



Tri County Canary

A supplement of the:
• Leader-Record • McIntosh Times • Grygla Eagle
• Red Lake County Herald (Oklee, Plummer - Brooks - Red Lake Falls)



Immanuel Lutheran Church quilting group donating quilts to those in need

Immanuel Lutheran Church quilting group of Plummer, MN has completed their winter tying session with 125 quilts that will be distributed to Lutheran world Relief, Sanford Dialysis and Infusion departments and other individuals in need.

The quilt tops are assembled at home then brought to the Church where batting is attached and are tied. Those who have participated from the church and the community are

Ann Traxler, Wavell Sorenson, Carole Konickson, Debbie Du-Champ, Carole Wright, Pastor Jonathan Dodson, Renee Fallon, Putzy Raiter and Arlene Froiland.



More than 13,200 student loan borrowers in Minnesota approved for Public Service Loan Forgiveness

PSLF highlighted as Public Service Recognition Week begins

Today, to mark Public Service Recognition Week, the U.S. Department of Education (Department) announced it has approved nearly 616,000 borrowers nationwide for approximately \$42 billion in Public Service Loan Forgiveness (PSLF) since October 2021.

PSLF covers public employees—such as teachers, firefighters, and members of law enforcement, as well as those who work for a non-profit organization—in a variety of fields by forgiving the remaining federal student loan balance for those who make the required 120 qualifying monthly payments.

In fact, PSLF is making an incredible difference for public servants in Minnesota:

- Between October 2021 and May 2023, the Department has approved more than 13,200 borrowers in Minnesota for more than \$774 million in loan forgiveness under temporary changes the Biden-Harris Administration made to the PSLF Program. That's more than \$58,000 per borrower!
- While hundreds of thousands of Minnesota borrowers already have benefited from PSLF, more will benefit as the program continues.

"Since Day One, the Biden-Harris Administration has worked relentlessly to fix a broken student loan system, includ-

ing by making sure we fulfill the promise of Public Service Loan Forgiveness for those who have spent a decade or more serving our communities and our country," said U.S. Secretary of Education Miguel Cardona. "To date, the Biden-Harris team has kept that promise for more than 615,000 teachers, nurses, social workers, servicemembers, and other public servants by approving a combined \$42 billion in student loan debt forgiveness. The difference that Public Service Loan Forgiveness is making in the lives of hundreds of thousands of Americans reminds us why we must continue doing everything we can to fight for borrowers and why families cannot afford to have progress derailed by partisan politicians. During Public Service Recognition Week—and every week—we thank all those who serve our communities."

Public Service Recognition Week celebrates individuals who serve the United States and local communities as employees of federal, state, local, or tribal government.

Recent Improvements to the PSLF Application Process

- In addition to record approvals, the Department is also announcing that for the first time, borrowers can now sign and submit their PSLF forms digitally and closely track their

status through the process.

- These significant changes to the PSLF application process create a faster, more straightforward, and more transparent process for borrowers.
- The changes also improve the experience for public service employers, who now can confirm a borrower's employment digitally via DocuSign.

Background Information about the PSLF Program

Visit StudentAid.gov/publicservice to learn more about:

- Qualifying Employment
- Eligible Loans
- Qualifying Payments
- Qualifying Repayment Plans
- The PSLF Process
- The PSLF Help Tool

A resource you can share with your readers, viewers, and followers:

- Federal Student Aid's Become a Public Loan Forgiveness (PSLF) Help Tool Ninja article

Will you help the Department spread the word about PSLF to Minnesota federal student loan borrowers? Your audience may not be aware of this program and would find it valuable to know about it and understand how they could benefit from it. Encourage public servants in Minnesota to visit StudentAid.gov/publicservice to learn more.

Moorhead man credits Essentia Health with saving his life

An avid outdoorsman and longtime Moorhead resident, Michael "Mike" Green decided not to participate in the deer hunting season opener last November – the first time in 36 years.

"It wasn't so much a physical feeling as an emotional one," explained Green, who had just turned 60 that October. "Physically, I felt good, but something told me not to go."

Three weeks later, Green suffered a stroke.

During a stroke, blood flow to the brain is cut off. When this happens, brain cells begin to die, and functions controlled by the affected area of the brain are impacted. Every second that a stroke goes untreated, about 30,000 brain cells die.

Green credits the quick thinking of his brother-in-law and wife, who recognized that something wasn't right and called 911. First responders arrived quickly and rushed him via ambulance to Essentia Health-Fargo, a Comprehensive Stroke Center, rated high-performing in stroke care by U.S. News and World Report.

Green immediately underwent a computerized tomography (CT) scan and a CT-angiogram to guide his surgery, an emergent cerebral thrombectomy. The procedure involves inserting a catheter into the groin or arm artery and navigating with expert precision to the brain to remove potentially deadly blood clots.

In Green's case, the clot was located within the left side of his brain, which controls the right side of the body.

"I remember one neurologist saying that if I hadn't got there when I did, I probably wouldn't be able to walk and talk again," admits Green.

Since his surgery, Green has had several follow-ups with his care team, remains active and has since opted for a healthier diet.

His advice to others is to know the signs of a stroke and to never give up.

For a more detailed version of Green's story, visit the Essentia Health Newsroom.

In recognition of National



Know the signs

Stroke Awareness Month, Essentia Health urges people to refresh their knowledge about stroke signs and symptoms because the faster a stroke is treated, the better the chances are of preventing permanent damage or death. When it comes to stroke, time is brain.

Stroke is a leading cause of adult disability and the fifth-leading cause of death in the United States, according to the American Stroke Association (ASA). To improve outcomes, there is an easy acronym to remember – BEFAST, which stands for:

- **Balance:** Does the person have sudden loss of balance?
- **Eyes:** Has the person lost vision in one or both eyes?
- **Face:** Smile. Does side of the face droop?

- **Arms:** Raise both arms. Does one arm drift downward?
- **Speech:** Repeat a simple phrase. Is speech slurred or strange?
- **Time:** If you observe any of these signs, it's time to call 911 right away.

According to the ASA, 80% of strokes are preventable. **Here are some lifestyle changes that can help reduce the risk of stroke:**

- Lose weight.
- Eat healthy.
- Quit smoking.
- Drink less alcohol.
- Reduce stress.

Take some time to talk to your health care provider about your risk for stroke and make a plan to start reducing that risk.

Headwaters Offers Summer Youth Pottery

Headwaters Music and Arts offers a weekly summer pottery program for youth. An extension of their ever-popular after school youth pottery program this summer offer will be offered Tuesdays, 5-6:30 pm June 6 – August 15 and is an introduction to clay skills for youth in grades 2-12. All skill levels can take part in this fun and supervised open pottery experience for youth led by longtime Headwaters pottery instructor Tom Daly. Participants will get the opportunity to learn clay techniques, receive an introduction to wheel throwing, and practice using coil, slab, and pinch methods to make clay creations. Students will learn paint and glaze techniques as they complete various projects to bring home all while making friends at Headwaters Pottery Studio.

The cost to attend Summer Youth Pottery is \$180 with all supply provided. Headwaters offers several scholarship and grant options for all of its youth



programming to ensure accessibility for all.

Headwaters Music & Arts is an independent non-profit multidisciplinary organization whose mission is to provide opportunities for creativity through instruction and to in-

spire community through music and the arts. They offer a variety of programming for all ages. Register or find out more about Summer Youth Pottery and other programming at HeadwatersMusicAndArts.org

Ottetail couple charged with multiple tax crimes

ST. PAUL, Minn. – The Minnesota Department of Revenue announced that the Otter Tail County Attorney's Office recently charged Richard Paul Fletcher and Julie Ann Fletcher, both of Ottetail, each with:

- Six felony counts of filing false or fraudulent income tax returns
- Six felony counts of failing to pay income tax
- Six felony counts of failing to file partnership tax returns
- Six felony counts of failing to file sales and use tax returns
- Six gross misdemeanor counts of making taxable sales without a permit

The complaints allege that Fletchers knowingly filed false individual income tax returns in Minnesota and failed to pay income tax for tax years 2016 through 2021. The also allegedly failed to file partnership

tax returns and sales and use tax returns for their business, Loon Promotions, LLC, for those tax years and made taxable sales without a permit. According to the complaints, the Fletchers falsely claimed North Dakota residency while living year-round in Minnesota to take advantage of North Dakota's lower income tax rate. The complaints state that department investigators determined that the Fletchers met several of the factors used to determine Minnesota residency including the location of their home and business in Ottetail and their banking history. The Fletchers allegedly owe more than \$97,000 in tax, penalties, and interest.

Each tax-related felony charge carries a maximum penalty of five years in prison, a \$10,000 fine, or both. Each

tax-related gross misdemeanor charge carries a maximum penalty of one year in prison, a \$3,000 fine, or both. Defendants are presumed innocent unless and until proven guilty.

Although most taxpayers comply with tax laws voluntarily, the department takes enforcement action against non-compliant taxpayers to ensure that tax laws are administered fairly.

Many of the department's criminal case referrals come from public tips. There is a 24-hour tip line for anyone who suspects that a person or business is violating Minnesota tax laws. Local callers may dial 651-297-5195 or call toll-free by dialing 1-800-657-3500. Tips can also be submitted to the department by email at tax.fraud@state.mn.us. Tipsters may choose to remain anonymous.



Headwaters Offers Two Suzuki Day Camps the Week of June 19

Headwaters Music and Arts plans for a week of fun and music with two camps focused on the Suzuki method for young violinists! The short day camps will be held June 19-23 and will be led by Suzuki trained Headwaters instructor Julia Anderson and assisted by instructor Chloe Knott.

The first of the two will be Suzuki Jump Start Camp, an introduction to violin for ages 4-13 focusing on beginning skills using the Suzuki method. Jump Start Camp will be held 9 am to noon daily and will include games and crafts along with violin practicing and playing. This camp uses Suzuki's "Mother Tongue" approach to teaching music which builds on the principles of language acquisition. Those principles include an early beginning, listening, loving encouragement, parental support, constant repetition, learning with other children and then learning to read (Laurie Niles, editor violinist.com).

For violin players with a bit more experience Headwaters will offer Suzuki Step Up Camp for kids ages 5-16 with one year of playing experience. This weeklong camp will be held daily June 19-23, 2-5 pm.

The camp is centered around words from Shinichi Suzuki: "Don't hurry, don't rest – without stopping, without haste – carefully taking one step forward at a time will surely get you there." Beginning to early intermediate players will have the opportunity to take a step forward, practice their skills through playing with others, and learn to play by ear.

The cost to attend either program is \$200 per participant. Violin rental is included in the program courtesy of Schmitt Music Company. Headwaters offers several scholarship and grant options for all of its youth programming in an effort to make their programming accessible for all. Registration deadline and full payment are due June 14.

