



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle



The Win-E-Mac Patriots are pictured here after their coach purchased one duck for each player just before the game.

Bucks for Ducks campaign at the Clearbrook-Gonvick High School a success

The third annual Bucks for Ducks campaign was a success this year as the Clearbrook-Gonvick High school iMPACT students doubled their donations. Previously the students have raised \$500 and this year they decided to double that goal to \$1000. They reached the goal in just three days. Approximately 700 ducks were sold at one concession stand that the iMPACT students worked.

Individuals Making Positive Actions Count Today (iMPACT)

meets every Tuesday morning and this year, the students desired to focus on this project and donate all of the proceeds to one cause, rather than several. They chose to support Cy's Place, a pediatric guest house for transplant patients, which is on the slate to be built in Rochester, Minnesota near the Mayo Clinic. Randy Erickson, originally from Gonvick, MN and his wife Ree lost their little boy, Silas, at the age of three to a rare form of childhood cancer. Ever since

then they have been diligently hosting families in their home in order to make their journey to the Mayo Clinic easier. Several years ago, they decided to expand this dream into a reality and have currently purchased land while at the same time drawn up for the proposed building of Cy's Place. If anyone would like to know more information about this, please visit www.cysplace.org and you may watch a video which tells their story.

The students feel very honored to be able to support them in this way and know that their contributions will make a difference in the lives of the others. A huge shout out goes to the elementary students who bring the energy and positivity to this projects as well as their bucks for the ducks. Thank you elementary students and parents who are helping to create big hearts which support big causes.

Sanford Bemidji will name cancer center for Joe Lueken

Bemidji grocer left legacy of generosity

BEMIDJI, Minn. – A new cancer facility in Bemidji will be called the Sanford Joe Lueken Cancer Center in honor



Joe Lueken owned Lueken's Village Foods stores in Bemidji, Minn. and was a strong supporter of the Sanford Health Foundation of Northern Minnesota over the years. In 2014, Joe passed away at the age of 72 after a battle with cancer.



Joe and Janice Lueken of Bemidji, Minn. established The Joseph and Janice Lueken Family Foundation which has provided a significant lead gift to the Sanford Health Foundation of Northern Minnesota as part of the Care Without Limits campaign. The gift will help create the region's largest cancer facility to be named the Sanford Joe Lueken Cancer Center.

of the late grocery store owner. The Joseph and Janice Lueken Family Foundation has provided a significant lead gift to the Sanford Health Foundation of Northern Minnesota as part of the Care Without Limits campaign, which will enable Sanford Bemidji to expand its cancer services and centralize them into one location. Projected to break ground in 2017 and open in 2018, the Sanford Joe Lueken Cancer Center will be added to the southeast corner of the Sanford Bemidji Main Clinic. The \$12 million, 20,500 square-foot facility will include 20 infusion suites, 15 exam rooms, on-site pharmacy and lab services, boutique and other patient-centered amenities. "I was looking for a way to keep his legacy alive in the community," said Janice Lueken, Joe's wife. "When I heard about

the cancer center, it seemed to be exactly what I was looking for. It was so appropriate because it was cancer that took Joe's life. It also took the lives of both his parents and my mother and so many relatives and friends. We're not strangers to this horrible disease. It's just something I wanted to do for him." The Sanford Joe Lueken Cancer Center will also create a hub for services like radiation and medical oncology, patient navigation, nutrition, financial counseling, social services, genetic counseling, palliative care and survivorship. Additionally, patients will have access to the latest in clinical trials. Joe Lueken owned Lueken's Village Foods stores and received national attention when he opted to sell his business to his 400 employees through an employee stock ownership

program. In 2014, Joe passed away at the age of 72 after a battle with cancer. Active in his community, Lueken was a supporter of the Sanford Health Foundation and Bemidji State University Foundation, among other organizations. "Our goal is to provide the latest treatments and give patients the entire continuum of care through their cancer journey in one location," said Bryan Nermoe, interim president of Sanford Health of Northern Minnesota. "We thank the Luekens for their extraordinary contribution to health care in this region; it will undoubtedly become a benchmark for patient-centered care." For more information or to contribute to the Care Without Limits project, visit sanford-health.org/About/Foundation/Bemidji.



A new cancer facility in Bemidji, Minn. will be called the Sanford Joe Lueken Cancer Center in honor of the late grocery store owner.

Local leaders participate in Extension program

Program strengthens civic leadership in the region

Roseau, Minn. – Krist and Stephanie Olson, Thief River Falls are Pennington County's representatives and Sarah and Jeremy Hovde, Fertile are East Polk County's representatives in the Red River Valley Emerging Leadership Program. Alumni of the program from the county nominated them to take part in the program because of their involvement in their community. They have been taking part in educational sessions since November 2015 and building skills for leadership and networking with other rural leaders from 16 counties in the region. Extension educators Lisa Hinz, Brian Fredrickson, and Jody Horntvedt are instructors for the sessions which focus on personal leadership styles, communication, community leadership, legislative issues, life balance, dealing with challenges, change, and facilitating effective meetings. According to Horntvedt, "this program focuses on bringing rural leaders together for education that expands their potential and ultimately improves communities." This is the 32nd year the Emerging Leadership Program has brought together individuals from across the region for training workshops. Over 1,000 leaders in northwest

and west central Minnesota are alumni of the program, which was developed in 1985 to enhance the King Agassiz Program of the Red River Valley Winter Shows. University of Minnesota Extension, with their long history of excellence in designing, delivering and evaluating leadership programs, is the primary sponsor of the Emerging Leadership Program. Additional financial support for the program comes from the Red River Valley Development Association, and from a variety of other sources including ag producer groups, electric cooperatives, community businesses, financial institutions and individuals in counties throughout northwest and west central Minnesota who contribute each year. The Emerging Leadership Program is a regional fund of the Northwest Minnesota Foundation. The couples will be honored for their commitment to leadership and their community at the Emerging Leadership Program's annual recognition banquet on Saturday, April 2 in Crookston. Family and friends are invited to join program alumni at the event. Tickets can be ordered from the Extension Regional Office-Cookston by calling 218-281-8696 -or- toll free 1-888-241-0781.



Stephanie and Krist Olson, Pennington County's representatives.

Roseau, Minn. – Krist and Stephanie Olson, Thief River Falls are Pennington County's representatives in the Red River Valley Emerging Leadership Program. Alumni of the program from the county nominated them to take part in the program because of their in-

volvement in their community. Krist and Stephanie own and operate the farm that has been in Krist's family for four generations. It covers about 1,600 acres, and they grow mostly soybeans, wheat, and corn, along with a few fields of organic crops.



Jeremy and Sarah Hovde, Polk County's representatives.

Roseau, Minn. – Sarah and Jeremy Hovde, Fertile are East Polk County's representatives in the Red River Valley Emerging Leadership Program. Alumni of the program from the county nominated them to take part in the program because of their involvement in their community. Jeremy is a territory sales manager for Herc-U-Lift, sell-

ing forklifts, scissorlifts, booms, racking and other warehouse material-handling equipment. Jeremy and Sarah have a hobby farm where they raise soybeans and corn. Sarah works at Encore Family Consignment and Poissant Therapy and Fitness as a physical therapy assistant. She also teaches fitness/pilates classes.



Essentia Health in Fosston delivers the first baby for 2016

Meet Carson Steven Conner, the first baby of 2016 born at Essentia Health-Fosston Hospital on Saturday, January 2 at 3:05 p.m. Carson weighed 8 pounds, 14 ounces and was 22 inches long. Parents are Courtney Wiese and Pat Conner of Bagley.

Grandparents are Denise and Karl Halderson of Bemidji, Bob Conner of Bemidji, and Tammy Wiese of McIntosh. Great grandmother is Connie Wiese of McIntosh. Carson is the first child for Courtney and Pat.

Rud announces candidacy for District 1B



Erwin "Erv" Rud

"I can understand why out-state Republican legislators aren't able to get anything done for their Districts," said Erwin

Rud, who announced his candidacy for Minnesota House of Representatives, District 1B.

"House members from wealthy Republican districts circling Minneapolis and St. Paul control key House committees," Rud said. "State government is rigged against rural interests by the agenda of those suburban House Republicans. They demand big tax breaks to those most able to afford taxes and when they don't get their way, they deny tax relief for most other Minnesotans, businesses and farmers," he added.

Rud's resume includes a master's degree in Health and Human Services Administration, a bachelor's degree in finance, as well as legal studies at William Mitchell College of Law. Rud worked as deputy assessor for Polk County and as an administrative assistant for the city of Crookston. He then became a Minnesota licensed nursing home administrator managing several long term care facilities in rural and metropolitan areas and later a job placement counselor.

"The lifeblood of main-street is working people, including farmers and business people. I will fight for fair economic policies for working people and their families. With three children of my own, I know what it is like," Rud said.

Now retired, Rud works on his hobby farm near Fosston, MN.

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RLCC to perform "ALICE" on Friday, January 29

RLCC will be competing in Bagley on January 30th at 10:00. RLCC will be performing

a free show for our one act play ALICE by Jerome McDonough on Friday January 29th. This

is a version of Alice in the Wonderland with the actors playing multiple roles.



In the picture first row is Erin Jones who plays the Mouse, Doormouse, Tree, Juror, Sydney Melby who plays Queen of Hearts, Tree, Kara Longtin as Cheshire Cat, Dodo, Caterpillar, 2nd row Natalie Aakhus as the March Hare, dog, tree, Jayden Fore as the Mad Hatter, Hero, and the juror, Tom Nelson as the White Rabbit, Tweedle Dum, the Jabberwocky, Heather Longtin (short girl) as the king, flower, pig, bird, David as Rose tree, carpenter and rabbit, Jade Person as The Duchess, Queen. Not pictured- Miranda Magnell as Alice, Kjersten Walton as Carroll, Nick Piersol as Tweedle Dee, Bird, Knave of Hearts.

Sanford Bemidji nursing leader named 2016 Becky Nelson Leadership Fellow

Galloway recognized for outstanding leadership



Janna M. Galloway, Director of Quality Performance Improvement at Sanford Health, has been selected as the 2016 recipient of the Becky Nelson Leadership Fellowship.

BEMIDJI, Minn. — Janna M. Galloway, Director of Quality Performance Improvement at Sanford Health, has been selected as the 2016 recipient of the Becky Nelson Leadership Fellowship. This year-long fellowship focuses on professional development for an aspiring Sanford Health nursing leader. The fellowship includes expanded leadership experiences, special projects and executive mentorships throughout the Sanford Health organization.

"The Becky Nelson Leadership Fellowship is an opportunity for Sanford's nursing leaders to broaden their leadership skills as they set goals specific to their career path," said Diana VanderWoude, enterprise vice president of Sanford Health. "Janna's outstanding leadership was repeatedly up-lifted by those supporting her

nomination for this fellowship. She's a shining example of how this fellowship can support our nursing leaders as they grow in their careers."

The Becky Nelson Leadership Fellowship was created in 2014 to honor Becky Nelson for her contributions to Sanford Health. Nelson, who began her career as a staff nurse, spent decades at Sanford Health and retired as the organization's chief operating officer. The fellowship is awarded annually to one nursing leader applicant that is selected from across the enterprise.

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- HYTOP - 5 OZ CAN **Tuna in Water 5 for \$2.49**
- HYTOP - 17.3 OZ BOX **Bran Flakes 2 for \$4**
- SPECIAL K - ALL VARIETIES **Cereals 12 OZ. BOX \$2.99**
- NABISCO PREMIUM - 1 LB. BOX **Saltine Crackers.....\$2.75**
- DADDY RAY'S - 10 OZ. PKG. **Blueberry Bars 2 for \$2**
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- BRAEBURN **Apples..... PER LB. \$1.39**

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March 18-19, 2016

Looking to escape from winter? Join us at *Girlfriends Winter Break-Away* for a relaxing weekend with friends! Register for DIY workshops and pampering sessions.

www.girlfriendsbreakaway.com

Pre-registration: \$55 for Friday and Saturday or \$40 per day at the door
Special hotel pricing when mentioning Girlfriends Winter Break-Away

Pre-register for a chance to win a 2 night hotel stay at the Crown Plaza Suites: MSP Airport/ MOA with a \$100 restaurant voucher! (\$560 approximate value)
Attend both days with hotel stay for a chance to win a 2 night stay at the Duluth Radisson (\$200 approximate value).

