



# Tri County Canary

A supplement of the:  
• Leader-Record • McIntosh Times • Grygla Eagle  
• Red Lake County Herald (Oklee, Plummer - Brooks - Red Lake Falls)

## Kali Flower promoted to Farm Marketing Consultant

Charleston, MO and Glenwood, MN Hurley & Associates announce the promotion of Kali Flower to Farm Marketing Consultant in our Glenwood, MN office. Kali is a licensed commodities broker and works closely with farm clients' budgets, cash flow requirements, and risk management strategies to work toward a financially healthy conclusion to each crop year.

Kali is the daughter of Brad & Bonnie Borene of Clearbrook. Kali grew up in Oklee and Clearbrook, MN. She attributes her passion for the agricultural industry from watching her mom work at the local grain elevator. Kali graduated from South Dakota State University with a degree in Agronomy and later worked for Cargill as an agronomist. Kali began her career at Hurley & Associates in 2017 as a Marketing Associate. In that role she saw the positive impact that the Hurley program has on agriculture producers, including the ability to give the next generations the opportunity to continue the farm operation.

As a Farm Marketing Consultant, Kali will take an active



Kali Flower promoted to Farm Marketing Consultant.

role in helping other farm families reduce market stress and stay financially viable through sound risk management practices. Kali and her husband Seth, have one daughter and live on his family's farm near Benson, MN.

About Hurley & Associates Founded in 1988, Hurley and Associates is an agricultural risk management company. The company's mission

is "To help our clients achieve economic stability while maintaining the dignity and value of the farm family." Hurley & Associates currently employs 82 people and additionally has 10 affiliate representatives working together to service farmers throughout the United States.

For more information about Hurley and Associates, visit their website at: [www.hurley-andassociates.com](http://www.hurley-andassociates.com)

## Bill signed providing over 315 million for roads

Governor Tim Walz signed into law legislation to unlock \$315.5 million in federally appropriated funds from the Infrastructure Investment and Jobs Act (IIJA) to improve Minnesota's roads. The funding provided in Chapter 6 HF 26 will be used for state road construction and improvement on Minnesota's trunk highway system.

"By investing in Minnesota's

transportation system, we strengthen our communities, economy, and work force," said Governor Walz. "I am grateful to the Legislature for working quickly to pass legislation that will improve our state infrastructure, create jobs, and directly improve the lives of Minnesotans across the state."

The \$315.5 million to improve Minnesota's roads was

allocated to Minnesota in 2022 under the IIJA. Because a transportation bill did not pass last session, MnDOT did not receive the budget authority to spend these federally allocated dollars. This bill, passed unanimously by the House and Senate, gives MnDOT the authority to use the IIJA funds for construction projects across the state.



Minnesota Department of Veteran Affairs staff had a tour of the new Bemidji Veterans Home. This Veteran home is a 72 bed facility that is nearly a 78,000 Square Foot facility. The home is designed to resemble a northern cabin. It has many fireplaces in the common area with lots of natural light from the abundant windows. The home is about 70% complete.



The next Friday Night Out will be held on Saturday, March 3rd at Clear Waters Life Center in Gonvick from 5-7 p.m. They will be indulging in Hawaiian cuisine to kick off. With Sesame Cabbage Salad, Teriyaki Pork & Vegetable Stir-fry with Rice, and Hawaiian Wedding Cake for dessert.

The last Friday Night Out was held on Saturday, February 3 at the center in Gonvick. They had a French cuisine where this picture was taken. RSVP online at [www.clearwaterslife.org](http://www.clearwaterslife.org) or call 218-776-2789. We recommend \$20 per person donation (\$10 for 12 and under).

## Northland to host 'Experience Aerospace' events February 24

Northland Community & Technical College invites students in grades 7-12, along with their teachers and families, to a day of career exploration and discovery. The free event includes workshops, tours, and hands-on experiences designed to introduce prospective students to the wide range of programs and careers available in the aerospace industry.

'Experience Northland Aerospace' is a joint venture put on by Northland and the National Center for Autonomous Technologies (NCAT) to encourage interest in aerospace careers and show off the many high-tech programs Northland offers. A community open house is scheduled from 4-8:00 p.m., while the main event is geared specifically for middle and high school students.

"Oftentimes, the path from high school to college or a career can seem unclear or altogether confusing," said Aaron Sykes,

NCAT STEAM Outreach Coordinator. "How can a middle or high school student know what their future career will look like if they are unsure what their options are? And how can we as educators inspire passion in these students and help them discover a fitting career? These are questions we hope Experience Northland Aerospace will answer."

### Student Event

Registration and check-in begins at 8:00 a.m. on Friday, February 24, at the Northland Aerospace center, a sprawling 86,000-square-foot facility with a state-of-the-art hangar that houses more than 20 different types of airplanes, drones, and unmanned aerial vehicles. Starting at 9:00 a.m., students can participate in a variety of 50-minute hands-on activities, wrapping up at 3:00 p.m.

### Open House

The community is also invited to explore and learn about

Northland's aerospace programs beginning at 4:00 p.m. The afternoon open house will have something for everyone, including information about registering for classes, and give anyone with an interest in aerospace the opportunity to get a close up look at the aircraft and technology Northland students get to work on as they prepare for exciting careers in a booming industry.

Northland Aerospace is located at 13892 Airport Drive, Thief River Falls, Minn. — next to the Thief River Falls Regional Airport. Attendees are asked to park in the East Parking Lot (next to the highway).

For more information about Northland's Experience Aerospace events, visit [www.northlandcollege.edu/experienceaero](http://www.northlandcollege.edu/experienceaero), call 800.959.6282, or email [megan.hall@northlandcollege.edu](mailto:megan.hall@northlandcollege.edu).

## Team Industries – Don Ricke scholarship seeking applicants

February 13, 2023 (Bemidji, MN) – The TEAM Industries – Don Ricke Scholarship Fund, a component fund of the Northwest Minnesota Foundation, is seeking qualified students to apply for the 2023 scholarship round. The intent of the scholarship is to develop career opportunities in Northwest Minnesota by helping students pursuing post-secondary education with a preference for those studying engineering, machine tool trades, and technology-related fields.

Scholarships are offered as a one-time award to local high school graduates. Previous

recipients may reapply for a second-year scholarship with proof of successful completion of first year of study; renewals are not guaranteed.

Students must have or will graduate from Bemidji (ISD #31), Bagley (ISD #162), Bertha-Hewitt (ISD #786), Blackduck (ISD #32), Cass Lake (ISD #115), Clearbrook-Gonvick (ISD #311), Detroit Lakes (ISD #22), Fosston (ISD #601), Frazee-Vergas (ISD #23), Hawley (ISD #150), Kelliher (ISD #36), Lake Park Audubon (ISD #889), Laporte (ISD #306), Nevis (ISD #308), Park Rapids (ISD #309), and WinEMac

(ISD #609). Preference will be given to a high school graduating student (senior).

Applications for the scholarship are being accepted through April 15. Applications are completed online through the NMF website [www.nwmf.org](http://www.nwmf.org); click on "Scholarships" on the home page.

If you are interested in learning about how you can establish a scholarship fund at Northwest Minnesota Foundation or to support the TEAM Industries – Don Ricke Scholarship, please visit [www.nwmf.org](http://www.nwmf.org).

## Seven Clans Casino Thief River Falls & Water Park now serving alcohol

Seven Clans Casino, Thief River Falls & Water Park is excited to announce that we began offering beer, wine, and liquor sales on Thursday, February 9, 2023. A new, permanent bar on the casino floor is currently in the works. Alcohol service is offered on the casino floor and in the River Road Cafe within the month, as well as our meeting room areas of the property. Alcohol is not permitted in the Water Park or Hotel.

"We are proud to be a part of this exciting time in the evolution of Seven Clans Casinos

and look forward to welcoming and providing this new amenity to our guests. By adding the sale of alcohol to our Casino floor, River Road Cafe, as well as our meeting room areas to our already amazing Thief River Falls Casino, is just the next step toward making our property the premier entertainment destination in Northern Minnesota. We are thrilled to take the next steps in expanding not only Thief River Falls Casino's offerings but also our career opportunities to those in the surrounding communi-

ties. Congratulations to all the team members who made this a successful launch," said General Manager Brian Gooden.

Seven Clans Casino in Thief River Falls currently features 150 hotel rooms, a gaming floor with over 600 gaming machines, four blackjack tables, two dining establishments, several meeting rooms, and a 40,000 sq. foot indoor Water Park and Arcade. For more information regarding our Casino, Hotel, or Waterpark, please visit our website at [www.sevenclanscasino.com](http://www.sevenclanscasino.com)

## MnDOT announces winners of 2023 "Name a Snowplow" contest

ST. PAUL, Minn. – Yer a Blizzard, Harry and Blizzo join the state's snowplow fleet as winners of the 2023 "Name a Snowplow" contest, along with six other popular names, the

Minnesota of Transportation announced today. More than 64,000 voters cast a ballot in the contest. One newly named snowplow will be assigned to each of MnDOT's eight districts.

