



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle



The Palubicki's, Jim, Nina and Leah. In 1975 Jim and Nina purchased the Red Owl in Fosston and owned and managed the store until 2006 when their daughter Leah purchased the business.

Name has changed from Palubicki's to Hugo's in Fosston

By Kim Spaeth-Hedlund, Editor, McIntosh Times

Change is in the air in Fosston. Starting Thursday, December 29th, Palubicki's Family Market will change hands and become Hugo's Family Marketplace.

The community first shopped Palubicki's in 1975 when Jim and Nina Palubicki moved to Fosston and bought the grocery store, which they called Palubicki's Red Owl. The store had about 5 aisles when the couple, with there 4 daughters, took over. Jim and Nina expanded the store twice with the last major addition in 1989 bringing the store building to about 18,000 square feet.

In 2006, the Palubicki's third daughter, Leah, bought the store and entered the fuel business as well, with Palubicki's Express in 2012. In 2016, Palubicki's Family Market and Spirits opened, bringing the size of the grocery store to 48,000 square feet, and adding a pharmacy, a Caribou Coffee location, a liquor store as well as rented store space to The Red Poppy, a florist, home decor and gift shop owned by Leah's youngest sister Meghan.

Leah, graduated from Fosston High School in 1996, went on to earn a International Business degree and traveled across the world for work before coming home in 2004 to begin her journey in the grocery business. She has no solid plans for the future except to do some traveling and spend more time with her family. She, along with her parents, plan to continue to make Fosston their homebase.

"Thank you to Palubicki's employees and customers for making the store a success without the community support I would have not been able to open such a nice grocery store experience in our community," Leah said, as Hugo's takes the helm in Fosston.

Kristi Magnuson Nelson, president/CEO of Hugo's stated,

Commerce survey finds landline users in Minnesota are highly satisfied

•FULL RESULTS of survey on landline usage in Minnesota

Most Minnesota residents, businesses and city governments that still use landline telephones report being highly satisfied, and the vast majority say they're unlikely to drop their service, according to survey findings released today by the Department of Commerce.

Commerce's survey found that 82 percent of residents and 89 percent of businesses that currently use landlines expect to continue. Landlines are viewed as critical for safety and emergencies, with 60 percent of residents and 78 percent of city governments citing that as an important reason for maintaining service.

"Of course, many Minnesota households now rely on cell phones," said Greg Doyle, manager of Commerce's telecommunications unit, which commissioned the survey. "But our survey shows that cell phones aren't going to make landlines obsolete any time soon. There's a large segment of Minnesotans who value landline service and see it as important for safety. That's especially true for older Minnesotans." Almost half of residential respondents reported they have a landline because a senior citizen lives in the household.

Minnesota has 400,000 residential landlines and 400,000 landlines that serve businesses or governments. The survey, conducted by Wilder Research, attracted 2,015 responses from residents, city governments, and businesses. High satisfaction levels were found across rural, small town, large town, and urban populations.

The survey covered all regions of the state, which is served by more than 100 landline providers. Despite the high levels of satisfaction reported generally, Commerce still regularly receives and investigates complaints about service failures from customers.

Respondents with landlines do not discount the utility of cell phones. Among residential respondents, 79 percent said they also see cell phones as very important.

Other findings from Commerce's survey:

- More than 8 in 10 businesses and city government users said their operations would be impacted if they stopped using landline phone service. The majority reported the impacts would be significant.
- Nearly 1 in 5 residential respondents do not have broadband internet. Many believe it is unnecessary or too expensive.
- Residents, businesses, and city governments all reported being more satisfied with their landline service than with their cell phone service.

Nate Dorr on foundations board

Nate Dorr, Vice President for Advocacy at Northwest Minnesota Foundation, has been elected to a three-year term on the Minnesota Council on Foundations Board of Directors.

MCF is a vibrant philanthropic community collectively advancing prosperity and equity. It offers peer-to-peer connection and trainings, promotes integrity in grantmaking, and amplifies the voice of the philanthropic community to be public policy advocates.

In his 10 years of working in the field of philanthropy, Dorr has actively worked with MCF to take advantage of its trainings, networking and conferences, and leadership opportunities. Most recently, Dorr has served on MCF's Programs and Annual Conference Committee and is the co-chair of MCF's Government Relations and Public Policy Committee.

As the Vice President for Advocacy at NMF, Dorr advocates for issues and solutions in Northwest Minnesota while promoting equity and inclusion throughout the region.

"MCF is a great resource for philanthropic organizations,"



Dorr said. "My position on the board will allow me to continue championing rural issues that affect all of us in Northwest Minnesota. We need to have rural voices in statewide networks. Too often we see rules and regulations that do not translate very well from metro to rural communities."

Dorr, who lives in Bemidji, first worked with NMF as an intern in 2001. He returned as a full-time staff member in 2012 and has held a number of roles in his time since, including as senior program officer managing grants and coordinating nonprofit training programs. He was named Vice President for Advocacy in 2019.

Firefly Center for Art & Wellbeing awarded grant mental health services in northern Minnesota

The Firefly Center for Art & Wellness has been awarded \$110,000 by the Blandin Foundation.

The Firefly Center for Art & Wellbeing will boost rural access to critically needed mental health services in an unbiased, creative, and welcoming environment that fosters community, inclusion, and equality.

The Firefly Center for Art & Wellbeing, a component fund of the Northwest Minnesota Foundation, is a mixed-use center that will provide mental health services, art therapy, space for creatives and community groups, and offer three residential units in response to a rural housing shortage.

An integral part of the project is the Center's partnership with Alluma. Alluma is committed to partnering with the Firefly Center to expand access to mental health services in Fosston and east Polk County. This partnership utilizes a new model for mental health service delivery that combines the arts with mental wellbeing to create a more inclusive and destigmatized environment for all those seeking care.