You are invited to the 90th Birthday Party for Carol Wold

Saturday, Feb. 6, 2016
Open House 2-4 pm at the **Embassy** in Fosston on the corner of 3rd Street and Eaton Ave.
No gifts please.
Please come and celebrate with Carol and her family!

Bridal Shower for Amanda Amberg

(bride to be of)
Bobby Schmit grandson of Irene Dessellier
Gully Community Hall
January 31, 2016
2:00 p.m.
Everyone Welcome!

College News

Minnesota students receive degrees from NDSU

Fargo, N.D., Jan. 19 — Minnesota students included on the attached list were among the 847 students to graduate from North Dakota State University in fall 2015.

Students are listed by hometown. The list includes their major and degree received. An asterisk indicates students who graduated with honors. Please include all area students in your news publications.

Bagley, Benjamin Alvin Bертson, BSME Mechanical Engineering

Fosston, Katherine Lynn Laubenstein, MEDUCAT Education; Chelsea Nicole Sandwick, BS Strategic Communications

Middle River, Nicholas Charles Woinarowicz, BSEE Electrical Engineering

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Sound Off, combat veterans support group at Sanford Bemidji

BEMIDJI, Minn. — Sanford Bemidji offers a support group, Sound Off, for combat veterans. It is held from 5 to 7 p.m. the first and third Tuesday each month at Sanford Bemidji Medical Center's Conference Room A, located immediately to the right through the hospital's main east entrance. The group will meet next on Feb. 2.

The group is free and open to men and women from all branches of service, regardless of conflict or disaster. It is facilitated by Billy Benso, United States Marine Corps (USMC) combat veteran, and Mike Sletta, behavioral health triage therapist at Sanford Bemidji.

The group provides members with a safe and confidential place to openly discuss personal issues and how their combat experience impacts their daily life.

"Post-traumatic stress disorder, or PTSD, is a condition many veterans struggle with after traumatic experiences such as combat or disaster," said Sletta. "What we want our vets to know is that it's real, you are not alone, and help is out there with groups like ours."

The support group can help veterans learn that:

- Combat did change them
- No matter what they do, they can't change what they've experienced

- Drugs, alcohol, isolation and denial don't work as coping behaviors
- With support of other combat vets, they can learn to live with PTSD

Any veteran interested in attending can simply show up at the scheduled meeting time.

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COLBY & MONTEREY JACK, MOZZARELLA FINE
SHRED; SHARP CHEDDAR REG SHRED
**KRAFT
SHREDDED CHEESE**
4/\$10
8 OZ

JALEPEÑO WHITE CHEDDAR, PEPPER JACK, MILD COLBY,
EXTRA SHARP CHEDDAR, SHARP CHEDDAR, MILD
CHEDDAR, MEDIUM CHEDDAR, CHEDDAR MONTEREY
JACK, MOZZARELLA OR COLBY JACK
**KRAFT
CHUNK CHEESE**
4/\$10
8 OZ

1 LB QUARTERED
**ESSENTIAL EVERYDAY
BUTTER**
\$2.99

STRAWBERRY, RASPBERRY, BLUEBERRY,
CHERRY, PEACH OR STRAWBERRY BANANA
**YOPLAIT
YOGURT**
5/\$3
6 OZ

WHOLE, 2%, 1%
OR SKIM
**CASS CLAY
MILK**
\$2.99
GALLON

WHOLE, 2%, 1% OR SKIM
CASS CLAY MILK 97 OZ **4/\$9.50**

ASSORTED CLASSIC,
THIN & CRISPY OR BRICK OVEN
**RED BARON
PIZZA**
3/\$9
ASSORTED
JACK'S PIZZA **3/\$9**

**CHICKEN OF THE SEA
CHUNK
WHITE
TUNA**
\$2.99
4 PK - 5 OZ CANS

KRAFT REGULAR
MIRACLE WHIP 30 OZ **\$2.99**

ASSORTED 24 PACK
**PEPSI COLA
PRODUCTS**
\$6.99
12 OZ CANS
ASSORTED
PEPSI COLA PRODUCTS 2 LITER **5/\$6**

**DELUXE DINNER
ESSENTIAL EVERYDAY
MACARONI & CHEESE
OR SHELLS & CHEESE**
10/\$10
12-14 OZ

**OLD ORCHARD
100% APPLE
JUICE**
10/\$10
64 OZ

**FRANCESCO RINALDI
SAUSAGE
PASTA SAUCE**
6/\$10
23.5 OZ

**CHICKEN OR BEEF
LA CHOY
CHOW MEIN**
3/\$10
42 OZ BI-PACK

FAMILY PACK 85% LEAN
GROUND BEEF..... LB **\$3.89**
ANGUS FARMS BEEF BONELESS
BOTTOM ROUND ROAST .. LB **\$4.49**
ANGUS FARMS BEEF FAMILY PACK TENDERIZED
BOTTOM ROUND STEAK .. LB **\$4.69**
ANGUS FARMS BEEF FAMILY PACK BONELESS
BALL TIP STEAK LB **\$4.89**
ANGUS FARMS BEEF BONELESS
RIBEYE STEAK LB **\$8.99**
BLUEWAVE ORIGINAL OR COCONUT BUTTERFLY CUT
BREADED SHRIMP 9-10 OZ **\$3.99**

GOLD N PLUMP MESQUITE, SWEET BBQ OR LEMON PEPPER
WHOLE CHICKENS 3.25 LB **\$5.99**
FAMILY PACK CHICKEN
DRUMSTICKS OR THIGHS..... LB **89¢**
BONELESS, SKINLESS
CHICKEN BREASTS LB **\$1.79**
GERBER AMISH FARMS WHOLE
CUT UP CHICKEN LB **\$1.79**
BLUEWAVE ALASKAN
POLLOCK FILLETS 16 OZ **2/\$5**
JENNIE-O
TURKEYS ALL SIZES **\$1.49**

FAMILY PACK BONELESS CENTER CUT
PORK LOIN CHOPS LB **\$2.39**
BONELESS CENTER CUT
PORK LOIN ROAST..... LB **\$2.29**
FAMILY PACK BONE IN PORK
SHOULDER STEAK LB **\$1.69**
PORK
SHOULDER ROAST LB **\$1.59**
FAMILY PACK BONE-IN PORK
COUNTRY STYLE RIBS LB **\$1.49**
JOHN MORRELL SMOKED
HALF HAMS LB **\$1.89**

JOHN MORRELL
SLICED BACON 12 OZ **2/\$6**
LAND-O-FROST ASSORTED VARIETY PREMIUM
LUNCH MEAT 16 OZ **\$4.49**
JOHN MORRELL
BRAUNSCHWEIGER..... 11 OZ **2/\$4**
OSCAR MAYER ASSORTED VARIETY
BEEF FRANKS 14-15 OZ **\$3.99**
TASTY LINKS OR PORK SAUSAGE ROLLS
JOHN MORRELL 7-12 OZ **99¢**
JOHN MORRELL
COCKTAIL SMOKIES 12 OZ **2/\$4**

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1/2 GAL
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10.75 OZ
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LAND O LAKES
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FUDGE BARS 12 CT **\$2.89**
ORANGE OR RASPBERRY
DEAN'S CREAM BARS..... 12 CT **\$2.79**
ASSORTED DEAN'S
NUTTY BUDDY CONES.....6 PK **\$2.99**
PEARSON'S ORIGINAL OR PEANUT BUTTER
SALTED NUT ROLL 1.8 OZ **3/\$2**
ESSENTIAL EVERYDAY
PARTY PEANUTS 12 OZ **\$2.39**
ESSENTIAL EVERYDAY BLACK PEPPERCORN
GRINDER 1.4 OZ **\$1.59**
DRY ROASTED OR LIGHTLY SALTED
FISHER PEANUTS 14 OZ **\$2.29**

FRUITS & VEGETABLES
**FRESH
CAULIFLOWER**
\$1.79
EACH
FRESH
BLUEBERRIES PINT **\$3.19**
NAVEL
ORANGES 4 LB BAG **\$3.49**
ANJOU
PEARS LB **\$1.19**
DEL MONTE
CANTALOUPE..... LB **79¢**
BRAEBURN
APPLES..... 3 LB BAG **\$3.29**
HYDRO
TOMATOES LB **\$2.19**
CUCUMBERS EACH **69¢**
MANN'S ROMAINE
HEARTS 3 CT **\$2.49**
SWEET
POTATOES LB **89¢**
BABY RED
POTATOES 3 LB BAG **79¢**

QUALITY PRODUCTS
GUMMY BEARS OR WORMS..18 OZ **\$5.59**
ASSORTED KELLOGG'S
FRUIT SNACKS 8 OZ **\$1.99**
LIPTON
ONION SOUP MIX 2 OZ **89¢**
KNORR HOMESTYLE
CHICKEN STOCK 4.66 OZ **\$1.99**
ESSENTIAL EVERYDAY
RED RASPBERRY PRESERVES. 32 OZ **2/\$5**
ESSENTIAL EVERYDAY THIN, ULTRA THIN OR WHEAT
PIZZA CRUST 10-16 OZ **\$3.39**
PILLSBURY
ANGEL FOOD CAKE MIX.....16 OZ **\$1.49**
VERMICELLI, SPAGHETTI OR THIN SPAGHETTI
CREAMETTE..... 16 OZ **5/\$4**
ORIGINAL
HORMEL SPAM.....12 OZ **\$2.59**
DUFFY MOORE
BEEF STEW.....20 OZ **\$2.39**
CHILI WITH BEANS
HORMEL 15 OZ **\$1.99**
NEW YORK GARLIC & BUTTER, SEASONED,
CAESAR OR CHEESE & GARLIC
TEXAS TOAST CROUTONS 5 OZ **5/\$4**
KRAFT REGULAR
TARTAR SAUCE 12 OZ **\$1.99**
OLD EL PASO
GORDITA DINNER KIT 19.2 OZ **\$2.29**
CHICKEN NOODLE, COUNTRY VEGETABLE OR
CHICKEN WITH RICE
HEALTHY CHOICE SOUP.....15 OZ **\$1.19**
ESSENTIAL EVERYDAY STEAK & CHOP, TERIYAKI,
LEMON PEPPER OR HERB & GARLIC
MARINADE 12.25 OZ **5/\$3**

HOME, HEALTH, BEAUTY
HANDI-FOIL
PIZZA PANS..... 3 PK **99¢**
ASSORTED SUAVE
SHAMPOO OR CONDITIONER 22.5 OZ **\$1.79**
ASSORTED SECRET
SOLID DEODORANT 3 OZ **\$2.39**
ESSENTIAL EVERYDAY HALOGEN 43 WATT
SOFT LIGHT BULBS 4 PK **\$2.99**
FUN 'N FIT OR POWERFUL CHEWERS FOR DOGS
NYLABONE ESSENTIALS**\$5.99**
ASSORTED OLD SPICE
SOLID DEODORANT..... 3 OZ **\$2.39**
ESSENTIAL EVERYDAY HOMEMADE STYLE OR TRADITIONAL
PIZZA SAUCE 14 OZ **\$1.19**
ESSENTIAL EVERYDAY
TOMATO JUICE..... 46 OZ CAN **\$1.19**
YAKISOBA
TERIYAKI NOODLES..... 4 OZ **59¢**
HUNT'S
KETCHUP 24 OZ **99¢**
KOOPS
MUSTARD..... 18 OZ **89¢**
ESSENTIAL EVERYDAY COCOA CRUNCHIES OR
MARSHMALLOW MAGIC STARS
CEREAL 11.5-11.8 OZ **\$1.99**
4-IN-1 STRENGTH
TIDY CATS SCOOP..... 14 LB JUG **\$3.99**
SAFE STEP ENVIRO-BLEND
SIDEWALK SALT..... 10 LB BAG **\$2.99**
ESSENTIAL EVERYDAY 2 PLY
PAPER TOWELS SINGLE ROLL **3/\$2**
ESSENTIAL EVERYDAY 13 GALLON SIZE
TALL KITCHEN DRAWSTRING
GARBAGE BAGS..... 20 CT **\$2.39**

CLASSIFIED ADS!