**The winning names, in order of vote totals, and their future homes are:**

- Yer a Blizzard, Harry – District 8 (Southwest Minnesota)
- Blizzo – Metro District (Twin Cities)
- Clearpathtra – District 1 (Northeast Minnesota)
- Better Call Salt – District 3 (Central Minnesota)
- Han Snowlo – District 7 (South Central Minnesota)
- Blader Tot Hotdish – District 2 (Northwest Minnesota)
- Scoop! There it is – District 6 (Southeast Minnesota)
- Sleetwood Mac – District 4 (West Central Minnesota)

**Other names included:**  
Taylor Drift  
Sir Plows-a-Lot  
Goonodaabaan (Ojibwe word for "snow vehicle")  
Aaron Brrrr, Sir  
Ain't My First Snowdeo  
Snow Force One  
Hippoplowtamus  
Plowabunga!  
Just Scraping By  
SKOL Plow  
Harmon Chillebrew  
Camp Scoopy  
Alice Scooper  
Clark Blizzwald  
Beyonsleigh  
Buzz Iceclear  
Freeze Louise  
Melton John  
Ičamna (Dakota word for "blizzard")  
Tallies for all 60 finalists can be found on MnDOT's Name a Snowplow website. \*

## Special program "Love Conquers All"

There will be a special program at the Samhold Lutheran Ladies aid meeting on Thursday, February 16. The theme is "Love Conquers All". Sam and Dorothy Walton of rural Gully will speak about their harrowing experience with COVID and

how love helped Dorothy heal.

Everyone is welcome at the program at 2:30 p.m. in the Samhold church basement.

Coffee and goodies will be served after the program by Ladies Aide members.

## Senator Johnson votes to cut taxes for individuals and small businesses

ST. PAUL, MN – Today Senator Mark Johnson (R- East Grand Forks) voted to pass a tax conformity bill, bringing Minnesota in line with recent federal tax changes and cutting tax collections by more than \$100 million. The bill was passed with unanimous support and is headed to the Governor's desk for his signature.

"Senate Republicans have been cutting taxes for Minnesotans since 2017, and I'm glad we continue the trend with this bill today. We have a \$17.6 billion surplus and we have to give it back to the taxpayers. This bill does that in a very simple and bipartisan way," Johnson said.

The bill aligns the Minnesota tax code with Federal tax adjustments that resulted in many tax changes, including: The Coronavirus Aid, Relief, and Economic Security (CARES)

Act from 2020, The American Rescue Plan (ARPA) Act from 2021, and The Inflation Reduction Act (IRA) from 2022.

**Notable provisions in the bill:**

- Expand eligible expenses to college savings accounts through Section 529 plans
- Exclude shuttered venue operator grants from being counted as income
- Allows for student loan payments by employers
- Increases the amount a business can provide for employee child care benefits

Missing from the bill is the elimination of the tax on Social Security, or any reduction in personal income tax rates. Senate Republicans tried to amend these changes to the bill, but Democrats opposed the move through parliamentary procedure.

## Considerations for retirees thinking of working part-time

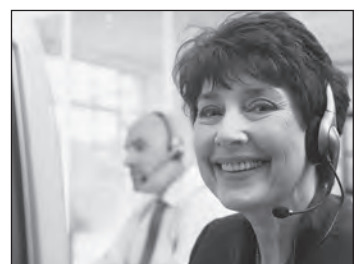
Retirement is an opportunity to wave goodbye to the daily grind. Retirees may focus on rest and relaxation, and many make travel a major component of their lifestyle.

According to a 2022 Gallup poll, Americans expect to retire at an average age of 66, up from 62 in 2022. However, most do not hold out that long; the average actual retirement age is 61. Canada used to have a mandatory retirement age of 65, but that mandate was overturned in 2009. Today, the average retirement age for Canadians is 64.4 for men and 63.8 for women, according to Statistics Canada.

Upon retiring, many retirees discover that they sorely miss getting out of the house and being productive through some sort of employment. Others may find it necessary to supplement their retirement incomes. There are a few things to know about working during retirement, particularly if a person is collecting government benefits.

According to the Social Security Administration, those falling under full retirement age for the entire year (which was raised to age 67 for those born in 1960 or later) will be subjected to an SSA deduction of \$1 from your benefit payments for every \$2 you earn above the annual limit. For 2022, that limit is \$19,560. In the year you reach full retirement age, SSA deducts \$1 in benefits for every \$3 you earn above a different limit, but they only count earnings before the month you reach your full retirement age. For full retirement age reached in 2022 your limit on earnings for the months before full retirement age is \$51,960. After full retirement age, there is no limit on earnings.

The Financial Consumer Agency of Canada reports that individuals between the ages of 60 and 65 who continue to



work while receiving a Canadian Pension Plan (CPP) retirement benefit must still contribute to the CPP. Your CPP contributions will go toward post-retirement benefits. These benefits increase your retirement income when you stop working. However, if you continue to work while getting a CPP retirement pension and are between the ages of 65 and 70 years old, you can choose not to make any more CPP contributions.

Keep in mind that if you are on Medicare, extra income could potentially trigger surcharges for parts B and D. It's beneficial to speak with a financial consultant to weigh the pros and cons of part-time work during retirement.

Part-time work does not need to be daily work. Many retirees work according to how they feel. Some options include seasonal jobs, such as driving shuttles in national parks or working during the holidays in retail stores. Or you may use your expertise to consult or start a business.

A number of people work part-time during retirement simply to get out of the house. Jobs that help you interact with a number of people can be beneficial, as socialization has been shown to benefit the mental health of seniors.

Working during retirement can supplement savings and provide structure that some retirees may be missing.

## College News

### University of North Dakota Posts

The University of North Dakota's Office of the Registrar today issued its Fall Semester 2022 Deans List

**Evan Lunsetter**, Gatzke  
**Katie Alto**, Gonvick  
**Sarah Suchoski**, Grygla  
**Jenna Manecke**, Lengby  
The University of North Dakota's Office of the Registrar today issued its President's Roll of Honor

**Emily Bergman**, Clearbrook

**Katie Alto**, Gonvick  
The University of North Dakota's Office of the Registrar today issued its names of Winter Commencement graduates.  
**Halverson, Mckinzie G.**, Bachelor of Science in Education\*\*\* Bagley

What it takes to make each list:

The Dean's List comprises students whose grade point average are in the top 15 percent of the enrollment in each of the University's degree granting colleges and schools. A student must have completed no fewer than 12 semester hours of academic work for the semester, of which eight or more hours must be graded work rather than "satisfactory/unsatisfactory."

To qualify for the UND President's Roll of Honor, a student must have an overall cumulative grade point average of 3.80 or higher. The student must also have earned a minimum of 30 semester hours and have completed a minimum of 12 hours at the close of the semester, eight of which must be for traditional letter grades.

## Graduation Banners and Posters available

**RICHARDS Publishing Co.**  
— GONVICK —  
**218-487-5225**

### FARMLAND FOR SALE ON BIDS Rollis Township Marshall County, Minnesota

**Legal Description:** Gov't Lots 3&4 Section 01, Township 157N, Range 40W, The Ruud Property.

**Parcel Identification Number:** 35-0003-000; This parcel contains approximately 81.56 acres.

**BID PROCEDURE:** Sealed Written Bids will be received by Rokke, Aandal & Associates, PLLC, Law Office, P.O. Box 159, Warren, MN 56762, until 5:00 p.m. on March 13, 2023. Bids should be for the total dollar amount, and not per acre. Those submitting qualifying bids will be invited to participate in a final oral bidding to be held at Rokke, Aandal & Associates, PLLC in Warren, Minnesota.

**TERMS OF SALE AND CLOSING:** Earnest money of 10% will be required by the successful bidder upon placing the highest bid at the oral bidding, with the balance due within 60 days. Seller will provide a continued abstract evidencing marketable title. Seller will convey the property by Warranty Deed at closing. Seller reserves the right to reject any and all bids.

R47-50C

### FARMLAND FOR SALE ON BIDS Rollis Township Marshall County, Minnesota

**Legal Description:** N½S½ & SW¼NE¼ Section 13, Township 157N, Range 40W, The Ruud Property. (Subject to lease on house through May 2023).

