



Tri County Canary

A supplement of the:
Leader-Record * Oklee Herald * McIntosh Times * Grygla Eagle

A Working Vacation Reveals a Different Side to Honduras

Editors note: Gary and Natalie Boorman are from Chapel Hill, North Carolina. Gary is a graduate of Clearbrook High School and former resident of Leonard. The article was sent to the Leader-Record for publication.

Honduras is a Central American country that is almost exactly ½ the size of Minnesota, 43,278 square miles compared to Minnesota’s 86,943 square miles. It borders the Caribbean Sea on the north and Nicaragua and El Salvador on the south. Honduras is just beginning to be recognized by tourists with the world’s second largest coral reef, pristine waters along the bay islands, cloud forests, spectacular Maya ceremonial city at COPÁN, hundreds of national parks and small towns with old Spanish architecture. Our “vacation” plans were to work helping others but the time turned out to be more rewarding than our other recent vacations.

The United Church of Chapel Hill (UCCH) has a Hispanic congregation headed by Reverend David Mateo, a UCCH minister that is originally from Honduras. In a trip to the capital city of Tegucigalpa last year to visit his family, he also visited an AIDS shelter, “Casa Renacer” (Rebirth Center) and saw that the shelter had many needs. Colectivo Violeta (Website <https://www.hivos.org/partner/asociacion-colectivo-violeta>) is a non-profit organization that helps manage Casa Renacer, a shelter for 16 children aged from 6 – 16 who have AIDS or are LGBT (lesbian, gay, bisexual, and transgender). During Reverend Mateo’s visit last year he noted that the running water did not work, the roof leaked and the shelter was in need of painting and general upkeep. Colectivo Violeta also manages a day center for LGBT youths and felt that educational information about AIDS, AIDS transmission and how to be safe would be very useful.

Reverend Mateo contacted eleven individuals; about half were fluent in Spanish, many native speakers. Natalie and I were probably the most challenged with the language. We organized a fund raising effort, met monthly to establish goals and determine materials needed. We shipped several boxes of supplies including many of our own tools to Colectivo Violeta in Honduras who helped manage our trip. We were fortunate to have a fellow in our group originally from Nicaragua who works as a building contractor in the States and was our site manager for the construction project.

After months of planning we all arrived in Tegucigalpa, Honduras on a Sunday in August which is supposed to be the rainy season but the sun was shining and the weather balmy. We had a lunch at a local restaurant that featured fried plantains, beans, rice and chicken. We were careful to avoid fresh greens such as lettuce, drank bottled water and were soon on the way to the shelter.

Casa Renacer is located in a poor neighborhood in the center of Tegucigalpa, a capital city of over 800,000 people and is surrounded by a 12-foot wall and a large steel gate because LGBT is a dangerous lifestyle in Honduras. We drove through the gate into the shelter courtyard and gate was locked behind us. The shelter is a cement block building with a large



Gary and Natalie Boorman enjoying some fresh coconut milk.



Church by the Casa Renacer shelter (Church through Archway).

kitchen, a large central room, offices and multiple small bedrooms. For the last four years buckets of water have been carried in for washing, meal preparation and for flushing toilets. Plumbing pipes were obviously broken. Because of good planning and lots of donations from local folks, doors, roof material, plumbing material, gallons of paint, brushes and our tools were waiting for us. The children in the shelter had been moved to one of the volunteer’s homes for the week but Christopher, a six-year old boy was waiting to see us. He acquired AIDS when born and both parents had died. He was very excited to see us as he had met some of the group the previous year.

Reverend Mateo arranged for us to stay in Santa Lucia, a Spanish mining town about 30 minutes away. Silver was found there in the 1500’s but the silver ran out and now it is a very quiet town of 2,200 inhabitants and importantly at 5,000 feet has cool evenings and clean air. We stayed at a resort where we each had a cottage. A nice central open air dining area was perfect for breakfast and for



Natalie Boorman at their cottage in Santa Lucia with flowers.

planning each day. Our days at started at 7 with a quick breakfast and then off to work by 7:30 to avoid the worst of the traffic. Tegucigalpa is at about 1,000 feet in a valley and the surface of the city is uneven with few traffic lights. We had a van and a local driver who knew the rules with passing both up and down hills and around curves. Intersections were often a free

for all but there appeared to be some unwritten rules where we could move into traffic even when it did not seem possible.

Columbus landed in Honduras in 1502 on his last voyage and Honduras became a Spanish colony. Lempira, a war chieftain of the Lenca, led resistance to Spain’s attempts to conquer the region. The local currency, Lempira is named after this chief but we found we often could pay with either Lempiras or dollars. About 85% of the population of 8 million are mestizos or of mixed Spanish and American descent. Of the eight major ethnic groups the Lenca are the largest.

Colectivo Violeta has a day center for the LGBT community and several members of our group who had worked in counseling or with the LGBT community in the states went to the day center daily to provide workshops for the mostly young LGBT men. If you are found to be LGBT or have AIDS in Honduras you are likely to end up on the street without support from family, government or the church.

Those from our group providing educational services helped at the shelter in the mornings while the rest of us spent the whole day. Days at Casa Renacer were spent painting, cleaning, we (Hugo, our experienced contractor) got the pipes fixed only to see that the pump did not work but eventually we had running water. The roof was a challenge as it was a concrete/fiber composition with plants growing in one area on the roof. We had replacement panels of similar material and fixed the roof as well as installing two flush toilets, two sinks, two showers and even a clothes washer. The clothes washer was put into use within hours of installation. Painting cement block walls was a challenge but with nearly a dozen people painting we completely painted the interior. A Casa Renacer manager made excellent Honduran coffee that gave us time to relax and reflect on progress. Evenings were spent at local restaurants, reflecting on the day and planning for the next.

After a few days there was a press conference with several TV stations and a newspaper. This created a certain amount of negative reaction on TV websites. When we worked later in the evenings at Casa Renacer, the police often showed up to provide support as we left the site. Part of this was due to misinformation by some of the TV news sources. We did end up in a newspaper article <http://www.latribuna.hn/2015/09/07/quien-ayuda-a-enfermos-de-vih-sida/>.

We had some break time in Valle de Angeles a colonial mountain village only 5 miles from Santa Lucia where we stayed. The town has numerous restaurants; handicraft stores selling Lenca pottery, pedestrian only streets and a central plaza and church.

Members and volunteers of non-profit Colectivo Violeta prepared a meal for us on our last night in appreciation of our work at Casa Renacer and to celebrate 30 years of service by Colectivo Violeta. Colectivo Violeta was founded by a LGBT hairdresser in Tegucigalpa who when found to be transgender was threatened and forced to leave. She now lives in Miami and continues to support the center. Many of the folks who worked with us have been volunteers at the center for years. It is nice to know that 6-year old Christopher’s life is somewhat easier with a home that has been much improved.

We found this vacation to be very meaningful, we made many friends both within our group and at Colectivo Violeta, we saw a different side of life in Honduras and were moved by volunteers who contribute so much to help those less fortunate and often with few resources. It was also educational to work with Hispanics from five different countries in our group and learn the many differences between the South and Central American countries. We hope we gave as much to the people at Colectivo Violeta as we gained from them. We will have more permanent memories of this vacation than many others we have taken in the past.



Lucas and Jake Eggl enjoy the great weather and fun times, like checking out the giant hay bear during the McIntosh Heritage and Arts Center Harvest Hayride and Picnic last Saturday, October 10th at Roholt Park in McIntosh.

50,000 Reasons to Celebrate

Written/Submitted by Barb Geer

It was a night of appreciation held at American Legion Post 444 in Middle River. It all started out with a great meal...something the Mardy and Ronnette Anderson family is known for. People who had worked at the 2015 Cancer Ride were invited, and over a dinner of grilled chicken, potatoes smothered in cream gravy, green beans covered in cheese and crispy onions, with yummy apple crisp for dessert, they anticipated the big announcement of the income for this year’s benefit.

First, all of the raffle winners were announced. Connie Korunta of Grand Forks won the two nights lodging for four at Sunset Lodge on Oak Island, courtesy of Davidsons, Het- teens and Millers. Jack Beito of Middle River won the beautiful queen sized quilt donated by Dana Jenkins and Adele Rosencranz. Pete Mattison of Thief River Falls won the five-piece wrought iron dining set donated by Underdahl Hardware Hank of Newfolden and Karlstad. Mike Hemmestadt of Goodridge won the Savor Pro LP gas grill donated in memory of Jo Ann Hutton. Tammi Olson of Wau-naska won the John Deer trike and pull behind wagon donated in memory of Paul Erickson.

The chili cookoff was a huge hit this year, with seven cooks vying for the prizes and hundreds of taste testers taking advantage of the event. First place went to Holden Engman, second to Marcie Fisher (Holden’s grandma), and third

to Pat Lindstrom. Holden’s chili also earned the people’s choice award.

Friday night’s Fun Run winner, in which half of the entry fee was paid to the person who came in first, was Hannah Bergsnes. She took home \$140 for her first place.

The chili cookoff was followed by the Second Annual Karaoke Contest, another extremely popular event. Devin Stromgren from Lake Bronson, who has become a local favorite because of the Kick’n Up Kountry contests at which he is a frequent performer, took home Third Place at the TTT event. Nathan Bukowski, imitating the Kirkeide style of playing with the crowd, sang his way to Second Place, and Jody Kirkeide crooned her way to First Place and the People’s Choice Award, earning a pair of Kick’n Up Kountry tickets.

And finally, it was time to get into the announcement of money raised at the event! Mardy Anderson, chair of the Trails to Treatments Committee, began his report by stating that we had 50,000 reasons to celebrate. I’m not sure that everyone in the room caught his meaning, but many did.