In 2020, the Fosston Arts & Culture Commission formally recognized the need for mental health service delivery in rural communities within rural Minnesota. The commission then worked in collaboration with ArtSpace to conduct a feasibility and sustainability study, from which the commission identified a prospective center location and developed a business plan, which included a capital budget summary, operations, and projected cash flow.

The Firefly Center for Art & Wellbeing will be a 501c3 nonprofit corporation and a project fund has been established with the Northwest Minnesota Foundation. The 11-member board of directors will include volunteers who represent the following: the arts, mental health services, financial, housing, and those who have had lived experience with regard to mental health.

In addition to Alluma, the Firefly Center has commitments of support from the Fosston Arts & Culture Commission Board; Pine to Prairie Folk School; Fosston Community Library & Arts Association; Carlin Family Funeral Service; Todd Selk, Superintendent at Fosston School District 601; Essentia Health; The Old School Artist Retreat Center; Fosston Police Department; area business owners, and City of Fosston leaders.

Dyrdahl Memorial Pine Lake 100 this weekend

The Gerald Dyrdahl Memorial Pine Lake 100 races for December 17th and 18th 2022 had to be POSTPONED to New Years weekend, December 31st and January 1st. Please spread the word and let everyone you know that do not have Facebook.

Everyone that is currently registered, your registration will be good for New Years weekend. Registration deadline has also been extended to 7:30 PM December 28th. If you'd like a refund, please contact Krysten at (218) 779-5268.

Racers, be sure to get registered because it looks like they are a full go to race this weekend! Lake conditions are a mixed bag with everything from smooth ice, hard drifts, frozen slush, to slush. They will try their best to plow as much as they can, they certainly have their work cut out for them though. Reminder, \$50.00 late fee if you miss the Wednesday, 7:30 PM registration deadline.

Since it will be 25 years since Gerald Dyrdahl passed away, they will be giving away some special prizes this year to a few of the winners. One of them will be a custom engraved Henry Golden Bow!

1997 Pro 440 class, ISR just informed The race committee that you can run any NON Oxygenated fuel. They will also be there checking fuel this weekend.

The headquarters for the race is located at Sportsman's Lodge on Pine Lake. The phone number is 218-487-5295. There is a possibility of one racer winning \$10,000 with other winners as well.

The raffle that they had with the drawing to be held after the races January 1st.

Admission per day is \$15.00 per day with 12 and under free.

The raced committee also wanted to give special thanks to everyone for your patience, and another thank you to our amazing sponsors!

See ad on page 8 of the Canary.

Minnesota's updated wolf plan strengthens wolf conservation

The Minnesota Department of Natural Resources has finalized an updated wolf management plan that incorporates the diverse views of Minnesotans and will guide the state's approach to wolf conservation for the next 10 years.

"We're proud we brought people together to update Minnesota's wolf plan," said DNR Commissioner Sarah Strommen. "We had great engagement from tribes, state and federal agencies, academia, and groups and individuals interested in wolves."

The updated plan is available on the DNR's wolf plan page (mndnr.gov/WolfPlan). This is the first update to Minnesota's wolf plan since 2001.

The plan includes summary information about Minnesota's wolf population and the history of wolves in the state. It details the diverse and changing public attitudes about wolves, the legal status of wolves, tribal perspectives on wolves, and ways to support a healthy and resilient wolf population while minimizing conflicts between humans and wolves. The plan also includes a framework for how the state will approach decisions about wolf hunting or trapping if the wolf is delisted federally.

"The DNR is continuing Minnesota's longstanding commitment to wolf conservation and ensuring that our wolf population remains healthy and stable," said Kelly Straka, DNR wildlife section manager. "Thank you to everyone who engaged in the planning process. Minnesotans' involvement has been critical to establishing the comprehensive vision for wolves that is reflected in this plan."

Six goals in the plan are designed to support Minnesota's vision for wolves. The goals are to maintain a well-connected and resilient wolf population, collaborate with diverse partners to collectively support wolf plan implementation, minimize and address human-wolf conflicts, inform and engage the public about wolves in Minnesota, conduct research to inform wolf management, and administer the wolf program to fulfill agency responsibilities and the needs of the public and partners.

"The plan reflects the breadth of input received through the process to update the plan," said Dan Stark, DNR large carnivore specialist. "Information in the plan describes current knowledge of the wolf population, Minnesotans' attitudes toward wolves, and guides the approach to the future conservation and management of wolves in Minnesota."

To inform the wolf plan update, the DNR conducted a public opinion survey, consulted with technical experts and tribal staff, and convened a 20-member wolf advisory committee. Advisory committee members represented diverse perspectives including hunting and trapping, wolf advocacy and animal rights, livestock and agriculture, and other interests related to wolf conservation and management. The DNR's public engagement efforts for the plan update included input meetings, forums, online questionnaires and public review of a draft plan.

More information about the plan update and a full version of the plan is available on the DNR's wolf plan page (mndnr.gov/WolfPlan).



from all of us at Richards Publishing
We will be closed Monday, January 2nd, 2023 in observance of New Years Day.

Low in the southwest, nightfall January 22

Venus • Saturn

Minnesota Starwatch

Minnesota Starwatch for January 2023

By Deane Morrison

The new year opens with Venus climbing out of the sun's afterglow. On Sunday, January 22, Saturn drops past Venus as Earth's orbital motion sends the ringed planet tumbling into the sunset. Look for the pair of planets very low in the southwest just as the sky darkens.

If you catch Venus and Saturn, also turn your eyes to Jupiter, the beacon high in the southwest, and high-flying, red-dish Mars, the second-brightest object in the knot of winter constellations in the east. With the right timing, you can simultaneously view Venus—the brightest planet—and Sirius, the brightest star (after the sun) and the last of the iconic winter stars to clear the eastern horizon.