Headwaters Music and Arts is an independent non-profit multidisciplinary organization whose mission is to provide opportunities for creativity through instruction and to inspire community through music and the arts. They offer a variety of programs for all ages. Register or find out more about their Suzuki camps as well as other programs and camps at HeadwatersMusicAndArts.org

Ruth & Duane Hotten,
Mike & Carla Buschette and
Dave & Lori Spray
would like to announce
the upcoming wedding of
their children,
Stacy and Luke
on May 20th, 2023
There will be a dance
at 8:00 p.m.
at Ventures in Fosston

*Look who is
turning 100!*

**Alice Forsberg will be
100 on May 18th!**
and a luncheon in her honor
is planned for
**Saturday, May 20th at the
Gully Community Hall
beginning at 1:00 p.m.**

Please join the
celebration for Alice
on her special day!
We are coordinating her
party with the Bergman
annual gathering.

If you are unable to attend,
cards may be sent to:
Alice Forsberg
Prairie Pines
900 Hillgoss Blvd SE
Fosston, MN 56542

Time to GROW! CD SPECIALS

6 Month CD 4.25% (APY) Annual Percentage Yield	18 Month CD 4.60% (APY) Annual Percentage Yield
--	---

Ultima Bank MINNESOTA

\$1,000 minimum deposit to open. \$1,000 minimum balance required to earn APY.
No institutional deposits. Fees may reduce earnings.
A penalty may be imposed for early withdrawal. Expires 5/26/2023.

www.ultimabank.com • 800-421-2588
Winger • Fosston • Plummer • Bemidji • East Grand Forks

Mentor Farmers' Market 2023
OUR 12TH YEAR OF SERVING LOCAL COMMUNITIES WITH LOCAL PRODUCTS!
OPEN EVERY SATURDAY
8 AM to 12 NOON
May 27th through Sept. 30th
(RAIN OR SHINE)
Mentor School yard (east)

Large variety of local foods, produce, baked goods, ready-to-eat foods, flowers, gluten-free products, local honey, firewood, local beef, soap & lotion products, unique craft items and entertainment.
Barnyard Bites Food Truck from Fertile will be at the park most Saturdays.

Like us on Facebook at Mentor Farmers Market

Mentor Farmers' Market Opening Saturday, May 27th, 2023 for the 15th Season
Mentor Farmers' Market begins Saturday, May 27th, 2023 for the 15th season.
Hours are from 8 AM to Noon.

You can expect to see most of your favorite vendors from last year, plus new vendors who have joined our circle, as well.

Barnyard Bites Food Truck from Fertile, Minnesota will be at the park most Saturdays.

We are eager to see our customers and are ready for a new season in the Mentor City Park.

With Great Appreciation
Our family would like to thank you very much for the cards, flowers, phone calls and other kind expressions of sympathy. We also send our gratitude and appreciation to Essentia Health staff with special thanks to Dr. Swanson and Jamie Fuglseth of Hospice, Altru Yorhoni, Sanford Medical Center, Carlin's Funeral Home, Hope Lutheran Church and Pastor John Ragan.
In Loving Memory of
Diane Valerie Kappelad
2-1-51 to 5-1-23

Essentia Health receives American Cancer Society transportation grant

The Essentia Health-Fargo Foundation is honored to receive a \$30,000 transportation grant from the American Cancer Society (ACS) to help alleviate the financial burden of getting to and from cancer treatment.

This grant is one of 380 transportation grants totaling \$6.2 million awarded to health systems nationwide. The funding will allow health systems to provide eligible patients an estimated 577,350 rides.

"We are all feeling the impact of rising prices in our everyday life, but when you are facing cancer treatment these issues can feel overwhelming," said Sue Omdalen, Essentia Health-Fargo Foundation director. "Thanks to the ACS, we are able to provide our patients these extremely valuable transportation dollars to support them during a challenging time."

The Essentia Health-Fargo Foundation was established in 2010 to improve the lives of our patients and families. The Foundation is dedicated to supporting people through their journey to a healthy life and ensuring health care remains local and accessible to everyone who needs it.

Why transportation funding is needed

Lack of transportation to treatment prevents many people living with cancer from getting high-quality care, which worsens cancer outcomes.

Cheers to Retirement!

Please join us at Oklee Lumber on
**Friday May 19th at 5pm to
Celebrate John Melby's Retirement**
after Over 45 years working at the Lumber Yard!
Food & Beverages will be served

DINING & entertainment

NO BINGO Until June 3rd
WING NIGHT WEDNESDAY
Friday May 19th - Ribeye Steak
Saturday, May 20th - Kitchen Closed
SHORTY'S PLACE, 268-4199

BAR BINGO! AND PADDLE WHEEL
TUESDAY, MAY 23RD, 2023 - 6:30 PM
54H'S AT \$1,000 UP TO \$1,000 MAXIMUM

SPONSORED BY:
The Mentor Firefighters Relief Association
Lawful gambling license #05817-003

CAROL'S COZY BAR & GRILL
Brooks, MN • 218-698-4608

CAROL'S COZY BAR & GRILL
Brooks, MN • 218-698-4608

Find us on facebook. **UNDER CAROL'S COZY**
Call in OR Check Facebook for specials!

Friday and Saturday May 19, 20 and 21, 2023
Steak & Shrimp
Broasted Chicken
Comes with Salad Bar, Potato & Garlic Toast.
Friday ONLY - Walleye

COMING SOON
June 17th
Honky Tonk Troubadours
June 18th
Father's Day Food Specials

Kitchen Hours 8am-9pm Mon.-Sat. & 11am-9pm SUN.

Wyatt Vettleson

For more information about Real Solutions...

Visit with Wyatt Vettleson if you're planning to purchase a new home, land or remodel your home.

Security STATE BANK
PO Box 69
Oklee, MN 56742

Phone 218-683-7961

In a study presented at the 2022 American Society of Clinical Oncology (ASCO) Quality Care Symposium, ACS researchers found that 2.8% of cancer survivors reported delays in care due to transportation barriers. Cancer survivors who delayed care due to lack of transportation were more likely to use the emergency room and had the highest risk of all-cause and cancer-specific mortality.

According to the ACS' Cancer Treatment and Survivorship Facts & Figures 2022-2024, cancer survivors experience greater financial hardship than the general population for many reasons, including the inability to work. They also have higher out-of-pocket medical costs compared to people without a history of cancer. The economic burden of cancer is more profound in survivors who are younger or were diagnosed in childhood, underinsured or uninsured and have lower incomes.

"Not having access to high-quality cancer treatment due to where you live contributes to the disparities we see in cancer outcomes," said Dr. Arif Kamal, chief patient officer for the ACS. "It's important to provide the funding and programming needed to

keep a lack of transportation from impacting survival. The local health systems we partner with across the country use this funding to deliver assistance directly to the patients who need it most."

Essentia offers comprehensive cancer care services at four cancer centers located in North Dakota, Minnesota and Wisconsin. Located at the Essentia Health-South University Clinic, the Fargo Cancer Center is accredited as a Comprehensive Community Cancer Program from the Commission on Cancer. It's also accredited by the National Accreditation Program for Breast Centers (NAPBC).

Polk County Sheriff

Animal Complaint

On 05/08/23 at approximately 1000 hours the Polk County Sheriff's Office responded to 302 Spokley Ave N in Nielsville for a report of animal abuse. This case is currently under investigation therefore no further information will be released at this time.

Wednesday, May 17, 2023

The Northern State Bank

As a locally owned bank our dedication to you is our top priority. The Northern State Bank is proud to offer a full line of services including:

- Direct deposit
- Bill Pay
- Wire transfers
- Cashier's checks
- Canadian currency exchange.
- Safe deposit boxes
- Bank-by-mail
- Telephone transfers
- Automatic transfers
- Night depository

*Give us a call today for more information.
We are happy to help!*

Making Banking Better For You!

GONVICK, MINNESOTA 56644 • PHONE 218-487-5244
www.nsbgonvick.com
MEMBER FDIC

CLASSIFIED ADS

MUSEUM SUMMER HELP WANTED

The Clearwater County Historical Society has an opening for a summer museum assistant at the History Center in Shevlin. Position is Part-time, Tuesday - Saturday, June 6 through August. Greet visitors, give tours, and assist director as needed. \$14.00 an hour. Able to lift 40 pounds, climb stairs and ladders, some computer skills required and ability to work with all ages.

Send your resume listing recent work experience with contact information for 2 references to Clearwater County Historical Society, PO box 241, Bagley, MN 56621. Deadline to apply is May 26.

CASE MANAGER POSITION AVAILABLE



Inter-County Community Council is accepting applications for an opening in our Family Services department.

Case Manager: The Case manager will recruit, coach, and provide comprehensive coordination of services to homeless and at risk of becoming homeless youth, individuals, and families. The position is full time / 40 hours a week working out of our Thief River Falls Office.

Application and position specific information, including job duties, salary and educational requirements are available on our website at www.intercountycouncil.org. Send completed application and resume to Inter-County Community Council, Human Resources, PO Box 189, Oklee, MN 56742 or hr@intercountycouncil.org. **Position will remain open until filled.** Call 218-796-5144 x1017 for more information.

ICCC is an equal opportunity employer and program provider.

Red Lake County Seasonal Tar Crew Laborers

Position will assist in tar-patching and various road maintenance operations, and occasionally assigned to other seasonal job duties within the Highway department.

Applicants must be 18 years old as of the date of hire, possess a valid Minnesota Class D driver's license, and be able to do manual labor. Position will approximately start the end of May, works 4-10 hr. days, and wage is \$18.14/hr.

Applications are available online at www.co.red-lake.mn.us/ employment or at the Red Lake County Highway Department, 204 7th St SE, Red Lake Falls, MN, (218) 253-2697. Applications accepted until positions are filled.

EOE

O9-10C

ADULT EDUCATION INSTRUCTOR, PART TIME

Northwest Service Cooperative Adult Basic Education (ABE) is seeking a part-time ABE instructor for its classrooms in Bagley, Clearbrook and Oklee. This is a traveling position, averaging 10 hours a week, working with adult learners (age 17 or older, no longer enrolled in high school) in the academic areas of GED, Adult High School Diploma, English as a Second Language, Digital Literacy and Basic Skills instruction in the areas of reading, writing and math. This is a great job for a retired teacher or a teacher who is looking to supplement their income!

To apply, email a resume and cover letter to Kirsten Fuglseth, ABE Coordinator at kfuglseth@nwservice.org or call 763-453-0322 for more information. Northwest Service Cooperative 114 West First Street Thief River Falls, MN 56701



B1-C

EARLY CHILDHOOD SPECIAL EDUCATION

The Clearbrook-Gonvick School District has an Early Childhood Special Education teaching position open for the 2023 - 2024 school year. Applicants must hold, or be eligible to acquire a Minnesota Early Childhood Special Education license. Applicants with additional or alternate licensure are encouraged to apply. Individuals interested in extra-curricular coaching activities are also encouraged to apply. Position is open until filled.

Please submit letter of interest, resume, credentials, and three letters of recommendation to:

Clearbrook-Gonvick School
16770 Clearwater Lake Rd
Clearbrook, MN 56634
Attn: Melissa Weems, Human Resources
mweems@clearbrook-gonvick.k12.mn.us



R8-11C

CONSUMER/REAL ESTATE LENDER

Are you looking for more than just a job
Do you want to make a difference where you live and where you work? All of that is possible, with a career at Security State Bank of Oklee.