Even so, line by line, he went through the income from each portion of the event and the expenses incurred before the total number was announced. The profit after expenses of the 2015 Cancer Ride was \$50,511.65!!! Cheers erupted throughout the Legion. Unbelievable! This year’s ride more than doubled last year’s income!

Mardy then announced that, with the two grants that were approved that day, Trails to Treatments had now gone over \$100,000 in their donations to cancer patients in a total of 262 grants. All that just since the fall of 2011!

Income for the Cancer Ride and Benefit comes from many areas of the event. There is the sale of luminaries, the karaoke contest, chili cookoff, offerings for various breakfasts, lunches and dinners, root beer floats, the sale of raffle tickets, the silent auction and live auction, meal tickets, registered riders and other miscellaneous donations.

Three teams were responsible for much of the financial success of this year’s event; the Flying V Cancer Fighters donated \$3360, the Klub Club donated \$2295, and the Eagles donated \$11,237 for a team total of \$16,892. Sponsorships totaled \$15,080. The TTT Committee would like to encourage other teams to join the fight, as well.

Trails to Treatments is very grateful to the many sponsors of the event, and to average citizens to donate items for the



Mardy Anderson, chair of the Trails to Treatments Committee was thrilled to announce that all the volunteers gathered for the wrap up supper had 50,000 reasons to celebrate, indicating that the money raised at the Seventh Annual Cancer Benefit and Ride exceeded \$50,000!

50,000 Reasons
Continued on page 2



Church in Santa Lucia (view from the top).

Around the Tri County Canary area



Kelly Starkzy and Joseph Lge along with their parents Dan and Pam Starkzy and Mark and Joan Lge, would like to announce their engagement and upcoming marriage.

Kelly is an Account Coordinator at mono in Minneapolis, MN. Joseph is a Mechanical Engineer with Polaris Industries in Wyoming, MN. The couple will reside in New Brighton, MN.

An Open House Reception will be held for the couple at the McIntosh Community Center on November 21.

Immanuel Lutheran Church

Annual Fall Dinner Bake Sale & Silent Auction

Sat., October 24th
5:00 pm – 7:30 pm

Plummer Community Hall

Menu:

Turkey, dressing, mashed potatoes & gravy, vegetable, coleslaw, homemade pie and beverage

Adults: \$10.00

10 & under: \$6.00

TAKE OUTS WILL BE AVAILABLE.

Wedding Announcement



Alaina and Samuel Goodwin, Todd Ysen and Kathy Petersen along with Robert Goodwin and Kristi Kirsch would like you to join them in the celebration of the marriage of Tiara Rae Ysen to Cody Ray-Desman Goodwin on Saturday October 24th, 2015 at 4pm at the Zion Lutheran Church (39998 Zion RD), reception to follow. Then help them dance to the celebration at the Roxy on Main in Cleabrook following the reception (7pm-11pm). Family and friends all welcome, (no local invites sent).



We would like to say a big "Thank You" to

everyone who attended our 40th anniversary celebration and/or sent cards, gifts and well wishes.

A special Thank You to Melanie and Hailey Hanson for hosting the event.

A special Thank You to Kathleen Larson and Shirley Anderson for helping with the food and working in the kitchen.

It was a beautiful and special day.

Dale and Cindy Bjerklie

Winds of Change Names BSU One of Nation's Best Colleges for Native Americans

Winds of Change magazine has again named Bemidji State University one of the top 200 colleges in the nation for Native American students. BSU has made the list each year since 2008.

The Winds of Change Top 200 Colleges for Native Americans list features schools where native students attend in significant numbers and where the community, Native programs and support are strong enough for these students to enjoy college and stay on to graduation. The list focuses on a college's native community and support system. It also includes data measuring undergraduate degrees in science, engineering, technology and mathematics-related disciplines and six-year graduation rates.

"We are honored to have Bemidji State be a part of this prestigious list for the eighth year in a row," said Bill Blackwell, executive director of Bemidji State's American Indian Resource Center. "This speaks to the commitment by the leadership of BSU and the hard work being done to serve the needs of our native students. We look forward to expanding on the work in the future."

The magazine's data was compiled from the U.S. Department of Education's Integrated Postsecondary Education Data System.

50,000 Reasons... continued from front
auctions. They are many in number!

Trails to Treatments is a non-profit organization whose mission is to assist those in need of funding during their treatment of cancer. Because most people are not fully prepared for the out of pocket expenses cancer treatment requires, grants are awarded to help defray those costs. Volunteers are dedicated to the long term success of this grant program through ongoing donations and fund raising efforts. The surrounding communities have made the success of the organization possible by their generosity, and the TTT committee could not be more thrilled with the response to the needs of people who are battling cancer.

Cancer does not discriminate! It chooses people of all shapes and sizes, all heights and weights, all ages, all colors. It comes in many forms, attacking various parts of the body. TTT, with its many volunteers and donors, is making an attempt to help people fight this disease by eliminating some of the financial burden that insurance does not cover.



Trails to Treatments Committee members were grinning from ear to ear following the announcement of the final outcome of the Seventh Annual Cancer Benefit and Ride held over Labor Day weekend at the M & R Triple T Ranch near Strathcona, Minnesota. Back Row: Stacy Bierman, Steve Bierman, Kristi Westlund, Mardy Anderson, Mark Horien, Shirley Horien. Front Row: Marcie Fisher, Barb Geer, Ronnette Anderson and Sue Helm.

Applications for grants can be downloaded from the Trails to Treatments website at <http://trailstotreatments.webs.com/> or may be obtained by mailing

a request to NCH Trails To Treatments, PO Box 161, Middle River, MN 56737. Private donations, memorials or other fundraisers are also welcome and payments can be made to that address, as well. It takes many hands and open hearts to continue a program that has

grown to this magnitude.

Thomas Jefferson said, "May I never get too busy in my own affairs that I fail to respond to the needs of others with kindness and compassion." We have done that and we will continue to do that, with more than 50,000 reasons to celebrate!



AELC Haunted Trail 2015

As twilight approaches the wind moans through the trees and whispers a warning to all who dare enter the deep, dark woods. The trail is littered with freshly fallen leaves that crunch under your feet . . . disguising the sounds of "the others" that are lurking along the trail. As full darkness descends, the woods come to life with all sorts of hideous and frightening creatures prowling about.

Agassiz Environmental Learning Center in Fertile, MN will be holding its annual Haunted Trail on October 16th, 17th, 23rd and 24th from 7 p.m. to midnight and on October 31st from 10 p.m. to 1 a.m. The torchlit trail will be filled with frightening surprises around every

corner and you never know who will be waiting in the dark... it could be Freddy Krueger, the Walking Dead, or even Jason!! There are also new frightening features being added this year including a tunnel of terror!

The Learning Center is located one half mile west of Fertile, Minnesota on Summit Avenue. The cost for admission to the trail is \$5 per person or \$15 per family of five or less. Popcorn, hot cocoa, and pop will also be available in the Nature Center building. On October 24th Erickson's Smokehouse will also be on site serving food and beverages.

If you have any questions, you may contact the AELC at (218) 945-3136.

MSU Moorhead Hosts Campus Preview Days October 15, 16 and 17

Moorhead, MN, October 5, 2015 – Minnesota State University Moorhead will host Campus Preview Days October 15, 16 and 17 in the university's Comstock Memorial Union Ballroom. Both morning and afternoon sessions will be offered.

During Preview Day, prospective students and their families will meet faculty and current students, enter for a

chance to win a scholarship, tour campus and the residence halls, hear about student life from current students, learn about academic programs and student services, and get admitted with official transcripts.

Register for Campus Preview Day or learn about other campus visit options at mstate.edu/visit or call 218.477.2161 or 1.877.678.6463.

Annual Auction Brunch in Fosston

You and your friends are invited to the "Annual Auction" Brunch, Wednesday, Oct 21, 2015 9:30AM, New Journey Church (Fosston Baptist Church), 505 9th St NW, Fosston, MN

Feature by Darlene Sollie. Message and Music by Kimberly Dawn Nyborg from International Falls, MN. Sharing "Hope: The Promise of Restoration"

Reservations due by Monday, Oct 20, 2015, 6:30PM

Call Marie 435-2554, Arlene 563-2085, Barbara 687-3431, Beverly 776-3897, Andrea 694-2753, or Avis 935-5307.

Sponsored by Pine to Prairie Christian Women's Connection. Affiliated with Stonecroft Ministries.

Invitations courtesy of Sjulson Family Dental, Fosston, MN. www.stonecroft.org

Polk County Sheriff

On 10/11/2015, The PCSO along with several Fire Departments responded to section 34 of Hill River Township. The Sheriff's Office identified two males parties from the Fosston area that said they were burning their CRP land when the fire got out of control. Assisting Agencies: Fosston Fire Department, McIntosh Fire Department, Erskine Fire Department, Mentor Fire Department.

Sanford Bagley Haunted Hallway planned

BAGLEY, Minn. – Sanford Bagley is hosting its annual Halloween event, Haunted Hallways, from 5 to 7 p.m. on Saturday, Oct. 31. Haunted Hallways will take place at Sanford Bagley Medical Center, 203 Fourth St. N.W., Bagley. The entrance to the event is at the back of the hospital.

Join Sanford Bagley for this exciting, fun and safe event as

the hallways transform into haunted and not-so-haunted hallways kids of all ages will enjoy. Admission is free and children of all ages are welcome to attend.

