



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle



Donkey Basketball was held in Goodridge last Thursday, January 7th, which made for a lot of laughs!

Goodridge hosted Donkey Basketball last week



Goodridge Principal Becky Carlson received the most votes and had to even KISS the donkey!

Bagley author highlights one-man army in gripping new novel

BAGLEY, Minn. — This week marks the nationwide release of “Burnished Rows of Steel,” a thrilling new novel by author Jeremy Davies.

In “Burnished Rows of Steel,” the readers will find that most who read the Declaration of Independence find three foundational liberties promised to our citizens: life, liberty and the pursuit of happiness. An increasing number of citizens seem to be discovering the fourth: the right to alter or abolish a form of government that leads invariably to tyranny. Since leaving the military and his security contracting work behind, Dave has been preparing himself for the time when exercising the right to alter or abolish may become necessary. When he is approached on behalf of some powerful men who are prepared to risk their fortune to strike a blow against the political tyranny embodied by the president, Dave is prepared to accept the role of assassin.

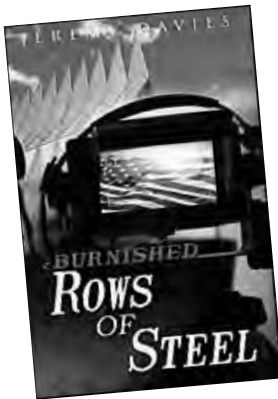
As he prepares to accept the mission of a lifetime, an alternate narrative begins to

unfold. He struggles to discover whether the hit will be on behalf

of a besieged gun maker or whether it has been orchestrated by members of the president’s own party, who feel that his death would rescue the chances of their party heading into an election. As the motive becomes clear, so does Dave’s course of action. He is caught in a race against time to thwart their plans, not for the leader of a country but for the life of a friend.

Published by Tate Publishing and Enterprises, the book is available through bookstores nationwide, from the publisher at www.tatepublishing.com/ bookstore, or by visiting barneandnoble.com or amazon.com.

Davies, who is based in Minnesota, is a veteran and a father of seven who has lived the last 16 years without any employment or other regular income. He was an electronic warfare signals intelligence analyst for the U.S. Army, working in Russian and Bosnian languages from 1991 – 1998.



On January 2nd, 2016 at approximately 4:40 am the Clearwater County Sheriff’s Office responded to an unoccupied single motor vehicle crash, just east of Bagley on State Highway 2. The deputies investigation lead to the identification of the driver as Grant Michael Cardinal of Shevlin. It was also determined that Cardinal was traveling in excess of 100 mph on the ice covered roads prior to the crash. No injuries were reported and no other occupants were in the vehicle. Charges of Reckless Driving and Minor Under 21 Drinking and Driving are pending.

A different view at the races on Pine Lake

Gerald Dyrda Memorial/Pine Lake 200 Race held Jan. 2 & 3, 2016

After the Canary went to press last week we received these photos from Chad Dyrda along with the overall attendance and cash payment amounts for the 2016 Gerald Dyrda Memorial Pine Lake

200. 256 cross country entries and 114 radar run and 120cc entries for a total of 370 entries! USXC paid back a total of over \$45,000 to most of their classes.

Five Star Race Promotions, the local group who organized the event, paid back \$15,000 from the gate and donations from local sponsors. The factories of Ski-doo, Yamaha, Arctic Cat and Polaris

also paid out well over \$10,000 in factory contingency money for a grand total of over \$70,000 paid out through the weekend! Check out last week’s Canary for individual results.



Aerial photo showing fans and pit area spread out for over a half mile on the lake.



Snowmobilers are getting lined up for the race.

U of M Crookston to host “United Against Human Trafficking” on Thursday, Jan. 28

Presentation and Panel Discussion at 7 p.m. in Kiehle Auditorium

CROOKSTON, Minn. – In an effort to raise awareness on the troubling subject of human trafficking, the University of Minnesota Crookston will host an evening dedicated to the topic. On Thursday, January 28, 2016, everyone is invited to attend “United Against Human Trafficking” from 7 to 9 p.m. in Kiehle Auditorium. The program will begin with the video presentation “Look beneath the Surface: Identifying Victims of Human Trafficking in the U.S.” followed by a panel discussion.

Panelists include Monica Miller, Northwest Regional Navigator, Support Within Reach, Bemidji, Minn.; Paul Biermeier, Chief, Crookston Police Department; and Stephanie Pry, Polk County Coordinated Victim Services, Victim Assistance Specialist.

Monica Miller is a mother, honors college graduate, and a passionate advocate for victims of sexual exploitation. She grew up in a small town in southern Minnesota. At the age of 13, she became a victim of sexual exploitation. Through her teen and adult years had been involved with gangs, drugs and a violent life style. After getting her life on track Monica attended and graduated from Bemidji State University with a B.S. in Social Work and a minor in Chemical Dependency. She currently works at Support Within Reach helping to bring awareness, training and services for youth who have been sexually exploited in the 15 county area including Kittson, Roseau, Lake of the Woods, Koochiching, Marshall, Beltrami, Itasca, Pennington, Polk,



Monica Miller

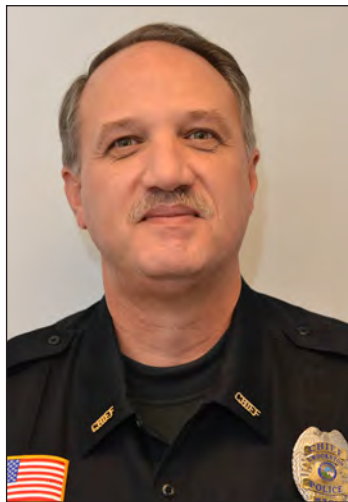
Red Lake County, Clearwater, Cass, Hubbard, Mahnomon, and Norman.

Background

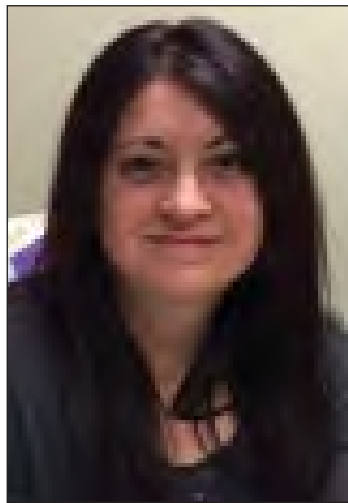
In an effort to end this modern day slavery, the United Way Worldwide recently launched the Center on Human Trafficking & Slavery and January has been set aside as Human Trafficking Awareness Month. There are more than 20 million victims of human trafficking around the world and education is the best way for parents, educators, and concerned citizens to learn the signs and how to be an advocate. While the evening is open to all, it is best suited to ages 13 and up.

To learn more, visit the Center on Human Trafficking & Slavery website at www.unitedway.org/our-impact/featured-programs/end-human-trafficking.

The event is sponsored by United Way of Crookston, the U of M Crookston Office of Community Engagement, and



Paul Biermeier



Stephanie Pry

Residential Life. For more information, contact Katya Zepeda, executive director of United Way of Crookston at 218-281-1715, or on campus, contact Lisa Loegering, assistant director of community engagement at 218-281-8526.



Essentia Health-Fosston Relocating Emergency Entrance

The emergency entrance at Essentia Health-Fosston is being moved to the North Registration and Surgical entrance. This change will take effect on Monday, January 25.

The current facility entrance is used by both clinic patients with appointments and patients seeking emergency services. Moving the designated emergency entrance to the north door will create a clear distinction between scheduled clinic patients and unscheduled emergency patients.

“The long walk through the clinic waiting area combined with patient privacy concerns made us re-assess our options for emergency patients,” said Kevin Gish, Essentia Health-Fosston Administrator.

Beginning Monday, January 25, all emergency room patients should utilize the north entrance. The current main entrance for Essentia Health-Fosston will be for clinic patients only. This main entrance will be closed after 7:00 p.m. New elevated and illuminated exterior signage will direct patients to this new emergency entrance.

Surgical patients should continue to utilize the north door for scheduled surgical procedures and will continue to register at the north desk.

Around the Tri County Canary area



A class from Bagley School, under the direction of Dave Christensen, had a tour of Richards Publishing Company (The Leader-Record) in Gonvick. They were able to see how newspapers were laid out and all the equipment it takes to print various jobs such as newsletters for Clearwater Polk Electric, Garden Valley Telephone Company and other customers, books, business forms, raffle tickets, envelopes, letterhead, etc. The group is standing by a machine that is used to fold snowmobile maps and various jobs that need folding. They saw many different machines from presses to folding, stitching, trimming, laminating, shrink wrapping and data processing for direct mail. Assisting Christensen on the tour were Joy Krogstad, Val Martine and Kimberly Swanson.

CPR
Certification
Class

Jan. 20, 6:00 pm

RLCC High School Library

Taught by
Wanda Wright

Register by
Jan. 18th

Cost: \$30

Call 796-5044 or 218-688-1356

Sponsored by Community Education

042C

There will be a Music Jamboree with Country & Country-Gospel Music at Cornerstone Residence (30 Sunset Ave. NW.) in Bagley on Sunday, January 17th from 1:00-4:30. Everyone is welcome!

Small Scale Sustainable Sheep Farming Event 2016

The second annual Small Scale Sustainable Sheep Farming Event is February 20, 2016 at 10 a.m. at the Fosston Civic Center 215 E. First St. downtown Fosston, MN.

This event is open to the public but requires registration. The focus is on the benefits of sheep as part of a sustainable farming system where meat and wool are viable value-added products.

Lunch and snacks provided. Registration is required and the cost is \$20/person, children under 10 free. To register or if you have a business related to farming, sheep or fiber and would like to have a booth at this event, please contact Alethea Kenney, allie@reedbird.com or 218-657-2502. More information at <http://www.sfa-mn.org/sustainable-sheep/>

Speakers include Mark Hayek, grazing specialist with the NRCS who will be presenting on "Building Resiliency in Pasture Systems". Alethea Kenney will be elaborating on the Sustainable Sheep Community Project and the opportunity to be part of the advisory board. Environmental Anthropologist Keila McCracken will give an update on the Northern Minnesota Fibershed. Jennifer Wilder will be presenting "Midwest Textiles: A Photo Journal Tour". Lynn Mizner of Chengwatana Farm Black Welsh Mountain Sheep and CSA will present information on "Generating a Year-Round Income From Heritage Sheep".

This event is sponsored in part by: Northwest Regional Sustainable Development Partnership, Northwest Minnesota Foundation, Sustainable Farming Association, North Central Feed Products, LLC, Back in Balance Minerals® and Northern Woolen Mills.



4 Generations with Sylvia Jurgens holding her great granddaughter "Sylvia Jean". Also in the picture is Sylvia's son Gene Jurgens, granddaughter Heidi, and great granddaughter Damianna. Sylvia, formerly of Leonard, now lives in Fergus Falls.

Annual Meetings to be held in January

The CLEARWATER DAY ACTIVITY CENTER, INC. will hold its annual meeting at the Clearwater DAC/Pine Ridge Residence offices on Tuesday, January 19, 2016 at 1:00 pm. Persons interested in the DAC are invited to attend.

The PINE RIDGE RESIDENCE, INC. will hold its annual meeting at the Clearwater DAC/Pine Ridge Residence offices on Tuesday, January 19, 2016 at 2:00 pm. Persons interested in Pine Ridge Residence are invited to attend.

The offices are located at 419 Olson Avenue, Bagley, MN.

R41-42C



Pizza run delivers big payout for Stephen couple

ROSEVILLE, Minn. (Jan. 6, 2016) – A pizza run delivered a lot more than dinner for one Stephen couple.

On Jan. 5, Leonard Borowicz was picking up pizzas when he decided to make a pit stop at Holiday Stationstores (1503 Highway 59 S.E.) in Thief River Falls to buy a \$20 scratch ticket for his wife.

As soon as he got home, Kathy Borowicz scratched the \$13 Million Cash Explosion® ticket and revealed a \$50,000 top prize. "My heart was just pounding," she recalled. "I kept saying, 'This isn't real'—I thought he was playing a joke on me!" Leonard just gave her a big hug and said, "Yes it is!"