**Parcel Identification Number:** 35-0067-000; This parcel contains approximately 200 acres.

**BID PROCEDURE:** Sealed Written Bids will be received by Rokke, Aandal & Associates, PLLC, Law Office, P.O. Box 159, Warren, MN 56762, until 5:00 p.m. on March 13, 2023. Bids should be for the total dollar amount, and not per acre. Those submitting qualifying bids will be invited to participate in a final oral bidding to be held at Rokke, Aandal & Associates, PLLC in Warren, Minnesota.

**TERMS OF SALE AND CLOSING:** Earnest money of 10% will be required by the successful bidder upon placing the highest bid at the oral bidding, with the balance due within 60 days. Seller will provide a continued abstract evidencing marketable title. Seller will convey the property by Warranty Deed at closing. Seller reserves the right to reject any and all bids.

R47-50C

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Our offices will be closed Monday, February 20 for Presidents' Day.

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### Monthly MCCL meeting Thursday, February 16

The monthly meeting of the local Minnesota Citizens Concerned for Life Chapter #45 will be held on Thursday, February 16th at 7 p.m. at Mt. Carmel Lutheran Church in McIntosh. All interested persons are invited and welcome. For more information about the Chapter, contact Eileen Hegg at 218-563-3152.

Free to the public - movies at the Fosston Theatre, Monday, February 20th 1:00 p.m. and 4:00 p.m. "Horton Hears a Who" and at 7:00 p.m. "Unplanned". Sponsored by MCCL #45.

### Carr arrested in Erskine on child sex charges

On Tuesday, January 24, 2023 David Carr, age 44, was arrested in Erskine and taken to the Northwest Regional Correction Center in Crookston before being turned over to Becker County authorities. Carr has been charged with 11 counts of criminal sexual conduct. In May, 2020, Carr's daughter claimed that her father had sexually assaulted her on numerous occasions beginning when she was between 3 and 6 years old.

Detroit Lakes Police Department Sergeant Chris Phillips later interviewed the women's sister, who also claimed that Carr had also repeatedly sexually assaulted her beginning when she was approximately 7 years on.

## 26TH ANNUAL Production Sale

February 18, 2023 at 1:00 p.m.

Located on the farm, 44946 151st Avenue, Clearbrook



**Selling Red and Black Angus  
75 Bulls and 66 Heifers (60 bred and 6 open)**

For info and catalog, call 218-280-3112 or  
www.nordlundstockfarm.com or www.dvauction.com

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**218-487-5225**

## DINING & entertainment

**CAROL'S COZY BAR & GRILL**  
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**Fri., Sat., Sun., Feb. 17, 18 & 19 5:00 to 9:00 p.m.**  
Steak & Shrimp; Ribs & Chicken  
Comes with Salad Bar, Potato & Garlic Toast.  
Walleye available Friday only.

**THIS SUNDAY!**  
Cathy Erickson Band  
February 19, 2023  
2:00 to 5:00 p.m.  
"Sweetheart Dance"

**COMING SOON**  
• Cathy Erickson Band on March 19, 2023  
• Retirement Party for Scot Thompson

**Kitchen Hours 8am-9pm Mon.-Sat. & 11am-9pm Sun.**

**BINGO**  
Starting at 57's Progressive Blackout 6pm,  
Saturday, Feb. 18th, 2023

**WING NIGHT WEDNESDAY**  
Fri. & Sat., Feb. 17 & 18, 2023 - Walleye or Bluegill

**SHORTY'S PLACE, 268-4199**

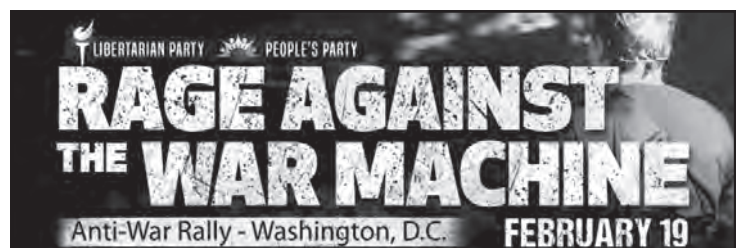
**BAR BINGO! AND PADDLE WHEEL**  
**TUESDAY, FEB. 21ST, 2023 - 6:30 PM**  
52¢'S AT \$1,000 UP TO \$1,000 MAXIMUM

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**POTATO KLUB DINNER**  
**Zion Lutheran Church in Oklee**  
**Sunday, February 26th**  
**11:30 a.m. to 1:30 p.m.**  
Suggested donation: \$13 for 1 Klub or \$15 for 2 Klub with choice of Side Pork or Ham, Vegetable, Dinner Roll, Dessert and Drink.

**\*\*To Go Orders Available - Call (218) 796-5375**  
Hosted by Oklee Lutheran Youth Group



### Introducing a new group on the scene

Join them at the Lincoln Memorial at 12:30 P.M. on Sunday, February 19th, on the anniversary of the United State's Proxy war via Ukraine against Russia and Presidents Day Weekend, to Rage Against the War Machine! After the Rally, they'll march to the White House and deliver their demands to Warmonger-in-Chief Joe Biden. Check out their site, <https://rageagainstarwar.com/>

Read about them and their demands and be with them by making a donation. The lineup of sponsors and speakers includes long term peace advocates along with ones from right, left and centrist perspectives and also includes veterans, musicians, comedians and just plain citizens who are fed up with war after war on behalf of profits for the WarDeFense Industry and their primary shareholder billionaires. The current administration has committed over 100 billion dollars in one form or another to the Ukraine effort. There is no positive return on this give away debt which could have been invested in our citizenship which would have had many positive returns. It is necessary to mention the almost complete disarray of world economic supply chains, the death, maiming, suffering, destruction and edging humanity to the edge of MAD (Mutual Assured (nuclear) Destruction) are all the result of the warmongers in our government, in our media ownership and our major industry leaders. Please take the time to check out the site and donate.

Prepared and paid for by Vance & Jean Norgaard

# CLASSIFIED ADS



## JOURDAIN PERPICH EXTENDED CARE CENTER (JPECC)

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Has the following positions open: Charge Nurse RN, Licensed Practical Nurse/RN, and Nursing Assistant full time, and part time. JPECC respects employee's personal time & family commitments. We provide resident ratios of 15-17 residents per medication cart. JPECC offers competitive salary and benefits such as paid medical, dental, 403(b) with up to 5% match immediately upon FT status, vacation and sick time. Nurses earn pick-up pay which is double-time during the week and 2.5 time on weekends.

Competitive wages based upon experience, starting: Charge Nurse RN \$37.11, RN \$33.09, LPN \$27.56, CNA \$20.98. PLUS an additional \$3.00/hour incentive pay.

Janet Fox, DON or Rose Barrett, Administrative Secretary at 218-679-3400 ext. 4810.

R46-49C

## MATHEMATICS TEACHER

Clearbrook-Gonvick School District has an open position for a Mathematics Teacher. This is a full-time position and would be available for the 2023-2024 school year. Courses currently include a variety of Math courses in the 7-12 grade levels.

Requirements: MN 7-12 Mathematics licensure required. Individuals with alternative licenses and those who are interested in extra-curricular or coaching activities are encouraged to apply. Position is open until filled.

Please submit letter of interest, resume, credentials, and three references to:

Clearbrook-Gonvick School  
16770 Clearwater Lake Rd  
Clearbrook, MN 56634

Attn: Melissa Weems, HR

Or email the materials to:

mweems@clearbrook-gonvick.k12.mn.us

Clearbrook-Gonvick School District ISD #2311 is an equal opportunity employer.

R47-50C

## INDUSTRIAL TECHNOLOGY

The Clearbrook-Gonvick School District has an opening for an Industrial Technology Teacher. This position is a full time position and would be available for the 2023-2024 school year. Current course offerings in our Industrial Technology Department include welding, woodworking, building trades, and varying automotive courses.

Requirements: MN Teaching License in Industrial Arts is required for this position. Individuals with alternative licensure and those who are interested in extra-curricular or coaching activities are encouraged to apply. Position is open until filled.

Please submit letter of interest, resume, credentials, and three references to:

Clearbrook-Gonvick School  
16770 Clearwater Lake Rd  
Clearbrook, MN 56634

Attn: Melissa Weems, HR

Or email the materials to:

mweems@clearbrook-gonvick.k12.mn.us

Clearbrook-Gonvick School District ISD #2311 is an equal opportunity employer.

R47-50C

## Red Lake Falls LSS Nutrition Site Seeks Site Coordinator

20 hours per week/hourly pay plus mileage when bi-weekly supporting nearby Meals location for clerical work.

Contact Rachel Brandt, Regional Manager - 218-521-0714 or Rachel.brandt@lssmn.org

O46-49C

## Polk County Full-Time Employment Opportunities:

### Clerk Typist Cashier III – WIC/Care Coordination Clerk (EGF) Public Health:

\$18.04 - \$23.56/hr. Closes February 15, 2023, at 4:30 p.m.