Security State Bank provides all the support you need to pursue your professional goals and develop meaningful relationships with the people and the community you are a part of.



Security State Bank of Oklee has an opening for a Consumer/Real Estate Lender. This person would provide a high level of customer service and build strong banking relationships within the community. They would work with the EVP to develop and manage a quality consumer/real estate loan portfolio. Experience in banking/lending is preferred, but not required.

This full time position comes with a comprehensive benefit package that includes: health and dental insurance, 401k with Profit Sharing, paid holidays, and a competitive PTO structure.

To apply, contact Wyatt Vettleson at 218-796-5157 or by email at: wyatt.vettleson@ssboklee.com

O8-10C

BAND TEACHER NEEDED

Clearbrook-Gonvick School District has an open position for a Band Teacher. This is a full-time position and would be available for the 2023-2024 school year. Courses currently include Concert Band, Symphonic Band, and Elementary Band. Course offerings are flexible based upon a candidate's interest and experience.

Requirements: MN Teaching Licensure in Instrumental and Classroom Music. Individuals with other music licensure in lieu of Instrumental and Classroom Music, and those who are interested in extra-curricular or coaching activities are encouraged to apply. Position is open until filled.

Please submit letter of interest, resume, credentials, and three references to:

Clearbrook-Gonvick School
16770 Clearwater Lake Rd
Clearbrook, MN 56634
Attn: Melissa Weems, HR
Or email the materials to:
mweems@clearbrook-gonvick.k12.mn.us

Clearbrook-Gonvick School District ISD #2311 is an equal opportunity employer.



R6-10C

RED LAKE COUNTY OFFICE SUPPORT SPECIALIST

Position assists with administration of financial services programs, transportation coordination, assists Director with special projects, and other duties as assigned. Communicates with the general public, community agencies, and agency clientele. Position is full-time, 35 hrs./wk.; wage is \$18.72/hr. and benefit package is available.

To be considered for the position applicants must be Minnesota Merit System eligible, be able to maintain confidentiality, knowledge of general office practices and equipment, previous experience with computers and communicating with the public.

Applicants must complete a Red Lake County application AND MN Merit System application. To request a Red Lake County application or for further information, contact Human Resources at 218-253-2590, email: hr@co.red-lake.mn.us, or visit www.co.red-lake.mn.us/employment. The required MN Merit System application and full job description are available at: <https://www.governmentjobs.com/careers/mnmeritsystem>. Search 614-OL-63. Position is open until filled.

EOE

O9-10C

TELLER/CUSTOMER SERVICE

Ideal candidate must be team oriented and dedicated to providing exceptional customer service in an accurate and timely manner.

Must be highly efficient, computer proficient, and able to multi-task. Cash handling experience preferred. Full-time position at Bagley and/or Fosston branch, the hours are daily including two Saturday mornings/mo. Please pick-up application at Bagley location or send a letter and resume to First National Bank, Attn: Sue VanMill, PO Box N, Bagley, MN 56621.

First National Bank, Bagley, MN is an Equal Opportunity Employer of women, minorities, protected veterans, and individuals with disabilities.

Bagley, Fosston
First National Bank
Communities to Invest In...
BAGLEY www.fnbabagley.com (218) 694-6233
FOSSTON www.fnbfosston.com (218) 435-6878
FDIC

R7tfc

Polk County Full-Time Employment Opportunities:

Patrol Deputy:

\$28.20 - \$36.83/hr. Closes June 30, 2023, at 4:30 p.m.

Custodian I:

\$18.04 - \$23.56/hr. Closes May 31, 2023, at 4:30 p.m.

Registered Nurse/Public Health Nurse:

\$29.90 - \$33.65/hr. Closes May 24, 2023, at 4:30 p.m.

Clerk Typist Cashier III (WIC Care Coordination Clerk) (East Grand Forks) Public Health:

\$18.04 - \$23.56/hr. Closes May 24, 2023, at 4:30 p.m.

Loader Operator I/Fosston:

\$20.65 - \$26.97/hr. Position Is Open Until Filled

Public Safety Telecommunicator:

\$24.13 - \$31.52 /hr. Position Is Open Until Filled

Mechanical Maintenance Technician I/Fosston:

\$22.77 - \$29.73/hr. Position Is Open Until Filled

Sort Line Operator I or II/Fosston:

\$17.18 - \$23.56/hr. Position Is Open Until Filled

Polk County offers a highly competitive benefits package including but not limited to affordable family healthcare plans and PERA retirement.

For an application, full job description and general job opening information go to www.co.polk.mn.us and click on "Careers" or call 218-281-5408 Polk County Administrator's Office. EOE

R6tfc

SUBMIT YOUR EMPLOYMENT ADS to richards@gvtel.com

Richards Publishing Gonvick 487-5225

Get Your Info In Every Mailbox!

We can create & ship Bulk Mailings & Direct Mailings for your business or organization! Send to ANY town or mail route!



Richards Publishing Co. Inc.
218-487-5225 • richards@gvtel.com
Gonvick, MN 56644

HELP WANTED



PART-TIME OR FULL-TIME.
Will train.
Must be dependable!
Inquire at Richards Publishing in Gonvick.

218-487-5225

R4fn

AD DEADLINE
5:00 PM FRIDAY!



MCAN

For more information on MCAN ads call:
218-487-5225

Minnesota Classified Advertising Network



WANTED TO BUY

WANTED:
ALL 1970S MOTORCYCLES
Running or not. Titled or not. Will pick up. Cash in exchange. Sell now before prices fall. Call Dan at 612-720-2142

Classified Advertising that is **Easy!**
The Minnesota Classified Ad Network
Make an impact with your advertising dollar with classified advertising that reaches over 1 million readers!
Your newspaper representative can provide complete details.
The Old News is a program of the MNA, phone 800-278-2978

MISCELLANEOUS

CARING FOR AN AGING LOVED ONE?

Wondering about options like senior-living communities and in-home care? Caring.com's Family Advisors are here to help take the guesswork out of senior care for you and your family. Call for your free, no-obligation consultation: 866/924-8422

SAFE STEP

North America's #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 833/966-3882

MISCELLANEOUS

FREE HIGH-SPEED INTERNET

for those that qualify. Government program for recipients of select programs include Medicaid, SNAP, Housing Assistance, WIC, Veterans Pension, Survivor Benefits, Lifeline, Tribal. 15 GB internet service. Bonus offer: Android tablet FREE with one-time \$20 copay. Free shipping & handling. Call Maxisp Telecom today! 866/433-5324

DONATING YOUR VEHICLE?

Get more! Free towing. Tax deductible. Plus, a \$200 restaurant voucher and a 2-night/3-day hotel stay at one of 50 locations. Call Heritage for the Blind to donate your vehicle today 844/220-9501

CORNERSTONE
A SOLID FOUNDATION IN HEALTHCARE
JOIN OUR 5 STAR FACILITY!
LPN/Registered Charge Nurse
→ Full Time or Part Time
→ Flexible hours and schedule
Excellent pay and benefits including:
• Company paid Health and Life Insurance
• 401k plan
• Paid Time Off and Sick Leave
• Dental and Vision Plans
• Flexible Spending Plan
• & Much More!
Cornerstone Nursing & Rehab Center - 416 7th St. NE - 218-694-6552
SCAN QR CODE TO APPLY
WWW.CORNERSTONESHHC.COM



R8-9C

GARAGE SALES

8-Party Estate Garage Sale

Friday and Saturday
May 19th - 20th, 2023
Friday 3 pm - 8 pm
Saturday 8 am - 5 pm
601 Bourden St.
Oklee, MN

**AD DEADLINE
5:00 PM FRIDAY!**

Garage Sale

Prestby Residence
306 Olson Ct. NE
on Golf Course Rd.
Bagley, MN
Saturday, May 20th
8:00 a.m. to 4:00 p.m.
Some Antiques/Collectibles,
lots of misc. handtools, Husq.
chainsaw/leaf blower, large
assorted fishing lures for lake
trout/salmon and all local fish.

Oklee Community Rummage Sale

May 20th, 2023
Starting at 8:00 a.m.
Many sales around town and at
the Community Hall. Maps will be
available at rummage sales
and area businesses.

REAL ESTATE

**FOR
SALE**

GULLY MALL FOR SALE
Includes Post office, Cafe, 8
Apartments and Retail Space
Call 218-796-5478

RENTALS

FOR RENT

3 bedroom mobile home
for rent. 7 miles west of
Bagley, 2 miles south of
Hwy. 2 (Ebro). Available
June 1st. Washer, dryer,
stove, fridge. Huge yard
for kids and pets, and even
small animals okay. \$500.
218-556-2061



**PLUMMER
HOUSING /
DUPLEXES & 8-PLEX**
in Plummer, MN, are
accepting applications for
a one bedroom duplex
apartment and two
bedroom apartments in
our 8-Plex. We also have
handicapped apartments
available for rent. All
utilities included. Within
walking distance of
school, bank, post office,
and church. R/A & HUD
available for qualified
applicants. Call Reinette at
(218) 465-4411.
Equal Housing Opportunity.



BROOKS COMMUNITY HOMES

in Brooks, MN is
accepting applications for
one bedroom apartments
available soon. Criminal
background check is
required. Heat, w/s,
electricity, and trash
removal are all included
in rent. We accept HUD
vouchers. Call Reinette
218-465-4411.
Equal Housing Opportunity.

PASSPORT PICTURES 487-5225

Brookfield Apartments

Brookfield Apts in Clearbrook, MN is accepting
applications for **IMMEDIATE 1 Bd opening** for all
elderly and all handicapped/disabled persons. Rent is
based on 30% of your monthly adjusted gross income.
Laundry room facilities available & off-street parking.
Resident Manager onsite. Camera system onsite. Active
Community Room. Accepting applications for persons
of all ages. Applications and qualifications, contact
Nicole at 218-751-6881 or Laura at 218-407-7681.
Applications online @bemidjimanagementinc.com
AN EQUAL HOUSING OPPORTUNITY.

NEW QUEEN MATTRESS WITH BOX-
SPRING \$269, Full Size Sets \$239, Twin
Mattress Sets \$199. Also We Have Camper
Queen Size Available Now. BROTHERS
FURNITURE & MATTRESS, Family Business
Since 2012, Many Choices To Choose From
Call 218-766-0064 - We Do Delivery All Over
brothersdiscountfurniture.com

Household

FLOORING SALE: In-stock as low
as 67¢ sq. ft.; In-stock vinyls as low
as 78¢ sq. ft.; In-stock laminates as
low as \$1.69 sq. ft. FREE estimates.
Installation available. Mireault's
Home Furnishings, Fosston, MN,
218-435-6171 or 800-545-6171

FOR SALE

Parts for snowmobiles,
motorcycles, 3 & 4
wheelers for sale.
Lots of vintage sleds.
Also buying parts/
machines
Call Tom's Recycling
218-686-7515



Ready to Clean House?

Advertise
Your
Garage Sale
in the
Canary

Call for advertising rates.
Richards Publishing Co.
218-487-5225

ATTENTION: SNOWBIRDS

Please call our
office with change of
address. Notifying
the Post Office
does not include
newspapers, they
WILL NOT forward
them and then they
get returned to
us with a .62 cent
fee.