The couple immediately made the long drive to Roseville and claimed their prize first

thing in the morning of Jan. 6. They said they plan to pay off some bills and put the rest of the money in the bank.

Borowicz is the 18th player to win a \$50,000 prize playing the \$13 Million Cash Explosion® scratch game. Six \$50,000 prizes have yet to be claimed.

Lottery players have won more than \$6.3 billion. All Minnesotans are winners because \$2.5 billion in proceeds have helped preserve, restore and protect Minnesota's environment in each of Minnesota's 87 counties. Lottery proceeds also help fund state programs including education, public safety, health & human services.

For more information about the Minnesota Lottery, visit www.mnlottery.com.

SCHOOLHOUSE GROCERY

GULLY, MN

NEW STORE HOURS!

Monday - Friday 9am-6pm,
Saturday 9am-4pm
Sunday 9:30am-12:30pm

SNOWY SAVINGS AT SCHOOLHOUSE GROCERY!!!

- GOLD N PLUMP BAKE IT EASY Chicken (SWEET BBQ, MESQUITE, LEMON PEPPER, PESTO) 3.25 LB. \$5.69
- CAMPBELL'S CHICKEN NOODLE OR TOMATO Soup 10.75 4 for \$5
- CASS CLAY - PINT 1/2 and 1/2\$1.49
- HYTOP SALTINE Crackers\$1.69
- HYTOP - CREAMY OR CRUNCHY Peanut Butter 18 OZ. \$1.88
- HYTOP - 18 OZ. Apple Jelly\$1
- VILLAGE HEARTH - 20 OZ. LOAF 100% Wheat\$2.19
- KEEBLER - ALL FLAVORS Cookies 2 for \$5
- NAVEL Oranges PER LB. \$1
- TEXAS RIO STAR Grapefruit 5 LB BAG \$3.69

Shop with Us 7 Days a Week!!

New Items added Weekly

Sound Off, combat veterans support group at Sanford Bemidji

BEMIDJI, Minn. – Sanford Bemidji offers a support group, Sound Off, for combat veterans. It is held from 5 to 7 p.m. the first and third Tuesday each month at Sanford Bemidji Medical Center's Conference Room A, located immediately to the right through the hospital's main east entrance. The group will meet next on Jan. 19.

The group is free and open to men and women from all branches of service, regardless of conflict or disaster. It is facilitated by Billy Benso, United States Marine Corps (USMC) combat veteran, and Mike Sletta, behavioral health triage therapist at Sanford Bemidji.

The group provides members with a safe and confidential place to openly discuss personal issues and how their combat experience impacts their daily life.

"Post-traumatic stress disorder, or PTSD, is a condition many veterans struggle with after traumatic experiences such as combat or disaster," said Sletta. "What we want our vets

to know is that it's real, you are not alone, and help is out there with groups like ours."

The support group can help veterans learn that:

- Combat did change them
- No matter what they do, they can't change what they've experienced
- Drugs, alcohol, isolation and denial don't work as coping behaviors
- With support of other combat vets, they can learn to live with PTSD

Any veteran interested in attending can simply show up at the scheduled meeting time. Call (218) 333-5165 to learn more.

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Oklee, MN 56742

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Open Enrollment for Bemidji Area Schools Independent School District #31

If you live outside the Bemidji School District attendance boundaries and would like your child to be able to attend a Bemidji Area School for the 2016-2017 school year, please obtain and complete an Open Enrollment form from the District Office, 502 Minnesota Avenue NW. The completed form must be returned to the District Office by January 15, 2016 at 4:30 pm.

Please call 218-333-3100, extension 31131, if you have any questions regarding enrollment in Bemidji Area Schools.

Bemidji Area Schools is an Equal Opportunity Employer/Educator.

R40-42C

CLC Announces Fall Honors List

BRAINERD, Minn. (January 7, 2016) - Central Lakes College, Brainerd and Staples, has announced its 2015 fall semester honors list.

The President's List includes 256 students who earned a grade-point average of 3.75 to 4.0 while enrolled for at least 12 credits.

The Dean's List includes 260 students who earned a grade-point average of 3.25 to 3.74.

The released honors list does not include students who have requested no release of information.

Bagley - Julia Gordon, Dean's List

Shewlin - Alexandra Terebent, Dean's List; Mark Trego, President's List

Central Lakes College is a comprehensive community and technical college in the Minnesota State Colleges and Universities System. The college serves about 6,000 students annually in liberal arts and career education programs.

2 TRI-COUNTY CANARY

Wednesday, January 13, 2016

"Your family owned
and operated store"
Phone: 218-435-1454
Store Hours
8am -8pm Mon-Sat
9am-4pm Sunday



Palubicki's
Sale Dates: Monday afternoon January 11 to January 17

R42C

Come in and get your
FREE Pumps Perks Card!
Save On Gas!



FOODS & DELI

Fosston, Minnesota
Double Coupon Sunday
through Wednesday

SHARP CHEDDAR, MILD CHEDDAR, PIZZA,
MOZZARELLA OR COLBY JACK REG SHRED
**ESSENTIAL EVERYDAY
SHREDDED
CHEESE**
2/\$3
8 OZ

**ESSENTIAL EVERYDAY
BUTTER**
\$2.99
1 LB QUARTERED

BROCCOLI CUTS, PEAS, CORN OR
MIXED VEGETABLES
**BIRD'S EYE
VEGETABLES**
99¢
13-16 OZ

REGULAR OR CALCIUM PLUS
**CASS CLAY
ORANGE JUICE**
2/\$4
1/2 GALLON

VANILLA
**CASS CLAY
ICE
CREAM**
\$3.99
4 QT PAIL

CASS CLAY ASSORTED FLAVORS
ICE CREAM 4 QT PAIL **\$4.69**

ASSORTED 12"
**TONY'S
PIZZA**
4/\$10

ASSORTED FLAVORS
GATORADE 8 PK - 20 OZ **\$4.99**

**Essential
EVERYDAY**
**ESSENTIAL EVERYDAY
BATH TISSUE**
\$5.99
12 PACK DOUBLE ROLL

SOFT & STRONG OR VANTAGE
VIVA TOWELS 6 PK **\$5.99**

ASSORTED 24 PACK
**PEPSI COLA
PRODUCTS**
\$6.99
12 OZ CANS

32 PK - 1/2 LITER BOTTLES
SUPER CHILL WATER **3/\$10**

WATER PACKED
**CHICKEN OF THE SEA
CHUNK LIGHT TUNA**
4/\$3
5 OZ

WATER PACKED
**RICHFIELD FARMS
WHITE CHICKEN
BREAST**
3/\$5
12.5 OZ

**ESSENTIAL EVERYDAY
MACARONI &
CHEESE**
5/\$3
7.25 OZ

BEEFARONI, MINI RAVIOLI, BEEF RAVIOLI OR
SPAGHETTI & MEATBALLS
CHEF BOYARDEE
5/\$6
14.5-15OZ

FAMILY PACK 85% LEAN
GROUND BEEF..... LB \$3.59
**ANGUS FARMS BEEF BONELESS
CHUCK ARM ROAST LB \$3.99**
**ANGUS FARMS BEEF FAMILY PACK BONELESS
TOP ROUND STEAK LB \$4.39**
**ANGUS FARMS BEEF FAMILY PACK BONELESS
BALL TIP STEAK LB \$4.69**
**ANGUS FARMS BEEF BONELESS
NEW YORK STRIP STEAK .. LB \$8.49**
**ARCTIC SHORES 61-70 COUNT
COOKED SHRIMP 12 OZ \$5.99**

FAMILY PACK BONE-IN PORK
SHOULDER STEAK LB \$1.79
**PORK
SHOULDER ROAST LB \$1.69**
**FAMILY PACK BONELESS CENTER CUT
PORK LOIN CHOPS..... LB \$2.39**
**FAMILY PACK BONE-IN PORK
COUNTRY STYLE RIBS LB \$1.69**
**JOHN MORRELL
SMOKED WHOLE HAMS ... LB \$1.89**
**JOHN MORRELL
SMOKED HALF HAM..... LB \$1.99**

GOLD N PLUMP BONELESS, SKINLESS
CHICKEN BREASTS 20 OZ \$3.99
**FAMILY PACK CHICKEN
LEG QUARTERS LB 69¢**
**FARMFRESH IQF CHICKEN
WING SECTIONS 3 LBS \$6.99**
**GERBER AMISH FARMS
WHOLE CHICKENS LB \$1.69**
**FAMILY PACK BONE-IN SPLIT
CHICKEN BREASTS LB \$1.29**
**JENNIE-O ALL SIZES
TURKEYS..... LB \$1.49**

HORMEL "LITTLE SIZZLERS" ASSORTED FLAVORS
PORK SAUSAGE LINKS 12 OZ 3/\$4
**JOHN MORRELL
DICED OR CUBED HAM..... 8 OZ 2/\$5**
**FAMILY PACK
HICKORY SMOKED BACON. LB \$2.69**
**HILLSHIRE FARMS
CHEDDARWURST SAUSAGE 13.5 OZ 4/\$5**
**HONEY OR REG CHOPPED HAM, SMOKED OR OVEN ROAST TURKEY
OSCAR MAYER LUNCH MEAT 16 OZ \$3.49**
**ARCTIC SHORES
COD FILLETS 16 OZ \$4.99**

WHOLE, 2%, 1% OR SKIM
**CASS CLAY
MILK**
\$2.99
GALLON

WHOLE, 2%, 1% OR SKIM
CASS CLAY MILK.. 97 OZ 4/\$9.50

**CASS CLAY
HALF & HALF**
5/\$4.50
PINT

CASS CLAY
WHIPPING CREAM.... PINT \$1.89

ASSORTED
**LAND O LAKES
COTTAGE CHEESE**
\$1.99
16 OZ

ASSORTED LAND O LAKES
SOUR CREAM..... 16 OZ \$1.79

PREMIUM WHITE, BUTTERSCOTCH, DARK
CHOCOLATE, SEMI-SWEET CHOCOLATE,
MILK CHOCOLATE OR MINI
NESTLE CHIPS
\$1.99
10-12 OZ

ESSENTIAL EVERYDAY SEMI-SWEET
CHOCOLATE CHIPS..... 12 OZ \$1.89

CHICKEN, ALFREDO OR STROGANOFF PASTA &
SAUCE; CHICKEN, SPANISH, CHICKEN BROCCOLI
OR CHEDDAR BROCCOLI-RICE & SAUCE
KNORR SIDES
\$1.39