January's full moon arrives on Friday, the 6th. It rises

before sunset and becomes full at 5:08 p.m. After nightfall it shines to the right of the Gemini twins Pollux (the brighter) and Castor. Between about 9 p.m. and midnight on Friday the 30th, you'll have plenty of time to watch a waxing moon of the next cycle glide close below Mars.

In the predawn sky, the Northern Cross lies on its side below brilliant Vega, the jewel of Lyra, the lyre. On the 18th, a thin waning moon rises close to Antares, the heart of Scorpius.

Earth reaches perihelion, the closest point to the sun in its orbit, at 10:17 a.m. on the 4th, when our planet reaches its top speed. Changes in Earth's speed go largely unnoticed, but they show up in the length of the seasons. Because Earth goes so fast in the middle of its journey from the September to the

March equinox, the combined fall-winter season is about seven days shorter for us than for our friends in the Southern Hemisphere.

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To the Editor

Over the last many years I have been providing Thanksgiving and Christmas meals to individuals and families who were in need of help. It started out with an idea of not wanting anyone to go without a hot holiday meal. I was thinking about my grown children and how sometimes people are alone or there are only maybe two people in the household and not a lot of money – so maybe those families or people weren't going to have a holiday dinner. I didn't like that idea because I think everyone should have one. So we started looking for donations to help people out. It has never failed to impress me how generous people are every year. We have always received enough donations from people far away and local to keep this program going. Not only have I been able to provide holiday dinners to people but I've also been able to bring boxes of holiday food to people who would like to cook for themselves. These programs of mine are so valuable and important to me. While I might be the person running them - I could never do it without all the generous donations that are received from all over. Some of these meals go as far out as the donations come in from and I never turn a person away no matter where they're coming from. It has been suggested that perhaps the meals should be kept local, but to me a person in need in Crookston or Mahanomen shouldn't be kept from receiving help by city lines. I've never had anyone who made a donation say that they wanted any kind of limitations on who got helped and I appreciate that. I want everyone to know that I do help people everywhere. I hope to be able to keep doing this for years to come. The city here has been generous enough every year to allow me the use of their meal site so that I can prep and serve these meals and that is also a great blessing to me for which I am thankful. I can never thank the city and all the donors enough. I hope in the future donations will keep coming in - enough to keep us going and maybe even expand the number of people we serve. Thank you from the bottom of my heart. God bless you for your help with this program. Merry Christmas.
~Erin Green

Libraries Offering Winter Reading Challenge Jan. 1 Through Feb. 28

MOORHEAD, MINNESOTA - Lake Agassiz Regional Library (LRL) is welcoming 2023 by bringing back Book Blizzard, a reading contest that challenges adults to keep their reading resolutions.

To enter the contest, simply read or listen to four books – you can enter as many times as you wish. To participate, visit a library near you to pick up a reading log or participate virtually using the Beanstack website or mobile app. You can register for the virtual version of the contest by visiting larl.org/bookblizzard or by downloading the mobile app for your Android or Apple device.

There will be an
Open House Baby Shower
for
Elizabeth (Liz) Bakke
wife of Weston Bakke
Saturday, January 7th, 2023
10:00 a.m. to Noon
Samhold Lutheran Church in Gonvick

There are no local invitations being set.
All are welcome!

Elizabeth is registered at Target.

Public Notice Pine Lake near Gonvick, MN Notice to Operate Aeration System

An aeration system creating thin ice and open water shall be in operation on the Northeast portion of Pine Lake near the public access. This site is located in the SW¼ Section 22, Pine Lake Township, Clearwater County. Please use caution as open water and thin ice conditions can fluctuate greatly. Stay clear of marked area!
If you have any questions, please contact Sportsman's Club member Larry Peterson at 218-791-5577 or the Red Lake Watershed District office at 218-681-5800.

DINING & entertainment

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Friday & Saturday, Dec. 30 & 31, 2023
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Book Blizzard is available from January 1 through February 28, 2023.
LRL's branch libraries are located in Ada, Bagley, Barnesville, Breckenridge, Climax, Crookston, Detroit Lakes, Fertile, Fosston, Hawley, Mahanomen, McIntosh and Moorhead. LRL's LINK sites are found in Cormorant, Frazee, Gonvick, Halstad, Hendrum, Lake Park,

Rothsay, Twin Valley and Ulen. Lake Agassiz Regional Library is a consolidated public library system comprised of 13 branch libraries and nine LINK sites serving the residents of seven counties in northwest Minnesota. More information is available at www.larl.org.

Polk County Sheriff

School Threats Investigation

On 12-20-22 the Polk County Sheriff's Office received a report of school violence made on social media by a student at the Fertile-Beltrami School. The juvenile student was arrested and there is no immediate threat at this time. The investigation is ongoing, and the Polk County Sheriff's Office is working closely with the Fertile-Beltrami School Administration. No further information is being released at this time.

Speak LIFE. Dinah "Baby C" 2.0
Sh... we must be very, very quiet. Everyone is sleeping at the same time! This isn't likely to happen again soon—not for years. Let's peek. There lay the twins side by side between their parents who survived harrowing hours of uncertainty. Their little "big sister," is curled up on the right side of Daddy. What's this? Rosie's big blue eyes are looking right at us. She's a noticer that one, and now here's the inevitable Charlie whimper which means he's ready for a snack. Surprise, surprise. But they're all here, breathing and speaking LIFE! Praise Elohim our Creator! -a.m.opdahl www.speaklife139.com

R41C

PLEASE JOIN US AS WE HONOR THE

Retirement
of
Linda Hemly

UBM would like to recognize Linda's 45 years in the banking industry, with 11 of those years dedicated to *Ultima Bank Minnesota*/Plummer Branch. As a Credit Administrator, Linda has served with proficiency, approachability and dedication to her customers, building upon the trusted name of *Ultima Bank Minnesota*.
Thank you Linda!

