands, folded over her chest, sway back and forth to a melody of memories only she can hear.

Rebecca asks me to change the names in every story to Rebecca and Franklin. She does not close her eyes when I read. She stares, beyond the room, beyond the walls, beyond the building - beyond time itself, into a world where a man named Franklin and a woman named Rebecca lived and loved and promised a forever to each other.

John likes me to read to him. Most men don't but John does. I think it's because every woman in every story is, in John's mind, a woman whose heart he once won. He doesn't say it but ... and lost.

I used to wonder if the seniors I read to considered me a time thief, stealing a little of what little they might have left. But no. I have learned that reading to someone is the antidote to loneliness. It is like giving and getting a hug when we need it most.

A good story is a good escape. A good safe place to hide.

From a step that isn't quite as strong as it once was, from eyes a little dimmer than just the other day, from a mind not quite as sharp.

A good story can turn today into yesterday, when loneliness was absent, love and respect ever present. A good story is, indeed, a good escape from, as Shakespeare wrote, "second childishness and mere oblivion, sans teeth, sans eyes, sans taste, sans everything."

My grandmother was considered forever lost to Alzheimer's. The last time I saw her, her eyes were closed. No, they were crushed shut. Her fists were clenched so tightly around her bible I could almost see the blood draining from her veins and she was tap, tap, tapping her feet, faster and faster until the tapping became an angry stomping. She was digging into her mind, trying to remember someone, something, anyone, anything, but the deeper she dug the further down she fell into the abyss that was once a well of golden memories. Every memory that had been tucked away for safekeeping, every moment of love and hope, every dream, every victory, every loss, every moment worth saving - no longer accessible.

I removed the Bible from her grip then sat on the floor and started reading. Before long her hands relaxed, she stopped stomping her feet and the only sound in the room was the sound of my voice. I read to her for about an hour. Finally, sadly, I kissed her goodbye. My hand was on the doorknob when she called to me.

"Billy? Is that you?"

I turned. Saw the recognition in her eyes.

"We had some times, didn't we, Billy?"

That was all. As quickly as it had come, the light went from her eyes and she was gone again.

Don't be afraid to read to someone considered forever lost to Alzheimer's. You might just find yourself in the middle of a miracle.

Gwenna is 93.

In our world.

In hers, she is somewhere between seven and eight and what somewhere between seven and eight-year-old doesn't like a bedtime story? Gwenna prefers stories about angels. One night, long after the bedtime story had lulled her to sleep, Gwenna woke, saw me sitting at her

From our files....

60th Anniversay of Trail before the announcing of the Queen for the event. From left to right: Wally Groberg, Debbie Vettleson, Diane Evje, Annette Flateland and Paulette Aaknes. Paulette was crowned Queen.

bedside, book of stories still on my lap and asked, "Are you my guardian angel?"

"Yes, darlin', I am."

"And you have a book."

"And I have a book."

"I like that."

Carry a book of stories with you. Read to someone who can no longer read for himself or herself.

A good story will lift your old friends from a life as empty as a weed-ridden patch of dirt into

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By William McDonald
Author of Old Friends (Endless Love)
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Students age 18 and older who are planning to pursue a degree in the Electronics Technology- Automated Systems Program at the Northland Community and Technical College Thief River Falls campus are eligible to apply.

Those selected will have the opportunity to work part time at Digi-Key while at NCTC, and full time in a technical position after graduating from NCTC, receiving cost reimbursement for up to **50% of their educational expenses.**

The Technical Scholarship Program is an exciting way for you to kick off a new and exciting technical electronics career with a fast-growing market leader. Get your foot in the door for a future full time position with Digi-Key!

The Position

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