### Clerk Typist Cashier III (Receptionist) – (Crookston) Public Health:

\$18.04 - \$23.56/hr. Closes February 15, 2023, at 4:30 p.m.

### System's Administrator – MIS Department:

\$33.59 - \$43.87/hr. Closes February 15, 2023, at 4:30 p.m.

### Social Services Manager:

\$37.74 - \$49.29/hr. Closes February 7, 2023, at 4:30 p.m.

### Mechanical Maintenance Technician I/Fosston:

\$22.77 - \$29.73/hr. Position Is Open Until Filled

### Assistant County Attorney:

\$37.74 - \$53.24/hr. Position Is Open Until Filled

### Sort Line Operator I or II/Fosston:

\$17.18 - \$23.56/hr. Position Is Open Until Filled

Polk County offers a highly competitive benefits package including but not limited to affordable family healthcare plans and PERA retirement.

For an application, full job description and general job opening information go to [www.co.polk.mn.us](http://www.co.polk.mn.us) and click on "Careers" or call 218-281-5408 Polk County Administrator's Office. EOE

R351C

## Tax Preparer Wanted

FARMChek Services is seeking a **Full Time Tax Preparer/ Tax Accountant. Requirements:** Tax preparation & tax accounting experience preferred, but training offered to the right candidate; excellent computer skills with Excel, Word, and Outlook; experience with client communication; and ability to manage workload efficiently.

Benefits include health insurance, retirement, paid holidays, and more. Salary negotiable and based on education and prior work experience.

Position available in our McIntosh office. Send resume to sarah@farmchek.com or to FARMChek Services, Attn: Sarah, PO Box 338, McIntosh, MN 56556.

R47-48C



## Ultima Bank MINNESOTA

Ultima Bank Minnesota is seeking an individual for its **Operations Departments** in Fosston.

Duties include:

- Validating ACH files.
- Processing incoming and outgoing wire transfers.
- Processing overdrafts/ returned items.
- Completion of daily procedures and tasks to facilitate a technical operation.

Individual must be organized, able to multi-task and be proficient in computer skills. Banking experience not required; we're willing to train the right candidate. Full time position with competitive wage package and benefits.

To apply, email resume to: rebecca@ultimabank.com

R48-49C



## Ultima Bank MINNESOTA

Ultima Bank Minnesota is seeking a **Customer Service Representative** for its Fosston location.

Duties include:

- Assisting customers with banking needs.
- Opening new accounts.
- Answering inbound calls.
- Cross selling **UBM** products and services.
- Additional duties include administrative support and other related duties as assigned.

Individuals must be organized, able to multi-task and be proficient in computer skills. Banking experience not required; we're willing to train the right candidate. Full time position with competitive wage package and benefits.

To apply, email resume to: rebecca@ultimabank.com

R48-49C

## Natural Resource Technician

The Red Lake Watershed District is taking applications for a full time **Natural Resource Technician** position.

**General tasks:**

- Water Quality and Other Data Collection
- GIS Technician
- Management/analysis of water quality data
- Web site maintenance
- Map development and spatial data analysis
- Assist teachers and students with the River Watch and River of Dreams Programs

**Required Skills:**

- Be able to apply basic statistical analysis in a spreadsheet environment.
- Intermediate knowledge of ArcGIS/Spatial Analyst software and methods
- Familiarity with water quality or other electronic instrumentation
- Basic understanding of web site scripting (html, css) or related concepts
- Ability to teach water quality concepts to high school students and teachers.
- Good command of the English language, oral and written

**Education:**

- Two Year Post Graduate Education or equivalent experience

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Applicant must have no physical limitations in relation to tasks performed and must have a valid Driver's License.

Application is available at the RLWD office at 1000 Pennington Avenue South, Thief River Falls, MN 56701 or visit our website at [redlakewatershed.org](http://redlakewatershed.org). Please submit application and resume to the RLWD.

**Application deadline:** February 24, 2023

**Pay Range:** \$20.25 – \$27.61 per hour.

Pay is dependent upon experience.

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R46-48C



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O41-50C

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R48C



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R42-48C

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R46-49C



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**Substitute Teacher** opportunities are available. Applicants should submit their teaching license (or substitute licensure with a 4-year degree) and resume.

**Para-educator** position openings in the Elementary and High School, candidates must be highly qualified, which includes either 2 or more years of college, an AA Degree, or the ability to pass the Para Pro Exam.

**Substitute Para** opportunities are available. Applicants must have a high school diploma or equivalent.

**Native American Home School Liaison** Positions - Full-time positions open for 2022-2023 school year. Candidates must be highly qualified, which includes either two or more years of college, an AA Degree, or the ability to pass the Para Pro Exam.

**Food Service Support Staff** - a high school diploma or GED is preferred but not required.

**Substitute Food Service Support Staff** - a high school diploma or GED is preferred but not required. Application forms may be downloaded, picked up in the District Office or you may email [nekre@bagley.k12.mn.us](mailto:nekre@bagley.k12.mn.us). For more information, please call Nichole Ekre at 694-6184.

**Full-Time Route Bus Drivers and Substitute Bus Drivers** positions. Applicants must have or be able to obtain a school bus driver's license endorsement. The District is willing to help applicants obtain their school bus endorsement. New drivers will receive a \$200 stipend after six months of driving to help defray the cost of certification. Application forms may be downloaded, picked up in the District Office or you may email [nekre@bagley.k12.mn.us](mailto:nekre@bagley.k12.mn.us). For more information, please call Stuart Duke at 694-6122.

**Cleaner-Sweeper/Custodian** position. Bagley Independent School District #162 is accepting applications for a cleaner-sweeper/Custodian position. Applications can be downloaded, picked up in the District Office or you may email [nekre@bagley.k12.mn.us](mailto:nekre@bagley.k12.mn.us). For questions about the position, contact Nichole at 218-694-6184 or Ron at 218-368-8314

R45-49C



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### Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

Question: When it comes to the registration stickers on your license plate, are they called tabs or tags?

Answer: Good question. The Minnesota Driver and Vehicle Services (DVS) refers to them as tabs and/or stickers. I personally call them tabs. Although it does make me think of the '90s Aaron Tippin country song that says, "I got stopped by a cop late last night, out-of-date tags and no taillights." Having traveled around our great county I have heard them called both. I think it depends on the region or state you are from.

License plates have been around for more than 100 years. In the beginning, just as vehicles were much different than they are today, so were license plates. They originally needed to be purchased and replaced each year because the date was stamped on. In the 1940s some states started issuing tabs. Most often the tab was a small piece of metal attached to the license plate so the plate itself could be used for more than just a year. This helped save metal for

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### Happy Birthday, John Deere!!

By Auctioneer Eric W. Mickelson



Sorry, I am kind of a week late! Last week was John Deere's birthday. Yes, John Deere the man. So in school this week we had a little "John Deere" coloring contest. I asked the students whose birthday it was....I explained it was someone who Mr. Mickelson liked and included when they were born and what their job was. After a couple of clues they guessed John Deere!

The history of my beloved John Deere company traces its way back to the American Revolution. John Deere was born on February 7, 1804, in Vermont(Happy Birthday!). His father was William Rindold Deere, who was an English immigrant. His mother, Sarah Yates Deere, was the daughter of a British soldier who had stayed in America after the Revolutionary War.

John's father died when he was young and after a short try at Middlebury College John decided to become a blacksmith's apprentice. In 1827 he was married to Demarius Lamb and continued his blacksmith trade in Vermont. Due to a depressed farm economy in Vermont, he decided to move to Illinois where farmers were beginning to break the vast prairie. He settled in Grand Detour, Illinois about 100 miles west of Chicago.

Farmers on the prairie of Illinois were having problems with the wooden and iron plows of the day. Wooden plows were not strong enough and iron plows would not scour. Legend has it that in 1837, while working in his shop, John Deere saw an old steal saw blade in his shop and got the idea to fashion it into a plow bottom. The smooth shiny steel cut through the sod and the gummy soil slid off the bottom without sticking. The new steel plow was a success and John Deere was busy making more plows! John Deere went from that first plow in 1837 to 100 plows in 1842. Seeing the need for a better distribution center John Deere moved the operation to Moline, Illinois. In 1849 over 1,200 plows were produced! The company continues to grow.

On May 17, 1886, John Deere died at the age of 82. He was described as an energetic and purposeful man, though a man of few words! Although not always a good money manager he was a leader who passed many of his leadership skills to his successor and son, Charles Deere.

Much of John Deere's involvement with his company was centered around plows and eventually other tillage implements and wagons. John

Deere left this world long before any tractor would bear his name. But, I'm sure he would have been proud of the company's long line of two-cylinder and modern farm tractors. Happy Birthday John Deere and thanks for the legacy!..... oh and Happy Birthday also to Allis Chalmers man, Bruce Bjerklie!!