The public is invited to join us at an open house to celebrate Linda's achievements

UBM Plummer Branch
Friday, January 6th, 1:00-4:00
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CLASSIFIED ADS

FULL-TIME KITCHEN COOK

The Clearbrook-Gonvick School has an opening for a full-time kitchen cook. Hours are Monday-Friday 6 a.m.-2 p.m. Wage is negotiable dependent on experience, with a new minimum hourly wage of \$14.89 per hour. Must enjoy working with kids, pass a ServeSafe food safety course, and be able to pass a background check. Applications can be found on our school website or call Melissa Weems at 218-776-3112 Ext. 105 with any questions.

Please submit application, resume, and letter of interest to:
Melissa Weems, HR
16770 Clearwater Lake Rd
Clearbrook, MN 56634
mweems@clearbrook-gonvick.k12.mn.us



R40-43C

Polk County Full-Time Employment Opportunities:

System's Administrator - MIS Department:
\$31.69 - \$41.39/hr. Closes January 11, 2023, at 4:30 p.m.

Maintenance Man II:
(Part-Time)/Angus/East Grand Forks/Crookston:
\$22.77 - \$29.73/hr.
Closes January 11, 2023, at 4:30 p.m.

R3516

Mechanical Maintenance Technician I/Fosston:
\$22.77 - \$29.73/hr.
Position Is Open Until Filled

Assistant County Attorney:
\$37.74 - \$53.24/hr.
Position Is Open Until Filled

Sort Line Operator I or II/Fosston:
\$17.18 - \$23.56/hr.
Position Is Open Until Filled

Polk County offers a highly competitive benefits package including but not limited to affordable family healthcare plans and PERA retirement.

For an application, full job description and general job opening information go to www.co.polk.mn.us and click on "Careers" or call 218-281-5408 Polk County Administrator's Office. EOE

Auto Body Technician Position



Thibert Chevrolet in Red Lake Falls is looking for an Auto Body Technician to join our collision repair team. While most of the responsibilities revolve around auto body repair, our ideal candidate should have some experience working with all the systems in a vehicle. Vacation, retirement, and health care may be available. Please send your resume to Thibert Chevrolet at PO Box 369, Red Lake Falls, MN 56750 or call Gary at 218-253-2171 for more information. R39-41C

KITCHEN ASSISTANT NEEDED

RLCC High School is looking for a part-time kitchen assistant. Applications are online at rlcc2906.org or available in the Oklee Site office. Position open until filled.



R3916

Household

FLOORING SALE: In-stock as low as 67¢ sq. ft.; In-stock vinyls as low as 78¢ sq. ft.; In-stock laminates as low as \$1.69 sq. ft. FREE estimates. Installation available. Mireault's Home Furnishings, Fosston, MN, 218-435-6171 or 800-545-6171. M3916-C

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O41-50C

Need to Get Rid of a Few Things?

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MAINTENANCE PERSON

McIntosh Senior Living (MSL) is currently looking for a confident Maintenance Person to join our team. This position will be full time. MSL offers free single health insurance, family health insurance, dental, life, PTO, double time holiday pay and retirement plan. Prefer candidate to have good practical hands-on-skills (plumbing, carpentry, etc.). Credit is given for experience. If candidate has a boilers license that is a plus, however, will pay for certification. If you are interested in joining our team, contact Sharlene Knutson, Administrator at 218-563-2715.



M40-43C

**AD DEADLINE
NOON ON FRIDAYS**

Brookfield Apartments

Brookfield Apts in Clearbrook, MN is accepting applications for **IMMEDIATE 1 Bd openings for all elderly and all handicapped/disabled persons.** Rent is based on 30% of your monthly adjusted gross income. Laundry room facilities available & off-street parking. **NEW Resident Manager** onsite. Camera system onsite. Active Community Room. Accepting applications for persons of all ages. Applications and qualifications, contact Nicole at 218-751-6881 or Laura at 218-407-7681. Applications online
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AN EQUAL HOUSING OPPORTUNITY.

R41-44C

CURRENT JOB OPENINGS



Secondary Art Teacher - Minnesota licensure in Art is required. Applicants should send a cover letter, resume, teaching licensure, transcripts and three letters of reference. **Substitute Teacher** opportunities are available. Applicants should submit their teaching license (or substitute licensure with a 4-year degree) and resume.

Paraeducator position openings in the Elementary and High School, candidates must be highly qualified, which includes either 2 or more years of college, an AA Degree, or the ability to pass the Para Pro Exam.

Substitute Para opportunities are available. Applicants must have a high school diploma or equivalent. **Native American Home School Liaison** Positions - Full-time positions open for 2022-2023 school year. Candidates must be highly qualified, which includes either two or more years of college, an AA Degree, or the ability to pass the Para Pro Exam.

Food Service Support Staff - a high school diploma or GED is preferred but not required. **Substitute Food Service Support Staff** - a high school diploma or GED is preferred but not required. Application forms may be downloaded, picked up in the District Office or you may email nekre@bagley.k12.mn.us. For more information, please call Nichole Ekre at 694-6184.

Full-Time Route Bus Drivers and Substitute Bus Drivers positions. Applicants must have or be able to obtain a school bus driver's license endorsement. The District is willing to help applicants obtain their school bus endorsement. New drivers will receive a \$200 stipend after six months of driving to help defray the cost of certification. Application forms may be downloaded, picked up in the District Office or you may email nekre@bagley.k12.mn.us. For more information, please call Stuart Dukek at 694-6122.

Youth Rec Activities Coordinator position opening for the current 2022-2023 school year starting in January. Bagley Community Education has a part-time opening for a youth rec and activities coordinator. Responsible for the development, implementation and organization of youth sports and activities programs. Hours are based upon program needs, must be flexible including evenings and weekends. Knowledge of sports and activities preferred. email: cuhlr@bagley.k12.mn.us. Applications will be accepted until filled. For additional information call 694-3232.