CHUNKY CHICKEN CORN CHOWDER
CAMPBELL'S 18.8 OZ 3/\$4

**HELLMANN'S
REAL MAYONNAISE**
\$3.99
30 OZ

KEN'S
RANCH DRESSING 16 OZ 3/\$5

BITE SIZE, HINT OF LIME, RSTC, SCOOPS,
MG SCOOPS OR FAJITA SCOOPS
TOSTITOS
2/\$6
9-13 OZ

ASSORTED CHEETOS 8.5 OZ
OR ASSORTED FRITOS 9.75 OZ
FRITO LAY BOGO

ORIGINAL OR RIP-L
**OLD DUTCH
POTATO CHIPS**
\$3.99
15 OZ BOX

ASSORTED
DUTCH CRUNCH. 8-9 OZ 2/\$4.50

LITE, BUTTERLITE OR REGULAR
**AUNT JEMIMA
SYRUP**
\$2.69
24 OZ

ESSENTIAL EVERYDAY
FLOUR.....5 LBS \$1.59

TOMATO OR CHICKEN NOODLE
**ESSENTIAL EVERYDAY
SOUP**
10/\$5
10.5 OZ

CREAM OF MUSHROOM, CREAM OF CHICKEN OR
CREAM OF CELERY SOUP
ESSENTIAL EVERYDAY 10.5 OZ 4/\$3

TRADITIONAL, MEAT OR GRILLED STEAK
**RAGU
PASTA SAUCE**
3/\$5
24OZ

MEDIUM SHELLS, RADIATORE, ROTELLE OR ROTINI
CREAMETTE 16 OZ 99¢

VERY CHERRY, SLICED PEACHES OR
FRUIT COCKTAIL
DEL MONTE FRUIT
4/\$5
15.25 OZ

ESSENTIAL EVERYDAY
MANDARIN ORANGES ... 11 OZ 5/\$3

100% COLOMBIAN
**HILLS BROS
COFFEE**
\$8.99
32 OZ

KELLOGG'S FROSTED BLUEBERRY, CINNAMON,
CHOCOLATE, STRAWBERRY, CHERRY OR S'MORES
POP-TARTS..... 14-14.7 OZ 4/\$9

CRANBERRY POMEGRANATE, APPLE
CRANBERRY, BLUEBERRY POMEGRANATE OR
PEACH MANGO
OLD ORCHARD
10/\$10
64 OZ

MINIATURES, KISSES, HUGS OR REESES PEANUT BUTTER CUPS
HERSHEY'S..... 11 OZ BAG \$3.59

MOUNTAIN BREEZE, FREE & CLEAR,
LINEN & LILIES OR MORNING BURST
**PUREX LIQUID
LAUNDRY**
4/\$10
43.5-50 OZ

KLEENEX COOL TOUCH
FACIAL TISSUE..... 69 CT 10/\$10

DAIRY

LAND O LAKES
BUTTERMILK QT \$1.49
**CASS CLAY
SWISS CHOCOLATE MILK 97 OZ \$3.39**
ORANGE JUICE 59 OZ \$2.79
**KRAFT
AMERICAN SINGLES..... 12 OZ 2/\$5**
**ESSENTIAL EVERYDAY 1/3 LESS FAT
CREAM CHEESE..... 8 OZ \$1.29**
**ESSENTIAL EVERYDAY BREAK'N BAKE SUGAR OR
CHOCOLATE CHIP
COOKIE DOUGH 16 OZ \$1.19**
**LAY'S REGULAR, RUFFLES CSC, CRUNCHY CHEETOS
OR NACHO DORITOS
FRITO LAY..... 2.625-3.5 OZ 4/\$5**
**BEAN, JALAPENO CHEDDAR OR MILD CHEDDAR
FRITOS DIP..... 9 OZ 2/\$5**
**REGULAR
FUNYUNS 6 OZ 2/\$6**
**PLAIN OR PEANUT VALENTINE
M&M'S 11.4 OZ \$2.99**
**FUNSIZE
KIT KAT JUMBO BAG \$3.39**
**JOLLY RANCHER OR SLUSH PUPPIES
FREEZER BARS 10 PK 5/\$3**
**ESSENTIAL EVERYDAY
RICH & CRISP CRACKERS 16 OZ \$2.19**
**ESSENTIAL EVERYDAY ORIGINAL, GOLDEN OR DBL FILLED
COOKIES 14.3-15.35 OZ \$1.79**
**ESSENTIAL EVERYDAY TRADITIONAL OR CHEDDAR
SNACK MIX..... 8.75 OZ 3/\$5**
**ASSORTED KEEBLER
TOWNHOUSE CRACKERS.... 9.5-16 OZ 4/\$9**
**FUN SIZE BAG
SNICKERS VARIETY 11 OZ \$3.39**

FROZEN FOOD

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BREAKFAST SANDWICHES 12.4 OZ \$3.99
**REGULAR OR LIGHT
COOL WHIP..... 8 OZ \$1.19**
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HASHBROWN PATTIES 27 OZ \$2.59**
**BEEF STRIPS, COUNTRY FRIED CHICKEN OR
SALISBURY STEAK
HEALTHY CHOICE 11.5-11.95 OZ \$2.39**
**SUPREME, PEPPERONI, GARLIC CHICKEN ALFREDO OR
FIVE CHEESE PIZZA
CULINARY CIRCLE 16.2-30.5 OZ \$4.99**
**BROCCOLI IN CHEESE SAUCE OR NIBLETS CORN IN
BUTTER SAUCE
GREEN GIANT STEAMERS ... 10 OZ \$1.19**
**LASAGNA WITH MEAT SAUCE
STOUFFERS 38 OZ \$6.99**
**STONERIDGE CREAMERY NEAPOLITAN
ICE CREAM SANDWICHES ... 12 PK \$1.99**
**PHILLY SWIRL
POPPERZ 6 PK 99¢**
**COFFEE TOFFEE OR RASPBERRY CREAM
TALENTI GELATO..... 16 OZ 2/\$5**
**ASSORTED
DEAN'S POPS 6 PK \$1.19**
**CHOCOLATE OR STRAWBERRY
DEAN'S ECLAIR BARS 6 PK \$1.99**
**DEAN'S
ICE CREAM SANDWICHES 6 PK \$1.89**
**ASSORTED
DEAN'S SHERBET..... QT \$1.89**
**ASSORTED
DEAN'S ICE CREAM PINT \$1.79**
**POST
HONEY GRAHAM OH'S 10.5 OZ 99¢**

FRUITS & VEGETABLES

**RED
POTATOES**
\$1.99
10 LBS

BRAEBURN
APPLES 3 LBS \$2.99
**PINK LADY
APPLES LB \$1.69**
**NAVEL
ORANGES.....LB 99¢**
**HALO
CLEMENTINES..... 3 LBS \$4.99**
**FRESH
BLUEBERRIES PINT \$3.99**
**GREEN
CABBAGE..... LB 39¢**
AVOCADOS EACH 89¢
**HYDRO
CUCUMBERS EACH \$1.49**
**RED ON THE VINE
TOMATOES LB \$2.79**
**HEAVENLY
SWEET ONIONS.....LB 69¢**

POST
RAISIN BRAN 20 OZ \$2.19
**REGULAR OR WITH CRUNCH BERRIES
CAP'N CRUNCH 40 OZ BAG \$4.99**
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PEANUT BUTTER..... 2-40 OZ JARS \$10.99**
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TERIYAKI BEEF NOODLES..... 4 OZ 2/\$1**
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GRAPE JELLY.....32 OZ \$1.99**
**ORTEGA
MILD TACO SAUCE 8 OZ \$1.69**
**BEARCREAK CREAMY WILD RICE
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**HUNT'S
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**RAPID MAC
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**VILLAGE HEARTH PREMIUM
WHITE BREAD.....20 OZ \$1.99**
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 - **New Starting Wage \$11.19**
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 - **New starting Wage of \$14.00**
 - Plus additional shift premiums
- **Home Health Aide & Hospice Aide**
 - Day shifts
 - Every other weekend

Be part of a supportive team committed to providing quality resident/patient-centered care. For more information and to apply on line, visit us at www.EssentiaHealth.org/FindAJob or call 218-844-8373.

EOE/Minorities/Females/Vet/Disabled

R41-42C

Early Childhood Positions Available

Do you like working with young children & their families? Are you looking for a flexible schedule? Would you like to work in a family friendly environment?

Inter-County Community Council is accepting applications for openings in our Head Start program:

EHS Home Based Educator: full time, 50 week position working with families with children birth to 3 yrs, early childhood education or experience preferred, but willing to train

HS Home Based Educator: full time, 9 month position working with families with children 3-5 yrs, early childhood education or experience preferred, but willing to train

Application and position specific information, including job duties, salary and educational requirements are available on our website at www.intercountycouncil.org. Send completed application and resume to D'Anne Johnson, ICC Head Start Director, PO Box 189, Oklee, MN 56742 or djohnson@intercountycouncil.org. Applications must be received by 4 pm on January 18, 2016. Call 218-796-5144 x. 28 for more information.

ICCC is an equal opportunity employer.

R41-42C

Clearwater DAC, Inc. and Pine Ridge Residence, Inc. have an opening for a Combined Program Director

Job Summary: This person will be responsible for the day-to-day operation of a dual program, a day program and an ICF/DD home. The ICF is home for 13 individuals with developmental disabilities. This person will supervise the care of the residents, assist in developing staffing patterns, keep current records on individual residents in compliance with the Minnesota Department of Human Services, 245D, and conduct staff meetings. This person must also meet the requirements of Qualified Intellectual Disability Professional (QIDP) duties per Minnesota Department of Health. This person will plan and implement individual program plans which will develop and implement goals. The person must possess the ability to work with and supervise the total staff to provide a program designed to meet the needs of each participant. It is also this person's responsibility to keep the Executive Director versed on the programs.

Job Qualifications: 4 year degree plus 1 year's experience in service to persons with developmental disabilities. This person must have supervision skills. BS Degree is required in Special Education or closely related field.

How to Apply: Interested persons may apply at 419 Olson Ave., Bagley, MN 56621, by phone at (218) 694-6716, or by email at rdac@gvtel.com. Clearwater DAC, Inc. and Pine Ridge Residence, Inc. is an Equal Opportunity Employer. Deadline for application is January 18, 2016.

R39-42C

Part-time Position Open

Quin County Community Health Services has a part-time 20 hour position open in the Statewide Health Improvement Program to assist the SHIP Coordinator in strategy work across the 5 counties of Kittson, Roseau, Marshall, Pennington and Red Lake. The position involves work in the strategy sites of schools, communities, worksites and health care settings focusing on promoting healthy eating, active living, and reduction of tobacco use. This position requires strong computer, organizational, communication and public speaking skills. A minimum of a two year degree and/or experience is required in the area of nutrition, nursing, education, or human services. Position closes on January 25, 2016 with a projected start date of February 15, 2016.

Resume and references may be submitted to quinchs@wiktel.com or call 218-874-7845 for more information.

R42-43C



New Exceptional Retention Bonus for all staff and higher wages.

MCINTOSH SENIOR LIVING (MSL)

is currently hiring for:

- Full or Part time RN or LPN
- Full & Part time Nursing Assistants
- Part time Housekeeping
- Part time Cook

MSL has great new higher wages for every department along with Free health insurance, 401k, Holiday Pay, Scholarship program, PTO & shift differential for nursing staff.

We give credit for experience and will train new staff. We take pride in being a TEAM oriented facility that provides quality care to individuals who need nursing services.

MSL is flexible in scheduling around school schedules. Interested persons should send resume to 600 Riverside Ave. NE, McIntosh, MN 56556. Attention Tricia Hove, DON for Nursing, Orlett Hedlund for Housekeeping and Jill Jaeger for Dietary. Applications are available by calling 218-563-2715 or stop by for an application.

M42C

Recreation

FOR SALE: '83 Chevy motorhome, 23', \$3800. Call evenings, 218-487-5260.

R71C-NC

FOR SALE: 14' Lund boat, 30 hrs., Honda trailer, like new. Call evenings, 218-487-5260.

R12-41CNC

FOR SALE: '94 Polaris 500 XLT Indy Special, 3 cyl., 4000 mi., carburetor's redone, new fuel lines, new drive belt, new HJC helmet. Clearbrook, 218-776-3980 or call 218-766-9194.

R42-43P

Household

FLOORING SALE: In-stock as low as 67¢ sq. ft.; In-stock vinyls as low as 78¢ sq. ft.; In-stock laminates as low as \$1.69 sq. ft. FREE estimates. Installation available. Mireault's Home Furnishings, Fosston, MN, 218-435-6171 or 800-545-6171.

M31C-C

AD DEADLINE 4:30 PM FRIDAYS

Full Time Body Shop Technician Opportunity Available

Lucken Trucks & Parts in Winger, MN, has a career opportunity for a full time body shop technician

Great opportunity for advancement. We offer great pay and a full benefit package including 401k and AFLAC.

Call, email or stop in for an application today. Contact Jeff or Clay at (218) 938-4191

email: clay@luckentrucks.com

M41-42C

CORNERSTONE
A SOLID FOUNDATION IN HEALTHCARE
Cornerstone Nursing & Rehab Center
416 7th St. NE • Bagley, MN 56621
218-694-6552

COOK POSITION

Cornerstone Nursing and Rehab Center, Bagley, is accepting applications for a full-time cook. Excellent pay and benefit package.

Applications may be obtained at our nurses' station, are available on our website, www.cornerstoneshc.com or call Lois LaFerriere at 218-694-6552 for one to be mailed.

E.O.E.

R41-42C

Miscellaneous

FOR SALE: Pal sit-to-stand transfer lift. 2 batteries included plus charger. Very gently used. \$2700 new. Sell for half price OBO. Call 218-776-2168.