Thank you.

(218)
487-5225

Leader-Record
Grygla Eagle
Oklee Herald
McIntosh Times

Congresswoman Fischbach Presents Medal to Retired Chief Warrant Officer 3 Brett Brandon, Discusses Solutions to Veterans Care

Warren, MN

On Monday, May 1, Congresswoman Michelle Fischbach visited Warren, MN to meet with area County Veterans Service Officers (VSOs) about solutions to veteran's care. During this visit, Congresswoman Fischbach had the honor of presenting Marshall County VSO and Retired Chief Warrant Officer 3 (CW3) Brett Brandon with the Afghanistan Campaign Medal with Combat Star.

"It was an honor to present this medal to Brett. In all the opportunities I have had in Congress, this was one of the most significant moments," said Fischbach. "Our service members and veterans deserve all the recognition and support we can provide."

CW3 Brandon served over 17 years in the United States Army and was deployed to Afghanistan for 12 months in 2005. While he qualified for Afghanistan Campaign Medal with Combat Star, his unit inadvertently failed to award it to him. Therefore, it was never on his military record despite proof that he had served in Afghanistan. The Congresswoman's office was able to help correct his military record. Brandon originally started the process to update his records and receive the medal in August 2022. In February 2023, Congresswoman Fischbach's office was contacted for assistance and within a month, the medal was approved.

VSOs and other officials who participated in the meeting were Marty Howes, Ro-



seau County Veterans Services Officer (CVSO); Domita Mack, Marshall CVSO; Kurt Ellefson, Polk and Red Lake CVSO; Curt Cannon, Clay CVSO; John Nelson, Mahnommen CVSO; Roland Miller, Marshall County Commissioner; Scott Peters, Marshall County Auditor-Treasurer; Jeff Burth and Aline

McDonough, Minnesota Department of Veterans Affairs. Brandon's family was also present for the medal presentation.

For assistance with veterans and other issues, constituents can connect with the Congresswoman's office at <http://fischbach.house.gov>.

New Opportunity To Enroll Through MNsure for Minnesotans With Unaffordable Job-Based Family Health Insurance

Special enrollment period open through October 31, 2023

ST. PAUL, Minn.—MNsure, Minnesota's health insurance marketplace, is offering a special enrollment period (SEP) for Minnesotans who are currently enrolled in unaffordable family insurance through an employer with a renewal date other than January 1.

Under a new IRS rule, related household members who are covered by a family member's employer-sponsored health insurance may be newly eligible to receive advanced premium tax credits through MNsure that lower the cost of private health plans. As a result, some eligible household members may be able to find a better deal on health insurance by shopping for a private plan through MNsure and saving on monthly premiums with a tax credit.

"Choosing the right health

insurance for your family is an important decision," said MNsure CEO Libby Caulum. "We strongly encourage all interested families to take advantage of free help from a MNsure-certified broker who can help you understand your options and make an informed choice."

MNsure has a set of online tools to help consumers:

- Use our Employer Insurance Affordability Estimator to see whether your family's current coverage may be unaffordable
- Check out our Plan Comparison Tool to get an estimate for what a private health plan through MNsure may cost, including any financial help you may be eligible to receive
- Search for a MNsure-certified broker who can provide free enrollment help and give advice about picking a plan that

best meets your needs

Interested families should not end their current employer-sponsored family coverage until they receive an official eligibility determination from MNsure. Details about the SEP are available on the MNsure website: Unaffordable Non-Calendar-Year Family Insurance Through an Employer. This SEP closes on October 31, 2023.

MNsure is Minnesota's health insurance marketplace where individuals and families can shop, compare and choose health insurance coverage that meets their needs. MNsure is the only place you can apply for financial help to lower the cost of your monthly insurance premium and out-of-pocket costs. Most Minnesotans who enroll through MNsure qualify for financial help.

Garden Valley Technologies Allocates Over \$2 Million in Capital Credits to Members

[Erskine, MN May 2023] Garden Valley Technologies (GVT) announced that on May 19th, it will be issuing 19,116 checks to its members, totaling \$2,085,917.43 in allocated capital credits. This payout represents 50% of the remaining unpaid capital credits allocated for 2002 and 12% of 2022's capital credits. Members can expect to receive their checks at the end of May.

Capital credits are one of the many benefits of being a GVT member. As a coop-

erative, GVT operates at cost, which means that any excess revenues are allocated and retired to members in the form of capital credits. Timothy Brinkman, CEO/General Manager of GVT, said, "As a member-owned cooperative, it's rewarding to see these dollars go back to people in our local communities. Unlike a private company or corporation, our members earn money back for every dollar they spend with us."

This payout marks nearly \$18-million of capital credits paid out by GVT to its members

over the last 15 years. Along with providing residential and business members with advanced integrated communications and technological solutions at competitive rates, GVT believes that the payment of capital credits is another advantage of being part of a member-owned cooperative.

GVT members who have any questions regarding their capital credit payout are encouraged to contact GVT Customer Service at 1-800-448-8260.

Need to Get Rid of a Few Things? **Sell it in the Canary!**
Richards Publishing Co.
218-487-5225

GROW YOUR MONEY LIMITED TIME

25-MONTH PROMOTIONAL CD RATE

3.75%
APY*

*NEW MONEY TO THE CREDIT UNION

- \$500 minimum
- Dividends compounded daily
- Penalty for early withdrawal
- Annual Percentage Yield

**NORTH STAR
CREDIT UNION**
Brooks
(218) 698-4220

11-MONTH NEW
MONEY RATE:

3.50%
25 MONTH: 3.25% APY
11 MONTH: 3.00% APY
for money already in
the credit union.

NORTHSTARCREDITUNION.ORG





Theology in the Trenches

By Kathleen Kjolhaug

The Recycle Man
(Remnants from a trip to Guatemala)

I'm not gonna lie—the man sitting nearby on a two hour flight between destinations began to bug me. “Do you recycle?” He asked the diligent stewardess who was trying desperately to serve all eighty passengers on board.

“Sorry, we don’t,” she said as politely as she could while disposing of the special drinks the man had ordered. As she made her way through the throngs, he caught her on the flip-flop and reminded her of the coffee now needed. She delivered. I couldn’t help but overhear his need for a sandwich as he leaned comfortably back within earshot of the screaming baby behind him.

Downcast my eyes were as I caught a glimpse of his socks as the hem of his jeans rose slightly. The white stars upon the blue background were a hint of what was to come. The red stripes did eventually reveal themselves, and my irritation grew.

Wait wait—if I throw one more thing in—would you not like him with me? I kid you not—he then boasted to one beside him. “I have over a thousand dollars I did not spend!” Mr. bright socks, mister I will let you know of my wish to recycle and everyone within earshot, and last but not least, I will let you know how much money I have left which will then let you know how much I probably was able to spend.

Now you know what I’m talking about when I told you that this individual was getting to me. However, I knew better as in the image of God we are ALL created. Never does it say anywhere in His Word that we will not be irritated with those whom He created but the fruit of His love is kindness, compassion, patience, and perseverance. Not a one of those items on the list was dancing through my mind at the time.

I suppose it’s easy to understand all of these wonderful words while extending the fruit

to the “least of these.” And apparently I’m living proof that it’s not so easy to see His image and likeness in others who bug you. Love ALL while seeking His face in ALL because He is our ALL in ALL isn’t always so easy. As I seek, may I eek out Your face in ALL even when it shows up in the form of red, white and blue sock wearing passengers proudly proclaiming their recycling abilities while boasting of their extravagant financial excesses.

May we desire transformation not only for ourselves but for all those around us. When we know we desire more of Him for others—it just might be the beginning of Gal. 20:20. “I have been crucified with Christ and it is no longer I who live, but Christ who lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.” He not only did this, but does this, for ALL—even though sometimes I want to believe He couldn’t have possibly meant “them”! Amen.



Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

Q u e s - tion: I have a small utility trailer and I keep having to replace my license plate because it gets wrecked or torn off when I am traveling. Can I put it sideways on the wheel fender?

Answer: If the trailer is 3,000 pounds or less gross vehicle weight (GVW) with lifetime registration, the numbered plate or sticker must be adhered to the side of the trailer frame tongue near the hitch.

If the trailer is registered at greater than 3,000 pounds GVW, then the license plate can be displayed horizontally or vertically.

The plate must be securely fastened to prevent them from swaying. The person driving the motor vehicle and pulling a trailer shall keep the plate legible and unobstructed and free from grease, dust or other blurring material (dirt, mud, snow, etc.) so that the lettering is plainly visible at all times. It is unlawful to cover any assigned letters and numbers or the name of the state of origin of a license plate with any material whatever, including any clear or colorless material that affects the plate’s visibility or reflectivity. This also includes obstructing license plate brackets that block the state of issuance and tabs.

License plates issued to ve-

hicles and trailers must display the month of expiration in the lower left corner of each plate and the year of expiration in the lower right corner of each plate (when the plate is horizontal.)

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).

Don’t Miss Your Chance to Go “Wild” This Spring

14th Annual “Get Wild with Wild Rice” Recipe Contest Kicks Off!

If you happen to be an aspiring chef, culinary professional, or someone who simply has a competitive spirit and enjoys cooking, we’ve got the perfect event for you! Do you have what it takes to match your cooking skills against others from across the country in a competitive, national competition of culinary creativity? If so, then for you it’s sure to be a “wild” (rice) spring!

The Minnesota Cultivated Wild Rice Council is looking for talented, imaginative, and adventurous contestants to put their culinary flair and expertise in the kitchen to work in the 14th Annual “Get Wild with Wild Rice” recipe contest. All recipes must be original creations and must feature the deliciously distinctive flavor of the only cereal grain native to North America – wild rice!

Don’t take this challenge lightly! You’ll need to be at your creative best to win our Grand Prize and People’s Choice Awards and take home cash prizes and bragging rights for the most innovative and delicious wild rice recipe of 2023. Additionally, one finalist will receive our Golden Ticket for entry into the World Food Championships. If last year’s contest, in which *Beef & Shi-*

take Wild Rice Umami Stir Fry and ‘Popped’ Espresso Mocha Pillow Crisps took home the Grand Prize and People’s Choice Awards respectively, is any indication of the quality of potential entrants in 2023, this year’s contest is sure to be a hotly contested affair.

Here’s how it works - submitted recipes go head-to-head in a taste test conducted by our culinary specialists. Participants have four opportunities to win: 1) up to 16 finalists will be selected to have their recipes published and win *wild* prize packs; 2) a Grand Prize of \$500 will be awarded to one lucky recipe chosen by a panel of judges; 3) in September, National Rice Month, America will vote for its favorite recipe online for the \$250 People’s Choice Award; and 4) one finalist will receive our Golden Ticket to compete in the 2023 World Food Championships.

The contest opens May 12, with a deadline of June 12 for recipe submissions. Culinary creations need to include ¼ cup of cooked wild rice per serving and at least one sponsor product from Just Bare®, Minnesota Beef Council, Minnesota Pork Board, and Northern Canola Growers Association.