Cleaner-Sweeper/Custodian position. Bagley Independent School District #162 is accepting applications for a cleaner-sweeper/Custodian position. Applications can be downloaded, picked up in the District Office or you may email nekre@bagley.k12.mn.us. For questions about the position, contact Nichole at 218-694-6184 or Ron at 218-368-8314

R39-42C

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- \$25.00 yr. for **online** subscription only (no increase) - regardless of location

Leader-Record
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R34-41NC



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The 2nd Network is a program of the MNA, phone 800-279-2979

MISCELLANEOUS

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Theology in the Trenches
By Kathleen Kjolhaug

And We're Off—Like a Dirty Shirt

“And we’re off, like a dirty shirt!” These were giddy-up words from dad as he would pull out of our driveway with a station wagon full of kids. And, I gotta say, as a child, it always exciting to go someplace with dad. His exuberance was never lacking as he whistled while he worked, waved at passersby along the highways, and looked forward to any adventure on the horizon. That’s how it felt being asked to be part of a team going to Guatemala—adventuresome. We’d be off alright as the invite came with just weeks to plan, prep and giddy-up and go. The excitement was short lived, however, because within hours, I said “no” instead of yes. I said “no” to the directors of the children’s home where the team would be serving. I said “no” to the team leader. My answer was firm due to health concerns over dad, lack of focus on my part, and financial concerns. There were plenty of reasons not to go and each one appeared to be legit...until...I nailed my final decision into the ear of the team

leader. The same evening I’d spoken my final answer, words within a prayer made me pause. “Follow Me,” the voice of the man spoke firmly. They were simple words and although they could mean many things, the rest of this particular devotion was a more direct. As I pondered His leading, my heart was convicted that it was much more than a trip to Guatemala that was at stake. At stake was sheer obedience on my part to His leading—of that much I was certain. A phone call or two reopened doors I’d intentionally closed and now, “Off...like a dirty shirt” we will go. And what’s the back story of my desire to even consider a trip to this beautiful country? Well, thank you for asking. I will tell you. About three years back, in the midst of a season of wandering and wondering I was challenged. During prayer one day, these words came. “Don’t forget the dreams of your childhood.” Even though I wrote them down, my thoughts challenged. Okay...Guatemala...how about

that, Lord? That was the dream of my childhood and about the only one I can remember as being a desire of my heart.” Now, like a dirty shirt, it is beginning to unfold, and I will keep you posted. By the time you read this, the team with whom I am traveling will have returned from Hogar de Vida (Homes of Life) in Guatemala. It is located six hours from the capital...up a mountainous winding road. The directors are Tim and Dena Stromstad (Minnesotans). I’ll keep you posted as to how it went and come January, will give you a glimpse as to what our hearts saw while serving. Until then, if you are wondering about the wanderings of your heart, I challenge you to remember the dreams of your childhood. After all, He is in the resurrection business. Deut. 31:8 says, “It is the Lord who goes before you.” Matthew 4:19 reminds, “Come, follow Me,” Jesus said.” May He take the lead as you follow the desires of your heart. After all, it is He who places them within you. Amen.



Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

With winter upon us I felt the need to share some insight from our Department of Public Safety blog in reference to winter driving when the weather and road conditions deteriorate. “When the National Weather Service starts using words like “life-threatening,” our Homeland Security and Emergency Management division sits up and pays attention. This ongoing winter storm will make travel a doozy, especially with the holidays coming up this weekend. Now would be a bad time to let your guard down, especially where winter driving is concerned. Take Feb. 24 and 25, 2019, for example. The dates themselves may not ring a bell, but surely you remember the southern half of our state getting pummeled by a winter storm. In some areas, 13 inches of snow fell, and winds gusted up to 50 mph. Large swaths of interstates and other roads were closed, but more than 600 people had to be rescued from their vehicles. State troopers, sheriff’s deputies, state conservation officers, snowplow drivers, National Guard soldiers, and even local snowmobile clubs mobilized to rescue stranded motorists. And after they were rescued, they needed a place to stay until the roads were safe enough to continue their journeys. Once the hotels and their lobbies filled up, the locals began offering convenience stores and churches to stranded travelers. More than 200 took refuge at National Guard Armories in Owatonna, Albert Lea, Olivia and St. James. The St. Cloud State men’s hockey team even stayed in the St. James jail when their bus got stuck between two snowdrifts. Staff Sgt. Joshua Barker of the Minnesota Army National Guard was among the rescue workers that weekend. They

deployed in SUS-Vs – those are tracked vehicles with a wide wheel base that are designed to sit on top of the snow – and got to work. Most of the stranded people Sgt. Barker rescued were “in pretty good spirits,” he remembers. “Some didn’t even want help.” They thought they were prepared, but only had a shovel. And with that much snow, a shovel wasn’t going to get them out of their predicament. As Sgt. Barker put it, “Most people were more prepared to get stuck than to survive.” For example, many didn’t have food or blankets on hand. Some had dressed for cold, but not for long-term survival in extreme temperatures – because rescue teams are so busy during snowstorms, it can take hours for help to come once you get stuck. One couple Sgt. Barker rescued had driven up from Kansas City overnight. The road they wanted to take was closed, but instead of stopping someplace safe, they tried to take a different route. That’s how they ended up stranded on a gravel road in the middle of the night, wearing only light jackets. Another call came from a janitor at an interstate rest stop. Some truckers and other travelers had been plowed in, and no one had any food. The SUS-Vs were able to bring MREs and other food so that the truckers could eat without having to leave their rigs behind. At

another call, even an ambulance and a sheriff’s vehicle got stuck. “It happens to everyone, not just civilians,” Barker says. The lesson in all this? As Barker puts it, “If the state’s telling you not to drive, don’t drive. Take what law enforcement says to heart – it’s not a suggestion.” And if for some reason you absolutely must drive, have a winter survival kit with you. Stock it with things that can help you survive in your car while you wait for rescue: food, water and blankets. Don’t forget a red ribbon or bandana to tie to your car so that rescuers can find you more easily, and a cell phone charger for your car. Print out this Winter Safety Checklist and go over it before you leave to make sure you’ve thought of everything. https://dps.mn.gov/divisions/hsem/weather-awareness-preparedness/Documents/driving-travel-safety-checklist.pdf Remember, winter storms don’t stop for holidays. When the storm hits, make sure you’re ready.” A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPPIO_NW or reach him at, jesse.grabow@state.mn.us).