### How about a little Tractor Trivia!

1. On March 14, 1918 Deere & Company bought what tractor company?  
A. The Dain B. The Waterloo Gasoline Tractor C. The Big Four

2. In 1923 the John Deere introduced the \_\_\_\_\_.  
A. Model A B. Model B C. Model D

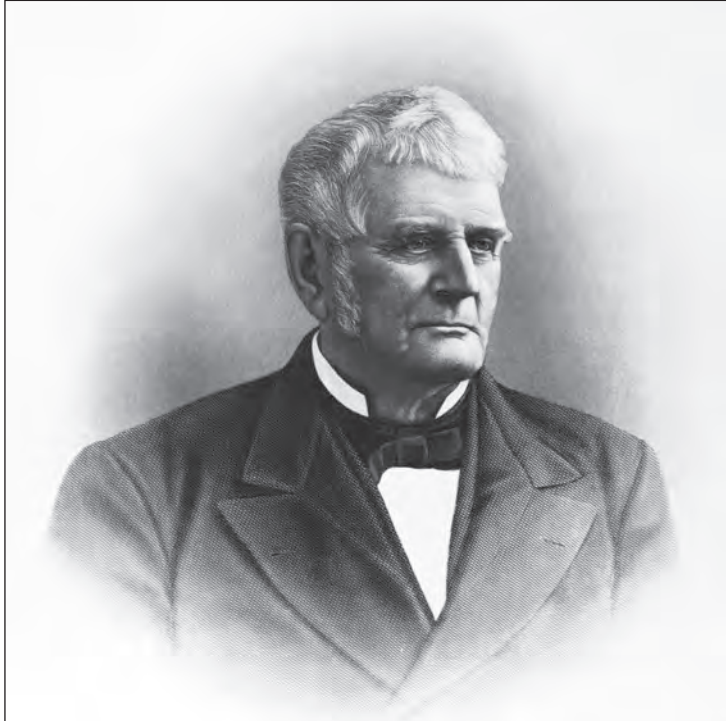
3. During the depression exports of the John Deere Model

D saved tractor sales for the company. What 2 countries received most of these exports?  
A. Canada and Mexico B. England and France C. Argentina and Russia

4. After the success of the Model D, John Deere introduced a smaller model originally called the \_\_\_\_\_.  
A. Model A B. Model B C. Model C

5. John Deere changed the name of its Model C to the \_\_\_\_\_.  
A. 10-20 B. Model GP C. Model F

**Answers:** 1. B. Waterloo Gasoline Engine Company 2. C. Model D, It is 100 years old! 3. C. Argentina/ Russia 4. C. Model C 5. B. Model GP, It was changed to GP because of trouble distinguishing between the model D and "C" on the telephone!



A picture of company founder, John Deere.



Here is a "Spoker" D. The model D tractor is one hundred years old. It was introduced in 1923!



### Theology in the Trenches

By Kathleen Kjolhaug

**Night Lights—Come Morning**

Twice early...well before dawn this final day of our outreach trip to San Andreas, Guatemala. Just who was serving whom was hard to distinguish as a three-chord strand (the children, the volunteers and the One directing our paths) will forever be bound as one, "For in Him we live and move and have our being" (Acts 17:28).

As I sat upon the veranda looking out over the mountains, the hour of departure was nearing. Off in the distance, lights shone as one vehicle wound its way down from on high upon the mountain road. My eyes followed while roosters crowed welcoming the day.

Along with the vehicle descending, the fog did likewise. Where the car was headed—who knew but its beams were a sign of its presence. Lights appeared as a guide when all else brought darkness.

Light always helps stave off the dark along life's journey. Staying close to home—His heart—is what helps when the fog rolls in threatening to obscure all that surrounds. You see, we need not see—but rather, we need merely walk in the Light along the journey He calls us to this side of the veil. Lifting the veil enough for us to see Light—His guidance—is

gift enough.

**Obedience is our business, while the fruit all His** has become a theme each time I visit Hogar de Vida.

While it was still dark, we loaded our bags into the van and left Hogar de Vida. Like the vehicle I'd observed while sitting on the veranda, we descended down the mountain as our lights shone and even more so, His Light within.

At the close of our journey, I was reminded of yet another moment in time described in Mark 1:35. "Very early in the morning while it was still dark, Jesus got up, left the house, and went out to an isolated place to pray."

In the beginning, through prayer, our team left our homes in the states to come to an isolated place in order to serve. Now, in prayer, we leave Hogar de Vida which is set aside upon the side of a mountain. Though the journey has come to an end, the truth is, it's just the beginning.

Two nurses within our group are now praying for doors to open for future outreach. Our team carpenter and a massage therapist have forever touched lives and will now pour out by connecting their world back home with what they've experienced here at Hogar de Vida. Along on this journey was one

childcare provider whose tears brought joy in what God has planned for her once she returns. One of the two reading specialists now specializes in reading the hearts she serves as leader of teams—while the other—well—you are reading what's on her heart as she shares what she learned along the way. There were others who joined this group who were present through donations, prayers, and supplies. They carried us and touched the lives of the children.

I pray that if you are nudged, one day, to go to a quiet place—please do because **obedience is our business while the fruit all His.**

Isaiah 43:19 sheds Light. "Behold, I will do a new thing; now it shall spring forth; shall ye not know it? I will even make a way in the wilderness, and rivers in the desert." Amen.

*Thank you, Tim and Dena Stromstad (originally from the Fertile-Beltrami area in northern Minnesota). Thank you for raising up generations as unto the Lord. If anyone would like to know more about their work or how you, too, may be a part of it, please visit homesoflife.org or search Homes of Life, Guatemala in your search engine. Or, you may also contact me at uemeneews@gmail.com.*

## ALL ABOUT BABY WORD SEARCH

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### ALL ABOUT BABY WORD SEARCH

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|------------|----------|---------|----------|
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| BASSINET   | CARRIER  | MONITOR | SPOONS   |
| BATH       | CAR SEAT | ONESIE  | STROLLER |
| BOTTLES    | CRIB     | PAJAMAS | SWADDLE  |
| BOUNCER    | DIAPERS  | RATTLE  | SWING    |
| BURP CLOTH | HAT      | SLING   | TOYS     |

Answers on page 7

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Leader-Record - Grygla Eagle  
Red Lake County Herald - McIntosh Times

## Strategic Farming: Let's talk crops! session talks biologicals in corn and soybean

St. Paul, MN. (2/13/23)—On February 8, 2023, Seth Naeve, Ph.D., UMN Extension soybean agronomist and Daniel Kaiser, Ph.D., UMN Extension soil fertility specialist, joined UMN Extension crops educator Lizabeth Stahl for a conversation about the latest research on biologicals for corn and soybean. This was the fifth episode of the 2023 Strategic Farming: Let's talk crops! webinars in this series.

Biological seed treatments for soybean. In recent years, the marketplace of biological products on the market has been growing and is projected to be a \$12-13 billion industry in the US by 2024. Biological seed treatments claim to improve nitrogen (N) fixation, assimilate organic and inorganic phosphorus (P), increase nutrient use efficiency or uptake, stimulate root growth or expand root absorption, control pathogens or elicit a plant immune response. To identify situations where biological seed treatments improve soybean yield and profitability and improve nutrient status, a series of uniform field trials have been conducted by university-based soybean agronomists (including Seth Naeve) throughout the Midwest evaluating soy-

bean seed treatments. A total of 9 different fungal or bacterial biological seed treatments from large, reputable national or international companies and an untreated control were tested on locally adapted soybean varieties grown as close to the way that local farmers produce soybeans (including using other commonly used seed treatment a.i.s). In 2022, data was collected from small plot randomized, replicated (6-8 reps) trials in 17 states for a total of 50 site-years. This project will be continued in 2023. The higher than typical number of replications were included to better pick out small differences among treatment yields. Seed treatment label instructions were also followed, and applications were made within 24 hours of planting to ensure viability.

Three of the 10 trial locations in Wisconsin (Arlington, Clinton and Eau Galle) had statistical differences among treatment yields, with individual biological treatments outyielding the untreated control at two of the locations and the untreated control outyielding biological seed treatments at the other. One location in Renner, SD had statistically significant differences among

treatments, but in this case the untreated control actually out-yielded many of the plots planted to seed with a biological treatment. Expecting to see some very positive effects with biologicals, the research team was surprised that they saw positive yield responses to biological seed treatment at so few sites. According to Naeve, "It was really disappointing in terms of yield response. That should be pretty sobering for all of us."