Now in its 14th year, this

popular contest has produced scores of “wildly” imaginative recipes demonstrating the creativity of our contestants as well as the versatility of wild rice. See for yourself - for contest finalists and other wild rice recipes, visit one of the most extensive wild rice recipe libraries in the world (mnwildrice.org/search.php).

The “Get Wild with Wild Rice” Contest is also an Elite Qualifier for the 2023 World Food Championships in Dallas, TX. One lucky finalist will be able to compete in this high stakes food competition which has awarded more than \$3 million in cash to culinary talent! Visit mnwildrice.org for full contest details.

To receive your free copy of the Council’s latest recipe brochure, *Minnesota Wild Rice Recipes & Answers to Frequently Asked Questions*, featuring 2021 contest winning recipes, including soups, appetizers, salads, side dishes, and entrees, send a self-addressed stamped-envelope to:

Minnesota Cultivated Wild Rice Council
Newest Recipes
4630 Churchill St., #1
St. Paul, MN 55126



Beef & Shiitake Wild Rice Umami Stir Fry (top) and ‘Popped’ Espresso Mocha Pillow Crisps win the Council’s 2022 Grand Prize and People’s Choice Awards.

BEEF & SHIITAKE WILD RICE UMAMI STIR FRY

Pamela Gelsomini, Wrentham, MA
½ lb beef sirloin, cut into very thin strips across the grain
5 tbsp canola oil, divided
¼ tsp salt
1 small onion, chopped
8 cloves garlic, minced
½ cup finely chopped carrots
½ lb shiitake mushrooms, stems discarded and caps sliced
¼ cup dry sherry
3 eggs
3 cups cooked wild rice
2 tbsp soy sauce
¼ cup oyster sauce
½ tsp ground black pepper
1 cup pea pods, packed
1½ cups bean sprouts, packed
½ cup chopped scallions

In large skillet, stir-fry sirloin in 3 tbsp oil; season with salt. Remove; set aside. In drippings, sauté onion and garlic, 2 minutes. Stir in carrots and mushrooms; cook 5 minutes. Stir in sherry until absorbed; push to side of skillet. Add remaining oil to open side. Scramble eggs until mostly cooked; toss with mushroom mixture. Stir in sirloin, wild rice, soy sauce, oyster sauce, pepper, and pea pods; cook 3 minutes. Add sprouts and scallions just before serving; toss. 4 servings.

‘POPPED’ ESPRESSO MOCHA PILLOW CRISPS

Laura Kurella, Wellston, MI
1 cup well-cooked wild rice
canola oil for deep frying
¼ tsp cinnamon
1 tsp espresso powder
1 cup semi-sweet mini chocolate chips
½ tsp each: vegetable shortening and sea salt
12 regular marshmallows, cut in half to form 2 narrow circles
24 long toothpicks
Preheat oven to 250°F. On large parchment-lined rimmed baking sheet, spread wild rice. Bake 2 hours or until completely dry; toss occasionally. Place in bowl. In high-sided frying pan, heat ~2" oil to 370°F. In batches, use mesh spoon to lower wild rice into oil until it pops and floats to the top, ~15 seconds. Remove; place on paper towel. Repeat. In medium bowl, toss popped wild rice, cinnamon, and espresso powder; set aside. In small bowl, microwave chocolate chips, shortening, and salt in 15-second increments; stir until completely melted. Put toothpick in each marshmallow; coat in chocolate. Press all sides into wild rice; set on parchment-lined serving dish. Chill until served. 6 servings.

Note: ‘Popped’ wild rice is an excellent snack on its own. Just toss with your favorite seasoning (e.g., garlic salt, sea salt, ground black pepper)



HAVE A STORY TO SHARE?
RICHARDS@GVTEL.COM

SKIN CARE INGREDIENTS WORD SEARCH

B W N U G L Y C O L I C H A J X O G I N
Y W K X K R U C C H N E E R C S N U S I
C X G H S I D N X I U A W M X N A E E A
L C O J U Y D D C P A B W Y D X N M J N C
U I I O R E D I T P E P R E P P O C O N O I
A T Q O D G R C D K D C O E K Y H Q C N
H C A P P Y A O A P K U E C N E S M I A
D A A D B T H W Q O P Q I O S N Y A H M
D L R K P D H A J U B S I L H A G I T I
W D B Q D Y R I T R I T A Y B G L C E D
A S T D S M B C D E A N A L Q R O U M E
T N A C I R B U L R B L O W I L C M A I K
E L T C E C D A D K U G M N L C M L D Y
R Y O P N D H Y U R B O L A E Y Y G K G
L H O T N U H Y O X W M G Y N U Y L B E
Q D T Y I K Q N N W L E D M C E K U I L
G N O L D O I R O R N O Y A O E H Y U C
A E R E T C N N I T S A L E H S R K E G
I E U A L P H A H Y D R O X Y E J I R E
W O W B A L M D L O N I T E R L G P N P

SKIN CARE INGREDIENTS WORD SEARCH

Answers on page 6

ACIDS	DIMETHICONE	HYDROQUINONE	NIACINAMIDE
ALPHA-HYDROXY	ELASTIN	KOJIC	RETINOL
BALM	GLYCERIN	LACTIC	SALICYLIC
BETA HYDROXY	GLYCOLIC	L-ASCORBIC	SUNSCREEN
COLLAGEN	HYALURONIC	LOTION	WATER
COPPER PEPTIDE	HYDRATION	LUBRICANT	

4000 John Deere

By Auctioneer Eric W. Mickelson

Most of my tractor driving hours, when I was a teenager, were on a 4010 John Deere. About 15 years later dad bought another 4010. So guess what, I drove some more 4010!!! A few years after I started farming a little on my own, I bought a 4020 with a cab and loader. I thought I had a "real" tractor then, and I guess I did. I few years ago I bought a second 4020 so then I had two “real” tractors!! Like I have said before I was born about 40 years too late!!!

A few years ago we did a little camping at Lake Sarah and after camping on Sunday we made the trek a little farther down the road to Bergerson’s Nursery. On the way home we came through Winger where on the tractor lot there was a 4000 John Deere! Now when I was young, around that 10 year-old crying for tractor age, mom and dad and I would go to a lot of tractor pulls. They were very popular at county fairs in the 70’s. About the only skid around was sponsored by the Ponsford Jaycees. I one of the tractors that was there was a 4000 John Deere owned by Wes Hall, from Ponsford. I loved watching that John Deere pull and of course cheered whenever he came up to pull. The trouble was the confusion for me, what the heck is a 4000 John Deere? I was not familiar with that!

Well, it turns out the 4000 was a light weight 4020. The 4000 used the 4020 engine but weighed about 1000 lbs. less. It had fewer features and smaller axles than a 4020. They were manufactured in Waterloo,

IA. Most were diesels with a synchro-range transmission, although some were made with a power shift transmission. Fewer gas models were made only nine with a gas engine and power shift transmission! I haven’t seen many 4000’s but I think it would be a fun tractor to own!

Now back when Wes Hall was pulling that modified 4000 he often pulled against another puller from that era, Gary Pfiefer, from Vergas, MN. Now Pfiefer had a souped up 560 Farmall. Many times they battled for top in their class. But you know who I was rooting for.....GO GREEN!!

How about a little tractor trivia!

1. The 4000 John Deere was manufactured from 19__-19__.
A) 1965-1968 B) 1966-1969 C) 1968-1971 D) 1969-1972

2. The 4000 was tested at 82 drawbar hp and ____ PTO hp. A) 96hp B) 97hp C) 98hp D) 99hp

3. The 4000, 4010, and 4020 all have a ____ cylinder engine. A) 2 B) 4 C) 6 D) 8

4. In 1963 a 4010 would cost you about \$5500 dollars. By 1972 a 4020 would set you back about _____.
A) \$7000 B) \$8000 C) \$9000 D) \$10,000

5. In 1969, when it was released the 4000 tractor sold for about _____ less than the 4020.
A) \$500 B) \$750 C) \$1000 D) \$1500

Answers: 1. D. 69-72 2. A. 96hp 3. C. 6 cyl. engine 4. D. \$10,000 5. C. \$1000



4000 John Deere!

DID YOU KNOW?

Richards Publishing offers many services!

- Yard Signs
- Banners
- Invitations
- Campaign mailings

To name a few!



We can design it!
Give us a call! 487-5225

BUSINESS SERVICES



**GARDEN VALLEY
TECHNOLOGIES**

**GVTV | Internet | GV Cellular
Security & Smart Home
Phone | IT Services**

R47TFC

RETAIL STORE LOCATIONS: Bagley | Erskine | Thief River Falls
800-448-8260 | www.gvtel.com | f l i n i a

Olson Gravel, Inc. Excavating & Concrete

(218) 268-4765

*Dependable service & quality products
Same day delivery available
Basement & septic installation
We deliver anywhere!*

In
business
since
1974

•Wash •Beach Sand •Class 5 Mod •River Rock
•Peat •Black Dirt •Road Gravel •Rip Rap
Service with Front Discharge Trucks

Excellent Prices on Concrete #4 and #5 Rebar
(Steel or Fiberglass Rebar)

POWERFUL SAVINGS WITH GENERAC

- ➔ FREE estimates
- ➔ Financing available
- ➔ AFFORDABLE backup power
- ➔ Delivery, Installation and Service
- ➔ Family and locally owned and operated



GENERAC

Automatic
Standby Generator

Serving ALL of Northern Minnesota

Depend on quality workmanship.

**CLEARBROOK
ELECTRIC**

SALES AND "SERVICE" • Randy Wetenkamp
218-776-3995 • 218-556-5981

STOP IN FOR ALL YOUR BUILDING NEEDS

... Please Call Us for a Quote ...
Falls Building Center
218-253-2585 • 1-800-480-2756
P.O. Box 477 • 907 Main Avenue South
Red Lake Falls, MN 56750

29 Gauge Painted or Galvanized Steel
Roofing or Siding Available.
CALL FOR CURRENT PRICING



301 Lambert St • Oklee, MN 56742
www.okleelumber.com • 218-796-5131

QUALITY CONSTRUCTION MATERIALS

- Building Materials Sales • Windows & Window Treatments
- Paints & Painting Supplies

ASK ABOUT OUR COMPLETE BUILDING PLANS SERVICES!
We're glad to help you with any building problem you may have.

WEBSITE ADVERTISING
Promote Your Business!
Call Today! 218-487-5225

LP CONTRACTING LLC
ANDREW LUNDMARK
218-556-7771
NICK PAULSON
218-556-5826
lpcontractingllc@outlook.com

SPECIALIZED SERVICES:

- Right of Way Clearing
- Property Thinning
- Fence Line Clearing
- Pasture Restoration
- Invasive Growth Management
- Survey or Power-line Clearing
- Road Side Vegetation Management
- Trail and Road Creation
- Shooting Lanes
- Storm Cleanup
- Land Clearing
- Demolition
- Excavation
- Tree Removal

SERVING
ALL OF
CENTRAL &
NORTHERN
MINNESOTA

Waling's Stump Grinding

Local
20+ years of experience
Free estimates

Call
218-689-2871
or 218-242-0269

Senator Steve Green Minnesota Senate District 2

Tainted Public Safety Bill

Friends,
As expected, In a late-night print with an all democrat conference committee, they wrapped the worst public safety bill I have seen in my 11 years working in Saint Paul.