New this year, Photography by Trish is offering a special 4 x 6 fall photo for \$5. The \$5 fee will be donated to Sanford Bemidji Medical Center's PETAL program (Parents Embracing

October is National Domestic Violence Awareness Month

Are you or do you know someone who is a victim of domestic violence. First Call for Help 211 can connect you with an advocate who can help

end the violence and get you to safety. Just dial (218)326-8565 in the Grand Rapids area or in Clearwater County dial 1-800-442-8565 or 2-1-1.

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900 Hillgoss Boulevard SE | Fosston
218.435.1212
EssentiaHealth.org

R29C

Find us on Facebook

Essentia Health-Fosston and the Minnesota Department of Health are hosting a Radon Education Event:

WED, OCTOBER 21ST
7:00 pm
Essentia Health Living Center
Large Conference Room

Radon testing kits will be available.



Essentia Health
Here with you

Zion WELCA

Wed., October 21st
5:00 - 7:00 p.m.
Zion Fellowship Hall
Oklee
Menu: Meatballs, scalloped potatoes, coleslaw, carrots, rolls, apple or pumpkin dessert, coffee & lemonade.
~ TO GO BOXES AVAILABLE ~

Espeseth Benefit

BAKED POTATO BAR
(with all the fixings)
~ FREE WILL OFFERING ~
Bake Sale & Silent Auction



St. Lawrence Catholic Church,
Mentor, MN
Sunday, October 25, 2015
11:30 a.m. - 2:00 p.m.

All proceeds will go to help with the ongoing medical expenses of the Espeseth Family
Garrett (21 yrs.) diagnosed with a brain aneurysm, Jan. 2015
Alayna (16 yrs.) diagnosed with thyroid cancer, June 2015
(Children of Dan & Karen Espeseth)

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10/\$5
7.25 OZ BOX
**FRANCESCO RINALDI ORIGINAL, MEAT, TOMATO & BASIL
OR GARLIC & ONION
PASTA SAUCE 23.5 OZ 5/\$6**

ASSORTED
**LAND O LAKES
COTTAGE CHEESE**
\$1.89
16 OZ
**ASSORTED LAND O LAKES
SOUR CREAM..... 16 OZ \$1.59**

MOZZARELLA, SHARP CHEDDAR OR
MILD CHEDDAR REGULAR SHRED
**KRAFT
SHREDDED CHEESE**
\$2.19
8 OZ
**MOZZARELLA, PEPPERJACK, COLBY JACK, CHEDDAR
JACK, COLBY, MEDIUM CHEDDAR OR SHARP CHEDDAR
KRAFT BLOCK CHEESE 8 OZ \$2.19**

CHOICE OF 3
**ESSENTIAL EVERYDAY
TRAIL MIX**
\$6.99
27-32 OZ
**HUNT'S CHOCOLATE, VANILLA, BUTTERSCOTCH
OR TAPIOCA SNACK PACK
PUDDING 4 PK 99¢**

LIGHT BROWN, DARK BROWN OR POWDERED
**CRYSTAL
SUGAR**
4/\$7
2 LBS
CRYSTAL SUGAR 4 LBS \$2.29

ASSORTED
**X-TRA LIQUID
LAUNDRY**
5/\$10
75 OZ
**ESSENTIAL EVERYDAY
MULTI-SIZE GIANT ROLL
PAPER TOWELS..... 12 PK \$11.99**

DAIRY
ESSENTIAL EVERYDAY
AMERICAN SINGLES..... 12 OZ 2/\$3
1 LB QUARTERED
BLUE BONNET..... 99¢
PILLSBURY
PIE CRUST..... 14.1 OZ \$2.39
TACO SIZE
CRUZ FLOUR TORTILLAS..... 10 CT \$1.79
ASSORTED LAND O LAKES
YOGURT..... 24 OZ \$2.39
LAND O LAKES
BUTTERMILK..... QT \$1.49
1% OR SKIM LAND O LAKES
CHOCOLATE TRUMMOO 1/2 GAL \$1.99
SWISS CHOCOLATE
CASS CLAY MILK 97 OZ \$3.39
ASSORTED CASS CLAY
COTTAGE CHEESE 22 OZ \$2.39
ASSORTED
OLD DUTCH PRETZELS 12-15 OZ 2/\$4
ASSORTED
FRITO LAY SNACKS..... 15.5-18 OZ 2/\$7
QUESO OR CREAMY SPINACH
TOSTITOS DIP..... 23 OZ 2/\$7
MILD OR MEDIUM
TOSTITOS SALSA 24 OZ 2/\$7
ASSORTED NABISCO
RITZ CRACKERS 8.8-13.7 OZ \$2.79
(CHOICE OF 3) KEEBLER
TOASTED CRACKERS 8 OZ \$2.59
ASSORTED NABISCO
OREO COOKIES 10.1-15.35 OZ \$3.59
ESSENTIAL EVERYDAY
SOUP & OYSTER CRACKERS 9 OZ 99¢
KRAFT REGULAR
REAL MAYONNAISE..... 30 OZ \$3.79

FROZEN FOOD
CHOICE OF 3
ALL SPORT ICE BARS 6 PK \$1.39
ASSORTED ORIGINAL CRUST
TONY'S PIZZA 3/\$8
FLAT BREAD CRUST ROASTED VEGETABLE
AND GOAT CHEESE
CULINARY CIRCLE PIZZA 18 OZ \$1.99
ESSENTIAL EVERYDAY
WHOLE STRAWBERRIES 40 OZ \$4.99
ESSENTIAL EVERYDAY
BLUEBERRIES 40 OZ \$6.39
LASAGNA WITH MEAT SAUCE
STOUFFER'S..... 19 OZ \$3.59
BABY BRUSSELS SPROUTS, BROCCOLI WITH CHEESE
SAUCE OR NIBLETS CORN
GREEN GIANT STEAMERS 10 OZ 99¢
DEAN'S
FUDGE BARS 12 CT \$2.79
DEAN'S
ICE CREAM BARS..... 12 CT \$3.39
ORANGE OR RASPBERRY CREAM BARS
DEAN'S 12 CT \$2.79
DEAN'S
NUTTY BUDDY CONES..... 6 PK \$2.79
GEISHA
MANDARIN ORANGES 15 OZ \$1.19
WHITE ALBACORE TUNA PACKED IN WATER
CHICKEN OF THE SEA 4 PK-5 OZ CANS \$2.99
QUAKER VARIETY OR CHOCOLATE CHIP CHEWY
GRANOLA BARS..... 15.2 OZ \$3.99
KELLOGG'S
CORN FLAKES..... 12 OZ \$2.39
ESSENTIAL EVERYDAY REGULAR OR
WITH MARSHMALLOWS
HOT COCOA MIX 10 CT \$1.29

**FRUITS & VEGETABLES
PUMPKINS**
\$3.99
EACH
**BUTTERCUP
SQUASH..... LB 59¢**
**RED DELICIOUS
APPLES..... LB \$1.19**
**PLAIN OR WITH NUTS
CARAMEL APPLES..... EACH \$1.29**
**HOLIDAY
RED GRAPES LB \$2.99**
**BRAEBURN
APPLES..... 5 LBS \$4.49**
**COLOR
BELL PEPPERS 4 PK \$2.79**
**BOLTHOUSE BABY PEELED
CARROTS..... 16 OZ 99¢**
**GREEN GIANT
GREEN BEANS..... 12 OZ \$2.29**
**SWEET
ONIONS LB 79¢**
**RED
POTATOES 5 LBS \$1.29**

CHICKEN OR BEEF
LA CHOY CHOW MEIN 42 OZ \$3.39
TERIYAKI OR SOY
LA CHOY SAUCE 10 OZ \$1.79
AU GRATIN, SCALLOPED, 3 CHEESE, HOMESTYLE,
CHEESY SCALLOPED OR JULIENNE
GENERAL MILLS POTATOES 4.6-5 OZ \$1.29
EXTREME CHOCOLATE
PILLSBURY BROWNIE MIX..... \$1.59
HIDDEN VALLEY RANCH
SALAD DRESSING 16 OZ \$3.39
ORTEGA MILD OR MEDIUM
TACO SAUCE 16 OZ \$2.19
SWEETENED CONDENSED MILK
EAGLE BRAND..... 14 OZ 2/\$3
ESSENTIAL EVERYDAY VARIETY OR DINOSAURS
FRUIT SNACKS 4.8 OZ \$1.29
QUICK OR OLD FASHIONED
QUAKER OATMEAL 18 OZ \$1.89

BETTY CROCKER REESE'S PEANUT BUTTER &
CHOCOLATE CHUNK
COOKIE MIX 12.25 OZ \$2.19
ESSENTIAL EVERYDAY SEASONED OR
CHEESE & GARLIC
CROUTONS 5 OZ \$1.19
ESSENTIAL EVERYDAY HERB & BUTTER,
STROGANOFF OR ALFREDO
PASTA & SAUCE 4-4.4 OZ 99¢
SPAGHETTI CUT PASTA
BARILLA 16 OZ 89¢
MINNESOTA CULTIVATED LONG GRAIN
KC'S BEST WILD RICE..... 16 OZ \$3.99
ESSENTIAL EVERYDAY SPOONS, FORKS & KNIVES
PLASTIC FLYWARE..... 48 CT 10/\$10
KLEENEX UPRIGHT BOXES
FACIAL TISSUE..... 4 PK-320 CT \$3.99
CHARMIN BASIC
BATH TISSUE 9 PK - HUGE ROLL \$4.59

5448 REDEEMABLE COUPON VALID: 10/12/15-10/18/15 RV0150

SAVE \$1.50

when you buy two (2)

**M&M Mars Large
Halloween Candy Bags**

32.1-37.7 oz.
18.8-22.5 oz.