Transport Deputy – Polk County, MN

Polk County in Crookston, MN has an opening for a **Transport Deputy** in the Sheriff's Department. The primary duty for this position is to transport inmates to and from courts, detention centers, medical centers, and other locations as directed. Additional duties include court security, bailiff duty, and proper execution of various civil process and criminal warrants. Applicants must have completed skills and be full time licensed or license eligible by the **MN POST** Board by 2/29/2016. A valid driver's license is required. Wage range for this position is \$19.20 - \$24.41/hour; DOE and qualifications.

Interested individuals may contact the Polk County Administrator's Office at 218-281-5408 or go online to <http://www.co.polk.mn.us> to view this job description and application. Applications for this position will be received until 4:30 p.m. on February 19, 2016. EEO

M44-45C

DISPATCHER – Polk County, MN

The Polk County Sheriff's Department in Crookston, MN has a full-time **Dispatcher** position available. This position works rotating shifts. Applicants must possess excellent computer skills, have the ability to speak clearly and concisely, and have the ability to exercise independent judgment, using all information available in critical and emergency situations. High school diploma or GED is required; experience in related field is preferred. Wage range for this position is \$16.60 - \$21.10/hour; DOE and qualifications.

For a job description and application, interested individuals may contact the Polk County Administrator's Office at 218-281-5408 or go online <http://www.co.polk.mn.us> - Job Opportunities. Applications for this position will be received until 4:30 p.m. on February 12, 2016. EEO

M44-45C

Assistant Facilities Manager – Polk County

Polk County has an opening for a full-time Assistant Facilities Manager in the Facilities Department. Applicants must have a high school or equivalent (GED) with at least 5 years of technical experience. A two-year technical certificate or training in HVAC repair and maintenance is preferred; Special Engineer License preferred. A valid driver's license is required. A full position description and application can be obtained by contacting the Polk County Administrator's Office at 218-281-5408 or online at <http://www.co.polk.mn.us>. Wage range for this position is \$20.96 - \$26.64/hour; DOE and qualifications. Applications for this position will be received until 4:30 p.m. on January 29, 2016.

M43-44C

HELP WANTED

MOTIVATED COSMETOLOGIST

Salon 209 in Thief River Falls, MN has an opening for a full time/part time cosmetologist. We are looking for a hardworking, reliable, creative individual to fill a recently vacated chair. This is a great opportunity to build a loyal clientele. Interested individuals call 218-681-5330 or 218-686-8627, email: csflatgard@gmail.com or send resume:

Salon 209 Attn: Shelly
209 2nd St, E
Thief River Falls, MN 56701

R43-45C

FREE NAR TRAINING!

- Do you want to work in a Home away from Home?
- Do you want to have Fun while at work?
- Do you enjoy making a good wage with excellent benefits?
- Do you want to have your training paid for?

Current Openings:

1. Part Time RN/LPN/TMA work e/o wknd on PM & NOC shift
2. Full Time LPN/TMA for PM shift. 8FTE
3. Full time NAR for AM and NOC shift. 8FTE
4. Part time NAR work e/o wknd, all shifts available
5. Full or part time Home Care Assistants for assisted living apartment buildings. 8FTE

We are holding an in house training session beginning February 1st for Nursing Assistants! Get paid while you learn new skills! NAR test will be on March 18th.

www.pioneercarecenter.com
Email: pmcc@gvtel.com

Pioneer Memorial Care Center

On the corner of HWY 59 & HWY 2 in Erskine

Tel: 218-687-2365

Looking

for some more hours housekeeping.

If anyone is looking for a housekeeper, call...

487-5651
Marnie Fawver

R44P

Help Wanted

Full time Office Clerk needed for local McIntosh office. 40 hrs. per week. \$12.56 per hour. Benefits available.

Please email resumes to resumes@ultimaservices.com Please reference location in subject field.

R44C



New Higher Wages & Exceptional Retention Bonus

MCINTOSH SENIOR LIVING (MSL)

is currently hiring for:

- Full or Part time RN or LPN
- Full time Nursing Assistants (AM shift)
- Part time Housekeeper
- Part time Dietary Aide

MSL has great new higher wages for every department along with Free health insurance, 401k, Holiday pay, Scholarship program, PTO & shift differential for nursing staff.

We give credit for experience and will train new staff. We take pride in being a TEAM oriented facility that provides quality care to individuals who need nursing services.

MSL is flexible in scheduling around school schedules. Interested persons should send resume to 600 Riverside Ave. NE, McIntosh, MN 56556. Attention Tricia Hove, DON for Nursing, Orlett Hedlund for Housekeeping, and Jill Jaeger for Dietary.

Applications are available by calling 218-563-2715 or stop by for an application.

M44C

Household

FLOORING SALE: In-stock as low as 67¢ sq. ft.; In-stock vinyls as low as 78¢ sq. ft.; In-stock laminates as low as \$1.69 sq. ft. FREE estimates. Installation available. Mireault's Home Furnishings, Fosston, MN, 218-435-6171 or 800-545-6171.

M36C-C

Recreation

FOR SALE: '83 Chevy motorhome, 23', \$3800. Call evenings, 218-487-5260.

R71C-NC

FOR SALE: 14' Lund boat, 30 hrs., Honda trailer, like new. Call evenings, 218-487-5260.

R12-11CNC

ARCTIC CAT "Ride now" and "Factory Authorized Snowmobile Clearance" on thru January 31st! Great Selection, Great Pricing, Great Programs. Larger rebates just announced. RV Sports, Thief River Falls, MN. 218-681-1007 or visit rvsports.com. Arctic Cat-Share our passion. Daily shipping on parts, clothing, and accessories.

R43-44C

Chilly Weather Got You Down? DON'T WORRY... THE HEAT IS PAID!

WHITE EARTH CONGREGATE HOUSING

has immediate openings for a 1 bedroom unit. Must be 62 years of age or 18 years of age with a disability. Rent includes water, sewer, garbage and heat. Rent is based on income. Certain Restrictions apply.

For more information call DW Jones Management, Inc. (218) 547-3307 or apply online at www.dwjonesmanagement.com Equal Housing Opportunity. TTY 711 CREATING BETTER LIVING

R431C-C

CHILLY WEATHER GOT YOU DOWN? Don't worry ... the heat is paid!!

RED LAKE SENIOR APARTMENTS

Call today about our 1 bedroom apartments that are available for immediate occupancy. Certain Restrictions apply. Rent is based on income and includes heat, water, sewer, garbage and electric. Must be 62 years of age or older. Laundry on-site, central air included, community room, emergency call system, meal services available. For more information contact 218-547-3307.

Equal Housing Opportunity TTY 711 Creating Better Living

R431C-C

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M43-47C

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G26C-eow-tfc

Miscellaneous

CANON POWERSHOT SD1100IS 8MP DIGITAL CAMERA: Camera works good. I am upgrading, so want to sell this camera. 8.0-megapixel CCD; 3x optical image-stabilized zoom; 2.5-inch PureColor LCD II monitor; Face Detection; Motion Detection Technology automatically reduces blur Video capture; Captures images to SD memory cards (not included); Comes with camera case, USB cord and battery charger. \$75. Cash only please. 320-349-0552 or 487-5222.

R421C-NC

FOR SALE: 240 Acres

Legal Description: SE1/4 and E1/2 of the SW1/4 Section 19 Township 151 Range 039 Johnson Township, Polk County, Minnesota Direction from Oklee, MN: South of Oklee take County Rd. 6 9 miles East to 370th Ave. SE, go North 2 miles, on the West side. 240 acres with approximately 190 acres tillable Recently ditched, with good drainage. Available for your farming for 2016 crop year. Priced at \$1,570 per acre.

Contact: McMullen Realty LLC

View at: mcmullerealtors.com
Call 218 681 3960

Joe McMullen, Real Estate Broker • Cell 218 689 5760
Amanda McMullen, Real Estate Agent • Cell 218 684 0858

R44C

JUVE REAL ESTATE

118 N. Johnson Ave. • Fosston
Fax: 218-435-6998
Cell: 218-435-6270
218-280-7995

NEW LISTING!!

2 bed/
1 bath
home
located in
Gonvick.
New
shingles, flooring, cabinets and 16x16
addition. Call for details!
MLS # 16-104 PRICE: \$45,000



Very nice 2 bedroom home on full unfinished basement. Everything has been updated. Hot tub included! Call for details!
MLS # 16-27
Price: \$49,900



R44C

PRICE JUST SLASHED!



#4118 - Not all treasures are on the bottom of the ocean, some are secluded and just need to be uncovered! 32 mostly wooded acres with the scenic Wild Rice River winding through this gem of a recreational/ hunting property. Complete with genuine log cabin giving you the feel of continuously being on an "Alaskan Adventure". So give us a call to set up a "guide" to assist you in bagging this one!

SOLLIE REALTY
Fosston, MN
218-435-1525
www.sollie.net

www.sollie.net

Hay, Grain, Seed

HAY FOR SALE: Medium square alfalfa/orchard grass 1st, 2nd & 3rd crop, stored inside, starting at \$35.00 per bale, volume discounts. Also medium square wheat straw, rotary combined, stored inside, \$25.00 per bale. David Olson, Gully, 218-766-9575.

R421C

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To Rent an Apartment

Gonvick Rentals (Ness Apartments)
Gonvick, MN

Pay only 30% of adjusted income for rent

On-site laundry/
Mail Delivery



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800-504-6093

Carol.saga@gmmco.org

TDD # 800-627-3529

R416C-C

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- Color or black & white prints
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MCAN

For more information on MCAN ads call:
218-487-5225

Minnesota Classified Advertising Network

EMPLOYMENT

RAILROAD VEGETATION CONTROL: Full-time traveling opportunity. 60-80 hours/week, \$12-\$15/hour starting, meal allowance, paid lodging & benefit package. RAW, Inc. in Cooperstown, ND 888/700.0292 info@rawapplicators.com www.rawapplicators.com

HELP WANTED - DRIVERS

LINSMEIER TRUCKING
A MN based company is now hiring Owner Operators to pull hopper bottom in the upper Midwest. Home weekends. Call 320/382-6644

NOW HIRING

Company OTR drivers. \$2,000 sign on bonus, flexible home time, extensive benefits. Call now! Hibbs & Co. 763/389-0610

JOHNSON FARMS TRUCKING
Wallhalla, ND is looking for OTR drivers and owner operators. Drivers making \$60,000+. New 2015 trucks! No Northeast runs. Call 800/437-5349

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high cash producing vending machines. .75 vend = .65 profit. No competition. Financing and locating services provided. Full details call now: 866/668-6629 www.tcvend.com

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in farmland or sell farmland and rent back? I work with farmers/investors. Lindsey Brown, Pifer's Auction & Realty 701/371-5538 - lbrown@pifers.com www.pifers.com

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BUY IN CANADA

Save \$\$\$ Show-homes Ready for viewing. Custom builds available. Taking orders for summer delivery. Pictures, floor-plans available at wgiesbrechthomes.ca. For additional information 204/346-3231 or wilbert@wghomes.ca

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GOT KNEE PAIN?