Massey Harris
By Auctioneer Eric W. Mickelson



One of the first tractors I ever got was a 55 Massey Harris. I call it “mine”, although my dad traded an old not running R John Deere for it. The starter never worked so we always pulled it to start it. I have had it for 29 years, but last summer while raking hay the engine started to knock. Somehow I’ll have to get it fixed up. I considered getting rid of it, I have had a few guys ask me to buy it, those old standard tread tractors are popular with collectors. But my tractors are like my children. I have only sold one tractor in my life!! Once you(I) have a tractor it usually becomes a sentimental part of my “family.” I grew up on a John Deere farm, but since I purchased the 55 Massey I have become a Massey Harris fan too.

When my dad moved to Oklee in 1952 he has often told me the story of the Massey’s he saw working around Oklee. “Big” tractors like 55 and 44 Massey’s pulling 4 and 5 bottoms. Of course every town or region often has a certain brand or brands of machinery usually reflecting dealers in the area who had a good reputation. Well this is probably a reflection of Swenson Equipment. Earl Swenson purchased D & H Sales from Ed Halseth. Next, the Ole Loiland garage was purchased and it became part of Swenson Sales and Service. In the fifties Swenson Sales and Service sold Massey tractors and equipment, thus the Oklee area was dotted with the red and yellow Massey machines.

Massey tractors of this vintage came in 6 sizes ranging from the Pony up to the 55. The company also had factories in 8 countries. Three located in the United States, three in Ontario, Canada. Other countries included Scotland, England, France, Germany, South Africa, and Australia. When ever I drive by an old Massey tractor I get a little twinkle in my eye. After John Deere, Massey Harris has a special place in my tractor loving heart!!

My interest in Masseys was rekindled last week when I

talked to Jim Lessard. As usual I turned the conversation to tractors. Low and behold he had a couple great pictures on his phone. Thanks Jim for the visit, the pictures, and the Massey memories!

Tractor Trivia

1. Name the smallest Massey Harris tractor that had 11hp on the belt and 10 on the drawbar.
2. The Massey Harris Pony was rated as a “how many” plow tractor?

3. Name another horse named tractor Massey had that replaced the model 22.
4. What does the 6 stand for in the model 44-6?
5. What Canadian Province was the Massey Harris Company started in?

Answers: 1. The Pony 2. 1 plow 3. The Mustang 4. 6 cylinder engine, a regular 44 has a 4 cylinder engine 5. Ontario



This Massey with plow belonged to Jim's grandpa Charlie Lessard.



This 44 was owned by Jim's dad, Ray Lessard.

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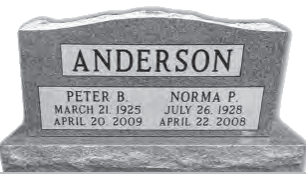
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OBITUARIES

Obituary for Beverly Leier

Beverly Leier, age 74, of Union Lake, near Erskine, MN, passed away on Wednesday, December 21st, 2022 at her home surrounded by her family. A memorial Mass will be held at 11:00 a.m. on Friday, January 6th, at St. Lawrence Catholic Church, rural Mentor, MN with Father Larry Delaney presiding. Visitation will be held from 5:00 p.m. to 7:00 p.m. with a 7:00 p.m. prayer service on Thursday, January 5th, at the Carlin Funeral Home in Erskine. Family will also greet friends for one hour prior to the service on Friday morning at the church. Arrangements are with Carlin Family Funeral Service of Erskine and messages of condolence may be shared at www.carlinfuneral.com.

Beverly Kay Nelson was born on December 20, 1948, in Fosston, to Selmer "Sam" and Frances Caroline Nelson (Nyhush). She spent her childhood growing up in Fosston and graduated in 1966 from Fosston High School.

Beverly was united in marriage to Clifford Asselin in 1967, and they had three children, Connie, Michelle, and Clifford. Beverly raised her three children in Fosston. She pursued a nursing degree from Northland Technical College in Thief River Falls. She completed her board certification and became a register nurse (RN). She worked in many different capacities in the nursing industry, working as a hospital nurse in Fosston, caring for patients as a traveling rural home healthcare provider, and a rural hospice care provider. She finished her nursing career at Riverview Health in Crookston, as part of the administration team. Her children are extremely proud of all the hard work and sacrifices that their mother made to raise them while obtaining her nursing education.

On January 25, 1987, Beverly and Daniel Curtis Leier were united in marriage in Las Vegas, Nevada. They lived on a farmstead in

McIntosh, MN from the time they got married until 1996, at which time they moved to a lake cabin on Union Lake. Bev and Curt shared many common interests. They enjoyed planting a garden, and loved to share the fruits of their labor by preparing meals for family, friends and neighbors using her garden produce. Bev had a passion for travel which included a trip to Germany where she spent time with her niece, Erin who was living in Germany. Winter vacations and get-a-ways were part of a routine for many years. It was Bev's way of getting some winter relief and spending time with Connie in Georgia, Cliff in Texas, and Michelle in California. Several winter trips were spent with her sister, Marilyn at their home in Lake Havasu City. During the summer, she would regularly invite her brother, Jim and sisters, Jeannie and Arlys to spend time with her at their home on Union Lake. Bev was a very giving person and helped family and friends. Bev was passionate about following the Minnesota Twins and the Minnesota Vikings. She enjoyed going to her grandchildren's sporting events.