**RETAILER: Return to SUPERVALU RETAIL ACCOUNTING,
101 Jefferson Ave. So., Hopkins, MN 55343.**

VOID IF COPIED, TRANSFERRED, PURCHASED
OR SOLO, ONE COUPON PER PURCHASE.

CLASSIFIED ADS!

* HELP WANTED *

Northern Plains Rail Services in Erskine is hiring 2 employees willing to work overtime hours. Competitive wage. Duties include cleaning and repairing railcars. Located on N side of Hwy 2 in Erskine. Call 218-687-3138 or 218-687-3499 for more info or stop in to pick up an application.

R29-31C



Northdale Oil Inc. is seeking a propane truck driver for the delivery of propane and setting of propane tanks. A CDL with a Hazmat Endorsement is required for the position. Wages will depend upon experience. Benefits will be explained at the interview.

To apply, please email a resume to:
scottw@northdaleoil.com or call
218.773.4345 and ask for Walker or Scott Reck.

R28-29C

HELP WANTED

The Clearbrook-Gonvick School an opening for a full time para professional. This position will be working directly with students. Applicants must have passed a para pro test or have a 2 year degree. Applicants must be able to pass a background check. Applications due by October 16, 2015.

Please contact *Jeff Burgess* for more information.
218-776-3112 ext. 103.

R28-29C

Wanted: Full-time Finance Person

Clearbrook-Gonvick School District is looking for a full-time finance person. The job includes: Reporting student data to the Department of Education; Payroll and Insurance processing and reporting, Process Food Service lunch applications and monthly reports to Dept. of Ed. And USDA, File applications and process documents for E-rate, Title programs, and Impact Aid, Prepare cash deposits and cash boxes for student activities. Prepare reports for School Board and Administration as needed. This position is open until filled.

Send Application material to Wayne Olson, Superintendent of Schools, Clearbrook-Gonvick Schools, 16770 Clearwater Lake Road, Clearbrook, MN 56634. Email wolson@clearbrook-gonvick.k12.mn.us; 218-776-3112

Clearbrook-Gonvick School is an Equal Opportunity Employer

R29-30C

Long-Term Care Career Opportunities

Find more than a job. Find more in yourself.
Find your calling.

First Care Living Center, Fosston has the following position openings:

- RN/LPN
- Certified Nursing Assistants (various shifts and hours available)
 - We provide training for certification.
- \$12 Per Hour Minimum Starting Wage
- Baker-Dietary (part-time)

*Sign On Bonus for First Care Living Center Positions.

Be part of a supportive team committed to providing quality resident-centered care. We offer a complete benefit package including insurances, paid time off, retirement match and more.

For more information and to apply on line, visit us at www.EssentiaHealth.org/FindAJob or call 218-844-2365.

EOE/Minorities/Females/Vet/Disabled

R29C



Essentia Health

Health Care Career Opportunities

Find more than a job. Find more in yourself.
Find your calling.

Essentia Health/First Care Hospital and Clinic has the following position openings:

- Admissions Rep (full and part time)
- Paramedic (full and part time)
- EMT-B (part time)
- LPN – Clinic (full and part time)
- Scheduler (64 hrs/two weeks)

Be part of a supportive team committed to providing quality patient-centered care. We offer a complete benefit package including insurances, paid time off, retirement match and more.

For more information and to apply on line, visit us at www.EssentiaHealth.org/FindAJob or call 218-844-2365.

EOE/Minorities/Females/Vet/Disabled

R29C



Essentia Health

Administrative Assistant Bagley, MN

Insure Forward has an opening for a part-time Administrative Assistant in Bagley, MN. This position will provide administrative support for the Bagley insurance agency. This position will serve as the first point of contact for clients and will be responsible for answering and directing incoming phone calls, assisting with on-site meetings, performing accounts payable functions and assisting with special projects as necessary.

Must be detail oriented, possess strong communication and customer service skills, and be able to perform in a team environment. Must be able to work independently and have a strong working knowledge of Microsoft Office Programs. Incumbent must be able to set priorities, meet deadlines and manage multiple projects at once. Previous customer service and/or administrative assistant experience preferred. MN Life and Health insurance licensing would be preferred.

Please send your resume to Bank Forward, Human Resources, PO Box 7070, Fargo, ND 58106 or email to humanresources@bankforward.com.

Our company is widely respected for its commitment to employees and offers a comprehensive benefit package.

Application deadline is October 15, 2015.

BANK FORWARD

Bank Forward is an Equal Opportunity Employer of women, minorities, protected veterans and individuals with disabilities.

R28-29C



Cornerstone Residence of Fosston

"an Assisted living Community"

1 and 2 bedroom apartments available immediately
Full kitchens, dining area, living room, private bedrooms
& bathrooms

"Providing Safety, security, and peace of mind"

Health Related Services: LPN/ RN on site Mon-Fri.,
RN available 24 hrs. a day

*Nursing delegated tasks such as Medication Management (set-up, reminders, and administration), diabetic care, respiratory care, etc.

*Assist with personal cares such as bathing, grooming, dressing, etc.

*Monthly Doctor rounds on site

Health care needs are assessed by the RN & customized to meet all individual needs at all times

Staff on site: 24 hours a day and Staff call pendants per resident
Extended Care Side: 2 staff on duty at all times and caring for individuals with special needs.

Supportive services: 3 nutritious meals a day, housekeeping, laundry, arrange for transportation to medical apt., socialization, etc.

Housing & Services are paid privately, long term care insurance or Elderly Waiver (County)

For more information call Jennifer or Brandi
218-435-6333

Visit our website at www.cornerstoneshc.com

R28B-C

Opening for Executive Director of Clearwater DAC, Inc. and Pine Ridge Residence, Inc.

Job Title:
Executive Director

Overview:
Clearwater DAC Activity Center provides specialized training to disabled individuals.
Pine Ridge Residence is a supervised living facility (ICF/DD) group home.

Responsibilities:
The Executive Director is responsible for the overall administering of Clearwater DAC, Inc., a developmental achievement center, and Pine Ridge Residence, Inc., a group home. This person must possess the ability to interpret federal, state and local laws, ensuring that licensing requirements are met, prepare and administer budgets and reports for the board of directors.
This person is also responsible for supervising the implementation of individual program plans, integrating the various aspects of the Institution's program, recording individual progress, and initiating periodic review of each individual's program plan.

Qualifications:
1. QDDP/QIDP-Qualified Intellectual Disability Professional under Minnesota Law.
2. Bachelor or Master Degree in health science, behavioral science, human services education or social work.
3. At least one year experience working with developmentally disabled individuals.
4. At least one year experience in direct supervision and program management.

How to Apply:
Mail Cover Letter and Resume to:
Clearwater DAC/Pine Ridge Residence
Attn: Robin
PO Box 29
Bagley, MN 56621
Or
Email Cover Letter and Resume to: rbdac@gvtel.com

R28-29C

Help Wanted

HELP WANTED: Full or Part time Cook/Bartender/Waitress. Experience a +, but will train. Apply in person at Carol's Cozy Bar & Grill in Brooks.

O16Bc

HELP WANTED: Night and week-ends. Bartender and cook. Stop by for application. Deuce Bar & Grill, Erskine, 218-687-2500.

R27-31P



Home at Heart Care has open positions for Full Time and Part Time Registered Nurses. Home at Heart provides services to over 500 elderly and disabled recipients in Northern Minnesota. Duties for RN's include PCA and Homemaker supervision, Client intakes, case management including staffing coordination. Travel is required.

Information about Home at Heart is on our Web Page at www.homeatheartcare.com. Interested applicants should submit a resume before November 1st to: H@H RN, P.O. Box 183, 221 3rd Ave., Clearbrook MN 56634.

Home at Heart Care is an EOE

R29-30C

Help Wanted

HELP WANTED: Full time cook/waitress/food prep in our dell. Good customer service, experience, we will train. Stop by for applications at Bakken's Market in Clearbrook.

R29-33C

Mrs. Olson's Lefse is Now Hiring!

Work in a clean environment with a friendly crew.

Hours are M-F 6:30 am to 2:30 pm and we offer VERY FLEXIBLE SCHEDULING.

Call **487-5218**

or stop at our office on Main St., Gonvick.



R29-30C

Organists/Pianists Wanted

Oklee Lutheran Parish is seeking persons interested in playing the piano or organ for Sunday Services. This is a paid position. There are two churches served by the parish. For more information call Leif at 218-796-5372 or John at 218-796-5370.

O29-30C

HELP WANTED



Red Lake County Cooperative has a full-time position open in their Agronomy Department. Competitive pay and full benefit package offered. Co-op will train employee.

Call Doug at 218-280-3607 or send resume to PO Box 37, Brooks MN 56715.

O29-30C

Early Childhood Positions Available

Inter-County Community Council is accepting applications for openings in our Head Start program:

Family Services / Home Based Coordinator: Full time, year round position, management of the family services program area and supervision of home based staff. Associate degree in human service field required, bachelor's degree preferred. Experience in early childhood and staff supervision preferred.

Application and position specific information, including job duties, salary and educational requirements are available on our website at www.intercountyycc.org. Send completed application and resume to D'Anne Johnson, ICCC Head Start Director, PO Box 189, Oklee, MN 56742 or djohnson@intercountyycc.org. Position is open until filled. Call 218-796-5144 x. 28 for more information.

ICCC is an equal opportunity employer.

R29C

Looking for a job in Health Care??