Back Pain? Shoulder Pain? Get a pain-relieving brace - little or no cost to you. Medicare patients call health hotline now! 800/755-6807

MISCELLANEOUS

XARELTO USERS

Have you had complications due to internal bleeding (after January 2012)? If so, you may be due financial compensation. If you don't have an attorney, call InjuryFone today! 800/591-7054

DONATE YOUR CAR

truck or boat to Heritage For The Blind. Free 3 day vacation, tax deductible, free towing, all paperwork taken care of 800/439-1735

DISH NETWORK

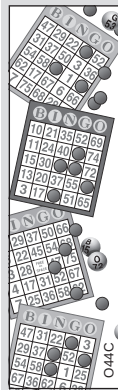
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Save up to 93%! Call our licensed Canadian and International pharmacy service to compare prices and get \$15.00 off your first prescription and free shipping. Call 800/259-1096

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AND PADDLE WHEEL

SATURDAY • 6:30 pm

59 #'s at \$1000
— UP TO \$1000 MAXIMUM —

SPONSORED BY:
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Brooks, MN • 218-698-4608



BINGO!

FRIDAY, JAN. 22TH
at 6:30pm!
Big G game in 54#s or less ... \$500
BLACKOUT in 60#s or less for \$1000!

Post Prom FUNDRAISER
2 sessions of painting with Gallery on the Go
PRE-REGISTRATION IS REQUIRED

Saturday, Feb. 6
DJ MUSIC with **"Hi-Flyer Entertainment"**
playing from 9-1 am!

A PORTION OF ALL ALCOHOL SALES WILL GO TO THE POST PROM!

GOODRIDGE LIQUOR STORE

Upcoming Events

at the **CLEARBROOK LIQUOR STORE**

Painting Party

Friday, February 5th
(check out online with Hickory Backroads for available spots)

with **Hickory Backroads**

"Save the Date"
Saturday, Feb. 13th
DJ **"Stillwater"** from 9-1

MARDI GRAS Party

"Come wearing a mask and we will supply the beads"

BAR BINGO & MEAT PADDLE WHEEL RAFFLE

SAT., JAN. 30
-at- 6 pm

Progressive - Blackout 55 #'s for \$1,000
License: #32290-001

FRI. & SAT. SPECIAL
5:00-10:00 pm
Walleye

SMEAR TOURNAMENT
every **TUESDAY** at 7 pm

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TACO TUESDAYS

serving for lunch & supper

EAT IN or TAKE OUT

BROASTED CHICKEN

served daily

Friday & Saturday Night

RIBEVE, WALLEVE, BBQ RIBS & CHICKEN

Smear Tournament
Every Wednesday night 7:00 pm

POTATO KLUB AND SIDE PORK for lunch
~ THURSDAY, FEB. 4 ~

COMING EVENTS:
WINE & WOOD PARTY
Sun, Jan. 31 ... 2 pm
Pre-register with Kelly at 487-5700 or 1-316-737-6231

FOOTBALL PARTY
HAPPY HOUR all day
Feb. 7
HORS D'OEUVRES & DOOR PRIZES

VALENTINE'S DANCE
Sun., Feb. 14, 4-8 pm
Music by **"Texas Connection"**

HOURS: M-SAT.: 8 A.M. - 1 A.M. SUNDAY: 11:00 A.M. - MIDNIGHT



Oklee Cafe

Open from 7 am-9 pm

BROASTED CHICKEN

FRIDAY, JANUARY 29th
Serving at 4:00 pm

Eat In or Take Out

Call 218-796-5666

Stadium Seating

FOSSTON THEATRE

Phone: 218-435-1700
Evening Shows: 5:50
Matinees: \$5.00

Fri 1/29-Thurs 2/4
KUNG FU PANDA 3 (PG-13)

Fri 4:30 7:30
Sat & Sun 1:30 4:30 7:30
Mon-Thurs 4:30 7:30

FROSTY DAYS SPECIAL!!

Sat 1/30 at 11am only
Kung Fu Panda 3 for \$3

Through Thurs 1/28
DADDY'S HOME (PG-13)

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Sat & Sun 1:30 4:30 7:30
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2016 Ford Escape SE 4WD 1.6L EcoBoost Engine, 6-Speed Select-shift Auto Transmission, Sunset Exterior, Charcoal Black Cloth Bucket Seats, Power Locks and Windows, Rear View Camera, Keyless Entry, 10-Way Power DR and Tilt Steering Wheel/Cruise, Remote Keyless Entry, SE Cold Weather Package, Power Heated Mirrors, Heated Driver and Passenger Seats

2015 Ford F-150 4x4 Crew 5.0L V8 FFV Engine, Elec 6-Spd Auto w/Tow Mode, Blue Jeans Metallic, Medium Earth Gray Interior Prem Cloth, Power Locks and Windows, Power Tailgate Lock, Trailer Sway Control, AdvanceTrac with RSC, XLT Series, Rear View Camera, Remote Start, XLT Chrome Appearance, 3.55 Electronic Lock RR Axle, Trailer Tow Package, Tailgate Step, 36gal Extended Range Fuel Tank

MSRP	\$28,880	MSRP	\$50,020
Ford "Get into the New" Trade Assistance	-2000	Ford XLT Luxury Discount	-2000
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Thief River Ford Discount	-750	Ford F-150 Special Cash	-1000
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*Must trade '95 or newer car or light truck

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'01 Chrysler PT Cruiser T15210A Limited, Heated Leather	\$4,999	'13 Chrysler 200 Limited B1055B V6, Leather, 4Sk	\$15,999
'03 Ford F150 Super Crew 4x4 T15141B XLT, Cloth	\$4,999	'13 Ford Fusion 4 Door SE B1075 1.6 Ltr, Leather Seats, 30k	\$18,499
'01 GMC Yukon 4x4 B1069A SLT, Leather, 160k	\$5,499	'12 Chev Equinox AWD T16074A LT, Leather, 43k	\$18,499
'06 Ford Fusion SE 4 Door B1072A 4 Cyl, Cloth	\$5,999	'12 Ford Escape 4x4 XLT T16021A Leather, moonroof, 36k	\$19,999
'07 Ford 500 Limited B1074B V6, Leather	\$6,999	'10 Ford F-150 Super Crew 4x4 T15250 5.4 Ltr XLT, Cloth, 60k	\$19,999
'06 Ford FreeStyle SEL/FWD T15219A Leather, V6	\$6,999	'12 Nissan Murano AWD T16075A V6, Moonroof, Leather, 80k	\$19,499
'05 Ford Explorer XLT 4x4 B1073A V6, Leather, 136k	\$7,399	'13 Ford F-150 Super Crew 4x4 T15149A XLT, 5.0 V8, Tr Tow	\$24,999
'09 Ford Fusion SE C15248A 4 Cyl, Cloth, Auto	\$6,999	'11 Ford Explorer Limited AWD T16062A Moonroof, Nav, Hld Leather, 64k	\$24,999
'11 Chev HHR 4 Door LT C15155A 4 Cyl, Cloth, 102k	\$8,999	'13 Ford F-150 Super Crew 4x4 T15245A XLT Chrome, 5.0 Ltr, 60k	\$26,999
'06 Chrysler Pacifica AWD S1076 Touring, Moonroof, Leather, 98k	\$9,499	'12 Ford F-150 Crew 4x4 T16076A Lariat Moonroof, 3.5 Eco, 77k	\$28,499
'10 Mercury Milan Premier T16072B Moonroof, Leather, 4 Cyl, 85k	\$9,999	'13 Ford Explorer Limited AWD T16058A Leather, Navigation, 44k	\$29,999
'09 Ford Taurus SEL C15217A V6, Cloth, Seats, 90k	\$10,499	'13 Chev Silverado 1500 Crew 4x4 T15123A V8, LT, Cloth, 23k	\$29,999
'04 Chev Avalanche 4x4 T15220A Z71, Cloth, 104k	\$13,999	'12 Ford F-150 Super Crew 4x4 T15189A 3.5 Ltr, Eco, XLT, 38k	\$29,999
'13 Ford Focus 4 Dr SE T16022A Cloth, 4 Cyl, 38k	\$14,599		
'12 Ford Fusion SE 4 Door B1071 4 Cyl, Auto, Cloth, 51k	\$15,999		

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 Terry Yanish
 Steve Lillestol
 Jeremy Lian
 Ryan Poissant

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Mon - Thurs 8 a.m. - 7 p.m.
Friday 8 a.m. - 6 p.m.
Saturday 8 a.m. - 4 p.m.

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R44C

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	Sect.	Overall		Sect.	Overall
W	L	QRF	W	L	QRF
Bagley	0	3	18.8	1	12
West Subsection 8A					
	Sect.	Overall		Sect.	Overall
W	L	QRF	W	L	QRF
Good-Grygla	5	6	38.1	7	7
Red Lake CC	1	10	17.3	1	13
East Subsection 8A					
	Sect.	Overall		Sect.	Overall
W	L	QRF	W	L	QRF
Win-E-Mac	7	1	78.5	14	2
Clrbrook-Gonv	8	2	62.7	13	2
Fosston	7	4	46.3	8	6
Section 8AAA					
	Sect.	Overall		Sect.	Overall
W	L	QRF	W	L	QRF
TRF	3	0	138.5	12	1
Bemidji	0	4	65.8	4	10

lebski 1, Dylan Walker 13, Jesse Wiseth 2, Austin Brateng 13, Ty Jelle 4, Ben Groven 4	
Girl's Basketball	
Saturday, Jan. 23	
Warroad 45, Bagley 27	
Warroad	24 21 — 45
Bagley	8 19 — 27
Warroad — Bailey Kleinschmidt 4, Talia Khemmany 8, Rachel Oftedahl 13, Madison Plovie 6, Alexis Syverson 8, Kiana Monkman 4, Madison Pickar 1	
Bagley — Camille Marschman 7, Hayley George 7, Bailey Engesether 1, Kaci Shultz-Reese 2, Rylee Aufforth 7, Val St. Clair 3	

Boy's Basketball

Saturday, Jan. 23

Bagley 63, Warroad 53, ot Warroad 29 19 5 - 53
Bagley 23 25 15 - 63
Warroad — Phillip Ness 2, Tommy Vilayphone 17, Clay Hep-pner 6, Kobe Ratsavongsy-Sivixay 19, Caleb Fast 9
Bagley — Travis Willberg 1, Hunter Syverson 5, Walker Cage 5, Louis Larson 8, Ben Anderson 28, Lucas Culkins 9, Max Beckstrand 2, Scott Lundsten 4



February 2

Ad Deadline

Friday at 4:30

Minnesota and Tractors

By Auctioneer, Eric Mickelson

There is a long list of Minnesota made tractors. The Bull tractor, The Ford(not Henry), The Lion(advertised "Strong as a Lion"), Tom Thumb, The Adams-Farnham tractor, the Common Sense tractor, last week's Flour City, and the list goes on. Most of these companies met with an early demise. It is believed there were about 112 Minnesota Tractor companies. Though short lived these companies showed the strong pioneering spirit of early mechanized agriculture.

Stories of tractors always intrigued me. I can remember being a youngster and sitting around the Farmers Club cafe, in Oklee, listening to my dad and the other farmers sharing farm and tractor stories. Now I grew up with mostly two cylinder John Deere tractors. They are still my favorites. But stories of other makes and models always perked up my ears. Dad sometimes talked about the model U Minneapolis Moline they had. Maybe that's why the first tractor I bought was a ZB Minneapolis Moline!

In 1887 the Minneapolis Threshing Machine Company (MTM Co.) was formed. They started with threshing machines and eventually manufactured steam powered tractors. In 1902 the Minneapolis Steel and Machinery Company (MS&M Co.) was also founded. Their engineers developed a light weight tractor line using the name Twin City. Due to a depressed farm economy the MTM Co, MS&M Co., and the Moline Implement Co. of Moline, Illinois, merged on March 30, 1929. They formed the Minneapolis Moline Power Company. They manufactured tractors under the Twin City name until 1938.

After that the name of the tractors was changed to Minneapolis Moline. The also then took on the pretty yellow and red paint scheme.

The first of these "Visionlined" models was the model "Z". The models "U", "G", and "R" followed in the companies letter series of tractors. Many models were produced under the Minneapolis Moline name until Minneapolis Moline, Oliver, and White merged into the White Motor Company. By 1974 the Minneapolis Moline name was dropped and all tractors were manufactured under the WHITE name.