From a statistical analysis standpoint, researchers often present data that they are 95% confident are a result of treatment effects and not simply random chance; with a 5% chance of seeing a false positive yield response, with 50 site-years, the team would have expected at least 2.5 sites to have a positive yield response regardless of biological seed treatment, or 0.5 more statistically positive yield responses to biologicals than was actually observed.

Despite the trial results, Naeve hopes to find products that work for US farmers, but cautions that products are unlikely to work on every acre (due to physical location and soil chemistry) and that more data is required to find

effective treatments and the scenarios under which they are more likely to succeed, as these products are unlikely to perform well under all soil conditions, from very wet to very dry, from very low to very high soil pH.

A regional committee to study biostimulants. Biostimulants are substances (or microbes) that promote plant growth at small quantities; fertilizers, pesticides and soil conditioners are not considered biostimulants. Biostimulants include humic or fulvic acids (long-chain organic acids) have shown some positive responses in potato in low organic matter soils in the western US. However, in our comparatively higher organic matter soils, these products tend to be overwhelmed or outcompeted by native microbes already present in the soil. Other biostimulants include N-containing compounds such as amino acids and chitosans (made from shrimp shells) and seaweed extracts. After various unregulated products had begun to be heavily marketed, in 1980 a regional committee of university-based scientists (called NCR-103 or NCERA 103; <https://ncera103.org/>) was developed to test marketing claims.

Biological seed treatments for corn. In recent years, molecular biological tools are no longer cost-prohibitive, leading to soil, plants, plant residue and composted manure being analyzed for candidate biostimulants – leading to a tsunami of products coming onto the market. In corn production, the most abundant biostimulant products are free-living fungi or bacteria that colonize the soil around the roots where they consume organic acid compounds exuded by roots. Their growth-habit tends to be quite different than rhizobium bacteria that live inside root nodules.

Mycorrhizae are fungi that form specific symbiotic relationships with roots of more than 90% of terrestrial plants, growing both within and between root cells and into the soil. These fungi essentially extend the root system and help the plant to improve water, P and zinc uptake.

Some bacterial species are free-living (not associated with the plant) and fix atmospheric N into a plant-available form. One species (*Azospirillum*) is capable of supplying 7-12% of the N needed by wheat. However, as these products (when combined with mineralized N) are unlikely to provide a crop's total N need, synthetic N fertilizers will also need to be applied. As observed with the rhizobium N-fixing bacteria, N fixation tends to decline when inorganic N is supplied.

Is inoculation with bacteria beneficial? Results of field studies with biostimulants (including microbes) have been inconsistent. This is theorized to be due to the fact that bacteria that are applied as biostimulants need to compete with the estimated 1 billion bacteria already living in each teaspoon of soil. These pre-existing soil bacteria evolved in that environment and so may be better adapted to those soil conditions. From a numbers standpoint alone, it is easy to see how an amended biostimulant may be easily overwhelmed by pre-existing bacteria. The Kaiser lab tested a bacterial product called ProveN at six locations from 2019 through 2021. At only one location-year (Waseca-2020) was there a positive yield response with this product; supplying approximately 20 lbs of N in field quite responsive to N fertilizers.

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Recommendations for on-farm testing of products marketed to supply N.

Kaiser says, "Unless the field is completely even, what you are really risking with splitting a field is biasing your results by placing the treatment in an area of the field that's higher yielding. You also need replication to do an actually statistical test of the results." Below are recommendations for setting up a successful experiment to determine whether a biological product marketed to supply N holds up to marketing claims:

- Replicate treatments: have multiple strips of a particular treatment in the field; 3 is ok but may not be able to pick apart small yield differences among treatments, 4 or more is better.
- Randomly assign treat-

ments throughout the field (don't just split a field).

- Treatments should include:

1) the N-rate needed by the crop,

2) a slightly lower N rate (~30 lbs less) than is needed by the crop + the biological marketed to supply N

3) a slightly lower N rate (~30 lbs less) than is needed by the crop

Only comparing treatment 1 and 2 wouldn't really reveal whether the biological marketed to supply N is responsible for the result or whether the N mineralized from organic matter in the soil or an "aggressive" N rate (even when 30 lbs are omitted) is responsible. Only by including all three treatments can one tell what is causing any observed yield response.



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# Garfield Races week 4, 35 cars participated

2/12/2023  
By Dennis Peterson  
The sun was shining and the track was prepped and ready for week 4 of the Garfield Lake Ice Racers season. 35 cars in the A and B classes, along with a couple of SxS's were on hand to race the ice track on Garfield Lake in Laporte, MN. Fans once again surrounded the oval in anticipation of the early Sunday afternoon races. Lawn chairs, grills, could be seen with fans tailgating the event. The club has provided restroom facilities on both the pit side and the fan side of the track for everyone's comfort.

Races will resume next Sunday at noon pending ice conditions.

Chad Tabaka was once again the big winner in the A class with a heat and feature win. Johnny Sharpnack was the other heat winner in the A class. In the B class Abe Forseman was the feature winner with Faye Lewis and Bob Pawlitschek the heat winners and Emily Hegg the consolation race winner.

The races were cancelled following the last feature race of the first set due to deteriorating ice conditions in the warm weather. The track will be monitored this week to determine whether races will continue next Sunday.

## RESULTS

### SET #1 B Class

**Heat #1**  
1. Faye Lewis, 2. Sam Delaney, 3. Joe Roggenkamp, 4. CJ Roller, 5. Kyle Davis, 6. Emily Hegg, 7. Mariah Lapatka, 8. Caleb Howg, 9. Cam Labelle, 10. Hunter Weeks DNF

**Heat #2**  
1. Bob Pawlitschek, 2. Abe Forseman, 3. Tony Rohloff, 4. Jimmy Venum, 5. Kevin Bahr, 6. Rob Martinson, 7. Rodney Rogers, 8. Nick Jessen, 9. Brad & Michele Krotzer, 10. Mike Moen

**Consolation Race**  
1. Emily Hegg, 2. Kevin Bahr, 3. Kyle Davis, 4. Hunter Weeks, 5. Rob Martinson, 6. Rodney Rogers, 7. Nick Jessen, 8. Mariah Lapatka, 9. Brad & Michele Krotzer, 10. Caleb Howg

**B Class FEATURE**  
1. Abe Forseman, 2. Bob Pawlitschek, 3. Kevin Bahr, 4. CJ Roller, 5. Sam Delaney, 6. Kyle Davis, 7. Jimmy Venum, 8. Faye Lewis, 9. Tony Rohloff, 10. Joe Roggenkamp

**A Class**  
**Heat #1**  
1. Johnny Sharpnack, 2. Rick Semmler, 3. John Farrington, 4. Bonnie Farrington, 5. Dillon Lutgen, 6. Josh Bitker, 7. Jim Geschwill DNF

**Heat #2**  
1. Chad Tabaka, 2. Kalin Honer, 3. Nate Zanter, 4. Jared Miller, 5. Reid Watson, 6. Josh Seely, 7. Bryan Karl, 8. Gordon Hunter

**A CLASS FEATURE**  
1. 1. Chad Tabaka, 2. Jared Miller, 3. Johnny Sharpnack, 4. Kalin Honer, 5. Bonnie Farrington, 6. Nate Zanter, 7. Reid Watson, 8. Josh Seely, 9. John Farrington, 10. Rick Semmler, 11. Josh Bitker, 12. Dillon Lutgen, 13. Gordon Hunter, 14. Bryan Karl



Faye Lewis won her first ever race on Sunday in the B Class.



Bob Pawlitschek won a B Class heat race.



Johnny Sharpnack was a A class heat winner.



B Class feature winner Abe Forseman.



Emily Hegg won the B class consolation race.



A Class feature winner Chad Tabaka.

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OBITUARIES

Death Notice for Clayton Salvhus

Clayton Salvhus, age 83, of McIntosh, MN, passed away on Wednesday, February 9 2023, at McIntosh Senior Living. Arrangements are pending with Carlin Family Funeral Service of McIntosh and messages of condolence may be shared at [www.carlinfuneral.com](http://www.carlinfuneral.com).

Death Notice for Bonita Hubbard

Bonita Hubbard, age 89, of McIntosh, MN, passed away on Saturday, February 11, 2023 at McIntosh Senior Living. No services will be held locally. Arrangements are with Carlin Family Funeral Service of McIntosh and messages of condolence may be shared at [www.carlinfuneral.com](http://www.carlinfuneral.com).

Obituary for Carol Marchand



Carol (St. George) Marchand passed away peacefully on Monday, February 6, 2023 as her loving husband of 69 years Peter held her hand. She had been losing ground to Parkinson's as this year began. She has left this world and returned to the universe, to bring her tender, caring touch to any living thing that feels hurt, or is alone, or fights a quiet battle that is not obvious to most but clearly visible to mom. She is loved by many, and will be missed by all. Services for Carol will be held in the summer.