CALL CORNERSTONE RESIDENCE IN FOSSTON
218-435-6333

***STARTING WAGE FOR A CNA WITH EXPERIENCE \$12.50 AN HOUR, OVERNIGHT SHIFT \$13.50 PER HOUR, COMPETITIVE WAGES, BENEFITS**

***PERSONAL ASSISTANTS WANTED FOR ALL SHIFTS**

***IMMEDIATE OPENINGS FOR FULL & PART TIME**

*** FLEXIBLE SCHEDULING**

***HEALTH CARE EXPERIENCE PREFERRED, BUT NOT NECESSARY**

Applications may be picked up at
Cornerstone Residence, 115 1st St. E., Fosston, MN
or downloaded from www.cornerstoneshc.com. EOE

R28B-C

EMPLOYMENT NOTICE HEAVY EQUIPMENT OPERATOR

Clearwater County will be taking applications to fill Heavy Equipment Operator positions for an employment roster. Future positions will be filled as needed from the roster created by this interview and testing process. There is one full-time position open at this time.

The applications will be screened for the following minimum qualifications: Class A Commercial Driver's License, three years of experience operating heavy equipment including motor graders, tandem trucks, loaders, backhoes, and dozers, and high school graduate or GED.

Salary Range: \$14.79 - \$19.61/hr plus benefits

Applications are available at the Clearwater County Highway Department, 113 7th St. NE, Bagley, MN 56621, (218) 694-6132 or on our website at www.co.clearwater.mn.us. Applications must be received no later than November 6, 2015.

Clearwater County is an Equal Opportunity Employer

R27-30C

Systems Administrator – Polk County, MN

Polk County has an opening for a **Systems Administrator** in the Information Systems/IT Department. This is a management level position with primary responsibilities including the technical planning, implementation, day-to-day operation, administration and support of: Database, server, storage, desktop and mobile systems. Applicants must have a Bachelor's Degree in Computer Science, Information Systems, or an equivalent combination of education, certified technical training and hands on experience performing essential duties of this position.

A valid driver's license is required. Wage range for this position is \$27.23 - \$34.62/hour; DOE and qualifications. Interested individuals may contact the Polk County Administrator's Office at 218-281-5408 or go online to <http://www.co.polk.mn.us> to view this job description and application. Applications for this position will be received until 4:30 p.m. on October 26, 2015.

M29-30C



FOR SALE

**Custom-built
Deer Stand
& Trailer**
6' x 6'
\$2,995.

CONTACT:

Richard Sather
218-776-3239

Hay, Grain, Seed

WANTED: Large round bales of hay.
Call 218-280-4149. R27-30P

Miscellaneous

FOR SALE: Pal sit-to-stand transfer lift. 2 batteries included plus charger. Very gently used. \$2700 new. Sell for half price OBO. Call 218-776-2168. R28ff-NC

FRESH BEEF FOR SALE: High-lander/Angus cross. Sold by 1/4, 1/2 or full animal @ \$3 per lb. hanging wt. + processing. Phone 218-209-5052. R29P

Moving Sale

SAT., OCTOBER 17
9:00-2:00

Household items, old relics for collectors, furniture, bed, misc. garage and interior items, tools, LP & 45's, some clothes. 2010 Dodge Caliber. R2C

422 Lambert St., Oklee

EFFICIENCY APTS in OKLEE

**218-
686-6533**

O28-31C

Cars, Trucks, etc.

FOR SALE: Handicap accessible van. 1996 GMC, new battery, new break lines, runs great! 153,000 mi., w/wheelchair lift, has new motor. \$5000. Call 218-776-2168. R28ff-NC

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Gonvick, MN

Pay only 30% of
adjusted income for rent

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CAROL at



800-504-6093

Carol.saga@gmmco.org

TDD # 800-627-3529

R2ff-C



Ford SUV Season Sign & Go Sales Event

2016 FORD ESCAPE S FWD



2016 Ford Escape S FWD 2.5L Duratec, I-4 Engine, 6-Speed SelectShift Auto Transmission, Dual Power Mirrors, Illuminated Entry System & Audio Controls, Air Conditioning, Power Locks & Windows, Remote Keyless Entry, Personal Safety System, Halogen Headlamps, Tilt Steering Wheel/Cruise, AM/FM Single CD w/MP3, Power Steering, Rear View Camera, Sync, Engine Block Heater, 17" Alloy Sparkle Silver Wheels, 3 yr/36,000 Bumper/Bumper, 5yr/60,000 Roadside Assist, 5yr/60,000 PowerTrain

MSRP\$24,940
Ford Syne Discount.....-490
Ford Retail Cash.....-1,250
Ford Credit Cash.....-500

YOUR PRICE \$22,700

2015 FORD F-150 4X4 CREW



2015 Ford F-150 4x4 Crew 2.7L V6 EcoBoost Eng, Elect 6-Spd Auto w/Tow Mode, Tilt/Telescope Str Column, Pwr Man Fold Mirrors, Cruise control, Pwr Locks and Windows, Pwr Tailgate Lock, Securicode Keyless Keypad, XLT Series, 2.7L V6 EcoBoost Eng, Eng Block Heater, Trailer Tow Pkg, XLT Chrome Appearance Pkg, 275/65R 18 Owl All-Terrain, Chrome Step Bars, 18" Chrome-Like PVD Wheels

MSRP\$46,580
Ford XLT Discount.....-1,500
Ford Bonus Cash.....-1,500
Ford Retail/EcoBoost Cash.....-1,050
Ford Retail Cash.....-1,000
Ford Retail Bonus Cash.....-1,000
Ford Credit Cash.....-750
Thief River Ford Discount.....-2,300

YOUR PRICE \$36,980

CURRENT PRE-OWNED INVENTORY!

'04 Chrysler Pacifica AWD

T15169B Touring, Leather, 135k\$4,499\$122/mon

'01 Ford Escape XLT 4x4

T16007B V6, Cloth, 126k\$5,999\$164/mon

'05 Buick LeSabre 4-Door

C16016A V6, Leather, 11k\$7,999\$218/mon

'08 Chev Malibu 4 Door LS

T15080B 4 Cyl, Cloth\$8,499\$232/mon

'08 Ford Escape XLT 4x4

T16018A V6, Moonroof, 45k\$11,499\$313/mon

'06 Dodge Ram Quad Cab 4x4

T14176B SLT, Sport, 5.7 Hemi, 126k\$12,999\$355/mon

'13 Ford Focus 4 Door SE

T16022A Cloth, 4 Cyl, 38k\$14,599\$248/mon

'08 Ford F-150 Super Cab 4x4

T14303A XLT, 5.4, 126k\$14,999\$314/mon

'08 Ford F-150 Super Crew 4x4

B1055A 5.4 Ltr XLT, Trailer Tow, 123k\$14,999\$324/mon

'11 Ford Escape XLT 4x4

T15140B V6, Cloth, 57k\$14,499\$270/mon

'12 Ford Fusion SE 4 Door

B1071 4 Cyl, Auto, Cloth, 51k\$15,999\$271/mon

'01 Ford F-350 Crew Lariat 4x4

S1053 7.3L, Diesel, Leather, 136k\$16,999\$355/mon

'11 Ford Taurus SE 4 Door

B1066 V6, Cloth, 44k\$17,999\$304/mon

'08 Ford F-150 4x4 Crew Cab

T15153A, XLT, 5.4, Cloth\$17,999\$491/mon

'13 Nissan Altima 4 Door

T15156A Moonroof, Nav, Cloth, 38k\$18,499\$313/mon

'11 Buick La Crosse 4 Door CXL AWD

C15073A Moonroof, Heated Leather, 59k\$17,599\$298/mon

'13 Ford Escape SE FWD

B1069 SE, Cloth, 30k\$18,999\$321/mon

'13 Ford Fusion 4 Door SE

B1063 1.6 Ltr EcoBoost, Cloth, 32k\$18,999\$321/mon

'12 Ford Fusion SEL 4 Door

B1062 Leather Roof, V6, 35k\$18,999\$321/mon

'14 Ford Fusion SE

C15110A 2.5 Ltr, Cloth, 18k\$18,999\$321/mon

'10 Toyota Tundra Crew 4x4

T15136A V8, Vinyl, 100k miles\$19,699\$412/mon

'13 Ford Taurus SEL

B1065 Hyd Leather, V6, 43k\$20,999\$355/mon

'13 Ford Edge SEL AWD

B1061 3.5 V6, Cloth, 44k\$23,999\$406/mon

'09 Chev Silverado Crew 4x4

T15157B LTZ, V8, Leather, 83k\$23,999\$415/mon

'13 Ford F-150 Super Crew 4x4

T15149A XLT, 5.0 V8, Trl Tow\$24,999\$423/mon

'14 Ford Escape AWD

T15192A Titanium, Leather, Nav, 18k\$26,999\$457/mon

'12 Ford F-150 Super Crew 4x4

T15189A XLT EcoBoost, Cloth, 38k\$30,999\$517/mon

'14 Ford Explorer XLT AWD

B1067 Heated Leather, V6, 33k\$32,999\$557/mon

10% Down Tax + License 60 mos. at 4.8% * - 10% Down Tax + License 48 mos. at 5.5% **
10% Down Tax + License 36 mos. at 5.8% * O.A.C.**



John Kleven



Terry Yanish



Steve Lillestol



Jeremy Lian



Ryan Poissant

EXTENDED SALES HOURS

Mon - Thurs.....8 a.m. - 7 p.m.
Friday.....8 a.m. - 6 p.m.
Saturday.....8 a.m. - 4 p.m.