Although they eventually joined other Minnesota tractor companies, falling by the wayside, Minneapolis Moline remains one of my favorites!!

Tractor Trivia

1. What color were Twin City tractors painted?
2. What baseball team shares a similar logo with the Twin City Tractor?
3. What is the name Minneapolis Moline gave to its yellow color?
4. Of the letter series Z, U, G, R, what was the largest tractor? A) U B) G C) R D) Z
5. Of the letter series, which was the smallest? A) U B) G C) R D) Z

Answers: 1. Gray w/red wheels 2. Minnesota Twins 3. Prairie Gold 4. B) G 5. C) R

Basketball Results

Honor roll Basketball

Double doubles

Liz Bodensteiner, Clearbrook-Gonvick, 25 points, 10 rebounds vs. Blackduck
Hunter Chaput, Win-E-Mac, 40 points, 10 rebounds vs. Mahnomen; 13 points, 10 rebounds vs. Fertile-Beltrami
Emelian Maya, Win-E-Mac, 10 points, 10 rebounds vs. Red Lake County
Rachel Spray, Clearbrook-Gonvick, 11 points, 10 assists vs. Laporte

Girl's Basketball

Monday, Jan. 18

Clearbrook-Gonv. 71, Cass Lake-Bena 27
Clearbrook-Gonvick 39 32 — 71
CLB 14 13 — 27

Clearbrook-Gonvick — Brynn Hetland 7, Alison Johnson 2, Liz Bodensteiner 21, Madison Stenzel 33, Tamara Skinaway 2, Cassie Faldet 2, Carlie Bergerson 4
Cass Lake-Bena — Ramona White 3, Danica Staples 4, Sunshine Kingbird 18, Trina Headbird 2

Win-E-Mac 75, Bagley 18
Win-E-Mac 40 35 — 75
Bagley 10 8 — 18

Win-E-Mac — Madison McKeever 22, Alayna Espeseth 17, Jessica Kasprzak 10, Mariah McKeever 8, Kelsey Knutson 6, Tanya Bring 4, Tanya Wilson 2, Lauren Strom 1, Kylie Brekke 4, Hannah Smeby 1
Bagley — Camille Merschman 2, Hayley George 2, Alex Syverson 4, Kaci Schultz-Reese 5, McKinzie Halvorson 1, Valerie St. Clair 4

Boy's Basketball

Tuesday, Jan. 19

Fosston 76, Mahnomen 62
Fosston 36 40 — 76
Mahnomen 28 34 — 62

Warroad 60, Goodridge-Grygla 48
Goodridge-Grygla 21 27 — 48
Warroad 27 33 — 60

Goodridge-Grygla — Hannah Dietsch 7, Mariah Coan 6, Brooke Limesand 2, Shantel Verbut 13, Madison Bakken 9, Ashlyn Henrickson 3, Brooke Anderson 8
Warroad — Bailey Kleinschmidt 2, Talia Khemmany 8, Rachel Oftedahl 5, Madison Plovie 16, Alexis Syverson 8, Kiana Monkman 12, Madison Pickar 8

Fosston 68, Mahnomen 27
Fosston 42 26 — 68
Mahnomen 17 10 — 27

Fosston — Abby Swanson 31, Jaclyn Hubbard 4, Lillie Manecek 4, Emily Curfman 14, Rebecca Olson 2, Emma Viken 2, Tess Hubbard 3, Katie Nelson 4, Morgan Wilson 4
Mahnomen — Abby Large 2, Lindsey Thompson 4, Erika Belanger 2, Kiki Keezer 7, Ashley Johnson 6, Lilly Walker 6

Win-E-Mac 67, Clearbrook-Gonvick 48
Win-E-Mac 32 35 — 67
Clearbrook-Gonvick 26 22 — 48

Win-E-Mac — Mariah McKeever 7, Tanya Bring 2, Jessica Kasprzak 4, Kelsey Knutson 10, Madison McKeever 32, Tyra Wilson 2, Alayna Espeseth 10
Clearbrook-Gonvick — Brynn Hetland 2, Alison Johnson 5, Liz Bodensteiner 17, Rachel Spray 9, Madison Stenzel 7, Madelynn Faldet 6, Carlie Bergerson 2

Boy's Basketball

Tuesday, Jan. 19

Fosston 76, Mahnomen 62
Fosston 36 40 — 76
Mahnomen 28 34 — 62

Fosston — Brock Hemmesch 1, Jesse Sather 35, Hunter Kroening 16, Brett Sundquist 2, Karsten Broadley 12, Lochlan Broadley 4
Mahnomen — Jon Starkey 11, Clark Burnette 2, Tommy Pavsek 12, Blake Kahlbaugh 5, Brian Schoenborn 6, Karsten Gieseke 12, Charlie Coleman 13

Red Lake Co. 70, Badger-G-MR 52
BGMR 23 29 — 52
Red Lake Co. 33 37 — 70

Badger-Greenbush-Middle River — Skyler Forst 14, Brandon Sorenson 3, Jordan Watson 10, Tyler Becker 1, Trevor Robinson 7, Conner Graff 3, Jack Peppel 2, Ben Lieberg 8, Colton Penas 4
Red Lake County — Drake Engelstad 30, Talon Porter 5, Will Duden 9, Ethan Vettleson 5, Justin Nemec 2, Dylan Olsen 2, Devin Lambert 6, Marcus Christensen 8

Warroad 59, Goodridge-Grygla 53
Goodridge-Grygla 16 37 — 53
Warroad 19 40 — 59

Goodridge-Grygla — Blaine Kriel 5, Tyler Stinar 10, Dylan Walker 15, Austin Brateng 10, Ty Jelle 9, Ben Groven 4
Warroad — Phillip Ness 3, Tommy Vilayphone 10, Clay Hep-pner 4, Kobe Ratsavongsy-Sivixay 16, Caleb Fast 20, Lucas Garbe 6

Win-E-Mac 54, Bagley 37
Bagley 18 29 — 47
Win-E-Mac 18 36 — 54

Bagley — Walker Cage 9, Louis Larson 13, Ben Anderson 15, Lucas Culkins 8, Scott Lundsten 2
Win-E-Mac — Mikah Olson 8, Alec Kiecker 6, Emelian Kaya 8, Hunter Chaput 21, Brekken Lindberg 8, Blake Glass 3

Girl's Basketball

Wednesday, Jan. 20

Section 8AA

Essentia Health-Fosston Once Again Designated as Level 4 Trauma Hospital

The Minnesota Department of Health has again designated Essentia Health-Fosston as a level 4 trauma hospital. The process of designation includes an outside review of the hospital's resources and capabilities to care for trauma patients. Essentia Health-Fosston met standards of commitment, clinical and equipment resources and staff training. The hospital also participates in a continuous performance improvement process.

"Our hospital being trauma designated once again with the state of Minnesota confirms the robust efforts put in place toward that end by staff, leadership and providers here in Fosston," says Kevin Gish, Administrator of Essentia Health-Fosston.

For a severely injured person, the time between sustaining an injury and receiving definitive care is the most important predictor of survival—the "golden

hour." The chance of survival diminishes with time; however, a trauma system enhances the chance of survival regardless of proximity to an urgent trauma hospital.

"Trauma is the third leading cause of death in Minnesota," said Minnesota Commissioner of Health Dr. Edward Ehlinger. "The goal of the trauma system is to decrease injured patients' time to care by making sure their medical needs are appropriately matched with hospital resources. With designation of Essentia Health-Fosston as a level 4 trauma hospital, we are getting closer to our goal of ensuring that seriously injured Minnesotans have access to an organized system of trauma care wherever they are in the state."

On average, trauma claims the lives of 2,400 Minnesotans annually. States with trauma systems have seen survival rates increase by 15 to 20 percent. Wide-scale participation

in the voluntary trauma system ensures that a statewide, cooperative effort is in place to care for seriously injured patients.

Minnesota began developing a comprehensive statewide trauma system in August of 2005. Through its designation Essentia Health-Fosston recognizes the vital role that communities, ambulance services, hospitals and health care professionals play in the care and management of trauma patients.

"With our excellent medical staff and recent infrastructure improvements such as the on-site helipad, we look forward to continuing in providing this valuable trauma service to our community and area far into the future," says Gish.

Essentia Health-Fosston has been a part of Minnesota's statewide trauma system and designated as a level 4 trauma hospital since 2012.

THIS WEEK: 289 Events in Minnesota to Raise Awareness About School Choice

The North Star State plays key role in National School Choice Week, the largest celebration of educational opportunity in US history.



ST. PAUL— National School Choice Week begins today in Minnesota and across the country. There are 289 events planned in the North Star State to raise awareness about K-12 school choice, and 16,140 events nationwide.

The events in Minnesota, which are independently planned and independently funded, include everything from information sessions and open houses at schools to rallies, policy discussions, and movie screenings organized by community groups.

The mayors of Echo and Woodbury have issued official proclamations recognizing January 24-30, 2016 as "School Choice Week."

"Minnesota was one of the first states to provide parents with greater school choice options - and the state continues

to offer a diverse array of K-12 educational choices," said Andrew R. Campanella, president of National School Choice Week. "National School Choice Week will shine a positive spotlight on these options so that more parents can learn about the opportunities available to their kids in time for the 2016-2017 school year."

With a goal of raising public awareness of effective education options for children, National School Choice Week will be the largest celebration of education options in US history.

School Choice Options Available For Minnesota Families

According to National School Choice Week's organizers, fami-

lies in Minnesota can use the Week to look for K-12 schools for the 2016-2017 school year. Parents in the North Star State can choose from the following education options for their children: traditional public schools, public charter schools, magnet schools, online academies, private schools, and homeschooling. In some parts of the state, open enrollment policies allow parents to select the best traditional public school, regardless of where the school is located. The state also has a program allowing parents to deduct private school tuition from their state income taxes.

About National School Choice Week

National School Choice Week is an independent public awareness effort spotlighting effective education options for children, including traditional public schools, public charter schools, magnet schools, private schools, online learning, and homeschooling. The Week runs from January 24-30, 2016. For more information, visit www.school-choiceweek.com.



Theology in the Trenches

By Kathleen Kjolhaug

Fitting In Without Working Out

Muscle tones, vocal tones, instrumental tones have strands which connect. That being, authentic replication among them is impossible without due diligence. One may purchase cheap imitations and mimic; those fit for a bit. For a while, all might look like the real deal until you put next to it the original. Suddenly, the fake can be spotted. Lip syncing life styles last for a song or two, but true artists croon away at mastery through work outs, practice, and putting in their due. In other words, in order become like those whom we admire, it takes hard work. Then and only then, will the likelihood of authentic achievement be possible.

Case-in-point: I was at a workshop one day and the talented presenter made the day go by quickly as she flawlessly unfolded the information we needed. She had flown in and was talking about how her

job takes her to several places around the world. On her way out we had a short conversation, and I asked her if she enjoyed her work. Without hesitation, she enthusiastically told me about it. I then ventured to ask if the company for which she worked ever needed consultants. I envisioned myself doing what she did. It looked fun.

She invited me into conversation by mentioning that they were looking for trainers once in a while and then politely went on to expound upon her credentials. Educator of the year in this area, educator of the year in that area, a degree here, another one there, and as she dashed off to her car, I did likewise. Her bucket was full and what she knew was much deeper than what appeared on the surface. Her knowledge base was broad; she had earned the right to stand in front and do what she did. She was authentic.

I once heard that if you want to know if a monetary bill is counterfeit, the best way to be-

come an expert is to study the real deal. That way, when the fake one comes across, you can, without a doubt, spot it. You will be prepared because you know authentic.

I've heard something similar about Jesus Christ. I've heard it said that if you want to be able to discern what is of God, Jesus Christ, do not study that which is false. Study that which is true. Know Him, and you will discern what is not of Him. It's really quite that simple.