Democrats shoved gun control into this bill at the last minute passing At 2:32am, 10 democrats, with zero republican input or voices, adopted the WORST public safety bill in my time representing District 2 at the Capitol.

In a shady and disgusting display of legislative process, after sitting on the policy portion of the bill for weeks, there will be no amendments or direct discussion on the provisions being adopted. The Extreme protection (Red Flag) laws in this bill have already been found to be unconstitutional in other States. Fire-arms storage, and the criminalizing of private firearms transfers and sales.

I think it's worth noting that also included in this bill are new sentencing guidelines which will let felony offenders out early, reduce the minimum sentencing from 2/3rds (67%) served to 50%. Well emptying our prisons, Democrats are legislating ineffective gun laws which stands in opposition to the majority of Law Enforcement agencies who I have spoken to on this matter, like our Sheriff's in District 2.

Whilst they are criminalizing law-abiding citizens, and letting felon's out, they are funneling tens of millions into community policing as they continue their divestment from practical law enforcement.

Also another small detail, the bill infuses Gender identity throughout the Human Rights Act. And stripped out current law concerning pedophilia. This will put pedophiles in a protected class.

Lastly If democrats were serious about stopping mass shootings, illegal guns transactions, and the like, we would

Over 1,000 Bemidji State graduates celebrate accomplishments during commencement

Students, family members, faculty and staff came together on Friday, May 5, to celebrate Bemidji State University's class of 2023 at three commencement ceremonies – one for each of the university's colleges.

The first ceremony to honor the graduates from the College of Arts, Education and Humanities began at 9 a.m., followed by the ceremony for the College of Business, Mathematics and Science graduates at noon. The College of Individual and Community Health graduates wrapped up the day with a 3 p.m. ceremony.

BSU's 1,014 graduating students included:

- 76 students who were eligible to receive master's degrees: 13 master of science in biology degrees, three master of science in environmental studies degrees, two master of arts in teaching degrees, 29 master of special education degrees, one master of arts in English degrees, one master of elementary and middle level mathematics, one master of professional accountancy and 26 master of business administration degrees

- 1,014 students who were eligible to receive undergraduate degrees, including 268 graduates from BSU's College of Arts, Education & Humanities, 345 from the College of Business, Mathematics and Science and 401 from the College of Individual & Community Health

- 458 undergraduates who graduated with honors: 168 Summa Cum Laude honorees, 127 Magna Cum Laude honorees and 163 Cum Laude honorees

- 67 American Indian graduates
- 35 military personnel or veterans

Each ceremony began with music performed by the BSU Wind Ensemble and the national anthem by vocal music performance graduate Emily Hixon, from Bemidji.

Following a traditional Ojibwe honor song rendered by Eyabay, a nationally-renowned drum group from the Red Lake Nation, Vice President for Academic Affairs Dr. Allen Bedford welcomed all attendees to Bemidji State University's Commencement events.

Bedford began by reciting Bemidji State's land acknowledgment that recognizes the Indigenous peoples who have been dispossessed from the homelands and territories upon which an institution was built and currently occupies and operates.

Scholarship established in Memory of Katie Brommenschenkel Vilmo

May 15, 2023 (Bemidji, MN) – The family and friends of Katie Brommenschenkel Vilmo have established the Katie Brommenschenkel Vilmo Scholarship Fund, a component fund of the Northwest Minnesota Foundation.

The scholarship will support students from school districts in NMF's service region as well as Hillsboro, North Dakota. NMF's region includes Red Lake Nation, White Earth Nation and 12 counties (Beltrami, Clearwater, Hubbard, Kittson, Lake of the Woods, Mahnommen, Marshall, Norman, Pennington, Polk, Red Lake Falls, and Roseau).

The scholarship is intended for students who are majoring in agriculture, agriculture education or agri-related business at a college, university, trade school, tech school or other accredited program.

The scholarship was established by the friends and family of Katie Brommenschenkel Vilmo to honor her memory and her passion for farm life. Funds raised from an indoor cornhole tournament in February supported the establishment of the scholarship fund; this event is planned to be held

President John L. Hoffman
President John L. Hoffman congratulated the class of 2023 and celebrated the unprecedented success of Beaver student-athletes, the work to grow the university's music programs including bringing back its popular Opera Night and the dozens of students who have co-authored academic works with faculty members, presented at national conferences and engaged in service-learning projects in the Bemidji community.

Hoffman quoted Johnetta Cole, the first African-American president at Spelman University, who said that education serves two purposes: to teach a new understanding about the world and to use that understanding to make the world a better place.

He said that while the next step for graduates is finding employment that is fulfilling and secures a livelihood for themselves and their families, their BSU educations extend far beyond simply opening career opportunities.

"It's about well-being in the ways you lead your lives. It's about using what you have learned to fix the wrongs you see in your work and communities and taking the lead to create a better future for yourselves, your families and your communities."

annually to continue to support the fund.

Katie enjoyed living a simple life of hard work and gratitude while she and her husband, Mike, worked simultaneously on their families' farms. Katie and Mike welcomed their daughter, Kennedy, as the perfect addition to their farm family in August 2018. Sadly, Katie passed away in November 2018 following a tragic farm accident. One of Katie's favorite quotes states, "Each person is given the gift of time on this earth to live, to learn, to love, and to leave a legacy." The family feels this scholarship will honor her legacy for agriculture and life.

Applications for the scholarship will be accepted starting Feb. 1, 2024. The applications are completed online through the NMF website www.nwmf.org by clicking "Scholarships" on the homepage.

If you are interested in learning about how you can establish a scholarship fund at Northwest Minnesota Foundation, or to support the Katie Brommenschenkel Vilmo Scholarship, please visit www.nwmf.org.

SBA Working Capital Disaster Loan Deadline Approaching in Minnesota for 2022 Spring Flooding

ATLANTA – The U.S. Small Business Administration (SBA) is reminding small businesses in Minnesota affected by the flooding that occurred from April 22 to June 15, 2022, that the deadline is June 7 to apply for working capital disaster loans. Small businesses, small agricultural cooperatives, small businesses engaged in aquaculture, and most private nonprofit organizations with economic losses from the incident should apply. The declaration includes the counties of Beltrami, Itasca, Koochiching, Lake of the Woods and Saint Louis in Minnesota.

These federal Economic Injury Disaster Loans (EIDLs) are for working capital needs caused by the disaster and are available even if the business did not suffer any physical damage.

Loan amounts can be up to \$2 million with interest rates of 2.94 percent for small businesses and 1.875 percent for private nonprofit organizations, with terms up to 30 years. The SBA determines eligibility based on the size of the applicant, type of activity and its financial resources. Loan amounts and terms are set by the SBA and are based on each applicant's financial condition. These working capital loans may be used to pay fixed debts, payroll, accounts payable, and other bills that could have been paid had the disaster not occurred. The loans are not intended to replace lost sales or profits. Applicants may apply online using the Electronic Loan Application (ELA) via the SBA's secure website at https://disasterloanassistance.sba.gov/ela/s/ and

should apply under SBA declaration # 17613.

Disaster loan information and application forms may also be obtained by calling the SBA's Customer Service Center at 800-659-2955 (for people who are deaf, hard of hearing, or have a speech disability, please dial 7-1-1 to access telecommunications relay services), or by sending an email to DisasterCustomerService@sba.gov. Loan applications can be downloaded from the SBA's website at sba.gov/disaster. Completed applications should be mailed to: U.S. Small Business Administration, Processing and Disbursement Center, 14925 Kingsport Road, Fort Worth, TX 76155.

The deadline to submit economic injury applications is June 7, 2023.



www.TriCoCanary.com is supported by these advertisers

Visit our website www.TriCoCanary.com

and click on the advertiser to learn more about their business.



**ANDERSON WELL
DRILLING & REPAIR**
Home: 218-776-2486
Cell: 218-688-1400
Clearbrook, MN 56634

**BAKKEN'S
MARKET**
GROCERY & DELI
218-776-3812
BAKERY • FRESH MEATS • PRODUCE • LOTTO
33 Main St S, Clearbrook • 218-776-3812

**BORDER
BANK**
Customer first.
Community focused.
123 Main St.
South
Clearbrook
215-776-3151 • borderbank.com

**Bemidji
MARINE**
bemidjimarine.com
(218) 444-BOAT
3611 Laurel Drive NW, Bemidji, MN 56601

**Carol's
Cozy Bar & Grill**
On Main in Brooks
218-698-4608

**Clearbrook
Collision Center**
(218) 776-3144

**CEASE
FAMILY FUNERAL HOMES**
Bagley - (218) 694-6600 Blackduck - (218) 835-3300
Bemidji - (218) 751-9700 Cass Lake - (218) 335-6969
Park Rapids - (218) 732-7264 Nevis - (218) 652-3105

**Home
at Heart Care**
In-Home Personal Care & Homemaking
Serving North Western Minnesota
3rd Ave., Clearbrook ~ 218-776-3508

**LINDFORS
Insurance Agency**
Clearbrook (218) 776-3161
Fosston (218) 435-6585 Bagley (218) 694-6848

**The Northern
State Bank**
Gonvick, MN 56644
218-487-5244

**Northdale
Oil Inc.**
249 1st Ave, Gonvick
218-487-5816

**OKLEE
LUMBER INC**
301 Lambert St, Oklee
218-796-5131

**Security
STATE BANK**
P.O. Box 69, 201 Main Street
Oklee, MN 56742
218-796-5157

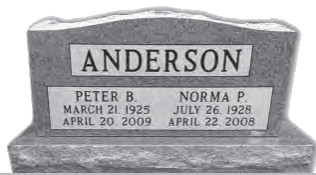
Thank you to our advertisers for making our website possible!

**If you are a business and would like to advertise
on our website, contact Dick or Sue at Richards Publishing 218-487-5225**

BUY THIS MONUMENT

\$895.00

**Order Now
For Delivery
Before
Memorial
Day!**



Buy Factory
Direct!
Avoid Funeral
Home &
Salesman
Commission!

NESS GRANITE WORKS

3 miles N. on Hwy 59, Detroit Lakes, MN
800-309-5191 • www.nessgraniteworks.com

R32-31C

OBITUARIES



Obituary for Ronald Linder

Ronald Dale Linder, age 78 of Plummer, MN died on April 24, 2023 at Pioneer Memorial Home in Erskine MN where he had been residing for the last 2 years.

Per Ronald's wishes, no services will be held.

On December 3rd, 1944 Ron was born to Frank and Margaret (Torkelson) Linder in Thief River Falls, MN He attended Oklee Public Schools and worked on the family farm while growing up. Ron married Maryanne Meland in 1976 and moved to Plummer, MN with her 3 children. He worked at Arctic Cat in Thief River Falls, MN, Homark in Red Lake Falls, MN and American Crystal Sugar in Crookston, MN for many years. After retiring

from Crystal Sugar, he helped his brother Steve working on the family farm. Years later he met Martha Vincent and they were together for 20 plus years.