R281C-NC

CANON POWERSHOT SD1100IS 8MP DIGITAL CAMERA: Camera works good. I am upgrading, so want to sell this camera. 8.0-megapixel CCD; 3x optical image-stabilized zoom; 2.5-inch PureColor LCD II monitor; Face Detection; Motion Detection Technology automatically reduces blur Video capture; Captures images to SD memory cards (not included); Comes with camera case, USB cord and battery charger. \$75. Cash only please. 320-349-0552 or 487-5222.

R421C-NC

Cars, Trucks, etc.

FOR SALE: Handicap accessible van. 1996 GMC, new battery, new break lines, runs great! 153,000 mi., w/wheelchair lift, has new motor. \$5000. Call 218-776-2168.

R281C-NC

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GUNS, TOOLS, VEHICLES
* Much More. Taking
Consignments to Jan 16..
Give us a call today to set up
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952.688.6798/218.435.2498.
Check out J-D Auctions



R41-42C

CHILLY WEATHER GOT YOU DOWN?

Don't worry the heat is paid!

RED LAKE SENIOR APARTMENTS

Call today about our 1 bedroom apartments that are available for immediate occupancy. Certain Restrictions apply. Rent is based on income and includes heat, water, sewer, garbage and electric. Must be 62 years of age or older. Laundry on-site, central air included, community room, emergency call system, meal services available. For more information contact 218-547-3307.

Equal Housing Opportunity TTY 711 CREATING BETTER LIVING

R221C-C

Fall into Great Specials!

WHITE EARTH CONGREGATE HOUSING

has immediate openings for a 1 bedroom unit. Must be 62 years of age or 18 years of age with a disability. Rent includes water, sewer, garbage and heat. Rent is based on 30% of income. Certain Restrictions apply.

For more information call DW Jones Management, Inc. (800) 810-2853 or www.dwjonesmanagement.com

Equal Housing Opportunity TTY 711 CREATING BETTER LIVING

R221C-C

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NEW QUEEN MATTRESS SETS starting at \$209. Full \$189. Twins \$159, Kings \$379. Eurotop, pillowtop, firm, Double sided and more. Large selection. Ready for Pick-up or Delivery. Family Run Furniture Warehouse. 218-766-0064, 218-214-0590

R40-44C

Business Services

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turn to the experts
Your complete plumbing and heating company. Serving the area since 1984

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R12-11C

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EXPERIENCED, QUALITY INSTALLS & GREAT CUSTOMER SERVICE

R11C

HAY FOR SALE

Medium square alfalfa/orchard grass 1st, 2nd & 3rd crop, stored inside, starting at \$35.00 per bale, volume discounts. Also medium square wheat straw, rotary combined, stored inside, \$25.00 per bale.

DAVID OLSON, Gully,
218-766-9575

R41C

We Want YOU!

To Rent an Apartment

Gonvick Rentals (Ness Apartments)
Gonvick, MN

Pay only 30% of adjusted income for rent

On-site laundry/
Mail Delivery

Contact CAROL at

800-504-6093
Carol.saga@gmmco.org

TDD # 800-627-3529

R11C-C

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ASK ABOUT OUR COMPLETE BUILDING PLANS SERVICES!
We're glad to help you with any building problem you may have.

Oklee Lumber, Inc.
(218) 796-5131

O2TFC

We print wedding invitations! Call Richards Publishing 218-487-5225



MCAN

For more information on MCAN ads call:
218-487-5225

Minnesota Classified Advertising Network



EMPLOYMENT

METAL BUILDING MANUFACTURER seeking sales representative. Previous building sales experience preferred. Company provides leads and additional training. Send resume and salary requirements to: jobsdmstl@gmail.com EOE

HELP WANTED - DRIVERS

NOW HIRING
Company OTR drivers. \$2,000 sign on bonus, flexible home time, extensive benefits. Call now! Hibb's & Co. 763/389-0610

Classified Advertising that is Easy!

THE MINNESOTA CLASSIFIED AD NETWORK
Make an impact with your advertising dollar with classified advertising that reaches over 3 million readers!

Your newspaper representative can provide complete details.
The 2nd Network is a program of the MNA, please 202-219-2378.

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Selling aerial photography of farms on commission basis. \$4,225.00 first month guarantee. \$1,500-\$3,000 weekly proven earnings. Travel required. More info msphotosd.com or 877/882-3566

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www.BaseCampLeasing.com

MISCELLANEOUS

GOT KNEE PAIN?
Back Pain? Shoulder Pain? Get a pain-relieving brace -little or no cost to you. Medicare patients call health hotline now! 800/755-6807

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truck or boat to Heritage For The Blind. Free 3 day vacation, tax deductible, free towing, all paperwork taken care of 800/439-1735

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STOP OVERPAYING FOR YOUR PRESCRIPTIONS!
Save up to 93%! Call our licensed Canadian and International pharmacy service to compare prices and get \$15.00 off your first prescription and free shipping. Call 800/259-1096

ADVERTISE HERE STATEWIDE IN 260+ NEWSPAPERS FOR ONLY \$279 PER WEEK! CALL 800-279-2979

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Have you had complications due to internal bleeding (after January 2012)? If so, you may be due financial compensation. If you don't have an attorney, call InjuryFone today! 800/591-7054

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- 25¢ each additional word
- Run 4 weeks - **5th week free**

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Fax: (218) 487-5251 • Email: richards@gvtel.com

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Gonvick, MN 56644

No refunds on cancelled ads. Or place paid ad with your local office.

Ad deadline: 4:30 pm Friday

PHONE:

- (218) 487-5225 - Leader Record, Gonvick
- (218) 776-3665 - Leader-Record, Clearbrook
- (218) 563-3585 - McIntosh Times
- (218) 796-5181 - Oklee Herald
- (218) 294-6220 - Grygla Eagle

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If you have a subscription you can view online for free. If you just want to view ONLINE it is only \$25, no matter where you live! Give us a call!

Richards Publishing Company
218-487-5225

DINING & entertainment

RIBEYE STEAK FRY

in the
**Banquet Room at the
Clearbrook Community Center**

(For to-go orders, call 776-3200)

Sponsored by the
Clearbrook American Legion Auxiliary
Everyone welcome!

Ribeye steak,
baked potato, wild
rice, garlic bread,
dinner salad, coffee
& water.
Cost is
\$15.00

**Saturday,
Jan. 16th**
serving from
5:00-7:30 pm

R42C

BINGO!

**FRIDAY,
JAN. 15TH**
at 6:30pm!

BLACKOUT in 58#s or less for \$1000!

Big G game in 51#s or less ... \$475

**FREE
JUKE BOX**
after bingo!!

HAPPY HOUR during
bingo

GOODRIDGE LIQUOR STORE

R42C

BAR Bingo & MEAT PADDLE WHEEL RAFFLE

**SAT.,
JAN. 16**
-at - 6 pm

Progressive - Blackout 61 #s for \$1,000

License: #32290-001

**FRI. &
SAT.
SPECIAL** 5:00-10:00
pm
Chicken & Ribs

**SMEAR
TOURNEY**
every **TUESDAY**
at 7 pm

SHORTY'S PLACE, GULLY

R42C

BAR BINGO!

AND PADDLE WHEEL

SATURDAY • 6:30 pm

57 #s at \$1000
- UP TO \$1000 MAXIMUM -

SPONSORED BY:
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**Jan.
16,
2016**

R42C

CAROL'S COZY BAR & GRILL

Brooks, MN • 218-698-4608

**COME IN FOR
BAR BINGO
Sat., Jan. 16**

COMING EVENTS:
WINE & WOOD PARTY
Sun, Jan. 31 ... 2 pm
Go on facebook to register under
"wine and wood"

FOOTBALL PARTY
HAPPY HOUR all day
Feb. 7
**HORS
D'OEUVRES &
DOOR PRIZES**

TACO TUESDAYS
serving for lunch & supper

**EAT IN
OR TAKE
OUT** **BROASTED
CHICKEN**
served daily

**Friday &
Saturday Night**

**RIBEYE, WALLEVE,
BBQ RIBS & CHICKEN**

Smear Tournament
Every Wednesday night
7:00 pm ... STARTING JAN. 6TH

**POTATO KLUB AND
SIDE PORK for lunch**
~ THURSDAY, JAN. 21 ~

HOURS: M-SAT: 8 A.M. - 1 A.M. SUNDAY: 11:00 A.M. - MIDNIGHT

R42C

Retrospective Exhibit of works by Irene Bertils to be showcased starting Wednesday, January 13

The Northwest Minnesota Arts Council (NWMAC) is delighted to announce a Retrospective Exhibit of works by Irene Bertils of Crookston, Minnesota. Ms. Bertils' artworks will be showcased in our East Grand Forks gallery Wednesday, January 13, 2016, through Sunday, February 28, 2016.

"Art has always been a constant in my life, says the artist. "I can't remember a time that I haven't been drawing or painting." Growing up near Moorhead, Irene studied briefly at Minnesota State University Moorhead. She went on to nursing school, becoming an LPN. Irene then moved to Crookston where she married, and raised her family. She lives on a small farm outside of town with her husband and the youngest of their four children. Throughout all these years, Irene has continued creating art.

Irene's work with art includes teaching art to home-schooled children; creating private and public murals and other commissioned pieces; and illustrating for a national wood-carving magazine. The NWMAC knows Irene's work well through our spring Regional Exhibits which she has entered many times, often receiving awards or honors.

The works Irene selected for this exhibit include twenty-five pieces created in a wide variety of media showing the depth of her artistic ability. Her artworks, include watercolor, acrylic, charcoal, pastel, glass mosaic, and pencil, all depicting people and scenes from her life and surroundings.

A reception for the artist will
Wednesday, January 13, 2016



be held Saturday, February 13, 2016, at the gallery from 3:30 - 5:00 p.m. Gallery hours are Wed. through Sat., 2:00 to 8:00 p.m., and Sun., 2:00 to 5:00 p.m. The Arts Council gallery and River Walk Artists shop & gallery are located in the River Cinema mall, East Grand Forks, across the street from Cabela's and next to Mamma Maria's Restaurant. Parking is available in the large lot next to the north mall door. We are the

first door on the right. We welcome private showings, and are happy to answer all questions. For more information or private showings, call gallery coordinator at 218-965-4216, or email: tmjacobsn16@gmail.com or call the arts council office at 218-745-9111. Please visit the Northwest Minnesota Arts Council website at: http://www.NorthwestMinnesotaArtsCouncil.org for more information.

McIntosh Country Store

120 Broadway Street NW - McIntosh, MN 56556
Phone: (218) 563-3636
Monday-Friday: 8:00 am-6:00 pm; Saturday: 9:00 am-5:00 pm

We Accept UPS Drop-Off Packages FREE!

We ship via UPS

We accept:
• **ARS** (Authorized Return Service)
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Guaranteed Delivery or Your Money Back! • Free Package Tracking • Free Coverage on Packages with \$100 or Less DV

R42C

More About Massey Harris

By Auctioneer, Eric Mickelson

As with many early farm equipment companies, Massey Harris came from the merger of two Canadian companies, in 1891. They were the Massey Manufacturing Company based in Toronto, and the A. Harris Son & Company of Brantford, Ontario.

Massey Harris entered the tractor market with the Bull tractor. The tractor was actually manufactured in Minneapolis, Minnesota, by the Bull Tractor Company. The Bull tractors 3-wheeled design proved to be unsuccessful. Massey's next try was the Parrett tractor from Chicago, Illinois. They began to assemble these tractors in Ontario, but competition with the Fordson tractor and hampered sales of the Massey Harris Parrett tractor.

Once again on the hunt for a tractor, they began talks with the J.I. Case Plow Works of Racine, Wisconsin, to market the Wallis line of tractors. After a couple years Massey bought the entire company now including Wallis tractors and other implements.

In 1930 Massey company announced an amazing tractor. Not only was it a row crop tractor it was a 4-Wheel Drive, yes I said 4-WHEEL DRIVE! Most tractor companies did not develop a 4-Wheel Drive until the 1970's. To say the least they were ahead of the times. This is probably why the "Gen-

eral Purpose", as it was called did not catch on.