Lord God, authentic is what You are and authenticity is what you have to offer. Heb. 13:20-21 drives it home. "Now may the God of peace, who through the blood of the eternal covenant brought back from the dead our Lord Jesus Christ, that great Shepherd of the sheep, equip you with everything good for doing his will, and may He work in us what is pleasing to Him, through Jesus Christ. To Whom be the glory forever and ever. Amen.



Ask a Trooper

by Sgt. Jesse Grabow Minnesota State Patrol

Q u e s - t i o n : Question: What the legal ramifications are if someone is stopped for drinking with a child in a vehicle.

A n s w e r : If a driver is arrested for "driving under the influence of alcohol or drugs" and has a child in the vehicle it would enhance the violation. Child endangerment is less than 16 years of age and greater than 36 months difference from offender.

- First offense DWI under a 0.16: 90 days in jail and/or \$1,000 fine.
- First offense DWI under a 0.16 with a child: 1 year in jail and/or \$3,000 fine.
- First offense DWI over a 0.16: 1 year in jail and/or \$3,000 fine.
- First offense DWI over a 0.16 with a child: 1 year in jail and/or \$3,000 fine and vehicle forfeiture.

Minnesota's enhanced DWI

enforcement and education efforts have been factors in the continued reduction of alcohol-related deaths. Still, impaired driving remains a serious threat. In the past five years (2010 – 2014), there were 47 drunk driving-related deaths in Minnesota, and 88 people were killed in drunk driving-related crashes in 2014 alone. In addition, each year 28,000 people are arrested in Minnesota for DWI with one in seven Minnesota drivers having a DWI on their record.

DWI applies to all vehicles including: cars, trucks, boats, motorcycles, snowmobiles, ATVs, riding lawn mowers and golf carts.

Subsequent DWI/DUI and impaired driving offenses will result in longer potential jail time, higher fines, longer driver's license suspensions, and harsher penalties.

For a complete list of the criminal and administrative penalties you may face for subsequent DWIs, please visit the Minnesota Department of Public

Safety (DPS) website: <https://dps.mn.gov/divisions/ots/laws/Pages/impaired-driving.aspx>

Help Prevent Impaired Driving:

- Plan for a safe ride – designate a sober driver, use a cab/ public transportation or stay at the location of the celebration.
- Offer to be a designated driver, or be available to pick up a loved one anytime, anywhere.
- Buckle up – the best defense against a drunk driver.
- Report drunk driving – call 911 when witnessing impaired driving behavior. Be prepared



Winter Driving Fuel Economy

Winter weather has finally arrived in the Red River Valley. The extremely cold temperatures, icy roads, and blowing snow can make driving difficult and be hard on our vehicles in the winter. When the temperature plunges, fuel efficiency can fall 20% or more and air pollution can increase. Hybrids fare even worse—their fuel economy can drop over 30% in cold weather.

The Minnesota Pollution Control Agency (livinggreen365.pca@state.mn.us) offers the following tips to increase your car's wintertime fuel economy and reduce polluting emissions:

- 1. Check your tires.** Tires lose pressure when the temperature drops. Properly inflated tires improve gas mileage and prolong the life of the tire. Check your tire pressure at least monthly in the winter.
- 2. Maintain your vehicle.** A well-maintained vehicle uses less fuel and pollutes less. According to the U.S. EPA and the U.S. Department of Energy, fixing a car that is out of tune can improve its gas mileage by an average of 4%.
- 3. Don't idle.** It's not necessary or even advisable to warm vehicle engines more than 30 seconds in the winter. Most cars built in the last couple of decades have electronic engines in place of carburetors and warm faster when they are moving. Vehicles should also be turned off when stopped for more than 10 seconds. After 10 seconds, it takes more gas to idle than it does to restart the engine. An idling vehicle also creates more pollution than a moving one.
- 4. Combine trips.** It takes longer in cold weather for your car to reach its most fuel-efficient operating temperature. Combine trips to help keep the engine warm and saves on gas. For optimum operating efficiency, make your longest stop your first stop. Consider using a GPS device or your phone to plan your route.
- 5. Remove junk from the trunk and clear snow and ice.** Reducing weight increases your MPG and reduces vehicle pollution. Clear ice and snow, including in the wheel well area, to reduce vehicle weight and tire interference.
- 6. Remove drag.** When not in use, remove roof racks and other accessories that increase wind resistance and decrease MPG.
- 7. Avoid peak travel times.** This is good advice any time of the year, but especially in the winter when icy roads can slow traffic to a crawl.
- 8. Turn off seat warmers and defrosters.** Use seat warmers and defrosters sparingly. You'll get better MPG when they're off.
- 9. Preheat the cabins of hybrid and electric vehicles.** Preheating the car's interior while it's plugged into the charger can extend its range.
- 10. Don't drive.** Keep your car parked when the weather is bad. You'll be safer and your vehicle will get better fuel efficiency if you wait to drive until the snowplows clear the roads. If possible, take public transportation to your destination.

For more information on these topics, go to:

- **Fuel Economy in Cold Weather,** www.fueleconomy.gov/coldweather
- **Tire check: Check your tires and reduce pollution,** www.pca.state.mn.us/fw48fda
- **"The biggest winter energy myth..."**, www.washingtonpost.com
- **"Which Is Greener: Idle, or Stop and Restart?"**, http://www.afdc.energy.gov/uploads/publication/which_is_greener.pdf

to provide location, license plate number and observed dangerous behavior.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow – Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPIO_NW or reach him at, jesse.grabow@state.mn.us).

THIBERTS

NEW 2016 BUICK LACROSSE SPORT TOURING

Navigation, Rear Camera, Loaded With Safety Features, Heated Seats, Ebony Twilight Metallic, Stock 68047

\$33,133*

NEW 2015 CHEVROLET IMPALA 2LT

Advanced Safety Package, Rear Camera, Heated Seats, Black, Stock 68182

\$27,347***

NEW 2015 CHEVROLET TRAX LTZ AWD

Heated Seats, Rear Camera, Loaded With Options, Deep Espresso Metallic, Stock 58200

\$25,062**

* Does not include tax, title, license, or transfer. Offer Valid until 2/1/16

** Must be a MN resident. Does not include tax, title, license, or transfer. Offer Valid until 2/1/16

*** Must Own '99 or newer Chevrolet passenger car or light duty truck. Must be a MN resident. Does not include tax, title, license, or transfer. Offer valid until 2/1/16

USED VEHICLES

PROGRAM CARS

2015 Buick LaCrosse Leather 67023A, eAssist, Heated Leather, Rear Camera, 14k, Midnight Amethyst Metallic.....	\$24,500
2015 Buick LaCrosse Leather 67024A, eAssist, Heated Leather, Rear Camera, 9k, Carbon Black.....	\$23,900
2015 Chevrolet Impala LT Limited 67020A, 5K, Gray.....	\$18,000
2015 Chevrolet Malibu LT 67021A, 14K, Silver.....	\$17,900
2015 Chevrolet Impala LT Limited 67009A, Sunroof, 11K, Red.....	\$17,500
2015 Chevrolet Impala LT Limited 67014A, Sunroof, 16K, Red.....	\$17,200
2015 Chevrolet Impala LT Limited 67018A, Sunroof, 13K, White.....	\$16,800
2015 Chevrolet Impala LT Limited 67011A, Sunroof, 15K, Black	\$16,800
2015 Chevrolet Impala LT Limited 67027A, 16K, Silver.....	\$16,500
2015 Chevrolet Impala LT Limited 67019A, Sunroof, 18K, Silver.....	\$16,500
2015 Chevrolet Impala LT Limited 67013A, 18K, Black	\$16,200
2015 Chevrolet Impala LT Limited 67026A, Sunroof, 22K.....	\$15,900
2014 Chevrolet Impala LT Limited 67051A, Sunroof, 19K, Gray	\$15,800
2013 Chevrolet Impala LTZ 47034A, Sunroof, Bose, Heated Leather, 14k, Silver	\$16,200

LOW MILEAGE CROSSOVERS

2015 Chevrolet Traverse 2LT AWD 67029A, Heated Leather, 2nd Row Buckets, Sunroof, Rear Entertainment, 18k, Tungsten Metallic	\$32,500
2015 Chevrolet Traverse LT AWD, 67031A, Heated Seats, 2nd Row Bench, Rear Entertainment, 15k, Tungsten Metallic	\$29,000
2015 Chevrolet Equinox LTZ AWD 68012A, Heated Leather, Navigation, Chrome Appearance Package, 6k, Blue	\$28,500

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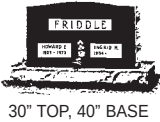
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OBITUARIES



Services for
Larae J. Churness

Larae "Lori" Jacqueline Churness, age 57, of Clearbrook, MN, died on Sunday, January 17, 2016 at Sanford Bemidji Medical Center in Bemidji, MN.

Funeral services were held on Wednesday, January 20, 2016 at 11:00 a.m. at Country Faith Church in Clearbrook, MN. Interment will be in the spring. The Cease Family Funeral Home of Bagley assisted the family with the arrangements.

She was born in Fosston, Minnesota on November 2, 1958, the daughter of Roger and Petra (Meldora) Eck. She attended school in Gonvick, MN. Her first job was as a car hop in Gonvick. On July 11, 1975, Larae was united in marriage to David Churness. When they were first married, David and Larae moved to Fargo, ND, then to Oslo, ND. Later, they came back to Clearbrook and started Dairy Farming. Larae worked as a nurses aid for many years, and then at Thrifty White Pharmacy, later working other jobs, too. She loved art, whether it be drawing or painting. Larae also enjoyed gardening, remodeling the house, and traveling with David (especially to the Caribbean). She adored her Yorkies, Zoe and Libby. Most of all, Larae's passion was raising her children and helping with her grandchildren.

She is survived by her husband, David Churness; her children Troy (Andrea) Churness, Tara Churness, and Travis (Danielle) Churness; her grandchildren, Hunter, Adriana, Amara, Ashlyn, Dillan, Tristan, Brianna, Thomas, Aiden, Alex, and Ashten; and her siblings, Connie (Jim) Williams, Kenny (Nancy) Eck, and Darrell Eck.

She was preceded in death by her parents, Roger and Petra Eck; and her brothers, Rodney Eck and Teddy Eck.

Messages of condolence may be sent to ceasefuneralhome.com.



Services for
Norma Hazelton

Norma Hazelton was born on March 3, 1924 to parents Arthur and Alma (Olson) Anderson on a small farm near Gonvick, MN. Norma passed away peacefully on January 19, 2016 at the Lynwood Nursing Home in Fridley, MN. Norma attended Lincoln Country School grades 1-8 and graduated from Fosston High School in 1942. During WWII, she worked for the DM and IR Railroad in Proctor, MN and the Willamette Ship Yards in Portland, OR. She continued her education at Duluth State College and Bemidji State Teacher's College and taught country school for 3 years.

In 1947, she married Aloys (Bud) Hazelton at Bethlehem Lutheran Church where she had been baptized and confirmed. Together they had 3 children, a daughter Janis Dolinich and two sons Dennis and Scott. They made their home in Circle Pines, MN until 1960 when they moved to a small farm in Cedar, MN. Bud worked for FMC and Norma worked for the Centennial School District for 32 years.

Bud passed away in 1990 and Norma continued to live at their farm until 1997 when she moved to Fosston, MN and married Chester Lee where they lived on his farm. Chester passed away in 2003.

Norma loved music; she was always able to find a church choir to join and was the Junior Choir Director at Our Saviors Lutheran Church for many years. She assisted with music and programs for Sunday school. She was president of the Gonvick WELCA for several years and secretary of the church council at the Samhold Church in Gonvick. Norma spent her last years as part of the Golden Tones senior choir in Coon Rapids where she enjoyed giving "gigs" and writing skits and music programs.

She enjoyed quilting, sewing, embroidering and gardening. She loved to play cards and spend time with her friends in a weekly card game at the Dublin Park Apartments in Coon Rapids where she lived. Norma loved to laugh and tell funny stories and share her quick wit. She especially enjoyed any time she was able to spend time with her family.