On Wednesday, December 21, 2022, Beverly Kay Leier, age 74, of Erskine passed away peacefully in their home on Union Lake. Survivors include her husband, Curtis Leier; Children: Connie (Jim) Barbour of Dallas, GA; Michelle Hoskinds of Yucca Valley, CA; Cliff (Brenda) Asselin of Ovilla, TX; Stepchildren: Wesley (Angie) Leier of Moorhead; Denise (Jere) Sherer of McIntosh; Renae Leier of Thief River Falls; Cristina Leier Beito (Fiance/Randy) of Thief River Falls; Danell (Paul) Stromstad of Fertile; Grandchildren: Emily, Mathew Amanda, Jeff, Brittny, Stephanie, Krystan, Ashley, Jacob, Emily, Brandee, Dylan, Callista, Miguel, Payton, Kinley, Dawson, Ryker, Reise, Will, Erik; Great Grandchildren: Brodie, Carson, Ryilee, Emberley, Leland, Isla, Norah, Tysen, Asher, Ray, Bucklee, Oaklee, and Henry. Three sisters: Marilyn (Ed) Grove of Yorba Linda, CA; Jeannette Loland of Grand Rapids; and Arlys (Keith) Reitmeier of Grand Forks, ND; and one brother, James (Cindy) Nelson of Thief River Falls. Also several surviving nieces and nephews.

She was preceded in death by her parents, Sam and Frances Nelson; sister, Carol Mandt; brothers-in-law, Gordon Mandt, and Pete Loland; nephews, David Mandt, and Kevin Reitmeier.

Obituary for Glenn Bergerson

Glenn Bergerson, age 87, of Fosston, MN, and formerly of Gully, MN, passed away on Monday, December 19th, 2022 at Essentia Health Living Center in Fosston. Funeral services will be held at 11:00 a.m. on Wednesday, December 28th, at Bethel Assembly Church in Fosston with Pastor Seth Johnson officiating. Interment will be in Bethany Cemetery, rural Gully, MN, at a later date. Visitation will be held from 5:00 p.m. to 7:00 p.m. with a 7:00 p.m. prayer service on Tuesday, December 27th, at the Carlin Funeral Home in Fosston. There will also be reviewal for one hour prior to the service on Wednesday at the church. Military Honors will be provided by the National Guard Honors Team and arrangements are with Carlin Family Funeral Service of Fosston. Messages of condolence may be shared and a livestream of the funeral viewed at www.carlinfuneral.com.

Glenn Orlando Bergerson was born at his home in Johnson Township of Polk County, Minnesota to Bennie and Mabel (Sweno) on March 17, 1935. He was fourth in birth order of nine siblings.

He attended Poplar Isle #241 for his elementary education and one year of high school in Gonvick. He worked for many neighboring farmers including Jacob and Otto Anderson, Claude Knudson, Irvin Thoreson, Henry Sweno's threshing crew, George Ness, Elmer Ness and John Nelson. He was drafted into the US Army in March 1958 doing his basic training in Fort Carson, Colorado. He traveled by ship to Munich, Germany where he was stationed for 19 months. He was in Company A, 1st Battle Group 21st Infantry. He earned the good conduct medal, 1st class gunner 81mm, sharpshooter badge-pistol, and sharpshooter badge-rifle. He was discharged in March 1960.

He and his brothers, Duane and Floyd bought the family farm and raised beef cattle.

They ultimately bought more neighboring farm land so they could expand their herd and sell hay. The methods of haying started out by overhead stacking that was leveled with pitchforks, then evolving into stack frames, and finally big bales.

Glenn started working at the Gully Farmers Union in 1966 where he worked in the station and the farm service tire truck. He was very well liked by the patrons as well as his co-workers. He left that job in 1985 to farm full time. He was baptized and confirmed at Bethany Lutheran Church of Gully. He was currently a member of Bethel Assembly of Fosston and has served as an usher for many years. Glenn was a Johnson Township board member for 37 years and served as chairman for many years. He also served on the Gully Federal Credit Union board.

On November 25, 1983 he was united in marriage to Crystal Lundeen Carlson. He always said he got a bonus with Travis and Kimberly coming into his life as a package deal. He was an extremely good and generous dad and took Travis on his first deer hunting experience and fishing as well as introducing him to farm work. Kimberly was able to talk him into doing all sorts of things and shopping by giving him that "look" that little girls know how to do. Both Travis and Kimberly acknowledge that he was the best dad ever and respect and love him beyond words.

Then when the grandchildren came along he became an indescribable "grandpa".

He would play ball and croquet, give 4 wheeler rides, give them rides on the tractor and have them along in the tractor during haying. He would color with them, play school, or whatever they wanted him to do.

He is survived by his wife, Crystal, son Travis (Tracy) Carlson of Gully, daughter Kimberly (Dan) Wiertzema of Breckenridge, grandchildren Alex Carlson, Logan (EmmaRae Nelson) Carlson, Bryce Wiertzema, Jayden Wiertzema, Ryler Wiertzema and Kiera Wiertzema, great grandson, Cole Carlson, siblings Duane (Leona), Floyd, Corrine Bergerson and Delores Peterson. Nieces, nephews and cousins also survive.

He was preceded in death by his parents, grandson Jace Wiertzema, brothers Kenneth (Evelyn), Melfred, Melvyn and sister Marlyce (Richard) Kerr, brother-in-law, Glenn Peterson and an infant brother.

Glenn will be remembered for his good nature, hearty laugh, honesty, generosity and good work ethic. Blessed be his memory.

Region 2 Arts Council Awards \$48,218 in Arts Learning Grants

With the support of a community panel review conducted on November 9, 2022, the Region 2 Arts Council Board of Directors granted \$48,218 in Arts and Cultural Heritage funds to the non-profit organizations listed below. These grants support high-quality arts education that develops knowledge, skills, and understanding of the arts for the benefit of Minnesotans of all ages across our five-county region.