If you have ever seen one or a picture of one, it is a sight to see. A steel wheeled 4-Wheel Drive doesn't seem to fit with today's picture of 4-Wheel Drive tractor. The way it was made the rear axle pivoted so the tractor could drive smoothly over rough ground. The two front wheels steered right or left, it did not pivot in the middle like most modern day 4-Wheel Drives. The Massey Company continued with a new row-crop tractor, The

Challenger, the last of the Wallis tractors, grew into a successful line of future Massey tractors.

Tractor Trivia

1. T or F The "Bull" tractor had one drive wheel.
A. 10 B. 20 C. 50
2. The Wallis Bear was a huge tractor. It was over _____ feet long.
A. 100 B. 500 C. 9
3. There were _____ Wallis Bear Tractors built.
A. Bear Junior B. Little Bear C. Cub
4. Wallis decided on a smaller model, what was it called?
A. Bear Junior B. Little Bear C. Cub
5. The first Massey Challengers were painted _____?
A. Gray B. Red C. Green

Theology in the Trenches

By Kathleen Kjolhaug

And So We Beseech Thee Gracious Lord

As we come into this New Year having no clue what it will bring, we hold loosely that which is Yours. As much as we'd like to proclaim Your unending ways, sometimes pain does not allow. In those moments, take hold Lord, take hold. You've got this, lest we forget. In our weakness...You are strong. We hold fast to truth which sustains.

Mere breathing can be difficult; placing one lead weighted foot in front of the other drains energy. Sitting solid is even more excruciating as that which is not familiar crashes round about. Satan's arrows have no power. For His blood which was shed pierces the darkness as the arrows that fly by night fall short of their target. As they fly past threatening those who are of service to Thy kingdom, we proclaim victory before the battle begins.

Oh weary heart, why are you so faint? The depth of truth revealed is often times difficult to live out as we watch wounded warriors absorb blows meant to beat down. Rise up oh men/women of God, He's got this. Salvage yards are full of vintage vehicles awaiting to be regenerated as parts are used for service elsewhere. Building up that which has broken down is what they are good for. At first sight, the discarded piles look like waste wasting. Truth-be-told, they lie in wait for purposes far greater than we could ever

imagine...a spark plug here, a battery there, a full engine needing to bring life to that which was once thought to be no longer useful.

"Behold the handmaid of the Lord, be it done unto me, according to Thy word."

Luke 1:38

"And Mary said, Behold the handmaid of the Lord; be it unto me according to thy word. And the angel departed from her."

Deep within the center of home hearths, prayers are lifted. Called to places I'd rather not go, steps stutter. Perhaps by returning to the warmth of the familiar, praying is enough. The battle is Yours, Lord. Need I go? Need I leave the cocoon created? You mean I have to feed the hungry? You mean I have to clothe the naked? I must care for the sick?

It was so much easier just breezing through those stores doing a bit of shopping, buying a cup of coffee, looking at a few decorating magazines, typing articles to encourage others to go, therefore, and live the Gospel. Now, it's day three of this new-year and I'm way out of my comfort zone.

May "Thy Word which is sharper than any two edge sword" (Heb. 4:12) pass through and pierce the darkness which only appears to permeate this planet. May this year rain down Your glory, for Your glory. Amen.

Ask a Trooper

by Sgt. Jesse Grabow
Minnesota State Patrol

Question: I have a former foreign exchange student coming to visit us here in Minnesota. He wanted to know what the requirements are for driving in our state and using his foreign driver's license.

Answer: This is a good question and can depend on a few things.

Foreign Tourists

Foreign motorists from any of the countries who are party to the United Nations Convention on Road Traffic (Geneva, 1949) and the Convention on the Regulation of Inter-American Motor Vehicle Traffic (Washington DC, 1943) who visit the United States as tourists can drive legally using their valid native country's driver's license for a period to not exceed one year from the date of arrival. Tourists from countries who are party to these conventions can also legally drive their own private cars bearing valid license plates issued in their native country for a period not to exceed one year from their date of arrival. Foreign tourists who are from those countries not part of the United Nations Convention on Road Traffic, must obtain a driver's license and license plates from a state upon arrival in the U.S.

Foreign Students

Foreign students attending

school in the U.S., who are at least 16 years of age can drive with their home country's valid license for up to one year. After one year, they must meet the same licensing requirements as a Minnesota resident.

International Driving Permit

Visitors may carry an International Driving Permit (IDP) obtained by their home country, as authorized by the conventions. The IDP serves as a translation to be used in conjunction with the visitor's valid driver's license. An IDP is not a license to drive.

Residence or Employment Established

If an individual from another country comes to Minnesota and establishes residence or becomes employed, they are no longer considered a tourist or a student. They are then required to obtain a Minnesota driver's license within 60 days of establishing their residency.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Trp. Jesse Grabow - Minnesota State Patrol at 1000 Highway 10 West, Detroit Lakes, MN 56501-2205. (You can follow him on Twitter @MSPIO_NW or reach him at, jesse.grabow@state.mn.us).

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Huisken Meat Company Recalls Beef Products Due To Possible Foreign Matter Contamination

WASHINGTON, Jan. 4, 2016 – Huisken Meat Company, a Sauk Rapids, Minn. establishment, is recalling approximately 89,568 pounds of beef products that may be contaminated with extraneous wood materials, the U.S. Department of Agriculture's Food Safety and Inspection Service (FSIS) announced today.

The Sam's Choice Black Angus Vidalia Onion items were produced on various dates between Nov. 19, 2015, and Dec. 9, 2015. The following products are subject to recall:

• 2-lb. boxes containing 6 pieces of "Sam's Choice Black Angus Beef Patties with 19% Vidalia ® Onion." with Use By dates 05/17/2016; 05/29/2016; and 06/06/2016.

The products subject to recall bear establishment number "EST. 394A" inside the USDA mark of inspection. These items were shipped to retail locations nationwide.

The foreign material originated with an incoming ingredient and was discovered during production.

There have been no confirmed reports of adverse reactions due to consumption of these products. Anyone concerned about an injury or illness should contact a healthcare provider.

Consumers who have purchased these products are urged not to consume them. These products should be thrown away or returned to the place of purchase.

FSIS routinely conducts recall effectiveness checks to verify recalling firms notify their customers of the recall and that steps are taken to make certain that the product is no longer available to consumers. When available, the retail distribution list(s) will be posted on the FSIS website at www.fsis.usda.gov/recalls.

Consumers with questions about the recall can contact Debbie Green, Customer Service Manager, at (618) 857-4011. Media with questions about the recall can contact Mike Riley, VP of Sales, at (618) 857-4062.

Consumers with food safety questions can "Ask Karen," the FSIS virtual representative available 24 hours a day at Ask-Karen.gov or via smartphone at m.askkaren.gov. The toll-free USDA Meat and Poultry Hotline 1-888-MPHotline (1-888-674-6854) is available in English and Spanish and can be reached from 10 a.m. to 4 p.m. (Eastern Time) Monday through Friday. Recorded food safety messages are available 24 hours a day. The online Electronic Consumer Complaint Monitoring System can be accessed 24 hours a day at: http://www.fsis.usda.gov/reportproblem.



Making Connections: People, Places, Water

How is water intertwined in your life? Water means different things for different people and different places. How do we make the connection between people, places and water knowing that we are connected differently The Red River Basin Commission is a grass roots organization that brings together all levels of basin participation to work together to create a unified voice for the Red River Basin of the North.

Please join the Red River Basin Commission at their 33rd Annual Red River Basin Land and Water International Summit Conference, January 19-21, 2016 at The Alerus Center and Canad Inns, Grand Forks, North Dakota.

State Geologist of Minnesota, Harvey Thorleifson, who has worked in the Red River valley on both sides of the international boundary, will be the keynote speaker. He will outline how water-related topics in our region such as water supply for us all, water quality as it relates to drinking water and to ecosystem health, flooding – especially along the Red River Valley, the state of surface water features which are such an important element of our culture, and aquatic ecosystem integrity – including the threat that invasive species pose – are interrelated and intertwined with all aspects of our lives.

This year's conference theme, "Making Connections: People ~ Places ~ Water", will bring together leaders from around the Red River Basin who are involved in some capacity with water and land resource management, protection, or restoration. Conference participants will focus on the importance of working on these resource issues from a holistic watershed perspective; working on these issues together toward a common vision; speaking with a unified voice; and acting through a unified approach.

We are pleased to have the Commissioner of the Minnesota Pollution Control Agency; the Minister of Manitoba Conservation & Water Stewardship and the Director of the North Dakota State Water Commission's Planning and Education Division to update the conference attendees on each of their respective jurisdictions as it relates to natural resources projects and programs in the Red River Basin.

The conference provides opportunities for networking, collaborating, learning, educating and celebrating all the ways we are connected through water and how all the issues are important in how we manage the Red River Basin. We are in fact all in this together and working to make the Basin a better, safer and sustainable place for our generation and future generations to come.

If you are interested in learning more about the Red River Basin Commission and how you can participate in having your voice heard at the annual conference, please visit www.redriverbasincommission.org for more information.

The RRBC is a grassroots organization that is a chartered not-for-profit corporation under the provisions of Manitoba, North Dakota, Minnesota, and South Dakota law. Our offices in Fargo, ND and Winnipeg, MB can be reached at 701-356-3183 and 204-982-7254, or you can check out our website at www.redriverbasincommission.org.

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From the Past



This picture was taken from an old glass negative. We can tell that this picture was taken in November of 1923. The calendar on the wall above the gentlemen's head has the facts. If anyone can identify the man in this photo, please let us know by calling 218-487-5225 or emailing to richards@gvtel.com.

Apply now for up to \$1,500 in grant money

Grant money is available through the Northwest Minnesota Arts Council for individual artists thanks to a partnership with the McKnight Foundation. Grants will be awarded to individual artists up to \$1500.00. Performing artists, visual artists, media artists, creative writing artists are all welcome to apply. Applications from individual artists are being accepted through out our seven county Minnesota service area including Kittson, Marshall, Norman, Pennington, Polk, Red Lake and Roseau counties.

Artist Project Grant applicants must be 18 years and older and reside in the seven-county Northwest Minnesota area at least six months out of the calendar year. Individual Artist Grants provide financial

assistance for the exhibition, performance, or production of a specific creative work, mentoring with a more experienced artist, participating in not-for-credit arts experiences.

Northwest Minnesota Arts Council uses the National Endowment for the Arts discipline list to determine what is considered art.

Deadlines for Individual Artist Grants is January 15th, 2016, and Arts Projects Grants February 1, 2016.

To learn more about these grant programs and start an application visit www.NorthwestMinnesotaArtsCouncil.org, click on the Current Grants Forms under the Grants Tab. The grant application process is completely online and NWMAC's Executive Director Mara Hanel can help

walk you through the process of using the grants portal to get accustomed to it. There are also informative step-by-step video's posted to our website to help you out.

The McKnight Foundation generously provides the necessary funding to help local arts councils promote and serve the arts community through grant programs such as this. The Northwest Minnesota Arts Council is one of eleven regional arts councils in the state. All eleven councils work together with their fiscal agent the Minnesota State Arts Board to provide arts services, staffing, and grants.

Contact: Mara Hanel, Executive Director, NW MN Arts Council 109 S. Minnesota St. Warren, Mn. 56762, (218) 745-9111

Fire Away!

Your Firearms Questions Answered
By Mike Illies, Manager of Black Bear Firearms Instruction LLC



This month's question is, "I am interested in concealed carry and have read your recommendations for a carry gun, but would like your thoughts or recommendations for a carry gun specifically for women."