Thief River



R29C

**GREAT selection of
modular & manufactured
homes at Frontier Homes**
in Bemidji. 751-7720.
Closeouts on select models. R2ff-C

**Deluxe (4) bedroom
home on closeout**
at Frontier Homes.
frontier@paulbunyan.net R2ff-C

AD DEADLINE FRIDAY 4:30 PM

Recreation

FOR SALE: '83 Chevy motorhome, 23', \$3800. Call evenings, 218-487-5260. R7ff-NC

FOR SALE: 14' Lund boat, 30 hrs., Honda trailer, like new. Call evenings, 218-487-5260. R12-Hf-NC

FOR SALE: Camper, 29' Wildwood, bunk queen bed, air conditioning, microwave, oven-stove, fridge with propane and electric. Includes leveling jack and hitch. \$8950.00. 218-776-3952. R25-29C

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FRIDAY 4:30 pm
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Broasted Chicken
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NO BINGO

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Fri. & Sat. Special

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every **TUESDAY** at 7 pm

SHORTY'S PLACE,

Gully R2C

Liquor Pigs

Winger, MN

Costume Contest

"Plum Crazy
Entertainment"

Friday,
Oct. 30th
9pm-1am



1ST PLACE PRIZE: (2) 4TH ROW END
ZONE TICKETS for VIKINGS Dec. 27th
game against the New York Giants
2ND PLACE PRIZE: \$50 Gift Certificate!

Judging will be from 9pm-11pm and winners will be
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R29-30C

BINGO

STARTS for the season on **Friday,**
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Blackout in 55#s or less for \$1000!!

SAVE THE DATES:

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Smoker

28th: Annual Lioness Pie &
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Nov. 14th: LIVE music by
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to...

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Saturday, Oct. 17th!

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R29C

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**Pumpkin Carving
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**Dinner
Specials**

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Fried Walleye**

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Auto, Victory Red, Stock 58171

2015 Chevrolet 1500 Crew Cab LTZ -
4x4, Sport Package, LTZ Plus Package, 6.2 V8, 8 Speed
Auto, Tungsten Metallic, Stock 58176

2015 Chevrolet 1500 Crew Cab LTZ -
4x4, Sport Package, LTZ Plus Package, 6.2 V8, 8 Speed
Auto, White Diamond Tricoat, Stock 58172

2015 Chevrolet 1500 Crew Cab LTZ Z71 -
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Black, Stock 68002

2015 Chevrolet 1500 Crew Cab LT -
4x4, All Star Edition, Deep Ruby Metallic, Stock 58196

2015 Chevrolet 1500 Crew Cab LT -
4x4, All Star Edition, Summit White, Stock 69011

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2015 Chevrolet 1500 Double Cab LT -
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2015 Chevrolet 2500 Crew Cab LT -
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2015 Chevrolet 2500 Regular Cab -
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R29C

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Ask a Trooper

by Sgt. Neil Dickenson of the
Minnesota State Patrol



**Q u e s -
tion:** What
are the lead-
ing contrib-
uting factors
in crashes in
Minnesota.

A n s w e r:
Great ques-
tion.

When law enforcement is called to investigate a crash, in most cases, we complete the Minnesota Accident Report. The report requires the officer to fill in or answer certain questions that pertain to the incident from road and weather conditions, driver and vehicle information and contributing factors on how and why the crash occurred.

When the crash report is submitted, the crash data is stored and used to help prevent future crashes through engineering, education and enforcement. The contributing factors are used by law enforcement to help us determine what caused it and how we can reduce crashes in the future.

Minnesota's top 5 contributing factors from 2010-2014:

- FATAL CRASHES**
1. Speeding
 2. Fail To Yield
 3. Driver Inattention
 4. Chemical Impairment
 5. Driving Left of Center

INJURY CRASHES

1. Driver Inattention
2. Fail To Yield
3. Speeding
4. Following Too Close
5. Weather

PROPERTY DAMAGE CRASHES

1. Driver Inattention
2. Fail To Yield
3. Speeding
4. Following Too Close
5. Weather

Statistics surrounding contributing factors to crashes are compiled by the Minnesota Department of Public Safety Office of Traffic Safety. The patrol uses this information to focus our enforcement efforts on educating the public on dangerous driving behaviors, which will hopefully lead to preventing crashes.

By paying attention, driving the speed limit, wearing your seat belt and never drive impaired, you can reduce your chances of being involved in a potentially life changing crash.

A portion of state statutes were used with permission from the Office of the Revisor of Statutes. If you have any questions concerning traffic related laws or issues in Minnesota, send your questions to Sgt. Neil Dickenson - Minnesota State Patrol at 1131 Mesaba Ave, Duluth, MN 55811. (You can follow me on Twitter @MSPP10_NE or reach me at neil.dickenson@state.mn.us).

Theology in the Trenches

By Kathleen Kjolhaug

Nailing Jesus Back on the Cross

I was hanging Jesus up...figuratively speaking...sort of. Happening upon a small wooden cross gifted many a year ago, I thought it might look nice at a spot within a room I'd recently rearranged. The little crucifix was carried to where it was to be hung, and that's when I noticed the problem. His outstretched arm, more specifically, his left hand was detached from the cross beam upon which it was nailed.

Immediately, going into "fix it" mode, thoughts about how to construct a small nail to hold his hand into place came to mind. The hole was tiny. Perhaps a paper clip chip could be snapped into place. Perhaps part of a thumbtack might work well. Better yet, maybe a little nail around the house just might do the trick.

Just as I opened the junk drawer to find something to fasten Jesus back on that cross, I paused. Suddenly, it seemed quite obvious that finding a solution to the problem which held him there was no longer an option because for the life of me, I could not imagine nailing Jesus back on. Closing the drawer and setting the cross down, I walked away. Dueling banjos played a tune within. One played on the strings repeatedly assuring me that it was only a symbol, only an image, only a reminder, only a piece of wood, and only a little metal. But the other tune that played out as I looked at that small cupped hand with a piercing already through it, was that there was just no way I was going to participate in nailing him once more to that cross.



My sins had done enough. They'd been responsible for that little hole which represented the markings He'd torturously endured, for me, for you, and the only waves washing over were tumultuous ones of nausea. Truth be told, I

wanted to rip the other two nails holding his still small frame to the cross and free Him up.

I know that He is already free. He has risen, and although my sin helped nail Him, it was love which set Him free. All who look upon such symbols know they hold no power in and of themselves. But what it did do was remind me of my weakness. It reminded me of His strength, of His humble love lived out, and it helped me remember what true love looks like.

My ability to love must reflect no less than Christ crucified, and in one swooping conviction I was reminded of my inability to live that out. I cannot...He can. Galatians 2:20 reveals how that is possible. "I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me."

No matter the sin, the price has been paid. He died for you... for me...and whether or not one believes it, makes it no less true. There is power in the cross, power to convict in love, power to forgive in full, and power to carry the light of Christ into the dark. No longer can we possibly nail Him once again to that cross for it is finished...forever and ever... Amen.

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R29P

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R22IIC-C

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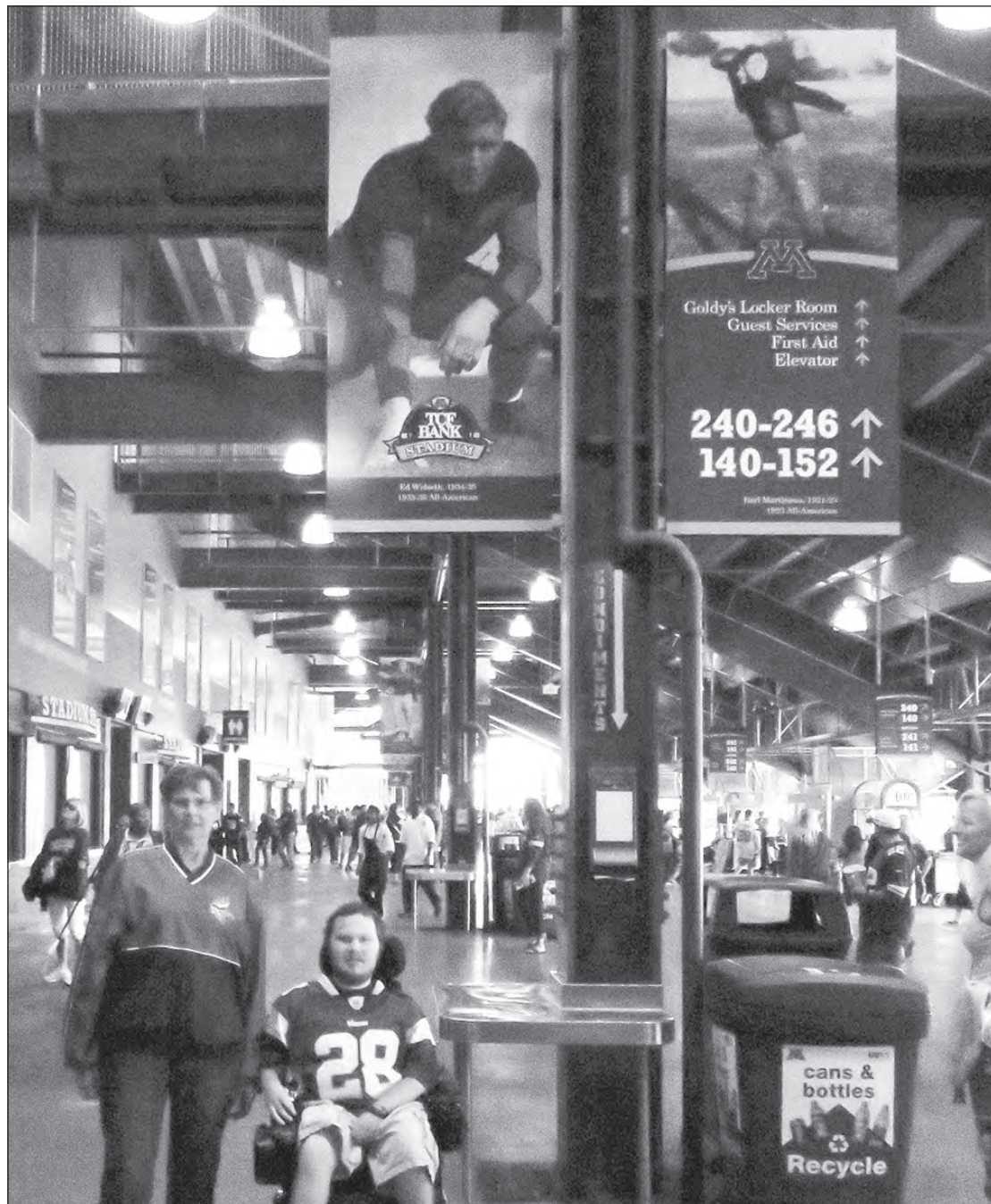


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Emily McDowell and Jacob Gunvalson under the Ed Widseth banner at the University of Minnesota football stadium. Widseth was born in Gonvick and played high school football in McIntosh. He played for Bernie Bierman's Golden Gophers and they compiled a record of 23 wins to 1 loss. Widseth was selected as a first-team All-American in all three seasons he played for the Golden Gophers. Widseth was drafted in the first round (fourth overall) of the 1937 NFL Draft. He played for the New York Giants from 1937-1940.