Ron loved old John Deere and Case tractors and attending various steam thrashing shows including the Western Minnesota Steam Threshing Reunion in Rollag MN He collected over 40 old chainsaws that he would repair and use to cut wood and also did small engine repair for friends and neighbors. Ron had a number of dogs over the years which he cared for deeply. He enjoyed watching the Twins games and watching the Eagle camera videos.

Survivors include his significant other Martha Vincent Erskine, MN, Step-children Kristy (Paul) Henrickson, Eric Mattison Fargo, ND, Eron (Carmell) Mattison. Brothers Galen (Val) Linder Portland, OR, Steve (Donna) Linder Oklee, MN, Sister-in-law Gloria Torkelson, Hatton ND.

Several step grandchildren & great grandchildren, 2 nephews, 1 niece and 1 great niece.

Ron is preceded in death by his parents Frank and Margaret and his brother Robert Torkelson.

Condolences may be sent at www.johnsonfuneralservice.com



Obituary for Sharon Kozojed

Sharon Kozojed, 82, of Crookston, MN, formerly of Thief River Falls, MN passed away on Thursday, May 11, 2023 at Villa St. Vincent, Crookston, MN.

Visitation will be held on Wednesday, May 17, 2023 starting at 5:00 PM at Johnson Funeral Service in Thief River Falls, MN with a prayer service at 6:00 PM and a Rosary to follow.

Mass of Christian Burial for Sharon will be held at 1:30 PM on Thursday, May 18, 2023 at St. Bernard's Catholic Church in Thief River Falls, MN officiated by Father Rick Lambert, followed by burial at St. Bernard's Catholic Cemetery. Visitation will also be held one hour prior to service. Sharon Yvonne Kozojed was born April 20, 1941 in Thief River Falls, MN daughter of Paul and Sally (Dalos) Saurdiff. She was raised in Grygla, MN which she proudly claimed as her hometown. She moved to Thief River Falls to attend Lincoln High School, living with her aunt Lillian Knight graduating in 1959. Sharon received an Associates Degree in 1980 from the University of Minnesota Crookston.

On August 16, 1958 she

was united in marriage to Anthony Kozojed at St. Bernard's Catholic Church. The couple raised their children in Thief River Falls, Warren, and Marshall, MN moving multiple times due to State Patrol assignments and promotions for Tony. Sharon embraced and loved their adventures and the opportunities to be involved in each community. They returned to Thief River Falls in 1996, where they have resided since.

Sharon was a Foster Grandma at St. Bernard's School, and involved with Friends of the Library and Christian Women's group. Sharon enjoyed sewing, embroidery, reading, selling Avon, camping, fishing, baking, and family tree research. Most of all, she cherished her visits to family and friends and loved the time spent with her children and grandchildren.

Tony said of Sharon, "She is most responsible for raising a caring, productive family through effort and example. And her love for young children provided St. Bernard School the perfect foster grandmother for years."

Sharon is survived by her husband of 64 years Tony; children Thomas Paul (Suzan) Kozojed, Kathleen Rene (David) Blish, Teresa Joy (Rod) Dahlstrom, Karen Lynn (Chuck) Enright, Anthony Edward Jr. (Caroline) Kozojed; 12 grandchildren and 19 great-grandchildren; siblings Paul (Julie), Diane (Bruce), David, Steven (Sue), Susan (Bill), Lee (Betsy), Jill (Lee); sister-in-law Diane, along with many nieces and nephews.

Sharon is preceded in death by her parents, her brother Richard, and nephew Carl.

Condolences may be sent at www.johnsonfuneralservice.com



Notice for Gladys Nornes

Burial will be Tuesday, May 23rd, 2023 at 11:00 a.m. at Dovre Cemetery in Winger, MN.



Obituary for Rev. Robert Bergland

Rev. Robert "Bob" Bergland, 90, a longtime Stewartville, MN, resident died on Thursday, May 4, 2023 of natural causes at Mayo Clinic Rochester St. Marys Campus.

Robert Wayne Bergland was born on August 25, 1932 in Clearbrook, MN to Leonard and Dorothy (Huff) Bergland. He grew up in Clearbrook, attended school there, graduating from Clearbrook HS in 1950. He attended Lutheran Bible Institute before going to Concordia College in Moorhead, MN where he earned a Bachelors Degree in English. Robert was married on September 3, 1953 at Good Shepherd Lutheran Church in Clearbrook to Phyllis Metcalf. The couple moved to St. Paul, MN where Robert attended Luther Seminary for 4 years receiving a Masters in Divinity.

The Bergland Family moved to Karlstad, MN, where Pastor Bob served an internship before answering a call to Bethlehem Lutheran Church in Ulen, MN from 1960 to 1966. He then became Pastor at Zion Lutheran Church in Stewartville, MN where they raised their children and called home for the next 11 years. Pastor Bergland was next called to Our Savior's Lutheran Church in East Grand Forks, MN where he retired in 1995. Mrs. Bergland died on November 19, 1996. Bob returned to the Stewartville area in 1998 and was married on May 23, 2003 to Diane M. Pratt. Bob and Diane have continued to make their home in Stewartville.

Bob was an active member of Zion Lutheran Church in Stewartville and quietly continued his ministry in the community with a helping hand and willingness to listen. He was a longtime member of the Stewartville Lions Club. He enjoyed hunting and fishing, woodworking, being in nature and going to coffee. He loved time spent with his family and especially enjoyed following his grandchildren's sporting and school activities.

Bob is survived by his wife – Diane; 1 daughter and 1 son – Joy (Dan) Jacobson of Fargo, ND and Dan Bergland (Kathy Gallagher) of Flagstaff, AZ; son-in-law – Mark (Bonnie) Schmitz of Stewartville; 1 step-daughter – Kristin (Bill) Zimmerer of Venice, FL and 1 step-son – Kevin (Jen) Pratt of Hugo, MN; 12 grandchildren - Matthew (Maddie) Jacobson, Rev. Benjamin (Alyssa) Jacobson, Rachel (Jeremy) Pulling, Kai Bergland, Torrey Bergland, Tyler (Stephanie) Schmitz, Meghan (Logan) Coert, Allison Schmitz (Chye Stecher), Zach, Kailyn, Sophia and Nora Pratt; 4 great -grand -children – Henry, Finn, Eleanor and Mabel and many nieces and nephews. He was preceded in death by his daughter – Jan Schmitz and wife - Phyllis, his parents, 2 sisters - Elaine McKay, Gloria Danielson and his brother – Richard Bergland.

The memorial service for Rev. Bergland was held at 11:00 AM on Monday (May 8, 2023) at Zion Lutheran Church in Stewartville, MN with Rev. Benjamin Jacobson and Rev. Tim Bowman officiating. A time of visitation for family and friends was held from 4:00 to 6:00 P.M. on Sunday (May 7, 2023) at Zion Lutheran Church in Stewartville and 1 hr. prior to the service at the church on Monday morning. A private family burial will take place at a later date. Bob's Family suggests memorials to Zion Lutheran Church and World Mission Prayer League. A live stream of the service will be available at the Zion Lutheran website on Monday morning. Arrangements are with Griffin-Gray F.H. in Stewartville. Condolences and memories of Bob are welcome at www.griffin-gray.com

Submit Obituaries & Memorials to Richards Publishing at richards@gvtel.com



Minnesota GreenCorps

**Serve your community
and learn new skills while
improving Minnesota's
environment**

48 positions starting this fall.
apply May-June 15
pca.state.mn.us/mngreencorps



Caring.com

**Take the guesswork out of senior care, call
a Caring Family Advisor today.**



(866) 924-8422

Seed Saving

Have you ever considered saving your own seeds? It may be easier than you think! We still have some time before planting our gardens, so it's a great moment to consider where to put things and what to plant, just in case you wanted to try to save some of your own seeds this year!

Here are some basics: Heirloom plants are varieties that have been stabilized by selective breeding over a long period of time. You can expect seeds from heirloom plants to have the same qualities as their parents! These are the most common target for at-home seed savers.

Hybrid plants are a cross of two or more heirlooms. An F1 Hybrid is the first-generation cross between two heirlooms. Hybrids often have extraordinary traits, such as quick growth, disease resistance, loads of produce, or some other major perk – this is called “hybrid vigor.” Because of this, fruits and vegetables from hybrid plants are what you'll most often find in the grocery store or your local greenhouse. The downside is, their offspring may not carry the same traits. Seed saving from hybrids can be fun, because you'll never know what you might get!

I'll tip my hat here to GMO's, since they are commonly confused with hybrids. They are not the same thing. There is only a very short list of GMOs that are FDA approved for human consumption, and you won't be finding GMO seeds at your local home & garden center since these are carefully patent-protected and marketed wholesale.

I prefer to save heirloom seeds, because I like to know what I'm going to get. Heirloom varieties sometimes even have amazing stories behind them, and saving the variety is like saving a little piece of history.

One more term before we launch into garden planning: a “species” can be loosely defined as a group of organisms that can interbreed. This comes in handy for us seed-saving gardeners, because – in general – you can select one variety from each species, plant it in your garden, and expect to save reliable seeds for next year.

Here's where the planning comes in. Any species that is generally self-pollinating and does not rely on wind or insects to help pollinate, can be planted much closer together and you'll still get a predictable seed for next year. For ex-

ample, tomatoes and beans are really easy to save seeds from, because they only require 10-20 feet between varieties for you to get some pretty reliable seeds. This is called the “isolation distance” for the species.

Other plants, especially ones that rely solely on insects or wind to pollinate them, can require up to a half mile of isolation distance between varieties. With these plants, like squash and peppers, I only grow one of each species OR find some other way to separate them. Examples of other kinds of separation include making sure they bloom at different times (temporal isolation), or physically taping the flowers shut before they fully open, and then hand-pollinating them when they are mature. There are other ways to isolate them too, but by far the simplest is to only grow one variety from each species at a time.

So how do you figure out which of your plants are the same species? You can just google each variety, but here are a few starting points: All the tomatoes are the same species: *Solanum lycopersicum*. Corn, sorghum and millet each have their own respective species. Peppers are mostly all the same species, with some exceptions (but for our purposes, it's okay to simply isolate all pepper varieties from each other.) Squash/pumpkins have four major species, three of which you're likely to grow in your garden. If you want to save seeds from a squash or pumpkin, then definitely do a little bit of research about the species of your favorite varieties. The cabbage family is a crazy can of worms, but check out the species *Brassica oleraceae* if you're down for some fun surprises, or explore the whole *Brassicaceae* family for a taxonomy adventure!

If you have any questions, feel free to reach out the Beltrami County Master Gardener hotline at 218-444-7916 and leave a message with your name, phone number, and a short description of your question or problem. Your call will be returned within 2 days.

Don't forget to come to our plant sale this Saturday (May 20th) at the Beltrami County 4H Building at the Fairgrounds! Doors open at 9AM! The sale is a collaboration between the Bemidji Garden Club and the Beltrami County Master Gardeners.

~Cherish Duerst

Hardshells Rejoice: May 23 Is World Turtle Day

By Tom Emery
Every terrapin, snapper, and slider can pop his head out of his shell and smile.