When looking for a carry firearm specifically for women, I would suggest a practical handgun that you can carry, handle, and shoot with confidence. These are the most important considerations for anyone looking for a handgun. Ultimately, it is best to try out as many different handguns as you can to make a wise choice. The current trend is for companies and salespeople to push the light weight polymer framed .380 semi-automatics. While being very small, light and thin makes them very easy to conceal and carry it also makes them very difficult to shoot. The light weight makes the recoil sharp even with light calibers. The small frame makes them difficult to hold securely and can cause "hammer bite" or "slide bite" because the slide is so close to the hand that it cuts or pinches your skin when fired. The slides can also be difficult to manipulate since the short light slides need a stiff spring to operate correctly. Clearing malfunctions can also be tricky. All of these things add up to make a handgun that will require much practice to handle and shoot with confidence. If you are able to practice and have an experienced shooter to coach you, these little handguns can be a pleasure to carry. If you don't have the opportunity for significant practice, the little semi-automatic can be nothing but frustration and less than ideal if you need it for self-defense.

In my years of instructing, I have found that when given the chance to try a variety of handguns, women tend to like the medium framed revolvers and semi-automatics. The top favorites are consistently the Glock 19 in 9mm, and the short barreled K-frame Smith and Wesson in 38 Special.

These are big enough that they can be handled well and shot well with a modest amount of practice. They are very simple and reliable designs. However, they are large enough that they need careful consideration to conceal when wearing lighter clothing. I should state here that I do not recommend a handgun be kept in a purse or handbag even if so designed – it is too easy to lose in a mugging or attack. For a very small handgun, I have found that many women favor the small frame 38 special snub nosed revolvers. They are small and easy to conceal. Being small, they will require some extra practice, but many of my students are able to hit very well after a box or two of cartridges. There are no buttons or controls to worry about, there is no slide to fight, when the finger is off the trigger they are absolutely safe, and they are extremely reliable. With bobbed or enclosed hammers, they are snag-proof and if need-be, can be fired from inside a coat pocket as there is no slide to hang up or need for clearance to cycle. They are also very easy to clean and do not require disassembly like the typical semi-automatic.

The choice of a defensive handgun is a very personal matter for both men and women. I recommend you try out as many different models and calibers as you can. You can expect the people at the sales counter to push the tiny polymer framed semi-automatics because they are the fad right now and the new "hot" item. By all means, give the semi-automatics a try, but don't forget to try out the little revolver too, I think you will be pleasantly surprised. Finally, choose the one that you are most confident with. Until next time, keep both eyes open.

If you have a question related to firearms or firearms use, please email Mike at bbfillc@yahoo.com and your question may be chosen and appear in this column.

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Basketball

Results

Girls Basketball Tuesday, Jan. 5

Clearbrook-Gonvick 64, Walker-Hackensack-Akeley 40

Fertile-Beltrami 56, Fosston 51
Fosston 23 28 — 51
Fertile-B 27 29 — 56
Fosston — Jaclyn Hubbard 4, Abby Swanson 17, Lillie Manecke 2, Emily Curfman 26, Katie Nelson 2

Fertile-Beltrami — McKenzie Sirjord 5, Megan Sirjord 4, Bailey Mulahy 2, Ana Kircher 2, Marlee Steffes 6, Lauren Harstad 2, Annika Sannes 6, Jaden Christianson 6, Shelby Duckstad 23

Goodridge-Grygla 60, Red Lake CC 39
RLCC 18 21 — 39
Good-Grygla 27 33 — 60
Red Lake County Central — Kat DeHate 9, Taylor Bushelle 4, Holly Vettelson 1, Ashley Longtin 17, Brandi Jensen 8
Goodridge-Grygla — Hannah Dietsch 19, Mariah Coan 10, Shantel Verbout 12, Madison Bakken 9, Ashlyn Henrickson 6, Brooke Anderson 1, Ashley Moe 3

Win-E-Mac 84, Climax-Fisher 48
Win-E-Mac 31 53 — 84
Climax-Fisher 22 26 — 48
Win-E-Mac — Hannah Smeby 2, Mariah McKeever 6, Tanya Bring 4, Jessica Kasprzak 8, Sydney Knutson 20, Lauren Strom 2, Madison McKeever 31, Tyra Wilson 5
Climax-Fisher — Adrianna Vasek 19, Sophie Love 10, Sydney Magsam 16, Michaela Burstad 1, Mikayla Vasek 2

Bagley 56, Mahnomen 52
Bagley 28 28 — 56
Mahnomen 22 30 — 52
Bagley — Camille Merschman 13, Haley George 14, Alex Syverson 4, Casey Shultz-Reese 16, Liz Anderson 2, Rylee Aufforth 2, Val St. Clair 5

Mahnomen — Lindsey Swiers 1, Lindsey Thompson 12, Jessica Refshaw 4, Kiki Kezzer 9, Ashley Johnson 6, Lilly Walker 19

Thief River Falls 66, Bemidji 55
TRF 31 35 — 66
Bemidji 23 32 — 55

Thief River Falls — Allison Okeson 1, Kylea Praska 26, Kelsey Kainz 3, Meleah Biermaier 20, Jenna Tadych 6, Bailey Greene 2, Tiahna Nicholson 8
Bemidji — unavailable

Boys Basketball Tuesday, Jan. 5

Bemidji 69, Thief River Falls 68

Walker-Hackensack-Akeley 72, Clearbrook-Gonvick 46

Bagley 86, Mahnomen 84, OT

EGF Senior High 64, Red Lake County 48
Red Lake County 16 32 — 48
Senior High 25 39 — 64
Red Lake County — Drake Engelstad 14, Austin Waliser 14, Talon Porter 1, Will Duden 8, Austin May 5, Matt Vettleson 3, Ethan Johnson 3
Senior High — Cole Ham-margen 22, Aaron Havis 13, Cole Orthaus 4, Chance Borden 6, Ed-mond Jones 5, Sam Votava 8, Tyler Vossler 2, Julian Benson 4

Kittson CO. Central 81
Goodridge/Grygla 47
Kittson Co. C 45 36 — 81
Goodridge/G 28 19 — 47
Kittson Co. Central — Spencer Billings 2, Trent Jerome 20, Ty Diamond 2, Jackson Peterson 19, Bryden Swenson 8, Mason Olsen 17, Dylan Olsonawski 6, Andrew Christianson 7
Goodridge/Grygla — Blaine Kriel 9, Tyler Stinar 8, Jesse Wiseth 2, Austin Brateng 15, Ty Jelly 2, Blake Nerhus 2, Ben Groven 9

Girls Basketball Thursday, Jan. 7

Walker-Hackensack-Akeley 57, Bagley 32

Win-E-Mac 73, Mahnomen 32
Win-E-Mac 35 38 — 73
Mahnomen 15 17 — 32
Win-E-Mac — Kylie Brekke 2, Hannah Smeby 5, Mariah McKeever 17, Tanya Bring 2, Jessica Kasprzak 3, Kelsey Knutson 7, Indiana Nornes 1, Lauren Strom 3, Madison McKeever 27, Alayna Espeseth 9
Mahnomen — Abby Large 4, Lindsey Swiers 4, Lindsey Thompson 2, Sydney Clark 3, Jessica Refshaw 2, Kiki Keezer 6, Ashley Johnson 3, Lilly Walker 8

Red Lake 83, Red Lake CC 44
Red Lake 34 49 — 83
RLCC 18 26 — 44
Red Lake — Angel McClain 21, Alexis Desjarlait 5, Gerika Kingbird 7, Danielle Seki 2, Grace White 20, Autumn Holthusen 3, Averi Holthusen 17, Tanisha Beaulieu 3, Sydney Beaulieu 5
Red Lake County Central — Kat DeHate 6, Michelle Sundquist 1, Baylor Bushelle 6, Julia Bernstein 5, Ashley Longtin 4, Brandi Jensen 22

Boys Basketball Thursday, Jan. 7

Fosston 68, Climax-Fisher 39

Bagley 57, Fertile-Beltrami 51

Mahnomen 93, Win-E-Mac 90
Mahnomen 40 53 — 93
Win-E-Mac 54 36 — 90
Mahnomen — Tom Pavak 37, Shawn LaFriniere 4, Brian Schoen-born 9, Blake Kahlbaugh 13, Karson Gieseke 2, Jon Starkey 2, Buster Walker 2, Lucas Clarke-Burnette 4, Charlie Coleman 20
Win-E-Mac — Mikah Olsen 15, Alec Kiecker 11, Emelian Kaya 3, Hunter Chaput 40, Blake Glass 6, Brekken Linberg 15

Girls Basketball Friday, Jan. 8

Cherry 62, Fosston 45

Fertile-Beltrami 64, Bagley 46
FB 39 25 — 64
Bagley 18 28 — 46
Fertile-Beltrami — McKenzie Sirjord 18, Megan Sirjord 3, Marlee Steffes 1, Emily Motteberg 2, Annika Sannes 14, Jaden Christianson 16, Shelby Duckstad 10
Bagley — Alex Syverson 5, Camille Merschman 20, Hayley George 9, Kaci Schultz-Reese 4, Liz Anderson 6, Rylee Aufforth 2

Goodridge-Grygla 56, Warren-Alv-O 49
WAO 27 22 — 49
Goodridge-Grygla 21 35 — 56
Warren-Alvarado-Oslo — Brooke Bauer 9, Holly Steer 3, Taylor Mortimer 5, Paige Pederson 3, Payton Gullikson 8, Sydney Moug 15, Kaely DeMars 6
Goodridge-Grygla — Hannah

Dietsch 10, , Mariah Coan 11, Shantel Verbout 15, Madison Bakken 3, Ashlyn Henrickson 6, Brooke Anderson 6, Ashley Moe 5

Win-E-Mac 55, Badger-greenbush-GMR 45
Win-E-Mac 34 21 — 55
BGMR 25 20 — 45

Win-E-Mac — Mariah McKeever 8, Tanya Bring 4, Kelsey Knutson 4, Madison McKeever 30, Tyra Wilson 2, Alaya Espeseth 7

BGMR — Emily Anderson 10, Amy Srir 6, Maddi Janicke 2, Sier-rah Mooney 6, Carly McKash 12, Megan Larson 9

Boys Basketball Thursday, Jan. 7

Goodridge-Grygla 58, Warren-A-O 47
WAO 23 24 — 47
Goodridge-Grygla 30 28 — 58
Warren-Alvarado-Oslo — Brice Miller 8, Maison Carlson 7, Max Sundby 3, Evan Deschene 11, Mason Wang 4, Jackson Steer 9, Chase Salmon 5
Goodridge-Grygla - Blaine Kriel 15, Tyler Stinar 19, Jesse Wiseth 2, Austin Brateng 18, Ty Jelle 2, Ben Groven 2,

Red Lake Co. Central 92, Climax/Fisher 72
RLCC 38 54 — 92
C/F 35 37 — 72
Red Lake Co. Central — Drake Engelstad 41, Marcus Christiansen 7, Austin Waliser 17, Talon Porter 8, Will Duden 11, Matt Vettleson 5, Justin Namec 1, Ethan Vettelson 2
Climax/Fisher — Isaiah Bartels 2, Tristan Rowley 4, Matt Knutson 9, Pelon Pruneda 8, Paul Gapp 23, Beau Byklum 24

Boys Basketball Saturday, Jan. 9

Northome-Kelliher 71, Clearbrook-Gonvick 54
Northome-Kell 37 34 — 71
Clearbrook-Gonvick 33 21 — 54
Northome-Kelliher — Jonathan Weidenborn 9, Trevor Pox-leitner 7, Adnew Stueven 18, Giizhik Wagner 21, Austin Dreher 5, Dylan Albrecht 9, Clyde Jensen 2
Clearbrook-Gonvic — Luke Burgess 6, Trevor Rogstad 9, Sam Lavin 8, Eric Baanrud 9, Tristan Bakke 12, Elliot Dickey 2, Erick Bergman 3, Hunter Churness 5

Last call for farmers to be included in popular Minnesota Grown Directory

Deadline to be included in 2016 publication is January 31

The Minnesota Department of Agriculture (MDA) is about to print its popular statewide Minnesota Grown Directory of farms and farmers markets selling directly to consumers. There is still time for Minnesota producers who grow or raise products, and those selling directly to consumers to list in the Directory. The membership deadline is January 31, 2016.

For only \$60, farmers receive a year's worth of advertising in both online and print. This includes access to other great Minnesota Grown member-only benefits, like the use of the trademarked logo and free stickers, price cards, and other promotional items.