Football

Results Thursday, Oct. 8

Bagley 6 0 6 14-26
PR-B 0 0 7 8-15

B — Ty Rolfson 1 run (pass failed); **PRB** — Zach Struss 1 run (Hank Raph kick); **B** — Rolfson 55 run (Walker Cage pass); **PRB** — Struss 5 run (Spencer Richards pass); **B** — Rolfson 1 run (run failed); **B** — Jacob Ubert 5 run (Rolfson pass)

Individual leaders
RUSHING -- B: Jacob Ubert 19-105, Ty Rolfson 9-88, Ben Thoma 15-48; **PRB**: Zach Struss 13-26
PASSING -- B: Rolfson 3-6-1, 38 yards; **PRB**: Struss 11-15, 126 yards
RECEIVING -- B: Thoma 2-35, Lavan Culkins 1-3; **PRB**: Zach Semmler 5-80, Spencer Richards 4-22, Hank Raph 1-17, Kiel Struss 1-7

Fosston 21, Fertile-Beltrami 18
Fosston 7 7 0 7-21
Fertile 0 6 6 6-18
FO — Sam Manecke 35 run

(kick good); **FB** — Jordan Leiting 37 pass from Brady Steffes (conversion failed); **FO** — Jesse Sather 1 run (kick good); **FB** — Ryan Benson 5 run (conversion failed); **FB** — Quinten Derosier 6 run (conversion failed); **FO** — S. Manecke 36 run (kick good)

Lake Park-Audubon 24, Red Lake County 8
LPA 12 0 6 6-24
RLC 8 0 0 0-8

LPA — Mitchell Hall 10 pass from Reese Mattson (kick failed); **RLC** — Dylan Gustafson 82 kick return (Devin Lambert run); **LPA** — Carter Raaen 20 run (run failed); **LPA** — Hall 66 pass from Mattson (run failed); **LPA** — Hall 27 pass from Mattson (run failed)

Individual leaders
RUSHING: **RLC**: Austin Waliser 17-103
PASSING: **LPA**: Mattson 8-17-1, 187 yards
RECEIVING: **LPA**: Hall 6-150

Kittson Co. Central 41, Goodridge/Grygla 0

G-G 0 0 0 0-0
Kittson CC 7 14 14 6-41
KCC — Dylan Olsonawski 9 run (John Karboviak kick); **KCC** — Austin Vagle 13 run (Karboviak kick); **KCC** — Ty Diamond 15 pass from Olsonawski (Karboviak kick); **KCC** — Vagle 16 run (Karboviak kick); **KCC** — Austin Donaldson 2 run (Karboviak kick); **KCC** — Christopher Holm 32 run (run failed)

Individual leaders
RUSHING — **GG**: Tyler Stinar 18-11, Jaden Kiesow 4-41; **KCC**: Vagle 11-128, Karboviak 10-49, Donaldson 6-45

PASSING — **KCC**: Olsonawski 13-15-0, 63 yards
RECEIVING — **KCC**: Diamond 5-75, Spencer Billings 1-18

Clearbrook-Gonvick 14, Stephen-Argyle 3
Clear-Gonv 0 6 8 0-14
Stephen-Ar 0 3 0 0-3
SA — Justin Yutzrenka 25 field goal; **CG** — Erik Daanrud 31 pass from Sam Lavin (conversion failed); **CG** — Tristen Bakke 78 run (conversion good)

Christianson 14-7-0 (1 assist), Grace Rongen 8-3-0, Danielle Dufault 5-0-0, Peyton Larson 0-0-4 (17 digs)

Friday, Oct. 9

Kittson Cty Central 24-25-25 Goodridge-Grygla 26-16-14
KCC (kills-blocks-aces) Lexi Turn 4-2-2 (41 assists), Hannah Rynning 12-5-x, Lexi Peterson 11-4-4, Hope Sele 6-x-5, Kiley Whitlock 3-x-3, Tea Jerome 7-x-x, Sydney Docken 7-x-x, Macy Westerbury 1-x-1

GG — Shantel Verbout 18-x-x, Madison Bakken 6-x-x, Karlee Johnson 8-x-x, Ashlyn Henriksen 7-x-x, Hannah Dietsch (25 assists)

Volleyball

Results Tuesday, Oct. 6

Goodridge-Grygla 25-25-25
Red Lake Falls 12-13-14

Goodrich-Grygla (kills-blocks-aces) — Shantel Verbout 15-1-3, Karlee Johnson 5-0-3, Ashlyn Henriksen 5-0-0, Katie Olsen 4-0-0 (11 digs) Hannah Dietsch 2-0-0 (20 assists)

Red Lake Falls — Elena Malan-na 10-2-0, Emma Duden 3-0-0 (4 digs), Megan Lacross 0-1-1 (10 assists), ShyAnn Larson 2-0-0 (18 digs)

Win-E-Mac 25-25-25
Norman Co. West 11-11-10

Win-E-Mac (kills-blocks-aces) — Alayna Espeseth 8-0-5, Olivia Simonson 9-2-0, Kelsey Knutson 6-0-0, Jessica Kasperzak x-x-4, Madison McKeever (15 assists), Maci Hamre (8 assists)

Norman Co. West — Kylie Borgen 3-0-0 (2 assists), Elle Rufsvold 3-0-0, Aubrey Okroi 1-0-1, Gracie Schilling (2 assists)

Clearbrook-G 25-25-22-24-15
Red Lake Co. 16-23-25-26-5

Clearbrook-Gonvick (kills-blocks-aces) — Alison Johnson x-x-4 (9 assists), Elizabeth Bodensteiner 7-0-2, Alyssa Damm 8-2-2, Madison Stenzel 6-3-2, Rachel Spray x-x-1 (14 assists), Mikala Johnson x-x-1,

Cami Johnson 0-0-1, Darby Riley 1-0-1, Chantel Kappedal 1-0-0
Red Lake County Central — Holly Vettleson (6 assists), Megan Berberich (6 assists), Ashley Longtin 9-x-6, Kelsie Sirjord 11-x-x, Julia Bernstein 7-x-1

Ada-Borup 25-25-21-22-15
Fosston 22-11-25-25-11

Ada-Borup (kills-blocks-aces) — Elizabeth Birkmeyer 13-0-3, Morgan Miller 9-0-2, Tianna Hilde (19 assists), Zoe Johnson (6 assists)

Fosston — Abby Swanson 23-0-3, Jordan Manecke 6-0-0, Emily Curfman 0-0-1 (20 assists), Haley Swanson (15 assists)

Thursday, Oct. 8

Ada-Borup 25-25-25
Bagley 8-9-11

Ada-Borup (kills-blocks-aces) — Morgan Miller 9-0-1, Tianna Hilde 5-0-4 (17 assists), Zoe Johnson (5 assists), Elizabeth Birkmeyer 8-0-3

Bagley — Bayli Dukek 3-1-0, Cassie Keough 3-0-1 (6 assists), Camille Merschman 3-2-1

Win-E-Mac 25-22-25-25
Fertile-Beltrami 23-25-21-16

Win-E-Mac (kills-blocks-aces) — Alayna Espeseth 11-6-1, Kelsey Knutson 7-3-1, Madison McKeever 10-0-3 (14 assists)

Fertile-Beltrami — Jaden

The BAGLEY AREA ARTS COLLABORATIVE ANNOUNCES:



Friday, October 23

6:00 p.m. Hors D'oeuvres Buffet
7:00 p.m. Concert

\$20 Hors D'oeuvres and Concert
\$10 Concert only



* There will be pre-sale tickets available at the Fireside Grill & Patio, History Center in Shevlin and by calling 218-556-3016

This activity is made possible by the voters of Minnesota, through a grant from the Region 2 Arts Council, thanks to a legislative appropriation from the Arts and Cultural Heritage Fund.

Wednesday, October 14, 2015

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OPEN ENROLLMENT IS COMING!

Oct. 15th - Dec. 7th for Medicare

Nov. 1st - Jan. 31st for Individuals and Families



"Please stop by or call me regarding the changes for 2016 and to review your options."

R29-32C

MnDOT conducts aerial photography near communities in northern Minnesota

Residents asked not to disturb temporary targets

BEMIDJI, Minn. — The Minnesota Department of Transportation will conduct aerial mapping of several locations in northern Minnesota this fall. This work must be conducted after the leaves have fallen off of the trees and before any snow has fallen.