Tuesday, May 23 is World Turtle Day, and there are plenty of reasons to celebrate in Minnesota, which is home to nine turtle species. Biologists and herpetologists are working to ensure the long-range future of the state's turtles, and note that the general public can do much to help.

“Turtles in Minnesota face many threats,” said Christopher Smith, the Conservation Committee chair for the Minnesota Herpetological Society. “That includes habitat loss, pollution, water quality, and road mortality, when turtles are hit on roads and highways. There's also the commercial turtle harvest, which is a big issue that we're trying to work with the legislature on.”

Species of turtles are found statewide in Minnesota, though the southeast region has the largest concentrations of turtles. “To most folks, the most common turtle in the state is the painted turtle,” remarked Smith. “They're found in both urban and more natural environments. But the snapping turtle is also fairly abundant.”

Two of Minnesota's turtle species – Blanding's turtle and

the wood turtle – are state-threatened. “Both of those species have been petitioned for federal listing to the U.S. Fish and Wildlife Service,” said Smith. “They've both suffered a severe habitat loss, or habitat degradation.”

Turtles play valuable roles in Minnesota ecosystems. “They are very important,” commented Smith. “Given that most turtles are semi-aquatic, they move energy and nutrients from aquatic to terrestrial environments, and vice versa. They're like nature's janitors for wetlands, because they consume aquatic vegetation and dead or dying fish.

“Water is very important to the people of Minnesota. After all, we call ourselves the Land of 10,000 Lakes,” laughed Smith. “And turtles help keep those water environments clean and functioning, while creating healthy environments for fish.”

As elsewhere, Minnesota turtles face a number of challenges, including on roadways, where turtles are commonly found in warmer weather.

“There are several reasons why turtles are on the roads,” said Smith. “One is their move-

Turtle's continued on next page....

Word Search Answers for this week

B W N U G L Y C O L I C H A J X O G I N
Y W K X K R U C C H N E E R C S N U S I
C X G H S I D N X I U A W M X N A E E A
L C O U Y D D C P A B W Y D X N M J N C
U I J R E D I T P E P R E P P O C O O I
A T Q O D G R C D K D C O E K Y H Q C N
H C A P P Y A R O A P K U E C N S M I A
D A A D B T H W Q O P Q U T O S N Y A H M
D L R K P D H A J U B S I L H A G I T I
W D B Q D Y R I T R I T A Y B G L C E D
A S T D S M C C D E A N A L Q R O U M E
T N A C I R B U L R B L O W I L M A I K
E L T C E C D H A D K U G M L A L C Y M L D Y
R Y O P N D H Y A R B O L N A E Y G L D G
L H O T N U H Y O X W M G Y N U Y L B E
Q D T Y I K Q N N W L E D M C E K U I L
G N O L D O I R O R N O Y A O E H Y U C
A E R E T C N N I T S A L E H S R K E G
I E U A L P H A H Y D R O X Y E J I R E
W O W B A L M D L O N I T E R L G P N P



Skyler and Jenny Smith working on their new Wissota A Modified with the help of son Braxton. Smith said the car is pretty much ready and waiting for the wrap.

Area Racers Prepping for the 2023 Season

5/9/2023
By Dennis Peterson

The winter of 2023 was a long one and for area racers it provided time for prepping for the 2023 racing season in the northland. For some drivers it was time to repair and tune up their race cars. For others like Skyler and Jenny Smith it was time to rethink. The Smiths sold both of their Wissota Mod Fours and were contemplating taking a year off. Then an opportunity arose and they made the jump into the highest class racing at Bemidji Speedway, the Wissota A Modifieds.

Skyler will be racing the familiar number 16 but in the A modified class. And, it will be his 16th year in dirt track racing. In that first year Smith worked with local author Will Weaver on a deal that provided him with a Wissota Mod Four and an opportunity to finish out his High School education. Weaver wrote a series of novels with "Saturday Night Dirt" the first based on Smith's introduction to racing. Since that first year Smith has won three track championships in the Mod Four class and six in the Wissota Midwest Modified

class. Smith was 4th in National points in 2023 Wife Jenny also raced in the Wissota Mod Four class and will take this year off after a ten year career in the mini stocks and Mod Four classes. Son Braxton (6) also races both Four Wheelers and Snowmobiles. Skyler recognizes his crew of his dad Bill, brother Brandon and wife Jenny. Plans for the 2023 season are to learn his new car and class and try as many tracks as possible.

Racing starts up at the Bemidji Speedway with the annual car show held at Roth RV in Wilton from 10-1:PM on May 20th with practice following at the track from 1-6:PM. Racing starts up with one of the biggest events of the year with the Chicken Shack Nationals Jack Sparby Memorial on Memorial Weekend Sunday and Monday. All classes will be on exhibit with Bemidji Mini Stocks, Wissota Hornets, Wissota Pure Stocks, Wissota Mod Fours, Wissota Midwest Modifieds, Wissota Super Stocks, Wissota A Modifieds and the Northern Renegade Sprints. June 4th will be a regular race night. June 11th

will be the first ever "Babes Border Battle" sponsored by Visit Bemidji with the first 10 Canadian drivers receiving free admission. June 18 will bring back the Wissota Late Models for a special appearance for the first time in many years. June racing will close out the month on the 25th with "Meet The Drivers" and kids night with all kids 12 and under receiving free admission. Racing continues throughout the summer each Sunday night starting at 5:30.

by Keith Cumming

The Greenbush Race Park has announced another great summer race schedule beginning on May 27th.

The season opener will see the first of five visits for the NLRA Late Models along with the Modifieds, Streets, Midwest Modifieds, Pure Stocks and 4 Cylinders. June 3rd will be a regular night of racing featuring the Wissota Mod 4's. The NLRA Late Models are back at the Park on June 10th, and there will be NO RAC-

Turtle's continued from Canary pg. 7

ment between their winter and summer habitats. Another is the nesting season, when female turtles start moving across upland habitats, to look for areas to nest. Since many roads are often elevated from the surrounding landscape, the shoulders of the roads create a gravelly surface, which is actually good nesting habitat for a lot of turtles.

"Also, hatchling turtles that hatch near a road is another issue," continued Smith. "The little turtles try to move to some wetland environment, and they end up on the road while they're doing it."

Smith stresses that the biology of a turtle is different than other fish and game species. "They live for so long, much longer than many other animals," said Smith. "A lot of turtles can live for fifty or more years, unlike other animals, whose lifespans are much less. Turtles are pretty slow to mature, and they may not lay their first bunch of eggs from eight to ten, or even twenty years."

"So if they crawl out of their wetlands and get hit by cars, that's decades of reproductive potential that is lost," remarked Smith. "The same is true when they're commercially harvested. Other fish and game species have higher reproductive potential, because they are shorter-lived, and mature faster."



Blanding's turtle.



Painting turtle.

Smith adds that turtles have few natural predators, or natural risks. "But when humans began changing the landscape, that was bad for turtles," he said, "because it creates higher levels of mortality."

"Fifty or a hundred years ago, there were a lot more turtles in Minnesota than there are now," continued Smith. "But now, there are noticeably fewer turtles, because they haven't been able to adapt. Things are really looking pretty dire for a lot of turtles in the long run."

There are many ways that citizens can protect the turtles of Minnesota. "One big way is to make sure that turtles have good base habitats," commented Smith. "Property owners, particularly along lake-shores, can make sure that there are plenty of natural vegetations, and keep pollutants out of the water. There's also the Minnesota Turtle Crossing Tally and Count Project, where citizens collect data from turtles on roadways to minimize the impact on turtles. That's been a really important project, and a good way for people to get involved."

"From a ground advocacy standpoint, we also need to make sure our voice is heard, that turtles are important," continued Smith. "Speak out for the turtles, and the research funding and policy changes that are needed. Let your representatives know how much we value turtles in Minnesota."

"Most people know that turtles can live for a long time," concluded Smith, "but we think turtles must live for a long time. We want to make sure turtles are here for the future generations of Minnesota."

Tom Emery is a freelance writer and historical researcher from Carlinville, Ill. He may be reached at 217-710-8392 or ilcivilwar@yahoo.com.

Greenbush Race Park releases 2023 race schedule

ING on June 17th. We wrap up June on the 24th with the Rebel Midwest Mod tour.

July opens with a regular night on racing on the 1st with all classes running. July 8th will have the Dirt Race Central Street Stock tour in town with July 15th being a regular night of racing. The Moonshine Mod Tour comes to the Park on July 22nd and the NLRA Late Models close out July on the 29th.

August opens with a regular night of racing on the 5th

with the Mod 4's, and on the 12th will be the MinnKota Power! Lightning Sprint Nationals. This years nationals could see close to 50 entries. August 19th will be a regular night of racing and we close out August on the 26th with a Street stock special.

We wrap up our 2023 race season with our annual Labor Day weekend Double header featuring the NLRA Late Models, Modifieds, Streets, Midwest Mods, Pure Stocks, MinnKota Lightning Sprints,

Mod 4's, and 4 Cylinders.

The Greenbush Race Park features the Wissota classes of Modifieds, Streets, Midwest Mods and Pure Stocks with the MinnKota Lightning Sprints and 4 Cylinders running on select dates. Each class will have at least one night off so to see which classes are running each night, follow us on Facebook at Official Greenbush Race Park or online at greenbushracepark.com.

29 South Main
Bagley, MN 56621
218.694.6266
Gallifurniture.com

CELEBRATING 88 YEARS...
"A Family Tradition of Furnishings for Life"
PRE-MEMORIAL DAY
Savings Event

BONUS SAVINGS

WE PAY YOUR
SALES TAX*

On any purchase, we will discount the amount equal to the sales tax from your total purchase. Excludes appliances and electronics. Valid through 5/31/23.

OR

12-24 MONTHS
INTEREST-FREE
FINANCING**

Valid through 5/31/23. See store for details.

BONUS SAVINGS

FREE DELIVERY!

Within a 60 mile radius. Some exclusions may apply. See store for details. Valid through 5/31/23.

SPRING INTO SUMMER
SALE GOING ON NOW THROUGH MAY 31ST, 2023

TWIN MATTRESS
\$129

12" HYBRID MATTRESS

	WAS	NOW
Twin Set	\$599	\$478
Full Set	\$699	\$548
Queen Set	\$799	\$628
King Set	\$999	\$888

BLACK OPAL
PLUSH OR CUSHION FIRM 12.5"

	WAS	NOW
Twin Set	\$849	\$698
Full Set	\$1,049	\$898
Queen Set	\$1,149	\$948
King Set	\$1,699	\$1,398

SAVE UP TO
\$300
ON SELECT MATTRESSES

Sealy HYBRID

Sealy BLACK OPAL

Sealy

NOW THROUGH MAY 31ST, 2023

We reserve the right to correct printing errors. *See store for details. Not valid on prior purchases. Discount offer excludes Tempur-Pedic and iComfort mattress purchases, and all advertised specials. **With approved credit. 188742

GALLI FURNITURE HOURS: MONDAY-FRIDAY 8AM-5:30PM • SATURDAY 9AM-4PM • SUNDAY CLOSED

R9-10C