Preceded in death by her parents, a sister Adeline Bejold, brother Lloyd, one grandchild Annette Smith, her two husbands Bud and Chester, and her son-in-law Jeff Dolinich.

Norma is survived by, Janis, Dennis (Rox Ann), Scott, step daughters Karen (Greg) Johnson, and June (Lonnie) Calhoun. Grandchildren: Stephany, Heidi (Marty), Jon, Joe, Mike, Nicole, Mike (Denise), Mitch (Ashley), Matt (Sarah), Luke (Casey), and Jeremy. Great Grandchildren: Shelby, Alex, Megan, Nicholas, Cohen, Finn, Schaen, Aria, and Allison. Many cousins and countless friends.

The Service for Norma Hazelton will be held at the Our Saviors Lutheran Church in East Bethel on Saturday February 13, 2016 at 11AM. Visitation begins at 10AM.



The family of Bob Connell would like to express their appreciation to everyone who helped make Bob's memorial service such a nice tribute to his memory.

A special thank you to the Johnson Funeral Home for their services, Dawn Hanson for her visits and comforting words, Bethany Ladies, Sand Valley Congregation & Ladies Aid, the special music by the Watnes, Carole & Tanya Tharaldson and Cindy Bjerkle.

Thanks to everyone who gave cards, memorials, flowers and food.

Special thanks to Rod & Toni for hosting the get together at their place. Also thanks to all my patrons and staff at Carol's Cozy during this time, the kindness you've shown is comforting.

Carol Connell

R44C



Services for Dennis
Paul Lundmark

Dennis Paul Lundmark passed gently into the arms of the Lord on Tuesday, Jan. 19, 2016 at his home in Colorado, ending his valiant 46 month battle with pancreatic cancer.

He was a beloved husband, father, grandfather, brother, and loyal friend to many. He is survived by his wife, Sally Lundmark and sons Rolf Lundmark (wife Jennifer) and Kevin Lundmark (wife Susan), and his precious grandchildren: Sydney, Annika, Peter, Corinne, and Isaac. In addition a brother, David Lundmark and sister Susan Kampen of Brainerd, MN, and sister Shirlee Allen of Eden Prairie, MN survive him. His parents and a sister, Sandra Hanke, predeceased him. Dennis and Sally would have celebrated a 46 year wedding anniversary on 2/11/16.

Dennis was born to Paul G. and Alice J. (Wildmo) Lundmark in Bagley, MN on Aug. 8, 1944. He was the grandson of early Clearwater County pioneers: Gustaf and Maria Lundmark of Leonard, and Jacob and Sophia Wildmo of Berner. His father, Paul, ran creameries in Clearbrook, Leonard, Gully, Roseau, and Greenbush. The family lived six years in Gully from 1951-1957, and Dennis had such fond memories of the years there that he considered himself a "loyal citizen of Gully" the rest of his life. He graduated from Clearbrook (MN) High School in 1962, attended Brainerd (MN) Jr. College, and graduated with a BA in mathematics from Bemidji State University in 1966. After completing OTS, he was commissioned in the USAF as one of the original "space nuts". In 1978 he completed a MBA from UNC in Greeley, CO. His Air Force assignments included: Omaha, NE; Spokane, WA; Kokha, Thailand; Cheyenne Mountain AFS; the Pentagon; and finally Space Command at Peterson AFB, where he retired in 1988. He then began a new 20 year career with Computer Technology Associates, retiring in 2008.

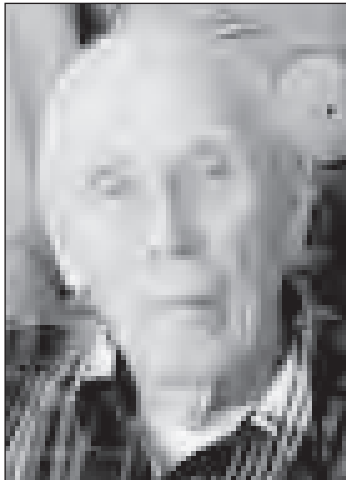
Dennis was active in Boy Scouts for many years as a scoutmaster, and in Order of the Arrow. He achieved Vigil Honor and received the Silver Beaver Award. He and Sally also sponsored many Air Force Academy cadets over the years, with many remaining in close touch as extended "family".

He was a member of Frontier Sportsmans Club and was a hunter and shooter, with many happy hours spent in his home workshop after retirement. The family expresses heartfelt thanks to Dr. Christopher Lieu and staff in the GI Oncology Dept. at University of Colorado Anschutz Medical Center in Aurora, CO for their compassion and excellent care that gave Dennis these last 4 years with our family. Also our heartfelt thanks are extended to Dr. Daniel Tell and staff at Rocky Mountain Cancer Center in Colo. Springs who brought him through many a crisis.

In lieu of flowers the family requests donations be made in Dennis' name to: First Lutheran Church 1515 N. Cascade Ave. Colorado Springs, CO 80907 or to: University of Colorado Hospital Foundation, 12401 E. 17th Ave. Mail stop F484, Aurora, CO 80045 (memo-GI Cancer Fund)

A Memorial Service will be held Saturday, Feb. 6, at 10:30AM at First Lutheran Church, 1515 N. Cascade Ave. Colorado Springs. Inurnment will be in First Lutheran Church Columbarium.

Obituary Notices
also on our website
www.tricocanary.com



Services for
Wilford (Bud)
Julian Sorenson

Wilford (Bud) Julian Sorenson was born November 14, 1922 in Grygla, MN to Mollie and Melvin Sorenson. He passed away peacefully at his home with his family by his side on January 22, 2016 at the age of 93. Growing up there he met and married the love of his life Irene Sletten and eventually moved to Minneapolis where he worked at a couple of steel plants and sometimes part time as a mechanic.

After a few years they and their four children made their way to Lindstrom, MN where Bud built his farm from scratch with his own hands. It was hard and humble work, but Bud was proud of what he had achieved and built for his family and future generations. During this time he worked for MNDot.

When he retired from there he got a job working with Irene at Hazelton in Center City.

In later years Bud retired, but kept busy with various projects in the garage and the yard of their 40 acre farm. He loved classic cars and could fix anything with a motor, and was always looking for ways to improve upon everyday objects. He loved to visit with friends and have "forenoon coffee" with his loved ones. Volunteering was also important to Bud, as he volunteered for Family pathways and the local food shelf. Bud was a proud and longtime member of the Mason's and was Grand Master for a few years.

He was preceded in death by his parents: Melvin and Molly, brothers: Raymond and Myron (Jack), sisters: Katherine, Inez, Myra and Lillian, and grandson Jared.

He is survived by his beloved wife Irene, children Camie, Michelle, Paul and Tim, 10 grandchildren, and 7 great grandchildren, many nieces, nephews, cousins and friends.

A Celebration of his life will be held at 11:30 a.m. on Wednesday, January 27, 2016 at Trinity Lutheran Church in Lindstrom, Minnesota. Visitation was one hour prior to the service at church.

In lieu of flowers or gifts, donations can be made to Fairview Lakes HomeCaring & Hospice, 11725 Stinson Ave., Chisago City, MN 55013 or the Alzheimer's Association, 7900 West 78th Street, Suite 100, Minneapolis, MN, 55439. Arrangements by the Grandstrand Funeral Home in Lindstrom. Condolences may be expressed online at www.grandstrandfh.com

AD DEADLINE
4:30 PM
FRIDAYS

Tri-Valley Senior Volunteers Make a Difference

Crookston, Minn. - Now that the holidays are over and the winter doldrums are starting to give way to more pleasant weather, are you looking to get more active or find something meaningful to do? If you answered yes, look into volunteering with Tri-Valley Opportunity Council, Inc.'s Senior Programs. Tri-Valley's Senior Programs consists of the Caring Companion Program and the Foster Grandparent Program.

The Caring Companion Program consists of companions who are 50 years or older. They help other seniors by visiting with them, taking them to appointments, helping with errands and groceries, playing cards or games, having coffee with them and being a friend to them. Caring Companions can make a difference in the quality of life for a lonely senior.

The Foster Grandparent Program consists of volunteers who are 55 years or older. They volunteer in schools, Head Starts,



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Services held for
"J.O." James

Ole Prestebak

"J.O." James Ole Prestebak passed away peacefully on Saturday, January 16, 2016 at Golden Living Center - Moorhead, MN at the age of 59.

A funeral service was held at 2:00 p.m., Friday, January 22, 2016 at Faith Lutheran Church, Goodridge, MN with Rev. Philip Johnson officiating. Burial will be held at a later date.

"J.O." James Ole Prestebak was born April 4, 1956 at a military hospital near Orleans, France to Robert and Arlene (Johnson) Prestebak. The family returned to their farm north of Goodridge soon after his birth. He was confirmed at First Lutheran Church. He participated in the Good Hope 4-H Club and the Bit and Bridle Saddle Club. J.O. attended Goodridge High School and participated in the first wrestling team. He graduated in 1974. He graduated from Northland Community College and attended Moorhead State University and Bemidji State University.

J.O. made his living farming, expanding family farm land to include land in Moylan and Eckvold townships near Goodridge. J.O. always enjoyed working with horses. When he was younger, he traveled to local horse competitions with friends and family in tow. Throughout his life, he trained and cared for horses and dogs. He taught himself to play the guitar and loved to play the songs of Arlo and Woodie Guthrie, Bob Dylan and The Beatles. He enjoyed his participation in the productions of the Goodridge Historical Society. He loved tinkering with classic snowmobiles and cars.

J.O. is survived by his parents, Robert and Arlene Prestebak, his brother Tim and sisters Jane Prestebak (Sam Storino) and Dena (Mike) Halsa, nieces and nephews Lorentza Ruud, Anna (Alex) Burton, Adelle (Tyler) Christianson, Adrian Prestebak, Alan Prestebak, Nate Halsa, Aaron Halsa, Molly Halsa. Two great nieces or nephews are expected in May.

He was preceded in death by grandparents, Wayne and Evelyn (Peterson) Johnson, Ole and Laurence (Urdahl) Prestebak, sister-in-law Michelle Prestebak and several aunts and uncles.

Condolences may be shared by visiting www.johnsonfuneralservice.com.



Services held for
Robert Anderson

Robert A. Anderson, age 82, of Flint, MI, died Monday January 4, 2016. Funeral services were held 11 AM Friday January 8, at Our Risen Lord, 4040 Lapeer Rd., Burton, MI. Pastor Susan Lidmus officiating. Burial in Flint Memorial Park, Mt. Morris, MI. Visitation was held 12PM - 4PM and 6PM - 8PM Thursday at Sharp Funeral Homes, Miller Road Chapel, 8138 Miller Rd., Swartz Creek. Those desiring may make contributions to Our Risen Lord Church or the Genesee County Humane Society.

Robert was born on April 3, 1933 in Gully, Minnesota and was lovingly raised by his grandparents, Andrew and Christina Anderson. Robert was the son of the late Christ Nelson and Cora N. Anderson.

He married Phyllis Hanson on April 19, 1951 in Gully, MN. Robert served his country in the Army during the Korean War. Mr. Anderson enjoyed picture framing, camping, traveling, watching and playing sports, shooting pool, music and cats especially his cat Bootsie. Robert also enjoyed spending many happy hours with his beloved daughters. Robert and Phyllis moved to Flint in 1955 where he later retired as a crane operator on January 1, 2000 with 45 years of service.

Surviving are: wife, Phyllis of Flint, MI; daughters, Kimberly and Christine Anderson both of Flint, MI; sisters-in-law, Linda Anderson of MN and Joan Nelson of FL, Claudia (Larry) Binkley of Holly; special cousins, John (Pat) Erickson of MN and Jerry Erickson of MN; very special nephew Martin (Cathy) Nelson; many nieces and nephews; brothers-in-law Allen Hanson of Grand Blanc, Victor (Pam) Hanson of Davison, and Richard Hanson of Flint.