Weather permitting, work will begin in early October in the following locations:

- Erskine- Highway 2
- Halstad- Highway 75
- Northome- Highway 1
- Saint Hilaire- Highway 32
- Warren- Highway 1/75
- Warroad- Highway 11

The mapping will create a record of existing infrastructure and landscape along MnDOT



right of way for transportation planning and operations. To take the photos, crews place an "X" on the ground as a reference point for the aerial photographer.

"Crews paint large white 'X' targets on paved surfaces" said Dan Domeier, MnDOT Land Surveyor. "For unpaved locations they use a wood panel target. A survey crew then records the coordinate position and elevation of these targets, and provides that information to the aerial photography company."

The wood panel targets are temporary and will be removed when the photography is com-

pleted. MnDOT requests that landowners not remove or disturb the targets until the photography is completed.

If a target must be moved, please contact MnDOT District 2 survey staff at 218-755-6533 or by email at Daniel.Domeier@state.mn.us.

October is Farm to School Month

By Elisha Smith, elishas@cfr.org, Center for Rural Affairs

October is National Farm to School month (#F2SMonth). "Farm to School" refers to schools serving local, farm-fresh foods ranging from fruits and veggies to honey and meat.

The more local foods we serve our kids, the better. One-third of U.S. children are obese or overweight, and only 2% of children get the recommended serving of fruits and vegetable each day. Farm to School programs increase students' daily fruit and vegetable consumption significantly.

Moreover, each dollar invested into Farm to School stimulates an additional \$2.16 of local economic activity. In Maine, shifting 1% of consumer expenditures to direct purchasing of local products was shown to increase incomes of Maine farmers by as much as 5%. And each new Farm to School job contributes to the creation of addition 1.67 jobs.

Often schools incorporate curriculums that help students learn about nutrition, agriculture, science, math and the path that food takes from the farm to the table as well as creating experience-based learning opportunities by visiting farms and participating in gardening, recycling, and entrepreneurial programs.

The Farm to School concept is simple: bring tasty, nutritious food from the people who grow it to the school kids that want to eat it. The details involved in making this a reality can be daunting, however. With that in mind the Center for Rural Affairs has put together a Farm to School Month Starter Kit, guide and several other resources to help wade through all the complexities. Visit: <http://www.cfra.org/f2s>.

Bowling

Press Release -- 10/11/2015

10/05/2015 Week 4 of 26 Monday Night Ladies 2015-2016

Monday 5:50 pm Bowl Inn

You may edit, add or remove the messages for the standing sheet on the standing sheet setup (Setup > Reports > Standings)

What you enter the messages, be sure to remove or type over these instructions

Team Standings

Place	Team Name	%Won	Won	Lost	Points	UnEamed	Y-T-D	Year-To-Date	Y-T-D	Games	Scratch	Pins	HCOP
1	3 OTTERTAIL	67.5	81	39	2	67.5	81	39	8	8092	11689		
2	4 BOWLINN BABES	52.1	62%	57%	21	52.1	62%	57%	8	7892	11057		
3	2 KNUTSON BRUSHING	52.1	62%	57%	8	52.1	62%	57%	6	7718	11438		
4	6 SULTVEDT FARMS	50.4	60%	59%	3	50.4	60%	59%	6	7196	11090		
5	1 THE CLINIC	49.6	59%	60%		49.6	59%	60%	6	7318	11326		
6	5 EYE		0	0			0	0	0	0	0		

Season High Scores

Scratch Game	791 OTTERTAIL	752 BOWLINN BABES	748 KNUTSON BRUSHING
Scratch Series	2201 OTTERTAIL	1916 BOWLINN BABES	1881 SULTVEDT FARMS
Handicap Game	1050 OTTERTAIL	1536 KNUTSON BRUSHING	1031 BOWLINN BABES
Handicap Series	3068 OTTERTAIL	2951 BOWLINN BABES	2924 SULTVEDT FARMS

Scratch Game

Scratch Game	573 BRIDGET LANDSVERK	181 LYNN RIGGS	190 SUE KNUTSON
Scratch Series	288 BRIDGET LANDSVERK	486 TAMARA EDVOLD	468 SUE KNUTSON
Handicap Game	268 BRIDGET LANDSVERK	240 TAMARA EDVOLD	247 SUE KNUTSON
Handicap Series	732 BRIDGET LANDSVERK	676 TAMARA EDVOLD	556 SUE KNUTSON

Last Week's Top Scores

Scratch Game	791 OTTERTAIL	858 SULTVEDT FARMS	855 BOWLINN BABES
Scratch Series	2201 OTTERTAIL	1916 SULTVEDT FARMS	1888 BOWLINN BABES
Handicap Game	1050 OTTERTAIL	994 KNUTSON BRUSHING	1031 BOWLINN BABES
Handicap Series	3068 OTTERTAIL	2924 SULTVEDT FARMS	2916 KNUTSON BRUSHING

Scratch Game

Scratch Game	188 TAMARA EDVOLD	178 BRIDGET LANDSVERK	187 LYNN RIGGS
Scratch Series	588 TAMARA EDVOLD	486 TAMARA EDVOLD	477 JANET LANDSVERK
Handicap Game	248 TAMARA EDVOLD	225 JENNIFER HOWARD	222 ROBERTA BRAATEN
Handicap Series	678 TAMARA EDVOLD	620 ROBERTA BRAATEN	618 JENNIFER HOWARD

Individual High Averages

Players must have a minimum of 21 games before they will be listed for high average recognition.

High Individual Match Points

9 ANGIE HALLAND 9 LYNN RIGGS 9 SUE KNUTSON

Press Release -- 10/11/2015

10/06/2015 Week 3 of 25 TUESDAY TRO'S 2015-16

Tuesday 6:30 pm Bowl Inn

You may edit, add or remove the messages for the standing sheet on the standing sheet setup (Setup > Reports > Standings)

What you enter the messages, be sure to remove or type over these instructions

Team Standings

Place	Team Name	%Won	Won	Lost	Points	UnEamed	Y-T-D	Year-To-Date	Y-T-D	Games	Scratch	Pins	HCOP
1	6 JOURDAN GUIDE SE	76.3	43%	13%		76.3	43%	13%	7	4489	5353		
2	3 TEAM INDUSTRIES	74.1	40	14		74.1	40	14	8	4578	5403		
3	7 AMERICAN LEGION	77.0	38%	11%		77.0	38%	11%	5	3915	4728		
4	2 GULLY TRI CO-OP	73.1	38	14		73.1	38	14	5	4739	5405		
5	5 FARICHEK	72.9	35	13		72.9	35	13	2	3741	4599		
6	1 NAPA	59.1	26	16		59.1	26	16	3	4345	5294		
7	4 MAINSTREET	58.8	23%	16%		58.8	23%	16%	2	4332	5286		
8	8 FIRST STATE BANK	51.3	20%	19%		51.3	20%	19%	4	3839	4655		

Season High Scores

Scratch Game	590 JOURDAN GUIDE SERVIC	576 GULLY TRI CO-OP	573 NAPA
Scratch Series	1631 GULLY TRI CO-OP	1622 JOURDAN GUIDE SERVIC	1590 AMERICAN LEGION
Handicap Game	664 NAPA	668 JOURDAN GUIDE SERVIC	660 TEAM INDUSTRIES
Handicap Series	1970 FIRST STATE BANK	1931 NAPA	1853 GULLY TRI CO-OP

Scratch Game

Scratch Game	256 CHAZ DOBIAS	344 BEN BAGGAASON	234 MARK GUNNING
Scratch Series	683 CHAZ DOBIAS	605 DEAN EVJE	601 BEN BAGGAASON
Handicap Game	287 MARK GUNNING	264 BEN BAGGAASON	256 CHAZ DOBIAS
Handicap Series	719 DEAN EVJE	563 CHAZ DOBIAS	671 TRENT VETTESON

Last Week's Top Scores

Scratch Game	590 JOURDAN GUIDE SERVIC	576 GULLY TRI CO-OP	550 TEAM INDUSTRIES
Scratch Series	1631 GULLY TRI CO-OP	1622 JOURDAN GUIDE SERVIC	1524 FIRST STATE BANK
Handicap Game	666 JOURDAN GUIDE SERVIC	650 TEAM INDUSTRIES	656 FIRST STATE BANK
Handicap Series	1970 FIRST STATE BANK	1936 JOURDAN GUIDE SERVIC	1853 GULLY TRI CO-OP

Scratch Game

Scratch Game	256 CHAZ DOBIAS	244 BEN BAGGAASON	217 DEAN EVJE
Scratch Series	683 CHAZ DOBIAS	605 DEAN EVJE	601 BEN BAGGAASON
Handicap Game	284 BEN BAGGAASON	264 CHAZ DOBIAS	255 DEAN EVJE
Handicap Series	719 DEAN EVJE	563 CHAZ DOBIAS	651 BEN BAGGAASON

High Individual Match Points

Men 6 JANET LANDSVERK 5 TRENT VETTESON 4 PERRY GRUNDYSON

Individual High Averages

Players must have a minimum of 21 games before they will be listed for high average recognition.

SOLWAY SPORTSMAN'S CLUB

FALL BALL

SAT., OCT. 24, 2015

at LAMMERS TOWN HALL
Solway, MN

Music
8 pm - 12 am by
"THE SNOWMEN"

- FAMILIES ARE WELCOME -

\$1.00 DONATION • RAFFLE
DRAWING WILL BE HELD AT MIDNIGHT

1st Prize: 243 Savage Axis w/scope
2nd