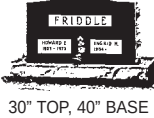
The 2015 edition of the Minnesota Grown Directory had a recording breaking 1,027 farms and farmers markets, which the MDA aims to exceed this year. This April 155,000 copies of the Directory will be distributed statewide at tourist centers, libraries, chambers of commerce, farms, and retailers. The online Directory, www.minnesotagrown.com, is also extremely popular and had over 300,000 unique annual visitors in 2015. "Consumers have been demanding local foods and that demand has increased dramatically over the last few years. We are the best source to discover a nearby farm or market," said Jessica Miles, Agricultural Marketing Specialist for the Minnesota Grown Program. "Our Directory is the most comprehensive and commonly used guide to local foods, fibers, and fun available in Minnesota."

Potential new members may download an application or sign up and pay online at www.minnesotagrown.com. Simply click on the "Become a Member" link beneath the "Members & Retailers" drop-down menu. You can also contact Jessica Miles with questions (651-201-6170 or jessica.miles@state.mn.us) and to request an application by mail. CONTACT: Allen Sommerfeld, MDA Communications 651-201-6185 / allen.sommerfeld@state.mn.us

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OBITUARIES



Services Saturday
for Gudrun C.
Fredensberg

Gudrun C. Fredensberg, 99, of Bemidji, MN died Friday, January 8, 2016 at the Sanford Bemidji Medical Center.

Memorial services will be at 1:00 pm, Saturday, January 16, 2016 at the Bethel Lutheran Church in Bemidji, Minnesota. Visitation will be one hour prior to the service. Interment will be held in the spring at the Samhold Lutheran Cemetery in Gonvick, MN under the direction of the Cease Family Funeral Home of Bemidji.

She was born August 11, 1916 in Gonvick, MN the daughter of Nels and Louise (Husby) Fredensberg. She was baptized on September 10, 1916, and confirmed on June 29, 1930 at the Samhold Lutheran Church in Gonvick. She was educated in the Gonvick Public School, graduating from High School in 1933. She worked at the Gonvick Post Office for two years, after which she went to Morris, MN, where she completed the Business Training Course at the West Central School of Agriculture, and worked for five years in their business office. In 1941 she moved to Richmond, California. She was employed as a bookkeeper for a construction company and for the US Navy before enlisting in the US Coast Guard. Following her Honorable Discharge, she returned to California where she attended Golden Gate College in San Francisco and also the University of California in Berkeley. She worked for Cutter Laboratories/Bayer Corporation for 27 years, four of which were spent in their Panama office. During the two years at U.C. Berkeley and in Panama she was a member of the Naval Reserve. She moved to Bemidji in 1984 and became an active member of Bethel Lutheran Church. Her volunteer service included delivering Meals on Wheels, and working at the Bemidji Community Food Shelf. She loved to travel and visited many foreign countries as well as much of the United States. She enjoyed reading and sports. For many years she was an active golfer.

She is survived by her nieces: Karen (Phillip) Johnson of Clearbrook, MN, Kathryn Westrum of Clearbrook, MN, nephews Brent Thompson of Bloomington, MN, Michael (Susan) Thompson of Las Vegas, NV, Paul (Catherine) Thompson of Bemidji, MN, and several great-nieces and great-nephews. She was preceded in death by her parents, sister Edna Thompson, and an infant brother.

In lieu of flowers, memorials are preferred to Bethel Lutheran Church or the charity of your choice.

Condolences may be left at ceasefuneralhome.com.

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at richards@gvtel.com



Services Friday for
Steve Gulbranson

Steven Larry Gulbranson, 62, of Shevlin, Minnesota died on Sunday, January 10, 2016 after a long battle with cancer at his residence in Shevlin, MN surrounded by his family.

Funeral services will be held on Friday, January 15, 2016 at 11:00 a.m. at Our Savior's Lutheran Church in Leonard, MN with the Reverend Robert Kirchman officiating. Visitation will be on Thursday, January 14, from 5:00 – 7:00 with a prayer service at 6:30 p.m. at the Cease Family Funeral Home Chapel in Bagley, Interment will be at the Norway Lake Cemetery at Leonard, Minnesota. The Cease Family Funeral Home of Bagley assisted the family with arrangements.

Steven was born on January 13, 1953 in Bagley, MN to Gilmer Gulbranson and Helen (George) Gulbranson Mathison. He attended Happy Hollow School in Holst Township through 5th grade and graduated from Clearbrook High School in 1971. Steven married Linda Lewis on May 11, 1974 in Bagley, MN. Steven worked as a Heavy equipment operator for various companies until he retired in 2014. He was a member of the Local 49 Operating Engineers as well as a member of Our Savior's Lutheran Church in Leonard, MN. Steve loved hunting, fishing, watching football, and tinkering in his shop, but his greatest joy was spending time with his family.

He is survived by his wife, Linda Gulbranson of Shevlin, MN; his daughter, Michele Beckett of Pequot Lakes, MN; his son, Matthew Gulbranson (Ali Silver) of Moorhead, MN; his grandchildren, Spencer Beckett of Garrison, MN, Alyssa (Jake) Pegel of Brainerd, MN, and Owen Beckett of Pequot Lakes, MN; his great grandson, Colter Beckett of Garrison, MN; his sisters, Donna (Gordy) Solberg of Leonard, MN, Alice Cassibo of Gonvick, MN, Sharon Lang of Coon Rapids, MN, Karen Jorgenson of Clearbrook, MN, Sandra (Rich) Dombeck of Hawley, MN, Nancy (Byron) Edevold of Bagley, MN, and Tammye (Mike) Cleveland of Woodbury, MN; his brothers, Gilmer (Bonnie) Gulbranson of Crystal, MN, Gary (Alice) Gulbranson of Eagan, MN, and Robert Gulbranson of Albuquerque, NM; his mother-in-law, Alice Lewis of Bagley, MN; his brothers-in-law, Alroy (Debbie) Lewis of Bagley, MN and Duane (Lori) Lewis of Bagley, MN; his sisters-in-law, Mary Lewis of Bagley, MN, Patty (Joe) Swenson of Bagley, MN, Bonnie (Clint) Klein of Park River, ND, and Lynette (Todd) Halvorson of Bagley, MN; and numerous nieces, nephews, aunts, and uncles.

He was preceded in death by his mother, Helen Gulbranson Mathison; his father, Gilmer Gulbranson; his sister, Laurie Hanson; his step-father, Melvin Mathison; his brothers-in-laws, Gerald Halvorson, James Rouland, Iver Cassibo, and Charles Jorgenson; his sister-in-law, Brenda Gulbranson; two infant brothers; his father-in-law, Chester Lewis; and his nephews, Michael Swenson, Mike Halvorson, and Brian Halvorson.

Messages of condolence may be sent to ceasefuneralhome.com

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Services Monday for
Mike Mamerow

Mike Mamerow of Oklee, MN, age 61 died January 6, 2016, at McIntosh Senior Living, McIntosh, MN

Service to celebrate the life of Mike will be held at 2:00 PM on Monday, January 18, 2016 at Johnson Funeral Service in Oklee, MN with Pastor Margaret Jacobus officiating.

Michael James Mamerow was born on March 18, 1954 to Wilbur and Ilene (Larson) Mamerow in Milwaukee, WI. He was baptized Lutheran faith at Zion Lutheran Church in South Milwaukee, Wisconsin. Michael attended and graduated from Cudahy High School in the class of 1972.

On June 10, 1972, he was united in marriage to Vicky Baker in South Milwaukee, WI. Along with their three daughters, Tracy, Angela and Christina they made South Milwaukee their home. In September of 1985 they moved to his father-in-law's farm just northeast of Oklee.

In 1988 they moved into Oklee where Mike lived until 2009 when he went to McIntosh Senior Living where he continued to reside until his passing.

He enjoyed carpentry, tending his small garden he made behind his apartment, drinking an Old Milwaukee beer, telling stories and visiting with his family and friends.

Survivors include his daughters, Tracy (Jack) Lee of Oklee, MN, Angela (James) Kelley of Plummer, MN and Christina Parsley of Thief River Falls, MN; grandchildren, Jack and Brandon Lee, Brittany and Joshua Kelley, Cameron and Kylie Parsley; siblings Mary Jo (John) Eckert, Sandy (Ron) Palasz, Pat (Catey) Mamerow and Willie (longtime girlfriend, Amy) Mamerow; and numerous nieces and nephews.

He is preceded in death by his parents, Wilbur and Ilene; and grandson, Jacob Parsley.

Family condolences may be sent at www.johnsonfuneralservice.com.

Minnesota hospitals and health
care providers join successful,
cutting-edge federal initiative

Improves patient health
and spends health care dollars more wisely

Today, the Centers for Medicare & Medicaid Services (CMS) announced that in 2016, a total of 142,138 Medicare beneficiaries will be served by Medicare Accountable Care Organizations (ACOs) in Minnesota.

ACOs are groups of doctors and hospitals that join together to develop and execute a plan for a patient's care and share information, putting the patient at the center of the health care delivery system. The ACOs are paid not based on how many tests or procedures are performed but by the success of the treatment administered. ACOs were created to change the incentives for how medical care is paid for in the U.S., moving away from a system that rewards the quantity of services to one that rewards the quality of health outcomes.

The following Medicare ACOs will be serving Medicare beneficiaries in Minnesota:

- Essentia Health
 - Triple Aim Accountable Care Organization
 - Affiliated ACO, LLC
 - Central Minnesota ACO, LLC
 - National Rural ACO 21 LLC
 - National Rural ACO 5 LLC
 - Park Nicollet Health Services
 - Allina Health
 - Fairview Health Services
 - Essentia Health
- Note that a number of ACOs



Services held for
Alair (Thompson)
Quickstad

Alair Janet (Thompson) Quickstad, age 76, of Milaca, passed away peacefully on Friday, January 1st, 2016 in St. Cloud at St. Benedict's Senior Community surrounded by loving family.

She was preceded in death by her husband, Donald Quickstad. She is survived by her loving companion, Jack Hulteen; son, Steven Quickstad (Connie), son, David Quickstad, daughter, Sandra Weibye (Les); grandchildren, Gabrielle, Jacob, Izabela Quickstad, Alex, Elliana, Emily Weibye; sister Ruth Johnson and brother Vic Thompson; nieces, nephews, and other loving relatives and many friends.

Alair was born in Clearbrook, MN and after she graduated high school she moved to San Diego, CA where she met her (late) husband. Later, they moved to Milaca, MN where she called home. Alair worked for the Continental Telephone Company in Milaca for a number of years. Alair was always on the go.

She thoroughly enjoyed traveling with Jack where they shared many miles on the road exploring many adventures and never missed an opportunity for a memorable experience or a great photo. She always looked forward to their next trip together. Alair loved her family and friends. She was loved dearly and will be deeply missed.

A memorial service was held on Monday, January 11th, 2016 at 11:00 a.m. at Trinity Lutheran Church, 735 2nd St SE, Milaca, MN. Private family interment at Fort Snelling Cemetery. Donations in lieu of flowers may be made to the Trinity Lutheran Church of Milaca, MN.

Obituary
Notices
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- Households of 3: \$9,671.
- Households of 4: \$11,514.

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Phone: 1-218-796-5144
Fax #: 1-218-796-5175
WWW.Intercountyc.org

have signed up to join new types of ACOs, which in addition to being paid for positive patient outcomes will also receive penalties for negative ones. With new participants in the Shared Savings Program (SSP), the Next Generation ACO Model, Pioneer ACO Model, and the Comprehensive ESRD Care Model, there will now be:

- Nearly 8.9 million beneficiaries served
- A total of 477 ACOs across SSP, Pioneer ACO Model, Next Generation ACO Model, and Comprehensive ESRD Care Model
- 64 ACOs are in a risk-bearing track including SSP, Pioneer ACO Model, Next Generation ACO Model, and Comprehensive ESRD Care Model

The Next Generation ACO Model is a new CMS Innovation Center initiative that builds upon experience from the Pioneer ACO Model and the Shared Savings Program. With 21 participating ACOs, the new model offers a new opportunity in accountable care—one that enables providers and beneficiaries greater opportunities to coordinate care and aims to attain the highest quality standards of care. Unlike other models, this model includes a prospectively (rather than retrospectively) set benchmark, allows beneficiaries to choose to be aligned to the ACO, and tests beneficiary incentives for seeking care at Next Generation providers, including increased availability of telehealth and care coordination services.