He was preceded in death by his parents; grand parents; daughter, Lydia Anderson; brother, Delano Anderson; cousin, Steve Erikson; sisters in law, Mary Hanson, Connie Hanson; niece Angela Binkley Burke; great grand nephew, Bjorn Hanson. Online condolences may be posted on the obituaries page of www.sharpfuneralhomes.com.

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USXC 2016 I-500 Route Change

The 2016 I-500 is 100% a GO...NOTE THE CHANGES BELOW!



Due to the lack of snow in the southern part of Minnesota, the course for this years I-500 will be changed to the following:

500 MILE, 3-DAY INTERNATIONAL EVENT

Monday, February 8 - Check-in/Registration/ Pre-Tech at the Seven Clans Casino, TRF

Tuesday, February 9 - Check-in/Registration/Pre-Tech in Winnipeg

Wednesday, February 10 - Day 1 from Winnipeg to Seven Clans Casino, TRF (200 miles)
Thursday, February 11 - Day 2 starting and ending at Seven Clans Casino, TRF (180 mile loop)

Friday, February 12 - Day 3 Seven Clans Casino, TRF to Bemidji, MN (125 miles)

Vintage, Classic IFS and Junior classes will run Day 3 only!

Awards banquet, including dinner, will be Friday, February 12 following the conclusion of the race at the Sanford Center, Bemidji, MN.



Under pressure from the Win-E-Mac Patriot defense, #31 Madison Stenzel gets a shot off for the Clearbrook-Gonvick Bears. The Patriots are in the Pine to Prairie Conference and the Bears are in the Northwoods Conference.

Gully Area Sportsman's Club

COYOTE HUNT

January 30 - February 27
closing at 3 pm

Entry fee: \$20.00

Sign up & rules may be picked up at
Gully Tri-Coop or Shorty's Place



Clearbrook/Gonvick takes a time out in the game against Goodridge and receives advice from the coach!



Clearbrook/Gonvick was defeated in Goodridge last Friday evening in the Chargers vs. Bears double Header. Pictured are the varsity boys on offense.



Clearbrook-Gonvick Bears hosted the Win-E-Mac Patriots in action on Tuesday, January 19. Madison McKeever driving to the basket scored 32 points to lead both teams in scoring. She is being guarded by Rachel Spray for the Bears. The Patriots took home the victory 67-48.

Rebels win over Ponies

By Ethan Vettleson

The Red Lake County Rebels played Warren-Alvarado-Oslo Ponies in Red Lake Falls Friday, January 15. At half time the score 30-17 and the final was 60-33. The Ponies had six offensive rebounds and the Rebels had 11. For defensive rebounds Ponies had 21 and Rebels had 25. The Rebels had 11 steals and the Ponies five.

Drake Engelstad led the Rebels with 21 points followed by Will Duden with 17, Austin May nine, Ethan Vettleson five, Justin Nemec four, Devin Lambert two, and Brandon Lee two. Engelstad had eight rebounds and May had seven. May also had three assists and Engelstad two.

Jackson Steer led the Ponies with seven points, Brice Miller six, Maison Carlson four, Nate Chandler four, Evan Deschene three, Chase Salmon three, Jake Steer two, Mason Wang two, and Matthew Korynta two. Brice Miller led the team with seven rebounds and Steer had five.

RLC Rebels vs. BGMR Gators

By: Taylor Klasen

Monday, January 19 there was Red Lake Central Rebels basketball game against BGMR Gators held in Red Lake Falls. The first half ended in a score

of 33-23 with the Rebels in the lead. The ending score was 70-52 with Rebels winning. Overall shot percentage for the Rebels was 52% with 27 made out of 51 shots. For the Gators, 20 shots were made out of 55 with a percentage of 36%. For free throws the Gators had 35% of shots made. Rebels' free throw percentage was 57%.

For Rebel points, Drake Engelstad made 30 points, Will Duden nine, Marcus Christensen eight, Devin Lambert eight, Talon Porter and Ethan Vettleson both made five, Ethan Johnson three, and Dylan Olson and Justin Nemec both made two points. Engelstad had eight rebounds and three steals. Duden had six assists.

Gator points included Skyler Forst made 14 points, Jordan Watson 10, Ben Lieberg eight, Trevor Robinson seven, Colton Penas four, Connor Graff and Brandon Sorenson both made three, Jack Peppel two, and Tyler Becker made one point. Lieberg had seven rebounds and two steals. Robinson and Penas both had two steals.

RLCC Mustangs vs. Fosston Greyhounds

By: Taylor Klasen

Friday, January 15 the RLCC Mustangs lost to the Greyhounds in Plummer. The end of the first half Greyhounds were ahead 31-23. The game ended in Fosston winning 62-33.

For RLCC Brandi Jensen scored 13 points, Taylor Bushelle and Ashley Longtin both scored five points, Michelle Sundquist and Katherine DeHate both scored four points, and Julia Bernstein scored two points. For Fosston Abby Swanson scored 27, Tess Hubbard 12, Emily Curfman ten, Jaclyn Hubbard nine, and Jen Non and Haley Swanson both scored two points.

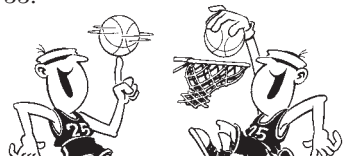
Rebels beat Greyhounds

By: Ethan Vettleson

Red Lake County Rebels played the Fosston Greyhounds on January 21 in Fosston. The first half Fosston was up 26 to 21. The final score was Rebels 52 Greyhounds 46. The Rebels had a total of 33 rebounds and the Greyhounds had a total of 48. Rebels had 15 steals and the Greyhounds had one. Rebels also had only three turnovers and the Greyhounds had 22.

Will Duden was the leading scorer for the Rebels with 21 followed by Drake Engelstad 13, Austin Waliser 10, Talon Porter four, and Ethan Johnson four. Engelstad had eight rebounds and five steals. Duden had four steals.

Cody Baumann led the Greyhounds with 25, Jesse Sather 10, Loachlan Broadley seven, Karsten Broadley three, and Hunter Kroenig one. Baumann had 12 rebounds.



Look for Basketball
results on page 5

Bowling Results

01/18/2016 Week 18 of 28 **Monday Night Ladies 2016-2016**
Monday 5:50 pm **Bowl Inn** Lanes 1 - 6
* THE CLINIC WINS FIRST QUARTER *
** KNOTSON BRUSHING WINS SECOND **

Team Standings													
Place	#	Team Name	W/L	Points Won	Points Lost	UnEamed Points	Y-T-D % W/L	Y-T-D W/L	Year-To-Date W/L	Y-T-D LOST	Games Won	Scratch Pins	Pins + HDGP
1	6	SULTVEDT FARMS	71.7	86	34	4	57.1	306%	231½	10	32999	51335	
2	1	THE CLINIC	53.3	64	56	7	56.3	302%	234½	6	33771	51678	
3	4	BOWLINN BABES	53.3	63	54	14	54.8	294%	242½	7	34562	50903	
4	2	KNUTSON BRUSHING	49.2	59	61		56.3	304	236	5	34425	51732	
5	3	OTTERTAIL	48.2	55	59	8	56.3	300%	233½	6	35715	51912	
6	5	BYE							0	2	0	0	

Season High Scores													
Scratch Game	843	BOWLINN BABES	791	OTTERTAIL	750	SULTVEDT FARMS							
Scratch Series	2201	OTTERTAIL	2125	KNUTSON BRUSHING	2114	BOWLINN BABES							
Handicap Game	1145	BOWLINN BABES	1089	THE CLINIC	1089	SULTVEDT FARMS							
Handicap Series	3064	KNUTSON BRUSHING	3086	SULTVEDT FARMS	3088	OTTERTAIL							
Scratch Game	252	JODY BJERKE	219	BRIDGET LANDSVERK	215	JANET LANDSVERK							
Scratch Series	582	BRIDGET LANDSVERK	592	JODY BJERKE	562	JANET LANDSVERK							
Handicap Game	292	JODY BJERKE	268	STEPHANIE WILDE	268	BRIDGET LANDSVERK							
Handicap Series	720	BRIDGET LANDSVERK	712	DESI RENDALL	702	JODY BJERKE							

Last Week's Top Scores													
Scratch Game	732	OTTERTAIL	736	SULTVEDT FARMS	728	THE CLINIC							
Scratch Series	2112	SULTVEDT FARMS	2103	OTTERTAIL	1912	THE CLINIC							
Handicap Game	1056	THE CLINIC	1047	SULTVEDT FARMS	1020	OTTERTAIL							
Handicap Series	2945	SULTVEDT FARMS	2946	OTTERTAIL									

Individual High Averages													
103.54	JODY BJERKE	158.47	BRIDGET LANDSVERK	155.09	JANET LANDSVERK								
34.5	SUE A. EROMAN	34	SUE KNUTSON	33	LYNN RIGGS								

01/19/2016 Week 18 of 28 **TUESDAY TRIO'S 2015-16**
Tuesday 8:30 pm **Bowl Inn** Lanes 1 - 6
* TEAM INDUSTRIES WINS FIRST QUARTER *
** GULLY TRI-COOP WINS SECOND QUARTER **

Team Standings													
Place	#	Team Name	W/L	Points Won	Points Lost	UnEamed Points	Y-T-D % W/L	Y-T-D W/L	Year-To-Date W/L	Y-T-D LOST	Games Won	Scratch Pins	Pins + HDGP
1	3	TEAM INDUSTRIES	89.4	76	9		77.5	348	101	7	29051	32765	
2	4	MAINSTREET	87.4	76	11		71.4	285½	114½	6	26808	31935	
3	8	FIRST STATE BANK	67.1	33	26		61.6	233½	144½	6½	26667	31185	
4	2	GULLY TRI CO-OP	71.8	51	20		70.7	297	123	4	28246	32182	
5	6	JOURDAIN GUIDE SE	64.1	45½	25½		69.6	272½	117½	7	27587	32330	
6	5	FARMICHEK	55.2	37	30		66.7	270	135	4	25036	31012	
7	7	DAN'S STANDARD SE	50.6	30	29		66.0	279½	131½		25423	30831	
8	1	NAPA	48.2	27½	29½		64.6	226	124	1½	23331	28158	

Season High Scores													
Scratch Game	638	TEAM INDUSTRIES	637	JOURDAIN GUIDE SERVICE	614	FARMICHEK							
Scratch Series	1828	JOURDAIN GUIDE SERVICE	1764	TEAM INDUSTRIES	1676	GULLY TRI CO-OP							
Handicap Game	717	DAN'S STANDARD SERVICE	707	FARMICHEK	706	TEAM INDUSTRIES							
Handicap Series	2013	TEAM INDUSTRIES	1993	JOURDAIN GUIDE SERVICE	1938	NAPA							
Scratch Game	287	CODY GOODWIN	267	BEN CHRISTENSEN	254	BEN FILIP							
Scratch Series	738	BEN FILIP	707	CODY GOODWIN	687	CHAZ DOBIAS							
Handicap Game	295	BEN CHRISTENSEN	291	ROBERT LANDSVERK	279	CODY GOODWIN							
Handicap Series	744	ROBERT LANDSVERK	743	CODY GOODWIN	738	BEN FILIP							

Last Week's Top Scores													
Scratch Game	637	JOURDAIN GUIDE SERVICE	590	TEAM INDUSTRIES	567	NAPA							
Scratch Series	1790	JOURDAIN GUIDE SERVICE	1746	TEAM INDUSTRIES	1686	GULLY TRI CO-OP							
Handicap Game	684	JOURDAIN GUIDE SERVICE	681	NAPA	658	TEAM INDUSTRIES							
Handicap Series	1931	JOURDAIN GUIDE SERVICE	1923	TEAM INDUSTRIES	1872	NAPA							

High Individual Match Points													
Men	33	CODY GOODWIN	31.5	DEAN EYJE	29.5	TRENT VETTELSON							

Individual High Averages													
Men	202.59	CHAZ DOBIAS	189.48	CODY GOODWIN	183.84	BEN BAGGAASON							

Wednesday, January 27, 2016