Bemidji State University Center for Extended Learning was awarded \$5,000 to host writers, Heid Erdich and Sun Yung Shin, for a craft conversation at the Minnesota Northwoods Writers Conference, as well as provide a public reading at the American Indian Resource Center at BSU.

The Armory Arts & Events Center of Park Rapids was awarded \$4,500 to host a series of three 6-hour printmaking workshops with artist Dawn Rossbach.

Clear Waters Life Center in Clearbrook and Gonvick was awarded \$6,000 to assist in upgrading existing community studios with additional studio hours and new equipment to work with glass.

Bemidji State University Music Department was awarded \$5,900 to bring the "Trio of Three Continents" to the Bemidji Concert Series for a residency of multiple master classes, workshops and performances on traditional musical instruments from China, Senegal and Venezuela.

Northern Light Opera Company of Park Rapids was awarded \$6,000 to provide a 4-week children's summer theater camp, in collaboration with Pine Point School, to serve children from both the Pine Point and Park Rapids communities. Bagley Area Arts Collabora-

tive was awarded \$5,706 to hire guest artists David R. Smith and Jennifer Stone to teach workshops in watercolor and mixed media with acrylic paint.

Bemidji Opera Theater was awarded \$6,000 to produce Andrew Lloyd Weber's Phantom Of The Opera at Bemidji State University.

Northern Light Opera Company of Park Rapids was awarded \$6,000 to produce the Workbench New Play Workshop, an 8-day workshop to help local writers in the writing and performance of their own original plays.

Bagley Area Arts Collaborative was awarded \$3,112 to hire artists Lowell Wolff and Pamela Edevold to teach workshops in photography and drawing with colored pencils.

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Courses are also available online at www.driverdiscountprogram.com

Community Wellness Gathering

Red Lake's Community Wellness Gathering returns in 2023 after a two-year hiatus (due to the pandemic) on (Mon-Wed) January 9-11, 2023 at the Red Lake Nation College. The objective of this gathering is to provide a catalyst for change in the community for people seeking solutions and opportunities that improve the quality of life for themselves and others. Using the Medicine Wheel as a guide, this gathering will focus on "what is working" when fostering success in people overcoming poverty, ad-

dictions, health issues, trauma, and grief.

The question of this gathering is how can we help to guide our people to the networks and resources that will improve their quality of life? This gathering will focus on the successes of our people, identify what resources are available, strengthen existing networks, and build new ones. In the words of the late elder and substance abuse treatment pioneer Cecil White Hat, "Everything we need to heal is in the culture."

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Wednesday, December 28, 2022

TRI COUNTY CANARY 5



The tip-off for the Bears and Chargers game last week with Blake Rychlock for the Chargers and Colin Crotteau for the Bears. The Clearbrook-Gonvick Bears won over the Grygla-Gatzke-Goodridge Chargers 62-56 in a hard fought battle.



Charger defense against Logan Westrum #3 for the Bears. Guarding for the Chargers were Lewis Jones #23 and Russell Rian #32.



Getting in close for the ball are two Charger players Reece Sundberg #33 and Lewis Jones #23. They have boxed in Michael Roy #33 for the Bears.

New year marks perfect time to get your heart healthy at Essentia Health

"The holidays can be a lovely time," said Dr. Rory Farnan, cardiologist at Essentia Health. "It can be a time to connect with family members, some of whom we haven't seen in person in a long time. That said, often this time together – in close quarters, away from the cold – can be stressful. Sometimes we resort to old coping strategies, managing this stress with food, alcohol, smoking or other habits that aren't healthy for us."

Heart health is something that is often overlooked until it is too late, increasing the risk for a major cardiac event. However, Essentia offers many tools that can aid in preventive care and maintaining a healthy heart.

One resource is our heart risk assessment tool. During the brief assessment, you compare your actual age to your heart's biological age, calculate your risk of developing cardiovascular disease and prioritize your most alarming risk factors. It also explains those risk factors and provides helpful tips on taking care of your heart and preventing future complications. Best of all, it only takes five minutes and is free.

There are a variety of ways you can take care of your heart, including the following:

- Eating a balanced diet: Include fresh veggies, whole grains and lean proteins while avoiding fried, packaged or high-sugar and/or -salt foods.
- Being active: Exercise at least 30 minutes a day.
- Maintain a healthy weight: Losing weight if you're overweight can help prevent heart problems.
- Get quality sleep: Aim for at least seven hours a night.
- Quit smoking.

• Manage stress and health conditions: Stress, high blood pressure, diabetes, high cholesterol and other conditions are linked to increased heart trouble.

"While I wouldn't encourage starting an intense exercise program without consulting your primary care provider or cardiologist first, this season might be the perfect time to choose exercise as a healthier way to cope with the stresses that family can sometimes bring," said Dr. Farnan.

Essentia also offers a cardiometabolic clinic. This is a specialized program developed to help reduce your cardiometabolic risk, maintain a healthy lifestyle and improve risk factors to prevent heart and vascular disease. Our experts work with patients who have high blood pressure or cholesterol, diabetes, obstructive sleep apnea and more. All of these risk factors can increase your chance of heart disease. Our team will work with you to help with early diagnosis and treatment while creating a personalized plan for a healthy lifestyle.

"Mindfulness meditation can also be another healthy coping tool to help bring a little more peace and serenity into our lives," said Dr. Farnan. "If you need help turning over this new leaf, including determining whether your heart is ready to jump into your new-found active lifestyle, don't hesitate to reach out to your health care provider."

Heart disease is the leading cause of death in both men and women in the United States. Heart disease symptoms can be different in everyone so it's important to understand your personal risk factors.

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Lewis Jones, made the most three-point baskets for the night against the Clearbrook-Gonvick Bears last week. He drives to the basket for the Grygla-Gatzke-Goodridge Chargers.



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