The Next Generation Model participants will have the opportunity to take on higher levels of financial risk – up to 100 percent risk – than ACOs in current initiatives. While they are at greater financial risk they also have a greater opportunity to share in more of the Model's savings through better care coordination and care management. In addition, the ACOs will receive their budgets prospectively, in advance of the performance year, to plan and manage care around these financial targets from the outset. The ACOs will also be able to select from flexible payment options, such as infrastructure payments that support ACO investments in care.

The Medicare Shared Savings Program welcomed 100 new ACOs and nearly 150 renewing ACOs on January 1, 2016. Since the start of the ACO program in early 2012, thousands of health care providers have signed on to participate. In 2016, approximately 15,000 more physicians will be participating in ACOs under the program. With the new group of ACOs, CMS will have 434 ACOs participating in the Shared Savings Program next year, serving more than 7.7 million beneficiaries. ACOs have demonstrated increased interest in performance-based risk arrangements, with 22 ACOs now opting for either Track 2

or Track 3 participation.

Thirty-nine Shared Savings Program ACOs will also participate in the ACO Investment Model (AIM). This model, which has a total of 41 participants, will provide pre-paid shared savings to encourage new ACOs to form in rural and underserved areas and to encourage current Shared Savings Program ACOs to transition to performance-based risk arrangement. The up-front payments distributed through the AIM support ACOs in improving infrastructure and redesigning care processes to provide beneficiaries with lower cost and higher quality health care.

"Accountable Care Organizations are improving quality of care and spending dollars more wisely. These new initiatives place patients at the center of a coordinated care delivery system and give providers the tools to achieve better outcomes," said Patrick Conway, Deputy Administrator for Innovation and Quality and Chief Medical Officer for CMS.

These initiatives also advance the Administration's goals, announced on January 26, 2015, to move 30 percent of traditional Medicare fee-for-service payments into alternative payment models that pay providers based on the quality rather than the quantity of care they provide patients by 2016 – and 50 percent by 2018. The Affordable Care Act provides tools, such as Medicare ACOs, to move our health care system toward one that rewards doctors based on the quality, not just the quantity, of care they give patients. Today's announcement is part of the Administration's broader strategy to improve the health care system by paying providers for what works, unlocking health care data, and finding new ways to coordinate and integrate care to improve quality. More than 4,600 payers, providers, employers, patients, states, consumer groups, consumers and other partners have registered to participate in the Health Care Payment Learning and Action Network, which was launched to help the entire health care system reach these goals.

The Center for Medicare and Medicaid Innovation (CMS Innovation Center) https://innovation.cms.gov/index.html was created by the Affordable Care Act to test innovative payment and service delivery models to reduce program expenditures while preserving or enhancing the quality of care for Medicare, Medicaid and Children's Health Insurance Program (CHIP) beneficiaries. The CMS Innovation Center is committed to transforming Medicare, Medicaid and CHIP to help deliver better care, and smarter spending for Medicare, Medicaid and CHIP beneficiaries, and healthier populations.

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RLCC’s basketball team against Goodridge-Grygla

By Ana Almeida
Red Lake County Central Mustangs girls’ basketball team played against Goodridge-Grygla Tuesday, January 5. In the first half the Mustangs scored 18 points and Goodridge-Grygla scored 27. In the second half the Mustangs had more 21 points and Goodridge-Grygla had more 33 points. The final score was 39-60 giving the victory to Goodridge-Grygla.
For the Mustangs, Ashley Longtin scored 17 points, Kat DeHate scored nine, Brandi Jensen scored eight, Taylor Bushelle scored four and Holly Vettelson scored one.
For Goodridge-Grygla, Hannah Dietsch scored 19 points, Shantel Verbout scored 12, Mariah Coan scored 10, Madison Bakken scored nine, Ashlyn Henrickson scored six, Ashley Moe scored three and Brooke Anderson scored one.



RLCC Katheryne DeHate getting ready to pass the ball in a play against Clearbrook-Gonvick.



Ethan Johnson from RLC was fouled on a drive and went to the free throw line to shoot two.



RLCC Sarah Christensen shoots a free throw during the junior varisty game with Clearbrook-Gonvick.



Austin May got a fast break and went to the basket for two points for the Rebels.



Rebels’ Austin Waliser guarding the Chargers to prevent an easy bucket.

KC Free Throw Contest is January 17

The annual KC Free Throw Contest will be held on Sunday, January 17, 2016 at the Robert Matzke Gymnasium in Red Lake Falls. This contest is open to all boys and girls ages 9-14.
The age is determined by what your age was on January 1, 2016. The contest is sponsored by the Knights of Columbus and is open to any boy or girl from any community. There is

no charge.
The contest will begin at 1:00 pm on January 17th with practice time at 12:30 pm on that day. The contest lasts about 45 minutes with a brief awards ceremony to follow. Winners will receive a trophy and certificate, and second and third place winners a medal. All participants will receive a certificate of participation. Winners will advance

to district competition.
If you would like to participate, come on January 17th or pick up a registration form at any of the schools in Red Lake Falls, Oklee, or Plummer. The contest is free and is sponsored by The Holy Family Knights of Columbus Council #10732. For further information, Contact Steven Philion at 218-253-2499.



Pictured in above photos: Grygla Goodridge Chargers hosted the Warren Alvarado Ponies last Friday night in Goodridge for a GBB/BBB Double Header.
Wednesday, January 13, 2016

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Bowling

01/04/2016 Week 16 of 28

Monday 5:50 pm

Tuesday Night Ladies 2015-2016

Bowl Inn

Lanes 1 - 6

** THE CLINIC WINS FIRST QUARTER **
** KNOTSON BRUSHING WINS SECOND **

Team Standings									
Place	#	Team Name	%Won	Points Won	Points Lost	Points UnEamed	Y-T-D	Year-To-Date	Y-T-D
1	1	THE CLINIC	71.7	43	17	7	59.0	281%	195%
2	4	BOWLINN BABES	68.4	39	18	14	56.7	270%	208%
3	8	SULTVEDT FARMS	60.0	36	24		53.9	258%	221%
4	2	KNUTSON BRUSHING	45.0	27	33		56.7	272	208
5	3	OTTERTAIL	23.3	14	46		54.1	258%	220%
6	5	BYE		0	0		0	0	2
Season High Scores									
Scratch Game	843	BOWLINN BABES	791	OTTERTAIL	759	SULTVEDT FARMS			
Scratch Series	2201	OTTERTAIL	2144	BOWLINN BABES	2096	SULTVEDT FARMS			
Handicap Game	1149	BOWLINN BABES	1089	THE CLINIC	1089	SULTVEDT FARMS			
Handicap Series	3086	SULTVEDT FARMS	3086	OTTERTAIL	3028	KNUTSON BRUSHING			
Scratch Game	219	BRIGDET LANDSVERK	215	JANET LANDSVERK	205	STEPHANIE WILDE			
Scratch Series	582	BRIGDET LANDSVERK	535	JANET LANDSVERK	535	DESI RENDAH			
Handicap Game	268	STEPHANIE WILDE	268	BRIGDET LANDSVERK	264	DESI RENDAH			
Handicap Series	720	BRIGDET LANDSVERK	712	DESI RENDAH	678	YANNA EDVOLD			
Last Week's Top Scores									
Scratch Game	712	KNUTSON BRUSHING	697	OTTERTAIL	672	THE CLINIC			
Scratch Series	2350	KNUTSON BRUSHING	1901	OTTERTAIL	1970	THE CLINIC			
Handicap Game	1038	KNUTSON BRUSHING	1007	THE CLINIC	1007	OTTERTAIL			
Handicap Series	3028	KNUTSON BRUSHING	2975	THE CLINIC	2921	OTTERTAIL			
Scratch Game	197	BETTY LANGSETH	182	SUE KNUTSON	181	CONNIE SHEGRUD			
Scratch Series	470	BETTY LANGSETH	469	LYNN RIGGS	469	CONNIE SHEGRUD			
Handicap Game	269	BETTY LANGSETH	235	CONNIE SHEGRUD	229	SUE KNUTSON			
Handicap Series	659	BETTY LANGSETH	650	MONA DIERNES	630	CONNIE SHEGRUD			
Individual High Averages									
158.80	BRIGDET LANDSVERK	155.78	JODY BJERKE	153.84	JANET LANDSVERK				
High Individual Match Points									
32.5	SUE A ERDMAN	30	LYNN RIGGS	30	SUE KNUTSON				

01/05/2016 Week 16 of 28

Tuesday 8:30 pm

TUESDAY TRIO'S 2015-16

Bowl Inn

Lanes 1 - 8

** TEAM INDUSTRIES WINS FIRST QUARTER **
** GULLY TRI CO-OP WINS SECOND QUARTER **

Team Standings									
Place	#	Team Name	%Won	Points Won	Points Lost	Points UnEamed	Y-T-D	Year-To-Date	Y-T-D
1	4	MAINSTREET	100.0	31	0		69.9	240%	103%
2	8	FIRST STATE BANK	75.9	22	7		61.7	202%	125%
3	2	GULLY TRI CO-OP	77.8	21	8		71.0	267	109
4	6	JOURDAIN GUIDE SE	68.0	17	8		70.9	244	100
5	3	TEAM INDUSTRIES	73.9	17	6		74.7	289	98
6	5	FARMCHKE	42.9	9	12		67.4	242	117
7	1	NAPA	47.4	9	10		66.5	207%	104%
8	7	DAN'S STANDARD SE	35.3	6	11		69.2	255%	113%
Season High Scores									
Scratch Game	638	TEAM INDUSTRIES	637	JOURDAIN GUIDE SERVICE	614	FARMCHKE			
Scratch Series	1838	JOURDAIN GUIDE SERVICE	1725	TEAM INDUSTRIES	1619	GULLY TRI CO-OP			
Handicap Game	717	DAN'S STANDARD SERVICE	707	FARMCHKE	706	TEAM INDUSTRIES			
Handicap Series	1993	JOURDAIN GUIDE SERVICE	1838	NAPA	1929	TEAM INDUSTRIES			
Scratch Game	258	CODY GOODWIN	258	CHAZ DOBIAS	256	BEN FILIP			
Scratch Series	587	CHAZ DOBIAS	582	CODY GOODWIN	580	BEN FILIP			
Handicap Game	291	ROBERT LANDSVERK	276	PERRY GRUNDYSON	274	JANET LANGSVERK			
Handicap Series	744	ROBERT LANDSVERK	742	CODY GOODWIN	731	DARLENE ROUE			
Last Week's Top Scores									
Scratch Game	810	GULLY TRI CO-OP	593	TEAM INDUSTRIES	576	FIRST STATE BANK			
Scratch Series	1679	GULLY TRI CO-OP	1629	TEAM INDUSTRIES	1601	FIRST STATE BANK			
Handicap Game	676	GULLY TRI CO-OP	665	MAINSTREET	651	FIRST STATE BANK			
Handicap Series	1891	MAINSTREET	1886	GULLY TRI CO-OP	1841	FIRST STATE BANK			
Scratch Game	235	DARLENE ROUE	224	CODY GOODWIN	219	HARVEY CARLSON			
Scratch Series	613	DARLENE ROUE	605	CODY GOODWIN	589	DEAN EVJE			
Handicap Game	254	DARLENE ROUE	238	CODY GOODWIN	237	DOUGLAS ANDERSON			
Handicap Series	670	DARLENE ROUE	659	ORLAND ASPEN	655	DEAN EVJE			
High Individual Match Points									
Men	29	CODY GOODWIN	27.5	TRENT VETTELSON	27	DEAN EVJE			
Individual High Averages									
Men	204.00	CHAZ DOBIAS	188.00	CODY GOODWIN	182.98	BEN BAGGAASON			



Goodridge Charger Nichole Arveson passes the ball to teammate Brooke Limesand in last Friday's game against the WAO Ponies in Goodridge.

Basketball results for area teams can be found on page 6.

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