Obituary for Bruce Amsbaugh



Bruce Alan Amsbaugh, 68, passed away January 13, 2023. Bruce was born in Williston, ND to Loyd E. and Temple Mae Amsbaugh (Kennedy) of Springbrook, ND, where he first learned to appreciate the soil and the great outdoors. He was baptized and later confirmed at Our Redeemer's Lutheran Church. Bruce graduated from Williston High School class in 1972, studied diesel mechanics at NDSSS, Wahpeton, ND, and worked for a local lumberyard, but his heart was in farming with his father. In 1978 he relocated to Grygla, MN, and worked at Marvin Industries in Warroad, MN, for 41 years until his retirement in 2019. He attended Grace Lutheran Church in Grygla. A lifelong bachelor, Bruce enjoyed picking wild blueberries in the woods and playing Frisbee golf. He liked guns, and enjoyed participating in competition shooting sports. He was very well cared for in his final three years by the good folks of Hillcrest Senior Living, Red Lake Falls, MN. Burial will be later this year in a private family ceremony at Riverview Cemetery in Williston. Bruce is survived by four siblings: Dennis Amsbaugh (Pam) Lakeview, OR, Joyce Pfeifer (Hilbert) Menasha WI, Norris Amsbaugh, Westminster MD, and Neil Amsbaugh (Ruth) Tucson, AZ, and several nieces, nephews and cousins. He was preceded in death by his parents and grandparents. Memorials may be given in his memory to Ducks Unlimited or Pheasants Forever.

Obituary for Johnathan Hayes



Johnathan (Johnny) Hayes, beloved son, father, sibling, grandson, nephew, cousin and friend, passed away unexpectedly on February 4, 2023. He was born February 14, 2001 to parents Chad and Autumn in Cheyenne, Wyoming. He grew up between his homes in Cheyenne, Wyoming and Grygla, Minnesota. He drove for FedEx and loved being behind the wheel of any kind of vehicle. He attended every car meet he could get to and loved working on his pickups. He loved his family and friends fiercely and would do anything to help anyone. He always had big plans for where his

Obituary for Neil Horn



Neil Horn, 45, of Gonvick, Minnesota died on Friday, February 3, 2023, at St. Petersburg, Florida. Neil Horn, 45, formerly of Gonvick, MN, passed away on Friday, February 3, 2023 in St. Petersburg, Florida. A visitation will be at the Cease Family Funeral Home of Bagley, MN from 5:00-7:00 on Thursday evening February 23rd, 2023 with a Prayer Service starting at 6:30. A Funeral Service will be held at Clearbrook Community Center on Friday, February 24th, 2023 at 11:00 a.m. with a visitation an hour prior. Internment will be held at United Lutheran Cemetery, Berner immediately following service. A Lunch will be served at Clearwaters Life Center in Gonvick following service and internment. The Cease Family Funeral Home of Bagley is assisting the family with arrangements. A full obituary will be posted next week. Messages of condolence may be sent to [ceasefuneral-home.com](mailto:ceasefuneral-home.com)

Early warning signs for heart disease

Cardiovascular disease claims more lives across the globe every year than any other disease or condition, and many of those fatalities are credited to heart disease. Though the terms "cardiovascular disease" and "heart disease" are often used interchangeably, the National Heart, Blood and Lung Institute notes that, while all heart diseases are cardiovascular diseases, not all cardiovascular diseases are heart diseases. This is an important distinction, especially as adults discuss heart and cardiovascular health with their physicians.

The NHLBI reports that more than one in 10 American adults have been diagnosed with heart disease, which underscores the serious threat posed by the various conditions that fall under the umbrella of the condition. Though NHLBI data indicates around 630,000 Americans die from heart diseases each year, many of those deaths are preventable. The same goes for Canada, where data from the Canadian Chronic Disease Surveillance System indicates that every hour roughly 14 Canadian adults age 20 and over with diagnosed heart disease lose their lives.

Education is one of the ways in which deaths due to heart disease can be prevented. That's especially true when individuals learn to recognize warning signs of the disease and take prompt action once such indicators appear.

- Chest pain:** Discomfort between the neck and upper abdomen is characterized as chest pain, which does not necessarily indicate the presence of heart disease. However, the experts at Mount Sinai indicate

DNR finalizes plan for Whitewater Wildlife Management Area

Contact: Jaime Edwards, Whitewater WMA supervisor, 507-796-3282.

The Minnesota Department of Natural Resources has finalized an updated management plan for the Whitewater Wildlife Management Area. The plan will guide management of the popular hunting, fishing and wildlife-watching destination in

Apply for turkey permits in Mille Lacs, Carlos Avery or Whitewater WMAs

Contact: Leslie McInenly, DNR wildlife populations program manager, 651-259-5220.

Turkey hunters have through Friday, Feb. 17, to apply for turkey hunting permits for the A-C spring hunting seasons in Mille Lacs and Carlos Avery WMAs and the A-B seasons in Whitewater WMA.

In addition to a turkey license, a permit is required for hunters 18 and older hoping to bag a tom turkey with a firearm in one of these WMAs during early seasons. Turkey firearm permits for these WMAs are distributed via a lottery system. In a change this year, there is no permit required to hunt Whitewater WMA during the

Light goose harvest opportunity begins February 18, 2023

Contact: Steve Cordts, waterfowl specialist, 218-308-2281.

Hunters can help reduce the population of light geese through a federally authorized spring conservation harvest running from Feb. 18 through April 30. Light geese are snow geese, blue-phased snow geese and the smaller Ross's goose.

DNR webinars cover bald eagles, fire starting

Contact: Benji Kohn, volunteer mentor program coordinator, 651-259-5178.

The DNR invites people interested in fishing, wildlife and outdoor skills to tune in to upcoming webinars that will discuss bald eagles and fire starting.

The first webinar is at noon Wednesday, Feb. 15. Lori Naumann, nongame wildlife outreach specialist, will discuss bald eagles in Minnesota and the DNR EagleCam. For 10 years, the DNR Nongame Wildlife Program has managed a camera above an eagle nest, and the EagleCam has become an effective tool for sharing a view into the lives of Minnesota's bald eagles.

southeastern Minnesota.

The new plan, finalized after a public input process, reflects current public values and attitudes about how the land should be managed into the future. The final plan is available on the Whitewater WMA page of the DNR website ([mndnr.gov/Arceas/Wildlife/Whitewater\\_WMA.html](http://mndnr.gov/Arceas/Wildlife/Whitewater_WMA.html)).

C season.

Turkey licenses will go on sale March 1 for several hunting seasons from mid-April to the end of May. Turkey season dates are:

- A April 12-18
- B April 19-25
- C April 26-May 2
- D May 3-9
- E May 10-16
- F May 17-31
- Youth season April 12-May 31
- Archery season April 12-May 31

Turkey hunting season dates and other details for 2023 are available on the DNR's turkey hunting page ([mndnr.gov/Hunting/Turkey](http://mndnr.gov/Hunting/Turkey)).

Types of bird feed for backyard feeders

can help anyone find the right food for their feeders.

- Nectar:** Individuals who want to attract hummingbirds can do so with nectar, which the NWF describes as colored sugar water. Nectar must be placed into a hummingbird feeder and also might attract orioles to the backyard.
- Black-oil sunflower:** The NWF notes that black-oil sunflower is the most popular bird seed. Black-oil sunflower attracts an array of birds, including blue jays, cardinals, chickadees, and sparrows. Novices may like that black-oil sunflower seed can even be found at many grocery stores, which can appeal to individuals who live in remote locations without specialty bird stores nearby.
- Mixes:** Seed mixes also

can be found at grocery stores and appeal to a variety of birds. Individuals who want to keep their feeders close to their decks or patios may want to look for mixes described as "no-mess." The NWF indicates that these mixes have been de-hulled, which means there won't be as big a pile of unwanted seeds beneath the feeder. That tends to be the case with regular mixes that birds pick through as they choose which seeds they want and discard the others, often dropping them to the ground beneath the feeder. The NWF reports that mixes tend to attract ground-feeding birds, such as doves and sparrows.

- Suet:** Suet is sought after in winter by bird lovers who want to help birds stay healthy and strong during times of year

11 tips for cooking fish

Many Christians are preparing for Lent, when repentance, fasting and abstinence are part of the journey toward the celebration of Easter. It's common to avoid animal products like beef, pork, lamb, and poultry during Friday fasts in Lent, with most people turning to fish to serve as the protein in their meals.

Fish and other seafood may not be part of individuals' normal dietary routines, which can lead to uncertainty regarding how to prepare and cook the ingredients they find at the supermarket or local fishmonger. These tips can set the course for success when cooking fish.

1. Seafood should have a mild, fishy aroma. If it is overpowering, the fish may be spoiled. It's acceptable to ask the person at the fish counter how long the fish has been there. In regions where fish has to be transported inland great distances, it may be best to purchase frozen fish so it's less likely to be past its prime.
2. Most fish is cooked when the center is opaque and the fish flakes easily with a fork. Fish

can be fried, poached, steamed, baked, or grilled.

3. Baking fish is one of the easier methods to master, particularly if you're prone to overcooking fish. Set the oven to 450 F to cook the fish fast and evenly. Thin fillets need around 8 minutes, while thicker cuts may require 15 to 20 minutes.
4. Resist the urge to manipulate the fish too much; otherwise, it will fall apart since it is very delicate. Try to flip only once.
5. Pat the fish dry before cooking, as extra moisture can cause the fish to steam instead of sear, resulting in a mushy final product.
6. Choose the right fish for the recipe. For example, a chowder or paella will require a more sturdy fish, such as cod, while a more delicate fish will fall apart if simmered.
7. If you want crisp skin on fish, start it in the pan with the skin side up. Afterwards when you flip the fillet, it will crisp nicely.
8. Choosing a variety of seafood in a recipe might mean

have a double rib cage, and that means small pin bones. Remove the bones by pressing the flesh with your fingers and using a tweezer to grab the pin bones.

11. For more professional flipping results, purchase a fish spatula, which can get underneath fillets without tearing them apart.

This advice can put anyone on the road to successful fish preparation.

Word Search Answers for this week

I E J R S E L T T O B N C H P E I B C J

C L C N C G J N G I O Y A J U T U R

U O D O S T R O L L E R M O L T R N C

D E B C D A S C N M E L I B O M C C P H

H T I Y N A C A R R I A G E M J Y I U N

E M S S C S N W T D R B S H M D R P M T N

A R P B E R E S Y C A R R I E R B D G G S

D E U S U N I E R M C S A U A J A D D T L

I J B R I R O B S Y T A H U S T I W A R

N H M S N G P P M N U S M N M M T I P S

B T S O R Y B C C P P Y O A M J G A C A

S A B W E P S C L L A O S H J E J A I M

B B P B C R B L D O P T Y R Y A R E O J

W I L R N A O R C S T B D M E S P N C B

L H T U U W A C M A H J U E P I T R N S

W U R J O I A T S B T W U A E T A C C L

R T Y C B H R T E W J Y T P O G A I I I

D S C G B T D L N I I Y C R R J M W D N

U U M M L A M E G S L N J N W T M D Y G

N N D W U W O M P U R I G U G P Y P S Y

Wednesday, February 15, 2023

TRI COUNTY CANARY 7



Team 21 at the awards ceremony. Ryan, Trevor, Troy, Greg, Weston, Brent, Lee, Gunner and Cam.

## 2023 Soo I-500 Sault Ste Marie, Michigan

A 500 mile snowmobile race began with a 10.5 hour drive for one local man. This was Gunner Arlauds, of Gonvick, second time making the drive to Sault Ste Marie, Michigan to race in the Soo I-500 for Cadarette Collision Racing. Last year he was called with less than 24 hours until the start of the race when one of their drivers was injured.

This year the team was made up of Gunner Arlaud, Troy DeWald and Ryan Spencer. On Wednesday, February 1st, Troy led round one of qualifying with a time of 40.413 around the one mile ice oval. That time remained the best throughout the rest of the qualifying rounds and the #21 Arctic Cat of Cadarette Collision Racing would start P1 on Saturday for the 54th running of the International 500 Snowmobile Race.

The green flag dropped at 10 am with Troy on the sled and 36 others behind him. During the first 100 miles, they dropped to the middle of the pack after the right-side panel came loose and Troy had to hold it on with his hand and leg. At lap 100 there was a plow break and Troy came into pit.

They put in gas, changed skis, checked the track tension, put on a bungee cord to hold the side panel and Ryan got on the sled. Ryan rode the next 93 miles, maintaining a top

10 position. At lap 193 there was a caution and the thought was that there would be a plow break, since one was scheduled for lap 200. Ryan pulled the sled into the pits for gas, new skis and a change of the primary clutch. However, there was no plow break and the caution lifted.

This set the team down 1 lap. Gunner was now on the sled. He was able to make his way through the pack and get his lap back. Once he was on the lead lap he once again battled through the field and took the lead on lap 275. He maintained the lead until lap 300 when there was another plow break and they pitted once again and Troy got back on. Troy and Ryan split the next 100 miles while maintaining a top 3 position. Gunner got back on the sled for the last time at lap 400. During the final 100 miles 3 sleds battled for the top position. It was dark out now and lights lined the track but you could still see the sparks fly every time the carbides hit a rock. The rocks chipped away at the carbides until there was nothing left. The #21 sled from Cadarette Collision Racing finished 3rd, just 2 seconds behind the winner after a 500 mile race that took over 9 hours.

For race day vlogs you can find Gunner on YouTube – GunnerArlo56



Gunner Arlaud, Ryan Spencer and Troy DeWald before the start of the race.

**AD DEADLINE  
FRIDAYS AT NOON**

## Gary Brantl named to Wrestling Hall of Fame

2023 Bartelma Wrestling Hall of Fame Induction Dinner will be on April 29th

February 6, 2023

The 2023 Minnesota Wrestling Coaches Association David Bartelma Wrestling Hall of Fame Induction Dinner will take place April 29th in Benson, Minn. Inductees will be the Dravis Family (Greg Dravis, Blaine Dravis, and Jeff Dravis), Todd Fuller, Chad Kraft, Steve Ricard, Darren Ripley, Bob Ruedy, Joel Toedter, Dalen Wasmund, Neal Hofland, and Gary Brantl.

**Bartelma Wrestling Hall of Fame, Saturday, April 29th, 2023**

**Inductees:**

The Dravis Family: Greg

Dravis, Blaine Dravis, Jeff Dravis – Athletes

Todd Fuller – Athlete

Chad Kraft – Athlete

Steve Ricard – Contributor

Darren Ripley – Coach

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Joel Toedter – Contributor

Dalen Wasmund – Coach

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### East Grand Forks over Red Lake Falls girls

Red Lake Falls 40, East Grand Forks 55

### Kelliher-Northome over Clearbrook-Gonvick

Kelliher/Northome 88, Clearbrook-Gonvick 41

### Northern Freeze over the Bears 80-49

Clearbrook-Gonvick had 49 points to Northern Freeze 80

### East Grand Forks loses to Win-E-Mac

East Grand Forks 57, Win-E-Mac 59

### Bagley at Ada-Borup-West wins over Bagley 78-23

The Ada-Borup-West Cougars improved to 16-3 overall with their 78-23 victory over the Bagley Flyers (2-17).

### Fosston over Win-E-Mac 73 to 28

Kinsley Duppong scored 21 points and Katelyn Vesledahl added 20 points and the Greyhounds won at Win-E-Mac. They are now 10-1 in the Pine to Prairie Conference. Kiersten Anderson, Shelby Mandt and Kianna Tadman each scored 6 points for Win-E-Mac and the Patriots fall to 2-17 overall and 1-13 in the conference.

### Lake of the Woods 56, Bagley 70

The Bagley Flyers won for the second time this season on as Sophomore Jackson Kaiser scored 15 point 11 rebound performance. Payton Auginaush had 13 points, Logan Broten 9 pts 4 rebs, Preston Derheim 9 pts, Paul Ramsrud 8 pts, Elias LaFond 5 pts, Isaiah Tramm 4 pts, Zacary Bergeson 3 pts and Dylan Gray 2 pts.

### Fosston wins over Red Lake County 85 to 61

The Fosston Greyhounds defeated the Red Lake County Rebels 85-61 Thursday night in Fosston. Cullen Norland led the Greyhounds with 18 points and Zach Theis adding 16 points. Aaron Norland scored 15 points and Carsen Boushee 13. The Greyhounds are now 16-3 overall.

Gerald Melin led the Rebels with 20 points as Red Lake County falls to 9-9 overall. Will Gieseke scored 15 points with 14 points for the Rebels.

### Red Lake County Central falls to Climax-Fisher 57 - 54

The Climax-Fisher Knights improved to 8-14 on the season with their 57-54 win over the Red Lake County Central Mustangs (5-14).

Climax-Fisher seventh grader Peyton Hoffman scored 15 of the team's first 17 points in the game. Hoffman finished with a game high 36 points.

For the Mustangs, senior Marissa Thomas led the team in scoring with 17 points. Mustangs senior and Carlee Whalen had 11 points Also scoring for the Mustangs were Carly Vetteson6 points; Jamie Flatgard 6 points; Arielle Rude 4, Shawna Majeres 3 points MaKaelyn Frizzle 3 points and Evelyn Klamm 2 points.

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